



OCEAN LAVA TRIATHLON POLSKA 2018 - DYSTANS ŚREDNI 70.3

B4SPORT
INTELEGENNE ZAWODY SPORTOWE

Wydarzenie: Ocean Lava Triathlon Polska 2018
Organizator: Towarzystwo Sportowe TRI-SPORT
Data: 2018-08-19
Miejsce: Bydgoszcz
Dystans: 113 km

B4SPORT
INTELEGENNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Punkt pomiarowy: 42,2 km

Msc	Zawodnik	Numer	Klub	Kategoria	Drużyna	Pływanie			TR	Rower			Bieg
						P_Borowno 0.95km	P_Borowno 1.9km	Poz		R_Kotomierz 5km	R_Lidl 20km	R_Kotomierz 40km	
1	URBAŃSKI Michał	803	TRISPACE/ NEURON REHABILITACJA	M18-24	TRISPACE	00:12:50	00:25:42	1	00:02:20	00:10:09	00:33:53	01:07:19	
2	DEAK Zsombor	836	ASK ALUTA	M25-29		00:14:04	00:29:03	3	00:02:10	00:09:49	00:33:09	01:05:28	
3	DAVIDNIEKS Artis	835	EMU MALPILS SPORTA KLUBS	M40-44		00:15:43	00:32:00	13	00:02:24	00:09:09	00:31:56	01:04:04	
4	PLUTA Gniewomir	779		M35-39		00:14:56	00:29:52	6	00:02:43	00:09:59	00:33:46	01:06:35	
5	MAZUR Paweł	648	AGROLOK SPORT TEAM/UKS TRS SUSZ	M25-29		00:14:57	00:29:59	7	00:02:26	00:10:11	00:33:53	01:06:56	
6	WOLSKI Krzysztof	673		M35-39		00:14:03	00:29:01	2	00:02:46	00:09:55	00:34:02	01:07:50	
	PELC Marcin	696	TRISPACE	M30-34		00:16:12	00:32:38	17	00:02:10	00:09:49	00:33:10	01:06:12	
8	HERING Mateusz	697	TRI TEAM BYTÓW	M25-29	TRI TEAM BYTÓW	00:16:10	00:33:23	23	00:02:10	00:09:40	00:33:07	01:05:44	
9	ZIĘBA Adam	824	TRISPACE	M45-49	TRISPACE	00:17:26	00:35:56	63	00:02:22	00:09:00	00:31:26	01:03:11	
10	LEMKE Krzysztof	160	GDYŃSKI TRIATHLON	M40-44		00:17:04	00:34:27	38	00:02:11	00:09:32	00:32:38	01:05:31	
11	HERMELIN Wojciech	529	KANCELARIA HMM	M35-39		00:16:17	00:33:06	21	00:02:26	00:10:00	00:33:45	01:06:39	
12	NAROŻNIK Maciej	650		M30-34		00:15:01	00:31:11	10	00:02:58	00:10:08	00:34:35	01:08:08	
13	WOŹNIAK Łukasz	663		M30-34		00:17:55	00:36:08	72	00:02:34	00:09:13	00:31:45	01:03:40	
14	EJSMONT Krzysztof	831	TRISPACE	M40-44	TRISPACE	00:16:53	00:34:04	29	00:02:29	00:09:36	00:32:47	01:06:04	
15	KARWALA Łukasz	728	TTC	M40-44		00:15:37	00:31:56	12	00:03:01	00:11:11	00:34:22	01:08:00	
16	RYMER Jakub	563	KLINIKA TRIATHLONU BYDGOSZCZ	M30-34	Klinika Triathlonu Bydgoszcz	00:17:12	00:35:00	48	00:02:53	00:09:28	00:32:23	01:05:26	
	TUROWIEC Adam	821	UAM TRIATHLON POZNAŃ APPETITEFORSPORTS.COM	M40-44		00:15:50	00:32:28	15	00:02:51	00:10:07	00:34:03	01:08:28	
	JEDOWSKI Maciej	828	SOLANO	M35-39		00:17:32	00:35:51	61	00:02:42	00:09:27	00:32:37	01:05:18	
19	ZIENKIEWICZ Janusz	557	TRISPACE / ALLIANZ TRIATHLON TEAM	M45-49	TRISPACE	00:16:21	00:33:12	22	00:02:49	00:10:13	00:34:29	01:08:06	
20	ŻUREK Jacek	742		M30-34		00:14:33	00:29:46	5	00:02:47	00:10:57	00:36:12	01:11:38	
21	SOSNOWSKI Jarosław	687	PTT DELTA	M35-39		00:14:11	00:29:19	4	00:03:07	00:10:33	00:35:44	01:11:52	
	MARTYNOWICZ Michał	550	TRISPACE	M45-49	TRISPACE	00:15:02	00:30:59	9	00:02:29	00:10:12	00:35:10	01:10:53	
23	NOSOWSKI Jacek	710		M40-44		00:15:59	00:32:40	19	00:02:51	00:10:05	00:34:33	01:09:03	
	MAGDZIARZ Jakub	699	KANCELARIA-HMM	M35-39		00:16:50	00:34:18	33	00:02:21	00:09:58	00:34:04	01:08:16	
25	WYSOCKI Rafał	551	SRITRI/TRIATHLON KONSULTING	M45-49		00:17:08	00:34:43	43	00:02:58	00:09:48	00:33:33	01:07:38	
26	SZUL Daniel	816	SOLANO	M35-39		00:17:51	00:36:30	78	00:02:51	00:09:34	00:33:02	01:06:03	

					Pływanie			T1	Rower			T2	Bieg
27	ZIELIŃSKI Nicolas	755	OLIMPIASPORT.PL	M25-29	00:16:22	00:33:35	24	00:02:41	00:10:19	00:34:24	01:09:16		
28	BARTOSIEWICZ Tomasz	667	ARTURKUREK.PRO	M30-34	00:16:35	00:33:56	28	00:02:09	00:09:59	00:34:43	01:09:41		
	SYPNIEWSKA-LEWANDOWSKA Aleksandra	756	TRIDEA TEAM	K30-34	00:15:21	00:31:18	11	00:02:47	00:10:31	00:35:50	01:11:48		
30	KWIATKOWSKI Rafal	736	KUZNIA TRIATHLONU	M35-39	00:16:45	00:34:07	30	00:02:44	00:10:05	00:34:30	01:09:34		
31	WOŹNIAK Aureliusz	503	AMS	M45-49	AMS	00:17:45	00:36:21	77	00:03:16	00:09:55	00:33:14	01:06:50	
32	LITAWA Jacek	654		M45-49		00:16:46	00:34:13	31	00:03:03	00:09:58	00:34:04	01:09:17	
	POLAŃSKI Tomasz	502	B4SPORT	M40-44		00:17:29	00:35:13	50	00:02:50	00:09:36		01:08:31	
34	WIERZBOWSKI Krzysztof	532	MOTOINTEGRATOR RUNNING TEAM	M35-39	00:18:26	00:38:00	114	00:02:46	00:09:49	00:32:27	01:05:54		
35	JABŁOŃSKI Jarosław	686	UKS TRS SUSZ/NADLEŚNICTWO SUSZ	M45-49	00:17:35	00:35:50	60	00:02:50	00:10:08	00:33:57	01:08:14		
36	SAWIEŁAJC Jakub	791	FUJI KRYSPORT TEAM	M18-24	FUJI KRYSPORT TEAM	00:16:09	00:33:04	20	00:02:55	00:10:27	00:35:36	01:11:01	
37	JACHIMEK Marcin	683	ZOO+	M35-39		00:17:33	00:35:47	59	00:03:00	00:10:23	00:34:14	01:08:22	
38	MUSZYTOWSKI Damian	642	TKT	M35-39		00:17:40	00:35:37	54	00:03:01	00:10:28	00:34:27	01:08:44	
39	PIEKARSKI Paweł	515		M25-29		00:15:52	00:32:39	18	00:02:37	00:10:33	00:35:49	01:12:10	
40	KOŁAKOWSKI Tomasz	577		M30-34		00:17:50	00:36:31	80	00:02:38	00:09:47	00:33:47	01:08:25	
41	BIENIEK Patryk	768	ZAWSZE COŚ NIE TAK	M35-39	Zawsze coś nie tak	00:17:47	00:36:11	73	00:03:01	00:09:51	00:33:43	01:08:31	
42	POWAŻYŃSKI Arek	602	NEON TEAM	M35-39		00:17:29	00:35:20	51	00:02:42	00:10:07	00:34:39	01:09:43	
43	GAWRONSKI Roman	652		M35-39		00:17:17	00:34:28	39	00:03:08	00:10:15	00:34:59	01:10:52	
44	TRAWCZYŃSKI Jacek	556	TRISPACE	M45-49	TRISPACE	00:18:15	00:37:00	93	00:02:36	00:10:08	00:34:23	01:08:53	
45	JAUMIEŃ Łukasz	838		M30-34		00:16:20	00:33:46	26	00:03:02	00:10:15	00:35:43	01:11:55	
46	GÓRECKI Tomasz	506	PTT DELTA	M30-34		00:15:39	00:32:19	14	00:03:20	00:10:36	00:36:32	01:13:08	
47	ANDRZEJEWSKI Marcin	787		M30-34		00:18:55	00:38:03	116	00:03:35	00:10:00	00:33:27	01:07:11	
48	DEPTUŁA Grzegorz	570	VII LICEUM OGÓLNOKSZTAŁCĄCE W BYDGOSZCZY	M35-39		00:17:25	00:34:57	47	00:02:43	00:10:35	00:35:28	01:11:15	
49	WOJCIECHOWSKI Mirosław	547		M35-39		00:17:19	00:35:58	65	00:03:56	00:10:08	00:34:07	01:09:03	
50	PORZYCH Rafał	511	RAFSON.TV	M18-24		00:17:32	00:35:58	64	00:03:06	00:09:50	00:33:55	01:09:59	
51	WACŁAWSKI Krzysztof	517	ORKAMASTERS IŁAWA	M50-54	OrkaMasters Iława	00:16:42	00:34:25	35	00:02:50	00:10:20	00:35:24	01:12:03	
52	ŻMICH-FÓRMANIAK Joanna	825	TRISPACE	K40-44	TRISPACE	00:17:11	00:34:34	41	00:02:54	00:10:20	00:35:55	01:11:51	
53	KASTRAU Tomasz	574		M35-39		00:15:40	00:32:33	16	00:03:16	00:10:32	00:36:54	01:13:35	
54	SŁAWIŃSKI Grzegorz	709	MKL MARATON ŚWINOUJŚCIE	M35-39		00:18:40	00:38:16	118	00:03:30	00:09:51	00:33:48	01:07:52	
55	BYCH Maciej	624	TRIDEA TEAM	M40-44		00:16:58	00:34:15	32	00:04:06	00:11:02	00:35:38	01:11:20	
56	SKRUDLIK Leszek	537	STOWARZYSZENIE FEBYS	M35-39		00:18:05	00:36:07	71	00:03:05	00:10:30	00:34:54	01:10:30	
57	KNOTHE Adam	531	BUDSTOL INVEST	M45-49		00:20:00	00:40:35	183	00:02:32	00:09:44	00:33:39	01:06:42	

				Pływanie			T1	Rower			T2	Bieg
58	KOWALIKOWSKI Daniel	516		M25-29		00:17:54	00:37:33	106	00:02:37	00:10:33	00:34:40	01:09:41
59	BANACH Marcin	839	3GRAVITY	M30-34	3Gravity	00:18:43	00:37:54	112	00:02:05	00:10:22	00:35:09	01:09:53
60	BARCZYKOWSKI Szymon	753	SPOT	M30-34		00:16:59	00:34:27	37	00:03:05	00:10:21	00:35:53	01:12:21
61	PATALON Piotr	520	ORKAMASTERS	M45-49	OrkaMasters Iława	00:18:34	00:36:57	92	00:03:30	00:10:13	00:34:30	01:09:27
62	KRZEMIŃSKI Adam	573	WUEF TRI TEAM	M35-39		00:17:59	00:36:04	69	00:03:16	00:10:15	00:34:49	01:10:41
63	SENGER Robert	523	LTT LIPUSZ	M35-39		00:17:44	00:36:16	75	00:03:17	00:10:28	00:34:40	01:10:33
64	PONIKWIA Rafał	772	WM TRISELF	M30-34		00:17:09	00:34:49	45	00:03:46	00:10:22	00:36:00	01:11:33
65	KAŻMIERCZAK Marcin	840	CELIRONMAN	M40-44		00:18:28	00:36:54	89	00:02:44	00:11:07	00:35:20	01:10:37
66	JANKOWSKI Tomasz	623	TRISPACE	M45-49	TRISPACE	00:17:58	00:36:42	83	00:02:33	00:10:41	00:35:55	01:11:09
67	KALICKI Edward	32	K.T.O. Z KRAKOWA	M50-54		00:19:38	00:38:58	139	00:03:06	00:10:02	00:34:06	01:08:29
68	AUGUSTYNIAK Grzegorz	588	PTT DELTA	M45-49		00:17:01	00:35:07	49	00:04:00	00:10:24	00:35:14	01:11:28
69	KRUPIŃSKI Maciej	527		M35-39		00:18:13	00:36:00	66	00:03:25	00:10:08	00:34:25	01:11:11
70	PIESIK Dawid	704	ARRK	M25-29		00:16:56	00:35:25	52	00:03:51	00:10:20	00:35:24	01:11:26
71	OSMOLIK Jarek	723	TRI ZARZA TEAM	M40-44		00:20:17	00:40:26	181	00:02:47	00:09:43	00:33:46	01:07:45
72	GOŁEMBIEWSKI Marek	587	B4SPORT/MUKS PIĘTNASTKA BYDGOSZCZ	M45-49		00:19:05	00:38:52	135	00:03:05	00:09:56	00:34:38	01:09:07
73	KUCHARSKI Łukasz	705	CELIRONMAN	M35-39		00:18:14	00:37:24	104	00:04:15	00:10:13	00:34:44	01:09:29
74	ŁUBIAN Michał	752	CTL LOGISTICS	M40-44		00:17:57	00:36:37	81	00:04:04	00:10:26	00:35:48	01:10:27
75	NIC Jakub	545		M40-44		00:18:43	00:37:11	98	00:05:12	00:09:50	00:34:14	01:08:49
76	KAPUSNIAK Tomasz	559	TAK DLA TRANSPLANTACJI	M40-44		00:18:08	00:36:54	88	00:03:18	00:10:44	00:35:30	01:11:06
77	WDOWIAK Kamil	777	KLINIKA TRIATHLONU	M25-29		00:18:23	00:36:51	86	00:02:59	00:10:33	00:35:11	01:11:30
78	NOWAK Ewelina	662	TRIAMATOR EWELINA NOWAK	K30-34		00:17:46	00:35:46	57	00:03:12	00:10:16	00:35:51	01:12:29
	WELZER Dariusz	608	WELDA TEAM	M45-49		00:18:59	00:37:48	110	00:03:49	00:10:14	00:34:52	01:09:51
80	RUPIETA Maksym	674	WUEF TRI TEAM	M40-44		00:16:48	00:33:52	27	00:03:27	00:11:26	00:37:29	01:14:10
81	KLONOWSKI Tomasz	668	PLATAN	M40-44		00:19:03	00:38:41	130	00:02:40	00:10:26	00:35:13	01:10:10
82	KRÓL Maciej	793	TRISPACE	M50-54	TRISPACE	00:19:23	00:39:13	147	00:02:56	00:10:35	00:34:48	01:09:23
83	KOWALSKI Dariusz	819	ZBZ ŻŁOTÓW	M50-54		00:18:39	00:38:57	138	00:03:19	00:10:12	00:34:42	01:09:19
84	IGNACZAK Piotr	820	TRISPACE	M45-49	TRISPACE	00:18:10	00:36:56	90	00:02:48	00:10:21	00:35:47	01:11:53
85	ALSKI Łukasz	661		M30-34		00:17:08	00:35:29	53	00:04:02	00:10:30	00:36:07	01:12:07
86	ZAWIEJA Bartosz	672	TORUŃSKI KLUB TRIATHLONOWY	M40-44		00:17:26	00:35:46	56	00:03:44	00:10:58	00:35:52	01:12:21
87	CUPA Ireneusz	796	TRIATHLON KONSULTING	M45-49		00:19:27	00:40:10	174	00:03:28	00:09:55	00:33:45	01:08:16
88	WALCZAK Michał	567	3GRAVITY	M30-34		00:17:59	00:37:15	101	00:02:24	00:10:54	00:36:16	01:12:29
89	CHOLEWIŃSKI Dariusz	615	HURAGAN MIEDZYŃ	M40-44		00:20:39	00:41:11	188	00:02:48	00:09:42	00:33:22	01:08:16
90	MAZÁLKOVÁ Šárka	832	APM	K30-34		00:17:14	00:34:29	40	00:03:22	00:11:07	00:37:56	01:14:25
91	BUCZEK Robert	799	TRIATHLON SIEDLCE CLUB	M40-44	TRIATHLON SIEDLCE CLUB	00:18:12	00:36:46	84	00:05:05	00:10:27	00:35:10	01:10:27
92	SZYMAŃSKI Przemysław	514	REWIZOR TRI	M40-44		00:19:22	00:39:42	155	00:02:55	00:10:16	00:34:45	01:09:47
	CHRUSTOWSKI Mikołaj	846	KIERUNEK KONA/ATHLETICOMED	M18-24		00:17:59	00:36:31	79	00:03:25	00:10:02	00:35:17	01:12:32

					Pływanie			T1	Rower			T2	Bieg
94	BARANOWSKI Roman	522	WYZWANIE TYLKO 31	M45-49	00:14:59	00:30:24	8	00:05:39	00:11:14	00:38:15	01:16:26		
95	ČERNÝ Jiří	833	APM	M40-44	00:18:26	00:37:19	102	00:03:52	00:10:31	00:36:00	01:11:24		
96	HERMANOWICZ Cezary	641	SBR TEAM ELK	M30-34	00:17:22	00:36:19	76	00:02:49	00:10:31	00:36:51	01:13:33		
	THOMANN Jacek	575	GOULTRA.PL	M30-34	00:19:42	00:39:46	158	00:02:59	00:10:17	00:34:47	01:09:59		
98	ŻYWICKI Bartosz	814	DZIKI KOSZALIN	M35-39	00:19:07	00:38:22	122	00:04:07	00:10:11	00:35:00	01:10:20		
99	LICZNIERSKI Marek	660	TRIATHLONISTA.COM	M30-34	00:16:55	00:34:26	36	00:03:29	00:10:42	00:37:44	01:14:58		
100	KIEŁCZYŃSKI Andrzej	564	HUBSTA	M30-34	00:17:00	00:34:47	44	00:03:11	00:10:14	00:36:05	01:14:56		
101	KLOMFAS Miron	800	TRISPACE	M40-44	00:18:32	00:37:10	97	00:02:48	00:10:40	00:37:07	01:13:29		
102	DEBERT Jarek	782	TRINERGY TEAM	M35-39	00:19:33	00:39:28	152	00:03:19	00:10:48	00:35:32	01:10:45		
	KARWACKI Paweł	815	TRISPACE/SOLANO	M35-39	00:20:16	00:40:07	171	00:02:43	00:10:13	00:34:41	01:11:00		
	ZENGTELER Wojciech	807	LOTOS RUNNING TEAM / SMARUJ NA TRENING TEAM	M35-39	00:16:42	00:34:36	42	00:03:49	00:10:46	00:37:18	01:15:28		
105	WIERZYŃSKI Damian	510	EXIMO EXTREME TEAM	M30-34	00:19:02	00:38:53	136	00:02:55	00:10:32	00:35:50	01:12:09		
106	SZAFRAŃSKI Michał	589		M40-44	00:18:17	00:37:14	100	00:05:04	00:10:40	00:35:54	01:12:00		
107	KAMIŃSKI Tomasz	653	AMS	M35-39	AMS	00:21:33	00:44:07	232	00:03:12	00:09:45	00:33:20	01:07:03	
108	STALICA Wojciech	675	IZO-ERG	M45-49	00:19:04	00:38:09	117	00:03:45	00:10:22	00:35:40	01:12:30		
	WRZOCHALSKI Robert	792	TRIDEA	M45-49	00:21:21	00:42:36	209	00:02:54	00:10:04	00:34:32	01:08:56		
110	KOZŁOWSKI Marcin	688		M30-34	00:16:47	00:34:52	46	00:03:35	00:10:46	00:37:17	01:16:01		
111	JABŁOŃSKI Marcin	722	FUJI KRYSPORT TEAM	M45-49	FUJI KRYSPORT TEAM	00:20:02	00:40:02	168	00:02:37	00:10:28	00:35:34	01:11:50	
112	IGNACZAK Jarosław	513	KAPLAST SP. Z O.O.	M35-39	00:19:33	00:40:37	184	00:03:30	00:10:06	00:35:10	01:10:23		
113	GIBA Grzegorz	827	GB GALOPUJĄCE ŚLIMAKI	M45-49	00:18:09	00:35:40	55	00:04:02	00:11:02	00:37:32	01:14:52		
114	RICKENBACHER Nicole	837	WILDCATS SWISS TRIATHLON TEAM/SV BASEL	K50-54	00:18:16	00:36:50	85	00:03:50	00:10:30	00:36:56	01:13:56		
115	WŁODARCZAK Witold	823	TRISPACE	M55-59	00:19:32	00:40:22	180	00:02:53	00:10:07	00:35:03	01:11:28		
116	ROS Piotr	734		M30-34	00:18:20	00:37:12	99	00:04:07	00:10:46	00:36:38	01:13:27		
117	BENTKOWSKI Marcin	809	TRIPOWER	M30-34	00:18:03	00:37:21	103	00:03:18	00:11:11	00:37:23	01:14:11		
118	MATEUSIAK Tomasz	765	KB LUPUS OLEŚNICA	M35-39	00:18:47	00:37:41	108	00:04:48	00:10:36	00:36:07	01:12:23		
119	MUCHA Aleksander	512	SALAMANDER RUNNING TEAM	M30-34	00:19:11	00:38:45	131	00:04:44	00:10:33	00:35:46	01:11:26		
120	PIETROWICZ Krzysztof	636	BIG FAMILY	M40-44	00:19:59	00:40:03	169	00:03:52	00:10:14	00:35:18	01:11:06		
121	MALESKA Adam Wiktor	651		M18-24	00:19:07	00:38:49	132	00:04:22	00:10:19	00:35:15	01:11:55		
122	KRZESAK Adam	760	NEON TEAM	M40-44	00:18:04	00:36:41	82	00:04:10	00:10:54	00:37:16	01:14:30		
123	KAPRAL Rafał	843	PEHAMOT SKODA SZCZECIN	M45-49	00:18:23	00:37:08	96	00:04:35	00:10:54	00:36:45	01:13:39		
124	OCHENDAL Maciej	714	TRISPACE	M35-39	00:19:41	00:39:54	163	00:03:07	00:10:22	00:35:27	01:12:33		

					Pływanie			T1	Rower			T2	Bieg
125	NOWAKOWSKI Arkadiusz	741	TRIATHLON SIEDLCE CLUB	M35-39	TRIATHLON SIEDLCE CLUB	00:19:14	00:39:26	151	00:03:49	00:10:22	00:36:06	01:12:43	
126	PŁÓCIENNIK Dominik	743		M25-29		00:18:52	00:38:35	127	00:04:34	00:10:38	00:36:19	01:12:51	
127	GÓRNY Wojciech	811	TRISPACE/ADAMED	M45-49		00:18:34	00:37:32	105	00:02:53	00:11:33	00:38:17	01:15:38	
	KALISKI Kamil	747	AGROLOK SPORT TEAM	M35-39		00:19:06	00:39:04	141	00:03:24	00:10:50	00:36:05	01:13:38	
129	BICZKOWSKI Kajetan	606	NIGHT RUNNERS	M25-29		00:18:46	00:37:42	109	00:03:40	00:10:49	00:36:59	01:15:05	
130	RYBAK Remigiusz	612		M40-44		00:20:20	00:41:51	194	00:04:11	00:10:05	00:34:52	01:10:26	
131	LUDWINIAK Bogdan	501	HURTINEX	M50-54		00:19:13	00:39:09	145	00:03:12	00:10:55	00:36:10	01:14:15	
132	WOŹNIAK-JODKO Magdalena	817	AMS	K40-44	AMS	00:17:02	00:34:21	34	00:04:03	00:11:23	00:39:01	01:18:15	
133	LIZIK Radosław	684	TRISPACE	M40-44		00:20:01	00:39:59	167	00:04:15	00:10:40	00:36:14	01:12:43	
134	GAJEWSKI Jarosław	826	AUTEX BYDGOSZCZ	M50-54		00:19:00	00:38:33	126	00:04:05	00:10:47	00:36:49	01:14:20	
135	STRACH Wiktor	804	NIEZRZESZONY	M45-49		00:19:36	00:39:04	142	00:04:02	00:10:52	00:37:13	01:14:06	
136	LESISZ Bartłomiej	795		M35-39		00:19:07	00:37:58	113	00:04:37	00:10:46	00:37:34	01:14:57	
137	KNAPIK Mariusz	818	TEAM CZĘSTOCHOWA	M40-44		00:18:42	00:37:49	111	00:04:19	00:11:03	00:37:14	01:15:24	
138	BUDZIŁO Adam	543	PTT DELTA	M45-49	PTT DELTA	00:18:14	00:36:57	91	00:04:21	00:11:18	00:37:33	01:16:18	
139	RYCHARSKI Bartosz	519		M35-39		00:21:26	00:42:59	214	00:03:23	00:09:53	00:34:34	01:11:15	
140	KARALIUK Andrei	767		M35-39		00:19:02	00:38:18	119	00:04:07	00:11:01	00:37:49	01:15:14	
141	ŚWIDERSKI Jacek	737	ALWAYS WILD TEAM	M40-44		00:17:48	00:36:03	68	00:04:39	00:11:32	00:38:38	01:16:59	
142	WROTEK Mirosław	640		M50-54		00:20:54	00:41:26	191	00:04:32	00:10:26	00:35:56	01:11:51	
143	KLAPUCH Michał	712		M35-39		00:18:13	00:37:06	95	00:04:39	00:11:19	00:38:00	01:16:07	
144	WIŚNIEWSKI Zbigniew	829	BRZOZA BIEGA	M50-54		00:21:33	00:43:18	217	00:03:40	00:10:15	00:35:07	01:10:59	
145	PUSTÓŁ Maciej	678	ADECCO	M35-39		00:19:04	00:38:30	125	00:06:00	00:11:05	00:36:31	01:13:29	
146	DUSIŃSKI Krzysztof	637	TRIREM	M35-39		00:19:01	00:39:13	146	00:04:43	00:10:05	00:35:20	01:14:26	
147	TAZBIR Mariusz	701		M30-34		00:17:19	00:35:53	62	00:03:38	00:12:32	00:39:48	01:18:52	
148	BEDNAREK Patrycja	802	TRISPACE	K30-34	TRISPACE	00:19:45	00:39:52	161	00:02:50	00:11:06	00:38:10	01:15:51	
149	SZYMAŃSKI Piotr	731		M25-29		00:18:19	00:38:28	123	00:05:31	00:11:03	00:36:45	01:14:38	
150	IWICKI Paweł	842	KLINIKA TRIATHLONU BYDGOSZCZ	M25-29		00:20:08	00:40:13	177	00:03:34	00:10:27	00:36:43	01:14:51	
151	FILARECKA Agnieszka	805	ATHLETICOMED	K30-34	TRISPACE	00:21:45	00:43:46	225	00:03:25	00:10:23	00:35:41	01:11:32	
152	MOSKAL Aleksander	530		M55-59		00:17:38	00:36:02	67	00:04:13	00:11:33	00:39:11	01:18:35	
153	NOWAK Dawid	554		M35-39		00:19:15	00:38:39	129	00:03:10	00:10:58	00:38:28	01:17:04	
154	DYBOWSKI Bartosz	572	GENPOWER	M35-39		00:16:03	00:33:40	25	00:03:43	00:11:44	00:40:24	01:21:48	
155	CHACUS Adrian	774	TRISPORTOWY.COM	M40-44		00:19:34	00:40:11	175	00:03:35	00:10:46	00:37:20	01:15:40	
	LEŚNIEWSKI Piotr	730	NEONTEAM	M35-39		00:18:30	00:38:19	120	00:03:22	00:11:15	00:38:07	01:17:48	
157	GRUBA Marek	639		M30-34		00:19:45	00:40:06	170	00:03:54	00:10:58	00:37:29	01:15:31	
158	KLÓSKA Jarek	788		M30-34		00:19:56	00:39:51	160	00:03:41	00:11:03	00:37:28	01:16:00	
159	ŁUCZAK Paweł	525	TKKF KOLEJARZ BYDGOSZCZ	M45-49		00:20:01	00:40:27	182	00:03:01	00:11:10	00:37:29	01:16:05	
160	DZEDZEJ Bartłomiej	790	KK ASTORIA	M30-34		00:17:58	00:36:14	74	00:04:40	00:11:15	00:39:01	01:18:48	

					Pływanie			Bieg	Rower			
161	WAKUŁA Marek	794	TRIATHLON SIEDLCE CLUB	M40-44	TRIATHLON SIEDLCE CLUB	00:19:38	00:39:41	154	00:04:02	00:10:46	00:37:20	01:16:01
162	KRASUSKI Mirosław	725	TRIATHLON SIEDLCE CLUB	M50-54	TRIATHLON SIEDLCE CLUB	00:21:25	00:43:06	215	00:03:44	00:10:30	00:36:28	01:13:01
163	LEBIODA Adam	754		M45-49		00:18:02	00:36:52	87	00:03:56	00:11:34	00:39:16	01:19:04
164	TALBIERZ Piotr	631	P&P	M40-44		00:20:46	00:41:13	189	00:04:07	00:10:38	00:36:27	01:14:34
165	ANTKOWIAK Bartosz	507	TCMS PESA BYDGOSZCZ	M30-34		00:21:45	00:43:34	222	00:02:31	00:10:21	00:36:25	01:13:52
166	WIECZOREK Katarzyna	707	I-SPORT	K18-29	Zawsze coś nie tak	00:19:19	00:39:01	140	00:04:16	00:10:54	00:37:47	01:16:42
167	LISIECKI Jacek	694		M45-49		00:20:20	00:42:26	206	00:05:08	00:10:35	00:36:24	01:12:50
168	DAMSKI Łukasz	592	GARDENFLORA MTB TEAM	M35-39	GardenFlora MTB Team	00:21:33	00:43:48	226	00:02:26	00:10:28	00:36:55	01:14:12
169	ZEGARSKI Arkadiusz	539		M45-49		00:19:11	00:38:38	128	00:04:30	00:11:04	00:37:54	01:17:24
170	KEMNITZ Marcin	580	3GRAVITY	M35-39		00:22:27	00:46:28	259	00:03:08	00:10:14	00:34:55	01:10:58
171	HAIZE Tomasz	740	ARRK	M40-44	ARRK	00:18:57	00:38:49	133	00:03:42	00:10:57	00:38:07	01:18:19
172	POCIEJ Bohdan	748	PTT DELTA	M60-64		00:18:55	00:39:08	144	00:04:41	00:11:07	00:37:55	01:17:05
173	STACHOWSKI Sebastian	778	BIEGAM BO LUBIĘ ZĄBKI TEAM	M35-39		00:19:16	00:39:05	143	00:04:40	00:11:53	00:38:42	01:17:23
174	BEDYK Ireneusz	535	PTT DELTA	M60-64		00:21:41	00:43:55	229	00:04:54	00:10:42	00:36:27	01:12:23
175	KUC Krzysztof	766	TRIREM	M35-39		00:21:14	00:43:32	221	00:05:38	00:10:37	00:35:34	01:12:04
176	KAZIMIERCZYK Adam	643	PTT DELTA	M35-39		00:20:27	00:39:57	165	00:05:28	00:10:55	00:37:14	01:15:51
177	SZRAJDA Marcin	733	TRIFRIENDS	M35-39		00:20:03	00:40:16	178	00:02:54	00:11:18	00:38:25	01:18:11
178	KITKOWSKI Piotr	695		M40-44		00:19:46	00:39:22	148	00:02:48	00:11:10	00:38:49	01:19:21
179	MIELCAREK Maciej	598	MIELCARKS	M25-29	MIELCARKS	00:19:10	00:40:21	179	00:05:31	00:10:57	00:37:27	01:15:41
180	NADOBNIK Konrad	645		M35-39		00:22:17	00:43:50	227	00:04:03	00:10:29	00:36:22	01:13:52
181	KRUCZKOWSKI Piotr	834	FUJI KRYSPORT TEAM	M50-54	FUJI KRYSPORT TEAM	00:22:38	00:45:15	245	00:02:31	00:10:38	00:35:51	01:14:01
182	RZYMSKI Jakub	581		M18-24		00:19:19	00:40:08	173	00:03:39	00:10:49	00:38:46	01:18:27
183	GODLEWSKA Marta	622	FITSMILE	K35-39		00:18:18	00:35:47	58	00:03:31	00:11:58	00:41:37	01:22:57
184	ZACHWIEJA Piotr	657		M30-34		00:21:34	00:43:23	220	00:03:18	00:11:09	00:38:00	01:15:37
185	MIELCAREK Tomasz	591	MIELCARKS	M40-44	MIELCARKS	00:20:17	00:41:18	190	00:06:23	00:10:44	00:37:13	01:14:40
186	MIELCAREK Jędrzej	604	MIELCARKS	M25-29	MIELCARKS	00:20:09	00:41:44	193	00:05:54	00:10:49	00:37:07	01:14:45
	NOWICKI Wojciech	798	BYDGOSZCZ TRIATHLON TEAM / TRIATHLON KONSULTING	M35-39		00:20:28	00:42:07	200	00:03:28	00:11:01	00:38:12	01:16:51
188	SKORNOWICZ Paweł	649	WUEF TRI TEAM	M45-49		00:19:26	00:41:01	187	00:04:02	00:11:13	00:38:17	01:17:24
189	ĆWIK Darek	771	HUSSE TEAM	M40-44		00:19:09	00:38:19	121	00:04:47	00:11:20	00:39:31	01:19:23
190	MOSIŃSKI Michał	658	HAWAJSKIE REKINY	M30-34		00:20:10	00:42:30	207	00:03:31	00:10:45	00:37:24	01:16:29
191	MISZTELA Tomasz	628	PTT DELTA	M50-54		00:22:16	00:46:04	255	00:04:41	00:10:27	00:35:42	01:12:04
192	JANIAK Marek	780		M55-59		00:19:25	00:39:25	150	00:07:37	00:11:13	00:38:09	01:15:52
193	CHĘCIŃSKI Marek	638	#NEVERGIVEUP	M35-39		00:19:37	00:39:45	157	00:07:48	00:10:47	00:37:09	01:15:29
194	DYLIK Marcin	718	CELIRONMAN	M35-39		00:18:33	00:37:41	107	00:03:54	00:11:25	00:39:43	01:21:30
195	CZERNICKI Jakub	671		M35-39		00:18:41	00:38:55	137	00:05:49	00:11:19	00:38:50	01:18:23
196	JARECKA Beata	758	CELIRONMAN	K30-34		00:19:35	00:39:57	166	00:04:09	00:11:24	00:39:39	01:19:07

					Pływanie			Rower			Bieg	
197	KACPERSKI Mirosław	579	PARKRUN POLSKA	M55-59	00:20:25	00:42:08	201	00:03:55	00:11:13	00:38:14	01:17:11	
198	KAMIŃSKI Radosław	726	WUEF TRI TEAM	M25-29	00:20:58	00:43:22	219	00:05:14	00:10:48	00:37:29	01:14:45	
199	WIECZOREK Łukasz	680	RUN4FUN WWW.BYTPAK.PL	M30-34	00:21:03	00:42:59	213	00:03:50	00:10:41	00:38:03	01:16:40	
200	KABAT Błażej	609	TRISPACE	M30-34	00:20:08	00:42:21	205	00:03:39	00:10:44	00:37:29	01:17:30	
201	SANIGÓRSKI Krzysztof	533	NEVERLAND	M40-44	00:21:31	00:45:47	251	00:04:39	00:10:44	00:36:38	01:13:21	
202	POCZWARDOWSKA Weronika	822	AMS	K18-29	AMS	00:20:07	00:40:12	176	00:03:23	00:11:06	00:39:37	01:20:14
203	WICENBACH Arkadiusz	797	PRUSZCZ BIEGA	M30-34	00:21:52	00:46:31	261	00:03:43	00:10:28	00:36:11	01:13:45	
204	WRZESZCZ Adrian	702	CELIRONMAN	M40-44	00:18:01	00:37:03	94	00:05:21	00:11:33	00:40:59	01:21:37	
205	TYMIŃSKI Dariusz	739	TRITECH	M50-54	00:22:13	00:45:30	249	00:03:32	00:10:55	00:37:31	01:15:02	
206	SZLENDAK Krzysztof	634	WYSOKIE MAZOWIECKIE	M30-34	00:20:31	00:41:54	195	00:05:24	00:11:25	00:38:29	01:16:49	
207	PACANA Krzysztof	618		M30-34	00:19:39	00:39:54	162	00:04:47	00:11:59	00:39:46	01:19:29	
208	KLOCKIEWICZ Zbyszko	633	PŁONĄCE RACICE	M25-29	00:19:05	00:38:01	115	00:03:43	00:10:54	00:38:24	01:22:26	
209	SZYMONEK Mirosław	719	TRIDEA	M55-59	00:23:17	00:47:03	266	00:04:37	00:10:28	00:35:55	01:12:34	
210	KUTOWSKI Przemysław	613		M40-44	00:20:53	00:42:50	212	00:04:52	00:10:59	00:38:21	01:17:03	
211	SZYMANOWSKI Krzysztof	565	WUEF TRITEAM	M55-59	00:22:22	00:45:03	242	00:05:59	00:11:15	00:36:54	01:13:54	
212	GIERACH Marcin	801	TRISPACE	M40-44	00:23:47	00:48:47	275	00:02:57	00:10:28	00:35:54	01:13:25	
213	JÓZWIAK Marek	762	FUJI KRYSPORT TEAM	M50-54	FUJI KRYSPORT TEAM	00:23:51	00:48:37	273	00:04:23	00:10:43	00:35:47	01:12:33
214	PASAKALIK Jarosław	749		M40-44	00:19:57	00:40:07	172	00:07:44	00:11:10	00:38:47	01:18:01	
215	STOLIŃSKI Dominik	549	VEGE RUNNERS	M40-44	00:22:42	00:46:31	260	00:03:25	00:11:40	00:37:59	01:16:08	
216	NOWICKI Adam	607	PENTEL- TEAM	M45-49	00:20:33	00:41:41	192	00:04:01	00:11:43	00:39:47	01:20:30	
217	FRYDRYSZEK Michał	810	TRIPOWER	M25-29	00:20:38	00:41:57	198	00:04:28	00:11:16	00:39:10	01:19:59	
218	RYBKOWSKI Grzegorz	553	WTP	M50-54	00:23:05	00:46:57	262	00:04:54	00:10:28	00:36:22	01:14:35	
219	SIEMIŃSKI Radosław	721	GTX TEAM	M35-39	00:19:43	00:40:42	186	00:03:52	00:12:00	00:40:04	01:22:25	
220	SULKA Paweł	526	AZAGO	M40-44	00:22:56	00:45:20	248	00:03:21	00:11:26	00:39:03	01:18:26	
221	KODZIS Piotr	544		M40-44	00:19:37	00:39:23	149	00:05:55	00:11:14	00:39:32	01:21:51	
222	MARCHENKO Dmutriy	664	AMBERMAN	M35-39	00:20:12	00:42:09	202	00:04:26	00:11:18	00:39:56	01:21:20	
223	CIUPA Jarosław	629	ARRK	M45-49	00:21:28	00:42:11	204	00:05:12	00:11:32	00:39:31	01:20:47	
224	KARKOSZKA Marcin	735	KLUB SPORTOWY FABRYKA BIEGANIA OSTRÓW WIELKOPOLSKI	M25-29	00:20:42	00:42:02	199	00:05:04	00:11:31	00:40:15	01:21:20	
225	KAMIŃSKI Sławomir	692	MOBILNY WULKAN	M35-39	00:20:30	00:42:43	210	00:04:18	00:11:30	00:39:59	01:21:41	
226	RZEPKA Marek	677		M45-49	00:22:44	00:45:55	253	00:04:17	00:11:11	00:37:54	01:19:11	
227	MAGA Przemysław	552		M40-44	00:20:04	00:40:42	185	00:08:19	00:11:16	00:39:07	01:20:32	

					Pływanie			Bieg		Bieg		
					Pływanie			Bieg		Bieg		
228	ZIÓLKOWSKI Andrzej	610		M35-39	00:22:33	00:47:02	265	00:08:19	00:11:08	00:36:52	01:14:31	
229	BYKOWSKI Jacek	770	MBEXPERT.PL	M40-44	00:21:44	00:45:05	243	00:04:11	00:11:30	00:39:39	01:20:53	
230	MAJDEREK Bogusz	784		M18-24	00:22:39	00:46:25	258	00:04:37	00:10:55	00:38:54	01:19:08	
231	WŁOSZCZYNA Julita	757		K30-34	00:19:48	00:39:49	159	00:04:59	00:12:29	00:42:20	01:25:30	
232	LEWANDOWSKI Dominik	813		M18-24	00:21:45	00:44:54	240	00:05:00	00:11:23	00:40:30	01:20:45	
233	PREUSS Daniel	693	ATOS	M40-44	00:19:19	00:39:39	153	00:06:36	00:12:06	00:41:27	01:24:29	
234	NURKIEWICZ Jarosław	578	KUNG FU PANDY 3	M45-49	00:20:54	00:43:10	216	00:03:33	00:11:56	00:41:20	01:24:11	
235	CHUPINA Sergii	706		M35-39	00:21:46	00:43:52	228	00:05:37	00:12:21	00:40:37	01:21:42	
236	BRYLEW Tomasz	156	AGENCJA INTERAKTYWNA SITAB	M40-44	00:21:04	00:44:29	236	00:03:55	00:11:56	00:40:59	01:22:56	
237	RIVAT Emmanuel	504	ARRK	M35-39	00:21:50	00:45:03	241	00:04:29	00:11:40	00:40:03	01:21:51	
238	MOLENDĄ Patrycja	685	KLINIKA TRIATHLONU TEAM	K18-29	00:21:02	00:43:18	218	00:03:20	00:12:14	00:41:48	01:24:50	
239	KUĆ Jarosław	679	KWISA LUBAŃ	M35-39	00:23:25	00:47:11	267	00:04:43	00:12:01	00:40:34	01:19:45	
240	BINDEK Łukasz	518		M35-39	00:20:21	00:42:11	203	00:05:19	00:11:49	00:40:42	01:24:15	
241	ZUBIK Michał	700		M40-44	00:22:14	00:44:41	238	00:06:40	00:11:43	00:39:57	01:20:35	
242	CZARNIECKI Kamil	605	ZARZĄD	M35-39	00:22:42	00:46:18	257	00:04:32	00:11:19	00:39:06	01:21:21	
243	SZYMCZAK Jakub	656		M30-34	00:21:55	00:44:16	234	00:06:02	00:11:27	00:39:58	01:21:59	
244	PRUSACZYK Marcin	676		M45-49	00:20:15	00:39:43	156	00:07:54	00:11:42	00:42:09	01:24:42	
245	STĘPNIAK Krzysztof	601	OPONEO	M40-44	00:21:57	00:47:18	269	00:05:16	00:11:48	00:40:04	01:20:02	
246	KOSMOWSKI Błażej	566		M30-34	00:19:22	00:38:51	134	00:07:06	00:11:41	00:42:01	01:26:41	
247	BURŻACKA-TYC Agnieszka	561	PTT DELTA	K45-49	00:20:40	00:41:56	197	00:05:14	00:11:53	00:42:08	01:25:31	
248	FALENSKA Anita	789	FALENSKA.PL	K30-34	00:22:32	00:45:46	250	00:04:09	00:11:44	00:41:14	01:22:49	
249	MALICKI Krzysztof	830	AT- AKTYWNY TRZEBIATÓW	M40-44	00:24:20	00:49:06	278	00:04:20	00:11:25	00:38:44	01:19:24	
250	MOSUR Kamil	590	NRC + RUN CLUB	M40-44	00:21:36	00:43:35	223	00:04:59	00:11:47	00:41:45	01:25:21	
251	RYTEL Rafał	603	ZARZĄD	M35-39	00:22:29	00:44:38	237	00:04:43	00:12:07	00:41:58	01:24:38	
252	GRUBA Jacek	626		M55-59	00:23:14	00:47:45	271	00:04:54	00:11:48	00:39:48	01:21:35	
253	TRYPUĆ-MAGDZIARZ Aleksandra	521	OLADENTAL/ TRIDEA	K40-44	00:24:18	00:50:12	282	00:03:18	00:12:09	00:40:43	01:20:51	
254	MARKOV Alexey	528	TRI-TEAM SSV ETTLINGEN	M35-39	00:24:35	00:51:00	286	00:05:39	00:11:35	00:38:43	01:17:43	
255	MISUN-NOWAK Katarzyna	703	AMS	K35-39	AMS	00:20:57	00:42:49	211	00:05:31	00:11:56	00:42:09	01:26:40
256	MŁODZIKOWSKA Weronika	769	KB V-MAX ADAMÓW	K30-34	KB V-Max Adamów	00:21:18	00:41:54	196	00:03:41	00:12:42	00:44:29	01:29:39
257	CICHOCKA Marianna	659		K45-49	00:21:56	00:45:11	244	00:04:41	00:12:11	00:42:33	01:25:23	
258	STANKOWSKI Dawid	632	PŁONĄCE RACICE	M25-29	00:21:38	00:44:46	239	00:07:35	00:12:18	00:41:46	01:22:58	
259	PRZEWŁOCKI Jakub	595	KLINIKA TRIATHLONU	M35-39	00:20:13	00:43:42	224	00:08:27	00:12:27	00:41:12	01:23:15	
260	DOLATA Jakub	586		M40-44	00:21:09	00:42:34	208	00:07:19	00:12:23	00:42:06	01:26:30	
261	CICHOŃSKA -BAZAK Marzena	583		K45-49	00:23:50	00:48:39	274	00:04:06	00:12:03	00:40:48	01:23:40	

				Pływanie		T1	Rower		Bieg		
262	RZENTKOWSKI Grzegorz	599		M45-49		00:23:23	00:47:00	264	00:04:45	00:12:08	00:41:05 01:25:03
263	MIELCAREK Mateusz	611	MIELCARKS	M25-29	MIELCARKS	00:21:13	00:44:04	230	00:06:47	00:11:29	00:41:14 01:26:21
264	KALISZEWSKA Małgorzata	617		K40-44		00:22:31	00:45:19	246	00:06:17	00:12:33	00:42:39 01:26:42
265	GOTTFRIED Wojciech	682		M30-34		00:23:50	00:49:38	279	00:05:36	00:12:01	00:40:59 01:23:17
266	WIELGUS Janusz	711	SPORTEVO	M40-44		00:25:14	00:50:41	285	00:04:11	00:11:40	00:41:49 01:23:57
267	KOWALEWSKA Daria	670	COMPLEXSPORTS/TRI LADIES	K30-34		00:20:55	00:44:06	231	00:05:00	00:12:15	00:43:12 01:29:50
268	KRAWCZYK Mateusz	720	URZĄD GMINY OSTRÓW WIELKOPOLSKI	M30-34		00:22:34	00:46:58	263	00:05:14	00:12:35	00:42:11 01:26:46
269	BRZEZINSKI Marek	773	KORUP MOTION	M45-49		00:24:57	00:51:02	287	00:06:21	00:12:30	00:41:05 01:22:28
270	ŁYSUNIEC Marcin	812	TMTEAM	M35-39		00:24:41	00:50:18	283	00:04:49	00:12:03	00:41:11 01:24:55
271	FORCZMAŃSKI Paweł	808		M40-44		00:26:09	00:54:33	292	00:04:30	00:11:44	00:40:14 01:21:13
272	DRZEWIECKI Rafał	635	RUN4FUN WWW.BYTPAK.PL	M40-44		00:21:05	00:45:58	254	00:04:38	00:12:25	00:43:24 01:29:56
273	PRAŻYŃSKI Michał	665		M45-49		00:21:35	00:44:18	235	00:08:11	00:12:50	00:43:40 01:28:07
274	BOCIANOWSKA Agnieszka	738	ALWAYS WILD TEAM	K40-44		00:22:10	00:45:20	247	00:06:47	00:12:39	00:43:43 01:28:48
275	ZIMIŃSKI Zdzisław	542		M60-64		00:24:15	00:48:52	277	00:09:47	00:12:11	00:41:19 01:23:04
276	KOLOSSA Tomasz	585	WWW.KOLOSSA.PL	M45-49		00:22:27	00:47:16	268	00:05:54	00:12:21	00:42:30 01:28:47
277	ORZOŁ Elżbieta	627	COMPLEXSPORTS TRIATHLON TEAM TRI LADIES	K50-54		00:23:11	00:48:50	276	00:05:45	00:12:54	00:43:25 01:27:27
278	NAPIERAŁSKI Bartosz	630	HATORY	M35-39		00:23:09	00:48:17	272	00:06:31	00:12:03	00:41:55 01:27:37
279	RZYTKI Piotr	783	KB V-MAXADAMOW	M35-39	KB V-Max Adamów	00:23:49	00:53:10	290	00:04:36	00:12:17	00:42:42 01:25:47
280	MAŁKIŃSKI Józef	845		M60-64		00:21:31	00:44:08	233	00:06:27	00:12:34	00:44:29 01:33:07
281	MIELEWCZYK Krzysztof	759	SSW HARPUN	M55-59		00:19:14	00:38:28	124	00:09:35	00:13:30	00:47:04 01:36:03
282	MACIEJAK Marcin	750	JANUSZE TRIATHLONU	M45-49		00:24:47	00:51:07	288	00:04:10	00:11:56	00:40:35 01:30:04
283	KUPCZYK Tomasz	546		M40-44		00:22:26	00:45:48	252	00:07:05	00:13:21	00:46:21 01:33:33
284	STAFIEJ Wojciech	620	ARRK	M45-49		00:29:06	00:59:14	295	00:04:39	00:11:59	00:40:44 01:22:50
285	CZECHOWICZ Tomasz	844		M45-49		00:23:01	00:46:05	256	00:06:38	00:14:01	00:47:36 01:34:58
286	SOŁTYSIK Sonia	558		K35-39		00:24:59	00:50:21	284	00:07:52	00:12:30	00:43:54 01:29:31
287	PRZEWŁOCKI Sławomir	597	KLINIKA TRIATHLONU	M60-64		00:24:19	00:51:21	289	00:05:55	00:13:24	00:45:51 01:32:36
288	GDANIEC Dariusz	505		M50-54		00:23:34	00:50:06	280	00:08:40	00:13:25	00:44:39 01:31:32
289	GRACZYK Rafał	560		M45-49		00:23:12	00:47:27	270	00:09:36	00:13:30	00:45:41 01:34:41
290	SIŁAKOWSKI Ariel	616		M30-34		00:28:21	01:01:17	296	00:07:14	00:12:32	00:42:40 01:28:18
291	SEYDAK - TOMCZYŃSKA Ewelina	594	DON BOSCO TEAM	K18-29		00:28:31	01:02:40	297	00:03:13	00:13:21	00:45:05 01:31:07
292	PACHCIAREK Magdalena	568		K35-39		00:28:04	00:57:06	293	00:04:45	00:13:53	00:48:07 01:36:46
293	ZENGTELER Andrzej	745		M65-69		00:26:26	00:53:36	291	00:08:57	00:13:56	00:47:55 01:37:23
294	SZREDER Jarosław	600	NEVER GIVE UP	M25-29		00:28:17	00:58:48	294	00:07:28	00:13:19	00:46:30 01:38:06
295	CZARNECKI Piotr	593	ROWEROWA BRZOZA	M35-39		00:24:18	00:50:10	281	00:06:37	00:11:36	00:39:48 01:54:11

					Pływanie			Rower			Bieg	
					T1			T2			Czas	
296	FRAĆKOWIAK Bartosz	536		M25-29	00:18:56	00:39:56	164	00:42:54	00:28:09	00:57:03	01:38:58	
297	MĄDRY Marcin	715	TTC CZĘSTOCHOWA	M30-34	00:17:38	00:36:04	70	00:02:35	00:10:58	00:35:57		

Znaleziono 297 wynik(ów)