



Event:
Organiser:
Date:
Place:
Distance:

OCEAN LAVA TRIATHLON POLSKA 2018 - DYSTANS ŚREDNI 70.3

Ocean Lava Triathlon Polska 2018
Towarzystwo Sportowe TRI-SPORT
2018-08-19
Bydgoszcz
113 km

B4SPORT

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Classification: M40-44

Place	Participant	Number	Club	Category	MCat	Drużyna	Swimming			Cycling						Race								
							P_Borowno 0.95km	P_Borowno 1.9km	Poz	R_Kotomierz 5km	R_Lidl 20km	R_Kotomierz 40km	R_Lidl 55km	R_Kotomierz 75km	R_Lidl 90km	Poz	B_Mysl 3.229km	B_Announcer 6.465km	B_Announcer 7.265km	B_Mysl 10.489km	B_Announcer 13.731km	B		
1	DAVIDNIEKS Artis	835	EMU MALPILS SPORTA KLUBS	M40-44	1		00:15:43	00:32:00	13	00:02:24	00:09:09	00:31:56	01:04:04	01:26:50	01:59:56	02:23:22	3	00:01:38	00:12:07	00:25:18	00:28:40	00:41:28	00:54:59	00
2	EJSMONT Krzysztof	831	TRISPACE	M40-44	2	TRISPACE	00:16:53	00:34:04	29	00:02:29	00:09:36	00:32:47	01:06:04	01:30:07	02:04:01	02:28:23	9	00:01:12	00:13:00	00:26:24	00:29:50	00:42:55	00:56:40	01
3	NOSOWSKI Jacek	710		M40-44	3		00:15:59	00:32:40	19	00:02:51	00:10:05	00:34:33	01:09:03	01:33:35	02:08:42	02:34:01	30	00:01:43	00:14:09	00:29:37	00:33:54	00:48:34	01:04:22	01
4	LEMKE Krzysztof	160	GDYŃSKI TRIATHLON	M40-44	4		00:17:04	00:34:27	38	00:02:11	00:09:32	00:32:38	01:05:31	01:29:02	02:03:05	02:28:26	10	00:01:53	00:15:04	00:31:31	00:35:33	00:52:12	01:08:27	01
5	KARWAŁA Lukasz	728	TTC	M40-44	5		00:15:37	00:31:56	12	00:03:01	00:11:11	00:34:22	01:08:00	01:32:18	02:08:22	02:34:31	31	00:01:47	00:14:27	00:31:32	00:36:39	00:53:29	01:10:32	01
6	OSMOLIK Jarek	723	TRI ZARZA TEAM	M40-44	6		00:20:17	00:40:26	181	00:02:47	00:09:43	00:33:46	01:07:45	01:32:07	02:07:15	02:32:44	23	00:02:06	00:14:46	00:31:54	00:36:18	00:51:38	01:07:52	01
7	RUPIETA Maksym	674	WUEF TRI TEAM	M40-44	7		00:16:48	00:33:52	27	00:03:27	00:11:26	00:37:29	01:14:10	01:40:53	02:18:48	02:45:27	117	00:03:27	00:14:08	00:28:45	00:32:49	00:47:15	01:02:56	01
8	ČERNÝ Jiří	833	APM	M40-44	8		00:18:26	00:37:19	102	00:03:52	00:10:31	00:36:00	01:11:24	01:37:08	02:13:51	02:40:09	68	00:03:24	00:14:24	00:29:20	00:33:39	00:49:05	01:04:27	01
9	KLONOWSKI Tomasz	668	PLATAN	M40-44	9		00:19:03	00:38:41	130	00:02:40	00:10:26	00:35:13	01:10:10	01:34:45	02:10:44	02:36:15	38	00:02:13	00:16:31	00:33:42	00:38:15	00:54:14	01:11:14	01
10	SZYMAŃSKI Przemysław	514	REWIZOR TRI	M40-44	10		00:19:22	00:39:42	155	00:02:55	00:10:16	00:34:45	01:09:47	01:34:47	02:10:28	02:36:10	37	00:01:52	00:14:30	00:30:14	00:34:37	00:50:30	01:11:19	01
11	SANIGÓRSKI Krzysztof	533	NEVERLAND	M40-44	11		00:21:31	00:45:47	251	00:04:39	00:10:44	00:36:38	01:13:21	01:39:08	02:16:10	02:42:39	88	00:01:58	00:14:26	00:29:51	00:34:22	00:48:42	01:04:20	01
12	KLOMFAS Miron	800	TRISPACE	M40-44	12		00:18:32	00:37:10	97	00:02:48	00:10:40	00:37:07	01:13:29	01:40:13	02:18:14	02:45:48	120	00:01:59	00:17:23	00:33:58	00:38:28	00:54:33	01:11:15	01
13	KĄZMIERCZAK Marcin	840	CELIRONMAN	M40-44	13		00:18:28	00:36:54	89	00:02:44	00:11:07	00:35:20	01:10:37	01:36:00	02:14:04	02:41:03	76	00:03:25	00:17:12	00:35:45	00:41:21	00:57:43	01:15:32	01
14	KAPUSNIAK Tomasz	559	TAK DLA TRANSPLANTACJI	M40-44	14		00:18:08	00:36:54	88	00:03:18	00:10:44	00:35:30	01:11:06	01:36:27	02:14:08	02:41:49	81	00:02:43	00:17:37	00:35:36	00:40:43	00:56:59	01:14:53	01
15	CHOLEWIŃSKI Dariusz	615	HURAGAN MIEDZYŃ	M40-44	15		00:20:39	00:41:11	188	00:02:48	00:09:42	00:33:22	01:08:16	01:33:40	02:10:41	02:38:16	58	00:01:42	00:16:02	00:34:31	00:39:59	00:59:37	01:16:32	01
16	BUCZEK Robert	799	TRIATHLON SIEDLCE CLUB	M40-44	16	TRIATHLON SIEDLCE CLUB	00:18:12	00:36:46	84	00:05:05	00:10:27	00:35:10	01:10:27	01:35:28	02:11:12	02:36:52	44	00:03:12	00:17:17	00:36:16	00:41:34	00:58:51	01:17:59	01
17	SZAFRAŃSKI Michał	589		M40-44	17		00:18:17	00:37:14	100	00:05:04	00:10:40	00:35:54	01:12:00	01:37:31	02:14:46	02:41:06	77	00:03:06	00:15:39	00:34:25	00:39:34	00:56:36	01:15:24	01
18	ŁUBIAN Michał	752	CTL LOGISTICS	M40-44	18		00:17:57	00:36:37	81	00:04:04	00:10:26	00:35:48	01:10:27	01:36:00	02:13:29	02:41:03	75	00:02:29	00:16:26	00:34:03	00:38:43	00:56:30	01:15:34	01
19	KNAPIK Mariusz	818	TEAM CZĘSTOCHOWA	M40-44	19		00:18:42	00:37:49	111	00:04:19	00:11:03	00:37:14	01:15:24	01:42:24	02:23:03	02:51:03	161	00:02:10	00:15:48	00:33:01	00:37:25	00:53:59	01:11:45	01
20	CHACUS Adrian	774	TRISPORTOWY.COM	M40-44	20		00:19:34	00:40:11	175	00:03:35	00:10:46	00:37:20	01:15:40	01:42:54	02:21:32	02:48:55	147	00:02:25	00:13:47	00:29:53	00:34:43	00:50:28	01:08:06	01
21	BYCH Maciej	624	TRIDEA TEAM	M40-44	21		00:16:58	00:34:15	32	00:04:06	00:11:02	00:35:38	01:11:20	01:36:30	02:12:50	02:38:16	57	00:03:47	00:22:17	00:42:01	00:47:48	01:05:59	01:24:21	01
22	RYBAK Remigiusz	612		M40-44	22		00:20:20	00:41:51	194	00:04:11	00:10:05	00:34:52	01:10:26	01:36:15	02:13:28	02:40:43	73	00:02:13	00:15:40	00:33:17	00:38:14	00:55:59	01:15:16	01
23	ĆWIK Darek	771	HUSSE TEAM	M40-44	23		00:19:09	00:38:19	121	00:04:47	00:11:20	00:39:31	01:19:23	01:47:32	02:27:32	02:55:36	188	00:02:17	00:15:01	00:31:46	00:36:14	00:52:22	01:09:44	01
24	HAIZE Tomasz	740	ARRK	M40-44	24	ARRK	00:18:57	00:38:49	133	00:03:42	00:10:57	00:38:07	01:18:19	01:47:01	02:28:51	02:58:40	203	00:02:28	00:14:14	00:30:16	00:34:32	00:50:18	01:07:11	01
25	WAKUŁA Marek	794	TRIATHLON SIEDLCE CLUB	M40-44	25	TRIATHLON SIEDLCE CLUB	00:19:38	00:39:41	154	00:04:02	00:10:46	00:37:20	01:16:01	01:43:34	02:23:54	02:52:25	172	00:02:40	00:16:10	00:33:25	00:38:25	00:55:20	01:13:31	01
26	KRZESAK Adam	760	NEON TEAM	M40-44	26		00:18:04	00:36:41	82	00:04:10	00:10:54	00:37:16	01:14:30	01:41:02	02:19:54	02:48:17	137	00:01:59	00:16:26	00:33:02	00:38:22	00:54:51	01:12:33	01
27	NIC Jakub	545		M40-44	27		00:18:43	00:37:11	98	00:05:12	00:09:50	00:34:14	01:08:49	01:34:24	02:12:07	02:39:01	61	00:04:28	00:16:36	00:36:15	00:41:14	01:01:19	01:20:52	01
28	LIZIK Radosław	684	TRISPACE	M40-44	28		00:20:01	00:39:59	167	00:04:15	00:10:40	00:36:14	01:12:43	01:38:36	02:16:23	02:42:43	89	00:02:03	00:17:49	00:37:28	00:43:17	01:02:24	01:22:48	01

				Swimming				Cycling				Race											
29	ŚWIDERSKI Jacek	737	ALWAYS WILD TEAM	M40-44	29	00:17:48	00:36:03	68	00:04:39	00:11:32	00:38:38	01:16:59	01:43:16	02:21:55	02:50:51	157	00:02:15	00:16:01	00:33:37	00:38:50	00:56:27	01:16:22	01
30	TALBIERZ Piotr	631	P&P	M40-44	30	00:20:46	00:41:13	189	00:04:07	00:10:38	00:36:27	01:14:34	01:41:43	02:20:30	02:48:46	143	00:02:33	00:15:51	00:34:34	00:39:20	00:57:04	01:15:56	01
31	PIETROWICZ Krzysztof	636	BIG FAMILY	M40-44	31	00:19:59	00:40:03	169	00:03:52	00:10:14	00:35:18	01:11:06	01:37:10	02:16:06	02:44:21	104	00:02:31	00:17:47	00:38:06	00:44:23	01:03:58	01:25:46	01
32	PASAKALIK Jarosław	749		M40-44	32	00:19:57	00:40:07	172	00:07:44	00:11:10	00:38:47	01:18:01	01:46:11	02:26:42	02:56:32	190	00:05:00	00:15:30	00:32:26	00:37:02	00:53:56	01:12:08	01
33	KODZIS Piotr	544		M40-44	33	00:19:37	00:39:23	149	00:05:55	00:11:14	00:39:32	01:21:51	01:52:03	02:34:11	03:03:28	215	00:03:11	00:15:21	00:32:28	00:37:17	00:53:43	01:11:16	01
34	GIERACH Marcin	801	TRISPACE	M40-44	34	00:23:47	00:48:47	275	00:02:57	00:10:28	00:35:54	01:13:25	01:40:05	02:17:42	02:45:10	113	00:04:15	00:16:38	00:39:50	00:44:52	01:02:52	01:22:35	01
35	ZUBIK Michał	700		M40-44	35	00:22:14	00:44:41	238	00:06:40	00:11:43	00:39:57	01:20:35	01:49:53	02:31:14	03:00:51	210	00:02:10	00:15:43	00:32:14	00:37:27	00:53:37	01:10:57	01
36	SULKA Paweł	526	AZAGO	M40-44	36	00:22:56	00:45:20	248	00:03:21	00:11:26	00:39:03	01:18:26	01:46:25	02:25:47	02:53:37	180	00:02:53	00:16:56	00:35:38	00:40:47	01:45:43	02:05:39	
37	KUTOWSKI Przemysław	613		M40-44	37	00:20:53	00:42:50	212	00:04:52	00:10:59	00:38:21	01:17:03	01:44:48	02:24:06	02:51:25	164	00:02:51	00:16:12	00:35:46	00:41:54	00:58:03	01:21:16	01
38	MIELCAREK Tomasz	591	MIELCARKS	M40-44	38	00:20:17	00:41:18	190	00:06:23	00:10:44	00:37:13	01:14:40	01:42:01	02:21:43	02:50:52	158	00:03:53	00:10:53	00:35:50	00:42:07	01:01:07	01:23:24	01
39	STOLIŃSKI Dominik	549	VEGE RUNNERS	M40-44	39	00:22:42	00:46:31	260	00:03:25	00:11:40	00:37:59	01:16:08	01:43:10	02:21:55	02:50:27	154	00:02:09	00:18:26	00:39:13	00:45:38	01:05:10	01:25:40	01
40	PREUSS Daniel	693	ATOS	M40-44	40	00:19:19	00:39:39	153	00:06:36	00:12:06	00:41:27	01:24:29	01:55:11	02:38:47	03:10:59	244	00:02:54	00:18:30	00:37:54	00:43:06	01:02:06	01:21:45	01
41	KITKOWSKI Piotr	695		M40-44	41	00:19:46	00:39:22	148	00:02:48	00:11:10	00:38:49	01:19:21	01:48:09	02:30:42	03:01:49	213	00:02:25	00:17:55	00:39:15	00:45:06	01:06:37	01:30:07	01
42	ZAWIEJA Bartosz	672	TORUŃSKI KLUB TRIATHLONOWY	M40-44	42	00:17:26	00:35:46	56	00:03:44	00:10:58	00:35:52	01:12:21	01:39:42	02:22:32	02:52:39	176	00:03:28	00:21:44	00:45:34	00:52:19	01:17:38	01:43:24	01
43	FORCZMAŃSKI Paweł	808		M40-44	43	00:26:09	00:54:33	292	00:04:30	00:11:44	00:40:14	01:21:13	01:51:02	02:34:20	03:05:09	220	00:03:16	00:15:47	00:32:20	00:38:10	00:54:03	01:18:21	01
44	STĘPŃIAK Krzysztof	601	OPONEO	M40-44	44	00:21:57	00:47:18	269	00:05:16	00:11:48	00:40:04	01:20:02	01:48:48	02:30:34	03:00:55	211	00:02:41	00:18:23	00:39:36	00:45:30	01:06:43	01:30:10	01
45	MALICKI Krzysztof	830	AT- AKTYWNY TRZEBIATÓW	M40-44	45	00:24:20	00:49:06	278	00:04:20	00:11:25	00:38:44	01:19:24	01:47:02	02:28:19	02:56:55	192	00:03:07	00:19:54	00:42:16	00:48:56	01:11:56	01:34:29	01
46	BYKOWSKI Jacek	770	MBEXPERT.PL	M40-44	46	00:21:44	00:45:05	243	00:04:11	00:11:30	00:39:39	01:20:53	01:49:52	02:32:19	03:02:51	214	00:39:31	00:26:19	00:50:45	00:57:57	01:24:00	01:49:30	
47	WRZESZCZ Adrian	702	CELIRONMAN	M40-44	47	00:18:01	00:37:03	94	00:05:21	00:11:33	00:40:59	01:21:37	01:51:28	02:36:08	03:08:34	238	00:02:37	00:17:42	00:39:17	00:46:25	01:12:08	01:38:29	01
48	WIELGUS Janusz	711	SPORTEVO	M40-44	48	00:25:14	00:50:41	285	00:04:11	00:11:40	00:41:49	01:23:57	01:53:41	02:36:39	03:08:13	236	00:02:24	00:16:58	00:35:36	00:43:16	01:08:24	01:32:58	01
49	MAGA Przemysław	552		M40-44	49	00:20:04	00:40:42	185	00:08:19	00:11:16	00:39:07	01:20:32	01:50:33	02:35:03	03:07:55	235	00:06:24	00:18:10	00:39:01	00:45:55	01:10:53	01:33:59	01
50	DRZEWIECKI Rafał	635	RUN4FUN WWW.BYTPAK.PL	M40-44	50	00:21:05	00:45:58	254	00:04:38	00:12:25	00:43:24	01:29:56	02:03:01	02:49:52	03:25:37	275	00:02:29	00:20:57	00:41:08	00:49:00	01:13:51	01:35:00	01
51	BRYLEW Tomasz	156	AGENCJA INTERAKTYWNA SITAB	M40-44	51	00:21:04	00:44:29	236	00:03:55	00:11:56	00:40:59	01:22:56	01:54:19	02:40:03	03:11:19	246	00:03:43	00:21:08	00:45:32	00:52:44	01:16:58	01:40:51	01
52	MOSUR Kamil	590	NRC + RUN CLUB	M40-44	52	00:21:36	00:43:35	223	00:04:59	00:11:47	00:41:45	01:25:21	01:56:44	02:43:11	03:16:04	254	00:04:13	00:18:54	00:41:37	00:51:13	01:19:38	01:44:30	01
53	KUPCZYK Tomasz	546		M40-44	53	00:22:26	00:45:48	252	00:07:05	00:13:21	00:46:21	01:33:33	02:08:14	02:58:38	03:33:22	282	00:06:19	00:17:05	00:35:54	00:40:58	01:00:11	01:22:04	01
54	DOLATA Jakub	586		M40-44	54	00:21:09	00:42:34	208	00:07:19	00:12:23	00:42:06	01:26:30	01:59:10	02:48:26	03:22:26	264	00:04:58	00:24:30	00:51:41	01:00:04	01:27:30	01:54:23	02
	TUROWIEC Adam	821	UAM TRIATHLON POZNAŃ APPETITEFORSPORTS.COM	M40-44		00:15:50	00:32:28	15	00:02:51	00:10:07	00:34:03	01:08:28	01:33:13	02:09:18	02:34:51	32	00:01:44	00:14:53	00:32:56	00:38:20	00:56:54		
	POLAŃSKI Tomasz	502	B4SPORT	M40-44		00:17:29	00:35:13	50	00:02:50	00:09:36		01:08:31											

Total 56 results.