



Event:
Organiser:
Date:
Place:
Distance:

OCEAN LAVA TRIATHLON POLSKA 2018 - DYSTANS ŚREDNI 70.3

B4SPORT

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Ocean Lava Triathlon Polska 2018
Towarzystwo Sportowe TRI-SPORT
2018-08-19
Bydgoszcz
113 km

Classification: M35-39

Split point: 106,7 km

Place	Participant	Number	Club	Category	Drużyna	Swimming			Cycling						Race								
						P_Borowno 0.95km	P_Borowno 1.9km	Poz	R_Kotomierz 5km	R_Lidl 20km	R_Kotomierz 40km	R_Lidl 55km	R_Kotomierz 75km	R_Lidl 90km	Poz	B_Mysl 3.229km	B_Announcer 6.465km	B_Announcer 7.265km	B_Mysl 10.489km	B_Announcer 13.731km	B_Announcer 13.731km		
1	PLUTA Gniewomir	779		M35-39		00:14:56	00:29:52	6	00:02:43	00:09:59	00:33:46	01:06:35	01:29:45	02:02:50	02:27:20	7	00:01:23	00:13:22	00:27:17	00:30:52	00:44:35	00:59:22	01:13:14
2	HERMELIN Wojciech	529	KANCELARIA HMM	M35-39		00:16:17	00:33:06	21	00:02:26	00:10:00	00:33:45	01:06:39	01:30:11	02:04:13	02:29:44	13	00:01:18	00:14:45	00:30:19	00:34:23	00:49:51	01:06:26	01:20:02
3	SZUL Daniel	816	SOLANO	M35-39		00:17:51	00:36:30	78	00:02:51	00:09:34	00:33:02	01:06:03	01:29:31	02:03:13	02:27:22	8	00:01:38	00:15:20	00:31:14	00:35:16	00:49:54	01:05:47	01:19:34
4	WOLSKI Krzysztof	673		M35-39		00:14:03	00:29:01	2	00:02:46	00:09:55	00:34:02	01:07:50	01:32:48	02:09:04	02:36:05	36	00:02:07	00:18:09	00:33:44	00:37:50	00:51:22	01:06:02	01:20:02
5	KWIATKOWSKI Rafał	736	KUZNIA TRIATHLONU	M35-39		00:16:45	00:34:07	30	00:02:44	00:10:05	00:34:30	01:09:34	01:34:29	02:10:41	02:36:20	39	00:01:52	00:14:06	00:28:58	00:32:55	00:47:33	01:03:01	01:16:51
6	SŁAWIŃSKI Grzegorz	709	MKL MARATON ŚWINOUJŚCIE	M35-39		00:18:40	00:38:16	118	00:03:30	00:09:51	00:33:48	01:07:52	01:31:53	02:06:32	02:31:38	21	00:01:15	00:13:33	00:29:01	00:33:10	00:47:42	01:03:44	01:17:28
7	DEPTUŁA Grzegorz	570	VII LICEUM OGÓLNOKSZTAŁCĄCE W BYDGOSZCZY	M35-39		00:17:25	00:34:57	47	00:02:43	00:10:35	00:35:28	01:11:15	01:36:54	02:13:29	02:40:42	72	00:01:40	00:13:47	00:28:09	00:31:53	00:45:56	01:01:08	01:15:06
8	JACHIMEK Marcin	683	ZOO+	M35-39		00:17:33	00:35:47	59	00:03:00	00:10:23	00:34:14	01:08:22	01:32:24	02:06:43	02:31:44	22	00:02:25	00:15:01	00:31:08	00:35:22	00:50:40	01:07:40	01:21:20
9	MATEUSIAK Tomasz	765	KB LUPUS OLEŚNICA	M35-39		00:18:47	00:37:41	108	00:04:48	00:10:36	00:36:07	01:12:23	01:37:46	02:14:06	02:40:21	69	00:02:36	00:12:55	00:26:37	00:30:17	00:43:24	00:57:14	01:11:28
10	KRUPIŃSKI Maciej	527		M35-39		00:18:13	00:36:00	66	00:03:25	00:10:08	00:34:25	01:11:11	01:35:39	02:11:19	02:38:07	56	00:03:40	00:15:14	00:30:00	00:33:54	00:48:09	01:03:10	01:17:20
11	WIERZBOWSKI Krzysztof	532	MOTOINTEGRATOR RUNNING TEAM	M35-39		00:18:26	00:38:00	114	00:02:46	00:09:49	00:32:27	01:05:54	01:29:40	02:04:38	02:29:49	14	00:01:58	00:14:34	00:31:22	00:36:02	00:53:51	01:13:02	01:27:04
12	WOJCIECHOWSKI Mirosław	547		M35-39		00:17:19	00:35:58	65	00:03:56	00:10:08	00:34:07	01:09:03	01:34:14	02:10:22	02:36:25	42	00:01:52	00:15:29	00:32:31	00:37:15	00:52:39	01:08:52	01:22:54
13	BIENIEK Patryk	768	ZAWSZE COŚ NIE TAK	M35-39	Zawsze coś nie tak	00:17:47	00:36:11	73	00:03:01	00:09:51	00:33:43	01:08:31	01:33:40	02:10:55	02:38:02	55	00:02:06	00:14:42	00:31:16	00:35:36	00:51:11	01:07:59	01:22:54
14	DEBERT Jarek	782	TRINERGY TEAM	M35-39		00:19:33	00:39:28	152	00:03:19	00:10:48	00:35:32	01:10:45	01:36:10	02:11:55	02:37:58	52	00:01:36	00:15:02	00:30:56	00:35:13	00:50:03	01:06:42	01:21:34
15	SENGER Robert	523	LTT LIPUSZ	M35-39		00:17:44	00:36:16	75	00:03:17	00:10:28	00:34:40	01:10:33	01:36:08	02:12:59	02:40:06	66	00:01:49	00:14:55	00:32:19	00:36:44	00:52:39	01:09:49	01:24:43
16	MUSZYTOWSKI Damian	642	TKT	M35-39		00:17:40	00:35:37	54	00:03:01	00:10:28	00:34:27	01:08:44	01:33:31	02:09:00	02:33:48	27	00:02:10	00:16:29	00:35:32	00:40:49	00:58:50	01:18:44	01:33:38
17	KAMIŃSKI Tomasz	653	AMS	M35-39	AMS	00:21:33	00:44:07	232	00:03:12	00:09:45	00:33:20	01:07:03	01:31:13	02:05:28	02:30:57	18	00:02:24	00:15:30	00:33:25	00:38:28	00:55:38	01:13:53	01:28:57
18	DUSIŃSKI Krzysztof	637	TRIEM	M35-39		00:19:01	00:39:13	146	00:04:43	00:10:05	00:35:20	01:14:26	01:40:15	02:17:40	02:44:03	100	00:03:14	00:14:09	00:29:32	00:33:39	00:48:32	01:04:40	01:19:34
19	GAWROŃSKI Roman	652		M35-39		00:17:17	00:34:28	39	00:03:08	00:10:15	00:34:59	01:10:52	01:36:06	02:12:55	02:39:25	63	00:03:40	00:14:57	00:32:18	00:37:50	00:55:35	01:14:06	01:28:57
20	ŻYWIŃSKI Bartosz	814	DZIKI KOSZALIN	M35-39		00:19:07	00:38:22	122	00:04:07	00:10:11	00:35:00	01:10:20	01:35:58	02:13:01	02:40:00	64	00:01:48	00:14:41	00:31:36	00:36:20	00:52:37	01:12:14	01:27:04
21	KARALIUK Andrei	767		M35-39		00:19:02	00:38:18	119	00:04:07	00:11:01	00:37:49	01:15:14	01:41:09	02:19:29	02:45:56	122	00:01:45	00:16:08	00:33:41	00:38:07	00:54:02	01:10:53	01:25:47
22	KRZEMIŃSKI Adam	573	WUEF TRI TEAM	M35-39		00:17:59	00:36:04	69	00:03:16	00:10:15	00:34:49	01:10:41	01:36:23	02:13:26	02:40:36	70	00:01:44	00:17:06	00:35:25	00:40:30	00:58:43	01:19:04	01:33:52
23	POWAŻYŃSKI Arek	602	NEON TEAM	M35-39		00:17:29	00:35:20	51	00:02:42	00:10:07	00:34:39	01:09:43	01:34:47	02:10:50	02:37:16	47	00:01:46	00:16:07	00:36:14	00:43:33	01:05:41	01:25:23	01:40:17
24	KAŠTRAU Tomasz	574		M35-39		00:15:40	00:32:33	16	00:03:16	00:10:32	00:36:54	01:13:35	01:40:12	02:21:30	02:51:51	167	00:01:42	00:16:16	00:32:58	00:37:19	00:54:38	01:14:01	01:28:57
25	IGNACZAK Jarosław	513	KAPLAST SP. Z O.O.	M35-39		00:19:33	00:40:37	184	00:03:30	00:10:06	00:35:10	01:10:23	01:35:46	02:13:24	02:40:39	71	00:01:47	00:16:38	00:35:20	00:40:11	00:57:38	01:17:44	01:32:32
26	PUSTOŁ Maciej	678	ADECCO	M35-39		00:19:04	00:38:30	125	00:06:00	00:11:05	00:36:31	01:13:29	01:38:56	02:17:03	02:43:30	94	00:04:12	00:17:23	00:34:49	00:39:34	00:56:41	01:14:30	01:29:22
27	SKRUDLIK Leszek	537	STOWARZYSZENIE FEBYS	M35-39		00:18:05	00:36:07	71	00:03:05	00:10:30	00:34:54	01:10:30	01:35:02	02:11:06	02:37:04	46	00:01:56	00:16:57	00:34:11	00:39:17	01:06:37	01:29:44	01:44:32
28	STACHOWSKI Sebastian	778	BIEGAM BO LUBIĘ ZĄBKI TEAM	M35-39		00:19:16	00:39:05	143	00:04:40	00:11:53	00:38:42	01:17:23	01:43:42	02:23:05	02:51:37	165	00:02:46	00:16:43	00:33:42	00:38:12	00:54:24	01:12:01	01:26:55
29	RYCHARSKI Bartosz	519		M35-39		00:21:26	00:42:59	214	00:03:23	00:09:53	00:34:34	01:11:15	01:37:52	02:16:56	02:46:24	124	00:02:31	00:16:04	00:33:50	00:38:40	00:55:36	01:14:44	01:29:32
30	NOWAKOWSKI Arkadiusz	741	TRIATHLON SIEDLCE CLUB	M35-39	TRIATHLON SIEDLCE CLUB	00:19:14	00:39:26	151	00:03:49	00:10:22	00:36:06	01:12:43	01:39:04	02:17:15	02:45:10	112	00:02:37	00:17:15	00:36:34	00:42:37	01:00:56	01:20:10	01:35:02
31	LESISZ Bartłomiej	795		M35-39		00:19:07	00:37:58	113	00:04:37	00:10:46	00:37:34	01:14:57	01:40:57	02:19:56	02:48:03	136	00:02:13	00:17:53	00:36:45	00:42:03	00:59:57	01:19:27	01:34:15
32	OCHENDAL Maciej	714	TRISPACE	M35-39		00:19:41	00:39:54	163	00:03:07	00:10:22	00:35:27	01:12:33	01:39:54	02:18:52	02:47:15	132	00:02:26	00:17:05	00:36:28	00:41:44	01:01:13	01:21:34	01:36:22

			Swimming				Cycling							Race								
33	SZRAJDA Marcin	733	TRIFRIENDS	M35-39	00:20:03	00:40:16	178	00:02:54	00:11:18	00:38:25	01:18:11	01:46:12	02:27:17	02:55:39	189	00:02:13	00:15:33	00:32:33	00:37:06	00:55:07	01:14:33	01
34	KLAPUCH Michał	712		M35-39	00:18:13	00:37:06	95	00:04:39	00:11:19	00:38:00	01:16:07	01:43:38	02:23:51	02:52:29	173	00:03:14	00:15:30	00:32:42	00:38:04	00:56:45	01:19:20	01
35	KUCHARSKI Łukasz	705	CELIRONMAN	M35-39	00:18:14	00:37:24	104	00:04:15	00:10:13	00:34:44	01:09:29	01:34:26	02:12:19	02:39:03	62	00:02:50	00:18:05	00:39:36	00:47:29	01:08:36	01:33:54	01
36	NOWAK Dawid	554		M35-39	00:19:15	00:38:39	129	00:03:10	00:10:58	00:38:28	01:17:04	01:45:26	02:27:27	02:57:08	193	00:03:10	00:15:57	00:34:48	00:40:22	00:58:19	01:17:18	01
37	KEMNITZ Marcin	580	3GRAVITY	M35-39	00:22:27	00:46:28	259	00:03:08	00:10:14	00:34:55	01:10:58	01:36:17	02:13:58	02:40:44	74	00:02:27	00:18:06	00:36:56	00:41:58	01:00:21	01:25:16	01
38	KAZIMIERCZYK Adam	643	PTT DELTA	M35-39	00:20:27	00:39:57	165	00:05:28	00:10:55	00:37:14	01:15:51	01:43:39	02:23:46	02:51:49	166	00:03:19	00:16:46	00:35:43	00:41:39	00:59:36	01:19:28	01
39	DAMSKI Łukasz	592	GARDENFLORA MTB TEAM	M35-39	00:21:33	00:43:48	226	00:02:26	00:10:28	00:36:55	01:14:12	01:41:12	02:19:29	02:48:19	138	00:02:10	00:19:26	00:39:15	00:45:02	01:05:21	01:26:49	01
40	KUC Krzysztof	766	TRIREM	M35-39	00:21:14	00:43:32	221	00:05:38	00:10:37	00:35:34	01:12:04	01:37:55	02:16:24	02:43:32	95	00:05:43	00:19:43	00:42:12	00:47:52	01:05:58	01:24:57	01
41	SIEMIŃSKI Radosław	721	GTX TEAM	M35-39	00:19:43	00:40:42	186	00:03:52	00:12:00	00:40:04	01:22:25	01:51:31	02:35:19	03:05:45	224	00:02:10	00:15:10	00:32:52	00:37:41	00:54:35	01:13:27	01
42	CZERNICKI Jakub	671		M35-39	00:18:41	00:38:55	137	00:05:49	00:11:19	00:38:50	01:18:23	01:46:43	02:28:18	02:58:18	199	00:03:07	00:17:35	00:37:11	00:42:38	01:01:00	01:22:11	01
43	CHEĆIŃSKI Marek	638	#NEVERGIVEUP	M35-39	00:19:37	00:39:45	157	00:07:48	00:10:47	00:37:09	01:15:29	01:43:25	02:23:18	02:50:48	156	00:04:06	00:17:15	00:37:11	00:43:49	01:03:37	01:25:38	01
44	NADOBNIK Konrad	645		M35-39	00:22:17	00:43:50	227	00:04:03	00:10:29	00:36:22	01:13:52	01:40:13	02:21:52	02:53:42	182	00:02:40	00:20:12	00:41:07	00:47:02	01:05:53	01:26:57	01
45	MARKOV Alexey	528	TRI-TEAM SSV ETTLINGEN	M35-39	00:24:35	00:51:00	286	00:05:39	00:11:35	00:38:43	01:17:43	01:44:50	02:23:45	02:51:06	162	00:02:58	00:20:02	00:39:44	00:45:30	01:04:59	01:24:44	01
46	DYLIK Marcin	718	CELIRONMAN	M35-39	00:18:33	00:37:41	107	00:03:54	00:11:25	00:39:43	01:21:30	01:51:21	02:36:03	03:06:49	229	00:02:47	00:17:58	00:38:43	00:45:01	01:03:27	01:23:43	01
47	ZIÓŁKOWSKI Andrzej	610		M35-39	00:22:33	00:47:02	265	00:08:19	00:11:08	00:36:52	01:14:31	01:41:21	02:21:25	02:48:47	144	00:04:32	00:18:49	00:39:07	00:44:26	01:07:14	01:29:00	01
48	DYBOWSKI Bartosz	572	GENPOWER	M35-39	00:16:03	00:33:40	25	00:03:43	00:11:44	00:40:24	01:21:48	01:50:51	02:32:52	03:01:22	212	00:02:41	00:18:43	00:40:42	00:47:16	01:09:03	01:34:25	01
49	KUĆ Jarosław	679	KWISA LUBAŃ	M35-39	00:23:25	00:47:11	267	00:04:43	00:12:01	00:40:34	01:19:45	01:48:24	02:30:10	03:00:25	207	00:05:46	00:17:09	00:38:17	00:43:32	01:01:08	01:21:07	01
50	CZARNIECKI Kamil	605	ZARZĄD	M35-39	00:22:42	00:46:18	257	00:04:32	00:11:19	00:39:06	01:21:21	01:51:24	02:35:17	03:05:37	223	00:02:47	00:16:54	00:34:00	00:39:40	00:58:56	01:19:57	01
51	MARCHENKO Dmutriy	664	AMBERMAN	M35-39	00:20:12	00:42:09	202	00:04:26	00:11:18	00:39:56	01:21:20	01:52:53	02:38:59	03:11:12	245	00:02:17	00:15:06	00:34:22	00:40:04	01:00:13	01:19:27	01
52	PRZEWŁOCKI Jakub	595	KLINIKA TRIATHLONU	M35-39	00:20:13	00:43:42	224	00:08:27	00:12:27	00:41:12	01:23:15	01:53:46	02:38:00	03:10:07	242	00:03:31	00:17:35	00:35:15	00:40:07	00:57:52	01:16:44	01
53	SOSNOWSKI Jarosław	687	PTT DELTA	M35-39	00:14:11	00:29:19	4	00:03:07	00:10:33	00:35:44	01:11:52	01:38:18	02:16:53	02:45:32	118	00:02:50	00:22:50	01:04:38	01:14:27	01:39:54	02:02:26	02
54	KAMIŃSKI Sławomir	692	MOBILNY WULKAN	M35-39	00:20:30	00:42:43	210	00:04:18	00:11:30	00:39:59	01:21:41	01:53:30	02:44:32	03:16:27	256	00:03:16	00:16:45	00:34:53	00:40:16	00:57:28	01:17:07	01
55	CHUPINA Sergii	706		M35-39	00:21:46	00:43:52	228	00:05:37	00:12:21	00:40:37	01:21:42	01:50:58	02:35:18	03:06:27	228	00:03:28	00:18:22	00:39:20	00:46:02	01:06:21	01:28:54	01
56	ŁYSUNIEC Marcin	812	TMTEAM	M35-39	00:24:41	00:50:18	283	00:04:49	00:12:03	00:41:11	01:24:55	01:53:59	02:37:41	03:07:28	233	00:05:25	00:20:37	00:44:12	00:50:59	01:11:59	01:34:22	01
57	RYTEL Rafał	603	ZARZĄD	M35-39	00:22:29	00:44:38	237	00:04:43	00:12:07	00:41:58	01:24:38	01:56:10	02:42:31	03:16:07	255	00:03:28	00:22:09	00:45:16	00:51:09	01:12:43	01:35:35	01
58	RZYTKI Piotr	783	KB V-MAX ADAMÓW	M35-39	00:23:49	00:53:10	290	00:04:36	00:12:17	00:42:42	01:25:47	01:57:54	02:44:05	03:20:04	262	00:02:37	00:08:42	00:38:09	00:43:39	01:08:42	01:24:38	01
59	RIVAT Emmanuel	504	ARRK	M35-39	00:21:50	00:45:03	241	00:04:29	00:11:40	00:40:03	01:21:51	01:52:13	02:37:08	03:08:55	240	00:03:24	00:20:57	00:49:58	00:57:24	01:23:20	01:51:02	01
60	NAPIERAŁSKI Bartosz	630	HATORY	M35-39	00:23:09	00:48:17	272	00:06:31	00:12:03	00:41:55	01:27:37	02:00:11	02:49:17	03:23:37	268	00:03:24	00:22:25	00:47:42	00:53:52	01:14:31	01:36:57	01
61	BINDEK Łukasz	518		M35-39	00:20:21	00:42:11	203	00:05:19	00:11:49	00:40:42	01:24:15	01:55:36	02:45:48	03:24:21	271	00:03:20	00:18:49	00:41:40	00:50:35	01:18:09	01:44:05	01
62	CZARNECKI Piotr	593	ROWEROWA BRZOZA	M35-39	00:24:18	00:50:10	281	00:06:37	00:11:36	00:39:48	01:54:11	02:26:17	03:14:31	03:47:31	289	00:03:40	00:17:09	00:36:44	00:42:46	01:03:50	01:22:52	01
	NOWICKI Wojciech	798	BYDGOSZCZ TRIATHLON TEAM / TRIATHLON KONSULTING	M35-39	00:20:28	00:42:07	200	00:03:28	00:11:01	00:38:12	01:16:51	01:44:45	02:24:14	02:52:36	175	00:01:55	00:14:49	00:31:35				
	KARWACKI Paweł	815	TRISPACE/SOLANO	M35-39	00:20:16	00:40:07	171	00:02:43	00:10:13	00:34:41	01:11:00	01:37:11	02:16:11	02:43:41	96	00:01:57	00:20:31	00:41:57				
	LEŚNIEWSKI Piotr	730	NEONTEAM	M35-39	00:18:30	00:38:19	120	00:03:22	00:11:15	00:38:07	01:17:48	01:44:54	02:25:29	02:54:50	185	00:02:24	00:16:09	00:37:26	00:46:25		00:58:27	
	JEDOWSKI Maciej	828	SOLANO	M35-39	00:17:32	00:35:51	61	00:02:42	00:09:27	00:32:37	01:05:18											
	ZENGTALER Wojciech	807	LOTOS RUNNING TEAM / SMARUJ NA TRENING TEAM	M35-39	00:16:42	00:34:36	42	00:03:49	00:10:46	00:37:18	01:15:28	01:43:24	02:23:31	02:52:09	170	00:02:15	00:20:36	00:46:34				
	MAGDZIARZ Jakub	699	KANCELARIA-HMM	M35-39	00:16:50	00:34:18	33	00:02:21	00:09:58	00:34:04	01:08:16						00:11:11					
	KALISKI Kamil	747	AGROLOK SPORT TEAM	M35-39	00:19:06	00:39:04	141	00:03:24	00:10:50	00:36:05	01:13:38	01:42:03	02:24:24	02:53:36	179	00:04:52	00:19:31	00:43:19	00:45:37			

Total 69 results.