

Klasyfikacja: Mężczyźni

Punkt pomiarowy: 184,1 km

Msc	Zawodnik	Numer	Klub	Kategoria	Drużyna	Pływanie				Poz	Rower								Poz	Bieg
						P_Borowno 0.95km	P_Borowno 2.85km	R_Borowno 3.8km	Poz		R_Kotomierz 9km	R_Pauliny 42.2km	R_Lidl 63km	R_Kotomierz 87km	R_Pauliny 120.2km	R_Lidl 141km	R_Kotomierz 165km	B_Announcer 180km		
1	CHMURA Maciej	1	GVT BMC - AZS AWF KATOWICE	M30-34	GVT BMC	00:12:23	00:38:07	00:51:17	2	00:01:54	00:15:23	01:07:16	01:40:53	02:16:17	03:06:41	03:37:41	04:15:14	04:38:07	2	00:07:42
2	AUGUSTYNIAK Krzysztof	188	MKS PŁETVAL POLKOWICE	M35-39		00:12:58	00:40:27	00:54:16	3	00:02:22	00:15:30	01:05:40	01:37:30	02:12:52	03:03:16	03:34:17	04:11:46	04:34:43	1	00:07:44
3	LUFT Mikołaj	2	LUFT TRI TEAM	M30-34		00:12:23	00:38:00	00:51:04	1	00:01:41	00:15:09	01:04:38	01:35:30	02:12:59	03:03:57	03:36:06	04:16:28	04:40:57	3	00:05:25
4	MARKOWSKI Marek	267	LABOSPORT TEAM / ULTIMATE PETARDA SQUAD	M40-44		00:13:51	00:42:37	00:57:04	6	00:03:04	00:16:15	01:09:26	01:42:27	02:23:02	03:19:01	03:54:00	04:35:56	05:00:19	7	00:02:04
5	MŁODZIKOWSKI Paweł	137	KB V-MAX ADAMÓW	M30-34	KB V-Max Adamów	00:15:37	00:47:57	01:04:29	17	00:02:43	00:16:33	01:09:32	01:42:51	02:22:32	03:16:18	03:49:59	04:31:44	04:56:01	5	00:02:00
6	WNEK Jarosław	217	KUPSOZE.PL	M30-34		00:14:45	00:45:54	01:01:34	8	00:03:20	00:16:22	01:10:21	01:43:03	02:23:30	03:19:04	03:53:18	04:36:04	05:00:49	9	00:02:04
7	HOLUB Michał	287	TRIATLON TEAM DOLNY KUBIN	M30-34		00:15:16	00:46:43	01:02:51	12	00:02:53	00:16:31	01:09:52	01:43:01	02:24:00	03:18:12	03:52:31	04:35:16	05:00:00	6	00:02:03
	CHOMIK Rafał	241	WAY 2 CHAMP	M40-44		00:16:10	00:49:52	01:07:05	30	00:02:35	00:16:23	01:09:22	01:42:26	02:23:40	03:20:02	03:53:54	04:36:08	05:00:30	8	00:02:43
9	BŁACHOWIAK Jakub	191	STREFASPORTU.PL MW INVEST	M25-29		00:16:49	00:50:37	01:07:56	37	00:02:33	00:16:40	01:11:39	01:45:38	02:26:56	03:22:19	03:56:28	04:38:01	05:02:17	10	00:01:51
10	JURKIEWICZ Mariusz	71		M35-39		00:17:47	00:56:05	01:16:03	91	00:03:43	00:16:52	01:10:14	01:43:08	02:23:27	03:17:15	03:49:51	04:29:48	04:52:47	4	00:02:12
11	KOWALCZYK Marek	253	BRZOZA BIEGA	M40-44		00:15:40	00:48:23	01:04:59	21	00:02:38	00:16:36	01:11:35	01:45:18	02:26:23	03:22:34	03:57:31	04:40:39	05:05:57	14	00:01:35
12	TARGONI Paweł	144		M40-44		00:15:36	00:48:36	01:05:44	25	00:02:55	00:17:43	01:13:25	01:47:21	02:28:41	03:24:00	03:57:53	04:39:30	05:03:41	11	00:02:50
13	STACHURA Mateusz	42		M25-29		00:15:55	00:50:15	01:07:31	34	00:02:30	00:17:05	01:12:05	01:45:23	02:27:20	03:22:59	03:57:04	04:39:29	05:03:55	12	00:01:54
14	KLUPCZYNSKI Piotr	260	BE3 CITYZEN	M25-29		00:15:33	00:48:22	01:05:14	24	00:02:49	00:17:39	01:13:40	01:48:27	02:30:47	03:28:01	04:03:48	04:46:39	05:11:58	17	00:01:57
15	KWIECIEŃ Krystian	185	ANIMALS.PL/UKS OŻAROWICE/4K KWIECIEŃ	M35-39		00:16:26	00:50:01	01:07:14	32	00:02:45	00:17:14	01:13:11	01:47:54	02:29:51	03:27:13	04:02:01	04:45:49	05:11:45	16	00:02:10
16	HOPPE Mateusz	235	SKŻ SOPOT	M25-29		00:15:57	00:48:59	01:06:06	26	00:02:43	00:16:26	01:10:44	01:44:13	02:25:50	03:23:30	03:59:52	04:45:06	05:12:41	19	00:02:44
17	PYKA Marek	256	CHOP ZE ŻELAZA TRI TEAM	M40-44		00:15:58	00:48:26	01:05:12	23	00:03:02	00:17:03	01:11:52	01:47:01	02:29:40	03:26:57	04:03:19	04:48:21	05:14:12	21	00:01:51
18	MICHALEWSKI Dariusz	110	TRIATHLON GOGOLIN	M35-39		00:14:36	00:46:38	01:02:44	11	00:03:02	00:17:29	01:14:08	01:49:13	02:33:11	03:30:23	04:05:40	04:49:49	05:16:22	23	00:02:15
19	KĄŻMIERCZAK Łukasz	204	LUKS DWÓJKA DANIELO SPORTSWEAR STRYKÓW	M35-39		00:16:41	00:52:16	01:11:03	55	00:03:17	00:17:14	01:11:36	01:45:09	02:27:21	03:24:28	03:59:30	04:42:03	05:07:56	15	00:02:20
20	KOŁODZIEJ Sebastian	120	LABOSPORT TEAM	M35-39		00:16:41	00:50:34	01:07:35	35	00:02:45	00:17:14	01:12:48	01:47:31	02:29:27	03:26:49	04:04:47	04:47:33	05:12:14	18	00:02:09
21	SIWIRSKI Robert	285	WTT / WMT	M40-44		00:17:46	00:55:02	01:13:47	69	00:03:04	00:16:29	01:10:34	01:44:44	02:26:14	03:22:25	03:57:06	04:39:48	05:05:00	13	00:03:09
22	KULESZA Jakub	246	TRIATHLON CLUB WROCŁAW	M35-39		00:15:18	00:46:43	01:02:28	10	00:03:26	00:17:17	01:12:19	01:46:49	02:30:07	03:31:52	04:08:57	04:53:39	05:20:50	29	00:03:08
23	LEWANDOWSKI Damian	213	PTT DELTA	M40-44		00:15:31	00:48:21	01:04:51	19	00:03:45	00:17:18	01:14:06	01:49:40	02:33:55	03:34:31	04:10:51	04:55:23	05:20:39	27	00:01:38
24	KOZAR Karol	65	POLISH TRIATHLETES IN UK	M35-39		00:16:30	00:51:18	01:09:17	47	00:03:16	00:18:09	01:15:38	01:50:02	02:32:15	03:30:56	04:06:39	04:50:36	05:16:17	22	00:03:09
25	SZYSZKA Łukasz	286	DRUŻYNA TVN	M25-29		00:15:27	00:48:00	01:04:27	16	00:02:36	00:18:18	01:17:15	01:53:06	02:36:18	03:34:22	04:10:24	04:54:59	05:21:24	30	00:03:32
26	LESZCZEWICZ Waldemar	288	KUŹNIA TRIATHLONU	M40-44		00:16:20	00:50:18	01:07:27	33	00:02:30	00:17:29	01:14:33	01:50:15	02:33:26	03:31:41	04:07:12	04:52:19	05:19:26	25	00:02:39
27	WRÓŃSKI Tomasz	60		M35-39		00:14:44	00:45:13	01:00:49	7	00:03:18	00:17:48	01:15:22	01:51:10	02:35:10	03:35:17	04:12:55	04:58:49	05:26:32	34	00:03:10
28	WILIŃSKI Tomasz	121	LABOSPORT TEAM	M40-44		00:17:49	00:55:06	01:14:37	76	00:04:15	00:17:09	01:12:00	01:46:00	02:28:14	03:26:28	04:02:04	04:46:30	05:13:05	20	00:02:27
29	GRYCZ Kamil	146	UNDEREQUATOR.COM	M25-29		00:16:20	00:50:45	01:08:05	38	00:03:21	00:18:08	01:16:10	01:50:42	02:32:45	03:30:24	04:05:56	04:52:40	05:20:41	28	00:02:39
30	WĘGLIŃSKI Sebastian	93	KS BARAKUDA MIŃSK MAZ	M35-39		00:16:19	00:52:23	01:10:45	50	00:03:50	00:17:19	01:13:10	01:47:58	02:30:54	03:29:52	04:06:37	04:53:05	05:20:26	26	00:03:42
31	PIOTROWSKI Artur	234	TRIATHLON SEDLCE CLUB	M40-44	KB V-Max Adamów	00:15:13	00:48:19	01:04:58	20	00:03:02	00:17:56	01:17:02	01:53:37	02:38:03	03:39:20	04:16:10	05:02:39	05:30:31	40	00:03:00
32	WIĘCKOWSKI Dariusz	66	AMS TRIATHLON	M35-39	AMS	00:15:40	00:47:12	01:03:15	13	00:04:54	00:18:06	01:18:11	01:54:21	02:38:10	03:37:56	04:15:24	05:03:06	05:30:28	39	00:03:32

					Pływanie				Rower									Bieg	
33	POKORSKI Marek	245	IMPAQ	M45-49	00:17:51	00:54:46	<b>01:13:05</b>	66	00:04:08	00:17:26	01:14:39	01:49:20	02:32:56	03:33:32	04:10:42	04:55:55	<b>05:22:24</b>	<b>32</b>	00:04:09
34	KÜBLER Remigiusz	46	TORUŃSKI KLUB TRIATHLONOWY	M25-29	00:16:45	00:50:48	<b>01:08:17</b>	40	00:03:31	00:18:14	01:16:09	01:51:08	02:36:31	03:38:53	04:15:37	05:02:04	<b>05:30:33</b>	<b>41</b>	00:02:10
35	MESSYASZ Krzysztof	100	BIMARKO&WELDA TEAM	M35-39	00:18:15	00:56:27	<b>01:16:37</b>	94	00:02:58	00:17:47	01:15:48	01:51:08	02:35:18	03:32:44	04:08:23	04:55:13	<b>05:22:11</b>	<b>31</b>	00:02:57
36	FLORKIEWICZ Jacek	243		M40-44	00:16:56	00:52:20	<b>01:11:02</b>	54	00:03:20	00:19:40	01:19:43	01:55:53	02:40:27	03:39:29	04:15:20	05:02:02	<b>05:28:04</b>	<b>37</b>	00:03:05
37	ANDRZEJCZYK Sebastian	262	NEON	M45-49	00:16:37	00:51:07	<b>01:09:13</b>	46	00:02:53	00:18:18	01:17:21	01:54:20	02:39:02	03:40:00	04:17:39	05:04:05	<b>05:32:42</b>	<b>46</b>	00:02:56
38	FILIPOWSKI Zdzisław	171	KS CELIRONMAN	M45-49	00:16:42	00:51:59	<b>01:10:03</b>	49	00:03:30	00:18:35	01:18:30	01:55:38	02:41:03	03:41:46	04:19:12	05:05:29	<b>05:32:47</b>	<b>47</b>	00:01:30
39	SZNAJDER Mariusz	57		M35-39	00:16:25	00:52:16	<b>01:10:52</b>	51	00:03:55	00:18:21	01:17:50	01:54:22	02:39:48	03:40:31	04:17:53	05:04:18	<b>05:31:35</b>	<b>43</b>	00:02:17
40	ŁODA Piotr	209		M35-39	00:16:17	00:49:49	<b>01:06:47</b>	28	00:05:28	00:18:22	01:15:55	01:52:04	02:37:22	03:39:14	04:18:26	05:06:25	<b>05:34:46</b>	<b>55</b>	00:02:49
41	ŁĄTKOWSKI Sławek	52	ORKAMASTERS IŁAWA	M40-44	00:16:33	00:52:34	<b>01:11:27</b>	57	00:04:12	00:17:17	01:15:45	01:52:44	02:38:11	03:38:24	04:16:13	05:02:56	<b>05:30:59</b>	<b>42</b>	00:05:02
42	RASZTAWICKI Dariusz	58	KUŹNIA TRIATHLONU	M35-39	00:15:55	00:52:13	<b>01:11:37</b>	58	00:03:37	00:18:11	01:18:44	01:56:09	02:43:24	03:44:24	04:20:24	05:07:00	<b>05:34:39</b>	<b>54</b>	00:02:04
43	HAWROT Sylwester	135	NTS NEXELOCROWN GOLENIÓW	M50-54	00:15:59	00:48:14	<b>01:05:04</b>	22	00:04:13	00:19:15	01:19:06	01:55:07	02:41:07	03:44:19	04:24:13	05:12:46	<b>05:41:12</b>	<b>70</b>	00:02:30
	GOZDALSKI Jarosław	10	WITKOWO BIEGA	M45-49	00:17:47	00:55:20	<b>01:14:19</b>	73	00:03:31	00:19:58	01:20:01	01:56:27	02:40:54	03:40:05	04:17:26	05:04:19	<b>05:32:40</b>	<b>45</b>	00:02:35
45	SZYMKOWIAK Norbert	268		M18-24	00:19:05	00:59:53	<b>01:21:17</b>	132	00:04:25	00:17:30	01:13:57	01:49:53	02:32:51	03:33:14	04:10:12	04:57:15	<b>05:25:52</b>	<b>33</b>	00:02:40
46	POCENTEK Krzysztof Robert	236	TRIATHLON RAWA MAZOWIECKA	M40-44	00:16:15	00:50:06	<b>01:07:44</b>	36	00:03:31	00:18:10	01:16:51	01:52:57	02:37:36	03:40:48	04:21:01	05:11:23	<b>05:39:45</b>	<b>66</b>	00:03:25
47	BUCHALIK Arkadiusz	40		M45-49	00:18:25	00:54:31	<b>01:12:51</b>	64	00:03:55	00:18:20	01:18:42	01:55:49	02:41:10	03:42:07	04:19:53	05:06:55	<b>05:35:18</b>	<b>57</b>	00:02:22
48	WALCZAK Robert	67	PARKRUN POZNAŃ	M35-39	00:14:52	00:46:20	<b>01:02:12</b>	9	00:03:44	00:17:40	01:18:57	01:56:07	02:41:27	03:44:42	04:24:20	05:13:00	<b>05:43:03</b>	<b>75</b>	00:05:33
49	MACIUSZEK Łukasz	84	BBL OPOLE	M30-34	00:19:22	00:59:48	<b>01:19:57</b>	115	00:05:10	00:18:01	01:18:19	01:55:04	02:39:29	03:38:07	04:14:17	04:59:44	<b>05:27:15</b>	<b>35</b>	00:02:30
50	KOCHANOWSKI Dariusz	158	TRI LEVEL	M40-44	00:16:55	00:51:34	<b>01:08:59</b>	43	00:03:27	00:18:14	01:15:39	01:51:54	02:37:17	03:40:12	04:19:58	05:09:25	<b>05:39:40</b>	<b>65</b>	00:03:42
	ŻABA Marek	280	TRIATHLON - X- TEAM	M30-34	00:17:49	00:54:45	<b>01:12:57</b>	65	00:04:45	00:17:44	01:16:04	01:52:34	02:37:28	03:39:15	04:17:58	05:06:06	<b>05:35:16</b>	<b>56</b>	00:03:08
52	TERPIŁOWSKI Michał	29		M25-29	00:16:38	00:53:21	<b>01:12:20</b>	61	00:03:21	00:17:52	01:17:01	01:53:52	02:39:12	03:41:28	04:20:04	05:09:01	<b>05:38:56</b>	<b>64</b>	00:02:06
53	WACHOWSKI Błażej	162	WARTA POZNAŃ	M35-39	00:13:56	00:42:35	<b>00:56:53</b>	4	00:03:04	00:19:20	01:21:08	01:59:13	02:46:07	03:51:47	04:32:46	05:24:38	<b>05:54:08</b>	<b>100</b>	00:02:51
54	GÓRZYŃSKI Tomasz	148	TORUŃSKI KLUB TRIATHLONOWY	M40-44	00:17:44	00:54:28	<b>01:13:08</b>	67	00:07:04	00:18:41	01:17:59	01:54:09	02:39:46	03:41:27	04:19:11	05:06:35	<b>05:34:22</b>	<b>52</b>	00:03:07
55	SCHEPPLER Patryk	201	SEKCJA TRIATHLONU AKADEMII WOJSK ŁĄDOWYCH	M18-24	00:16:01	00:51:26	<b>01:09:11</b>	45	00:03:38	00:18:54	01:19:16	01:56:52	02:43:59	03:45:34	04:23:26	05:12:23	<b>05:42:29</b>	<b>72</b>	00:02:39
56	WÓJCIC Mirosław	97	TIME4RUNING	M50-54	00:18:21	00:56:21	<b>01:16:07</b>	92	00:05:07	00:18:13	01:17:02	01:53:00	02:37:40	03:39:52	04:18:02	05:05:16	<b>05:34:12</b>	<b>51</b>	00:03:56
57	JARMOSZEWICZ Łukasz	80	TORUŃSKI KLUB TRIATHLONOWY	M45-49	00:18:51	00:57:59	<b>01:18:21</b>	100	00:04:39	00:17:58	01:16:37	01:52:40	02:37:31	03:39:52	04:18:01	05:04:33	<b>05:32:56</b>	<b>48</b>	00:03:38
58	WIĘDŁOCHA Jan	199		M40-44	00:18:01	00:55:11	<b>01:13:56</b>	70	00:05:42	00:18:43	01:19:11	01:56:44	02:42:26	03:43:18	04:21:15	05:08:55	<b>05:36:26</b>	<b>59</b>	00:03:37
59	KITA Tomek	247	SPECSHOP TEAM	M35-39	00:16:13	00:50:50	<b>01:09:08</b>	44	00:02:58	00:18:27	01:16:20	01:52:16	02:38:02	03:44:55	04:25:41	05:14:46	<b>05:44:07</b>	<b>81</b>	00:03:38
60	KRZYSZTOFIK Kacper	274	TRI AKTYWNY PIOTRKÓW	M40-44	00:19:24	00:59:43	<b>01:20:18</b>	118	00:04:05	00:18:15	01:18:31	01:55:14	02:40:04	03:40:48	04:19:14	05:06:17	<b>05:33:40</b>	<b>49</b>	00:02:27
61	SEREDYŃSKI Przemysław	153		M35-39	00:16:07	00:50:32	<b>01:08:40</b>	41	00:03:43	00:18:32	01:19:20	01:56:50	02:43:46	03:47:42	04:27:43	05:16:57	<b>05:46:06</b>	<b>86</b>	00:03:29
62	BIERNACKI Łukasz	195	VICTUS REBKOW	M30-34	00:15:19	00:49:21	<b>01:07:12</b>	31	00:05:27	00:18:17	01:20:17	01:58:34	02:45:25	03:48:09	04:27:14	05:16:21	<b>05:46:12</b>	<b>87</b>	00:03:29
63	FOREMSKI Sławomir	151	TORUŃSKI KLUB TRIATHLONOWY	M50-54	00:19:26	00:59:09	<b>01:19:31</b>	108	00:03:00	00:17:48	01:15:29	01:51:51	02:36:50	03:37:31	04:18:49	05:08:10	<b>05:37:32</b>	<b>61</b>	00:02:45
64	CHAŁUPKA Paweł	224		M35-39	00:19:42	00:58:06	<b>01:17:47</b>	97	00:04:18	00:18:21	01:18:19	01:54:07	02:40:17	03:43:07	04:21:37	05:09:11	<b>05:37:44</b>	<b>63</b>	00:03:54
65	KARAŚ Michał	149	OLEŚNICKA GRUPA TRIATHLONOWA	M30-34	00:19:27	00:59:32	<b>01:19:22</b>	105	00:04:41	00:18:30	01:19:24	01:56:00	02:40:52	03:41:58	04:20:36	05:09:11	<b>05:37:40</b>	<b>62</b>	00:03:09
66	KUBIAK Bartłomiej	141	DOBRCZ BIEGA	M30-34	00:17:10	00:53:15	<b>01:12:29</b>	62	00:05:02	00:19:05	01:19:37	01:57:00	02:43:31	03:45:55	04:25:08	05:13:07	<b>05:41:12</b>	<b>69</b>	00:06:14
67	SZCZYRBOWSKI Michał	30	TURBOKILLA	M35-39	00:18:11	00:56:00	<b>01:14:54</b>	82	00:04:33	00:18:22	01:18:56	01:56:38	02:42:52	03:45:40	04:25:02	05:15:01	<b>05:43:32</b>	<b>78</b>	00:02:29
68	JANISZEWSKI Artur	266		M35-39	00:18:31	00:55:57	<b>01:14:55</b>	83	00:05:40	00:18:29	01:18:48	01:55:59	02:41:24	03:45:16	04:24:08	05:12:25	<b>05:41:07</b>	<b>68</b>	00:04:09
	ŁOŚ Sławomir	187		M45-49	00:20:46	01:03:21	<b>01:24:32</b>	158	00:08:34	00:22:05	01:34:32	02:20:13	03:15:42	04:32:49	05:24:59				
70	SZELIŃSKI Adam	122	OPP SZCZECIN	M45-49	00:19:24	00:59:22	<b>01:19:35</b>	111	00:03:27	00:18:41	01:20:36	01:58:53	02:45:38	03:48:39	04:27:59	05:16:23	<b>05:43:52</b>	<b>79</b>	00:02:20

					Pływanie				Rower										Bieg
71	KLONOWSKI Mariusz	275	PRIMIGENIUS	M35-39	00:21:42	01:07:04	<b>01:30:44</b>	197	00:05:28	00:17:43	01:16:46	01:53:46	02:37:45	03:38:49	04:16:49	05:02:33	<b>05:30:16</b>	<b>38</b>	00:03:22
72	PIEKARSKI Marek	36	SOLANO	M45-49	00:18:08	00:56:30	<b>01:16:38</b>	95	00:04:34	00:19:06	01:20:47	01:58:04	02:44:04	03:46:44	04:27:14	05:16:51	<b>05:44:54</b>	<b>82</b>	00:03:47
73	GACKA Rafał	208	LUPUS TEAM	M40-44	00:20:11	01:04:12	<b>01:27:08</b>	180	00:03:21	00:17:51	01:16:13	01:52:44	02:39:14	03:42:06	04:21:05	05:08:53	<b>05:36:50</b>	<b>60</b>	00:02:52
	BUCZEK Jakub	196		M30-34	00:17:59	00:55:54	<b>01:14:56</b>	85	00:05:30	00:18:03	01:18:39	01:55:45	02:41:39	03:45:44	04:26:26	05:18:08	<b>05:47:27</b>	<b>88</b>	00:02:35
75	WRÓBEL Darek	159		M40-44	00:19:59	01:02:57	<b>01:25:46</b>	170	00:04:17	00:18:19	01:17:12	01:54:02	02:38:54	03:40:41	04:19:35	05:08:17	<b>05:36:11</b>	<b>58</b>	00:04:29
76	ANDREEV Evgenii	168		M25-29	00:18:52	00:58:36	<b>01:20:09</b>	117	00:05:47	00:18:49	01:20:18	01:57:55	02:45:39	03:47:52	04:26:59	05:15:13	<b>05:43:13</b>	<b>76</b>	00:02:45
77	HALAGARDA Krzysztof	231	PDK	M30-34	00:19:22	01:00:15	<b>01:21:37</b>	138	00:06:03	00:18:40	01:20:03	01:57:09	02:42:05	03:44:06	04:23:58	05:11:57	<b>05:40:28</b>	<b>67</b>	00:03:50
78	KOWALSKI Tomasz	270	WITC	M30-34	00:20:08	01:05:00	<b>01:28:41</b>	183	00:06:10	00:17:52	01:16:49	01:53:48	02:39:06	03:40:26	04:20:18	05:06:22	<b>05:34:35</b>	<b>53</b>	00:03:37
79	CHORAZIAK Witold	261	CELIRONMAN	M50-54	00:18:48	00:58:48	<b>01:20:20</b>	119	00:03:47	00:17:52	01:18:10	01:56:21	02:43:52	03:49:05	04:28:47	05:17:51	<b>05:46:00</b>	<b>85</b>	00:03:10
80	SIERADZAN Przemysław	230	TS AKWEDUKT	M40-44	00:17:38	00:53:04	<b>01:10:58</b>	53	00:05:26	00:19:07	01:21:25	01:59:31	02:46:18	05:10:15	05:52:52				
81	SOBCZAK Marcin	21	TRISPACE	M40-44	00:17:46	00:53:31	<b>01:12:11</b>	59	00:05:27	00:19:37	01:22:57	02:02:06	02:50:17	03:54:37	04:35:02	05:24:11	<b>05:53:04</b>	<b>99</b>	00:03:33
82	ŁUCYSZYN Robert	13		M40-44	00:17:19	00:52:27	<b>01:10:57</b>	52	00:07:36	00:18:52	01:19:02	01:56:32	02:46:12	03:52:18	04:31:42	05:22:59	<b>05:50:52</b>	<b>92</b>	00:05:02
83	TALAREK Arkadiusz	258	TRIATHLONKONSULTING	M40-44	00:19:21	00:59:22	<b>01:19:31</b>	109	00:04:09	00:18:56	01:20:54	01:59:05	02:46:23	03:50:49	04:29:49	05:19:43	<b>05:48:51</b>	<b>91</b>	00:02:47
84	GAJEWSKI Sebastian	125	TRINERGY	M35-39	00:16:34	00:51:59	<b>01:09:58</b>	48	00:03:39	00:19:42	01:23:27	02:02:21	02:50:34	03:55:34	04:35:46	05:26:50	<b>05:57:07</b>	<b>106</b>	00:04:53
	KARCZEWSKI Adrian	263	CB163	M30-34	00:20:09	01:03:23	<b>01:25:33</b>	164	00:05:00	00:19:20	01:18:51	01:55:20	02:40:44	03:42:43	04:22:32	05:14:00	<b>05:44:05</b>	<b>80</b>	00:02:43
86	WEJKUĆ Grzegorz	210		M40-44	00:18:39	00:57:46	<b>01:18:23</b>	101	00:05:00	00:18:37	01:19:18	01:56:26	02:44:19	03:49:30	04:32:12	05:21:35	<b>05:51:49</b>	<b>94</b>	00:02:17
87	BOROWIK Marcin	119		M35-39	00:19:20	01:00:17	<b>01:21:38</b>	139	00:04:17	00:18:56	01:20:38	01:59:04	02:45:55	03:49:26	04:29:36	05:18:40	<b>05:48:44</b>	<b>90</b>	00:02:54
88	FOGT Maciej	6	CB163	M35-39	00:19:56	01:02:32	<b>01:25:40</b>	165	00:04:39	00:18:23	01:18:36	01:55:25	02:41:00	03:42:27	04:22:23	05:12:39	<b>05:42:34</b>	<b>73</b>	00:05:27
89	PRZYBYLSKI Maciej	99		M40-44	00:21:38	01:08:52	<b>01:33:28</b>	209	00:07:02	00:18:01	01:17:42	01:54:28	02:40:11	03:41:14	04:19:20	05:06:25	<b>05:33:41</b>	<b>50</b>	00:04:13
90	PIETRZAK Romek	139	CENTRUM ROWEROWE DSR TEAM	M55-59	00:18:54	00:57:30	<b>01:18:39</b>	103	00:04:48	00:18:31	01:18:30	01:55:50	02:43:48	03:49:17	04:31:04	05:21:43	<b>05:51:01</b>	<b>93</b>	00:04:15
91	KIRCHYK Serhii	222	KREMENTRI	M30-34	00:16:21	00:50:30	<b>01:08:07</b>	39	00:05:58	00:18:54	01:19:32	01:59:45	02:52:08	04:00:50	04:43:41		<b>06:01:23</b>	<b>118</b>	00:04:19
	DYKSZAK Filip	83	IRONDRAGON TRIATHLON	M35-39	00:19:10	00:59:39	<b>01:20:23</b>	120	00:03:26	00:18:13	01:16:22	01:52:34	02:38:18	03:41:30	04:24:25	05:20:13	<b>05:52:52</b>	<b>96</b>	00:03:32
93	SZYDŁOWSKI Marek	61	PARKRUN POZNAŃ	M35-39	00:16:06	00:49:39	<b>01:06:50</b>	29	00:04:32	00:19:19	01:24:12	02:04:08	02:52:26	03:59:42	04:41:48	05:34:26	<b>06:04:49</b>	<b>125</b>	00:04:40
94	BLICHARZ Marcin	19		M35-39	00:20:17	01:02:30	<b>01:25:00</b>	161	00:06:38	00:19:23	01:22:36	02:00:57	02:47:50	03:51:08	04:30:23	05:18:03	<b>05:45:44</b>	<b>83</b>	00:03:42
95	BETLEJ Hubert	31	ESKADRA KRAKÓW	M35-39	00:21:44	01:06:33	<b>01:29:44</b>	192	00:05:08	00:18:05	01:17:00	01:52:36	02:37:46	03:40:36	04:20:52	05:12:05	<b>05:41:38</b>	<b>71</b>	00:04:35
96	KŁOS Marcin	157		M35-39	00:18:33	00:55:49	<b>01:14:56</b>	84	00:05:29	00:18:50	01:21:40	01:59:36	02:47:37	03:54:21	04:34:36	05:23:47	<b>05:52:52</b>	<b>95</b>	00:09:05
97	MARKIEWICZ Damian	33	MARKIEWICZ TRI TEAM	M40-44	00:20:43	01:04:37	<b>01:27:45</b>	182	00:06:53	00:19:04	01:19:12	01:56:16	02:41:55	03:46:29	04:27:13	05:15:19	<b>05:42:53</b>	<b>74</b>	00:04:53
98	MATUSZEWSKI Nikodem	116	CARLSBERG	M25-29	00:20:10	01:01:33	<b>01:23:14</b>	150	00:03:48	00:19:21	01:23:15	02:02:16	02:50:06	03:55:30	04:34:57	05:24:11	<b>05:53:02</b>	<b>98</b>	00:02:37
99	ŁAZ Kamil	8	RUN BYDGOSZCZ	M35-39	00:17:50	00:55:31	<b>01:14:47</b>	80	00:04:38	00:19:55	01:23:43	02:02:07	02:49:31	03:56:11	04:37:41	05:29:55	<b>06:01:14</b>	<b>117</b>	00:02:51
	URBAŚ Tomasz	45		M40-44	00:17:09	00:55:04	<b>01:15:26</b>	86	00:04:44	00:19:02	01:22:27	02:01:47	02:50:48	03:57:07	04:38:31	05:29:36	<b>05:59:40</b>	<b>114</b>	00:04:37
101	JEREMICZ Marcin	102	SZTAFETA NADZIEI	M35-39	00:19:17	00:57:39	<b>01:17:39</b>	96	00:03:08	00:18:29	01:19:29	01:57:54	02:46:19	03:53:16	04:37:37	05:29:50	<b>06:01:07</b>	<b>116</b>	00:02:34
102	GUTENPLAN Jacek	197		M50-54	00:20:04	01:02:29	<b>01:23:54</b>	156	00:05:47	00:19:43	01:22:36	02:01:35	02:49:06	03:52:58	04:31:57	05:19:52	<b>05:48:39</b>	<b>89</b>	00:06:14
103	MILIŃSKI Piotr	43	WARSAW MASTERS TEAM	M25-29	00:20:12	01:04:39	<b>01:27:07</b>	179	00:04:00	00:18:52	01:22:27	02:01:05	02:48:18	03:53:16	04:33:01	05:22:34	<b>05:52:52</b>	<b>97</b>	00:02:05
104	KALIN Władysław	229		M35-39	00:17:05	00:56:08	<b>01:16:28</b>	93	00:05:07	00:19:27	01:20:36	01:59:11	02:47:43	03:54:15	04:35:46	05:28:26	<b>05:57:57</b>	<b>111</b>	00:06:33
105	NIEMCZYK Kazimierz	69		M55-59	00:20:39	01:05:04	<b>01:28:46</b>	185	00:07:18	00:19:03	01:20:59	01:59:15	02:45:17	03:48:43	04:27:53	05:17:32	<b>05:45:59</b>	<b>84</b>	00:04:12
	WAWRESZUK Jan	281	YANOPTIMAL	M18-24	00:19:48	01:00:28	<b>01:21:34</b>	136	00:14:54	00:22:50	01:36:14	02:24:36	03:29:31	04:58:39	05:44:27				
107	KOPROWSKI Maciej	130	KOPER	M40-44	00:19:54	01:02:53	<b>01:25:40</b>	166	00:03:59	00:18:33	01:19:37	01:58:17	02:45:33	03:52:02	04:32:29	05:24:48	<b>05:54:23</b>	<b>101</b>	00:02:44
108	ŻWIRSKI Marcin	279		M25-29	00:20:06	00:59:17	<b>01:19:34</b>	110	00:05:56	00:18:16	01:17:27	01:54:46	02:40:19	03:46:17	04:30:40	05:24:56	<b>05:58:12</b>	<b>112</b>	00:03:04
109	POCHYLSKI Przemysław	145	ZGRUPKA TEAM	M40-44	00:18:06	00:56:16	<b>01:15:49</b>	89	00:03:26	00:18:14	01:18:59	01:57:29	02:46:20	03:56:12	04:44:51	05:36:25	<b>06:06:22</b>	<b>130</b>	00:02:19
110	MARTYNOWSKI Łukasz	227		M35-39	00:16:22	00:52:24	<b>01:11:12</b>	56	00:03:21	00:18:50	01:19:30	01:57:59	02:47:16	03:58:16	04:42:23	05:39:05	<b>06:11:20</b>	<b>145</b>	00:02:46
111	WINNIK Piotr	95		M30-34	00:20:10	01:01:50	<b>01:23:44</b>	154	00:05:05	00:20:09	01:25:13	02:03:33	02:50:06	03:55:00	04:37:37	05:27:54	<b>05:56:36</b>	<b>105</b>	00:03:15
	ADAMIK Wiktor	250	ADAMIK MY WAY	M45-49	00:17:46	00:55:14	<b>01:14:49</b>	81	00:04:11	00:19:03	01:20:14	01:57:51	04:09:31	05:22:12	06:06:54				

				Pływanie				Rower								Bieg			
113	KOCIEL Jarosław	38	JAREK Z BYTOMIA	M45-49	00:18:07	00:55:52	<b>01:15:34</b>	88	00:07:21	00:19:10	01:21:35	02:01:16	02:49:21	03:56:43	04:39:34	05:31:50	<b>06:02:04</b>	<b>119</b>	00:05:19
114	DARMETKO Rafał	272		M30-34	00:19:28	01:00:48	<b>01:21:57</b>	143	00:04:26	00:18:56	01:20:17	01:58:19	02:45:31	03:53:58	04:37:55	05:29:47	<b>06:01:01</b>	<b>115</b>	00:02:54
115	LUBOWICKI Łukasz	78	40-LATEK TYCHY	M40-44	00:19:15	01:00:04	<b>01:21:20</b>	133	00:06:16	00:19:17	01:21:31	02:00:21	02:47:41	03:53:57	04:35:13	05:26:38	<b>05:57:39</b>	<b>109</b>	00:05:45
116	KOKOTEK Maciej	183	KS CELIRONMAN	M40-44	00:19:31	00:59:38	<b>01:19:54</b>	114	00:04:30	00:19:16	01:23:54	02:04:20	02:53:20	04:00:46	04:42:36	05:33:57	<b>06:04:26</b>	<b>124</b>	00:02:21
117	STRATYŃSKI Filip	175	CELIRONMAN	M40-44	00:20:32	01:04:20	<b>01:26:49</b>	175	00:03:42	00:19:04	01:20:33	01:58:59	02:46:44	03:53:55	04:36:34	05:28:18	<b>05:57:49</b>	<b>110</b>	00:03:11
118	KRÓLCZYŃSKI Maciej	104	KS WOLNI	M35-39	00:19:55	01:03:43	<b>01:26:16</b>	173	00:03:28	00:18:41	01:18:46	01:56:49	02:44:39	03:51:45	04:35:11	05:27:48	<b>05:57:33</b>	<b>107</b>	00:04:20
119	DOMAGALSKI Piotr	178	IRONMAN CS POLSKA	M50-54	00:19:20	01:00:06	<b>01:21:16</b>	131	00:04:12	00:21:00	01:24:39	02:03:55	02:53:02	04:02:16	04:43:50	05:35:09	<b>06:04:54</b>	<b>126</b>	00:02:47
	KOZŁOWSKI Wojtek	11	K.T.O. Z KRAKOWA	M50-54	00:18:10	00:54:56	<b>01:12:39</b>	63	00:11:24	00:19:20	01:25:23	02:03:28	02:50:08	03:57:04	04:38:44	05:34:40	<b>06:05:17</b>	<b>128</b>	00:04:42
121	KĘSZYCKI Oskar	150	AZEMONSTERS	M25-29	00:17:40	00:54:43	<b>01:14:19</b>	74	00:05:56	00:19:54	01:23:18	02:02:23	02:54:54	04:04:54	04:48:01	05:39:51	<b>06:10:43</b>	<b>142</b>	00:03:11
122	LASSOTA Artur	101		M45-49	00:18:53	00:57:24	<b>01:18:24</b>	102	00:05:32	00:17:58	01:15:39	01:51:42	02:39:45	03:49:11	04:33:20	05:31:28	<b>06:04:15</b>	<b>123</b>	00:07:08
123	ROSZAK Bartosz	161	WRONIECKI KLUB BIEGACZA	M35-39	00:19:13	00:59:37	<b>01:21:04</b>	126	00:03:15	00:19:25	01:22:28	02:01:46	02:52:38	04:07:05	04:47:23	05:38:53	<b>06:07:35</b>	<b>132</b>	00:03:34
124	WARECKI Tomasz	255		M50-54	00:21:19	01:07:12	<b>01:30:39</b>	195	00:05:51	00:18:34	01:21:51	02:00:49	02:49:06	03:54:27	04:35:31	05:26:11	<b>05:55:08</b>	<b>103</b>	00:05:29
125	GWIZDAL Michał	90	TECHNIKA ZWYCIĘSTWA	M30-34	00:15:56	00:51:01	<b>01:08:46</b>	42	00:04:03	00:20:15	01:25:13	02:08:26	03:00:36	04:12:34	04:56:38	05:51:17	<b>06:21:43</b>	<b>166</b>	00:03:10
126	MAZANKA Jakub	86		M40-44	00:19:37	00:59:24	<b>01:19:25</b>	106	00:04:00	00:18:53	01:21:02	01:59:51	02:48:48	03:58:49	04:41:38	05:37:07	<b>06:08:27</b>	<b>137</b>	00:06:35
127	KLIMAS Adam	143		M35-39	00:19:48	01:00:52	<b>01:22:36</b>	146	00:05:08	00:22:14	01:28:58	02:09:27	02:59:03	04:05:02	04:46:17	05:37:10	<b>06:06:46</b>	<b>131</b>	00:04:08
	HIRT Tomasz	111	CB 163	M35-39	00:17:42	00:55:00	<b>01:14:28</b>	75	00:04:01	00:19:03	01:22:22	02:01:51	02:50:57	04:00:45	04:46:17	05:42:29	<b>06:17:08</b>	<b>157</b>	00:04:40
129	SZUKALA Piotr	206	SPELEOKLUB 'BOBRY' Z ZAGANIA	M30-34	00:21:09	01:05:50	<b>01:28:49</b>	187	00:07:46	00:19:23	01:23:17	02:03:53	02:51:58	03:57:53	04:38:13	05:28:37	<b>05:57:35</b>	<b>108</b>	00:06:18
130	WALKOWIAK Krzysztof	283	MKL MARATON	M35-39	00:15:23	00:47:13	<b>01:03:49</b>	15	00:04:58	01:37:51	02:45:48	03:28:16	04:23:41	05:39:57	06:27:14				
131	DASZEWSKI Filip	107		M18-24	00:17:48	00:54:59	<b>01:13:38</b>	68	00:07:06	00:19:50	01:24:35	02:05:37	02:56:28	04:06:56	04:50:23	05:44:22	<b>06:14:31</b>	<b>151</b>	00:05:47
132	GÓRKA Dariusz	138	BIKEBOARD	M40-44	00:20:36	01:06:42	<b>01:31:30</b>	202	00:04:29	00:19:03	01:21:59	02:01:23	02:50:19	03:57:31	04:39:32	05:31:54	<b>06:02:23</b>	<b>120</b>	00:03:14
133	OWCZARSKI Marcin	87	PSP CZŁUCHÓW/ MMGO BORYTEAM	M40-44	00:19:26	00:59:10	<b>01:19:18</b>	104	00:05:42	00:19:16	01:23:19	02:03:52	02:53:11	04:03:34	04:46:38	05:40:33	<b>06:11:04</b>	<b>143</b>	00:05:51
134	SZUT Dariusz	94	IRONMAN CS POLSKA	M40-44	00:19:33	01:00:19	<b>01:21:53</b>	141	00:06:24	00:20:06	01:21:39	01:59:48	02:48:21	03:56:07	04:41:00	05:35:11	<b>06:09:59</b>	<b>139</b>	00:04:53
	SZULC Wojtek	277	KOCHAM DARIE	M50-54	00:21:16	01:05:23	<b>01:28:44</b>	184	00:05:27	00:18:11	01:18:50	01:57:03	02:43:54	03:49:59	04:31:43	05:26:57	<b>05:59:06</b>	<b>113</b>	00:09:56
136	LANECKI Artur	165		M40-44	00:18:25	00:56:25	<b>01:15:57</b>	90	00:08:46	00:19:30	01:25:06	02:05:50	02:58:15	04:05:59	04:47:43	05:42:11	<b>06:12:41</b>	<b>149</b>	00:06:28
137	KALISZEWSKI Daniel	249		M40-44	00:20:01	01:01:47	<b>01:23:50</b>	155	00:09:53	00:19:48	01:24:35	02:04:11	02:52:52	03:59:04	04:40:36	05:33:56	<b>06:05:08</b>	<b>127</b>	00:05:51
138	GRZEĐA Tomasz	128		M35-39	00:20:23	01:03:22	<b>01:24:54</b>	159	00:05:24	00:19:42	01:25:28	02:05:24	02:53:34	04:00:43	04:43:07	05:38:26	<b>06:10:22</b>	<b>140</b>	00:05:01
139	WIJAS Andrzej	218		M30-34	00:20:34	01:03:56	<b>01:26:54</b>	177	00:05:54	00:20:28	01:25:20	02:05:37	02:56:01	04:05:05	04:48:05	05:40:40	<b>06:11:55</b>	<b>147</b>	00:01:50
140	MAKOWSKI Sławomir	22	RUN BYDGOSZCZ	M45-49	00:23:17	01:12:58	<b>01:38:37</b>	231	00:07:47	00:18:30	01:19:28	01:57:08	02:43:56	03:48:11	04:29:14	05:23:10	<b>05:56:34</b>	<b>104</b>	00:04:00
141	NOVLYANSKIY Konstantin	136	JUSTTRI	M30-34	00:22:53	01:11:02	<b>01:35:59</b>	223	00:04:59	00:20:10	01:24:09	02:04:44	02:53:08	04:01:15	04:42:24	05:32:45	<b>06:02:36</b>	<b>121</b>	00:03:28
142	JARLIŃSKI Rafał	174	ORKAMASTERS IŁAWA	M50-54	00:20:05	00:59:44	<b>01:21:53</b>	140	00:08:37	00:18:33	01:21:18	02:01:15	02:50:25	03:58:54	04:42:07	05:36:38	<b>06:08:24</b>	<b>136</b>	00:08:21
143	BĘDKOWSKI Kamil	240	ADWOKATURA OPOLE	M30-34	00:19:26	01:00:36	<b>01:22:51</b>	148	00:06:04	00:19:53	01:25:03	02:05:20	02:55:18	04:03:34	04:48:13	05:42:14	<b>06:14:51</b>	<b>153</b>	00:03:47
144	JARMUŻEK Mikołaj	212	QSG TEAM	M30-34	00:20:25	01:06:18	<b>01:30:33</b>	194	00:05:43	00:18:44	01:20:54	01:59:50	02:47:24	03:54:43	04:37:17	05:33:46	<b>06:06:19</b>	<b>129</b>	00:05:39
145	NEJMAN Andrzej	16		M35-39	00:19:27	01:00:10	<b>01:21:26</b>	134	00:06:13	00:19:48	01:24:53	02:05:07	02:56:04	04:05:50	04:49:54	05:46:24	<b>06:18:19</b>	<b>160</b>	00:04:44
146	ŻOŁNIEROWICZ Hubert	41	BIEGAM BO LUBIĘ ZĄBKI TEAM	M35-39	00:21:22	01:07:16	<b>01:31:39</b>	203	00:04:40	00:19:11	01:21:36	02:01:10	02:50:32	03:58:07	04:40:42	05:35:09	<b>06:08:18</b>	<b>134</b>	00:06:35
147	KORSAKOV Kostiantyn	226	TRIATHLON SERWIS	M45-49	00:18:57	00:59:40	<b>01:21:07</b>	129	00:09:02	00:20:26	01:27:15	02:09:01	03:01:47	04:11:06	04:52:56	05:45:48	<b>06:17:26</b>	<b>159</b>	00:04:49
148	WROŃSKI Artur	81	COIG SA - BUSINESS INTELLIGENCE TEAM	M35-39	00:21:16	01:05:43	<b>01:29:10</b>	190	00:06:57	00:19:17	01:22:10	02:04:47	02:56:58	04:04:56	04:47:31	05:39:40	<b>06:10:43</b>	<b>141</b>	00:06:57
149	OŚCIEŁOWSKI Marcin	284		M40-44	00:22:44	01:11:10	<b>01:38:00</b>	227	00:06:25	00:19:47	02:44:01	03:24:42	04:14:33	05:23:50	06:05:43				
150	STASIEWSKI Mariusz	233	TRISPACE	M40-44	00:20:08	01:00:26	<b>01:21:33</b>	135	00:04:42	00:20:23	01:27:00	02:09:08	03:02:07	04:12:50	04:57:03	05:53:50	<b>06:25:47</b>	<b>176</b>	00:02:43
151	TRELA Rafał	142	K T ŻYWIEC	M50-54	00:19:39	01:00:01	<b>01:21:13</b>	130	00:07:30	00:19:43	01:24:24	02:05:03	02:55:20	04:06:50	04:52:06	05:46:46	<b>06:18:48</b>	<b>162</b>	00:08:01
152	MUSZYŃSKI Marek	192	RISE&SHINE	M40-44	00:19:47	00:59:04	<b>01:19:30</b>	107	00:07:27	00:20:40	01:29:47	02:10:20	03:00:29	04:11:55	04:55:20	05:49:25	<b>06:21:20</b>	<b>165</b>	00:07:28
153	JANKOWSKI Adam	129	AKADEMIA BIEGANIA GRUDZIĄDZ	M40-44	00:18:41	00:59:12	<b>01:20:00</b>	116	00:04:10	00:18:21	01:21:33	02:03:00	02:54:35	04:03:19	04:46:07	05:49:23	<b>06:26:43</b>	<b>180</b>	00:05:15
154	DUBIŃSKI Bogdan	190	LEGIA WARSZAWA	M65-69	00:17:54	00:55:30	<b>01:14:40</b>	77	00:08:01	00:20:07	01:25:05	02:05:51	02:57:02	04:09:17	04:54:12	05:52:36	<b>06:27:37</b>	<b>182</b>	00:05:58
155	WOJDAT Przemysław	98		M25-29	00:18:11	00:55:40	<b>01:14:41</b>	78	00:08:26	00:20:59	01:29:07	02:11:31	03:03:54	04:14:35	04:56:58	05:52:59	<b>06:26:25</b>	<b>178</b>	00:07:40
156	PIEĐOŃ Piotr	77	LITWIN TRIATHLON TEAM	M35-39	00:17:12	00:53:17	<b>01:12:15</b>	60	00:07:59	00:19:08	01:21:54	02:00:22	02:51:06	04:11:03	04:55:54	05:55:53	<b>06:27:44</b>	<b>183</b>	00:09:33
157	KULIŃSKI Piotr	198	IRON FIGHTERS	M25-29	00:20:14	01:01:22	<b>01:22:35</b>	145	00:05:48	00:19:46	01:25:31	02:07:07	03:00:22	04:11:55	04:55:26	05:51:48	<b>06:26:44</b>	<b>181</b>	00:02:48
158	CHMEL Sergiy	252	BORYS RUNNING CLUB	M35-39	00:21:38	01:04:32	<b>01:25:50</b>	171	00:05:40	00:19:24	01:22:46	02:02:34	02:53:42	04:06:45	04:54:53	05:49:38	<b>06:22:26</b>	<b>168</b>	00:05:30



					Pływanie				Rower										Bieg
159	FLORCZAK Krzysztof	223	KS MARATON OSTRÓW WLKP.	M45-49	00:22:31	01:13:29	<b>01:40:52</b>	236	00:06:39	00:20:04	01:26:05	02:06:42	02:56:46	04:02:39	04:44:31	05:37:33	<b>06:08:49</b>	<b>138</b>	00:03:29
160	KUCIŃSKI Artur	264		M40-44	00:17:52	00:55:07	<b>01:14:04</b>	71	00:08:57	00:20:31	01:28:02	02:08:56	03:01:29	04:16:01	05:01:58	05:59:05	<b>06:31:33</b>	<b>189</b>	00:05:39
161	GORGOL Tomasz	4	LP 500	M40-44	00:21:32	01:09:57	<b>01:34:24</b>	218	00:07:33	00:19:51	01:24:55	02:04:44	02:55:16	04:05:24	04:48:24	05:43:28	<b>06:15:07</b>	<b>155</b>	00:03:58
162	ROMAN Krzysztof	35	PRZECINAK77	M40-44	00:22:49	01:09:13	<b>01:32:52</b>	207	00:06:00	00:19:30	01:23:49	02:04:56	02:56:06	05:32:16	06:16:46				
163	LEWIŃSKI Andrzej	193	BIEGAMYRAZEM.PL / CTS	M45-49	00:23:46	01:12:03	<b>01:37:04</b>	225	00:05:29	00:22:18	02:48:35	03:30:31	04:21:27	05:33:07	06:16:41				
164	BRONISZ Wojciech	254		M18-24	00:17:45	00:55:22	<b>01:15:28</b>	87	00:11:02	00:22:36	01:34:01	02:17:40	03:09:43	04:20:04	05:03:20	05:58:04	<b>06:30:47</b>	<b>187</b>	00:05:26
165	CHMIEL Waldemar	82	PTT DELTA	M55-59	00:20:03	01:02:13	<b>01:25:42</b>	167	00:10:52	00:20:03	01:26:51	02:07:48	02:58:00	04:07:21	04:50:23	05:49:04	<b>06:20:22</b>	<b>163</b>	00:06:05
166	CHMIEL Piotr	207	PTT DELTA	M25-29	00:21:09	01:03:45	<b>01:25:45</b>	169	00:10:12	00:19:16	01:22:55	02:01:33	02:50:16	04:01:35	04:44:57	05:46:32	<b>06:17:24</b>	<b>158</b>	00:09:41
167	KOLMAJER Rafał	182	#TEAMFARFALLA	M35-39	00:23:18	01:08:58	<b>01:34:01</b>	216	00:09:08	00:20:34	01:29:11	02:06:57	02:56:27	04:04:36	04:46:59	05:40:14	<b>06:11:11</b>	<b>144</b>	00:10:51
	KRAWISZ Maciej	7	LP500	M40-44	00:22:30	01:14:31	<b>01:41:48</b>	241	00:05:59	00:19:27	01:26:55	02:07:25	02:57:25	04:04:21	04:47:32	05:42:29	<b>06:14:32</b>	<b>152</b>	00:03:24
169	KUBUSZEWSKI Radosław	273	KOMANDO FLAKI	M30-34	00:19:17	00:57:59	<b>01:18:12</b>	99	00:07:09	00:20:00	01:26:29	02:06:27	02:57:50	04:12:57	04:58:18	05:58:53	<b>06:34:09</b>	<b>194</b>	00:06:18
170	KADZIELEWSKI Damian	5	FUNDAJA STUDENCKA 'MŁODZI MŁODYM' 4336	M25-29	00:18:01	00:55:16	<b>01:14:07</b>	72	00:08:01	00:19:59	01:28:17	02:09:35	03:02:42	04:19:15	05:03:26	06:03:10	<b>06:36:30</b>	<b>197</b>	00:07:11
171	TROSZCZYŃSKI Wojciech	237		M45-49	00:18:31	00:59:44	<b>01:21:56</b>	142	00:07:38	00:20:34	01:29:07	02:12:00	03:04:08	04:15:22	04:59:28	05:59:16	<b>06:32:28</b>	<b>192</b>	00:04:27
172	TUREK Michał	44	SMASHING PĄPKINS/PO LASACH I ŁĄKACH...	M35-39	00:22:40	01:10:27	<b>01:34:55</b>	222	00:08:41	00:22:09	01:30:03	02:14:29	03:07:43	04:14:01	04:55:16	05:49:42	<b>06:18:20</b>	<b>161</b>	00:04:36
173	TYMUL Jakub	225	NOVO IRON TEAM / TRISPACE	M40-44	00:21:53	01:09:27	<b>01:33:39</b>	212	00:05:22	00:19:36	01:25:39	02:05:37	02:55:24	04:07:08	04:51:39	05:51:31	<b>06:24:43</b>	<b>175</b>	00:03:04
174	MIS Waldemar	12	SMASHING PĄPKINS / #TEAMDKMS	M40-44	00:21:02	01:07:11	<b>01:31:25</b>	201	00:06:57	00:19:40	01:24:33	02:06:47	02:58:02	04:10:42	04:55:41	05:51:39	<b>06:24:24</b>	<b>174</b>	00:04:06
175	BOGDAŃSKI Łukasz	25	THOMSON REUTERS TRIATHLON TEAM	M35-39	00:20:18	01:03:13	<b>01:24:54</b>	160	00:06:49	00:22:34	02:52:55	03:36:47	04:31:37	05:45:26	06:31:20				
176	GACKOWSKI Krzysztof	79	IRON&ONE TRENER PERSONALNY	M45-49	00:20:08	01:00:02	<b>01:20:28</b>	121	00:06:26	00:19:57	01:27:58	02:10:09	03:03:54	04:16:29	05:02:34	06:03:05	<b>06:35:30</b>	<b>196</b>	00:05:41
177	SUBKOWSKI Artur	17		M40-44	00:19:50	01:02:21	<b>01:24:26</b>	157	00:06:31	00:21:43	01:32:18	02:14:44	03:07:37	04:17:41	05:03:52	06:00:08	<b>06:34:51</b>	<b>195</b>	00:03:57
178	BŁASZCZYK Borys	133		M25-29	00:22:55	01:10:28	<b>01:33:40</b>	213	00:08:17	00:19:12	01:23:31	02:03:51	02:54:20	04:08:18	04:52:37	05:48:59	<b>06:23:04</b>	<b>169</b>	00:04:50
179	KEPIŃSKI Henryk	39	KB SPARTAKUS BEŁCHATÓW	M65-69	00:21:30	01:09:14	<b>01:36:00</b>	224	00:07:06	00:19:53	01:27:28	02:08:24	03:01:26	04:09:37	04:54:47	05:51:32	<b>06:23:12</b>	<b>170</b>	00:03:47
180	WASZAK Norbert	73	INCLUDE	M35-39	00:23:31	01:12:25	<b>01:37:43</b>	226	00:04:25	00:20:08	01:26:36	02:09:28	03:00:46	04:09:13	04:56:59	05:51:42	<b>06:23:15</b>	<b>171</b>	00:05:12
181	GÓRSKI Marian	177	KRS TKKF JASTRZĄB RUDA ŚLĄSKA	M60-64	00:21:00	01:03:45	<b>01:25:44</b>	168	00:07:44	00:20:38	01:29:08	02:12:27	03:04:25	04:15:45	05:03:23	05:59:22	<b>06:31:57</b>	<b>191</b>	00:05:10
182	WASILEWSKI Mirosław	70	ORKAMASTERS IŁAWA	M40-44	00:20:51	01:07:38	<b>01:32:13</b>	206	00:07:51	00:20:40	01:30:54	02:11:23	03:02:57	04:12:53	04:57:07	05:52:58	<b>06:26:08</b>	<b>177</b>	00:04:47
183	PĘDRYS Mirosław	244	ZABIERZÓW BIEGA	M45-49	00:26:59	01:23:58	<b>01:54:59</b>	249	00:09:46	00:20:08	01:24:52	02:06:39	02:55:59	04:01:13	04:42:45	05:33:25	<b>06:03:50</b>	<b>122</b>	00:06:22
184	CYBULSKI Konrad	152	CELIRONMAN	M45-49	00:21:15	01:03:00	<b>01:25:20</b>	163	00:08:55	00:21:20	01:29:41	02:12:21	03:07:14	04:19:43	05:05:32	06:02:38	<b>06:36:34</b>	<b>198</b>	00:06:15
185	GOSTOMSKI Borys	59	40 LAT MINĘŁO	M40-44	00:23:11	01:11:59	<b>01:38:10</b>	230	00:06:48	00:20:25	01:28:36	02:15:17	03:06:37	04:17:33	05:00:07	05:56:59	<b>06:28:02</b>	<b>184</b>	00:04:24
186	WIECZOREK Bartosz	109		M30-34	00:19:35	01:00:11	<b>01:21:03</b>	125	00:08:20	00:22:06	01:28:06	02:08:52	03:03:11	04:19:17	05:04:24	06:11:37	<b>06:45:23</b>	<b>203</b>	00:04:01
187	LITKOWSKI Zbigniew	214	NIEZRZESZONY	M45-49	00:24:46	01:16:33	<b>01:42:21</b>	242	00:06:53	00:22:25	01:32:00	02:13:26	03:08:09	04:16:20	04:59:58	05:55:00	<b>06:26:28</b>	<b>179</b>	00:04:16
188	PAZIK Grzegorz	211	WIELISZEW HERON TEAM	M35-39	00:23:47	01:13:10	<b>01:38:09</b>	229	00:07:10	00:19:56	01:27:58	02:10:02	03:02:55	04:13:16	05:00:52	05:59:15	<b>06:31:07</b>	<b>188</b>	00:05:37
189	TOKMAJEVSKI Vladimir	215	SPORTER	M25-29	00:20:15	01:03:39	<b>01:26:52</b>	176	00:09:23	00:20:21	01:27:09	02:08:04	02:58:35	04:11:56	05:01:12	06:05:56	<b>06:41:14</b>	<b>201</b>	00:05:08
190	FELSKI Mariusz	92	MŻS WOŁCZA MAŁA	M50-54	00:20:35	01:01:32	<b>01:22:03</b>	144	00:07:03	00:21:18	01:32:05	02:14:36	03:08:45	04:25:42	05:14:10	06:13:38	<b>06:49:22</b>	<b>207</b>	00:04:55
191	SŁAWKOWSKI Sławomir	271	JUTRZENKA DOBRE MIASTO	M45-49	00:19:49	01:01:29	<b>01:23:35</b>	153	00:07:38	00:20:33	01:28:06	02:12:52	03:07:17	04:24:40	05:11:55	06:12:11	<b>06:46:28</b>	<b>204</b>	00:06:09
	BORCHMANN Szymon	259	TRI-SEA WŁADYSŁAWOWO	M35-39	00:20:34	01:05:09	<b>01:29:20</b>	191	00:11:14	00:20:29	01:30:53	02:14:41	03:10:15	04:23:32	05:08:22	06:05:57	<b>06:39:20</b>	<b>200</b>	00:04:24
193	PODKOWSKI Wojciech	127	MORSY GDYŃSKIE . BIEGAMY RAZEM ,PL	M50-54	00:25:37	01:15:21	<b>01:40:48</b>	235	00:07:14	00:20:18	01:28:43	02:11:40	03:03:59	04:13:54	04:58:39	05:56:18	<b>06:30:14</b>	<b>186</b>	00:06:08
194	MUSZYŃSKI Roman	64	YETITEAM	M40-44	00:24:39	01:14:50	<b>01:40:30</b>	234	00:11:24	00:19:49	01:26:08	02:07:52	03:00:49	04:11:30	04:53:43	05:52:28	<b>06:23:53</b>	<b>173</b>	00:09:16
195	KAPUSTKA Mirosław	106	KAPUSTRI	M35-39	00:23:02	01:15:30	<b>01:41:13</b>	239	00:05:49	00:20:45	01:30:48	02:14:29	03:07:29	04:18:55	05:04:16	06:00:12	<b>06:34:02</b>	<b>193</b>	00:05:34
196	SKRZYPCZAK Andrzej	85	MOCZYDŁA TEAM	M45-49	00:25:52	01:20:26	<b>01:49:16</b>	246	00:11:32	00:20:33	01:28:46	02:10:40	03:02:12	05:37:20	06:22:23				
197	LIZIK Waldemar	24	TRI POWER TEAM KONIN	M45-49	00:19:30	01:01:21	<b>01:23:16</b>	151	00:05:31	00:21:24	01:31:10	02:15:27	03:10:25	04:27:57	05:19:04	06:20:02	<b>06:54:59</b>	<b>215</b>	00:03:59
198	OPOZDA Krzysztof	74	CM UMK	M50-54	00:20:07	01:00:16	<b>01:21:00</b>	124	00:10:42	00:21:47	01:31:17	02:15:28	03:13:51	04:28:59	05:17:28	06:14:00	<b>06:46:58</b>	<b>205</b>	00:10:05
199	MASLOWSKI Jacek	180		M30-34	00:18:50	00:59:50	<b>01:20:42</b>	122	00:07:01	00:22:00	01:33:24	02:17:35	03:11:48	04:28:53	05:19:13	06:20:02	<b>06:58:29</b>	<b>221</b>	00:04:03

				Pływanie				Rower								Bieg			
200	KNEPKA Piotr	18	ŚWIECIE	M25-29	00:21:47	01:08:55	<b>01:34:00</b>	215	00:08:02	00:21:23	01:31:54	02:16:01	03:13:31	04:26:48	05:13:43	06:15:18	<b>06:48:29</b>	<b>206</b>	00:03:25
201	BRZESKI Marcin	131	M & P	M35-39	00:28:40	01:32:18	<b>02:05:40</b>	255	00:10:26	00:19:43	01:26:31	02:07:28	02:56:42	04:03:28	04:45:33	05:40:24	<b>06:12:00</b>	<b>148</b>	00:06:10
202	LUCHOWSKI Rafał	179	12TRI.PL / SPARTANIE DZIECIOM	M50-54	00:21:40	01:06:40	<b>01:30:07</b>	193	00:08:11	00:20:45	01:35:14	02:19:39	03:15:36	04:35:25	05:23:03	06:20:15	<b>06:52:53</b>	<b>212</b>	00:05:11
203	CHMIEL Dariusz	205	PTT DELTA PŁOCK	M50-54	00:22:42	01:09:48	<b>01:33:52</b>	214	00:12:11	00:21:52	01:36:16	02:21:17	03:17:28	04:29:12	05:14:02		<b>06:44:41</b>	<b>202</b>	00:07:27
204	NOWAK Paweł	154	KEPNET	M50-54	00:22:46	01:09:18	<b>01:33:29</b>	210	00:08:02	00:19:51	01:25:08	02:07:47	03:02:10	04:21:51	05:12:14	06:13:42	<b>06:51:26</b>	<b>211</b>	00:05:33
205	LASSAK Bartosz	20	TRISPACE	M40-44	00:21:10	01:05:56	<b>01:29:00</b>	189	00:06:26	00:20:40	01:27:52	02:09:41	03:02:00	04:21:30	05:31:55	06:29:35	<b>07:02:08</b>	<b>225</b>	00:04:22
206	SUWART Monika I Marcin	169	JAK NIE MY TO KTO! CITYZEN POZNAŃ	M40-44	00:27:52	01:20:55	<b>01:49:23</b>	247	00:15:06	00:20:18	01:25:50	02:05:07	02:53:51	04:08:36	04:53:12	05:50:04	<b>06:22:21</b>	<b>167</b>	00:16:06
208	SITEK Witold	232		M60-64	00:26:58	01:26:39	<b>01:58:54</b>	254	00:07:21	00:19:27	01:25:47	02:05:34	02:55:54	04:12:50	04:57:00	05:58:47	<b>06:31:47</b>	<b>190</b>	00:06:35
209	KUŁAKOWSKI Mirosław	34	METRIN NAMYSŁÓW	M55-59	00:22:04	01:10:10	<b>01:39:12</b>	233	00:11:32	00:21:42	01:32:56	02:15:47	03:12:15	04:27:21	05:15:13	06:15:33	<b>06:50:40</b>	<b>209</b>	00:03:36
209	PRZYGODA Wojciech	194		M45-49	00:21:51	01:07:42	<b>01:31:06</b>	199	00:08:19	00:21:17	01:30:36	02:12:46	03:08:32	04:29:05	05:17:44	06:23:05	<b>06:59:31</b>	<b>223</b>	00:07:16
210	SOKÓŁ Marcin	184		M30-34	00:21:12	01:13:02	<b>01:41:37</b>	240	00:08:48	00:21:03	01:30:41	02:14:49	03:09:26	04:26:23	05:15:33	06:14:52	<b>06:51:00</b>	<b>210</b>	00:05:15
211	PILARSKI Paweł	54	DBK	M40-44	00:22:19	01:08:49	<b>01:32:06</b>	205	00:10:13	00:19:37	01:30:52	02:19:39	03:16:44	04:38:16	05:24:50	06:25:19	<b>06:57:24</b>	<b>219</b>	00:07:49
212	KOŚMIDER Bartosz	105	DBK SZCZECIN	M40-44	00:21:25	01:06:46	<b>01:30:42</b>	196	00:07:13	00:21:31	01:35:19	02:24:08	03:21:22	04:42:46	05:30:09	06:29:45	<b>07:01:50</b>	<b>224</b>	00:07:48
213	WOŁOWSKI Lech	75		M40-44	00:21:20	01:08:42	<b>01:34:28</b>	220	00:09:01	00:24:19	01:37:14	02:22:58	03:19:39	04:40:49	05:33:34	06:33:39	<b>07:08:01</b>	<b>227</b>	00:05:39
<b>Przekroczony limit czasu: 15:00:00</b>																			
214	WĘGRZYŃSKI Piotr	132		M45-49	00:23:41	01:13:24	<b>01:41:01</b>	237	00:09:40	00:21:22	01:31:02	02:14:41	03:12:03	04:28:31	05:17:21	06:20:44	<b>06:58:02</b>	<b>220</b>	00:08:32
215	KUCHARCZYK Kamil	112	TRI NOT TO DIE	M30-34	00:24:22	01:16:13	<b>01:42:45</b>	243	00:08:39	00:22:59	01:33:42	02:16:53	03:14:33	04:35:21	05:25:31	06:30:04	<b>07:03:55</b>	<b>226</b>	00:05:06
216	CHMIEL Łukasz	242		M30-34	00:21:18	01:03:52	<b>01:26:12</b>	172	00:23:30	00:21:02	01:32:50	02:17:32	04:51:25	06:13:50	07:01:54				
217	KOŚCIELAK Maciej	200	ŻANDARMI Z BYDGOSZCZY	M40-44	00:26:57	01:26:08	<b>01:58:32</b>	253	00:06:40	00:22:01	01:32:47	02:17:34	03:12:38	04:32:38	05:20:56	06:19:59	<b>06:56:09</b>	<b>217</b>	00:05:03
218	POTOCZNY Łukasz	50	EUFORIABIEGACZATEAM	M35-39	00:28:27	01:34:30	<b>02:08:17</b>	256	00:09:40	00:21:23	01:32:16	02:16:59	03:14:51	04:33:26	05:20:14	06:20:26	<b>06:55:03</b>	<b>216</b>	00:07:14
219	KONIECZNY Karol	115		M35-39	00:21:54	01:07:42	<b>01:31:13</b>	200	00:06:52	00:20:46	01:31:04	02:17:24	03:09:57	04:33:09	06:03:49	07:03:26	<b>07:38:30</b>	<b>234</b>	00:06:49
220	KUZIEMSKI Tomasz	62	KS MARATON OSTROW WLKP	M25-29	00:20:54	01:05:33	<b>01:28:52</b>	188	00:07:18	00:22:31	01:39:50	02:26:32	03:29:20	04:58:53	05:52:57	07:04:04	<b>07:44:59</b>	<b>236</b>	00:04:27
221	MIKOŁAJSKI Krzysztof	276		M25-29	00:26:24	01:25:19	<b>01:57:28</b>	252	00:10:02	00:22:29	01:40:21	02:28:36	03:27:49	04:45:39	05:36:24	06:40:54	<b>07:18:43</b>	<b>230</b>	00:04:35
222	MASŁOWSKI Michał	257	NO LIMITS	M25-29	00:21:50	01:10:18	<b>01:34:40</b>	221	00:09:11	00:24:06	01:44:59	02:36:09	03:39:26	05:17:57	06:16:11	07:33:10	<b>08:11:50</b>	<b>238</b>	00:06:19
223	NOWAK Adam	37	WUJEK PORADA	M45-49	00:23:54	01:15:40	<b>01:41:10</b>	238	00:08:07	00:25:11	01:49:52	02:46:38	04:08:45	06:03:29	07:01:51		<b>08:28:45</b>	<b>239</b>	00:08:09
	WOJCIECHOWSKI Adam	14		M45-49	00:23:11	01:15:14	<b>01:43:23</b>	244	00:08:03	00:20:51	01:30:31	02:14:46	03:09:29	04:31:49	05:34:20	06:54:29	<b>07:31:25</b>	<b>232</b>	
	RUDOL Sebastian	23		M40-44	00:22:33	01:09:38	<b>01:34:25</b>	219	00:09:13	00:20:28	01:33:32	02:19:13	03:17:20	04:54:14	05:42:11	06:50:25	<b>07:39:31</b>	<b>235</b>	
	BUŁECZKA Paweł	47	RAJSPOORT ACTIVE	M30-34	00:20:04	01:05:19													
	CIĘŻKI Maciej	53		M40-44	00:20:18	01:05:13	<b>01:28:48</b>	186	00:07:02	00:18:33	01:23:07	02:02:18	02:52:41						
	LUDEK Tomasz	55	DASH DIGITAL CASH	M30-34	00:19:34	01:00:14	<b>01:21:35</b>	137	00:04:50	00:18:48	01:21:23	02:00:15	02:48:00	03:52:24	04:32:11				
	ROTMAŃSKI Piotr	72	AIR INNOVATIONS	M35-39	00:20:20	01:01:25	<b>01:23:09</b>	149	00:03:33	00:20:02	01:23:50	02:03:23	02:52:38	04:01:50	04:46:04				
	GĘBCZYŃSKI Paweł	118		M35-39	00:23:39	01:16:55	<b>01:44:08</b>	245	00:05:42	00:19:55	01:31:18	02:15:55	03:10:47						
	KRAWENDA Robert	147		M25-29	00:19:13	01:01:01	<b>01:22:42</b>	147	00:04:10	00:16:52	01:12:01	01:47:05	02:31:44	03:31:48	04:10:44	04:59:57	<b>05:31:56</b>	<b>44</b>	
	SWĘDROWSKI Sylwester	265	MKL MARATON ŚWINOUJŚCIE	M35-39	00:23:43	01:17:57	<b>01:50:26</b>	248	00:06:02	00:21:35	01:29:40	02:12:51	03:07:09	04:25:08	05:14:03	06:15:46	<b>06:53:10</b>	<b>213</b>	
	KOWALSKI Jacek	278		M40-44	00:20:51	01:03:42	<b>01:27:04</b>	178	00:07:13	00:19:22	01:23:52	02:04:58	02:57:23	04:14:49	05:01:34	06:08:35	<b>06:56:21</b>	<b>218</b>	
	BANACH Bartosz	221	TORUS - APREKAGEMINI.PL	M30-34	00:13:48	00:42:36	<b>00:56:58</b>	5	00:02:14	00:15:01	01:04:32	01:35:02	02:11:13	03:00:44					
	AUGUŚCIK Mariusz	89		M55-59	00:23:09	01:12:17	<b>01:38:49</b>	232	00:08:00	00:19:41	01:23:33	02:04:31	02:55:16	04:05:07	04:50:53	05:47:08	<b>06:20:30</b>	<b>164</b>	

Znaleziono 235 wynik(ów)