

Klasyfikacja: Wszyscy

Punkt pomiarowy: 98,6 km

Msc	Zawodnik	Numer	Klub	Kategoria	Drużyna	Pływanie			Rower						Bieg				
						P_Borowno 0.95km	P_Borowno 1.9km	Poz	R_Kotomierz 5km	R_Lidl 20km	R_Kotomierz 40km	R_Lidl 55km	R_Kotomierz 75km	R_Lidl 90km	Poz	B_Mysl 3.229km	B_Announcer 6.465km		
1	DEAK Zsombor	836	ASK ALUTA	M25-29		00:14:04	<b>00:29:03</b>	3	00:02:10	00:09:49	00:33:09	01:05:28	01:28:42	02:01:20	<b>02:25:04</b>	4	00:01:45	00:12:21	00:26:01
2	DAVIDNIEKS Artis	835	EMU MALPILS SPORTA KLUBS	M40-44		00:15:43	<b>00:32:00</b>	13	00:02:24	00:09:09	00:31:56	01:04:04	01:26:50	01:59:56	<b>02:23:22</b>	3	00:01:38	00:12:07	00:25:18
3	ZIĘBA Adam	824	TRISPACE	M45-49	TRISPACE	00:17:26	<b>00:35:56</b>	63	00:02:22	00:09:00	00:31:26	01:03:11	01:25:53	01:58:09	<b>02:21:46</b>	1	00:01:10	00:12:32	00:25:24
4	PLUTA Gniewomir	779		M35-39		00:14:56	<b>00:29:52</b>	6	00:02:43	00:09:59	00:33:46	01:06:35	01:29:45	02:02:50	<b>02:27:20</b>	7	00:01:23	00:13:22	00:27:17
5	URBAŃSKI Michał	803	TRISPACE/ NEURON REHABILITACJA	M18-24		00:12:50	<b>00:25:42</b>	1	00:02:20	00:10:09	00:33:53	01:07:19	01:31:11	02:05:34	<b>02:30:27</b>	16	00:01:28	00:13:53	00:29:25
6	HERING Mateusz	697	TRI TEAM BYTÓW	M25-29	TRI TEAM BYTÓW	00:16:10	<b>00:33:23</b>	23	00:02:10	00:09:40	00:33:07	01:05:44	01:28:59	02:01:57	<b>02:26:13</b>	5	00:01:33	00:13:14	00:28:02
7	WOŹNIAK Łukasz	663		M30-34		00:17:55	<b>00:36:08</b>	72	00:02:34	00:09:13	00:31:45	01:03:40	01:26:11	01:58:19	<b>02:21:48</b>	2	00:01:22	00:14:08	00:29:41
8	EJSMONT Krzysztof	831	TRISPACE	M40-44	TRISPACE	00:16:53	<b>00:34:04</b>	29	00:02:29	00:09:36	00:32:47	01:06:04	01:30:07	02:04:01	<b>02:28:23</b>	9	00:01:12	00:13:00	00:26:24
9	MAZUR Paweł	648	AGROLOK SPORT TEAM/UKS TRS SUSZ	M25-29		00:14:57	<b>00:29:59</b>	7	00:02:26	00:10:11	00:33:53	01:06:56	01:30:56	02:05:25	<b>02:31:05</b>	19	00:01:43	00:13:32	00:29:31
10	ZIENKIEWICZ Janusz	557	TRISPACE / ALLIANZ TRIATHLON TEAM	M45-49	TRISPACE	00:16:21	<b>00:33:12</b>	22	00:02:49	00:10:13	00:34:29	01:08:06	01:31:56	02:05:23	<b>02:29:35</b>	12	00:01:34	00:13:49	00:28:36
11	HERMELIN Wojciech	529	KANCELARIA HMM	M35-39		00:16:17	<b>00:33:06</b>	21	00:02:26	00:10:00	00:33:45	01:06:39	01:30:11	02:04:13	<b>02:29:44</b>	13	00:01:18	00:14:45	00:30:19
12	NAROŹNIK Maciej	650		M30-34		00:15:01	<b>00:31:11</b>	10	00:02:58	00:10:08	00:34:35	01:08:08	01:31:36	02:05:30	<b>02:30:42</b>	17	00:01:52	00:14:51	00:30:32
13	RYMER Jakub	563	KLINIKA TRIATHLONU BYDGOSZCZ	M30-34	Klinika Triathlonu Bydgoszcz	00:17:12	<b>00:35:00</b>	48	00:02:53	00:09:28	00:32:23	01:05:26	01:28:29	02:02:43	<b>02:26:49</b>	6	00:02:03	00:14:56	00:31:18
14	LEMKE Krzysztof	160	GDYŃSKI TRIATHLON	M40-44		00:17:04	<b>00:34:27</b>	38	00:02:11	00:09:32	00:32:38	01:05:31	01:29:02	02:03:05	<b>02:28:26</b>	10	00:01:53	00:15:04	00:31:31
15	SZUL Daniel	816	SOLANO	M35-39		00:17:51	<b>00:36:30</b>	78	00:02:51	00:09:34	00:33:02	01:06:03	01:29:31	02:03:13	<b>02:27:22</b>	8	00:01:38	00:15:20	00:31:14
16	JABŁOŃSKI Jarosław	686	UKS TRS SUSZ/NADLEŚNICTWO SUSZ	M45-49		00:17:35	<b>00:35:50</b>	60	00:02:50	00:10:08	00:33:57	01:08:14	01:32:34	02:07:33	<b>02:33:09</b>	25	00:01:36	00:13:02	00:27:13
17	NOSOWSKI Jacek	710		M40-44		00:15:59	<b>00:32:40</b>	19	00:02:51	00:10:05	00:34:33	01:09:03	01:33:35	02:08:42	<b>02:34:01</b>	30	00:01:43	00:14:09	00:29:37
18	KARWALA Łukasz	728	TTC	M40-44		00:15:37	<b>00:31:56</b>	12	00:03:01	00:11:11	00:34:22	01:08:00	01:32:18	02:08:22	<b>02:34:31</b>	31	00:01:47	00:14:27	00:31:32
19	WYSOCKI Rafał	551	SRITRI/TRIATHLON KONSULTING	M45-49		00:17:08	<b>00:34:43</b>	43	00:02:58	00:09:48	00:33:33	01:07:38	01:31:54	02:07:35	<b>02:33:04</b>	24	00:02:15	00:14:11	00:30:16
20	SŁAWIŃSKI Grzegorz	709	MKL MARATON ŚWINUJĘCIE	M35-39		00:18:40	<b>00:38:16</b>	118	00:03:30	00:09:51	00:33:48	01:07:52	01:31:53	02:06:32	<b>02:31:38</b>	21	00:01:15	00:13:33	00:29:01
21	WOLSKI Krzysztof	673		M35-39		00:14:03	<b>00:29:01</b>	2	00:02:46	00:09:55	00:34:02	01:07:50	01:32:48	02:09:04	<b>02:36:05</b>	36	00:02:07	00:18:09	00:33:44
22	WIERZBOWSKI Krzysztof	532	MOTOINTEGRATOR RUNNING TEAM	M35-39		00:18:26	<b>00:38:00</b>	114	00:02:46	00:09:49	00:32:27	01:05:54	01:29:40	02:04:38	<b>02:29:49</b>	14	00:01:58	00:14:34	00:31:22
23	KWIATKOWSKI Rafał	736	KUZNIA TRIATHLONU	M35-39		00:16:45	<b>00:34:07</b>	30	00:02:44	00:10:05	00:34:30	01:09:34	01:34:29	02:10:41	<b>02:36:20</b>	39	00:01:52	00:14:06	00:28:58
24	JACHIMEK Marcin	683	ZOO+	M35-39		00:17:33	<b>00:35:47</b>	59	00:03:00	00:10:23	00:34:14	01:08:22	01:32:24	02:06:43	<b>02:31:44</b>	22	00:02:25	00:15:01	00:31:08
25	PORZYCH Rafał	511	RAFSON.TV	M18-24		00:17:32	<b>00:35:58</b>	64	00:03:06	00:09:50	00:33:55	01:09:59	01:34:46	02:09:51	<b>02:35:47</b>	35	00:01:45	00:13:05	00:28:08
26	TUROWIEC Adam	821	UAM TRIATHLON POZNAŃ   APPETITEFORSPORTS.COM	M40-44		00:15:50	<b>00:32:28</b>	15	00:02:51	00:10:07	00:34:03	01:08:28	01:33:13	02:09:18	<b>02:34:51</b>	32	00:01:44	00:14:53	00:32:56
27	ANDRZEJEWSKI Marcin	787		M30-34		00:18:55	<b>00:38:03</b>	116	00:03:35	00:10:00	00:33:27	01:07:11	01:31:32	02:05:48	<b>02:31:36</b>	20	00:02:43	00:14:03	00:29:16
28	KOŁAKOWSKI Tomasz	577		M30-34		00:17:50	<b>00:36:31</b>	80	00:02:38	00:09:47	00:33:47	01:08:25	01:33:47	02:10:02	<b>02:37:41</b>	51	00:01:48	00:12:52	00:26:48
29	BANACH Marcin	839	3GRAVITY	M30-34	3Gravity	00:18:43	<b>00:37:54</b>	112	00:02:05	00:10:22	00:35:09	01:09:53	01:34:46	02:10:21	<b>02:36:25</b>	41	00:01:37	00:13:54	00:28:37
30	MAGDZIARZ Jakub	699	KANCELARIA-HMM	M35-39		00:16:50	<b>00:34:18</b>	33	00:02:21	00:09:58	00:34:04	01:08:16						00:11:11	
31	GOŁEMBIEWSKI Marek	587	B4SPORT/MUKS PIĘTNASTKA BYDGOSZCZ	M45-49		00:19:05	<b>00:38:52</b>	135	00:03:05	00:09:56	00:34:38	01:09:07	01:34:14	02:10:15	<b>02:36:55</b>	45	00:01:31	00:13:07	00:27:31
32	KOWALSKI Dariusz	819	ZBZ ZŁOTÓW	M50-54		00:18:39	<b>00:38:57</b>	138	00:03:19	00:10:12	00:34:42	01:09:19	01:33:52	02:09:52	<b>02:35:40</b>	34	00:02:31	00:08:42	00:27:33
33	DEPTUŁA Grzegorz	570	VII LICEUM OGÓLNOKSZTAŁCĄCE W BYDGOSZCZY	M35-39		00:17:25	<b>00:34:57</b>	47	00:02:43	00:10:35	00:35:28	01:11:15	01:36:54	02:13:29	<b>02:40:42</b>	72	00:01:40	00:13:47	00:28:09
34	WOŹNIAK Aureliusz	503	AMS	M45-49	AMS	00:17:45	<b>00:36:21</b>	77	00:03:16	00:09:55	00:33:14	01:06:50	01:31:05	02:07:20	<b>02:33:33</b>	26	00:01:55	00:16:09	00:34:02
35	KOWALIKOWSKI Daniel	516		M25-29		00:17:54	<b>00:37:33</b>	106	00:02:37	00:10:33	00:34:40	01:09:41	01:33:11	02:08:33	<b>02:33:52</b>	28	00:01:17	00:16:06	00:34:00
36	JANKOWSKI Tomasz	623	TRISPACE	M45-49	TRISPACE	00:17:58	<b>00:36:42</b>	83	00:02:33	00:10:41	00:35:55	01:11:09	01:36:42	02:12:20	<b>02:38:55</b>	60	00:02:03	00:14:03	00:29:07

				Pływanie				Rowing						Bieg					
37	LITAWA Jacek	654		M45-49		00:16:46	<b>00:34:13</b>	31	00:03:03	00:09:58	00:34:04	01:09:17	01:34:37	02:10:51	<b>02:38:01</b>	<b>53</b>	00:02:09	00:15:02	00:32:14
38	KRÓL Maciej	793	TRISPACE	M50-54	TRISPACE	00:19:23	<b>00:39:13</b>	147	00:02:56	00:10:35	00:34:48	01:09:23	01:33:44	02:09:17	<b>02:35:13</b>	<b>33</b>	00:01:26	00:14:57	00:31:03
39	TRAWCZYŃSKI Jacek	556	TRISPACE	M45-49	TRISPACE	00:18:15	<b>00:37:00</b>	93	00:02:36	00:10:08	00:34:23	01:08:53	01:33:14	02:08:37	<b>02:33:57</b>	<b>29</b>	00:01:54	00:15:55	00:34:29
40	OSMOLIK Jarek	723	TRI ZARZA TEAM	M40-44		00:20:17	<b>00:40:26</b>	181	00:02:47	00:09:43	00:33:46	01:07:45	01:32:07	02:07:15	<b>02:32:44</b>	<b>23</b>	00:02:06	00:14:46	00:31:54
41	MUSZYTOWSKI Damian	642	TKT	M35-39		00:17:40	<b>00:35:37</b>	54	00:03:01	00:10:28	00:34:27	01:08:44	01:33:31	02:09:00	<b>02:33:48</b>	<b>27</b>	00:02:10	00:16:29	00:35:32
42	WALCZAK Michał	567	3GRAVITY	M30-34		00:17:59	<b>00:37:15</b>	101	00:02:24	00:10:54	00:36:16	01:12:29	01:38:14	02:15:56	<b>02:42:27</b>	<b>85</b>	00:01:22	00:12:49	00:26:58
43	BIENIEK Patryk	768	ZAWSZE COŚ NIE TAK	M35-39	Zawsze coś nie tak	00:17:47	<b>00:36:11</b>	73	00:03:01	00:09:51	00:33:43	01:08:31	01:33:40	02:10:55	<b>02:38:02</b>	<b>55</b>	00:02:06	00:14:42	00:31:16
44	WOJCIECHOWSKI Mirosław	547		M35-39		00:17:19	<b>00:35:58</b>	65	00:03:56	00:10:08	00:34:07	01:09:03	01:34:14	02:10:22	<b>02:36:25</b>	<b>42</b>	00:01:52	00:15:29	00:32:31
45	SZYMAŃSKI Przemysław	514	REWIZOR TRI	M40-44		00:19:22	<b>00:39:42</b>	155	00:02:55	00:10:16	00:34:45	01:09:47	01:34:47	02:10:28	<b>02:36:10</b>	<b>37</b>	00:01:52	00:14:30	00:30:14
46	KNOTHE Adam	531	BUDSTOL INVEST	M45-49		00:20:00	<b>00:40:35</b>	183	00:02:32	00:09:44	00:33:39	01:06:42	01:30:13	02:04:38	<b>02:29:28</b>	<b>11</b>	00:01:34	00:18:40	00:36:50
47	PONIKWIA Rafał	772	WM TRISELF	M30-34		00:17:09	<b>00:34:49</b>	45	00:03:46	00:10:22	00:36:00	01:11:33	01:36:57	02:13:33	<b>02:40:08</b>	<b>67</b>	00:03:00	00:13:41	00:29:17
48	KRUPIŃSKI Maciej	527		M35-39		00:18:13	<b>00:36:00</b>	66	00:03:25	00:10:08	00:34:25	01:11:11	01:35:39	02:11:19	<b>02:38:07</b>	<b>56</b>	00:03:40	00:15:14	00:30:00
49	MATEUSIAK Tomasz	765	KB LUPUS OLEŚNICA	M35-39		00:18:47	<b>00:37:41</b>	108	00:04:48	00:10:36	00:36:07	01:12:23	01:37:46	02:14:06	<b>02:40:21</b>	<b>69</b>	00:02:36	00:12:55	00:26:37
50	GÓRECKI Tomasz	506	PTT DELTA	M30-34		00:15:39	<b>00:32:19</b>	14	00:03:20	00:10:36	00:36:32	01:13:08	01:38:45	02:16:38	<b>02:43:58</b>	<b>99</b>	00:01:30	00:14:53	00:31:03
51	SKRUDLIK Leszek	537	STOWARZYSZENIE FEBYS	M35-39		00:18:05	<b>00:36:07</b>	71	00:03:05	00:10:30	00:34:54	01:10:30	01:35:02	02:11:06	<b>02:37:04</b>	<b>46</b>	00:01:56	00:16:57	00:34:11
52	ŻUREK Jacek	742		M30-34		00:14:33	<b>00:29:46</b>	5	00:02:47	00:10:57	00:36:12	01:11:38	01:37:46	02:16:20	<b>02:44:19</b>	<b>103</b>	00:01:54	00:17:09	00:34:11
53	GAWROŃSKI Roman	652		M35-39		00:17:17	<b>00:34:28</b>	39	00:03:08	00:10:15	00:34:59	01:10:52	01:36:06	02:12:55	<b>02:39:25</b>	<b>63</b>	00:03:40	00:14:57	00:32:18
54	DEBERT Jarek	782	TRINERGY TEAM	M35-39		00:19:33	<b>00:39:28</b>	152	00:03:19	00:10:48	00:35:32	01:10:45	01:36:10	02:11:55	<b>02:37:58</b>	<b>52</b>	00:01:36	00:15:02	00:30:56
55	POWAŻYŃSKI Arek	602	NEON TEAM	M35-39		00:17:29	<b>00:35:20</b>	51	00:02:42	00:10:07	00:34:39	01:09:43	01:34:47	02:10:50	<b>02:37:16</b>	<b>47</b>	00:01:46	00:16:07	00:36:14
56	KŁONOWSKI Tomasz	668	PLATAN	M40-44		00:19:03	<b>00:38:41</b>	130	00:02:40	00:10:26	00:35:13	01:10:10	01:34:45	02:10:44	<b>02:36:15</b>	<b>38</b>	00:02:13	00:16:31	00:33:42
57	SAWIEŁAJC Jakub	791	FUJI KRYSPORT TEAM	M18-24	FUJI KRYSPORT TEAM	00:16:09	<b>00:33:04</b>	20	00:02:55	00:10:27	00:35:36	01:11:01	01:36:55	02:14:35	<b>02:42:10</b>	<b>83</b>	00:02:17	00:15:21	00:33:16
58	SENGER Robert	523	LTT LIPUSZ	M35-39		00:17:44	<b>00:36:16</b>	75	00:03:17	00:10:28	00:34:40	01:10:33	01:36:08	02:12:59	<b>02:40:06</b>	<b>66</b>	00:01:49	00:14:55	00:32:19
59	PATALON Piotr	520	ORKAMASTERS	M45-49	OrkaMasters Iława	00:18:34	<b>00:36:57</b>	92	00:03:30	00:10:13	00:34:30	01:09:27	01:34:22	02:10:18	<b>02:37:40</b>	<b>50</b>	00:01:27	00:16:32	00:34:16
60	PIESIK Dawid	704	ARRK	M25-29		00:16:56	<b>00:35:25</b>	52	00:03:51	00:10:20	00:35:24	01:11:26	01:37:32	02:14:53	<b>02:42:18</b>	<b>84</b>	00:02:50	00:14:04	00:29:26
61	JAUMIEŃ Łukasz	838		M30-34		00:16:20	<b>00:33:46</b>	26	00:03:02	00:10:15	00:35:43	01:11:55	01:37:50	02:14:47	<b>02:41:45</b>	<b>80</b>	00:01:53	00:17:03	00:33:36
62	ČERNÝ Jiří	833	APM	M40-44		00:18:26	<b>00:37:19</b>	102	00:03:52	00:10:31	00:36:00	01:11:24	01:37:08	02:13:51	<b>02:40:09</b>	<b>68</b>	00:03:24	00:14:24	00:29:20
63	KAMIŃSKI Tomasz	653	AMS	M35-39	AMS	00:21:33	<b>00:44:07</b>	232	00:03:12	00:09:45	00:33:20	01:07:03	01:31:13	02:05:28	<b>02:30:57</b>	<b>18</b>	00:02:24	00:15:30	00:33:25
64	RUPIETA Maksym	674	WUEF TRI TEAM	M40-44		00:16:48	<b>00:33:52</b>	27	00:03:27	00:11:26	00:37:29	01:14:10	01:40:53	02:18:48	<b>02:45:27</b>	<b>117</b>	00:03:27	00:14:08	00:28:45
65	CUPA Ireneusz	796	TRIATHLON KONSULTING	M45-49		00:19:27	<b>00:40:10</b>	174	00:03:28	00:09:55	00:33:45	01:08:16	01:33:35	02:10:39	<b>02:37:37</b>	<b>49</b>	00:01:52	00:15:00	00:32:31
66	ZIELIŃSKI Nicolas	755	OLIMPIASPORT.PL	M25-29		00:16:22	<b>00:33:35</b>	24	00:02:41	00:10:19	00:34:24	01:09:16	01:33:43	02:09:29	<b>02:36:21</b>	<b>40</b>	00:01:33	00:17:07	00:41:37
67	ŻYWICKI Bartosz	814	DZIKI KOSZALIN	M35-39		00:19:07	<b>00:38:22</b>	122	00:04:07	00:10:11	00:35:00	01:10:20	01:35:58	02:13:01	<b>02:40:00</b>	<b>64</b>	00:01:48	00:14:41	00:31:36
68	ŻMICH-FÓRMANIAK Joanna	825	TRISPACE	K40-44	TRISPACE	00:17:11	<b>00:34:34</b>	41	00:02:54	00:10:20	00:35:55	01:11:51	01:37:08	02:14:10	<b>02:41:12</b>	<b>79</b>	00:01:49	00:17:30	00:35:54
69	WACŁAWSKI Krzysztof	517	ORKAMASTERS IŁAWA	M50-54	OrkaMasters Iława	00:16:42	<b>00:34:25</b>	35	00:02:50	00:10:20	00:35:24	01:12:03	01:37:35	02:15:58	<b>02:44:35</b>	<b>107</b>	00:02:21	00:15:39	00:32:24
70	BARCZYKOWSKI Szymon	753	SPOT	M30-34		00:16:59	<b>00:34:27</b>	37	00:03:05	00:10:21	00:35:53	01:12:21	01:38:36	02:16:50	<b>02:45:24</b>	<b>116</b>	00:01:46	00:15:37	00:32:08
71	KRZEMIŃSKI Adam	573	WUEF TRI TEAM	M35-39		00:17:59	<b>00:36:04</b>	69	00:03:16	00:10:15	00:34:49	01:10:41	01:36:23	02:13:26	<b>02:40:36</b>	<b>70</b>	00:01:44	00:17:06	00:35:25
72	JABŁOŃSKI Marcin	722	FUJI KRYSPORT TEAM	M45-49	FUJI KRYSPORT TEAM	00:20:02	<b>00:40:02</b>	168	00:02:37	00:10:28	00:35:34	01:11:50	01:37:29	02:15:19	<b>02:41:52</b>	<b>82</b>	00:01:47	00:15:12	00:31:04
	THOMANN Jacek	575	GOULTRA.PL	M30-34		00:19:42	<b>00:39:46</b>	158	00:02:59	00:10:17	00:34:47	01:09:59	01:35:18	02:11:52	<b>02:38:19</b>	<b>59</b>	00:01:20	00:15:54	00:35:06
74	NOWAK Ewelina	662	TRIAMATOR EWELINA NOWAK	K30-34		00:17:46	<b>00:35:46</b>	57	00:03:12	00:10:16	00:35:51	01:12:29	01:38:49	02:17:11	<b>02:43:50</b>	<b>97</b>	00:01:50	00:14:40	00:33:07
75	BUCZEK Robert	799	TRIATHLON SIEDLCE CLUB	M40-44	TRIATHLON SIEDLCE CLUB	00:18:12	<b>00:36:46</b>	84	00:05:05	00:10:27	00:35:10	01:10:27	01:35:28	02:11:12	<b>02:36:52</b>	<b>44</b>	00:03:12	00:17:17	00:36:16
76	ŁUBIAN Michał	752	CTL LOGISTICS	M40-44		00:17:57	<b>00:36:37</b>	81	00:04:04	00:10:26	00:35:48	01:10:27	01:36:00	02:13:29	<b>02:41:03</b>	<b>75</b>	00:02:29	00:16:26	00:34:03
77	CHOLEWIŃSKI Dariusz	615	HURAGAN MIEDZYŃ	M40-44		00:20:39	<b>00:41:11</b>	188	00:02:48	00:09:42	00:33:22	01:08:16	01:33:40	02:10:41	<b>02:38:16</b>	<b>58</b>	00:01:42	00:16:02	00:34:31
78	IGNACZAK Piotr	820	TRISPACE	M45-49	TRISPACE	00:18:10	<b>00:36:56</b>	90	00:02:48	00:10:21	00:35:47	01:11:53	01:37:47	02:15:52	<b>02:43:16</b>	<b>93</b>	00:01:37	00:16:10	00:34:04
79	MALESKA Adam Wiktor	651		M18-24		00:19:07	<b>00:38:49</b>	132	00:04:22	00:10:19	00:35:15	01:11:55	01:38:52	02:17:17	<b>02:44:57</b>	<b>110</b>	00:02:49	00:13:02	00:27:51
80	WIERZYŃSKI Damian	510	EXIMO EXTREME TEAM	M30-34		00:19:02	<b>00:38:53</b>	136	00:02:55	00:10:32	00:35:50	01:12:09	01:38:14	02:16:31	<b>02:43:50</b>	<b>98</b>	00:01:51	00:14:50	00:31:46
81	KĄZMIERCZAK Marcin	840	CELIRONMAN	M40-44		00:18:28	<b>00:36:54</b>	89	00:02:44	00:11:07	00:35:20	01:10:37	01:36:00	02:14:04	<b>02:41:03</b>	<b>76</b>	00:03:25	00:17:12	00:35:45

				Pływanie				Rower				Bieg						
82	GÓRNY Wojciech	811	TRISPACE/ADAMED	M45-49	00:18:34	<b>00:37:32</b>	105	00:02:53	00:11:33	00:38:17	01:15:38	01:42:47	02:21:12	<b>02:48:37</b>	<b>141</b>	00:02:01	00:13:44	00:29:15
83	KAPUSNIAK Tomasz	559	TAK DLA TRANSPLANTACJI	M40-44	00:18:08	<b>00:36:54</b>	88	00:03:18	00:10:44	00:35:30	01:11:06	01:36:27	02:14:08	<b>02:41:49</b>	<b>81</b>	00:02:43	00:17:37	00:35:36
84	KALICKI Edward	32	K.T.O. Z KRAKOWA	M50-54	00:19:38	<b>00:38:58</b>	139	00:03:06	00:10:02	00:34:06	01:08:29	01:33:26	02:10:58	<b>02:37:36</b>	<b>48</b>	00:02:33	00:17:18	00:38:14
85	DUSIŃSKI Krzysztof	637	TRIEM	M35-39	00:19:01	<b>00:39:13</b>	146	00:04:43	00:10:05	00:35:20	01:14:26	01:40:15	02:17:40	<b>02:44:03</b>	<b>100</b>	00:03:14	00:14:09	00:29:32
86	WŁODARCZAK Witold	823	TRISPACE	M55-59	00:19:32	<b>00:40:22</b>	180	00:02:53	00:10:07	00:35:03	01:11:28	01:37:24	02:15:36	<b>02:43:11</b>	<b>92</b>	00:01:30	00:15:30	00:32:52
87	MAZÁLKOVÁ Šárka	832	APM	K30-34	00:17:14	<b>00:34:29</b>	40	00:03:22	00:11:07	00:37:56	01:14:25	01:40:39	02:19:10	<b>02:46:57</b>	<b>129</b>	00:02:40	00:15:39	00:33:20
88	BENTKOWSKI Marcin	809	TRIPOWER	M30-34	00:18:03	<b>00:37:21</b>	103	00:03:18	00:11:11	00:37:23	01:14:11	01:40:25	02:18:33	<b>02:45:50</b>	<b>121</b>	00:01:55	00:15:31	00:32:25
89	SZAFRAŃSKI Michał	589		M40-44	00:18:17	<b>00:37:14</b>	100	00:05:04	00:10:40	00:35:54	01:12:00	01:37:31	02:14:46	<b>02:41:06</b>	<b>77</b>	00:03:06	00:15:39	00:34:25
90	HERMANOWICZ Cezary	641	SBR TEAM ŁŁK	M30-34	00:17:22	<b>00:36:19</b>	76	00:02:49	00:10:31	00:36:51	01:13:33	01:40:56	02:20:35	<b>02:48:38</b>	<b>142</b>	00:02:09	00:14:49	00:31:08
91	KLOMFAS Miron	800	TRISPACE	M40-44	00:18:32	<b>00:37:10</b>	97	00:02:48	00:10:40	00:37:07	01:13:29	01:40:13	02:18:14	<b>02:45:48</b>	<b>120</b>	00:01:59	00:17:23	00:33:58
92	IGNACZAK Jarosław	513	KAPLAST SP. Z O.O.	M35-39	00:19:33	<b>00:40:37</b>	184	00:03:30	00:10:06	00:35:10	01:10:23	01:35:46	02:13:24	<b>02:40:39</b>	<b>71</b>	00:01:47	00:16:38	00:35:20
93	GIBA Grzegorz	827	GB GALOPUJĄCE ŚLIMAKI	M45-49	00:18:09	<b>00:35:40</b>	95	00:04:02	00:11:02	00:37:32	01:14:52	01:41:54	02:19:59	<b>02:47:52</b>	<b>135</b>	00:02:06	00:15:10	00:32:14
94	NIC Jakub	545		M40-44	00:18:43	<b>00:37:11</b>	98	00:05:12	00:09:50	00:34:14	01:08:49	01:34:24	02:12:07	<b>02:39:01</b>	<b>61</b>	00:04:28	00:16:36	00:36:15
95	RYBAK Remigiusz	612		M40-44	00:20:20	<b>00:41:51</b>	194	00:04:11	00:10:05	00:34:52	01:10:26	01:36:15	02:13:28	<b>02:40:43</b>	<b>73</b>	00:02:13	00:15:40	00:33:17
96	KASTRAU Tomasz	574		M35-39	00:15:40	<b>00:32:33</b>	16	00:03:16	00:10:32	00:36:54	01:13:35	01:40:12	02:21:30	<b>02:51:51</b>	<b>167</b>	00:01:42	00:16:16	00:32:58
97	BYCH Maciej	624	TRIDEA TEAM	M40-44	00:16:58	<b>00:34:15</b>	32	00:04:06	00:11:02	00:35:38	01:11:20	01:36:30	02:12:50	<b>02:38:16</b>	<b>57</b>	00:03:47	00:22:17	00:42:01
98	WROTEK Mirosław	640		M50-54	00:20:54	<b>00:41:26</b>	191	00:04:32	00:10:26	00:35:56	01:11:51	01:37:37	02:15:30	<b>02:43:06</b>	<b>90</b>	00:02:08	00:15:16	00:31:48
99	KUCHARSKI Łukasz	705	CELIRONMAN	M35-39	00:18:14	<b>00:37:24</b>	104	00:04:15	00:10:13	00:34:44	01:09:29	01:34:26	02:12:19	<b>02:39:03</b>	<b>62</b>	00:02:50	00:18:05	00:39:36
100	AUGUSTYŃIAK Grzegorz	588	PTT DELTA	M45-49	00:17:01	<b>00:35:07</b>	49	00:04:00	00:10:24	00:35:14	01:11:28	01:38:22	02:16:56	<b>02:45:38</b>	<b>119</b>	00:02:27	00:16:31	00:36:25
101	WDOWIAK Kamil	777	KLINIKA TRIATHLONU	M25-29	00:18:23	<b>00:36:51</b>	86	00:02:59	00:10:33	00:35:11	01:11:30	01:37:33	02:16:04	<b>02:43:07</b>	<b>91</b>	00:02:41	00:18:15	00:37:59
102	GAJEWSKI Jarosław	826	AUTEX BYDGOSZCZ	M50-54	00:19:00	<b>00:38:33</b>	126	00:04:05	00:10:47	00:36:49	01:14:20	01:40:50	02:19:04	<b>02:46:52</b>	<b>128</b>	00:02:09	00:15:22	00:32:07
103	STALICA Wojciech	675	IZO-ERG	M45-49	00:19:04	<b>00:38:09</b>	117	00:03:45	00:10:22	00:35:40	01:12:30	01:38:51	02:17:42	<b>02:44:53</b>	<b>109</b>	00:01:56	00:16:36	00:35:03
104	KARALIUK Andrei	767		M35-39	00:19:02	<b>00:38:18</b>	119	00:04:07	00:11:01	00:37:49	01:15:14	01:41:09	02:19:29	<b>02:45:56</b>	<b>122</b>	00:01:45	00:16:08	00:33:41
105	KIEŁCZYŃSKI Andrzej	564	HUBSTA	M30-34	00:17:00	<b>00:34:47</b>	44	00:03:11	00:10:14	00:36:05	01:14:56	01:41:06	02:19:34	<b>02:47:19</b>	<b>133</b>	00:01:36	00:16:39	00:37:15
106	KRZESAK Adam	760	NEON TEAM	M40-44	00:18:04	<b>00:36:41</b>	82	00:04:10	00:10:54	00:37:16	01:14:30	01:41:02	02:19:54	<b>02:48:17</b>	<b>137</b>	00:01:59	00:16:26	00:33:02
107	ALSKI Łukasz	661		M30-34	00:17:08	<b>00:35:29</b>	53	00:04:02	00:10:30	00:36:07	01:12:07	01:39:47	02:18:47	<b>02:46:00</b>	<b>123</b>	00:02:43	00:16:27	00:36:21
108	BARANOWSKI Roman	522	WYZWANIE TYLKO 31	M45-49	00:14:59	<b>00:30:24</b>	8	00:05:39	00:11:14	00:38:15	01:16:26	01:43:22	02:23:02	<b>02:52:07</b>	<b>169</b>	00:03:27	00:15:18	00:33:00
109	MĄDRY Marcin	715	TTC CZĘSTOCHOWA	M30-34	00:17:38	<b>00:36:04</b>	70	00:02:35	00:10:58	00:35:57		02:52:03				00:14:41	00:30:47	
110	RICKENBACHER Nicole	837	WILDCATS SWISS TRIATHLON TEAM/SV BASEL	K50-54	00:18:16	<b>00:36:50</b>	85	00:03:50	00:10:30	00:36:56	01:13:56	01:39:46	02:18:01	<b>02:44:39</b>	<b>108</b>	00:02:47	00:19:03	00:36:31
111	SANIGÓRSKI Krzysztof	533	NEVERLAND	M40-44	00:21:31	<b>00:45:47</b>	251	00:04:39	00:10:44	00:36:38	01:13:21	01:39:08	02:16:10	<b>02:42:39</b>	<b>88</b>	00:01:58	00:14:26	00:29:51
112	CHACUS Adrian	774	TRISPORTOWY.COM	M40-44	00:19:34	<b>00:40:11</b>	175	00:03:35	00:10:46	00:37:20	01:15:40	01:42:54	02:21:32	<b>02:48:55</b>	<b>147</b>	00:02:25	00:13:47	00:29:53
113	KAPRAL Rafał	843	PEHAMOT SKODA SZCZECIN	M45-49	00:18:23	<b>00:37:08</b>	96	00:04:35	00:10:54	00:36:45	01:13:39	01:40:18	02:19:27	<b>02:46:28</b>	<b>125</b>	00:02:31	00:16:11	00:34:29
114	MUCHA Aleksander	512	SALAMANDER RUNNING TEAM	M30-34	00:19:11	<b>00:38:45</b>	131	00:04:44	00:10:33	00:35:46	01:11:26	01:37:34	02:16:22	<b>02:44:26</b>	<b>106</b>	00:02:50	00:15:35	00:35:14
115	KRASUSKI Mirosław	725	TRIATHLON SIEDLCE CLUB	M50-54	00:21:25	<b>00:43:06</b>	215	00:03:44	00:10:30	00:36:28	01:13:01	01:39:05	02:17:17	<b>02:44:04</b>	<b>101</b>	00:01:56	00:16:19	00:33:27
116	LIZIK Radosław	684	TRISPACE	M40-44	00:20:01	<b>00:39:59</b>	167	00:04:15	00:10:40	00:36:14	01:12:43	01:38:36	02:16:23	<b>02:42:43</b>	<b>89</b>	00:02:03	00:17:49	00:37:28
117	TAZBIR Mariusz	701		M30-34	00:17:19	<b>00:35:53</b>	62	00:03:38	00:12:32	00:39:48	01:18:52	01:46:43	02:26:25	<b>02:55:19</b>	<b>187</b>	00:01:57	00:14:22	00:30:04
118	PUSTÓŁ Maciej	678	ADECCO	M35-39	00:19:04	<b>00:38:30</b>	125	00:06:00	00:11:05	00:36:31	01:13:29	01:38:56	02:17:03	<b>02:43:30</b>	<b>94</b>	00:04:12	00:17:23	00:34:49
119	PŁÓCIENNIK Dominik	743		M25-29	00:18:52	<b>00:38:35</b>	127	00:04:34	00:10:38	00:36:19	01:12:51	01:39:12	02:17:54	<b>02:45:03</b>	<b>111</b>	00:01:57	00:16:36	00:36:55
120	PIEKARSKI Paweł	515		M25-29	00:15:52	<b>00:32:39</b>	18	00:02:37	00:10:33	00:35:49	01:12:10	01:39:14	02:18:34	<b>02:49:06</b>	<b>148</b>	00:02:10	00:18:21	00:40:52
121	ŚWIDERSKI Jacek	737	ALWAYS WILD TEAM	M40-44	00:17:48	<b>00:36:03</b>	68	00:04:39	00:11:32	00:38:38	01:16:59	01:43:16	02:21:55	<b>02:50:51</b>	<b>157</b>	00:02:15	00:16:01	00:33:37
122	NOWAKOWSKI Arkadiusz	741	TRIATHLON SIEDLCE CLUB	M35-39	00:19:14	<b>00:39:26</b>	151	00:03:49	00:10:22	00:36:06	01:12:43	01:39:04	02:17:15	<b>02:45:10</b>	<b>112</b>	00:02:37	00:17:15	00:36:34
123	FILARECKA Agnieszka	805	ATHLETICOMED	K30-34	00:21:45	<b>00:43:46</b>	225	00:03:25	00:10:23	00:35:41	01:11:32	01:37:40	02:16:25	<b>02:44:13</b>	<b>102</b>	00:01:55	00:16:04	00:34:29
124	KOZŁOWSKI Marcin	688		M30-34	00:16:47	<b>00:34:52</b>	46	00:03:35	00:10:46	00:37:17	01:16:01	01:44:38	02:27:01	<b>02:56:52</b>	<b>191</b>	00:01:52	00:14:32	00:30:41
125	WIŚNIEWSKI Zbigniew	829	BRZOZA BIEGA	M50-54	00:21:33	<b>00:43:18</b>	217	00:03:40	00:10:15	00:35:07	01:10:59	01:35:59	02:13:08	<b>02:40:02</b>	<b>65</b>	00:04:18	00:16:04	00:36:51
126	STRACH Wiktor	804	NIEZRZESZONY	M45-49	00:19:36	<b>00:39:04</b>	142	00:04:02	00:10:52	00:37:13	01:14:06	01:40:33	02:20:20	<b>02:48:33</b>	<b>140</b>	00:02:23	00:16:46	00:34:15
127	KNAPIK Mariusz	818	TEAM CZĘSTOCHOWA	M40-44	00:18:42	<b>00:37:49</b>	111	00:04:19	00:11:03	00:37:14	01:15:24	01:42:24	02:23:03	<b>02:51:03</b>	<b>161</b>	00:02:10	00:15:48	00:33:01

				Pływanie				Rower						Bieg					
128	PIETROWICZ Krzysztof	636	BIG FAMILY	M40-44	00:19:59	<b>00:40:03</b>	169	00:03:52	00:10:14	00:35:18	01:11:06	01:37:10	02:16:06	<b>02:44:21</b>	<b>104</b>	00:02:31	00:17:47	00:38:06	
129	RYCHARSKI Bartosz	519		M35-39	00:21:26	<b>00:42:59</b>	214	00:03:23	00:09:53	00:34:34	01:11:15	01:37:52	02:16:56	<b>02:46:24</b>	<b>124</b>	00:02:31	00:16:04	00:33:50	
130	OCHENDAL Maciej	714	TRISPACE	M35-39	00:19:41	<b>00:39:54</b>	163	00:03:07	00:10:22	00:35:27	01:12:33	01:39:54	02:18:52	<b>02:47:15</b>	<b>132</b>	00:02:26	00:17:05	00:36:28	
131	KAMIŃSKI Radosław	726	WUEF TRI TEAM	M25-29	00:20:58	<b>00:43:22</b>	219	00:05:14	00:10:48	00:37:29	01:14:45	01:41:07	02:19:44	<b>02:46:44</b>	<b>126</b>	00:02:48	00:14:39	00:31:11	
132	LISIECKI Jacek	694		M45-49	00:20:20	<b>00:42:26</b>	206	00:05:08	00:10:35	00:36:24	01:12:50	01:38:59	02:17:18	<b>02:44:26</b>	<b>105</b>	00:01:52	00:16:50	00:35:39	
133	LESISZ Bartłomiej	795		M35-39	00:19:07	<b>00:37:58</b>	113	00:04:37	00:10:46	00:37:34	01:14:57	01:40:57	02:19:56	<b>02:48:03</b>	<b>136</b>	00:02:13	00:17:53	00:36:45	
134	KEMNITZ Marcin	580	3GRAVITY	M35-39	00:22:27	<b>00:46:28</b>	259	00:03:08	00:10:14	00:34:55	01:10:58	01:36:17	02:13:58	<b>02:40:44</b>	<b>74</b>	00:02:27	00:18:06	00:36:56	
135	BEDNAREK Patrycja	802	TRISPACE	K30-34	TRISPACE	00:19:45	<b>00:39:52</b>	161	00:02:50	00:11:06	00:38:10	01:15:51	01:42:58	02:21:37	<b>02:48:52</b>	<b>145</b>	00:01:42	00:17:40	00:36:33
136	GRUBA Marek	639		M30-34	00:19:45	<b>00:40:06</b>	170	00:03:54	00:10:58	00:37:29	01:15:31	01:42:10	02:21:29	<b>02:49:30</b>	<b>150</b>	00:02:20	00:16:01	00:34:16	
137	KLAPUCH Michał	712		M35-39	00:18:13	<b>00:37:06</b>	95	00:04:39	00:11:19	00:38:00	01:16:07	01:43:38	02:23:51	<b>02:52:29</b>	<b>173</b>	00:03:14	00:15:30	00:32:42	
	KARWACKI Paweł	815	TRISPACE/SOLANO	M35-39	00:20:16	<b>00:40:07</b>	171	00:02:43	00:10:13	00:34:41	01:11:00	01:37:11	02:16:11	<b>02:43:41</b>	<b>96</b>	00:01:57	00:20:31	00:41:57	
139	TYMIŃSKI Dariusz	739	TRITECH	M50-54	00:22:13	<b>00:45:30</b>	249	00:03:32	00:10:55	00:37:31	01:15:02	01:42:24	02:21:10	<b>02:49:08</b>	<b>149</b>	00:01:42	00:19:17	00:30:34	
140	LICZNIERSKI Marek	660	TRIATHLONISTA.COM	M30-34	00:16:55	<b>00:34:26</b>	36	00:03:29	00:10:42	00:37:44	01:14:58	01:43:15	02:24:51	<b>02:53:20</b>	<b>178</b>	00:02:16	00:17:29	00:36:57	
141	ŁUCZAK Paweł	525	TKKF KOLEJARZ BYDGOSZCZ	M45-49	00:20:01	<b>00:40:27</b>	182	00:03:01	00:11:10	00:37:29	01:16:05	01:43:31	02:24:02	<b>02:53:39</b>	<b>181</b>	00:03:30	00:14:32	00:30:03	
142	WIECZOREK Łukasz	680	RUN4FUN WWW.BYTPAK.PL	M30-34	00:21:03	<b>00:42:59</b>	213	00:03:50	00:10:41	00:38:03	01:16:40	01:43:48	02:22:46	<b>02:50:34</b>	<b>155</b>	00:02:53	00:14:33	00:30:34	
143	ROS Piotr	734		M30-34	00:18:20	<b>00:37:12</b>	99	00:04:07	00:10:46	00:36:38	01:13:27	01:39:58	02:20:11	<b>02:48:21</b>	<b>139</b>	00:03:14	00:16:46	00:38:07	
144	TALBIERZ Piotr	631	P&P	M40-44	00:20:46	<b>00:41:13</b>	189	00:04:07	00:10:38	00:36:27	01:14:34	01:41:43	02:20:30	<b>02:48:46</b>	<b>143</b>	00:02:33	00:15:51	00:34:34	
	NOWICKI Wojciech	798	BYDGOSZCZ TRIATHLON TEAM / TRIATHLON KONSULTING	M35-39	00:20:28	<b>00:42:07</b>	200	00:03:28	00:11:01	00:38:12	01:16:51	01:44:45	02:24:14	<b>02:52:36</b>	<b>175</b>	00:01:55	00:14:49	00:31:35	
146	STACHOWSKI Sebastian	778	BIEGAM BO LUBIĘ ŻĄBK TEAM	M35-39	00:19:16	<b>00:39:05</b>	143	00:04:40	00:11:53	00:38:42	01:17:23	01:43:42	02:23:05	<b>02:51:37</b>	<b>165</b>	00:02:46	00:16:43	00:33:42	
147	BEDYK Ireneusz	535	PTT DELTA	M60-64	00:21:41	<b>00:43:55</b>	229	00:04:54	00:10:42	00:36:27	01:12:23	01:38:51	02:16:40	<b>02:45:11</b>	<b>114</b>	00:02:10	00:17:05	00:35:47	
148	SZYMONEK Mirosław	719	TRIDEA	M55-59	00:23:17	<b>00:47:03</b>	266	00:04:37	00:10:28	00:35:55	01:12:34	01:38:21	02:15:21	<b>02:41:07</b>	<b>78</b>	00:02:45	00:17:22	00:36:35	
149	WAKUŁA Marek	794	TRIATHLON SIEDLCE CLUB	M40-44	TRIAHLON SIEDLCE CLUB	00:19:38	<b>00:39:41</b>	154	00:04:02	00:10:46	00:37:20	01:16:01	01:43:34	02:23:54	<b>02:52:25</b>	<b>172</b>	00:02:40	00:16:10	00:33:25
150	IWICKI Paweł	842	KLINIKA TRIATHLONU BYDGOSZCZ	M25-29	00:20:08	<b>00:40:13</b>	177	00:03:34	00:10:27	00:36:43	01:14:51	01:42:16	02:22:34	<b>02:50:56</b>	<b>160</b>	00:01:42	00:16:44	00:35:52	
151	MISZTELA Tomasz	628	PTT DELTA	M50-54	00:22:16	<b>00:46:04</b>	255	00:04:41	00:10:27	00:35:42	01:12:04	01:38:15	02:16:43	<b>02:45:15</b>	<b>115</b>	00:02:28	00:15:56	00:33:52	
152	ĆWIK Darek	771	HUSSE TEAM	M40-44	00:19:09	<b>00:38:19</b>	121	00:04:47	00:11:20	00:39:31	01:19:23	01:47:32	02:27:32	<b>02:55:36</b>	<b>188</b>	00:02:17	00:15:01	00:31:46	
153	SZYMAŃSKI Piotr	731		M25-29	00:18:19	<b>00:38:28</b>	123	00:05:31	00:11:03	00:36:45	01:14:38	01:42:09	02:21:33	<b>02:50:14</b>	<b>152</b>	00:03:19	00:16:14	00:35:22	
154	SZRAJDA Marcin	733	TRIFRIENDS	M35-39	00:20:03	<b>00:40:16</b>	178	00:02:54	00:11:18	00:38:25	01:18:11	01:46:12	02:27:17	<b>02:55:39</b>	<b>189</b>	00:02:13	00:15:33	00:32:33	
155	WOŹNIAK-JODKO Magdalena	817	AMS	K40-44	AMS	00:17:02	<b>00:34:21</b>	34	00:04:03	00:11:23	00:39:01	01:18:15	01:46:38	02:27:42	<b>02:57:30</b>	<b>195</b>	00:02:21	00:07:12	00:35:21
156	MOSIŃSKI Michał	658	HAWAJSKIE REKINY	M30-34	00:20:10	<b>00:42:30</b>	207	00:03:31	00:10:45	00:37:24	01:16:29	01:44:09	02:24:58	<b>02:54:25</b>	<b>183</b>	00:02:14	00:16:29	00:31:09	
157	HAIZE Tomasz	740	ARRK	M40-44	ARRK	00:18:57	<b>00:38:49</b>	133	00:03:42	00:10:57	00:38:07	01:18:19	01:47:01	02:28:51	<b>02:58:40</b>	<b>203</b>	00:02:28	00:14:14	00:30:16
158	ANTKOWIAK Bartosz	507	TCMS PESA BYDGOSZCZ	M30-34	00:21:45	<b>00:43:34</b>	222	00:02:31	00:10:21	00:36:25	01:13:52	01:40:14	02:19:19	<b>02:47:08</b>	<b>131</b>	00:03:21	00:16:31	00:37:32	
159	JANIAK Marek	780		M55-59	00:19:25	<b>00:39:25</b>	150	00:07:37	00:11:13	00:38:09	01:15:52	01:43:12	02:23:00	<b>02:51:59</b>	<b>168</b>	00:03:16	00:15:24	00:32:12	
160	LUDWINIAK Bogdan	501	HURTINEX	M50-54	00:19:13	<b>00:39:09</b>	145	00:03:12	00:10:55	00:36:10	01:14:15	01:41:41	02:22:42	<b>02:51:08</b>	<b>163</b>	00:02:11	00:19:29	00:39:00	
161	JARECKA Beata	758	CELIRONMAN	K30-34	00:19:35	<b>00:39:57</b>	166	00:04:09	00:11:24	00:39:39	01:19:07	01:46:43	02:26:50	<b>02:54:58</b>	<b>186</b>	00:02:38	00:15:57	00:33:02	
162	SZLENDAK Krzysztof	634	WYSOKIE MAZOWIECKIE	M30-34	00:20:31	<b>00:41:54</b>	195	00:05:24	00:11:25	00:38:29	01:16:49	01:44:10	02:22:42	<b>02:50:15</b>	<b>153</b>	00:02:34	00:16:29	00:35:21	
163	KLÓSKA Jarek	788		M30-34	00:19:56	<b>00:39:51</b>	160	00:03:41	00:11:03	00:37:28	01:16:00	01:43:13	02:23:25	<b>02:52:11</b>	<b>171</b>	00:02:24	00:17:34	00:37:43	
164	DAMSKI Łukasz	592	GARDENFLORA MTB TEAM	M35-39	GardenFlora MTB Team	00:21:33	<b>00:43:48</b>	226	00:02:26	00:10:28	00:36:55	01:14:12	01:41:12	02:19:29	<b>02:48:19</b>	<b>138</b>	00:02:10	00:19:26	00:39:15
165	WICENBACH Arkadiusz	797	PRUSZCZ BIEGA	M30-34	00:21:52	<b>00:46:31</b>	261	00:03:43	00:10:28	00:36:11	01:13:45	01:40:02	02:18:27	<b>02:47:24</b>	<b>134</b>	00:02:11	00:15:11	00:36:21	
166	KAZIMIERCZYK Adam	643	PTT DELTA	M35-39	00:20:27	<b>00:39:57</b>	165	00:05:28	00:10:55	00:37:14	01:15:51	01:43:39	02:23:46	<b>02:51:49</b>	<b>166</b>	00:03:19	00:16:46	00:35:43	
	LEŚNIEWSKI Piotr	730	NEONTEAM	M35-39	00:18:30	<b>00:38:19</b>	120	00:03:22	00:11:15	00:38:07	01:17:48	01:44:54	02:25:29	<b>02:54:50</b>	<b>185</b>	00:02:24	00:16:09	00:37:26	
168	MIELCAREK Maciej	598	MIELCARKS	M25-29	00:19:10	<b>00:40:21</b>	179	00:05:31	00:10:57	00:37:27	01:15:41	01:42:30	02:21:20	<b>02:48:52</b>	<b>146</b>	00:02:58	00:18:30	00:39:10	
169	NOWAK Dawid	554		M35-39	00:19:15	<b>00:38:39</b>	129	00:03:10	00:10:58	00:38:28	01:17:04	01:45:26	02:27:27	<b>02:57:08</b>	<b>193</b>	00:03:10	00:15:57	00:34:48	
170	RZYMSKI Jakub	581		M18-24	00:19:19	<b>00:40:08</b>	173	00:03:39	00:10:49	00:38:46	01:18:27	01:46:28	02:27:44	<b>02:58:33</b>	<b>202</b>	00:02:34	00:15:15	00:32:28	
171	ZACHWIEJA Piotr	657		M30-34	00:21:34	<b>00:43:23</b>	220	00:03:18	00:11:09	00:38:00	01:15:37	01:42:48	02:23:14	<b>02:52:31</b>	<b>174</b>	00:02:27	00:17:24	00:35:53	
172	KUTOWSKI Przemysław	613		M40-44	00:20:53	<b>00:42:50</b>	212	00:04:52	00:10:59	00:38:21	01:17:03	01:44:48	02:24:06	<b>02:51:25</b>	<b>164</b>	00:02:51	00:16:12	00:35:46	
173	KRUCZKOWSKI Piotr	834	FUJI KRYSPOORT TEAM	M50-54	FUJI KRYSPOORT TEAM	00:22:38	<b>00:45:15</b>	245	00:02:31	00:10:38	00:35:51	01:14:01	01:41:06	02:21:22	<b>02:49:46</b>	<b>151</b>	00:01:50	00:17:29	00:38:37
174	BUDZIŁO Adam	543	PTT DELTA	M45-49	PTT DELTA	00:18:14	<b>00:36:57</b>	91	00:04:21	00:11:18	00:37:33	01:16:18	01:44:44	02:25:23	<b>02:54:45</b>	<b>184</b>	00:03:25	00:16:02	00:38:32



				Pływanie				Rower				Bieg							
175	MIELCAREK Tomasz	591	MIELCARKS	M40-44	MIELCARKS	00:20:17	<b>00:41:18</b>	190	00:06:23	00:10:44	00:37:13	01:14:40	01:42:01	02:21:43	<b>02:50:52</b>	<b>158</b>	00:03:53	00:10:53	00:35:50
	ZENGTELER Wojciech	807	LOTOS RUNNING TEAM / SMARUJ NA TRENING TEAM	M35-39		00:16:42	<b>00:34:36</b>	42	00:03:49	00:10:46	00:37:18	01:15:28	01:43:24	02:23:31	<b>02:52:09</b>	<b>170</b>	00:02:15	00:20:36	00:46:34
177	CHĘCIŃSKI Marek	638	#NEVERGIVEUP	M35-39		00:19:37	<b>00:39:45</b>	157	00:07:48	00:10:47	00:37:09	01:15:29	01:43:25	02:23:18	<b>02:50:48</b>	<b>156</b>	00:04:06	00:17:15	00:37:11
178	SZYMANOWSKI Krzysztof	565	WUEF TRITEAM	M55-59		00:22:22	<b>00:45:03</b>	242	00:05:59	00:11:15	00:36:54	01:13:54	01:40:27	02:18:57	<b>02:46:59</b>	<b>130</b>	00:03:54	00:17:59	00:38:17
179	MIELCAREK Jędrzej	604	MIELCARKS	M25-29	MIELCARKS	00:20:09	<b>00:41:44</b>	193	00:05:54	00:10:49	00:37:07	01:14:45	01:42:06	02:21:42	<b>02:50:54</b>	<b>159</b>	00:04:02	00:17:09	00:37:47
180	KUC Krzysztof	766	TRIEM	M35-39		00:21:14	<b>00:43:32</b>	221	00:05:38	00:10:37	00:35:34	01:12:04	01:37:55	02:16:24	<b>02:43:32</b>	<b>95</b>	00:05:43	00:19:43	00:42:12
181	SULKA Paweł	526	AZAGO	M40-44		00:22:56	<b>00:45:20</b>	248	00:03:21	00:11:26	00:39:03	01:18:26	01:46:25	02:25:47	<b>02:53:37</b>	<b>180</b>	00:02:53	00:16:56	00:35:38
182	GIERACH Marcin	801	TRISPACE	M40-44		00:23:47	<b>00:48:47</b>	275	00:02:57	00:10:28	00:35:54	01:13:25	01:40:05	02:17:42	<b>02:45:10</b>	<b>113</b>	00:04:15	00:16:38	00:39:50
183	ZAWIEJA Bartosz	672	TORUŃSKI KLUB TRIATHLONOWY	M40-44		00:17:26	<b>00:35:46</b>	56	00:03:44	00:10:58	00:35:52	01:12:21	01:39:42	02:22:32	<b>02:52:39</b>	<b>176</b>	00:03:28	00:21:44	00:45:34
184	MADEREK Bogusz	784		M18-24		00:22:39	<b>00:46:25</b>	258	00:04:37	00:10:55	00:38:54	01:19:08	01:47:43	02:28:03	<b>02:57:14</b>	<b>194</b>	00:01:47	00:09:06	00:31:39
185	STOLIŃSKI Dominik	549	VEGE RUNNERS	M40-44		00:22:42	<b>00:46:31</b>	260	00:03:25	00:11:40	00:37:59	01:16:08	01:43:10	02:21:55	<b>02:50:27</b>	<b>154</b>	00:02:09	00:18:26	00:39:13
186	PASAKALIK Jarosław	749		M40-44		00:19:57	<b>00:40:07</b>	172	00:07:44	00:11:10	00:38:47	01:18:01	01:46:11	02:26:42	<b>02:56:32</b>	<b>190</b>	00:05:00	00:15:30	00:32:26
187	DYBOWSKI Bartosz	572	GENPOWER	M35-39		00:16:03	<b>00:33:40</b>	25	00:03:43	00:11:44	00:40:24	01:21:48	01:50:51	02:32:52	<b>03:01:22</b>	<b>212</b>	00:02:41	00:18:43	00:40:42
188	POCIEJ Bohdan	748	PTT DELTA	M60-64		00:18:55	<b>00:39:08</b>	144	00:04:41	00:11:07	00:37:55	01:17:05	01:45:47	02:27:14	<b>02:58:31</b>	<b>201</b>	00:02:41	00:17:31	00:37:23
189	CZERNICKI Jakub	671		M35-39		00:18:41	<b>00:38:55</b>	137	00:05:49	00:11:19	00:38:50	01:18:23	01:46:43	02:28:18	<b>02:58:18</b>	<b>199</b>	00:03:07	00:17:35	00:37:11
190	ZEGARSKI Arkadiusz	539		M45-49		00:19:11	<b>00:38:38</b>	128	00:04:30	00:11:04	00:37:54	01:17:24	01:47:04	02:28:59	<b>02:59:00</b>	<b>204</b>	00:03:11	00:17:31	00:38:19
191	FRYDRYSZEK Michał	810	TRIPower	M25-29		00:20:38	<b>00:41:57</b>	198	00:04:28	00:11:16	00:39:10	01:19:59	01:49:05	02:30:35	<b>02:59:49</b>	<b>205</b>	00:02:38	00:16:36	00:34:53
	KALISKI Kamil	747	AGROLOK SPORT TEAM	M35-39		00:19:06	<b>00:39:04</b>	141	00:03:24	00:10:50	00:36:05	01:13:38	01:42:03	02:24:24	<b>02:53:36</b>	<b>179</b>	00:04:52	00:19:31	00:43:19
193	KODZIS Piotr	544		M40-44		00:19:37	<b>00:39:23</b>	149	00:05:55	00:11:14	00:39:32	01:21:51	01:52:03	02:34:11	<b>03:03:28</b>	<b>215</b>	00:03:11	00:15:21	00:32:28
194	GODLEWSKA Marta	622	FITSMILE	K35-39		00:18:18	<b>00:35:47</b>	58	00:03:31	00:11:58	00:41:37	01:22:57	01:53:27	02:37:38	<b>03:09:26</b>	<b>241</b>	00:02:32	00:16:16	00:33:56
195	PACANA Krzysztof	618		M30-34		00:19:39	<b>00:39:54</b>	162	00:04:47	00:11:59	00:39:46	01:19:29	01:47:47	02:28:31	<b>02:57:57</b>	<b>196</b>	00:02:40	00:18:37	00:40:02
196	NOWICKI Adam	607	PENTEL- TEAM	M45-49		00:20:33	<b>00:41:41</b>	192	00:04:01	00:11:43	00:39:47	01:20:30	01:49:18	02:30:20	<b>02:59:50</b>	<b>206</b>	00:03:38	00:16:51	00:36:11
197	SIEMIŃSKI Radosław	721	GTx TEAM	M35-39		00:19:43	<b>00:40:42</b>	186	00:03:52	00:12:00	00:40:04	01:22:25	01:51:31	02:35:19	<b>03:05:45</b>	<b>224</b>	00:02:10	00:15:10	00:32:52
198	NADOBNIK Konrad	645		M35-39		00:22:17	<b>00:43:50</b>	227	00:04:03	00:10:29	00:36:22	01:13:52	01:40:13	02:21:52	<b>02:53:42</b>	<b>182</b>	00:02:40	00:20:12	00:41:07
199	SOSNOWSKI Jarosław	687	PTT DELTA	M35-39		00:14:11	<b>00:29:19</b>	4	00:03:07	00:10:33	00:35:44	01:11:52	01:38:18	02:16:53	<b>02:45:32</b>	<b>118</b>	00:02:50	00:22:50	01:04:38
200	KACPERSKI Mirosław	579	PARKRUN POLSKA	M55-59		00:20:25	<b>00:42:08</b>	201	00:03:55	00:11:13	00:38:14	01:17:11	01:44:06	02:24:54	<b>02:53:13</b>	<b>177</b>	00:03:44	00:21:05	00:42:32
201	KITKOWSKI Piotr	695		M40-44		00:19:46	<b>00:39:22</b>	148	00:02:48	00:11:10	00:38:49	01:19:21	01:48:09	02:30:42	<b>03:01:49</b>	<b>213</b>	00:02:25	00:17:55	00:39:15
202	RZEPKA Marek	677		M45-49		00:22:44	<b>00:45:55</b>	253	00:04:17	00:11:11	00:37:54	01:19:11	01:48:32	02:28:37	<b>02:57:58</b>	<b>197</b>	00:02:49	00:16:55	00:35:35
203	ZUBIK Michał	700		M40-44		00:22:14	<b>00:44:41</b>	238	00:06:40	00:11:43	00:39:57	01:20:35	01:49:53	02:31:14	<b>03:00:51</b>	<b>210</b>	00:02:10	00:15:43	00:32:14
204	POCZWARDOWSKA Weronika	822	AMS	K18-29	AMS	00:20:07	<b>00:40:12</b>	176	00:03:23	00:11:06	00:39:37	01:20:14	01:50:09	02:33:33	<b>03:05:28</b>	<b>222</b>	00:02:39	00:16:58	00:35:24
205	ZIÓEKOWSKI Andrzej	610		M35-39		00:22:33	<b>00:47:02</b>	265	00:08:19	00:11:08	00:36:52	01:14:31	01:41:21	02:21:25	<b>02:48:47</b>	<b>144</b>	00:04:32	00:18:49	00:39:07
206	WIECZOREK Katarzyna	707	I-SPORT	K18-29	Zawsze coś nie tak	00:19:19	<b>00:39:01</b>	140	00:04:16	00:10:54	00:37:47	01:16:42	01:44:35	02:26:53	<b>02:58:00</b>	<b>198</b>	00:04:17	00:19:42	00:42:22
207	RYBKOWSKI Grzegorz	553	WTP	M50-54		00:23:05	<b>00:46:57</b>	262	00:04:54	00:10:28	00:36:22	01:14:35	01:43:52	02:27:34	<b>02:58:25</b>	<b>200</b>	00:03:14	00:16:32	00:34:52
208	DYLIK Marcin	718	CELIRONMAN	M35-39		00:18:33	<b>00:37:41</b>	107	00:03:54	00:11:25	00:39:43	01:21:30	01:51:21	02:36:03	<b>03:06:49</b>	<b>229</b>	00:02:47	00:17:58	00:38:43
209	JÓZWIAK Marek	762	FUJI KRYSPORT TEAM	M50-54	FUJI KRYSPORT TEAM	00:23:51	<b>00:48:37</b>	273	00:04:23	00:10:43	00:35:47	01:12:33	01:39:54	02:19:15	<b>02:46:44</b>	<b>127</b>	00:03:19	00:20:50	00:46:57
210	MARKOV Alexey	528	TRI-TEAM SSV ETTLINGEN	M35-39		00:24:35	<b>00:51:00</b>	286	00:05:39	00:11:35	00:38:43	01:17:43	01:44:50	02:23:45	<b>02:51:06</b>	<b>162</b>	00:02:58	00:20:02	00:39:44
211	KARKOSZKA Marcin	735	KLUB SPORTOWY FABRYKA BIEGANIA OSTRÓW WIELKOPOLSKI	M25-29		00:20:42	<b>00:42:02</b>	199	00:05:04	00:11:31	00:40:15	01:21:20	01:51:55	02:34:10	<b>03:05:08</b>	<b>219</b>	00:03:51	00:15:27	00:34:52
212	CIUPA Jarosław	629	ARRK	M45-49		00:21:28	<b>00:42:11</b>	204	00:05:12	00:11:32	00:39:31	01:20:47	01:49:43	02:33:03	<b>03:04:01</b>	<b>216</b>	00:03:31	00:17:46	00:37:22
213	DZEDZEJ Bartłomiej	790	KK ASTORIA	M30-34		00:17:58	<b>00:36:14</b>	74	00:04:40	00:11:15	00:39:01	01:18:48	01:47:27	02:29:54	<b>03:00:46</b>	<b>209</b>	00:02:33	00:21:59	00:48:36
214	WRZESZCZ Adrian	702	CELIRONMAN	M40-44		00:18:01	<b>00:37:03</b>	94	00:05:21	00:11:33	00:40:59	01:21:37	01:51:28	02:36:08	<b>03:08:34</b>	<b>238</b>	00:02:37	00:17:42	00:39:17
215	CZARNIECKI Kamil	605	ZARZAD	M35-39		00:22:42	<b>00:46:18</b>	257	00:04:32	00:11:19	00:39:06	01:21:21	01:51:24	02:35:17	<b>03:05:37</b>	<b>223</b>	00:02:47	00:16:54	00:34:00
216	KABAT Błażej	609	TRISPACE	M30-34		00:20:08	<b>00:42:21</b>	205	00:03:39	00:10:44	00:37:29	01:17:30	01:47:16	02:32:24	<b>03:06:25</b>	<b>227</b>	00:02:18	00:17:53	00:38:37
217	KLOCKIEWICZ Zbyszko	633	PŁONAĆE RACICE	M25-29		00:19:05	<b>00:38:01</b>	115	00:03:43	00:10:54	00:38:24	01:22:26	01:52:14	02:36:04	<b>03:07:17</b>	<b>232</b>	00:03:26	00:19:15	00:41:13
218	MARCHENKO Dmuriy	664	AMBERMAN	M35-39		00:20:12	<b>00:42:09</b>	202	00:04:26	00:11:18	00:39:56	01:21:20	01:52:53	02:38:59	<b>03:11:12</b>	<b>245</b>	00:02:17	00:15:06	00:34:22
219	FALENSKA Anita	789	FALENSKA.PL	K30-34		00:22:32	<b>00:45:46</b>	250	00:04:09	00:11:44	00:41:14	01:22:49	01:52:40	02:34:43	<b>03:05:14</b>	<b>221</b>	00:05:26	00:17:08	00:35:09
220	MALICKI Krzysztof	830	AT- AKTYWNY TRZEBIATÓW	M40-44		00:24:20	<b>00:49:06</b>	278	00:04:20	00:11:25	00:38:44	01:19:24	01:47:02	02:28:19	<b>02:56:55</b>	<b>192</b>	00:03:07	00:19:54	00:42:16

				Pływanie				Rower						Bieg				
221	STĘPNIAK Krzysztof	601	OPONEO	M40-44	00:21:57	<b>00:47:18</b>	269	00:05:16	00:11:48	00:40:04	01:20:02	01:48:48	02:30:34	<b>03:00:55</b>	<b>211</b>	00:02:41	00:18:23	00:39:36
222	KUĆ Jarosław	679	KWISA LUBAŃ	M35-39	00:23:25	<b>00:47:11</b>	267	00:04:43	00:12:01	00:40:34	01:19:45	01:48:24	02:30:10	<b>03:00:25</b>	<b>207</b>	00:05:46	00:17:09	00:38:17
223	NURKIEWICZ Jarosław	578	KUNG FU PANDY 3	M45-49	00:20:54	<b>00:43:10</b>	216	00:03:33	00:11:56	00:41:20	01:24:11	01:54:22	02:37:15	<b>03:08:20</b>	<b>237</b>	00:02:31	00:17:53	00:40:05
224	PREUSS Daniel	693	ATOS	M40-44	00:19:19	<b>00:39:39</b>	153	00:06:36	00:12:06	00:41:27	01:24:29	01:55:11	02:38:47	<b>03:10:59</b>	<b>244</b>	00:02:54	00:18:30	00:37:54
225	MOSKAL Aleksander	530		M55-59	00:17:38	<b>00:36:02</b>	67	00:04:13	00:11:33	00:39:11	01:18:35	01:47:33	02:29:39	<b>03:00:41</b>	<b>208</b>	00:03:11	00:25:37	00:54:10
226	GOTTFRIED Wojciech	682		M30-34	00:23:50	<b>00:49:38</b>	279	00:05:36	00:12:01	00:40:59	01:23:17	01:53:01	02:35:20	<b>03:06:07</b>	<b>226</b>	00:04:35	00:15:18	00:32:42
227	CHUPINA Sergii	706		M35-39	00:21:46	<b>00:43:52</b>	228	00:05:37	00:12:21	00:40:37	01:21:42	01:50:58	02:35:18	<b>03:06:27</b>	<b>228</b>	00:03:28	00:18:22	00:39:20
228	PRUSACZYK Marcin	676		M45-49	00:20:15	<b>00:39:43</b>	156	00:07:54	00:11:42	00:42:09	01:24:42	01:57:28	02:41:19	<b>03:12:09</b>	<b>248</b>	00:04:46	00:16:03	00:34:15
229	SZYMCZAK Jakub	656		M30-34	00:21:55	<b>00:44:16</b>	234	00:06:02	00:11:27	00:39:58	01:21:59	01:52:22	02:35:12	<b>03:07:14</b>	<b>231</b>	00:02:50	00:17:45	00:38:56
230	FORCZMAŃSKI Paweł	808		M40-44	00:26:09	<b>00:54:33</b>	292	00:04:30	00:11:44	00:40:14	01:21:13	01:51:02	02:34:20	<b>03:05:09</b>	<b>220</b>	00:03:16	00:15:47	00:32:20
231	BURŻACKA-TYC Agnieszka	561	PTT DELTA	K45-49	00:20:40	<b>00:41:56</b>	197	00:05:14	00:11:53	00:42:08	01:25:31	01:56:46	02:41:55	<b>03:14:24</b>	<b>252</b>	00:01:20	00:17:40	00:37:52
232	PRZEWŁOCKI Jakub	595	KLINIKA TRIATHLONU	M35-39	00:20:13	<b>00:43:42</b>	224	00:08:27	00:12:27	00:41:12	01:23:15	01:53:46	02:38:00	<b>03:10:07</b>	<b>242</b>	00:03:31	00:17:35	00:35:15
233	WIELGUS Janusz	711	SPORTEVO	M40-44	00:25:14	<b>00:50:41</b>	285	00:04:11	00:11:40	00:41:49	01:23:57	01:53:41	02:36:39	<b>03:08:13</b>	<b>236</b>	00:02:24	00:16:58	00:35:36
234	KAMIŃSKI Sławomir	692	MOBILNY WULKAN	M35-39	00:20:30	<b>00:42:43</b>	210	00:04:18	00:11:30	00:39:59	01:21:41	01:53:30	02:44:32	<b>03:16:27</b>	<b>256</b>	00:03:16	00:16:45	00:34:53
235	MAGA Przemysław	552		M40-44	00:20:04	<b>00:40:42</b>	185	00:08:19	00:11:16	00:39:07	01:20:32	01:50:33	02:35:03	<b>03:07:55</b>	<b>235</b>	00:06:24	00:18:10	00:39:01
236	TRYPUĆ-MAGDZIARZ Aleksandra	521	OLADENTAL/ TRIDEA	K40-44	00:24:18	<b>00:50:12</b>	282	00:03:18	00:12:09	00:40:43	01:20:51	01:50:58	02:33:53	<b>03:04:38</b>	<b>217</b>	00:02:50	00:19:51	00:41:34
237	CICHOCKA Marianna	659		K45-49	00:21:56	<b>00:45:11</b>	244	00:04:41	00:12:11	00:42:33	01:25:23	01:57:08	02:42:19	<b>03:13:50</b>	<b>251</b>	00:02:36	00:17:30	00:36:35
238	STAFIEJ Wojciech	620	ARRK	M45-49	00:29:06	<b>00:59:14</b>	295	00:04:39	00:11:59	00:40:44	01:22:50	01:52:16	02:35:10	<b>03:04:58</b>	<b>218</b>	00:03:58	00:15:19	00:31:38
239	MOLENDĄ Patrycja	685	KLINIKA TRIATHLONU TEAM	K18-29	00:21:02	<b>00:43:18</b>	218	00:03:20	00:12:14	00:41:48	01:24:50	01:54:49	02:38:48	<b>03:10:26</b>	<b>243</b>	00:02:46	00:19:36	00:44:41
240	STANKOWSKI Dawid	632	PLONĄCE RACICE	M25-29	00:21:38	<b>00:44:46</b>	239	00:07:35	00:12:18	00:41:46	01:22:58	01:52:53	02:36:15	<b>03:08:45</b>	<b>239</b>	00:06:06	00:17:48	00:37:32
241	LEWANDOWSKI Dominik	813		M18-24	00:21:45	<b>00:44:54</b>	240	00:05:00	00:11:23	00:40:30	01:20:45	01:52:13	02:37:44	<b>03:11:21</b>	<b>247</b>	00:03:24	00:19:11	00:40:27
242	RZENTKOWSKI Grzegorz	599		M45-49	00:23:23	<b>00:47:00</b>	264	00:04:45	00:12:08	00:41:05	01:25:03	01:55:12	02:40:32	<b>03:12:11</b>	<b>249</b>	00:04:13	00:18:03	00:38:35
243	CICHOŃSKA -BAZAK Marzena	583		K45-49	00:23:50	<b>00:48:39</b>	274	00:04:06	00:12:03	00:40:48	01:23:40	01:54:50	02:40:50	<b>03:13:06</b>	<b>250</b>	00:02:25	00:17:35	00:38:34
244	GRUBA Jacek	626		M55-59	00:23:14	<b>00:47:45</b>	271	00:04:54	00:11:48	00:39:48	01:21:35	01:51:51	02:35:08	<b>03:05:59</b>	<b>225</b>	00:02:55	00:21:09	00:45:38
245	BRYLEW Tomasz	156	AGENCJA INTERAKTYWNA SITAB	M40-44	00:21:04	<b>00:44:29</b>	236	00:03:55	00:11:56	00:40:59	01:22:56	01:54:19	02:40:03	<b>03:11:19</b>	<b>246</b>	00:03:43	00:21:08	00:45:32
246	WŁOSZCZYNA Julita	757		K30-34	00:19:48	<b>00:39:49</b>	159	00:04:59	00:12:29	00:42:20	01:25:30	01:57:06	02:42:39	<b>03:15:07</b>	<b>253</b>	00:04:55	00:22:15	00:44:56
247	MŁODZIKOWSKA Weronika	769	KB V-MAX ADAMÓW	K30-34	00:21:18	<b>00:41:54</b>	196	00:03:41	00:12:42	00:44:29	01:29:39	02:02:52	02:49:01	<b>03:23:08</b>	<b>266</b>	00:01:58	00:18:20	00:39:37
248	MOSUR Kamil	590	NRC + RUN CLUB	M40-44	00:21:36	<b>00:43:35</b>	223	00:04:59	00:11:47	00:41:45	01:25:21	01:56:44	02:43:11	<b>03:16:04</b>	<b>254</b>	00:04:13	00:18:54	00:41:37
249	BRZEZIŃSKI Marek	773	KORUP MOTION	M45-49	00:24:57	<b>00:51:02</b>	287	00:06:21	00:12:30	00:41:05	01:22:28	01:52:03	02:36:10	<b>03:07:00</b>	<b>230</b>	00:03:30	00:19:37	00:43:47
250	RIVAT Emmanuel	504	ARRK	M35-39	00:21:50	<b>00:45:03</b>	241	00:04:29	00:11:40	00:40:03	01:21:51	01:52:13	02:37:08	<b>03:08:55</b>	<b>240</b>	00:03:24	00:20:57	00:49:58
251	KALISZEWSKA Małgorzata	617		K40-44	00:22:31	<b>00:45:19</b>	246	00:06:17	00:12:33	00:42:39	01:26:42	01:58:08	02:43:51	<b>03:18:07</b>	<b>258</b>	00:06:19	00:16:32	00:35:52
252	ŁYSUNIEC Marcin	812	TMTEAM	M35-39	00:24:41	<b>00:50:18</b>	283	00:04:49	00:12:03	00:41:11	01:24:55	01:53:59	02:37:41	<b>03:07:28</b>	<b>233</b>	00:05:25	00:20:37	00:44:12
253	RYTEL Rafał	603	ZARZĄD	M35-39	00:22:29	<b>00:44:38</b>	237	00:04:43	00:12:07	00:41:58	01:24:38	01:56:10	02:42:31	<b>03:16:07</b>	<b>255</b>	00:03:28	00:22:09	00:45:16
254	ZIMIŃSKI Zdzisław	542		M60-64	00:24:15	<b>00:48:52</b>	277	00:09:47	00:12:11	00:41:19	01:23:04	01:54:25	02:41:11	<b>03:17:37</b>	<b>257</b>	00:03:59	00:16:29	00:34:01
255	KOWALEWSKA Daria	670	COMPLEXSPORTS/TRI LADIES	K30-34	00:20:55	<b>00:44:06</b>	231	00:05:00	00:12:15	00:43:12	01:29:50	02:01:50	02:46:55	<b>03:19:53</b>	<b>260</b>	00:04:43	00:20:10	00:43:04
256	BINDEK Łukasz	518		M35-39	00:20:21	<b>00:42:11</b>	203	00:05:19	00:11:49	00:40:42	01:24:15	01:55:36	02:45:48	<b>03:24:21</b>	<b>271</b>	00:03:20	00:18:49	00:41:40
257	MIELCAREK Mateusz	611	MIELCARKS	M25-29	00:21:13	<b>00:44:04</b>	230	00:06:47	00:11:29	00:41:14	01:26:21	01:59:48	02:45:34	<b>03:20:00</b>	<b>261</b>	00:04:45	00:19:51	00:42:46
258	PRAŻYŃSKI Michał	665		M45-49	00:21:35	<b>00:44:18</b>	235	00:08:11	00:12:50	00:43:40	01:28:07	01:59:50	02:45:47	<b>03:18:56</b>	<b>259</b>	00:05:52	00:18:29	00:41:16
259	KRAWCZYK Mateusz	720	URZĄD GMINY OSTRÓW WIELKOPOLSKI	M30-34	00:22:34	<b>00:46:58</b>	263	00:05:14	00:12:35	00:42:11	01:26:46	01:58:22	02:47:04	<b>03:23:27</b>	<b>267</b>	00:03:05	00:19:08	00:39:51
260	RZYTKI Piotr	783	KB V-MAXADAMOW	M35-39	00:23:49	<b>00:53:10</b>	290	00:04:36	00:12:17	00:42:42	01:25:47	01:57:54	02:44:05	<b>03:20:04</b>	<b>262</b>	00:02:37	00:08:42	00:38:09
261	MISUN-NOWAK Katarzyna	703	AMS	K35-39	00:20:57	<b>00:42:49</b>	211	00:05:31	00:11:56	00:42:09	01:26:40	02:00:27	02:50:28	<b>03:27:08</b>	<b>277</b>	00:05:23	00:18:51	00:38:18
262	DRZEWIECKI Rafał	635	RUN4FUN WWW.BYTPAK.PL	M40-44	00:21:05	<b>00:45:58</b>	254	00:04:38	00:12:25	00:43:24	01:29:56	02:03:01	02:49:52	<b>03:25:37</b>	<b>275</b>	00:02:29	00:20:57	00:41:08
263	CZECHOWICZ Tomasz	844		M45-49	00:23:01	<b>00:46:05</b>	256	00:06:38	00:14:01	00:47:36	01:34:58	02:06:44	02:55:01	<b>03:24:28</b>	<b>272</b>	00:03:17	00:18:28	00:39:43

				Pływanie				Rower						Bieg				
264	SKORNOWICZ Paweł	649	WUEF TRI TEAM	M45-49	00:19:26	<b>00:41:01</b>	187	00:04:02	00:11:13	00:38:17	01:17:24	01:44:56	02:25:04	<b>03:39:54</b>	<b>284</b>	00:03:00	00:15:30	00:32:34
265	SOŁTYSIK Sonia	558		K35-39	00:24:59	<b>00:50:21</b>	284	00:07:52	00:12:30	00:43:54	01:29:31	02:01:59	02:48:46	<b>03:21:22</b>	<b>263</b>	00:03:49	00:18:30	00:38:42
266	KOSMOWSKI Błażej	566		M30-34	00:19:22	<b>00:38:51</b>	134	00:07:06	00:11:41	00:42:01	01:26:41	01:59:16	02:48:53	<b>03:24:50</b>	<b>273</b>	00:06:32	00:20:26	00:45:04
267	BICZKOWSKI Kajetan	606	NIGHT RUNNERS	M25-29	00:18:46	<b>00:37:42</b>	109	00:03:40	00:10:49	00:36:59	01:15:05	02:07:02	03:01:23	<b>03:44:29</b>	<b>288</b>	00:02:18	00:17:29	00:36:38
268	KOLOSSA Tomasz	585	WWW.KOLOSSA.PL	M45-49	00:22:27	<b>00:47:16</b>	268	00:05:54	00:12:21	00:42:30	01:28:47	02:02:10	02:51:02	<b>03:26:21</b>	<b>276</b>	00:04:55	00:19:29	00:41:35
269	BARTOSIEWICZ Tomasz	667	ARTURKUREK.PRO	M30-34	00:16:35	<b>00:33:56</b>	28	00:02:09	00:09:59	00:34:43	01:09:41	01:35:03	02:11:25	<b>02:38:02</b>	<b>54</b>	00:01:59	00:13:59	01:50:02
270	MACIEJAK Marcin	750	JANUSZE TRIATHLONU	M45-49	00:24:47	<b>00:51:07</b>	288	00:04:10	00:11:56	00:40:35	01:30:04	02:01:38	02:49:02	<b>03:22:51</b>	<b>265</b>	00:04:01	00:18:57	00:43:59
271	BOCIANOWSKA Agnieszka	738	ALWAYS WILD TEAM	K40-44	00:22:10	<b>00:45:20</b>	247	00:06:47	00:12:39	00:43:43	01:28:48	02:02:06	02:51:56	<b>03:27:19</b>	<b>278</b>	00:03:31	00:21:32	00:44:22
272	KUPCZYK Tomasz	546		M40-44	00:22:26	<b>00:45:48</b>	252	00:07:05	00:13:21	00:46:21	01:33:33	02:08:14	02:58:38	<b>03:33:22</b>	<b>282</b>	00:06:19	00:17:05	00:35:54
273	DOLATA Jakub	586		M40-44	00:21:09	<b>00:42:34</b>	208	00:07:19	00:12:23	00:42:06	01:26:30	01:59:10	02:48:26	<b>03:22:26</b>	<b>264</b>	00:04:58	00:24:30	00:51:41
274	NAPIERAŁSKI Bartosz	630	HATORY	M35-39	00:23:09	<b>00:48:17</b>	272	00:06:31	00:12:03	00:41:55	01:27:37	02:00:11	02:49:17	<b>03:23:37</b>	<b>268</b>	00:03:24	00:22:25	00:47:42
275	SEYDAK - TOMCZYŃSKA Ewelina	594	DON BOSCO TEAM	K18-29	00:28:31	<b>01:02:40</b>	297	00:03:13	00:13:21	00:45:05	01:31:07	02:03:33	02:51:51	<b>03:24:05</b>	<b>269</b>	00:02:24	00:17:32	00:37:38
276	ORZOŁ Elżbieta	627	COMPLEXSPORTS TRIATHLON TEAM TRI LADIES	K50-54	00:23:11	<b>00:48:50</b>	276	00:05:45	00:12:54	00:43:25	01:27:27	01:59:45	02:50:34	<b>03:24:16</b>	<b>270</b>	00:03:56	00:22:00	00:48:26
277	MAŁKIŃSKI Józef	845		M60-64	00:21:31	<b>00:44:08</b>	233	00:06:27	00:12:34	00:44:29	01:33:07	02:08:50	03:00:58	<b>03:36:18</b>	<b>283</b>	00:03:21	00:19:35	00:43:20
278	PRZEWOŁOCKI Sławomir	597	KLINIKA TRIATHLONU	M60-64	00:24:19	<b>00:51:21</b>	289	00:05:55	00:13:24	00:45:51	01:32:36	02:06:49	02:55:31	<b>03:30:26</b>	<b>279</b>	00:04:18	00:20:41	00:44:06
279	GDANIEC Dariusz	505		M50-54	00:23:34	<b>00:50:06</b>	280	00:08:40	00:13:25	00:44:39	01:31:32	02:05:24	02:55:44	<b>03:31:48</b>	<b>280</b>	00:04:37	00:19:42	00:41:03
280	BYKOWSKI Jacek	770	MBEXPERT.PL	M40-44	00:21:44	<b>00:45:05</b>	243	00:04:11	00:11:30	00:39:39	01:20:53	01:49:52	02:32:19	<b>03:02:51</b>	<b>214</b>	00:03:31	00:26:19	00:50:45
281	LEBIODA Adam	754		M45-49	00:18:02	<b>00:36:52</b>	87	00:03:56	00:11:34	00:39:16	01:19:04	01:48:19	02:36:52	<b>03:07:49</b>	<b>234</b>	00:02:18	01:08:48	01:32:41
282	SILAKOWSKI Ariel	616		M30-34	00:28:21	<b>01:01:17</b>	296	00:07:14	00:12:32	00:42:40	01:28:18	02:01:54	02:51:26	<b>03:25:31</b>	<b>274</b>	00:04:34	00:22:01	00:45:46
283	CZARNECKI Piotr	593	ROWEROWA BRZOZA	M35-39	00:24:18	<b>00:50:10</b>	281	00:06:37	00:11:36	00:39:48	01:54:11	02:26:17	03:14:31	<b>03:47:31</b>	<b>289</b>	00:03:40	00:17:09	00:36:44
284	MIELEWCZYK Krzysztof	759	SSW HARPUN	M55-59	00:19:14	<b>00:38:28</b>	124	00:09:35	00:13:30	00:47:04	01:36:03	02:12:24	03:09:43	<b>03:49:44</b>	<b>290</b>	00:04:00	00:22:05	00:48:22
285	PACHCIAREK Magdalena	568		K35-39	00:28:04	<b>00:57:06</b>	293	00:04:45	00:13:53	00:48:07	01:36:46	02:12:46	03:04:03	<b>03:41:46</b>	<b>285</b>	00:04:05	00:21:31	00:43:29
286	ZENGTELER Andrzej	745		M65-69	00:26:26	<b>00:53:36</b>	291	00:08:57	00:13:56	00:47:55	01:37:23	02:14:06	03:06:04	<b>03:42:27</b>	<b>287</b>	00:03:57	00:20:38	00:43:40
287	GRACZYK Rafał	560		M45-49	00:23:12	<b>00:47:27</b>	270	00:09:36	00:13:30	00:45:41	01:34:41	02:11:24	03:04:52	<b>03:42:05</b>	<b>286</b>	00:06:40	00:27:01	00:58:14
288	FRAĆKOWIAK Bartosz	536		M25-29	00:18:56	<b>00:39:56</b>	164	00:42:54	00:28:09	00:57:03	01:38:58	02:09:52	02:58:03	<b>03:32:45</b>	<b>281</b>	00:02:09	00:20:32	00:50:31
289	SZREDER Jarosław	600	NEVER GIVE UP	M25-29	00:28:17	<b>00:58:48</b>	294	00:07:28	00:13:19	00:46:30	01:38:06	02:15:26	03:13:06	<b>03:52:19</b>	<b>291</b>	00:02:22	00:21:57	00:47:53
	WELZER Dariusz	608	WELDA TEAM	M45-49	00:18:59	<b>00:37:48</b>	110	00:03:49	00:10:14	00:34:52	01:09:51	01:34:22	02:10:22	<b>02:36:46</b>	<b>43</b>			
	WRZOCHALSKI Robert	792	TRIDEA	M45-49	00:21:21	<b>00:42:36</b>	209	00:02:54	00:10:04	00:34:32	01:08:56							
	POLAŃSKI Tomasz	502	B4SPORT	M40-44	00:17:29	<b>00:35:13</b>	50	00:02:50	00:09:36		01:08:31							
	JEDOWSKI Maciej	828	SOLANO	M35-39	00:17:32	<b>00:35:51</b>	61	00:02:42	00:09:27	00:32:37	01:05:18							
	CHRUSTOWSKI Mikołaj	846	KIERUNEK KONA/ATHLETICOMED	M18-24	00:17:59	<b>00:36:31</b>	79	00:03:25	00:10:02	00:35:17	01:12:32	01:42:16						
	SYPNIEWSKA-LEWANDOWSKA Aleksandra	756	TRIDEA TEAM	K30-34	00:15:21	<b>00:31:18</b>	11	00:02:47	00:10:31	00:35:50	01:11:48	01:37:45	02:15:19	<b>02:42:35</b>	<b>87</b>	00:02:29		
	PELC Marcin	696	TRISPACE	M30-34	00:16:12	<b>00:32:38</b>	17	00:02:10	00:09:49	00:33:10	01:06:12	01:29:21	02:03:30	<b>02:30:12</b>	<b>15</b>	00:01:36		
	MARTYNOWICZ Michał	550	TRISPACE	M45-49	00:15:02	<b>00:30:59</b>	9	00:02:29	00:10:12	00:35:10	01:10:53	01:36:45	02:14:52	<b>02:42:31</b>	<b>86</b>	00:01:37	00:15:42	

Znaleziono 297 wynik(ów)