

Klasyfikacja: Mężczyźni

Punkt pomiarowy: 163,3 km

| Msc | Zawodnik | Numer | Klub | Kategoria | Drużyna | Pływanie | | | | Poz | Rower | | | | | | Bieg |
|-----|-----------------------|-------|-------------------------------------|-----------|-------------------------------------|--------------------|--------------------|-------------------|----|----------|--------------------|---------------------|----------------|---------------------|----------------------|-----------------|------|
| | | | | | | P_Borowo 0.95km | P_Borowo 2.85km | R_Borowo 3.8km | | | R_Kotomierz 9km | R_Pauliny 42.2km | R_Lidl 63km | R_Kotomierz 87km | R_Pauliny 120.2km | R_Lidl 141km | |
| 1 | CHMURA Maciej | 29 | GVT GMC LKKS GÓRNIK WAŁBRZYCH | M30-34 | | 00:11:26 | 00:35:19 | 00:47:37 | 2 | 00:01:58 | 00:14:45 | 01:05:35 | 01:36:38 | 02:13:18 | 03:05:13 | 03:37:04 | |
| 2 | LUFT Mikołaj | 115 | LUFT TRI TEAM | M30-34 | | 00:11:28 | 00:36:04 | 00:49:09 | 3 | 00:02:03 | 00:14:57 | 01:04:46 | 01:35:19 | 02:12:24 | 03:03:37 | 03:35:26 | |
| 3 | NAJMOWICZ Sebastian | 140 | NAJMOWICZ TRIATHLON/ TEAM POLAND | M25-29 | | 00:11:27 | 00:34:59 | 00:46:56 | 1 | 00:03:14 | 00:16:02 | 01:08:39 | 01:40:22 | 02:18:31 | 03:10:13 | 03:41:38 | |
| 4 | AUGUSTYNIAK Krzysztof | 1 | MKS PLETVAL POLKOWICE | M35-39 | | 00:12:03 | 00:37:50 | 00:50:56 | 4 | 00:02:57 | 00:15:57 | 01:08:00 | 01:38:57 | 02:16:37 | 03:08:03 | 03:39:05 | |
| 5 | BIELECKI Jakub | 14 | NEON TEAM | M30-34 | NEON Team | 00:13:31 | 00:42:02 | 00:56:21 | 7 | 00:03:21 | 00:16:11 | 01:07:11 | 01:39:52 | 02:18:41 | 03:10:46 | 03:42:47 | |
| 6 | SPAŁENIAK Tomasz | 197 | ENDURE TEAM | M25-29 | ENDURE TEAM | 00:13:26 | 00:42:08 | 00:57:04 | 9 | 00:02:56 | 00:15:48 | 01:07:52 | 01:39:12 | 02:17:31 | 03:08:53 | 03:42:32 | |
| 7 | JARECKI Grzegorz | 68 | TRUSO ELBLĄG / TEAMKARAS | M18-24 | | 00:15:14 | 00:47:00 | 01:03:15 | 18 | 00:03:30 | 00:15:47 | 01:08:01 | 01:39:27 | 02:18:04 | 03:09:35 | 03:41:24 | |
| 8 | RÓŻAŁSKI Piotr | 182 | FOLWARK KADYNY HOTEL TRIATHLON TEAM | M35-39 | Kadyny Folwark Hotel Triathlon Team | 00:13:24 | 00:41:48 | 00:56:24 | 8 | 00:02:50 | 00:16:40 | 01:11:02 | 01:43:52 | 02:24:03 | 03:18:34 | 03:52:14 | |
| 9 | KOWALCZYK Marek | 2 | ROWEROWA BRZOZA | M35-39 | Rowerowa Brzoza | 00:15:09 | 00:47:10 | 01:04:02 | 28 | 00:02:31 | 00:16:03 | 01:09:28 | 01:41:59 | 02:21:35 | 03:15:27 | 03:48:38 | |
| 10 | JACKOWIAK Piotr | 67 | | M30-34 | | 00:13:27 | 00:41:23 | 00:55:49 | 6 | 00:03:06 | 00:16:56 | 01:10:50 | 01:43:32 | 02:24:17 | 03:20:07 | 03:54:27 | |
| 11 | MROCZEK Marcin | 136 | NEON TEAM | M40-44 | NEON Team | 00:13:12 | 00:40:57 | 00:55:14 | 5 | 00:02:41 | 00:16:42 | 01:11:35 | 01:44:35 | 02:25:20 | 03:20:58 | 03:55:32 | |
| 12 | GAŚSIOROWSKI Daniel | 53 | T R IGĄSEK | M35-39 | | 00:13:48 | 00:43:51 | 01:00:51 | 12 | 00:03:32 | 00:16:47 | 01:11:17 | 01:43:49 | 02:23:47 | 03:17:41 | 03:51:34 | |
| 13 | CZAJA Jakub | 34 | AKTYWNA DIETA | M35-39 | | 00:16:30 | 00:50:19 | 01:07:25 | 40 | 00:03:40 | 00:16:07 | 01:09:13 | 01:41:49 | 02:22:19 | 03:15:50 | 03:47:43 | |
| 14 | JURKIEWICZ Mariusz | 73 | TO TYLKO TRIATHLON TEAM | M35-39 | To Tylko Triathlon | 00:16:14 | 00:50:16 | 01:07:41 | 43 | 00:03:26 | 00:16:37 | 01:10:07 | 01:43:09 | 02:23:52 | 03:18:08 | 03:51:06 | |
| 15 | LEMKE Krzysztof | 111 | GDYŃSKI TRIATHLON | M40-44 | | 00:15:51 | 00:49:01 | 01:06:07 | 36 | 00:02:33 | 00:16:19 | 01:09:49 | 01:42:24 | 02:23:02 | 03:17:46 | 03:51:52 | |
| 16 | SOBCZAK Marcin | 193 | ENDURE TEAM | M45-49 | ENDURE TEAM | 00:15:08 | 00:47:01 | 01:03:25 | 22 | 00:03:40 | 00:17:09 | 01:12:50 | 01:46:46 | 02:28:02 | 03:24:41 | 03:58:53 | |
| 17 | ANDRZEJEWSKI Lukasz | 6 | TRI TEAM KOZAL | M40-44 | | 00:15:12 | 00:47:05 | 01:03:23 | 21 | 00:05:16 | 00:17:15 | 01:12:46 | 01:46:53 | 02:30:09 | 03:27:30 | 04:00:57 | |
| 18 | BOREK Mateusz | 19 | YMCA TRIATHLON KRAKOW | M30-34 | | 00:14:55 | 00:46:45 | 01:03:12 | 16 | 00:03:27 | 00:17:38 | 01:12:15 | 01:46:29 | 02:27:52 | 03:24:29 | 03:59:43 | |
| 19 | BOROWIAK Rafał | 20 | JOKS TEAM | M30-34 | | 00:14:15 | 00:44:56 | 01:00:25 | 11 | 00:02:32 | 00:17:29 | 01:13:16 | 01:47:21 | 02:29:16 | 03:27:52 | 04:04:11 | |
| 20 | STARON Piotr | 199 | | M35-39 | | 00:15:15 | 00:47:07 | 01:03:25 | 23 | 00:04:17 | 00:17:14 | 01:13:49 | 01:48:39 | 02:30:27 | 03:27:10 | 04:01:46 | |
| 21 | EJSMONT Krzysztof | 245 | SZKOŁA JĘZYKOWA HELLO/TRISPACE | M40-44 | Trispace | 00:16:05 | 00:50:19 | 01:07:40 | 42 | 00:03:11 | 00:16:33 | 01:11:44 | 01:45:28 | 02:27:13 | 03:24:35 | 03:58:40 | |
| 22 | PRZEŹDZIĘK Adam | 174 | T2 TRIATHLON TEAM | M30-34 | | 00:15:00 | 00:47:02 | 01:03:51 | 26 | 00:03:07 | 00:17:17 | 01:13:51 | 01:48:11 | 02:31:52 | 03:31:18 | 04:06:11 | |
| 23 | CHABASIŃSKI Rafał | 28 | RA-V | M40-44 | | 00:17:05 | 00:52:27 | 01:11:01 | 59 | 00:03:33 | 00:16:54 | 01:12:20 | 01:46:06 | 02:28:13 | 03:25:42 | 04:00:06 | |
| 24 | BASIŃSKI Marcin | 11 | NORTHANS TRI | M30-34 | | 00:17:17 | 00:53:23 | 01:11:36 | 67 | 00:05:03 | 00:17:10 | 01:13:14 | 01:47:29 | 02:29:37 | 03:25:51 | 03:59:39 | |
| 25 | JARZEMBOWICZ Maciej | 70 | TRINERGY TEAM | M35-39 | | 00:15:56 | 00:50:59 | 01:09:05 | 49 | 00:02:26 | 00:16:52 | 01:13:47 | 01:49:11 | 02:33:12 | 03:31:04 | 04:05:00 | |
| 26 | MOSSOCZY Zbigniew | 241 | MAGAZYN TRIATHLON | M40-44 | | 00:17:01 | 00:53:48 | 01:12:39 | 73 | 00:03:49 | 00:16:19 | 01:10:58 | 01:44:48 | 02:27:20 | 03:25:33 | 03:59:49 | |
| 27 | LESZCZEWICZ Waldemar | 112 | KUŹNIA TRIATHLONU | M40-44 | Kuźnia Triathlonu | 00:14:43 | 00:46:53 | 01:03:14 | 17 | 00:03:27 | 00:17:59 | 01:16:08 | 01:51:23 | 02:35:40 | 03:34:29 | 04:10:02 | |
| 28 | CIESZYŃSKI Jacek | 32 | ROWEROWA BRZOZA | M50-54 | Rowerowa Brzoza | 00:16:13 | 00:51:20 | 01:09:19 | 51 | 00:04:03 | 00:17:31 | 01:14:50 | 01:49:18 | 02:32:04 | 03:30:39 | 04:05:13 | |

| | | | | Pływanie | | | | Rower | | | | Bieg | | | | |
|------|-------------------------|-----|--|----------|--|----------|----------|-----------------|-----|----------|----------|----------|----------|----------|----------|----------|
| Rank | Name | Age | Team | Start | End | Time | Rank | Start | End | Time | Rank | Start | End | Time | | |
| 29 | ZAKRZEWSKI Maciej | 244 | | M40-44 | | 00:15:07 | 00:47:07 | 01:04:04 | 29 | 00:03:06 | 00:17:06 | 01:13:35 | 01:48:20 | 02:31:42 | 03:32:33 | 04:09:56 |
| 30 | WASILEWSKI Krzysztof | 220 | | M35-39 | | 00:15:11 | 00:46:50 | 01:02:52 | 15 | 00:05:00 | 00:17:09 | 01:15:16 | 01:51:10 | 02:35:38 | 03:34:41 | 04:10:09 |
| 31 | ZIELIŃSKI Nicolas | 234 | OLIMPIASPORT.PL / TO TYLKO TRIATHLON | M18-24 | To Tylko Triathlon | 00:14:55 | 00:46:57 | 01:03:29 | 25 | 00:04:16 | 00:17:18 | 01:14:48 | 01:50:07 | 02:34:34 | 03:34:22 | 04:09:49 |
| 32 | HAWROT Sylwester | 65 | NTS NEXELO JF DUET | M45-49 | | 00:15:39 | 00:47:07 | 01:03:22 | 20 | 00:04:26 | 00:18:52 | 01:16:02 | 01:51:02 | 02:35:05 | 03:34:12 | 04:09:35 |
| 33 | TARCZEWSKI Tomasz | 216 | TARCZA TRIATHLON TEAM | M35-39 | | 00:14:32 | 00:45:48 | 01:02:07 | 13 | 00:03:29 | 00:17:45 | 01:15:50 | 01:51:01 | 02:34:43 | 03:35:16 | 04:12:21 |
| 34 | KOWALKOWSKI Piotr | 93 | 7 LO BYDGOSZCZ | M35-39 | | 00:15:49 | 00:51:18 | 01:09:08 | 50 | 00:05:04 | 00:17:18 | 01:14:01 | 01:48:30 | 02:31:27 | 03:30:30 | 04:06:15 |
| 35 | BOGACZ Mariusz | 18 | K.S. ZRYW RADZIEJÓW | M35-39 | | 00:15:16 | 00:47:04 | 01:03:27 | 24 | 00:04:21 | 00:18:15 | 01:17:36 | 01:53:33 | 02:40:22 | 03:39:16 | 04:14:22 |
| 36 | KOŁODZIEJ Sebastian | 89 | LABOSPORT | M35-39 | | 00:16:38 | 00:51:17 | 01:08:45 | 47 | 00:04:03 | 00:18:10 | 01:15:27 | 01:50:19 | 02:33:51 | 03:33:30 | 04:10:09 |
| 37 | GŁOWSKI Dariusz | 56 | ACITVE MALBORK | M30-34 | | 00:16:58 | 00:52:38 | 01:11:08 | 62 | 00:03:52 | 00:17:52 | 01:15:25 | 01:50:17 | 02:33:18 | 03:32:17 | 04:08:24 |
| 38 | ŚLESICKI Rafał | 211 | OSTRE TEAM | M30-34 | | 00:17:09 | 00:54:19 | 01:13:37 | 87 | 00:04:22 | 00:16:54 | 01:13:17 | 01:48:01 | 02:31:23 | 03:30:31 | 04:05:50 |
| 39 | BANACH Marcin | 8 | 3GRAVITY | M30-34 | 3Gravity | 00:17:14 | 00:52:53 | 01:11:06 | 61 | 00:03:16 | 00:17:32 | 01:17:30 | 01:53:12 | 02:36:46 | 03:36:26 | 04:11:10 |
| 40 | PIOSIK Emil | 165 | VELOCITY WARSZTAT TRENINGU / TRIATHLONISTA.COM | M25-29 | Velocity Warsztat Treningu / Triathlonista.com | 00:16:47 | 00:51:57 | 01:09:38 | 55 | 00:04:11 | 00:17:30 | 01:15:45 | 01:51:12 | 02:34:46 | 03:34:37 | 04:10:58 |
| 41 | KITA Tomasz | 243 | | M35-39 | | 00:14:57 | 00:46:47 | 01:03:20 | 19 | 00:02:58 | 00:20:18 | 01:20:45 | 01:56:25 | 02:39:52 | 03:42:10 | 04:18:32 |
| 42 | SŁOWIŃSKI Damian | 192 | UKS CITYZEN_BE3 | M35-39 | | 00:19:06 | 00:57:32 | 01:17:42 | 113 | 00:06:09 | 00:17:17 | 01:12:37 | 01:46:53 | 02:28:27 | 03:26:37 | 04:01:47 |
| 43 | CHORAŹIAK Witold | 30 | | M50-54 | | 00:16:48 | 00:52:29 | 01:11:15 | 65 | 00:03:21 | 00:18:07 | 01:15:43 | 01:50:59 | 02:35:32 | 03:35:11 | 04:10:21 |
| 44 | ANDRZEJCZYK Sebastian | 5 | NEON TEAM | M40-44 | NEON Team | 00:15:42 | 00:48:28 | 01:05:07 | 32 | 00:04:05 | 00:17:42 | 01:16:47 | 01:52:59 | 02:38:26 | 03:39:05 | 04:15:41 |
| 45 | DESSELBERGER Andrzej | 37 | TRI WŁOCLAWEK | M45-49 | | 00:17:56 | 00:55:00 | 01:14:10 | 93 | 00:04:21 | 00:18:02 | 01:16:03 | 01:51:03 | 02:34:32 | 03:32:39 | 04:07:46 |
| 46 | ŻABA Marek | 237 | MAGNETI MARELLI TRIATHLON X-TEAM | M30-34 | | 00:16:52 | 00:54:26 | 01:13:37 | 88 | 00:04:45 | 00:17:41 | 01:15:47 | 01:51:17 | 02:35:13 | 03:35:21 | 04:11:28 |
| 47 | MĄDRY Marcin | 129 | STARTMETABANIA | M30-34 | | 00:17:34 | 00:55:24 | 01:14:34 | 96 | 00:04:12 | 00:17:39 | 01:15:52 | 01:50:54 | 02:34:33 | 03:35:02 | 04:10:53 |
| 48 | KOZŁOWSKI Wojtek | 96 | K.T.O. Z KRAKOWA | M45-49 | K.T.O. z Krakowa | 00:17:29 | 00:53:16 | 01:11:13 | 63 | 00:06:26 | 00:18:12 | 01:16:48 | 01:52:17 | 02:35:42 | 03:36:07 | 04:12:12 |
| 49 | FOREMSKI Sławomir | 48 | TORUŃSKI KLUB TRIATHLONOWY | M45-49 | | 00:18:04 | 00:55:58 | 01:15:37 | 104 | 00:04:22 | 00:17:56 | 01:14:58 | 01:49:33 | 02:32:49 | 03:32:11 | 04:09:47 |
| 50 | KONIAIEV Volodymyr | 90 | RUN BYDGOSZCZ | M30-34 | | 00:16:34 | 00:51:41 | 01:09:34 | 54 | 00:04:04 | 00:17:58 | 01:16:58 | 01:53:04 | 02:38:18 | 03:39:58 | 04:17:16 |
| 51 | CICHECKI Arkadiusz | 31 | CELIRONMAN | M55-59 | | 00:15:25 | 00:48:31 | 01:06:06 | 35 | 00:03:55 | 00:18:52 | 01:20:13 | 01:57:22 | 02:42:16 | 03:44:12 | 04:22:02 |
| 52 | ŁĄTKOWSKI Sławomir | 118 | ORKAMASTERS IŁAWA | M40-44 | OrkaMasters Iława | 00:15:46 | 00:50:55 | 01:09:28 | 52 | 00:06:40 | 00:17:31 | 01:16:19 | 01:52:03 | 02:36:47 | 03:37:56 | 04:15:44 |
| 53 | WOJCIECHOWSKI Sylwester | 225 | | M50-54 | | 00:19:40 | 01:00:09 | 01:20:55 | 139 | 00:05:20 | 00:17:25 | 01:15:00 | 01:50:46 | 02:34:00 | 03:32:44 | 04:09:05 |
| 54 | GOŚCINIAK Michał | 60 | 3GRAVITY | M30-34 | 3Gravity | 00:16:44 | 00:55:15 | 01:15:02 | 98 | 00:05:54 | 00:18:15 | 01:19:07 | 01:55:36 | 02:39:21 | 03:38:06 | 04:13:46 |
| 55 | KARAŚ Michał | 77 | OLEŚNICKA GRUPA TRIATHLONOWA | M30-34 | | 00:18:03 | 00:55:04 | 01:13:22 | 84 | 00:05:33 | 00:17:56 | 01:17:13 | 01:53:07 | 02:37:07 | 03:37:31 | 04:14:28 |
| 56 | CON Lesław | 33 | | M50-54 | | 00:16:34 | 00:51:39 | 01:09:46 | 57 | 00:04:53 | 00:18:48 | 01:17:03 | 01:52:46 | 02:37:26 | 03:39:45 | 04:18:10 |
| 57 | MARKIEWICZ Damian | 128 | K.T.O. Z KRAKOWA | M35-39 | K.T.O. z Krakowa | 00:18:21 | 00:55:49 | 01:15:08 | 99 | 00:05:32 | 00:17:20 | 01:16:33 | 01:52:18 | 02:37:14 | 03:37:30 | 04:14:14 |
| 58 | PIEGDOŃ Piotr | 163 | LITWIN TRIATLON TEAM | M35-39 | | 00:15:50 | 00:47:48 | 01:03:57 | 27 | 00:09:08 | 00:19:23 | 01:21:15 | 01:57:09 | 02:43:20 | 03:45:11 | 04:21:51 |
| 59 | SUPERSON Wojtek | 204 | K.T.O. Z KRAKOWA | M45-49 | K.T.O. z Krakowa | 00:16:01 | 00:50:01 | 01:07:33 | 41 | 00:04:00 | 00:19:26 | 01:19:34 | 01:56:04 | 02:40:47 | 03:43:20 | 04:22:46 |
| 60 | BIENIEK Patryk | 15 | POSNANIA | M35-39 | | 00:16:59 | 00:52:48 | 01:11:22 | 66 | 00:04:57 | 00:18:21 | 01:17:23 | 01:53:26 | 02:37:18 | 03:40:22 | 04:18:52 |
| 61 | LÓPEZ MENDIZABAL Ramón | 113 | | M40-44 | | 00:16:43 | 00:51:16 | 01:09:04 | 48 | 00:06:19 | 00:18:50 | 01:19:02 | 01:54:19 | 02:40:03 | 03:42:51 | 04:19:51 |
| 62 | SZYMKOWIAK Norbert | 210 | | M18-24 | | 00:18:05 | 00:55:37 | 01:15:30 | 103 | 00:04:58 | 00:18:07 | 01:16:19 | 01:51:47 | 02:36:35 | 03:37:50 | 04:15:27 |
| 63 | KOWALSKI Darek | 95 | ZBZ ZŁOTÓW | M45-49 | | 00:17:43 | 00:56:14 | 01:16:12 | 108 | 00:05:20 | 00:18:18 | 01:18:26 | 01:54:37 | 02:38:50 | 03:39:04 | 04:16:16 |

| | | | | | Pływanie | | | | T1 | Rower | | | | | Bieg | |
|-----|----------------------------|------------|------------------------------------|--------|--|----------|-----------------|-----------------|----------|----------|----------|----------|----------|----------|----------|----------|
| 64 | MAJKOWSKI Michał | 124 | TRISPECT | M40-44 | 00:18:44 | 00:56:15 | 01:15:09 | 100 | 00:04:14 | 00:17:56 | 01:15:49 | 01:51:34 | 02:35:56 | 03:38:18 | 04:18:03 | |
| 65 | ŚWIERCZYŃSKI Marcin | 214 | TO TYLKO TRIATHLON ATHLETICOMED | M30-34 | To Tylko Triathlon | 00:18:06 | 00:56:40 | 01:16:21 | 109 | 00:03:58 | 00:18:06 | 01:18:06 | 01:54:26 | 02:39:10 | 03:39:46 | 04:17:12 |
| 66 | ZDROJEWSKI Grzegorz | 232 | CZERNIEJEWOBIEGA | M45-49 | | 00:17:35 | 00:52:55 | 01:10:51 | 58 | 00:05:05 | 00:18:25 | 01:18:36 | 01:53:54 | 02:38:27 | 03:41:23 | 04:20:11 |
| 67 | SACHS Karol | 186 | AIRBIKE.PL | M35-39 | | 00:17:37 | 00:53:53 | 01:12:49 | 77 | 00:04:36 | 00:17:37 | 01:17:43 | 01:54:43 | 02:40:24 | 03:42:34 | 04:20:49 |
| 68 | ADAMIK Wiktor | 3 | | M45-49 | | 00:16:38 | 00:51:40 | 01:09:45 | 56 | 00:03:25 | 00:18:50 | 01:18:45 | 01:55:23 | 02:41:39 | 03:44:49 | 04:22:56 |
| 69 | SZELIŃSKI Adam | 207 | OPP | M45-49 | | 00:18:47 | 00:58:26 | 01:18:00 | 118 | 00:04:15 | 00:18:36 | 01:19:27 | 01:56:06 | 02:41:01 | 03:40:43 | 04:17:25 |
| 70 | MYŚLAK Piotr | 139 | TRIATHLONISTA.COM / OWOCBIEGA | M25-29 | Velocity Warsztat Treningu / Triathlonista.com | 00:17:42 | 00:54:42 | 01:13:46 | 89 | 00:04:32 | 00:18:11 | 01:18:41 | 01:55:09 | 02:39:43 | 03:41:47 | 04:21:05 |
| 71 | GACKA Rafał | 49 | LUPUS TEAM | M40-44 | | 00:19:51 | 01:03:49 | 01:26:22 | 175 | 00:04:14 | 00:17:51 | 01:15:34 | 01:50:45 | 02:34:19 | 03:34:22 | 04:11:27 |
| 72 | PILCH Artur | 164 | PIANIŚCI GÓRĄ | M35-39 | | 00:17:17 | 00:54:16 | 01:12:59 | 82 | 00:06:25 | 00:18:52 | 01:18:56 | 01:55:57 | 02:40:56 | 03:43:23 | 04:21:35 |
| 73 | SWINIARSKI Jarosław | 205 | TRIDEA/TRI EAGLES GDYNIA | M55-59 | | 00:19:10 | 01:00:31 | 01:21:35 | 142 | 00:04:48 | 00:18:38 | 01:17:20 | 01:52:54 | 02:37:28 | 03:38:00 | 04:15:49 |
| 74 | KRAWENDA Robert | 99 | | M25-29 | | 00:19:47 | 01:01:12 | 01:22:41 | 150 | 00:05:32 | 00:17:17 | 01:14:12 | 01:50:10 | 02:35:20 | 03:37:53 | 04:15:00 |
| 75 | OLEK Jakub | 152 | TRIATHLON KALISZ | M30-34 | | 00:16:04 | 00:49:03 | 01:06:11 | 37 | 00:05:41 | 00:19:13 | 01:20:25 | 01:57:51 | 02:44:25 | 03:48:58 | 04:29:40 |
| 76 | WIŚNIEWSKI Zbigniew | 222 | ROWEROWA BRZOZA | M50-54 | Rowerowa Brzoza | 00:19:41 | 01:01:03 | 01:22:31 | 148 | 00:08:15 | 00:17:50 | 01:17:01 | 01:52:51 | 02:38:00 | 03:38:58 | 04:14:33 |
| 77 | SZAREK Michał | 206 | | M30-34 | | 00:16:55 | 00:54:17 | 01:12:59 | 81 | 00:05:34 | 00:17:57 | 01:16:57 | 01:53:58 | 02:40:44 | 03:45:22 | 04:23:35 |
| 78 | SAKOWSKI Sebastian | 188 | LITWIN TRIATHLON TEAM | M35-39 | | 00:20:43 | 01:02:40 | 01:23:43 | 157 | 00:07:06 | 00:17:42 | 01:17:15 | 01:52:35 | 02:36:30 | 03:36:25 | 04:14:40 |
| 79 | KLIMCZAK Marcin | 85 | | M40-44 | | 00:20:31 | 01:02:55 | 01:25:21 | 166 | 00:03:47 | 00:17:25 | 01:17:08 | 01:53:14 | 02:38:12 | 03:38:52 | 04:16:12 |
| 80 | MSTOWSKI Maciej | 138 | KSR OMEGA BĘDZIN | M40-44 | | 00:18:16 | 00:54:50 | 01:12:50 | 80 | 00:05:44 | 00:17:32 | 01:15:36 | 01:51:04 | 02:39:35 | 03:45:31 | 04:23:36 |
| 81 | KRZYSZTOFIK Kacper | 103 | TRI AKTYWNY PIOTRKÓW | M40-44 | | 00:18:27 | 00:57:24 | 01:17:59 | 117 | 00:04:18 | 00:19:28 | 01:21:01 | 01:57:30 | 02:43:02 | 03:46:04 | 04:23:17 |
| 82 | MRÓZ Tomasz | 137 | JKK JĘDRZEJÓW | M45-49 | | 00:17:36 | 00:55:26 | 01:14:35 | 97 | 00:05:43 | 00:18:03 | 01:19:44 | 01:56:10 | 02:43:02 | 03:46:17 | 04:25:26 |
| 83 | LANECKI Artur | 109 | | M40-44 | | 00:16:11 | 00:50:15 | 01:07:53 | 45 | 00:06:40 | 00:18:26 | 01:22:17 | 01:59:43 | 02:46:11 | 03:52:03 | 04:31:29 |
| 84 | BUDZIŁO Adam | 25 | PTT DELTA | M45-49 | PTT DELTA | 00:17:37 | 00:54:16 | 01:12:40 | 74 | 00:05:39 | 00:18:12 | 01:18:35 | 01:56:21 | 02:42:10 | 03:47:04 | 04:27:13 |
| 85 | BOROWSKI Adam | 21 | ACTIVEXTREME | M35-39 | | 00:18:56 | 01:01:10 | 01:23:16 | 154 | 00:06:23 | 00:17:30 | 01:16:33 | 01:51:44 | 02:36:33 | 03:38:28 | 04:17:47 |
| 86 | OSTROMĘCKI Waldemar | 156 | | M40-44 | SPORTTREND.PL | 00:18:37 | 00:56:29 | 01:16:09 | 107 | 00:09:30 | 00:18:41 | 01:18:51 | 01:55:48 | 02:41:44 | 03:43:31 | 04:21:56 |
| 87 | TYPIŃSKI Paweł | 218 | SOLUM TRI TEAM/PIĄTKOWO NA BIEGOWO | M25-29 | | 00:17:21 | 00:56:17 | 01:17:06 | 111 | 00:03:19 | 00:18:47 | 01:20:35 | 01:57:53 | 02:44:27 | 03:48:43 | 04:27:30 |
| 88 | KOWALEWSKI Piotr | 92 | | M30-34 | | 00:17:09 | 00:53:54 | 01:12:35 | 71 | 00:04:38 | 00:19:11 | 01:22:04 | 02:00:01 | 02:47:09 | 03:51:18 | 04:30:14 |
| 89 | BUŁECZKA Paweł | 26 | GATTA BIKE TEAM | M30-34 | | 00:17:40 | 00:53:38 | 01:12:18 | 70 | 00:03:34 | 00:16:43 | 01:09:15 | 01:45:20 | 02:35:50 | 03:48:33 | 04:30:35 |
| 90 | MAJEWSKI Marek | 122 | KUŹNIA TRIATHLONU | M40-44 | Kuźnia Triathlonu | 00:18:11 | 00:57:26 | 01:17:45 | 115 | 00:05:59 | 00:18:33 | 01:18:46 | 01:56:17 | 02:42:17 | 03:46:17 | 04:25:20 |
| 91 | KALIN Władysław | 75 | | M35-39 | | 00:16:37 | 00:52:45 | 01:12:50 | 79 | 00:06:35 | 00:18:44 | 01:18:52 | 01:56:46 | 02:44:32 | 03:49:20 | 04:28:52 |
| 92 | MIEZIANKO Krzysztof | 132 | | M35-39 | | 00:16:09 | 00:50:57 | 01:08:40 | 46 | 00:05:30 | 00:18:04 | 01:17:57 | 01:55:36 | 02:42:33 | 03:49:43 | 04:32:28 |
| 93 | KRÓLIKOWSKI Jerzy | 100 | | M30-34 | | 00:17:24 | 00:54:23 | 01:13:27 | 85 | 00:08:01 | 00:19:19 | 01:22:11 | 02:00:10 | 02:47:06 | 03:50:33 | 04:29:00 |
| 94 | FELUSIAK Adam | 45 | | M40-44 | | 00:16:29 | 00:50:20 | 01:07:46 | 44 | 00:04:23 | 00:19:26 | 01:20:38 | 01:58:14 | 02:47:54 | 03:53:16 | 04:35:23 |
| 95 | KRASICKI Michał | 98 | TKKF WODNIK WIĘCIBORK | M35-39 | Wodnik Więcibork | 00:19:04 | 00:58:58 | 01:19:37 | 130 | 00:08:12 | 00:17:57 | 01:18:25 | 01:54:49 | 02:40:02 | 03:43:06 | 04:22:38 |
| 96 | BŁASIAK Leszek | 17 | | M50-54 | | 00:15:54 | 00:48:48 | 01:05:56 | 34 | 00:05:49 | 00:19:48 | 01:22:31 | 01:58:57 | 02:48:47 | 03:57:22 | 04:37:57 |
| 97 | KWINTA Sławomir | 108 | | M40-44 | | 00:17:43 | 00:55:47 | 01:14:21 | 94 | 00:06:32 | 00:20:01 | 01:24:15 | 02:01:28 | 02:47:35 | 03:52:48 | 04:31:12 |
| 98 | ENGLERT Grzegorz | 42 | TRIATHLON KOSZALIN | M40-44 | | 00:14:41 | 00:46:28 | 01:02:40 | 14 | 00:07:40 | 00:19:04 | 01:20:54 | 02:00:50 | 02:49:37 | 03:56:29 | 04:39:36 |
| 99 | MAJCHRZAK Marcin | 121 | KLUB PŁYWACKI KOZIEGŁOWY | M35-39 | | 00:15:49 | 00:48:46 | 01:05:00 | 31 | 00:08:26 | 00:19:51 | 01:24:37 | 02:04:39 | 02:53:40 | 03:59:23 | 04:38:47 |
| 100 | PAWLAK Artur | 159 | IPA BYDGOSZCZ | M45-49 | | 00:15:18 | 00:49:55 | 01:07:25 | 39 | 00:03:45 | 00:19:10 | 01:22:07 | 02:00:45 | 02:50:28 | 03:57:32 | 04:38:38 |
| 101 | KASZTELAN Władysław | 79 | TRIATHLON KOSZALIN | M35-39 | | 00:17:49 | 00:55:18 | 01:14:28 | 95 | 00:07:17 | 00:19:14 | 01:21:11 | 01:59:36 | 02:47:43 | 03:51:01 | 04:29:44 |
| 102 | TADZIK Wojciech | 215 | TECHNIKA ZWYCIĘSTWA | M25-29 | TECHNIKA ZWYCIĘSTWA | 00:15:47 | 00:49:43 | 01:07:11 | 38 | 00:04:40 | 00:19:19 | 01:21:09 | 01:58:28 | 02:47:32 | 03:53:20 | 04:38:17 |
| 103 | OLEŚ Daniel | 153 | | M25-29 | | 00:17:14 | 00:53:25 | 01:11:58 | 69 | 00:05:36 | 00:19:24 | 01:22:52 | 02:01:56 | 02:50:19 | 03:55:33 | 04:35:24 |

| | | | | | Pływanie | | | | T1 | Rower | | | | | | Bieg |
|-----|------------------------------|------------|---|--------|----------|----------|-----------------|-----|----------|----------|----------|----------|----------|----------|----------|----------------------------|
| 104 | KRZYSTOLIK Adam | 102 | FIFAN.PL/BODYDRY | M40-44 | 00:17:21 | 00:54:15 | 01:13:30 | 86 | 00:03:15 | 00:19:25 | 01:20:19 | 01:57:04 | 02:43:16 | 03:52:49 | 04:35:55 | |
| 105 | NIEDZIAŁKOWSKI Jan | 141 | | M30-34 | 00:18:51 | 00:58:36 | 01:18:35 | 123 | 00:05:14 | 00:18:27 | 01:18:56 | 01:56:28 | 02:42:46 | 03:48:11 | 04:29:18 | |
| 106 | KUBACIK Wacław | 104 | COMPANIEROS | M50-54 | 00:21:01 | 01:06:00 | 01:29:20 | 183 | 00:13:44 | 00:17:37 | 01:14:52 | 01:50:35 | 02:35:45 | 03:37:00 | 04:13:50 | |
| 107 | ŁUCYSZYN Robert | 119 | | M35-39 | 00:16:57 | 00:53:37 | 01:12:37 | 72 | 00:07:32 | 00:19:06 | 01:21:38 | 01:58:59 | 02:47:17 | 03:52:19 | 04:34:26 | |
| 108 | FIGEL Michał | 47 | MIKI TEAM | M40-44 | 00:18:29 | 00:59:12 | 01:20:06 | 135 | 00:06:31 | 00:18:48 | 01:20:53 | 01:57:50 | 02:43:22 | 03:46:25 | 04:26:50 | |
| 109 | JĘDRZEJCZYK Piotr | 72 | | M40-44 | 00:19:10 | 00:58:43 | 01:18:30 | 120 | 00:06:33 | 00:18:52 | 01:20:12 | 01:57:38 | 02:44:29 | 03:49:22 | 04:29:57 | TRI TEAM MASTERS PIASECZNO |
| 110 | STAŚKIEWICZ Maciej | 201 | | M25-29 | 00:19:13 | 00:58:35 | 01:18:44 | 124 | 00:04:59 | 00:20:10 | 01:22:12 | 02:00:20 | 02:47:38 | 03:51:49 | 04:32:35 | |
| 111 | KĄDZIELA Rafał | 82 | AKB LIDZBARK WARMIŃSKI | M40-44 | 00:19:37 | 01:02:43 | 01:25:02 | 164 | 00:08:08 | 00:18:23 | 01:19:18 | 01:56:17 | 02:41:37 | 03:44:10 | 04:23:15 | |
| 112 | KANDAKOU Yauheni | 76 | TRI.BY | M40-44 | 00:22:20 | 01:09:39 | 01:34:03 | 194 | 00:06:59 | 00:18:15 | 01:19:07 | 01:55:31 | 02:39:45 | 03:41:08 | 04:18:08 | |
| 113 | LUDWINIAK Bogdan | 114 | HURTINEX 50 PLUS | M50-54 | 00:18:52 | 00:58:30 | 01:19:06 | 128 | 00:05:25 | 00:19:28 | 01:21:29 | 01:59:07 | 02:47:26 | 03:52:48 | 04:32:29 | |
| 114 | RYBKOWSKI Grzegorz | 185 | WTP | M45-49 | 00:22:31 | 01:11:42 | 01:40:05 | 204 | 00:05:24 | 00:17:24 | 01:15:04 | 01:51:03 | 02:35:15 | 03:36:38 | 04:14:23 | |
| 115 | BEDYK Ireneusz | 12 | PTT DELTA | M60-69 | 00:19:08 | 00:59:17 | 01:19:41 | 131 | 00:05:48 | 00:18:40 | 01:18:57 | 01:57:10 | 02:45:14 | 03:50:54 | 04:32:14 | PTT DELTA |
| 116 | KOCIEL Jarosław | 88 | | M45-49 | 00:17:34 | 00:55:28 | 01:15:15 | 101 | 00:06:58 | 00:19:22 | 01:22:33 | 02:01:12 | 02:48:42 | 03:54:56 | 04:35:59 | |
| 117 | MAKOWSKI Marek | 126 | SUPER WTP/ ABSOLUTE BIKE TEAM | M30-34 | 00:18:11 | 00:56:39 | 01:16:02 | 105 | 00:09:35 | 00:19:18 | 01:23:24 | 02:02:24 | 02:50:20 | 03:55:50 | 04:34:19 | |
| 118 | DRABJEWSKI Paweł | 41 | TKKF WODNIK WIĘCBOBK | M35-39 | 00:20:12 | 01:03:47 | 01:26:52 | 177 | 00:11:06 | 00:19:12 | 01:19:55 | 01:57:35 | 02:44:40 | 03:46:44 | 04:24:14 | Wodnik WięcboBK |
| 119 | DANKÓW Krzysztof | 36 | GT RAT | M35-39 | 00:18:44 | 00:56:12 | 01:15:28 | 102 | 00:09:49 | 00:20:02 | 01:23:40 | 02:02:32 | 02:50:36 | 03:55:58 | 04:36:01 | |
| 120 | BINKOWSKI Adrian | 240 | CB163/PROFESSIONAL HR | M35-39 | 00:20:02 | 01:03:02 | 01:23:47 | 158 | 00:04:03 | 00:19:27 | 01:20:03 | 01:55:53 | 02:42:12 | 03:49:24 | 04:31:58 | |
| 121 | KWIATKOWSKI Jacek | 106 | CMUJ MASTERS | M60-69 | 00:16:42 | 00:51:33 | 01:09:33 | 53 | 00:10:50 | 00:19:22 | 01:23:58 | 02:04:45 | 02:54:13 | 04:01:54 | 04:41:40 | |
| 122 | TOMCZYŃSKI Bartosz | 217 | | M35-39 | 00:19:49 | 01:00:35 | 01:22:00 | 145 | 00:04:01 | 00:18:21 | 01:19:30 | 01:57:08 | 02:45:10 | 03:51:53 | 04:34:58 | |
| 123 | ŁAGOŻNY Łukasz | 116 | EURO24 TEAM | M35-39 | 00:18:00 | 00:56:31 | 01:16:07 | 106 | 00:05:10 | 00:19:39 | 01:24:15 | 02:02:12 | 02:50:01 | 03:57:28 | 04:40:11 | |
| 124 | PRZYBYLSKI Sławomir | 176 | | M55-59 | 00:18:49 | 00:57:47 | 01:17:46 | 116 | 00:05:49 | 00:19:27 | 01:22:27 | 02:01:25 | 02:50:12 | 03:57:21 | 04:38:13 | |
| 125 | JAROSZUK Kamil | 69 | INTERSPORT | M35-39 | 00:19:14 | 00:59:57 | 01:20:37 | 136 | 00:05:07 | 00:19:34 | 01:24:33 | 02:02:59 | 02:51:53 | 03:57:59 | 04:37:31 | |
| 126 | WRONA Klaudiusz | 229 | ZUZIK TRI TEAM | M40-44 | 00:20:16 | 01:05:44 | 01:29:43 | 184 | 00:06:51 | 00:20:47 | 01:24:14 | 02:02:35 | 02:49:15 | 03:51:31 | 04:30:26 | |
| 127 | ŁUSZCZEWSKI Krzysztof | 120 | AMCOR | M40-44 | 00:18:43 | 00:58:15 | 01:18:56 | 127 | 00:07:30 | 00:18:35 | 01:18:00 | 01:55:09 | 02:43:59 | 03:51:12 | 04:35:44 | |
| 128 | MICHALSKI Jakub | 130 | TRIATHLON KOSZALIN | M40-44 | 00:15:35 | 00:48:08 | 01:04:34 | 30 | 00:09:35 | 00:21:21 | 01:28:56 | 02:09:06 | 02:58:58 | 04:06:41 | 04:48:53 | |
| 129 | STASIEWSKI Mariusz | 200 | TRISPACE | M40-44 | 00:18:13 | 00:55:07 | 01:14:10 | 92 | 00:04:52 | 00:20:20 | 01:25:21 | 02:06:08 | 02:55:40 | 04:02:51 | 04:45:12 | Trispace |
| 130 | DOLEŻEK Robert | 39 | PAŃSTWOWA STRAŻ POŻARNA KAZIMIERZA WIELKA | M35-39 | 00:20:38 | 01:02:49 | 01:24:01 | 161 | 00:07:17 | 00:20:42 | 01:26:58 | 02:06:43 | 02:54:14 | 03:58:09 | 04:37:32 | |
| 131 | SZYDŁOWSKI Marek | 209 | PARKRUN POZNAŃ | M35-39 | 00:16:42 | 00:53:48 | 01:12:49 | 78 | 00:05:27 | 00:19:36 | 01:23:34 | 02:02:53 | 02:53:04 | 04:03:49 | 04:46:43 | |
| 132 | KAZUBOWSKI Jacek | 80 | 50PLUS | M50-54 | 00:22:36 | 01:09:30 | 01:33:28 | 192 | 00:06:02 | 00:19:20 | 01:23:03 | 02:00:53 | 02:47:52 | 03:51:52 | 04:31:53 | |
| 133 | PLATOKHIN Borys | 167 | | M40-44 | 00:18:47 | 01:00:59 | 01:23:12 | 153 | 00:05:58 | 00:19:42 | 01:25:05 | 02:05:10 | 02:54:04 | 04:00:19 | 04:41:07 | |
| 134 | STRZELECKI Piotr | 202 | TRIATHLON TEAM CIESIELSKI | M35-39 | 00:18:24 | 00:57:28 | 01:18:18 | 119 | 00:04:46 | 00:19:27 | 01:22:35 | 02:01:58 | 02:51:29 | 04:01:05 | 04:45:01 | |
| 135 | REPKA Marek | 178 | LUPUS TEAM | M40-44 | 00:24:44 | 01:12:21 | 01:37:23 | 199 | 00:06:26 | 00:18:25 | 01:19:53 | 01:57:00 | 02:43:54 | 03:47:53 | 04:28:00 | |
| 136 | PRZYBYLSKI Maciej | 175 | | M40-44 | 00:19:53 | 01:03:23 | 01:26:05 | 172 | 00:07:13 | 00:19:45 | 01:25:15 | 02:04:48 | 02:53:19 | 03:59:21 | 04:40:07 | |
| 137 | KACZMARCZYK Bogdan | 74 | KLUB PŁYWACKI KOZIEGŁOWY | M35-39 | 00:18:18 | 00:58:20 | 01:19:14 | 129 | 00:10:11 | 00:20:24 | 01:27:16 | 02:07:27 | 02:56:55 | 04:02:55 | 04:43:15 | |
| 138 | APANASIEWICZ Bartosz | 247 | RUN PASJA | M35-39 | 00:18:47 | 00:58:35 | 01:18:34 | 122 | 00:04:18 | 00:19:41 | 01:22:34 | 02:02:07 | 02:55:02 | 04:06:57 | 04:50:19 | |
| 139 | BUCHALIK Arkadiusz | 24 | | M40-44 | 00:17:41 | 00:53:31 | 01:11:14 | 64 | 00:04:40 | 00:20:21 | 01:26:08 | 02:07:00 | 02:58:46 | 04:10:45 | 04:55:21 | |

| Rank | Name | Age | Club | Sex | Height | Weight | Pływanie | | | | Rower | | | | Bieg | | |
|------|---------------------|-----|--|-----|--------|--------|----------|----------|----------|-----|----------|----------|----------|----------|----------|----------|----------|
| | | | | | | | 00:21:39 | 01:04:26 | 01:26:49 | 176 | 00:08:22 | 00:19:30 | 01:22:39 | 02:01:38 | | 02:50:07 | 03:59:16 |
| 140 | NOWAK Paweł | 143 | KEPNET | M | 54 | 176 | 00:21:39 | 01:04:26 | 01:26:49 | 176 | 00:08:22 | 00:19:30 | 01:22:39 | 02:01:38 | 02:50:07 | 03:59:16 | 04:43:00 |
| 141 | ROŻNIATA Andrzej | 181 | KS GŁÓWNO W BIEGU | M | 49 | 187 | 00:20:54 | 01:05:46 | 01:30:11 | 187 | 00:06:41 | 00:19:28 | 01:24:29 | 02:05:43 | 02:55:46 | 04:01:58 | 04:42:38 |
| 142 | WITKOWSKI Michał | 224 | CYCUCHY LAMPKI | M | 34 | 10 | 00:13:55 | 00:44:11 | 00:59:49 | 10 | 00:12:51 | 00:21:58 | 01:30:12 | 02:11:30 | 03:05:31 | 04:17:25 | 05:01:39 |
| 143 | FAVEEUW David | 43 | | M | 44 | 143 | 00:19:15 | 01:00:15 | 01:21:47 | 143 | 00:05:44 | 00:20:44 | 01:27:34 | 02:09:04 | 02:59:13 | 04:08:31 | 04:51:31 |
| 144 | MAJKA Leszek | 123 | GT RAT | M | 54 | 110 | 00:17:44 | 00:56:36 | 01:16:53 | 110 | 00:10:26 | 00:22:00 | 01:28:36 | 02:09:02 | 02:58:59 | 04:07:54 | 04:50:33 |
| 145 | PESZT Marek | 162 | 6M | M | 39 | 83 | 00:18:53 | 00:55:22 | 01:13:20 | 83 | 00:07:04 | 00:19:08 | 01:24:15 | 02:04:53 | 02:54:31 | 04:06:34 | 04:52:25 |
| 146 | GORAL Mieczysław | 59 | SC ULTRA | M | 49 | 167 | 00:19:24 | 01:02:47 | 01:25:22 | 167 | 00:08:59 | 00:22:10 | 01:25:53 | 02:06:19 | 02:59:01 | 04:05:50 | 04:46:40 |
| 147 | BANACH Karol | 9 | DELIKATESY CENTRUM BOLEWICE | M | 39 | 140 | 00:19:36 | 01:00:01 | 01:20:56 | 140 | 00:08:14 | 00:19:52 | 01:21:01 | 02:00:04 | 02:49:58 | 04:01:53 | 04:48:07 |
| 148 | GÓRNIOWICZ Marcin | 62 | MBANK | M | 39 | 193 | 00:21:40 | 01:08:21 | 01:33:36 | 193 | 00:06:12 | 00:19:04 | 01:24:00 | 02:04:09 | 02:53:25 | 04:00:57 | 04:42:07 |
| 149 | KĘPIŃSKI Henryk | 83 | KB SPARTAKUS BEŁCHATÓW | M | 69 | 188 | 00:21:18 | 01:06:22 | 01:31:34 | 188 | 00:05:47 | 00:20:38 | 01:28:23 | 02:09:14 | 02:58:35 | 04:05:46 | 04:46:01 |
| 150 | OPOZDA Krzysztof | 155 | CM UMK | M | 54 | 112 | 00:18:58 | 00:58:29 | 01:17:34 | 112 | 00:08:37 | 00:20:28 | 01:26:52 | 02:09:06 | 03:02:36 | 04:14:19 | 04:56:35 |
| 151 | GÓRSKI Marian | 63 | KRS TKKF JASTRZĄB RUDA ŚLĄSKA | M | 69 | 155 | 00:20:41 | 01:02:37 | 01:23:31 | 155 | 00:07:39 | 00:20:25 | 01:27:21 | 02:11:42 | 03:02:05 | 04:10:49 | 04:52:35 |
| 152 | FELSKI Mariusz | 44 | MŻS WOŁCZA MAŁA | M | 54 | 114 | 00:19:46 | 00:58:24 | 01:17:42 | 114 | 00:07:05 | 00:20:27 | 01:28:25 | 02:09:10 | 03:00:54 | 04:12:31 | 04:56:25 |
| 153 | NIEMCZYK Kazimierz | 142 | | M | 59 | 203 | 00:22:24 | 01:11:40 | 01:39:49 | 203 | 00:10:01 | 00:19:45 | 01:23:37 | 02:02:07 | 02:49:49 | 03:54:26 | 04:34:49 |
| 154 | OLEJNIK Bartłomiej | 151 | ŻYTANIA TEAM | M | 39 | 196 | 00:22:12 | 01:11:59 | 01:36:20 | 196 | 00:06:05 | 00:19:12 | 01:23:07 | 02:02:34 | 02:52:16 | 04:00:37 | 04:41:05 |
| 155 | BŁACHOWIAK Mariusz | 16 | AMBIT RACING TEAM | M | 49 | 208 | 00:26:17 | 01:19:46 | 01:44:47 | 208 | 00:05:43 | 00:18:36 | 01:21:37 | 01:59:56 | 02:47:47 | 03:54:14 | 04:34:20 |
| 156 | DE GROOT Jan | 38 | KUŹNIA TRIATHLONU | M | 49 | 132 | 00:18:34 | 00:59:00 | 01:19:44 | 132 | 00:06:19 | 00:20:58 | 01:25:51 | 02:07:40 | 03:01:07 | 04:14:18 | 04:59:19 |
| 157 | ROTMAŃSKI Piotr | 179 | NADRUKIREKLAMOWE.COM.PL | M | 39 | 144 | 00:19:43 | 01:00:48 | 01:21:49 | 144 | 00:06:27 | 00:20:47 | 01:31:05 | 02:13:07 | 03:04:08 | 04:14:50 | 04:58:06 |
| 158 | SKIBA Włodzimierz | 191 | STOWARZYSZENIE TRIATHLONOWE U64 POZNAŃ | M | 54 | 160 | 00:19:56 | 01:02:17 | 01:23:55 | 160 | 00:06:33 | 00:20:37 | 01:28:41 | 02:11:25 | 03:03:11 | 04:13:58 | 04:57:48 |
| 159 | MAKOWSKI Sławomir | 125 | RUN BYDGOSZCZ | M | 49 | 202 | 00:22:15 | 01:11:44 | 01:39:19 | 202 | 00:06:56 | 00:19:36 | 01:22:23 | 02:00:26 | 02:48:16 | 03:57:57 | 04:41:18 |
| 160 | GRABOWSKI Szymon | 64 | | M | 34 | 125 | 00:18:51 | 00:58:40 | 01:18:47 | 125 | 00:11:54 | 00:21:03 | 01:27:44 | 02:08:32 | 03:02:39 | 04:11:54 | 04:55:16 |
| 161 | GOZDOWSKI Paweł | 61 | | M | 49 | 210 | 00:25:20 | 01:17:54 | 01:45:05 | 210 | 00:09:34 | 00:19:34 | 01:26:08 | 02:06:29 | 02:55:25 | 03:58:41 | 04:38:19 |
| 162 | PAWLAK Piotr | 160 | PKO BANK POLSKI | M | 44 | 181 | 00:20:04 | 01:03:47 | 01:28:10 | 181 | 00:06:02 | 00:19:09 | 01:20:43 | 01:59:01 | 02:51:27 | 04:06:01 | 04:53:23 |
| 163 | KORSAKOV Kostiantyn | 91 | - | M | 49 | 159 | 00:20:11 | 01:01:51 | 01:23:50 | 159 | 00:11:34 | 00:20:33 | 01:26:06 | 02:07:24 | 02:59:58 | 04:10:49 | 04:54:50 |
| 164 | ДРУТЬ Петр | 239 | | M | 39 | 179 | 00:21:50 | 01:04:46 | 01:27:05 | 179 | 00:10:32 | 00:21:04 | 01:30:41 | 02:14:07 | 03:05:06 | 04:13:16 | 04:55:40 |
| 165 | PLESS Wojciech | 168 | EKO-WIGOR | M | 44 | 185 | 00:20:54 | 01:06:04 | 01:29:50 | 185 | 00:06:22 | 00:22:25 | 01:28:30 | 02:08:26 | 02:58:27 | 04:09:44 | 04:54:16 |
| 166 | KOBACKI Przemysław | 86 | KS GŁÓWNO W BIEGU | M | 44 | 133 | 00:18:40 | 00:59:02 | 01:19:50 | 133 | 00:07:47 | 00:21:31 | 01:33:57 | 02:18:10 | 03:13:03 | 04:23:30 | 05:06:10 |
| 167 | WOŁOWSKI Lech | 227 | | M | 44 | 186 | 00:20:58 | 01:06:02 | 01:29:57 | 186 | 00:07:29 | 00:22:13 | 01:29:05 | 02:10:20 | 03:01:34 | 04:14:21 | 04:57:31 |
| 168 | WÓJCIK Szymon | 228 | | M | 24 | 169 | 00:20:32 | 01:03:35 | 01:25:46 | 169 | 00:07:29 | 00:20:53 | 01:29:20 | 02:10:13 | 03:02:26 | 04:13:04 | 04:58:17 |
| 169 | BRZEZIŃSKI Marek | 23 | KORUP MOTION | M | 49 | 182 | 00:20:38 | 01:04:47 | 01:28:42 | 182 | 00:09:50 | 00:19:37 | 01:25:39 | 02:06:24 | 02:59:20 | 04:08:42 | 04:54:55 |
| 170 | MIELCAREK Marcin | 131 | | M | 39 | 162 | 00:20:29 | 01:02:47 | 01:24:43 | 162 | 00:14:26 | 00:20:33 | 01:29:38 | 02:11:45 | 03:04:09 | 04:13:05 | 04:55:54 |
| 171 | CZUBAK Wawrzyniec | 242 | | M | 44 | 173 | 00:20:21 | 01:03:12 | 01:26:08 | 173 | 00:06:28 | 00:19:35 | 01:30:26 | 02:13:01 | 03:05:19 | 04:16:56 | 05:01:41 |
| 172 | LASSAK Bartosz | 110 | | M | 44 | 146 | 00:19:15 | 01:00:36 | 01:22:07 | 146 | 00:06:53 | 00:19:51 | 01:26:44 | 02:07:56 | 02:59:36 | 04:15:20 | 05:02:30 |
| 173 | SITEK Witold | 190 | | M | 69 | 198 | 00:21:53 | 01:10:33 | 01:37:08 | 198 | 00:08:16 | 00:19:47 | 01:26:23 | 02:06:22 | 02:55:57 | 04:07:29 | 04:49:53 |
| 174 | RUTKA Radosław | 183 | KTS IRONMAN | M | 44 | 151 | 00:19:59 | 01:01:07 | 01:22:49 | 151 | 00:08:15 | 00:20:54 | 01:30:46 | 02:11:05 | 03:02:40 | 04:14:30 | 04:57:30 |
| 175 | ZEMLIK Arek | 233 | | M | 34 | 171 | 00:19:41 | 01:02:45 | 01:25:57 | 171 | 00:05:44 | 00:20:28 | 01:30:59 | 02:12:45 | 03:06:49 | 04:19:22 | 05:04:41 |
| 176 | ALSKI Łukasz | 4 | | M | 34 | 178 | 00:21:16 | 01:04:55 | 01:26:53 | 178 | 00:07:37 | 00:20:08 | 01:27:32 | 02:07:22 | 02:58:20 | 04:11:37 | 05:01:29 |
| 177 | MAŁKIŃSKI Józef | 127 | RWT W BYDGOSZCZY | M | 69 | 121 | 00:18:58 | 00:58:39 | 01:18:32 | 121 | 00:10:24 | 00:20:25 | 01:30:34 | 02:14:03 | 03:08:25 | 04:21:05 | 05:07:35 |
| 178 | BRUŹ Filip | 22 | MIO PIANO | M | 44 | 209 | 00:23:18 | 01:16:05 | 01:45:01 | 209 | 00:08:21 | 00:20:11 | 01:29:52 | 02:10:55 | 03:01:12 | 04:07:28 | 04:49:33 |
| 179 | GAWROŃSKI Sebastian | 52 | PZU SPORT TEAM | M | 39 | 170 | 00:20:31 | 01:03:43 | 01:25:55 | 170 | 00:06:57 | 00:20:36 | 01:28:16 | 02:10:01 | 03:03:16 | 04:22:36 | 05:07:38 |
| 180 | GARLEWICZ Grzegorz | 51 | | M | 44 | 147 | 00:20:12 | 01:00:48 | 01:22:08 | 147 | 00:08:23 | 00:20:42 | 01:27:35 | 02:09:25 | 03:03:21 | 04:19:23 | 05:06:51 |

| | | | | Pływanie | | | | T1 | Rower | | | | | | Bieg |
|-----|----------------------------|------------|--|----------|----------|----------|-----------------|-----|----------|----------|----------|----------|----------|----------|----------|
| 181 | GYREK Michał | 57 | | M35-39 | 00:17:06 | 00:53:32 | 01:11:47 | 68 | 00:07:21 | 00:20:09 | 01:29:01 | 02:11:01 | 03:07:50 | 04:28:10 | 05:15:32 |
| 182 | KRUK Rafał | 101 | WWW.BIEGAJWNIEMCZU.PL | M40-44 | 00:23:20 | 01:12:27 | 01:37:49 | 200 | 00:08:48 | 00:22:23 | 01:33:29 | 02:16:41 | 03:07:54 | 04:14:55 | 04:57:36 |
| 183 | FIDELUS Leszek | 46 | STOWARZYSZENIE CHRZANOWSKICH CYKLISTÓW | M45-49 | 00:20:33 | 01:04:02 | 01:26:18 | 174 | 00:07:40 | 00:20:56 | 01:30:08 | 02:15:01 | 03:09:52 | 04:23:23 | 05:08:26 |
| 184 | KARWOWSKI Maciej | 78 | | M35-39 | 00:17:22 | 00:55:35 | 01:13:51 | 90 | 00:05:24 | 00:25:03 | 01:38:33 | 02:23:48 | 03:21:02 | 04:38:29 | 05:24:56 |
| 185 | ZIMIŃSKI Zdzisław | 235 | | M60-69 | 00:18:53 | 00:59:24 | 01:20:44 | 138 | 00:09:06 | 00:20:13 | 01:28:01 | 02:10:52 | 03:06:31 | 04:23:53 | 05:12:26 |
| 186 | GOŁĄB Rafał | 58 | | M30-34 | 00:20:24 | 01:10:32 | 01:35:58 | 195 | 00:07:39 | 00:19:04 | 01:23:40 | 02:03:47 | 03:09:12 | 04:18:41 | 05:02:59 |
| 187 | KĘPOWICZ Kamil | 84 | | M30-34 | 00:20:33 | 01:07:23 | 01:32:04 | 189 | 00:10:24 | 00:22:46 | 01:34:32 | 02:17:51 | 03:12:22 | 04:22:07 | 05:07:38 |
| 188 | NOWAK Sławomir | 144 | PZU SPORT TEAM | M50-54 | 00:19:30 | 01:03:59 | 01:27:22 | 180 | 00:05:10 | 00:20:54 | 01:29:46 | 02:12:13 | 03:08:47 | 04:25:43 | 05:14:09 |
| 189 | SOLECKI Tomasz | 195 | GOMOLA TRANS AIRCO | M35-39 | 00:15:45 | 00:48:34 | 01:05:36 | 33 | 00:09:26 | 00:22:01 | 01:36:30 | 02:23:45 | 03:24:45 | 04:42:25 | 05:31:52 |
| 190 | PAWŁOWSKI Krzysztof | 161 | KRUK S.A. | M30-34 | 00:18:56 | 01:01:25 | 01:23:42 | 156 | 00:10:17 | 00:22:19 | 01:34:25 | 02:18:56 | 03:15:43 | 04:31:25 | 05:18:01 |
| 191 | WARCHOŁ Ryszard | 219 | CAŁY TWÓJ | M50-54 | 00:28:14 | 01:28:32 | 02:00:35 | 212 | 00:09:12 | 00:19:11 | 01:24:42 | 02:04:27 | 02:54:50 | 04:02:50 | 04:46:02 |
| 192 | OGIŃSKI Artur | 148 | | M30-34 | 00:19:50 | 01:01:20 | 01:20:44 | 137 | 00:06:20 | 00:21:01 | 01:32:28 | 02:18:05 | 03:18:21 | 04:34:16 | 05:22:47 |
| 193 | PRIEBE Andrzej | 173 | | M30-34 | 00:22:56 | 01:14:27 | 01:41:15 | 205 | 00:08:40 | 00:20:36 | 01:25:17 | 02:08:45 | 03:02:53 | 04:15:40 | 05:05:00 |
| 194 | YEVSTRATYEV Yevhen | 231 | SPORT CLUB 'SHYP SHYNA TRIATHLON TEAM' | M40-44 | 00:18:53 | 00:59:40 | 01:21:19 | 141 | 00:06:27 | 00:21:16 | 01:32:22 | 02:14:15 | 03:10:00 | 04:30:15 | 05:22:58 |
| 195 | KOZŁOWSKI Maciej | 97 | ROADBIKE.PL / SIEDLCE TRIATHLON CLUB | M25-29 | 00:23:37 | 01:16:42 | 01:44:28 | 207 | 00:05:55 | 00:21:19 | 01:31:46 | 02:14:41 | 03:08:05 | 04:20:55 | 05:06:59 |
| 196 | ZIÓŁKOWSKI Grzegorz | 236 | | M30-34 | 00:22:17 | 01:10:35 | 01:36:32 | 197 | 00:08:42 | 00:19:53 | 01:29:14 | 02:12:33 | 03:08:56 | 04:26:55 | 05:14:03 |
| 197 | BIAŁOBUŁOCKI Jacek | 13 | KB LECH RYPIN | M55-59 | 00:21:32 | 01:08:17 | 01:32:46 | 191 | 00:11:47 | 00:21:09 | 01:33:38 | 02:18:26 | 03:13:53 | 04:29:07 | 05:16:15 |
| 198 | JELEŃ Marcin | 71 | | M40-44 | 00:23:34 | 01:14:59 | 01:41:20 | 206 | 00:12:20 | 00:20:31 | 01:33:05 | 02:17:29 | 03:11:22 | 04:26:38 | 05:16:30 |
| 199 | OLEJNICZAK Witold | 150 | KS MARATON OSTROW WLKP | M60-69 | 00:24:27 | 01:18:04 | 01:47:06 | 211 | 00:09:30 | 00:22:40 | 01:37:10 | 02:21:01 | 03:15:08 | 04:28:15 | 05:13:27 |
| | BAREWSKI Bogdan | 10 | | M60-69 | 00:23:09 | 01:12:58 | 01:38:15 | 201 | 00:10:00 | 00:21:37 | 01:34:13 | 02:21:16 | 03:24:47 | 04:53:15 | 05:43:02 |
| 201 | SPYRA Piotr | 198 | | M50-54 | 00:19:46 | 01:02:30 | 01:24:52 | 163 | 00:05:49 | 00:18:17 | | | | | |
| 202 | GARBOWSKI Tomasz | 50 | FEMAT | M40-44 | 00:20:35 | 01:03:31 | 01:25:39 | 168 | 00:05:12 | 00:19:48 | 02:42:45 | 03:34:52 | 04:25:14 | | |
| | NOWICKI Leszek | 147 | | M55-59 | 00:19:20 | 01:02:51 | 01:25:05 | 165 | 00:04:04 | 00:19:10 | 01:23:06 | 02:02:30 | 02:49:58 | 03:55:40 | |
| | MRELA Adrian | 135 | | M35-39 | 00:22:10 | | | | | | | | | | |
| | NOWICKI Bartosz | 146 | TRI TEAM-INO | M25-29 | 00:16:44 | 00:52:40 | 01:11:05 | 60 | 00:05:29 | 00:19:48 | | | | | |

Znaleziono 205 wynik(ów)