

Classification: M45-49

Split point: 184,1 km

Place	Participant	Number	Club	Category	Drużyna	Swimming				T	Cycling							Race		
						P_Borowno 0.95km	P_Borowno 2.85km	R_Borowno 3.8km	Poz		R_Kotomierz 9km	R_Pauliny 42.2km	R_Lidl 63km	R_Kotomierz 87km	R_Pauliny 120.2km	R_Lidl 141km	R_Kotomierz 165km		B_Announcer 180km	Poz
1	SOBCZAK Marcin	193	ENDURE TEAM	M45-49	ENDURE TEAM	00:15:08	00:47:01	<b>01:03:25</b>	22	00:03:40	00:17:09	01:12:50	01:46:46	02:28:02	03:24:41	03:58:53	04:41:24	<b>05:06:15</b>	<b>18</b>	00:01:40
2	HAWROT Sylwester	65	NTS NEXELO JF DUET	M45-49		00:15:39	00:47:07	<b>01:03:22</b>	20	00:04:26	00:18:52	01:16:02	01:51:02	02:35:05	03:34:12	04:09:35	04:55:06	<b>05:21:41</b>	<b>39</b>	00:04:30
3	DESSELBERGER Andrzej	37	TRI WŁOCŁAWEK	M45-49		00:17:56	00:55:00	<b>01:14:10</b>	93	00:04:21	00:18:02	01:16:03	01:51:03	02:34:32	03:32:39	04:07:46	04:53:21	<b>05:19:58</b>	<b>32</b>	00:01:39
4	FOREMSKI Sławomir	48	TORUŃSKI KLUB TRIATHLONOWY	M45-49		00:18:04	00:55:58	<b>01:15:37</b>	104	00:04:22	00:17:56	01:14:58	01:49:33	02:32:49	03:32:11	04:09:47	04:56:32	<b>05:24:01</b>	<b>46</b>	00:02:10
5	KOZŁOWSKI Wojtek	96	K.T.O. Z KRAKOWA	M45-49	K.T.O. z Krakowa	00:17:29	00:53:16	<b>01:11:13</b>	63	00:06:26	00:18:12	01:16:48	01:52:17	02:35:42	03:36:07	04:12:12	04:57:39	<b>05:25:01</b>	<b>48</b>	00:03:51
6	KOWALSKI Darek	95	ZBZ ZŁOTÓW	M45-49		00:17:43	00:56:14	<b>01:16:12</b>	108	00:05:20	00:18:18	01:18:26	01:54:37	02:38:50	03:39:04	04:16:16	05:01:49	<b>05:28:28</b>	<b>56</b>	00:03:48
7	SUPERSON Wojtek	204	K.T.O. Z KRAKOWA	M45-49	K.T.O. z Krakowa	00:16:01	00:50:01	<b>01:07:33</b>	41	00:04:00	00:19:26	01:19:34	01:56:04	02:40:47	03:43:20	04:22:46	05:11:16	<b>05:40:06</b>	<b>84</b>	00:02:53
8	SZELIŃSKI Adam	207	OPP	M45-49		00:18:47	00:58:26	<b>01:18:00</b>	118	00:04:15	00:18:36	01:19:27	01:56:06	02:41:01	03:40:43	04:17:25	05:03:32	<b>05:30:13</b>	<b>62</b>	00:03:10
9	ADAMIK Wiktor	3		M45-49		00:16:38	00:51:40	<b>01:09:45</b>	56	00:03:25	00:18:50	01:18:45	01:55:23	02:41:39	03:44:49	04:22:56	05:13:16	<b>05:41:54</b>	<b>88</b>	00:02:42
10	ZDROJEWSKI Grzegorz	232	CZERNIEJEWOBIEGA	M45-49		00:17:35	00:52:55	<b>01:10:51</b>	58	00:05:05	00:18:25	01:18:36	01:53:54	02:38:27	03:41:23	04:20:11	05:10:01	<b>05:38:52</b>	<b>81</b>	00:03:57
11	MRÓZ Tomasz	137	JKK JĘDRZEJÓW	M45-49		00:17:36	00:55:26	<b>01:14:35</b>	97	00:05:43	00:18:03	01:19:44	01:56:10	02:43:02	03:46:17	04:25:26	05:14:37	<b>05:42:54</b>	<b>90</b>	00:02:27
12	BUDZIŁO Adam	25	PTT DELTA	M45-49	PTT DELTA	00:17:37	00:54:16	<b>01:12:40</b>	74	00:05:39	00:18:12	01:18:35	01:56:21	02:42:10	03:47:04	04:27:13	05:17:08	<b>05:46:46</b>	<b>96</b>	00:02:16
13	PAWLAK Artur	159	IPA BYDGOSZCZ	M45-49		00:15:18	00:49:55	<b>01:07:25</b>	39	00:03:45	00:19:10	01:22:07	02:00:45	02:50:28	03:57:32	04:38:38	05:31:45	<b>06:01:45</b>	<b>137</b>	00:02:02
14	RYBKOWSKI Grzegorz	185	WTP	M45-49		00:22:31	01:11:42	<b>01:40:05</b>	204	00:05:24	00:17:24	01:15:04	01:51:03	02:35:15	03:36:38	04:14:23	05:01:41	<b>05:28:09</b>	<b>55</b>	00:02:59
15	KOCIEL Jarosław	88		M45-49		00:17:34	00:55:28	<b>01:15:15</b>	101	00:06:58	00:19:22	01:22:33	02:01:12	02:48:42	03:54:56	04:35:59	05:26:28	<b>05:56:18</b>	<b>124</b>	00:04:43
16	GORAL Mieczysław	59	SC ULTRA	M45-49		00:19:24	01:02:47	<b>01:25:22</b>	167	00:08:59	00:22:10	01:25:53	02:06:19	02:59:01	04:05:50	04:46:40	05:38:21	<b>06:08:15</b>	<b>145</b>	00:03:14
17	ROŹNIATA Andrzej	181	KS GŁÓWNO W BIEGU	M45-49	Główno Team	00:20:54	01:05:46	<b>01:30:11</b>	187	00:06:41	00:19:28	01:24:29	02:05:43	02:55:46	04:01:58	04:42:38	05:33:54	<b>06:04:39</b>	<b>142</b>	00:06:49
18	BŁACHOWIAK Mariusz	16	AMBIT RACING TEAM	M45-49		00:26:17	01:19:46	<b>01:44:47</b>	208	00:05:43	00:18:36	01:21:37	01:59:56	02:47:47	03:54:14	04:34:20	05:25:43	<b>05:53:37</b>	<b>114</b>	00:04:14
19	DE GROOT Jan	38	KUŹNIA TRIATHLONU	M45-49	TRI TEAM MASTERS PIASECZNO	00:18:34	00:59:00	<b>01:19:44</b>	132	00:06:19	00:20:58	01:25:51	02:07:40	03:01:07	04:14:18	04:59:19	05:53:55	<b>06:26:53</b>	<b>177</b>	00:04:29
20	MAKOWSKI Sławomir	125	RUN BYDGOSZCZ	M45-49		00:22:15	01:11:44	<b>01:39:19</b>	202	00:06:56	00:19:36	01:22:23	02:00:26	02:48:16	03:57:57	04:41:18	05:37:03	<b>06:08:30</b>	<b>148</b>	00:04:01
21	GOZDOWSKI Paweł	61		M45-49		00:25:20	01:17:54	<b>01:45:05</b>	210	00:09:34	00:19:34	01:26:08	02:06:29	02:55:25	03:58:41	04:38:19	05:27:24	<b>05:55:56</b>	<b>119</b>	00:10:13
22	KORSAKOV Kostiantyn	91	-	M45-49		00:20:11	01:01:51	<b>01:23:50</b>	159	00:11:34	00:20:33	01:26:06	02:07:24	02:59:58	04:10:49	04:54:50	05:49:14	<b>06:21:24</b>	<b>164</b>	00:05:53
23	BRZEZIŃSKI Marek	23	KORUP MOTION	M45-49		00:20:38	01:04:47	<b>01:28:42</b>	182	00:09:50	00:19:37	01:25:39	02:06:24	02:59:20	04:08:42	04:54:55	05:50:22	<b>06:22:22</b>	<b>168</b>	00:06:25
24	FIDELUS Leszek	46	STOWARZYSZENIE CHRZANOWSKICH CYKLISTÓW	M45-49		00:20:33	01:04:02	<b>01:26:18</b>	174	00:07:40	00:20:56	01:30:08	02:15:01	03:09:52	04:23:23	05:08:26	06:06:35	<b>06:39:09</b>	<b>193</b>	00:07:03