

Classification: M45-49

Split point: 219,0 km

Place	Participant	Number	Club	Category	Drużyna	Swimming				Cycling								Race						
						P_Borowno 0.95km	P_Borowno 2.85km	R_Borowno 3.8km	Poz	R_Kotomierz 9km	R_Pauliny 42.2km	R_Lidl 63km	R_Kotomierz 87km	R_Pauliny 120.2km	R_Lidl 141km	R_Kotomierz 165km	B_Announcer 180km	Poz	B_Announcer 6.349km	B_Mysl 10.329km	B_Announcer 14.298km	B_Announcer 20.647km		
1	BUCHALIK Arkadiusz	40		M45-49		00:18:25	00:54:31	01:12:51	64	00:03:55	00:18:20	01:18:42	01:55:49	02:41:10	03:42:07	04:19:53	05:06:55	05:35:18	57	00:02:22	00:30:02	00:49:27	01:10:17	01:46:21
2	ANDRZEJCZYK Sebastian	262	NEON	M45-49		00:16:37	00:51:07	01:09:13	46	00:02:53	00:18:18	01:17:21	01:54:20	02:39:02	03:40:00	04:17:39	05:04:05	05:32:42	46	00:02:56	00:36:31	00:59:46	01:24:43	02:02:16
3	FILIPOWSKI Dżyszław	171	KS CELIRONMAN	M45-49		00:16:42	00:51:59	01:10:03	49	00:03:30	00:18:35	01:18:30	01:55:38	02:41:03	03:41:46	04:19:12	05:05:29	05:32:47	47	00:01:30	00:35:47	00:59:14	01:24:16	02:04:38
4	JARMOSZEWICZ Łukasz	80	TORUŃSKI KLUB TRIATHLONOWY	M45-49		00:18:51	00:57:59	01:18:21	100	00:04:39	00:17:58	01:16:37	01:52:40	02:37:31	03:39:52	04:18:01	05:04:33	05:32:56	48	00:03:38	00:33:55	01:00:08	01:26:38	02:05:49
5	POKORSKI Marek	245	IMPAQ	M45-49		00:17:51	00:54:46	01:13:05	66	00:04:08	00:17:26	01:14:39	01:49:20	02:32:56	03:33:32	04:10:42	04:55:55	05:22:24	32	00:04:09	00:37:51	01:02:48	01:31:00	02:18:18
6	PIEKARSKI Marek	36	SOLANO	M45-49		00:18:08	00:56:30	01:16:38	95	00:04:34	00:19:06	01:20:47	01:58:04	02:44:04	03:46:44	04:27:14	05:16:51	05:44:54	82	00:03:47	00:35:10	01:01:51	01:32:46	02:19:36
7	KOCIEL Jarostaw	38	JAREK Z BYTOMIA	M45-49		00:18:07	00:55:52	01:15:34	88	00:07:21	00:19:10	01:21:35	02:01:16	02:49:21	03:56:43	04:39:34	05:31:50	06:02:04	119	00:05:19	00:36:09	00:59:04	01:24:52	02:03:21
8	SZELIŃSKI Adam	122	OPP SZCZECIN	M45-49		00:19:24	00:59:22	01:19:35	111	00:03:27	00:18:41	01:20:36	01:58:53	02:45:38	03:48:39	04:27:59	05:16:23	05:43:52	79	00:02:20	00:33:06	00:54:37	01:17:48	01:54:44
9	LASSOTA Artur	101		M45-49		00:18:53	00:57:24	01:18:24	102	00:05:32	00:17:58	01:15:39	01:51:42	02:39:45	03:49:11	04:33:20	05:31:28	06:04:15	123	00:07:08	00:35:53	01:01:46	01:33:28	02:15:08
10	LEWIŃSKI Andrzej	193	BIEGAMYRAZEM.PL / CTS	M45-49		00:23:46	01:12:03	01:37:04	225	00:05:29	00:22:18	02:48:35	03:30:31	04:21:27	05:33:07	06:16:41				00:34:44	00:56:52	01:20:25	01:58:13	
11	FLORCZAK Krzysztof	223	KS MARATON OSTRÓW WLKP.	M45-49		00:22:31	01:13:29	01:40:52	236	00:06:39	00:20:04	01:26:05	02:06:42	02:56:46	04:02:39	04:44:31	05:37:33	06:08:49	138	00:03:29	00:35:33	01:00:54	01:28:23	02:10:18
12	MAKOWSKI Sławomir	22	RUN BYDGOSZCZ	M45-49		00:23:17	01:12:58	01:38:37	231	00:07:47	00:18:30	01:19:28	01:57:08	02:43:56	03:48:11	04:29:14	05:23:10	05:56:34	104	00:04:00	00:42:40	01:10:21	01:43:45	02:41:45
13	PĘDRYS Mirosław	244	ZABIERZÓW BIEGA	M45-49		00:26:59	01:23:58	01:54:59	249	00:09:46	00:20:08	01:24:52	02:06:39	02:55:59	04:01:13	04:42:45	05:33:25	06:03:50	122	00:06:22	00:38:42	01:05:28	01:36:26	02:21:50
14	KORSAKOV Kostiantyn	226	TRIATHLON SERWIS	M45-49		00:18:57	00:59:40	01:21:07	129	00:09:02	00:20:26	01:27:15	02:09:01	03:01:47	04:11:06	04:52:56	05:45:48	06:17:26	159	00:04:49	00:43:22	01:13:13	01:46:55	02:34:24
15	TROSZCZYŃSKI Wojciech	237		M45-49		00:18:31	00:59:44	01:21:56	142	00:07:38	00:20:34	01:29:07	02:12:00	03:04:08	04:15:22	04:59:28	05:59:16	06:32:28	192	00:04:27	00:35:19	00:56:57	01:20:50	02:48:29
16	GACKOWSKI Krzysztof	79	IRON&ONE TRENER PERSONALNY	M45-49		00:20:08	01:00:02	01:20:28	121	00:06:26	00:19:57	01:27:58	02:10:09	03:03:54	04:16:29	05:02:34	06:03:05	06:35:30	196	00:05:41	00:43:03	01:11:34	01:43:12	02:33:38
17	LITKOWSKI Zbigniew	214	NIEZRZESZONY	M45-49		00:24:46	01:16:33	01:42:21	242	00:06:53	00:22:25	01:32:00	02:13:26	03:08:09	04:16:20	04:59:58	05:55:00	06:26:28	179	00:04:16	00:38:27	01:06:32	01:33:43	02:16:26
18	SŁAWKOWSKI Sławomir	271	JUTRZENKA DOBRE MIASTO	M45-49		00:19:49	01:01:29	01:23:35	153	00:07:38	00:20:33	01:28:06	02:12:52	03:07:17	04:24:40	05:11:55	06:12:11	06:46:28	204	00:06:09	00:43:33	01:11:43	01:39:53	02:24:43
19	SKRZYPCZAK Andrzej	85	MOCZYDŁA TEAM	M45-49		00:25:52	01:20:26	01:49:16	246	00:11:32	00:20:33	01:28:46	02:10:40	03:02:12	05:37:20	06:22:23				00:38:31	01:05:30	01:37:18	02:21:28	
20	LIZIK Waldemar	24	TRI POWER TEAM KONIN	M45-49		00:19:30	01:01:21	01:23:16	151	00:05:31	00:21:24	01:31:10	02:15:27	03:10:25	04:27:57	05:19:04	06:20:02	06:54:59	215	00:03:59	00:42:52	01:13:03	01:42:50	02:27:33
21	PRZYGODA Wojciech	194		M45-49		00:21:51	01:07:42	01:31:06	199	00:08:19	00:21:17	01:30:36	02:12:46	03:08:32	04:29:05	05:17:44	06:23:05	06:59:31	223	00:07:16	00:47:08	01:26:50	02:01:03	02:57:00
Przekroczony limit czasu: 15:00:00																								
22	WĘGRZYŃSKI Piotr	132		M45-49		00:23:41	01:13:24	01:41:01	237	00:09:40	00:21:22	01:31:02	02:14:41	03:12:03	04:28:31	05:17:21	06:20:44	06:58:02	220	00:08:32	00:49:47	01:23:57	01:59:47	02:58:00
23	NOWAK Adam	37	WUJEK PORADA	M45-49		00:23:54	01:15:40	01:41:10	238	00:08:07	00:25:11	01:49:52	02:46:38	04:08:45	06:03:29	07:01:51		08:28:45	239	00:08:09	00:55:04	01:30:28	02:04:48	03:10:56
24	CYBULSKI Konrad	152	CELIRONMAN	M45-49		00:21:15	01:03:00	01:25:20	163	00:08:55	00:21:20	01:29:41	02:12:21	03:07:14	04:19:43	05:05:32	06:02:38	06:36:34	198	00:06:15	00:41:39	01:06:54	01:34:50	02:22:20
	WOJCIECHOWSKI Adam	14		M45-49		00:23:11	01:15:14	01:43:23	244	00:08:03	00:20:51	01:30:31	02:14:46	03:09:29	04:31:49	05:34:20	06:54:29	07:31:25	232					
	ŁOŚ Sławomir	187		M45-49		00:20:46	01:03:21	01:24:32	158	00:08:34	00:22:05	01:34:32	02:20:13	03:15:42	04:32:49	05:24:59								
	ADAMIK Wiktor	250	ADAMIK MY WAY	M45-49		00:17:46	00:55:14	01:14:49	81	00:04:11	00:19:03	01:20:14	01:57:51	04:09:31	05:22:12	06:06:54								
	GOZDAŁSKI Jarostaw	10	WITKOWO BIEGA	M45-49		00:17:47	00:55:20	01:14:19	73	00:03:31	00:19:58	01:20:01	01:56:27	02:40:54	03:40:05	04:17:26	05:04:19	05:32:40	45	00:02:35	00:35:15			