



Wydarzenie:  
Organizator:  
Data:  
Miejsce:  
Dystans:

# OCEAN LAVA TRIATHLON POLSKA 2018 - DYSTANS PEŁNY 140.6

B4SPORT

Ocean Lava Triathlon Polska 2018  
Towarzystwo Sportowe TRI-SPORT  
2018-08-19  
Bydgoszcz  
226 km

**B4SPORT**  
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: M35-39

Punkt pomiarowy: 204,7 km

Msc	Zawodnik	Numer	Klub	Kategoria	Drużyna	Pływanie				Rower							Bieg							
						P_Borowno 0.95km	P_Borowno 2.85km	R_Borowno 3.8km	Poz	R_Kotomierz 9km	R_Pauliny 42.2km	R_Lidl 63km	R_Kotomierz 87km	R_Pauliny 120.2km	R_Lidl 141km	R_Kotomierz 165km	B_Announcer 180km	Poz	B_Announcer 6.349km	B_Mysl 10.329km	B_Announcer B 14.298km			
1	AUGUSTYNIAK Krzysztof	188	MKS PLETVAL POLKOWICE	M35-39		00:12:58	00:40:27	<b>00:54:16</b>	3	00:02:22	00:15:30	01:05:40	01:37:30	02:12:52	03:03:16	03:34:17	04:11:46	<b>04:34:43</b>	1	00:07:44	00:21:27	00:38:11	00:55:59	01:11:44
2	JURKIEWICZ Mariusz	71		M35-39		00:17:47	00:56:05	<b>01:16:03</b>	91	00:03:43	00:16:52	01:10:14	01:43:08	02:23:27	03:17:15	03:49:51	04:29:48	<b>04:52:47</b>	4	00:02:12	00:29:55	00:48:50	01:08:19	01:27:11
3	KULESZA Jakub	246	TRIATHLON CLUB WROCLAW	M35-39		00:15:18	00:46:43	<b>01:02:28</b>	10	00:03:26	00:17:17	01:12:19	01:46:49	02:30:07	03:31:52	04:08:57	04:53:39	<b>05:20:50</b>	29	00:03:08	00:30:24	00:49:37	01:10:04	01:29:06
4	KOŁODZIEJ Sebastian	120	LABOSPORT TEAM	M35-39		00:16:41	00:50:34	<b>01:07:35</b>	35	00:02:45	00:17:14	01:12:48	01:47:31	02:29:27	03:26:49	04:04:47	04:47:33	<b>05:12:14</b>	18	00:02:09	00:31:18	00:52:50	01:15:37	01:34:34
5	KOZAR Karol	65	POLISH TRIATHLETES IN UK	M35-39		00:16:30	00:51:18	<b>01:09:17</b>	47	00:03:16	00:18:09	01:15:38	01:50:02	02:32:15	03:30:56	04:06:39	04:50:36	<b>05:16:17</b>	22	00:03:09	00:30:14	00:49:42	01:11:13	01:30:02
6	KAZMIERCZAK Łukasz	204	LUKS DWÓJKA DANIELO SPORTSWEAR STRYKÓW	M35-39		00:16:41	00:52:16	<b>01:11:03</b>	55	00:03:17	00:17:14	01:11:36	01:45:09	02:27:21	03:24:28	03:59:30	04:42:03	<b>05:07:56</b>	15	00:02:20	00:33:37	00:56:10	01:20:04	01:39:02
7	WRÓŃSKI Tomasz	60		M35-39		00:14:44	00:45:13	<b>01:00:49</b>	7	00:03:18	00:17:48	01:15:22	01:51:10	02:35:10	03:35:17	04:12:55	04:58:49	<b>05:26:32</b>	34	00:03:10	00:31:08	00:52:29	01:15:44	01:34:34
8	WĘGLIŃSKI Sebastian	93	KS BARAKUDA MIŃSK MAZ	M35-39		00:16:19	00:52:23	<b>01:10:45</b>	50	00:03:50	00:17:19	01:13:10	01:47:58	02:30:54	03:29:52	04:06:37	04:53:05	<b>05:20:26</b>	26	00:03:42	00:32:49	00:55:05	01:18:13	01:37:05
9	WALCZAK Robert	67	PARKRUN POZNAŃ	M35-39	parkrun Poznań	00:14:52	00:46:20	<b>01:02:12</b>	9	00:03:44	00:17:40	01:18:57	01:56:07	02:41:27	03:44:42	04:24:20	05:13:00	<b>05:43:03</b>	75	00:05:33	00:32:18	00:51:52	01:12:50	01:31:42
10	WIĘCKOWSKI Dariusz	66	AMS TRIATHLON	M35-39	AMS	00:15:40	00:47:12	<b>01:03:15</b>	13	00:04:54	00:18:06	01:18:11	01:54:21	02:38:10	03:37:56	04:15:24	05:03:06	<b>05:30:28</b>	39	00:03:32	00:31:33	00:51:38	01:13:40	01:32:32
11	MESSYASZ Krzysztof	100	BIMARKO&WELDA TEAM	M35-39		00:18:15	00:56:27	<b>01:16:37</b>	94	00:02:58	00:17:47	01:15:48	01:51:08	02:35:18	03:32:44	04:08:23	04:55:13	<b>05:22:11</b>	31	00:02:57	00:31:48	00:55:26	01:20:17	01:39:02
12	SZNAJDER Mariusz	57		M35-39		00:16:25	00:52:16	<b>01:10:52</b>	51	00:03:55	00:18:21	01:17:50	01:54:22	02:39:48	03:40:31	04:17:53	05:04:18	<b>05:31:35</b>	43	00:02:17	00:35:22	01:01:18	01:25:45	01:44:37
13	MICHALEWSKI Dariusz	110	TRIATHLON GOGOLIN	M35-39		00:14:36	00:46:38	<b>01:02:44</b>	11	00:03:02	00:17:29	01:14:08	01:49:13	02:33:11	03:30:23	04:05:40	04:49:49	<b>05:16:22</b>	23	00:02:15	00:42:06	01:09:13	01:41:35	01:60:23
14	RASZTAWICKI Dariusz	58	KUŹNIA TRIATHLONU	M35-39		00:15:55	00:52:13	<b>01:11:37</b>	58	00:03:37	00:18:11	01:18:44	01:56:09	02:43:24	03:44:24	04:20:24	05:07:00	<b>05:34:39</b>	54	00:02:04	00:33:51	00:57:26	01:24:54	01:43:51
15	CHAŁUPKA Paweł	224		M35-39		00:19:42	00:58:06	<b>01:17:47</b>	97	00:04:18	00:18:21	01:18:19	01:54:07	02:40:17	03:43:07	04:21:37	05:09:11	<b>05:37:44</b>	63	00:03:54	00:35:02	00:57:11	01:21:51	01:40:42
16	SEREDYŃSKI Przemysław	153		M35-39		00:16:07	00:50:32	<b>01:08:40</b>	41	00:03:43	00:18:32	01:19:20	01:56:50	02:43:46	03:47:42	04:27:43	05:16:57	<b>05:46:06</b>	86	00:03:29	00:34:15	00:58:05	01:22:59	01:41:50
17	SZCZYRBOWSKI Michał	30	TURBOKILLA	M35-39		00:18:11	00:56:00	<b>01:14:54</b>	82	00:04:33	00:18:22	01:18:56	01:56:38	02:42:52	03:45:40	04:25:02	05:15:01	<b>05:43:32</b>	78	00:02:29	00:33:08	00:58:03	01:22:22	01:40:54
18	ŁODA Piotr	209		M35-39		00:16:17	00:49:49	<b>01:06:47</b>	28	00:05:28	00:18:22	01:15:55	01:52:04	02:37:22	03:39:14	04:18:26	05:06:25	<b>05:34:46</b>	55	00:02:49	00:36:08	01:00:39	01:30:42	01:49:36
19	KITA Tomek	247	SPECSHOP TEAM	M35-39		00:16:13	00:50:50	<b>01:09:08</b>	44	00:02:58	00:18:27	01:16:20	01:52:16	02:38:02	03:44:55	04:25:41	05:14:46	<b>05:44:07</b>	81	00:03:38	00:37:33	01:02:49	01:28:02	01:46:58
20	WACHOWSKI Błażej	162	WARTA POZNAŃ	M35-39		00:13:56	00:42:35	<b>00:56:53</b>	4	00:03:04	00:19:20	01:21:08	01:59:13	02:46:07	03:51:47	04:32:46	05:24:38	<b>05:54:08</b>	100	00:02:51	00:37:20	01:01:17	01:27:22	01:46:07
21	KLONOWSKI Mariusz	275	PRIMIGENIUS	M35-39		00:21:42	01:07:04	<b>01:30:44</b>	197	00:05:28	00:17:43	01:16:46	01:53:46	02:37:45	03:38:49	04:16:49	05:02:33	<b>05:30:16</b>	38	00:03:22	00:35:33	00:57:56	01:21:11	01:40:02
22	JANISZEWSKI Artur	266		M35-39		00:18:31	00:55:57	<b>01:14:55</b>	83	00:05:40	00:18:29	01:18:48	01:55:59	02:41:24	03:45:16	04:24:08	05:12:25	<b>05:41:07</b>	68	00:04:09	00:33:00	00:55:27	01:19:56	01:38:53
23	GAJEWSKI Sebastian	125	TRINERGY	M35-39		00:16:34	00:51:59	<b>01:09:58</b>	48	00:03:39	00:19:42	01:23:27	02:02:21	02:50:34	03:55:34	04:35:46	05:26:50	<b>05:57:07</b>	106	00:04:53	00:33:35	00:56:22	01:18:49	01:37:42
24	KWIECIEN Krystian	185	ANIMALS.PL/UKS OŻAROWICE/4K KWIECIEN	M35-39		00:16:26	00:50:01	<b>01:07:14</b>	32	00:02:45	00:17:14	01:13:11	01:47:54	02:29:51	03:27:13	04:02:01	04:45:49	<b>05:11:45</b>	16	00:02:10	00:34:17	00:58:03	01:23:15	01:41:50
25	ŁAZ Kamil	8	RUN BYDGOSZCZ	M35-39		00:17:50	00:55:31	<b>01:14:47</b>	80	00:04:38	00:19:55	01:23:43	02:02:07	02:49:31	03:56:11	04:37:41	05:29:55	<b>06:01:14</b>	117	00:02:51	00:33:54	00:56:14	01:18:55	01:37:42
26	BOROWIK Marcin	119		M35-39		00:19:20	01:00:17	<b>01:21:38</b>	139	00:04:17	00:18:56	01:20:38	01:59:04	02:45:55	03:49:26	04:29:36	05:18:40	<b>05:48:44</b>	90	00:02:54	00:34:05	00:57:17	01:23:30	01:42:22
27	FOGT Maciej	6	CB163	M35-39		00:19:56	01:02:32	<b>01:25:40</b>	165	00:04:39	00:18:23	01:18:36	01:55:25	02:41:00	03:42:27	04:22:23	05:12:39	<b>05:42:34</b>	73	00:05:27	00:37:16	01:01:59	01:27:50	01:46:42
28	SZYDŁOWSKI Marek	61	PARKRUN POZNAŃ	M35-39		00:16:06	00:49:39	<b>01:06:50</b>	29	00:04:32	00:19:19	01:24:12	02:04:08	02:52:26	03:59:42	04:41:48	05:34:26	<b>06:04:49</b>	125	00:04:40	00:36:59	01:01:05	01:27:14	01:46:07
29	MARTYNOWSKI Łukasz	227		M35-39		00:16:22	00:52:24	<b>01:11:12</b>	56	00:03:21	00:18:50	01:19:30	01:57:59	02:47:16	03:58:16	04:42:23	05:39:05	<b>06:11:20</b>	145	00:02:46	00:39:19	01:03:07	01:29:14	01:47:59
30	KALIN Władysław	229		M35-39		00:17:05	00:56:08	<b>01:16:28</b>	93	00:05:07	00:19:27	01:20:36	01:59:11	02:47:43	03:54:15	04:35:46	05:28:26	<b>05:57:57</b>	111	00:06:33	00:39:06	01:01:31	01:28:30	01:47:59
31	JEREMICZ Marcin	102	SZTAFETA NADZIEI	M35-39		00:19:17	00:57:39	<b>01:17:39</b>	96	00:03:08	00:18:29	01:19:29	01:57:54	02:46:19	03:53:16	04:37:37	05:29:50	<b>06:01:07</b>	116	00:02:34	00:36:04	01:00:27	01:25:52	01:44:43
32	WRÓŃSKI Artur	81	COIG SA - BUSINESS INTELLIGENCE TEAM	M35-39		00:21:16	01:05:43	<b>01:29:10</b>	190	00:06:57	00:19:17	01:22:10	02:04:47	02:56:58	04:04:56	04:47:31	05:39:40	<b>06:10:43</b>	141	00:06:57	00:32:29	00:53:31	01:15:17	01:34:06
33	KŁOS Marcin	157		M35-39		00:18:33	00:55:49	<b>01:14:56</b>	84	00:05:29	00:18:50	01:21:40	01:59:36	02:47:37	03:54:21	04:34:36	05:23:47	<b>05:52:52</b>	95	00:09:05	00:45:36	01:11:18	01:39:12	01:58:03
34	BETLEJ Hubert	31	ESKADRA KRAKÓW	M35-39	K.T.O. z Krakowa	00:21:44	01:06:33	<b>01:29:44</b>	192	00:05:08	00:18:05	01:17:00	01:52:36	02:37:46	03:40:36	04:20:52	05:12:05	<b>05:41:38</b>	71	00:04:35	00:41:37	01:08:19	01:37:45	01:56:36

		Pływanie							Rower							Bieg						
35	KLIMAS Adam	143	M35-39	00:19:48	01:00:52	<b>01:22:36</b>	146	00:05:08	00:22:14	01:28:58	02:09:27	02:59:03	04:05:02	04:46:17	05:37:10	<b>06:06:46</b>	<b>131</b>	00:04:08	00:37:48	01:01:49	01:27:21	0:
36	WALKOWIAK Krzysztof	283	M35-39	00:15:23	00:47:13	<b>01:03:49</b>	15	00:04:58	01:37:51	02:45:48	03:28:16	04:23:41	05:39:57	06:27:14				00:32:21	00:54:13	01:19:24	0:	
37	KOLMAJER Rafał	182	M35-39	00:23:18	01:08:58	<b>01:34:01</b>	216	00:09:08	00:20:34	01:29:11	02:06:57	02:56:27	04:04:36	04:46:59	05:40:14	<b>06:11:11</b>	<b>144</b>	00:10:51	00:32:18	00:52:13	01:14:20	0:
38	GRZĘDA Tomasz	128	M35-39	00:20:23	01:03:22	<b>01:24:54</b>	159	00:05:24	00:19:42	01:25:28	02:05:24	02:53:34	04:00:43	04:43:07	05:38:26	<b>06:10:22</b>	<b>140</b>	00:05:01	00:37:56	01:02:20	01:30:47	0:
39	BLICHARZ Marcin	19	M35-39	00:20:17	01:02:30	<b>01:25:00</b>	161	00:06:38	00:19:23	01:22:36	02:00:57	02:47:50	03:51:08	04:30:23	05:18:03	<b>05:45:44</b>	<b>83</b>	00:03:42	00:30:49	01:29:30	01:54:42	0:
40	NEJMAN Andrzej	16	M35-39	00:19:27	01:00:10	<b>01:21:26</b>	134	00:06:13	00:19:48	01:24:53	02:05:07	02:56:04	04:05:50	04:49:54	05:46:24	<b>06:18:19</b>	<b>160</b>	00:04:44	00:36:52	01:02:20	01:30:29	0:
41	ŻOŁNIEROWICZ Hubert	41	M35-39	00:21:22	01:07:16	<b>01:31:39</b>	203	00:04:40	00:19:11	01:21:36	02:01:10	02:50:32	03:58:07	04:40:42	05:35:09	<b>06:08:18</b>	<b>134</b>	00:06:35	00:37:31	01:03:20	01:32:42	0:
42	KRÓLCZYŃSKI Maciej	104	M35-39	00:19:55	01:03:43	<b>01:26:16</b>	173	00:03:28	00:18:41	01:18:46	01:56:49	02:44:39	03:51:45	04:35:11	05:27:48	<b>05:57:33</b>	<b>107</b>	00:04:20	00:46:32	01:17:52	01:50:32	0:
43	WASZAK Norbert	73	M35-39	00:23:31	01:12:25	<b>01:37:43</b>	226	00:04:25	00:20:08	01:26:36	02:09:28	03:00:46	04:09:13	04:56:59	05:51:42	<b>06:23:15</b>	<b>171</b>	00:05:12	00:35:52	00:58:02	01:27:06	0:
44	CHMEL Sergiy	252	M35-39	00:21:38	01:04:32	<b>01:25:50</b>	171	00:05:40	00:19:24	01:22:46	02:02:34	02:53:42	04:06:45	04:54:53	05:49:38	<b>06:22:26</b>	<b>168</b>	00:05:30	00:27:51	01:23:47	01:46:12	0:
45	PAZIK Grzegorz	211	M35-39	00:23:47	01:13:10	<b>01:38:09</b>	229	00:07:10	00:19:56	01:27:58	02:10:02	03:02:55	04:13:16	05:00:52	05:59:15	<b>06:31:07</b>	<b>188</b>	00:05:37	00:38:34	01:01:16	01:26:20	0:
46	ROSZAK Bartosz	161	M35-39	00:19:13	00:59:37	<b>01:21:04</b>	126	00:03:15	00:19:25	01:22:28	02:01:46	02:52:38	04:07:05	04:47:23	05:38:53	<b>06:07:35</b>	<b>132</b>	00:03:34	00:35:56	01:01:33	02:05:51	0:
47	KAPUSTKA Mirosław	106	M35-39	00:23:02	01:15:30	<b>01:41:13</b>	239	00:05:49	00:20:45	01:30:48	02:14:29	03:07:29	04:18:55	05:04:16	06:00:12	<b>06:34:02</b>	<b>193</b>	00:05:34	00:37:17	01:01:33	01:27:48	0:
48	PIEGDON Piotr	77	M35-39	00:17:12	00:53:17	<b>01:12:15</b>	60	00:07:59	00:19:08	01:21:54	02:00:22	02:51:06	04:11:03	04:55:54	05:55:53	<b>06:27:44</b>	<b>183</b>	00:09:33	00:49:30	01:22:33	01:57:51	0:
49	TUREK Michał	44	M35-39	00:22:40	01:10:27	<b>01:34:55</b>	222	00:08:41	00:22:09	01:30:03	02:14:29	03:07:43	04:14:01	04:55:16	05:49:42	<b>06:18:20</b>	<b>161</b>	00:04:36	00:44:02	01:14:18	01:49:56	0:
50	BRZESKI Marcin	131	M35-39	00:28:40	01:32:18	<b>02:05:40</b>	255	00:10:26	00:19:43	01:26:31	02:07:28	02:56:42	04:03:28	04:45:33	05:40:24	<b>06:12:00</b>	<b>148</b>	00:06:10	00:39:20	01:09:41	01:35:36	0:
51	BOGDAŃSKI Łukasz	25	M35-39	00:20:18	01:03:13	<b>01:24:54</b>	160	00:06:49	00:22:34	02:52:55	03:36:47	04:31:37	05:45:26	06:31:20				01:17:42	01:43:15	02:08:12	0:	
52	POTOCZNY Łukasz	50	M35-39	00:28:27	01:34:30	<b>02:08:17</b>	256	00:09:40	00:21:23	01:32:16	02:16:59	03:14:51	04:33:26	05:20:14	06:20:26	<b>06:55:03</b>	<b>216</b>	00:07:14	00:42:24	01:12:24	01:42:50	0:
53	KONIECZNY Karol	115	M35-39	00:21:54	01:07:42	<b>01:31:13</b>	200	00:06:52	00:20:46	01:31:04	02:17:24	03:09:57	04:33:09	06:03:49	07:03:26	<b>07:38:30</b>	<b>234</b>	00:06:49	00:49:09	01:19:50	01:50:07	0:
	ROTMĄŃSKI Piotr	72	M35-39	00:20:20	01:01:25	<b>01:23:09</b>	149	00:03:33	00:20:02	01:23:50	02:03:23	02:52:38	04:01:50	04:46:04								
	GĘBCZYŃSKI Paweł	118	M35-39	00:23:39	01:16:55	<b>01:44:08</b>	245	00:05:42	00:19:55	01:31:18	02:15:55	03:10:47										
	SWĘDROWSKI Sylwester	265	M35-39	00:23:43	01:17:57	<b>01:50:26</b>	248	00:06:02	00:21:35	01:29:40	02:12:51	03:07:09	04:25:08	05:14:03	06:15:46	<b>06:53:10</b>	<b>213</b>					
	BORCHMANN Szymon	259	M35-39	00:20:34	01:05:09	<b>01:29:20</b>	191	00:11:14	00:20:29	01:30:53	02:14:41	03:10:15	04:23:32	05:08:22	06:05:57	<b>06:39:20</b>	<b>200</b>	00:04:24	00:47:00	01:20:19	01:54:03	
	DYSZAK Filip	83	M35-39	00:19:10	00:59:39	<b>01:20:23</b>	120	00:03:26	00:18:13	01:16:22	01:52:34	02:38:18	03:41:30	04:24:25	05:20:13	<b>05:52:52</b>	<b>96</b>	00:03:32				
	HIRT Tomasz	111	M35-39	00:17:42	00:55:00	<b>01:14:28</b>	75	00:04:01	00:19:03	01:22:22	02:01:51	02:50:57	04:00:45	04:46:17	05:42:29	<b>06:17:08</b>	<b>157</b>	00:04:40				

Znaleziono 59 wynik(ów)