



**Wydarzenie:**  
**Organizator:**  
**Data:**  
**Miejsce:**  
**Dystans:**

Ocean Lava Triathlon Polska  
Towarzystwo Sportowe TRI-SPORT  
2017-08-20  
Bydgoszcz  
113 km

# OCEAN LAVA TRIATHLON POLSKA 2017 - DYSTANS ŚREDNI 70.3

B4SPORT

**B4SPORT**  
INTELEGENNE ZAWODY SPORTOWE

Klasyfikacja: M35-39

Punkt pomiarowy: 98,6 km

Msc	Zawodnik	Numer	Klub	Kategoria	Drużyna	Pływanie			Rower							Bieg		
						P_Borowo 0.95km	P_Borowo 1.9km	Poz	R_Kotomierz 5km	R_Lidl 20km	R_Kotomierz 40km	R_Lidl 55km	R_Kotomierz 75km	R_Lidl 90km	Poz	B_Announcer 6.465km		
1	PLUTA Gniewomir	741	UKS TRS SUSZ	M35-39	UKS TRS SUSZ/AGROLOK SPORT TEAM	00:13:54	<b>00:28:15</b>	10	00:02:35	00:09:35	00:32:58	01:05:59	01:29:29	02:02:42	<b>02:27:09</b>	15	00:01:15	00:26:44
2	HERMELIN Wojciech	590	KANCELARIA HMM	M35-39		00:14:57	<b>00:30:48</b>	20	00:02:48	00:09:36	00:33:30	01:06:48	01:31:22	02:06:15	<b>02:31:38</b>	32	00:01:13	00:29:43
3	WIERZBOWSKI Krzysztof	836	MOTOINTEGRATOR RUNNING TEAM	M35-39		00:17:13	<b>00:35:56</b>	106	00:02:28	00:09:15	00:31:37	01:04:37	01:27:53	02:02:11	<b>02:27:11</b>	16	00:01:34	00:29:34
4	MAGDZIARZ Jakub	672	KANCELARIA HMM	M35-39		00:17:03	<b>00:33:49</b>	63	00:02:40	00:09:53	00:33:37	01:07:48	01:32:39	02:07:43	<b>02:33:02</b>	46	00:01:29	00:29:02
5	KASTRU Tomasz	622		M35-39	Od amatora do PROsa	00:14:22	<b>00:29:53</b>	16	00:03:53	00:10:08	00:35:18	01:08:48	01:32:55	02:07:57	<b>02:32:37</b>	44	00:02:28	00:31:55
6	DOLEŻEK Krystian	553		M35-39		00:15:53	<b>00:32:13</b>	33	00:03:28	00:09:40	00:33:44	01:08:11	01:32:48	02:07:34	<b>02:32:11</b>	40	00:01:40	00:32:04
7	SZYTTENHOLM Oliwier	807	TRISPACE	M35-39	Trispace	00:17:22	<b>00:35:53</b>	103	00:03:01	00:09:50	00:34:00	01:07:48	01:31:58	02:06:52	<b>02:32:20</b>	41	00:02:13	00:30:02
8	RUPIETA Maksym	758	WUEF TRI TEAM	M35-39	Wuef Tri Team 1	00:15:31	<b>00:31:20</b>	26	00:03:17	00:11:18	00:37:06	01:13:32	01:38:21	02:15:07	<b>02:41:16</b>	111	00:02:16	00:27:52
9	DRYJA Krzysztof	555		M35-39		00:17:34	<b>00:36:51</b>	128	00:03:33	00:10:07	00:33:56	01:08:29	01:33:38	02:09:15	<b>02:34:55</b>	61	00:02:10	00:29:23
10	PUZIAK Marcin	750	KB UE POZNAŃ	M35-39		00:16:30	<b>00:33:19</b>	48	00:03:40	00:10:48	00:36:01	01:11:13	01:36:48	02:13:47	<b>02:40:18</b>	104	00:01:34	00:29:15
11	OCHENDAL Maciej	724	TRISPACE	M35-39	Trispace	00:18:26	<b>00:37:26</b>	147	00:03:15	00:09:39	00:33:14	01:07:25	01:31:57	02:07:38	<b>02:33:28</b>	53	00:01:32	00:32:28
12	PIOTROWSKI Marcin	739		M35-39	Od amatora do PROsa	00:18:57	<b>00:38:14</b>	168	00:03:22	00:09:53	00:33:41	01:07:58	01:32:21	02:07:39	<b>02:32:32</b>	42	00:02:20	00:33:14
13	DAWIDOWICZ Maciej	549	BRZOZA BIEGA/ROWEROWA BRZOZA	M35-39	Rowerowa Brzoza	00:17:16	<b>00:34:33</b>	74	00:03:20	00:10:45	00:34:57	01:09:59	01:34:41	02:10:36	<b>02:37:10</b>	77	00:02:24	00:33:12
14	WIŚNIEWSKI Szymon	837	SPACE TEAM	M35-39		00:18:45	<b>00:37:19</b>	144	00:03:54	00:10:24	00:34:30	01:09:40	01:35:18	02:12:14	<b>02:38:21</b>	87	00:01:29	00:30:42
15	KARWACKI Paweł	875	SOLANO/TRISPACE	M35-39	Trispace	00:19:26	<b>00:39:04</b>	185	00:02:57	00:10:16	00:34:23	01:10:00	01:35:11	02:11:35	<b>02:37:00</b>	75	00:02:11	00:31:37
16	MICHLEWICZ Michał	696	MKM TRIATHLON TEAM	M35-39		00:16:43	<b>00:34:59</b>	79	00:04:24	00:09:59	00:35:01	01:11:00	01:37:09	02:14:53	<b>02:41:51</b>	118	00:02:11	00:29:38
17	KRZEMIŃSKI Adam	652	WUEF TRI TEAM	M35-39	Wuef Tri Team 1	00:16:34	<b>00:33:24</b>	50	00:03:31	00:10:19	00:35:13	01:12:00	01:38:06	02:15:30	<b>02:41:18</b>	112	00:02:09	00:33:05
18	SIBILSKI Dawid	768	KUŹNIA TRIATHLONU	M35-39	Kuźnia Triathlonu	00:13:41	<b>00:27:49</b>	7	00:03:36	00:10:08	00:35:23	01:12:07	01:38:42	02:17:46	<b>02:45:44</b>	144	00:01:31	00:36:38
19	HIPNAROWICZ Grzegorz	591	SPORTTREND.PL	M35-39	SPORTTREND.PL	00:16:57	<b>00:34:08</b>	68	00:03:26	00:10:36	00:36:39	01:13:04	01:39:22	02:16:25	<b>02:43:04</b>	128	00:02:49	00:32:25
20	MARCINIUK Michał	680	KANCELARIA KFMM	M35-39		00:19:24	<b>00:39:33</b>	195	00:03:37	00:10:00	00:33:57	01:08:46	01:33:17	02:09:32	<b>02:36:48</b>	73	00:03:00	00:33:29
21	KOZAR Karol	643		M35-39		00:17:52	<b>00:35:41</b>	97	00:03:35	00:10:42	00:36:03	01:13:21	01:40:04	02:18:40	<b>02:47:19</b>	155	00:02:19	00:28:12
22	GACKOWSKI Jarek	572		M35-39		00:18:00	<b>00:36:49</b>	126	00:02:23	00:10:35	00:35:49	01:12:27	01:38:20	02:15:32	<b>02:43:00</b>	126	00:01:48	00:33:11
23	DAMSKI Łukasz	546	GARDENFLORA MTB TEAM	M35-39	GardenFlora MTB Team	00:18:29	<b>00:39:14</b>	190	00:02:32	00:10:03	00:34:52	01:10:19	01:36:21	02:13:55	<b>02:41:10</b>	110	00:01:39	00:33:21
24	BETLEJ Hubert	512	ESKADRA KRAKÓW	M35-39	K.T.O. z Krakowa	00:23:04	<b>00:45:29</b>	274	00:04:15	00:09:38	00:33:17	01:07:17	01:31:53	02:07:01	<b>02:32:09</b>	39	00:02:00	00:34:49

				Pływanie				Rower							Bieg			
25	FOGT Maciej	566	CB163	M35-39	00:20:27	<b>00:41:35</b>	214	00:03:36	00:10:21	00:35:25	01:11:58	01:37:13	02:14:37	<b>02:41:02</b>	109	00:02:01	00:32:00	
26	NADOBNIK Konrad	712	BIEGAM BO LUBIĘ ZĄBKI TEAM	M35-39	00:22:03	<b>00:44:04</b>	260	00:04:30	00:10:05	00:34:00	01:08:34	01:33:46	02:10:00	<b>02:36:03</b>	67	00:02:05	00:33:37	
27	PLEWIŃSKI Wojciech	740		M35-39	00:16:08	<b>00:32:53</b>	43	00:03:54	00:10:33	00:35:50	01:12:10	01:38:08	02:17:07	<b>02:46:01</b>	147	00:02:07	00:36:01	
28	DZIEDZIC Radosław	559	RAJSPORT ACTIVE	M35-39	00:17:39	<b>00:35:59</b>	107	00:04:21	00:10:30	00:36:34	01:14:05	01:40:51	02:19:08	<b>02:46:30</b>	151	00:02:10	00:32:07	
29	KOSIEDOWSKI Wojtek	640	BGK TRI	M35-39	00:13:11	<b>00:27:01</b>	2	00:02:57	00:10:28	00:36:04	01:12:37	01:39:27	02:17:19	<b>02:51:36</b>	188	00:03:14	00:37:04	
30	KAŁĘCKI Piotr	615	INVENTIA KOLAGEN NATURALNY	M35-39	00:15:18	<b>00:31:01</b>	21	00:04:18	00:12:05	00:39:14	01:18:45	01:46:41	02:26:25	<b>02:55:13</b>	212	00:02:37	00:31:26	
31	KAMIŃSKI Sławomir	618		M35-39	00:19:36	<b>00:39:04</b>	186	00:03:48	00:10:41	00:36:41	01:14:51	01:41:29	02:19:56	<b>02:48:25</b>	160	00:01:49	00:31:51	
32	KAWECKI Sławomir	623	MOTIV HOME TEAM	M35-39	00:19:57	<b>00:42:05</b>	222	00:03:52	00:10:00	00:34:57	01:12:04	01:39:33	02:17:17	<b>02:44:00</b>	134	00:02:19	00:33:09	
33	PUSTOŁ Maciej	749	ADECCO	M35-39	00:18:53	<b>00:38:15</b>	169	00:07:22	00:10:49	00:36:42	01:13:30	01:38:38	02:16:08	<b>02:43:26</b>	130	00:03:12	00:34:24	
34	WOŹNIAK Mikołaj	849	TRICLUB / AIRBIKE TRIATHLON CLUB	M35-39	Brownlee nr 3, 4 i 5	00:18:20	<b>00:37:05</b>	137	00:03:00	00:11:16	00:37:44	01:16:41	01:45:05	02:26:55	<b>02:55:08</b>	211	00:01:55	00:29:41
35	KAJETANOWICZ Krzysztof	610	TRICLUB	M35-39	Brownlee nr 3, 4 i 5	00:22:01	<b>00:45:57</b>	280	00:03:20	00:10:45	00:36:40	01:13:50	01:40:04	02:18:14	<b>02:45:01</b>	141	00:02:26	00:30:18
36	ROGAŁSKI Radosław	754	PROFESSIONAL HR / CB163	M35-39	00:18:20	<b>00:36:54</b>	132	00:04:32	00:10:42	00:37:14	01:15:31	01:42:35	02:21:56	<b>02:50:15</b>	174	00:02:03	00:33:18	
37	KUNA Piotr	658	ROZBIEGANE SOLNE MIASTO	M35-39	00:19:02	<b>00:38:41</b>	176	00:04:38	00:10:30	00:37:15	01:15:50	01:43:52	02:23:14	<b>02:51:36</b>	189	00:03:03	00:31:02	
38	SIEMIŃSKI Bartek	769	DRUŻYNA SZPIKU	M35-39	00:16:22	<b>00:34:01</b>	66	00:05:07	00:10:23	00:36:23	01:14:58	01:42:45	02:24:35	<b>02:55:15</b>	213	00:02:23	00:32:20	
39	BORKOWSKI Tomasz	518		M35-39	00:19:20	<b>00:39:59</b>	202	00:06:18	00:10:40	00:37:30	01:16:11	01:42:21	02:20:57	<b>02:48:26</b>	161	00:01:56	00:32:44	
40	MARTYNOWSKI Łukasz	684		M35-39	00:15:59	<b>00:33:48</b>	62	00:03:51	00:10:50	00:37:03	01:17:03	01:46:39	02:29:34	<b>02:59:51</b>	232	00:02:19	00:30:59	
41	BUDNICKI Michał	524		M35-39	00:17:08	<b>00:35:48</b>	100	00:03:58	00:11:11	00:38:27	01:18:07	01:46:27	02:27:06	<b>02:56:47</b>	219	00:02:30	00:32:38	
42	CHROBOT Radek	874	DTUŻYNA TVN	M35-39	Drużyna TVN	00:16:57	<b>00:35:48</b>	99	00:04:21	00:11:13	00:37:38	01:16:29	01:44:15	02:23:38	<b>02:52:11</b>	192	00:02:38	00:37:22
43	SZCZEPAŃSKI Adam	877	ALBATROSY	M35-39	00:21:19	<b>00:43:49</b>	251	00:03:21	00:11:30	00:38:32	01:17:32	01:45:21	02:25:16	<b>02:53:43</b>	203	00:02:34	00:28:53	
	KOWALSKI Krzysztof	642	TRENUJ Z NAJLEPSZYMI	M35-39	00:17:35	<b>00:35:51</b>	101	00:04:07	00:10:34	00:35:50	01:14:03	01:41:35	02:21:14	<b>02:50:16</b>	175	00:01:47	00:41:12	
45	IGNACZAK Jarosław	595		M35-39	00:24:21	<b>00:49:02</b>	295	00:03:38	00:10:22	00:36:36	01:15:59	01:43:04	02:21:47	<b>02:49:11</b>	164	00:02:26	00:29:57	
46	NEJMAN Andrzej Daniel	880		M35-39	00:18:45	<b>00:39:39</b>	197	00:04:55	00:11:15	00:37:56	01:16:51	01:44:09	02:23:45	<b>02:52:45</b>	198	00:02:38	00:34:19	
47	KLONOWSKI Mariusz	630	PRIMIGENIUS	M35-39	00:22:09	<b>00:43:32</b>	246	00:05:56	00:11:29	00:39:07	01:17:49	01:44:59	02:23:07	<b>02:50:29</b>	178	00:03:53	00:31:01	
48	SZYMCZYK Tomasz	803	-	M35-39	00:21:14	<b>00:45:13</b>	272	00:05:24	00:11:06	00:37:59	01:17:39	01:45:41	02:25:21	<b>02:52:25</b>	196	00:01:46	00:30:37	
49	CIMACHOWSKI Jakub	537	CIMATECH	M35-39	00:16:51	<b>00:33:31</b>	54	00:06:35	00:10:50	00:38:16	01:16:34	01:44:46	02:27:55	<b>02:58:57</b>	229	00:04:33	00:32:06	
50	FAJFER Robert	562	5R TEAM	M35-39	00:18:14	<b>00:37:09</b>	138	00:05:08	00:11:06	00:38:38	01:19:10	01:47:40	02:28:43	<b>02:57:33</b>	222	00:04:04	00:32:03	
51	TYMUL Jakub	823	NOVO NORDISK IRON TEAM	M35-39	Trispace	00:21:25	<b>00:43:54</b>	254	00:04:17	00:10:48	00:37:36	01:16:09	01:43:15	02:22:51	<b>02:51:16</b>	183	00:02:07	00:38:26
52	KONITZ Marek	636	POWEL ACTIVE	M35-39	00:22:51	<b>00:47:59</b>	289	00:05:57	00:10:40	00:36:56	01:15:13	01:43:20	02:21:58	<b>02:49:03</b>	162	00:02:05	00:37:06	
53	WASILEWSKI Darek	829	RUN4FUN	M35-39	Run4Fun www.bytpak.pl	00:17:21	<b>00:36:42</b>	122	00:03:05	00:11:29	00:40:09	01:22:10	01:52:28	02:35:47	<b>03:07:41</b>	267	00:02:08	00:32:37
54	SZYNDLAREWICZ Paweł	806		M35-39	00:20:58	<b>00:43:14</b>	242	00:05:15	00:11:41	00:38:24	01:16:52	01:44:23	02:25:09	<b>02:53:57</b>	204	00:02:38	00:37:36	
55	CZARNIECKI Kamil	544	ZARZĄD	M35-39	00:21:09	<b>00:44:02</b>	258	00:04:22	00:11:14	00:38:25	01:18:06	01:46:40	02:28:23	<b>02:57:35</b>	223	00:02:25	00:34:21	
56	KRÓLCZYŃSKI Maciej	649	KS 'WOLNI'	M35-39	00:20:42	<b>00:43:03</b>	239	00:04:51	00:11:00	00:37:30	01:16:14	01:43:23	02:22:45	<b>02:51:27</b>	185	00:02:46	00:41:04	
57	KOŚCIELAK Maciej	872	ŻANDARMI Z BYDGOSZCZY	M35-39	00:22:04	<b>00:47:42</b>	287	00:04:11	00:10:54	00:37:20	01:16:21	01:44:28	02:25:34	<b>02:54:33</b>	207	00:02:06	00:35:59	
58	GÓRSKI Marcin	581	LEGIA RUN CLUB	M35-39	00:18:51	<b>00:37:30</b>	149	00:05:02	00:11:16	00:38:47	01:18:40	01:47:04	02:30:50	<b>03:05:44</b>	259	00:03:27	00:36:05	
59	BALEWSKI Tomasz	508		M35-39	00:21:40	<b>00:43:51</b>	253	00:05:05	00:11:45	00:40:19	01:21:58	01:51:55	02:35:01	<b>03:06:17</b>	262	00:02:52	00:30:55	
60	RYTEL Rafał	762	ZARZĄD	M35-39	00:19:06	<b>00:39:08</b>	189	00:04:17	00:11:40	00:40:36	01:22:34	01:52:29	02:36:07	<b>03:07:03</b>	265	00:03:18	00:36:21	
61	SUDOŁ Jacek	793		M35-39	SPORTTREND.PL	00:21:15	<b>00:44:05</b>	261	00:05:25	00:11:56	00:41:33	01:23:49	01:52:53	02:35:28	<b>03:06:40</b>	264	00:02:36	00:32:29
62	NAWROCKI Karol	716		M35-39	00:24:21	<b>00:49:35</b>	299	00:07:47	00:10:38	00:37:20	01:16:34	01:44:27	02:24:49	<b>02:53:42</b>	202	00:04:31	00:37:29	

Poz.	Imię i nazwisko	Numer	Klub	Wiek	Pływanie			Rower					Bieg				
					0:00	0:30	0:45	0:00	0:15	0:30	0:45	0:00	0:15				
63	<b>MICHLEWICZ Marcin</b>	<b>695</b>	MKM TRIATHLON TEAM	M35-39	00:19:02	<b>00:39:07</b>	188	00:05:44	00:11:34	00:40:11	01:21:26	01:51:23	02:36:16	<b>03:07:51</b>	<b>270</b>	00:03:16	00:43:16
64	<b>DUDEK Dawid</b>	<b>557</b>	POLONIA BYDGOSZCZ SEKCJA LEKKOATLETYCZNA	M35-39	00:20:52	<b>00:42:41</b>	231	00:06:39	00:11:52	00:40:47	01:23:41	01:53:48	02:39:23	<b>03:11:35</b>	<b>281</b>	00:01:58	00:38:52
65	<b>BINDEK Łukasz</b>	<b>514</b>		M35-39	00:21:11	<b>00:43:40</b>	249	00:05:22	00:11:45	00:41:35	01:24:51	01:55:34	02:43:27	<b>03:16:35</b>	<b>290</b>	00:02:02	00:39:24
66	<b>SZULIST Kazimierz</b>	<b>800</b>	CTS	M35-39	00:19:26	<b>00:39:56</b>	201	00:04:40	00:12:23	00:41:56	01:25:03	01:55:54	02:42:29	<b>03:15:38</b>	<b>287</b>	00:02:38	00:49:46
67	<b>CIEŚLUK Piotr</b>	<b>536</b>	RIDE YOUR WAY SOLEC KUJAWSKI	M35-39	00:19:43	<b>00:38:56</b>	181	00:07:08	00:11:22	00:39:25	01:22:36	01:54:17	02:42:28	<b>03:15:52</b>	<b>288</b>	00:04:47	00:57:05
68	<b>TOMASZEK Sebastian</b>	<b>814</b>		M35-39	00:23:48	<b>00:49:14</b>	296	00:05:09	00:14:46	00:48:26	01:38:09	02:14:10	03:08:51	<b>03:44:44</b>	<b>318</b>	00:04:05	00:38:33

Znaleziono 68 wynik(ów)