



# OCEAN LAVA TRIATHLON POLSKA 2017 - DYSTANS PEŁNY 140.6

B4SPORT  
INTELLIGENTNE ZAWODY SPORTOWE

**Event:** Ocean Lava Triathlon Polska  
**Organiser:** Towarzystwo Sportowe TRI-SPORT  
**Date:** 2017-08-20  
**Place:** Bydgoszcz  
**Distance:** 226 km

**B4SPORT**  
INTELLIGENTNE ZAWODY SPORTOWE

Classification: All

Split point: 91,1 km

Place	Participant	Number	Club	Category	Drużyna	Swimming				T1	Cycling				Race
						P_Borowno 0.95km	P_Borowno 2.85km	R_Borowno 3.8km	Poz		R_Kotomierz 9km	R_Pauliny 42.2km	R_Lidl 63km	R_Kotomierz 87km	
1	CHMURA Maciej	29	GVT GMC LKKS GÓRNIK WAŁBRZYCH	M30-34		00:11:26	00:35:19	<b>00:47:37</b>	2	00:01:58	00:14:45	01:05:35	01:36:38	02:13:18	
2	LUFT Mikołaj	115	LUFT TRI TEAM	M30-34		00:11:28	00:36:04	<b>00:49:09</b>	3	00:02:03	00:14:57	01:04:46	01:35:19	02:12:24	
3	NAJMOWICZ Sebastian	140	NAJMOWICZ TRIATHLON/ TEAM POLAND	M25-29		00:11:27	00:34:59	<b>00:46:56</b>	1	00:03:14	00:16:02	01:08:39	01:40:22	02:18:31	
4	AUGUSTYNIAK Krzysztof	1	MKS PŁETVAL POLKOWICE	M35-39		00:12:03	00:37:50	<b>00:50:56</b>	4	00:02:57	00:15:57	01:08:00	01:38:57	02:16:37	
5	SPALENIAK Tomasz	197	ENDURE TEAM	M25-29	ENDURE TEAM	00:13:26	00:42:08	<b>00:57:04</b>	9	00:02:56	00:15:48	01:07:52	01:39:12	02:17:31	
6	BIELECKI Jakub	14	NEON TEAM	M30-34	NEON Team	00:13:31	00:42:02	<b>00:56:21</b>	7	00:03:21	00:16:11	01:07:11	01:39:52	02:18:41	
7	JACKOWIAK Piotr	67	NEON TEAM	M30-34	NEON Team	00:13:27	00:41:23	<b>00:55:49</b>	6	00:03:06	00:16:56	01:10:50	01:43:32	02:24:17	
8	MROCZEK Marcin	136	NEON TEAM	M40-44	NEON Team	00:13:12	00:40:57	<b>00:55:14</b>	5	00:02:41	00:16:42	01:11:35	01:44:35	02:25:20	
9	RÓŻAŁSKI Piotr	182	FOLWARK KADYNY HOTEL TRIATHLON TEAM	M35-39	Kadyny Folwark Hotel Triathlon Team	00:13:24	00:41:48	<b>00:56:24</b>	8	00:02:50	00:16:40	01:11:02	01:43:52	02:24:03	
10	JARECKI Grzegorz	68	TRUSO ELBLĄG / TEAMKARAŚ	M18-24		00:15:14	00:47:00	<b>01:03:15</b>	18	00:03:30	00:15:47	01:08:01	01:39:27	02:18:04	
11	KOWALCZYK Marek	2	ROWEROWA BRZOZA	M35-39	Rowerowa Brzoza	00:15:09	00:47:10	<b>01:04:02</b>	28	00:02:31	00:16:03	01:09:28	01:41:59	02:21:35	
12	GAŚIOROWSKI Daniel	53	T R IGĄSEK	M35-39		00:13:48	00:43:51	<b>01:00:51</b>	12	00:03:32	00:16:47	01:11:17	01:43:49	02:23:47	
13	LEMKE Krzysztof	111	GDYŃSKI TRIATHLON	M40-44		00:15:51	00:49:01	<b>01:06:07</b>	36	00:02:33	00:16:19	01:09:49	01:42:24	02:23:02	
14	BOROWIAK Rafał	20	JOKŚ TEAM	M30-34		00:14:15	00:44:56	<b>01:00:25</b>	11	00:02:32	00:17:29	01:13:16	01:47:21	02:29:16	
15	CZAJA Jakub	34	AKTYWNA DIETA	M35-39		00:16:30	00:50:19	<b>01:07:25</b>	40	00:03:40	00:16:07	01:09:13	01:41:49	02:22:19	
16	BOREK Mateusz	19	YMCA TRIATHLON KRAKOW	M30-34		00:14:55	00:46:45	<b>01:03:12</b>	16	00:03:27	00:17:38	01:12:15	01:46:29	02:27:52	
17	JURKIEWICZ Mariusz	73	TO TYLKO TRIATHLON TEAM	M35-39	To Tylko Triathlon	00:16:14	00:50:16	<b>01:07:41</b>	43	00:03:26	00:16:37	01:10:07	01:43:09	02:23:52	
18	SOBCZAK Marcin	193	ENDURE TEAM	M45-49	ENDURE TEAM	00:15:08	00:47:01	<b>01:03:25</b>	22	00:03:40	00:17:09	01:12:50	01:46:46	02:28:02	
19	EJSMONT Krzysztof	245	SZKOŁA JĘZYKOWA HELLO/TRISPACE	M40-44	Trispace	00:16:05	00:50:19	<b>01:07:40</b>	42	00:03:11	00:16:33	01:11:44	01:45:28	02:27:13	
20	STARON Piotr	199		M35-39		00:15:15	00:47:07	<b>01:03:25</b>	23	00:04:17	00:17:14	01:13:49	01:48:39	02:30:27	
21	ANDRZEJEWSKI Lukasz	6	TRI TEAM KOZAL	M40-44		00:15:12	00:47:05	<b>01:03:23</b>	21	00:05:16	00:17:15	01:12:46	01:46:53	02:30:09	
22	PRZEŹDZIĘK Adam	174	T2 TRIATHLON TEAM	M30-34		00:15:00	00:47:02	<b>01:03:51</b>	26	00:03:07	00:17:17	01:13:51	01:48:11	02:31:52	
23	ZAKRZEWSKI Maciej	244		M40-44		00:15:07	00:47:07	<b>01:04:04</b>	29	00:03:06	00:17:06	01:13:35	01:48:20	02:31:42	
24	TARCZEWSKI Tomasz	216	TARCZA TRIATHLON TEAM	M35-39		00:14:32	00:45:48	<b>01:02:07</b>	13	00:03:29	00:17:45	01:15:50	01:51:01	02:34:43	
25	ZIELIŃSKI Nicolas	234	OLIMPIASPORT.PL / TO TYLKO TRIATHLON	M18-24	To Tylko Triathlon	00:14:55	00:46:57	<b>01:03:29</b>	25	00:04:16	00:17:18	01:14:48	01:50:07	02:34:34	

						Swimming				Cycling				Race	
Rank	Name	Age	Team	Sex	Category	Swim	Bike	Run	Total	Swim	Bike	Run	Total	Start	End
26	<b>LESZCZEWICZ Waldemar</b>	112	KUŹNIA TRIATHLONU	M	M40-44	00:14:43	00:46:53	<b>01:03:14</b>	17	00:03:27	00:17:59	01:16:08	01:51:23	02:35:40	
27	<b>CHABASIŃSKI Rafał</b>	28	RA-V	M	M40-44	00:17:05	00:52:27	<b>01:11:01</b>	59	00:03:33	00:16:54	01:12:20	01:46:06	02:28:13	
28	<b>HAWROT Sylwester</b>	65	NTS NEXELO JF DUET	M	M45-49	00:15:39	00:47:07	<b>01:03:22</b>	20	00:04:26	00:18:52	01:16:02	01:51:02	02:35:05	
29	<b>WASILEWSKI Krzysztof</b>	220		M	M35-39	00:15:11	00:46:50	<b>01:02:52</b>	15	00:05:00	00:17:09	01:15:16	01:51:10	02:35:38	
30	<b>MOSSOCZY Zbigniew</b>	241	MAGAZYN TRIATHLON	M	M40-44	00:17:01	00:53:48	<b>01:12:39</b>	73	00:03:49	00:16:19	01:10:58	01:44:48	02:27:20	
31	<b>JARZEMBOWICZ Maciej</b>	70	TRINERGY TEAM	M	M35-39	00:15:56	00:50:59	<b>01:09:05</b>	49	00:02:26	00:16:52	01:13:47	01:49:11	02:33:12	
32	<b>CIESZYŃSKI Jacek</b>	32	ROWEROWA BRZOZA	M	M50-54	00:16:13	00:51:20	<b>01:09:19</b>	51	00:04:03	00:17:31	01:14:50	01:49:18	02:32:04	
33	<b>KOWALKOWSKI Piotr</b>	93	7 LO BYDGOSZCZ	M	M35-39	00:15:49	00:51:18	<b>01:09:08</b>	50	00:05:04	00:17:18	01:14:01	01:48:30	02:31:27	
34	<b>KITA Tomasz</b>	243		M	M35-39	00:14:57	00:46:47	<b>01:03:20</b>	19	00:02:58	00:20:18	01:20:45	01:56:25	02:39:52	
35	<b>BASINSKI Marcin</b>	11	NORTHANS TRI	M	M30-34	00:17:17	00:53:23	<b>01:11:36</b>	67	00:05:03	00:17:10	01:13:14	01:47:29	02:29:37	
36	<b>KOŁODZIEJ Sebastian</b>	89	LABOSPORT	M	M35-39	00:16:38	00:51:17	<b>01:08:45</b>	47	00:04:03	00:18:10	01:15:27	01:50:19	02:33:51	
37	<b>ANDRZEJCZYK Sebastian</b>	5	NEON TEAM	M	M40-44	00:15:42	00:48:28	<b>01:05:07</b>	32	00:04:05	00:17:42	01:16:47	01:52:59	02:38:26	
38	<b>BOGACZ Mariusz</b>	18	K.S. ZRYW RADZIEJÓW	M	M35-39	00:15:16	00:47:04	<b>01:03:27</b>	24	00:04:21	00:18:15	01:17:36	01:53:33	02:40:22	
39	<b>GŁOWSKI Dariusz</b>	56	ACITVE MALBORK	M	M30-34	00:16:58	00:52:38	<b>01:11:08</b>	62	00:03:52	00:17:52	01:15:25	01:50:17	02:33:18	
40	<b>PIOSIK Emil</b>	165	VELOCITY WARSZTAT TRENINGU / TRIATHLONISTA.COM	M	M25-29	00:16:47	00:51:57	<b>01:09:38</b>	55	00:04:11	00:17:30	01:15:45	01:51:12	02:34:46	
41	<b>ŚLESICKI Rafał</b>	211	OSTRE TEAM	M	M30-34	00:17:09	00:54:19	<b>01:13:37</b>	87	00:04:22	00:16:54	01:13:17	01:48:01	02:31:23	
42	<b>CHORAŹIAK Witold</b>	30		M	M50-54	00:16:48	00:52:29	<b>01:11:15</b>	65	00:03:21	00:18:07	01:15:43	01:50:59	02:35:32	
43	<b>BANACH Marcin</b>	8	3GRAVITY	M	M30-34	00:17:14	00:52:53	<b>01:11:06</b>	61	00:03:16	00:17:32	01:17:30	01:53:12	02:36:46	
44	<b>BUŁECZKA Paweł</b>	26	GATTA BIKE TEAM	M	M30-34	00:17:40	00:53:38	<b>01:12:18</b>	70	00:03:34	00:16:43	01:09:15	01:45:20	02:35:50	
45	<b>KONIAIEV Volodymyr</b>	90	RUN BYDGOSZCZ	M	M30-34	00:16:34	00:51:41	<b>01:09:34</b>	54	00:04:04	00:17:58	01:16:58	01:53:04	02:38:18	
46	<b>CON Lesław</b>	33		M	M50-54	00:16:34	00:51:39	<b>01:09:46</b>	57	00:04:53	00:18:48	01:17:03	01:52:46	02:37:26	
47	<b>CICHECKI Arkadiusz</b>	31	CELIRONMAN	M	M55-59	00:15:25	00:48:31	<b>01:06:06</b>	35	00:03:55	00:18:52	01:20:13	01:57:22	02:42:16	
48	<b>SŁOWIŃSKI Damian</b>	192	UKS CITYZEN_/BE3	M	M35-39	00:19:06	00:57:32	<b>01:17:42</b>	113	00:06:09	00:17:17	01:12:37	01:46:53	02:28:27	
49	<b>SUPERSON Wojtek</b>	204	K.T.O. Z KRAKOWA	M	M45-49	00:16:01	00:50:01	<b>01:07:33</b>	41	00:04:00	00:19:26	01:19:34	01:56:04	02:40:47	
50	<b>FOREMSKI Sławomir</b>	48	TORUŃSKI KLUB TRIATHLONOWY	M	M45-49	00:18:04	00:55:58	<b>01:15:37</b>	104	00:04:22	00:17:56	01:14:58	01:49:33	02:32:49	
51	<b>ŁĄTKOWSKI Sławomir</b>	118	ORKAMASTERS IŁAWA	M	M40-44	00:15:46	00:50:55	<b>01:09:28</b>	52	00:06:40	00:17:31	01:16:19	01:52:03	02:36:47	
52	<b>DESSELBERGER Andrzej</b>	37	TRI WŁOCŁAWEK	M	M45-49	00:17:56	00:55:00	<b>01:14:10</b>	93	00:04:21	00:18:02	01:16:03	01:51:03	02:34:32	
53	<b>MADRY Marcin</b>	129	STARTMETABANIA	M	M30-34	00:17:34	00:55:24	<b>01:14:34</b>	96	00:04:12	00:17:39	01:15:52	01:50:54	02:34:33	
54	<b>KOZŁOWSKI Wojtek</b>	96	K.T.O. Z KRAKOWA	M	M45-49	00:17:29	00:53:16	<b>01:11:13</b>	63	00:06:26	00:18:12	01:16:48	01:52:17	02:35:42	
55	<b>ŻABA Marek</b>	237	MAGNETI MARELLI TRIATHLON X-TEAM	M	M30-34	00:16:52	00:54:26	<b>01:13:37</b>	88	00:04:45	00:17:41	01:15:47	01:51:17	02:35:13	
56	<b>BIENIEK Patryk</b>	15	POSNANIA	M	M35-39	00:16:59	00:52:48	<b>01:11:22</b>	66	00:04:57	00:18:21	01:17:23	01:53:26	02:37:18	
57	<b>ZDROJEWSKI Grzegorz</b>	232	CZERNIEJEWOBIEGA	M	M45-49	00:17:35	00:52:55	<b>01:10:51</b>	58	00:05:05	00:18:25	01:18:36	01:53:54	02:38:27	
58	<b>ADAMIK Wiktor</b>	3		M	M45-49	00:16:38	00:51:40	<b>01:09:45</b>	56	00:03:25	00:18:50	01:18:45	01:55:23	02:41:39	
59	<b>MAJKOWSKI Michał</b>	124	TRISPECT	M	M40-44	00:18:44	00:56:15	<b>01:15:09</b>	100	00:04:14	00:17:56	01:15:49	01:51:34	02:35:56	

				Swimming				Cycling				Race			
60	<b>LÓPEZ MENDIZABAL Ramón</b>	<b>113</b>		M40-44	00:16:43	00:51:16	<b>01:09:04</b>	48	00:06:19	00:18:50	01:19:02	01:54:19	02:40:03		
61	<b>KARAŚ Michał</b>	<b>77</b>	OLEŚNICKA GRUPA TRIATHLONOWA	M30-34	00:18:03	00:55:04	<b>01:13:22</b>	84	00:05:33	00:17:56	01:17:13	01:53:07	02:37:07		
62	<b>OLEK Jakub</b>	<b>152</b>	TRIATHLON KALISZ	M30-34	00:16:04	00:49:03	<b>01:06:11</b>	37	00:05:41	00:19:13	01:20:25	01:57:51	02:44:25		
63	<b>PIEGDOŃ Piotr</b>	<b>163</b>	LITWIN TRIATLON TEAM	M35-39	00:15:50	00:47:48	<b>01:03:57</b>	27	00:09:08	00:19:23	01:21:15	01:57:09	02:43:20		
64	<b>MIEZIANKO Krzysztof</b>	<b>132</b>		M35-39	00:16:09	00:50:57	<b>01:08:40</b>	46	00:05:30	00:18:04	01:17:57	01:55:36	02:42:33		
65	<b>SZYMKOWIAK Norbert</b>	<b>210</b>		M18-24	00:18:05	00:55:37	<b>01:15:30</b>	103	00:04:58	00:18:07	01:16:19	01:51:47	02:36:35		
66	<b>SACHS Karol</b>	<b>186</b>	AIRBIKE.PL	M35-39	00:17:37	00:53:53	<b>01:12:49</b>	77	00:04:36	00:17:37	01:17:43	01:54:43	02:40:24		
67	<b>MARKIEWICZ Damian</b>	<b>128</b>	K.T.O. Z KRAKOWA	M35-39	00:18:21	00:55:49	<b>01:15:08</b>	99	00:05:32	00:17:20	01:16:33	01:52:18	02:37:14		
68	<b>MYŚLAK Piotr</b>	<b>139</b>	TRIATHLONISTA.COM / OWOCBIEGA	M25-29	00:17:42	00:54:42	<b>01:13:46</b>	89	00:04:32	00:18:11	01:18:41	01:55:09	02:39:43		
69	<b>MSTOWSKI Maciej</b>	<b>138</b>	KSR OMEGA BĘDZIN	M40-44	00:18:16	00:54:50	<b>01:12:50</b>	80	00:05:44	00:17:32	01:15:36	01:51:04	02:39:35		
70	<b>SZAREK Michał</b>	<b>206</b>		M30-34	00:16:55	00:54:17	<b>01:12:59</b>	81	00:05:34	00:17:57	01:16:57	01:53:58	02:40:44		
71	<b>TADZIK Wojciech</b>	<b>215</b>	TECHNIKA ZWYCIĘSTWA	M25-29	00:15:47	00:49:43	<b>01:07:11</b>	38	00:04:40	00:19:19	01:21:09	01:58:28	02:47:32		
72	<b>ŚWIERCZYŃSKI Marcin</b>	<b>214</b>	TO TYLKO TRIATHLON ATHLETICOMED	M30-34	00:18:06	00:56:40	<b>01:16:21</b>	109	00:03:58	00:18:06	01:18:06	01:54:26	02:39:10		
73	<b>ENGLERT Grzegorz</b>	<b>42</b>	TRIATHLON KOSZALIN	M40-44	00:14:41	00:46:28	<b>01:02:40</b>	14	00:07:40	00:19:04	01:20:54	02:00:50	02:49:37		
74	<b>KRZYSTOLIK Adam</b>	<b>102</b>	FIFAN.PL/BODYDRY	M40-44	00:17:21	00:54:15	<b>01:13:30</b>	86	00:03:15	00:19:25	01:20:19	01:57:04	02:43:16		
75	<b>FELUSIAK Adam</b>	<b>45</b>		M40-44	00:16:29	00:50:20	<b>01:07:46</b>	44	00:04:23	00:19:26	01:20:38	01:58:14	02:47:54		
76	<b>WOJCIECHOWSKI Sylwester</b>	<b>225</b>		M50-54	00:19:40	01:00:09	<b>01:20:55</b>	139	00:05:20	00:17:25	01:15:00	01:50:46	02:34:00		
77	<b>GOŚCINIAK Michał</b>	<b>60</b>	3GRAVITY	M30-34	00:16:44	00:55:15	<b>01:15:02</b>	98	00:05:54	00:18:15	01:19:07	01:55:36	02:39:21		
78	<b>PILCH Artur</b>	<b>164</b>	PIANIŚCI GÓRĄ	M35-39	00:17:17	00:54:16	<b>01:12:59</b>	82	00:06:25	00:18:52	01:18:56	01:55:57	02:40:56		
79	<b>KOWALSKI Darek</b>	<b>95</b>	ZBZ ZŁOTÓW	M45-49	00:17:43	00:56:14	<b>01:16:12</b>	108	00:05:20	00:18:18	01:18:26	01:54:37	02:38:50		
80	<b>BUDZIŁO Adam</b>	<b>25</b>	PTT DELTA	M45-49	00:17:37	00:54:16	<b>01:12:40</b>	74	00:05:39	00:18:12	01:18:35	01:56:21	02:42:10		
81	<b>BŁASIAK Leszek</b>	<b>17</b>		M50-54	00:15:54	00:48:48	<b>01:05:56</b>	34	00:05:49	00:19:48	01:22:31	01:58:57	02:48:47		
82	<b>LANECKI Artur</b>	<b>109</b>		M40-44	00:16:11	00:50:15	<b>01:07:53</b>	45	00:06:40	00:18:26	01:22:17	01:59:43	02:46:11		
83	<b>PAWLAK Artur</b>	<b>159</b>	IPA BYDGOSZCZ	M45-49	00:15:18	00:49:55	<b>01:07:25</b>	39	00:03:45	00:19:10	01:22:07	02:00:45	02:50:28		
84	<b>ŻYCHSKA Anna</b>	<b>238</b>	VELOCITY WARSZTAT TRENINGU / TRIATHLONISTA.COM	M25-29	00:17:38	00:54:04	<b>01:12:48</b>	76	00:04:26	00:19:47	01:19:24	01:56:26	02:45:51		
85	<b>SZELIŃSKI Adam</b>	<b>207</b>	OPP	M45-49	00:18:47	00:58:26	<b>01:18:00</b>	118	00:04:15	00:18:36	01:19:27	01:56:06	02:41:01		
86	<b>MRÓZ Tomasz</b>	<b>137</b>	JKK JĘDRZEJÓW	M45-49	00:17:36	00:55:26	<b>01:14:35</b>	97	00:05:43	00:18:03	01:19:44	01:56:10	02:43:02		
87	<b>KRAWENDA Robert</b>	<b>99</b>		M25-29	00:19:47	01:01:12	<b>01:22:41</b>	150	00:05:32	00:17:17	01:14:12	01:50:10	02:35:20		
88	<b>SWINIARSKI Jarosław</b>	<b>205</b>	TRIDEA/TRI EAGLES GDYNIA	M55-59	00:19:10	01:00:31	<b>01:21:35</b>	142	00:04:48	00:18:38	01:17:20	01:52:54	02:37:28		
89	<b>KALIN Władysław</b>	<b>75</b>		M35-39	00:16:37	00:52:45	<b>01:12:50</b>	79	00:06:35	00:18:44	01:18:52	01:56:46	02:44:32		
90	<b>KOWALEWSKI Piotr</b>	<b>92</b>		M30-34	00:17:09	00:53:54	<b>01:12:35</b>	71	00:04:38	00:19:11	01:22:04	02:00:01	02:47:09		
91	<b>TYPIŃSKI Paweł</b>	<b>218</b>	SOLUM TRI TEAM/PIĄTKOWO NA BIEGOWO	M25-29	00:17:21	00:56:17	<b>01:17:06</b>	111	00:03:19	00:18:47	01:20:35	01:57:53	02:44:27		
92	<b>GACKA Rafał</b>	<b>49</b>	LUPUS TEAM	M40-44	00:19:51	01:03:49	<b>01:26:22</b>	175	00:04:14	00:17:51	01:15:34	01:50:45	02:34:19		

					Swimming				Cycling				Race		
93	<b>KRZYSZTOFIK Kacper</b>	<b>103</b>	TRI AKTYWNY PIOTRKÓW	M40-44	00:18:27	00:57:24	<b>01:17:59</b>	117	00:04:18	00:19:28	01:21:01	01:57:30	02:43:02		
94	<b>OTTO Marta</b>	<b>157</b>	KUŹNIA TRIATHLONU	K30-39 Kuźnia Triathlonu	00:18:11	00:55:02	<b>01:13:59</b>	91	00:04:17	00:19:17	01:22:30	02:00:14	02:47:28		
95	<b>MAJEWSKI Marek</b>	<b>122</b>	KUŹNIA TRIATHLONU	M40-44 Kuźnia Triathlonu	00:18:11	00:57:26	<b>01:17:45</b>	115	00:05:59	00:18:33	01:18:46	01:56:17	02:42:17		
96	<b>BOROWSKI Adam</b>	<b>21</b>	ACTIVEXTREME	M35-39	00:18:56	01:01:10	<b>01:23:16</b>	154	00:06:23	00:17:30	01:16:33	01:51:44	02:36:33		
97	<b>NIEDZIAŁKOWSKI Jan</b>	<b>141</b>		M30-34	00:18:51	00:58:36	<b>01:18:35</b>	123	00:05:14	00:18:27	01:18:56	01:56:28	02:42:46		
98	<b>MAJCHRZAK Marcin</b>	<b>121</b>	KLUB PŁYWACKI KOZIEGŁOWY	M35-39	00:15:49	00:48:46	<b>01:05:00</b>	31	00:08:26	00:19:51	01:24:37	02:04:39	02:53:40		
99	<b>SAKOWSKI Sebastian</b>	<b>188</b>	LITWIN TRIATHLON TEAM	M35-39	00:20:43	01:02:40	<b>01:23:43</b>	157	00:07:06	00:17:42	01:17:15	01:52:35	02:36:30		
100	<b>KLIMCZAK Marcin</b>	<b>85</b>		M40-44	00:20:31	01:02:55	<b>01:25:21</b>	166	00:03:47	00:17:25	01:17:08	01:53:14	02:38:12		
101	<b>OSTROMĘCKI Waldemar</b>	<b>156</b>		M40-44 SPORTTREND.PL	00:18:37	00:56:29	<b>01:16:09</b>	107	00:09:30	00:18:41	01:18:51	01:55:48	02:41:44		
102	<b>ŁUCYSZYN Robert</b>	<b>119</b>		M35-39	00:16:57	00:53:37	<b>01:12:37</b>	72	00:07:32	00:19:06	01:21:38	01:58:59	02:47:17		
103	<b>KRASICKI Michał</b>	<b>98</b>	TKKF WODNIK WIĘCBORK	M35-39 Wodnik Więcbork	00:19:04	00:58:58	<b>01:19:37</b>	130	00:08:12	00:17:57	01:18:25	01:54:49	02:40:02		
104	<b>OLEŚ Daniel</b>	<b>153</b>		M25-29	00:17:14	00:53:25	<b>01:11:58</b>	69	00:05:36	00:19:24	01:22:52	02:01:56	02:50:19		
105	<b>KWINTA Sławomir</b>	<b>108</b>		M40-44	00:17:43	00:55:47	<b>01:14:21</b>	94	00:06:32	00:20:01	01:24:15	02:01:28	02:47:35		
106	<b>KRÓLIKOWSKI Jerzy</b>	<b>100</b>		M30-34	00:17:24	00:54:23	<b>01:13:27</b>	85	00:08:01	00:19:19	01:22:11	02:00:10	02:47:06		
107	<b>NOWAK Ewelina</b>	<b>145</b>	TRIAMATOR	K30-39	00:17:30	00:53:43	<b>01:12:44</b>	75	00:03:51	00:19:22	01:25:18	02:03:05	02:52:09		
108	<b>WIŚNIEWSKI Zbigniew</b>	<b>222</b>	ROWEROWA BRZOZA	M50-54 Rowerowa Brzoza	00:19:41	01:01:03	<b>01:22:31</b>	148	00:08:15	00:17:50	01:17:01	01:52:51	02:38:00		
109	<b>KASZTELAN Władysław</b>	<b>79</b>	TRIATHLON KOSZALIN	M35-39	00:17:49	00:55:18	<b>01:14:28</b>	95	00:07:17	00:19:14	01:21:11	01:59:36	02:47:43		
110	<b>JĘDRZEJCZYK Piotr</b>	<b>72</b>		M40-44 TRI TEAM MASTERS PIASECZNO	00:19:10	00:58:43	<b>01:18:30</b>	120	00:06:33	00:18:52	01:20:12	01:57:38	02:44:29		
111	<b>FIGEL Michał</b>	<b>47</b>	MIKI TEAM	M40-44	00:18:29	00:59:12	<b>01:20:06</b>	135	00:06:31	00:18:48	01:20:53	01:57:50	02:43:22		
112	<b>BINKOWSKI Adrian</b>	<b>240</b>	CB163/PROFESSIONAL HR	M35-39	00:20:02	01:03:02	<b>01:23:47</b>	158	00:04:03	00:19:27	01:20:03	01:55:53	02:42:12		
113	<b>ŁUSZCZEWSKI Krzysztof</b>	<b>120</b>	AMCOR	M40-44	00:18:43	00:58:15	<b>01:18:56</b>	127	00:07:30	00:18:35	01:18:00	01:55:09	02:43:59		
114	<b>BEDYK Ireneusz</b>	<b>12</b>	PTT DELTA	M60-69 PTT DELTA	00:19:08	00:59:17	<b>01:19:41</b>	131	00:05:48	00:18:40	01:18:57	01:57:10	02:45:14		
115	<b>KOCIEL Jarosław</b>	<b>88</b>		M45-49	00:17:34	00:55:28	<b>01:15:15</b>	101	00:06:58	00:19:22	01:22:33	02:01:12	02:48:42		
116	<b>TOMCZYŃSKI Bartosz</b>	<b>217</b>		M35-39	00:19:49	01:00:35	<b>01:22:00</b>	145	00:04:01	00:18:21	01:19:30	01:57:08	02:45:10		
117	<b>ŁAGOŹNY Łukasz</b>	<b>116</b>	EURO24 TEAM	M35-39	00:18:00	00:56:31	<b>01:16:07</b>	106	00:05:10	00:19:39	01:24:15	02:02:12	02:50:01		
118	<b>SZYDŁOWSKI Marek</b>	<b>209</b>	PARKRUN POZNAŃ	M35-39	00:16:42	00:53:48	<b>01:12:49</b>	78	00:05:27	00:19:36	01:23:34	02:02:53	02:53:04		
119	<b>STAŚKIEWICZ Maciej</b>	<b>201</b>		M25-29	00:19:13	00:58:35	<b>01:18:44</b>	124	00:04:59	00:20:10	01:22:12	02:00:20	02:47:38		
120	<b>LUDWINIAK Bogdan</b>	<b>114</b>	HURTINEX 50 PLUS	M50-54	00:18:52	00:58:30	<b>01:19:06</b>	128	00:05:25	00:19:28	01:21:29	01:59:07	02:47:26		
121	<b>MICHALSKI Jakub</b>	<b>130</b>	TRIATHLON KOSZALIN	M40-44	00:15:35	00:48:08	<b>01:04:34</b>	30	00:09:35	00:21:21	01:28:56	02:09:06	02:58:58		
122	<b>PRZYBYLSKI Sławomir</b>	<b>176</b>		M55-59	00:18:49	00:57:47	<b>01:17:46</b>	116	00:05:49	00:19:27	01:22:27	02:01:25	02:50:12		
123	<b>STRZELECKI Piotr</b>	<b>202</b>	TRIATHLON TEAM CIESIELSKI	M35-39	00:18:24	00:57:28	<b>01:18:18</b>	119	00:04:46	00:19:27	01:22:35	02:01:58	02:51:29		
124	<b>KWIATKOWSKI Jacek</b>	<b>106</b>	CMUJ MASTERS	M60-69	00:16:42	00:51:33	<b>01:09:33</b>	53	00:10:50	00:19:22	01:23:58	02:04:45	02:54:13		
125	<b>BUCHALIK Arkadiusz</b>	<b>24</b>		M40-44	00:17:41	00:53:31	<b>01:11:14</b>	64	00:04:40	00:20:21	01:26:08	02:07:00	02:58:46		
126	<b>STASIEWSKI Mariusz</b>	<b>200</b>	TRISPACE	M40-44 Trispace	00:18:13	00:55:07	<b>01:14:10</b>	92	00:04:52	00:20:20	01:25:21	02:06:08	02:55:40		

				Swimming				Cycling				Race		
127	<b>KĄDZIELA Rafał</b>	<b>82</b>	AKB LIDZBARK WARMIŃSKI	M40-44	00:19:37	01:02:43	<b>01:25:02</b>	164	00:08:08	00:18:23	01:19:18	01:56:17	02:41:37	
128	<b>PESZT Marek</b>	<b>162</b>	6M	M35-39	00:18:53	00:55:22	<b>01:13:20</b>	83	00:07:04	00:19:08	01:24:15	02:04:53	02:54:31	
129	<b>DANKÓW Krzysztof</b>	<b>36</b>	GT RAT	M35-39	00:18:44	00:56:12	<b>01:15:28</b>	102	00:09:49	00:20:02	01:23:40	02:02:32	02:50:36	
130	<b>MAKOWSKI Marek</b>	<b>126</b>	SUPER WTP/ ABSOLUTE BIKE TEAM	M30-34	00:18:11	00:56:39	<b>01:16:02</b>	105	00:09:35	00:19:18	01:23:24	02:02:24	02:50:20	
131	<b>JAROSZUK Kamil</b>	<b>69</b>	INTERSPORT	M35-39	00:19:14	00:59:57	<b>01:20:37</b>	136	00:05:07	00:19:34	01:24:33	02:02:59	02:51:53	
132	<b>APANASIEWICZ Bartosz</b>	<b>247</b>	RUN PASJA	M35-39	00:18:47	00:58:35	<b>01:18:34</b>	122	00:04:18	00:19:41	01:22:34	02:02:07	02:55:02	
133	<b>WITKOWSKI Michał</b>	<b>224</b>	CYCUCHY LAMPKI	M30-34	00:13:55	00:44:11	<b>00:59:49</b>	10	00:12:51	00:21:58	01:30:12	02:11:30	03:05:31	
134	<b>KUBACIK Wacław</b>	<b>104</b>	COMPANIEROS	M50-54	00:21:01	01:06:00	<b>01:29:20</b>	183	00:13:44	00:17:37	01:14:52	01:50:35	02:35:45	
	<b>NOWICKI Leszek</b>	<b>147</b>		M55-59	00:19:20	01:02:51	<b>01:25:05</b>	165	00:04:04	00:19:10	01:23:06	02:02:30	02:49:58	
136	<b>BANACH Karol</b>	<b>9</b>	DELIKATESY CENTRUM BOLEWICE	M35-39	00:19:36	01:00:01	<b>01:20:56</b>	140	00:08:14	00:19:52	01:21:01	02:00:04	02:49:58	
137	<b>RYBKOWSKI Grzegorz</b>	<b>185</b>	WTP	M45-49	00:22:31	01:11:42	<b>01:40:05</b>	204	00:05:24	00:17:24	01:15:04	01:51:03	02:35:15	
138	<b>KANDAKOU Yauheni</b>	<b>76</b>	TRI.BY	M40-44	00:22:20	01:09:39	<b>01:34:03</b>	194	00:06:59	00:18:15	01:19:07	01:55:31	02:39:45	
139	<b>POSTNIKOVA Daryna</b>	<b>171</b>		K25-29	00:18:36	00:58:50	<b>01:20:06</b>	134	00:04:39	00:19:43	01:24:56	02:05:50	02:56:32	
140	<b>DRABJEWSKI Paweł</b>	<b>41</b>	TKKF WODNIK WIĘCIBORK	M35-39	00:20:12	01:03:47	<b>01:26:52</b>	177	00:11:06	00:19:12	01:19:55	01:57:35	02:44:40	
141	<b>PLATOKHIN Borys</b>	<b>167</b>		M40-44	00:18:47	01:00:59	<b>01:23:12</b>	153	00:05:58	00:19:42	01:25:05	02:05:10	02:54:04	
142	<b>NOWAK Paweł</b>	<b>143</b>	KEPNET	M50-54	00:21:39	01:04:26	<b>01:26:49</b>	176	00:08:22	00:19:30	01:22:39	02:01:38	02:50:07	
143	<b>DOLEŻEK Robert</b>	<b>39</b>	PAŃSTWOWA STRAŻ POŻARNA KAZIMIERZA WIELKA	M35-39	00:20:38	01:02:49	<b>01:24:01</b>	161	00:07:17	00:20:42	01:26:58	02:06:43	02:54:14	
144	<b>PAWLAK Piotr</b>	<b>160</b>	PKO BANK POLSKI	M40-44	00:20:04	01:03:47	<b>01:28:10</b>	181	00:06:02	00:19:09	01:20:43	01:59:01	02:51:27	
145	<b>FELSKI Mariusz</b>	<b>44</b>	MŻS WOŁCZA MAŁA	M50-54	00:19:46	00:58:24	<b>01:17:42</b>	114	00:07:05	00:20:27	01:28:25	02:09:10	03:00:54	
146	<b>WRONA Klaudiusz</b>	<b>229</b>	ZUZIK TRI TEAM	M40-44	00:20:16	01:05:44	<b>01:29:43</b>	184	00:06:51	00:20:47	01:24:14	02:02:35	02:49:15	
147	<b>MAJKA Leszek</b>	<b>123</b>	GT RAT	M50-54	00:17:44	00:56:36	<b>01:16:53</b>	110	00:10:26	00:22:00	01:28:36	02:09:02	02:58:59	
148	<b>KACZMARCZYK Bogdan</b>	<b>74</b>	KLUB PLYWACKI KOZIEGŁOWY	M35-39	00:18:18	00:58:20	<b>01:19:14</b>	129	00:10:11	00:20:24	01:27:16	02:07:27	02:56:55	
149	<b>PRZYBYLSKI Maciej</b>	<b>175</b>		M40-44	00:19:53	01:03:23	<b>01:26:05</b>	172	00:07:13	00:19:45	01:25:15	02:04:48	02:53:19	
150	<b>FAVEEUW David</b>	<b>43</b>		M40-44	00:19:15	01:00:15	<b>01:21:47</b>	143	00:05:44	00:20:44	01:27:34	02:09:04	02:59:13	
151	<b>GMYREK Michał</b>	<b>57</b>		M35-39	00:17:06	00:53:32	<b>01:11:47</b>	68	00:07:21	00:20:09	01:29:01	02:11:01	03:07:50	
152	<b>DE GROOT Jan</b>	<b>38</b>	KUŹNIA TRIATHLONU	M45-49	00:18:34	00:59:00	<b>01:19:44</b>	132	00:06:19	00:20:58	01:25:51	02:07:40	03:01:07	
153	<b>KAZUBOWSKI Jacek</b>	<b>80</b>	50PLUS	M50-54	00:22:36	01:09:30	<b>01:33:28</b>	192	00:06:02	00:19:20	01:23:03	02:00:53	02:47:52	
154	<b>REPKA Marek</b>	<b>178</b>	LUPUS TEAM	M40-44	00:24:44	01:12:21	<b>01:37:23</b>	199	00:06:26	00:18:25	01:19:53	01:57:00	02:43:54	
155	<b>LASSAK Bartosz</b>	<b>110</b>		M40-44	00:19:15	01:00:36	<b>01:22:07</b>	146	00:06:53	00:19:51	01:26:44	02:07:56	02:59:36	
156	<b>OPOZDA Krzysztof</b>	<b>155</b>	CM UMK	M50-54	00:18:58	00:58:29	<b>01:17:34</b>	112	00:08:37	00:20:28	01:26:52	02:09:06	03:02:36	
157	<b>CZECHOWSKA-MADEJ Katarzyna</b>	<b>35</b>	MILEK TRIATHLON TEAM	K30-39	00:19:04	00:58:33	<b>01:18:48</b>	126	00:06:03	00:20:06	01:28:19	02:10:39	03:04:23	
158	<b>ROTMĄSKI Piotr</b>	<b>179</b>	NADRUKIREKLAMOWE.COM.PL	M35-39	00:19:43	01:00:48	<b>01:21:49</b>	144	00:06:27	00:20:47	01:31:05	02:13:07	03:04:08	
159	<b>ROŹNIATA Andrzej</b>	<b>181</b>	KS GŁOWNO W BIEGU	M45-49	00:20:54	01:05:46	<b>01:30:11</b>	187	00:06:41	00:19:28	01:24:29	02:05:43	02:55:46	
160	<b>ALSKI Łukasz</b>	<b>4</b>		M30-34	00:21:16	01:04:55	<b>01:26:53</b>	178	00:07:37	00:20:08	01:27:32	02:07:22	02:58:20	
161	<b>GÓRNIWICZ Marcin</b>	<b>62</b>	MBANK	M35-39	00:21:40	01:08:21	<b>01:33:36</b>	193	00:06:12	00:19:04	01:24:00	02:04:09	02:53:25	
162	<b>GÓRSKI Marian</b>	<b>63</b>	KRS TTKF JASTRZĄB RUDA ŚLĄSKA	M60-69	00:20:41	01:02:37	<b>01:23:31</b>	155	00:07:39	00:20:25	01:27:21	02:11:42	03:02:05	
163	<b>GRABOWSKI Szymon</b>	<b>64</b>		M30-34	00:18:51	00:58:40	<b>01:18:47</b>	125	00:11:54	00:21:03	01:27:44	02:08:32	03:02:39	



					Swimming				Cycling				Race			
164	<b>GORAL</b> Mieczysław	<b>59</b>	SC ULTRA	M45-49	00:19:24	01:02:47	<b>01:25:22</b>	167	00:08:59	00:22:10	01:25:53	02:06:19	02:59:01			
165	<b>SKIBA</b> Włodzimierz	<b>191</b>	STOWARZYSZENIE TRIATHLONOWE U64 POZNAŃ	M50-54	00:19:56	01:02:17	<b>01:23:55</b>	160	00:06:33	00:20:37	01:28:41	02:11:25	03:03:11			
166	<b>RUTKA</b> Radosław	<b>183</b>	KTS IRONMAN	M40-44	00:19:59	01:01:07	<b>01:22:49</b>	151	00:08:15	00:20:54	01:30:46	02:11:05	03:02:40			
167	<b>RUTKA</b> Katarzyna	<b>184</b>	KTS IRONMAN	K40-49	00:19:59	01:01:06	<b>01:22:50</b>	152	00:08:13	00:20:53	01:30:44	02:11:09	03:02:43			
168	<b>GARLEWICZ</b> Grzegorz	<b>51</b>		M40-44	00:20:12	01:00:48	<b>01:22:08</b>	147	00:08:23	00:20:42	01:27:35	02:09:25	03:03:21			
169	<b>MAKOWSKI</b> Sławomir	<b>125</b>	RUN BYDGOSZCZ	M45-49	00:22:15	01:11:44	<b>01:39:19</b>	202	00:06:56	00:19:36	01:22:23	02:00:26	02:48:16			
170	<b>PLESS</b> Wojciech	<b>168</b>	EKO-WIGOR	M40-44	00:20:54	01:06:04	<b>01:29:50</b>	185	00:06:22	00:22:25	01:28:30	02:08:26	02:58:27			
171	<b>OLEJNIK</b> Bartłomiej	<b>151</b>	ŻYTANIA TEAM	M35-39	00:22:12	01:11:59	<b>01:36:20</b>	196	00:06:05	00:19:12	01:23:07	02:02:34	02:52:16			
172	<b>KORSAKOV</b> Kostiantyn	<b>91</b>	-	M45-49	00:20:11	01:01:51	<b>01:23:50</b>	159	00:11:34	00:20:33	01:26:06	02:07:24	02:59:58			
173	<b>WÓJCIK</b> Szymon	<b>228</b>		M18-24	00:20:32	01:03:35	<b>01:25:46</b>	169	00:07:29	00:20:53	01:29:20	02:10:13	03:02:26			
174	<b>KĘPIŃSKI</b> Henryk	<b>83</b>	KB SPARTAKUS BĘLCHATÓW	M60-69	00:21:18	01:06:22	<b>01:31:34</b>	188	00:05:47	00:20:38	01:28:23	02:09:14	02:58:35			
175	<b>GAWROŃSKI</b> Sebastian	<b>52</b>	PZU SPORT TEAM	M35-39	00:20:31	01:03:43	<b>01:25:55</b>	170	00:06:57	00:20:36	01:28:16	02:10:01	03:03:16			
176	<b>ZIMIŃSKI</b> Zdzisław	<b>235</b>		M60-69	00:18:53	00:59:24	<b>01:20:44</b>	138	00:09:06	00:20:13	01:28:01	02:10:52	03:06:31			
177	<b>MAŁKIŃSKI</b> Józef	<b>127</b>	RWT W BYDGOSZCZY	M60-69	00:18:58	00:58:39	<b>01:18:32</b>	121	00:10:24	00:20:25	01:30:34	02:14:03	03:08:25			
178	<b>YEVSTRATYEV</b> Yevhen	<b>231</b>	SPORT CLUB 'SHYPSHYNA TRIATHLON TEAM'	M40-44	00:18:53	00:59:40	<b>01:21:19</b>	141	00:06:27	00:21:16	01:32:22	02:14:15	03:10:00			
179	<b>BRZEZINSKI</b> Marek	<b>23</b>	KORUP MOTION	M45-49	00:20:38	01:04:47	<b>01:28:42</b>	182	00:09:50	00:19:37	01:25:39	02:06:24	02:59:20			
180	<b>CZUBAK</b> Wawrzyniec	<b>242</b>		M40-44	00:20:21	01:03:12	<b>01:26:08</b>	173	00:06:28	00:19:35	01:30:26	02:13:01	03:05:19			
181	<b>BŁACHOWIAK</b> Mariusz	<b>16</b>	AMBIT RACING TEAM	M45-49	00:26:17	01:19:46	<b>01:44:47</b>	208	00:05:43	00:18:36	01:21:37	01:59:56	02:47:47			
182	<b>ZEMLIK</b> Arek	<b>233</b>		M30-34	00:19:41	01:02:45	<b>01:25:57</b>	171	00:05:44	00:20:28	01:30:59	02:12:45	03:06:49			
183	<b>WOŁOWSKI</b> Lech	<b>227</b>		M40-44	00:20:58	01:06:02	<b>01:29:57</b>	186	00:07:29	00:22:13	01:29:05	02:10:20	03:01:34			
184	<b>NIEMCZYK</b> Kazimierz	<b>142</b>		M55-59	00:22:24	01:11:40	<b>01:39:49</b>	203	00:10:01	00:19:45	01:23:37	02:02:07	02:49:49			
185	<b>SOLECKI</b> Tomasz	<b>195</b>	GOMOLA TRANS AIRCO	M35-39	00:15:45	00:48:34	<b>01:05:36</b>	33	00:09:26	00:22:01	01:36:30	02:23:45	03:24:45			
186	<b>RAK</b> Agata	<b>177</b>	TECHNIKA ZWYCIĘSTWA	K30-39	00:20:10	01:01:22	<b>01:22:33</b>	149	00:08:26	00:21:04	01:31:25	02:15:06	03:09:11			
187	<b>KARWOWSKI</b> Maciej	<b>78</b>		M35-39	00:17:22	00:55:35	<b>01:13:51</b>	90	00:05:24	00:25:03	01:38:33	02:23:48	03:21:02			
188	<b>KOBACKI</b> Przemysław	<b>86</b>	KS GŁOWNO W BIEGU	M40-44	Głowno Team	00:18:40	00:59:02	<b>01:19:50</b>	133	00:07:47	00:21:31	01:33:57	02:18:10	03:13:03		
189	<b>NOWAK</b> Sławomir	<b>144</b>	PZU SPORT TEAM	M50-54		00:19:30	01:03:59	<b>01:27:22</b>	180	00:05:10	00:20:54	01:29:46	02:12:13	03:08:47		
190	<b>SITEK</b> Witold	<b>190</b>		M60-69	OSW TRI TEAM	00:21:53	01:10:33	<b>01:37:08</b>	198	00:08:16	00:19:47	01:26:23	02:06:22	02:55:57		
191	<b>ROŹNIATA</b> Iwona	<b>180</b>	KS GŁOWNO W BIEGU	K40-49	Głowno Team	00:22:01	01:07:58	<b>01:32:33</b>	190	00:07:04	00:20:29	01:28:56	02:11:11	03:02:56		
192	<b>ДРУТЬ</b> Петр	<b>239</b>		M35-39		00:21:50	01:04:46	<b>01:27:05</b>	179	00:10:32	00:21:04	01:30:41	02:14:07	03:05:06		
193	<b>MIELCAREK</b> Marcin	<b>131</b>		M35-39		00:20:29	01:02:47	<b>01:24:43</b>	162	00:14:26	00:20:33	01:29:38	02:11:45	03:04:09		
194	<b>FIDELUS</b> Leszek	<b>46</b>	STOWARZYSZENIE CHRZANOWSKICH CYKLISTÓW	M45-49		00:20:33	01:04:02	<b>01:26:18</b>	174	00:07:40	00:20:56	01:30:08	02:15:01	03:09:52		
195	<b>OGIŃSKI</b> Artur	<b>148</b>		M30-34		00:19:50	01:01:20	<b>01:20:44</b>	137	00:06:20	00:21:01	01:32:28	02:18:05	03:18:21		
196	<b>PAWŁOWSKI</b> Krzysztof	<b>161</b>	KRUK S.A.	M30-34		00:18:56	01:01:25	<b>01:23:42</b>	156	00:10:17	00:22:19	01:34:25	02:18:56	03:15:43		
197	<b>GOZDOWSKI</b> Paweł	<b>61</b>		M45-49		00:25:20	01:17:54	<b>01:45:05</b>	210	00:09:34	00:19:34	01:26:08	02:06:29	02:55:25		
198	<b>PRIEBE</b> Andrzej	<b>173</b>		M30-34		00:22:56	01:14:27	<b>01:41:15</b>	205	00:08:40	00:20:36	01:25:17	02:08:45	03:02:53		
199	<b>GOŁĄB</b> Rafał	<b>58</b>		M30-34		00:20:24	01:10:32	<b>01:35:58</b>	195	00:07:39	00:19:04	01:23:40	02:03:47	03:09:12		

				Swimming				T1	Cycling				Race	
200	<b>ZIÓŁKOWSKI Grzegorz</b>	<b>236</b>		M30-34	00:22:17	01:10:35	<b>01:36:32</b>	197	00:08:42	00:19:53	01:29:14	02:12:33	03:08:56	
201	<b>KRUK Rafał</b>	<b>101</b>	WWW.BIEGAJWNIEMCZU.PL	M40-44	00:23:20	01:12:27	<b>01:37:49</b>	200	00:08:48	00:22:23	01:33:29	02:16:41	03:07:54	
202	<b>BRUŻ Filip</b>	<b>22</b>	MIO PIANO	M40-44	00:23:18	01:16:05	<b>01:45:01</b>	209	00:08:21	00:20:11	01:29:52	02:10:55	03:01:12	
203	<b>KĘPOWICZ Kamil</b>	<b>84</b>		M30-34	00:20:33	01:07:23	<b>01:32:04</b>	189	00:10:24	00:22:46	01:34:32	02:17:51	03:12:22	
204	<b>BIAŁOBLÓCKI Jacek</b>	<b>13</b>	KB LECH RYPIN	M55-59	00:21:32	01:08:17	<b>01:32:46</b>	191	00:11:47	00:21:09	01:33:38	02:18:26	03:13:53	
205	<b>KOZŁOWSKI Maciej</b>	<b>97</b>	ROADBIKE.PL / SIEDLCE TRIATHLON CLUB	M25-29	00:23:37	01:16:42	<b>01:44:28</b>	207	00:05:55	00:21:19	01:31:46	02:14:41	03:08:05	
206	<b>WARCHOŁ Ryszard</b>	<b>219</b>	CAŁY TWÓJ	M50-54	00:28:14	01:28:32	<b>02:00:35</b>	212	00:09:12	00:19:11	01:24:42	02:04:27	02:54:50	
207	<b>JELEŃ Marcin</b>	<b>71</b>		M40-44	00:23:34	01:14:59	<b>01:41:20</b>	206	00:12:20	00:20:31	01:33:05	02:17:29	03:11:22	
208	<b>OLEJNICZAK Witold</b>	<b>150</b>	KS MARATON OSTROW WLKP	M60-69	00:24:27	01:18:04	<b>01:47:06</b>	211	00:09:30	00:22:40	01:37:10	02:21:01	03:15:08	
	<b>BAREWSKI Bogdan</b>	<b>10</b>		M60-69	00:23:09	01:12:58	<b>01:38:15</b>	201	00:10:00	00:21:37	01:34:13	02:21:16	03:24:47	
210	<b>GARBOWSKI Tomasz</b>	<b>50</b>	FEMAT	M40-44	00:20:35	01:03:31	<b>01:25:39</b>	168	00:05:12	00:19:48	02:42:45	03:34:52	04:25:14	
211	<b>SPYRA Piotr</b>	<b>198</b>		M50-54	00:19:46	01:02:30	<b>01:24:52</b>	163	00:05:49	00:18:17				
	<b>MRELA Adrian</b>	<b>135</b>		M35-39	00:22:10									
	<b>NOWICKI Bartosz</b>	<b>146</b>	TRI TEAM-INO	M25-29	00:16:44	00:52:40	<b>01:11:05</b>	60	00:05:29	00:19:48				

Total 213 results.