



Event:  
Organiser:  
Date:  
Place:  
Distance:

# OCEAN LAVA TRIATHLON POLSKA 2018 - DYSTANS PEŁNY 140.6

B4SPORT

Ocean Lava Triathlon Polska 2018  
Towarzystwo Sportowe TRI-SPORT  
2018-08-19  
Bydgoszcz  
226 km

**B4SPORT**  
INTELIGENTNE ZAWODY SPORTOWE

Classification: M50-54

Split point: 219,8 km

Place	Participant	Number	Club	Category	Drużyna	Swimming				Poz	00:04:13	Cycling						Poz	00:02:30	Race				
						P_Borowno 0.95km	P_Borowno 2.85km	R_Borowno 3.8km				R_Kotomierz 9km	R_Pauliny 42.2km	R_Lidl 63km	R_Kotomierz 87km	R_Pauliny 120.2km	R_Lidl 141km			R_Kotomierz 165km	B_Announcer 180km	B_Announcer 6.349km	B_Mysl 10.329km	B_Announcer 14.298km
1	HAWROT Sylwester	135	NTS NEXELOCROWN GOLENIÓW	M50-54		00:15:59	00:48:14	<b>01:05:04</b>	22	00:04:13	00:19:15	01:19:06	01:55:07	02:41:07	03:44:19	04:24:13	05:12:46	<b>05:41:12</b>	<b>70</b>	00:02:30	00:33:42	00:57:13	01:24:16	02:00:09
2	FOREMSKI Sławomir	151	TORUŃSKI KLUB TRIATHLONOWY	M50-54		00:19:26	00:59:09	<b>01:19:31</b>	108	00:03:00	00:17:48	01:15:29	01:51:51	02:36:50	03:37:31	04:18:49	05:08:10	<b>05:37:32</b>	<b>61</b>	00:02:45	00:38:21	00:59:24	01:30:00	02:03:17
3	WÓJCIK Mirosław	97	TIME4RUNING	M50-54		00:18:21	00:56:21	<b>01:16:07</b>	92	00:05:07	00:18:13	01:17:02	01:53:00	02:37:40	03:39:52	04:18:02	05:05:16	<b>05:34:12</b>	<b>51</b>	00:03:56	00:39:46	01:05:35	01:33:07	02:14:03
4	GUTENPLAN Jacek	197		M50-54		00:20:04	01:02:29	<b>01:23:54</b>	156	00:05:47	00:19:43	01:22:36	02:01:35	02:49:06	03:52:58	04:31:57	05:19:52	<b>05:48:39</b>	<b>89</b>	00:06:14	00:34:44	00:58:01	01:21:45	02:00:34
5	CHORAZIAK Witold	261	CELIRONMAN	M50-54		00:18:48	00:58:48	<b>01:20:20</b>	119	00:03:47	00:17:52	01:18:10	01:56:21	02:43:52	03:49:05	04:28:47	05:17:51	<b>05:46:00</b>	<b>85</b>	00:03:10	00:37:53	01:03:26	01:30:09	02:19:40
6	DOMAGALSKI Piotr	178	IRONMAN CS POLSKA	M50-54		00:19:20	01:00:06	<b>01:21:16</b>	131	00:04:12	00:21:00	01:24:39	02:03:55	02:53:02	04:02:16	04:43:50	05:35:09	<b>06:04:54</b>	<b>126</b>	00:02:47	00:38:14	01:02:14	01:29:13	02:09:12
7	WARECKI Tomasz	255		M50-54		00:21:19	01:07:12	<b>01:30:39</b>	195	00:05:51	00:18:34	01:21:51	02:00:49	02:49:06	03:54:27	04:35:31	05:26:11	<b>05:55:08</b>	<b>103</b>	00:05:29	00:37:58	01:03:56	01:32:33	02:17:55
8	JARLIŃSKI Rafał	174	ORKAMASTERS IŁAWA	M50-54		00:20:05	00:59:44	<b>01:21:53</b>	140	00:08:37	00:18:33	01:21:18	02:01:15	02:50:25	03:58:54	04:42:07	05:36:38	<b>06:08:24</b>	<b>136</b>	00:08:21	00:38:43	01:05:49	01:32:21	02:17:14
9	LUCHOWSKI Rafał	179	12TRI.PL / SPARTANIE DZIECIOM	M50-54		00:21:40	01:06:40	<b>01:30:07</b>	193	00:08:11	00:20:45	01:35:14	02:19:39	03:15:36	04:35:25	05:23:03	06:20:15	<b>06:52:53</b>	<b>212</b>	00:05:11	00:37:28	01:05:02	01:31:35	02:14:57
10	PODKOWSKI Wojciech	127	MORSY GDYŃSKIE . BIEGAMY RAZEM ,PL	M50-54		00:25:37	01:15:21	<b>01:40:48</b>	235	00:07:14	00:20:18	01:28:43	02:11:40	03:03:59	04:13:54	04:58:39	05:56:18	<b>06:30:14</b>	<b>186</b>	00:06:08	00:38:44	01:02:22	01:31:23	02:24:06
11	OPOZDA Krzysztof	74	CM UMK	M50-54		00:20:07	01:00:16	<b>01:21:00</b>	124	00:10:42	00:21:47	01:31:17	02:15:28	03:13:51	04:28:59	05:17:28	06:14:00	<b>06:46:58</b>	<b>205</b>	00:10:05	00:50:19	01:22:57	01:54:56	02:52:37
12	NOWAK Paweł	154	KEPNET	M50-54		00:22:46	01:09:18	<b>01:33:29</b>	210	00:08:02	00:19:51	01:25:08	02:07:47	03:02:10	04:21:51	05:12:14	06:13:42	<b>06:51:26</b>	<b>211</b>	00:05:33	00:57:22	01:34:25	02:08:00	03:01:36
13	FELSKI Mariusz	92	MŻS WOŁCZA MAŁA	M50-54		00:20:35	01:01:32	<b>01:22:03</b>	144	00:07:03	00:21:18	01:32:05	02:14:36	03:08:45	04:25:42	05:14:10	06:13:38	<b>06:49:22</b>	<b>207</b>	00:04:55	01:28:11	01:55:22	02:25:30	03:15:09
14	TRELA Rafał	142	K T ŻYWIEC	M50-54		00:19:39	01:00:01	<b>01:21:13</b>	130	00:07:30	00:19:43	01:24:24	02:05:03	02:55:20	04:06:50	04:52:06	05:46:46	<b>06:18:48</b>	<b>162</b>	00:08:01	00:42:51	01:11:13	01:42:26	02:48:50
15	CHMIEL Dariusz	205	PTT DELTA PŁOCK	M50-54		00:22:42	01:09:48	<b>01:33:52</b>	214	00:12:11	00:21:52	01:36:16	02:21:17	03:17:28	04:29:12	05:14:02		<b>06:44:41</b>	<b>202</b>	00:07:27	00:41:18	01:09:15	01:37:56	03:18:42
	KOZŁOWSKI Wojtek	11	K.T.O. Z KRAKOWA	M50-54	K.T.O. z Krakowa	00:18:10	00:54:56	<b>01:12:39</b>	63	00:11:24	00:19:20	01:25:23	02:03:28	02:50:08	03:57:04	04:38:44	05:34:40	<b>06:05:17</b>	<b>128</b>	00:04:42	00:56:23	01:42:09	02:21:50	
	SZULC Wojtek	277	KOCHAM DARIE	M50-54		00:21:16	01:05:23	<b>01:28:44</b>	184	00:05:27	00:18:11	01:18:50	01:57:03	02:43:54	03:49:59	04:31:43	05:26:57	<b>05:59:06</b>	<b>113</b>	00:09:56				

Total 17 results.