



Wydarzenie:  
Organizator:  
Data:  
Miejsce:  
Dystans:

# OCEAN LAVA TRIATHLON POLSKA 2018 - DYSTANS PEŁNY 140.6

B4SPORT

B4SPORT  
INTELIĞENTNE ZAWODY SPORTOWE

Ocean Lava Triathlon Polska 2018  
Towarzystwo Sportowe TRI-SPORT  
2018-08-19  
Bydgoszcz  
226 km

Klasyfikacja: M40-44

Punkt pomiarowy: 197,5 km

Msc	Zawodnik	Numer	Klub	Kategoria	Drużyna	Pływanie				Rower								Bieg				
						P_Borowno 0.95km	P_Borowno 2.85km	R_Borowno 3.8km	Poz	R_Kotomierz 9km	R_Pauliny 42.2km	R_Lidl 63km	R_Kotomierz 87km	R_Pauliny 120.2km	R_Lidl 141km	R_Kotomierz 165km	B_Anouncer 180km	Poz	B_Anouncer 6.349km	B_Mysl 10.329km		
1	MARKOWSKI Marek	267	LABOSPORT TEAM / ULTIMATE PETARDA SQUAD	M40-44		00:13:51	00:42:37	<b>00:57:04</b>	6	00:03:04	00:16:15	01:09:26	01:42:27	02:23:02	03:19:01	03:54:00	04:35:56	<b>05:00:19</b>	7	00:02:04	00:36:32	00:57:26
2	KOWALCZYK Marek	253	BRZOZA BIEGA	M40-44		00:15:40	00:48:23	<b>01:04:59</b>	21	00:02:38	00:16:36	01:11:35	01:45:18	02:26:23	03:22:34	03:57:31	04:40:39	<b>05:05:57</b>	14	00:01:35	00:28:32	00:46:44
	CHOMIK Rafał	241	WAY 2 CHAMP	M40-44		00:16:10	00:49:52	<b>01:07:05</b>	30	00:02:35	00:16:23	01:09:22	01:42:26	02:23:40	03:20:02	03:53:54	04:36:08	<b>05:00:30</b>	8	00:02:43	00:30:47	00:50:23
4	TARGONI Paweł	144		M40-44		00:15:36	00:48:36	<b>01:05:44</b>	25	00:02:55	00:17:43	01:13:25	01:47:21	02:28:41	03:24:00	03:57:53	04:39:30	<b>05:03:41</b>	11	00:02:50	00:29:54	00:48:56
5	SIWIRSKI Robert	285	WTT / WMT	M40-44		00:17:46	00:55:02	<b>01:13:47</b>	69	00:03:04	00:16:29	01:10:34	01:44:44	02:26:14	03:22:25	03:57:06	04:39:48	<b>05:05:00</b>	13	00:03:09	00:29:47	00:48:57
6	PYKA Marek	256	CHOP ZE ŻELAZA TRI TEAM	M40-44		00:15:58	00:48:26	<b>01:05:12</b>	23	00:03:02	00:17:03	01:11:52	01:47:01	02:29:40	03:26:57	04:03:19	04:48:21	<b>05:14:12</b>	21	00:01:51	00:31:24	00:51:46
7	LEWANDOWSKI Damian	213	PTT DELTA	M40-44		00:15:31	00:48:21	<b>01:04:51</b>	19	00:03:45	00:17:18	01:14:06	01:49:40	02:33:55	03:34:31	04:10:51	04:55:23	<b>05:20:39</b>	27	00:01:38	00:29:33	00:49:24
8	WILIŃSKI Tomasz	121	LABOSPORT TEAM	M40-44		00:17:49	00:55:06	<b>01:14:37</b>	76	00:04:15	00:17:09	01:12:00	01:46:00	02:28:14	03:26:28	04:02:04	04:46:30	<b>05:13:05</b>	20	00:02:27	00:31:48	00:52:45
9	LESZCZEWICZ Waldemar	288	KUŹNIA TRIATHLONU	M40-44		00:16:20	00:50:18	<b>01:07:27</b>	33	00:02:30	00:17:29	01:14:33	01:50:15	02:33:26	03:31:41	04:07:12	04:52:19	<b>05:19:26</b>	25	00:02:39	00:36:12	01:00:38
10	FLORKIEWICZ Jacek	243		M40-44		00:16:56	00:52:20	<b>01:11:02</b>	54	00:03:20	00:19:40	01:19:43	01:55:53	02:40:27	03:39:29	04:15:20	05:02:02	<b>05:28:04</b>	37	00:03:05	00:30:57	00:50:29
11	PIOTROWSKI Artur	234	TRIATHLON SEDLCE CLUB	M40-44	KB V-Max Adamów	00:15:13	00:48:19	<b>01:04:58</b>	20	00:03:02	00:17:56	01:17:02	01:53:37	02:38:03	03:39:20	04:16:10	05:02:39	<b>05:30:31</b>	40	00:03:00	00:35:12	00:57:38
12	KRZYSZTOFIK Kacper	274	TRI AKTYWNY PIOTRKÓW	M40-44		00:19:24	00:59:43	<b>01:20:18</b>	118	00:04:05	00:18:15	01:18:31	01:55:14	02:40:04	03:40:48	04:19:14	05:06:17	<b>05:33:40</b>	49	00:02:27	00:28:44	00:50:20
13	ŁĄTKOWSKI Sławek	52	ORKAMASTERS IŁAWA	M40-44		00:16:33	00:52:34	<b>01:11:27</b>	57	00:04:12	00:17:17	01:15:45	01:52:44	02:38:11	03:38:24	04:16:13	05:02:56	<b>05:30:59</b>	42	00:05:02	00:33:57	00:56:32
14	POCENTEK Krzysztof Robert	236	TRIATHLON RAWA MAZOWIECKA	M40-44		00:16:15	00:50:06	<b>01:07:44</b>	36	00:03:31	00:18:10	01:16:51	01:52:57	02:37:36	03:40:48	04:21:01	05:11:23	<b>05:39:45</b>	66	00:03:25	00:32:47	00:56:07
15	KOCHANOWSKI Dariusz	158	TRI LEVEL	M40-44		00:16:55	00:51:34	<b>01:08:59</b>	43	00:03:27	00:18:14	01:15:39	01:51:54	02:37:17	03:40:12	04:19:58	05:09:25	<b>05:39:40</b>	65	00:03:42	00:34:56	00:58:49
16	GÓRZYŃSKI Tomasz	148	TORUŃSKI KLUB TRIATHLONOWY	M40-44		00:17:44	00:54:28	<b>01:13:08</b>	67	00:07:04	00:18:41	01:17:59	01:54:09	02:39:46	03:41:27	04:19:11	05:06:35	<b>05:34:22</b>	52	00:03:07	00:38:37	01:03:41
17	GACKA Rafał	208	LUPUS TEAM	M40-44		00:20:11	01:04:12	<b>01:27:08</b>	180	00:03:21	00:17:51	01:16:13	01:52:44	02:39:14	03:42:06	04:21:05	05:08:53	<b>05:36:50</b>	60	00:02:52	00:35:33	00:57:52
18	SOBCZAK Marcin	21	TRISPACE	M40-44	TRISPACE	00:17:46	00:53:31	<b>01:12:11</b>	59	00:05:27	00:19:37	01:22:57	02:02:06	02:50:17	03:54:37	04:35:02	05:24:11	<b>05:53:04</b>	99	00:03:33	00:34:06	00:55:35
19	WRÓBEL Darek	159		M40-44		00:19:59	01:02:57	<b>01:25:46</b>	170	00:04:17	00:18:19	01:17:12	01:54:02	02:38:54	03:40:41	04:19:35	05:08:17	<b>05:36:11</b>	58	00:04:29	00:34:21	00:58:17
20	WIĘDŁOCHA Jan	199		M40-44		00:18:01	00:55:11	<b>01:13:56</b>	70	00:05:42	00:18:43	01:19:11	01:56:44	02:42:26	03:43:18	04:21:15	05:08:55	<b>05:36:26</b>	59	00:03:37	00:36:56	01:03:13
21	WEJKUĆ Grzegorz	210		M40-44		00:18:39	00:57:46	<b>01:18:23</b>	101	00:05:00	00:18:37	01:19:18	01:56:26	02:44:19	03:49:30	04:32:12	05:21:35	<b>05:51:49</b>	94	00:02:17	00:33:27	00:56:56
22	MARKIEWICZ Damian	33	MARKIEWICZ TRI TEAM	M40-44	K.T.O. z Krakowa	00:20:43	01:04:37	<b>01:27:45</b>	182	00:06:53	00:19:04	01:19:12	01:56:16	02:41:55	03:46:29	04:27:13	05:15:19	<b>05:42:53</b>	74	00:04:53	00:36:49	00:58:14
23	TALAREK Arkadiusz	258	TRIATHLONKONSULTING	M40-44		00:19:21	00:59:22	<b>01:19:31</b>	109	00:04:09	00:18:56	01:20:54	01:59:05	02:46:23	03:50:49	04:29:49	05:19:43	<b>05:48:51</b>	91	00:02:47	00:38:38	01:02:34
24	PRZYBYLSKI Maciej	99		M40-44		00:21:38	01:08:52	<b>01:33:28</b>	209	00:07:02	00:18:01	01:17:42	01:54:28	02:40:11	03:41:14	04:19:20	05:06:25	<b>05:33:41</b>	50	00:04:13	00:36:42	01:02:01
25	SIERADZAN Przemysław	230	TS AKWEDUKT	M40-44		00:17:38	00:53:04	<b>01:10:58</b>	53	00:05:26	00:19:07	01:21:25	01:59:31	02:46:18	05:10:15	05:52:52				00:39:13	01:04:31	
26	POCHYLSKI Przemysław	145	ZGRUPKA TEAM	M40-44		00:18:06	00:56:16	<b>01:15:49</b>	89	00:03:26	00:18:14	01:18:59	01:57:29	02:46:20	03:56:12	04:44:51	05:36:25	<b>06:06:22</b>	130	00:02:19	00:34:53	00:56:57
27	KOPROWSKI Maciej	130	KOPER	M40-44		00:19:54	01:02:53	<b>01:25:40</b>	166	00:03:59	00:18:33	01:19:37	01:58:17	02:45:33	03:52:02	04:32:29	05:24:48	<b>05:54:23</b>	101	00:02:44	00:34:14	00:57:01
28	STRATYŃSKI Filip	175	CELIRONMAN	M40-44		00:20:32	01:04:20	<b>01:26:49</b>	175	00:03:42	00:19:04	01:20:33	01:58:59	02:46:44	03:53:55	04:36:34	05:28:18	<b>05:57:49</b>	110	00:03:11	00:35:34	01:01:10
29	SZUT Dariusz	94	IRONMAN CS POLSKA	M40-44		00:19:33	01:00:19	<b>01:21:53</b>	141	00:06:24	00:20:06	01:21:39	01:59:48	02:48:21	03:56:07	04:41:00	05:35:11	<b>06:09:59</b>	139	00:04:53	00:36:08	00:58:47
30	KALISZEWSKI Daniel	249		M40-44		00:20:01	01:01:47	<b>01:23:50</b>	155	00:09:53	00:19:48	01:24:35	02:04:11	02:52:52	03:59:04	04:40:36	05:33:56	<b>06:05:08</b>	127	00:05:51	00:35:17	00:58:55
31	GÓRKA Dariusz	138	BIKEBOARD	M40-44		00:20:36	01:06:42	<b>01:31:30</b>	202	00:04:29	00:19:03	01:21:59	02:01:23	02:50:19	03:57:31	04:39:32	05:31:54	<b>06:02:23</b>	120	00:03:14	00:37:45	01:01:29

				Pływanie					Rower								Bieg					
32	OWCZARSKI Marcin	87	PSP CZŁUCHÓW/ MMGO BORYTEAM	M40-44	00:19:26	00:59:10	<b>01:19:18</b>	104	00:05:42	00:19:16	01:23:19	02:03:52	02:53:11	04:03:34	04:46:38	05:40:33	<b>06:11:04</b>	<b>143</b>	00:05:51	00:35:44	01:01:07	
33	LUBOWICKI Łukasz	78	40-LATEK TYCHY	M40-44	00:19:15	01:00:04	<b>01:21:20</b>	133	00:06:16	00:19:17	01:21:31	02:00:21	02:47:41	03:53:57	04:35:13	05:26:38	<b>05:57:39</b>	<b>109</b>	00:05:45	00:44:20	01:13:54	
34	LANECKI Artur	165		M40-44	00:18:25	00:56:25	<b>01:15:57</b>	90	00:08:46	00:19:30	01:25:06	02:05:50	02:58:15	04:05:59	04:47:43	05:42:11	<b>06:12:41</b>	<b>149</b>	00:06:28	00:39:32	01:07:34	
35	ŁUCYSZYN Robert	13		M40-44	00:17:19	00:52:27	<b>01:10:57</b>	52	00:07:36	00:18:52	01:19:02	01:56:32	02:46:12	03:52:18	04:31:42	05:22:59	<b>05:50:52</b>	<b>92</b>	00:05:02	00:58:27	01:34:22	
36	OŚCІŁOWSKI Marcin	284		M40-44	00:22:44	01:11:10	<b>01:38:00</b>	227	00:06:25	00:19:47	02:44:01	03:24:42	04:14:33	05:23:50	06:05:43				00:40:49	01:05:22		
37	JANKOWSKI Adam	129	AKADEMIA BIEGANIA GRUDZIĄDZ	M40-44	00:18:41	00:59:12	<b>01:20:00</b>	116	00:04:10	00:18:21	01:21:33	02:03:00	02:54:35	04:03:19	04:46:07	05:49:23	<b>06:26:43</b>	<b>180</b>	00:05:15	00:35:02	01:03:29	
38	MAZANKA Jakub	86		M40-44	00:19:37	00:59:24	<b>01:19:25</b>	106	00:04:00	00:18:53	01:21:02	01:59:51	02:48:48	03:58:49	04:41:38	05:37:07	<b>06:08:27</b>	<b>137</b>	00:06:35	01:09:13	01:30:36	
39	MUSZYNSKI Marek	192	RISE&SHINE	M40-44	00:19:47	00:59:04	<b>01:19:30</b>	107	00:07:27	00:20:40	01:29:47	02:10:20	03:00:29	04:11:55	04:55:20	05:49:25	<b>06:21:20</b>	<b>165</b>	00:07:28	00:43:56	01:11:18	
40	ROMAN Krzysztof	35	PRZECINAK77	M40-44	00:22:49	01:09:13	<b>01:32:52</b>	207	00:06:00	00:19:30	01:23:49	02:04:56	02:56:06	05:32:16	06:16:46				00:41:53	01:07:47		
41	KOKOTEK Maciej	183	KS CELIRONMAN	M40-44	00:19:31	00:59:38	<b>01:19:54</b>	114	00:04:30	00:19:16	01:23:54	02:04:20	02:53:20	04:00:46	04:42:36	05:33:57	<b>06:04:26</b>	<b>124</b>	00:02:21	01:16:02	01:41:08	
42	KUCIŃSKI Artur	264		M40-44	00:17:52	00:55:07	<b>01:14:04</b>	71	00:08:57	00:20:31	01:28:02	02:08:56	03:01:29	04:16:01	05:01:58	05:59:05	<b>06:31:33</b>	<b>189</b>	00:05:39	00:42:53	01:11:16	
43	STASIEWSKI Mariusz	233	TRISPACE	M40-44	TRISPACE	00:20:08	01:00:26	<b>01:21:33</b>	135	00:04:42	00:20:23	01:27:00	02:09:08	03:02:07	04:12:50	04:57:03	05:53:50	<b>06:25:47</b>	<b>176</b>	00:02:43	00:44:34	01:15:25
44	MIŚ Waldemar	12	SMASHING PPKINS / #TEAMDKMS	M40-44	00:21:02	01:07:11	<b>01:31:25</b>	201	00:06:57	00:19:40	01:24:33	02:06:47	02:58:02	04:10:42	04:55:41	05:51:39	<b>06:24:24</b>	<b>174</b>	00:04:06	00:40:54	01:07:30	
45	TYMUL Jakub	225	NOVO IRON TEAM / TRISPACE	M40-44	00:21:53	01:09:27	<b>01:33:39</b>	212	00:05:22	00:19:36	01:25:39	02:05:37	02:55:24	04:07:08	04:51:39	05:51:31	<b>06:24:43</b>	<b>175</b>	00:03:04	00:41:41	01:09:20	
46	WASILEWSKI Mirosław	70	ORKAMASTERS IŁAWA	M40-44	OrkaMasters Iława	00:20:51	01:07:38	<b>01:32:13</b>	206	00:07:51	00:20:40	01:30:54	02:11:23	03:02:57	04:12:53	04:57:07	05:52:58	<b>06:26:08</b>	<b>177</b>	00:04:47	00:40:45	01:07:39
47	GORGOL Tomasz	4	LP 500	M40-44	LP 500	00:21:32	01:09:57	<b>01:34:24</b>	218	00:07:33	00:19:51	01:24:55	02:04:44	02:55:16	04:05:24	04:48:24	05:43:28	<b>06:15:07</b>	<b>155</b>	00:03:58	00:43:37	01:16:16
48	MUSZYŃSKI Roman	64	YETITEAM	M40-44		00:24:39	01:14:50	<b>01:40:30</b>	234	00:11:24	00:19:49	01:26:08	02:07:52	03:00:49	04:11:30	04:53:43	05:52:28	<b>06:23:53</b>	<b>173</b>	00:09:16	00:40:28	01:07:57
49	SUBKOWSKI Artur	17		M40-44		00:19:50	01:02:21	<b>01:24:26</b>	157	00:06:31	00:21:43	01:32:18	02:14:44	03:07:37	04:17:41	05:03:52	06:00:08	<b>06:34:51</b>	<b>195</b>	00:03:57	00:41:42	01:28:43
50	LASSAK Bartosz	20	TRISPACE	M40-44		00:21:10	01:05:56	<b>01:29:00</b>	189	00:06:26	00:20:40	01:27:52	02:09:41	03:02:00	04:21:30	05:31:55	06:29:35	<b>07:02:08</b>	<b>225</b>	00:04:22	00:41:38	01:09:05
51	GOSTOMSKI Borys	59	40 LAT MINĘŁO	M40-44		00:23:11	01:11:59	<b>01:38:10</b>	230	00:06:48	00:20:25	01:28:36	02:15:17	03:06:37	04:17:33	05:00:07	05:56:59	<b>06:28:02</b>	<b>184</b>	00:04:24	00:53:45	01:29:01
52	SUWART Monika I Marcin	169	JAK NIE MY TO KTO! CITYZEN POZNAŃ	M40-44		00:27:52	01:20:55	<b>01:49:23</b>	247	00:15:06	00:20:18	01:25:50	02:05:07	02:53:51	04:08:36	04:53:12	05:50:04	<b>06:22:21</b>	<b>167</b>	00:16:06	00:41:27	01:12:36
53	PILARSKI Paweł	54	DBK	M40-44		00:22:19	01:08:49	<b>01:32:06</b>	205	00:10:13	00:19:37	01:30:52	02:19:39	03:16:44	04:38:16	05:24:50	06:25:19	<b>06:57:24</b>	<b>219</b>	00:07:49	00:42:17	01:12:53
54	KOŚMIDER Bartosz	105	DBK SZCZECIN	M40-44		00:21:25	01:06:46	<b>01:30:42</b>	196	00:07:13	00:21:31	01:35:19	02:24:08	03:21:22	04:42:46	05:30:09	06:29:45	<b>07:01:50</b>	<b>224</b>	00:07:48	00:42:17	01:13:12
55	WOŁOWSKI Lech	75		M40-44		00:21:20	01:08:42	<b>01:34:28</b>	220	00:09:01	00:24:19	01:37:14	02:22:58	03:19:39	04:40:49	05:33:34	06:33:39	<b>07:08:01</b>	<b>227</b>	00:05:39	00:44:02	01:13:06
56	KOŚCIELAK Maciej	200	ŻANDARMI Z BYDGOSZCZY	M40-44		00:26:57	01:26:08	<b>01:58:32</b>	253	00:06:40	00:22:01	01:32:47	02:17:34	03:12:38	04:32:38	05:20:56	06:19:59	<b>06:56:09</b>	<b>217</b>	00:05:03	00:50:53	01:28:22
	RUDOL Sebastian	23		M40-44		00:22:33	01:09:38	<b>01:34:25</b>	219	00:09:13	00:20:28	01:33:32	02:19:13	03:17:20	04:54:14	05:42:11	06:50:25	<b>07:39:31</b>	<b>235</b>			
	CIEŻKI Maciej	53		M40-44		00:20:18	01:05:13	<b>01:28:48</b>	186	00:07:02	00:18:33	01:23:07	02:02:18	02:52:41								
	KOWALSKI Jacek	278		M40-44		00:20:51	01:03:42	<b>01:27:04</b>	178	00:07:13	00:19:22	01:23:52	02:04:58	02:57:23	04:14:49	05:01:34	06:08:35	<b>06:56:21</b>	<b>218</b>			
	KRAWISZ Maciej	7	LP500	M40-44	LP 500	00:22:30	01:14:31	<b>01:41:48</b>	241	00:05:59	00:19:27	01:26:55	02:07:25	02:57:25	04:04:21	04:47:32	05:42:29	<b>06:14:32</b>	<b>152</b>	00:03:24	00:50:33	
	URBAŚ Tomasz	45		M40-44		00:17:09	00:55:04	<b>01:15:26</b>	86	00:04:44	00:19:02	01:22:27	02:01:47	02:50:48	03:57:07	04:38:31	05:29:36	<b>05:59:40</b>	<b>114</b>	00:04:37		

Znaleziono 61 wynik(ów)