

Wydarzenie: Kudowski Festiwal Biegowy 2022
Organizator: Fundacja MARATONY GÓRSKIE
Data: 2022-04-10
Miejsce: Kudowa-Zdrój
Dystans: 42 km

Klasyfikacja: OPEN KOBIECI

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Błędne Skały 10km	Pod Szczelińcem 22.8km	Zielona Droga 26km	Jakubowice 37km	Czas netto 42km	Czas brutto 42km	Różn	Tempo min/km	Tempo km/h
1	WOSZEK Marzena	3133		K-40	1	01:19:12	02:54:39	03:20:47	04:36:21	05:05:08.80	05:05:15.70		7:15	8.3 (100%)
2	HOLC Katarzyna	3201	BANDA GRUDNIA	K-30	1	01:20:25	02:56:48	03:23:59	04:41:13	05:07:17.85	05:07:21.35	+00:02:05 (0.7%)	7:18	8.2 (98.8%)
3	ABRAMOWICZ Agata	3250		K-20	1	01:24:12	03:07:14	03:35:01	04:59:06	05:31:35.65	05:31:43.10	+00:26:27 (8.0%)	7:53	7.6 (91.6%)
4	DYJA Magdalena	3059	RNB TEAM POLANICA-ZDRÓJ	K-30	2	01:30:43	03:17:28	03:46:49	05:10:55	05:41:34.00	05:41:41.95	+00:36:26 (10.7%)	8:07	7.4 (89.2%)
5	KSIEZKA Joanna	3147	STRZEGOMSKA DWUNASTKA	K-40	2	01:33:23	03:21:04	03:51:50	05:16:48	05:45:51.95	05:46:14.95	+00:40:59 (11.8%)	8:14	7.3 (88.0%)
6	DŁUGOSZ-SAWICKA Marta	3104	ZBÓJ TEAM	K-40	3	01:31:17	03:24:17	03:53:55	05:21:17	05:51:37.05	05:51:43.35	+00:46:27 (13.2%)	8:22	7.2 (86.7%)
7	PACZKOWSKA Katarzyna	3075	BIEGAJĄCE KREJZOLE	K-30	3	01:30:33	03:25:04	03:56:35	05:28:02	05:59:29.40	05:59:33.45	+00:54:17 (15.1%)	8:33	7 (84.3%)
8	KOZŁOWSKA Iwona	3195	LESZNO LIMITS RUNNERS	K-40	4	01:35:14	03:32:57	04:09:02	05:31:32	06:01:16.25	06:01:19.90	+00:56:04 (15.5%)	8:36	7 (84.3%)
9	MASTERNAK Marta	3145		K-30	4	01:36:14	03:30:43	04:02:33	05:29:56	06:01:54.45	06:02:00.85	+00:56:45 (15.7%)	8:37	7 (84.3%)
10	BINIENDA Agnieszka	3215	KOBIETY WATAHY	K-40	5	01:34:40	03:34:11	04:07:00	05:35:44	06:09:03.40	06:09:11.55	+01:03:55 (17.3%)	8:47	6.8 (81.9%)
11	CICHOŃ Magdalena	3199	PROFIL OPOLE	K-40	6	01:39:56	03:43:04	04:14:22	05:41:33	06:15:16.45	06:15:16.45	+01:10:00 (18.7%)	8:56	6.7 (80.7%)
12	KUJAWSKA Agnieszka	3005		K-40	7	01:43:25	03:44:27	04:16:51	05:47:33	06:19:17.35	06:19:36.80	+01:14:21 (19.6%)	9:01	6.6 (79.5%)
13	ZARĘBA Anna	3202		K-30	5	01:36:12	03:37:42	04:10:48	05:43:33	06:21:00.55	06:21:05.15	+01:15:49 (19.9%)	9:04	6.6 (79.5%)
14	TKACZYK Katarzyna	3041		K-40	8	01:41:49	03:43:12	04:14:50	05:47:52	06:20:47.35	06:21:09.95	+01:15:54 (19.9%)	9:03	6.6 (79.5%)
15	KUBIAK Karolina	3128		K-40	9	01:42:04	03:47:14	04:17:52	05:57:41	06:33:46.45	06:34:02.10	+01:28:46 (22.5%)	9:22	6.4 (77.1%)

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16	JACKOWIAK Agnieszka	3153	RUNNER'S POWER	K-30	6	01:43:36	03:51:21	04:30:18	06:05:53	06:39:15.70	06:39:20.65	+01:34:04 (23.6%)	9:30	6.3 (75.9%)
17	PROSOWIECKA SMAK Katarzyna	3200		K-40	10	01:39:50	03:46:29	04:20:48	06:02:35	06:39:30.70	06:39:38.50	+01:34:22 (23.6%)	9:30	6.3 (75.9%)
18	JAKUBIAK Anna	3081	RUCHOWA AKADEMIA ZDROWIA	K-50	1	01:40:33	03:45:53	04:20:12	06:07:37	06:41:49.60	06:42:01.20	+01:36:45 (24.1%)	9:34	6.3 (75.9%)
19	MRÓZ Anna	3099		K-30	7	01:45:36	04:01:26	04:38:00	06:13:37	06:44:55.85	06:44:55.85	+01:39:40 (24.6%)	9:38	6.2 (74.7%)
20	KAMIŃSKA Ewelina	3103	BIEGAJĄCE KREJZOLE	K-40	11	01:44:22	04:01:19	04:38:29	06:15:07	06:46:46.85	06:46:50.20	+01:41:34 (25.0%)	9:41	6.2 (74.7%)
21	KRZYŻYK Agnieszka	3179	TRIO FORTIS	K-40	12	01:43:51	03:52:48	04:30:42	06:13:45	06:51:23.40	06:51:30.55	+01:46:14 (25.8%)	9:47	6.1 (73.5%)
22	MAZUR Katarzyna	3067	UMLAUT	K-40	13	01:52:00	04:06:57	04:41:32	06:24:16	06:58:07.95	06:58:10.20	+01:52:54 (27.0%)	9:57	6 (72.3%)
23	HERBEĆ-LABOCHA Magdalena	3156		K-40	14	01:47:02	04:01:07	04:38:14	06:25:56	07:06:15.85	07:06:40.75	+02:01:25 (28.5%)	10:08	5.9 (71.1%)
24	ŻMIJEWSKA Dominika	3122	KLUB BIEGOWY TSK ORZEŁ OSIEK	K-30	8	01:45:18	04:03:40	04:45:40	06:37:59	07:13:23.70	07:13:27.10	+02:08:11 (29.6%)	10:19	5.8 (69.9%)
25	BULANDA Barbara	3247	ŻUBRY BOCHNIA	K-40	15	01:50:05	04:12:48	04:50:49	06:37:59	07:16:41.45	07:16:48.00	+02:11:32 (30.1%)	10:23	5.8 (69.9%)
26	BIAŁA Malgorzata	3155		K-30	9	01:54:32	04:11:58	04:49:28	06:37:52	07:16:34.90	07:16:48.10	+02:11:32 (30.1%)	10:23	5.8 (69.9%)
27	FANAJŁO Kasia	3144	ZIELONA GÓRO ZACZNIJ BIEGAĆ	K-30	10	01:57:04	04:16:37	04:54:28	06:41:46	07:19:10.35	07:19:16.65	+02:14:00 (30.5%)	10:27	5.7 (68.7%)
28	WĘGIER Agnieszka	3108	ZIELONA GÓRA ZACZNIJ BIEGAĆ	K-40	16	01:57:05	04:16:40	04:54:20	06:41:45	07:19:10.15	07:19:17.05	+02:14:01 (30.5%)	10:27	5.7 (68.7%)
29	NAWROCKA Aleksandra	3172		K-40	17	01:49:02	04:11:21	04:49:50	06:43:11	07:25:42.10	07:25:49.60	+02:20:33 (31.5%)	10:36	5.7 (68.7%)
30	KRÓLIKOWSKA Agnieszka	3141		K-40	18	01:52:58	04:08:10	04:44:07	06:38:53	07:28:15.85	07:28:22.35	+02:23:06 (31.9%)	10:40	5.6 (67.5%)
31	GROMADZKA Justyna	3218	KOBIETY WATAHA	K-40	19	01:55:39	04:21:02	04:57:11	06:48:34	07:28:48.90	07:28:57.30	+02:23:41 (32.0%)	10:41	5.6 (67.5%)
32	SALAMACHA Izabela	3089	MAMY BIEGAMY	K-40	20	01:49:52	04:20:58	04:57:20	06:52:32	07:29:27.95	07:29:35.60	+02:24:19 (32.1%)	10:42	5.6 (67.5%)
33	GRUCHOT Małgorzata	3171	WIECZORNE BIEGANIE W OPOLU	K-40	21	01:47:02	04:10:58	04:53:38	06:55:38	07:32:31.40	07:32:48.30	+02:27:32 (32.6%)	10:46	5.6 (67.5%)
34	BOGACKA Aneta	3109	ZGZB	K-30	11	01:57:17	04:17:03	04:56:59	06:53:49	07:32:45.65	07:32:52.35	+02:27:36 (32.6%)	10:46	5.6 (67.5%)
35	KRAJEWSKA-PALUCH Ewa	3193		K-40	22	01:52:40	04:16:54	04:57:36	06:52:51	07:35:00.15	07:35:12.70	+02:29:57 (32.9%)	10:50	5.5 (66.3%)
36	JURASZ Aleksandra	3058		K-30	12	01:47:42	04:11:09		06:55:42	07:35:39.40	07:35:52.05	+02:30:36 (33.0%)	10:50	5.5 (66.3%)
37	GWORYS Katarzyna	3038	ZRYW PARZYMIECHY	K-40	23	01:55:42	04:21:36	04:59:19	06:54:12	07:37:51.35	07:37:54.15	+02:32:38 (33.3%)	10:54	5.5 (66.3%)
38	WIELICZKO Dagmara	3064	ZONE RUNNERS	K-30	13	01:52:56	04:22:01	05:00:08	06:54:29	07:38:04.75	07:38:15.80	+02:33:00 (33.4%)	10:54	5.5 (66.3%)

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39	KOPACZYŃSKA Beata	3216	CROSSFIT ZIELONA GÓRA	K-50	2	01:55:26	04:28:07	05:09:34	07:05:17	07:44:32.85	07:44:49.25	+02:39:33 (34.3%)	11:03	5.4 (65.1%)
40	KRAJEWSKA-KŁODA Katarzyna	3027	DRUŻYNA SZPIKU	K-40	24	02:04:51	04:38:56	05:16:26	07:09:19	07:44:33.90	07:44:49.80	+02:39:34 (34.3%)	11:03	5.4 (65.1%)
40	BARANIAK Beata	3025	DRUŻYNA SZPIKU	K-40	24	02:04:54	04:39:03	05:16:30	07:09:21	07:44:33.60	07:44:49.80	+02:39:34 (34.3%)	11:03	5.4 (65.1%)
42	KONCA Beata	3095	KB OŻARÓW MAZOWIECKI BIEGA	K-40	26	02:06:07	04:37:05	05:16:17	07:09:44	07:51:09.85	07:51:30.65	+02:46:14 (35.3%)	11:13	5.3 (63.9%)
Przekroczony limit czasu: 08:00:00														
43	TRZCINA Agata	3024		K-40	27	02:10:38	04:59:47	05:39:57		08:27:04.35	08:27:23.50	+03:22:07 (39.8%)	12:04	5 (60.2%)
44	LANGE Hanna	3181	ŻÓŁWICE W BIEGU	K-40	28	02:07:59	04:57:32	05:39:33		08:35:43.15	08:36:01.05	+03:30:45 (40.8%)	12:16	4.9 (59.0%)
45	GÓRNA Aldona	3183	ŻÓŁWICE W BIEGU	K-40	29	02:07:44	04:57:58	05:39:40		08:35:47.15	08:36:05.85	+03:30:50 (40.9%)	12:16	4.9 (59.0%)
46	NOWAK Magdalena	3053	FILIP RUNNING TEAM	K-30	14	02:09:20	05:00:40	05:43:38		08:43:15.55	08:43:25.50	+03:38:09 (41.7%)	12:27	4.8 (57.8%)
47	BEDNARSKA-KOZIOŁ Danuta	3066	WKURW_TEAM	K-40	30	02:10:50	05:02:00	05:40:16		08:43:20.40	08:43:25.90	+03:38:10 (41.7%)	12:27	4.8 (57.8%)
DQ	ZIÓŁKOWSKA Ewelina	3254	KB HARCOWNIK JELCZ LASKOWICE	K-30		02:00:30 DQ	DQ	DQ	03:04:15 DQ	03:40:31.50 DQ	DQ		0:00	11.4 (137.3%)
	POPOWICZ Justyna	3232		K-40		02:06:18 DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	HAUTON Monika	3015	NIE TERAZ, POTEM	K-40		DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)

Znaleziono 50 wynik(ów)