

Klasyfikacja: Mężczyźni

| Msc | Zawodnik              | Numer | Klub                                    | Kategoria | Mkat | Drużyna         | Pływanie            |                     |                    |     | Rower              |                     |                |                     |                      |                 |                      |                      |                 |                        |                    |           |          |      |
|-----|-----------------------|-------|---|-----------|------|-----------------|---------------------|---------------------|--------------------|-----|--------------------|---------------------|----------------|---------------------|----------------------|-----------------|----------------------|----------------------|-----------------|------------------------|--------------------|-----------|----------|------|
|     |                       |       |   |           |      |                 | P_Borowno<br>0.95km | P_Borowno<br>2.85km | R_Borowno<br>3.8km | Poz | R_Kotomierz<br>9km | R_Pauliny<br>42.2km | R_Lidl<br>63km | R_Kotomierz<br>87km | R_Pauliny<br>120.2km | R_Lidl<br>141km | R_Kotomierz<br>165km | B_Announcer<br>180km | Poz             | B_Announcer<br>6.349km | B_Mysl<br>10.329km | B_A<br>14 |          |      |
| 1   | CHMURA Maciej         | 1     | GVT BMC - AZS AWF KATOWICE              | M30-34    | 1    | GVT BMC         | 00:12:23            | 00:38:07            | <b>00:51:17</b>    | 2   | 00:01:54           | 00:15:23            | 01:07:16       | 01:40:53            | 02:16:17             | 03:06:41        | 03:37:41             | 04:15:14             | <b>04:38:07</b> | 2                      | 00:07:42           | 00:19:08  | 00:35:00 | 00:5 |
| 2   | AUGUSTYNIAK Krzysztof | 188   | MKS PŁETVAL POLKOWICE                   | M35-39    | 1    |                 | 00:12:58            | 00:40:27            | <b>00:54:16</b>    | 3   | 00:02:22           | 00:15:30            | 01:05:40       | 01:37:30            | 02:12:52             | 03:03:16        | 03:34:17             | 04:11:46             | <b>04:34:43</b> | 1                      | 00:07:44           | 00:21:27  | 00:38:11 | 00:5 |
| 3   | LUFT Mikołaj          | 2     | LUFT TRI TEAM                           | M30-34    | 2    |                 | 00:12:23            | 00:38:00            | <b>00:51:04</b>    | 1   | 00:01:41           | 00:15:09            | 01:04:38       | 01:35:30            | 02:12:59             | 03:03:57        | 03:36:06             | 04:16:28             | <b>04:40:57</b> | 3                      | 00:05:25           | 00:26:09  | 00:44:27 | 01:0 |
| 4   | HOLUB Michał          | 287   | TRIATLON TEAM DOLNY KUBIN               | M30-34    | 3    |                 | 00:15:16            | 00:46:43            | <b>01:02:51</b>    | 12  | 00:02:53           | 00:16:31            | 01:09:52       | 01:43:01            | 02:24:00             | 03:18:12        | 03:52:31             | 04:35:16             | <b>05:00:00</b> | 6                      | 00:02:03           | 00:27:56  | 00:45:25 | 01:0 |
| 5   | MŁODZIKOWSKI Paweł    | 137   | KB V-MAX ADAMÓW                         | M30-34    | 4    | KB V-Max Adamów | 00:15:37            | 00:47:57            | <b>01:04:29</b>    | 17  | 00:02:43           | 00:16:33            | 01:09:32       | 01:42:51            | 02:22:32             | 03:16:18        | 03:49:59             | 04:31:44             | <b>04:56:01</b> | 5                      | 00:02:00           | 00:25:49  | 00:42:42 | 01:0 |
| 6   | KOWALCZYK Marek       | 253   | BRZOZA BIEGA                            | M40-44    | 1    |                 | 00:15:40            | 00:48:23            | <b>01:04:59</b>    | 21  | 00:02:38           | 00:16:36            | 01:11:35       | 01:45:18            | 02:26:23             | 03:22:34        | 03:57:31             | 04:40:39             | <b>05:05:57</b> | 14                     | 00:01:35           | 00:28:32  | 00:46:44 | 01:0 |
| 7   | TARGONI Paweł         | 144   |   | M40-44    | 2    |                 | 00:15:36            | 00:48:36            | <b>01:05:44</b>    | 25  | 00:02:55           | 00:17:43            | 01:13:25       | 01:47:21            | 02:28:41             | 03:24:00        | 03:57:53             | 04:39:30             | <b>05:03:41</b> | 11                     | 00:02:50           | 00:29:54  | 00:48:56 | 01:0 |
| 8   | JURKIEWICZ Mariusz    | 71    |   | M35-39    | 2    |                 | 00:17:47            | 00:56:05            | <b>01:16:03</b>    | 91  | 00:03:43           | 00:16:52            | 01:10:14       | 01:43:08            | 02:23:27             | 03:17:15        | 03:49:51             | 04:29:48             | <b>04:52:47</b> | 4                      | 00:02:12           | 00:29:55  | 00:48:50 | 01:0 |
| 9   | KLUPCZYNSKI Piotr     | 260   | BE3 CITYZEN                             | M25-29    | 1    |                 | 00:15:33            | 00:48:22            | <b>01:05:14</b>    | 24  | 00:02:49           | 00:17:39            | 01:13:40       | 01:48:27            | 02:30:47             | 03:28:01        | 04:03:48             | 04:46:39             | <b>05:11:58</b> | 17                     | 00:01:57           | 00:30:04  | 00:48:42 | 01:0 |
| 10  | MARKOWSKI Marek       | 267   | LABOSPORT TEAM / ULTIMATE PETARDA SQUAD | M40-44    | 3    |                 | 00:13:51            | 00:42:37            | <b>00:57:04</b>    | 6   | 00:03:04           | 00:16:15            | 01:09:26       | 01:42:27            | 02:23:02             | 03:19:01        | 03:54:00             | 04:35:56             | <b>05:00:19</b> | 7                      | 00:02:04           | 00:36:32  | 00:57:26 | 01:1 |
| 11  | BLACHOWIAK Jakub      | 191   | STREFASPORTU.PL MW INVEST               | M25-29    | 2    |                 | 00:16:49            | 00:50:37            | <b>01:07:56</b>    | 37  | 00:02:33           | 00:16:40            | 01:11:39       | 01:45:38            | 02:26:56             | 03:22:19        | 03:56:28             | 04:38:01             | <b>05:02:17</b> | 10                     | 00:01:51           | 00:32:13  | 00:52:11 | 01:1 |
| 12  | SIWIRSKI Robert       | 285   | WTT / WMT                               | M40-44    | 4    |                 | 00:17:46            | 00:55:02            | <b>01:13:47</b>    | 69  | 00:03:04           | 00:16:29            | 01:10:34       | 01:44:44            | 02:26:14             | 03:22:25        | 03:57:06             | 04:39:48             | <b>05:05:00</b> | 13                     | 00:03:09           | 00:29:47  | 00:48:57 | 01:0 |
| 13  | LEWANDOWSKI Damian    | 213   | PTT DELTA                               | M40-44    | 5    |                 | 00:15:31            | 00:48:21            | <b>01:04:51</b>    | 19  | 00:03:45           | 00:17:18            | 01:14:06       | 01:49:40            | 02:33:55             | 03:34:31        | 04:10:51             | 04:55:23             | <b>05:20:39</b> | 27                     | 00:01:38           | 00:29:33  | 00:49:24 | 01:1 |
| 14  | KOŁODZIEJ Sebastian   | 120   | LABOSPORT TEAM                          | M35-39    | 3    |                 | 00:16:41            | 00:50:34            | <b>01:07:35</b>    | 35  | 00:02:45           | 00:17:14            | 01:12:48       | 01:47:31            | 02:29:27             | 03:26:49        | 04:04:47             | 04:47:33             | <b>05:12:14</b> | 18                     | 00:02:09           | 00:31:18  | 00:52:50 | 01:1 |
| 15  | PYKA Marek            | 256   | CHOP ZE ŻELAZA TRI TEAM                 | M40-44    | 6    |                 | 00:15:58            | 00:48:26            | <b>01:05:12</b>    | 23  | 00:03:02           | 00:17:03            | 01:11:52       | 01:47:01            | 02:29:40             | 03:26:57        | 04:03:19             | 04:48:21             | <b>05:14:12</b> | 21                     | 00:01:51           | 00:31:24  | 00:51:46 | 01:1 |
| 16  | KULESZA Jakub         | 246   | TRIATHLON CLUB WROCLAW                  | M35-39    | 4    |                 | 00:15:18            | 00:46:43            | <b>01:02:28</b>    | 10  | 00:03:26           | 00:17:17            | 01:12:19       | 01:46:49            | 02:30:07             | 03:31:52        | 04:08:57             | 04:53:39             | <b>05:20:50</b> | 29                     | 00:03:08           | 00:30:24  | 00:49:37 | 01:1 |
| 17  | KOZAR Karol           | 65    | POLISH TRIATHLETES IN UK                | M35-39    | 5    |                 | 00:16:30            | 00:51:18            | <b>01:09:17</b>    | 47  | 00:03:16           | 00:18:09            | 01:15:38       | 01:50:02            | 02:32:15             | 03:30:56        | 04:06:39             | 04:50:36             | <b>05:16:17</b> | 22                     | 00:03:09           | 00:30:14  | 00:49:42 | 01:1 |
| 18  | GRYCZ Kamil           | 146   | UNDEREQUATOR.COM                        | M25-29    | 3    |                 | 00:16:20            | 00:50:45            | <b>01:08:05</b>    | 38  | 00:03:21           | 00:18:08            | 01:16:10       | 01:50:42            | 02:32:45             | 03:30:24        | 04:05:56             | 04:52:40             | <b>05:20:41</b> | 28                     | 00:02:39           | 00:31:16  | 00:52:08 | 01:1 |
| 19  | FLORKIEWICZ Jacek     | 243   |   | M40-44    | 7    |                 | 00:16:56            | 00:52:20            | <b>01:11:02</b>    | 54  | 00:03:20           | 00:19:40            | 01:19:43       | 01:55:53            | 02:40:27             | 03:39:29        | 04:15:20             | 05:02:02             | <b>05:28:04</b> | 37                     | 00:03:05           | 00:30:57  | 00:50:29 | 01:1 |
| 20  | KĄZMIERCZAK Łukasz    | 204   | LUKS DWÓJKA DANIELO SPORTSWEAR STRYKÓW  | M35-39    | 6    |                 | 00:16:41            | 00:52:16            | <b>01:11:03</b>    | 55  | 00:03:17           | 00:17:14            | 01:11:36       | 01:45:09            | 02:27:21             | 03:24:28        | 03:59:30             | 04:42:03             | <b>05:07:56</b> | 15                     | 00:02:20           | 00:33:37  | 00:56:10 | 01:2 |
| 21  | WNEK Jarosław         | 217   | KUPSOZE.PL                              | M30-34    | 5    |                 | 00:14:45            | 00:45:54            | <b>01:01:34</b>    | 8   | 00:03:20           | 00:16:22            | 01:10:21       | 01:43:03            | 02:23:30             | 03:19:04        | 03:53:18             | 04:36:04             | <b>05:00:49</b> | 9                      | 00:02:04           | 00:34:39  | 00:57:11 | 01:2 |
| 22  | HOPPE Mateusz         | 235   | SKŻ SOPOT                               | M25-29    | 4    |                 | 00:15:57            | 00:48:59            | <b>01:06:06</b>    | 26  | 00:02:43           | 00:16:26            | 01:10:44       | 01:44:13            | 02:25:50             | 03:23:30        | 03:59:52             | 04:45:06             | <b>05:12:41</b> | 19                     | 00:02:44           | 00:33:51  | 00:55:19 | 01:1 |
| 23  | WILIŃSKI Tomasz       | 121   | LABOSPORT TEAM                          | M40-44    | 8    |                 | 00:17:49            | 00:55:06            | <b>01:14:37</b>    | 76  | 00:04:15           | 00:17:09            | 01:12:00       | 01:46:00            | 02:28:14             | 03:26:28        | 04:02:04             | 04:46:30             | <b>05:13:05</b> | 20                     | 00:02:27           | 00:31:48  | 00:52:45 | 01:1 |
| 24  | WALCZAK Robert        | 67    | PARKRUN POZNAŃ                          | M35-39    | 7    | parkrun Poznań  | 00:14:52            | 00:46:20            | <b>01:02:12</b>    | 9   | 00:03:44           | 00:17:40            | 01:18:57       | 01:56:07            | 02:41:27             | 03:44:42        | 04:24:20             | 05:13:00             | <b>05:43:03</b> | 75                     | 00:05:33           | 00:32:18  | 00:51:52 | 01:1 |
| 25  | WĘGLIŃSKI Sebastian   | 93    | KS BARAKUDA MIŃSK MAZ                   | M35-39    | 8    |                 | 00:16:19            | 00:52:23            | <b>01:10:45</b>    | 50  | 00:03:50           | 00:17:19            | 01:13:10       | 01:47:58            | 02:30:54             | 03:29:52        | 04:06:37             | 04:53:05             | <b>05:20:26</b> | 26                     | 00:03:42           | 00:32:49  | 00:55:05 | 01:1 |
| 26  | KWIECIEN Krystian     | 185   | ANIMALS.PL/UKS OŻAROWICE/4K KWIECIEN    | M35-39    | 9    |                 | 00:16:26            | 00:50:01            | <b>01:07:14</b>    | 32  | 00:02:45           | 00:17:14            | 01:13:11       | 01:47:54            | 02:29:51             | 03:27:13        | 04:02:01             | 04:45:49             | <b>05:11:45</b> | 16                     | 00:02:10           | 00:34:17  | 00:58:03 | 01:2 |
| 27  | STACHURA Mateusz      | 42    |   | M25-29    | 5    |                 | 00:15:55            | 00:50:15            | <b>01:07:31</b>    | 34  | 00:02:30           | 00:17:05            | 01:12:05       | 01:45:23            | 02:27:20             | 03:22:59        | 03:57:04             | 04:39:29             | <b>05:03:55</b> | 12                     | 00:01:54           | 00:30:45  | 00:53:17 | 01:1 |
| 28  | SZYSZKA Łukasz        | 286   | DRUŻYNA TVN                             | M25-29    | 6    |                 | 00:15:27            | 00:48:00            | <b>01:04:27</b>    | 16  | 00:02:36           | 00:18:18            | 01:17:15       | 01:53:06            | 02:36:18             | 03:34:22        | 04:10:24             | 04:54:59             | <b>05:21:24</b> | 30                     | 00:03:32           | 00:30:53  | 00:50:59 | 01:1 |
| 29  | KRZYSZTOFIK Kacper    | 274   | TRI AKTYWNY PIOTRKÓW                    | M40-44    | 9    |                 | 00:19:24            | 00:59:43            | <b>01:20:18</b>    | 118 | 00:04:05           | 00:18:15            | 01:18:31       | 01:55:14            | 02:40:04             | 03:40:48        | 04:19:14             | 05:06:17             | <b>05:33:40</b> | 49                     | 00:02:27           | 00:28:44  | 00:50:20 | 01:1 |
| 30  | HAWROT Sylwester      | 135   | NTS NEXELOCROWN GOLENIÓW                | M50-54    | 1    |                 | 00:15:59            | 00:48:14            | <b>01:05:04</b>    | 22  | 00:04:13           | 00:19:15            | 01:19:06       | 01:55:07            | 02:41:07             | 03:44:19        | 04:24:13             | 05:12:46             | <b>05:41:12</b> | 70                     | 00:02:30           | 00:33:42  | 00:57:13 | 01:2 |

| Klub    |                           |      |   |        | Kategoria |          |          |          |       | Wyniki    |          |          |          |          |          |          |          |          |       |          |          |          |      |       |
|---------|---------------------------|------|---|--------|-----------|----------|----------|----------|-------|-----------|----------|----------|----------|----------|----------|----------|----------|----------|-------|----------|----------|----------|------|-------|
| Ranking | Imię i Nazwisko           | Klub | Wiek                                      | Płeć   | Pływanie  |          |          |          |       | Kolarstwo |          |          |          |          | Rower    |          |          |          |       | Bieganie |          |          |      |       |
|         |                           |      |   |        | 100m      | 200m     | 400m     | 800m     | 1600m | 100m      | 200m     | 400m     | 800m     | 1600m    | 100m     | 200m     | 400m     | 800m     | 1600m | 100m     | 200m     | 400m     | 800m | 1600m |
| 31      | POCENTEK Krzysztof Robert | 236  | TRIATHLON RAWA MAZOWIECKA                 | M40-44 | 10        | 00:16:15 | 00:50:06 | 01:07:44 | 36    | 00:03:31  | 00:18:10 | 01:16:51 | 01:52:57 | 02:37:36 | 03:40:48 | 04:21:01 | 05:11:23 | 05:39:45 | 66    | 00:03:25 | 00:32:47 | 00:56:07 | 01:2 |       |
| 32      | KIRCHYK Serhii            | 222  | KREMENTRI                                 | M30-34 | 6         | 00:16:21 | 00:50:30 | 01:08:07 | 39    | 00:05:58  | 00:18:54 | 01:19:32 | 01:59:45 | 02:52:08 | 04:00:50 | 04:43:41 |          | 06:01:23 | 118   | 00:04:19 | 00:32:04 | 00:52:21 | 01:1 |       |
| 33      | PIOTROWSKI Artur          | 234  | TRIATHLON SEDLCE CLUB                     | M40-44 | 11        | 00:15:13 | 00:48:19 | 01:04:58 | 20    | 00:03:02  | 00:17:56 | 01:17:02 | 01:53:37 | 02:38:03 | 03:39:20 | 04:16:10 | 05:02:39 | 05:30:31 | 40    | 00:03:00 | 00:35:12 | 00:57:38 | 01:2 |       |
| 34      | BUCHALIK Arkadiusz        | 40   |   | M45-49 | 1         | 00:18:25 | 00:54:31 | 01:12:51 | 64    | 00:03:55  | 00:18:20 | 01:18:42 | 01:55:49 | 02:41:10 | 03:42:07 | 04:19:53 | 05:06:55 | 05:35:18 | 57    | 00:02:22 | 00:30:02 | 00:49:27 | 01:1 |       |
| 35      | WRÓŃSKI Tomasz            | 60   |   | M35-39 | 10        | 00:14:44 | 00:45:13 | 01:00:49 | 7     | 00:03:18  | 00:17:48 | 01:15:22 | 01:51:10 | 02:35:10 | 03:35:17 | 04:12:55 | 04:58:49 | 05:26:32 | 34    | 00:03:10 | 00:31:08 | 00:52:29 | 01:1 |       |
| 36      | WIĘCKOWSKI Dariusz        | 66   | AMS TRIATHLON                             | M35-39 | 11        | 00:15:40 | 00:47:12 | 01:03:15 | 13    | 00:04:54  | 00:18:06 | 01:18:11 | 01:54:21 | 02:38:10 | 03:37:56 | 04:15:24 | 05:03:06 | 05:30:28 | 39    | 00:03:32 | 00:31:33 | 00:51:38 | 01:1 |       |
| 37      | SCHEPPLER Patryk          | 201  | SEKCJA TRIATHLONU AKADEMII WOJSK ŁĄDOWYCH | M18-24 | 1         | 00:16:01 | 00:51:26 | 01:09:11 | 45    | 00:03:38  | 00:18:54 | 01:19:16 | 01:56:52 | 02:43:59 | 03:45:34 | 04:23:26 | 05:12:23 | 05:42:29 | 72    | 00:02:39 | 00:31:58 | 00:51:30 | 01:1 |       |
| 38      | KOWALSKI Tomasz           | 270  | WITC                                      | M30-34 | 7         | 00:20:08 | 01:05:00 | 01:28:41 | 183   | 00:06:10  | 00:17:52 | 01:16:49 | 01:53:48 | 02:39:06 | 03:40:26 | 04:20:18 | 05:06:22 | 05:34:35 | 53    | 00:03:37 | 00:31:31 | 00:51:12 | 01:1 |       |
| 39      | FOREMSKI Sławomir         | 151  | TORUŃSKI KLUB TRIATHLONOWY                | M50-54 | 2         | 00:19:26 | 00:59:09 | 01:19:31 | 108   | 00:03:00  | 00:17:48 | 01:15:29 | 01:51:51 | 02:36:50 | 03:37:31 | 04:18:49 | 05:08:10 | 05:37:32 | 61    | 00:02:45 | 00:38:21 | 00:59:24 | 01:3 |       |
| 40      | LESZCZEWICZ Waldemar      | 288  | KUŹNIA TRIATHLONU                         | M40-44 | 12        | 00:16:20 | 00:50:18 | 01:07:27 | 33    | 00:02:30  | 00:17:29 | 01:14:33 | 01:50:15 | 02:33:26 | 03:31:41 | 04:07:12 | 04:52:19 | 05:19:26 | 25    | 00:02:39 | 00:36:12 | 01:00:38 | 01:2 |       |
| 41      | SZNAJDER Mariusz          | 57   |   | M35-39 | 12        | 00:16:25 | 00:52:16 | 01:10:52 | 51    | 00:03:55  | 00:18:21 | 01:17:50 | 01:54:22 | 02:39:48 | 03:40:31 | 04:17:53 | 05:04:18 | 05:31:35 | 43    | 00:02:17 | 00:35:22 | 01:01:18 | 01:2 |       |
| 42      | KUBIAK Bartłomiej         | 141  | DOBRCZ BIEGA                              | M30-34 | 8         | 00:17:10 | 00:53:15 | 01:12:29 | 62    | 00:05:02  | 00:19:05 | 01:19:37 | 01:57:00 | 02:43:31 | 03:45:55 | 04:25:08 | 05:13:07 | 05:41:12 | 69    | 00:06:14 | 00:31:25 | 00:51:12 | 01:1 |       |
| 43      | KOCHANOWSKI Dariusz       | 158  | TRI LEVEL                                 | M40-44 | 13        | 00:16:55 | 00:51:34 | 01:08:59 | 43    | 00:03:27  | 00:18:14 | 01:15:39 | 01:51:54 | 02:37:17 | 03:40:12 | 04:19:58 | 05:09:25 | 05:39:40 | 65    | 00:03:42 | 00:34:56 | 00:58:49 | 01:2 |       |
| 44      | FILIPOWSKI Zdzisław       | 171  | KS CELIRONMAN                             | M45-49 | 2         | 00:16:42 | 00:51:59 | 01:10:03 | 49    | 00:03:30  | 00:18:35 | 01:18:30 | 01:55:38 | 02:41:03 | 03:41:46 | 04:19:12 | 05:05:29 | 05:32:47 | 47    | 00:01:30 | 00:35:47 | 00:59:14 | 01:2 |       |
| 45      | ANDRZEJCZYK Sebastian     | 262  | NEON                                      | M45-49 | 3         | 00:16:37 | 00:51:07 | 01:09:13 | 46    | 00:02:53  | 00:18:18 | 01:17:21 | 01:54:20 | 02:39:02 | 03:40:00 | 04:17:39 | 05:04:05 | 05:32:42 | 46    | 00:02:56 | 00:36:31 | 00:59:46 | 01:2 |       |
| 46      | KLONOWSKI Mariusz         | 275  | PRIMIGENIUS                               | M35-39 | 13        | 00:21:42 | 01:07:04 | 01:30:44 | 197   | 00:05:28  | 00:17:43 | 01:16:46 | 01:53:46 | 02:37:45 | 03:38:49 | 04:16:49 | 05:02:33 | 05:30:16 | 38    | 00:03:22 | 00:35:33 | 00:57:56 | 01:2 |       |
| 47      | HALAGARDA Krzysztof       | 231  | PDK                                       | M30-34 | 9         | 00:19:22 | 01:00:15 | 01:21:37 | 138   | 00:06:03  | 00:18:40 | 01:20:03 | 01:57:09 | 02:42:05 | 03:44:06 | 04:23:58 | 05:11:57 | 05:40:28 | 67    | 00:03:50 | 00:31:20 | 00:40:45 | 01:1 |       |
| 48      | CHAŁUPKA Paweł            | 224  |   | M35-39 | 14        | 00:19:42 | 00:58:06 | 01:17:47 | 97    | 00:04:18  | 00:18:21 | 01:18:19 | 01:54:07 | 02:40:17 | 03:43:07 | 04:21:37 | 05:09:11 | 05:37:44 | 63    | 00:03:54 | 00:35:02 | 00:57:11 | 01:2 |       |
| 49      | SZCZYRBOWSKI Michał       | 30   | TURBOKILLA                                | M35-39 | 15        | 00:18:11 | 00:56:00 | 01:14:54 | 82    | 00:04:33  | 00:18:22 | 01:18:56 | 01:56:38 | 02:42:52 | 03:45:40 | 04:25:02 | 05:15:01 | 05:43:32 | 78    | 00:02:29 | 00:33:08 | 00:58:03 | 01:2 |       |
| 50      | SEREDYŃSKI Przemysław     | 153  |   | M35-39 | 16        | 00:16:07 | 00:50:32 | 01:08:40 | 41    | 00:03:43  | 00:18:32 | 01:19:20 | 01:56:50 | 02:43:46 | 03:47:42 | 04:27:43 | 05:16:57 | 05:46:06 | 86    | 00:03:29 | 00:34:15 | 00:58:05 | 01:2 |       |
| 51      | MESSYASZ Krzysztof        | 100  | BIMARKO&WELDA TEAM                        | M35-39 | 17        | 00:18:15 | 00:56:27 | 01:16:37 | 94    | 00:02:58  | 00:17:47 | 01:15:48 | 01:51:08 | 02:35:18 | 03:32:44 | 04:08:23 | 04:55:13 | 05:22:11 | 31    | 00:02:57 | 00:31:48 | 00:55:26 | 01:2 |       |
| 52      | JARMOSZEWICZ Łukasz       | 80   | TORUŃSKI KLUB TRIATHLONOWY                | M45-49 | 4         | 00:18:51 | 00:57:59 | 01:18:21 | 100   | 00:04:39  | 00:17:58 | 01:16:37 | 01:52:40 | 02:37:31 | 03:39:52 | 04:18:01 | 05:04:33 | 05:32:56 | 48    | 00:03:38 | 00:33:55 | 01:00:08 | 01:2 |       |
| 53      | SZELIŃSKI Adam            | 122  | OPP SZCZECIN                              | M45-49 | 5         | 00:19:24 | 00:59:22 | 01:19:35 | 111   | 00:03:27  | 00:18:41 | 01:20:36 | 01:58:53 | 02:45:38 | 03:48:39 | 04:27:59 | 05:16:23 | 05:43:52 | 79    | 00:02:20 | 00:33:06 | 00:54:37 | 01:1 |       |
| 54      | PIETRZAK Romek            | 139  | CENTRUM ROWEROWE DSR TEAM                 | M55-59 | 1         | 00:18:54 | 00:57:30 | 01:18:39 | 103   | 00:04:48  | 00:18:31 | 01:18:30 | 01:55:50 | 02:43:48 | 03:49:17 | 04:31:04 | 05:21:43 | 05:51:01 | 93    | 00:04:15 | 00:32:12 | 00:55:29 | 01:2 |       |
| 55      | WACHOWSKI Błażej          | 162  | WARTA POZNAŃ                              | M35-39 | 18        | 00:13:56 | 00:42:35 | 00:56:53 | 4     | 00:03:04  | 00:19:20 | 01:21:08 | 01:59:13 | 02:46:07 | 03:51:47 | 04:32:46 | 05:24:38 | 05:54:08 | 100   | 00:02:51 | 00:37:20 | 01:01:17 | 01:2 |       |
| 56      | JANISZEWSKI Artur         | 266  |   | M35-39 | 19        | 00:18:31 | 00:55:57 | 01:14:55 | 83    | 00:05:40  | 00:18:29 | 01:18:48 | 01:55:59 | 02:41:24 | 03:45:16 | 04:24:08 | 05:12:25 | 05:41:07 | 68    | 00:04:09 | 00:33:00 | 00:55:27 | 01:1 |       |
| 57      | ŁĄTKOWSKI Sławek          | 52   | ORKAMASTERS ILAWA                         | M40-44 | 14        | 00:16:33 | 00:52:34 | 01:11:27 | 57    | 00:04:12  | 00:17:17 | 01:15:45 | 01:52:44 | 02:38:11 | 03:38:24 | 04:16:13 | 05:02:56 | 05:30:59 | 42    | 00:05:02 | 00:33:57 | 00:56:32 | 01:2 |       |
| 58      | GAJEWSKI Sebastian        | 125  | TRINERGY                                  | M35-39 | 20        | 00:16:34 | 00:51:59 | 01:09:58 | 48    | 00:03:39  | 00:19:42 | 01:23:27 | 02:02:21 | 02:50:34 | 03:55:34 | 04:35:46 | 05:26:50 | 05:57:07 | 106   | 00:04:53 | 00:33:35 | 00:56:22 | 01:1 |       |
| 59      | NOVLYANSKIY Konstantin    | 136  | JUSTTRI                                   | M30-34 | 10        | 00:22:53 | 01:11:02 | 01:35:59 | 223   | 00:04:59  | 00:20:10 | 01:24:09 | 02:04:44 | 02:53:08 | 04:01:15 | 04:42:24 | 05:32:45 | 06:02:36 | 121   | 00:03:28 | 00:33:22 | 00:55:05 | 01:1 |       |
| 60      | MACIUSZEK Łukasz          | 84   | BBL OPOLE                                 | M30-34 | 11        | 00:19:22 | 00:59:48 | 01:19:57 | 115   | 00:05:10  | 00:18:01 | 01:18:19 | 01:55:04 | 02:39:29 | 03:38:07 | 04:14:17 | 04:59:44 | 05:27:15 | 35    | 00:02:30 | 00:31:57 | 00:53:22 | 01:1 |       |
| 61      | KITA Tomek                | 247  | SPECSHOP TEAM                             | M35-39 | 21        | 00:16:13 | 00:50:50 | 01:09:08 | 44    | 00:02:58  | 00:18:27 | 01:16:20 | 01:52:16 | 02:38:02 | 03:44:55 | 04:25:41 | 05:14:46 | 05:44:07 | 81    | 00:03:38 | 00:37:33 | 01:02:49 | 01:2 |       |
| 62      | RASZTAWICKI Dariusz       | 58   | KUŹNIA TRIATHLONU                         | M35-39 | 22        | 00:15:55 | 00:52:13 | 01:11:37 | 58    | 00:03:37  | 00:18:11 | 01:18:44 | 01:56:09 | 02:43:24 | 03:44:24 | 04:20:24 | 05:07:00 | 05:34:39 | 54    | 00:02:04 | 00:33:51 | 00:57:26 | 01:2 |       |
| 63      | NIEMCZYK Kazimierz        | 69   |   | M55-59 | 2         | 00:20:39 | 01:05:04 | 01:28:46 | 185   | 00:07:18  | 00:19:03 | 01:20:59 | 01:59:15 | 02:45:17 | 03:48:43 | 04:27:53 | 05:17:32 | 05:45:59 | 84    | 00:04:12 | 00:34:48 | 00:55:49 | 01:1 |       |
| 64      | MICHALEWSKI Dariusz       | 110  | TRIATHLON GOGOLIN                         | M35-39 | 23        | 00:14:36 | 00:46:38 | 01:02:44 | 11    | 00:03:02  | 00:17:29 | 01:14:08 | 01:49:13 | 02:33:11 | 03:30:23 | 04:05:40 | 04:49:49 | 05:16:22 | 23    | 00:02:15 | 00:42:06 | 01:09:13 | 01:4 |       |
| 65      | ANDREEV Evgenii           | 168  |   | M25-29 | 7         | 00:18:52 | 00:58:36 | 01:20:09 | 117   | 00:05:47  | 00:18:49 | 01:20:18 | 01:57:55 | 02:45:39 | 03:47:52 | 04:26:59 | 05:15:13 | 05:43:13 | 76    | 00:02:45 | 00:35:26 | 00:58:22 | 01:2 |       |
| 66      | SZYMKOWIAK Norbert        | 268  |   | M18-24 | 2         | 00:19:05 | 00:59:53 | 01:21:17 | 132   | 00:04:25  | 00:17:30 | 01:13:57 | 01:49:53 | 02:32:51 | 03:33:14 | 04:10:12 | 04:57:15 | 05:25:52 | 33    | 00:02:40 | 00:34:53 | 00:59:19 | 01:2 |       |
| 67      | MAZANKA Jakub             | 86   |   | M40-44 | 15        | 00:19:37 | 00:59:24 | 01:19:25 | 106   | 00:04:00  | 00:18:53 | 01:21:02 | 01:59:51 | 02:48:48 | 03:58:49 | 04:41:38 | 05:37:07 | 06:08:27 | 137   | 00:06:35 | 01:09:13 | 01:30:36 | 01:5 |       |
| 68      | PRZYBYLSKI Maciej         | 99   |   | M40-44 | 16        | 00:21:38 | 01:08:52 | 01:33:28 | 209   | 00:07:02  | 00:18:01 | 01:17:42 | 01:54:28 | 02:40:11 | 03:41:14 | 04:19:20 | 05:06:25 | 05:33:41 | 50    | 00:04:13 | 00:36:42 | 01:02:01 | 01:2 |       |
| 69      | ŁAZ Kamil                 | 8    | RUN BYDGOSZCZ                             | M35-39 | 24        | 00:17:50 | 00:55:31 | 01:14:47 | 80    | 00:04:38  | 00:19:55 | 01:23:43 | 02:02:07 | 02:49:31 | 03:56:11 | 04:37:41 | 05:29:55 | 06:01:14 | 117   | 00:02:51 | 00:33:54 | 00:56:14 | 01:1 |       |

| Klub / Zawodnik |                      |     |     |                                      | Pływanie   |      |                  |          |                 | Rower           |          |          |          |          |          |          |          |          |                 |                 |           |          |          |          |      |
|-----------------|----------------------|-----|-----|--------------------------------------|------------|------|------------------|----------|-----------------|-----------------|----------|----------|----------|----------|----------|----------|----------|----------|-----------------|-----------------|-----------|----------|----------|----------|------|
| Rank            | Name                 | Age | Sex | Team                                 | Discipline | Time | Split            | Score    | Points          | Start           | End      | Stage 1  | Stage 2  | Stage 3  | Stage 4  | Stage 5  | Stage 6  | Stage 7  | Stage 8         | Stage 9         | Stage 10  |          |          |          |      |
| 70              | BIERNACKI Łukasz     | 195 | M   | VICTUS REBKOW                        | M30-34     | 12   | 00:15:19         | 00:49:21 | <b>01:07:12</b> | 31              | 00:05:27 | 00:18:17 | 01:20:17 | 01:58:34 | 02:45:25 | 03:48:09 | 04:27:14 | 05:16:21 | <b>05:46:12</b> | <b>87</b>       | 00:03:29  | 00:36:30 | 00:58:24 | 01:2     |      |
| 71              | GACKA Rafał          | 208 | M   | LUPUS TEAM                           | M40-44     | 17   | 00:20:11         | 01:04:12 | <b>01:27:08</b> | 180             | 00:03:21 | 00:17:51 | 01:16:13 | 01:52:44 | 02:39:14 | 03:42:06 | 04:21:05 | 05:08:53 | <b>05:36:50</b> | <b>60</b>       | 00:02:52  | 00:35:33 | 00:57:52 | 01:2     |      |
| 72              | SOBCZAK Marcin       | 21  | M   | TRISPACE                             | M40-44     | 18   | TRISPACE         | 00:17:46 | 00:53:31        | <b>01:12:11</b> | 59       | 00:05:27 | 00:19:37 | 01:22:57 | 02:02:06 | 02:50:17 | 03:54:37 | 04:35:02 | 05:24:11        | <b>05:53:04</b> | <b>99</b> | 00:03:33 | 00:34:06 | 00:55:35 | 01:1 |
| 73              | TERPIŁOWSKI Michał   | 29  | M   |                                      | M25-29     | 8    | 00:16:38         | 00:53:21 | <b>01:12:20</b> | 61              | 00:03:21 | 00:17:52 | 01:17:01 | 01:53:52 | 02:39:12 | 03:41:28 | 04:20:04 | 05:09:01 | <b>05:38:56</b> | <b>64</b>       | 00:02:06  | 00:34:07 | 00:57:21 | 01:2     |      |
| 74              | KÜBLER Remigiusz     | 46  | M   | TORUŃSKI KLUB TRIATHLONOWY           | M25-29     | 9    | 00:16:45         | 00:50:48 | <b>01:08:17</b> | 40              | 00:03:31 | 00:18:14 | 01:16:09 | 01:51:08 | 02:36:31 | 03:38:53 | 04:15:37 | 05:02:04 | <b>05:30:33</b> | <b>41</b>       | 00:02:10  | 00:34:20 | 00:59:57 | 01:2     |      |
| 75              | WEJKUC Grzegorz      | 210 | M   |                                      | M40-44     | 19   | 00:18:39         | 00:57:46 | <b>01:18:23</b> | 101             | 00:05:00 | 00:18:37 | 01:19:18 | 01:56:26 | 02:44:19 | 03:49:30 | 04:32:12 | 05:21:35 | <b>05:51:49</b> | <b>94</b>       | 00:02:17  | 00:33:27 | 00:56:56 | 01:2     |      |
| 76              | BLICHARZ Marcin      | 19  | M   |                                      | M35-39     | 25   | 00:20:17         | 01:02:30 | <b>01:25:00</b> | 161             | 00:06:38 | 00:19:23 | 01:22:36 | 02:00:57 | 02:47:50 | 03:51:08 | 04:30:23 | 05:18:03 | <b>05:45:44</b> | <b>83</b>       | 00:03:42  | 00:30:49 | 01:29:30 | 01:5     |      |
| 77              | KARAS Michał         | 149 | M   | OLEŚNICKA GRUPA TRIATHLONOWA         | M30-34     | 13   | 00:19:27         | 00:59:32 | <b>01:19:22</b> | 105             | 00:04:41 | 00:18:30 | 01:19:24 | 01:56:00 | 02:40:52 | 03:41:58 | 04:20:36 | 05:09:11 | <b>05:37:40</b> | <b>62</b>       | 00:03:09  | 00:37:27 | 01:00:27 | 01:2     |      |
| 78              | WROŃSKI Artur        | 81  | M   | COIG SA - BUSINESS INTELLIGENCE TEAM | M35-39     | 26   | 00:21:16         | 01:05:43 | <b>01:29:10</b> | 190             | 00:06:57 | 00:19:17 | 01:22:10 | 02:04:47 | 02:56:58 | 04:04:56 | 04:47:31 | 05:39:40 | <b>06:10:43</b> | <b>141</b>      | 00:06:57  | 00:32:29 | 00:53:31 | 01:1     |      |
| 79              | GÓRZYŃSKI Tomasz     | 148 | M   | TORUŃSKI KLUB TRIATHLONOWY           | M40-44     | 20   | 00:17:44         | 00:54:28 | <b>01:13:08</b> | 67              | 00:07:04 | 00:18:41 | 01:17:59 | 01:54:09 | 02:39:46 | 03:41:27 | 04:19:11 | 05:06:35 | <b>05:34:22</b> | <b>52</b>       | 00:03:07  | 00:38:37 | 01:03:41 | 01:3     |      |
| 80              | WÓJCİK Mirosław      | 97  | M   | TIME4RUNNING                         | M50-54     | 3    | 00:18:21         | 00:56:21 | <b>01:16:07</b> | 92              | 00:05:07 | 00:18:13 | 01:17:02 | 01:53:00 | 02:37:40 | 03:39:52 | 04:18:02 | 05:05:16 | <b>05:34:12</b> | <b>51</b>       | 00:03:56  | 00:39:46 | 01:05:35 | 01:3     |      |
| 81              | WRÓBEL Darek         | 159 | M   |                                      | M40-44     | 21   | 00:19:59         | 01:02:57 | <b>01:25:46</b> | 170             | 00:04:17 | 00:18:19 | 01:17:12 | 01:54:02 | 02:38:54 | 03:40:41 | 04:19:35 | 05:08:17 | <b>05:36:11</b> | <b>58</b>       | 00:04:29  | 00:34:21 | 00:58:17 | 01:2     |      |
| 82              | TALAREK Arkadiusz    | 258 | M   | TRIATHLONKONSULTING                  | M40-44     | 22   | 00:19:21         | 00:59:22 | <b>01:19:31</b> | 109             | 00:04:09 | 00:18:56 | 01:20:54 | 01:59:05 | 02:46:23 | 03:50:49 | 04:29:49 | 05:19:43 | <b>05:48:51</b> | <b>91</b>       | 00:02:47  | 00:38:38 | 01:02:34 | 02:0     |      |
| 83              | MILIŃSKI Piotr       | 43  | M   | WARSAW MASTERS TEAM                  | M25-29     | 10   | 00:20:12         | 01:04:39 | <b>01:27:07</b> | 179             | 00:04:00 | 00:18:52 | 01:22:27 | 02:01:05 | 02:48:18 | 03:53:16 | 04:33:01 | 05:22:34 | <b>05:52:52</b> | <b>97</b>       | 00:02:05  | 00:30:49 | 00:50:41 | 01:1     |      |
| 84              | ŁODA Piotr           | 209 | M   |                                      | M35-39     | 27   | 00:16:17         | 00:49:49 | <b>01:06:47</b> | 28              | 00:05:28 | 00:18:22 | 01:15:55 | 01:52:04 | 02:37:22 | 03:39:14 | 04:18:26 | 05:06:25 | <b>05:34:46</b> | <b>55</b>       | 00:02:49  | 00:36:08 | 01:00:39 | 01:3     |      |
| 85              | MARTYNOWSKI Łukasz   | 227 | M   |                                      | M35-39     | 28   | 00:16:22         | 00:52:24 | <b>01:11:12</b> | 56              | 00:03:21 | 00:18:50 | 01:19:30 | 01:57:59 | 02:47:16 | 03:58:16 | 04:42:23 | 05:39:05 | <b>06:11:20</b> | <b>145</b>      | 00:02:46  | 00:39:19 | 01:03:07 | 01:2     |      |
| 86              | CHMEL Sergiy         | 252 | M   | BORYS RUNNING CLUB                   | M35-39     | 29   | 00:21:38         | 01:04:32 | <b>01:25:50</b> | 171             | 00:05:40 | 00:19:24 | 01:22:46 | 02:02:34 | 02:53:42 | 04:06:45 | 04:54:53 | 05:49:38 | <b>06:22:26</b> | <b>168</b>      | 00:05:30  | 00:27:51 | 01:23:47 | 01:4     |      |
| 87              | FOGT Maciej          | 6   | M   | CB163                                | M35-39     | 30   | 00:19:56         | 01:02:32 | <b>01:25:40</b> | 165             | 00:04:39 | 00:18:23 | 01:18:36 | 01:55:25 | 02:41:00 | 03:42:27 | 04:22:23 | 05:12:39 | <b>05:42:34</b> | <b>73</b>       | 00:05:27  | 00:37:16 | 01:01:59 | 01:2     |      |
| 88              | PIEKARSKI Marek      | 36  | M   | SOLANO                               | M45-49     | 6    | 00:18:08         | 00:56:30 | <b>01:16:38</b> | 95              | 00:04:34 | 00:19:06 | 01:20:47 | 01:58:04 | 02:44:04 | 03:46:44 | 04:27:14 | 05:16:51 | <b>05:44:54</b> | <b>82</b>       | 00:03:47  | 00:35:10 | 01:01:51 | 01:3     |      |
| 89              | BOROWIK Marcin       | 119 | M   |                                      | M35-39     | 31   | 00:19:20         | 01:00:17 | <b>01:21:38</b> | 139             | 00:04:17 | 00:18:56 | 01:20:38 | 01:59:04 | 02:45:55 | 03:49:26 | 04:29:36 | 05:18:40 | <b>05:48:44</b> | <b>90</b>       | 00:02:54  | 00:34:05 | 00:57:17 | 01:2     |      |
| 90              | SZYDŁOWSKI Marek     | 61  | M   | PARKRUN POZNAŃ                       | M35-39     | 32   | 00:16:06         | 00:49:39 | <b>01:06:50</b> | 29              | 00:04:32 | 00:19:19 | 01:24:12 | 02:04:08 | 02:52:26 | 03:59:42 | 04:41:48 | 05:34:26 | <b>06:04:49</b> | <b>125</b>      | 00:04:40  | 00:36:59 | 01:01:05 | 01:2     |      |
| 91              | MARKIEWICZ Damian    | 33  | M   | MARKIEWICZ TRI TEAM                  | M40-44     | 23   | K.T.O. z Krakowa | 00:20:43 | 01:04:37        | <b>01:27:45</b> | 182      | 00:06:53 | 00:19:04 | 01:19:12 | 01:56:16 | 02:41:55 | 03:46:29 | 04:27:13 | 05:15:19        | <b>05:42:53</b> | <b>74</b> | 00:04:53 | 00:36:49 | 00:58:14 | 01:2 |
| 92              | KALIN Władysław      | 229 | M   |                                      | M35-39     | 33   | 00:17:05         | 00:56:08 | <b>01:16:28</b> | 93              | 00:05:07 | 00:19:27 | 01:20:36 | 01:59:11 | 02:47:43 | 03:54:15 | 04:35:46 | 05:28:26 | <b>05:57:57</b> | <b>111</b>      | 00:06:33  | 00:39:06 | 01:01:31 | 01:2     |      |
| 93              | KOKOTEK Maciej       | 183 | M   | KS CELIRONMAN                        | M40-44     | 24   | 00:19:31         | 00:59:38 | <b>01:19:54</b> | 114             | 00:04:30 | 00:19:16 | 01:23:54 | 02:04:20 | 02:53:20 | 04:00:46 | 04:42:36 | 05:33:57 | <b>06:04:26</b> | <b>124</b>      | 00:02:21  | 01:16:02 | 01:41:08 | 02:0     |      |
| 94              | MATUSZEWSKI Nikodem  | 116 | M   | CARLSBERG                            | M25-29     | 11   | 00:20:10         | 01:01:33 | <b>01:23:14</b> | 150             | 00:03:48 | 00:19:21 | 01:23:15 | 02:02:16 | 02:50:06 | 03:55:30 | 04:34:57 | 05:24:11 | <b>05:53:02</b> | <b>98</b>       | 00:02:37  | 00:31:06 | 00:51:04 | 01:1     |      |
| 95              | WINNIK Piotr         | 95  | M   |                                      | M30-34     | 14   | 00:20:10         | 01:01:50 | <b>01:23:44</b> | 154             | 00:05:05 | 00:20:09 | 01:25:13 | 02:03:33 | 02:50:06 | 03:55:00 | 04:37:37 | 05:27:54 | <b>05:56:36</b> | <b>105</b>      | 00:03:15  | 01:21:24 | 01:45:53 | 02:1     |      |
| 96              | POKORSKI Marek       | 245 | M   | IMPAQ                                | M45-49     | 7    | 00:17:51         | 00:54:46 | <b>01:13:05</b> | 66              | 00:04:08 | 00:17:26 | 01:14:39 | 01:49:20 | 02:32:56 | 03:33:32 | 04:10:42 | 04:55:55 | <b>05:22:24</b> | <b>32</b>       | 00:04:09  | 00:37:51 | 01:02:48 | 01:3     |      |
| 97              | KALISZEWSKI Daniel   | 249 | M   |                                      | M40-44     | 25   | 00:20:01         | 01:01:47 | <b>01:23:50</b> | 155             | 00:09:53 | 00:19:48 | 01:24:35 | 02:04:11 | 02:52:52 | 03:59:04 | 04:40:36 | 05:33:56 | <b>06:05:08</b> | <b>127</b>      | 00:05:51  | 00:35:17 | 00:58:55 | 01:2     |      |
| 98              | POCHYLSKI Przemysław | 145 | M   | ZGRUPKA TEAM                         | M40-44     | 26   | 00:18:06         | 00:56:16 | <b>01:15:49</b> | 89              | 00:03:26 | 00:18:14 | 01:18:59 | 01:57:29 | 02:46:20 | 03:56:12 | 04:44:51 | 05:36:25 | <b>06:06:22</b> | <b>130</b>      | 00:02:19  | 00:34:53 | 00:56:57 | 01:2     |      |
| 99              | DARMETKO Rafał       | 272 | M   |                                      | M30-34     | 15   | 00:19:28         | 01:00:48 | <b>01:21:57</b> | 143             | 00:04:26 | 00:18:56 | 01:20:17 | 01:58:19 | 02:45:31 | 03:53:58 | 04:37:55 | 05:29:47 | <b>06:01:01</b> | <b>115</b>      | 00:02:54  | 00:36:42 | 00:59:52 | 01:2     |      |
| 100             | GUTENPLAN Jacek      | 197 | M   |                                      | M50-54     | 4    | 00:20:04         | 01:02:29 | <b>01:23:54</b> | 156             | 00:05:47 | 00:19:43 | 01:22:36 | 02:01:35 | 02:49:06 | 03:52:58 | 04:31:57 | 05:19:52 | <b>05:48:39</b> | <b>89</b>       | 00:06:14  | 00:34:44 | 00:58:01 | 01:2     |      |
| 101             | KOCIEL Jarosław      | 38  | M   | JAREK Z BYTOMIA                      | M45-49     | 8    | 00:18:07         | 00:55:52 | <b>01:15:34</b> | 88              | 00:07:21 | 00:19:10 | 01:21:35 | 02:01:16 | 02:49:21 | 03:56:43 | 04:39:34 | 05:31:50 | <b>06:02:04</b> | <b>119</b>      | 00:05:19  | 00:36:09 | 00:59:04 | 01:2     |      |
| 102             | BEDKOWSKI Kamil      | 240 | M   | ADWOKATURA OPOLE                     | M30-34     | 16   | 00:19:26         | 01:00:36 | <b>01:22:51</b> | 148             | 00:06:04 | 00:19:53 | 01:25:03 | 02:05:20 | 02:55:18 | 04:03:34 | 04:48:13 | 05:42:14 | <b>06:14:51</b> | <b>153</b>      | 00:03:47  | 01:16:42 | 01:39:59 | 02:0     |      |
| 103             | KOLMAJER Rafał       | 182 | M   | #TEAMFARFALLA                        | M35-39     | 34   | 00:23:18         | 01:08:58 | <b>01:34:01</b> | 216             | 00:09:08 | 00:20:34 | 01:29:11 | 02:06:57 | 02:56:27 | 04:04:36 | 04:46:59 | 05:40:14 | <b>06:11:11</b> | <b>144</b>      | 00:10:51  | 00:32:18 | 00:52:13 | 01:1     |      |
| 104             | SIERADZAN Przemysław | 230 | M   | TS AKWEDUKT                          | M40-44     | 27   | 00:17:38         | 00:53:04 | <b>01:10:58</b> | 53              | 00:05:26 | 00:19:07 | 01:21:25 | 01:59:31 | 02:46:18 | 05:10:15 | 05:52:52 |          |                 |                 |           | 00:39:13 | 01:04:31 | 01:3     |      |
| 105             | SZUT Dariusz         | 94  | M   | IRONMAN CS POLSKA                    | M40-44     | 28   | 00:19:33         | 01:00:19 | <b>01:21:53</b> | 141             | 00:06:24 | 00:20:06 | 01:21:39 | 01:59:48 | 02:48:21 | 03:56:07 | 04:41:00 | 05:35:11 | <b>06:09:59</b> | <b>139</b>      | 00:04:53  | 00:36:08 | 00:58:47 | 01:2     |      |
| 106             | WIĘDŁOCHA Jan        | 199 | M   |                                      | M40-44     | 29   | 00:18:01         | 00:55:11 | <b>01:13:56</b> | 70              | 00:05:42 | 00:18:43 | 01:19:11 | 01:56:44 | 02:42:26 | 03:43:18 | 04:21:15 | 05:08:55 | <b>05:36:26</b> | <b>59</b>       | 00:03:37  | 00:36:56 | 01:03:13 | 01:3     |      |
| 107             | KOPROWSKI Maciej     | 130 | M   | KOPER                                | M40-44     | 30   | 00:19:54         | 01:02:53 | <b>01:25:40</b> | 166             | 00:03:59 | 00:18:33 | 01:19:37 | 01:58:17 | 02:45:33 | 03:52:02 | 04:32:29 | 05:24:48 | <b>05:54:23</b> | <b>101</b>      | 00:02:44  | 00:34:14 | 00:57:01 | 01:2     |      |
| 108             | KLIMAS Adam          | 143 | M   |                                      | M35-39     | 35   | 00:19:48         | 01:00:52 | <b>01:22:36</b> | 146             | 00:05:08 | 00:22:14 | 01:28:58 | 02:09:27 | 02:59:03 | 04:05:02 | 04:46:17 | 05:37:10 | <b>06:06:46</b> | <b>131</b>      | 00:04:08  | 00:37:48 | 01:01:49 | 01:2     |      |

|     |                      |     |   | Pływanie |    |          |          |                 | Rower |          |          |          |          |          |          |          |          |                 |            |          |          |          |      |
|-----|----------------------|-----|---|----------|----|----------|----------|-----------------|-------|----------|----------|----------|----------|----------|----------|----------|----------|-----------------|------------|----------|----------|----------|------|
| 109 | SZUKALA Piotr        | 206 | SPELEOKLUB 'BOBRY' Z ZAGANIA            | M30-34   | 17 | 00:21:09 | 01:05:50 | <b>01:28:49</b> | 187   | 00:07:46 | 00:19:23 | 01:23:17 | 02:03:53 | 02:51:58 | 03:57:53 | 04:38:13 | 05:28:37 | <b>05:57:35</b> | <b>108</b> | 00:06:18 | 00:37:48 | 01:45:56 | 02:1 |
| 110 | ROSZAK Bartosz       | 161 | WRONIECKI KLUB BIEGACZA                 | M35-39   | 36 | 00:19:13 | 00:59:37 | <b>01:21:04</b> | 126   | 00:03:15 | 00:19:25 | 01:22:28 | 02:01:46 | 02:52:38 | 04:07:05 | 04:47:23 | 05:38:53 | <b>06:07:35</b> | <b>132</b> | 00:03:34 | 00:35:56 | 01:01:33 | 02:0 |
| 111 | CHORAŹIAK Witold     | 261 | CELIRONMAN                              | M50-54   | 5  | 00:18:48 | 00:58:48 | <b>01:20:20</b> | 119   | 00:03:47 | 00:17:52 | 01:18:10 | 01:56:21 | 02:43:52 | 03:49:05 | 04:28:47 | 05:17:51 | <b>05:46:00</b> | <b>85</b>  | 00:03:10 | 00:37:53 | 01:03:26 | 01:3 |
| 112 | DOMAGALSKI Piotr     | 178 | IRONMAN CS POLSKA                       | M50-54   | 6  | 00:19:20 | 01:00:06 | <b>01:21:16</b> | 131   | 00:04:12 | 00:21:00 | 01:24:39 | 02:03:55 | 02:53:02 | 04:02:16 | 04:43:50 | 05:35:09 | <b>06:04:54</b> | <b>126</b> | 00:02:47 | 00:38:14 | 01:02:14 | 01:2 |
| 113 | LEWIŃSKI Andrzej     | 193 | BIEGAMYRAZEM.PL / CTS                   | M45-49   | 9  | 00:23:46 | 01:12:03 | <b>01:37:04</b> | 225   | 00:05:29 | 00:22:18 | 02:48:35 | 03:30:31 | 04:21:27 | 05:33:07 | 06:16:41 |          |                 |            | 00:34:44 | 00:56:52 | 01:2     |      |
| 114 | LASSOTA Artur        | 101 |   | M45-49   | 10 | 00:18:53 | 00:57:24 | <b>01:18:24</b> | 102   | 00:05:32 | 00:17:58 | 01:15:39 | 01:51:42 | 02:39:45 | 03:49:11 | 04:33:20 | 05:31:28 | <b>06:04:15</b> | <b>123</b> | 00:07:08 | 00:35:53 | 01:01:46 | 01:3 |
| 115 | BETLEJ Hubert        | 31  | ESKADRA KRAKÓW                          | M35-39   | 37 | 00:21:44 | 01:06:33 | <b>01:29:44</b> | 192   | 00:05:08 | 00:18:05 | 01:17:00 | 01:52:36 | 02:37:46 | 03:40:36 | 04:20:52 | 05:12:05 | <b>05:41:38</b> | <b>71</b>  | 00:04:35 | 00:41:37 | 01:08:19 | 01:3 |
| 116 | GWIZDAL Michał       | 90  | TECHNIKA ZWYCIESTWA                     | M30-34   | 18 | 00:15:56 | 00:51:01 | <b>01:08:46</b> | 42    | 00:04:03 | 00:20:15 | 01:25:13 | 02:08:26 | 03:00:36 | 04:12:34 | 04:56:38 | 05:51:17 | <b>06:21:43</b> | <b>166</b> | 00:03:10 | 00:35:53 | 01:01:35 | 01:2 |
| 117 | TROSCZYŃSKI Wojciech | 237 |   | M45-49   | 11 | 00:18:31 | 00:59:44 | <b>01:21:56</b> | 142   | 00:07:38 | 00:20:34 | 01:29:07 | 02:12:00 | 03:04:08 | 04:15:22 | 04:59:28 | 05:59:16 | <b>06:32:28</b> | <b>192</b> | 00:04:27 | 00:35:19 | 00:56:57 | 01:2 |
| 118 | OŚCIŁOWSKI Marcin    | 284 |   | M40-44   | 31 | 00:22:44 | 01:11:10 | <b>01:38:00</b> | 227   | 00:06:25 | 00:19:47 | 02:44:01 | 03:24:42 | 04:14:33 | 05:23:50 | 06:05:43 |          |                 |            | 00:40:49 | 01:05:22 | 01:3     |      |
| 119 | GÓRKA Dariusz        | 138 | BIKEBOARD                               | M40-44   | 32 | 00:20:36 | 01:06:42 | <b>01:31:30</b> | 202   | 00:04:29 | 00:19:03 | 01:21:59 | 02:01:23 | 02:50:19 | 03:57:31 | 04:39:32 | 05:31:54 | <b>06:02:23</b> | <b>120</b> | 00:03:14 | 00:37:45 | 01:01:29 | 01:2 |
| 120 | GRZEŃDA Tomasz       | 128 |   | M35-39   | 38 | 00:20:23 | 01:03:22 | <b>01:24:54</b> | 159   | 00:05:24 | 00:19:42 | 01:25:28 | 02:05:24 | 02:53:34 | 04:00:43 | 04:43:07 | 05:38:26 | <b>06:10:22</b> | <b>140</b> | 00:05:01 | 00:37:56 | 01:02:20 | 01:3 |
| 121 | BOGDAŃSKI Łukasz     | 25  | THOMSON REUTERS TRIATHLON TEAM          | M35-39   | 39 | 00:20:18 | 01:03:13 | <b>01:24:54</b> | 160   | 00:06:49 | 00:22:34 | 02:52:55 | 03:36:47 | 04:31:37 | 05:45:26 | 06:31:20 |          |                 |            | 01:17:42 | 01:43:15 | 02:0     |      |
| 122 | KĄDZIELEWSKI Damian  | 5   | FUNDACJA STUDENCKA 'MŁODZI MŁODYM' 4336 | M25-29   | 12 | 00:18:01 | 00:55:16 | <b>01:14:07</b> | 72    | 00:08:01 | 00:19:59 | 01:28:17 | 02:09:35 | 03:02:42 | 04:19:15 | 05:03:26 | 06:03:10 | <b>06:36:30</b> | <b>197</b> | 00:07:11 | 00:37:27 | 01:01:22 | 01:2 |
| 123 | BRONISZ Wojciech     | 254 |   | M18-24   | 3  | 00:17:45 | 00:55:22 | <b>01:15:28</b> | 87    | 00:11:02 | 00:22:36 | 01:34:01 | 02:17:40 | 03:09:43 | 04:20:04 | 05:03:20 | 05:58:04 | <b>06:30:47</b> | <b>187</b> | 00:05:26 | 00:38:40 | 01:04:13 | 01:3 |
| 124 | DASZEWSKI Filip      | 107 |   | M18-24   | 4  | 00:17:48 | 00:54:59 | <b>01:13:38</b> | 68    | 00:07:06 | 00:19:50 | 01:24:35 | 02:05:37 | 02:56:28 | 04:06:56 | 04:50:23 | 05:44:22 | <b>06:14:31</b> | <b>151</b> | 00:05:47 | 00:36:47 | 01:05:27 | 01:3 |
| 125 | STRATYŃSKI Filip     | 175 | CELIRONMAN                              | M40-44   | 33 | 00:20:32 | 01:04:20 | <b>01:26:49</b> | 175   | 00:03:42 | 00:19:04 | 01:20:33 | 01:58:59 | 02:46:44 | 03:53:55 | 04:36:34 | 05:28:18 | <b>05:57:49</b> | <b>110</b> | 00:03:11 | 00:35:34 | 01:01:10 | 01:3 |
| 126 | JEREMICZ Marcin      | 102 | SZTAFETA NADZIEI                        | M35-39   | 40 | 00:19:17 | 00:57:39 | <b>01:17:39</b> | 96    | 00:03:08 | 00:18:29 | 01:19:29 | 01:57:54 | 02:46:19 | 03:53:16 | 04:37:37 | 05:29:50 | <b>06:01:07</b> | <b>116</b> | 00:02:34 | 00:36:04 | 01:00:27 | 01:2 |
| 127 | ŻWIRSKI Marcin       | 279 |   | M25-29   | 13 | 00:20:06 | 00:59:17 | <b>01:19:34</b> | 110   | 00:05:56 | 00:18:16 | 01:17:27 | 01:54:46 | 02:40:19 | 03:46:17 | 04:30:40 | 05:24:56 | <b>05:58:12</b> | <b>112</b> | 00:03:04 | 00:39:16 | 01:03:39 | 01:3 |
| 128 | MIŚ Waldemar         | 12  | SMASHING PAPKINS / #TEAMDKMS            | M40-44   | 34 | 00:21:02 | 01:07:11 | <b>01:31:25</b> | 201   | 00:06:57 | 00:19:40 | 01:24:33 | 02:06:47 | 02:58:02 | 04:10:42 | 04:55:41 | 05:51:39 | <b>06:24:24</b> | <b>174</b> | 00:04:06 | 00:40:54 | 01:07:30 | 01:3 |
| 129 | WIJAS Andrzej        | 218 |   | M30-34   | 19 | 00:20:34 | 01:03:56 | <b>01:26:54</b> | 177   | 00:05:54 | 00:20:28 | 01:25:20 | 02:05:37 | 02:56:01 | 04:05:05 | 04:48:05 | 05:40:40 | <b>06:11:55</b> | <b>147</b> | 00:01:50 | 00:36:29 | 01:01:38 | 01:3 |
| 130 | MUSZYŃSKI Marek      | 192 | RISE&SHINE                              | M40-44   | 35 | 00:19:47 | 00:59:04 | <b>01:19:30</b> | 107   | 00:07:27 | 00:20:40 | 01:29:47 | 02:10:20 | 03:00:29 | 04:11:55 | 04:55:20 | 05:49:25 | <b>06:21:20</b> | <b>165</b> | 00:07:28 | 00:43:56 | 01:11:18 | 01:3 |
| 131 | WARECKI Tomasz       | 255 |   | M50-54   | 7  | 00:21:19 | 01:07:12 | <b>01:30:39</b> | 195   | 00:05:51 | 00:18:34 | 01:21:51 | 02:00:49 | 02:49:06 | 03:54:27 | 04:35:31 | 05:26:11 | <b>05:55:08</b> | <b>103</b> | 00:05:29 | 00:37:58 | 01:03:56 | 01:3 |
| 132 | FLORCZAK Krzysztof   | 223 | KS MARATON OSTRÓW WLKP.                 | M45-49   | 12 | 00:22:31 | 01:13:29 | <b>01:40:52</b> | 236   | 00:06:39 | 00:20:04 | 01:26:05 | 02:06:42 | 02:56:46 | 04:02:39 | 04:44:31 | 05:37:33 | <b>06:08:49</b> | <b>138</b> | 00:03:29 | 00:35:33 | 01:00:54 | 01:2 |
| 133 | CHMIEL Piotr         | 207 | PTT DELTA                               | M25-29   | 14 | 00:21:09 | 01:03:45 | <b>01:25:45</b> | 169   | 00:10:12 | 00:19:16 | 01:22:55 | 02:01:33 | 02:50:16 | 04:01:35 | 04:44:57 | 05:46:32 | <b>06:17:24</b> | <b>158</b> | 00:09:41 | 00:36:40 | 01:00:16 | 01:2 |
| 134 | JARLIŃSKI Rafał      | 174 | ORKAMASTERS ILAWA                       | M50-54   | 8  | 00:20:05 | 00:59:44 | <b>01:21:53</b> | 140   | 00:08:37 | 00:18:33 | 01:21:18 | 02:01:15 | 02:50:25 | 03:58:54 | 04:42:07 | 05:36:38 | <b>06:08:24</b> | <b>136</b> | 00:08:21 | 00:38:43 | 01:05:49 | 01:3 |
| 135 | KŁOS Marcin          | 157 |   | M35-39   | 41 | 00:18:33 | 00:55:49 | <b>01:14:56</b> | 84    | 00:05:29 | 00:18:50 | 01:21:40 | 01:59:36 | 02:47:37 | 03:54:21 | 04:34:36 | 05:23:47 | <b>05:52:52</b> | <b>95</b>  | 00:09:05 | 00:45:36 | 01:11:18 | 01:3 |
| 136 | LUBOWICKI Łukasz     | 78  | 40-LATEK TYCHY                          | M40-44   | 36 | 00:19:15 | 01:00:04 | <b>01:21:20</b> | 133   | 00:06:16 | 00:19:17 | 01:21:31 | 02:00:21 | 02:47:41 | 03:53:57 | 04:35:13 | 05:26:38 | <b>05:57:39</b> | <b>109</b> | 00:05:45 | 00:44:20 | 01:13:54 | 01:4 |
| 137 | PAZIK Grzegorz       | 211 | WIELISZEW HERON TEAM                    | M35-39   | 42 | 00:23:47 | 01:13:10 | <b>01:38:09</b> | 229   | 00:07:10 | 00:19:56 | 01:27:58 | 02:10:02 | 03:02:55 | 04:13:16 | 05:00:52 | 05:59:15 | <b>06:31:07</b> | <b>188</b> | 00:05:37 | 00:38:34 | 01:01:16 | 01:2 |
| 138 | ŻOŁNIEROWICZ Hubert  | 41  | BIEGAM BO LUBIĘ ZĄBKI TEAM              | M35-39   | 43 | 00:21:22 | 01:07:16 | <b>01:31:39</b> | 203   | 00:04:40 | 00:19:11 | 01:21:36 | 02:01:10 | 02:50:32 | 03:58:07 | 04:40:42 | 05:35:09 | <b>06:08:18</b> | <b>134</b> | 00:06:35 | 00:37:31 | 01:03:20 | 01:3 |
| 139 | WALKOWIAK Krzysztof  | 283 | MKL MARATON                             | M35-39   | 44 | 00:15:23 | 00:47:13 | <b>01:03:49</b> | 15    | 00:04:58 | 01:37:51 | 02:45:48 | 03:28:16 | 04:23:41 | 05:39:57 | 06:27:14 |          |                 |            | 00:32:21 | 00:54:13 | 01:1     |      |
| 140 | WASZAK Norbert       | 73  | INCLUDE                                 | M35-39   | 45 | 00:23:31 | 01:12:25 | <b>01:37:43</b> | 226   | 00:04:25 | 00:20:08 | 01:26:36 | 02:09:28 | 03:00:46 | 04:09:13 | 04:56:59 | 05:51:42 | <b>06:23:15</b> | <b>171</b> | 00:05:12 | 00:35:52 | 00:58:02 | 01:2 |
| 141 | KULIŃSKI Piotr       | 198 | IRON FIGHTERS                           | M25-29   | 15 | 00:20:14 | 01:01:22 | <b>01:22:35</b> | 145   | 00:05:48 | 00:19:46 | 01:25:31 | 02:07:07 | 03:00:22 | 04:11:55 | 04:55:26 | 05:51:48 | <b>06:26:44</b> | <b>181</b> | 00:02:48 | 00:37:15 | 01:00:53 | 01:2 |
| 142 | JANKOWSKI Adam       | 129 | AKADEMIA BIEGANIA GRUDZIĄDZ             | M40-44   | 37 | 00:18:41 | 00:59:12 | <b>01:20:00</b> | 116   | 00:04:10 | 00:18:21 | 01:21:33 | 02:03:00 | 02:54:35 | 04:03:19 | 04:46:07 | 05:49:23 | <b>06:26:43</b> | <b>180</b> | 00:05:15 | 00:35:02 | 01:03:29 | 01:3 |
| 143 | KĘSZYCKI Oskar       | 150 | AZEMONSTERS                             | M25-29   | 16 | 00:17:40 | 00:54:43 | <b>01:14:19</b> | 74    | 00:05:56 | 00:19:54 | 01:23:18 | 02:02:23 | 02:54:54 | 04:04:54 | 04:48:01 | 05:39:51 | <b>06:10:43</b> | <b>142</b> | 00:03:11 | 00:51:45 | 01:16:43 | 01:4 |
| 144 | ROMAN Krzysztof      | 35  | PRZECINAK77                             | M40-44   | 38 | 00:22:49 | 01:09:13 | <b>01:32:52</b> | 207   | 00:06:00 | 00:19:30 | 01:23:49 | 02:04:56 | 02:56:06 | 05:32:16 | 06:16:46 |          |                 |            | 00:41:53 | 01:07:47 | 01:3     |      |
| 145 | TYMUL Jakub          | 225 | NOVO IRON TEAM / TRISPACE               | M40-44   | 39 | 00:21:53 | 01:09:27 | <b>01:33:39</b> | 212   | 00:05:22 | 00:19:36 | 01:25:39 | 02:05:37 | 02:55:24 | 04:07:08 | 04:51:39 | 05:51:31 | <b>06:24:43</b> | <b>175</b> | 00:03:04 | 00:41:41 | 01:09:20 | 01:3 |
| 146 | CHMIEL Waldemar      | 82  | PTT DELTA                               | M55-59   | 3  | 00:20:03 | 01:02:13 | <b>01:25:42</b> | 167   | 00:10:52 | 00:20:03 | 01:26:51 | 02:07:48 | 02:58:00 | 04:07:21 | 04:50:23 | 05:49:04 | <b>06:20:22</b> | <b>163</b> | 00:06:05 | 00:39:10 | 01:05:25 | 01:3 |
| 147 | WOJDAT Przemysław    | 98  |   | M25-29   | 17 | 00:18:11 | 00:55:40 | <b>01:14:41</b> | 78    | 00:08:26 | 00:20:59 | 01:29:07 | 02:11:31 | 03:03:54 | 04:14:35 | 04:56:58 | 05:52:59 | <b>06:26:25</b> | <b>178</b> | 00:07:40 | 00:38:24 | 01:03:42 | 01:3 |

|     |                      |     |  | Pływanie |    |                   |          |          | Rower           |     |          |          |          |          |          |          |          |          |                 |            |          |          |          |      |
|-----|----------------------|-----|--|----------|----|-------------------|----------|----------|-----------------|-----|----------|----------|----------|----------|----------|----------|----------|----------|-----------------|------------|----------|----------|----------|------|
| 148 | LANECKI Artur        | 165 |  | M40-44   | 40 |                   | 00:18:25 | 00:56:25 | <b>01:15:57</b> | 90  | 00:08:46 | 00:19:30 | 01:25:06 | 02:05:50 | 02:58:15 | 04:05:59 | 04:47:43 | 05:42:11 | <b>06:12:41</b> | <b>149</b> | 00:06:28 | 00:39:32 | 01:07:34 | 01:3 |
| 149 | PĘDRYS Mirosław      | 244 | ZABIERZÓW BIEGA                        | M45-49   | 13 |                   | 00:26:59 | 01:23:58 | <b>01:54:59</b> | 249 | 00:09:46 | 00:20:08 | 01:24:52 | 02:06:39 | 02:55:59 | 04:01:13 | 04:42:45 | 05:33:25 | <b>06:03:50</b> | <b>122</b> | 00:06:22 | 00:38:42 | 01:05:28 | 01:3 |
| 150 | NEJMAN Andrzej       | 16  |  | M35-39   | 46 |                   | 00:19:27 | 01:00:10 | <b>01:21:26</b> | 134 | 00:06:13 | 00:19:48 | 01:24:53 | 02:05:07 | 02:56:04 | 04:05:50 | 04:49:54 | 05:46:24 | <b>06:18:19</b> | <b>160</b> | 00:04:44 | 00:36:52 | 01:02:20 | 01:3 |
| 151 | KUBUSZEWSKI Radosław | 273 | KOMANDO FLAKI                          | M30-34   | 20 |                   | 00:19:17 | 00:57:59 | <b>01:18:12</b> | 99  | 00:07:09 | 00:20:00 | 01:26:29 | 02:06:27 | 02:57:50 | 04:12:57 | 04:58:18 | 05:58:53 | <b>06:34:09</b> | <b>194</b> | 00:06:18 | 00:38:45 | 01:05:48 | 01:3 |
| 152 | KEPIŃSKI Henryk      | 39  | KB SPARTAKUS BEŁCHATÓW                 | M65-69   | 1  |                   | 00:21:30 | 01:09:14 | <b>01:36:00</b> | 224 | 00:07:06 | 00:19:53 | 01:27:28 | 02:08:24 | 03:01:26 | 04:09:37 | 04:54:47 | 05:51:32 | <b>06:23:12</b> | <b>170</b> | 00:03:47 | 00:42:56 | 01:10:03 | 01:4 |
| 153 | ŁUCYSZYŃ Robert      | 13  |  | M40-44   | 41 |                   | 00:17:19 | 00:52:27 | <b>01:10:57</b> | 52  | 00:07:36 | 00:18:52 | 01:19:02 | 01:56:32 | 02:46:12 | 03:52:18 | 04:31:42 | 05:22:59 | <b>05:50:52</b> | <b>92</b>  | 00:05:02 | 00:58:27 | 01:34:22 | 02:0 |
| 154 | WASILEWSKI Mirosław  | 70  | ORKAMASTERS IŁAWA                      | M40-44   | 42 | OrkaMasters Iława | 00:20:51 | 01:07:38 | <b>01:32:13</b> | 206 | 00:07:51 | 00:20:40 | 01:30:54 | 02:11:23 | 03:02:57 | 04:12:53 | 04:57:07 | 05:52:58 | <b>06:26:08</b> | <b>177</b> | 00:04:47 | 00:40:45 | 01:07:39 | 01:3 |
| 155 | KAPUSTKA Mirosław    | 106 | KAPUSTRI                               | M35-39   | 47 |                   | 00:23:02 | 01:15:30 | <b>01:41:13</b> | 239 | 00:05:49 | 00:20:45 | 01:30:48 | 02:14:29 | 03:07:29 | 04:18:55 | 05:04:16 | 06:00:12 | <b>06:34:02</b> | <b>193</b> | 00:05:34 | 00:37:17 | 01:01:33 | 01:2 |
| 156 | FELSKI Mariusz       | 92  | MŻS WOLCZA MAŁA                        | M50-54   | 9  |                   | 00:20:35 | 01:01:32 | <b>01:22:03</b> | 144 | 00:07:03 | 00:21:18 | 01:32:05 | 02:14:36 | 03:08:45 | 04:25:42 | 05:14:10 | 06:13:38 | <b>06:49:22</b> | <b>207</b> | 00:04:55 | 01:28:11 | 01:55:22 | 02:2 |
| 157 | MAKOWSKI Sławomir    | 22  | RUN BYDGOSZCZ                          | M45-49   | 14 |                   | 00:23:17 | 01:12:58 | <b>01:38:37</b> | 231 | 00:07:47 | 00:18:30 | 01:19:28 | 01:57:08 | 02:43:56 | 03:48:11 | 04:29:14 | 05:23:10 | <b>05:56:34</b> | <b>104</b> | 00:04:00 | 00:42:40 | 01:10:21 | 01:4 |
| 158 | MASŁOWSKI Jacek      | 180 |  | M30-34   | 21 |                   | 00:18:50 | 00:59:50 | <b>01:20:42</b> | 122 | 00:07:01 | 00:22:00 | 01:33:24 | 02:17:35 | 03:11:48 | 04:28:53 | 05:19:13 | 06:20:02 | <b>06:58:29</b> | <b>221</b> | 00:04:03 | 00:38:06 | 01:02:46 | 01:2 |
| 159 | TOKMAJEVSKI Vladimir | 215 | SPORTER                                | M25-29   | 18 |                   | 00:20:15 | 01:03:39 | <b>01:26:52</b> | 176 | 00:09:23 | 00:20:21 | 01:27:09 | 02:08:04 | 02:58:35 | 04:11:56 | 05:01:12 | 06:05:56 | <b>06:41:14</b> | <b>201</b> | 00:05:08 | 00:42:38 | 01:05:50 | 01:3 |
| 160 | KORSAKOV Kostiantyn  | 226 | TRIATHLON SERWIS                       | M45-49   | 15 |                   | 00:18:57 | 00:59:40 | <b>01:21:07</b> | 129 | 00:09:02 | 00:20:26 | 01:27:15 | 02:09:01 | 03:01:47 | 04:11:06 | 04:52:56 | 05:45:48 | <b>06:17:26</b> | <b>159</b> | 00:04:49 | 00:43:22 | 01:13:13 | 01:4 |
| 161 | OWCZARSKI Marcin     | 87  | PSP CZŁUCHÓW/ MMGO BORYTEAM            | M40-44   | 43 |                   | 00:19:26 | 00:59:10 | <b>01:19:18</b> | 104 | 00:05:42 | 00:19:16 | 01:23:19 | 02:03:52 | 02:53:11 | 04:03:34 | 04:46:38 | 05:40:33 | <b>06:11:04</b> | <b>143</b> | 00:05:51 | 00:35:44 | 01:01:07 | 01:3 |
| 162 | BLASZCZYK Borys      | 133 |  | M25-29   | 19 |                   | 00:22:55 | 01:10:28 | <b>01:33:40</b> | 213 | 00:08:17 | 00:19:12 | 01:23:31 | 02:03:51 | 02:54:20 | 04:08:18 | 04:52:37 | 05:48:59 | <b>06:23:04</b> | <b>169</b> | 00:04:50 | 00:39:40 | 01:05:38 | 01:3 |
| 163 | KUCIŃSKI Artur       | 264 |  | M40-44   | 44 |                   | 00:17:52 | 00:55:07 | <b>01:14:04</b> | 71  | 00:08:57 | 00:20:31 | 01:28:02 | 02:08:56 | 03:01:29 | 04:16:01 | 05:01:58 | 05:59:05 | <b>06:31:33</b> | <b>189</b> | 00:05:39 | 00:42:53 | 01:11:16 | 01:3 |
| 164 | GACKOWSKI Krzysztof  | 79  | IRON&ONE TRENER PERSONALNY             | M45-49   | 16 |                   | 00:20:08 | 01:00:02 | <b>01:20:28</b> | 121 | 00:06:26 | 00:19:57 | 01:27:58 | 02:10:09 | 03:03:54 | 04:16:29 | 05:02:34 | 06:03:05 | <b>06:35:30</b> | <b>196</b> | 00:05:41 | 00:43:03 | 01:11:34 | 01:4 |
| 165 | DUBIŃSKI Bogdan      | 190 | LEGIA WARSZAWA                         | M65-69   | 2  |                   | 00:17:54 | 00:55:30 | <b>01:14:40</b> | 77  | 00:08:01 | 00:20:07 | 01:25:05 | 02:05:51 | 02:57:02 | 04:09:17 | 04:54:12 | 05:52:36 | <b>06:27:37</b> | <b>182</b> | 00:05:58 | 00:44:44 | 01:16:10 | 01:5 |
| 166 | SŁAWKOWSKI Sławomir  | 271 | JUTRZENKA DOBRE MIASTO                 | M45-49   | 17 |                   | 00:19:49 | 01:01:29 | <b>01:23:35</b> | 153 | 00:07:38 | 00:20:33 | 01:28:06 | 02:12:52 | 03:07:17 | 04:24:40 | 05:11:55 | 06:12:11 | <b>06:46:28</b> | <b>204</b> | 00:06:09 | 00:43:33 | 01:11:43 | 01:3 |
| 167 | TRELA Rafał          | 142 | K T ŻYWIEC                             | M50-54   | 10 |                   | 00:19:39 | 01:00:01 | <b>01:21:13</b> | 130 | 00:07:30 | 00:19:43 | 01:24:24 | 02:05:03 | 02:55:20 | 04:06:50 | 04:52:06 | 05:46:46 | <b>06:18:48</b> | <b>162</b> | 00:08:01 | 00:42:51 | 01:11:13 | 01:4 |
| 168 | CHMIEL Łukasz        | 242 |  | M30-34   | 22 |                   | 00:21:18 | 01:03:52 | <b>01:26:12</b> | 172 | 00:23:30 | 00:21:02 | 01:32:50 | 02:17:32 | 04:51:25 | 06:13:50 | 07:01:54 |          |                 |            | 00:39:00 | 01:08:19 | 01:3     |      |
| 169 | GORGOL Tomasz        | 4   | LP 500                                 | M40-44   | 45 | LP 500            | 00:21:32 | 01:09:57 | <b>01:34:24</b> | 218 | 00:07:33 | 00:19:51 | 01:24:55 | 02:04:44 | 02:55:16 | 04:05:24 | 04:48:24 | 05:43:28 | <b>06:15:07</b> | <b>155</b> | 00:03:58 | 00:43:37 | 01:16:16 | 01:5 |
| 170 | SOKÓŁ Marcin         | 184 |  | M30-34   | 23 |                   | 00:21:12 | 01:13:02 | <b>01:41:37</b> | 240 | 00:08:48 | 00:21:03 | 01:30:41 | 02:14:49 | 03:09:26 | 04:26:23 | 05:15:33 | 06:14:52 | <b>06:51:00</b> | <b>210</b> | 00:05:15 | 00:37:50 | 01:07:33 | 01:3 |
| 171 | LUCHOWSKI Rafał      | 179 | 12TRI.PL / SPARTANIE DZIECIOM          | M50-54   | 11 |                   | 00:21:40 | 01:06:40 | <b>01:30:07</b> | 193 | 00:08:11 | 00:20:45 | 01:35:14 | 02:19:39 | 03:15:36 | 04:35:25 | 05:23:03 | 06:20:15 | <b>06:52:53</b> | <b>212</b> | 00:05:11 | 00:37:28 | 01:05:02 | 01:3 |
| 172 | STASIEWSKI Mariusz   | 233 | TRISPACE                               | M40-44   | 46 | TRISPACE          | 00:20:08 | 01:00:26 | <b>01:21:33</b> | 135 | 00:04:42 | 00:20:23 | 01:27:00 | 02:09:08 | 03:02:07 | 04:12:50 | 04:57:03 | 05:53:50 | <b>06:25:47</b> | <b>176</b> | 00:02:43 | 00:44:34 | 01:15:25 | 01:4 |
| 173 | GÓRSKI Marian        | 177 | KRS TKKF JASTRZĄB RUDA ŚLĄSKA          | M60-64   | 1  |                   | 00:21:00 | 01:03:45 | <b>01:25:44</b> | 168 | 00:07:44 | 00:20:38 | 01:29:08 | 02:12:27 | 03:04:25 | 04:15:45 | 05:03:23 | 05:59:22 | <b>06:31:57</b> | <b>191</b> | 00:05:10 | 00:38:38 | 01:05:08 | 01:3 |
| 174 | LITKOWSKI Zbigniew   | 214 | NIEZRZESZONY                           | M45-49   | 18 |                   | 00:24:46 | 01:16:33 | <b>01:42:21</b> | 242 | 00:06:53 | 00:22:25 | 01:32:00 | 02:13:26 | 03:08:09 | 04:16:20 | 04:59:58 | 05:55:00 | <b>06:26:28</b> | <b>179</b> | 00:04:16 | 00:38:27 | 01:06:32 | 01:3 |
| 175 | CHMIEL Dariusz       | 205 | PTT DELTA PŁOCK                        | M50-54   | 12 |                   | 00:22:42 | 01:09:48 | <b>01:33:52</b> | 214 | 00:12:11 | 00:21:52 | 01:36:16 | 02:21:17 | 03:17:28 | 04:29:12 | 05:14:02 |          | <b>06:44:41</b> | <b>202</b> | 00:07:27 | 00:41:18 | 01:09:15 | 01:3 |
| 176 | KRÓLCZYŃSKI Maciej   | 104 | KS WOLNI                               | M35-39   | 48 |                   | 00:19:55 | 01:03:43 | <b>01:26:16</b> | 173 | 00:03:28 | 00:18:41 | 01:18:46 | 01:56:49 | 02:44:39 | 03:51:45 | 04:35:11 | 05:27:48 | <b>05:57:33</b> | <b>107</b> | 00:04:20 | 00:46:32 | 01:17:52 | 01:5 |
| 177 | SUBKOWSKI Artur      | 17  |  | M40-44   | 47 |                   | 00:19:50 | 01:02:21 | <b>01:24:26</b> | 157 | 00:06:31 | 00:21:43 | 01:32:18 | 02:14:44 | 03:07:37 | 04:17:41 | 05:03:52 | 06:00:08 | <b>06:34:51</b> | <b>195</b> | 00:03:57 | 00:41:42 | 01:28:43 | 01:5 |
| 178 | JARMUŻEK Mikołaj     | 212 | QSG TEAM                               | M30-34   | 24 |                   | 00:20:25 | 01:06:18 | <b>01:30:33</b> | 194 | 00:05:43 | 00:18:44 | 01:20:54 | 01:59:50 | 02:47:24 | 03:54:43 | 04:37:17 | 05:33:46 | <b>06:06:19</b> | <b>129</b> | 00:05:39 | 00:56:54 | 01:30:49 | 02:0 |
| 179 | LIZIK Waldemar       | 24  | TRI POWER TEAM KONIN                   | M45-49   | 19 |                   | 00:19:30 | 01:01:21 | <b>01:23:16</b> | 151 | 00:05:31 | 00:21:24 | 01:31:10 | 02:15:27 | 03:10:25 | 04:27:57 | 05:19:04 | 06:20:02 | <b>06:54:59</b> | <b>215</b> | 00:03:59 | 00:42:52 | 01:13:03 | 01:4 |
| 180 | BRZESKI Marcin       | 131 | M & P                                  | M35-39   | 49 |                   | 00:28:40 | 01:32:18 | <b>02:05:40</b> | 255 | 00:10:26 | 00:19:43 | 01:26:31 | 02:07:28 | 02:56:42 | 04:03:28 | 04:45:33 | 05:40:24 | <b>06:12:00</b> | <b>148</b> | 00:06:10 | 00:39:20 | 01:09:41 | 01:3 |
| 181 | WIECZOREK Bartosz    | 109 |  | M30-34   | 25 |                   | 00:19:35 | 01:00:11 | <b>01:21:03</b> | 125 | 00:08:20 | 00:22:06 | 01:28:06 | 02:08:52 | 03:03:11 | 04:19:17 | 05:04:24 | 06:11:37 | <b>06:45:23</b> | <b>203</b> | 00:04:01 | 00:39:04 | 01:07:19 | 01:3 |
| 182 | PODKOWSKI Wojciech   | 127 | MORSY GDYŃSKIE , BIEGAMY RAZEM ,PL     | M50-54   | 13 |                   | 00:25:37 | 01:15:21 | <b>01:40:48</b> | 235 | 00:07:14 | 00:20:18 | 01:28:43 | 02:11:40 | 03:03:59 | 04:13:54 | 04:58:39 | 05:56:18 | <b>06:30:14</b> | <b>186</b> | 00:06:08 | 00:38:44 | 01:02:22 | 01:3 |
| 183 | SKRZYPCZAK Andrzej   | 85  | MOCZYDŁA TEAM                          | M45-49   | 20 |                   | 00:25:52 | 01:20:26 | <b>01:49:16</b> | 246 | 00:11:32 | 00:20:33 | 01:28:46 | 02:10:40 | 03:02:12 | 05:37:20 | 06:22:23 |          |                 |            | 00:38:31 | 01:05:30 | 01:3     |      |
| 184 | MUSZYŃSKI Roman      | 64  | YETITEAM                               | M40-44   | 48 |                   | 00:24:39 | 01:14:50 | <b>01:40:30</b> | 234 | 00:11:24 | 00:19:49 | 01:26:08 | 02:07:52 | 03:00:49 | 04:11:30 | 04:53:43 | 05:52:28 | <b>06:23:53</b> | <b>173</b> | 00:09:16 | 00:40:28 | 01:07:57 | 01:3 |
| 185 | PILARSKI Paweł       | 54  | DBK                                    | M40-44   | 49 |                   | 00:22:19 | 01:08:49 | <b>01:32:06</b> | 205 | 00:10:13 | 00:19:37 | 01:30:52 | 02:19:39 | 03:16:44 | 04:38:16 | 05:24:50 | 06:25:19 | <b>06:57:24</b> | <b>219</b> | 00:07:49 | 00:42:17 | 01:12:53 | 01:4 |
| 186 | TUREK Michał         | 44  | SMASHING PAPKINS/PO LASACH I ŁĄKACH... | M35-39   | 50 |                   | 00:22:40 | 01:10:27 | <b>01:34:55</b> | 222 | 00:08:41 | 00:22:09 | 01:30:03 | 02:14:29 | 03:07:43 | 04:14:01 | 04:55:16 | 05:49:42 | <b>06:18:20</b> | <b>161</b> | 00:04:36 | 00:44:02 | 01:14:18 | 01:4 |

|                                    |                        |     |                                   | Pływanie |    |          |          |                 | Rower |          |          |          |          |          |          |          |          |                 |            |          |          |          |      |
|------------------------------------|------------------------|-----|-----------------------------------|----------|----|----------|----------|-----------------|-------|----------|----------|----------|----------|----------|----------|----------|----------|-----------------|------------|----------|----------|----------|------|
| 187                                | LASSAK Bartosz         | 20  | TRISPACE                          | M40-44   | 50 | 00:21:10 | 01:05:56 | <b>01:29:00</b> | 189   | 00:06:26 | 00:20:40 | 01:27:52 | 02:09:41 | 03:02:00 | 04:21:30 | 05:31:55 | 06:29:35 | <b>07:02:08</b> | <b>225</b> | 00:04:22 | 00:41:38 | 01:09:05 | 01:3 |
| 188                                | KNEPKA Piotr           | 18  | ŚWIECIE                           | M25-29   | 20 | 00:21:47 | 01:08:55 | <b>01:34:00</b> | 215   | 00:08:02 | 00:21:23 | 01:31:54 | 02:16:01 | 03:13:31 | 04:26:48 | 05:13:43 | 06:15:18 | <b>06:48:29</b> | <b>206</b> | 00:03:25 | 00:42:03 | 01:09:51 | 01:3 |
| 189                                | PIEGDON Piotr          | 77  | LITWIN TRIATHLON TEAM             | M35-39   | 51 | 00:17:12 | 00:53:17 | <b>01:12:15</b> | 60    | 00:07:59 | 00:19:08 | 01:21:54 | 02:00:22 | 02:51:06 | 04:11:03 | 04:55:54 | 05:55:53 | <b>06:27:44</b> | <b>183</b> | 00:09:33 | 00:49:30 | 01:22:33 | 01:5 |
| 190                                | SUWART Monika I Marcin | 169 | JAK NIE MY TO KTO! CITYZEN POZNAŃ | M40-44   | 51 | 00:27:52 | 01:20:55 | <b>01:49:23</b> | 247   | 00:15:06 | 00:20:18 | 01:25:50 | 02:05:07 | 02:53:51 | 04:08:36 | 04:53:12 | 05:50:04 | <b>06:22:21</b> | <b>167</b> | 00:16:06 | 00:41:27 | 01:12:36 | 01:4 |
| 191                                | KOŚMIDER Bartosz       | 105 | DBK SZCZECIN                      | M40-44   | 52 | 00:21:25 | 01:06:46 | <b>01:30:42</b> | 196   | 00:07:13 | 00:21:31 | 01:35:19 | 02:24:08 | 03:21:22 | 04:42:46 | 05:30:09 | 06:29:45 | <b>07:01:50</b> | <b>224</b> | 00:07:48 | 00:42:17 | 01:13:12 | 01:4 |
| 192                                | KUCHARCZYK Kamil       | 112 | TRI NOT TO DIE                    | M30-34   | 26 | 00:24:22 | 01:16:13 | <b>01:42:45</b> | 243   | 00:08:39 | 00:22:59 | 01:33:42 | 02:16:53 | 03:14:33 | 04:35:21 | 05:25:31 | 06:30:04 | <b>07:03:55</b> | <b>226</b> | 00:05:06 | 00:43:55 | 01:13:21 | 01:4 |
| 193                                | KUŁAKOWSKI Mirosław    | 34  | METRIN NAMYSŁÓW                   | M55-59   | 4  | 00:22:04 | 01:10:10 | <b>01:39:12</b> | 233   | 00:11:32 | 00:21:42 | 01:32:56 | 02:15:47 | 03:12:15 | 04:27:21 | 05:15:13 | 06:15:33 | <b>06:50:40</b> | <b>209</b> | 00:03:36 | 00:53:01 | 01:26:22 | 01:5 |
| 194                                | WOŁOWSKI Lech          | 75  |                                   | M40-44   | 53 | 00:21:20 | 01:08:42 | <b>01:34:28</b> | 220   | 00:09:01 | 00:24:19 | 01:37:14 | 02:22:58 | 03:19:39 | 04:40:49 | 05:33:34 | 06:33:39 | <b>07:08:01</b> | <b>227</b> | 00:05:39 | 00:44:02 | 01:13:06 | 01:4 |
| 195                                | OPOZDA Krzysztof       | 74  | CM UMK                            | M50-54   | 14 | 00:20:07 | 01:00:16 | <b>01:21:00</b> | 124   | 00:10:42 | 00:21:47 | 01:31:17 | 02:15:28 | 03:13:51 | 04:28:59 | 05:17:28 | 06:14:00 | <b>06:46:58</b> | <b>205</b> | 00:10:05 | 00:50:19 | 01:22:57 | 01:5 |
| 196                                | POTOCZNY Łukasz        | 50  | EUFORABIEGACZATEAM                | M35-39   | 52 | 00:28:27 | 01:34:30 | <b>02:08:17</b> | 256   | 00:09:40 | 00:21:23 | 01:32:16 | 02:16:59 | 03:14:51 | 04:33:26 | 05:20:14 | 06:20:26 | <b>06:55:03</b> | <b>216</b> | 00:07:14 | 00:42:24 | 01:12:24 | 01:4 |
| 197                                | GOSTOMSKI Borys        | 59  | 40 LAT MINĘŁO                     | M40-44   | 54 | 00:23:11 | 01:11:59 | <b>01:38:10</b> | 230   | 00:06:48 | 00:20:25 | 01:28:36 | 02:15:17 | 03:06:37 | 04:17:33 | 05:00:07 | 05:56:59 | <b>06:28:02</b> | <b>184</b> | 00:04:24 | 00:53:45 | 01:29:01 | 02:0 |
| 198                                | MASŁOWSKI Michał       | 257 | NO LIMITS                         | M25-29   | 21 | 00:21:50 | 01:10:18 | <b>01:34:40</b> | 221   | 00:09:11 | 00:24:06 | 01:44:59 | 02:36:09 | 03:39:26 | 05:17:57 | 06:16:11 | 07:33:10 | <b>08:11:50</b> | <b>238</b> | 00:06:19 | 00:38:50 | 01:06:38 | 01:3 |
| 199                                | PRZYGODA Wojciech      | 194 |                                   | M45-49   | 21 | 00:21:51 | 01:07:42 | <b>01:31:06</b> | 199   | 00:08:19 | 00:21:17 | 01:30:36 | 02:12:46 | 03:08:32 | 04:29:05 | 05:17:44 | 06:23:05 | <b>06:59:31</b> | <b>223</b> | 00:07:16 | 00:47:08 | 01:26:50 | 02:0 |
| 199                                | KONIECZNY Karol        | 115 |                                   | M35-39   | 53 | 00:21:54 | 01:07:42 | <b>01:31:13</b> | 200   | 00:06:52 | 00:20:46 | 01:31:04 | 02:17:24 | 03:09:57 | 04:33:09 | 06:03:49 | 07:03:26 | <b>07:38:30</b> | <b>234</b> | 00:06:49 | 00:49:09 | 01:19:50 | 01:5 |
| 201                                | NOWAK Paweł            | 154 | KEPNET                            | M50-54   | 15 | 00:22:46 | 01:09:18 | <b>01:33:29</b> | 210   | 00:08:02 | 00:19:51 | 01:25:08 | 02:07:47 | 03:02:10 | 04:21:51 | 05:12:14 | 06:13:42 | <b>06:51:26</b> | <b>211</b> | 00:05:33 | 00:57:22 | 01:34:25 | 02:0 |
| 202                                | KOŚCIELAK Maciej       | 200 | ŻANDARMI Z BYDGOSZCZY             | M40-44   | 55 | 00:26:57 | 01:26:08 | <b>01:58:32</b> | 253   | 00:06:40 | 00:22:01 | 01:32:47 | 02:17:34 | 03:12:38 | 04:32:38 | 05:20:56 | 06:19:59 | <b>06:56:09</b> | <b>217</b> | 00:05:03 | 00:50:53 | 01:28:22 | 02:0 |
| Przekroczony limit czasu: 15:00:00 |                        |     |                                   |          |    |          |          |                 |       |          |          |          |          |          |          |          |          |                 |            |          |          |          |      |
| 203                                | WĘGRZYŃSKI Piotr       | 132 |                                   | M45-49   | 22 | 00:23:41 | 01:13:24 | <b>01:41:01</b> | 237   | 00:09:40 | 00:21:22 | 01:31:02 | 02:14:41 | 03:12:03 | 04:28:31 | 05:17:21 | 06:20:44 | <b>06:58:02</b> | <b>220</b> | 00:08:32 | 00:49:47 | 01:23:57 | 01:5 |
| 204                                | MIKOŁAJSKI Krzysztof   | 276 |                                   | M25-29   | 22 | 00:26:24 | 01:25:19 | <b>01:57:28</b> | 252   | 00:10:02 | 00:22:29 | 01:40:21 | 02:28:36 | 03:27:49 | 04:45:39 | 05:36:24 | 06:40:54 | <b>07:18:43</b> | <b>230</b> | 00:04:35 | 00:50:19 | 01:20:24 | 01:4 |
| 205                                | KUZIEMSKI Tomasz       | 62  | KS MARATON OSTROW WLKP            | M25-29   | 23 | 00:20:54 | 01:05:33 | <b>01:28:52</b> | 188   | 00:07:18 | 00:22:31 | 01:39:50 | 02:26:32 | 03:29:20 | 04:58:53 | 05:52:57 | 07:04:04 | <b>07:44:59</b> | <b>236</b> | 00:04:27 | 02:03:59 | 02:41:06 | 03:1 |
| 206                                | NOWAK Adam             | 37  | WUJEK PORADA                      | M45-49   | 23 | 00:23:54 | 01:15:40 | <b>01:41:10</b> | 238   | 00:08:07 | 00:25:11 | 01:49:52 | 02:46:38 | 04:08:45 | 06:03:29 | 07:01:51 |          | <b>08:28:45</b> | <b>239</b> | 00:08:09 | 00:55:04 | 01:30:28 | 02:0 |
| 207                                | CYBULSKI Konrad        | 152 | CELIRONMAN                        | M45-49   | 24 | 00:21:15 | 01:03:00 | <b>01:25:20</b> | 163   | 00:08:55 | 00:21:20 | 01:29:41 | 02:12:21 | 03:07:14 | 04:19:43 | 05:05:32 | 06:02:38 | <b>06:36:34</b> | <b>198</b> | 00:06:15 | 00:41:39 | 01:06:54 | 01:3 |
|                                    | SITEK Witold           | 232 |                                   | M60-64   |    | 00:26:58 | 01:26:39 | <b>01:58:54</b> | 254   | 00:07:21 | 00:19:27 | 01:25:47 | 02:05:34 | 02:55:54 | 04:12:50 | 04:57:00 | 05:58:47 | <b>06:31:47</b> | <b>190</b> | 00:06:35 | 00:54:41 | 01:23:52 | 02:0 |
|                                    | CHOMIK Rafał           | 241 | WAY 2 CHAMP                       | M40-44   |    | 00:16:10 | 00:49:52 | <b>01:07:05</b> | 30    | 00:02:35 | 00:16:23 | 01:09:22 | 01:42:26 | 02:23:40 | 03:20:02 | 03:53:54 | 04:36:08 | <b>05:00:30</b> | <b>8</b>   | 00:02:43 | 00:30:47 | 00:50:23 | 01:0 |
|                                    | BORCHMANN Szymon       | 259 | TRI-SEA WŁADYSŁAWOWO              | M35-39   |    | 00:20:34 | 01:05:09 | <b>01:29:20</b> | 191   | 00:11:14 | 00:20:29 | 01:30:53 | 02:14:41 | 03:10:15 | 04:23:32 | 05:08:22 | 06:05:57 | <b>06:39:20</b> | <b>200</b> | 00:04:24 | 00:47:00 | 01:20:19 | 01:5 |
|                                    | KOZŁOWSKI Wojtek       | 11  | K.T.O. Z KRAKOWA                  | M50-54   |    | 00:18:10 | 00:54:56 | <b>01:12:39</b> | 63    | 00:11:24 | 00:19:20 | 01:25:23 | 02:03:28 | 02:50:08 | 03:57:04 | 04:38:44 | 05:34:40 | <b>06:05:17</b> | <b>128</b> | 00:04:42 | 00:56:23 | 01:42:09 | 02:2 |
|                                    | WAWRESZUK Jan          | 281 | YANOPTIMAL                        | M18-24   |    | 00:19:48 | 01:00:28 | <b>01:21:34</b> | 136   | 00:14:54 | 00:22:50 | 01:36:14 | 02:24:36 | 03:29:31 | 04:58:39 | 05:44:27 |          |                 |            |          | 00:49:48 | 01:18:29 |      |
|                                    | GOZDALSKI Jarosław     | 10  | WITKOWO BIEGA                     | M45-49   |    | 00:17:47 | 00:55:20 | <b>01:14:19</b> | 73    | 00:03:31 | 00:19:58 | 01:20:01 | 01:56:27 | 02:40:54 | 03:40:05 | 04:17:26 | 05:04:19 | <b>05:32:40</b> | <b>45</b>  | 00:02:35 | 00:35:15 |          |      |
|                                    | KARCZEWSKI Adrian      | 263 | CB163                             | M30-34   |    | 00:20:09 | 01:03:23 | <b>01:25:33</b> | 164   | 00:05:00 | 00:19:20 | 01:18:51 | 01:55:20 | 02:40:44 | 03:42:43 | 04:22:32 | 05:14:00 | <b>05:44:05</b> | <b>80</b>  | 00:02:43 | 00:45:41 |          |      |
|                                    | KRAWISZ Maciej         | 7   | LP500                             | M40-44   |    | 00:22:30 | 01:14:31 | <b>01:41:48</b> | 241   | 00:05:59 | 00:19:27 | 01:26:55 | 02:07:25 | 02:57:25 | 04:04:21 | 04:47:32 | 05:42:29 | <b>06:14:32</b> | <b>152</b> | 00:03:24 | 00:50:33 |          |      |
|                                    | BUCZEK Jakub           | 196 |                                   | M30-34   |    | 00:17:59 | 00:55:54 | <b>01:14:56</b> | 85    | 00:05:30 | 00:18:03 | 01:18:39 | 01:55:45 | 02:41:39 | 03:45:44 | 04:26:26 | 05:18:08 | <b>05:47:27</b> | <b>88</b>  | 00:02:35 |          |          |      |
|                                    | URBAŚ Tomasz           | 45  |                                   | M40-44   |    | 00:17:09 | 00:55:04 | <b>01:15:26</b> | 86    | 00:04:44 | 00:19:02 | 01:22:27 | 02:01:47 | 02:50:48 | 03:57:07 | 04:38:31 | 05:29:36 | <b>05:59:40</b> | <b>114</b> | 00:04:37 |          |          |      |
|                                    | ADAMIK Wiktor          | 250 | ADAMIK MY WAY                     | M45-49   |    | 00:17:46 | 00:55:14 | <b>01:14:49</b> | 81    | 00:04:11 | 00:19:03 | 01:20:14 | 01:57:51 | 04:09:31 | 05:22:12 | 06:06:54 |          |                 |            |          |          |          |      |
|                                    | SZULC Wojtek           | 277 | KOCHAM DARIE                      | M50-54   |    | 00:21:16 | 01:05:23 | <b>01:28:44</b> | 184   | 00:05:27 | 00:18:11 | 01:18:50 | 01:57:03 | 02:43:54 | 03:49:59 | 04:31:43 | 05:26:57 | <b>05:59:06</b> | <b>113</b> | 00:09:56 |          |          |      |
|                                    | AUGUŚCIK Mariusz       | 89  |                                   | M55-59   |    | 00:23:09 | 01:12:17 | <b>01:38:49</b> | 232   | 00:08:00 | 00:19:41 | 01:23:33 | 02:04:31 | 02:55:16 | 04:05:07 | 04:50:53 | 05:47:08 | <b>06:20:30</b> | <b>164</b> |          |          |          |      |
|                                    | LUDEK Tomasz           | 55  | DASH DIGITAL CASH                 | M30-34   |    | 00:19:34 | 01:00:14 | <b>01:21:35</b> | 137   | 00:04:50 | 00:18:48 | 01:21:23 | 02:00:15 | 02:48:00 | 03:52:24 | 04:32:11 |          |                 |            |          |          |          |      |
|                                    | ŻABA Marek             | 280 | TRIATHLON - X- TEAM               | M30-34   |    | 00:17:49 | 00:54:45 | <b>01:12:57</b> | 65    | 00:04:45 | 00:17:44 | 01:16:04 | 01:52:34 | 02:37:28 | 03:39:15 | 04:17:58 | 05:06:06 | <b>05:35:16</b> | <b>56</b>  | 00:03:08 |          |          |      |
|                                    | ŁOŚ Stawomir           | 187 |                                   | M45-49   |    | 00:20:46 | 01:03:21 | <b>01:24:32</b> | 158   | 00:08:34 | 00:22:05 | 01:34:32 | 02:20:13 | 03:15:42 | 04:32:49 | 05:24:59 |          |                 |            |          |          |          |      |
|                                    | DYKSZAK Filip          | 83  | IRONDRAGON TRIATHLON              | M35-39   |    | 00:19:10 | 00:59:39 | <b>01:20:23</b> | 120   | 00:03:26 | 00:18:13 | 01:16:22 | 01:52:34 | 02:38:18 | 03:41:30 | 04:24:25 | 05:20:13 | <b>05:52:52</b> | <b>96</b>  | 00:03:32 |          |          |      |
|                                    | HIRT Tomasz            | 111 | CB 163                            | M35-39   |    | 00:17:42 | 00:55:00 | <b>01:14:28</b> | 75    | 00:04:01 | 00:19:03 | 01:22:22 | 02:01:51 | 02:50:57 | 04:00:45 | 04:46:17 | 05:42:29 | <b>06:17:08</b> | <b>157</b> | 00:04:40 |          |          |      |
|                                    | KRAWENDA Robert        | 147 |                                   | M25-29   |    | 00:19:13 | 01:01:01 | <b>01:22:42</b> | 147   | 00:04:10 | 00:16:52 | 01:12:01 | 01:47:05 | 02:31:44 | 03:31:48 | 04:10:44 | 04:59:57 | <b>05:31:56</b> | <b>44</b>  |          |          |          |      |
|                                    | KOWALSKI Jacek         | 278 |                                   | M40-44   |    | 00:20:51 | 01:03:42 | <b>01:27:04</b> | 178   | 00:07:13 | 00:19:22 | 01:23:52 | 02:04:58 | 02:57:23 | 04:14:49 | 05:01:34 | 06:08:35 | <b>06:56:21</b> | <b>218</b> |          |          |          |      |
|                                    | SWEDROWSKI Sylwester   | 265 | MKL MARATON ŚWINOUJŚCIE           | M35-39   |    | 00:23:43 | 01:17:57 | <b>01:50:26</b> | 248   | 00:06:02 | 00:21:35 | 01:29:40 | 02:12:51 | 03:07:09 | 04:25:08 | 05:14:03 | 06:15:46 | <b>06:53:10</b> | <b>213</b> |          |          |          |      |
|                                    | WOJCIECHOWSKI Adam     | 14  |                                   | M45-49   |    | 00:23:11 | 01:15:14 | <b>01:43:23</b> | 244   | 00:08:03 | 00:20:51 | 01:30:31 | 02:14:46 | 03:09:29 | 04:31:49 | 05:34:20 | 06:54:29 | <b>07:31:25</b> | <b>232</b> |          |          |          |      |
|                                    | RUDOL Sebastian        | 23  |                                   | M40-44   |    | 00:22:33 | 01:09:38 | <b>01:34:25</b> | 219   | 00:09:13 | 00:20:28 | 01:33:32 | 02:19:13 | 03:17:20 | 04:54:14 | 05:42:11 | 06:50:25 | <b>07:39:31</b> | <b>235</b> |          |          |          |      |

|                         |            |                         |        | Pływanie |          |                 |     | Rower    |          |          |          |          |          |          |  |  |
|-------------------------|------------|-------------------------|--------|----------|----------|-----------------|-----|----------|----------|----------|----------|----------|----------|----------|--|--|
| <b>ROTMAŃSKI Piotr</b>  | <b>72</b>  | AIR INNOVATIONS         | M35-39 | 00:20:20 | 01:01:25 | <b>01:23:09</b> | 149 | 00:03:33 | 00:20:02 | 01:23:50 | 02:03:23 | 02:52:38 | 04:01:50 | 04:46:04 |  |  |
| <b>BANACH Bartosz</b>   | <b>221</b> | TORUS - APREKAGEMINI.PL | M30-34 | 00:13:48 | 00:42:36 | <b>00:56:58</b> | 5   | 00:02:14 | 00:15:01 | 01:04:32 | 01:35:02 | 02:11:13 | 03:00:44 |          |  |  |
| <b>CIEŻKI Maciej</b>    | <b>53</b>  |                         | M40-44 | 00:20:18 | 01:05:13 | <b>01:28:48</b> | 186 | 00:07:02 | 00:18:33 | 01:23:07 | 02:02:18 | 02:52:41 |          |          |  |  |
| <b>GĘBCZYŃSKI Paweł</b> | <b>118</b> |                         | M35-39 | 00:23:39 | 01:16:55 | <b>01:44:08</b> | 245 | 00:05:42 | 00:19:55 | 01:31:18 | 02:15:55 | 03:10:47 |          |          |  |  |
| <b>BUŁEĆKA Paweł</b>    | <b>47</b>  | RAJSPOORT ACTIVE        | M30-34 | 00:20:04 | 01:05:19 |                 |     |          |          |          |          |          |          |          |  |  |

Znaleziono 235 wynik(ów)