

Wydarzenie:
Organizator:
Data:
Miejsce:
Dystans:

Ocean Lava Triathlon Polska 2018
Towarzystwo Sportowe TRI-SPORT
2018-08-19
Bydgoszcz
226 km

Klasyfikacja: Mężczyźni

Punkt pomiarowy: 212,6 km

Msc	Zawodnik	Numer	Klub	Kategoria	Drużyna	Pływanie				Rower													
						P_Borowno 0.95km	P_Borowno 2.85km	R_Borowno 3.8km	Poz	R_Kotomierz 9km	R_Pauliny 42.2km	R_Lidl 63km	R_Kotomierz 87km	R_Pauliny 120.2km	R_Lidl 141km	R_Kotomierz 165km	B_Announcer 180km	Poz	B_Announcer 6.349km	B_Mysl 10.329km	B_Announ 14.298km		
1	CHMURA Maciej	1	GVT BMC - AZS AWF KATOWICE	M30-34	GVT BMC	00:12:23	00:38:07	00:51:17	2	00:01:54	00:15:23	01:07:16	01:40:53	02:16:17	03:06:41	03:37:41	04:15:14	04:38:07	2	00:07:42	00:19:08	00:35:00	00:51:50
2	AUGUSTYNIAK Krzysztof	188	MKS PŁETVAL POLKOWICE	M35-39		00:12:58	00:40:27	00:54:16	3	00:02:22	00:15:30	01:05:40	01:37:30	02:12:52	03:03:16	03:34:17	04:11:46	04:34:43	1	00:07:44	00:21:27	00:38:11	00:55:59
3	LUFT Mikołaj	2	LUFT TRI TEAM	M30-34		00:12:23	00:38:00	00:51:04	1	00:01:41	00:15:09	01:04:38	01:35:30	02:12:59	03:03:57	03:36:06	04:16:28	04:40:57	3	00:05:25	00:26:09	00:44:27	01:03:51
4	MŁODZIKOWSKI Paweł	137	KB V-MAX ADAMÓW	M30-34	KB V-Max Adamów	00:15:37	00:47:57	01:04:29	17	00:02:43	00:16:33	01:09:32	01:42:51	02:22:32	03:16:18	03:49:59	04:31:44	04:56:01	5	00:02:00	00:25:49	00:42:42	01:01:27
5	HOLUB Michał	287	TRIATLON TEAM DOLNY KUBIN	M30-34		00:15:16	00:46:43	01:02:51	12	00:02:53	00:16:31	01:09:52	01:43:01	02:24:00	03:18:12	03:52:31	04:35:16	05:00:00	6	00:02:03	00:27:56	00:45:25	01:03:42
6	KOWALCZYK Marek	253	BRZOZA BIEGA	M40-44		00:15:40	00:48:23	01:04:59	21	00:02:38	00:16:36	01:11:35	01:45:18	02:26:23	03:22:34	03:57:31	04:40:39	05:05:57	14	00:01:35	00:28:32	00:46:44	01:05:44
7	TARGONI Paweł	144		M40-44		00:15:36	00:48:36	01:05:44	25	00:02:55	00:17:43	01:13:25	01:47:21	02:28:41	03:24:00	03:57:53	04:39:30	05:03:41	11	00:02:50	00:29:54	00:48:56	01:08:35
8	JURKIEWICZ Mariusz	71		M35-39		00:17:47	00:56:05	01:16:03	91	00:03:43	00:16:52	01:10:14	01:43:08	02:23:27	03:17:15	03:49:51	04:29:48	04:52:47	4	00:02:12	00:29:55	00:48:50	01:08:19
9	MARKOWSKI Marek	267	LABOSPORT TEAM / ULTIMATE PETARDA SQUAD	M40-44		00:13:51	00:42:37	00:57:04	6	00:03:04	00:16:15	01:09:26	01:42:27	02:23:02	03:19:01	03:54:00	04:35:56	05:00:19	7	00:02:04	00:36:32	00:57:26	01:18:03
10	KLUPCZYNSKI Piotr	260	BE3 CITYZEN	M25-29		00:15:33	00:48:22	01:05:14	24	00:02:49	00:17:39	01:13:40	01:48:27	02:30:47	03:28:01	04:03:48	04:46:39	05:11:58	17	00:01:57	00:30:04	00:48:42	01:08:15
11	BLACHOWIAK Jakub	191	STREFASPORTU.PL MW INVEST	M25-29		00:16:49	00:50:37	01:07:56	37	00:02:33	00:16:40	01:11:39	01:45:38	02:26:56	03:22:19	03:56:28	04:38:01	05:02:17	10	00:01:51	00:32:13	00:52:11	01:12:57
12	SIWIRSKI Robert	285	WTT / WMT	M40-44		00:17:46	00:55:02	01:13:47	69	00:03:04	00:16:29	01:10:34	01:44:44	02:26:14	03:22:25	03:57:06	04:39:48	05:05:00	13	00:03:09	00:29:47	00:48:57	01:09:35
13	PYKA Marek	256	CHOP ZE ŻELAZA TRI TEAM	M40-44		00:15:58	00:48:26	01:05:12	23	00:03:02	00:17:03	01:11:52	01:47:01	02:29:40	03:26:57	04:03:19	04:48:21	05:14:12	21	00:01:51	00:31:24	00:51:46	01:13:26
14	LEWANDOWSKI Damian	213	PTT DELTA	M40-44		00:15:31	00:48:21	01:04:51	19	00:03:45	00:17:18	01:14:06	01:49:40	02:33:55	03:34:31	04:10:51	04:55:23	05:20:39	27	00:01:38	00:29:33	00:49:24	01:10:43
15	KOŁODZIEJ Sebastian	120	LABOSPORT TEAM	M35-39		00:16:41	00:50:34	01:07:35	35	00:02:45	00:17:14	01:12:48	01:47:31	02:29:27	03:26:49	04:04:47	04:47:33	05:12:14	18	00:02:09	00:31:18	00:52:50	01:15:37
16	KOZAR Karol	65	POLISH TRIATHLETES IN UK	M35-39		00:16:30	00:51:18	01:09:17	47	00:03:16	00:18:09	01:15:38	01:50:02	02:32:15	03:30:56	04:06:39	04:50:36	05:16:17	22	00:03:09	00:30:14	00:49:42	01:11:13
17	WNEK Jarosław	217	KUPSZOSE.PL	M30-34		00:14:45	00:45:54	01:01:34	8	00:03:20	00:16:22	01:10:21	01:43:03	02:23:30	03:19:04	03:53:18	04:36:04	05:00:49	9	00:02:04	00:34:39	00:57:11	01:20:08
18	KULESZA Jakub	246	TRIATHLON CLUB WROCLAW	M35-39		00:15:18	00:46:43	01:02:28	10	00:03:26	00:17:17	01:12:19	01:46:49	02:30:07	03:31:52	04:08:57	04:53:39	05:20:50	29	00:03:08	00:30:24	00:49:37	01:10:04
19	STACHURA Mateusz	42		M25-29		00:15:55	00:50:15	01:07:31	34	00:02:30	00:17:05	01:12:05	01:45:23	02:27:20	03:22:59	03:57:04	04:39:29	05:03:55	12	00:01:54	00:30:45	00:53:17	01:18:14
20	FLORKIEWICZ Jacek	243		M40-44		00:16:56	00:52:20	01:11:02	54	00:03:20	00:19:40	01:19:43	01:55:53	02:40:27	03:39:29	04:15:20	05:02:02	05:28:04	37	00:03:05	00:30:57	00:50:29	01:11:48
21	HOPPE Mateusz	235	SKŻ SOPOT	M25-29		00:15:57	00:48:59	01:06:06	26	00:02:43	00:16:26	01:10:44	01:44:13	02:25:50	03:23:30	03:59:52	04:45:06	05:12:41	19	00:02:44	00:33:51	00:55:19	01:18:02
22	WILIŃSKI Tomasz	121	LABOSPORT TEAM	M40-44		00:17:49	00:55:06	01:14:37	76	00:04:15	00:17:09	01:12:00	01:46:00	02:28:14	03:26:28	04:02:04	04:46:30	05:13:05	20	00:02:27	00:31:48	00:52:45	01:15:23
23	KĄZMIERCZAK Łukasz	204	LUKS DWÓJKA DANIELO SPORTSWEAR STRYKÓW	M35-39		00:16:41	00:52:16	01:11:03	55	00:03:17	00:17:14	01:11:36	01:45:09	02:27:21	03:24:28	03:59:30	04:42:03	05:07:56	15	00:02:20	00:33:37	00:56:10	01:20:04
24	SZYSZKA Łukasz	286	DRUŻYNA TVN	M25-29		00:15:27	00:48:00	01:04:27	16	00:02:36	00:18:18	01:17:15	01:53:06	02:36:18	03:34:22	04:10:24	04:54:59	05:21:24	30	00:03:32	00:30:53	00:50:59	01:14:41
25	WĘGLIŃSKI Sebastian	93	KS BARAKUDA MIŃSK MAZ	M35-39		00:16:19	00:52:23	01:10:45	50	00:03:50	00:17:19	01:13:10	01:47:58	02:30:54	03:29:52	04:06:37	04:53:05	05:20:26	26	00:03:42	00:32:49	00:55:05	01:18:13
26	WALCZAK Robert	67	PARKRUN POZNAŃ	M35-39	parkrun Poznań	00:14:52	00:46:20	01:02:12	9	00:03:44	00:17:40	01:18:57	01:56:07	02:41:27	03:44:42	04:24:20	05:13:00	05:43:03	75	00:05:33	00:32:18	00:51:52	01:12:50
27	WRÓŃSKI Tomasz	60		M35-39		00:14:44	00:45:13	01:00:49	7	00:03:18	00:17:48	01:15:22	01:51:10	02:35:10	03:35:17	04:12:55	04:58:49	05:26:32	34	00:03:10	00:31:08	00:52:29	01:15:44
28	LESZCZEWICZ Waldemar	288	KUŹNIA TRIATHLONU	M40-44		00:16:20	00:50:18	01:07:27	33	00:02:30	00:17:29	01:14:33	01:50:15	02:33:26	03:31:41	04:07:12	04:52:19	05:19:26	25	00:02:39	00:36:12	01:00:38	01:24:56
29	PIOTROWSKI Artur	234	TRIATHLON SEDLCE CLUB	M40-44	KB V-Max Adamów	00:15:13	00:48:19	01:04:58	20	00:03:02	00:17:56	01:17:02	01:53:37	02:38:03	03:39:20	04:16:10	05:02:39	05:30:31	40	00:03:00	00:35:12	00:57:38	01:21:36
30	KRZYSZTOFIK Kacper	274	TRI AKTYWNY PIOTRKÓW	M40-44		00:19:24	00:59:43	01:20:18	118	00:04:05	00:18:15	01:18:31	01:55:14	02:40:04	03:40:48	04:19:14	05:06:17	05:33:40	49	00:02:27	00:28:44	00:50:20	01:10:04
31	BUCHALIK Arkadiusz	40		M45-49		00:18:25	00:54:31	01:12:51	64	00:03:55	00:18:20	01:18:42	01:55:49	02:41:10	03:42:07	04:19:53	05:06:55	05:35:18	57	00:02:22	00:30:02	00:49:27	01:10:17
32	MESSYASZ Krzysztof	100	BIMARKOGWELDA TEAM	M35-39		00:18:15	00:56:27	01:16:37	94	00:02:58	00:17:47	01:15:48	01:51:08	02:35:18	03:32:44	04:08:23	04:55:13	05:22:11	31	00:02:57	00:31:48	00:55:26	01:20:17
33	ANDRZEJCZYK Sebastian	262	NEON	M45-49		00:16:37	00:51:07	01:09:13	46	00:02:53	00:18:18	01:17:21	01:54:20	02:39:02	03:40:00	04:17:39	05:04:05	05:32:42	46	00:02:56	00:36:31	00:59:46	01:24:43
34	HAWROT Sylwester	135	NTS NEXELOCROWN GOLENIÓW	M50-54		00:15:59	00:48:14	01:05:04	22	00:04:13	00:19:15	01:19:06	01:55:07	02:41:07	03:44:19	04:24:13	05:12:46	05:41:12	70	00:02:30	00:33:42	00:57:13	01:24:16
35	POCENTEK Krzysztof Robert	236	TRIATHLON RAWA MAZOWIECKA	M40-44		00:16:15	00:50:06	01:07:44	36	00:03:31	00:18:10	01:16:51	01:52:57	02:37:36	03:40:48	04:21:01	05:11:23	05:39:45	66	00:03:25	00:32:47	00:56:07	01:21:06

				Pływanie				Rower															
36	SCHEPPLER Patryk	201	SEKCJA TRIATHLONU AKADEMII WOJSK LĄDOWYCH	M18-24	00:16:01	00:51:26	01:09:11	45	00:03:38	00:18:54	01:19:16	01:56:52	02:43:59	03:45:34	04:23:26	05:12:23	05:42:29	72	00:02:39	00:31:58	00:51:30	01:17:30	
37	ŁĄTKOWSKI Sławek	52	ORKAMASTERS IŁAWA	M40-44	00:16:33	00:52:34	01:11:27	57	00:04:12	00:17:17	01:15:45	01:52:44	02:38:11	03:38:24	04:16:13	05:02:56	05:30:59	42	00:05:02	00:33:57	00:56:32	01:22:07	
38	FILIPOWSKI Zdzisław	171	KS CELIRONMAN	M45-49	00:16:42	00:51:59	01:10:03	49	00:03:30	00:18:35	01:18:30	01:55:38	02:41:03	03:41:46	04:19:12	05:05:29	05:32:47	47	00:01:30	00:35:47	00:59:14	01:24:16	
39	KIRCHYK Serhii	222	KREMENTRI	M30-34	00:16:21	00:50:30	01:08:07	39	00:05:58	00:18:54	01:19:32	01:59:45	02:52:08	04:00:50	04:43:41		06:01:23	118	00:04:19	00:32:04	00:52:21	01:12:10	
40	SZNAJDER Mariusz	57		M35-39	00:16:25	00:52:16	01:10:52	51	00:03:55	00:18:21	01:17:50	01:54:22	02:39:48	03:40:31	04:17:53	05:04:18	05:31:35	43	00:02:17	00:35:22	01:01:18	01:25:45	
41	KUBIAK Bartłomiej	141	DOBRCZ BIEGA	M30-34	00:17:10	00:53:15	01:12:29	62	00:05:02	00:19:05	01:19:37	01:57:00	02:43:31	03:45:55	04:25:08	05:13:07	05:41:12	69	00:06:14	00:31:25	00:51:12	01:12:54	
42	MACIUSZEK Łukasz	84	BBL OPOLE	M30-34	00:19:22	00:59:48	01:19:57	115	00:05:10	00:18:01	01:18:19	01:55:04	02:39:29	03:38:07	04:14:17	04:59:44	05:27:15	35	00:02:30	00:31:57	00:53:22	01:19:38	
43	KOWALSKI Tomasz	270	WITC	M30-34	00:20:08	01:05:00	01:28:41	183	00:06:10	00:17:52	01:16:49	01:53:48	02:39:06	03:40:26	04:20:18	05:06:22	05:34:35	53	00:03:37	00:31:31	00:51:12	01:15:59	
44	WIĘCKOWSKI Dariusz	66	AMS TRIATHLON	M35-39	AMS	00:15:40	00:47:12	01:03:15	13	00:04:54	00:18:06	01:18:11	01:54:21	02:38:10	03:37:56	04:15:24	05:03:06	05:30:28	39	00:03:32	00:31:33	00:51:38	01:13:40
45	MICHALEWSKI Dariusz	110	TRIATHLON GOGOLIN	M35-39	00:14:36	00:46:38	01:02:44	11	00:03:02	00:17:29	01:14:08	01:49:13	02:33:11	03:30:23	04:05:40	04:49:49	05:16:22	23	00:02:15	00:42:06	01:09:13	01:41:35	
46	KOCHANOWSKI Dariusz	158	TRI LEVEL	M40-44	00:16:55	00:51:34	01:08:59	43	00:03:27	00:18:14	01:15:39	01:51:54	02:37:17	03:40:12	04:19:58	05:09:25	05:39:40	65	00:03:42	00:34:56	00:58:49	01:26:14	
47	TERPIŁOWSKI Michał	29		M25-29	00:16:38	00:53:21	01:12:20	61	00:03:21	00:17:52	01:17:01	01:53:52	02:39:12	03:41:28	04:20:04	05:09:01	05:38:56	64	00:02:06	00:34:07	00:57:21	01:21:13	
48	HALAGARDA Krzysztof	231	PDK	M30-34	00:19:22	01:00:15	01:21:37	138	00:06:03	00:18:40	01:20:03	01:57:09	02:42:05	03:44:06	04:23:58	05:11:57	05:40:28	67	00:03:50	00:31:20	00:40:45	01:13:51	
49	FOREMSKI Sławomir	151	TORUŃSKI KLUB TRIATHLONOWY	M50-54	00:19:26	00:59:09	01:19:31	108	00:03:00	00:17:48	01:15:29	01:51:51	02:36:50	03:37:31	04:18:49	05:08:10	05:37:32	61	00:02:45	00:38:21	00:59:24	01:30:00	
50	SEREDYŃSKI Przemysław	153		M35-39	00:16:07	00:50:32	01:08:40	41	00:03:43	00:18:32	01:19:20	01:56:50	02:43:46	03:47:42	04:27:43	05:16:57	05:46:06	86	00:03:29	00:34:15	00:58:05	01:22:59	
51	JARMOSZEWICZ Łukasz	80	TORUŃSKI KLUB TRIATHLONOWY	M45-49	00:18:51	00:57:59	01:18:21	100	00:04:39	00:17:58	01:16:37	01:52:40	02:37:31	03:39:52	04:18:01	05:04:33	05:32:56	48	00:03:38	00:33:55	01:00:08	01:26:38	
52	GRY CZ Kamil	146	UNDEREQUATOR.COM	M25-29	00:16:20	00:50:45	01:08:05	38	00:03:21	00:18:08	01:16:10	01:50:42	02:32:45	03:30:24	04:05:56	04:52:40	05:20:41	28	00:02:39	00:31:16	00:52:08	01:14:21	
53	SZCZYRBOWSKI Michał	30	TURBOKILLA	M35-39	00:18:11	00:56:00	01:14:54	82	00:04:33	00:18:22	01:18:56	01:56:38	02:42:52	03:45:40	04:25:02	05:15:01	05:43:32	78	00:02:29	00:33:08	00:58:03	01:22:22	
54	KLONOWSKI Mariusz	275	PRIMIGENIUS	M35-39	00:21:42	01:07:04	01:30:44	197	00:05:28	00:17:43	01:16:46	01:53:46	02:37:45	03:38:49	04:16:49	05:02:33	05:30:16	38	00:03:22	00:35:33	00:57:56	01:21:11	
55	CHAŁUPKA Paweł	224		M35-39	00:19:42	00:58:06	01:17:47	97	00:04:18	00:18:21	01:18:19	01:54:07	02:40:17	03:43:07	04:21:37	05:09:11	05:37:44	63	00:03:54	00:35:02	00:57:11	01:21:51	
56	BIERNACKI Łukasz	195	VICTUS REBKOW	M30-34	00:15:19	00:49:21	01:07:12	31	00:05:27	00:18:17	01:20:17	01:58:34	02:45:25	03:48:09	04:27:14	05:16:21	05:46:12	87	00:03:29	00:36:30	00:58:24	01:22:09	
57	RASZTAWICKI Dariusz	58	KUŹNIA TRIATHLONU	M35-39	00:15:55	00:52:13	01:11:37	58	00:03:37	00:18:11	01:18:44	01:56:09	02:43:24	03:44:24	04:20:24	05:07:00	05:34:39	54	00:02:04	00:33:51	00:57:26	01:24:54	
58	KITA Tomek	247	SPECSHOP TEAM	M35-39	00:16:13	00:50:50	01:09:08	44	00:02:58	00:18:27	01:16:20	01:52:16	02:38:02	03:44:55	04:25:41	05:14:46	05:44:07	81	00:03:38	00:37:33	01:02:49	01:28:02	
59	WACHOWSKI Błażej	162	WARTA POZNAŃ	M35-39	00:13:56	00:42:35	00:56:53	4	00:03:04	00:19:20	01:21:08	01:59:13	02:46:07	03:51:47	04:32:46	05:24:38	05:54:08	100	00:02:51	00:37:20	01:01:17	01:27:22	
60	SZELIŃSKI Adam	122	OPP SZCZECIN	M45-49	00:19:24	00:59:22	01:19:35	111	00:03:27	00:18:41	01:20:36	01:58:53	02:45:38	03:48:39	04:27:59	05:16:23	05:43:52	79	00:02:20	00:33:06	00:54:37	01:17:48	
61	GAJEWSKI Sebastian	125	TRINERGY	M35-39	00:16:34	00:51:59	01:09:58	48	00:03:39	00:19:42	01:23:27	02:02:21	02:50:34	03:55:34	04:35:46	05:26:50	05:57:07	106	00:04:53	00:33:35	00:56:22	01:18:49	
62	KÜBLER Remigiusz	46	TORUŃSKI KLUB TRIATHLONOWY	M25-29	00:16:45	00:50:48	01:08:17	40	00:03:31	00:18:14	01:16:09	01:51:08	02:36:31	03:38:53	04:15:37	05:02:04	05:30:33	41	00:02:10	00:34:20	00:59:57	01:29:06	
63	JANISZEWSKI Artur	266		M35-39	00:18:31	00:55:57	01:14:55	83	00:05:40	00:18:29	01:18:48	01:55:59	02:41:24	03:45:16	04:24:08	05:12:25	05:41:07	68	00:04:09	00:33:00	00:55:27	01:19:56	
64	ANDREEV Evgenii	168		M25-29	00:18:52	00:58:36	01:20:09	117	00:05:47	00:18:49	01:20:18	01:57:55	02:45:39	03:47:52	04:26:59	05:15:13	05:43:13	76	00:02:45	00:35:26	00:58:22	01:22:46	
65	PIETRZAK Rómek	139	CENTRUM ROWEROWE DSR TEAM	M55-59	00:18:54	00:57:30	01:18:39	103	00:04:48	00:18:31	01:18:30	01:55:50	02:43:48	03:49:17	04:31:04	05:21:43	05:51:01	93	00:04:15	00:32:12	00:55:29	01:20:10	
66	GÓRZYŃSKI Tomasz	148	TORUŃSKI KLUB TRIATHLONOWY	M40-44	00:17:44	00:54:28	01:13:08	67	00:07:04	00:18:41	01:17:59	01:54:09	02:39:46	03:41:27	04:19:11	05:06:35	05:34:22	52	00:03:07	00:38:37	01:03:41	01:30:13	
67	KARAS Michał	149	OLEŚNICKA GRUPA TRIATHLONOWA	M30-34	00:19:27	00:59:32	01:19:22	105	00:04:41	00:18:30	01:19:24	01:56:00	02:40:52	03:41:58	04:20:36	05:09:11	05:37:40	62	00:03:09	00:37:27	01:00:27	01:25:42	
68	SZYMKOWIAK Norbert	268		M18-24	00:19:05	00:59:53	01:21:17	132	00:04:25	00:17:30	01:13:57	01:49:53	02:32:51	03:33:14	04:10:12	04:57:15	05:25:52	33	00:02:40	00:34:53	00:59:19	01:28:14	
69	POKORSKI Marek	245	IMPAQ	M45-49	00:17:51	00:54:46	01:13:05	66	00:04:08	00:17:26	01:14:39	01:49:20	02:32:56	03:33:32	04:10:42	04:55:55	05:22:24	32	00:04:09	00:37:51	01:02:48	01:31:00	
70	GACKA Rafał	208	LUPUS TEAM	M40-44	00:20:11	01:04:12	01:27:08	180	00:03:21	00:17:51	01:16:13	01:52:44	02:39:14	03:42:06	04:21:05	05:08:53	05:36:50	60	00:02:52	00:35:33	00:57:52	01:22:23	
71	ŁAZ Kamil	8	RUN BYDGOSZCZ	M35-39	00:17:50	00:55:31	01:14:47	80	00:04:38	00:19:55	01:23:43	02:02:07	02:49:31	03:56:11	04:37:41	05:29:55	06:01:14	117	00:02:51	00:33:54	00:56:14	01:18:55	
72	WÓJCIK Mirosław	97	TIME4RUNING	M50-54	00:18:21	00:56:21	01:16:07	92	00:05:07	00:18:13	01:17:02	01:53:00	02:37:40	03:39:52	04:18:02	05:05:16	05:34:12	51	00:03:56	00:39:46	01:05:35	01:33:07	
73	ŁODA Piotr	209		M35-39	00:16:17	00:49:49	01:06:47	28	00:05:28	00:18:22	01:15:55	01:52:04	02:37:22	03:39:14	04:18:26	05:06:25	05:34:46	55	00:02:49	00:36:08	01:00:39	01:30:42	
74	SOBCZAK Marcin	21	TRISPACE	M40-44	00:17:46	00:53:31	01:12:11	59	00:05:27	00:19:37	01:22:57	02:02:06	02:50:17	03:54:37	04:35:02	05:24:11	05:53:04	99	00:03:33	00:34:06	00:55:35	01:19:21	
75	MARKIEWICZ Damian	33	MARKIEWICZ TRI TEAM	M40-44	00:20:43	01:04:37	01:27:45	182	00:06:53	00:19:04	01:19:12	01:56:16	02:41:55	03:46:29	04:27:13	05:15:19	05:42:53	74	00:04:53	00:36:49	00:58:14	01:21:07	
76	NIEMCZYK Kazimierz	69		M55-59	00:20:39	01:05:04	01:28:46	185	00:07:18	00:19:03	01:20:59	01:59:15	02:45:17	03:48:43	04:27:53	05:17:32	05:45:59	84	00:04:12	00:34:48	00:55:49	01:19:09	
77	WEJKUĆ Grzegorz	210		M40-44	00:18:39	00:57:46	01:18:23	101	00:05:00	00:18:37	01:19:18	01:56:26	02:44:19	03:49:30	04:32:12	05:21:35	05:51:49	94	00:02:17	00:33:27	00:56:56	01:22:10	
78	KWIECIEŃ Krystian	185	ANIMALS.PL/UKS OŻAROWICE/4K KWIECIEŃ	M35-39	00:16:26	00:50:01	01:07:14	32	00:02:45	00:17:14	01:13:11	01:47:54	02:29:51	03:27:13	04:02:01	04:45:49	05:11:45	16	00:02:10	00:34:17	00:58:03	01:23:15	

			Pływanie										Rower									
79	WRÓBEL Darek	159	M40-44	00:19:59	01:02:57	01:25:46	170	00:04:17	00:18:19	01:17:12	01:54:02	02:38:54	03:40:41	04:19:35	05:08:17	05:36:11	58	00:04:29	00:34:21	00:58:17	01:24:35	
80	PRZYBYLSKI Maciej	99	M40-44	00:21:38	01:08:52	01:33:28	209	00:07:02	00:18:01	01:17:42	01:54:28	02:40:11	03:41:14	04:19:20	05:06:25	05:33:41	50	00:04:13	00:36:42	01:02:01	01:26:01	
81	MILIŃSKI Piotr	43	WARSAW MASTERS TEAM	M25-29	00:20:12	01:04:39	01:27:07	179	00:04:00	00:18:52	01:22:27	02:01:05	02:48:18	03:53:16	04:33:01	05:22:34	05:52:52	97	00:02:05	00:30:49	00:50:41	01:11:20
82	NOVLYANSKIY Konstantin	136	JUSTTRI	M30-34	00:22:53	01:11:02	01:35:59	223	00:04:59	00:20:10	01:24:09	02:04:44	02:53:08	04:01:15	04:42:24	05:32:45	06:02:36	121	00:03:28	00:33:22	00:55:05	01:18:26
83	BOROWIK Marcin	119		M35-39	00:19:20	01:00:17	01:21:38	139	00:04:17	00:18:56	01:20:38	01:59:04	02:45:55	03:49:26	04:29:36	05:18:40	05:48:44	90	00:02:54	00:34:05	00:57:17	01:23:30
84	PIEKARSKI Marek	36	SOLANO	M45-49	00:18:08	00:56:30	01:16:38	95	00:04:34	00:19:06	01:20:47	01:58:04	02:44:04	03:46:44	04:27:14	05:16:51	05:44:54	82	00:03:47	00:35:10	01:01:51	01:32:46
85	FOGT Maciej	6	CB163	M35-39	00:19:56	01:02:32	01:25:40	165	00:04:39	00:18:23	01:18:36	01:55:25	02:41:00	03:42:27	04:22:23	05:12:39	05:42:34	73	00:05:27	00:37:16	01:01:59	01:27:50
86	WIĘDŁOCHA Jan	199		M40-44	00:18:01	00:55:11	01:13:56	70	00:05:42	00:18:43	01:19:11	01:56:44	02:42:26	03:43:18	04:21:15	05:08:55	05:36:26	59	00:03:37	00:36:56	01:03:13	01:36:27
87	SZYDŁOWSKI Marek	61	PARKRUN POZNAŃ	M35-39	00:16:06	00:49:39	01:06:50	29	00:04:32	00:19:19	01:24:12	02:04:08	02:52:26	03:59:42	04:41:48	05:34:26	06:04:49	125	00:04:40	00:36:59	01:01:05	01:27:14
88	MARTYNOWSKI Łukasz	227		M35-39	00:16:22	00:52:24	01:11:12	56	00:03:21	00:18:50	01:19:30	01:57:59	02:47:16	03:58:16	04:42:23	05:39:05	06:11:20	145	00:02:46	00:39:19	01:03:07	01:29:14
89	SIERADZAN Przemysław	230	TS AKWEDUKT	M40-44	00:17:38	00:53:04	01:10:58	53	00:05:26	00:19:07	01:21:25	01:59:31	02:46:18	05:10:15	05:52:52				00:39:13	01:04:31	01:32:14	
90	GUTENPLAN Jacek	197		M50-54	00:20:04	01:02:29	01:23:54	156	00:05:47	00:19:43	01:22:36	02:01:35	02:49:06	03:52:58	04:31:57	05:19:52	05:48:39	89	00:06:14	00:34:44	00:58:01	01:21:45
91	KALIN Władysław	229		M35-39	00:17:05	00:56:08	01:16:28	93	00:05:07	00:19:27	01:20:36	01:59:11	02:47:43	03:54:15	04:35:46	05:28:26	05:57:57	111	00:06:33	00:39:06	01:01:31	01:28:30
92	MATUSZEWSKI Nikodem	116	CARLSBERG	M25-29	00:20:10	01:01:33	01:23:14	150	00:03:48	00:19:21	01:23:15	02:02:16	02:50:06	03:55:30	04:34:57	05:24:11	05:53:02	98	00:02:37	00:31:06	00:51:04	01:14:42
93	KOPROWSKI Maciej	130	KOPER	M40-44	00:19:54	01:02:53	01:25:40	166	00:03:59	00:18:33	01:19:37	01:58:17	02:45:33	03:52:02	04:32:29	05:24:48	05:54:23	101	00:02:44	00:34:14	00:57:01	01:23:50
94	DARMETKO Rafał	272		M30-34	00:19:28	01:00:48	01:21:57	143	00:04:26	00:18:56	01:20:17	01:58:19	02:45:31	03:53:58	04:37:55	05:29:47	06:01:01	115	00:02:54	00:36:42	00:59:52	01:24:52
95	KOCIEL Jarosław	38	JAREK Z BYTOMIA	M45-49	00:18:07	00:55:52	01:15:34	88	00:07:21	00:19:10	01:21:35	02:01:16	02:49:21	03:56:43	04:39:34	05:31:50	06:02:04	119	00:05:19	00:36:09	00:59:04	01:24:52
96	WRÓŃSKI Artur	81	COIG SA - BUSINESS INTELLIGENCE TEAM	M35-39	00:21:16	01:05:43	01:29:10	190	00:06:57	00:19:17	01:22:10	02:04:47	02:56:58	04:04:56	04:47:31	05:39:40	06:10:43	141	00:06:57	00:32:29	00:53:31	01:15:17
97	POCHYLSKI Przemysław	145	ZGRUPKA TEAM	M40-44	00:18:06	00:56:16	01:15:49	89	00:03:26	00:18:14	01:18:59	01:57:29	02:46:20	03:56:12	04:44:51	05:36:25	06:06:22	130	00:02:19	00:34:53	00:56:57	01:21:11
98	CHORAŹIAK Witold	261	CELIRONMAN	M50-54	00:18:48	00:58:48	01:20:20	119	00:03:47	00:17:52	01:18:10	01:56:21	02:43:52	03:49:05	04:28:47	05:17:51	05:46:00	85	00:03:10	00:37:53	01:03:26	01:30:09
99	KALISZEWSKI Daniel	249		M40-44	00:20:01	01:01:47	01:23:50	155	00:09:53	00:19:48	01:24:35	02:04:11	02:52:52	03:59:04	04:40:36	05:33:56	06:05:08	127	00:05:51	00:35:17	00:58:55	01:23:25
100	DOMAGALSKI Piotr	178	IRONMAN CS POLSKA	M50-54	00:19:20	01:00:06	01:21:16	131	00:04:12	00:21:00	01:24:39	02:03:55	02:53:02	04:02:16	04:43:50	05:35:09	06:04:54	126	00:02:47	00:38:14	01:02:14	01:29:13
101	KLIMAS Adam	143		M35-39	00:19:48	01:00:52	01:22:36	146	00:05:08	00:22:14	01:28:58	02:09:27	02:59:03	04:05:02	04:46:17	05:37:10	06:06:46	131	00:04:08	00:37:48	01:01:49	01:27:21
102	SZUT Dariusz	94	IRONMAN CS POLSKA	M40-44	00:19:33	01:00:19	01:21:53	141	00:06:24	00:20:06	01:21:39	01:59:48	02:48:21	03:56:07	04:41:00	05:35:11	06:09:59	139	00:04:53	00:36:08	00:58:47	01:24:28
103	JEREMICZ Marcin	102	SZTAFETA NADZIEI	M35-39	00:19:17	00:57:39	01:17:39	96	00:03:08	00:18:29	01:19:29	01:57:54	02:46:19	03:53:16	04:37:37	05:29:50	06:01:07	116	00:02:34	00:36:04	01:00:27	01:25:52
104	KOLMAJER Rafał	182	#TEAMFARFALLA	M35-39	00:23:18	01:08:58	01:34:01	216	00:09:08	00:20:34	01:29:11	02:06:57	02:56:27	04:04:36	04:46:59	05:40:14	06:11:11	144	00:10:51	00:32:18	00:52:13	01:14:20
105	LASSOTA Artur	101		M45-49	00:18:53	00:57:24	01:18:24	102	00:05:32	00:17:58	01:15:39	01:51:42	02:39:45	03:49:11	04:33:20	05:31:28	06:04:15	123	00:07:08	00:35:53	01:01:46	01:33:28
106	ŻWIŃSKI Marcin	279		M25-29	00:20:06	00:59:17	01:19:34	110	00:05:56	00:18:16	01:17:27	01:54:46	02:40:19	03:46:17	04:30:40	05:24:56	05:58:12	112	00:03:04	00:39:16	01:03:39	01:31:09
107	BETLEJ Hubert	31	ESKADRA KRAKÓW	M35-39	00:21:44	01:06:33	01:29:44	192	00:05:08	00:18:05	01:17:00	01:52:36	02:37:46	03:40:36	04:20:52	05:12:05	05:41:38	71	00:04:35	00:41:37	01:08:19	01:37:45
108	STRATYŃSKI Filip	175	CELIRONMAN	M40-44	00:20:32	01:04:20	01:26:49	175	00:03:42	00:19:04	01:20:33	01:58:59	02:46:44	03:53:55	04:36:34	05:28:18	05:57:49	110	00:03:11	00:35:34	01:01:10	01:30:12
109	GWIZDAL Michał	90	TECHNIKA ZWYCIESTWA	M30-34	00:15:56	00:51:01	01:08:46	42	00:04:03	00:20:15	01:25:13	02:08:26	03:00:36	04:12:34	04:56:38	05:51:17	06:21:43	166	00:03:10	00:35:53	01:01:35	01:28:14
110	KłOS Marcin	157		M35-39	00:18:33	00:55:49	01:14:56	84	00:05:29	00:18:50	01:21:40	01:59:36	02:47:37	03:54:21	04:34:36	05:23:47	05:52:52	95	00:09:05	00:45:36	01:11:18	01:39:12
111	LEWIŃSKI Andrzej	193	BIEGAMYRAZEM.PL / CTS	M45-49	00:23:46	01:12:03	01:37:04	225	00:05:29	00:22:18	02:48:35	03:30:31	04:21:27	05:33:07	06:16:41				00:34:44	00:56:52	01:20:25	
112	WARECKI Tomasz	255		M50-54	00:21:19	01:07:12	01:30:39	195	00:05:51	00:18:34	01:21:51	02:00:49	02:49:06	03:54:27	04:35:31	05:26:11	05:55:08	103	00:05:29	00:37:58	01:03:56	01:32:33
113	GRZĘDA Tomasz	128		M35-39	00:20:23	01:03:22	01:24:54	159	00:05:24	00:19:42	01:25:28	02:05:24	02:53:34	04:00:43	04:43:07	05:38:26	06:10:22	140	00:05:01	00:37:56	01:02:20	01:30:47
114	GÓRKA Dariusz	138	BIKEBOARD	M40-44	00:20:36	01:06:42	01:31:30	202	00:04:29	00:19:03	01:21:59	02:01:23	02:50:19	03:57:31	04:39:32	05:31:54	06:02:23	120	00:03:14	00:37:45	01:01:29	01:27:10
115	MAZANKA Jakub	86		M40-44	00:19:37	00:59:24	01:19:25	106	00:04:00	00:18:53	01:21:02	01:59:51	02:48:48	03:58:49	04:41:38	05:37:07	06:08:27	137	00:06:35	01:09:13	01:30:36	01:54:31
116	Blicharz Marcin	19		M35-39	00:20:17	01:02:30	01:25:00	161	00:06:38	00:19:23	01:22:36	02:00:57	02:47:50	03:51:08	04:30:23	05:18:03	05:45:44	83	00:03:42	00:30:49	01:29:30	01:54:42
117	OŚCIEŁOWSKI Marcin	284		M40-44	00:22:44	01:11:10	01:38:00	227	00:06:25	00:19:47	02:44:01	03:24:42	04:14:33	05:23:50	06:05:43				00:40:49	01:05:22	01:31:14	
118	TALAREK Arkadiusz	258	TRIATHLONKONSULTING	M40-44	00:19:21	00:59:22	01:19:31	109	00:04:09	00:18:56	01:20:54	01:59:05	02:46:23	03:50:49	04:29:49	05:19:43	05:48:51	91	00:02:47	00:38:38	01:02:34	02:07:01
119	DASZEWSKI Filip	107		M18-24	00:17:48	00:54:59	01:13:38	68	00:07:06	00:19:50	01:24:35	02:05:37	02:56:28	04:06:56	04:50:23	05:44:22	06:14:31	151	00:05:47	00:36:47	01:05:27	01:34:40
120	JARLIŃSKI Rafał	174	ORKAMASTERS IŁAWA	M50-54	00:20:05	00:59:44	01:21:53	140	00:08:37	00:18:33	01:21:18	02:01:15	02:50:25	03:58:54	04:42:07	05:36:38	06:08:24	136	00:08:21	00:38:43	01:05:49	01:32:21
121	WIJAS Andrzej	218		M30-34	00:20:34	01:03:56	01:26:54	177	00:05:54	00:20:28	01:25:20	02:05:37	02:56:01	04:05:05	04:48:05	05:40:40	06:11:55	147	00:01:50	00:36:29	01:01:38	01:31:16
122	KULIŃSKI Piotr	198	IRON FIGHTERS	M25-29	00:20:14	01:01:22	01:22:35	145	00:05:48	00:19:46	01:25:31	02:07:07	03:00:22	04:11:55	04:55:26	05:51:48	06:26:44</					

				Pływanie										Rower								
128	CHMIEL Piotr	207	PTT DELTA	M25-29	00:21:09	01:03:45	01:25:45	169	00:10:12	00:19:16	01:22:55	02:01:33	02:50:16	04:01:35	04:44:57	05:46:32	06:17:24	158	00:09:41	00:36:40	01:00:16	01:26:14
129	KOKOTEK Maciej	183	KS CELIRONMAN	M40-44	00:19:31	00:59:38	01:19:54	114	00:04:30	00:19:16	01:23:54	02:04:20	02:53:20	04:00:46	04:42:36	05:33:57	06:04:26	124	00:02:21	01:16:02	01:41:08	02:07:23
130	ŻOŁNIEROWICZ Hubert	41	BIEGAM BO LUBIĘ ŻĄBKİ TEAM	M35-39	00:21:22	01:07:16	01:31:39	203	00:04:40	00:19:11	01:21:36	02:01:10	02:50:32	03:58:07	04:40:42	05:35:09	06:08:18	134	00:06:35	00:37:31	01:03:20	01:32:42
131	CHMEL Sergiy	252	BORYS RUNNING CLUB	M35-39	00:21:38	01:04:32	01:25:50	171	00:05:40	00:19:24	01:22:46	02:02:34	02:53:42	04:06:45	04:54:53	05:49:38	06:22:26	168	00:05:30	00:27:51	01:23:47	01:46:12
132	MUSZYŃSKI Marek	192	RISE&SHINE	M40-44	00:19:47	00:59:04	01:19:30	107	00:07:27	00:20:40	01:29:47	02:10:20	03:00:29	04:11:55	04:55:20	05:49:25	06:21:20	165	00:07:28	00:43:56	01:11:18	01:38:51
133	KESZYŃSKI Oskar	150	AZEMONSTERS	M25-29	00:17:40	00:54:43	01:14:19	74	00:05:56	00:19:54	01:23:18	02:02:23	02:54:54	04:04:54	04:48:01	05:39:51	06:10:43	142	00:03:11	00:51:45	01:16:43	01:42:49
134	NEJMAN Andrzej	16		M35-39	00:19:27	01:00:10	01:21:26	134	00:06:13	00:19:48	01:24:53	02:05:07	02:56:04	04:05:50	04:49:54	05:46:24	06:18:19	160	00:04:44	00:36:52	01:02:20	01:30:29
135	MIS Waldeemar	12	SMASHING PAKPINS / #TEAMDKMS	M40-44	00:21:02	01:07:11	01:31:25	201	00:06:57	00:19:40	01:24:33	02:06:47	02:58:02	04:10:42	04:55:41	05:51:39	06:24:24	174	00:04:06	00:40:54	01:07:30	01:35:30
136	WINNIK Piotr	95		M30-34	00:20:10	01:01:50	01:23:44	154	00:05:05	00:20:09	01:25:13	02:03:33	02:50:06	03:55:00	04:37:37	05:27:54	05:56:36	105	00:03:15	01:21:24	01:45:53	02:13:32
137	WALKOWIAK Krzysztof	283	MKL MARATON	M35-39	00:15:23	00:47:13	01:03:49	15	00:04:58	01:37:51	02:45:48	03:28:16	04:23:41	05:39:57	06:27:14				00:32:21	00:54:13	01:19:24	
138	LANECKI Artur	165		M40-44	00:18:25	00:56:25	01:15:57	90	00:08:46	00:19:30	01:25:06	02:05:50	02:58:15	04:05:59	04:47:43	05:42:11	06:12:41	149	00:06:28	00:39:32	01:07:34	01:36:15
139	ROMAN Krzysztof	35	PRZECINAK77	M40-44	00:22:49	01:09:13	01:32:52	207	00:06:00	00:19:30	01:23:49	02:04:56	02:56:06	05:32:16	06:16:46				00:41:53	01:07:47	01:35:57	
140	BEDKOWSKI Kamil	240	ADWOKATURA OPOLE	M30-34	00:19:26	01:00:36	01:22:51	148	00:06:04	00:19:53	01:25:03	02:05:20	02:55:18	04:03:34	04:48:13	05:42:14	06:14:51	153	00:03:47	01:16:42	01:39:59	02:03:54
141	WASZAK Norbert	73	INCLUDE	M35-39	00:23:31	01:12:25	01:37:43	226	00:04:25	00:20:08	01:26:36	02:09:28	03:00:46	04:09:13	04:56:59	05:51:42	06:23:15	171	00:05:12	00:35:52	00:58:02	01:27:06
142	ŁUCYSZYN Robert	13		M40-44	00:17:19	00:52:27	01:10:57	52	00:07:36	00:18:52	01:19:02	01:56:32	02:46:12	03:52:18	04:31:42	05:22:59	05:50:52	92	00:05:02	00:58:27	01:34:22	02:08:25
143	OWCZARSKI Marcin	87	PSP CZŁUCHÓW/ MMGO BORYTEAM	M40-44	00:19:26	00:59:10	01:19:18	104	00:05:42	00:19:16	01:23:19	02:03:52	02:53:11	04:03:34	04:46:38	05:40:33	06:11:04	143	00:05:51	00:35:44	01:01:07	01:33:34
144	CHMIEL Waldemar	82	PTT DELTA	M55-59	00:20:03	01:02:13	01:25:42	167	00:10:52	00:20:03	01:26:51	02:07:48	02:58:00	04:07:21	04:50:23	05:49:04	06:20:22	163	00:06:05	00:39:10	01:05:25	01:34:48
145	WOJDAT Przemysław	98		M25-29	00:18:11	00:55:40	01:14:41	78	00:08:26	00:20:59	01:29:07	02:11:31	03:03:54	04:14:35	04:56:58	05:52:59	06:26:25	178	00:07:40	00:38:24	01:03:42	01:32:12
146	PAZIK Grzegorz	211	WIELISZEW HERON TEAM	M35-39	00:23:47	01:13:10	01:38:09	229	00:07:10	00:19:56	01:27:58	02:10:02	03:02:55	04:13:16	05:00:52	05:59:15	06:31:07	188	00:05:37	00:38:34	01:01:16	01:26:20
147	KRÓLCZYŃSKI Maciej	104	KS WOLNI	M35-39	00:19:55	01:03:43	01:26:16	173	00:03:28	00:18:41	01:18:46	01:56:49	02:44:39	03:51:45	04:35:11	05:27:48	05:57:33	107	00:04:20	00:46:32	01:17:52	01:50:32
148	TYMUL Jakub	225	NOVO IRON TEAM / TRISPACE	M40-44	00:21:53	01:09:27	01:33:39	212	00:05:22	00:19:36	01:25:39	02:05:37	02:55:24	04:07:08	04:51:39	05:51:31	06:24:43	175	00:03:04	00:41:41	01:09:20	01:37:35
149	KUBUSZEWSKI Radosław	273	KOMANDO FLAKI	M30-34	00:19:17	00:57:59	01:18:12	99	00:07:09	00:20:00	01:26:29	02:06:27	02:57:50	04:12:57	04:58:18	05:58:53	06:34:09	194	00:06:18	00:38:45	01:05:48	01:35:58
150	SZUKALA Piotr	206	SPELEOKLUB 'BOBRY' Z ZAGANIA	M30-34	00:21:09	01:05:50	01:28:49	187	00:07:46	00:19:23	01:23:17	02:03:53	02:51:58	03:57:53	04:38:13	05:28:37	05:57:35	108	00:06:18	00:37:48	01:45:56	02:11:59
151	KUCIŃSKI Artur	264		M40-44	00:17:52	00:55:07	01:14:04	71	00:08:57	00:20:31	01:28:02	02:08:56	03:01:29	04:16:01	05:01:58	05:59:05	06:31:33	189	00:05:39	00:42:53	01:11:16	01:39:42
152	ROSZAK Bartosz	161	WRONIECKI KLUB BIEGACZA	M35-39	00:19:13	00:59:37	01:21:04	126	00:03:15	00:19:25	01:22:28	02:01:46	02:52:38	04:07:05	04:47:23	05:38:53	06:07:35	132	00:03:34	00:35:56	01:01:33	02:05:51
153	MAKOWSKI Sławomir	22	RUN BYDGOSZCZ	M45-49	00:23:17	01:12:58	01:38:37	231	00:07:47	00:18:30	01:19:28	01:57:08	02:43:56	03:48:11	04:29:14	05:23:10	05:56:34	104	00:04:00	00:42:40	01:10:21	01:43:45
154	WASILEWSKI Mirosław	70	ORKAMASTERS IŁAWA	M40-44	00:20:51	01:07:38	01:32:13	206	00:07:51	00:20:40	01:30:54	02:11:23	03:02:57	04:12:53	04:57:07	05:52:58	06:26:08	177	00:04:47	00:40:45	01:07:39	01:34:23
155	PEDRYŚ Mirosław	244	ZABIERZÓW BIEGA	M45-49	00:26:59	01:23:58	01:54:59	249	00:09:46	00:20:08	01:24:52	02:06:39	02:55:59	04:01:13	04:42:45	05:33:25	06:03:50	122	00:06:22	00:38:42	01:05:28	01:36:26
156	KORSAKOV Kostiantyn	226	TRIATHLON SERWIS	M45-49	00:18:57	00:59:40	01:21:07	129	00:09:02	00:20:26	01:27:15	02:09:01	03:01:47	04:11:06	04:52:56	05:45:48	06:17:26	159	00:04:49	00:43:22	01:13:13	01:46:55
157	MASŁOWSKI Jacek	180		M30-34	00:18:50	00:59:50	01:20:42	122	00:07:01	00:22:00	01:33:24	02:17:35	03:11:48	04:28:53	05:19:13	06:20:02	06:58:29	221	00:04:03	00:38:06	01:02:46	01:29:40
158	KEPIŃSKI Henryk	39	KB SPARTAKUS BĘŁCHATÓW	M65-69	00:21:30	01:09:14	01:36:00	224	00:07:06	00:19:53	01:27:28	02:08:24	03:01:26	04:09:37	04:54:47	05:51:32	06:23:12	170	00:03:47	00:42:56	01:10:03	01:45:16
159	BŁASZCZYK Borys	133		M25-29	00:22:55	01:10:28	01:33:40	213	00:08:17	00:19:12	01:23:31	02:03:51	02:54:20	04:08:18	04:52:37	05:48:59	06:23:04	169	00:04:50	00:39:40	01:05:38	01:36:40
160	LITKOWSKI Zbigniew	214	NIEZRZESZONY	M45-49	00:24:46	01:16:33	01:42:21	242	00:06:53	00:22:25	01:32:00	02:13:26	03:08:09	04:16:20	04:59:58	05:55:00	06:26:28	179	00:04:16	00:38:27	01:06:32	01:33:43
161	GÓRSKI Marian	177	KRS TKKF JASTRZĄB RUDA ŚLĄSKA	M60-64	00:21:00	01:03:45	01:25:44	168	00:07:44	00:20:38	01:29:08	02:12:27	03:04:25	04:15:45	05:03:23	05:59:22	06:31:57	191	00:05:10	00:38:38	01:05:08	01:32:46
162	GACKOWSKI Krzysztof	79	IRON&ONE TRENER PERSONALNY	M45-49	00:20:08	01:00:02	01:20:28	121	00:06:26	00:19:57	01:27:58	02:10:09	03:03:54	04:16:29	05:02:34	06:03:05	06:35:30	196	00:05:41	00:43:03	01:11:34	01:43:12
163	KAPUSTKA Mirosław	106	KAPUSTRI	M35-39	00:23:02	01:15:30	01:41:13	239	00:05:49	00:20:45	01:30:48	02:14:29	03:07:29	04:18:55	05:04:16	06:00:12	06:34:02	193	00:05:34	00:37:17	01:01:33	01:27:48
164	TOKMAJEVSKI Vladimir	215	SPORTER	M25-29	00:20:15	01:03:39	01:26:52	176	00:09:23	00:20:21	01:27:09	02:08:04	02:58:35	04:11:56	05:01:12	06:05:56	06:41:14	201	00:05:08	00:42:38	01:05:50	01:32:57
165	DUBIŃSKI Bogdan	190	LEGIA WARSZAWA	M65-69	00:17:54	00:55:30	01:14:40	77	00:08:01	00:20:07	01:25:05	02:05:51	02:57:02	04:09:17	04:54:12	05:52:36	06:27:37	182	00:05:58	00:44:44	01:16:10	01:51:14
166	TRELA Rafał	142	K T ŻYWIEC	M50-54	00:19:39	01:00:01	01:21:13	130	00:07:30	00:19:43	01:24:24	02:05:03	02:55:20	04:06:50	04:52:06	05:46:46	06:18:48	162	00:08:01	00:42:51	01:11:13	01:42:26
167	STASIEWSKI Mariusz	233	TRISPACE	M40-44	00:20:08	01:00:26	01:21:33	135	00:04:42	00:20:23	01:27:00	02:09:08	03:02:07	04:12:50	04:57:03	05:53:50	06:25:47	176	00:02:43	00:44:34	01:15:25	01:48:41
168	SŁAWKOWSKI Sławomir	271	JUTRZENKA DOBRE MIASTO	M45-49	00:19:49	01:01:29	01:23:35	153	00:07:38	00:20:33	01:28:06	02:12:52	03:07:17	04:24:40	05:11:55	06:12:11	06:46:28	204	00:06:09	00:43:33	01:11:43	01:39:53
169	LUCHOWSKI Rafał	179	12TRI.PL / SPARTANIE DZIECIOM	M50-54	00:21:40	01:06:40	01:30:07	193	00:08:11	00:20:45	01:35:14	02:19:39	03:15:36	04:35:25	05:23:03	06:20:15	06:52:53	212	00:05:11	00:37:28	01:05:02	01:31:35
170	PODKOWSKI Wojciech	127	MORSY GDYŃSKIE . BIEGAMY RAZEM ,PL	M50-54	00:25:37	01:15:21	01:40:48	235	00:07:14	00:20:18	01:28:43	02:11:40	03:03:59	04:13:54	04:58:39	05:56:18						

			Pływanie							Rower													
174	SKRZYPCZAK Andrzej	85	MOCZYDŁA TEAM	M45-49	00:25:52	01:20:26	01:49:16	246	00:11:32	00:20:33	01:28:46	02:10:40	03:02:12	05:37:20	06:22:23			00:38:31	01:05:30	01:37:18			
175	MUSZYŃSKI Roman	64	YETITEAM	M40-44	00:24:39	01:14:50	01:40:30	234	00:11:24	00:19:49	01:26:08	02:07:52	03:00:49	04:11:30	04:53:43	05:52:28	06:23:53	173	00:09:16	00:40:28	01:07:57	01:36:23	
176	SOKÓŁ Marcin	184		M30-34	00:21:12	01:13:02	01:41:37	240	00:08:48	00:21:03	01:30:41	02:14:49	03:09:26	04:26:23	05:15:33	06:14:52	06:51:00	210	00:05:15	00:37:50	01:07:33	01:32:00	
177	PIEGDON Piotr	77	LITWIN TRIATHLON TEAM	M35-39	00:17:12	00:53:17	01:12:15	60	00:07:59	00:19:08	01:21:54	02:00:22	02:51:06	04:11:03	04:55:54	05:55:53	06:27:44	183	00:09:33	00:49:30	01:22:33	01:57:51	
178	LIZIK Waldemar	24	TRI POWER TEAM KONIN	M45-49	00:19:30	01:01:21	01:23:16	151	00:05:31	00:21:24	01:31:10	02:15:27	03:10:25	04:27:57	05:19:04	06:20:02	06:54:59	215	00:03:59	00:42:52	01:13:03	01:42:50	
179	BRZESKI Marcin	131	M & P	M35-39	00:28:40	01:32:18	02:05:40	255	00:10:26	00:19:43	01:26:31	02:07:28	02:56:42	04:03:28	04:45:33	05:40:24	06:12:00	148	00:06:10	00:39:20	01:09:41	01:35:36	
180	WIECZOREK Bartosz	109		M30-34	00:19:35	01:00:11	01:21:03	125	00:08:20	00:22:06	01:28:06	02:08:52	03:03:11	04:19:17	05:04:24	06:11:37	06:45:23	203	00:04:01	00:39:04	01:07:19	01:38:02	
181	TUREK Michał	44	SMASHING PAPKINS/PO LASACH I ŁĄKACH...	M35-39	00:22:40	01:10:27	01:34:55	222	00:08:41	00:22:09	01:30:03	02:14:29	03:07:43	04:14:01	04:55:16	05:49:42	06:18:20	161	00:04:36	00:44:02	01:14:18	01:49:56	
182	SUBKOWSKI Artur	17		M40-44	00:19:50	01:02:21	01:24:26	157	00:06:31	00:21:43	01:32:18	02:14:44	03:07:37	04:17:41	05:03:52	06:00:08	06:34:51	195	00:03:57	00:41:42	01:28:43	01:58:53	
183	KNEPKA Piotr	18	ŚWIECIE	M25-29	00:21:47	01:08:55	01:34:00	215	00:08:02	00:21:23	01:31:54	02:16:01	03:13:31	04:26:48	05:13:43	06:15:18	06:48:29	206	00:03:25	00:42:03	01:09:51	01:37:06	
184	LASSAK Bartosz	20	TRISPACE	M40-44	00:21:10	01:05:56	01:29:00	189	00:06:26	00:20:40	01:27:52	02:09:41	03:02:00	04:21:30	05:31:55	06:29:35	07:02:08	225	00:04:22	00:41:38	01:09:05	01:38:31	
185	PILARSKI Paweł	54	DBK	M40-44	00:22:19	01:08:49	01:32:06	205	00:10:13	00:19:37	01:30:52	02:19:39	03:16:44	04:38:16	05:24:50	06:25:19	06:57:24	219	00:07:49	00:42:17	01:12:53	01:43:35	
186	CHMIEL Łukasz	242		M30-34	00:21:18	01:03:52	01:26:12	172	00:23:30	00:21:02	01:32:50	02:17:32	04:51:25	06:13:50	07:01:54			00:39:00	01:08:19	01:34:54			
187	SUWART Monika I Marcin	169	JAK NIE MY TO KTO! CITYZEN POZNAŃ	M40-44	00:27:52	01:20:55	01:49:23	247	00:15:06	00:20:18	01:25:50	02:05:07	02:53:51	04:08:36	04:53:12	05:50:04	06:22:21	167	00:16:06	00:41:27	01:12:36	01:41:34	
188	KUŁAKOWSKI Mirosław	34	METRIN NAMYSŁÓW	M55-59	00:22:04	01:10:10	01:39:12	233	00:11:32	00:21:42	01:32:56	02:15:47	03:12:15	04:27:21	05:15:13	06:15:33	06:50:40	209	00:03:36	00:53:01	01:26:22	01:55:05	
189	KOŚMIDER Bartosz	105	DBK SZCZECIN	M40-44	00:21:25	01:06:46	01:30:42	196	00:07:13	00:21:31	01:35:19	02:24:08	03:21:22	04:42:46	05:30:09	06:29:45	07:01:50	224	00:07:48	00:42:17	01:13:12	01:47:02	
190	KUCHARCZYK Kamil	112	TRI NOT TO DIE	M30-34	00:24:22	01:16:13	01:42:45	243	00:08:39	00:22:59	01:33:42	02:16:53	03:14:33	04:35:21	05:25:31	06:30:04	07:03:55	226	00:05:06	00:43:55	01:13:21	01:41:54	
191	FELSKI Mariusz	92	MZS WOLCZA MAŁA	M50-54	00:20:35	01:01:32	01:22:03	144	00:07:03	00:21:18	01:32:05	02:14:36	03:08:45	04:25:42	05:14:10	06:13:38	06:49:22	207	00:04:55	01:28:11	01:55:22	02:25:30	
192	OPOZDA Krzysztof	74	CM UMK	M50-54	00:20:07	01:00:16	01:21:00	124	00:10:42	00:21:47	01:31:17	02:15:28	03:13:51	04:28:59	05:17:28	06:14:00	06:46:58	205	00:10:05	00:50:19	01:22:57	01:54:56	
193	GOSTOMSKI Borys	59	40 LAT MINĘŁO	M40-44	00:23:11	01:11:59	01:38:10	230	00:06:48	00:20:25	01:28:36	02:15:17	03:06:37	04:17:33	05:00:07	05:56:59	06:28:02	184	00:04:24	00:53:45	01:29:01	02:06:03	
194	WOŁOWSKI Lech	75		M40-44	00:21:20	01:08:42	01:34:28	220	00:09:01	00:24:19	01:37:14	02:22:58	03:19:39	04:40:49	05:33:34	06:33:39	07:08:01	227	00:05:39	00:44:02	01:13:06	01:44:52	
195	NOWAK Paweł	154	KEPNET	M50-54	00:22:46	01:09:18	01:33:29	210	00:08:02	00:19:51	01:25:08	02:07:47	03:02:10	04:21:51	05:12:14	06:13:42	06:51:26	211	00:05:33	00:57:22	01:34:25	02:08:00	
196	PRZYGODA Wojciech	194		M45-49	00:21:51	01:07:42	01:31:06	199	00:08:19	00:21:17	01:30:36	02:12:46	03:08:32	04:29:05	05:17:44	06:23:05	06:59:31	223	00:07:16	00:47:08	01:26:50	02:01:03	
197	CHMIEL Dariusz	205	PTT DELTA PŁOCK	M50-54	00:22:42	01:09:48	01:33:52	214	00:12:11	00:21:52	01:36:16	02:21:17	03:17:28	04:29:12	05:14:02			06:44:41	202	00:07:27	00:41:18	01:09:15	01:37:56
198	POTOCZNY Łukasz	50	EUFORIABIEGACZATEAM	M35-39	00:28:27	01:34:30	02:08:17	256	00:09:40	00:21:23	01:32:16	02:16:59	03:14:51	04:33:26	05:20:14	06:20:26	06:55:03	216	00:07:14	00:42:24	01:12:24	01:42:50	
Przekroczony limit czasu: 15:00:00																							
199	WĘGRZYŃSKI Piotr	132		M45-49	00:23:41	01:13:24	01:41:01	237	00:09:40	00:21:22	01:31:02	02:14:41	03:12:03	04:28:31	05:17:21	06:20:44	06:58:02	220	00:08:32	00:49:47	01:23:57	01:59:47	
200	KOŚCIELAK Maciej	200	ŻANDARM Z BYDGOSZCZY	M40-44	00:26:57	01:26:08	01:58:32	253	00:06:40	00:22:01	01:32:47	02:17:34	03:12:38	04:32:38	05:20:56	06:19:59	06:56:09	217	00:05:03	00:50:53	01:28:22	02:00:30	
201	MIKOŁAJSKI Krzysztof	276		M25-29	00:26:24	01:25:19	01:57:28	252	00:10:02	00:22:29	01:40:21	02:28:36	03:27:49	04:45:39	05:36:24	06:40:54	07:18:43	230	00:04:35	00:50:19	01:20:24	01:49:51	
202	KONIECZNY Karol	115		M35-39	00:21:54	01:07:42	01:31:13	200	00:06:52	00:20:46	01:31:04	02:17:24	03:09:57	04:33:09	06:03:49	07:03:26	07:38:30	234	00:06:49	00:49:09	01:19:50	01:50:07	
203	MASŁOWSKI Michał	257	NO LIMITS	M25-29	00:21:50	01:10:18	01:34:40	221	00:09:11	00:24:06	01:44:59	02:36:09	03:39:26	05:17:57	06:16:11	07:33:10	08:11:50	238	00:06:19	00:38:50	01:06:38	01:30:39	
204	NOWAK Adam	37	WUJEK PORADA	M45-49	00:23:54	01:15:40	01:41:10	238	00:08:07	00:25:11	01:49:52	02:46:38	04:08:45	06:03:29	07:01:51			08:28:45	239	00:08:09	00:55:04	01:30:28	02:04:48
205	KUZIEMSKI Tomasz	62	KS MARATON OSTROW WLKP	M25-29	00:20:54	01:05:33	01:28:52	188	00:07:18	00:22:31	01:39:50	02:26:32	03:29:20	04:58:53	05:52:57	07:04:04	07:44:59	236	00:04:27	02:03:59	02:41:06	03:11:53	
206	BOGDAŃSKI Łukasz	25	THOMSON REUTERS TRIATHLON TEAM	M35-39	00:20:18	01:03:13	01:24:54	160	00:06:49	00:22:34	02:52:55	03:36:47	04:31:37	05:45:26	06:31:20					01:17:42	01:43:15	02:08:12	
207	CYBULSKI Konrad	152	CELIRONMAN	M45-49	00:21:15	01:03:00	01:25:20	163	00:08:55	00:21:20	01:29:41	02:12:21	03:07:14	04:19:43	05:05:32	06:02:38	06:36:34	198	00:06:15	00:41:39	01:06:54	01:34:50	
	WOJCIECHOWSKI Adam	14		M45-49	00:23:11	01:15:14	01:43:23	244	00:08:03	00:20:51	01:30:31	02:14:46	03:09:29	04:31:49	05:34:20	06:54:29	07:31:25	232					
	RUDOL Sebastian	23		M40-44	00:22:33	01:09:38	01:34:25	219	00:09:13	00:20:28	01:33:32	02:19:13	03:17:20	04:54:14	05:42:11	06:50:25	07:39:31	235					
	BUŁECZKA Paweł	47	RAJSPORT ACTIVE	M30-34	00:20:04	01:05:19																	
	CIĘŻKI Maciej	53		M40-44	00:20:18	01:05:13	01:28:48	186	00:07:02	00:18:33	01:23:07	02:02:18	02:52:41										
	LUDEK Tomasz	55	DASH DIGITAL CASH	M30-34	00:19:34	01:00:14	01:21:35	137	00:04:50	00:18:48	01:21:23	02:00:15	02:48:00	03:52:24	04:32:11								
	ROTMĄŃSKI Piotr	72	AIR INNOVATIONS	M35-39	00:20:20	01:01:25	01:23:09	149	00:03:33	00:20:02	01:23:50	02:03:23	02:52:38	04:01:50	04:46:04								
	GĘBCZYŃSKI Paweł	118		M35-39	00:23:39	01:16:55	01:44:08	245	00:05:42	00:19:55	01:31:18	02:15:55	03:10:47										
	KRAWENDA Robert	147		M25-29	00:19:13	01:01:01	01:22:42	147	00:04:10	00:16:52	01:12:01	01:47:05	02:31:44	03:31:48	04:10:44	04:59:57	05:31:56	44					
	BUCZEK Jakub	196		M30-34	00:17:59	00:55:54	01:14:56	85	00:05:30	00:18:03	01:18:39	01:55:45	02:41:39	03:45:44	04:26:26	05:18:08	05:47:27	88	00:02:35				
	ŁOŚ Sławomir	187		M45-49	00:20:46	01:03:21	01:24:3																

				Pływanie						Rower											
WAWRESZUK Jan	281	YANOPTIMAL	M18-24	00:19:48	01:00:28	01:21:34	136	00:14:54	00:22:50	01:36:14	02:24:36	03:29:31	04:58:39	05:44:27			00:49:48	01:18:29			
BORCHMANN Szymon	259	TRI-SEA WŁADYSŁAWOWO	M35-39	00:20:34	01:05:09	01:29:20	191	00:11:14	00:20:29	01:30:53	02:14:41	03:10:15	04:23:32	05:08:22	06:05:57	06:39:20	200	00:04:24	00:47:00	01:20:19	01:54:03
KRAWISZ Maciej	7	LP500	M40-44 LP 500	00:22:30	01:14:31	01:41:48	241	00:05:59	00:19:27	01:26:55	02:07:25	02:57:25	04:04:21	04:47:32	05:42:29	06:14:32	152	00:03:24	00:50:33		
URBAS Tomasz	45		M40-44	00:17:09	00:55:04	01:15:26	86	00:04:44	00:19:02	01:22:27	02:01:47	02:50:48	03:57:07	04:38:31	05:29:36	05:59:40	114	00:04:37			
ADAMIK Wiktor	250	ADAMIK MY WAY	M45-49	00:17:46	00:55:14	01:14:49	81	00:04:11	00:19:03	01:20:14	01:57:51	04:09:31	05:22:12	06:06:54							
ŻABA Marek	280	TRIATHLON - X- TEAM	M30-34	00:17:49	00:54:45	01:12:57	65	00:04:45	00:17:44	01:16:04	01:52:34	02:37:28	03:39:15	04:17:58	05:06:06	05:35:16	56	00:03:08			
DYKSZAK Filip	83	IRONDRAGON TRIATHLON	M35-39 K.T.O. z Krakowa	00:19:10	00:59:39	01:20:23	120	00:03:26	00:18:13	01:16:22	01:52:34	02:38:18	03:41:30	04:24:25	05:20:13	05:52:52	96	00:03:32			
BANACH Bartosz	221	TORUS - APREKAGEMINI.PL	M30-34	00:13:48	00:42:36	00:56:58	5	00:02:14	00:15:01	01:04:32	01:35:02	02:11:13	03:00:44								
KOZŁOWSKI Wojtek	11	K.T.O. Z KRAKOWA	M50-54 K.T.O. z Krakowa	00:18:10	00:54:56	01:12:39	63	00:11:24	00:19:20	01:25:23	02:03:28	02:50:08	03:57:04	04:38:44	05:34:40	06:05:17	128	00:04:42	00:56:23	01:42:09	02:21:50
GOZDALSKI Jarosław	10	WITKOWO BIEGA	M45-49	00:17:47	00:55:20	01:14:19	73	00:03:31	00:19:58	01:20:01	01:56:27	02:40:54	03:40:05	04:17:26	05:04:19	05:32:40	45	00:02:35	00:35:15		
KARCZEWSKI Adrian	263	CB163	M30-34	00:20:09	01:03:23	01:25:33	164	00:05:00	00:19:20	01:18:51	01:55:20	02:40:44	03:42:43	04:22:32	05:14:00	05:44:05	80	00:02:43	00:45:41		
SZULC Wojtek	277	KOCHAM DARIE	M50-54	00:21:16	01:05:23	01:28:44	184	00:05:27	00:18:11	01:18:50	01:57:03	02:43:54	03:49:59	04:31:43	05:26:57	05:59:06	113	00:09:56			
AUGUŚCIK Mariusz	89		M55-59	00:23:09	01:12:17	01:38:49	232	00:08:00	00:19:41	01:23:33	02:04:31	02:55:16	04:05:07	04:50:53	05:47:08	06:20:30	164				
HIRT Tomasz	111	CB 163	M35-39	00:17:42	00:55:00	01:14:28	75	00:04:01	00:19:03	01:22:22	02:01:51	02:50:57	04:00:45	04:46:17	05:42:29	06:17:08	157	00:04:40			

Znaleziono 235 wynik(ów)