



OCEAN LAVA TRIATHLON POLSKA 2017 - DYSTANS PEŁNY 140.6

B4SPORT

Event: Ocean Lava Triathlon Polska
Organiser: Towarzystwo Sportowe TRI-SPORT
Date: 2017-08-20
Place: Bydgoszcz
Distance: 226 km

B4SPORT
INTELEGENNE ZAWODY SPORTOWE

Classification: Mężczyźni

Split point: 106,1 km

Place	Participant	Number	Club	Category	Drużyna	Swimming				T1	Cycling				Race
						P_Borowno 0.95km	P_Borowno 2.85km	R_Borowno 3.8km	Poz		R_Kotomierz 9km	R_Pauliny 42.2km	R_Lidl 63km	R_Kotomierz 87km	
1	LUFT Mikołaj	115	LUFT TRI TEAM	M30-34		00:11:28	00:36:04	00:49:09	3	00:02:03	00:14:57	01:04:46	01:35:19	02:12:24	
2	CHMURA Maciej	29	GVT GMC LKKS GÓRNIK WAŁBRZYCH	M30-34		00:11:26	00:35:19	00:47:37	2	00:01:58	00:14:45	01:05:35	01:36:38	02:13:18	
3	NAJMOWICZ Sebastian	140	NAJMOWICZ TRIATHLON/ TEAM POLAND	M25-29		00:11:27	00:34:59	00:46:56	1	00:03:14	00:16:02	01:08:39	01:40:22	02:18:31	
4	AUGUSTYNIAK Krzysztof	1	MKS PŁETVAL POLKOWICE	M35-39		00:12:03	00:37:50	00:50:56	4	00:02:57	00:15:57	01:08:00	01:38:57	02:16:37	
5	SPALENIAK Tomasz	197	ENDURE TEAM	M25-29	ENDURE TEAM	00:13:26	00:42:08	00:57:04	9	00:02:56	00:15:48	01:07:52	01:39:12	02:17:31	
6	BIELECKI Jakub	14	NEON TEAM	M30-34	NEON Team	00:13:31	00:42:02	00:56:21	7	00:03:21	00:16:11	01:07:11	01:39:52	02:18:41	
7	JARECKI Grzegorz	68	TRUSO ELBLĄG / TEAMKARAŚ	M18-24		00:15:14	00:47:00	01:03:15	18	00:03:30	00:15:47	01:08:01	01:39:27	02:18:04	
8	RÓŻALSKI Piotr	182	FOLWARK KADYNY HOTEL TRIATHLON TEAM	M35-39	Kadyny Folwark Hotel Triathlon Team	00:13:24	00:41:48	00:56:24	8	00:02:50	00:16:40	01:11:02	01:43:52	02:24:03	
9	JACKOWIAK Piotr	67		M30-34		00:13:27	00:41:23	00:55:49	6	00:03:06	00:16:56	01:10:50	01:43:32	02:24:17	
10	MROCZEK Marcin	136	NEON TEAM	M40-44	NEON Team	00:13:12	00:40:57	00:55:14	5	00:02:41	00:16:42	01:11:35	01:44:35	02:25:20	
11	KOWALCZYK Marek	2	ROWEROWA BRZOZA	M35-39	Rowerowa Brzoza	00:15:09	00:47:10	01:04:02	28	00:02:31	00:16:03	01:09:28	01:41:59	02:21:35	
12	GAŚIOROWSKI Daniel	53	T R IGĄSEK	M35-39		00:13:48	00:43:51	01:00:51	12	00:03:32	00:16:47	01:11:17	01:43:49	02:23:47	
13	LEMKE Krzysztof	111	GDYŃSKI TRIATHLON	M40-44		00:15:51	00:49:01	01:06:07	36	00:02:33	00:16:19	01:09:49	01:42:24	02:23:02	
14	CZAJA Jakub	34	AKTYWNA DIETA	M35-39		00:16:30	00:50:19	01:07:25	40	00:03:40	00:16:07	01:09:13	01:41:49	02:22:19	
15	BOROWIAK Rafał	20	JOKŚ TEAM	M30-34		00:14:15	00:44:56	01:00:25	11	00:02:32	00:17:29	01:13:16	01:47:21	02:29:16	
16	JURKIEWICZ Mariusz	73	TO TYLKO TRIATHLON TEAM	M35-39	To Tylko Triathlon	00:16:14	00:50:16	01:07:41	43	00:03:26	00:16:37	01:10:07	01:43:09	02:23:52	
17	BOREK Mateusz	19	YMCA TRIATHLON KRAKOW	M30-34		00:14:55	00:46:45	01:03:12	16	00:03:27	00:17:38	01:12:15	01:46:29	02:27:52	
18	SOBCZAK Marcin	193	ENDURE TEAM	M45-49	ENDURE TEAM	00:15:08	00:47:01	01:03:25	22	00:03:40	00:17:09	01:12:50	01:46:46	02:28:02	
19	ANDRZEJEWSKI Lukasz	6	TRI TEAM KOZAL	M40-44		00:15:12	00:47:05	01:03:23	21	00:05:16	00:17:15	01:12:46	01:46:53	02:30:09	
20	EJSMONT Krzysztof	245	SZKOŁA JĘZYKOWA HELLO/TRISPACE	M40-44	Trispace	00:16:05	00:50:19	01:07:40	42	00:03:11	00:16:33	01:11:44	01:45:28	02:27:13	
21	STARON Piotr	199		M35-39		00:15:15	00:47:07	01:03:25	23	00:04:17	00:17:14	01:13:49	01:48:39	02:30:27	
22	PRZEŹDZIĘK Adam	174	T2 TRIATHLON TEAM	M30-34		00:15:00	00:47:02	01:03:51	26	00:03:07	00:17:17	01:13:51	01:48:11	02:31:52	
23	ZAKRZEWSKI Maciej	244		M40-44		00:15:07	00:47:07	01:04:04	29	00:03:06	00:17:06	01:13:35	01:48:20	02:31:42	
24	TARCZEWSKI Tomasz	216	TARCZA TRIATHLON TEAM	M35-39		00:14:32	00:45:48	01:02:07	13	00:03:29	00:17:45	01:15:50	01:51:01	02:34:43	
25	CHABASIŃSKI Rafał	28	RA-V	M40-44		00:17:05	00:52:27	01:11:01	59	00:03:33	00:16:54	01:12:20	01:46:06	02:28:13	

						Swimming				Cycling				Race		
26	LESZCZEWICZ Waldemar	112	KUŹNIA TRIATHLONU	M40-44	Kuźnia Triathlonu	00:14:43	00:46:53	01:03:14	17	00:03:27	00:17:59	01:16:08	01:51:23	02:35:40		
27	HAWROT Sylwester	65	NTS NEXELO JF DUET	M45-49		00:15:39	00:47:07	01:03:22	20	00:04:26	00:18:52	01:16:02	01:51:02	02:35:05		
28	ZIELIŃSKI Nicolas	234	OLIMPIASPORT.PL / TO TYLKO TRIATHLON	M18-24	To Tylko Triathlon	00:14:55	00:46:57	01:03:29	25	00:04:16	00:17:18	01:14:48	01:50:07	02:34:34		
29	MOSSOCZY Zbigniew	241	MAGAZYN TRIATHLON	M40-44		00:17:01	00:53:48	01:12:39	73	00:03:49	00:16:19	01:10:58	01:44:48	02:27:20		
30	WASILEWSKI Krzysztof	220		M35-39		00:15:11	00:46:50	01:02:52	15	00:05:00	00:17:09	01:15:16	01:51:10	02:35:38		
31	JARZEMBOWICZ Maciej	70	TRINERGY TEAM	M35-39		00:15:56	00:50:59	01:09:05	49	00:02:26	00:16:52	01:13:47	01:49:11	02:33:12		
32	CIESZYNSKI Jacek	32	ROWEROWA BRZOZA	M50-54	Rowerowa Brzoza	00:16:13	00:51:20	01:09:19	51	00:04:03	00:17:31	01:14:50	01:49:18	02:32:04		
33	BASINSKI Marcin	11	NORTHANS TRI	M30-34		00:17:17	00:53:23	01:11:36	67	00:05:03	00:17:10	01:13:14	01:47:29	02:29:37		
34	KOWALKOWSKI Piotr	93	7 LO BYDGOSZCZ	M35-39		00:15:49	00:51:18	01:09:08	50	00:05:04	00:17:18	01:14:01	01:48:30	02:31:27		
35	KOŁODZIEJ Sebastian	89	LABOSPORT	M35-39		00:16:38	00:51:17	01:08:45	47	00:04:03	00:18:10	01:15:27	01:50:19	02:33:51		
36	KITA Tomasz	243		M35-39		00:14:57	00:46:47	01:03:20	19	00:02:58	00:20:18	01:20:45	01:56:25	02:39:52		
37	BOGACZ Mariusz	18	K.S. ZRYW RADZIEJÓW	M35-39		00:15:16	00:47:04	01:03:27	24	00:04:21	00:18:15	01:17:36	01:53:33	02:40:22		
38	GŁOWSKI Dariusz	56	ACITVE MALBORK	M30-34		00:16:58	00:52:38	01:11:08	62	00:03:52	00:17:52	01:15:25	01:50:17	02:33:18		
39	ANDRZEJCZYK Sebastian	5	NEON TEAM	M40-44	NEON Team	00:15:42	00:48:28	01:05:07	32	00:04:05	00:17:42	01:16:47	01:52:59	02:38:26		
40	ŚLESICKI Rafał	211	OSTRE TEAM	M30-34		00:17:09	00:54:19	01:13:37	87	00:04:22	00:16:54	01:13:17	01:48:01	02:31:23		
41	PIOSIK Emil	165	VELOCITY WARSZTAT TRENINGU / TRIATHLONISTA.COM	M25-29	Velocity Warsztat Treningu / Triathlonista.com	00:16:47	00:51:57	01:09:38	55	00:04:11	00:17:30	01:15:45	01:51:12	02:34:46		
42	CHORAŹIAK Witold	30		M50-54		00:16:48	00:52:29	01:11:15	65	00:03:21	00:18:07	01:15:43	01:50:59	02:35:32		
43	BANACH Marcin	8	3GRAVITY	M30-34	3Gravity	00:17:14	00:52:53	01:11:06	61	00:03:16	00:17:32	01:17:30	01:53:12	02:36:46		
44	SŁOWIŃSKI Damian	192	UKS CITYZEN /BE3	M35-39		00:19:06	00:57:32	01:17:42	113	00:06:09	00:17:17	01:12:37	01:46:53	02:28:27		
45	DESSELBERGER Andrzej	37	TRI WŁOCŁAWEK	M45-49		00:17:56	00:55:00	01:14:10	93	00:04:21	00:18:02	01:16:03	01:51:03	02:34:32		
46	FOREMSKI Sławomir	48	TORUŃSKI KLUB TRIATHLONOWY	M45-49		00:18:04	00:55:58	01:15:37	104	00:04:22	00:17:56	01:14:58	01:49:33	02:32:49		
47	KONIAIEV Volodymyr	90	RUN BYDGOSZCZ	M30-34		00:16:34	00:51:41	01:09:34	54	00:04:04	00:17:58	01:16:58	01:53:04	02:38:18		
48	CON Lesław	33		M50-54		00:16:34	00:51:39	01:09:46	57	00:04:53	00:18:48	01:17:03	01:52:46	02:37:26		
49	CICHECKI Arkadiusz	31	CELIRONMAN	M55-59		00:15:25	00:48:31	01:06:06	35	00:03:55	00:18:52	01:20:13	01:57:22	02:42:16		
50	KOZŁOWSKI Wojtek	96	K.T.O. Z KRAKOWA	M45-49	K.T.O. z Krakowa	00:17:29	00:53:16	01:11:13	63	00:06:26	00:18:12	01:16:48	01:52:17	02:35:42		
51	SUPERSON Wojtek	204	K.T.O. Z KRAKOWA	M45-49	K.T.O. z Krakowa	00:16:01	00:50:01	01:07:33	41	00:04:00	00:19:26	01:19:34	01:56:04	02:40:47		
52	MADRY Marcin	129	STARTMETABANIA	M30-34		00:17:34	00:55:24	01:14:34	96	00:04:12	00:17:39	01:15:52	01:50:54	02:34:33		
53	ŻABA Marek	237	MAGNETI MARELLI TRIATHLON X-TEAM	M30-34		00:16:52	00:54:26	01:13:37	88	00:04:45	00:17:41	01:15:47	01:51:17	02:35:13		
54	ŁĄTKOWSKI Sławomir	118	ORKAMASTERS ŁAWA	M40-44	OrkaMasters Ława	00:15:46	00:50:55	01:09:28	52	00:06:40	00:17:31	01:16:19	01:52:03	02:36:47		
55	BIENIEK Patryk	15	POSNANIA	M35-39		00:16:59	00:52:48	01:11:22	66	00:04:57	00:18:21	01:17:23	01:53:26	02:37:18		
56	ZDROJEWSKI Grzegorz	232	CZERNIEJEWOBIEGA	M45-49		00:17:35	00:52:55	01:10:51	58	00:05:05	00:18:25	01:18:36	01:53:54	02:38:27		
57	ADAMIK Wiktor	3		M45-49		00:16:38	00:51:40	01:09:45	56	00:03:25	00:18:50	01:18:45	01:55:23	02:41:39		
58	KARAŚ Michał	77	OLEŚNICKA GRUPA TRIATHLONOWA	M30-34		00:18:03	00:55:04	01:13:22	84	00:05:33	00:17:56	01:17:13	01:53:07	02:37:07		
59	MAJKOWSKI Michał	124	TRISPECT	M40-44		00:18:44	00:56:15	01:15:09	100	00:04:14	00:17:56	01:15:49	01:51:34	02:35:56		

				Swimming				Cycling				Race			
60	LÓPEZ MENDIZABAL Ramón	113		M40-44	00:16:43	00:51:16	01:09:04	48	00:06:19	00:18:50	01:19:02	01:54:19	02:40:03		
61	PIEGDOŃ Piotr	163	LITWIN TRIATLON TEAM	M35-39	00:15:50	00:47:48	01:03:57	27	00:09:08	00:19:23	01:21:15	01:57:09	02:43:20		
62	SZYMKOWIAK Norbert	210		M18-24	00:18:05	00:55:37	01:15:30	103	00:04:58	00:18:07	01:16:19	01:51:47	02:36:35		
63	BUŁECZKA Paweł	26	GATTA BIKE TEAM	M30-34	00:17:40	00:53:38	01:12:18	70	00:03:34	00:16:43	01:09:15	01:45:20	02:35:50		
64	MARKIEWICZ Damian	128	K.T.O. Z KRAKOWA	M35-39	00:18:21	00:55:49	01:15:08	99	00:05:32	00:17:20	01:16:33	01:52:18	02:37:14		
65	OLEK Jakub	152	TRIATHLON KALISZ	M30-34	00:16:04	00:49:03	01:06:11	37	00:05:41	00:19:13	01:20:25	01:57:51	02:44:25		
66	MYŚLAK Piotr	139	TRIATHLONISTA.COM / OWOCBIEGA	M25-29	00:17:42	00:54:42	01:13:46	89	00:04:32	00:18:11	01:18:41	01:55:09	02:39:43		
67	SACHS Karol	186	AIRBIKE.PL	M35-39	00:17:37	00:53:53	01:12:49	77	00:04:36	00:17:37	01:17:43	01:54:43	02:40:24		
68	MSTOWSKI Maciej	138	KSR OMEGA BĘDZIN	M40-44	00:18:16	00:54:50	01:12:50	80	00:05:44	00:17:32	01:15:36	01:51:04	02:39:35		
69	MIEZIANKO Krzysztof	132		M35-39	00:16:09	00:50:57	01:08:40	46	00:05:30	00:18:04	01:17:57	01:55:36	02:42:33		
70	WOJCIECHOWSKI Sylwester	225		M50-54	00:19:40	01:00:09	01:20:55	139	00:05:20	00:17:25	01:15:00	01:50:46	02:34:00		
71	ŚWIERCZYŃSKI Marcin	214	TO TYLKO TRIATHLON ATHLETICOMED	M30-34	00:18:06	00:56:40	01:16:21	109	00:03:58	00:18:06	01:18:06	01:54:26	02:39:10		
72	KOWALSKI Darek	95	ZBZ ZŁOTÓW	M45-49	00:17:43	00:56:14	01:16:12	108	00:05:20	00:18:18	01:18:26	01:54:37	02:38:50		
73	SZAREK Michał	206		M30-34	00:16:55	00:54:17	01:12:59	81	00:05:34	00:17:57	01:16:57	01:53:58	02:40:44		
74	GOŚCINIAK Michał	60	3GRAVITY	M30-34	00:16:44	00:55:15	01:15:02	98	00:05:54	00:18:15	01:19:07	01:55:36	02:39:21		
75	KRZYSTOLIK Adam	102	FIFAN.PL/BODYDRY	M40-44	00:17:21	00:54:15	01:13:30	86	00:03:15	00:19:25	01:20:19	01:57:04	02:43:16		
76	PILCH Artur	164	PIANIŚCI GÓRĄ	M35-39	00:17:17	00:54:16	01:12:59	82	00:06:25	00:18:52	01:18:56	01:55:57	02:40:56		
77	TADZIK Wojciech	215	TECHNIKA ZWYCIĘSTWA	M25-29	00:15:47	00:49:43	01:07:11	38	00:04:40	00:19:19	01:21:09	01:58:28	02:47:32		
78	FELUSIAK Adam	45		M40-44	00:16:29	00:50:20	01:07:46	44	00:04:23	00:19:26	01:20:38	01:58:14	02:47:54		
79	BUDZIŁO Adam	25	PTT DELTA	M45-49	00:17:37	00:54:16	01:12:40	74	00:05:39	00:18:12	01:18:35	01:56:21	02:42:10		
80	LANECKI Artur	109		M40-44	00:16:11	00:50:15	01:07:53	45	00:06:40	00:18:26	01:22:17	01:59:43	02:46:11		
81	ENGLERT Grzegorz	42	TRIATHLON KOSZALIN	M40-44	00:14:41	00:46:28	01:02:40	14	00:07:40	00:19:04	01:20:54	02:00:50	02:49:37		
82	SZELIŃSKI Adam	207	OPP	M45-49	00:18:47	00:58:26	01:18:00	118	00:04:15	00:18:36	01:19:27	01:56:06	02:41:01		
83	BŁASIAK Leszek	17		M50-54	00:15:54	00:48:48	01:05:56	34	00:05:49	00:19:48	01:22:31	01:58:57	02:48:47		
84	SWINIARSKI Jarosław	205	TRIDEA/TRI EAGLES GDYNIA	M55-59	00:19:10	01:00:31	01:21:35	142	00:04:48	00:18:38	01:17:20	01:52:54	02:37:28		
85	MRÓZ Tomasz	137	JKK JĘDRZEJÓW	M45-49	00:17:36	00:55:26	01:14:35	97	00:05:43	00:18:03	01:19:44	01:56:10	02:43:02		
86	PAWLAK Artur	159	IPA BYDGOSZCZ	M45-49	00:15:18	00:49:55	01:07:25	39	00:03:45	00:19:10	01:22:07	02:00:45	02:50:28		
87	GACKA Rafał	49	LUPUS TEAM	M40-44	00:19:51	01:03:49	01:26:22	175	00:04:14	00:17:51	01:15:34	01:50:45	02:34:19		
88	KRAWENDA Robert	99		M25-29	00:19:47	01:01:12	01:22:41	150	00:05:32	00:17:17	01:14:12	01:50:10	02:35:20		
89	KOWALEWSKI Piotr	92		M30-34	00:17:09	00:53:54	01:12:35	71	00:04:38	00:19:11	01:22:04	02:00:01	02:47:09		
90	KRZYSZTOFIK Kacper	103	TRI AKTYWNY PIOTRKÓW	M40-44	00:18:27	00:57:24	01:17:59	117	00:04:18	00:19:28	01:21:01	01:57:30	02:43:02		
91	KALIN Władysław	75		M35-39	00:16:37	00:52:45	01:12:50	79	00:06:35	00:18:44	01:18:52	01:56:46	02:44:32		
92	TYPIŃSKI Paweł	218	SOLUM TRI TEAM/PIĄTKOWO NA BIEGOWO	M25-29	00:17:21	00:56:17	01:17:06	111	00:03:19	00:18:47	01:20:35	01:57:53	02:44:27		
93	BOROWSKI Adam	21	ACTIVEXTREME	M35-39	00:18:56	01:01:10	01:23:16	154	00:06:23	00:17:30	01:16:33	01:51:44	02:36:33		
94	KLIMCZAK Marcin	85		M40-44	00:20:31	01:02:55	01:25:21	166	00:03:47	00:17:25	01:17:08	01:53:14	02:38:12		

					Swimming				Cycling				Race		
Rank	Name	Age	Team	Category	Swim	Swim	Swim	Swim	Run	Bike	Bike	Bike	Bike	Time	Score
95	SAKOWSKI Sebastian	188	LITWIN TRIATHLON TEAM	M35-39	00:20:43	01:02:40	01:23:43	157	00:07:06	00:17:42	01:17:15	01:52:35	02:36:30		
96	OSTROMĘCKI Waldemar	156		M40-44	SPORTTREND.PL	00:18:37	00:56:29	01:16:09	107	00:09:30	00:18:41	01:18:51	01:55:48	02:41:44	
97	MAJEWSKI Marek	122	KUŹNIA TRIATHLONU	M40-44	Kuźnia Triathlonu	00:18:11	00:57:26	01:17:45	115	00:05:59	00:18:33	01:18:46	01:56:17	02:42:17	
98	NIEDZIAŁKOWSKI Jan	141		M30-34		00:18:51	00:58:36	01:18:35	123	00:05:14	00:18:27	01:18:56	01:56:28	02:42:46	
99	KRASICKI Michał	98	TKKF WODNIK WIĘCBORK	M35-39	Wodnik Więcbork	00:19:04	00:58:58	01:19:37	130	00:08:12	00:17:57	01:18:25	01:54:49	02:40:02	
100	ŁUCYSZYN Robert	119		M35-39		00:16:57	00:53:37	01:12:37	72	00:07:32	00:19:06	01:21:38	01:58:59	02:47:17	
101	WIŚNIEWSKI Zbigniew	222	ROWEROWA BRZOZA	M50-54	Rowerowa Brzoza	00:19:41	01:01:03	01:22:31	148	00:08:15	00:17:50	01:17:01	01:52:51	02:38:00	
102	MAJCHRZAK Marcin	121	KLUB PŁYWACKI KOZIEGŁOWY	M35-39		00:15:49	00:48:46	01:05:00	31	00:08:26	00:19:51	01:24:37	02:04:39	02:53:40	
103	KRÓLIKOWSKI Jerzy	100		M30-34		00:17:24	00:54:23	01:13:27	85	00:08:01	00:19:19	01:22:11	02:00:10	02:47:06	
104	OLEŚ Daniel	153		M25-29		00:17:14	00:53:25	01:11:58	69	00:05:36	00:19:24	01:22:52	02:01:56	02:50:19	
105	KASZTELAN Władysław	79	TRIATHLON KOSZALIN	M35-39		00:17:49	00:55:18	01:14:28	95	00:07:17	00:19:14	01:21:11	01:59:36	02:47:43	
106	FIGEL Michał	47	MIKI TEAM	M40-44		00:18:29	00:59:12	01:20:06	135	00:06:31	00:18:48	01:20:53	01:57:50	02:43:22	
107	KWINTA Sławomir	108		M40-44		00:17:43	00:55:47	01:14:21	94	00:06:32	00:20:01	01:24:15	02:01:28	02:47:35	
108	JĘDRZEJCZYK Piotr	72		M40-44	TRI TEAM MASTERS PIASECZNO	00:19:10	00:58:43	01:18:30	120	00:06:33	00:18:52	01:20:12	01:57:38	02:44:29	
109	BINKOWSKI Adrian	240	CB163/PROFESSIONAL HR	M35-39		00:20:02	01:03:02	01:23:47	158	00:04:03	00:19:27	01:20:03	01:55:53	02:42:12	
110	STAŚKIEWICZ Maciej	201		M25-29		00:19:13	00:58:35	01:18:44	124	00:04:59	00:20:10	01:22:12	02:00:20	02:47:38	
111	BEDYK Ireneusz	12	PTT DELTA	M60-69	PTT DELTA	00:19:08	00:59:17	01:19:41	131	00:05:48	00:18:40	01:18:57	01:57:10	02:45:14	
112	ŁUSZCZEWSKI Krzysztof	120	AMCOR	M40-44		00:18:43	00:58:15	01:18:56	127	00:07:30	00:18:35	01:18:00	01:55:09	02:43:59	
113	KOCIEL Jarosław	88		M45-49		00:17:34	00:55:28	01:15:15	101	00:06:58	00:19:22	01:22:33	02:01:12	02:48:42	
114	TOMCZYŃSKI Bartosz	217		M35-39		00:19:49	01:00:35	01:22:00	145	00:04:01	00:18:21	01:19:30	01:57:08	02:45:10	
115	LUDWINIAK Bogdan	114	HURTINEX 50 PLUS	M50-54		00:18:52	00:58:30	01:19:06	128	00:05:25	00:19:28	01:21:29	01:59:07	02:47:26	
116	ŁAGOŻNY Łukasz	116	EURO24 TEAM	M35-39		00:18:00	00:56:31	01:16:07	106	00:05:10	00:19:39	01:24:15	02:02:12	02:50:01	
117	SZYDŁOWSKI Marek	209	PARKRUN POZNAŃ	M35-39		00:16:42	00:53:48	01:12:49	78	00:05:27	00:19:36	01:23:34	02:02:53	02:53:04	
118	KĄDZIELA Rafał	82	AKB LIDZBARK WARMIŃSKI	M40-44		00:19:37	01:02:43	01:25:02	164	00:08:08	00:18:23	01:19:18	01:56:17	02:41:37	
119	MICHALSKI Jakub	130	TRIATHLON KOSZALIN	M40-44		00:15:35	00:48:08	01:04:34	30	00:09:35	00:21:21	01:28:56	02:09:06	02:58:58	
120	PRZYBYLSKI Sławomir	176		M55-59		00:18:49	00:57:47	01:17:46	116	00:05:49	00:19:27	01:22:27	02:01:25	02:50:12	
121	STASIEWSKI Mariusz	200	TRISPACE	M40-44	Trispace	00:18:13	00:55:07	01:14:10	92	00:04:52	00:20:20	01:25:21	02:06:08	02:55:40	
122	MAKOWSKI Marek	126	SUPER WTP/ ABSOLUTE BIKE TEAM	M30-34		00:18:11	00:56:39	01:16:02	105	00:09:35	00:19:18	01:23:24	02:02:24	02:50:20	
123	KWIATKOWSKI Jacek	106	CMUJ MASTERS	M60-69		00:16:42	00:51:33	01:09:33	53	00:10:50	00:19:22	01:23:58	02:04:45	02:54:13	
124	STRZELECKI Piotr	202	TRIATHLON TEAM CIESIELSKI	M35-39		00:18:24	00:57:28	01:18:18	119	00:04:46	00:19:27	01:22:35	02:01:58	02:51:29	
125	DANKÓW Krzysztof	36	GT RAT	M35-39		00:18:44	00:56:12	01:15:28	102	00:09:49	00:20:02	01:23:40	02:02:32	02:50:36	
126	KUBACIK Wacław	104	COMPANIEROS	M50-54		00:21:01	01:06:00	01:29:20	183	00:13:44	00:17:37	01:14:52	01:50:35	02:35:45	
127	JAROSZUK Kamil	69	INTERSPORT	M35-39		00:19:14	00:59:57	01:20:37	136	00:05:07	00:19:34	01:24:33	02:02:59	02:51:53	
128	BUCHALIK Arkadiusz	24		M40-44		00:17:41	00:53:31	01:11:14	64	00:04:40	00:20:21	01:26:08	02:07:00	02:58:46	

				Swimming				Cycling				Race		
	NOWICKI Leszek	147		M55-59		00:19:20	01:02:51	01:25:05	165	00:04:04	00:19:10	01:23:06	02:02:30	02:49:58
130	KANDAKOU Yauheni	76	TRI.BY	M40-44		00:22:20	01:09:39	01:34:03	194	00:06:59	00:18:15	01:19:07	01:55:31	02:39:45
131	RYBKOWSKI Grzegorz	185	WTP	M45-49		00:22:31	01:11:42	01:40:05	204	00:05:24	00:17:24	01:15:04	01:51:03	02:35:15
132	BANACH Karol	9	DELIKATESY CENTRUM BOLEWICE	M35-39		00:19:36	01:00:01	01:20:56	140	00:08:14	00:19:52	01:21:01	02:00:04	02:49:58
133	PESZT Marek	162	6M	M35-39		00:18:53	00:55:22	01:13:20	83	00:07:04	00:19:08	01:24:15	02:04:53	02:54:31
134	APANASIEWICZ Bartosz	247	RUN PASJA	M35-39		00:18:47	00:58:35	01:18:34	122	00:04:18	00:19:41	01:22:34	02:02:07	02:55:02
135	DRABJEWSKI Paweł	41	TKKF WODNIK WIĘCBORK	M35-39	Wodnik Więcbork	00:20:12	01:03:47	01:26:52	177	00:11:06	00:19:12	01:19:55	01:57:35	02:44:40
136	WITKOWSKI Michał	224	CYCUCHY LAMPKI	M30-34		00:13:55	00:44:11	00:59:49	10	00:12:51	00:21:58	01:30:12	02:11:30	03:05:31
137	PLATOKHIN Borys	167		M40-44		00:18:47	01:00:59	01:23:12	153	00:05:58	00:19:42	01:25:05	02:05:10	02:54:04
138	WRONA Klaudiusz	229	ZUZIK TRI TEAM	M40-44		00:20:16	01:05:44	01:29:43	184	00:06:51	00:20:47	01:24:14	02:02:35	02:49:15
139	DOŁĘŻEK Robert	39	PAŃSTWOWA STRAŻ POŻARNA KAZIMIERZA WIELKA	M35-39		00:20:38	01:02:49	01:24:01	161	00:07:17	00:20:42	01:26:58	02:06:43	02:54:14
140	NOWAK Paweł	143	KEPNET	M50-54		00:21:39	01:04:26	01:26:49	176	00:08:22	00:19:30	01:22:39	02:01:38	02:50:07
141	KAZUBOWSKI Jacek	80	50PLUS	M50-54		00:22:36	01:09:30	01:33:28	192	00:06:02	00:19:20	01:23:03	02:00:53	02:47:52
142	KACZMARCZYK Bogdan	74	KLUB PŁYWACKI KOZIEGŁOWY	M35-39		00:18:18	00:58:20	01:19:14	129	00:10:11	00:20:24	01:27:16	02:07:27	02:56:55
143	REPKA Marek	178	LUPUS TEAM	M40-44		00:24:44	01:12:21	01:37:23	199	00:06:26	00:18:25	01:19:53	01:57:00	02:43:54
144	PRZYBYLSKI Maciej	175		M40-44		00:19:53	01:03:23	01:26:05	172	00:07:13	00:19:45	01:25:15	02:04:48	02:53:19
145	MAJKA Leszek	123	GT RAT	M50-54		00:17:44	00:56:36	01:16:53	110	00:10:26	00:22:00	01:28:36	02:09:02	02:58:59
146	FAVEEUW David	43		M40-44		00:19:15	01:00:15	01:21:47	143	00:05:44	00:20:44	01:27:34	02:09:04	02:59:13
147	FELSKI Mariusz	44	MŻS WOŁCZA MAŁA	M50-54		00:19:46	00:58:24	01:17:42	114	00:07:05	00:20:27	01:28:25	02:09:10	03:00:54
148	PAWLAK Piotr	160	PKO BANK POLSKI	M40-44	PKO Bank Polski	00:20:04	01:03:47	01:28:10	181	00:06:02	00:19:09	01:20:43	01:59:01	02:51:27
149	LASSAK Bartosz	110		M40-44		00:19:15	01:00:36	01:22:07	146	00:06:53	00:19:51	01:26:44	02:07:56	02:59:36
150	DE GROOT Jan	38	KUŹNIA TRIATHLONU	M45-49	TRI TEAM MASTERS PIASECZNO	00:18:34	00:59:00	01:19:44	132	00:06:19	00:20:58	01:25:51	02:07:40	03:01:07
151	OPOZDA Krzysztof	155	CM UMK	M50-54		00:18:58	00:58:29	01:17:34	112	00:08:37	00:20:28	01:26:52	02:09:06	03:02:36
152	GMYREK Michał	57		M35-39		00:17:06	00:53:32	01:11:47	68	00:07:21	00:20:09	01:29:01	02:11:01	03:07:50
153	ROŹNIATA Andrzej	181	KS GŁOWNO W BIEGU	M45-49	Głowno Team	00:20:54	01:05:46	01:30:11	187	00:06:41	00:19:28	01:24:29	02:05:43	02:55:46
154	GORAL Mieczysław	59	SC ULTRA	M45-49		00:19:24	01:02:47	01:25:22	167	00:08:59	00:22:10	01:25:53	02:06:19	02:59:01
155	GÓRNIOWICZ Marcin	62	MBANK	M35-39		00:21:40	01:08:21	01:33:36	193	00:06:12	00:19:04	01:24:00	02:04:09	02:53:25
156	GÓRSKI Marian	63	KRS TKKF JASTRZĄB RUDA ŚLĄSKA	M60-69		00:20:41	01:02:37	01:23:31	155	00:07:39	00:20:25	01:27:21	02:11:42	03:02:05
157	ROTMAŃSKI Piotr	179	NADRUKIREKLAMOWE.COM.PL	M35-39		00:19:43	01:00:48	01:21:49	144	00:06:27	00:20:47	01:31:05	02:13:07	03:04:08
158	GRABOWSKI Szymon	64		M30-34		00:18:51	00:58:40	01:18:47	125	00:11:54	00:21:03	01:27:44	02:08:32	03:02:39
159	OLEJNIK Bartłomiej	151	ŻYTANIA TEAM	M35-39		00:22:12	01:11:59	01:36:20	196	00:06:05	00:19:12	01:23:07	02:02:34	02:52:16
160	RUTKA Radosław	183	KTS IRONMAN	M40-44		00:19:59	01:01:07	01:22:49	151	00:08:15	00:20:54	01:30:46	02:11:05	03:02:40
161	SKIBA Włodzimierz	191	STOWARZYSZENIE TRIATHLONOWE U64 POZNAŃ	M50-54		00:19:56	01:02:17	01:23:55	160	00:06:33	00:20:37	01:28:41	02:11:25	03:03:11
162	KĘPIŃSKI Henryk	83	KB SPARTAKUS BĘŁCHATÓW	M60-69		00:21:18	01:06:22	01:31:34	188	00:05:47	00:20:38	01:28:23	02:09:14	02:58:35
163	MAKOWSKI Sławomir	125	RUN BYDGOSZCZ	M45-49		00:22:15	01:11:44	01:39:19	202	00:06:56	00:19:36	01:22:23	02:00:26	02:48:16
164	KORSAKOV Kostiantyn	91	-	M45-49		00:20:11	01:01:51	01:23:50	159	00:11:34	00:20:33	01:26:06	02:07:24	02:59:58

				Swimming				Cycling				Race			
165	ALSKI Łukasz	4		M30-34	00:21:16	01:04:55	01:26:53	178	00:07:37	00:20:08	01:27:32	02:07:22	02:58:20		
166	WÓJCIK Szymon	228		M18-24	00:20:32	01:03:35	01:25:46	169	00:07:29	00:20:53	01:29:20	02:10:13	03:02:26		
167	PLESS Wojciech	168	EKO-WIGOR	M40-44	00:20:54	01:06:04	01:29:50	185	00:06:22	00:22:25	01:28:30	02:08:26	02:58:27		
168	BŁACHOWIAK Mariusz	16	AMBIT RACING TEAM	M45-49	00:26:17	01:19:46	01:44:47	208	00:05:43	00:18:36	01:21:37	01:59:56	02:47:47		
169	GARLEWICZ Grzegorz	51		M40-44	00:20:12	01:00:48	01:22:08	147	00:08:23	00:20:42	01:27:35	02:09:25	03:03:21		
170	BRZEZINSKI Marek	23	KORUP MOTION	M45-49	00:20:38	01:04:47	01:28:42	182	00:09:50	00:19:37	01:25:39	02:06:24	02:59:20		
171	NIEMCZYK Kazimierz	142		M55-59	00:22:24	01:11:40	01:39:49	203	00:10:01	00:19:45	01:23:37	02:02:07	02:49:49		
172	MAŁKIŃSKI Józef	127	RWT W BYDGOSZCZY	M60-69	00:18:58	00:58:39	01:18:32	121	00:10:24	00:20:25	01:30:34	02:14:03	03:08:25		
173	WOŁOWSKI Lech	227		M40-44	00:20:58	01:06:02	01:29:57	186	00:07:29	00:22:13	01:29:05	02:10:20	03:01:34		
174	SITEK Witold	190		M60-69	OSW TRI TEAM	00:21:53	01:10:33	01:37:08	198	00:08:16	00:19:47	01:26:23	02:06:22	02:55:57	
175	ZIMIŃSKI Zdzisław	235		M60-69	00:18:53	00:59:24	01:20:44	138	00:09:06	00:20:13	01:28:01	02:10:52	03:06:31		
176	CZUBAK Wawrzyniec	242		M40-44	00:20:21	01:03:12	01:26:08	173	00:06:28	00:19:35	01:30:26	02:13:01	03:05:19		
177	ZEMLIK Arek	233		M30-34	00:19:41	01:02:45	01:25:57	171	00:05:44	00:20:28	01:30:59	02:12:45	03:06:49		
178	YEVSTRATYEV Yevhen	231	SPORT CLUB 'SHYPHYNA TRIATHLON TEAM'	M40-44	00:18:53	00:59:40	01:21:19	141	00:06:27	00:21:16	01:32:22	02:14:15	03:10:00		
179	KOBACKI Przemysław	86	KS GŁOWNO W BIEGU	M40-44	Głowno Team	00:18:40	00:59:02	01:19:50	133	00:07:47	00:21:31	01:33:57	02:18:10	03:13:03	
180	GAWROŃSKI Sebastian	52	PZU SPORT TEAM	M35-39	00:20:31	01:03:43	01:25:55	170	00:06:57	00:20:36	01:28:16	02:10:01	03:03:16		
181	ДРУТЬ Петр	239		M35-39	00:21:50	01:04:46	01:27:05	179	00:10:32	00:21:04	01:30:41	02:14:07	03:05:06		
182	SOLECKI Tomasz	195	GOMOLA TRANS AIRCO	M35-39	00:15:45	00:48:34	01:05:36	33	00:09:26	00:22:01	01:36:30	02:23:45	03:24:45		
183	NOWAK Sławomir	144	PZU SPORT TEAM	M50-54	00:19:30	01:03:59	01:27:22	180	00:05:10	00:20:54	01:29:46	02:12:13	03:08:47		
184	MIELCAREK Marcin	131		M35-39	00:20:29	01:02:47	01:24:43	162	00:14:26	00:20:33	01:29:38	02:11:45	03:04:09		
185	KARWOWSKI Maciej	78		M35-39	00:17:22	00:55:35	01:13:51	90	00:05:24	00:25:03	01:38:33	02:23:48	03:21:02		
186	FIDELUS Leszek	46	STOWARZYSZENIE CHRZANOWSKICH CYKLISTÓW	M45-49	00:20:33	01:04:02	01:26:18	174	00:07:40	00:20:56	01:30:08	02:15:01	03:09:52		
187	GOZDOWSKI Paweł	61		M45-49	00:25:20	01:17:54	01:45:05	210	00:09:34	00:19:34	01:26:08	02:06:29	02:55:25		
188	OGIŃSKI Artur	148		M30-34	00:19:50	01:01:20	01:20:44	137	00:06:20	00:21:01	01:32:28	02:18:05	03:18:21		
189	PAWŁOWSKI Krzysztof	161	KRUK S.A.	M30-34	00:18:56	01:01:25	01:23:42	156	00:10:17	00:22:19	01:34:25	02:18:56	03:15:43		
190	GOŁĄB Rafał	58		M30-34	00:20:24	01:10:32	01:35:58	195	00:07:39	00:19:04	01:23:40	02:03:47	03:09:12		
191	KRUK Rafał	101	WWW.BIEGAJWNIEMCZU.PL	M40-44	00:23:20	01:12:27	01:37:49	200	00:08:48	00:22:23	01:33:29	02:16:41	03:07:54		
192	PRIEBE Andrzej	173		M30-34	00:22:56	01:14:27	01:41:15	205	00:08:40	00:20:36	01:25:17	02:08:45	03:02:53		
193	BRUŻ Filip	22	MIO PIANO	M40-44	00:23:18	01:16:05	01:45:01	209	00:08:21	00:20:11	01:29:52	02:10:55	03:01:12		
194	KĘPOWICZ Kamil	84		M30-34	00:20:33	01:07:23	01:32:04	189	00:10:24	00:22:46	01:34:32	02:17:51	03:12:22		
195	ZIÓŁKOWSKI Grzegorz	236		M30-34	00:22:17	01:10:35	01:36:32	197	00:08:42	00:19:53	01:29:14	02:12:33	03:08:56		
196	KOZŁOWSKI Maciej	97	ROADBIKE.PL / SIEDLCE TRIATHLON CLUB	M25-29	00:23:37	01:16:42	01:44:28	207	00:05:55	00:21:19	01:31:46	02:14:41	03:08:05		
197	BIAŁOBŁOCKI Jacek	13	KB LECH RYPIN	M55-59	00:21:32	01:08:17	01:32:46	191	00:11:47	00:21:09	01:33:38	02:18:26	03:13:53		
198	WARCHOŁ Ryszard	219	CAŁY TWÓJ	M50-54	00:28:14	01:28:32	02:00:35	212	00:09:12	00:19:11	01:24:42	02:04:27	02:54:50		
199	JELEŃ Marcin	71		M40-44	00:23:34	01:14:59	01:41:20	206	00:12:20	00:20:31	01:33:05	02:17:29	03:11:22		
200	OLEJNICZAK Witold	150	KS MARATON OSTROW WLKP	M60-69	OSW TRI TEAM	00:24:27	01:18:04	01:47:06	211	00:09:30	00:22:40	01:37:10	02:21:01	03:15:08	
	BAREWSKI Bogdan	10		M60-69	00:23:09	01:12:58	01:38:15	201	00:10:00	00:21:37	01:34:13	02:21:16	03:24:47		

				Swimming				T1	Cycling				T2	Race	Class	
202	GARBOWSKI Tomasz	50	FEMAT	M40-44	00:20:35	01:03:31	01:25:39	168	00:05:12	00:19:48	02:42:45	03:34:52	04:25:14			
203	SPYRA Piotr	198		M50-54	00:19:46	01:02:30	01:24:52	163	00:05:49	00:18:17						
	MRELA Adrian	135		M35-39	00:22:10											
	NOWICKI Bartosz	146	TRI TEAM-INO	M25-29	00:16:44	00:52:40	01:11:05	60	00:05:29	00:19:48						

Total 205 results.