

Classification: M40-44

Split point: 219,0 km

Place	Participant	Number	Club	Category	Drużyna	Swimming				Cycling								Race					
						P_Borowno 0.95km	P_Borowno 2.85km	R_Borowno 3.8km	Poz	R_Kotomierz 9km	R_Pauliny 42.2km	R_Lidl 63km	R_Kotomierz 87km	R_Pauliny 120.2km	R_Lidl 141km	R_Kotomierz 165km	B_Announcer 180km	Poz	B_Announcer 7.149km	B_Announcer 14.298km	B_Annou 21.447		
1	LEMKE Krzysztof	111	GDYŃSKI TRIATHLON	M40-44		00:15:51	00:49:01	<b>01:06:07</b>	36	00:02:33	00:16:19	01:09:49	01:42:24	02:23:02	03:17:46	03:51:52	04:34:54	<b>04:59:51</b>	13	00:02:08	00:31:52	01:05:02	01:39:11
2	EJSMONT Krzysztof	245	SZKOŁA JĘZYKOWA HELLO/TRISPACE	M40-44	Trispace	00:16:05	00:50:19	<b>01:07:40</b>	42	00:03:11	00:16:33	01:11:44	01:45:28	02:27:13	03:24:35	03:58:40	04:40:36	<b>05:05:25</b>	16	00:01:27	00:31:55	01:04:59	01:38:13
3	CHABASIŃSKI Rafał	28	RA-V	M40-44		00:17:05	00:52:27	<b>01:11:01</b>	59	00:03:33	00:16:54	01:12:20	01:46:06	02:28:13	03:25:42	04:00:06	04:43:31	<b>05:08:37</b>	22	00:01:57	00:35:40	01:11:45	01:49:40
4	ANDRZEJEWSKI Lukasz	6	TRI TEAM KOZAL	M40-44		00:15:12	00:47:05	<b>01:03:23</b>	21	00:05:16	00:17:15	01:12:46	01:46:53	02:30:09	03:27:30	04:00:57	04:42:06	<b>05:06:15</b>	17	00:03:25	00:37:04	01:14:33	01:55:18
5	ZAKRZEWSKI Maciej	244		M40-44		00:15:07	00:47:07	<b>01:04:04</b>	29	00:03:06	00:17:06	01:13:35	01:48:20	02:31:42	03:32:33	04:09:56	04:55:21	<b>05:21:44</b>	40	00:02:21	00:35:34	01:13:04	01:51:13
6	MOSSOCZY Zbigniew	241	MAGAZYN TRIATHLON	M40-44		00:17:01	00:53:48	<b>01:12:39</b>	73	00:03:49	00:16:19	01:10:58	01:44:48	02:27:20	03:25:33	03:59:49	04:42:26	<b>05:07:56</b>	20	00:02:16	00:36:32	01:16:04	01:57:08
7	LESZCZEWICZ Waldemar	112	KUŹNIA TRIATHLONU	M40-44	Kuźnia Triathlonu	00:14:43	00:46:53	<b>01:03:14</b>	17	00:03:27	00:17:59	01:16:08	01:51:23	02:35:40	03:34:29	04:10:02	04:54:41	<b>05:22:03</b>	41	00:02:10	00:37:06	01:13:53	01:51:33
8	GACKA Rafał	49	LUPUS TEAM	M40-44		00:19:51	01:03:49	<b>01:26:22</b>	175	00:04:14	00:17:51	01:15:34	01:50:45	02:34:19	03:34:22	04:11:27	04:57:19	<b>05:23:48</b>	45	00:01:59	00:33:39	01:08:22	01:44:54
9	LÓPEZ MENDIZABAL Ramón	113		M40-44		00:16:43	00:51:16	<b>01:09:04</b>	48	00:06:19	00:18:50	01:19:02	01:54:19	02:40:03	03:42:51	04:19:51	05:07:27	<b>05:33:57</b>	70	00:03:08	00:35:03	01:11:31	01:48:56
10	MAJKOWSKI Michał	124	TRISPECT	M40-44		00:18:44	00:56:15	<b>01:15:09</b>	100	00:04:14	00:17:56	01:15:49	01:51:34	02:35:56	03:38:18	04:18:03	05:05:24	<b>05:32:58</b>	69	00:01:30	00:36:46	01:13:08	01:50:13
11	ANDRZEJCZYK Sebastian	5	NEON TEAM	M40-44	NEON Team	00:15:42	00:48:28	<b>01:05:07</b>	32	00:04:05	00:17:42	01:16:47	01:52:59	02:38:26	03:39:05	04:15:41	05:01:32	<b>05:28:32</b>	57	00:03:33	00:37:39	01:17:16	01:57:45
12	ŁĄTKOWSKI Sławomir	118	ORKAMASTERS IŁAWA	M40-44	OrkaMasters Iława	00:15:46	00:50:55	<b>01:09:28</b>	52	00:06:40	00:17:31	01:16:19	01:52:03	02:36:47	03:37:56	04:15:44	05:03:24	<b>05:31:03</b>	63	00:03:10	00:38:49	01:17:21	01:57:31
13	MAJEWSKI Marek	122	KUŹNIA TRIATHLONU	M40-44	Kuźnia Triathlonu	00:18:11	00:57:26	<b>01:17:45</b>	115	00:05:59	00:18:33	01:18:46	01:56:17	02:42:17	03:46:17	04:25:20	05:13:34	<b>05:41:58</b>	89	00:02:06	00:36:33	01:13:27	01:50:49
14	KRZYSZTOFIK Kacper	103	TRI AKTYWNY PIOTRKÓW	M40-44		00:18:27	00:57:24	<b>01:17:59</b>	117	00:04:18	00:19:28	01:21:01	01:57:30	02:43:02	03:46:04	04:23:17	05:09:58	<b>05:38:19</b>	80	00:02:43	00:33:39	01:08:33	01:49:01
15	JĘDRZEJCZYK Piotr	72		M40-44	TRI TEAM MASTERS PIASECZNO	00:19:10	00:58:43	<b>01:18:30</b>	120	00:06:33	00:18:52	01:20:12	01:57:38	02:44:29	03:49:22	04:29:57	05:19:53	<b>05:48:42</b>	102	00:04:29	00:37:56	01:15:45	01:53:48
16	KLIMCZAK Marcin	85		M40-44		00:20:31	01:02:55	<b>01:25:21</b>	166	00:03:47	00:17:25	01:17:08	01:53:14	02:38:12	03:38:52	04:16:12	05:02:31	<b>05:29:17</b>	60	00:01:50	00:36:07	01:15:11	01:56:22
17	PLATOKHIN Borys	167		M40-44		00:18:47	01:00:59	<b>01:23:12</b>	153	00:05:58	00:19:42	01:25:05	02:05:10	02:54:04	04:00:19	04:41:07	05:31:06	<b>06:01:05</b>	133	00:03:42	00:32:34	01:06:54	01:42:39
18	KWINTA Sławomir	108		M40-44		00:17:43	00:55:47	<b>01:14:21</b>	94	00:06:32	00:20:01	01:24:15	02:01:28	02:47:35	03:52:48	04:31:12	05:19:40	<b>05:47:26</b>	98	00:03:19	00:39:05	01:18:24	01:58:23
19	FELUSIAK Adam	45		M40-44		00:16:29	00:50:20	<b>01:07:46</b>	44	00:04:23	00:19:26	01:20:38	01:58:14	02:47:54	03:53:16	04:35:23	05:27:53	<b>05:59:04</b>	129	00:03:15	00:36:32	01:14:31	01:56:33
20	FIGEL Michał	47	MIKI TEAM	M40-44		00:18:29	00:59:12	<b>01:20:06</b>	135	00:06:31	00:18:48	01:20:53	01:57:50	02:43:22	03:46:25	04:26:50	05:18:15	<b>05:47:13</b>	97	00:03:16	00:39:08	01:19:36	02:01:30
21	KRZYSTOLIK Adam	102	FIFAN.PL/BODYDRY	M40-44		00:17:21	00:54:15	<b>01:13:30</b>	86	00:03:15	00:19:25	01:20:19	01:57:04	02:43:16	03:52:49	04:35:55	05:26:46	<b>05:55:55</b>	118	00:02:00	00:38:38	01:19:18	02:02:28
22	WRONA Klaudiusz	229	ZUZIK TRI TEAM	M40-44		00:20:16	01:05:44	<b>01:29:43</b>	184	00:06:51	00:20:47	01:24:14	02:02:35	02:49:15	03:51:31	04:30:26	05:18:02	<b>05:45:53</b>	94	00:03:14	00:39:24	01:19:58	02:00:38
23	MSTOWSKI Maciej	138	KSR OMEGA BĘDZIN	M40-44		00:18:16	00:54:50	<b>01:12:50</b>	80	00:05:44	00:17:32	01:15:36	01:51:04	02:39:35	03:45:31	04:23:36	05:14:22	<b>05:44:52</b>	92	00:05:00	00:38:20	01:23:07	02:05:52
24	OSTROMĘCKI Waldemar	156		M40-44	SPORTTREND.PL	00:18:37	00:56:29	<b>01:16:09</b>	107	00:09:30	00:18:41	01:18:51	01:55:48	02:41:44	03:43:31	04:21:56	05:10:02	<b>05:37:52</b>	79	00:05:30	00:42:00	01:24:56	02:09:37
25	KADZIELA Rafał	82	AKB LIDZBARK WARMIŃSKI	M40-44		00:19:37	01:02:43	<b>01:25:02</b>	164	00:08:08	00:18:23	01:19:18	01:56:17	02:41:37	03:44:10	04:23:15	05:11:55	<b>05:39:40</b>	83	00:08:06	00:39:17	01:20:42	02:04:56
26	ENGLERT Grzegorz	42	TRIATHLON KOSZALIN	M40-44		00:14:41	00:46:28	<b>01:02:40</b>	14	00:07:40	00:19:04	01:20:54	02:00:50	02:49:37	03:56:29	04:39:36	05:31:10	<b>06:01:19</b>	134	00:04:36	00:44:00	01:31:48	02:17:54
27	PRZYBYLSKI Maciej	175		M40-44		00:19:53	01:03:23	<b>01:26:05</b>	172	00:07:13	00:19:45	01:25:15	02:04:48	02:53:19	03:59:21	04:40:07	05:28:50	<b>05:58:06</b>	127	00:03:30	00:37:48	01:19:00	01:58:55
28	KANDAKOU Yauheni	76	TRI.BY	M40-44		00:22:20	01:09:39	<b>01:34:03</b>	194	00:06:59	00:18:15	01:19:07	01:55:31	02:39:45	03:41:08	04:18:08	05:04:31	<b>05:31:26</b>	64	00:03:57	00:43:45	01:28:44	02:15:58
29	MICHAŁSKI Jakub	130	TRIATHLON KOSZALIN	M40-44		00:15:35	00:48:08	<b>01:04:34</b>	30	00:09:35	00:21:21	01:28:56	02:09:06	02:58:58	04:06:41	04:48:53	05:42:08	<b>06:13:37</b>	155	00:05:08	00:46:28	01:32:26	02:18:18
30	BUCHALIK Arkadiusz	24		M40-44		00:17:41	00:53:31	<b>01:11:14</b>	64	00:04:40	00:20:21	01:26:08	02:07:00	02:58:46	04:10:45	04:55:21	05:51:33	<b>06:22:34</b>	170	00:03:28	00:36:44	01:13:31	02:01:09

				Swimming				Cycling										Race				
31	FAVEEUW David	43		M40-44	00:19:15	01:00:15	<b>01:21:47</b>	143	00:05:44	00:20:44	01:27:34	02:09:04	02:59:13	04:08:31	04:51:31	05:44:15	<b>06:15:35</b>	<b>156</b>	00:03:25	00:40:05	01:24:14	02:10:13
32	STASIEWSKI Mariusz	200	TRISPACE	M40-44 Trispace	00:18:13	00:55:07	<b>01:14:10</b>	92	00:04:52	00:20:20	01:25:21	02:06:08	02:55:40	04:02:51	04:45:12	05:37:36	<b>06:08:22</b>	<b>146</b>	00:03:16	00:43:36	01:30:53	02:20:03
33	REPKA Marek	178	LUPUS TEAM	M40-44	00:24:44	01:12:21	<b>01:37:23</b>	199	00:06:26	00:18:25	01:19:53	01:57:00	02:43:54	03:47:53	04:28:00	05:17:35	<b>05:46:25</b>	<b>95</b>	00:04:59	00:46:57	01:35:51	02:24:03
34	BRUŻ Filip	22	MIO PIANO	M40-44	00:23:18	01:16:05	<b>01:45:01</b>	209	00:08:21	00:20:11	01:29:52	02:10:55	03:01:12	04:07:28	04:49:33	05:41:18	<b>06:11:40</b>	<b>151</b>	00:08:40	00:37:12	01:15:11	01:55:46
35	PLESS Wojciech	168	EKO-WIGOR	M40-44	00:20:54	01:06:04	<b>01:29:50</b>	185	00:06:22	00:22:25	01:28:30	02:08:26	02:58:27	04:09:44	04:54:16	05:50:44	<b>06:22:55</b>	<b>172</b>	00:07:01	00:44:02	01:27:27	02:11:13
36	KRUK Rafał	101	WWW.BIEGAJWNIEMCZU.PL	M40-44	00:23:20	01:12:27	<b>01:37:49</b>	200	00:08:48	00:22:23	01:33:29	02:16:41	03:07:54	04:14:55	04:57:36	05:51:33	<b>06:22:53</b>	<b>171</b>	00:04:38	00:40:58	01:24:07	02:08:17
37	CZUBAK Wawrzyniec	242		M40-44	00:20:21	01:03:12	<b>01:26:08</b>	173	00:06:28	00:19:35	01:30:26	02:13:01	03:05:19	04:16:56	05:01:41	05:57:38	<b>06:29:47</b>	<b>179</b>	00:04:06	00:40:46	01:23:40	02:10:28
38	ŁUSZCZEWSKI Krzysztof	120	AMCOR	M40-44	00:18:43	00:58:15	<b>01:18:56</b>	127	00:07:30	00:18:35	01:18:00	01:55:09	02:43:59	03:51:12	04:35:44	05:28:36	<b>05:58:07</b>	<b>128</b>	00:03:48	00:51:51	01:44:55	02:39:12
39	RUTKA Radosław	183	KTS IRONMAN	M40-44	00:19:59	01:01:07	<b>01:22:49</b>	151	00:08:15	00:20:54	01:30:46	02:11:05	03:02:40	04:14:30	04:57:30	05:59:16	<b>06:30:05</b>	<b>181</b>	00:06:00	00:44:14	01:30:30	02:16:48
40	LASSAK Bartosz	110		M40-44	00:19:15	01:00:36	<b>01:22:07</b>	146	00:06:53	00:19:51	01:26:44	02:07:56	02:59:36	04:15:20	05:02:30	06:01:17	<b>06:34:21</b>	<b>188</b>	00:07:14	00:43:38	01:29:36	02:14:49
41	GARLEWICZ Grzegorz	51		M40-44	00:20:12	01:00:48	<b>01:22:08</b>	147	00:08:23	00:20:42	01:27:35	02:09:25	03:03:21	04:19:23	05:06:51	06:07:31	<b>06:42:47</b>	<b>195</b>	00:06:04	00:43:19	01:28:01	02:19:31
42	YEVSTRATYEV Yevhen	231	SPORT CLUB 'SHYPHYNA TRIATHLON TEAM'	M40-44	00:18:53	00:59:40	<b>01:21:19</b>	141	00:06:27	00:21:16	01:32:22	02:14:15	03:10:00	04:30:15	05:22:58	06:25:41	<b>07:01:08</b>	<b>204</b>	00:06:46	00:38:38	01:20:44	02:08:58
43	WOŁOWSKI Lech	227		M40-44	00:20:58	01:06:02	<b>01:29:57</b>	186	00:07:29	00:22:13	01:29:05	02:10:20	03:01:34	04:14:21	04:57:31	05:50:10	<b>06:21:52</b>	<b>165</b>	00:06:23	00:46:13	01:32:35	02:25:26
44	KOBACKI Przemysław	86	KS GŁÓWNO W BIEGU	M40-44 Głowno Team	00:18:40	00:59:02	<b>01:19:50</b>	133	00:07:47	00:21:31	01:33:57	02:18:10	03:13:03	04:23:30	05:06:10	05:59:37	<b>06:30:33</b>	<b>182</b>	00:07:42	00:49:22	01:42:27	02:41:53
45	PAWLAK Piotr	160	PKO BANK POLSKI	M40-44 PKO Bank Polski	00:20:04	01:03:47	<b>01:28:10</b>	181	00:06:02	00:19:09	01:20:43	01:59:01	02:51:27	04:06:01	04:53:23	05:50:44	<b>06:24:22</b>	<b>174</b>	00:03:55	00:46:33	01:40:15	02:43:09
46	JELEŃ Marcin	71		M40-44	00:23:34	01:14:59	<b>01:41:20</b>	206	00:12:20	00:20:31	01:33:05	02:17:29	03:11:22	04:26:38	05:16:30	06:11:45	<b>07:23:13</b>	<b>208</b>	00:04:41	00:44:12	01:27:22	02:11:55
47	GARBOWSKI Tomasz	50	FEMAT	M40-44	00:20:35	01:03:31	<b>01:25:39</b>	168	00:05:12	00:19:48	02:42:45	03:34:52	04:25:14									
48	LANECKI Artur	109		M40-44	00:16:11	00:50:15	<b>01:07:53</b>	45	00:06:40	00:18:26	01:22:17	01:59:43	02:46:11	03:52:03	04:31:29	05:20:46	<b>05:50:28</b>	<b>106</b>	00:06:36	00:39:42	01:25:29	02:14:15
49	MROCEK Marcin	136	NEON TEAM	M40-44 NEON Team	00:13:12	00:40:57	<b>00:55:14</b>	5	00:02:41	00:16:42	01:11:35	01:44:35	02:25:20	03:20:58	03:55:32	04:39:06	<b>05:04:14</b>	<b>15</b>	00:01:51	00:32:41		

Total 49 results.