



# OCEAN LAVA TRIATHLON POLSKA 2018 - DYSTANS ŚREDNI 70.3

B4SPORT  
INTELEGNIE ZAWODY SPORTOWE

**Event:** Ocean Lava Triathlon Polska 2018  
**Organiser:** Towarzystwo Sportowe TRI-SPORT  
**Date:** 2018-08-19  
**Place:** Bydgoszcz  
**Distance:** 113 km

**B4SPORT**  
INTELEGNIE ZAWODY SPORTOWE

Classification: M35-39

Split point: 57,2 km

Place	Participant	Number	Club	Category	Drużyna	Swimming			T1	Cycling				Race	Time
						P_Borowno 0.95km	P_Borowno 1.9km	Poz		R_Kotomierz 5km	R_Lidl 20km	R_Kotomierz 40km	R_Lidl 55km		
1	PLUTA Gniewomir	779		M35-39		00:14:56	00:29:52	6	00:02:43	00:09:59	00:33:46	01:06:35	01:29:45		
2	WOLSKI Krzysztof	673		M35-39		00:14:03	00:29:01	2	00:02:46	00:09:55	00:34:02	01:07:50	01:32:48		
3	HERMELIN Wojciech	529	KANCELARIA HMM	M35-39		00:16:17	00:33:06	21	00:02:26	00:10:00	00:33:45	01:06:39	01:30:11		
4	SZUL Daniel	816	SOLANO	M35-39		00:17:51	00:36:30	78	00:02:51	00:09:34	00:33:02	01:06:03	01:29:31		
5	WIERZBOWSKI Krzysztof	532	MOTOINTEGRATOR RUNNING TEAM	M35-39		00:18:26	00:38:00	114	00:02:46	00:09:49	00:32:27	01:05:54	01:29:40		
6	SOSNOWSKI Jarosław	687	PTT DELTA	M35-39		00:14:11	00:29:19	4	00:03:07	00:10:33	00:35:44	01:11:52	01:38:18		
7	JACHIMEK Marcin	683	ZOO+	M35-39		00:17:33	00:35:47	59	00:03:00	00:10:23	00:34:14	01:08:22	01:32:24		
8	KWIATKOWSKI Rafał	736	KUZNIA TRIATHLONU	M35-39		00:16:45	00:34:07	30	00:02:44	00:10:05	00:34:30	01:09:34	01:34:29		
9	MUSZYTOWSKI Damian	642	TKT	M35-39		00:17:40	00:35:37	54	00:03:01	00:10:28	00:34:27	01:08:44	01:33:31		
10	POWAŻYŃSKI Arek	602	NEON TEAM	M35-39		00:17:29	00:35:20	51	00:02:42	00:10:07	00:34:39	01:09:43	01:34:47		
11	BIENIEK Patryk	768	ZAWSZE COŚ NIE TAK	M35-39	Zawsze coś nie tak	00:17:47	00:36:11	73	00:03:01	00:09:51	00:33:43	01:08:31	01:33:40		
12	SŁAWIŃSKI Grzegorz	709	MKL MARATON ŚWINOUJŚCIE	M35-39		00:18:40	00:38:16	118	00:03:30	00:09:51	00:33:48	01:07:52	01:31:53		
13	GAWROŃSKI Roman	652		M35-39		00:17:17	00:34:28	39	00:03:08	00:10:15	00:34:59	01:10:52	01:36:06		
14	WOJCIECHOWSKI Mirosław	547		M35-39		00:17:19	00:35:58	65	00:03:56	00:10:08	00:34:07	01:09:03	01:34:14		
15	SKRUDLIK Leszek	537	STOWARZYSZENIE FEBYS	M35-39		00:18:05	00:36:07	71	00:03:05	00:10:30	00:34:54	01:10:30	01:35:02		
16	DEPTUŁA Grzegorz	570	VII LICEUM OGÓLNOKSZTAŁCĄCE W BYDGOSZCZY	M35-39		00:17:25	00:34:57	47	00:02:43	00:10:35	00:35:28	01:11:15	01:36:54		
17	KRUPIŃSKI Maciej	527		M35-39		00:18:13	00:36:00	66	00:03:25	00:10:08	00:34:25	01:11:11	01:35:39		
18	SENGER Robert	523	LTT LIPUSZ	M35-39		00:17:44	00:36:16	75	00:03:17	00:10:28	00:34:40	01:10:33	01:36:08		
19	KRZEMIŃSKI Adam	573	WUEF TRI TEAM	M35-39		00:17:59	00:36:04	69	00:03:16	00:10:15	00:34:49	01:10:41	01:36:23		

				Swimming			T1	Cycling				T2	Race	Start
20	<b>KASTRAU Tomasz</b>	<b>574</b>		M35-39	00:15:40	<b>00:32:33</b>	16	00:03:16	00:10:32	00:36:54	01:13:35	01:40:12		
21	<b>KUCHARSKI Łukasz</b>	<b>705</b>	CELIRONMAN	M35-39	00:18:14	<b>00:37:24</b>	104	00:04:15	00:10:13	00:34:44	01:09:29	01:34:26		
22	<b>ŻYWICKI Bartosz</b>	<b>814</b>	DZIKI KOSZALIN	M35-39	00:19:07	<b>00:38:22</b>	122	00:04:07	00:10:11	00:35:00	01:10:20	01:35:58		
23	<b>KAMIŃSKI Tomasz</b>	<b>653</b>	AMS	M35-39	AMS	00:21:33	<b>00:44:07</b>	232	00:03:12	00:09:45	00:33:20	01:07:03	01:31:13	
24	<b>DEBERT Jarek</b>	<b>782</b>	TRINERGY TEAM	M35-39	00:19:33	<b>00:39:28</b>	152	00:03:19	00:10:48	00:35:32	01:10:45	01:36:10		
25	<b>IGNACZAK Jarosław</b>	<b>513</b>	KAPLAST SP. Z O.O.	M35-39	00:19:33	<b>00:40:37</b>	184	00:03:30	00:10:06	00:35:10	01:10:23	01:35:46		
	<b>KARWACKI Paweł</b>	<b>815</b>	TRISPACE/SOLANO	M35-39	00:20:16	<b>00:40:07</b>	171	00:02:43	00:10:13	00:34:41	01:11:00	01:37:11		
27	<b>MATEUSIAK Tomasz</b>	<b>765</b>	KB LUPUS OLEŚNICA	M35-39	00:18:47	<b>00:37:41</b>	108	00:04:48	00:10:36	00:36:07	01:12:23	01:37:46		
	<b>ZENGTELER Wojciech</b>	<b>807</b>	LOTOS RUNNING TEAM / SMARUJ NA TRENING TEAM	M35-39	00:16:42	<b>00:34:36</b>	42	00:03:49	00:10:46	00:37:18	01:15:28	01:43:24		
29	<b>NOWAKOWSKI Arkadiusz</b>	<b>741</b>	TRIATHLON SIEDLCE CLUB	M35-39	TRIATHLON SIEDLCE CLUB	00:19:14	<b>00:39:26</b>	151	00:03:49	00:10:22	00:36:06	01:12:43	01:39:04	
30	<b>OCHENDAL Maciej</b>	<b>714</b>	TRISPACE	M35-39	00:19:41	<b>00:39:54</b>	163	00:03:07	00:10:22	00:35:27	01:12:33	01:39:54		
31	<b>PUSTÓŁ Maciej</b>	<b>678</b>	ADECCO	M35-39	00:19:04	<b>00:38:30</b>	125	00:06:00	00:11:05	00:36:31	01:13:29	01:38:56		
32	<b>LESISZ Bartłomiej</b>	<b>795</b>		M35-39	00:19:07	<b>00:37:58</b>	113	00:04:37	00:10:46	00:37:34	01:14:57	01:40:57		
33	<b>KARALIUK Andrei</b>	<b>767</b>		M35-39	00:19:02	<b>00:38:18</b>	119	00:04:07	00:11:01	00:37:49	01:15:14	01:41:09		
34	<b>DUSIŃSKI Krzysztof</b>	<b>637</b>	TRIEM	M35-39	00:19:01	<b>00:39:13</b>	146	00:04:43	00:10:05	00:35:20	01:14:26	01:40:15		
35	<b>RYCHARSKI Bartosz</b>	<b>519</b>		M35-39	00:21:26	<b>00:42:59</b>	214	00:03:23	00:09:53	00:34:34	01:11:15	01:37:52		
	<b>KALISKI Kamil</b>	<b>747</b>	AGROLOK SPORT TEAM	M35-39	00:19:06	<b>00:39:04</b>	141	00:03:24	00:10:50	00:36:05	01:13:38	01:42:03		
37	<b>KLAPUCH Michał</b>	<b>712</b>		M35-39	00:18:13	<b>00:37:06</b>	95	00:04:39	00:11:19	00:38:00	01:16:07	01:43:38		
38	<b>KEMNITZ Marcin</b>	<b>580</b>	3GRAVITY	M35-39	00:22:27	<b>00:46:28</b>	259	00:03:08	00:10:14	00:34:55	01:10:58	01:36:17		
	<b>LEŚNIEWSKI Piotr</b>	<b>730</b>	NEONTEAM	M35-39	00:18:30	<b>00:38:19</b>	120	00:03:22	00:11:15	00:38:07	01:17:48	01:44:54		
40	<b>KUC Krzysztof</b>	<b>766</b>	TRIEM	M35-39	00:21:14	<b>00:43:32</b>	221	00:05:38	00:10:37	00:35:34	01:12:04	01:37:55		
41	<b>NOWAK Dawid</b>	<b>554</b>		M35-39	00:19:15	<b>00:38:39</b>	129	00:03:10	00:10:58	00:38:28	01:17:04	01:45:26		
42	<b>DAMSKI Łukasz</b>	<b>592</b>	GARDENFLORA MTB TEAM	M35-39	GardenFlora MTB Team	00:21:33	<b>00:43:48</b>	226	00:02:26	00:10:28	00:36:55	01:14:12	01:41:12	
43	<b>STACHOWSKI Sebastian</b>	<b>778</b>	BIEGAM BO LUBIĘ ZĄBKI TEAM	M35-39	00:19:16	<b>00:39:05</b>	143	00:04:40	00:11:53	00:38:42	01:17:23	01:43:42		
44	<b>NADOBNIK Konrad</b>	<b>645</b>		M35-39	00:22:17	<b>00:43:50</b>	227	00:04:03	00:10:29	00:36:22	01:13:52	01:40:13		
45	<b>DYBOWSKI Bartosz</b>	<b>572</b>	GENPOWER	M35-39	00:16:03	<b>00:33:40</b>	25	00:03:43	00:11:44	00:40:24	01:21:48	01:50:51		
46	<b>KAZIMIERCZYK Adam</b>	<b>643</b>	PTT DELTA	M35-39	00:20:27	<b>00:39:57</b>	165	00:05:28	00:10:55	00:37:14	01:15:51	01:43:39		
47	<b>SZRAJDA Marcin</b>	<b>733</b>	TRIFRIENDS	M35-39	00:20:03	<b>00:40:16</b>	178	00:02:54	00:11:18	00:38:25	01:18:11	01:46:12		
	<b>NOWICKI Wojciech</b>	<b>798</b>	BYDGOSZCZ TRIATHLON TEAM / TRIATHLON KONSULTING	M35-39	00:20:28	<b>00:42:07</b>	200	00:03:28	00:11:01	00:38:12	01:16:51	01:44:45		

					Swimming			T1	Cycling				T2	Race	Start
49	<b>CHĘCIŃSKI Marek</b>	<b>638</b>	#NEVERGIVEUP	M35-39	00:19:37	<b>00:39:45</b>	157	00:07:48	00:10:47	00:37:09	01:15:29	01:43:25			
50	<b>CZERNICKI Jakub</b>	<b>671</b>		M35-39	00:18:41	<b>00:38:55</b>	137	00:05:49	00:11:19	00:38:50	01:18:23	01:46:43			
51	<b>DYLIK Marcin</b>	<b>718</b>	CELIRONMAN	M35-39	00:18:33	<b>00:37:41</b>	107	00:03:54	00:11:25	00:39:43	01:21:30	01:51:21			
52	<b>SIEMIŃSKI Radosław</b>	<b>721</b>	GTX TEAM	M35-39	00:19:43	<b>00:40:42</b>	186	00:03:52	00:12:00	00:40:04	01:22:25	01:51:31			
53	<b>ZIÓŁKOWSKI Andrzej</b>	<b>610</b>		M35-39	00:22:33	<b>00:47:02</b>	265	00:08:19	00:11:08	00:36:52	01:14:31	01:41:21			
54	<b>MARCHENKO Dmutriy</b>	<b>664</b>	AMBERMAN	M35-39	00:20:12	<b>00:42:09</b>	202	00:04:26	00:11:18	00:39:56	01:21:20	01:52:53			
55	<b>KUĆ Jarosław</b>	<b>679</b>	KWISA LUBAŃ	M35-39	00:23:25	<b>00:47:11</b>	267	00:04:43	00:12:01	00:40:34	01:19:45	01:48:24			
56	<b>CHUPINA Sergii</b>	<b>706</b>		M35-39	00:21:46	<b>00:43:52</b>	228	00:05:37	00:12:21	00:40:37	01:21:42	01:50:58			
57	<b>KAMIŃSKI Sławomir</b>	<b>692</b>	MOBILNY WULKAN	M35-39	00:20:30	<b>00:42:43</b>	210	00:04:18	00:11:30	00:39:59	01:21:41	01:53:30			
58	<b>MARKOV Alexey</b>	<b>528</b>	TRI-TEAM SSV ETTLINGEN	M35-39	00:24:35	<b>00:51:00</b>	286	00:05:39	00:11:35	00:38:43	01:17:43	01:44:50			
59	<b>RIVAT Emmanuel</b>	<b>504</b>	ARRK	M35-39	00:21:50	<b>00:45:03</b>	241	00:04:29	00:11:40	00:40:03	01:21:51	01:52:13			
60	<b>CZARNIECKI Kamil</b>	<b>605</b>	ZARZĄD	M35-39	00:22:42	<b>00:46:18</b>	257	00:04:32	00:11:19	00:39:06	01:21:21	01:51:24			
61	<b>BINDEK Łukasz</b>	<b>518</b>		M35-39	00:20:21	<b>00:42:11</b>	203	00:05:19	00:11:49	00:40:42	01:24:15	01:55:36			
62	<b>RYTEL Rafał</b>	<b>603</b>	ZARZĄD	M35-39	00:22:29	<b>00:44:38</b>	237	00:04:43	00:12:07	00:41:58	01:24:38	01:56:10			
63	<b>PRZEWŁOCKI Jakub</b>	<b>595</b>	KLINIKA TRIATHLONU	M35-39	00:20:13	<b>00:43:42</b>	224	00:08:27	00:12:27	00:41:12	01:23:15	01:53:46			
64	<b>ŁYSUNIEC Marcin</b>	<b>812</b>	TMTEAM	M35-39	00:24:41	<b>00:50:18</b>	283	00:04:49	00:12:03	00:41:11	01:24:55	01:53:59			
65	<b>NAPIERAŁSKI Bartosz</b>	<b>630</b>	HATORY	M35-39	00:23:09	<b>00:48:17</b>	272	00:06:31	00:12:03	00:41:55	01:27:37	02:00:11			
66	<b>RZYTKI Piotr</b>	<b>783</b>	KB V-MAXADAMOW	M35-39	00:23:49	<b>00:53:10</b>	290	00:04:36	00:12:17	00:42:42	01:25:47	01:57:54			
67	<b>CZARNECKI Piotr</b>	<b>593</b>	ROWEROWA BRZOZA	M35-39	00:24:18	<b>00:50:10</b>	281	00:06:37	00:11:36	00:39:48	01:54:11	02:26:17			
	<b>JEDOWSKI Maciej</b>	<b>828</b>	SOLANO	M35-39	00:17:32	<b>00:35:51</b>	61	00:02:42	00:09:27	00:32:37	01:05:18				
	<b>MAGDZIARZ Jakub</b>	<b>699</b>	KANCELARIA-HMM	M35-39	00:16:50	<b>00:34:18</b>	33	00:02:21	00:09:58	00:34:04	01:08:16				

Total 69 results.