

Classification: Mężczyźni

Split point: 190,4 km

Place	Participant	Number	Club	Category	Drużyna	Swimming				Cycling								Race		
						P_Borowno 0.95km	P_Borowno 2.85km	R_Borowno 3.8km	Poz	R_Kotomierz 9km	R_Pauliny 42.2km	R_Lidl 63km	R_Kotomierz 87km	R_Pauliny 120.2km	R_Lidl 141km	R_Kotomierz 165km	B_Announcer 180km		Poz	
1	LUFT Mikołaj	115	LUFT TRI TEAM	M30-34		00:11:28	00:36:04	00:49:09	3	00:02:03	00:14:57	01:04:46	01:35:19	02:12:24	03:03:37	03:35:26	04:14:28	04:37:17	1	00:01:30
2	CHMURA Maciej	29	GVT GMC LKKS GÓRNIK WAŁBRZYCH	M30-34		00:11:26	00:35:19	00:47:37	2	00:01:58	00:14:45	01:05:35	01:36:38	02:13:18	03:05:13	03:37:04	04:16:07	04:38:50	2	00:01:53
3	NAJMOWICZ Sebastian	140	NAJMOWICZ TRIATHLON/ TEAM POLAND	M25-29		00:11:27	00:34:59	00:46:56	1	00:03:14	00:16:02	01:08:39	01:40:22	02:18:31	03:10:13	03:41:38	04:20:20	04:43:20	4	00:01:21
4	AUGUSTYNIAK Krzysztof	1	MKS PŁETVAL POLKOWICE	M35-39		00:12:03	00:37:50	00:50:56	4	00:02:57	00:15:57	01:08:00	01:38:57	02:16:37	03:08:03	03:39:05	04:18:43	04:42:02	3	00:01:19
5	SPALENIAK Tomasz	197	ENDURE TEAM	M25-29	ENDURE TEAM	00:13:26	00:42:08	00:57:04	9	00:02:56	00:15:48	01:07:52	01:39:12	02:17:31	03:08:53	03:42:32	04:24:15	04:48:41	7	00:01:34
6	BIELECKI Jakub	14	NEON TEAM	M30-34	NEON Team	00:13:31	00:42:02	00:56:21	7	00:03:21	00:16:11	01:07:11	01:39:52	02:18:41	03:10:46	03:42:47	04:22:36	04:46:20	6	00:01:29
7	JARECKI Grzegorz	68	TRUSO ELBLĄG / TEAMKARAŚ	M18-24		00:15:14	00:47:00	01:03:15	18	00:03:30	00:15:47	01:08:01	01:39:27	02:18:04	03:09:35	03:41:24	04:21:13	04:44:05	5	00:01:27
8	CZAJA Jakub	34	AKTYWNA DIETA	M35-39		00:16:30	00:50:19	01:07:25	40	00:03:40	00:16:07	01:09:13	01:41:49	02:22:19	03:15:50	03:47:43	04:28:42	04:52:42	8	00:01:40
9	KOWALCZYK Marek	2	ROWEROWA BRZOZA	M35-39	Rowerowa Brzoza	00:15:09	00:47:10	01:04:02	28	00:02:31	00:16:03	01:09:28	01:41:59	02:21:35	03:15:27	03:48:38	04:30:06	04:55:18	9	00:01:54
10	RÓŻAŁSKI Piotr	182	FOLWARK KADYNY HOTEL TRIATHLON TEAM	M35-39	Kadyny Folwark Hotel Triathlon Team	00:13:24	00:41:48	00:56:24	8	00:02:50	00:16:40	01:11:02	01:43:52	02:24:03	03:18:34	03:52:14	04:33:31	04:57:52	12	00:05:08
11	MROCZEK Marcin	136	NEON TEAM	M40-44	NEON Team	00:13:12	00:40:57	00:55:14	5	00:02:41	00:16:42	01:11:35	01:44:35	02:25:20	03:20:58	03:55:32	04:39:06	05:04:14	15	00:01:51
12	JACKOWIAK Piotr	67		M30-34		00:13:27	00:41:23	00:55:49	6	00:03:06	00:16:56	01:10:50	01:43:32	02:24:17	03:20:07	03:54:27	04:38:03	05:02:51	14	00:02:12
13	GAŚSIOROWSKI Daniel	53	T R IGĄSEK	M35-39		00:13:48	00:43:51	01:00:51	12	00:03:32	00:16:47	01:11:17	01:43:49	02:23:47	03:17:41	03:51:34	04:33:16	04:57:31	11	00:02:31
14	LEMKE Krzysztof	111	GDYŃSKI TRIATHLON	M40-44		00:15:51	00:49:01	01:06:07	36	00:02:33	00:16:19	01:09:49	01:42:24	02:23:02	03:17:46	03:51:52	04:34:54	04:59:51	13	00:02:08
15	JURKIEWICZ Mariusz	73	TO TYLKO TRIATHLON TEAM	M35-39	To Tylko Triathlon	00:16:14	00:50:16	01:07:41	43	00:03:26	00:16:37	01:10:07	01:43:09	02:23:52	03:18:08	03:51:06	04:32:06	04:56:13	10	00:02:23
16	SOBCZAK Marcin	193	ENDURE TEAM	M45-49	ENDURE TEAM	00:15:08	00:47:01	01:03:25	22	00:03:40	00:17:09	01:12:50	01:46:46	02:28:02	03:24:41	03:58:53	04:41:24	05:06:15	18	00:01:40
17	BOROWIAK Rafał	20	JOKS TEAM	M30-34		00:14:15	00:44:56	01:00:25	11	00:02:32	00:17:29	01:13:16	01:47:21	02:29:16	03:27:52	04:04:11	04:48:14	05:12:47	26	00:01:44
18	BOREK Mateusz	19	YMCA TRIATHLON KRAKOW	M30-34		00:14:55	00:46:45	01:03:12	16	00:03:27	00:17:38	01:12:15	01:46:29	02:27:52	03:24:29	03:59:43	04:44:25	05:09:14	23	00:02:00
19	EJSMONT Krzysztof	245	SZKOŁA JĘZYKOWA HELLO/TRISPACE	M40-44	Trispace	00:16:05	00:50:19	01:07:40	42	00:03:11	00:16:33	01:11:44	01:45:28	02:27:13	03:24:35	03:58:40	04:40:36	05:05:25	16	00:01:27
20	STARON Piotr	199		M35-39		00:15:15	00:47:07	01:03:25	23	00:04:17	00:17:14	01:13:49	01:48:39	02:30:27	03:27:10	04:01:46	04:43:44	05:08:33	21	00:02:09
21	ANDRZEJEWSKI Lukasz	6	TRI TEAM KOZAL	M40-44		00:15:12	00:47:05	01:03:23	21	00:05:16	00:17:15	01:12:46	01:46:53	02:30:09	03:27:30	04:00:57	04:42:06	05:06:15	17	00:03:25
22	JARZEMBOWICZ Maciej	70	TRINERGY TEAM	M35-39		00:15:56	00:50:59	01:09:05	49	00:02:26	00:16:52	01:13:47	01:49:11	02:33:12	03:31:04	04:05:00	04:46:56	05:12:08	25	00:01:43
23	BASINSKI Marcin	11	NORTHANS TRI	M30-34		00:17:17	00:53:23	01:11:36	67	00:05:03	00:17:10	01:13:14	01:47:29	02:29:37	03:25:51	03:59:39	04:41:39	05:06:15	19	00:03:42
24	PRZEŹDZIĘK Adam	174	T2 TRIATHLON TEAM	M30-34		00:15:00	00:47:02	01:03:51	26	00:03:07	00:17:17	01:13:51	01:48:11	02:31:52	03:31:18	04:06:11	04:50:59	05:16:07	28	00:01:55
25	CHABASIŃSKI Rafał	28	RA-V	M40-44		00:17:05	00:52:27	01:11:01	59	00:03:33	00:16:54	01:12:20	01:46:06	02:28:13	03:25:42	04:00:06	04:43:31	05:08:37	22	00:01:57
26	MOSSOCZY Zbigniew	241	MAGAZYN TRIATHLON	M40-44		00:17:01	00:53:48	01:12:39	73	00:03:49	00:16:19	01:10:58	01:44:48	02:27:20	03:25:33	03:59:49	04:42:26	05:07:56	20	00:02:16
27	WASILEWSKI Krzysztof	220		M35-39		00:15:11	00:46:50	01:02:52	15	00:05:00	00:17:09	01:15:16	01:51:10	02:35:38	03:34:41	04:10:09	04:54:37	05:20:56	36	00:02:57
28	ZAKRZEWSKI Maciej	244		M40-44		00:15:07	00:47:07	01:04:04	29	00:03:06	00:17:06	01:13:35	01:48:20	02:31:42	03:32:33	04:09:56	04:55:21	05:21:44	40	00:02:21
29	CIESZYŃSKI Jacek	32	ROWEROWA BRZOZA	M50-54	Rowerowa Brzoza	00:16:13	00:51:20	01:09:19	51	00:04:03	00:17:31	01:14:50	01:49:18	02:32:04	03:30:39	04:05:13	04:48:44	05:14:08	27	00:02:37
30	LESZCZEWICZ Waldemar	112	KUŹNIA TRIATHLONU	M40-44	Kuźnia Triathlonu	00:14:43	00:46:53	01:03:14	17	00:03:27	00:17:59	01:16:08	01:51:23	02:35:40	03:34:29	04:10:02	04:54:41	05:22:03	41	00:02:10
31	KOWALKOWSKI Piotr	93	7 LO BYDGOSZCZ	M35-39		00:15:49	00:51:18	01:09:08	50	00:05:04	00:17:18	01:14:01	01:48:30	02:31:27	03:30:30	04:06:15	04:52:07	05:17:54	29	00:02:09
32	HAWROT Sylwester	65	NTS NEXELO JF DUET	M45-49		00:15:39	00:47:07	01:03:22	20	00:04:26	00:18:52	01:16:02	01:51:02	02:35:05	03:34:12	04:09:35	04:55:06	05:21:41	39	00:04:30
33	ZIELIŃSKI Nicolas	234	OLIMPIASPORT.PL / TO TYLKO TRIATHLON	M18-24	To Tylko Triathlon	00:14:55	00:46:57	01:03:29	25	00:04:16	00:17:18	01:14:48	01:50:07	02:34:34	03:34:22	04:09:49	04:55:25	05:21:37	38	00:01:49
34	GŁOWSKI Dariusz	56	ACITVE MALBORK	M30-34		00:16:58	00:52:38	01:11:08	62	00:03:52	00:17:52	01:15:25	01:50:17	02:33:18	03:32:17	04:08:24	04:52:40	05:18:11	31	00:01:37

				Swimming					Cycling										Race	
35	<b>PIOSIK Emil</b>	<b>165</b>	VELOCITY WARSZTAT TRENINGU / TRIATHLONISTA.COM	M25-29	Velocity Warsztat Treningu / Triathlonista.com	00:16:47	00:51:57	<b>01:09:38</b>	55	00:04:11	00:17:30	01:15:45	01:51:12	02:34:46	03:34:37	04:10:58	04:55:36	<b>05:22:29</b>	<b>42</b>	00:02:28
36	<b>BANACH Marcin</b>	<b>8</b>	3GRAVITY	M30-34	3Gravity	00:17:14	00:52:53	<b>01:11:06</b>	61	00:03:16	00:17:32	01:17:30	01:53:12	02:36:46	03:36:26	04:11:10	04:54:49	<b>05:20:37</b>	<b>35</b>	00:02:47
37	<b>BOGACZ Mariusz</b>	<b>18</b>	K.S. ZRYW RADZIEJÓW	M35-39		00:15:16	00:47:04	<b>01:03:27</b>	24	00:04:21	00:18:15	01:17:36	01:53:33	02:40:22	03:39:16	04:14:22	04:58:38	<b>05:24:09</b>	<b>47</b>	00:03:45
38	<b>ŚLESICKI Rafał</b>	<b>211</b>	OSTRE TEAM	M30-34		00:17:09	00:54:19	<b>01:13:37</b>	87	00:04:22	00:16:54	01:13:17	01:48:01	02:31:23	03:30:31	04:05:50	04:51:09	<b>05:18:01</b>	<b>30</b>	00:01:37
39	<b>ŻABA Marek</b>	<b>237</b>	MAGNETI MARELLI TRIATHLON X-TEAM	M30-34		00:16:52	00:54:26	<b>01:13:37</b>	88	00:04:45	00:17:41	01:15:47	01:51:17	02:35:13	03:35:21	04:11:28	04:55:03	<b>05:21:14</b>	<b>37</b>	00:02:03
40	<b>TARCZEWSKI Tomasz</b>	<b>216</b>	TARCZA TRIATHLON TEAM	M35-39		00:14:32	00:45:48	<b>01:02:07</b>	13	00:03:29	00:17:45	01:15:50	01:51:01	02:34:43	03:35:16	04:12:21	04:59:20	<b>05:27:19</b>	<b>53</b>	00:02:45
41	<b>KOŁODZIEJ Sebastian</b>	<b>89</b>	LABOSPORT	M35-39		00:16:38	00:51:17	<b>01:08:45</b>	47	00:04:03	00:18:10	01:15:27	01:50:19	02:33:51	03:33:30	04:10:09	04:54:24	<b>05:20:01</b>	<b>33</b>	00:02:30
42	<b>CHORAŹIAK Witold</b>	<b>30</b>		M50-54		00:16:48	00:52:29	<b>01:11:15</b>	65	00:03:21	00:18:07	01:15:43	01:50:59	02:35:32	03:35:11	04:10:21	04:55:45	<b>05:22:50</b>	<b>43</b>	00:02:24
43	<b>SŁOWIŃSKI Damian</b>	<b>192</b>	UKS CITYZEN_/BE3	M35-39		00:19:06	00:57:32	<b>01:17:42</b>	113	00:06:09	00:17:17	01:12:37	01:46:53	02:28:27	03:26:37	04:01:47	04:45:42	<b>05:11:37</b>	<b>24</b>	00:03:07
44	<b>ANDRZEJCZYK Sebastian</b>	<b>5</b>	NEON TEAM	M40-44	NEON Team	00:15:42	00:48:28	<b>01:05:07</b>	32	00:04:05	00:17:42	01:16:47	01:52:59	02:38:26	03:39:05	04:15:41	05:01:32	<b>05:28:32</b>	<b>57</b>	00:03:33
45	<b>GOŚCINIAK Michał</b>	<b>60</b>	3GRAVITY	M30-34	3Gravity	00:16:44	00:55:15	<b>01:15:02</b>	98	00:05:54	00:18:15	01:19:07	01:55:36	02:39:21	03:38:06	04:13:46	04:58:44	<b>05:26:39</b>	<b>50</b>	00:01:41
46	<b>DESSELBERGER Andrzej</b>	<b>37</b>	TRI WŁOCŁAWEK	M45-49		00:17:56	00:55:00	<b>01:14:10</b>	93	00:04:21	00:18:02	01:16:03	01:51:03	02:34:32	03:32:39	04:07:46	04:53:21	<b>05:19:58</b>	<b>32</b>	00:01:39
47	<b>MĄDRY Marcin</b>	<b>129</b>	STARTMETABANIA	M30-34		00:17:34	00:55:24	<b>01:14:34</b>	96	00:04:12	00:17:39	01:15:52	01:50:54	02:34:33	03:35:02	04:10:53	04:56:07	<b>05:23:05</b>	<b>44</b>	00:01:57
48	<b>KITA Tomasz</b>	<b>243</b>		M35-39		00:14:57	00:46:47	<b>01:03:20</b>	19	00:02:58	00:20:18	01:20:45	01:56:25	02:39:52	03:42:10	04:18:32	05:03:39	<b>05:32:16</b>	<b>68</b>	00:03:24
49	<b>FOREMSKI Sławomir</b>	<b>48</b>	TORUŃSKI KLUB TRIATHLONOWY	M45-49		00:18:04	00:55:58	<b>01:15:37</b>	104	00:04:22	00:17:56	01:14:58	01:49:33	02:32:49	03:32:11	04:09:47	04:56:32	<b>05:24:01</b>	<b>46</b>	00:02:10
50	<b>WOJCIECHOWSKI Sylwester</b>	<b>225</b>		M50-54		00:19:40	01:00:09	<b>01:20:55</b>	139	00:05:20	00:17:25	01:15:00	01:50:46	02:34:00	03:32:44	04:09:05	04:53:23	<b>05:20:02</b>	<b>34</b>	00:02:16
51	<b>KONIAIEV Volodymyr</b>	<b>90</b>	RUN BYDGOSZCZ	M30-34		00:16:34	00:51:41	<b>01:09:34</b>	54	00:04:04	00:17:58	01:16:58	01:53:04	02:38:18	03:39:58	04:17:16	05:04:13	<b>05:32:10</b>	<b>67</b>	00:02:41
52	<b>CICHECKI Arkadiusz</b>	<b>31</b>	CELIRONMAN	M55-59		00:15:25	00:48:31	<b>01:06:06</b>	35	00:03:55	00:18:52	01:20:13	01:57:22	02:42:16	03:44:12	04:22:02	05:08:35	<b>05:36:14</b>	<b>75</b>	00:02:31
53	<b>MARKIEWICZ Damian</b>	<b>128</b>	K.T.O. Z KRAKOWA	M35-39	K.T.O. z Krakowa	00:18:21	00:55:49	<b>01:15:08</b>	99	00:05:32	00:17:20	01:16:33	01:52:18	02:37:14	03:37:30	04:14:14	04:59:53	<b>05:26:43</b>	<b>51</b>	00:03:07
54	<b>KOWALSKI Darek</b>	<b>95</b>	ZBZ ŻŁOTÓW	M45-49		00:17:43	00:56:14	<b>01:16:12</b>	108	00:05:20	00:18:18	01:18:26	01:54:37	02:38:50	03:39:04	04:16:16	05:01:49	<b>05:28:28</b>	<b>56</b>	00:03:48
55	<b>ŁĄTKOWSKI Sławomir</b>	<b>118</b>	ORKAMASTERS IŁAWA	M40-44	OrkaMasters Iława	00:15:46	00:50:55	<b>01:09:28</b>	52	00:06:40	00:17:31	01:16:19	01:52:03	02:36:47	03:37:56	04:15:44	05:03:24	<b>05:31:03</b>	<b>63</b>	00:03:10
56	<b>LÓPEZ MENDIZABAL Ramón</b>	<b>113</b>		M40-44		00:16:43	00:51:16	<b>01:09:04</b>	48	00:06:19	00:18:50	01:19:02	01:54:19	02:40:03	03:42:51	04:19:51	05:07:27	<b>05:33:57</b>	<b>70</b>	00:03:08
57	<b>KOZŁOWSKI Wojtek</b>	<b>96</b>	K.T.O. Z KRAKOWA	M45-49	K.T.O. z Krakowa	00:17:29	00:53:16	<b>01:11:13</b>	63	00:06:26	00:18:12	01:16:48	01:52:17	02:35:42	03:36:07	04:12:12	04:57:39	<b>05:25:01</b>	<b>48</b>	00:03:51
58	<b>KARAŚ Michał</b>	<b>77</b>	OLEŚNICKA GRUPA TRIATHLONOWA	M30-34		00:18:03	00:55:04	<b>01:13:22</b>	84	00:05:33	00:17:56	01:17:13	01:53:07	02:37:07	03:37:31	04:14:28	05:01:19	<b>05:28:38</b>	<b>58</b>	00:02:28
59	<b>MYŚLAK Piotr</b>	<b>139</b>	TRIATHLONISTA.COM / OWOCBIEGA	M25-29	Velocity Warsztat Treningu / Triathlonista.com	00:17:42	00:54:42	<b>01:13:46</b>	89	00:04:32	00:18:11	01:18:41	01:55:09	02:39:43	03:41:47	04:21:05	05:09:12	<b>05:37:32</b>	<b>77</b>	00:02:00
60	<b>BIENIEK Patryk</b>	<b>15</b>	POSNANIA	M35-39		00:16:59	00:52:48	<b>01:11:22</b>	66	00:04:57	00:18:21	01:17:23	01:53:26	02:37:18	03:40:22	04:18:52	05:06:48	<b>05:34:29</b>	<b>72</b>	00:03:02
61	<b>GACKA Rafał</b>	<b>49</b>	LUPUS TEAM	M40-44		00:19:51	01:03:49	<b>01:26:22</b>	175	00:04:14	00:17:51	01:15:34	01:50:45	02:34:19	03:34:22	04:11:27	04:57:19	<b>05:23:48</b>	<b>45</b>	00:01:59
62	<b>MAJKOWSKI Michał</b>	<b>124</b>	TRISPECT	M40-44		00:18:44	00:56:15	<b>01:15:09</b>	100	00:04:14	00:17:56	01:15:49	01:51:34	02:35:56	03:38:18	04:18:03	05:05:24	<b>05:32:58</b>	<b>69</b>	00:01:30
63	<b>SACHS Karol</b>	<b>186</b>	AIRBIKE.PL	M35-39		00:17:37	00:53:53	<b>01:12:49</b>	77	00:04:36	00:17:37	01:17:43	01:54:43	02:40:24	03:42:34	04:20:49	05:08:10	<b>05:36:54</b>	<b>76</b>	00:02:38
64	<b>ŚWIERCZYŃSKI Marcin</b>	<b>214</b>	TO TYLKO TRIATHLON ATHLETICOMED	M30-34	To Tylko Triathlon	00:18:06	00:56:40	<b>01:16:21</b>	109	00:03:58	00:18:06	01:18:06	01:54:26	02:39:10	03:39:46	04:17:12	05:04:26	<b>05:31:44</b>	<b>65</b>	00:02:10
65	<b>SZYMKOWIAK Norbert</b>	<b>210</b>		M18-24		00:18:05	00:55:37	<b>01:15:30</b>	103	00:04:58	00:18:07	01:16:19	01:51:47	02:36:35	03:37:50	04:15:27	05:03:28	<b>05:31:49</b>	<b>66</b>	00:02:46
66	<b>SUPERSON Wojtek</b>	<b>204</b>	K.T.O. Z KRAKOWA	M45-49	K.T.O. z Krakowa	00:16:01	00:50:01	<b>01:07:33</b>	41	00:04:00	00:19:26	01:19:34	01:56:04	02:40:47	03:43:20	04:22:46	05:11:16	<b>05:40:06</b>	<b>84</b>	00:02:53
67	<b>CON Lesław</b>	<b>33</b>		M50-54		00:16:34	00:51:39	<b>01:09:46</b>	57	00:04:53	00:18:48	01:17:03	01:52:46	02:37:26	03:39:45	04:18:10	05:06:12	<b>05:35:04</b>	<b>74</b>	00:04:48
68	<b>WIŚNIEWSKI Zbigniew</b>	<b>222</b>	ROWEROWA BRZOZA	M50-54	Rowerowa Brzoza	00:19:41	01:01:03	<b>01:22:31</b>	148	00:08:15	00:17:50	01:17:01	01:52:51	02:38:00	03:38:58	04:14:33	04:59:39	<b>05:25:56</b>	<b>49</b>	00:03:17
69	<b>SZELIŃSKI Adam</b>	<b>207</b>	OPP	M45-49		00:18:47	00:58:26	<b>01:18:00</b>	118	00:04:15	00:18:36	01:19:27	01:56:06	02:41:01	03:40:43	04:17:25	05:03:32	<b>05:30:13</b>	<b>62</b>	00:03:10
70	<b>KRAWENDA Robert</b>	<b>99</b>		M25-29		00:19:47	01:01:12	<b>01:22:41</b>	150	00:05:32	00:17:17	01:14:12	01:50:10	02:35:20	03:37:53	04:15:00	05:01:12	<b>05:28:51</b>	<b>59</b>	00:02:42
71	<b>PIEGDOŃ Piotr</b>	<b>163</b>	LITWIN TRIATLON TEAM	M35-39		00:15:50	00:47:48	<b>01:03:57</b>	27	00:09:08	00:19:23	01:21:15	01:57:09	02:43:20	03:45:11	04:21:51	05:07:31	<b>05:34:49</b>	<b>73</b>	00:06:08
72	<b>SWINIARSKI Jarosław</b>	<b>205</b>	TRIDEA/TRI EAGLES GDYNIA	M55-59		00:19:10	01:00:31	<b>01:21:35</b>	142	00:04:48	00:18:38	01:17:20	01:52:54	02:37:28	03:38:00	04:15:49	05:02:08	<b>05:29:39</b>	<b>61</b>	00:02:30
73	<b>KLIMCZAK Marcin</b>	<b>85</b>		M40-44		00:20:31	01:02:55	<b>01:25:21</b>	166	00:03:47	00:17:25	01:17:08	01:53:14	02:38:12	03:38:52	04:16:12	05:02:31	<b>05:29:17</b>	<b>60</b>	00:01:50
74	<b>KRZYSZTOFIK Kacper</b>	<b>103</b>	TRI AKTYWNY PIOTRKÓW	M40-44		00:18:27	00:57:24	<b>01:17:59</b>	117	00:04:18	00:19:28	01:21:01	01:57:30	02:43:02	03:46:04	04:23:17	05:09:58	<b>05:38:19</b>	<b>80</b>	00:02:43
75	<b>ZDROJEWSKI Grzegorz</b>	<b>232</b>	CZERNIEJEWOBIEGA	M45-49		00:17:35	00:52:55	<b>01:10:51</b>	58	00:05:05	00:18:25	01:18:36	01:53:54	02:38:27	03:41:23	04:20:11	05:10:01	<b>05:38:52</b>	<b>81</b>	00:03:57



				Swimming				Cycling									Race			
123	PRZYBYLSKI Sławomir	176	M55-59	00:18:49	00:57:47	01:17:46	116	00:05:49	00:19:27	01:22:27	02:01:25	02:50:12	03:57:21	04:38:13	05:29:50	05:59:12	130	00:04:50		
124	PLATOKHIN Borys	167	M40-44	00:18:47	01:00:59	01:23:12	153	00:05:58	00:19:42	01:25:05	02:05:10	02:54:04	04:00:19	04:41:07	05:31:06	06:01:05	133	00:03:42		
125	MAKOWSKI Marek	126	SUPER WTP/ ABSOLUTE BIKE TEAM	00:18:11	00:56:39	01:16:02	105	00:09:35	00:19:18	01:23:24	02:02:24	02:50:20	03:55:50	04:34:19	05:23:19	05:51:29	108	00:07:32		
126	KAZUBOWSKI Jacek	80	50PLUS	00:22:36	01:09:30	01:33:28	192	00:06:02	00:19:20	01:23:03	02:00:53	02:47:52	03:51:52	04:31:53	05:20:22	05:48:34	101	00:04:13		
127	BINKOWSKI Adrian	240	CB163/PROFESSIONAL HR	00:20:02	01:03:02	01:23:47	158	00:04:03	00:19:27	01:20:03	01:55:53	02:42:12	03:49:24	04:31:58	05:26:08	05:56:16	122	00:03:14		
128	SZYDŁOWSKI Marek	209	PARKRUN POZNAŃ	00:16:42	00:53:48	01:12:49	78	00:05:27	00:19:36	01:23:34	02:02:53	02:53:04	04:03:49	04:46:43	05:39:34	06:09:36	149	00:04:32		
129	PRZYBYLSKI Maciej	175		00:19:53	01:03:23	01:26:05	172	00:07:13	00:19:45	01:25:15	02:04:48	02:53:19	03:59:21	04:40:07	05:28:50	05:58:06	127	00:03:30		
130	STASIEWSKI Mariusz	200	TRISPACE	M40-44	Trispace	00:18:13	00:55:07	01:14:10	92	00:04:52	00:20:20	01:25:21	02:06:08	02:55:40	04:02:51	04:45:12	05:37:36	06:08:22	146	00:03:16
131	STRZELECKI Piotr	202	TRIATHLON TEAM CIESIELSKI	M35-39		00:18:24	00:57:28	01:18:18	119	00:04:46	00:19:27	01:22:35	02:01:58	02:51:29	04:01:05	04:45:01	05:37:51	06:08:27	147	00:03:22
132	KWIATKOWSKI Jacek	106	CMUJ MASTERS	M60-69		00:16:42	00:51:33	01:09:33	53	00:10:50	00:19:22	01:23:58	02:04:45	02:54:13	04:01:54	04:41:40	05:34:37	06:03:36	141	00:12:12
133	BUCHALIK Arkadiusz	24		M40-44		00:17:41	00:53:31	01:11:14	64	00:04:40	00:20:21	01:26:08	02:07:00	02:58:46	04:10:45	04:55:21	05:51:33	06:22:34	170	00:03:28
134	KACZMARCZYK Bogdan	74	KLUB PŁYWACKI KOZIEGŁOWY	M35-39		00:18:18	00:58:20	01:19:14	129	00:10:11	00:20:24	01:27:16	02:07:27	02:56:55	04:02:55	04:43:15	05:33:16	06:02:36	139	00:05:09
135	MICHALSKI Jakub	130	TRIATHLON KOSZALIN	M40-44		00:15:35	00:48:08	01:04:34	30	00:09:35	00:21:21	01:28:56	02:09:06	02:58:58	04:06:41	04:48:53	05:42:08	06:13:37	155	00:05:08
136	ŁUSZCZEWSKI Krzysztof	120	AMCOR	M40-44		00:18:43	00:58:15	01:18:56	127	00:07:30	00:18:35	01:18:00	01:55:09	02:43:59	03:51:12	04:35:44	05:28:36	05:58:07	128	00:03:48
137	APANASIEWICZ Bartosz	247	RUN PASJA	M35-39		00:18:47	00:58:35	01:18:34	122	00:04:18	00:19:41	01:22:34	02:02:07	02:55:02	04:06:57	04:50:19	05:43:02	06:12:36	153	00:03:54
138	REPKA Marek	178	LUPUS TEAM	M40-44		00:24:44	01:12:21	01:37:23	199	00:06:26	00:18:25	01:19:53	01:57:00	02:43:54	03:47:53	04:28:00	05:17:35	05:46:25	95	00:04:59
139	GORAL Mieczysław	59	SC ULTRA	M45-49		00:19:24	01:02:47	01:25:22	167	00:08:59	00:22:10	01:25:53	02:06:19	02:59:01	04:05:50	04:46:40	05:38:21	06:08:15	145	00:03:14
140	GÓRSKI Marian	63	KRS TKKF JASTRZĄB RUDA ŚLĄSKA	M60-69		00:20:41	01:02:37	01:23:31	155	00:07:39	00:20:25	01:27:21	02:11:42	03:02:05	04:10:49	04:52:35	05:42:22	06:10:28	150	00:03:26
141	GÓRNIEWICZ Marcin	62	MBANK	M35-39		00:21:40	01:08:21	01:33:36	193	00:06:12	00:19:04	01:24:00	02:04:09	02:53:25	04:00:57	04:42:07	05:31:51	05:59:25	131	00:05:01
142	KEPIŃSKI Henryk	83	KB SPARTAKUS BĘLCHATÓW	M60-69		00:21:18	01:06:22	01:31:34	188	00:05:47	00:20:38	01:28:23	02:09:14	02:58:35	04:05:46	04:46:01	05:36:06	06:05:31	144	00:03:07
143	FAVEEUW David	43		M40-44		00:19:15	01:00:15	01:21:47	143	00:05:44	00:20:44	01:27:34	02:09:04	02:59:13	04:08:31	04:51:31	05:44:15	06:15:35	156	00:03:25
144	BŁACHOWIAK Mariusz	16	AMBIT RACING TEAM	M45-49		00:26:17	01:19:46	01:44:47	208	00:05:43	00:18:36	01:21:37	01:59:56	02:47:47	03:54:14	04:34:20	05:25:43	05:53:37	114	00:04:14
145	NIEMCZYK Kazimierz	142		M55-59		00:22:24	01:11:40	01:39:49	203	00:10:01	00:19:45	01:23:37	02:02:07	02:49:49	03:54:26	04:34:49	05:25:22	05:54:54	116	00:03:48
146	NOWAK Paweł	143	KEPNET	M50-54		00:21:39	01:04:26	01:26:49	176	00:08:22	00:19:30	01:22:39	02:01:38	02:50:07	03:59:16	04:43:00	05:34:54	06:05:29	143	00:05:21
147	WITKOWSKI Michał	224	CYCUCHY LAMPKI	M30-34		00:13:55	00:44:11	00:59:49	10	00:12:51	00:21:58	01:30:12	02:11:30	03:05:31	04:17:25	05:01:39	05:59:14	06:32:40	184	00:05:10
148	ROŹNIATA Andrzej	181	KS GŁOWNO W BIEGU	M45-49	Głowno Team	00:20:54	01:05:46	01:30:11	187	00:06:41	00:19:28	01:24:29	02:05:43	02:55:46	04:01:58	04:42:38	05:33:54	06:04:39	142	00:06:49
149	MAJKA Leszek	123	GT RAT	M50-54		00:17:44	00:56:36	01:16:53	110	00:10:26	00:22:00	01:28:36	02:09:02	02:58:59	04:07:54	04:50:33	05:45:00	06:16:30	158	00:05:33
150	PESZT Marek	162	6M	M35-39		00:18:53	00:55:22	01:13:20	83	00:07:04	00:19:08	01:24:15	02:04:53	02:54:31	04:06:34	04:52:25	05:52:03	06:23:35	173	00:05:13
151	OLEJNIK Bartłomiej	151	ŻYTANIA TEAM	M35-39		00:22:12	01:11:59	01:36:20	196	00:06:05	00:19:12	01:23:07	02:02:34	02:52:16	04:00:37	04:41:05	05:34:12	06:03:28	140	00:03:55
152	SKIBA Włodzimierz	191	STOWARZYSZENIE TRIATHLONOWE U64 POZNAŃ	M50-54		00:19:56	01:02:17	01:23:55	160	00:06:33	00:20:37	01:28:41	02:11:25	03:03:11	04:13:58	04:57:48	05:50:24	06:21:02	163	00:02:47
153	FELSKI Mariusz	44	MŻS WOŁCZA MAŁA	M50-54		00:19:46	00:58:24	01:17:42	114	00:07:05	00:20:27	01:28:25	02:09:10	03:00:54	04:12:31	04:56:25	05:50:13	06:22:30	169	00:07:51
154	GOZDOWSKI Paweł	61		M45-49		00:25:20	01:17:54	01:45:05	210	00:09:34	00:19:34	01:26:08	02:06:29	02:55:25	03:58:41	04:38:19	05:27:24	05:55:56	119	00:10:13
155	OPOZDA Krzysztof	155	CM UMK	M50-54		00:18:58	00:58:29	01:17:34	112	00:08:37	00:20:28	01:26:52	02:09:06	03:02:36	04:14:19	04:56:35	05:47:48	06:18:38	159	00:07:20
156	DE GROOT Jan	38	KUŹNIA TRIATHLONU	M45-49	TRI TEAM MASTERS PIASECZNO	00:18:34	00:59:00	01:19:44	132	00:06:19	00:20:58	01:25:51	02:07:40	03:01:07	04:14:18	04:59:19	05:53:55	06:26:53	177	00:04:29
157	ДРУТЬЬ Петр	239		M35-39		00:21:50	01:04:46	01:27:05	179	00:10:32	00:21:04	01:30:41	02:14:07	03:05:06	04:13:16	04:55:40	05:48:28	06:20:19	162	00:07:14
158	KORSAKOV Kostiantyn	91	-	M45-49		00:20:11	01:01:51	01:23:50	159	00:11:34	00:20:33	01:26:06	02:07:24	02:59:58	04:10:49	04:54:50	05:49:14	06:21:24	164	00:05:53
159	MAKOWSKI Sławomir	125	RUN BYDGOSZCZ	M45-49		00:22:15	01:11:44	01:39:19	202	00:06:56	00:19:36	01:22:23	02:00:26	02:48:16	03:57:57	04:41:18	05:37:03	06:08:30	148	00:04:01
160	WÓJCIK Szymon	228		M18-24		00:20:32	01:03:35	01:25:46	169	00:07:29	00:20:53	01:29:20	02:10:13	03:02:26	04:13:04	04:58:17	05:56:17	06:28:05	178	00:03:57
161	BANACH Karol	9	DELIKATESY CENTRUM BOLEWICE	M35-39		00:19:36	01:00:01	01:20:56	140	00:08:14	00:19:52	01:21:01	02:00:04	02:49:58	04:01:53	04:48:07	05:43:45	06:13:36	154	00:16:39
162	ROTMAŃSKI Piotr	179	NADRUKIREKLAMOWE.COM.PL	M35-39		00:19:43	01:00:48	01:21:49	144	00:06:27	00:20:47	01:31:05	02:13:07	03:04:08	04:14:50	04:58:06	05:51:57	06:24:31	176	00:05:20
163	CZUBAK Wawrzyniec	242		M40-44		00:20:21	01:03:12	01:26:08	173	00:06:28	00:19:35	01:30:26	02:13:01	03:05:19	04:16:56	05:01:41	05:57:38	06:29:47	179	00:04:06
164	GRABOWSKI Szymon	64		M30-34		00:18:51	00:58:40	01:18:47	125	00:11:54	00:21:03	01:27:44	02:08:32	03:02:39	04:11:54	04:55:16	05:50:43	06:21:55	166	00:06:14
165	PAWLAK Piotr	160	PKO BANK POLSKI	M40-44	PKO Bank Polski	00:20:04	01:03:47	01:28:10	181	00:06:02	00:19:09	01:20:43	01:59:01	02:51:27	04:06:01	04:53:23	05:50:44	06:24:22	174	00:03:55
166	PLESS Wojciech	168	EKO-WIGOR	M40-44		00:20:54	01:06:04	01:29:50	185	00:06:22	00:22:25	01:28:30	02:08:26	02:58:27	04:09:44	04:54:16	05:50:44	06:22:55	172	00:07:01

				Swimming				Cycling								Race			
167	ZEMLIK Arek	233		M30-34	00:19:41	01:02:45	<b>01:25:57</b>	171	00:05:44	00:20:28	01:30:59	02:12:45	03:06:49	04:19:22	05:04:41	06:01:20	<b>06:34:08</b>	<b>187</b>	00:02:19
168	RUTKA Radoslaw	183	KTS IRONMAN	M40-44	00:19:59	01:01:07	<b>01:22:49</b>	151	00:08:15	00:20:54	01:30:46	02:11:05	03:02:40	04:14:30	04:57:30	05:59:16	<b>06:30:05</b>	<b>181</b>	00:06:00
169	BRZEZINSKI Marek	23	KORUP MOTION	M45-49	00:20:38	01:04:47	<b>01:28:42</b>	182	00:09:50	00:19:37	01:25:39	02:06:24	02:59:20	04:08:42	04:54:55	05:50:22	<b>06:22:22</b>	<b>168</b>	00:06:25
170	BRUŹ Filip	22	MIO PIANO	M40-44	00:23:18	01:16:05	<b>01:45:01</b>	209	00:08:21	00:20:11	01:29:52	02:10:55	03:01:12	04:07:28	04:49:33	05:41:18	<b>06:11:40</b>	<b>151</b>	00:08:40
171	WOŁOWSKI Lech	227		M40-44	00:20:58	01:06:02	<b>01:29:57</b>	186	00:07:29	00:22:13	01:29:05	02:10:20	03:01:34	04:14:21	04:57:31	05:50:10	<b>06:21:52</b>	<b>165</b>	00:06:23
172	KOBACKI Przemyslaw	86	KS GŁOWNO W BIEGU	M40-44	00:18:40	00:59:02	<b>01:19:50</b>	133	00:07:47	00:21:31	01:33:57	02:18:10	03:13:03	04:23:30	05:06:10	05:59:37	<b>06:30:33</b>	<b>182</b>	00:07:42
173	LASSAK Bartosz	110		M40-44	00:19:15	01:00:36	<b>01:22:07</b>	146	00:06:53	00:19:51	01:26:44	02:07:56	02:59:36	04:15:20	05:02:30	06:01:17	<b>06:34:21</b>	<b>188</b>	00:07:14
174	KRUK Rafał	101	WWW.BIEGAJWNIEMCZU.PL	M40-44	00:23:20	01:12:27	<b>01:37:49</b>	200	00:08:48	00:22:23	01:33:29	02:16:41	03:07:54	04:14:55	04:57:36	05:51:33	<b>06:22:53</b>	<b>171</b>	00:04:38
175	SITEK Witold	190		M60-69	00:21:53	01:10:33	<b>01:37:08</b>	198	00:08:16	00:19:47	01:26:23	02:06:22	02:55:57	04:07:29	04:49:53	05:44:58	<b>06:15:46</b>	<b>157</b>	00:06:54
176	MAŁKIŃSKI Józef	127	RWT W BYDGOSZCZY	M60-69	00:18:58	00:58:39	<b>01:18:32</b>	121	00:10:24	00:20:25	01:30:34	02:14:03	03:08:25	04:21:05	05:07:35	06:05:17	<b>06:37:53</b>	<b>191</b>	00:08:20
177	FIDELUS Leszek	46	STOWARZYSZENIE CHRZANOWSKICH CYKLISTÓW	M45-49	00:20:33	01:04:02	<b>01:26:18</b>	174	00:07:40	00:20:56	01:30:08	02:15:01	03:09:52	04:23:23	05:08:26	06:06:35	<b>06:39:09</b>	<b>193</b>	00:07:03
178	KARWOWSKI Maciej	78		M35-39	00:17:22	00:55:35	<b>01:13:51</b>	90	00:05:24	00:25:03	01:38:33	02:23:48	03:21:02	04:38:29	05:24:56	06:21:07	<b>06:52:14</b>	<b>200</b>	00:03:22
179	MIELCAREK Marcin	131		M35-39	00:20:29	01:02:47	<b>01:24:43</b>	162	00:14:26	00:20:33	01:29:38	02:11:45	03:04:09	04:13:05	04:55:54	05:49:52	<b>06:22:03</b>	<b>167</b>	00:08:28
180	GARLEWICZ Grzegorz	51		M40-44	00:20:12	01:00:48	<b>01:22:08</b>	147	00:08:23	00:20:42	01:27:35	02:09:25	03:03:21	04:19:23	05:06:51	06:07:31	<b>06:42:47</b>	<b>195</b>	00:06:04
181	GMYREK Michał	57		M35-39	00:17:06	00:53:32	<b>01:11:47</b>	68	00:07:21	00:20:09	01:29:01	02:11:01	03:07:50	04:28:10	05:15:32	06:19:00	<b>06:52:25</b>	<b>202</b>	00:05:39
182	GAWROŃSKI Sebastian	52	PZU SPORT TEAM	M35-39	00:20:31	01:03:43	<b>01:25:55</b>	170	00:06:57	00:20:36	01:28:16	02:10:01	03:03:16	04:22:36	05:07:38	06:04:28	<b>06:37:59</b>	<b>192</b>	00:07:10
183	KEPOWICZ Kamil	84		M30-34	00:20:33	01:07:23	<b>01:32:04</b>	189	00:10:24	00:22:46	01:34:32	02:17:51	03:12:22	04:22:07	05:07:38	06:03:18	<b>06:34:53</b>	<b>189</b>	00:05:50
184	WARCHOŁ Ryszard	219	CAŁY TWÓJ	M50-54	00:28:14	01:28:32	<b>02:00:35</b>	212	00:09:12	00:19:11	01:24:42	02:04:27	02:54:50	04:02:50	04:46:02	05:40:31	<b>06:11:56</b>	<b>152</b>	00:05:28
185	NOWAK Sławomir	144	PZU SPORT TEAM	M50-54	00:19:30	01:03:59	<b>01:27:22</b>	180	00:05:10	00:20:54	01:29:46	02:12:13	03:08:47	04:25:43	05:14:09	06:16:03	<b>06:50:59</b>	<b>198</b>	00:03:14
186	ZIMIŃSKI Zdzisław	235		M60-69	00:18:53	00:59:24	<b>01:20:44</b>	138	00:09:06	00:20:13	01:28:01	02:10:52	03:06:31	04:23:53	05:12:26	06:14:13	<b>06:52:20</b>	<b>201</b>	00:06:23
187	PRIEBE Andrzej	173		M30-34	00:22:56	01:14:27	<b>01:41:15</b>	205	00:08:40	00:20:36	01:25:17	02:08:45	03:02:53	04:15:40	05:05:00	06:01:55	<b>06:33:34</b>	<b>186</b>	00:05:04
188	SOLECKI Tomasz	195	GOMOLA TRANS AIRCO	M35-39	00:15:45	00:48:34	<b>01:05:36</b>	33	00:09:26	00:22:01	01:36:30	02:23:45	03:24:45	04:42:25	05:31:52	06:32:56	<b>07:05:52</b>	<b>206</b>	00:04:06
189	GOŁĄB Rafał	58		M30-34	00:20:24	01:10:32	<b>01:35:58</b>	195	00:07:39	00:19:04	01:23:40	02:03:47	03:09:12	04:18:41	05:02:59	05:59:11	<b>06:32:16</b>	<b>183</b>	00:08:55
190	YEVSTRATYEV Yevhen	231	SPORT CLUB 'SHYPSHYNA TRIATHLON TEAM'	M40-44	00:18:53	00:59:40	<b>01:21:19</b>	141	00:06:27	00:21:16	01:32:22	02:14:15	03:10:00	04:30:15	05:22:58	06:25:41	<b>07:01:08</b>	<b>204</b>	00:06:46
191	OGIŃSKI Artur	148		M30-34	00:19:50	01:01:20	<b>01:20:44</b>	137	00:06:20	00:21:01	01:32:28	02:18:05	03:18:21	04:34:16	05:22:47	06:26:49	<b>07:05:40</b>	<b>205</b>	00:03:10
192	PAWŁOWSKI Krzysztof	161	KRUK S.A.	M30-34	00:18:56	01:01:25	<b>01:23:42</b>	156	00:10:17	00:22:19	01:34:25	02:18:56	03:15:43	04:31:25	05:18:01	06:14:58	<b>06:48:39</b>	<b>197</b>	00:03:21
193	ZIÓŁKOWSKI Grzegorz	236		M30-34	00:22:17	01:10:35	<b>01:36:32</b>	197	00:08:42	00:19:53	01:29:14	02:12:33	03:08:56	04:26:55	05:14:03	06:16:16	<b>06:51:42</b>	<b>199</b>	00:07:34
194	BIAŁOBLOCKI Jacek	13	KB LECH RYPIN	M55-59	00:21:32	01:08:17	<b>01:32:46</b>	191	00:11:47	00:21:09	01:33:38	02:18:26	03:13:53	04:29:07	05:16:15	06:19:55	<b>06:55:15</b>	<b>203</b>	00:05:02
195	OLEJNICZAK Witold	150	KS MARATON OSTROW WLKP	M60-69	00:24:27	01:18:04	<b>01:47:06</b>	211	00:09:30	00:22:40	01:37:10	02:21:01	03:15:08	04:28:15	05:13:27	06:10:03	<b>06:43:33</b>	<b>196</b>	00:05:58
196	KOZŁOWSKI Maciej	97	ROADBIKE.PL / SIEDLCE TRIATHLON CLUB	M25-29	00:23:37	01:16:42	<b>01:44:28</b>	207	00:05:55	00:21:19	01:31:46	02:14:41	03:08:05	04:20:55	05:06:59	06:07:52	<b>06:42:32</b>	<b>194</b>	00:04:46
	BAREWSKI Bogdan	10		M60-69	00:23:09	01:12:58	<b>01:38:15</b>	201	00:10:00	00:21:37	01:34:13	02:21:16	03:24:47	04:53:15	05:43:02	06:46:49	<b>07:21:00</b>	<b>207</b>	00:05:36
198	JELEŃ Marcin	71		M40-44	00:23:34	01:14:59	<b>01:41:20</b>	206	00:12:20	00:20:31	01:33:05	02:17:29	03:11:22	04:26:38	05:16:30	06:11:45	<b>07:23:13</b>	<b>208</b>	00:04:41
199	ADAMIK Wiktor	3		M45-49	00:16:38	00:51:40	<b>01:09:45</b>	56	00:03:25	00:18:50	01:18:45	01:55:23	02:41:39	03:44:49	04:22:56	05:13:16	<b>05:41:54</b>	<b>88</b>	00:02:42
200	ALSKI Łukasz	4		M30-34	00:21:16	01:04:55	<b>01:26:53</b>	178	00:07:37	00:20:08	01:27:32	02:07:22	02:58:20	04:11:37	05:01:29	05:59:23	<b>06:35:15</b>	<b>190</b>	
201	SPYRA Piotr	198		M50-54	00:19:46	01:02:30	<b>01:24:52</b>	163	00:05:49	00:18:17									
202	GARBOWSKI Tomasz	50	FEMAT	M40-44	00:20:35	01:03:31	<b>01:25:39</b>	168	00:05:12	00:19:48	02:42:45	03:34:52	04:25:14						
	NOWICKI Leszek	147		M55-59	00:19:20	01:02:51	<b>01:25:05</b>	165	00:04:04	00:19:10	01:23:06	02:02:30	02:49:58	03:55:40					
	MRELA Adrian	135		M35-39	00:22:10														
	NOWICKI Bartosz	146	TRI TEAM-INO	M25-29	00:16:44	00:52:40	<b>01:11:05</b>	60	00:05:29	00:19:48									

Total 205 results.