

Klasyfikacja: M30-34

Punkt pomiarowy: 208,7 km

Msc	Zawodnik	Numer	Klub	Kategoria	Drużyna	Pływanie				Rower								Bieg						
						P_Borowno 0.95km	P_Borowno 2.85km	R_Borowno 3.8km	Poz	R_Kotomierz 9km	R_Pauliny 42.2km	R_Lidl 63km	R_Kotomierz 87km	R_Pauliny 120.2km	R_Lidl 141km	R_Kotomierz 165km	B_Announcer 180km	Poz	B_Announcer 6.349km	B_Mysl 10.329km	B_Announcer 14.298km	B_Announcer 20.647km		
1	CHMURA Maciej	1	GVT BMC - AZS AWF KATOWICE	M30-34	GVT BMC	00:12:23	00:38:07	<b>00:51:17</b>	2	00:01:54	00:15:23	01:07:16	01:40:53	02:16:17	03:06:41	03:37:41	04:15:14	<b>04:38:07</b>	2	00:07:42	00:19:08	00:35:00	00:51:50	01:18:42
2	LUFT Mikołaj	2	LUFT TRI TEAM	M30-34		00:12:23	00:38:00	<b>00:51:04</b>	1	00:01:41	00:15:09	01:04:38	01:35:30	02:12:59	03:03:57	03:36:06	04:16:28	<b>04:40:57</b>	3	00:05:25	00:26:09	00:44:27	01:03:51	01:35:15
3	HOLUB Michał	287	TRIATLON TEAM DOLNY KUBIŃ	M30-34		00:15:16	00:46:43	<b>01:02:51</b>	12	00:02:53	00:16:31	01:09:52	01:43:01	02:24:00	03:18:12	03:52:31	04:35:16	<b>05:00:00</b>	6	00:02:03	00:27:56	00:45:25	01:03:42	01:32:15
4	MŁODZIKOWSKI Paweł	137	KB V-MAX ADAMÓW	M30-34	KB V-Max Adamów	00:15:37	00:47:57	<b>01:04:29</b>	17	00:02:43	00:16:33	01:09:32	01:42:51	02:22:32	03:16:18	03:49:59	04:31:44	<b>04:56:01</b>	5	00:02:00	00:25:49	00:42:42	01:01:27	01:28:33
5	WNEK Jarosław	217	KUPSOZE.PL	M30-34		00:14:45	00:45:54	<b>01:01:34</b>	8	00:03:20	00:16:22	01:10:21	01:43:03	02:23:30	03:19:04	03:53:18	04:36:04	<b>05:00:49</b>	9	00:02:04	00:34:39	00:57:11	01:20:08	02:03:22
6	MACIUSZEK Łukasz	84	BBL OPOLE	M30-34		00:19:22	00:59:48	<b>01:19:57</b>	115	00:05:10	00:18:01	01:18:19	01:55:04	02:39:29	03:38:07	04:14:17	04:59:44	<b>05:27:15</b>	35	00:02:30	00:31:57	00:53:22	01:19:38	01:59:47
7	KUBIAK Bartłomiej	141	DOBRCZ BIEGA	M30-34		00:17:10	00:53:15	<b>01:12:29</b>	62	00:05:02	00:19:05	01:19:37	01:57:00	02:43:31	03:45:55	04:25:08	05:13:07	<b>05:41:12</b>	69	00:06:14	00:31:25	00:51:12	01:12:54	01:50:50
8	KIRCHYK Serhii	222	KREMENTRI	M30-34		00:16:21	00:50:30	<b>01:08:07</b>	39	00:05:58	00:18:54	01:19:32	01:59:45	02:52:08	04:00:50	04:43:41		<b>06:01:23</b>	118	00:04:19	00:32:04	00:52:21	01:12:10	01:43:31
9	HALAGARDA Krzysztof	231	PDK	M30-34		00:19:22	01:00:15	<b>01:21:37</b>	138	00:06:03	00:18:40	01:20:03	01:57:09	02:42:05	03:44:06	04:23:58	05:11:57	<b>05:40:28</b>	67	00:03:50	00:31:20	00:40:45	01:13:51	01:48:42
10	KOWALSKI Tomasz	270	WITC	M30-34		00:20:08	01:05:00	<b>01:28:41</b>	183	00:06:10	00:17:52	01:16:49	01:53:48	02:39:06	03:40:26	04:20:18	05:06:22	<b>05:34:35</b>	53	00:03:37	00:31:31	00:51:12	01:15:59	01:53:12
11	BIERNACKI Łukasz	195	VICTUS REBKOW	M30-34		00:15:19	00:49:21	<b>01:07:12</b>	31	00:05:27	00:18:17	01:20:17	01:58:34	02:45:25	03:48:09	04:27:14	05:16:21	<b>05:46:12</b>	87	00:03:29	00:36:30	00:58:24	01:22:09	02:01:39
12	KARAS Michał	149	OLEŚNICKA GRUPA TRIATHLONOWA	M30-34		00:19:27	00:59:32	<b>01:19:22</b>	105	00:04:41	00:18:30	01:19:24	01:56:00	02:40:52	03:41:58	04:20:36	05:09:11	<b>05:37:40</b>	62	00:03:09	00:37:27	01:00:27	01:25:42	02:06:00
13	NOVLYANSKIY Konstantin	136	JUSTTRI	M30-34		00:22:53	01:11:02	<b>01:35:59</b>	223	00:04:59	00:20:10	01:24:09	02:04:44	02:53:08	04:01:15	04:42:24	05:32:45	<b>06:02:36</b>	121	00:03:28	00:33:22	00:55:05	01:18:26	01:49:30
14	DARMETKO Rafał	272		M30-34		00:19:28	01:00:48	<b>01:21:57</b>	143	00:04:26	00:18:56	01:20:17	01:58:19	02:45:31	03:53:58	04:37:55	05:29:47	<b>06:01:01</b>	115	00:02:54	00:36:42	00:59:52	01:24:52	02:04:38
15	GWIZDAL Michał	90	TECHNIKA ZWYCIESTWA	M30-34		00:15:56	00:51:01	<b>01:08:46</b>	42	00:04:03	00:20:15	01:25:13	02:08:26	03:00:36	04:12:34	04:56:38	05:51:17	<b>06:21:43</b>	166	00:03:10	00:35:53	01:01:35	01:28:14	02:15:06
16	WIJAS Andrzej	218		M30-34		00:20:34	01:03:56	<b>01:26:54</b>	177	00:05:54	00:20:28	01:25:20	02:05:37	02:56:01	04:05:05	04:48:05	05:40:40	<b>06:11:55</b>	147	00:01:50	00:36:29	01:01:38	01:31:16	02:15:10
17	WINNIK Piotr	95		M30-34		00:20:10	01:01:50	<b>01:23:44</b>	154	00:05:05	00:20:09	01:25:13	02:03:33	02:50:06	03:55:00	04:37:37	05:27:54	<b>05:56:36</b>	105	00:03:15	01:21:24	01:45:53	02:13:32	02:53:48
18	BĘDKOWSKI Kamil	240	ADWOKATURA OPOLE	M30-34		00:19:26	01:00:36	<b>01:22:51</b>	148	00:06:04	00:19:53	01:25:03	02:05:20	02:55:18	04:03:34	04:48:13	05:42:14	<b>06:14:51</b>	153	00:03:47	01:16:42	01:39:59	02:03:54	02:42:14
19	KUBUSZEWSKI Radosław	273	KOMANDO FLAKI	M30-34		00:19:17	00:57:59	<b>01:18:12</b>	99	00:07:09	00:20:00	01:26:29	02:06:27	02:57:50	04:12:57	04:58:18	05:58:53	<b>06:34:09</b>	194	00:06:18	00:38:45	01:05:48	01:35:58	02:20:49
20	SZUKALA Piotr	206	SPELEOKLUB 'BOBRY' Z ZAGANIA	M30-34		00:21:09	01:05:50	<b>01:28:49</b>	187	00:07:46	00:19:23	01:23:17	02:03:53	02:51:58	03:57:53	04:38:13	05:28:37	<b>05:57:35</b>	108	00:06:18	00:37:48	01:45:56	02:11:59	02:53:22
21	MASŁOWSKI Jacek	180		M30-34		00:18:50	00:59:50	<b>01:20:42</b>	122	00:07:01	00:22:00	01:33:24	02:17:35	03:11:48	04:28:53	05:19:13	06:20:02	<b>06:58:29</b>	221	00:04:03	00:38:06	01:02:46	01:29:40	02:10:35
22	JARMUŻEK Mikołaj	212	QSG TEAM	M30-34		00:20:25	01:06:18	<b>01:30:33</b>	194	00:05:43	00:18:44	01:20:54	01:59:50	02:47:24	03:54:43	04:37:17	05:33:46	<b>06:06:19</b>	129	00:05:39	00:56:54	01:30:49	02:07:53	02:59:05
23	WIECZOREK Bartosz	109		M30-34		00:19:35	01:00:11	<b>01:21:03</b>	125	00:08:20	00:22:06	01:28:06	02:08:52	03:03:11	04:19:17	05:04:24	06:11:37	<b>06:45:23</b>	203	00:04:01	00:39:04	01:07:19	01:38:02	02:31:24
24	SOKÓŁ Marcin	184		M30-34		00:21:12	01:13:02	<b>01:41:37</b>	240	00:08:48	00:21:03	01:30:41	02:14:49	03:09:26	04:26:23	05:15:33	06:14:52	<b>06:51:00</b>	210	00:05:15	00:37:50	01:07:33	01:32:00	02:12:09
25	CHMIEL Łukasz	242		M30-34		00:21:18	01:03:52	<b>01:26:12</b>	172	00:23:30	00:21:02	01:32:50	02:17:32	04:51:25	06:13:50	07:01:54					00:39:00	01:08:19	01:34:54	02:18:43
26	KUCHARCZYK Kamil	112	TRI NOT TO DIE	M30-34		00:24:22	01:16:13	<b>01:42:45</b>	243	00:08:39	00:22:59	01:33:42	02:16:53	03:14:33	04:35:21	05:25:31	06:30:04	<b>07:03:55</b>	226	00:05:06	00:43:55	01:13:21	01:41:54	02:29:12
	BUŁECCZKA Paweł	47	RAJSPORT ACTIVE	M30-34		00:20:04	01:05:19																	
	LUDEK Tomasz	55	DASH DIGITAL CASH	M30-34		00:19:34	01:00:14	<b>01:21:35</b>	137	00:04:50	00:18:48	01:21:23	02:00:15	02:48:00	03:52:24	04:32:11								
	BUCZEK Jakub	196		M30-34		00:17:59	00:55:54	<b>01:14:56</b>	85	00:05:30	00:18:03	01:18:39	01:55:45	02:41:39	03:45:44	04:26:26	05:18:08	<b>05:47:27</b>	88	00:02:35				
	ŻABA Marek	280	TRIATHLON - X- TEAM	M30-34		00:17:49	00:54:45	<b>01:12:57</b>	65	00:04:45	00:17:44	01:16:04	01:52:34	02:37:28	03:39:15	04:17:58	05:06:06	<b>05:35:16</b>	56	00:03:08				
	BANACH Bartosz	221	TORUS - APREKAGEMINI.PL	M30-34		00:13:48	00:42:36	<b>00:56:58</b>	5	00:02:14	00:15:01	01:04:32	01:35:02	02:11:13	03:00:44									
	KARCZEWSKI Adrian	263	CB163	M30-34		00:20:09	01:03:23	<b>01:25:33</b>	164	00:05:00	00:19:20	01:18:51	01:55:20	02:40:44	03:42:43	04:22:32	05:14:00	<b>05:44:05</b>	80	00:02:43	00:45:41			