



# OCEAN LAVA TRIATHLON POLSKA 2017 - DYSTANS ŚREDNI 70.3

B4SPORT  
INTELIĞENTNE ZAWODY SPORTOWE

**Event:** Ocean Lava Triathlon Polska  
**Organiser:** Towarzystwo Sportowe TRI-SPORT  
**Date:** 2017-08-20  
**Place:** Bydgoszcz  
**Distance:** 113 km

**B4SPORT**  
INTELIĞENTNE ZAWODY SPORTOWE

Classification: M35-39

Split point: 42,2 km

Place	Participant	Number	Club	Category	Drużyna	Swimming			T1	Cycling			T2	Race	Czas
						P_Borowno 0.95km	P_Borowno 1.9km	Poz		R_Kotomierz 5km	R_Lidl 20km	R_Kotomierz 40km			
1	<b>PLUTA Gniewomir</b>	<b>741</b>	UKS TRS SUSZ	M35-39	UKS TRS SUSZ/AGROLOK SPORT TEAM	00:13:54	<b>00:28:15</b>	10	00:02:35	00:09:35	00:32:58	01:05:59			
2	<b>HERMELIN Wojciech</b>	<b>590</b>	KANCELARIA HMM	M35-39		00:14:57	<b>00:30:48</b>	20	00:02:48	00:09:36	00:33:30	01:06:48			
3	<b>KASTRAU Tomasz</b>	<b>622</b>		M35-39	Od amatora do PROsa	00:14:22	<b>00:29:53</b>	16	00:03:53	00:10:08	00:35:18	01:08:48			
4	<b>KOSIEDOWSKI Wojtek</b>	<b>640</b>	BGK TRI	M35-39		00:13:11	<b>00:27:01</b>	2	00:02:57	00:10:28	00:36:04	01:12:37			
5	<b>WIERZBOWSKI Krzysztof</b>	<b>836</b>	MOTOINTEGRATOR RUNNING TEAM	M35-39		00:17:13	<b>00:35:56</b>	106	00:02:28	00:09:15	00:31:37	01:04:37			
6	<b>SIBILSKI Dawid</b>	<b>768</b>	KUŻNIA TRIATHLONU	M35-39	Kuźnia Triathlonu	00:13:41	<b>00:27:49</b>	7	00:03:36	00:10:08	00:35:23	01:12:07			
7	<b>DOLEŻEK Krystian</b>	<b>553</b>		M35-39		00:15:53	<b>00:32:13</b>	33	00:03:28	00:09:40	00:33:44	01:08:11			
8	<b>MAGDZIARZ Jakub</b>	<b>672</b>	KANCELARIA HMM	M35-39		00:17:03	<b>00:33:49</b>	63	00:02:40	00:09:53	00:33:37	01:07:48			
9	<b>SZYTTENHOLM Oliwier</b>	<b>807</b>	TRISPACE	M35-39	Trispace	00:17:22	<b>00:35:53</b>	103	00:03:01	00:09:50	00:34:00	01:07:48			
10	<b>DAWIDOWICZ Maciej</b>	<b>549</b>	BRZOZA BIEGA/ROWEROWA BRZOZA	M35-39	Rowerowa Brzoza	00:17:16	<b>00:34:33</b>	74	00:03:20	00:10:45	00:34:57	01:09:59			
11	<b>OCHENDAL Maciej</b>	<b>724</b>	TRISPACE	M35-39	Trispace	00:18:26	<b>00:37:26</b>	147	00:03:15	00:09:39	00:33:14	01:07:25			
12	<b>RUPIETA Maksym</b>	<b>758</b>	WUEF TRI TEAM	M35-39	Wuef Tri Team 1	00:15:31	<b>00:31:20</b>	26	00:03:17	00:11:18	00:37:06	01:13:32			
13	<b>PUZIAK Marcin</b>	<b>750</b>	KB UE POZNAŃ	M35-39		00:16:30	<b>00:33:19</b>	48	00:03:40	00:10:48	00:36:01	01:11:13			
14	<b>DRYJA Krzysztof</b>	<b>555</b>		M35-39		00:17:34	<b>00:36:51</b>	128	00:03:33	00:10:07	00:33:56	01:08:29			
15	<b>KRZEMIŃSKI Adam</b>	<b>652</b>	WUEF TRI TEAM	M35-39	Wuef Tri Team 1	00:16:34	<b>00:33:24</b>	50	00:03:31	00:10:19	00:35:13	01:12:00			
16	<b>PLEWIŃSKI Wojciech</b>	<b>740</b>		M35-39		00:16:08	<b>00:32:53</b>	43	00:03:54	00:10:33	00:35:50	01:12:10			

					Swimming			Cycling			Race	
17	<b>PIOTROWSKI Marcin</b>	<b>739</b>		M35-39	Od amatora do PROsa	00:18:57	<b>00:38:14</b>	168	00:03:22	00:09:53	00:33:41	01:07:58
18	<b>MICHLEWICZ Michał</b>	<b>696</b>	MKM TRIATHLON TEAM	M35-39		00:16:43	<b>00:34:59</b>	79	00:04:24	00:09:59	00:35:01	01:11:00
19	<b>HIPNAROWICZ Grzegorz</b>	<b>591</b>	SPORTTREND.PL	M35-39	SPORTTREND.PL	00:16:57	<b>00:34:08</b>	68	00:03:26	00:10:36	00:36:39	01:13:04
20	<b>WIŚNIEWSKI Szymon</b>	<b>837</b>	SPACE TEAM	M35-39		00:18:45	<b>00:37:19</b>	144	00:03:54	00:10:24	00:34:30	01:09:40
21	<b>GACKOWSKI Jarek</b>	<b>572</b>		M35-39		00:18:00	<b>00:36:49</b>	126	00:02:23	00:10:35	00:35:49	01:12:27
22	<b>MARCINIUK Michał</b>	<b>680</b>	KANCELARIA KFMM	M35-39		00:19:24	<b>00:39:33</b>	195	00:03:37	00:10:00	00:33:57	01:08:46
23	<b>KARWACKI Paweł</b>	<b>875</b>	SOLANO/TRISPACE	M35-39	Trispace	00:19:26	<b>00:39:04</b>	185	00:02:57	00:10:16	00:34:23	01:10:00
24	<b>DAMSKI Łukasz</b>	<b>546</b>	GARDENFLORA MTB TEAM	M35-39	GardenFlora MTB Team	00:18:29	<b>00:39:14</b>	190	00:02:32	00:10:03	00:34:52	01:10:19
25	<b>KOZAR Karol</b>	<b>643</b>		M35-39		00:17:52	<b>00:35:41</b>	97	00:03:35	00:10:42	00:36:03	01:13:21
	<b>KOWALSKI Krzysztof</b>	<b>642</b>	TRENUJ Z NAJLEPSZYMI	M35-39		00:17:35	<b>00:35:51</b>	101	00:04:07	00:10:34	00:35:50	01:14:03
27	<b>KAŁĘCKI Piotr</b>	<b>615</b>	INVENTIA KOLAGEN NATURALNY	M35-39		00:15:18	<b>00:31:01</b>	21	00:04:18	00:12:05	00:39:14	01:18:45
28	<b>SIEMIŃSKI Bartek</b>	<b>769</b>	DRUŻYNA SZPIKU	M35-39		00:16:22	<b>00:34:01</b>	66	00:05:07	00:10:23	00:36:23	01:14:58
29	<b>DZIEDZIC Radosław</b>	<b>559</b>	RAJSPOORT ACTIVE	M35-39		00:17:39	<b>00:35:59</b>	107	00:04:21	00:10:30	00:36:34	01:14:05
30	<b>MARTYNOWSKI Łukasz</b>	<b>684</b>		M35-39		00:15:59	<b>00:33:48</b>	62	00:03:51	00:10:50	00:37:03	01:17:03
31	<b>CHROBOT Radek</b>	<b>874</b>	DTUŻYNA TVN	M35-39	Drużyna TVN	00:16:57	<b>00:35:48</b>	99	00:04:21	00:11:13	00:37:38	01:16:29
32	<b>CIMACHOWSKI Jakub</b>	<b>537</b>	CIMATECH	M35-39		00:16:51	<b>00:33:31</b>	54	00:06:35	00:10:50	00:38:16	01:16:34
33	<b>WOŹNIAK Mikołaj</b>	<b>849</b>	TRICLUB / AIRBIKE TRIATHLON CLUB	M35-39	Brownlee nr 3, 4 i 5	00:18:20	<b>00:37:05</b>	137	00:03:00	00:11:16	00:37:44	01:16:41
34	<b>ROGALSKI Radosław</b>	<b>754</b>	PROFESSIONAL HR / CB163	M35-39		00:18:20	<b>00:36:54</b>	132	00:04:32	00:10:42	00:37:14	01:15:31
35	<b>BETLEJ Hubert</b>	<b>512</b>	ESKADRA KRAKÓW	M35-39	K.T.O. z Krakowa	00:23:04	<b>00:45:29</b>	274	00:04:15	00:09:38	00:33:17	01:07:17
36	<b>NADOBNIK Konrad</b>	<b>712</b>	BIEGAM BO LUBIĘ ZĄBKI TEAM	M35-39		00:22:03	<b>00:44:04</b>	260	00:04:30	00:10:05	00:34:00	01:08:34
37	<b>FOGT Maciej</b>	<b>566</b>	CB163	M35-39		00:20:27	<b>00:41:35</b>	214	00:03:36	00:10:21	00:35:25	01:11:58
38	<b>KAMIŃSKI Sławomir</b>	<b>618</b>		M35-39		00:19:36	<b>00:39:04</b>	186	00:03:48	00:10:41	00:36:41	01:14:51
39	<b>BUDNICKI Michał</b>	<b>524</b>		M35-39		00:17:08	<b>00:35:48</b>	100	00:03:58	00:11:11	00:38:27	01:18:07
40	<b>KAWECKI Sławomir</b>	<b>623</b>	MOTIV HOME TEAM	M35-39		00:19:57	<b>00:42:05</b>	222	00:03:52	00:10:00	00:34:57	01:12:04
41	<b>PUSTÓŁ Maciej</b>	<b>749</b>	ADECCO	M35-39		00:18:53	<b>00:38:15</b>	169	00:07:22	00:10:49	00:36:42	01:13:30
42	<b>KUNA Piotr</b>	<b>658</b>	ROZBIEGANE SOLNE MIASTO	M35-39		00:19:02	<b>00:38:41</b>	176	00:04:38	00:10:30	00:37:15	01:15:50
43	<b>GÓRSKI Marcin</b>	<b>581</b>	LEGIA RUN CLUB	M35-39		00:18:51	<b>00:37:30</b>	149	00:05:02	00:11:16	00:38:47	01:18:40
44	<b>NEJMAN Andrzej Daniel</b>	<b>880</b>		M35-39		00:18:45	<b>00:39:39</b>	197	00:04:55	00:11:15	00:37:56	01:16:51
45	<b>FAJFER Robert</b>	<b>562</b>	5R TEAM	M35-39		00:18:14	<b>00:37:09</b>	138	00:05:08	00:11:06	00:38:38	01:19:10

						Swimming			Cycling			Race		
46	<b>WASILEWSKI Darek</b>	<b>829</b>	RUN4FUN	M35-39	Run4Fun www.bytpak.pl	00:17:21	<b>00:36:42</b>	122	00:03:05	00:11:29	00:40:09	01:22:10		
47	<b>BORKOWSKI Tomasz</b>	<b>518</b>		M35-39		00:19:20	<b>00:39:59</b>	202	00:06:18	00:10:40	00:37:30	01:16:11		
48	<b>KAJETANOWICZ Krzysztof</b>	<b>610</b>	TRICLUB	M35-39	Brownlee nr 3, 4 i 5	00:22:01	<b>00:45:57</b>	280	00:03:20	00:10:45	00:36:40	01:13:50		
49	<b>KRÓLCZYŃSKI Maciej</b>	<b>649</b>	KS 'WOLNI'	M35-39		00:20:42	<b>00:43:03</b>	239	00:04:51	00:11:00	00:37:30	01:16:14		
50	<b>TYMUL Jakub</b>	<b>823</b>	NOVO NORDISK IRON TEAM	M35-39	Trispace	00:21:25	<b>00:43:54</b>	254	00:04:17	00:10:48	00:37:36	01:16:09		
51	<b>SZCZEPAŃSKI Adam</b>	<b>877</b>	ALBATROSY	M35-39		00:21:19	<b>00:43:49</b>	251	00:03:21	00:11:30	00:38:32	01:17:32		
52	<b>SZYNDLAREWICZ Paweł</b>	<b>806</b>		M35-39		00:20:58	<b>00:43:14</b>	242	00:05:15	00:11:41	00:38:24	01:16:52		
53	<b>RYTEL Rafał</b>	<b>762</b>	ZARZĄD	M35-39		00:19:06	<b>00:39:08</b>	189	00:04:17	00:11:40	00:40:36	01:22:34		
54	<b>MICHLEWICZ Marcin</b>	<b>695</b>	MKM TRIATHLON TEAM	M35-39		00:19:02	<b>00:39:07</b>	188	00:05:44	00:11:34	00:40:11	01:21:26		
55	<b>CZARNIECKI Kamil</b>	<b>544</b>	ZARZĄD	M35-39		00:21:09	<b>00:44:02</b>	258	00:04:22	00:11:14	00:38:25	01:18:06		
56	<b>KLONOWSKI Mariusz</b>	<b>630</b>	PRIMIGENIUS	M35-39		00:22:09	<b>00:43:32</b>	246	00:05:56	00:11:29	00:39:07	01:17:49		
57	<b>KOŚCIELAK Maciej</b>	<b>872</b>	ŻANDARMI Z BYDGOSZCZY	M35-39		00:22:04	<b>00:47:42</b>	287	00:04:11	00:10:54	00:37:20	01:16:21		
58	<b>SZYMCZYK Tomasz</b>	<b>803</b>	-	M35-39		00:21:14	<b>00:45:13</b>	272	00:05:24	00:11:06	00:37:59	01:17:39		
59	<b>IGNACZAK Jarosław</b>	<b>595</b>		M35-39		00:24:21	<b>00:49:02</b>	295	00:03:38	00:10:22	00:36:36	01:15:59		
60	<b>CIEŚLUK Piotr</b>	<b>536</b>	RIDE YOUR WAY SOLEC KUJAWSKI	M35-39		00:19:43	<b>00:38:56</b>	181	00:07:08	00:11:22	00:39:25	01:22:36		
61	<b>KONITZ Marek</b>	<b>636</b>	POWEL ACTIVE	M35-39		00:22:51	<b>00:47:59</b>	289	00:05:57	00:10:40	00:36:56	01:15:13		
62	<b>SZULIST Kazimierz</b>	<b>800</b>	CTS	M35-39		00:19:26	<b>00:39:56</b>	201	00:04:40	00:12:23	00:41:56	01:25:03		
63	<b>BALEWSKI Tomasz</b>	<b>508</b>		M35-39		00:21:40	<b>00:43:51</b>	253	00:05:05	00:11:45	00:40:19	01:21:58		
64	<b>DUDEK Dawid</b>	<b>557</b>	POLONIA BYDGOSZCZ SEKCJA LEKKOATLETYCZNA	M35-39		00:20:52	<b>00:42:41</b>	231	00:06:39	00:11:52	00:40:47	01:23:41		
65	<b>SUDOŁ Jacek</b>	<b>793</b>		M35-39	SPORTTREND.PL	00:21:15	<b>00:44:05</b>	261	00:05:25	00:11:56	00:41:33	01:23:49		
66	<b>BINDEK Łukasz</b>	<b>514</b>		M35-39		00:21:11	<b>00:43:40</b>	249	00:05:22	00:11:45	00:41:35	01:24:51		
67	<b>NAWROCKI Karol</b>	<b>716</b>		M35-39		00:24:21	<b>00:49:35</b>	299	00:07:47	00:10:38	00:37:20	01:16:34		
68	<b>TOMASZEK Sebastian</b>	<b>814</b>		M35-39		00:23:48	<b>00:49:14</b>	296	00:05:09	00:14:46	00:48:26	01:38:09		

Total 68 results.