

Klasyfikacja: M45-49

Punkt pomiarowy: 197,5 km

| Msc | Zawodnik | Numer | Klub | Kategoria | Drużyna | Pływanie | | | | Poz | Rower | | | | | | | | Bieg | | | |
|------------------------------------|-----------------------|-------|----------------------------|-----------|---------|------------------|------------------|-----------------|-----|----------|-----------------|------------------|-------------|------------------|-------------------|--------------|-------------------|-------------------|------|---------------------|-----------------|----------|
| | | | | | | P_Borowno 0.95km | P_Borowno 2.85km | R_Borowno 3.8km | Poz | | R_Kotomierz 9km | R_Pauliny 42.2km | R_Lidl 63km | R_Kotomierz 87km | R_Pauliny 120.2km | R_Lidl 141km | R_Kotomierz 165km | B_Announcer 180km | Poz | B_Announcer 6.349km | B_Mysl 10.329km | |
| 1 | BUCHALIK Arkadiusz | 40 | | M45-49 | | 00:18:25 | 00:54:31 | 01:12:51 | 64 | 00:03:55 | 00:18:20 | 01:18:42 | 01:55:49 | 02:41:10 | 03:42:07 | 04:19:53 | 05:06:55 | 05:35:18 | 57 | 00:02:22 | 00:30:02 | 00:49:27 |
| 2 | FILIPOWSKI Zdzisław | 171 | KS CELIRONMAN | M45-49 | | 00:16:42 | 00:51:59 | 01:10:03 | 49 | 00:03:30 | 00:18:35 | 01:18:30 | 01:55:38 | 02:41:03 | 03:41:46 | 04:19:12 | 05:05:29 | 05:32:47 | 47 | 00:01:30 | 00:35:47 | 00:59:14 |
| 3 | ANDRZEJCZYK Sebastian | 262 | NEON | M45-49 | | 00:16:37 | 00:51:07 | 01:09:13 | 46 | 00:02:53 | 00:18:18 | 01:17:21 | 01:54:20 | 02:39:02 | 03:40:00 | 04:17:39 | 05:04:05 | 05:32:42 | 46 | 00:02:56 | 00:36:31 | 00:59:46 |
| 4 | POKORSKI Marek | 245 | IMPAQ | M45-49 | | 00:17:51 | 00:54:46 | 01:13:05 | 66 | 00:04:08 | 00:17:26 | 01:14:39 | 01:49:20 | 02:32:56 | 03:33:32 | 04:10:42 | 04:55:55 | 05:22:24 | 32 | 00:04:09 | 00:37:51 | 01:02:48 |
| 5 | JARMOSZEWICZ Łukasz | 80 | TORUŃSKI KLUB TRIATHLONOWY | M45-49 | | 00:18:51 | 00:57:59 | 01:18:21 | 100 | 00:04:39 | 00:17:58 | 01:16:37 | 01:52:40 | 02:37:31 | 03:39:52 | 04:18:01 | 05:04:33 | 05:32:56 | 48 | 00:03:38 | 00:33:55 | 01:00:08 |
| 6 | SZELIŃSKI Adam | 122 | OPP SZCZECIN | M45-49 | | 00:19:24 | 00:59:22 | 01:19:35 | 111 | 00:03:27 | 00:18:41 | 01:20:36 | 01:58:53 | 02:45:38 | 03:48:39 | 04:27:59 | 05:16:23 | 05:43:52 | 79 | 00:02:20 | 00:33:06 | 00:54:37 |
| 7 | PIEKARSKI Marek | 36 | SOLANO | M45-49 | | 00:18:08 | 00:56:30 | 01:16:38 | 95 | 00:04:34 | 00:19:06 | 01:20:47 | 01:58:04 | 02:44:04 | 03:46:44 | 04:27:14 | 05:16:51 | 05:44:54 | 82 | 00:03:47 | 00:35:10 | 01:01:51 |
| 8 | KOCIEL Jarosław | 38 | JAREK Z BYTOMIA | M45-49 | | 00:18:07 | 00:55:52 | 01:15:34 | 88 | 00:07:21 | 00:19:10 | 01:21:35 | 02:01:16 | 02:49:21 | 03:56:43 | 04:39:34 | 05:31:50 | 06:02:04 | 119 | 00:05:19 | 00:36:09 | 00:59:04 |
| 9 | LASSOTA Artur | 101 | | M45-49 | | 00:18:53 | 00:57:24 | 01:18:24 | 102 | 00:05:32 | 00:17:58 | 01:15:39 | 01:51:42 | 02:39:45 | 03:49:11 | 04:33:20 | 05:31:28 | 06:04:15 | 123 | 00:07:08 | 00:35:53 | 01:01:46 |
| 10 | LEWIŃSKI Andrzej | 193 | BIEGAMYRAZEM.PL / CTS | M45-49 | | 00:23:46 | 01:12:03 | 01:37:04 | 225 | 00:05:29 | 00:22:18 | 02:48:35 | 03:30:31 | 04:21:27 | 05:33:07 | 06:16:41 | | | | 00:34:44 | 00:56:52 | |
| 11 | MAKOWSKI Sławomir | 22 | RUN BYDGOSZCZ | M45-49 | | 00:23:17 | 01:12:58 | 01:38:37 | 231 | 00:07:47 | 00:18:30 | 01:19:28 | 01:57:08 | 02:43:56 | 03:48:11 | 04:29:14 | 05:23:10 | 05:56:34 | 104 | 00:04:00 | 00:42:40 | 01:10:21 |
| 12 | FLORCZAK Krzysztof | 223 | KS MARATON OSTRÓW WLKP. | M45-49 | | 00:22:31 | 01:13:29 | 01:40:52 | 236 | 00:06:39 | 00:20:04 | 01:26:05 | 02:06:42 | 02:56:46 | 04:02:39 | 04:44:31 | 05:37:33 | 06:08:49 | 138 | 00:03:29 | 00:35:33 | 01:00:54 |
| 13 | TROSCZYŃSKI Wojciech | 237 | | M45-49 | | 00:18:31 | 00:59:44 | 01:21:56 | 142 | 00:07:38 | 00:20:34 | 01:29:07 | 02:12:00 | 03:04:08 | 04:15:22 | 04:59:28 | 05:59:16 | 06:32:28 | 192 | 00:04:27 | 00:35:19 | 00:56:57 |
| 14 | KORSAKOV Kostiantyn | 226 | TRIATHLON SERWIS | M45-49 | | 00:18:57 | 00:59:40 | 01:21:07 | 129 | 00:09:02 | 00:20:26 | 01:27:15 | 02:09:01 | 03:01:47 | 04:11:06 | 04:52:56 | 05:45:48 | 06:17:26 | 159 | 00:04:49 | 00:43:22 | 01:13:13 |
| 15 | GACKOWSKI Krzysztof | 79 | IRON&ONE TRENER PERSONALNY | M45-49 | | 00:20:08 | 01:00:02 | 01:20:28 | 121 | 00:06:26 | 00:19:57 | 01:27:58 | 02:10:09 | 03:03:54 | 04:16:29 | 05:02:34 | 06:03:05 | 06:35:30 | 196 | 00:05:41 | 00:43:03 | 01:11:34 |
| 16 | CYBULSKI Konrad | 152 | CELIRONMAN | M45-49 | | 00:21:15 | 01:03:00 | 01:25:20 | 163 | 00:08:55 | 00:21:20 | 01:29:41 | 02:12:21 | 03:07:14 | 04:19:43 | 05:05:32 | 06:02:38 | 06:36:34 | 198 | 00:06:15 | 00:41:39 | 01:06:54 |
| 17 | PĘDRYS Mirosław | 244 | ZABIERZÓW BIEGA | M45-49 | | 00:26:59 | 01:23:58 | 01:54:59 | 249 | 00:09:46 | 00:20:08 | 01:24:52 | 02:06:39 | 02:55:59 | 04:01:13 | 04:42:45 | 05:33:25 | 06:03:50 | 122 | 00:06:22 | 00:38:42 | 01:05:28 |
| 18 | LITKOWSKI Zbigniew | 214 | NIEZRZESZONY | M45-49 | | 00:24:46 | 01:16:33 | 01:42:21 | 242 | 00:06:53 | 00:22:25 | 01:32:00 | 02:13:26 | 03:08:09 | 04:16:20 | 04:59:58 | 05:55:00 | 06:26:28 | 179 | 00:04:16 | 00:38:27 | 01:06:32 |
| 19 | SKRZYPCZAK Andrzej | 85 | MOCZYDŁA TEAM | M45-49 | | 00:25:52 | 01:20:26 | 01:49:16 | 246 | 00:11:32 | 00:20:33 | 01:28:46 | 02:10:40 | 03:02:12 | 05:37:20 | 06:22:23 | | | | 00:38:31 | 01:05:30 | |
| 20 | SŁAWKOWSKI Sławomir | 271 | JUTRZENKA DOBRE MIASTO | M45-49 | | 00:19:49 | 01:01:29 | 01:23:35 | 153 | 00:07:38 | 00:20:33 | 01:28:06 | 02:12:52 | 03:07:17 | 04:24:40 | 05:11:55 | 06:12:11 | 06:46:28 | 204 | 00:06:09 | 00:43:33 | 01:11:43 |
| 21 | LIZIK Waldemar | 24 | TRI POWER TEAM KONIN | M45-49 | | 00:19:30 | 01:01:21 | 01:23:16 | 151 | 00:05:31 | 00:21:24 | 01:31:10 | 02:15:27 | 03:10:25 | 04:27:57 | 05:19:04 | 06:20:02 | 06:54:59 | 215 | 00:03:59 | 00:42:52 | 01:13:03 |
| 22 | PRZYGODA Wojciech | 194 | | M45-49 | | 00:21:51 | 01:07:42 | 01:31:06 | 199 | 00:08:19 | 00:21:17 | 01:30:36 | 02:12:46 | 03:08:32 | 04:29:05 | 05:17:44 | 06:23:05 | 06:59:31 | 223 | 00:07:16 | 00:47:08 | 01:26:50 |
| Przekroczony limit czasu: 15:00:00 | | | | | | | | | | | | | | | | | | | | | | |
| 23 | WĘGRZYŃSKI Piotr | 132 | | M45-49 | | 00:23:41 | 01:13:24 | 01:41:01 | 237 | 00:09:40 | 00:21:22 | 01:31:02 | 02:14:41 | 03:12:03 | 04:28:31 | 05:17:21 | 06:20:44 | 06:58:02 | 220 | 00:08:32 | 00:49:47 | 01:23:57 |
| 24 | NOWAK Adam | 37 | WUJEK PORADA | M45-49 | | 00:23:54 | 01:15:40 | 01:41:10 | 238 | 00:08:07 | 00:25:11 | 01:49:52 | 02:46:38 | 04:08:45 | 06:03:29 | 07:01:51 | | 08:28:45 | 239 | 00:08:09 | 00:55:04 | 01:30:28 |
| | WOJCIECHOWSKI Adam | 14 | | M45-49 | | 00:23:11 | 01:15:14 | 01:43:23 | 244 | 00:08:03 | 00:20:51 | 01:30:31 | 02:14:46 | 03:09:29 | 04:31:49 | 05:34:20 | 06:54:29 | 07:31:25 | 232 | | | |
| | ŁOŚ Sławomir | 187 | | M45-49 | | 00:20:46 | 01:03:21 | 01:24:32 | 158 | 00:08:34 | 00:22:05 | 01:34:32 | 02:20:13 | 03:15:42 | 04:32:49 | 05:24:59 | | | | | | |
| | ADAMIK Wiktor | 250 | ADAMIK MY WAY | M45-49 | | 00:17:46 | 00:55:14 | 01:14:49 | 81 | 00:04:11 | 00:19:03 | 01:20:14 | 01:57:51 | 04:09:31 | 05:22:12 | 06:06:54 | | | | | | |
| | GOZDALSKI Jarosław | 10 | WITKOWO BIEGA | M45-49 | | 00:17:47 | 00:55:20 | 01:14:19 | 73 | 00:03:31 | 00:19:58 | 01:20:01 | 01:56:27 | 02:40:54 | 03:40:05 | 04:17:26 | 05:04:19 | 05:32:40 | 45 | 00:02:35 | 00:35:15 | |