

Klasyfikacja: Mężczyźni

Punkt pomiarowy: 204,7 km

Msc	Zawodnik	Numer	Klub	Kategoria	Drużyna	Pływanie				Rower								Bieg				
						P_Borowno 0.95km	P_Borowno 2.85km	R_Borowno 3.8km	Poz	R_Kotomierz 9km	R_Pauliny 42.2km	R_Lidl 63km	R_Kotomierz 87km	R_Pauliny 120.2km	R_Lidl 141km	R_Kotomierz 165km	B_Announcer 180km	Poz	B_Announcer 7.149km	B_Announcer 14.298km		
1	LUFT Mikołaj	115	LUFT TRI TEAM	M30-34		00:11:28	00:36:04	00:49:09	3	00:02:03	00:14:57	01:04:46	01:35:19	02:12:24	03:03:37	03:35:26	04:14:28	04:37:17	1	00:01:30	00:29:04	00:58:02
2	CHMURA Maciej	29	GVT GMC LKKS GÓRNIK WAŁBRZYCH	M30-34		00:11:26	00:35:19	00:47:37	2	00:01:58	00:14:45	01:05:35	01:36:38	02:13:18	03:05:13	03:37:04	04:16:07	04:38:50	2	00:01:53	00:28:47	00:58:33
3	NAJNOWICZ Sebastian	140	NAJNOWICZ TRIATHLON/ TEAM POLAND	M25-29		00:11:27	00:34:59	00:46:56	1	00:03:14	00:16:02	01:08:39	01:40:22	02:18:31	03:10:13	03:41:38	04:20:20	04:43:20	4	00:01:21	00:29:26	00:59:07
4	AUGUSTYNIAK Krzysztof	1	MKS PLETVAL POLKOWICE	M35-39		00:12:03	00:37:50	00:50:56	4	00:02:57	00:15:57	01:08:00	01:38:57	02:16:37	03:08:03	03:39:05	04:18:43	04:42:02	3	00:01:19	00:31:15	01:02:30
5	SPALENIAK Tomasz	197	ENDURE TEAM	M25-29	ENDURE TEAM	00:13:26	00:42:08	00:57:04	9	00:02:56	00:15:48	01:07:52	01:39:12	02:17:31	03:08:53	03:42:32	04:24:15	04:48:41	7	00:01:34	00:27:30	00:56:06
6	BIELECKI Jakub	14	NEON TEAM	M30-34	NEON Team	00:13:31	00:42:02	00:56:21	7	00:03:21	00:16:11	01:07:11	01:39:52	02:18:41	03:10:46	03:42:47	04:22:36	04:46:20	6	00:01:29	00:32:06	01:05:45
7	CZAJA Jakub	34	AKTYWNA DIETA	M35-39		00:16:30	00:50:19	01:07:25	40	00:03:40	00:16:07	01:09:13	01:41:49	02:22:19	03:15:50	03:47:43	04:28:42	04:52:42	8	00:01:40	00:26:27	00:54:01
8	JARECKI Grzegorz	68	TRUSO ELBLĄG / TEAMKARAŚ	M18-24		00:15:14	00:47:00	01:03:15	18	00:03:30	00:15:47	01:08:01	01:39:27	02:18:04	03:09:35	03:41:24	04:21:13	04:44:05	5	00:01:27	00:33:14	01:07:44
9	KOWALCZYK Marek	2	ROWEROWA BRZOZA	M35-39	Rowerowa Brzoza	00:15:09	00:47:10	01:04:02	28	00:02:31	00:16:03	01:09:28	01:41:59	02:21:35	03:15:27	03:48:38	04:30:06	04:55:18	9	00:01:54	00:30:13	00:59:57
10	RÓŻALSKI Piotr	182	FOLWARK KADYNY HOTEL TRIATHLON TEAM	M35-39	Kadyny Folwark Hotel Triathlon Team	00:13:24	00:41:48	00:56:24	8	00:02:50	00:16:40	01:11:02	01:43:52	02:24:03	03:18:34	03:52:14	04:33:31	04:57:52	12	00:05:08	00:32:31	01:07:31
11	JACKOWIAK Piotr	67		M30-34		00:13:27	00:41:23	00:55:49	6	00:03:06	00:16:56	01:10:50	01:43:32	02:24:17	03:20:07	03:54:27	04:38:03	05:02:51	14	00:02:12	00:32:42	01:05:57
12	LEMKE Krzysztof	111	GDYŃSKI TRIATHLON	M40-44		00:15:51	00:49:01	01:06:07	36	00:02:33	00:16:19	01:09:49	01:42:24	02:23:02	03:17:46	03:51:52	04:34:54	04:59:51	13	00:02:08	00:31:52	01:05:02
13	JURKIEWICZ Mariusz	73	TO TYLKO TRIATHLON TEAM	M35-39	To Tylko Triathlon	00:16:14	00:50:16	01:07:41	43	00:03:26	00:16:37	01:10:07	01:43:09	02:23:52	03:18:08	03:51:06	04:32:06	04:56:13	10	00:02:23	00:34:51	01:09:16
14	BOREK Mateusz	19	YMCA TRIATHLON KRAKOW	M30-34		00:14:55	00:46:45	01:03:12	16	00:03:27	00:17:38	01:12:15	01:46:29	02:27:52	03:24:29	03:59:43	04:44:25	05:09:14	23	00:02:00	00:30:57	01:03:42
15	EJSMONT Krzysztof	245	SZKOŁA JĘZYKOWA HELLO/TRISPACE	M40-44	Trispace	00:16:05	00:50:19	01:07:40	42	00:03:11	00:16:33	01:11:44	01:45:28	02:27:13	03:24:35	03:58:40	04:40:36	05:05:25	16	00:01:27	00:31:55	01:04:59
16	SOBCZAK Marcin	193	ENDURE TEAM	M45-49	ENDURE TEAM	00:15:08	00:47:01	01:03:25	22	00:03:40	00:17:09	01:12:50	01:46:46	02:28:02	03:24:41	03:58:53	04:41:24	05:06:15	18	00:01:40	00:32:54	01:06:40
17	STARON Piotr	199		M35-39		00:15:15	00:47:07	01:03:25	23	00:04:17	00:17:14	01:13:49	01:48:39	02:30:27	03:27:10	04:01:46	04:43:44	05:08:33	21	00:02:09	00:32:17	01:04:46
18	BOROWIAK Rafał	20	JOKŚ TEAM	M30-34		00:14:15	00:44:56	01:00:25	11	00:02:32	00:17:29	01:13:16	01:47:21	02:29:16	03:27:52	04:04:11	04:48:14	05:12:47	26	00:01:44	00:31:20	01:04:58
19	BASINSKI Marcin	11	NORTHANS TRI	M30-34		00:17:17	00:53:23	01:11:36	67	00:05:03	00:17:10	01:13:14	01:47:29	02:29:37	03:25:51	03:59:39	04:41:39	05:06:15	19	00:03:42	00:33:03	01:06:30
20	GAŚIOROWSKI Daniel	53	T R IGASEK	M35-39		00:13:48	00:43:51	01:00:51	12	00:03:32	00:16:47	01:11:17	01:43:49	02:23:47	03:17:41	03:51:34	04:33:16	04:57:31	11	00:02:31	00:35:50	01:19:55
21	JARZEMBOWICZ Maciej	70	TRINERGY TEAM	M35-39		00:15:56	00:50:59	01:09:05	49	00:02:26	00:16:52	01:13:47	01:49:11	02:33:12	03:31:04	04:05:00	04:46:56	05:12:08	25	00:01:43	00:33:55	01:08:30
22	ANDRZEJEWSKI Lukasz	6	TRI TEAM KOZAL	M40-44		00:15:12	00:47:05	01:03:23	21	00:05:16	00:17:15	01:12:46	01:46:53	02:30:09	03:27:30	04:00:57	04:42:06	05:06:15	17	00:03:25	00:37:04	01:14:33
23	PIOSIK Emil	165	VELOCITY WARSZTAT TRENINGU / TRIATHLONISTA.COM	M25-29	Velocity Warsztat Treningu / Triathlonista.com	00:16:47	00:51:57	01:09:38	55	00:04:11	00:17:30	01:15:45	01:51:12	02:34:46	03:34:37	04:10:58	04:55:36	05:22:29	42	00:02:28	00:31:39	01:02:32
24	CHABASIŃSKI Rafał	28	RA-V	M40-44		00:17:05	00:52:27	01:11:01	59	00:03:33	00:16:54	01:12:20	01:46:06	02:28:13	03:25:42	04:00:06	04:43:31	05:08:37	22	00:01:57	00:35:40	01:11:45
25	WASILEWSKI Krzysztof	220		M35-39		00:15:11	00:46:50	01:02:52	15	00:05:00	00:17:09	01:15:16	01:51:10	02:35:38	03:34:41	04:10:09	04:54:37	05:20:56	36	00:02:57	00:32:19	01:06:30
26	PRZEŹDZIEK Adam	174	T2 TRIATHLON TEAM	M30-34		00:15:00	00:47:02	01:03:51	26	00:03:07	00:17:17	01:13:51	01:48:11	02:31:52	03:31:18	04:06:11	04:50:59	05:16:07	28	00:01:55	00:35:02	01:11:56
27	ŻABA Marek	237	MAGNETI MARELLI TRIATHLON X-TEAM	M30-34		00:16:52	00:54:26	01:13:37	88	00:04:45	00:17:41	01:15:47	01:51:17	02:35:13	03:35:21	04:11:28	04:55:03	05:21:14	37	00:02:03	00:30:29	01:01:58
28	BANACH Marcin	8	3GRAVITY	M30-34	3Gravity	00:17:14	00:52:53	01:11:06	61	00:03:16	00:17:32	01:17:30	01:53:12	02:36:46	03:36:26	04:11:10	04:54:49	05:20:37	35	00:02:47	00:33:42	01:07:12
29	GŁOWSKI Dariusz	56	ACITVE MALBORK	M30-34		00:16:58	00:52:38	01:11:08	62	00:03:52	00:17:52	01:15:25	01:50:17	02:33:18	03:32:17	04:08:24	04:52:40	05:18:11	31	00:01:37	00:34:57	01:09:50
30	GOŚCINIAK Michał	60	3GRAVITY	M30-34	3Gravity	00:16:44	00:55:15	01:15:02	98	00:05:54	00:18:15	01:19:07	01:55:36	02:39:21	03:38:06	04:13:46	04:58:44	05:26:39	50	00:01:41	00:29:29	01:00:33
31	HAWROT Sylwester	65	NTS NEXELO JF DUET	M45-49		00:15:39	00:47:07	01:03:22	20	00:04:26	00:18:52	01:16:02	01:51:02	02:35:05	03:34:12	04:09:35	04:55:06	05:21:41	39	00:04:30	00:34:24	01:10:33
32	LESZCZEWICZ Waldemar	112	KUŹNIA TRIATHLONU	M40-44	Kuźnia Triathlonu	00:14:43	00:46:53	01:03:14	17	00:03:27	00:17:59	01:16:08	01:51:23	02:35:40	03:34:29	04:10:02	04:54:41	05:22:03	41	00:02:10	00:37:06	01:13:53
33	ZAKRZEWSKI Maciej	244		M40-44		00:15:07	00:47:07	01:04:04	29	00:03:06	00:17:06	01:13:35	01:48:20	02:31:42	03:32:33	04:09:56	04:55:21	05:21:44	40	00:02:21	00:35:34	01:13:04
34	KOWALKOWSKI Piotr	93	7 LO BYDGOSZCZ	M35-39		00:15:49	00:51:18	01:09:08	50	00:05:04	00:17:18	01:14:01	01:48:30	02:31:27	03:30:30	04:06:15	04:52:07	05:17:54	29	00:02:09	00:33:38	01:09:10
35	CIESZYŃSKI Jacek	32	ROWEROWA BRZOZA	M50-54	Rowerowa Brzoza	00:16:13	00:51:20	01:09:19	51	00:04:03	00:17:31	01:14:50	01:49:18	02:32:04	03:30:39	04:05:13	04:48:44	05:14:08	27	00:02:37	00:37:31	01:15:11

				Pływanie				Rower								Bieg					
36	<b>MOSSOCZY Zbigniew</b>	241	MAGAZYN TRIATHLON	M40-44	00:17:01	00:53:48	<b>01:12:39</b>	73	00:03:49	00:16:19	01:10:58	01:44:48	02:27:20	03:25:33	03:59:49	04:42:26	<b>05:07:56</b>	20	00:02:16	00:36:32	01:16:04
37	<b>BOGACZ Mariusz</b>	18	K.S. ZRYW RADZIEJÓW	M35-39	00:15:16	00:47:04	<b>01:03:27</b>	24	00:04:21	00:18:15	01:17:36	01:53:33	02:40:22	03:39:16	04:14:22	04:58:38	<b>05:24:09</b>	47	00:03:45	00:36:06	01:12:17
38	<b>ZIELIŃSKI Nicolas</b>	234	OLIMPIASPORT.PL / TO TYLKO TRIATHLON	M18-24	00:14:55	00:46:57	<b>01:03:29</b>	25	00:04:16	00:17:18	01:14:48	01:50:07	02:34:34	03:34:22	04:09:49	04:55:25	<b>05:21:37</b>	38	00:01:49	00:38:03	01:16:42
39	<b>ŚLESICKI Rafał</b>	211	OSTRE TEAM	M30-34	00:17:09	00:54:19	<b>01:13:37</b>	87	00:04:22	00:16:54	01:13:17	01:48:01	02:31:23	03:30:31	04:05:50	04:51:09	<b>05:18:01</b>	30	00:01:37	00:34:36	01:11:27
40	<b>CHORAŹIAK Witold</b>	30		M50-54	00:16:48	00:52:29	<b>01:11:15</b>	65	00:03:21	00:18:07	01:15:43	01:50:59	02:35:32	03:35:11	04:10:21	04:55:45	<b>05:22:50</b>	43	00:02:24	00:35:54	01:13:17
41	<b>SŁOWIŃSKI Damian</b>	192	UKS CITYZEN_/BE3	M35-39	00:19:06	00:57:32	<b>01:17:42</b>	113	00:06:09	00:17:17	01:12:37	01:46:53	02:28:27	03:26:37	04:01:47	04:45:42	<b>05:11:37</b>	24	00:03:07	00:37:49	01:13:53
42	<b>KOŁODZIEJ Sebastian</b>	89	LABOSPORT	M35-39	00:16:38	00:51:17	<b>01:08:45</b>	47	00:04:03	00:18:10	01:15:27	01:50:19	02:33:51	03:33:30	04:10:09	04:54:24	<b>05:20:01</b>	33	00:02:30	00:38:36	01:19:12
43	<b>TARCZEWSKI Tomasz</b>	216	TARCZA TRIATHLON TEAM	M35-39	00:14:32	00:45:48	<b>01:02:07</b>	13	00:03:29	00:17:45	01:15:50	01:51:01	02:34:43	03:35:16	04:12:21	04:59:20	<b>05:27:19</b>	53	00:02:45	00:38:17	01:17:55
44	<b>MARKIEWICZ Damian</b>	128	K.T.O. Z KRAKOWA	M35-39	00:18:21	00:55:49	<b>01:15:08</b>	99	00:05:32	00:17:20	01:16:33	01:52:18	02:37:14	03:37:30	04:14:14	04:59:53	<b>05:26:43</b>	51	00:03:07	00:36:04	01:10:28
45	<b>ANDRZEJCZYK Sebastian</b>	5	NEON TEAM	M40-44	00:15:42	00:48:28	<b>01:05:07</b>	32	00:04:05	00:17:42	01:16:47	01:52:59	02:38:26	03:39:05	04:15:41	05:01:32	<b>05:28:32</b>	57	00:03:33	00:37:39	01:17:16
46	<b>MYŚLAK Piotr</b>	139	TRIATHLONISTA.COM / OWOCBIEGA	M25-29	00:17:42	00:54:42	<b>01:13:46</b>	89	00:04:32	00:18:11	01:18:41	01:55:09	02:39:43	03:41:47	04:21:05	05:09:12	<b>05:37:32</b>	77	00:02:00	00:31:24	01:04:25
47	<b>MĄDRY Marcin</b>	129	STARTMETABANIA	M30-34	00:17:34	00:55:24	<b>01:14:34</b>	96	00:04:12	00:17:39	01:15:52	01:50:54	02:34:33	03:35:02	04:10:53	04:56:07	<b>05:23:05</b>	44	00:01:57	00:37:22	01:16:44
48	<b>KOWALSKI Darek</b>	95	ZBZ ŻŁOTÓW	M45-49	00:17:43	00:56:14	<b>01:16:12</b>	108	00:05:20	00:18:18	01:18:26	01:54:37	02:38:50	03:39:04	04:16:16	05:01:49	<b>05:28:28</b>	56	00:03:48	00:32:49	01:07:22
49	<b>CICHECKI Arkadiusz</b>	31	CELIRONMAN	M55-59	00:15:25	00:48:31	<b>01:06:06</b>	35	00:03:55	00:18:52	01:20:13	01:57:22	02:42:16	03:44:12	04:22:02	05:08:35	<b>05:36:14</b>	75	00:02:31	00:35:37	01:12:31
50	<b>SACHS Karol</b>	186	AIRBIKE.PL	M35-39	00:17:37	00:53:53	<b>01:12:49</b>	77	00:04:36	00:17:37	01:17:43	01:54:43	02:40:24	03:42:34	04:20:49	05:08:10	<b>05:36:54</b>	76	00:02:38	00:33:45	01:08:28
51	<b>WIŚNIEWSKI Zbigniew</b>	222	ROWEROWA BRZOZA	M50-54	00:19:41	01:01:03	<b>01:22:31</b>	148	00:08:15	00:17:50	01:17:01	01:52:51	02:38:00	03:38:58	04:14:33	04:59:39	<b>05:25:56</b>	49	00:03:17	00:32:44	01:06:24
52	<b>GACKA Rafał</b>	49	LUPUS TEAM	M40-44	00:19:51	01:03:49	<b>01:26:22</b>	175	00:04:14	00:17:51	01:15:34	01:50:45	02:34:19	03:34:22	04:11:27	04:57:19	<b>05:23:48</b>	45	00:01:59	00:33:39	01:08:22
53	<b>LÓPEZ MENDIZABAL Ramón</b>	113		M40-44	00:16:43	00:51:16	<b>01:09:04</b>	48	00:06:19	00:18:50	01:19:02	01:54:19	02:40:03	03:42:51	04:19:51	05:07:27	<b>05:33:57</b>	70	00:03:08	00:35:03	01:11:31
54	<b>KONIAIEV Volodymyr</b>	90	RUN BYDGOSZCZ	M30-34	00:16:34	00:51:41	<b>01:09:34</b>	54	00:04:04	00:17:58	01:16:58	01:53:04	02:38:18	03:39:58	04:17:16	05:04:13	<b>05:32:10</b>	67	00:02:41	00:36:42	01:14:42
55	<b>MAJKOWSKI Michał</b>	124	TRISPECT	M40-44	00:18:44	00:56:15	<b>01:15:09</b>	100	00:04:14	00:17:56	01:15:49	01:51:34	02:35:56	03:38:18	04:18:03	05:05:24	<b>05:32:58</b>	69	00:01:30	00:36:46	01:13:08
56	<b>BIENIEK Patryk</b>	15	POSNANIA	M35-39	00:16:59	00:52:48	<b>01:11:22</b>	66	00:04:57	00:18:21	01:17:23	01:53:26	02:37:18	03:40:22	04:18:52	05:06:48	<b>05:34:29</b>	72	00:03:02	00:36:03	01:12:31
57	<b>WOJCIECHOWSKI Sylwester</b>	225		M50-54	00:19:40	01:00:09	<b>01:20:55</b>	139	00:05:20	00:17:25	01:15:00	01:50:46	02:34:00	03:32:44	04:09:05	04:53:23	<b>05:20:02</b>	34	00:02:16	00:35:38	01:14:50
58	<b>ŁĄTKOWSKI Sławomir</b>	118	ORKAMASTERS IŁAWA	M40-44	00:15:46	00:50:55	<b>01:09:28</b>	52	00:06:40	00:17:31	01:16:19	01:52:03	02:36:47	03:37:56	04:15:44	05:03:24	<b>05:31:03</b>	63	00:03:10	00:38:49	01:17:21
59	<b>KITA Tomasz</b>	243		M35-39	00:14:57	00:46:47	<b>01:03:20</b>	19	00:02:58	00:20:18	01:20:45	01:56:25	02:39:52	03:42:10	04:18:32	05:03:39	<b>05:32:16</b>	68	00:03:24	00:39:46	01:22:37
60	<b>KARAŚ Michał</b>	77	OLEŚNICKA GRUPA TRIATHLONOWA	M30-34	00:18:03	00:55:04	<b>01:13:22</b>	84	00:05:33	00:17:56	01:17:13	01:53:07	02:37:07	03:37:31	04:14:28	05:01:19	<b>05:28:38</b>	58	00:02:28	00:39:28	01:18:58
61	<b>DESSELBERGER Andrzej</b>	37	TRI WŁOCŁAWEK	M45-49	00:17:56	00:55:00	<b>01:14:10</b>	93	00:04:21	00:18:02	01:16:03	01:51:03	02:34:32	03:32:39	04:07:46	04:53:21	<b>05:19:58</b>	32	00:01:39	00:39:59	01:24:02
62	<b>SUPERSON Wojtek</b>	204	K.T.O. Z KRAKOWA	M45-49	00:16:01	00:50:01	<b>01:07:33</b>	41	00:04:00	00:19:26	01:19:34	01:56:04	02:40:47	03:43:20	04:22:46	05:11:16	<b>05:40:06</b>	84	00:02:53	00:38:17	01:17:18
63	<b>KRAWENDA Robert</b>	99		M25-29	00:19:47	01:01:12	<b>01:22:41</b>	150	00:05:32	00:17:17	01:14:12	01:50:10	02:35:20	03:37:53	04:15:00	05:01:12	<b>05:28:51</b>	59	00:02:42	00:35:35	01:10:36
64	<b>KRZYSZTOFIK Kacper</b>	103	TRI AKTYWNY PIOTRKÓW	M40-44	00:18:27	00:57:24	<b>01:17:59</b>	117	00:04:18	00:19:28	01:21:01	01:57:30	02:43:02	03:46:04	04:23:17	05:09:58	<b>05:38:19</b>	80	00:02:43	00:33:39	01:08:33
65	<b>FOREMSKI Sławomir</b>	48	TORUŃSKI KLUB TRIATHLONOWY	M45-49	00:18:04	00:55:58	<b>01:15:37</b>	104	00:04:22	00:17:56	01:14:58	01:49:33	02:32:49	03:32:11	04:09:47	04:56:32	<b>05:24:01</b>	46	00:02:10	00:38:28	01:20:52
66	<b>SZYMKOWIAK Norbert</b>	210		M18-24	00:18:05	00:55:37	<b>01:15:30</b>	103	00:04:58	00:18:07	01:16:19	01:51:47	02:36:35	03:37:50	04:15:27	05:03:28	<b>05:31:49</b>	66	00:02:46	00:37:37	01:16:47
67	<b>KOZŁOWSKI Wojtek</b>	96	K.T.O. Z KRAKOWA	M45-49	00:17:29	00:53:16	<b>01:11:13</b>	63	00:06:26	00:18:12	01:16:48	01:52:17	02:35:42	03:36:07	04:12:12	04:57:39	<b>05:25:01</b>	48	00:03:51	00:42:00	01:23:47
68	<b>KLIMCZAK Marcin</b>	85		M40-44	00:20:31	01:02:55	<b>01:25:21</b>	166	00:03:47	00:17:25	01:17:08	01:53:14	02:38:12	03:38:52	04:16:12	05:02:31	<b>05:29:17</b>	60	00:01:50	00:36:07	01:15:11
69	<b>SWINIARSKI Jarosław</b>	205	TRIDEA/TRI EAGLES GDYNIA	M55-59	00:19:10	01:00:31	<b>01:21:35</b>	142	00:04:48	00:18:38	01:17:20	01:52:54	02:37:28	03:38:00	04:15:49	05:02:08	<b>05:29:39</b>	61	00:02:30	00:37:45	01:17:11
70	<b>CON Lesław</b>	33		M50-54	00:16:34	00:51:39	<b>01:09:46</b>	57	00:04:53	00:18:48	01:17:03	01:52:46	02:37:26	03:39:45	04:18:10	05:06:12	<b>05:35:04</b>	74	00:04:48	00:38:35	01:21:04
71	<b>MAJEWSKI Marek</b>	122	KUŹNIA TRIATHLONU	M40-44	00:18:11	00:57:26	<b>01:17:45</b>	115	00:05:59	00:18:33	01:18:46	01:56:17	02:42:17	03:46:17	04:25:20	05:13:34	<b>05:41:58</b>	89	00:02:06	00:36:33	01:13:27
72	<b>KRÓLIKOWSKI Jerzy</b>	100		M30-34	00:17:24	00:54:23	<b>01:13:27</b>	85	00:08:01	00:19:19	01:22:11	02:00:10	02:47:06	03:50:33	04:29:00	05:16:04	<b>05:43:18</b>	91	00:04:10	00:36:03	01:12:49
73	<b>TYPIŃSKI Paweł</b>	218	SOLUM TRI TEAM/PIĄTKOWO NA BIEGOWO	M25-29	00:17:21	00:56:17	<b>01:17:06</b>	111	00:03:19	00:18:47	01:20:35	01:57:53	02:44:27	03:48:43	04:27:30	05:15:42	<b>05:45:01</b>	93	00:03:13	00:35:01	01:11:23
74	<b>SZELIŃSKI Adam</b>	207	OPP	M45-49	00:18:47	00:58:26	<b>01:18:00</b>	118	00:04:15	00:18:36	01:19:27	01:56:06	02:41:01	03:40:43	04:17:25	05:03:32	<b>05:30:13</b>	62	00:03:10	00:38:30	01:21:16
75	<b>BULĘCZKA Paweł</b>	26	GATTA BIKE TEAM	M30-34	00:17:40	00:53:38	<b>01:12:18</b>	70	00:03:34	00:16:43	01:09:15	01:45:20	02:35:50	03:48:33	04:30:35	05:21:45	<b>05:52:58</b>	112	00:03:16	00:33:16	01:07:52
76	<b>ŚWIERCZYŃSKI Marcin</b>	214	TO TYLKO TRIATHLON ATHLETICOMED	M30-34	00:18:06	00:56:40	<b>01:16:21</b>	109	00:03:58	00:18:06	01:18:06	01:54:26	02:39:10	03:39:46	04:17:12	05:04:26	<b>05:31:44</b>	65	00:02:10	00:37:42	01:19:10
77	<b>KOWALEWSKI Piotr</b>	92		M30-34	00:17:09	00:53:54	<b>01:12:35</b>	71	00:04:38	00:19:11	01:22:04	02:00:01	02:47:09	03:51:18	04:30:14	05:20:02	<b>05:49:29</b>	103	00:02:06	00:36:51	01:13:42
78	<b>SAKOWSKI Sebastian</b>	188	LITWIN TRIATHLON TEAM	M35-39	00:20:43	01:02:40	<b>01:23:43</b>	157	00:07:06	00:17:42	01:17:15	01:52:35	02:36:30	03:36:25	04:14:40	05:00:47	<b>05:27:18</b>	52	00:05:08	00:40:57	01:21:52
79	<b>BOROWSKI Adam</b>	21	ACTIVEXTREME	M35-39	00:18:56	01:01:10	<b>01:23:16</b>	154	00:06:23	00:17:30	01:16:33	01:51:44	02:36:33	03:38:28	04:17:47	05:05:55	<b>05:33:58</b>	71	00:03:18	00:37:22	01:18:49

				Pływanie								Rower				Bieg					
80	KASZTELAN Władysław	79	TRIATHLON KOSZALIN	M35-39	00:17:49	00:55:18	01:14:28	95	00:07:17	00:19:14	01:21:11	01:59:36	02:47:43	03:51:01	04:29:44	05:20:04	05:47:28	99	00:03:16	00:36:59	01:15:32
81	KALIN Władysław	75		M35-39	00:16:37	00:52:45	01:12:50	79	00:06:35	00:18:44	01:18:52	01:56:46	02:44:32	03:49:20	04:28:52	05:18:48	05:47:58	100	00:06:31	00:34:53	01:12:58
82	KWINTA Sławomir	108		M40-44	00:17:43	00:55:47	01:14:21	94	00:06:32	00:20:01	01:24:15	02:01:28	02:47:35	03:52:48	04:31:12	05:19:40	05:47:26	98	00:03:19	00:39:05	01:18:24
83	FELUSIAK Adam	45		M40-44	00:16:29	00:50:20	01:07:46	44	00:04:23	00:19:26	01:20:38	01:58:14	02:47:54	03:53:16	04:35:23	05:27:53	05:59:04	129	00:03:15	00:36:32	01:14:31
84	STĄSKIEWICZ Maciej	201		M25-29	00:19:13	00:58:35	01:18:44	124	00:04:59	00:20:10	01:22:12	02:00:20	02:47:38	03:51:49	04:32:35	05:22:01	05:50:12	105	00:02:37	00:38:11	01:15:03
85	OLEK Jakub	152	TRIATHLON KALISZ	M30-34	00:16:04	00:49:03	01:06:11	37	00:05:41	00:19:13	01:20:25	01:57:51	02:44:25	03:48:58	04:29:40	05:22:54	05:51:47	109	00:06:01	00:41:13	01:20:52
86	RYBKOWSKI Grzegorz	185	WTP	M45-49	00:22:31	01:11:42	01:40:05	204	00:05:24	00:17:24	01:15:04	01:51:03	02:35:15	03:36:38	04:14:23	05:01:41	05:28:09	55	00:02:59	00:36:38	01:15:26
87	JĘDRZCZYK Piotr	72		M40-44	00:19:10	00:58:43	01:18:30	120	00:06:33	00:18:52	01:20:12	01:57:38	02:44:29	03:49:22	04:29:57	05:19:53	05:48:42	102	00:04:29	00:37:56	01:15:45
88	MRÓZ Tomasz	137	JKK JĘDRZEJÓW	M45-49	00:17:36	00:55:26	01:14:35	97	00:05:43	00:18:03	01:19:44	01:56:10	02:43:02	03:46:17	04:25:26	05:14:37	05:42:54	90	00:02:27	00:39:18	01:22:09
89	PAWŁAK Artur	159	IPA BYDGOSZCZ	M45-49	00:15:18	00:49:55	01:07:25	39	00:03:45	00:19:10	01:22:07	02:00:45	02:50:28	03:57:32	04:38:38	05:31:45	06:01:45	137	00:02:02	00:39:21	01:19:09
90	MSTOWSKI Maciej	138	KSR OMEGA BĘDZIN	M40-44	00:18:16	00:54:50	01:12:50	80	00:05:44	00:17:32	01:15:36	01:51:04	02:39:35	03:45:31	04:23:36	05:14:22	05:44:52	92	00:05:00	00:38:20	01:23:07
91	ZDROJEWSKI Grzegorz	232	CZERNIEJEWOBIEGA	M45-49	00:17:35	00:52:55	01:10:51	58	00:05:05	00:18:25	01:18:36	01:53:54	02:38:27	03:41:23	04:20:11	05:10:01	05:38:52	81	00:03:57	00:42:34	01:26:17
92	SZAREK Michał	206		M30-34	00:16:55	00:54:17	01:12:59	81	00:05:34	00:17:57	01:16:57	01:53:58	02:40:44	03:45:22	04:23:35	05:13:08	05:41:19	86	00:02:07	00:39:14	01:22:56
93	JAROSZUK Kamil	69	INTERSPORT	M35-39	00:19:14	00:59:57	01:20:37	136	00:05:07	00:19:34	01:24:33	02:02:59	02:51:53	03:57:59	04:37:31	05:27:21	05:56:02	120	00:04:00	00:34:31	01:11:09
94	PIEGDON Piotr	163	LITWIN TRIATLON TEAM	M35-39	00:15:50	00:47:48	01:03:57	27	00:09:08	00:19:23	01:21:15	01:57:09	02:43:20	03:45:11	04:21:51	05:07:31	05:34:49	73	00:06:08	00:43:04	01:29:27
95	NIEDZIAŁKOWSKI Jan	141		M30-34	00:18:51	00:58:36	01:18:35	123	00:05:14	00:18:27	01:18:56	01:56:28	02:42:46	03:48:11	04:29:18	05:20:28	05:50:00	104	00:02:43	00:39:37	01:18:43
96	BUDZIŁO Adam	25	PTT DELTA	M45-49	00:17:37	00:54:16	01:12:40	74	00:05:39	00:18:12	01:18:35	01:56:21	02:42:10	03:47:04	04:27:13	05:17:08	05:46:46	96	00:02:16	00:39:15	01:29:22
97	KRZYSTOLIK Adam	102	FIFAN.PL/BODYDRY	M40-44	00:17:21	00:54:15	01:13:30	86	00:03:15	00:19:25	01:20:19	01:57:04	02:43:16	03:52:49	04:35:55	05:26:46	05:55:55	118	00:02:00	00:38:38	01:19:18
98	PLATOKHIN Borys	167		M40-44	00:18:47	01:00:59	01:23:12	153	00:05:58	00:19:42	01:25:05	02:05:10	02:54:04	04:00:19	04:41:07	05:31:06	06:01:05	133	00:03:42	00:32:34	01:06:54
99	DOLEZEK Robert	39	PAŃSTWOWA STRAŻ POŻARNA KAZIMIERZA WIELKA	M35-39	00:20:38	01:02:49	01:24:01	161	00:07:17	00:20:42	01:26:58	02:06:43	02:54:14	03:58:09	04:37:32	05:25:01	05:52:18	111	00:03:37	00:34:36	01:11:17
100	OLEŚ Daniel	153		M25-29	00:17:14	00:53:25	01:11:58	69	00:05:36	00:19:24	01:22:52	02:01:56	02:50:19	03:55:33	04:35:24	05:24:34	05:54:10	115	00:03:25	00:39:32	01:21:52
101	OSTROMĘCKI Waldemar	156		M40-44	00:18:37	00:56:29	01:16:09	107	00:09:30	00:18:41	01:18:51	01:55:48	02:41:44	03:43:31	04:21:56	05:10:02	05:37:52	79	00:05:30	00:42:00	01:24:56
102	FIGEL Michał	47	MIKI TEAM	M40-44	00:18:29	00:59:12	01:20:06	135	00:06:31	00:18:48	01:20:53	01:57:50	02:43:22	03:46:25	04:26:50	05:18:15	05:47:13	97	00:03:16	00:39:08	01:19:36
103	KOCIEL Jarosław	88		M45-49	00:17:34	00:55:28	01:15:15	101	00:06:58	00:19:22	01:22:33	02:01:12	02:48:42	03:54:56	04:35:59	05:26:28	05:56:18	124	00:04:43	00:38:06	01:17:42
104	TOMCZYŃSKI Bartosz	217		M35-39	00:19:49	01:00:35	01:22:00	145	00:04:01	00:18:21	01:19:30	01:57:08	02:45:10	03:51:53	04:34:58	05:26:40	05:56:23	125	00:02:56	00:36:01	01:14:41
105	MAJCHRZAK Marcin	121	KLUB PŁYWACKI KOZIEGŁOWY	M35-39	00:15:49	00:48:46	01:05:00	31	00:08:26	00:19:51	01:24:37	02:04:39	02:53:40	03:59:23	04:38:47	05:27:55	05:56:17	123	00:05:17	00:42:10	01:24:19
106	MIEZIANKO Krzysztof	132		M35-39	00:16:09	00:50:57	01:08:40	46	00:05:30	00:18:04	01:17:57	01:55:36	02:42:33	03:49:43	04:32:28	05:25:02	05:55:19	117	00:03:37	00:43:25	01:26:26
107	ŁAGOŻNY Łukasz	116	EURO24 TEAM	M35-39	00:18:00	00:56:31	01:16:07	106	00:05:10	00:19:39	01:24:15	02:02:12	02:50:01	03:57:28	04:40:11	05:31:56	06:01:20	135	00:02:18	00:38:22	01:17:36
108	PILCH Artur	164	PIANIŚCI GÓRĄ	M35-39	00:17:17	00:54:16	01:12:59	82	00:06:25	00:18:52	01:18:56	01:55:57	02:40:56	03:43:23	04:21:35	05:09:50	05:37:50	78	00:06:11	00:39:58	01:29:46
109	LANECKI Artur	109		M40-44	00:16:11	00:50:15	01:07:53	45	00:06:40	00:18:26	01:22:17	01:59:43	02:46:11	03:52:03	04:31:29	05:20:46	05:50:28	106	00:06:36	00:39:42	01:25:29
110	KĄDZIELA Rafał	82	AKB LIDZBARK WARMIŃSKI	M40-44	00:19:37	01:02:43	01:25:02	164	00:08:08	00:18:23	01:19:18	01:56:17	02:41:37	03:44:10	04:23:15	05:11:55	05:39:40	83	00:08:06	00:39:17	01:20:42
111	DANKÓW Krzysztof	36	GT RAT	M35-39	00:18:44	00:56:12	01:15:28	102	00:09:49	00:20:02	01:23:40	02:02:32	02:50:36	03:55:58	04:36:01	05:25:51	05:56:08	121	00:03:47	00:38:56	01:18:37
112	PRZYBYLSKI Sławomir	176		M55-59	00:18:49	00:57:47	01:17:46	116	00:05:49	00:19:27	01:22:27	02:01:25	02:50:12	03:57:21	04:38:13	05:29:50	05:59:12	130	00:04:50	00:39:05	01:17:56
113	WRONA Klaudiusz	229	ZUZIK TRI TEAM	M40-44	00:20:16	01:05:44	01:29:43	184	00:06:51	00:20:47	01:24:14	02:02:35	02:49:15	03:51:31	04:30:26	05:18:02	05:45:53	94	00:03:14	00:39:24	01:19:58
114	DRABJEWSKI Paweł	41	TKKF WODNIK WIĘCJOBORK	M35-39	00:20:12	01:03:47	01:26:52	177	00:11:06	00:19:12	01:19:55	01:57:35	02:44:40	03:46:44	04:24:14	05:11:58	05:39:19	82	00:04:34	00:39:35	01:23:27
115	TADZIK Wojciech	215	TECHNIKA ZWYCIĘSTWA	M25-29	00:15:47	00:49:43	01:07:11	38	00:04:40	00:19:19	01:21:09	01:58:28	02:47:32	03:53:20	04:38:17	05:31:55	06:02:26	138	00:03:22	00:38:18	01:21:20
116	KANDAKOU Yauheni	76	TRI.BY	M40-44	00:22:20	01:09:39	01:34:03	194	00:06:59	00:18:15	01:19:07	01:55:31	02:39:45	03:41:08	04:18:08	05:04:31	05:31:26	64	00:03:57	00:43:45	01:28:44
117	BEDYK Ireneusz	12	PTT DELTA	M60-69	00:19:08	00:59:17	01:19:41	131	00:05:48	00:18:40	01:18:57	01:57:10	02:45:14	03:50:54	04:32:14	05:22:40	05:53:33	113	00:02:45	00:41:17	01:25:08
118	KAZUBOWSKI Jacek	80	50PLUS	M50-54	00:22:36	01:09:30	01:33:28	192	00:06:02	00:19:20	01:23:03	02:00:53	02:47:52	03:51:52	04:31:53	05:20:22	05:48:34	101	00:04:13	00:38:06	01:18:05
119	STRZELECKI Piotr	202	TRIATHLON TEAM CIESIELSKI	M35-39	00:18:24	00:57:28	01:18:18	119	00:04:46	00:19:27	01:22:35	02:01:58	02:51:29	04:01:05	04:45:01	05:37:51	06:08:27	147	00:03:22	00:39:11	01:18:40
120	ENGLERT Grzegorz	42	TRIATHLON KOSZALIN	M40-44	00:14:41	00:46:28	01:02:40	14	00:07:40	00:19:04	01:20:54	02:00:50	02:49:37	03:56:29	04:39:36	05:31:10	06:01:19	134	00:04:36	00:44:00	01:31:48
121	ŁUCYSZYN Robert	119		M35-39	00:16:57	00:53:37	01:12:37	72	00:07:32	00:19:06	01:21:38	01:58:59	02:47:17	03:52:19	04:34:26	05:24:31	05:52:05	110	00:03:01	00:46:06	01:30:55
122	KRASICKI Michał	98	TKKF WODNIK WIĘCJOBORK	M35-39	00:19:04	00:58:58	01:19:37	130	00:08:12	00:17:57	01:18:25	01:54:49	02:40:02	03:43:06	04:22:38	05:12:07	05:40:40	85	00:07:38	00:42:47	01:30:50
123	PRZYBYLSKI Maciej	175		M40-44	00:19:53	01:03:23	01:26:05	172	00:07:13	00:19:45	01:25:15	02:04:48	02:53:19	03:59:21	04:40:07	05:28:50	05:58:06	127	00:03:30	00:37:48	01:19:00
124	BINKOWSKI Adrian	240	CB163/PROFESSIONAL HR	M35-39	00:20:02	01:03:02	01:23:47	158	00:04:03	00:19:27	01:20:03	01:55:53	02:42:12	03:49:24	04:31:58	05:26:08	05:56:16	122	00:03:14	00:44:20	01:25:48
125	KACZMARCZYK Bogdan	74	KLUB PŁYWACKI KOZIEGŁOWY	M35-39	00:18:18	00:58:20	01:19:14	129	00:10:11	00:20:24	01:27:16	02:07:27	02:56:55	04:02:55	04:43:15	05:33:16	06:02:36	139	00:05:09	00:40:18	01:18:37
126	KUBACIK Wacław	104	COMPANIEROS	M50-54	00:21:01	01:06:00	01:29:20	183	00:13:44	00:17:37	01:14:52	01:50:35	02:35:45	03:37:00	04:13:50	05:00:44	05:27:59	54	00:10		

				Pływanie						Rower						Bieg						
128	<b>LUDWINIAK Bogdan</b>	<b>114</b>	HURTINEX 50 PLUS	M50-54	00:18:52	00:58:30	<b>01:19:06</b>	128	00:05:25	00:19:28	01:21:29	01:59:07	02:47:26	03:52:48	04:32:29	05:21:54	<b>05:50:35</b>	<b>107</b>	00:08:07	00:44:06	01:33:01	
129	<b>GÓRSKI Marian</b>	<b>63</b>	KRS TKKF JASTRZĄB RUDA ŚLĄSKA	M60-69	00:20:41	01:02:37	<b>01:23:31</b>	155	00:07:39	00:20:25	01:27:21	02:11:42	03:02:05	04:10:49	04:52:35	05:42:22	<b>06:10:28</b>	<b>150</b>	00:03:26	00:38:28	01:17:26	
130	<b>GORAL Mieczysław</b>	<b>59</b>	SC ULTRA	M45-49	00:19:24	01:02:47	<b>01:25:22</b>	167	00:08:59	00:22:10	01:25:53	02:06:19	02:59:01	04:05:50	04:46:40	05:38:21	<b>06:08:15</b>	<b>145</b>	00:03:14	00:37:21	01:20:05	
131	<b>STASIEWSKI Mariusz</b>	<b>200</b>	TRISPACE	M40-44	Trispace	00:18:13	00:55:07	<b>01:14:10</b>	92	00:04:52	00:20:20	01:25:21	02:06:08	02:55:40	04:02:51	04:45:12	05:37:36	<b>06:08:22</b>	<b>146</b>	00:03:16	00:43:36	01:30:53
132	<b>MAKOWSKI Marek</b>	<b>126</b>	SUPER WTP/ ABSOLUTE BIKE TEAM	M30-34	00:18:11	00:56:39	<b>01:16:02</b>	105	00:09:35	00:19:18	01:23:24	02:02:24	02:50:20	03:55:50	04:34:19	05:23:19	<b>05:51:29</b>	<b>108</b>	00:07:32	00:47:30	01:36:55	
133	<b>MICHALSKI Jakub</b>	<b>130</b>	TRIATHLON KOSZALIN	M40-44	00:15:35	00:48:08	<b>01:04:34</b>	30	00:09:35	00:21:21	01:28:56	02:09:06	02:58:58	04:06:41	04:48:53	05:42:08	<b>06:13:37</b>	<b>155</b>	00:05:08	00:46:28	01:32:26	
134	<b>KEPIŃSKI Henryk</b>	<b>83</b>	KB SPARTAKUS BELCHATÓW	M60-69	00:21:18	01:06:22	<b>01:31:34</b>	188	00:05:47	00:20:38	01:28:23	02:09:14	02:58:35	04:05:46	04:46:01	05:36:06	<b>06:05:31</b>	<b>144</b>	00:03:07	00:40:12	01:20:26	
135	<b>BŁACHOWIAK Mariusz</b>	<b>16</b>	AMBIT RACING TEAM	M45-49	00:26:17	01:19:46	<b>01:44:47</b>	208	00:05:43	00:18:36	01:21:37	01:59:56	02:47:47	03:54:14	04:34:20	05:25:43	<b>05:53:37</b>	<b>114</b>	00:04:14	00:39:53	01:21:17	
136	<b>SZYDŁOWSKI Marek</b>	<b>209</b>	PARKRUN POZNAŃ	M35-39	00:16:42	00:53:48	<b>01:12:49</b>	78	00:05:27	00:19:36	01:23:34	02:02:53	02:53:04	04:03:49	04:46:43	05:39:34	<b>06:09:36</b>	<b>149</b>	00:04:32	00:40:17	01:28:57	
137	<b>NIEMCZYK Kazimierz</b>	<b>142</b>		M55-59	00:22:24	01:11:40	<b>01:39:49</b>	203	00:10:01	00:19:45	01:23:37	02:02:07	02:49:49	03:54:26	04:34:49	05:25:22	<b>05:54:54</b>	<b>116</b>	00:03:48	00:39:32	01:23:56	
138	<b>GOZDOWSKI Paweł</b>	<b>61</b>		M45-49	00:25:20	01:17:54	<b>01:45:05</b>	210	00:09:34	00:19:34	01:26:08	02:06:29	02:55:25	03:58:41	04:38:19	05:27:24	<b>05:55:56</b>	<b>119</b>	00:10:13	00:37:46	01:14:50	
139	<b>APANASIEWICZ Bartosz</b>	<b>247</b>	RUN PASJA	M35-39	00:18:47	00:58:35	<b>01:18:34</b>	122	00:04:18	00:19:41	01:22:34	02:02:07	02:55:02	04:06:57	04:50:19	05:43:02	<b>06:12:36</b>	<b>153</b>	00:03:54	00:41:53	01:29:10	
140	<b>FAVEEUW David</b>	<b>43</b>		M40-44	00:19:15	01:00:15	<b>01:21:47</b>	143	00:05:44	00:20:44	01:27:34	02:09:04	02:59:13	04:08:31	04:51:31	05:44:15	<b>06:15:35</b>	<b>156</b>	00:03:25	00:40:05	01:24:14	
141	<b>WITKOWSKI Michał</b>	<b>224</b>	CYCUCHY LAMPKI	M30-34	00:13:55	00:44:11	<b>00:59:49</b>	10	00:12:51	00:21:58	01:30:12	02:11:30	03:05:31	04:17:25	05:01:39	05:59:14	<b>06:32:40</b>	<b>184</b>	00:05:10	00:40:09	01:22:01	
142	<b>BŁASIAK Leszek</b>	<b>17</b>		M50-54	00:15:54	00:48:48	<b>01:05:56</b>	34	00:05:49	00:19:48	01:22:31	01:58:57	02:48:47	03:57:22	04:37:57	05:31:26	<b>06:01:28</b>	<b>136</b>	00:04:18	00:39:21	01:31:09	
143	<b>KWIATKOWSKI Jacek</b>	<b>106</b>	CMUJ MASTERS	M60-69	00:16:42	00:51:33	<b>01:09:33</b>	53	00:10:50	00:19:22	01:23:58	02:04:45	02:54:13	04:01:54	04:41:40	05:34:37	<b>06:03:36</b>	<b>141</b>	00:12:12	00:41:00	01:29:52	
144	<b>GÓRNIOWICZ Marcin</b>	<b>62</b>	MBANK	M35-39	00:21:40	01:08:21	<b>01:33:36</b>	193	00:06:12	00:19:04	01:24:00	02:04:09	02:53:25	04:00:57	04:42:07	05:31:51	<b>05:59:25</b>	<b>131</b>	00:05:01	00:41:16	01:25:54	
145	<b>REPKA Marek</b>	<b>178</b>	LUPUS TEAM	M40-44	00:24:44	01:12:21	<b>01:37:23</b>	199	00:06:26	00:18:25	01:19:53	01:57:00	02:43:54	03:47:53	04:28:00	05:17:35	<b>05:46:25</b>	<b>95</b>	00:04:59	00:46:57	01:35:51	
146	<b>OLEJNIK Bartłomiej</b>	<b>151</b>	ŻYTŃIA TEAM	M35-39	00:22:12	01:11:59	<b>01:36:20</b>	196	00:06:05	00:19:12	01:23:07	02:02:34	02:52:16	04:00:37	04:41:05	05:34:12	<b>06:03:28</b>	<b>140</b>	00:03:55	00:44:01	01:26:59	
147	<b>ROŻNIATA Andrzej</b>	<b>181</b>	KS GŁOWNO W BIEGU	M45-49	Głowno Team	00:20:54	01:05:46	<b>01:30:11</b>	187	00:06:41	00:19:28	01:24:29	02:05:43	02:55:46	04:01:58	04:42:38	05:33:54	<b>06:04:39</b>	<b>142</b>	00:06:49	00:43:11	01:27:48
148	<b>FELSKI Mariusz</b>	<b>44</b>	MŻS WÓLCZA MAŁA	M50-54	00:19:46	00:58:24	<b>01:17:42</b>	114	00:07:05	00:20:27	01:28:25	02:09:10	03:00:54	04:12:31	04:56:25	05:50:13	<b>06:22:30</b>	<b>169</b>	00:07:51	00:41:52	01:25:22	
149	<b>SKIBA Włodzimierz</b>	<b>191</b>	STOWARZYSZENIE TRIATHLONOWE U64 POZNAŃ	M50-54	00:19:56	01:02:17	<b>01:23:55</b>	160	00:06:33	00:20:37	01:28:41	02:11:25	03:03:11	04:13:58	04:57:48	05:50:24	<b>06:21:02</b>	<b>163</b>	00:02:47	00:39:50	01:25:47	
150	<b>ŁUSZCZEWSKI Krzysztof</b>	<b>120</b>	AMCOR	M40-44	00:18:43	00:58:15	<b>01:18:56</b>	127	00:07:30	00:18:35	01:18:00	01:55:09	02:43:59	03:51:12	04:35:44	05:28:36	<b>05:58:07</b>	<b>128</b>	00:03:48	00:51:51	01:44:55	
151	<b>ДРУТЬ Петр</b>	<b>239</b>		M35-39	00:21:50	01:04:46	<b>01:27:05</b>	179	00:10:32	00:21:04	01:30:41	02:14:07	03:05:06	04:13:16	04:55:40	05:48:28	<b>06:20:19</b>	<b>162</b>	00:07:14	00:38:36	01:19:17	
152	<b>BRUŻ Filip</b>	<b>22</b>	MIO PIANO	M40-44	00:23:18	01:16:05	<b>01:45:01</b>	209	00:08:21	00:20:11	01:29:52	02:10:55	03:01:12	04:07:28	04:49:33	05:41:18	<b>06:11:40</b>	<b>151</b>	00:08:40	00:37:12	01:15:11	
153	<b>PESZT Marek</b>	<b>162</b>	6M	M35-39	00:18:53	00:55:22	<b>01:13:20</b>	83	00:07:04	00:19:08	01:24:15	02:04:53	02:54:31	04:06:34	04:52:25	05:52:03	<b>06:23:35</b>	<b>173</b>	00:05:13	00:44:13	01:30:42	
154	<b>MAJKA Leszek</b>	<b>123</b>	GT RAT	M50-54	00:17:44	00:56:36	<b>01:16:53</b>	110	00:10:26	00:22:00	01:28:36	02:09:02	02:58:59	04:07:54	04:50:33	05:45:00	<b>06:16:30</b>	<b>158</b>	00:05:33	00:44:04	01:31:04	
155	<b>NOWAK Paweł</b>	<b>143</b>	KEPNET	M50-54	00:21:39	01:04:26	<b>01:26:49</b>	176	00:08:22	00:19:30	01:22:39	02:01:38	02:50:07	03:59:16	04:43:00	05:34:54	<b>06:05:29</b>	<b>143</b>	00:05:21	00:48:07	01:36:48	
156	<b>KORSAKOV Kostiantyn</b>	<b>91</b>	-	M45-49	00:20:11	01:01:51	<b>01:23:50</b>	159	00:11:34	00:20:33	01:26:06	02:07:24	02:59:58	04:10:49	04:54:50	05:49:14	<b>06:21:24</b>	<b>164</b>	00:05:53	00:42:09	01:26:17	
157	<b>CZUBAK Wawrzyniec</b>	<b>242</b>		M40-44	00:20:21	01:03:12	<b>01:26:08</b>	173	00:06:28	00:19:35	01:30:26	02:13:01	03:05:19	04:16:56	05:01:41	05:57:38	<b>06:29:47</b>	<b>179</b>	00:04:06	00:40:46	01:23:40	
158	<b>PLESS Wojciech</b>	<b>168</b>	EKO-WIGOR	M40-44	00:20:54	01:06:04	<b>01:29:50</b>	185	00:06:22	00:22:25	01:28:30	02:08:26	02:58:27	04:09:44	04:54:16	05:50:44	<b>06:22:55</b>	<b>172</b>	00:07:01	00:44:02	01:27:27	
159	<b>ROTMAŃSKI Piotr</b>	<b>179</b>	NADDRUKIREKLAMOWE.COM.PL	M35-39	00:19:43	01:00:48	<b>01:21:49</b>	144	00:06:27	00:20:47	01:31:05	02:13:07	03:04:08	04:14:50	04:58:06	05:51:57	<b>06:24:31</b>	<b>176</b>	00:05:20	00:49:00	01:36:09	
160	<b>FIDELUS Leszek</b>	<b>46</b>	STOWARZYSZENIE CHRZANOWSKICH CYKLISTÓW	M45-49	00:20:33	01:04:02	<b>01:26:18</b>	174	00:07:40	00:20:56	01:30:08	02:15:01	03:09:52	04:23:23	05:08:26	06:06:35	<b>06:39:09</b>	<b>193</b>	00:07:03	00:36:41	01:18:24	
161	<b>WÓJCİK Szymon</b>	<b>228</b>		M18-24	00:20:32	01:03:35	<b>01:25:46</b>	169	00:07:29	00:20:53	01:29:20	02:10:13	03:02:26	04:13:04	04:58:17	05:56:17	<b>06:28:05</b>	<b>178</b>	00:03:57	00:40:25	01:23:33	
162	<b>KRUK Rafał</b>	<b>101</b>	WWW.BIEGAJWNIEMCZU.PL	M40-44	00:23:20	01:12:27	<b>01:37:49</b>	200	00:08:48	00:22:23	01:33:29	02:16:41	03:07:54	04:14:55	04:57:36	05:51:33	<b>06:22:53</b>	<b>171</b>	00:04:38	00:40:58	01:24:07	
163	<b>RUTKA Radosław</b>	<b>183</b>	KTS IRONMAN	M40-44	00:19:59	01:01:07	<b>01:22:49</b>	151	00:08:15	00:20:54	01:30:46	02:11:05	03:02:40	04:14:30	04:57:30	05:59:16	<b>06:30:05</b>	<b>181</b>	00:06:00	00:44:14	01:30:30	
164	<b>LASSAK Bartosz</b>	<b>110</b>		M40-44	00:19:15	01:00:36	<b>01:22:07</b>	146	00:06:53	00:19:51	01:26:44	02:07:56	02:59:36	04:15:20	05:02:30	06:01:17	<b>06:34:21</b>	<b>188</b>	00:07:14	00:43:38	01:29:36	
165	<b>MAKOWSKI Sławomir</b>	<b>125</b>	RUN BYDGOSZCZ	M45-49	00:22:15	01:11:44	<b>01:39:19</b>	202	00:06:56	00:19:36	01:22:23	02:00:26	02:48:16	03:57:57	04:41:18	05:37:03	<b>06:08:30</b>	<b>148</b>	00:04:01	00:47:32	01:36:20	
166	<b>ZEMLIK Arek</b>	<b>233</b>		M30-34	00:19:41	01:02:45	<b>01:25:57</b>	171	00:05:44	00:20:28	01:30:59	02:12:45	03:06:49	04:19:22	05:04:41	06:01:20	<b>06:34:08</b>	<b>187</b>	00:02:19	00:42:27	01:27:36	
167	<b>BANACH Karol</b>	<b>9</b>	DELIKATESY CENTRUM BOLEWICE	M35-39	00:19:36	01:00:01	<b>01:20:56</b>	140	00:08:14	00:19:52	01:21:01	02:00:04	02:49:58	04:01:53	04:48:07	05:43:45	<b>06:13:36</b>	<b>154</b>	00:16:39	00:47:41	01:37:26	
168	<b>WOŁOWSKI Lech</b>	<b>227</b>		M40-44	00:20:58	01:06:02	<b>01:29:57</b>	186	00:07:29	00:22:13	01:29:05	02:10:20	03:01:34	04:14:21	04:57:31	05:50:10	<b>06:21:52</b>	<b>165</b>	00:06:23	00:46:13	01:32:35	
169	<b>MAŁKIŃSKI Józef</b>	<b>127</b>	RTW W BYDGOSZCZY	M60-69	00:18:58	00:58:39	<b>01:18:32</b>	121	00:10:24	00:20:25	01:30:34	02:14:03	03:08:25	04:21:05	05:07:35	06:05:17	<b>06:37:53</b>	<b>191</b>	00:08:20	00:42:16	01:28:33	
170	<b>OPOZDA Krzysztof</b>	<b>155</b>	CM UMK	M50-54	00:18:58	00:58:29	<b>01:17:34</b>	112	00:08:37	00:20:28	01:26:52	02:09:06	03:02:36	04:14:19	04:56:35	05:47:48	<b>06:18:38</b>	<b>159</b>	00:07:20	00:48:40	01:44:00	
171	<b>SITEK Witold</b>	<b>190</b>		M60-69	OSW TRI TEAM	00:21:53	01:10:33															

				Pływanie				Rower										Bieg			
178	WARCHOŁ Ryszard	219	CAŁY TWÓJ	M50-54	00:28:14	01:28:32	<b>02:00:35</b>	212	00:09:12	00:19:11	01:24:42	02:04:27	02:54:50	04:02:50	04:46:02	05:40:31	<b>06:11:56</b>	<b>152</b>	00:05:28	00:41:00	01:26:27
179	PAWLAK Piotr	160	PKO BANK POLSKI	M40-44	00:20:04	01:03:47	<b>01:28:10</b>	181	00:06:02	00:19:09	01:20:43	01:59:01	02:51:27	04:06:01	04:53:23	05:50:44	<b>06:24:22</b>	<b>174</b>	00:03:55	00:46:33	01:40:15
180	YEVSTRATYEV Yevhen	231	SPORT CLUB 'SHYPSHYNA TRIATHLON TEAM'	M40-44	00:18:53	00:59:40	<b>01:21:19</b>	141	00:06:27	00:21:16	01:32:22	02:14:15	03:10:00	04:30:15	05:22:58	06:25:41	<b>07:01:08</b>	<b>204</b>	00:06:46	00:38:38	01:20:44
181	KOBACKI Przemysław	86	KS GŁOWNO W BIEGU	M40-44	00:18:40	00:59:02	<b>01:19:50</b>	133	00:07:47	00:21:31	01:33:57	02:18:10	03:13:03	04:23:30	05:06:10	05:59:37	<b>06:30:33</b>	<b>182</b>	00:07:42	00:49:22	01:42:27
182	OGIŃSKI Artur	148		M30-34	00:19:50	01:01:20	<b>01:20:44</b>	137	00:06:20	00:21:01	01:32:28	02:18:05	03:18:21	04:34:16	05:22:47	06:26:49	<b>07:05:40</b>	<b>205</b>	00:03:10	00:43:38	01:26:35
183	MIELCAREK Marcin	131		M35-39	00:20:29	01:02:47	<b>01:24:43</b>	162	00:14:26	00:20:33	01:29:38	02:11:45	03:04:09	04:13:05	04:55:54	05:49:52	<b>06:22:03</b>	<b>167</b>	00:08:28	00:52:03	01:44:08
184	PRIEBE Andrzej	173		M30-34	00:22:56	01:14:27	<b>01:41:15</b>	205	00:08:40	00:20:36	01:25:17	02:08:45	03:02:53	04:15:40	05:05:00	06:01:55	<b>06:33:34</b>	<b>186</b>	00:05:04	00:40:31	01:27:41
185	ZIÓŁKOWSKI Grzegorz	236		M30-34	00:22:17	01:10:35	<b>01:36:32</b>	197	00:08:42	00:19:53	01:29:14	02:12:33	03:08:56	04:26:55	05:14:03	06:16:16	<b>06:51:42</b>	<b>199</b>	00:07:34	00:42:13	01:21:54
186	SOLECKI Tomasz	195	GOMOLA TRANS AIRCO	M35-39	00:15:45	00:48:34	<b>01:05:36</b>	33	00:09:26	00:22:01	01:36:30	02:23:45	03:24:45	04:42:25	05:31:52	06:32:56	<b>07:05:52</b>	<b>206</b>	00:04:06	00:48:34	01:38:20
187	BRZEZINSKI Marek	23	KORUP MOTION	M45-49	00:20:38	01:04:47	<b>01:28:42</b>	182	00:09:50	00:19:37	01:25:39	02:06:24	02:59:20	04:08:42	04:54:55	05:50:22	<b>06:22:22</b>	<b>168</b>	00:06:25	00:45:41	01:43:32
188	GMYREK Michał	57		M35-39	00:17:06	00:53:32	<b>01:11:47</b>	68	00:07:21	00:20:09	01:29:01	02:11:01	03:07:50	04:28:10	05:15:32	06:19:00	<b>06:52:25</b>	<b>202</b>	00:05:39	00:48:18	01:37:51
189	GOŁĄB Rafał	58		M30-34	00:20:24	01:10:32	<b>01:35:58</b>	195	00:07:39	00:19:04	01:23:40	02:03:47	03:09:12	04:18:41	05:02:59	05:59:11	<b>06:32:16</b>	<b>183</b>	00:08:55	00:49:43	01:43:23
190	GAWROŃSKI Sebastian	52	PZU SPORT TEAM	M35-39	00:20:31	01:03:43	<b>01:25:55</b>	170	00:06:57	00:20:36	01:28:16	02:10:01	03:03:16	04:22:36	05:07:38	06:04:28	<b>06:37:59</b>	<b>192</b>	00:07:10	00:54:21	01:49:03
	BAREWSKI Bogdan	10		M60-69	00:23:09	01:12:58	<b>01:38:15</b>	201	00:10:00	00:21:37	01:34:13	02:21:16	03:24:47	04:53:15	05:43:02	06:46:49	<b>07:21:00</b>	<b>207</b>	00:05:36	00:36:45	01:14:44
192	PAWŁOWSKI Krzysztof	161	KRUK S.A.	M30-34	00:18:56	01:01:25	<b>01:23:42</b>	156	00:10:17	00:22:19	01:34:25	02:18:56	03:15:43	04:31:25	05:18:01	06:14:58	<b>06:48:39</b>	<b>197</b>	00:03:21	00:56:22	01:50:55
193	OLEJNICZAK Witold	150	KS MARATON OSTROW WLKP	M60-69	00:24:27	01:18:04	<b>01:47:06</b>	211	00:09:30	00:22:40	01:37:10	02:21:01	03:15:08	04:28:15	05:13:27	06:10:03	<b>06:43:33</b>	<b>196</b>	00:05:58	00:48:13	01:37:51
194	BIAŁOBLOCKI Jacek	13	KB LECH RYPIN	M55-59	00:21:32	01:08:17	<b>01:32:46</b>	191	00:11:47	00:21:09	01:33:38	02:18:26	03:13:53	04:29:07	05:16:15	06:19:55	<b>06:55:15</b>	<b>203</b>	00:05:02	00:47:33	01:38:37
195	JELEŃ Marcin	71		M40-44	00:23:34	01:14:59	<b>01:41:20</b>	206	00:12:20	00:20:31	01:33:05	02:17:29	03:11:22	04:26:38	05:16:30	06:11:45	<b>07:23:13</b>	<b>208</b>	00:04:41	00:44:12	01:27:22
196	KOZŁOWSKI Maciej	97	ROADBIKE.PL / SIEDLCE TRIATHLON CLUB	M25-29	00:23:37	01:16:42	<b>01:44:28</b>	207	00:05:55	00:21:19	01:31:46	02:14:41	03:08:05	04:20:55	05:06:59	06:07:52	<b>06:42:32</b>	<b>194</b>	00:04:46	00:59:53	01:58:33
197	GRABOWSKI Szymon	64		M30-34	00:18:51	00:58:40	<b>01:18:47</b>	125	00:11:54	00:21:03	01:27:44	02:08:32	03:02:39	04:11:54	04:55:16	05:50:43	<b>06:21:55</b>	<b>166</b>	00:06:14	00:49:25	01:40:29
198	ADAMIK Wiktor	3		M45-49	00:16:38	00:51:40	<b>01:09:45</b>	56	00:03:25	00:18:50	01:18:45	01:55:23	02:41:39	03:44:49	04:22:56	05:13:16	<b>05:41:54</b>	<b>88</b>	00:02:42		
199	ALSKI Łukasz	4		M30-34	00:21:16	01:04:55	<b>01:26:53</b>	178	00:07:37	00:20:08	01:27:32	02:07:22	02:58:20	04:11:37	05:01:29	05:59:23	<b>06:35:15</b>	<b>190</b>			
200	SPYRA Piotr	198		M50-54	00:19:46	01:02:30	<b>01:24:52</b>	163	00:05:49	00:18:17											
201	GARBOWSKI Tomasz	50	FEMAT	M40-44	00:20:35	01:03:31	<b>01:25:39</b>	168	00:05:12	00:19:48	02:42:45	03:34:52	04:25:14								
202	MRODZEK Marcin	136	NEON TEAM	M40-44	00:13:12	00:40:57	<b>00:55:14</b>	5	00:02:41	00:16:42	01:11:35	01:44:35	02:25:20	03:20:58	03:55:32	04:39:06	<b>05:04:14</b>	<b>15</b>	00:01:51	00:32:41	
	NOWICKI Leszek	147		M55-59	00:19:20	01:02:51	<b>01:25:05</b>	165	00:04:04	00:19:10	01:23:06	02:02:30	02:49:58	03:55:40							
	MRELA Adrian	135		M35-39	00:22:10																
	NOWICKI Bartosz	146	TRI TEAM-INO	M25-29	00:16:44	00:52:40	<b>01:11:05</b>	60	00:05:29	00:19:48											

Znaleziono 205 wynik(ów)