



OCEAN LAVA TRIATHLON POLSKA 2018 - DYSTANS PEŁNY 140.6

B4SPORT
INTELEGENNE ZAWODY SPORTOWE

Wydarzenie: Ocean Lava Triathlon Polska 2018
Organizator: Towarzystwo Sportowe TRI-SPORT
Data: 2018-08-19
Miejsce: Bydgoszcz
Dystans: 226 km

B4SPORT
INTELEGENNE ZAWODY SPORTOWE

Klasyfikacja: Mężczyźni

Punkt pomiarowy: 106,1 km

Msc	Zawodnik	Numer	Klub	Kategoria	Drużyna	Pływanie				T1	Rower				Bieg
						P_Borowno 0.95km	P_Borowno 2.85km	R_Borowno 3.8km	Poz		R_Kotomierz 9km	R_Pauliny 42.2km	R_Lidl 63km	R_Kotomierz 87km	
1	LUFT Mikołaj	2	LUFT TRI TEAM	M30-34		00:12:23	00:38:00	00:51:04	1	00:01:41	00:15:09	01:04:38	01:35:30	02:12:59	
2	CHMURA Maciej	1	GVT BMC - AZS AWF KATOWICE	M30-34	GVT BMC	00:12:23	00:38:07	00:51:17	2	00:01:54	00:15:23	01:07:16	01:40:53	02:16:17	
3	AUGUSTYNIAK Krzysztof	188	MKS PLETVAL POLKOWICE	M35-39		00:12:58	00:40:27	00:54:16	3	00:02:22	00:15:30	01:05:40	01:37:30	02:12:52	
	BANACH Bartosz	221	TORUS - APREKAGEMINI.PL	M30-34		00:13:48	00:42:36	00:56:58	5	00:02:14	00:15:01	01:04:32	01:35:02	02:11:13	
5	MARKOWSKI Marek	267	LABOSPORT TEAM / ULTIMATE PETARDA SQUAD	M40-44		00:13:51	00:42:37	00:57:04	6	00:03:04	00:16:15	01:09:26	01:42:27	02:23:02	
6	WNĘK Jarosław	217	KUPSZOSE.PL	M30-34		00:14:45	00:45:54	01:01:34	8	00:03:20	00:16:22	01:10:21	01:43:03	02:23:30	
7	MŁODZIKOWSKI Paweł	137	KB V-MAX ADAMÓW	M30-34	KB V-Max Adamów	00:15:37	00:47:57	01:04:29	17	00:02:43	00:16:33	01:09:32	01:42:51	02:22:32	
8	HOLUB Michał	287	TRIATLON TEAM DOLNY KUBIŃ	M30-34		00:15:16	00:46:43	01:02:51	12	00:02:53	00:16:31	01:09:52	01:43:01	02:24:00	
	CHOMIK Rafał	241	WAY 2 CHAMP	M40-44		00:16:10	00:49:52	01:07:05	30	00:02:35	00:16:23	01:09:22	01:42:26	02:23:40	
10	KOWALCZYK Marek	253	BRZOZA BIEGA	M40-44		00:15:40	00:48:23	01:04:59	21	00:02:38	00:16:36	01:11:35	01:45:18	02:26:23	
11	HOPPE Mateusz	235	SKŻ SOPOT	M25-29		00:15:57	00:48:59	01:06:06	26	00:02:43	00:16:26	01:10:44	01:44:13	02:25:50	
12	STACHURA Mateusz	42		M25-29		00:15:55	00:50:15	01:07:31	34	00:02:30	00:17:05	01:12:05	01:45:23	02:27:20	
13	TARGONI Paweł	144		M40-44		00:15:36	00:48:36	01:05:44	25	00:02:55	00:17:43	01:13:25	01:47:21	02:28:41	
14	BŁACHOWIAK Jakub	191	STREFASPORTU.PL MW INVEST	M25-29		00:16:49	00:50:37	01:07:56	37	00:02:33	00:16:40	01:11:39	01:45:38	02:26:56	
15	KULEZA Jakub	246	TRIATHLON CLUB WROCŁAW	M35-39		00:15:18	00:46:43	01:02:28	10	00:03:26	00:17:17	01:12:19	01:46:49	02:30:07	
16	PYKA Marek	256	CHOP ZE ŻELAZA TRI TEAM	M40-44		00:15:58	00:48:26	01:05:12	23	00:03:02	00:17:03	01:11:52	01:47:01	02:29:40	
17	KLUPCZYNSKI Piotr	260	BE3 CITYZEN	M25-29		00:15:33	00:48:22	01:05:14	24	00:02:49	00:17:39	01:13:40	01:48:27	02:30:47	
18	MICHALEWSKI Dariusz	110	TRIATHLON GOGOLIN	M35-39		00:14:36	00:46:38	01:02:44	11	00:03:02	00:17:29	01:14:08	01:49:13	02:33:11	
19	KWIECIEŃ Krystian	185	ANIMALS.PL/UKS OŻAROWICE/4K KWIECIEŃ	M35-39		00:16:26	00:50:01	01:07:14	32	00:02:45	00:17:14	01:13:11	01:47:54	02:29:51	
20	KOŁODZIEJ Sebastian	120	LABOSPORT TEAM	M35-39		00:16:41	00:50:34	01:07:35	35	00:02:45	00:17:14	01:12:48	01:47:31	02:29:27	
21	WROŃSKI Tomasz	60		M35-39		00:14:44	00:45:13	01:00:49	7	00:03:18	00:17:48	01:15:22	01:51:10	02:35:10	
22	JURKIEWICZ Mariusz	71		M35-39		00:17:47	00:56:05	01:16:03	91	00:03:43	00:16:52	01:10:14	01:43:08	02:23:27	
23	KĄŻMIERCZAK Łukasz	204	LUKS DWÓJKA DANIELO SPORTSWEAR STRYKÓW	M35-39		00:16:41	00:52:16	01:11:03	55	00:03:17	00:17:14	01:11:36	01:45:09	02:27:21	
24	SIWIRSKI Robert	285	WTT / WMT	M40-44		00:17:46	00:55:02	01:13:47	69	00:03:04	00:16:29	01:10:34	01:44:44	02:26:14	

					Pływanie				Rower				Bieg			
25	SZYSZKA Łukasz	286	DRUŻYNA TVN	M25-29	00:15:27	00:48:00	01:04:27	16	00:02:36	00:18:18	01:17:15	01:53:06	02:36:18			
26	LESZCZEWICZ Waldemar	288	KUŹNIA TRIATHLONU	M40-44	00:16:20	00:50:18	01:07:27	33	00:02:30	00:17:29	01:14:33	01:50:15	02:33:26			
27	LEWANDOWSKI Damian	213	PTT DELTA	M40-44	00:15:31	00:48:21	01:04:51	19	00:03:45	00:17:18	01:14:06	01:49:40	02:33:55			
28	GRYCZ Kamil	146	UNDEREQUATOR.COM	M25-29	00:16:20	00:50:45	01:08:05	38	00:03:21	00:18:08	01:16:10	01:50:42	02:32:45			
29	KOZAR Karol	65	POLISH TRIATHLETES IN UK	M35-39	00:16:30	00:51:18	01:09:17	47	00:03:16	00:18:09	01:15:38	01:50:02	02:32:15			
30	WĘGLIŃSKI Sebastian	93	KS BARAKUDA MIŃSK MAZ	M35-39	00:16:19	00:52:23	01:10:45	50	00:03:50	00:17:19	01:13:10	01:47:58	02:30:54			
31	WIĘCKOWSKI Dariusz	66	AMS TRIATHLON	M35-39	AMS	00:15:40	00:47:12	01:03:15	13	00:04:54	00:18:06	01:18:11	01:54:21	02:38:10		
32	WILIŃSKI Tomasz	121	LABOSPORT TEAM	M40-44		00:17:49	00:55:06	01:14:37	76	00:04:15	00:17:09	01:12:00	01:46:00	02:28:14		
33	PIOTROWSKI Artur	234	TRIATHLON SEDLCE CLUB	M40-44	KB V-Max Adamów	00:15:13	00:48:19	01:04:58	20	00:03:02	00:17:56	01:17:02	01:53:37	02:38:03		
34	WACHOWSKI Błażej	162	WARTA POZNAŃ	M35-39		00:13:56	00:42:35	00:56:53	4	00:03:04	00:19:20	01:21:08	01:59:13	02:46:07		
35	WALCZAK Robert	67	PARKRUN POZNAŃ	M35-39	parkrun Poznań	00:14:52	00:46:20	01:02:12	9	00:03:44	00:17:40	01:18:57	01:56:07	02:41:27		
36	KÜBLER Remigiusz	46	TORUŃSKI KLUB TRIATHLONOWY	M25-29		00:16:45	00:50:48	01:08:17	40	00:03:31	00:18:14	01:16:09	01:51:08	02:36:31		
37	POKORSKI Marek	245	IMPAQ	M45-49		00:17:51	00:54:46	01:13:05	66	00:04:08	00:17:26	01:14:39	01:49:20	02:32:56		
38	POCENTEK Krzysztof Robert	236	TRIATHLON RAWA MAZOWIECKA	M40-44		00:16:15	00:50:06	01:07:44	36	00:03:31	00:18:10	01:16:51	01:52:57	02:37:36		
39	ŁODA Piotr	209		M35-39		00:16:17	00:49:49	01:06:47	28	00:05:28	00:18:22	01:15:55	01:52:04	02:37:22		
40	KOCHANOWSKI Dariusz	158	TRI LEVEL	M40-44		00:16:55	00:51:34	01:08:59	43	00:03:27	00:18:14	01:15:39	01:51:54	02:37:17		
41	ANDRZEJCZYK Sebastian	262	NEON	M45-49		00:16:37	00:51:07	01:09:13	46	00:02:53	00:18:18	01:17:21	01:54:20	02:39:02		
42	HAWROT Sylwester	135	NTS NEXELOCROWN GOLENIÓW	M50-54		00:15:59	00:48:14	01:05:04	22	00:04:13	00:19:15	01:19:06	01:55:07	02:41:07		
43	KITA Tomek	247	SPECSHOP TEAM	M35-39		00:16:13	00:50:50	01:09:08	44	00:02:58	00:18:27	01:16:20	01:52:16	02:38:02		
44	MESSYASZ Krzysztof	100	BIMARKO&WELDA TEAM	M35-39		00:18:15	00:56:27	01:16:37	94	00:02:58	00:17:47	01:15:48	01:51:08	02:35:18		
45	FLORKIEWICZ Jacek	243		M40-44		00:16:56	00:52:20	01:11:02	54	00:03:20	00:19:40	01:19:43	01:55:53	02:40:27		
46	ŁĄTKOWSKI Sławek	52	ORKAMASTERS IŁAWA	M40-44		00:16:33	00:52:34	01:11:27	57	00:04:12	00:17:17	01:15:45	01:52:44	02:38:11		
47	SZNAJDER Mariusz	57		M35-39		00:16:25	00:52:16	01:10:52	51	00:03:55	00:18:21	01:17:50	01:54:22	02:39:48		
48	FILIPOWSKI Zdzisław	171	KS CELIRONMAN	M45-49		00:16:42	00:51:59	01:10:03	49	00:03:30	00:18:35	01:18:30	01:55:38	02:41:03		
49	TERPIŁOWSKI Michał	29		M25-29		00:16:38	00:53:21	01:12:20	61	00:03:21	00:17:52	01:17:01	01:53:52	02:39:12		
50	ŻABA Marek	280	TRIATHLON - X- TEAM	M30-34		00:17:49	00:54:45	01:12:57	65	00:04:45	00:17:44	01:16:04	01:52:34	02:37:28		
51	SEREDYŃSKI Przemysław	153		M35-39		00:16:07	00:50:32	01:08:40	41	00:03:43	00:18:32	01:19:20	01:56:50	02:43:46		
52	SCHEPPLER Patryk	201	SEKCJA TRIATHLONU AKADEMII WOJSK LĄDOWYCH	M18-24		00:16:01	00:51:26	01:09:11	45	00:03:38	00:18:54	01:19:16	01:56:52	02:43:59		
53	BUCHALIK Arkadiusz	40		M45-49		00:18:25	00:54:31	01:12:51	64	00:03:55	00:18:20	01:18:42	01:55:49	02:41:10		
54	GOZDALSKI Jarosław	10	WITKOWO BIEGA	M45-49		00:17:47	00:55:20	01:14:19	73	00:03:31	00:19:58	01:20:01	01:56:27	02:40:54		

				Pływanie				Rower				Bieg			
	KRAWENDA Robert	147	M25-29	00:19:13	01:01:01	01:22:42	147	00:04:10	00:16:52	01:12:01	01:47:05	02:31:44			
56	SZYMKOWIAK Norbert	268	M18-24	00:19:05	00:59:53	01:21:17	132	00:04:25	00:17:30	01:13:57	01:49:53	02:32:51			
57	BIERNACKI Łukasz	195	VICTUS REBKOW	M30-34	00:15:19	00:49:21	01:07:12	31	00:05:27	00:18:17	01:20:17	01:58:34	02:45:25		
58	RASZTAWICKI Dariusz	58	KUŹNIA TRIATHLONU	M35-39	00:15:55	00:52:13	01:11:37	58	00:03:37	00:18:11	01:18:44	01:56:09	02:43:24		
59	WÓJCIK Mirosław	97	TIME4RUNING	M50-54	00:18:21	00:56:21	01:16:07	92	00:05:07	00:18:13	01:17:02	01:53:00	02:37:40		
60	FOREMSKI Sławomir	151	TORUŃSKI KLUB TRIATHLONOWY	M50-54	00:19:26	00:59:09	01:19:31	108	00:03:00	00:17:48	01:15:29	01:51:51	02:36:50		
61	GÓRZYŃSKI Tomasz	148	TORUŃSKI KLUB TRIATHLONOWY	M40-44	00:17:44	00:54:28	01:13:08	67	00:07:04	00:18:41	01:17:59	01:54:09	02:39:46		
62	JARMOSZEWICZ Łukasz	80	TORUŃSKI KLUB TRIATHLONOWY	M45-49	00:18:51	00:57:59	01:18:21	100	00:04:39	00:17:58	01:16:37	01:52:40	02:37:31		
63	KUBIAK Bartłomiej	141	DOBRCZ BIEGA	M30-34	00:17:10	00:53:15	01:12:29	62	00:05:02	00:19:05	01:19:37	01:57:00	02:43:31		
64	WIĘDŁOCHA Jan	199		M40-44	00:18:01	00:55:11	01:13:56	70	00:05:42	00:18:43	01:19:11	01:56:44	02:42:26		
	DYKSZAK Filip	83	IRONDRAGON TRIATHLON	M35-39	00:19:10	00:59:39	01:20:23	120	00:03:26	00:18:13	01:16:22	01:52:34	02:38:18		
66	JANISZEWSKI Artur	266		M35-39	00:18:31	00:55:57	01:14:55	83	00:05:40	00:18:29	01:18:48	01:55:59	02:41:24		
67	CHAŁUPKA Paweł	224		M35-39	00:19:42	00:58:06	01:17:47	97	00:04:18	00:18:21	01:18:19	01:54:07	02:40:17		
	BUCZEK Jakub	196		M30-34	00:17:59	00:55:54	01:14:56	85	00:05:30	00:18:03	01:18:39	01:55:45	02:41:39		
69	SZCZYRBOWSKI Michał	30	TURBOKILLA	M35-39	00:18:11	00:56:00	01:14:54	82	00:04:33	00:18:22	01:18:56	01:56:38	02:42:52		
70	MACIUSZEK Łukasz	84	BBL OPOLE	M30-34	00:19:22	00:59:48	01:19:57	115	00:05:10	00:18:01	01:18:19	01:55:04	02:39:29		
71	SIERADZAN Przemysław	230	TS AKWEDUKT	M40-44	00:17:38	00:53:04	01:10:58	53	00:05:26	00:19:07	01:21:25	01:59:31	02:46:18		
72	KRZYSZTOFIK Kacper	274	TRI AKTYWNY PIOTRKÓW	M40-44	00:19:24	00:59:43	01:20:18	118	00:04:05	00:18:15	01:18:31	01:55:14	02:40:04		
73	KARAŚ Michał	149	OLEŚNICKA GRUPA TRIATHLONOWA	M30-34	00:19:27	00:59:32	01:19:22	105	00:04:41	00:18:30	01:19:24	01:56:00	02:40:52		
74	MARTYNOWSKI Łukasz	227		M35-39	00:16:22	00:52:24	01:11:12	56	00:03:21	00:18:50	01:19:30	01:57:59	02:47:16		
75	PIEKARSKI Marek	36	SOLANO	M45-49	00:18:08	00:56:30	01:16:38	95	00:04:34	00:19:06	01:20:47	01:58:04	02:44:04		
76	GAJEWSKI Sebastian	125	TRINERGY	M35-39	00:16:34	00:51:59	01:09:58	48	00:03:39	00:19:42	01:23:27	02:02:21	02:50:34		
77	ŁUCYSZYN Robert	13		M40-44	00:17:19	00:52:27	01:10:57	52	00:07:36	00:18:52	01:19:02	01:56:32	02:46:12		
78	SZYDŁOWSKI Marek	61	PARKRUN POZNAŃ	M35-39	00:16:06	00:49:39	01:06:50	29	00:04:32	00:19:19	01:24:12	02:04:08	02:52:26		
79	LASSOTA Artur	101		M45-49	00:18:53	00:57:24	01:18:24	102	00:05:32	00:17:58	01:15:39	01:51:42	02:39:45		
80	ŻWIRSKI Marcin	279		M25-29	00:20:06	00:59:17	01:19:34	110	00:05:56	00:18:16	01:17:27	01:54:46	02:40:19		
81	PIETRZAK Romek	139	CENTRUM ROWEROWE DSR TEAM	M55-59	00:18:54	00:57:30	01:18:39	103	00:04:48	00:18:31	01:18:30	01:55:50	02:43:48		
82	KIRCHYK Serhii	222	KREMENTRI	M30-34	00:16:21	00:50:30	01:08:07	39	00:05:58	00:18:54	01:19:32	01:59:45	02:52:08		
83	POCHYLSKI Przemysław	145	ZGRUPKA TEAM	M40-44	00:18:06	00:56:16	01:15:49	89	00:03:26	00:18:14	01:18:59	01:57:29	02:46:20		
84	SOBCZAK Marcin	21	TRISPACE	M40-44	00:17:46	00:53:31	01:12:11	59	00:05:27	00:19:37	01:22:57	02:02:06	02:50:17		
85	WRÓBEL Darek	159		M40-44	00:19:59	01:02:57	01:25:46	170	00:04:17	00:18:19	01:17:12	01:54:02	02:38:54		

				Pływanie				Rower				Bieg			
86	JERICZ Marcin	102	SZTAFETA NADZIEI	M35-39	00:19:17	00:57:39	01:17:39	96	00:03:08	00:18:29	01:19:29	01:57:54	02:46:19		
87	SZELIŃSKI Adam	122	OPP SZCZECIN	M45-49	00:19:24	00:59:22	01:19:35	111	00:03:27	00:18:41	01:20:36	01:58:53	02:45:38		
88	WEJKUĆ Grzegorz	210		M40-44	00:18:39	00:57:46	01:18:23	101	00:05:00	00:18:37	01:19:18	01:56:26	02:44:19		
89	CHORAZIAK Witold	261	CELIRONMAN	M50-54	00:18:48	00:58:48	01:20:20	119	00:03:47	00:17:52	01:18:10	01:56:21	02:43:52		
90	KŁOS Marcin	157		M35-39	00:18:33	00:55:49	01:14:56	84	00:05:29	00:18:50	01:21:40	01:59:36	02:47:37		
91	HALAGARDA Krzysztof	231	PDK	M30-34	00:19:22	01:00:15	01:21:37	138	00:06:03	00:18:40	01:20:03	01:57:09	02:42:05		
92	GACKA Rafał	208	LUPUS TEAM	M40-44	00:20:11	01:04:12	01:27:08	180	00:03:21	00:17:51	01:16:13	01:52:44	02:39:14		
93	ŁAZ Kamil	8	RUN BYDGOSZCZ	M35-39	00:17:50	00:55:31	01:14:47	80	00:04:38	00:19:55	01:23:43	02:02:07	02:49:31		
	KARCZEWSKI Adrian	263	CB163	M30-34	00:20:09	01:03:23	01:25:33	164	00:05:00	00:19:20	01:18:51	01:55:20	02:40:44		
95	FOGT Maciej	6	CB163	M35-39	00:19:56	01:02:32	01:25:40	165	00:04:39	00:18:23	01:18:36	01:55:25	02:41:00		
96	TALAREK Arkadiusz	258	TRIATHLONKONSULTING	M40-44	00:19:21	00:59:22	01:19:31	109	00:04:09	00:18:56	01:20:54	01:59:05	02:46:23		
97	KALIN Władysław	229		M35-39	00:17:05	00:56:08	01:16:28	93	00:05:07	00:19:27	01:20:36	01:59:11	02:47:43		
98	ANDREEV Evgenii	168		M25-29	00:18:52	00:58:36	01:20:09	117	00:05:47	00:18:49	01:20:18	01:57:55	02:45:39		
	HIRT Tomasz	111	CB 163	M35-39	00:17:42	00:55:00	01:14:28	75	00:04:01	00:19:03	01:22:22	02:01:51	02:50:57		
100	BOROWIK Marcin	119		M35-39	00:19:20	01:00:17	01:21:38	139	00:04:17	00:18:56	01:20:38	01:59:04	02:45:55		
	URBAŚ Tomasz	45		M40-44	00:17:09	00:55:04	01:15:26	86	00:04:44	00:19:02	01:22:27	02:01:47	02:50:48		
102	BETLEJ Hubert	31	ESKADRA KRAKÓW	M35-39	K.T.O. z Krakowa	00:21:44	01:06:33	01:29:44	192	00:05:08	00:18:05	01:17:00	01:52:36		02:37:46
103	KLONOWSKI Mariusz	275	PRIMIGENIUS	M35-39		00:21:42	01:07:04	01:30:44	197	00:05:28	00:17:43	01:16:46	01:53:46		02:37:45
104	DARMETKO Rafał	272		M30-34		00:19:28	01:00:48	01:21:57	143	00:04:26	00:18:56	01:20:17	01:58:19		02:45:31
105	KOWALSKI Tomasz	270	WITC	M30-34		00:20:08	01:05:00	01:28:41	183	00:06:10	00:17:52	01:16:49	01:53:48		02:39:06
106	MAZANKA Jakub	86		M40-44		00:19:37	00:59:24	01:19:25	106	00:04:00	00:18:53	01:21:02	01:59:51		02:48:48
107	KOCIEL Jarosław	38	JAREK Z BYTOMIA	M45-49		00:18:07	00:55:52	01:15:34	88	00:07:21	00:19:10	01:21:35	02:01:16		02:49:21
	LUDEK Tomasz	55	DASH DIGITAL CASH	M30-34		00:19:34	01:00:14	01:21:35	137	00:04:50	00:18:48	01:21:23	02:00:15		02:48:00
109	PIEGDOŃ Piotr	77	LITWIN TRIATHLON TEAM	M35-39		00:17:12	00:53:17	01:12:15	60	00:07:59	00:19:08	01:21:54	02:00:22		02:51:06
	KOZŁOWSKI Wojtek	11	K.T.O. Z KRAKOWA	M50-54	K.T.O. z Krakowa	00:18:10	00:54:56	01:12:39	63	00:11:24	00:19:20	01:25:23	02:03:28		02:50:08
111	KRÓLCZYŃSKI Maciej	104	KS WOLNI	M35-39		00:19:55	01:03:43	01:26:16	173	00:03:28	00:18:41	01:18:46	01:56:49		02:44:39
112	LUBOWICKI Łukasz	78	40-LATEK TYCHY	M40-44		00:19:15	01:00:04	01:21:20	133	00:06:16	00:19:17	01:21:31	02:00:21		02:47:41
113	KOPROWSKI Maciej	130	KOPER	M40-44		00:19:54	01:02:53	01:25:40	166	00:03:59	00:18:33	01:19:37	01:58:17	02:45:33	
114	MARKIEWICZ Damian	33	MARKIEWICZ TRI TEAM	M40-44	K.T.O. z Krakowa	00:20:43	01:04:37	01:27:45	182	00:06:53	00:19:04	01:19:12	01:56:16	02:41:55	
115	GWIZDAL Michał	90	TECHNIKA ZWYCIESTWA	M30-34		00:15:56	00:51:01	01:08:46	42	00:04:03	00:20:15	01:25:13	02:08:26	03:00:36	
116	SZUT Dariusz	94	IRONMAN CS POLSKA	M40-44		00:19:33	01:00:19	01:21:53	141	00:06:24	00:20:06	01:21:39	01:59:48	02:48:21	
117	MATUSZEWSKI Nikodem	116	CARLSBERG	M25-29		00:20:10	01:01:33	01:23:14	150	00:03:48	00:19:21	01:23:15	02:02:16	02:50:06	
118	KĘSZYCKI Oskar	150	AZEMONSTERS	M25-29		00:17:40	00:54:43	01:14:19	74	00:05:56	00:19:54	01:23:18	02:02:23	02:54:54	
119	STRATYŃSKI Filip	175	CELIRONMAN	M40-44		00:20:32	01:04:20	01:26:49	175	00:03:42	00:19:04	01:20:33	01:58:59	02:46:44	
	SZULC Wojtek	277	KOCHAM DARIE	M50-54		00:21:16	01:05:23	01:28:44	184	00:05:27	00:18:11	01:18:50	01:57:03	02:43:54	

				Pływanie			Bieg	Rower				Bieg	
121	GUTENPLAN Jacek	197		M50-54	00:20:04	01:02:29	01:23:54	156	00:05:47	00:19:43	01:22:36	02:01:35	02:49:06
122	WINNIK Piotr	95		M30-34	00:20:10	01:01:50	01:23:44	154	00:05:05	00:20:09	01:25:13	02:03:33	02:50:06
123	KOKOTEK Maciej	183	KS CELIRONMAN	M40-44	00:19:31	00:59:38	01:19:54	114	00:04:30	00:19:16	01:23:54	02:04:20	02:53:20
124	DASZEWSKI Filip	107		M18-24	00:17:48	00:54:59	01:13:38	68	00:07:06	00:19:50	01:24:35	02:05:37	02:56:28
125	OWCZARSKI Marcin	87	PSP CZŁUCHÓW/ MMGO BORYTEAM	M40-44	00:19:26	00:59:10	01:19:18	104	00:05:42	00:19:16	01:23:19	02:03:52	02:53:11
126	DOMAGALSKI Piotr	178	IRONMAN CS POLSKA	M50-54	00:19:20	01:00:06	01:21:16	131	00:04:12	00:21:00	01:24:39	02:03:55	02:53:02
127	BLICHARZ Marcin	19		M35-39	00:20:17	01:02:30	01:25:00	161	00:06:38	00:19:23	01:22:36	02:00:57	02:47:50
128	PRZYBYLSKI Maciej	99		M40-44	00:21:38	01:08:52	01:33:28	209	00:07:02	00:18:01	01:17:42	01:54:28	02:40:11
129	MILIŃSKI Piotr	43	WARSAW MASTERS TEAM	M25-29	00:20:12	01:04:39	01:27:07	179	00:04:00	00:18:52	01:22:27	02:01:05	02:48:18
130	JANKOWSKI Adam	129	AKADEMIA BIEGANIA GRUDZIĄDZ	M40-44	00:18:41	00:59:12	01:20:00	116	00:04:10	00:18:21	01:21:33	02:03:00	02:54:35
131	NIEMCZYK Kazimierz	69		M55-59	00:20:39	01:05:04	01:28:46	185	00:07:18	00:19:03	01:20:59	01:59:15	02:45:17
	ROTMAŃSKI Piotr	72	AIR INNOVATIONS	M35-39	00:20:20	01:01:25	01:23:09	149	00:03:33	00:20:02	01:23:50	02:03:23	02:52:38
133	DUBIŃSKI Bogdan	190	LEGIA WARSZAWA	M65-69	00:17:54	00:55:30	01:14:40	77	00:08:01	00:20:07	01:25:05	02:05:51	02:57:02
134	JARLIŃSKI Rafał	174	ORKAMASTERS IŁAWA	M50-54	00:20:05	00:59:44	01:21:53	140	00:08:37	00:18:33	01:21:18	02:01:15	02:50:25
135	JARMUŻEK Mikołaj	212	QSG TEAM	M30-34	00:20:25	01:06:18	01:30:33	194	00:05:43	00:18:44	01:20:54	01:59:50	02:47:24
136	ROSZAK Bartosz	161	WRONIECKI KLUB BIEGACZA	M35-39	00:19:13	00:59:37	01:21:04	126	00:03:15	00:19:25	01:22:28	02:01:46	02:52:38
137	LANECKI Artur	165		M40-44	00:18:25	00:56:25	01:15:57	90	00:08:46	00:19:30	01:25:06	02:05:50	02:58:15
138	GRZĘDA Tomasz	128		M35-39	00:20:23	01:03:22	01:24:54	159	00:05:24	00:19:42	01:25:28	02:05:24	02:53:34
139	KUBUSZEWSKI Radosław	273	KOMANDO FLAKI	M30-34	00:19:17	00:57:59	01:18:12	99	00:07:09	00:20:00	01:26:29	02:06:27	02:57:50
140	NEJMAN Andrzej	16		M35-39	00:19:27	01:00:10	01:21:26	134	00:06:13	00:19:48	01:24:53	02:05:07	02:56:04
141	BĘDKOWSKI Kamil	240	ADWOKATURA OPOLE	M30-34	00:19:26	01:00:36	01:22:51	148	00:06:04	00:19:53	01:25:03	02:05:20	02:55:18
142	WARECKI Tomasz	255		M50-54	00:21:19	01:07:12	01:30:39	195	00:05:51	00:18:34	01:21:51	02:00:49	02:49:06
143	TRELA Rafał	142	K T ŻYWIEC	M50-54	00:19:39	01:00:01	01:21:13	130	00:07:30	00:19:43	01:24:24	02:05:03	02:55:20
144	KLIMAS Adam	143		M35-39	00:19:48	01:00:52	01:22:36	146	00:05:08	00:22:14	01:28:58	02:09:27	02:59:03
145	GÓRKA Dariusz	138	BIKEBOARD	M40-44	00:20:36	01:06:42	01:31:30	202	00:04:29	00:19:03	01:21:59	02:01:23	02:50:19
146	KALISZEWSKI Daniel	249		M40-44	00:20:01	01:01:47	01:23:50	155	00:09:53	00:19:48	01:24:35	02:04:11	02:52:52
147	CHMIEL Piotr	207	PTT DELTA	M25-29	00:21:09	01:03:45	01:25:45	169	00:10:12	00:19:16	01:22:55	02:01:33	02:50:16
148	KUCIŃSKI Artur	264		M40-44	00:17:52	00:55:07	01:14:04	71	00:08:57	00:20:31	01:28:02	02:08:56	03:01:29
149	ŻOŁNIEROWICZ Hubert	41	BIEGAM BO LUBIĘ ZĄBKI TEAM	M35-39	00:21:22	01:07:16	01:31:39	203	00:04:40	00:19:11	01:21:36	02:01:10	02:50:32
150	WOJDAT Przemysław	98		M25-29	00:18:11	00:55:40	01:14:41	78	00:08:26	00:20:59	01:29:07	02:11:31	03:03:54
151	CHMEL Sergiy	252	BORYS RUNNING CLUB	M35-39	00:21:38	01:04:32	01:25:50	171	00:05:40	00:19:24	01:22:46	02:02:34	02:53:42
152	KĄDZIELEWSKI Damian	5	FUNDACJA STUDENCKA 'MŁODZI MŁODYM' 4336	M25-29	00:18:01	00:55:16	01:14:07	72	00:08:01	00:19:59	01:28:17	02:09:35	03:02:42
153	SZUKALA Piotr	206	SPELEOKLUB 'BOBRY' Z ZAGANIA	M30-34	00:21:09	01:05:50	01:28:49	187	00:07:46	00:19:23	01:23:17	02:03:53	02:51:58
154	MUSZYŃSKI Marek	192	RISE&SHINE	M40-44	00:19:47	00:59:04	01:19:30	107	00:07:27	00:20:40	01:29:47	02:10:20	03:00:29
155	MAKOWSKI Sławomir	22	RUN BYDGOSZCZ	M45-49	00:23:17	01:12:58	01:38:37	231	00:07:47	00:18:30	01:19:28	01:57:08	02:43:56

						Pływanie				Rower				Bieg	
156	STASIEWSKI Mariusz	233	TRISPACE	M40-44	TRISPACE	00:20:08	01:00:26	01:21:33	135	00:04:42	00:20:23	01:27:00	02:09:08	03:02:07	
157	WIJAS Andrzej	218		M30-34		00:20:34	01:03:56	01:26:54	177	00:05:54	00:20:28	01:25:20	02:05:37	02:56:01	
158	KULIŃSKI Piotr	198	IRON FIGHTERS	M25-29		00:20:14	01:01:22	01:22:35	145	00:05:48	00:19:46	01:25:31	02:07:07	03:00:22	
	CIEŻKI Maciej	53		M40-44		00:20:18	01:05:13	01:28:48	186	00:07:02	00:18:33	01:23:07	02:02:18	02:52:41	
160	GACKOWSKI Krzysztof	79	IRON&ONE TRENER PERSONALNY	M45-49		00:20:08	01:00:02	01:20:28	121	00:06:26	00:19:57	01:27:58	02:10:09	03:03:54	
161	KORSAKOV Kostiantyn	226	TRIATHLON SERWIS	M45-49		00:18:57	00:59:40	01:21:07	129	00:09:02	00:20:26	01:27:15	02:09:01	03:01:47	
162	WROŃSKI Artur	81	COIG SA - BUSINESS INTELLIGENCE TEAM	M35-39		00:21:16	01:05:43	01:29:10	190	00:06:57	00:19:17	01:22:10	02:04:47	02:56:58	
163	NOVLYANSKIY Konstantin	136	JUSTTRI	M30-34		00:22:53	01:11:02	01:35:59	223	00:04:59	00:20:10	01:24:09	02:04:44	02:53:08	
	KOWALSKI Jacek	278		M40-44		00:20:51	01:03:42	01:27:04	178	00:07:13	00:19:22	01:23:52	02:04:58	02:57:23	
165	WIECZOREK Bartosz	109		M30-34		00:19:35	01:00:11	01:21:03	125	00:08:20	00:22:06	01:28:06	02:08:52	03:03:11	
166	TYMUL Jakub	225	NOVO IRON TEAM / TRISPACE	M40-44		00:21:53	01:09:27	01:33:39	212	00:05:22	00:19:36	01:25:39	02:05:37	02:55:24	
167	TROSZCZYŃSKI Wojciech	237		M45-49		00:18:31	00:59:44	01:21:56	142	00:07:38	00:20:34	01:29:07	02:12:00	03:04:08	
168	CHMIEL Waldemar	82	PTT DELTA	M55-59		00:20:03	01:02:13	01:25:42	167	00:10:52	00:20:03	01:26:51	02:07:48	02:58:00	
169	ROMAN Krzysztof	35	PRZECINAK77	M40-44		00:22:49	01:09:13	01:32:52	207	00:06:00	00:19:30	01:23:49	02:04:56	02:56:06	
170	GORGOL Tomasz	4	LP 500	M40-44	LP 500	00:21:32	01:09:57	01:34:24	218	00:07:33	00:19:51	01:24:55	02:04:44	02:55:16	
171	TOKMAJEVSKI Vladimir	215	SPORTER	M25-29		00:20:15	01:03:39	01:26:52	176	00:09:23	00:20:21	01:27:09	02:08:04	02:58:35	
172	BRONISZ Wojciech	254		M18-24		00:17:45	00:55:22	01:15:28	87	00:11:02	00:22:36	01:34:01	02:17:40	03:09:43	
173	BŁASZCZYK Borys	133		M25-29		00:22:55	01:10:28	01:33:40	213	00:08:17	00:19:12	01:23:31	02:03:51	02:54:20	
174	MIŚ Waldemar	12	SMASHING PĄPKINS / #TEAMDKMS	M40-44		00:21:02	01:07:11	01:31:25	201	00:06:57	00:19:40	01:24:33	02:06:47	02:58:02	
175	LASSAK Bartosz	20	TRISPACE	M40-44		00:21:10	01:05:56	01:29:00	189	00:06:26	00:20:40	01:27:52	02:09:41	03:02:00	
176	KOLMAJER Rafał	182	#TEAMFARFALLA	M35-39		00:23:18	01:08:58	01:34:01	216	00:09:08	00:20:34	01:29:11	02:06:57	02:56:27	
177	GÓRSKI Marian	177	KRS TKKF JASTRZĄB RUDA ŚLĄSKA	M60-64		00:21:00	01:03:45	01:25:44	168	00:07:44	00:20:38	01:29:08	02:12:27	03:04:25	
178	SUBKOWSKI Artur	17		M40-44		00:19:50	01:02:21	01:24:26	157	00:06:31	00:21:43	01:32:18	02:14:44	03:07:37	
179	SŁAWKOWSKI Sławomir	271	JUTRZENKA DOBRE MIASTO	M45-49		00:19:49	01:01:29	01:23:35	153	00:07:38	00:20:33	01:28:06	02:12:52	03:07:17	
180	FELSKI Mariusz	92	MŻS WOŁCZA MAŁA	M50-54		00:20:35	01:01:32	01:22:03	144	00:07:03	00:21:18	01:32:05	02:14:36	03:08:45	
181	MASLOWSKI Jacek	180		M30-34		00:18:50	00:59:50	01:20:42	122	00:07:01	00:22:00	01:33:24	02:17:35	03:11:48	
182	FLORCZAK Krzysztof	223	KS MARATON OSTRÓW WLKP.	M45-49		00:22:31	01:13:29	01:40:52	236	00:06:39	00:20:04	01:26:05	02:06:42	02:56:46	
	AUGUŚCIK Mariusz	89		M55-59		00:23:09	01:12:17	01:38:49	232	00:08:00	00:19:41	01:23:33	02:04:31	02:55:16	
184	WASILEWSKI Mirosław	70	ORKAMASTERS IŁAWA	M40-44	OrkaMasters Iława	00:20:51	01:07:38	01:32:13	206	00:07:51	00:20:40	01:30:54	02:11:23	03:02:57	
185	LIZIK Waldemar	24	TRI POWER TEAM KONIN	M45-49		00:19:30	01:01:21	01:23:16	151	00:05:31	00:21:24	01:31:10	02:15:27	03:10:25	
186	WASZAK Norbert	73	INCLUDE	M35-39		00:23:31	01:12:25	01:37:43	226	00:04:25	00:20:08	01:26:36	02:09:28	03:00:46	
187	CYBULSKI Konrad	152	CELIRONMAN	M45-49		00:21:15	01:03:00	01:25:20	163	00:08:55	00:21:20	01:29:41	02:12:21	03:07:14	
	KRAWISZ Maciej	7	LP500	M40-44	LP 500	00:22:30	01:14:31	01:41:48	241	00:05:59	00:19:27	01:26:55	02:07:25	02:57:25	
189	KĘPIŃSKI Henryk	39	KB SPARTAKUS BEŁCHATÓW	M65-69		00:21:30	01:09:14	01:36:00	224	00:07:06	00:19:53	01:27:28	02:08:24	03:01:26	

				Pływanie				Rower				Bieg	
190	NOWAK Paweł	154	KEPNET	M50-54	00:22:46	01:09:18	01:33:29	210	00:08:02	00:19:51	01:25:08	02:07:47	03:02:10
191	PAZIK Grzegorz	211	WIELISZEW HERON TEAM	M35-39	00:23:47	01:13:10	01:38:09	229	00:07:10	00:19:56	01:27:58	02:10:02	03:02:55
192	OPOZDA Krzysztof	74	CM UMK	M50-54	00:20:07	01:00:16	01:21:00	124	00:10:42	00:21:47	01:31:17	02:15:28	03:13:51
193	TUREK Michał	44	SMASHING PĄPKINS/PO LASACH I ŁĄKACH...	M35-39	00:22:40	01:10:27	01:34:55	222	00:08:41	00:22:09	01:30:03	02:14:29	03:07:43
194	PRZYGODA Wojciech	194		M45-49	00:21:51	01:07:42	01:31:06	199	00:08:19	00:21:17	01:30:36	02:12:46	03:08:32
195	GOSTOMSKI Borys	59	40 LAT MINĘŁO	M40-44	00:23:11	01:11:59	01:38:10	230	00:06:48	00:20:25	01:28:36	02:15:17	03:06:37
	BORCHMANN Szymon	259	TRI-SEA WŁADYSŁAWOWO	M35-39	00:20:34	01:05:09	01:29:20	191	00:11:14	00:20:29	01:30:53	02:14:41	03:10:15
197	MUSZYŃSKI Roman	64	YETITEAM	M40-44	00:24:39	01:14:50	01:40:30	234	00:11:24	00:19:49	01:26:08	02:07:52	03:00:49
198	PODKOWSKI Wojciech	127	MORSY GDYNSKIE . BIEGAMY RAZEM ,PL	M50-54	00:25:37	01:15:21	01:40:48	235	00:07:14	00:20:18	01:28:43	02:11:40	03:03:59
	ŁOŚ Sławomir	187		M45-49	00:20:46	01:03:21	01:24:32	158	00:08:34	00:22:05	01:34:32	02:20:13	03:15:42
200	KAPUSTKA Mirosław	106	KAPUSTRI	M35-39	00:23:02	01:15:30	01:41:13	239	00:05:49	00:20:45	01:30:48	02:14:29	03:07:29
201	SUWART Monika i Marcin	169	JAK NIE MY TO KTO! CITYZEN POZNAŃ	M40-44	00:27:52	01:20:55	01:49:23	247	00:15:06	00:20:18	01:25:50	02:05:07	02:53:51
202	KONIECZNY Karol	115		M35-39	00:21:54	01:07:42	01:31:13	200	00:06:52	00:20:46	01:31:04	02:17:24	03:09:57
203	LITKOWSKI Zbigniew	214	NIEZRZESZONY	M45-49	00:24:46	01:16:33	01:42:21	242	00:06:53	00:22:25	01:32:00	02:13:26	03:08:09
204	KNEPKA Piotr	18	ŚWIECIE	M25-29	00:21:47	01:08:55	01:34:00	215	00:08:02	00:21:23	01:31:54	02:16:01	03:13:31
205	PĘDRYS Mirosław	244	ZABIERZÓW BIEGA	M45-49	00:26:59	01:23:58	01:54:59	249	00:09:46	00:20:08	01:24:52	02:06:39	02:55:59
206	LUCHOWSKI Rafał	179	12TRI.PL / SPARTANIE DZIECIOM	M50-54	00:21:40	01:06:40	01:30:07	193	00:08:11	00:20:45	01:35:14	02:19:39	03:15:36
	SITEK Witold	232		M60-64	00:26:58	01:26:39	01:58:54	254	00:07:21	00:19:27	01:25:47	02:05:34	02:55:54
208	SKRZYPCZAK Andrzej	85	MOCZYDŁA TEAM	M45-49	00:25:52	01:20:26	01:49:16	246	00:11:32	00:20:33	01:28:46	02:10:40	03:02:12
209	SOKÓŁ Marcin	184		M30-34	00:21:12	01:13:02	01:41:37	240	00:08:48	00:21:03	01:30:41	02:14:49	03:09:26
210	PILARSKI Paweł	54	DBK	M40-44	00:22:19	01:08:49	01:32:06	205	00:10:13	00:19:37	01:30:52	02:19:39	03:16:44
211	KOŚMIDER Bartosz	105	DBK SZCZECIN	M40-44	00:21:25	01:06:46	01:30:42	196	00:07:13	00:21:31	01:35:19	02:24:08	03:21:22
212	CHMIEL Dariusz	205	PTT DELTA PŁOCK	M50-54	00:22:42	01:09:48	01:33:52	214	00:12:11	00:21:52	01:36:16	02:21:17	03:17:28
	GĘBCZYŃSKI Paweł	118		M35-39	00:23:39	01:16:55	01:44:08	245	00:05:42	00:19:55	01:31:18	02:15:55	03:10:47
214	KUŁAKOWSKI Mirosław	34	METRIN NAMYSŁÓW	M55-59	00:22:04	01:10:10	01:39:12	233	00:11:32	00:21:42	01:32:56	02:15:47	03:12:15
	WOJCIECHOWSKI Adam	14		M45-49	00:23:11	01:15:14	01:43:23	244	00:08:03	00:20:51	01:30:31	02:14:46	03:09:29
Przekroczony limit czasu: 15:00:00													
216	WĘGRZYŃSKI Piotr	132		M45-49	00:23:41	01:13:24	01:41:01	237	00:09:40	00:21:22	01:31:02	02:14:41	03:12:03
	SWĘDROWSKI Sylwester	265	MKL MARATON ŚWINOUJŚCIE	M35-39	00:23:43	01:17:57	01:50:26	248	00:06:02	00:21:35	01:29:40	02:12:51	03:07:09
218	WOŁOWSKI Lech	75		M40-44	00:21:20	01:08:42	01:34:28	220	00:09:01	00:24:19	01:37:14	02:22:58	03:19:39
219	KUCHARCZYK Kamil	112	TRI NOT TO DIE	M30-34	00:24:22	01:16:13	01:42:45	243	00:08:39	00:22:59	01:33:42	02:16:53	03:14:33
220	BRZESKI Marcin	131	M & P	M35-39	00:28:40	01:32:18	02:05:40	255	00:10:26	00:19:43	01:26:31	02:07:28	02:56:42
221	KUZIEMSKI Tomasz	62	KS MARATON OSTROW WLKP	M25-29	00:20:54	01:05:33	01:28:52	188	00:07:18	00:22:31	01:39:50	02:26:32	03:29:20

				Pływanie				T1	Rower				17	Bieg	2018	
	RUDOL Sebastian	23		M40-44	00:22:33	01:09:38	01:34:25	219	00:09:13	00:20:28	01:33:32	02:19:13	03:17:20			
	WAWRESZUK Jan	281	YANOPTIMAL	M18-24	00:19:48	01:00:28	01:21:34	136	00:14:54	00:22:50	01:36:14	02:24:36	03:29:31			
224	KOŚCIELAK Maciej	200	ŻANDARMI Z BYDGOSZCZY	M40-44	00:26:57	01:26:08	01:58:32	253	00:06:40	00:22:01	01:32:47	02:17:34	03:12:38			
	ADAMIK Wiktor	250	ADAMIK MY WAY	M45-49	00:17:46	00:55:14	01:14:49	81	00:04:11	00:19:03	01:20:14	01:57:51	04:09:31			
226	WALKOWIAK Krzysztof	283	MKL MARATON	M35-39	00:15:23	00:47:13	01:03:49	15	00:04:58	01:37:51	02:45:48	03:28:16	04:23:41			
227	MASŁOWSKI Michał	257	NO LIMITS	M25-29	00:21:50	01:10:18	01:34:40	221	00:09:11	00:24:06	01:44:59	02:36:09	03:39:26			
228	POTOCZNY Łukasz	50	EUFORABIIEGACZATEAM	M35-39	00:28:27	01:34:30	02:08:17	256	00:09:40	00:21:23	01:32:16	02:16:59	03:14:51			
229	MIKOŁAJSKI Krzysztof	276		M25-29	00:26:24	01:25:19	01:57:28	252	00:10:02	00:22:29	01:40:21	02:28:36	03:27:49			
230	OŚCIEŁOWSKI Marcin	284		M40-44	00:22:44	01:11:10	01:38:00	227	00:06:25	00:19:47	02:44:01	03:24:42	04:14:33			
231	BOGDAŃSKI Łukasz	25	THOMSON REUTERS TRIATHLON TEAM	M35-39	00:20:18	01:03:13	01:24:54	160	00:06:49	00:22:34	02:52:55	03:36:47	04:31:37			
232	LEWIŃSKI Andrzej	193	BIEGAMYRAZEM.PL / CTS	M45-49	00:23:46	01:12:03	01:37:04	225	00:05:29	00:22:18	02:48:35	03:30:31	04:21:27			
233	NOWAK Adam	37	WUJEK PORADA	M45-49	00:23:54	01:15:40	01:41:10	238	00:08:07	00:25:11	01:49:52	02:46:38	04:08:45			
234	CHMIEL Łukasz	242		M30-34	00:21:18	01:03:52	01:26:12	172	00:23:30	00:21:02	01:32:50	02:17:32	04:51:25			
	BUŁECZKA Paweł	47	RAJSPOORT ACTIVE	M30-34	00:20:04	01:05:19										

Znaleziono 235 wynik(ów)