



# OCEAN LAVA TRIATHLON POLSKA 2018 - DYSTANS PEŁNY 140.6

B4SPORT  
INTELEKTNE ZAWODY SPORTOWE

**Wydarzenie:** Ocean Lava Triathlon Polska 2018  
**Organizator:** Towarzystwo Sportowe TRI-SPORT  
**Data:** 2018-08-19  
**Miejsce:** Bydgoszcz  
**Dystans:** 226 km

**B4SPORT**  
INTELEKTNE ZAWODY SPORTOWE

Klasyfikacja: Mężczyźni

Punkt pomiarowy: 85,3 km

Msc	Zawodnik	Numer	Klub	Kategoria	Drużyna	Pływanie				TI	Rower			Bieg
						P_Borowno 0.95km	P_Borowno 2.85km	R_Borowno 3.8km	Poz		R_Kotomierz 9km	R_Pauliny 42.2km	R_Lidl 63km	
1	<b>LUFT Mikołaj</b>	<b>2</b>	LUFT TRI TEAM	M30-34		00:12:23	00:38:00	<b>00:51:04</b>	1	00:01:41	00:15:09	01:04:38	01:35:30	
2	<b>CHMURA Maciej</b>	<b>1</b>	GVT BMC - AZS AWF KATOWICE	M30-34	GVT BMC	00:12:23	00:38:07	<b>00:51:17</b>	2	00:01:54	00:15:23	01:07:16	01:40:53	
3	<b>AUGUSTYNIAK Krzysztof</b>	<b>188</b>	MKS PŁETVAL POLKOWICE	M35-39		00:12:58	00:40:27	<b>00:54:16</b>	3	00:02:22	00:15:30	01:05:40	01:37:30	
	<b>BANACH Bartosz</b>	<b>221</b>	TORUS - APREKAGEMINI.PL	M30-34		00:13:48	00:42:36	<b>00:56:58</b>	5	00:02:14	00:15:01	01:04:32	01:35:02	
5	<b>MARKOWSKI Marek</b>	<b>267</b>	LABOSPORT TEAM / ULTIMATE PETARDA SQUAD	M40-44		00:13:51	00:42:37	<b>00:57:04</b>	6	00:03:04	00:16:15	01:09:26	01:42:27	
6	<b>WNEK Jarosław</b>	<b>217</b>	KUPSOSE.PL	M30-34		00:14:45	00:45:54	<b>01:01:34</b>	8	00:03:20	00:16:22	01:10:21	01:43:03	
7	<b>HOLUB Michal</b>	<b>287</b>	TRIATLON TEAM DOLNY KUBIN	M30-34		00:15:16	00:46:43	<b>01:02:51</b>	12	00:02:53	00:16:31	01:09:52	01:43:01	
8	<b>MŁODZIKOWSKI Paweł</b>	<b>137</b>	KB V-MAX ADAMÓW	M30-34	KB V-Max Adamów	00:15:37	00:47:57	<b>01:04:29</b>	17	00:02:43	00:16:33	01:09:32	01:42:51	
	<b>CHOMIK Rafał</b>	<b>241</b>	WAY 2 CHAMP	M40-44		00:16:10	00:49:52	<b>01:07:05</b>	30	00:02:35	00:16:23	01:09:22	01:42:26	
10	<b>KOWALCZYK Marek</b>	<b>253</b>	BRZOZA BIEGA	M40-44		00:15:40	00:48:23	<b>01:04:59</b>	21	00:02:38	00:16:36	01:11:35	01:45:18	
11	<b>HOPPE Mateusz</b>	<b>235</b>	SKŻ SOPOT	M25-29		00:15:57	00:48:59	<b>01:06:06</b>	26	00:02:43	00:16:26	01:10:44	01:44:13	
12	<b>KULESZA Jakub</b>	<b>246</b>	TRIATHLON CLUB WROCŁAW	M35-39		00:15:18	00:46:43	<b>01:02:28</b>	10	00:03:26	00:17:17	01:12:19	01:46:49	
13	<b>TARGONI Paweł</b>	<b>144</b>		M40-44		00:15:36	00:48:36	<b>01:05:44</b>	25	00:02:55	00:17:43	01:13:25	01:47:21	
14	<b>BŁACHOWIAK Jakub</b>	<b>191</b>	STREFASPORTU.PL MW INVEST	M25-29		00:16:49	00:50:37	<b>01:07:56</b>	37	00:02:33	00:16:40	01:11:39	01:45:38	
15	<b>STACHURA Mateusz</b>	<b>42</b>		M25-29		00:15:55	00:50:15	<b>01:07:31</b>	34	00:02:30	00:17:05	01:12:05	01:45:23	
16	<b>PYKA Marek</b>	<b>256</b>	CHOP ZE ŻELAZA TRI TEAM	M40-44		00:15:58	00:48:26	<b>01:05:12</b>	23	00:03:02	00:17:03	01:11:52	01:47:01	
17	<b>WRÓŃSKI Tomasz</b>	<b>60</b>		M35-39		00:14:44	00:45:13	<b>01:00:49</b>	7	00:03:18	00:17:48	01:15:22	01:51:10	
18	<b>KLUPCZYŃSKI Piotr</b>	<b>260</b>	BE3 CITYZEN	M25-29		00:15:33	00:48:22	<b>01:05:14</b>	24	00:02:49	00:17:39	01:13:40	01:48:27	
19	<b>MICHALEWSKI Dariusz</b>	<b>110</b>	TRIATHLON GOGOLIN	M35-39		00:14:36	00:46:38	<b>01:02:44</b>	11	00:03:02	00:17:29	01:14:08	01:49:13	
20	<b>KOŁODZIEJ Sebastian</b>	<b>120</b>	LABOSPORT TEAM	M35-39		00:16:41	00:50:34	<b>01:07:35</b>	35	00:02:45	00:17:14	01:12:48	01:47:31	
21	<b>KWIECIEŃ Krystian</b>	<b>185</b>	ANIMALS.PL/UKS OŻAROWICE/4K KWIECIEŃ	M35-39		00:16:26	00:50:01	<b>01:07:14</b>	32	00:02:45	00:17:14	01:13:11	01:47:54	

					Pływanie				T1	Rower			Bieg	
22	<b>KAŹMIERCZAK Łukasz</b>	<b>204</b>	LUKS DWÓJKA DANIELO SPORTSWEAR STRYKÓW	M35-39	00:16:41	00:52:16	<b>01:11:03</b>	55	00:03:17	00:17:14	01:11:36	01:45:09		
23	<b>LEWANDOWSKI Damian</b>	<b>213</b>	PTT DELTA	M40-44	00:15:31	00:48:21	<b>01:04:51</b>	19	00:03:45	00:17:18	01:14:06	01:49:40		
24	<b>SZYSZKA Łukasz</b>	<b>286</b>	DRUŻYNA TVN	M25-29	00:15:27	00:48:00	<b>01:04:27</b>	16	00:02:36	00:18:18	01:17:15	01:53:06		
25	<b>LESZCZEWICZ Waldemar</b>	<b>288</b>	KUŹNIA TRIATHLONU	M40-44	00:16:20	00:50:18	<b>01:07:27</b>	33	00:02:30	00:17:29	01:14:33	01:50:15		
26	<b>SIWIRSKI Robert</b>	<b>285</b>	WTT / WMT	M40-44	00:17:46	00:55:02	<b>01:13:47</b>	69	00:03:04	00:16:29	01:10:34	01:44:44		
27	<b>JURKIEWICZ Mariusz</b>	<b>71</b>		M35-39	00:17:47	00:56:05	<b>01:16:03</b>	91	00:03:43	00:16:52	01:10:14	01:43:08		
28	<b>GRYCZ Kamil</b>	<b>146</b>	UNDEREQUATOR.COM	M25-29	00:16:20	00:50:45	<b>01:08:05</b>	38	00:03:21	00:18:08	01:16:10	01:50:42		
29	<b>KOZAR Karol</b>	<b>65</b>	POLISH TRIATHLETES IN UK	M35-39	00:16:30	00:51:18	<b>01:09:17</b>	47	00:03:16	00:18:09	01:15:38	01:50:02		
30	<b>WACHOWSKI Błażej</b>	<b>162</b>	WARTA POZNAŃ	M35-39	00:13:56	00:42:35	<b>00:56:53</b>	4	00:03:04	00:19:20	01:21:08	01:59:13		
31	<b>WEGLIŃSKI Sebastian</b>	<b>93</b>	KS BARAKUDA MIŃSK MAZ	M35-39	00:16:19	00:52:23	<b>01:10:45</b>	50	00:03:50	00:17:19	01:13:10	01:47:58		
32	<b>PIOTROWSKI Artur</b>	<b>234</b>	TRIATHLON SEDLCE CLUB	M40-44	KB V-Max Adamów	00:15:13	00:48:19	<b>01:04:58</b>	20	00:03:02	00:17:56	01:17:02	01:53:37	
33	<b>WIĘCKOWSKI Dariusz</b>	<b>66</b>	AMS TRIATHLON	M35-39	AMS	00:15:40	00:47:12	<b>01:03:15</b>	13	00:04:54	00:18:06	01:18:11	01:54:21	
34	<b>WILIŃSKI Tomasz</b>	<b>121</b>	LABOSPORT TEAM	M40-44		00:17:49	00:55:06	<b>01:14:37</b>	76	00:04:15	00:17:09	01:12:00	01:46:00	
35	<b>KÜBLER Remigiusz</b>	<b>46</b>	TORUŃSKI KLUB TRIATHLONOWY	M25-29		00:16:45	00:50:48	<b>01:08:17</b>	40	00:03:31	00:18:14	01:16:09	01:51:08	
36	<b>POCENTEK Krzysztof Robert</b>	<b>236</b>	TRIATHLON RAWA MAZOWIECKA	M40-44		00:16:15	00:50:06	<b>01:07:44</b>	36	00:03:31	00:18:10	01:16:51	01:52:57	
37	<b>WALCZAK Robert</b>	<b>67</b>	PARKRUN POZNAŃ	M35-39	parkrun Poznań	00:14:52	00:46:20	<b>01:02:12</b>	9	00:03:44	00:17:40	01:18:57	01:56:07	
38	<b>ŁODA Piotr</b>	<b>209</b>		M35-39		00:16:17	00:49:49	<b>01:06:47</b>	28	00:05:28	00:18:22	01:15:55	01:52:04	
39	<b>KOCHANOWSKI Dariusz</b>	<b>158</b>	TRI LEVEL	M40-44		00:16:55	00:51:34	<b>01:08:59</b>	43	00:03:27	00:18:14	01:15:39	01:51:54	
40	<b>KITA Tomek</b>	<b>247</b>	SPECSHOP TEAM	M35-39		00:16:13	00:50:50	<b>01:09:08</b>	44	00:02:58	00:18:27	01:16:20	01:52:16	
41	<b>HAWROT Sylwester</b>	<b>135</b>	NTS NEXELOCROWN GOLENIÓW	M50-54		00:15:59	00:48:14	<b>01:05:04</b>	22	00:04:13	00:19:15	01:19:06	01:55:07	
42	<b>POKORSKI Marek</b>	<b>245</b>	IMPAQ	M45-49		00:17:51	00:54:46	<b>01:13:05</b>	66	00:04:08	00:17:26	01:14:39	01:49:20	
43	<b>ANDRZEJCZYK Sebastian</b>	<b>262</b>	NEON	M45-49		00:16:37	00:51:07	<b>01:09:13</b>	46	00:02:53	00:18:18	01:17:21	01:54:20	
44	<b>ŁĄTKOWSKI Sławek</b>	<b>52</b>	ORKAMASTERS IŁAWA	M40-44		00:16:33	00:52:34	<b>01:11:27</b>	57	00:04:12	00:17:17	01:15:45	01:52:44	
45	<b>FILIPOWSKI Zdzisław</b>	<b>171</b>	KS CELIRONMAN	M45-49		00:16:42	00:51:59	<b>01:10:03</b>	49	00:03:30	00:18:35	01:18:30	01:55:38	
46	<b>SZNAJDER Mariusz</b>	<b>57</b>		M35-39		00:16:25	00:52:16	<b>01:10:52</b>	51	00:03:55	00:18:21	01:17:50	01:54:22	
47	<b>TERPIŁOWSKI Michał</b>	<b>29</b>		M25-29		00:16:38	00:53:21	<b>01:12:20</b>	61	00:03:21	00:17:52	01:17:01	01:53:52	
48	<b>FLORKIEWICZ Jacek</b>	<b>243</b>		M40-44		00:16:56	00:52:20	<b>01:11:02</b>	54	00:03:20	00:19:40	01:19:43	01:55:53	
49	<b>MESSYASZ Krzysztof</b>	<b>100</b>	BIMARKO&WELDA TEAM	M35-39		00:18:15	00:56:27	<b>01:16:37</b>	94	00:02:58	00:17:47	01:15:48	01:51:08	
	<b>ŻABA Marek</b>	<b>280</b>	TRIATHLON - X- TEAM	M30-34		00:17:49	00:54:45	<b>01:12:57</b>	65	00:04:45	00:17:44	01:16:04	01:52:34	

				Pływanie				T1	Rower			T2	Bieg
51	<b>SEREDYŃSKI Przemysław</b>	<b>153</b>		M35-39	00:16:07	00:50:32	<b>01:08:40</b>	41	00:03:43	00:18:32	01:19:20	01:56:50	
52	<b>SCHEPPLER Patryk</b>	<b>201</b>	SEKCJA TRIATHLONU AKADEMII WOJSK LĄDOWYCH	M18-24	00:16:01	00:51:26	<b>01:09:11</b>	45	00:03:38	00:18:54	01:19:16	01:56:52	
53	<b>BUCHALIK Arkadiusz</b>	<b>40</b>		M45-49	00:18:25	00:54:31	<b>01:12:51</b>	64	00:03:55	00:18:20	01:18:42	01:55:49	
54	<b>BIERNACKI Łukasz</b>	<b>195</b>	VICTUS REBKOW	M30-34	00:15:19	00:49:21	<b>01:07:12</b>	31	00:05:27	00:18:17	01:20:17	01:58:34	
55	<b>RASZTAWICKI Dariusz</b>	<b>58</b>	KUŹNIA TRIATHLONU	M35-39	00:15:55	00:52:13	<b>01:11:37</b>	58	00:03:37	00:18:11	01:18:44	01:56:09	
	<b>KRAWENDA Robert</b>	<b>147</b>		M25-29	00:19:13	01:01:01	<b>01:22:42</b>	147	00:04:10	00:16:52	01:12:01	01:47:05	
57	<b>WÓJCIK Mirosław</b>	<b>97</b>	TIME4RUNING	M50-54	00:18:21	00:56:21	<b>01:16:07</b>	92	00:05:07	00:18:13	01:17:02	01:53:00	
58	<b>FOREMSKI Sławomir</b>	<b>151</b>	TORUŃSKI KLUB TRIATHLONOWY	M50-54	00:19:26	00:59:09	<b>01:19:31</b>	108	00:03:00	00:17:48	01:15:29	01:51:51	
	<b>GOZDALSKI Jarosław</b>	<b>10</b>	WITKOWO BIEGA	M45-49	00:17:47	00:55:20	<b>01:14:19</b>	73	00:03:31	00:19:58	01:20:01	01:56:27	
60	<b>SZYMKOWIAK Norbert</b>	<b>268</b>		M18-24	00:19:05	00:59:53	<b>01:21:17</b>	132	00:04:25	00:17:30	01:13:57	01:49:53	
61	<b>GÓRZYŃSKI Tomasz</b>	<b>148</b>	TORUŃSKI KLUB TRIATHLONOWY	M40-44	00:17:44	00:54:28	<b>01:13:08</b>	67	00:07:04	00:18:41	01:17:59	01:54:09	
62	<b>KUBIAK Bartłomiej</b>	<b>141</b>	DOBRCZ BIEGA	M30-34	00:17:10	00:53:15	<b>01:12:29</b>	62	00:05:02	00:19:05	01:19:37	01:57:00	
63	<b>JARMOSZEWICZ Łukasz</b>	<b>80</b>	TORUŃSKI KLUB TRIATHLONOWY	M45-49	00:18:51	00:57:59	<b>01:18:21</b>	100	00:04:39	00:17:58	01:16:37	01:52:40	
64	<b>MARTYNOWSKI Łukasz</b>	<b>227</b>		M35-39	00:16:22	00:52:24	<b>01:11:12</b>	56	00:03:21	00:18:50	01:19:30	01:57:59	
65	<b>JANISZEWSKI Artur</b>	<b>266</b>		M35-39	00:18:31	00:55:57	<b>01:14:55</b>	83	00:05:40	00:18:29	01:18:48	01:55:59	
	<b>DYKSZAK Filip</b>	<b>83</b>	IRONDRAGON TRIATHLON	M35-39	00:19:10	00:59:39	<b>01:20:23</b>	120	00:03:26	00:18:13	01:16:22	01:52:34	
67	<b>WIĘDŁOCHA Jan</b>	<b>199</b>		M40-44	00:18:01	00:55:11	<b>01:13:56</b>	70	00:05:42	00:18:43	01:19:11	01:56:44	
68	<b>SZCZYRBOWSKI Michał</b>	<b>30</b>	TURBOKILLA	M35-39	00:18:11	00:56:00	<b>01:14:54</b>	82	00:04:33	00:18:22	01:18:56	01:56:38	
	<b>BUCZEK Jakub</b>	<b>196</b>		M30-34	00:17:59	00:55:54	<b>01:14:56</b>	85	00:05:30	00:18:03	01:18:39	01:55:45	
70	<b>SIERADZAN Przemysław</b>	<b>230</b>	TS AKWEDUKT	M40-44	00:17:38	00:53:04	<b>01:10:58</b>	53	00:05:26	00:19:07	01:21:25	01:59:31	
71	<b>CHAŁUPKA Paweł</b>	<b>224</b>		M35-39	00:19:42	00:58:06	<b>01:17:47</b>	97	00:04:18	00:18:21	01:18:19	01:54:07	
72	<b>LASSOTA Artur</b>	<b>101</b>		M45-49	00:18:53	00:57:24	<b>01:18:24</b>	102	00:05:32	00:17:58	01:15:39	01:51:42	
73	<b>SZYDŁOWSKI Marek</b>	<b>61</b>	PARKRUN POZNAŃ	M35-39	00:16:06	00:49:39	<b>01:06:50</b>	29	00:04:32	00:19:19	01:24:12	02:04:08	
74	<b>KIRCHYK Serhii</b>	<b>222</b>	KREMENTRI	M30-34	00:16:21	00:50:30	<b>01:08:07</b>	39	00:05:58	00:18:54	01:19:32	01:59:45	
75	<b>GAJEWSKI Sebastian</b>	<b>125</b>	TRINERGY	M35-39	00:16:34	00:51:59	<b>01:09:58</b>	48	00:03:39	00:19:42	01:23:27	02:02:21	
76	<b>ŁUCYSZYN Robert</b>	<b>13</b>		M40-44	00:17:19	00:52:27	<b>01:10:57</b>	52	00:07:36	00:18:52	01:19:02	01:56:32	
77	<b>KRZYSZTOFIK Kacper</b>	<b>274</b>	TRI AKTYWNY PIOTRKÓW	M40-44	00:19:24	00:59:43	<b>01:20:18</b>	118	00:04:05	00:18:15	01:18:31	01:55:14	

					Pływanie				TR	Rower			Bieg	
78	<b>POCHYLSKI Przemysław</b>	<b>145</b>	ZGRUPKA TEAM	M40-44	00:18:06	00:56:16	<b>01:15:49</b>	89	00:03:26	00:18:14	01:18:59	01:57:29		
79	<b>PIEKARSKI Marek</b>	<b>36</b>	SOLANO	M45-49	00:18:08	00:56:30	<b>01:16:38</b>	95	00:04:34	00:19:06	01:20:47	01:58:04		
80	<b>KARAŚ Michał</b>	<b>149</b>	OLEŚNICKA GRUPA TRIATHLONOWA	M30-34	00:19:27	00:59:32	<b>01:19:22</b>	105	00:04:41	00:18:30	01:19:24	01:56:00		
81	<b>MACIUSZEK Łukasz</b>	<b>84</b>	BBL OPOLE	M30-34	00:19:22	00:59:48	<b>01:19:57</b>	115	00:05:10	00:18:01	01:18:19	01:55:04		
82	<b>ŻWIRSKI Marcin</b>	<b>279</b>		M25-29	00:20:06	00:59:17	<b>01:19:34</b>	110	00:05:56	00:18:16	01:17:27	01:54:46		
83	<b>JEREMICZ Marcin</b>	<b>102</b>	SZTAFETA NADZIEI	M35-39	00:19:17	00:57:39	<b>01:17:39</b>	96	00:03:08	00:18:29	01:19:29	01:57:54		
84	<b>PIETRZAK Romek</b>	<b>139</b>	CENTRUM ROWEROWE DSR TEAM	M55-59	00:18:54	00:57:30	<b>01:18:39</b>	103	00:04:48	00:18:31	01:18:30	01:55:50		
85	<b>WEJKUĆ Grzegorz</b>	<b>210</b>		M40-44	00:18:39	00:57:46	<b>01:18:23</b>	101	00:05:00	00:18:37	01:19:18	01:56:26		
86	<b>KŁOS Marcin</b>	<b>157</b>		M35-39	00:18:33	00:55:49	<b>01:14:56</b>	84	00:05:29	00:18:50	01:21:40	01:59:36		
87	<b>SOBCZAK Marcin</b>	<b>21</b>	TRISPACE	M40-44	00:17:46	00:53:31	<b>01:12:11</b>	59	00:05:27	00:19:37	01:22:57	02:02:06		
88	<b>CHORAŹIAK Witold</b>	<b>261</b>	CELIRONMAN	M50-54	00:18:48	00:58:48	<b>01:20:20</b>	119	00:03:47	00:17:52	01:18:10	01:56:21		
89	<b>SZELIŃSKI Adam</b>	<b>122</b>	OPP SZCZECIN	M45-49	00:19:24	00:59:22	<b>01:19:35</b>	111	00:03:27	00:18:41	01:20:36	01:58:53		
90	<b>KALIN Władysław</b>	<b>229</b>		M35-39	00:17:05	00:56:08	<b>01:16:28</b>	93	00:05:07	00:19:27	01:20:36	01:59:11		
91	<b>ŁAZ Kamil</b>	<b>8</b>	RUN BYDGOSZCZ	M35-39	00:17:50	00:55:31	<b>01:14:47</b>	80	00:04:38	00:19:55	01:23:43	02:02:07		
	<b>HIRT Tomasz</b>	<b>111</b>	CB 163	M35-39	00:17:42	00:55:00	<b>01:14:28</b>	75	00:04:01	00:19:03	01:22:22	02:01:51		
93	<b>WRÓBEL Darek</b>	<b>159</b>		M40-44	00:19:59	01:02:57	<b>01:25:46</b>	170	00:04:17	00:18:19	01:17:12	01:54:02		
94	<b>GACKA Rafał</b>	<b>208</b>	LUPUS TEAM	M40-44	00:20:11	01:04:12	<b>01:27:08</b>	180	00:03:21	00:17:51	01:16:13	01:52:44		
95	<b>TALAREK Arkadiusz</b>	<b>258</b>	TRIATHLONCONSULTING	M40-44	00:19:21	00:59:22	<b>01:19:31</b>	109	00:04:09	00:18:56	01:20:54	01:59:05		
96	<b>PIEGDOŃ Piotr</b>	<b>77</b>	LITWIN TRIATHLON TEAM	M35-39	00:17:12	00:53:17	<b>01:12:15</b>	60	00:07:59	00:19:08	01:21:54	02:00:22		
97	<b>HALAGARDA Krzysztof</b>	<b>231</b>	PDK	M30-34	00:19:22	01:00:15	<b>01:21:37</b>	138	00:06:03	00:18:40	01:20:03	01:57:09		
	<b>URBAŚ Tomasz</b>	<b>45</b>		M40-44	00:17:09	00:55:04	<b>01:15:26</b>	86	00:04:44	00:19:02	01:22:27	02:01:47		
99	<b>MAZANKA Jakub</b>	<b>86</b>		M40-44	00:19:37	00:59:24	<b>01:19:25</b>	106	00:04:00	00:18:53	01:21:02	01:59:51		
	<b>KARCZEWSKI Adrian</b>	<b>263</b>	CB163	M30-34	00:20:09	01:03:23	<b>01:25:33</b>	164	00:05:00	00:19:20	01:18:51	01:55:20		
101	<b>DARMETKO Rafał</b>	<b>272</b>		M30-34	00:19:28	01:00:48	<b>01:21:57</b>	143	00:04:26	00:18:56	01:20:17	01:58:19		
102	<b>KOCIEL Jarosław</b>	<b>38</b>	JAREK Z BYTOMIA	M45-49	00:18:07	00:55:52	<b>01:15:34</b>	88	00:07:21	00:19:10	01:21:35	02:01:16		
103	<b>BOROWIK Marcin</b>	<b>119</b>		M35-39	00:19:20	01:00:17	<b>01:21:38</b>	139	00:04:17	00:18:56	01:20:38	01:59:04		
104	<b>FOGT Maciej</b>	<b>6</b>	CB163	M35-39	00:19:56	01:02:32	<b>01:25:40</b>	165	00:04:39	00:18:23	01:18:36	01:55:25		
105	<b>ANDREEV Evgenii</b>	<b>168</b>		M25-29	00:18:52	00:58:36	<b>01:20:09</b>	117	00:05:47	00:18:49	01:20:18	01:57:55		
106	<b>GWIZDAL Michał</b>	<b>90</b>	TECHNIKA ZWYCIESTWA	M30-34	00:15:56	00:51:01	<b>01:08:46</b>	42	00:04:03	00:20:15	01:25:13	02:08:26		
107	<b>BETLEJ Hubert</b>	<b>31</b>	ESKADRA KRAKÓW	M35-39	00:21:44	01:06:33	<b>01:29:44</b>	192	00:05:08	00:18:05	01:17:00	01:52:36		
108	<b>KRÓLCZYŃSKI Maciej</b>	<b>104</b>	KS WOLNI	M35-39	00:19:55	01:03:43	<b>01:26:16</b>	173	00:03:28	00:18:41	01:18:46	01:56:49		
	<b>KOZŁOWSKI Wojtek</b>	<b>11</b>	K.T.O. Z KRAKOWA	M50-54	00:18:10	00:54:56	<b>01:12:39</b>	63	00:11:24	00:19:20	01:25:23	02:03:28		
110	<b>KĘSZYCKI Oskar</b>	<b>150</b>	AZEMONSTERS	M25-29	00:17:40	00:54:43	<b>01:14:19</b>	74	00:05:56	00:19:54	01:23:18	02:02:23		
	<b>LUDEK Tomasz</b>	<b>55</b>	DASH DIGITAL CASH	M30-34	00:19:34	01:00:14	<b>01:21:35</b>	137	00:04:50	00:18:48	01:21:23	02:00:15		

					Pływanie				Rower			Bieg			
112	<b>KLONOWSKI Mariusz</b>	<b>275</b>	PRIMIGENIUS	M35-39	00:21:42	01:07:04	<b>01:30:44</b>	197	00:05:28	00:17:43	01:16:46	01:53:46			
113	<b>KOWALSKI Tomasz</b>	<b>270</b>	WITC	M30-34	00:20:08	01:05:00	<b>01:28:41</b>	183	00:06:10	00:17:52	01:16:49	01:53:48			
114	<b>KOPROWSKI Maciej</b>	<b>130</b>	KOPER	M40-44	00:19:54	01:02:53	<b>01:25:40</b>	166	00:03:59	00:18:33	01:19:37	01:58:17			
115	<b>LUBOWICKI Łukasz</b>	<b>78</b>	40-LATEK TYCHY	M40-44	00:19:15	01:00:04	<b>01:21:20</b>	133	00:06:16	00:19:17	01:21:31	02:00:21			
116	<b>ROSZAK Bartosz</b>	<b>161</b>	WRONIECKI KLUB BIEGACZA	M35-39	00:19:13	00:59:37	<b>01:21:04</b>	126	00:03:15	00:19:25	01:22:28	02:01:46			
117	<b>DASZEWSKI Filip</b>	<b>107</b>		M18-24	00:17:48	00:54:59	<b>01:13:38</b>	68	00:07:06	00:19:50	01:24:35	02:05:37			
118	<b>SZUT Dariusz</b>	<b>94</b>	IRONMAN CS POLSKA	M40-44	00:19:33	01:00:19	<b>01:21:53</b>	141	00:06:24	00:20:06	01:21:39	01:59:48			
119	<b>JANKOWSKI Adam</b>	<b>129</b>	AKADEMIA BIEGANIA GRUDZIĄDZ	M40-44	00:18:41	00:59:12	<b>01:20:00</b>	116	00:04:10	00:18:21	01:21:33	02:03:00			
120	<b>MARKIEWICZ Damian</b>	<b>33</b>	MARKIEWICZ TRI TEAM	M40-44	K.T.O. z Krakowa	00:20:43	01:04:37	<b>01:27:45</b>	182	00:06:53	00:19:04	01:19:12	01:56:16		
121	<b>STRATYŃSKI Filip</b>	<b>175</b>	CELIRONMAN	M40-44	00:20:32	01:04:20	<b>01:26:49</b>	175	00:03:42	00:19:04	01:20:33	01:58:59			
122	<b>MATUSZEWSKI Nikodem</b>	<b>116</b>	CARLSBERG	M25-29	00:20:10	01:01:33	<b>01:23:14</b>	150	00:03:48	00:19:21	01:23:15	02:02:16			
123	<b>KOKOTEK Maciej</b>	<b>183</b>	KS CELIRONMAN	M40-44	00:19:31	00:59:38	<b>01:19:54</b>	114	00:04:30	00:19:16	01:23:54	02:04:20			
124	<b>OWCZARSKI Marcin</b>	<b>87</b>	PSP CZŁUCHÓW/ MMGO BORYTEAM	M40-44	00:19:26	00:59:10	<b>01:19:18</b>	104	00:05:42	00:19:16	01:23:19	02:03:52			
125	<b>DOMAGALSKI Piotr</b>	<b>178</b>	IRONMAN CS POLSKA	M50-54	00:19:20	01:00:06	<b>01:21:16</b>	131	00:04:12	00:21:00	01:24:39	02:03:55			
	<b>SZULC Wojtek</b>	<b>277</b>	KOCHAM DARIE	M50-54	00:21:16	01:05:23	<b>01:28:44</b>	184	00:05:27	00:18:11	01:18:50	01:57:03			
127	<b>GUTENPLAN Jacek</b>	<b>197</b>		M50-54	00:20:04	01:02:29	<b>01:23:54</b>	156	00:05:47	00:19:43	01:22:36	02:01:35			
128	<b>DUBIŃSKI Bogdan</b>	<b>190</b>	LEGIA WARSZAWA	M65-69	00:17:54	00:55:30	<b>01:14:40</b>	77	00:08:01	00:20:07	01:25:05	02:05:51			
129	<b>WINNIK Piotr</b>	<b>95</b>		M30-34	00:20:10	01:01:50	<b>01:23:44</b>	154	00:05:05	00:20:09	01:25:13	02:03:33			
	<b>ROTMAŃSKI Piotr</b>	<b>72</b>	AIR INNOVATIONS	M35-39	00:20:20	01:01:25	<b>01:23:09</b>	149	00:03:33	00:20:02	01:23:50	02:03:23			
131	<b>MILIŃSKI Piotr</b>	<b>43</b>	WARSAW MASTERS TEAM	M25-29	00:20:12	01:04:39	<b>01:27:07</b>	179	00:04:00	00:18:52	01:22:27	02:01:05			
132	<b>BLICHARZ Marcin</b>	<b>19</b>		M35-39	00:20:17	01:02:30	<b>01:25:00</b>	161	00:06:38	00:19:23	01:22:36	02:00:57			
133	<b>JARLIŃSKI Rafał</b>	<b>174</b>	ORKAMASTERS IŁAWA	M50-54	00:20:05	00:59:44	<b>01:21:53</b>	140	00:08:37	00:18:33	01:21:18	02:01:15			
134	<b>PRZYBYLSKI Maciej</b>	<b>99</b>		M40-44	00:21:38	01:08:52	<b>01:33:28</b>	209	00:07:02	00:18:01	01:17:42	01:54:28			
135	<b>NIEMCZYK Kazimierz</b>	<b>69</b>		M55-59	00:20:39	01:05:04	<b>01:28:46</b>	185	00:07:18	00:19:03	01:20:59	01:59:15			
136	<b>LANECKI Artur</b>	<b>165</b>		M40-44	00:18:25	00:56:25	<b>01:15:57</b>	90	00:08:46	00:19:30	01:25:06	02:05:50			
137	<b>KUBUSZEWSKI Radosław</b>	<b>273</b>	KOMANDO FLAKI	M30-34	00:19:17	00:57:59	<b>01:18:12</b>	99	00:07:09	00:20:00	01:26:29	02:06:27			
138	<b>TRELA Rafał</b>	<b>142</b>	K T ŻYWIEC	M50-54	00:19:39	01:00:01	<b>01:21:13</b>	130	00:07:30	00:19:43	01:24:24	02:05:03			
139	<b>NEJMAN Andrzej</b>	<b>16</b>		M35-39	00:19:27	01:00:10	<b>01:21:26</b>	134	00:06:13	00:19:48	01:24:53	02:05:07			
140	<b>KUCIŃSKI Artur</b>	<b>264</b>		M40-44	00:17:52	00:55:07	<b>01:14:04</b>	71	00:08:57	00:20:31	01:28:02	02:08:56			
141	<b>GRZĘDA Tomasz</b>	<b>128</b>		M35-39	00:20:23	01:03:22	<b>01:24:54</b>	159	00:05:24	00:19:42	01:25:28	02:05:24			
142	<b>JARMUŻEK Mikołaj</b>	<b>212</b>	QSG TEAM	M30-34	00:20:25	01:06:18	<b>01:30:33</b>	194	00:05:43	00:18:44	01:20:54	01:59:50			
143	<b>KĄDZIELEWSKI Damian</b>	<b>5</b>	FUNDACJA STUDENCKA 'MŁODZI MŁODYM' 4336	M25-29	00:18:01	00:55:16	<b>01:14:07</b>	72	00:08:01	00:19:59	01:28:17	02:09:35			

					Pływanie				Bieg	Rower			
144	<b>CHMEL Sergiy</b>	<b>252</b>	BORYS RUNNING CLUB	M35-39	00:21:38	01:04:32	<b>01:25:50</b>	171	00:05:40	00:19:24	01:22:46	02:02:34	
145	<b>BĘDKOWSKI Kamil</b>	<b>240</b>	ADWOKATURA OPOLE	M30-34	00:19:26	01:00:36	<b>01:22:51</b>	148	00:06:04	00:19:53	01:25:03	02:05:20	
146	<b>GÓRKA Dariusz</b>	<b>138</b>	BIKEBOARD	M40-44	00:20:36	01:06:42	<b>01:31:30</b>	202	00:04:29	00:19:03	01:21:59	02:01:23	
147	<b>WARECKI Tomasz</b>	<b>255</b>		M50-54	00:21:19	01:07:12	<b>01:30:39</b>	195	00:05:51	00:18:34	01:21:51	02:00:49	
148	<b>WOJDAT Przemysław</b>	<b>98</b>		M25-29	00:18:11	00:55:40	<b>01:14:41</b>	78	00:08:26	00:20:59	01:29:07	02:11:31	
149	<b>ŻOŁNIEROWICZ Hubert</b>	<b>41</b>	BIEGAM BO LUBIĘ ZĄBKI TEAM	M35-39	00:21:22	01:07:16	<b>01:31:39</b>	203	00:04:40	00:19:11	01:21:36	02:01:10	
150	<b>CHMIEL Piotr</b>	<b>207</b>	PTT DELTA	M25-29	00:21:09	01:03:45	<b>01:25:45</b>	169	00:10:12	00:19:16	01:22:55	02:01:33	
151	<b>KLIMAS Adam</b>	<b>143</b>		M35-39	00:19:48	01:00:52	<b>01:22:36</b>	146	00:05:08	00:22:14	01:28:58	02:09:27	
152	<b>KALISZEWSKI Daniel</b>	<b>249</b>		M40-44	00:20:01	01:01:47	<b>01:23:50</b>	155	00:09:53	00:19:48	01:24:35	02:04:11	
153	<b>MUSZYNSKI Marek</b>	<b>192</b>	RISE&SHINE	M40-44	00:19:47	00:59:04	<b>01:19:30</b>	107	00:07:27	00:20:40	01:29:47	02:10:20	
154	<b>STASIEWSKI Mariusz</b>	<b>233</b>	TRISPACE	M40-44	TRISPACE	00:20:08	01:00:26	<b>01:21:33</b>	135	00:04:42	00:20:23	01:27:00	02:09:08
	<b>CIEŻKI Maciej</b>	<b>53</b>		M40-44	00:20:18	01:05:13	<b>01:28:48</b>	186	00:07:02	00:18:33	01:23:07	02:02:18	
156	<b>KULIŃSKI Piotr</b>	<b>198</b>	IRON FIGHTERS	M25-29	00:20:14	01:01:22	<b>01:22:35</b>	145	00:05:48	00:19:46	01:25:31	02:07:07	
157	<b>WIJAS Andrzej</b>	<b>218</b>		M30-34	00:20:34	01:03:56	<b>01:26:54</b>	177	00:05:54	00:20:28	01:25:20	02:05:37	
158	<b>SZUKALA Piotr</b>	<b>206</b>	SPELEOKLUB 'BOBRY' Z ZAGANIA	M30-34	00:21:09	01:05:50	<b>01:28:49</b>	187	00:07:46	00:19:23	01:23:17	02:03:53	
159	<b>KORSAKOV Kostiantyn</b>	<b>226</b>	TRIATHLON SERWIS	M45-49	00:18:57	00:59:40	<b>01:21:07</b>	129	00:09:02	00:20:26	01:27:15	02:09:01	
160	<b>GACKOWSKI Krzysztof</b>	<b>79</b>	IRON&ONE TRENER PERSONALNY	M45-49	00:20:08	01:00:02	<b>01:20:28</b>	121	00:06:26	00:19:57	01:27:58	02:10:09	
161	<b>MAKOWSKI Sławomir</b>	<b>22</b>	RUN BYDGOSZCZ	M45-49	00:23:17	01:12:58	<b>01:38:37</b>	231	00:07:47	00:18:30	01:19:28	01:57:08	
	<b>KOWALSKI Jacek</b>	<b>278</b>		M40-44	00:20:51	01:03:42	<b>01:27:04</b>	178	00:07:13	00:19:22	01:23:52	02:04:58	
163	<b>WIECZOREK Bartosz</b>	<b>109</b>		M30-34	00:19:35	01:00:11	<b>01:21:03</b>	125	00:08:20	00:22:06	01:28:06	02:08:52	
164	<b>WROŃSKI Artur</b>	<b>81</b>	COIG SA - BUSINESS INTELLIGENCE TEAM	M35-39	00:21:16	01:05:43	<b>01:29:10</b>	190	00:06:57	00:19:17	01:22:10	02:04:47	
165	<b>TROSZCZYŃSKI Wojciech</b>	<b>237</b>		M45-49	00:18:31	00:59:44	<b>01:21:56</b>	142	00:07:38	00:20:34	01:29:07	02:12:00	
166	<b>TYMUL Jakub</b>	<b>225</b>	NOVO IRON TEAM / TRISPACE	M40-44	00:21:53	01:09:27	<b>01:33:39</b>	212	00:05:22	00:19:36	01:25:39	02:05:37	
167	<b>CHMIEL Waldemar</b>	<b>82</b>	PTT DELTA	M55-59	00:20:03	01:02:13	<b>01:25:42</b>	167	00:10:52	00:20:03	01:26:51	02:07:48	
168	<b>TOKMAJEVSKI Vladimir</b>	<b>215</b>	SPORTER	M25-29	00:20:15	01:03:39	<b>01:26:52</b>	176	00:09:23	00:20:21	01:27:09	02:08:04	
169	<b>ROMAN Krzysztof</b>	<b>35</b>	PRZECINAK77	M40-44	00:22:49	01:09:13	<b>01:32:52</b>	207	00:06:00	00:19:30	01:23:49	02:04:56	
170	<b>NOVLYANSKIY Konstantin</b>	<b>136</b>	JUSTTRI	M30-34	00:22:53	01:11:02	<b>01:35:59</b>	223	00:04:59	00:20:10	01:24:09	02:04:44	
171	<b>BŁASZCZYK Borys</b>	<b>133</b>		M25-29	00:22:55	01:10:28	<b>01:33:40</b>	213	00:08:17	00:19:12	01:23:31	02:03:51	
172	<b>MIS Waldemar</b>	<b>12</b>	SMASHING PĄPKINS / #TEAMDKMS	M40-44	00:21:02	01:07:11	<b>01:31:25</b>	201	00:06:57	00:19:40	01:24:33	02:06:47	
173	<b>BRONISZ Wojciech</b>	<b>254</b>		M18-24	00:17:45	00:55:22	<b>01:15:28</b>	87	00:11:02	00:22:36	01:34:01	02:17:40	
174	<b>LASSAK Bartosz</b>	<b>20</b>	TRISPACE	M40-44	00:21:10	01:05:56	<b>01:29:00</b>	189	00:06:26	00:20:40	01:27:52	02:09:41	
175	<b>GÓRSKI Marian</b>	<b>177</b>	KRS TKKF JASTRZĄB RUDA ŚLĄSKA	M60-64	00:21:00	01:03:45	<b>01:25:44</b>	168	00:07:44	00:20:38	01:29:08	02:12:27	
176	<b>FELSKI Mariusz</b>	<b>92</b>	MŻS WOŁCZA MAŁA	M50-54	00:20:35	01:01:32	<b>01:22:03</b>	144	00:07:03	00:21:18	01:32:05	02:14:36	



					Pływanie				Bieg	Rower		
177	<b>SŁAWKOWSKI Sławomir</b>	<b>271</b>	JUTRZENKA DOBRE MIASTO	M45-49	00:19:49	01:01:29	<b>01:23:35</b>	153	00:07:38	00:20:33	01:28:06	02:12:52
178	<b>GORGOL Tomasz</b>	<b>4</b>	LP 500	M40-44 LP 500	00:21:32	01:09:57	<b>01:34:24</b>	218	00:07:33	00:19:51	01:24:55	02:04:44
179	<b>LIZIK Waldemar</b>	<b>24</b>	TRI POWER TEAM KONIN	M45-49	00:19:30	01:01:21	<b>01:23:16</b>	151	00:05:31	00:21:24	01:31:10	02:15:27
180	<b>SUBKOWSKI Artur</b>	<b>17</b>		M40-44	00:19:50	01:02:21	<b>01:24:26</b>	157	00:06:31	00:21:43	01:32:18	02:14:44
181	<b>MASLOWSKI Jacek</b>	<b>180</b>		M30-34	00:18:50	00:59:50	<b>01:20:42</b>	122	00:07:01	00:22:00	01:33:24	02:17:35
182	<b>KOLMAJER Rafał</b>	<b>182</b>	#TEAMFARFALLA	M35-39	00:23:18	01:08:58	<b>01:34:01</b>	216	00:09:08	00:20:34	01:29:11	02:06:57
183	<b>CYBULSKI Konrad</b>	<b>152</b>	CELIRONMAN	M45-49	00:21:15	01:03:00	<b>01:25:20</b>	163	00:08:55	00:21:20	01:29:41	02:12:21
	<b>AUGUŚCIK Mariusz</b>	<b>89</b>		M55-59	00:23:09	01:12:17	<b>01:38:49</b>	232	00:08:00	00:19:41	01:23:33	02:04:31
185	<b>WASZAK Norbert</b>	<b>73</b>	INCLUDE	M35-39	00:23:31	01:12:25	<b>01:37:43</b>	226	00:04:25	00:20:08	01:26:36	02:09:28
186	<b>WASILEWSKI Mirosław</b>	<b>70</b>	ORKAMASTERS IŁAWA	M40-44 OrkaMasters Iława	00:20:51	01:07:38	<b>01:32:13</b>	206	00:07:51	00:20:40	01:30:54	02:11:23
187	<b>NOWAK Paweł</b>	<b>154</b>	KEPNET	M50-54	00:22:46	01:09:18	<b>01:33:29</b>	210	00:08:02	00:19:51	01:25:08	02:07:47
188	<b>OPOZDA Krzysztof</b>	<b>74</b>	CM UMK	M50-54	00:20:07	01:00:16	<b>01:21:00</b>	124	00:10:42	00:21:47	01:31:17	02:15:28
189	<b>KĘPIŃSKI Henryk</b>	<b>39</b>	KB SPARTAKUS BEŁCHATÓW	M65-69	00:21:30	01:09:14	<b>01:36:00</b>	224	00:07:06	00:19:53	01:27:28	02:08:24
190	<b>FLORCZAK Krzysztof</b>	<b>223</b>	KS MARATON OSTRÓW WLKP.	M45-49	00:22:31	01:13:29	<b>01:40:52</b>	236	00:06:39	00:20:04	01:26:05	02:06:42
	<b>KRAWISZ Maciej</b>	<b>7</b>	LP500	M40-44 LP 500	00:22:30	01:14:31	<b>01:41:48</b>	241	00:05:59	00:19:27	01:26:55	02:07:25
192	<b>PRZYGODA Wojciech</b>	<b>194</b>		M45-49	00:21:51	01:07:42	<b>01:31:06</b>	199	00:08:19	00:21:17	01:30:36	02:12:46
	<b>ŁOŚ Sławomir</b>	<b>187</b>		M45-49	00:20:46	01:03:21	<b>01:24:32</b>	158	00:08:34	00:22:05	01:34:32	02:20:13
194	<b>PAZIK Grzegorz</b>	<b>211</b>	WIELISZEW HERON TEAM	M35-39	00:23:47	01:13:10	<b>01:38:09</b>	229	00:07:10	00:19:56	01:27:58	02:10:02
195	<b>TUREK Michał</b>	<b>44</b>	SMASHING PĄPKINS/PO LASACH I ŁĄKACH...	M35-39	00:22:40	01:10:27	<b>01:34:55</b>	222	00:08:41	00:22:09	01:30:03	02:14:29
	<b>BORCHMANN Szymon</b>	<b>259</b>	TRI-SEA WŁADYSŁAWOWO	M35-39	00:20:34	01:05:09	<b>01:29:20</b>	191	00:11:14	00:20:29	01:30:53	02:14:41
197	<b>KONIECZNY Karol</b>	<b>115</b>		M35-39	00:21:54	01:07:42	<b>01:31:13</b>	200	00:06:52	00:20:46	01:31:04	02:17:24
198	<b>PODKOWSKI Wojciech</b>	<b>127</b>	MORSY GDYNSKIE . BIEGAMY RAZEM ,PL	M50-54	00:25:37	01:15:21	<b>01:40:48</b>	235	00:07:14	00:20:18	01:28:43	02:11:40
199	<b>GOSTOMSKI Borys</b>	<b>59</b>	40 LAT MINĘŁO	M40-44	00:23:11	01:11:59	<b>01:38:10</b>	230	00:06:48	00:20:25	01:28:36	02:15:17
200	<b>LUCHOWSKI Rafał</b>	<b>179</b>	12TRI.PL / SPARTANIE DZIECIOM	M50-54	00:21:40	01:06:40	<b>01:30:07</b>	193	00:08:11	00:20:45	01:35:14	02:19:39
201	<b>MUSZYŃSKI Roman</b>	<b>64</b>	YETITEAM	M40-44	00:24:39	01:14:50	<b>01:40:30</b>	234	00:11:24	00:19:49	01:26:08	02:07:52
202	<b>KAPUSTKA Mirosław</b>	<b>106</b>	KAPUSTRI	M35-39	00:23:02	01:15:30	<b>01:41:13</b>	239	00:05:49	00:20:45	01:30:48	02:14:29
203	<b>KNEPKA Piotr</b>	<b>18</b>	ŚWIECIE	M25-29	00:21:47	01:08:55	<b>01:34:00</b>	215	00:08:02	00:21:23	01:31:54	02:16:01
204	<b>LITKOWSKI Zbigniew</b>	<b>214</b>	NIEZRZESZONY	M45-49	00:24:46	01:16:33	<b>01:42:21</b>	242	00:06:53	00:22:25	01:32:00	02:13:26
205	<b>SUWART Monika I Marcin</b>	<b>169</b>	JAK NIE MY TO KTO! CITYZEN POZNAŃ	M40-44	00:27:52	01:20:55	<b>01:49:23</b>	247	00:15:06	00:20:18	01:25:50	02:05:07
206	<b>PILARSKI Paweł</b>	<b>54</b>	DBK	M40-44	00:22:19	01:08:49	<b>01:32:06</b>	205	00:10:13	00:19:37	01:30:52	02:19:39





Znaleziono 235 wynik(ów)