

**Wydarzenie:** Ocean Lava Triathlon Polska 2018  
**Organizator:** Towarzystwo Sportowe TRI-SPORT  
**Data:** 2018-08-19  
**Miejsce:** Bydgoszcz  
**Dystans:** 226 km

Klasyfikacja: Wszyscy

Punkt pomiarowy: 145,1 km

Msc	Zawodnik	Numer	Klub	Kategoria	Drużyna	Pływanie				Poz	Rower						Bieg
						P_Borowno 0.95km	P_Borowno 2.85km	R_Borowno 3.8km			R_Kotomierz 9km	R_Pauliny 42.2km	R_Lidl 63km	R_Kotomierz 87km	R_Pauliny 120.2km	R_Lidl 141km	
1	LUFT Mikołaj	2	LUFT TRI TEAM	M30-34		00:12:23	00:38:00	00:51:04	1	00:01:41	00:15:09	01:04:38	01:35:30	02:12:59	03:03:57	03:36:06	
2	CHMURA Maciej	1	GVT BMC - AZS AWF KATOWICE	M30-34	GVT BMC	00:12:23	00:38:07	00:51:17	2	00:01:54	00:15:23	01:07:16	01:40:53	02:16:17	03:06:41	03:37:41	
3	AUGUSTYNIAK Krzysztof	188	MKS PLETVAL POLKOWICE	M35-39		00:12:58	00:40:27	00:54:16	3	00:02:22	00:15:30	01:05:40	01:37:30	02:12:52	03:03:16	03:34:17	
4	MARKOWSKI Marek	267	LABOSPORT TEAM / ULTIMATE PETARDA SQUAD	M40-44		00:13:51	00:42:37	00:57:04	6	00:03:04	00:16:15	01:09:26	01:42:27	02:23:02	03:19:01	03:54:00	
5	MŁODZIKOWSKI Paweł	137	KB V-MAX ADAMÓW	M30-34	KB V-Max Adamów	00:15:37	00:47:57	01:04:29	17	00:02:43	00:16:33	01:09:32	01:42:51	02:22:32	03:16:18	03:49:59	
6	WNEK Jarosław	217	KUPSZOSE.PL	M30-34		00:14:45	00:45:54	01:01:34	8	00:03:20	00:16:22	01:10:21	01:43:03	02:23:30	03:19:04	03:53:18	
7	HOLUB Michal	287	TRIATLON TEAM DOLNY KUBIN	M30-34		00:15:16	00:46:43	01:02:51	12	00:02:53	00:16:31	01:09:52	01:43:01	02:24:00	03:18:12	03:52:31	
	CHOMIK Rafał	241	WAY 2 CHAMP	M40-44		00:16:10	00:49:52	01:07:05	30	00:02:35	00:16:23	01:09:22	01:42:26	02:23:40	03:20:02	03:53:54	
9	KOWALCZYK Marek	253	BRZOZA BIEGA	M40-44		00:15:40	00:48:23	01:04:59	21	00:02:38	00:16:36	01:11:35	01:45:18	02:26:23	03:22:34	03:57:31	
10	TARGONI Paweł	144		M40-44		00:15:36	00:48:36	01:05:44	25	00:02:55	00:17:43	01:13:25	01:47:21	02:28:41	03:24:00	03:57:53	
11	BŁACHOWIAK Jakub	191	STREFASPORTU.PL MW INVEST	M25-29		00:16:49	00:50:37	01:07:56	37	00:02:33	00:16:40	01:11:39	01:45:38	02:26:56	03:22:19	03:56:28	
12	STACHURA Mateusz	42		M25-29		00:15:55	00:50:15	01:07:31	34	00:02:30	00:17:05	01:12:05	01:45:23	02:27:20	03:22:59	03:57:04	
13	HOPPE Mateusz	235	SKŻ SOPOT	M25-29		00:15:57	00:48:59	01:06:06	26	00:02:43	00:16:26	01:10:44	01:44:13	02:25:50	03:23:30	03:59:52	
14	JURKIEWICZ Mariusz	71		M35-39		00:17:47	00:56:05	01:16:03	91	00:03:43	00:16:52	01:10:14	01:43:08	02:23:27	03:17:15	03:49:51	
15	MICHALEWSKI Dariusz	110	TRIATHLON GOGOLIN	M35-39		00:14:36	00:46:38	01:02:44	11	00:03:02	00:17:29	01:14:08	01:49:13	02:33:11	03:30:23	04:05:40	
16	PYKA Marek	256	CHOP ZE ŻELAZA TRI TEAM	M40-44		00:15:58	00:48:26	01:05:12	23	00:03:02	00:17:03	01:11:52	01:47:01	02:29:40	03:26:57	04:03:19	
17	KLUPCZYNSKI Piotr	260	BE3 CITYZEN	M25-29		00:15:33	00:48:22	01:05:14	24	00:02:49	00:17:39	01:13:40	01:48:27	02:30:47	03:28:01	04:03:48	
18	KWIECIEŃ Krystian	185	ANIMALS.PL/UKS OŻAROWICE/4K KWIECIEŃ	M35-39		00:16:26	00:50:01	01:07:14	32	00:02:45	00:17:14	01:13:11	01:47:54	02:29:51	03:27:13	04:02:01	
19	KĄŻMIERCZAK Łukasz	204	LUKS DWÓJKA DANIELO SPORTSWEAR STRYKÓW	M35-39		00:16:41	00:52:16	01:11:03	55	00:03:17	00:17:14	01:11:36	01:45:09	02:27:21	03:24:28	03:59:30	
20	SIWIRSKI Robert	285	WTT / WMT	M40-44		00:17:46	00:55:02	01:13:47	69	00:03:04	00:16:29	01:10:34	01:44:44	02:26:14	03:22:25	03:57:06	
21	KOWALSKA Olga	216	TRINERGY TEAM	K30-34	Trinergy Team	00:15:27	00:47:16	01:03:37	14	00:03:05	00:17:40	01:14:59	01:50:42	02:33:46	03:32:34	04:08:08	
22	KULESZA Jakub	246	TRIATHLON CLUB WROCŁAW	M35-39		00:15:18	00:46:43	01:02:28	10	00:03:26	00:17:17	01:12:19	01:46:49	02:30:07	03:31:52	04:08:57	
23	KOŁODZIEJ Sebastian	120	LABOSPORT TEAM	M35-39		00:16:41	00:50:34	01:07:35	35	00:02:45	00:17:14	01:12:48	01:47:31	02:29:27	03:26:49	04:04:47	
24	WRÓŃSKI Tomasz	60		M35-39		00:14:44	00:45:13	01:00:49	7	00:03:18	00:17:48	01:15:22	01:51:10	02:35:10	03:35:17	04:12:55	
25	LESZCZEWICZ Waldemar	288	KUŹNIA TRIATHLONU	M40-44		00:16:20	00:50:18	01:07:27	33	00:02:30	00:17:29	01:14:33	01:50:15	02:33:26	03:31:41	04:07:12	
26	GRYCZ Kamil	146	UNDEREQUATOR.COM	M25-29		00:16:20	00:50:45	01:08:05	38	00:03:21	00:18:08	01:16:10	01:50:42	02:32:45	03:30:24	04:05:56	
27	SZYSZKA Łukasz	286	DRUŻYNA TVN	M25-29		00:15:27	00:48:00	01:04:27	16	00:02:36	00:18:18	01:17:15	01:53:06	02:36:18	03:34:22	04:10:24	

Poz.	Imię i nazwisko	Numer startowy	Klub	Kategoria	Wiek	Pływanie				T1	Rower					Bieg
						00:16:30	00:51:18	01:09:17	47		00:03:16	00:18:09	01:15:38	01:50:02	02:32:15	
28	<b>KOZAR Karol</b>	<b>65</b>	POLISH TRIATHLETES IN UK	M35-39		00:16:30	00:51:18	<b>01:09:17</b>	47	00:03:16	00:18:09	01:15:38	01:50:02	02:32:15	03:30:56	04:06:39
29	<b>LEWANDOWSKI Damian</b>	<b>213</b>	PTT DELTA	M40-44		00:15:31	00:48:21	<b>01:04:51</b>	19	00:03:45	00:17:18	01:14:06	01:49:40	02:33:55	03:34:31	04:10:51
30	<b>WILIŃSKI Tomasz</b>	<b>121</b>	LABOSPORT TEAM	M40-44		00:17:49	00:55:06	<b>01:14:37</b>	76	00:04:15	00:17:09	01:12:00	01:46:00	02:28:14	03:26:28	04:02:04
31	<b>WĘGLIŃSKI Sebastian</b>	<b>93</b>	KS BARAKUDA MIŃSK MAZ	M35-39		00:16:19	00:52:23	<b>01:10:45</b>	50	00:03:50	00:17:19	01:13:10	01:47:58	02:30:54	03:29:52	04:06:37
32	<b>WIĘCKOWSKI Dariusz</b>	<b>66</b>	AMS TRIATHLON	M35-39	AMS	00:15:40	00:47:12	<b>01:03:15</b>	13	00:04:54	00:18:06	01:18:11	01:54:21	02:38:10	03:37:56	04:15:24
33	<b>PIOTROWSKI Artur</b>	<b>234</b>	TRIATHLON SEDLCE CLUB	M40-44	KB V-Max Adamów	00:15:13	00:48:19	<b>01:04:58</b>	20	00:03:02	00:17:56	01:17:02	01:53:37	02:38:03	03:39:20	04:16:10
34	<b>KÜBLER Remigiusz</b>	<b>46</b>	TORUŃSKI KLUB TRIATHLONOWY	M25-29		00:16:45	00:50:48	<b>01:08:17</b>	40	00:03:31	00:18:14	01:16:09	01:51:08	02:36:31	03:38:53	04:15:37
35	<b>POKORSKI Marek</b>	<b>245</b>	IMPAQ	M45-49		00:17:51	00:54:46	<b>01:13:05</b>	66	00:04:08	00:17:26	01:14:39	01:49:20	02:32:56	03:33:32	04:10:42
36	<b>MESSYASZ Krzysztof</b>	<b>100</b>	BIMARKO&WELDA TEAM	M35-39		00:18:15	00:56:27	<b>01:16:37</b>	94	00:02:58	00:17:47	01:15:48	01:51:08	02:35:18	03:32:44	04:08:23
37	<b>FLORKIEWICZ Jacek</b>	<b>243</b>		M40-44		00:16:56	00:52:20	<b>01:11:02</b>	54	00:03:20	00:19:40	01:19:43	01:55:53	02:40:27	03:39:29	04:15:20
38	<b>ANDRZEJCZYK Sebastian</b>	<b>262</b>	NEON	M45-49		00:16:37	00:51:07	<b>01:09:13</b>	46	00:02:53	00:18:18	01:17:21	01:54:20	02:39:02	03:40:00	04:17:39
39	<b>WALCZAK Robert</b>	<b>67</b>	PARKRUN POZNAŃ	M35-39	parkrun Poznań	00:14:52	00:46:20	<b>01:02:12</b>	9	00:03:44	00:17:40	01:18:57	01:56:07	02:41:27	03:44:42	04:24:20
40	<b>ŁODA Piotr</b>	<b>209</b>		M35-39		00:16:17	00:49:49	<b>01:06:47</b>	28	00:05:28	00:18:22	01:15:55	01:52:04	02:37:22	03:39:14	04:18:26
41	<b>ŁĄTKOWSKI Sławek</b>	<b>52</b>	ORKAMASTERS IŁAWA	M40-44		00:16:33	00:52:34	<b>01:11:27</b>	57	00:04:12	00:17:17	01:15:45	01:52:44	02:38:11	03:38:24	04:16:13
42	<b>POCENTEK Krzysztof Robert</b>	<b>236</b>	TRIATHLON RAWA MAZOWIECKA	M40-44		00:16:15	00:50:06	<b>01:07:44</b>	36	00:03:31	00:18:10	01:16:51	01:52:57	02:37:36	03:40:48	04:21:01
43	<b>KOCHANOWSKI Dariusz</b>	<b>158</b>	TRI LEVEL	M40-44		00:16:55	00:51:34	<b>01:08:59</b>	43	00:03:27	00:18:14	01:15:39	01:51:54	02:37:17	03:40:12	04:19:58
44	<b>SZNAJDER Mariusz</b>	<b>57</b>		M35-39		00:16:25	00:52:16	<b>01:10:52</b>	51	00:03:55	00:18:21	01:17:50	01:54:22	02:39:48	03:40:31	04:17:53
45	<b>WACHOWSKI Błażej</b>	<b>162</b>	WARTA POZNAŃ	M35-39		00:13:56	00:42:35	<b>00:56:53</b>	4	00:03:04	00:19:20	01:21:08	01:59:13	02:46:07	03:51:47	04:32:46
46	<b>FILIPOWSKI Zdzisław</b>	<b>171</b>	KS CELIRONMAN	M45-49		00:16:42	00:51:59	<b>01:10:03</b>	49	00:03:30	00:18:35	01:18:30	01:55:38	02:41:03	03:41:46	04:19:12
47	<b>HAWROT Sylwester</b>	<b>135</b>	NTS NEXELOCROWN GOLENIÓW	M50-54		00:15:59	00:48:14	<b>01:05:04</b>	22	00:04:13	00:19:15	01:19:06	01:55:07	02:41:07	03:44:19	04:24:13
48	<b>GOZDAJSKI Jarosław</b>	<b>10</b>	WITKOWO BIEGA	M45-49		00:17:47	00:55:20	<b>01:14:19</b>	73	00:03:31	00:19:58	01:20:01	01:56:27	02:40:54	03:40:05	04:17:26
49	<b>RASZTAWICKI Dariusz</b>	<b>58</b>	KUŹNIA TRIATHLONU	M35-39		00:15:55	00:52:13	<b>01:11:37</b>	58	00:03:37	00:18:11	01:18:44	01:56:09	02:43:24	03:44:24	04:20:24
50	<b>ŻABA Marek</b>	<b>280</b>	TRIATHLON - X- TEAM	M30-34		00:17:49	00:54:45	<b>01:12:57</b>	65	00:04:45	00:17:44	01:16:04	01:52:34	02:37:28	03:39:15	04:17:58
51	<b>TERPIŁOWSKI Michał</b>	<b>29</b>		M25-29		00:16:38	00:53:21	<b>01:12:20</b>	61	00:03:21	00:17:52	01:17:01	01:53:52	02:39:12	03:41:28	04:20:04
52	<b>SZYMKOWIAK Norbert</b>	<b>268</b>		M18-24		00:19:05	00:59:53	<b>01:21:17</b>	132	00:04:25	00:17:30	01:13:57	01:49:53	02:32:51	03:33:14	04:10:12
53	<b>SCHEPPLER Patryk</b>	<b>201</b>	SEKCJA TRIATHLONU AKADEMII WOJSK ŁĄDOWYCH	M18-24		00:16:01	00:51:26	<b>01:09:11</b>	45	00:03:38	00:18:54	01:19:16	01:56:52	02:43:59	03:45:34	04:23:26
54	<b>KACZKOWSKA Katarzyna</b>	<b>51</b>		K35-39		00:19:48	00:59:46	<b>01:21:06</b>	128	00:04:04	00:17:19	01:14:58	01:51:00	02:34:28	03:33:27	04:11:26
55	<b>BUCHALIK Arkadiusz</b>	<b>40</b>		M45-49		00:18:25	00:54:31	<b>01:12:51</b>	64	00:03:55	00:18:20	01:18:42	01:55:49	02:41:10	03:42:07	04:19:53
56	<b>KRAWCZYK Aleksandra</b>	<b>76</b>	TRI W KOLORZE BLOND	K30-34		00:16:23	00:49:44	<b>01:06:37</b>	27	00:02:47	00:19:00	01:21:51	02:00:14	02:47:13	03:49:23	04:28:11
57	<b>KRAWENDA Robert</b>	<b>147</b>		M25-29		00:19:13	01:01:01	<b>01:22:42</b>	147	00:04:10	00:16:52	01:12:01	01:47:05	02:31:44	03:31:48	04:10:44
58	<b>KITA Tomek</b>	<b>247</b>	SPECSHOP TEAM	M35-39		00:16:13	00:50:50	<b>01:09:08</b>	44	00:02:58	00:18:27	01:16:20	01:52:16	02:38:02	03:44:55	04:25:41
59	<b>WÓJCIK Mirosław</b>	<b>97</b>	TIME4RUNING	M50-54		00:18:21	00:56:21	<b>01:16:07</b>	92	00:05:07	00:18:13	01:17:02	01:53:00	02:37:40	03:39:52	04:18:02

Poz.	Imię i nazwisko	Numer startowy	Klub	Kategoria	Pływanie				T1	Rower					Bieg	
					00:17:44	00:54:28	01:13:08	67		00:18:41	01:17:59	01:54:09	02:39:46	03:41:27		04:19:11
60	<b>GÓRZYŃSKI Tomasz</b>	<b>148</b>	TORUŃSKI KLUB TRIATHLONOWY	M40-44	00:17:44	00:54:28	<b>01:13:08</b>	67	00:07:04	00:18:41	01:17:59	01:54:09	02:39:46	03:41:27	04:19:11	
61	<b>MACIUSZEK Łukasz</b>	<b>84</b>	BBL OPOLE	M30-34	00:19:22	00:59:48	<b>01:19:57</b>	115	00:05:10	00:18:01	01:18:19	01:55:04	02:39:29	03:38:07	04:14:17	
62	<b>BIERNACKI Łukasz</b>	<b>195</b>	VICTUS REBKOW	M30-34	00:15:19	00:49:21	<b>01:07:12</b>	31	00:05:27	00:18:17	01:20:17	01:58:34	02:45:25	03:48:09	04:27:14	
63	<b>SEREDYŃSKI Przemysław</b>	<b>153</b>		M35-39	00:16:07	00:50:32	<b>01:08:40</b>	41	00:03:43	00:18:32	01:19:20	01:56:50	02:43:46	03:47:42	04:27:43	
64	<b>WIĘDŁOCHA Jan</b>	<b>199</b>		M40-44	00:18:01	00:55:11	<b>01:13:56</b>	70	00:05:42	00:18:43	01:19:11	01:56:44	02:42:26	03:43:18	04:21:15	
65	<b>JARMOSZEWICZ Łukasz</b>	<b>80</b>	TORUŃSKI KLUB TRIATHLONOWY	M45-49	00:18:51	00:57:59	<b>01:18:21</b>	100	00:04:39	00:17:58	01:16:37	01:52:40	02:37:31	03:39:52	04:18:01	
66	<b>FOREMSKI Sławomir</b>	<b>151</b>	TORUŃSKI KLUB TRIATHLONOWY	M50-54	00:19:26	00:59:09	<b>01:19:31</b>	108	00:03:00	00:17:48	01:15:29	01:51:51	02:36:50	03:37:31	04:18:49	
67	<b>KUBIAK Bartłomiej</b>	<b>141</b>	DOBRCZ BIEGA	M30-34	00:17:10	00:53:15	<b>01:12:29</b>	62	00:05:02	00:19:05	01:19:37	01:57:00	02:43:31	03:45:55	04:25:08	
68	<b>KRZYSZTOFIK Kacper</b>	<b>274</b>	TRI AKTYWNY PIOTRKÓW	M40-44	00:19:24	00:59:43	<b>01:20:18</b>	118	00:04:05	00:18:15	01:18:31	01:55:14	02:40:04	03:40:48	04:19:14	
69	<b>CHAŁUPKA Paweł</b>	<b>224</b>		M35-39	00:19:42	00:58:06	<b>01:17:47</b>	97	00:04:18	00:18:21	01:18:19	01:54:07	02:40:17	03:43:07	04:21:37	
70	<b>SZCZYRBOWSKI Michał</b>	<b>30</b>	TURBOKILLA	M35-39	00:18:11	00:56:00	<b>01:14:54</b>	82	00:04:33	00:18:22	01:18:56	01:56:38	02:42:52	03:45:40	04:25:02	
71	<b>KARAŚ Michał</b>	<b>149</b>	OLEŚNICKA GRUPA TRIATHLONOWA	M30-34	00:19:27	00:59:32	<b>01:19:22</b>	105	00:04:41	00:18:30	01:19:24	01:56:00	02:40:52	03:41:58	04:20:36	
72	<b>JANISZEWSKI Artur</b>	<b>266</b>		M35-39	00:18:31	00:55:57	<b>01:14:55</b>	83	00:05:40	00:18:29	01:18:48	01:55:59	02:41:24	03:45:16	04:24:08	
	<b>BUCZEK Jakub</b>	<b>196</b>		M30-34	00:17:59	00:55:54	<b>01:14:56</b>	85	00:05:30	00:18:03	01:18:39	01:55:45	02:41:39	03:45:44	04:26:26	
	<b>DYKSZAK Filip</b>	<b>83</b>	IRONDRAGON TRIATHLON	M35-39	K.T.O. z Krakowa	00:19:10	00:59:39	<b>01:20:23</b>	120	00:03:26	00:18:13	01:16:22	01:52:34	02:38:18	03:41:30	04:24:25
75	<b>PIEKARSKI Marek</b>	<b>36</b>	SOLANO	M45-49	00:18:08	00:56:30	<b>01:16:38</b>	95	00:04:34	00:19:06	01:20:47	01:58:04	02:44:04	03:46:44	04:27:14	
76	<b>GAJEWSKI Sebastian</b>	<b>125</b>	TRINERGY	M35-39	00:16:34	00:51:59	<b>01:09:58</b>	48	00:03:39	00:19:42	01:23:27	02:02:21	02:50:34	03:55:34	04:35:46	
77	<b>WRÓBEL Darek</b>	<b>159</b>		M40-44	00:19:59	01:02:57	<b>01:25:46</b>	170	00:04:17	00:18:19	01:17:12	01:54:02	02:38:54	03:40:41	04:19:35	
78	<b>ŁUCYSZYN Robert</b>	<b>13</b>		M40-44	00:17:19	00:52:27	<b>01:10:57</b>	52	00:07:36	00:18:52	01:19:02	01:56:32	02:46:12	03:52:18	04:31:42	
79	<b>SZELIŃSKI Adam</b>	<b>122</b>	OPP SZCZECIN	M45-49	00:19:24	00:59:22	<b>01:19:35</b>	111	00:03:27	00:18:41	01:20:36	01:58:53	02:45:38	03:48:39	04:27:59	
80	<b>GACKA Rafał</b>	<b>208</b>	LUPUS TEAM	M40-44	00:20:11	01:04:12	<b>01:27:08</b>	180	00:03:21	00:17:51	01:16:13	01:52:44	02:39:14	03:42:06	04:21:05	
81	<b>HALAGARDA Krzysztof</b>	<b>231</b>	PDK	M30-34	00:19:22	01:00:15	<b>01:21:37</b>	138	00:06:03	00:18:40	01:20:03	01:57:09	02:42:05	03:44:06	04:23:58	
82	<b>SOBCZAK Marcin</b>	<b>21</b>	TRISPACE	M40-44	TRISPACE	00:17:46	00:53:31	<b>01:12:11</b>	59	00:05:27	00:19:37	01:22:57	02:02:06	02:50:17	03:54:37	04:35:02
83	<b>FOGT Maciej</b>	<b>6</b>	CB163	M35-39	00:19:56	01:02:32	<b>01:25:40</b>	165	00:04:39	00:18:23	01:18:36	01:55:25	02:41:00	03:42:27	04:22:23	
84	<b>CHORAŻIAK Witold</b>	<b>261</b>	CELIRONMAN	M50-54	00:18:48	00:58:48	<b>01:20:20</b>	119	00:03:47	00:17:52	01:18:10	01:56:21	02:43:52	03:49:05	04:28:47	
85	<b>ANDREEV Evgenii</b>	<b>168</b>		M25-29	00:18:52	00:58:36	<b>01:20:09</b>	117	00:05:47	00:18:49	01:20:18	01:57:55	02:45:39	03:47:52	04:26:59	
86	<b>KLONOWSKI Mariusz</b>	<b>275</b>	PRIMIGENIUS	M35-39	00:21:42	01:07:04	<b>01:30:44</b>	197	00:05:28	00:17:43	01:16:46	01:53:46	02:37:45	03:38:49	04:16:49	
	<b>KARCZEWSKI Adrian</b>	<b>263</b>	CB163	M30-34	00:20:09	01:03:23	<b>01:25:33</b>	164	00:05:00	00:19:20	01:18:51	01:55:20	02:40:44	03:42:43	04:22:32	
88	<b>SZYDŁOWSKI Marek</b>	<b>61</b>	PARKRUN POZNAŃ	M35-39	00:16:06	00:49:39	<b>01:06:50</b>	29	00:04:32	00:19:19	01:24:12	02:04:08	02:52:26	03:59:42	04:41:48	
89	<b>TALAREK Arkadiusz</b>	<b>258</b>	TRIATHLONKONSULTING	M40-44	00:19:21	00:59:22	<b>01:19:31</b>	109	00:04:09	00:18:56	01:20:54	01:59:05	02:46:23	03:50:49	04:29:49	
90	<b>PIETRZAK Romek</b>	<b>139</b>	CENTRUM ROWEROWE DSR TEAM	M55-59	00:18:54	00:57:30	<b>01:18:39</b>	103	00:04:48	00:18:31	01:18:30	01:55:50	02:43:48	03:49:17	04:31:04	
91	<b>KŁOS Marcin</b>	<b>157</b>		M35-39	00:18:33	00:55:49	<b>01:14:56</b>	84	00:05:29	00:18:50	01:21:40	01:59:36	02:47:37	03:54:21	04:34:36	
92	<b>KOWALSKI Tomasz</b>	<b>270</b>	WITC	M30-34	00:20:08	01:05:00	<b>01:28:41</b>	183	00:06:10	00:17:52	01:16:49	01:53:48	02:39:06	03:40:26	04:20:18	
93	<b>BOROWIK Marcin</b>	<b>119</b>		M35-39	00:19:20	01:00:17	<b>01:21:38</b>	139	00:04:17	00:18:56	01:20:38	01:59:04	02:45:55	03:49:26	04:29:36	
94	<b>WEJKUĆ Grzegorz</b>	<b>210</b>		M40-44	00:18:39	00:57:46	<b>01:18:23</b>	101	00:05:00	00:18:37	01:19:18	01:56:26	02:44:19	03:49:30	04:32:12	

					Pływanie				Rower						Bieg	
95	BETLEJ Hubert	31	ESKADRA KRAKÓW	M35-39	K.T.O. z Krakowa	00:21:44	01:06:33	<b>01:29:44</b>	192	00:05:08	00:18:05	01:17:00	01:52:36	02:37:46	03:40:36	04:20:52
96	ŻWIRSKI Marcin	279		M25-29		00:20:06	00:59:17	<b>01:19:34</b>	110	00:05:56	00:18:16	01:17:27	01:54:46	02:40:19	03:46:17	04:30:40
97	KAUCKA Alicja	126		K30-34		00:18:03	00:57:12	<b>01:18:01</b>	98	00:04:35	00:19:52	01:21:48	01:59:42	02:46:24	03:51:36	04:33:48
98	MARTYNOWSKI Łukasz	227		M35-39		00:16:22	00:52:24	<b>01:11:12</b>	56	00:03:21	00:18:50	01:19:30	01:57:59	02:47:16	03:58:16	04:42:23
99	ŁAZ Kamil	8	RUN BYDGOSZCZ	M35-39		00:17:50	00:55:31	<b>01:14:47</b>	80	00:04:38	00:19:55	01:23:43	02:02:07	02:49:31	03:56:11	04:37:41
100	LASSOTA Artur	101		M45-49		00:18:53	00:57:24	<b>01:18:24</b>	102	00:05:32	00:17:58	01:15:39	01:51:42	02:39:45	03:49:11	04:33:20
101	KALIN Władysław	229		M35-39		00:17:05	00:56:08	<b>01:16:28</b>	93	00:05:07	00:19:27	01:20:36	01:59:11	02:47:43	03:54:15	04:35:46
102	KIRCHYK Serhii	222	KREMENTRI	M30-34		00:16:21	00:50:30	<b>01:08:07</b>	39	00:05:58	00:18:54	01:19:32	01:59:45	02:52:08	04:00:50	04:43:41
103	JEREMICZ Marcin	102	SZTAFETA NADZIEI	M35-39		00:19:17	00:57:39	<b>01:17:39</b>	96	00:03:08	00:18:29	01:19:29	01:57:54	02:46:19	03:53:16	04:37:37
	LUDEK Tomasz	55	DASH DIGITAL CASH	M30-34		00:19:34	01:00:14	<b>01:21:35</b>	137	00:04:50	00:18:48	01:21:23	02:00:15	02:48:00	03:52:24	04:32:11
	URBAŚ Tomasz	45		M40-44		00:17:09	00:55:04	<b>01:15:26</b>	86	00:04:44	00:19:02	01:22:27	02:01:47	02:50:48	03:57:07	04:38:31
106	PRZYBYLSKI Maciej	99		M40-44		00:21:38	01:08:52	<b>01:33:28</b>	209	00:07:02	00:18:01	01:17:42	01:54:28	02:40:11	03:41:14	04:19:20
107	GUTENPLAN Jacek	197		M50-54		00:20:04	01:02:29	<b>01:23:54</b>	156	00:05:47	00:19:43	01:22:36	02:01:35	02:49:06	03:52:58	04:31:57
108	MARKIEWICZ Damian	33	MARKIEWICZ TRI TEAM	M40-44	K.T.O. z Krakowa	00:20:43	01:04:37	<b>01:27:45</b>	182	00:06:53	00:19:04	01:19:12	01:56:16	02:41:55	03:46:29	04:27:13
109	MATUSZEWSKI Nikodem	116	CARLSBERG	M25-29		00:20:10	01:01:33	<b>01:23:14</b>	150	00:03:48	00:19:21	01:23:15	02:02:16	02:50:06	03:55:30	04:34:57
110	BLICHARZ Marcin	19		M35-39		00:20:17	01:02:30	<b>01:25:00</b>	161	00:06:38	00:19:23	01:22:36	02:00:57	02:47:50	03:51:08	04:30:23
111	KOPROWSKI Maciej	130	KOPER	M40-44		00:19:54	01:02:53	<b>01:25:40</b>	166	00:03:59	00:18:33	01:19:37	01:58:17	02:45:33	03:52:02	04:32:29
112	KOCIEL Jarosław	38	JAREK Z BYTOMIA	M45-49		00:18:07	00:55:52	<b>01:15:34</b>	88	00:07:21	00:19:10	01:21:35	02:01:16	02:49:21	03:56:43	04:39:34
	KOZŁOWSKI Wojtek	11	K.T.O. Z KRAKOWA	M50-54	K.T.O. z Krakowa	00:18:10	00:54:56	<b>01:12:39</b>	63	00:11:24	00:19:20	01:25:23	02:03:28	02:50:08	03:57:04	04:38:44
114	LUBOWICKI Łukasz	78	40-LATEK TYCHY	M40-44		00:19:15	01:00:04	<b>01:21:20</b>	133	00:06:16	00:19:17	01:21:31	02:00:21	02:47:41	03:53:57	04:35:13
115	NIEMCZYK Kazimierz	69		M55-59		00:20:39	01:05:04	<b>01:28:46</b>	185	00:07:18	00:19:03	01:20:59	01:59:15	02:45:17	03:48:43	04:27:53
116	POCHYLSKI Przemysław	145	ZGRUPKA TEAM	M40-44		00:18:06	00:56:16	<b>01:15:49</b>	89	00:03:26	00:18:14	01:18:59	01:57:29	02:46:20	03:56:12	04:44:51
117	MILIŃSKI Piotr	43	WARSAW MASTERS TEAM	M25-29		00:20:12	01:04:39	<b>01:27:07</b>	179	00:04:00	00:18:52	01:22:27	02:01:05	02:48:18	03:53:16	04:33:01
118	DARMETKO Rafał	272		M30-34		00:19:28	01:00:48	<b>01:21:57</b>	143	00:04:26	00:18:56	01:20:17	01:58:19	02:45:31	03:53:58	04:37:55
	HIRT Tomasz	111	CB 163	M35-39		00:17:42	00:55:00	<b>01:14:28</b>	75	00:04:01	00:19:03	01:22:22	02:01:51	02:50:57	04:00:45	04:46:17
120	KRÓLCZYŃSKI Maciej	104	KS WOLNI	M35-39		00:19:55	01:03:43	<b>01:26:16</b>	173	00:03:28	00:18:41	01:18:46	01:56:49	02:44:39	03:51:45	04:35:11
121	MAZANKA Jakub	86		M40-44		00:19:37	00:59:24	<b>01:19:25</b>	106	00:04:00	00:18:53	01:21:02	01:59:51	02:48:48	03:58:49	04:41:38
	SZULC Wojtek	277	KOCHAM DARIE	M50-54		00:21:16	01:05:23	<b>01:28:44</b>	184	00:05:27	00:18:11	01:18:50	01:57:03	02:43:54	03:49:59	04:31:43
123	WINNIK Piotr	95		M30-34		00:20:10	01:01:50	<b>01:23:44</b>	154	00:05:05	00:20:09	01:25:13	02:03:33	02:50:06	03:55:00	04:37:37
124	KOKOTEK Maciej	183	KS CELIRONMAN	M40-44		00:19:31	00:59:38	<b>01:19:54</b>	114	00:04:30	00:19:16	01:23:54	02:04:20	02:53:20	04:00:46	04:42:36
125	STRATYŃSKI Filip	175	CELIRONMAN	M40-44		00:20:32	01:04:20	<b>01:26:49</b>	175	00:03:42	00:19:04	01:20:33	01:58:59	02:46:44	03:53:55	04:36:34
126	KĘSZYCKI Oskar	150	AZEMONSTERS	M25-29		00:17:40	00:54:43	<b>01:14:19</b>	74	00:05:56	00:19:54	01:23:18	02:02:23	02:54:54	04:04:54	04:48:01
127	CZYŻ Gabriela	163		K40-44		00:15:25	00:47:40	<b>01:04:34</b>	18	00:04:23	00:20:33	01:28:46	02:11:15	03:02:51	04:15:15	05:00:07
128	SZUT Dariusz	94	IRONMAN CS POLSKA	M40-44		00:19:33	01:00:19	<b>01:21:53</b>	141	00:06:24	00:20:06	01:21:39	01:59:48	02:48:21	03:56:07	04:41:00
129	DOMAGALSKI Piotr	178	IRONMAN CS POLSKA	M50-54		00:19:20	01:00:06	<b>01:21:16</b>	131	00:04:12	00:21:00	01:24:39	02:03:55	02:53:02	04:02:16	04:43:50
130	GWIZDAL Michał	90	TECHNIKA ZWYCIESTWA	M30-34		00:15:56	00:51:01	<b>01:08:46</b>	42	00:04:03	00:20:15	01:25:13	02:08:26	03:00:36	04:12:34	04:56:38
131	JANKOWSKI Adam	129	AKADEMIA BIEGANIA GRUDZIĄDZ	M40-44		00:18:41	00:59:12	<b>01:20:00</b>	116	00:04:10	00:18:21	01:21:33	02:03:00	02:54:35	04:03:19	04:46:07
132	DASZEWSKI Filip	107		M18-24		00:17:48	00:54:59	<b>01:13:38</b>	68	00:07:06	00:19:50	01:24:35	02:05:37	02:56:28	04:06:56	04:50:23
133	OWCZARSKI Marcin	87	PSP CZŁUCHÓW/ MMGO BORYTEAM	M40-44		00:19:26	00:59:10	<b>01:19:18</b>	104	00:05:42	00:19:16	01:23:19	02:03:52	02:53:11	04:03:34	04:46:38
134	ROSZAK Bartosz	161	WRONIECKI KLUB BIEGACZA	M35-39		00:19:13	00:59:37	<b>01:21:04</b>	126	00:03:15	00:19:25	01:22:28	02:01:46	02:52:38	04:07:05	04:47:23





				Pływanie				T	Rower						Bieg
172	ZAVEDIUK Tetiana	251	BORYS RUNNING CLUB	K30-34	00:18:05	00:56:05	<b>01:14:45</b>	79	00:06:27	00:21:32	01:30:56	02:14:00	03:08:19	04:20:54	05:07:49
173	TROSZCZYŃSKI Wojciech	237		M45-49	00:18:31	00:59:44	<b>01:21:56</b>	142	00:07:38	00:20:34	01:29:07	02:12:00	03:04:08	04:15:22	04:59:28
174	GACKOWSKI Krzysztof	79	IRON&ONE TRENER PERSONALNY	M45-49	00:20:08	01:00:02	<b>01:20:28</b>	121	00:06:26	00:19:57	01:27:58	02:10:09	03:03:54	04:16:29	05:02:34
175	BRONISZ Wojciech	254		M18-24	00:17:45	00:55:22	<b>01:15:28</b>	87	00:11:02	00:22:36	01:34:01	02:17:40	03:09:43	04:20:04	05:03:20
176	KOLMAJER Rafał	182	#TEAMFARFALLA	M35-39	00:23:18	01:08:58	<b>01:34:01</b>	216	00:09:08	00:20:34	01:29:11	02:06:57	02:56:27	04:04:36	04:46:59
177	GORGOL Tomasz	4	LP 500	M40-44	00:21:32	01:09:57	<b>01:34:24</b>	218	00:07:33	00:19:51	01:24:55	02:04:44	02:55:16	04:05:24	04:48:24
178	TYMUL Jakub	225	NOVO IRON TEAM / TRISPACE	M40-44	00:21:53	01:09:27	<b>01:33:39</b>	212	00:05:22	00:19:36	01:25:39	02:05:37	02:55:24	04:07:08	04:51:39
179	KWIECIEŃ Katarzyna	176	3FLOW TRIATHLON TEAM/UKS OŻAROWICE	K35-39	00:22:51	01:09:27	<b>01:33:37</b>	211	00:03:15	00:20:43	01:27:38	02:09:21	02:59:58	04:10:17	04:54:45
180	FLORCZAK Krzysztof	223	KS MARATON OSTRÓW WLKP.	M45-49	00:22:31	01:13:29	<b>01:40:52</b>	236	00:06:39	00:20:04	01:26:05	02:06:42	02:56:46	04:02:39	04:44:31
181	WIECZOREK Bartosz	109		M30-34	00:19:35	01:00:11	<b>01:21:03</b>	125	00:08:20	00:22:06	01:28:06	02:08:52	03:03:11	04:19:17	05:04:24
182	MIŚ Waldemar	12	SMASHING PĄPKINS / #TEAMDKMS	M40-44	00:21:02	01:07:11	<b>01:31:25</b>	201	00:06:57	00:19:40	01:24:33	02:06:47	02:58:02	04:10:42	04:55:41
183	BŁASZCZYK Borys	133		M25-29	00:22:55	01:10:28	<b>01:33:40</b>	213	00:08:17	00:19:12	01:23:31	02:03:51	02:54:20	04:08:18	04:52:37
184	SUBKOWSKI Artur	17		M40-44	00:19:50	01:02:21	<b>01:24:26</b>	157	00:06:31	00:21:43	01:32:18	02:14:44	03:07:37	04:17:41	05:03:52
	KRAWISZ Maciej	7	LP500	M40-44	00:22:30	01:14:31	<b>01:41:48</b>	241	00:05:59	00:19:27	01:26:55	02:07:25	02:57:25	04:04:21	04:47:32
	KOWALSKI Jacek	278		M40-44	00:20:51	01:03:42	<b>01:27:04</b>	178	00:07:13	00:19:22	01:23:52	02:04:58	02:57:23	04:14:49	05:01:34
187	GÓRSKI Marian	177	KRS TKKF JASTRZĄB RUDA ŚLĄSKA	M60-64	00:21:00	01:03:45	<b>01:25:44</b>	168	00:07:44	00:20:38	01:29:08	02:12:27	03:04:25	04:15:45	05:03:23
188	WASILEWSKI Mirosław	70	ORKAMASTERS IŁAWA	M40-44	00:20:51	01:07:38	<b>01:32:13</b>	206	00:07:51	00:20:40	01:30:54	02:11:23	03:02:57	04:12:53	04:57:07
189	TOKMAJEVSKI Vladimir	215	SPORTER	M25-29	00:20:15	01:03:39	<b>01:26:52</b>	176	00:09:23	00:20:21	01:27:09	02:08:04	02:58:35	04:11:56	05:01:12
	AUGUŚCIK Mariusz	89		M55-59	00:23:09	01:12:17	<b>01:38:49</b>	232	00:08:00	00:19:41	01:23:33	02:04:31	02:55:16	04:05:07	04:50:53
191	KĘPIŃSKI Henryk	39	KB SPARTAKUS BEŁCHATÓW	M65-69	00:21:30	01:09:14	<b>01:36:00</b>	224	00:07:06	00:19:53	01:27:28	02:08:24	03:01:26	04:09:37	04:54:47
192	TUREK Michał	44	SMASHING PĄPKINS/PO LASACH I ŁĄKACH...	M35-39	00:22:40	01:10:27	<b>01:34:55</b>	222	00:08:41	00:22:09	01:30:03	02:14:29	03:07:43	04:14:01	04:55:16
193	WASZAK Norbert	73	INCLUDE	M35-39	00:23:31	01:12:25	<b>01:37:43</b>	226	00:04:25	00:20:08	01:26:36	02:09:28	03:00:46	04:09:13	04:56:59
194	CYBULSKI Konrad	152	CELIRONMAN	M45-49	00:21:15	01:03:00	<b>01:25:20</b>	163	00:08:55	00:21:20	01:29:41	02:12:21	03:07:14	04:19:43	05:05:32
195	SŁAWKOWSKI Sławomir	271	JUTRZENKA DOBRE MIASTO	M45-49	00:19:49	01:01:29	<b>01:23:35</b>	153	00:07:38	00:20:33	01:28:06	02:12:52	03:07:17	04:24:40	05:11:55
196	FELSKI Mariusz	92	MŻS WOŁCZA MAŁA	M50-54	00:20:35	01:01:32	<b>01:22:03</b>	144	00:07:03	00:21:18	01:32:05	02:14:36	03:08:45	04:25:42	05:14:10
197	GOSTOMSKI Borys	59	40 LAT MINĘŁO	M40-44	00:23:11	01:11:59	<b>01:38:10</b>	230	00:06:48	00:20:25	01:28:36	02:15:17	03:06:37	04:17:33	05:00:07
198	MUSZYŃSKI Roman	64	YETITEAM	M40-44	00:24:39	01:14:50	<b>01:40:30</b>	234	00:11:24	00:19:49	01:26:08	02:07:52	03:00:49	04:11:30	04:53:43
199	PAZIK Grzegorz	211	WIELISZEW HERON TEAM	M35-39	00:23:47	01:13:10	<b>01:38:09</b>	229	00:07:10	00:19:56	01:27:58	02:10:02	03:02:55	04:13:16	05:00:52
200	PODKOWSKI Wojciech	127	MORSY GDYNSKIE . BIEGAMY RAZEM ,PL	M50-54	00:25:37	01:15:21	<b>01:40:48</b>	235	00:07:14	00:20:18	01:28:43	02:11:40	03:03:59	04:13:54	04:58:39
201	MASŁOWSKI Jacek	180		M30-34	00:18:50	00:59:50	<b>01:20:42</b>	122	00:07:01	00:22:00	01:33:24	02:17:35	03:11:48	04:28:53	05:19:13
202	PĘDRYS Mirosław	244	ZABIERZÓW BIEGA	M45-49	00:26:59	01:23:58	<b>01:54:59</b>	249	00:09:46	00:20:08	01:24:52	02:06:39	02:55:59	04:01:13	04:42:45
203	LIZIK Waldemar	24	TRI POWER TEAM KONIN	M45-49	00:19:30	01:01:21	<b>01:23:16</b>	151	00:05:31	00:21:24	01:31:10	02:15:27	03:10:25	04:27:57	05:19:04
204	GNIOT Katarzyna	172		K35-39	00:19:50	01:03:51	<b>01:26:38</b>	174	00:05:25	00:22:06	01:35:29	02:20:51	03:14:05	04:29:08	05:16:40
	BORCHMANN Szymon	259	TRI-SEA WŁADYSŁAWOWO	M35-39	00:20:34	01:05:09	<b>01:29:20</b>	191	00:11:14	00:20:29	01:30:53	02:14:41	03:10:15	04:23:32	05:08:22
206	OPOZDA Krzysztof	74	CM UMK	M50-54	00:20:07	01:00:16	<b>01:21:00</b>	124	00:10:42	00:21:47	01:31:17	02:15:28	03:13:51	04:28:59	05:17:28
207	LITKOWSKI Zbigniew	214	NIEZRZESZONY	M45-49	00:24:46	01:16:33	<b>01:42:21</b>	242	00:06:53	00:22:25	01:32:00	02:13:26	03:08:09	04:16:20	04:59:58
208	KAPUSTKA Mirosław	106	KAPUSTRI	M35-39	00:23:02	01:15:30	<b>01:41:13</b>	239	00:05:49	00:20:45	01:30:48	02:14:29	03:07:29	04:18:55	05:04:16

					Pływanie				T1	Rower					Bieg
209	NOWAK Paweł	154	KEPNET	M50-54	00:22:46	01:09:18	<b>01:33:29</b>	210	00:08:02	00:19:51	01:25:08	02:07:47	03:02:10	04:21:51	05:12:14
210	KNEPKA Piotr	18	ŚWIECIE	M25-29	00:21:47	01:08:55	<b>01:34:00</b>	215	00:08:02	00:21:23	01:31:54	02:16:01	03:13:31	04:26:48	05:13:43
211	RAK Agata	88		K30-34	00:20:51	01:04:56	<b>01:27:31</b>	181	00:06:38	00:21:01	01:33:33	02:19:03	03:14:37	04:31:40	05:22:19
212	PRZYGODA Wojciech	194		M45-49	00:21:51	01:07:42	<b>01:31:06</b>	199	00:08:19	00:21:17	01:30:36	02:12:46	03:08:32	04:29:05	05:17:44
213	SUWART Monika I Marcin	169	JAK NIE MY TO KTO! CITYZEN POZNAŃ	M40-44	00:27:52	01:20:55	<b>01:49:23</b>	247	00:15:06	00:20:18	01:25:50	02:05:07	02:53:51	04:08:36	04:53:12
	ŁOŚ Sławomir	187		M45-49	00:20:46	01:03:21	<b>01:24:32</b>	158	00:08:34	00:22:05	01:34:32	02:20:13	03:15:42	04:32:49	05:24:59
215	CHMIEL Dariusz	205	PTT DELTA PŁOCK	M50-54	00:22:42	01:09:48	<b>01:33:52</b>	214	00:12:11	00:21:52	01:36:16	02:21:17	03:17:28	04:29:12	05:14:02
216	LUCHOWSKI Rafał	179	12TRI.PL / SPARTANIE DZIECIOM	M50-54	00:21:40	01:06:40	<b>01:30:07</b>	193	00:08:11	00:20:45	01:35:14	02:19:39	03:15:36	04:35:25	05:23:03
217	BRZESKI Marcin	131	M & P	M35-39	00:28:40	01:32:18	<b>02:05:40</b>	255	00:10:26	00:19:43	01:26:31	02:07:28	02:56:42	04:03:28	04:45:33
	SITEK Witold	232		M60-64	00:26:58	01:26:39	<b>01:58:54</b>	254	00:07:21	00:19:27	01:25:47	02:05:34	02:55:54	04:12:50	04:57:00
219	WOŹNIAKOWSKA Agata	49	RUN BYDGOSZCZ	K30-34	00:18:30	00:58:02	<b>01:19:42</b>	112	00:08:14	00:23:18	01:36:36	02:24:05	03:22:51	04:42:30	05:37:33
220	KUŁAKOWSKI Mirosław	34	METRIN NAMYSŁÓW	M55-59	00:22:04	01:10:10	<b>01:39:12</b>	233	00:11:32	00:21:42	01:32:56	02:15:47	03:12:15	04:27:21	05:15:13
221	SOKÓŁ Marcin	184		M30-34	00:21:12	01:13:02	<b>01:41:37</b>	240	00:08:48	00:21:03	01:30:41	02:14:49	03:09:26	04:26:23	05:15:33
222	PILARSKI Paweł	54	DBK	M40-44	00:22:19	01:08:49	<b>01:32:06</b>	205	00:10:13	00:19:37	01:30:52	02:19:39	03:16:44	04:38:16	05:24:50
223	LASSAK Bartosz	20	TRISPACE	M40-44	00:21:10	01:05:56	<b>01:29:00</b>	189	00:06:26	00:20:40	01:27:52	02:09:41	03:02:00	04:21:30	05:31:55
<b>Przekroczony limit czasu: 15:00:00</b>															
224	WĘGRZYŃSKI Piotr	132		M45-49	00:23:41	01:13:24	<b>01:41:01</b>	237	00:09:40	00:21:22	01:31:02	02:14:41	03:12:03	04:28:31	05:17:21
225	KOŚMIDER Bartosz	105	DBK SZCZECIN	M40-44	00:21:25	01:06:46	<b>01:30:42</b>	196	00:07:13	00:21:31	01:35:19	02:24:08	03:21:22	04:42:46	05:30:09
226	SIERADZAN Przemysław	230	TS AKWEDUKT	M40-44	00:17:38	00:53:04	<b>01:10:58</b>	53	00:05:26	00:19:07	01:21:25	01:59:31	02:46:18	05:10:15	05:52:52
	SWĘDROWSKI Sylwester	265	MKL MARATON ŚWINOUJŚCIE	M35-39	00:23:43	01:17:57	<b>01:50:26</b>	248	00:06:02	00:21:35	01:29:40	02:12:51	03:07:09	04:25:08	05:14:03
228	KUCHARCZYK Kamil	112	TRI NOT TO DIE	M30-34	00:24:22	01:16:13	<b>01:42:45</b>	243	00:08:39	00:22:59	01:33:42	02:16:53	03:14:33	04:35:21	05:25:31
229	WOŁOWSKI Lech	75		M40-44	00:21:20	01:08:42	<b>01:34:28</b>	220	00:09:01	00:24:19	01:37:14	02:22:58	03:19:39	04:40:49	05:33:34
230	TACZAREK Marlena	282		K40-44	00:21:33	01:08:23	<b>01:33:06</b>	208	00:10:37	00:21:26	01:34:00	02:18:55	03:15:48	04:38:57	05:33:29
231	DĘBOWSKA Anna	239	COMPLEXSPORT	K45-49	00:26:01	01:23:38	<b>01:54:59</b>	250	00:07:08	00:22:03	01:35:11	02:18:49	03:14:36	04:30:05	05:18:29
	WAWRESZUK Jan	281	YANOPTIMAL	M18-24	00:19:48	01:00:28	<b>01:21:34</b>	136	00:14:54	00:22:50	01:36:14	02:24:36	03:29:31	04:58:39	05:44:27
	WOJCIECHOWSKI Adam	14		M45-49	00:23:11	01:15:14	<b>01:43:23</b>	244	00:08:03	00:20:51	01:30:31	02:14:46	03:09:29	04:31:49	05:34:20
	RUDOL Sebastian	23		M40-44	00:22:33	01:09:38	<b>01:34:25</b>	219	00:09:13	00:20:28	01:33:32	02:19:13	03:17:20	04:54:14	05:42:11
	ADAMIK Wiktor	250	ADAMIK MY WAY	M45-49	00:17:46	00:55:14	<b>01:14:49</b>	81	00:04:11	00:19:03	01:20:14	01:57:51	04:09:31	05:22:12	06:06:54
236	KOŚCIELAK Maciej	200	ŻANDARMI Z BYDGOSZCZY	M40-44	00:26:57	01:26:08	<b>01:58:32</b>	253	00:06:40	00:22:01	01:32:47	02:17:34	03:12:38	04:32:38	05:20:56
237	KUZIEMSKI Tomasz	62	KS MARATON OSTROW WLKP	M25-29	00:20:54	01:05:33	<b>01:28:52</b>	188	00:07:18	00:22:31	01:39:50	02:26:32	03:29:20	04:58:53	05:52:57
238	TATULIŃSKA Aleksandra	170	O CO TU BIEGA?/TRISPACE	K40-44	00:26:29	01:25:17	<b>01:55:19</b>	251	00:05:02	00:22:57	01:38:57	02:24:39	03:21:06	04:39:17	05:31:12
239	KUBIAK Katarzyna	155		K30-34	00:23:10	01:12:25	<b>01:38:05</b>	228	00:07:07	00:22:32	01:40:48	02:31:41	03:32:36	04:59:19	05:49:49
240	WALKOWIAK Krzysztof	283	MKL MARATON	M35-39	00:15:23	00:47:13	<b>01:03:49</b>	15	00:04:58	01:37:51	02:45:48	03:28:16	04:23:41	05:39:57	06:27:14
241	POTOCZNY Łukasz	50	EUFORABIEGACZATEAM	M35-39	00:28:27	01:34:30	<b>02:08:17</b>	256	00:09:40	00:21:23	01:32:16	02:16:59	03:14:51	04:33:26	05:20:14
242	KONIECZNY Karol	115		M35-39	00:21:54	01:07:42	<b>01:31:13</b>	200	00:06:52	00:20:46	01:31:04	02:17:24	03:09:57	04:33:09	06:03:49
243	MIKOŁAJSKI Krzysztof	276		M25-29	00:26:24	01:25:19	<b>01:57:28</b>	252	00:10:02	00:22:29	01:40:21	02:28:36	03:27:49	04:45:39	05:36:24

				Pływanie				T1	Rower						Bieg	
244	<b>OŚCIEŁOWSKI Marcin</b>	<b>284</b>		M40-44	00:22:44	01:11:10	<b>01:38:00</b>	227	00:06:25	00:19:47	02:44:01	03:24:42	04:14:33	05:23:50	06:05:43	
245	<b>JARLIŃSKA Bożena</b>	<b>173</b>	ORKAMASTERS IŁAWA	K45-49	00:23:07	01:10:01	<b>01:34:06</b>	217	00:07:47	00:23:38	01:44:44	02:34:52	03:39:39	05:12:18	06:09:10	
246	<b>ROMAN Krzysztof</b>	<b>35</b>	PRZECINAK77	M40-44	00:22:49	01:09:13	<b>01:32:52</b>	207	00:06:00	00:19:30	01:23:49	02:04:56	02:56:06	05:32:16	06:16:46	
247	<b>LEWIŃSKI Andrzej</b>	<b>193</b>	BIEGAMYRAZEM.PL / CTS	M45-49	00:23:46	01:12:03	<b>01:37:04</b>	225	00:05:29	00:22:18	02:48:35	03:30:31	04:21:27	05:33:07	06:16:41	
248	<b>MASŁOWSKI Michał</b>	<b>257</b>	NO LIMITS	M25-29	00:21:50	01:10:18	<b>01:34:40</b>	221	00:09:11	00:24:06	01:44:59	02:36:09	03:39:26	05:17:57	06:16:11	
249	<b>BOGDAŃSKI Łukasz</b>	<b>25</b>	THOMSON REUTERS TRIATHLON TEAM	M35-39	00:20:18	01:03:13	<b>01:24:54</b>	160	00:06:49	00:22:34	02:52:55	03:36:47	04:31:37	05:45:26	06:31:20	
250	<b>SKRZYPCZAK Andrzej</b>	<b>85</b>	MOCZYDŁA TEAM	M45-49	00:25:52	01:20:26	<b>01:49:16</b>	246	00:11:32	00:20:33	01:28:46	02:10:40	03:02:12	05:37:20	06:22:23	
251	<b>NOWAK Adam</b>	<b>37</b>	WUJEK PORADA	M45-49	00:23:54	01:15:40	<b>01:41:10</b>	238	00:08:07	00:25:11	01:49:52	02:46:38	04:08:45	06:03:29	07:01:51	
252	<b>CHMIEL Łukasz</b>	<b>242</b>		M30-34	00:21:18	01:03:52	<b>01:26:12</b>	172	00:23:30	00:21:02	01:32:50	02:17:32	04:51:25	06:13:50	07:01:54	
	<b>BUŁECZKA Paweł</b>	<b>47</b>	RAJSPOORT ACTIVE	M30-34	00:20:04	01:05:19										
	<b>CIĘŻKI Maciej</b>	<b>53</b>		M40-44	00:20:18	01:05:13	<b>01:28:48</b>	186	00:07:02	00:18:33	01:23:07	02:02:18	02:52:41			
	<b>GĘBCZYŃSKI Paweł</b>	<b>118</b>		M35-39	00:23:39	01:16:55	<b>01:44:08</b>	245	00:05:42	00:19:55	01:31:18	02:15:55	03:10:47			
	<b>LARSEN-KONIECZNY Charlotte</b>	<b>114</b>		K30-34	00:22:30	01:08:37	<b>01:32:04</b>	204	00:08:56	02:01:49	03:30:23	04:27:31				
	<b>BANACH Bartosz</b>	<b>221</b>	TORUS - APREKAGEMINI.PL	M30-34	00:13:48	00:42:36	<b>00:56:58</b>	5	00:02:14	00:15:01	01:04:32	01:35:02	02:11:13	03:00:44		

Znaleziono 257 wynik(ów)