

Classification: M40-44

Split point: 99,4 km

| Place | Participant | Number | Club | Category | Drużyna | Swimming | | | Cycling | | | | | | Race | | | | | |
|-------|----------------------|--------|--|----------|------------------------|---------------------|--------------------|-----|--------------------|----------------|---------------------|----------------|---------------------|----------------|----------|-------------------|------------------------|------------------------|----------|----------|
| | | | | | | P_Borowno 0.95km | P_Borowno 1.9km | Poz | R_Kotomierz 5km | R_Lidl 20km | R_Kotomierz 40km | R_Lidl 55km | R_Kotomierz 75km | R_Lidl 90km | Poz | B_Mysl 3.229km | B_Announcer 6.465km | B_Announcer 7.265km | | |
| 1 | DAVIDNIEKS Artis | 835 | EMU MALPILS SPORTA KLUBS | M40-44 | | 00:15:43 | 00:32:00 | 13 | 00:02:24 | 00:09:09 | 00:31:56 | 01:04:04 | 01:26:50 | 01:59:56 | 02:23:22 | 3 | 00:01:38 | 00:12:07 | 00:25:18 | 00:28:40 |
| 2 | EJSMONT Krzysztof | 831 | TRISPACE | M40-44 | TRISPACE | 00:16:53 | 00:34:04 | 29 | 00:02:29 | 00:09:36 | 00:32:47 | 01:06:04 | 01:30:07 | 02:04:01 | 02:28:23 | 9 | 00:01:12 | 00:13:00 | 00:26:24 | 00:29:50 |
| 3 | LEMKE Krzysztof | 160 | GDYNSKI TRIATHLON | M40-44 | | 00:17:04 | 00:34:27 | 38 | 00:02:11 | 00:09:32 | 00:32:38 | 01:05:31 | 01:29:02 | 02:03:05 | 02:28:26 | 10 | 00:01:53 | 00:15:04 | 00:31:31 | 00:35:33 |
| 4 | NOSOWSKI Jacek | 710 | | M40-44 | | 00:15:59 | 00:32:40 | 19 | 00:02:51 | 00:10:05 | 00:34:33 | 01:09:03 | 01:33:35 | 02:08:42 | 02:34:01 | 30 | 00:01:43 | 00:14:09 | 00:29:37 | 00:33:54 |
| 5 | KARWALA Lukasz | 728 | TTC | M40-44 | | 00:15:37 | 00:31:56 | 12 | 00:03:01 | 00:11:11 | 00:34:22 | 01:08:00 | 01:32:18 | 02:08:22 | 02:34:31 | 31 | 00:01:47 | 00:14:27 | 00:31:32 | 00:36:39 |
| | TUROWIEC Adam | 821 | UAM TRIATHLON POZNAŃ APPETITEFORSPORTS.COM | M40-44 | | 00:15:50 | 00:32:28 | 15 | 00:02:51 | 00:10:07 | 00:34:03 | 01:08:28 | 01:33:13 | 02:09:18 | 02:34:51 | 32 | 00:01:44 | 00:14:53 | 00:32:56 | 00:38:20 |
| 7 | OSMOLIK Jarek | 723 | TRI ZARZA TEAM | M40-44 | | 00:20:17 | 00:40:26 | 181 | 00:02:47 | 00:09:43 | 00:33:46 | 01:07:45 | 01:32:07 | 02:07:15 | 02:32:44 | 23 | 00:02:06 | 00:14:46 | 00:31:54 | 00:36:18 |
| 8 | SZYMAŃSKI Przemysław | 514 | REWIZOR TRI | M40-44 | | 00:19:22 | 00:39:42 | 155 | 00:02:55 | 00:10:16 | 00:34:45 | 01:09:47 | 01:34:47 | 02:10:28 | 02:36:10 | 37 | 00:01:52 | 00:14:30 | 00:30:14 | 00:34:37 |
| 9 | KLONOWSKI Tomasz | 668 | PLATAN | M40-44 | | 00:19:03 | 00:38:41 | 130 | 00:02:40 | 00:10:26 | 00:35:13 | 01:10:10 | 01:34:45 | 02:10:44 | 02:36:15 | 38 | 00:02:13 | 00:16:31 | 00:33:42 | 00:38:15 |
| 10 | ČERNÝ Jiří | 833 | APM | M40-44 | | 00:18:26 | 00:37:19 | 102 | 00:03:52 | 00:10:31 | 00:36:00 | 01:11:24 | 01:37:08 | 02:13:51 | 02:40:09 | 68 | 00:03:24 | 00:14:24 | 00:29:20 | 00:33:39 |
| 11 | RUPIETA Maksym | 674 | WUEF TRI TEAM | M40-44 | | 00:16:48 | 00:33:52 | 27 | 00:03:27 | 00:11:26 | 00:37:29 | 01:14:10 | 01:40:53 | 02:18:48 | 02:45:27 | 117 | 00:03:27 | 00:14:08 | 00:28:45 | 00:32:49 |
| 12 | ŁUBIAN Michał | 752 | CTL LOGISTICS | M40-44 | | 00:17:57 | 00:36:37 | 81 | 00:04:04 | 00:10:26 | 00:35:48 | 01:10:27 | 01:36:00 | 02:13:29 | 02:41:03 | 75 | 00:02:29 | 00:16:26 | 00:34:03 | 00:38:43 |
| 13 | BUCZEK Robert | 799 | TRIATHLON SIEDLCE CLUB | M40-44 | TRIATHLON SIEDLCE CLUB | 00:18:12 | 00:36:46 | 84 | 00:05:05 | 00:10:27 | 00:35:10 | 01:10:27 | 01:35:28 | 02:11:12 | 02:36:52 | 44 | 00:03:12 | 00:17:17 | 00:36:16 | 00:41:34 |
| 14 | CHOLEWIŃSKI Dariusz | 615 | HURAGAN MIEDZYŃ | M40-44 | | 00:20:39 | 00:41:11 | 188 | 00:02:48 | 00:09:42 | 00:33:22 | 01:08:16 | 01:33:40 | 02:10:41 | 02:38:16 | 58 | 00:01:42 | 00:16:02 | 00:34:31 | 00:39:59 |
| 15 | KAPUSNIAK Tomasz | 559 | TAK DLA TRANSPLANTACJI | M40-44 | | 00:18:08 | 00:36:54 | 88 | 00:03:18 | 00:10:44 | 00:35:30 | 01:11:06 | 01:36:27 | 02:14:08 | 02:41:49 | 81 | 00:02:43 | 00:17:37 | 00:35:36 | 00:40:43 |
| 16 | KAZMIERCZAK Marcin | 840 | CELIRONMAN | M40-44 | | 00:18:28 | 00:36:54 | 89 | 00:02:44 | 00:11:07 | 00:35:20 | 01:10:37 | 01:36:00 | 02:14:04 | 02:41:03 | 76 | 00:03:25 | 00:17:12 | 00:35:45 | 00:41:21 |
| 17 | SZAFRAŃSKI Michał | 589 | | M40-44 | | 00:18:17 | 00:37:14 | 100 | 00:05:04 | 00:10:40 | 00:35:54 | 01:12:00 | 01:37:31 | 02:14:46 | 02:41:06 | 77 | 00:03:06 | 00:15:39 | 00:34:25 | 00:39:34 |
| 18 | KLOMFAS Miron | 800 | TRISPACE | M40-44 | | 00:18:32 | 00:37:10 | 97 | 00:02:48 | 00:10:40 | 00:37:07 | 01:13:29 | 01:40:13 | 02:18:14 | 02:45:48 | 120 | 00:01:59 | 00:17:23 | 00:33:58 | 00:38:28 |
| 19 | NIC Jakub | 545 | | M40-44 | | 00:18:43 | 00:37:11 | 98 | 00:05:12 | 00:09:50 | 00:34:14 | 01:08:49 | 01:34:24 | 02:12:07 | 02:39:01 | 61 | 00:04:28 | 00:16:36 | 00:36:15 | 00:41:14 |
| 20 | RYBAK Remigiusz | 612 | | M40-44 | | 00:20:20 | 00:41:51 | 194 | 00:04:11 | 00:10:05 | 00:34:52 | 01:10:26 | 01:36:15 | 02:13:28 | 02:40:43 | 73 | 00:02:13 | 00:15:40 | 00:33:17 | 00:38:14 |
| 21 | BYCH Maciej | 624 | TRIDEA TEAM | M40-44 | | 00:16:58 | 00:34:15 | 32 | 00:04:06 | 00:11:02 | 00:35:38 | 01:11:20 | 01:36:30 | 02:12:50 | 02:38:16 | 57 | 00:03:47 | 00:22:17 | 00:42:01 | 00:47:48 |
| 22 | SANIGÓRSKI Krzysztof | 533 | NEVERLAND | M40-44 | | 00:21:31 | 00:45:47 | 251 | 00:04:39 | 00:10:44 | 00:36:38 | 01:13:21 | 01:39:08 | 02:16:10 | 02:42:39 | 88 | 00:01:58 | 00:14:26 | 00:29:51 | 00:34:22 |
| 23 | KRZESAK Adam | 760 | NEON TEAM | M40-44 | | 00:18:04 | 00:36:41 | 82 | 00:04:10 | 00:10:54 | 00:37:16 | 01:14:30 | 01:41:02 | 02:19:54 | 02:48:17 | 137 | 00:01:59 | 00:16:26 | 00:33:02 | 00:38:22 |
| 24 | CHACUS Adrian | 774 | TRISPORTOWY.COM | M40-44 | | 00:19:34 | 00:40:11 | 175 | 00:03:35 | 00:10:46 | 00:37:20 | 01:15:40 | 01:42:54 | 02:21:32 | 02:48:55 | 147 | 00:02:25 | 00:13:47 | 00:29:53 | 00:34:43 |
| 25 | LIZIK Radosław | 684 | TRISPACE | M40-44 | | 00:20:01 | 00:39:59 | 167 | 00:04:15 | 00:10:40 | 00:36:14 | 01:12:43 | 01:38:36 | 02:16:23 | 02:42:43 | 89 | 00:02:03 | 00:17:49 | 00:37:28 | 00:43:17 |
| 26 | ŚWIDERSKI Jacek | 737 | ALWAYS WILD TEAM | M40-44 | | 00:17:48 | 00:36:03 | 68 | 00:04:39 | 00:11:32 | 00:38:38 | 01:16:59 | 01:43:16 | 02:21:55 | 02:50:51 | 157 | 00:02:15 | 00:16:01 | 00:33:37 | 00:38:50 |
| 27 | KNAPIK Mariusz | 818 | TEAM CZĘSTOCHOWA | M40-44 | | 00:18:42 | 00:37:49 | 111 | 00:04:19 | 00:11:03 | 00:37:14 | 01:15:24 | 01:42:24 | 02:23:03 | 02:51:03 | 161 | 00:02:10 | 00:15:48 | 00:33:01 | 00:37:25 |

| | | | | Swimming | | | | Cycling | | | | | | Race | | | | | |
|----|----------------------|-----|----------------------------|----------|----------|----------|-----|----------|----------|----------|----------|----------|----------|----------|-----|----------|----------|----------|----------|
| 28 | PIETROWICZ Krzysztof | 636 | BIG FAMILY | M40-44 | 00:19:59 | 00:40:03 | 169 | 00:03:52 | 00:10:14 | 00:35:18 | 01:11:06 | 01:37:10 | 02:16:06 | 02:44:21 | 104 | 00:02:31 | 00:17:47 | 00:38:06 | 00:44:23 |
| 29 | TALBIERZ Piotr | 631 | P&P | M40-44 | 00:20:46 | 00:41:13 | 189 | 00:04:07 | 00:10:38 | 00:36:27 | 01:14:34 | 01:41:43 | 02:20:30 | 02:48:46 | 143 | 00:02:33 | 00:15:51 | 00:34:34 | 00:39:20 |
| 30 | ĆWIK Darek | 771 | HUSSE TEAM | M40-44 | 00:19:09 | 00:38:19 | 121 | 00:04:47 | 00:11:20 | 00:39:31 | 01:19:23 | 01:47:32 | 02:27:32 | 02:55:36 | 188 | 00:02:17 | 00:15:01 | 00:31:46 | 00:36:14 |
| 31 | WAKUŁA Marek | 794 | TRIATHLON SIEDLCE CLUB | M40-44 | 00:19:38 | 00:39:41 | 154 | 00:04:02 | 00:10:46 | 00:37:20 | 01:16:01 | 01:43:34 | 02:23:54 | 02:52:25 | 172 | 00:02:40 | 00:16:10 | 00:33:25 | 00:38:25 |
| 32 | HAIZE Tomasz | 740 | ARRK | M40-44 | 00:18:57 | 00:38:49 | 133 | 00:03:42 | 00:10:57 | 00:38:07 | 01:18:19 | 01:47:01 | 02:28:51 | 02:58:40 | 203 | 00:02:28 | 00:14:14 | 00:30:16 | 00:34:32 |
| 33 | KUTOWSKI Przemysław | 613 | | M40-44 | 00:20:53 | 00:42:50 | 212 | 00:04:52 | 00:10:59 | 00:38:21 | 01:17:03 | 01:44:48 | 02:24:06 | 02:51:25 | 164 | 00:02:51 | 00:16:12 | 00:35:46 | 00:41:54 |
| 34 | MIELCAREK Tomasz | 591 | MIELCARKS | M40-44 | 00:20:17 | 00:41:18 | 190 | 00:06:23 | 00:10:44 | 00:37:13 | 01:14:40 | 01:42:01 | 02:21:43 | 02:50:52 | 158 | 00:03:53 | 00:10:53 | 00:35:50 | 00:42:07 |
| 35 | SULKA Paweł | 526 | AZAGO | M40-44 | 00:22:56 | 00:45:20 | 248 | 00:03:21 | 00:11:26 | 00:39:03 | 01:18:26 | 01:46:25 | 02:25:47 | 02:53:37 | 180 | 00:02:53 | 00:16:56 | 00:35:38 | 00:40:47 |
| 36 | GIERACH Marcin | 801 | TRISPACE | M40-44 | 00:23:47 | 00:48:47 | 275 | 00:02:57 | 00:10:28 | 00:35:54 | 01:13:25 | 01:40:05 | 02:17:42 | 02:45:10 | 113 | 00:04:15 | 00:16:38 | 00:39:50 | 00:44:52 |
| 37 | PASAKALIK Jarosław | 749 | | M40-44 | 00:19:57 | 00:40:07 | 172 | 00:07:44 | 00:11:10 | 00:38:47 | 01:18:01 | 01:46:11 | 02:26:42 | 02:56:32 | 190 | 00:05:00 | 00:15:30 | 00:32:26 | 00:37:02 |
| 38 | ZAWIEJA Bartosz | 672 | TORUŃSKI KLUB TRIATHLONOWY | M40-44 | 00:17:26 | 00:35:46 | 56 | 00:03:44 | 00:10:58 | 00:35:52 | 01:12:21 | 01:39:42 | 02:22:32 | 02:52:39 | 176 | 00:03:28 | 00:21:44 | 00:45:34 | 00:52:19 |
| 39 | STOLIŃSKI Dominik | 549 | VEGE RUNNERS | M40-44 | 00:22:42 | 00:46:31 | 260 | 00:03:25 | 00:11:40 | 00:37:59 | 01:16:08 | 01:43:10 | 02:21:55 | 02:50:27 | 154 | 00:02:09 | 00:18:26 | 00:39:13 | 00:45:38 |
| 40 | KODZIS Piotr | 544 | | M40-44 | 00:19:37 | 00:39:23 | 149 | 00:05:55 | 00:11:14 | 00:39:32 | 01:21:51 | 01:52:03 | 02:34:11 | 03:03:28 | 215 | 00:03:11 | 00:15:21 | 00:32:28 | 00:37:17 |
| 41 | KITKOWSKI Piotr | 695 | | M40-44 | 00:19:46 | 00:39:22 | 148 | 00:02:48 | 00:11:10 | 00:38:49 | 01:19:21 | 01:48:09 | 02:30:42 | 03:01:49 | 213 | 00:02:25 | 00:17:55 | 00:39:15 | 00:45:06 |
| 42 | ZUBIK Michał | 700 | | M40-44 | 00:22:14 | 00:44:41 | 238 | 00:06:40 | 00:11:43 | 00:39:57 | 01:20:35 | 01:49:53 | 02:31:14 | 03:00:51 | 210 | 00:02:10 | 00:15:43 | 00:32:14 | 00:37:27 |
| 43 | WRZESZCZ Adrian | 702 | CELIRONMAN | M40-44 | 00:18:01 | 00:37:03 | 94 | 00:05:21 | 00:11:33 | 00:40:59 | 01:21:37 | 01:51:28 | 02:36:08 | 03:08:34 | 238 | 00:02:37 | 00:17:42 | 00:39:17 | 00:46:25 |
| 44 | STĘPNIAK Krzysztof | 601 | OPONEO | M40-44 | 00:21:57 | 00:47:18 | 269 | 00:05:16 | 00:11:48 | 00:40:04 | 01:20:02 | 01:48:48 | 02:30:34 | 03:00:55 | 211 | 00:02:41 | 00:18:23 | 00:39:36 | 00:45:30 |
| 45 | MALICKI Krzysztof | 830 | AT- AKTYWNY TRZEBIATÓW | M40-44 | 00:24:20 | 00:49:06 | 278 | 00:04:20 | 00:11:25 | 00:38:44 | 01:19:24 | 01:47:02 | 02:28:19 | 02:56:55 | 192 | 00:03:07 | 00:19:54 | 00:42:16 | 00:48:56 |
| 46 | PREUSS Daniel | 693 | ATOS | M40-44 | 00:19:19 | 00:39:39 | 153 | 00:06:36 | 00:12:06 | 00:41:27 | 01:24:29 | 01:55:11 | 02:38:47 | 03:10:59 | 244 | 00:02:54 | 00:18:30 | 00:37:54 | 00:43:06 |
| 47 | FORCZMAŃSKI Paweł | 808 | | M40-44 | 00:26:09 | 00:54:33 | 292 | 00:04:30 | 00:11:44 | 00:40:14 | 01:21:13 | 01:51:02 | 02:34:20 | 03:05:09 | 220 | 00:03:16 | 00:15:47 | 00:32:20 | 00:38:10 |
| 48 | WIELGUS Janusz | 711 | SPORTEVO | M40-44 | 00:25:14 | 00:50:41 | 285 | 00:04:11 | 00:11:40 | 00:41:49 | 01:23:57 | 01:53:41 | 02:36:39 | 03:08:13 | 236 | 00:02:24 | 00:16:58 | 00:35:36 | 00:43:16 |
| 49 | MAGA Przemysław | 552 | | M40-44 | 00:20:04 | 00:40:42 | 185 | 00:08:19 | 00:11:16 | 00:39:07 | 01:20:32 | 01:50:33 | 02:35:03 | 03:07:55 | 235 | 00:06:24 | 00:18:10 | 00:39:01 | 00:45:55 |
| 50 | BRYLEW Tomasz | 156 | AGENCJA INTERAKTYWNA SITAB | M40-44 | 00:21:04 | 00:44:29 | 236 | 00:03:55 | 00:11:56 | 00:40:59 | 01:22:56 | 01:54:19 | 02:40:03 | 03:11:19 | 246 | 00:03:43 | 00:21:08 | 00:45:32 | 00:52:44 |
| 51 | MOSUR Kamil | 590 | NRC + RUN CLUB | M40-44 | 00:21:36 | 00:43:35 | 223 | 00:04:59 | 00:11:47 | 00:41:45 | 01:25:21 | 01:56:44 | 02:43:11 | 03:16:04 | 254 | 00:04:13 | 00:18:54 | 00:41:37 | 00:51:13 |
| 52 | DRZEWIECKI Rafał | 635 | RUN4FUN WWW.BYTPAK.PL | M40-44 | 00:21:05 | 00:45:58 | 254 | 00:04:38 | 00:12:25 | 00:43:24 | 01:29:56 | 02:03:01 | 02:49:52 | 03:25:37 | 275 | 00:02:29 | 00:20:57 | 00:41:08 | 00:49:00 |
| 53 | KUPCZYK Tomasz | 546 | | M40-44 | 00:22:26 | 00:45:48 | 252 | 00:07:05 | 00:13:21 | 00:46:21 | 01:33:33 | 02:08:14 | 02:58:38 | 03:33:22 | 282 | 00:06:19 | 00:17:05 | 00:35:54 | 00:40:58 |
| 54 | DOLATA Jakub | 586 | | M40-44 | 00:21:09 | 00:42:34 | 208 | 00:07:19 | 00:12:23 | 00:42:06 | 01:26:30 | 01:59:10 | 02:48:26 | 03:22:26 | 264 | 00:04:58 | 00:24:30 | 00:51:41 | 01:00:04 |
| 55 | BYKOWSKI Jacek | 770 | MBEXPERT.PL | M40-44 | 00:21:44 | 00:45:05 | 243 | 00:04:11 | 00:11:30 | 00:39:39 | 01:20:53 | 01:49:52 | 02:32:19 | 03:02:51 | 214 | 00:39:31 | 00:26:19 | 00:50:45 | 00:57:57 |
| | POLAŃSKI Tomasz | 502 | B4SPORT | M40-44 | 00:17:29 | 00:35:13 | 50 | 00:02:50 | 00:09:36 | | 01:08:31 | | | | | | | | |

Total 56 results.