

Wydarzenie:

Kudowski Festiwal Biegowy 2022

Organizator:

Fundacja MARATONY GÓRSKIE

Data:

2022-04-10

Miejsce:

Kudowa-Zdrój

Dystans:

42 km

Klasyfikacja: M-40

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Błędne Skały 10km	Pod Szczelińcem 22.8km	Zielona Droga 26km	Jakubowice 37km	Czas netto 42km	Czas brutto 42km	Różn	Tempo min/km	Tempo km/h
1	SKOWROŃSKI Janusz	3255		M-40	1	01:14:13	02:40:30	03:02:19	04:08:35	04:34:37.00	04:34:37.00		6:32	9.2 (100%)
2	STYPEREK Jakub	3142	VEGE RUNNERS	M-40	2	01:14:10	02:44:59	03:08:52	04:13:39	04:37:26.30	04:37:29.50	+00:02:52 (1.0%)	6:36	9.1 (98.9%)
3	WOSZEK Tomasz	3132		M-40	3	01:20:13	02:54:45	03:21:09	04:36:21	05:04:43.25	05:04:51.50	+00:30:14 (9.9%)	7:15	8.3 (90.2%)
4	KOPCZYŃSKI Łukasz	3006	K-TEAM	M-40	4	01:22:19	02:58:00	03:23:41	04:37:08	05:04:56.45	05:05:08.15	+00:30:31 (10.0%)	7:15	8.3 (90.2%)
5	PYREK Krzysztof	3114	1 RBLOG	M-40	5	01:16:08	02:52:42	03:17:58	04:36:47	05:06:00.90	05:06:04.75	+00:31:27 (10.3%)	7:17	8.2 (89.1%)
6	JADACH Grzegorz	3160	NOA	M-40	6	01:22:25	03:02:59	03:27:58	04:40:25	05:07:08.50	05:07:13.60	+00:32:36 (10.6%)	7:18	8.2 (89.1%)
7	GŁOWACKI Artur	3112	KGHM ZG RUN	M-40	7	01:19:55	02:58:28	03:25:49	04:40:22	05:07:29.00	05:07:31.85	+00:32:54 (10.7%)	7:19	8.2 (89.1%)
8	KARPOWICZ Rafał	3079		M-40	8	01:19:56	02:58:45	03:24:44	04:41:21	05:09:47.40	05:09:51.45	+00:35:14 (11.4%)	7:22	8.1 (88.0%)
9	SZELAĞ Dariusz	3230	LISY PUSTYNI	M-40	9	01:28:52	03:13:35	03:39:40	04:55:06	05:21:19.60	05:21:28.35	+00:46:51 (14.6%)	7:39	7.8 (84.8%)
10	LANGE Szymon	3115	WSK - SZYMONIX	M-40	10	01:19:52	02:57:29	03:24:35	04:46:10	05:21:22.50	05:21:55.20	+00:47:18 (14.7%)	7:39	7.8 (84.8%)
11	MAŚLANY Dominik	3208		M-40	11	01:20:20	03:04:04	03:31:33	04:53:27	05:22:04.10	05:22:10.00	+00:47:33 (14.8%)	7:40	7.8 (84.8%)
12	SCHRODER Patryk	3146	WSK	M-40	12	01:21:10	03:00:45	03:29:02	04:53:04	05:23:28.10	05:23:37.90	+00:49:00 (15.1%)	7:42	7.8 (84.8%)
13	LITKA Krzysztof	3019	PZU SPORT TEAM	M-40	13	01:18:55	02:57:01	03:23:41	04:51:00	05:25:19.05	05:25:26.70	+00:50:49 (15.6%)	7:44	7.7 (83.7%)
14	PTASIŃSKI Tomasz	3241	CZAJKERSI	M-40	14	01:33:22	03:21:19	03:47:19	05:06:45	05:32:29.95	05:32:41.45	+00:58:04 (17.5%)	7:54	7.6 (82.6%)
15	KŁODA Dariusz	3026	DRUŻYNA SZPIKU	M-40	15	01:26:43	03:08:47	03:36:49	05:02:42	05:35:44.25	05:35:50.35	+01:01:13 (18.2%)	7:59	7.5 (81.5%)

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16	SZYMAŃSKI Marek	3021		M-40	16	01:30:35	03:11:53	03:40:19	05:08:48	05:39:44.10	05:40:05.95	+01:05:28 (19.3%)	8:05	7.4 (80.4%)
17	SZCZECIŃSKI Piotr	3182		M-40	17	01:27:57	03:18:10	03:47:45	05:15:21	05:45:35.10	05:45:43.25	+01:11:06 (20.6%)	8:13	7.3 (79.3%)
18	BRONCZAK Tomasz	3116		M-40	18	01:27:56	03:18:20	03:47:50	05:15:23	05:45:42.35	05:45:50.60	+01:11:13 (20.6%)	8:13	7.3 (79.3%)
19	SROKA Marcin	3120	ST RUNNERS	M-40	19	01:30:54	03:21:07	03:51:20	05:18:55	05:49:51.70	05:50:02.10	+01:15:25 (21.5%)	8:19	7.2 (78.3%)
20	BUCHAŁA Bartek	3187		M-40	20	01:26:39	03:15:55	03:45:49	05:16:51	05:50:49.25	05:50:54.75	+01:16:17 (21.7%)	8:21	7.2 (78.3%)
21	BOKSZA Piotr	3190	TIME4RUNNING	M-40	21	01:26:34	03:17:07	03:48:33	05:18:10	05:51:09.65	05:51:21.90	+01:16:44 (21.8%)	8:21	7.2 (78.3%)
22	KRZEPKOWSKI Radosław	3048	ADIDAS RUNNERS WARSAW	M-40	22	01:31:47	03:25:25	03:54:49	05:21:41	05:51:40.25	05:51:46.80	+01:17:09 (21.9%)	8:22	7.2 (78.3%)
23	SAMSON Robert	3167	VESTAS / SUNCHASER TRAILRUNNING TEAM	M-40	23	01:28:50	03:16:39	03:49:35	05:21:47	05:52:59.45	05:53:08.95	+01:18:31 (22.2%)	8:24	7.1 (77.2%)
24	TOMCZUK Krzysztof	3198		M-40	24	01:31:58	03:22:57	03:53:07	05:22:57	05:54:54.15	05:55:03.50	+01:20:26 (22.7%)	8:27	7.1 (77.2%)
25	HERBINGER Maciej	3249		M-40	25	01:20:16	03:12:54	03:41:03	05:19:09	05:55:56.35	05:56:03.45	+01:21:26 (22.9%)	8:28	7.1 (77.2%)
26	DYRAGA Marcin	3164	SAINT-GOBAIN SQUAD	M-40	26	01:28:57	03:23:06	03:52:37	05:23:39	05:56:01.15	05:56:10.15	+01:21:33 (22.9%)	8:28	7.1 (77.2%)
27	SZECHOWSKI Paweł	3244		M-40	27	01:33:03	03:22:05	03:52:13	05:20:19	05:56:30.50	05:56:36.00	+01:21:59 (23.0%)	8:29	7.1 (77.2%)
28	MARCINEK Łukasz	3016	NIE TERAZ, POTEM	M-40	28	01:29:05	03:22:25	03:52:46	05:25:00	05:57:40.15	05:57:44.70	+01:23:07 (23.2%)	8:30	7 (76.1%)
29	SZYMANIK Paweł	3149		M-40	29	01:33:30	03:26:04	03:56:06	05:28:40	05:59:13.60	05:59:22.15	+01:24:45 (23.6%)	8:33	7 (76.1%)
30	STROMIDŁO Sebastian	3213	KB AKTYWNI KRZYŻ WLKP	M-40	30	01:30:35	03:22:59	03:53:43	05:24:41	05:59:31.30	05:59:34.95	+01:24:57 (23.6%)	8:33	7 (76.1%)
31	LEWANDOWSKI Grzegorz	3035	GOLENIÓW	M-40	31	01:35:52	03:28:15	04:02:37	05:27:37	05:59:55.60	06:00:05.10	+01:25:28 (23.7%)	8:34	7 (76.1%)
32	WAŃKOWICZ Adrian	3209		M-40	32	01:28:41	03:26:13	03:57:41	05:28:13	05:59:55.10	06:00:10.20	+01:25:33 (23.8%)	8:34	7 (76.1%)
33	CHWAŁA Przemysław	3169	POWOLNY	M-40	33	01:28:49	03:20:22	03:52:30	05:29:14	06:03:36.45	06:03:45.75	+01:29:08 (24.5%)	8:39	6.9 (75.0%)
34	LISOWSKI Grzegorz	3229		M-40	34	01:31:19	03:29:06	04:02:26	05:32:08	06:05:05.30	06:05:11.70	+01:30:34 (24.8%)	8:41	6.9 (75.0%)
35	PURCZYŃSKI Grzegorz	3009		M-40	35	01:30:53	03:25:54	03:57:37	05:32:04	06:08:43.45	06:08:46.20	+01:34:09 (25.5%)	8:46	6.8 (73.9%)
36	ZIEBARTH Przemysław	3176		M-40	36	01:38:21	03:37:56	04:09:52	05:36:47	06:10:14.45	06:10:29.50	+01:35:52 (25.9%)	8:48	6.8 (73.9%)
37	CHOLEWA Zbigniew	3225	LISY PUSTYNI	M-40	37	01:34:53	03:32:02	04:05:53	05:36:06	06:12:01.75	06:12:12.35	+01:37:35 (26.2%)	8:51	6.8 (73.9%)
38	RYCHLIK Sebastian	3226	LISY PUSTYNI	M-40	38	01:35:17	03:32:39	04:05:48	05:36:06	06:12:01.10	06:12:12.60	+01:37:35 (26.2%)	8:51	6.8 (73.9%)

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39	PIOTROWSKI Michał	3013	#ŻEBERKATEAM	M-40	39	01:35:07	03:32:19	04:06:07	05:44:02	06:16:31.40	06:16:43.70	+01:42:06 (27.1%)	8:57	6.7 (72.8%)
40	MARCHEWKA Jarosław	3168	W DRODZE	M-40	40	01:35:27	03:35:19	04:09:37	05:48:43	06:23:39.60	06:23:46.95	+01:49:09 (28.4%)	9:08	6.6 (71.7%)
41	SKRZYPIŃSKI Arkadiusz	3073	PSI PATROL	M-40	41	01:40:02	03:43:10	04:16:49	05:53:27	06:27:44.95	06:27:58.70	+01:53:21 (29.2%)	9:13	6.5 (70.7%)
42	SŁOWIK Grzegorz	3222	NIE WIEM GDZIE JESTEM	M-40	42	01:35:30	03:36:23	04:11:54	05:51:47	06:28:01.65	06:28:10.50	+01:53:33 (29.3%)	9:14	6.5 (70.7%)
43	KUCHARSKI Dariusz	3214		M-40	43	01:45:00	03:50:21	04:24:59	05:58:36	06:30:14.15	06:30:28.20	+01:55:51 (29.7%)	9:17	6.5 (70.7%)
44	GAWRON Bartłomiej	3178		M-40	44	01:36:09	03:36:55	04:11:59	05:52:43	06:32:41.20	06:32:50.95	+01:58:13 (30.1%)	9:20	6.4 (69.6%)
45	RATAJCZAK Mateusz	3194	MFS	M-40	45	01:29:28	03:30:04	04:09:44	05:54:52	06:33:05.65	06:33:11.50	+01:58:34 (30.2%)	9:21	6.4 (69.6%)
46	ZARĘBSKI Marcin	3162	EXTREME WOLF	M-40	46	01:43:50	03:49:57	04:19:42	06:02:48	06:39:27.20	06:39:46.30	+02:05:09 (31.3%)	9:30	6.3 (68.5%)
47	PREISS Grzegorz	3135		M-40	47	01:43:28	03:42:54	04:15:51	06:00:48	06:39:47.55	06:40:04.20	+02:05:27 (31.4%)	9:31	6.3 (68.5%)
48	ROMANOWSKI Bartłomiej	3121		M-40	48	01:41:58	03:42:51	04:16:27	06:01:09	06:40:08.05	06:40:24.55	+02:05:47 (31.4%)	9:31	6.3 (68.5%)
49	NIKODEM Klaudiusz	3242		M-40	49	01:43:39	03:50:36	04:25:50	06:09:12	06:45:50.60	06:46:03.25	+02:11:26 (32.4%)	9:39	6.2 (67.4%)
50	KOSIELSKI Robert	3236		M-40	50	01:43:43	03:51:38	04:27:19	06:07:36	06:47:42.35	06:47:55.20	+02:13:18 (32.7%)	9:42	6.2 (67.4%)
51	GEŚIAREK Grzegorz	3131		M-40	51	01:43:58	03:45:53	04:18:31	06:09:24	06:50:07.40	06:50:25.30	+02:15:48 (33.1%)	9:45	6.1 (66.3%)
52	JEKIEL Grzegorz	3033		M-40	52	01:47:40	03:59:54	04:38:02	06:25:11	07:03:09.20	07:03:22.35	+02:28:45 (35.1%)	10:04	6 (65.2%)
53	GŁOGOWSKI Adam	3251	NOA	M-40	53	01:44:13	03:57:59	04:37:42	06:26:29	07:03:50.05	07:04:01.50	+02:29:24 (35.2%)	10:05	5.9 (64.1%)
54	LABOCHA Aleksander	3157		M-40	54	01:47:03	04:01:11	04:38:21	06:25:58	07:06:15.90	07:06:40.95	+02:32:03 (35.6%)	10:08	5.9 (64.1%)
55	PORCZYK Marius	3191	WIKINGS RUN	M-40	55	01:40:14	03:58:39	04:38:59	06:27:55	07:08:37.40	07:08:50.25	+02:34:13 (36.0%)	10:12	5.9 (64.1%)
56	SZTACHELSKI Krzysztof	3219		M-40	56	01:44:55	03:53:02	04:32:39	06:29:03	07:10:28.70	07:10:51.95	+02:36:14 (36.3%)	10:14	5.9 (64.1%)
57	KANIA Damian	3192		M-40	57	01:45:01	03:57:34	04:33:24	06:28:29	07:11:33.10	07:11:33.10	+02:36:56 (36.4%)	10:16	5.8 (63.0%)
58	STARSZAK Marcin	3123	KLUB BIEGOWY TSK ORZEŁ OSIEK	M-40	58	01:45:19	04:03:47	04:45:34	06:37:59	07:13:23.75	07:13:27.40	+02:38:50 (36.6%)	10:19	5.8 (63.0%)
59	KOWAL Ireneusz	3158		M-40	59	01:43:55	04:06:40	04:48:35	06:41:52	07:22:42.95	07:22:52.25	+02:48:15 (38.0%)	10:32	5.7 (62.0%)
60	ZDYB Grzegorz	3036	44 WOJSKOWY ODDZIAŁ GOSPODARCZY	M-40	60	01:52:58	04:17:49	04:55:07	06:43:14	07:24:10.30	07:24:21.60	+02:49:44 (38.2%)	10:34	5.7 (62.0%)
61	SZYMUSIK Tomasz	3020		M-40	61	01:49:05	04:06:14	04:48:25	06:42:19	07:27:47.20	07:28:01.45	+02:53:24 (38.7%)	10:39	5.6 (60.9%)

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62	LIS Mirosław	3090		M-40	62	01:49:32	04:11:11	04:48:46	06:44:16	07:27:56.30	07:28:10.70	+02:53:33 (38.7%)	10:39	5.6 (60.9%)
63	GIBOWSKI Lukasz	3091		M-40	63	01:49:31	04:10:40	04:48:40	06:44:10	07:27:56.90	07:28:11.45	+02:53:34 (38.7%)	10:39	5.6 (60.9%)
64	KRYSIAK Łukasz	3188	PIĄTKOWO NA BIEGOWO	M-40	64	01:54:29	04:17:40	04:57:44	06:48:06	07:29:20.70	07:29:29.60	+02:54:52 (38.9%)	10:41	5.6 (60.9%)
65	JĘDRYKA Sebastian	3031	GB GALOPUJĄCE ŚLIMAKI	M-40	65	01:49:11	04:17:00	04:54:42	06:43:25	07:29:33.70	07:29:51.00	+02:55:14 (39.0%)	10:42	5.6 (60.9%)
66	KOT Tomasz	3197		M-40	66	01:58:25	04:21:46	05:04:05	06:52:51	07:37:16.10	07:37:30.20	+03:02:53 (40.0%)	10:53	5.5 (59.8%)
67	GWORYS Krzysztof	3039	ZRYW PARZYMIECHY	M-40	67	01:55:44	04:21:26	04:59:10	06:54:11	07:37:51.25	07:37:54.35	+03:03:17 (40.0%)	10:54	5.5 (59.8%)
68	CHROMIK Krzysztof	3072		M-40	68	01:50:11	04:17:54	04:59:50	06:57:51	07:43:36.80	07:43:47.00	+03:09:10 (40.8%)	11:02	5.4 (58.7%)
69	SALAMACHA Jarek	3124	AKTYWNA NOWA RUDA	M-40	69	01:50:05	04:24:35	05:05:29	07:05:02	07:53:49.50	07:53:57.20	+03:19:20 (42.1%)	11:16	5.3 (57.6%)
Przekroczony limit czasu: 08:00:00														
70	DUBIEL Andrzej	3032		M-40	70	02:03:44	04:44:10	05:28:26	07:25:43	08:11:04.20	08:11:16.10	+03:36:39 (44.1%)	11:41	5.1 (55.4%)
	DĘBEK Piotr	3257	ŚWIDNICKA GRUPA BIEGOWA	M-40		02:06:16 DNF	04:48:51 DNF	05:33:18 DNF	DNF	DNF	DNF		-	- (0.0%)
	NOWOMIEJSKI Marcin	3152	PROGRES	M-40		01:30:40 DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)

Znaleziono 72 wynik(ów)