

**Wydarzenie:**  
**Organizator:**  
**Data:**  
**Miejsce:**  
**Dystans:**

Ocean Lava Triathlon Polska 2018  
Towarzystwo Sportowe TRI-SPORT  
2018-08-19  
Bydgoszcz  
113 km

Klasyfikacja: M45-49

Punkt pomiarowy: 92,2 km

Msc	Zawodnik	Numer	Klub	Kategoria	Drużyna	Pływanie			Poz	Rower						Poz	Bieg
						P_Borowno 0.95km	P_Borowno 1.9km	Poz		R_Kotomierz 5km	R_Lidl 20km	R_Kotomierz 40km	R_Lidl 55km	R_Kotomierz 75km	R_Lidl 90km		
1	ZIĘBA Adam	824	TRISPACE	M45-49	TRISPACE	00:17:26	00:35:56	63	00:02:22	00:09:00	00:31:26	01:03:11	01:25:53	01:58:09	02:21:46	1	00:01:10
2	ZIENKIEWICZ Janusz	557	TRISPACE / ALLIANZ TRIATHLON TEAM	M45-49	TRISPACE	00:16:21	00:33:12	22	00:02:49	00:10:13	00:34:29	01:08:06	01:31:56	02:05:23	02:29:35	12	00:01:34
3	WYSOCKI Rafał	551	SRITRI/TRIATHLON KONSULTING	M45-49		00:17:08	00:34:43	43	00:02:58	00:09:48	00:33:33	01:07:38	01:31:54	02:07:35	02:33:04	24	00:02:15
4	JABŁOŃSKI Jarosław	686	UKS TRS SUSZ/NADLEŚNICTWO SUSZ	M45-49		00:17:35	00:35:50	60	00:02:50	00:10:08	00:33:57	01:08:14	01:32:34	02:07:33	02:33:09	25	00:01:36
5	KNOTHE Adam	531	BUDSTOL INVEST	M45-49		00:20:00	00:40:35	183	00:02:32	00:09:44	00:33:39	01:06:42	01:30:13	02:04:38	02:29:28	11	00:01:34
6	WOŹNIAK Aureliusz	503	AMS	M45-49	AMS	00:17:45	00:36:21	77	00:03:16	00:09:55	00:33:14	01:06:50	01:31:05	02:07:20	02:33:33	26	00:01:55
7	TRAWCZYŃSKI Jacek	556	TRISPACE	M45-49	TRISPACE	00:18:15	00:37:00	93	00:02:36	00:10:08	00:34:23	01:08:53	01:33:14	02:08:37	02:33:57	29	00:01:54
8	LITAWA Jacek	654		M45-49		00:16:46	00:34:13	31	00:03:03	00:09:58	00:34:04	01:09:17	01:34:37	02:10:51	02:38:01	53	00:02:09
	MARTYNOWICZ Michał	550	TRISPACE	M45-49	TRISPACE	00:15:02	00:30:59	9	00:02:29	00:10:12	00:35:10	01:10:53	01:36:45	02:14:52	02:42:31	86	00:01:37
10	PATALON Piotr	520	ORKAMASTERS	M45-49	OrkaMasters Hawa	00:18:34	00:36:57	92	00:03:30	00:10:13	00:34:30	01:09:27	01:34:22	02:10:18	02:37:40	50	00:01:27
11	JANKOWSKI Tomasz	623	TRISPACE	M45-49	TRISPACE	00:17:58	00:36:42	83	00:02:33	00:10:41	00:35:55	01:11:09	01:36:42	02:12:20	02:38:55	60	00:02:03
12	GOŁEMBIEWSKI Marek	587	B4SPORT/MUKS PIĘTNASTKA BYDGOSZCZ	M45-49		00:19:05	00:38:52	135	00:03:05	00:09:56	00:34:38	01:09:07	01:34:14	02:10:15	02:36:55	45	00:01:31
13	CUPA Ireneusz	796	TRIATHLON KONSULTING	M45-49		00:19:27	00:40:10	174	00:03:28	00:09:55	00:33:45	01:08:16	01:33:35	02:10:39	02:37:37	49	00:01:52
14	IGNACZAK Piotr	820	TRISPACE	M45-49	TRISPACE	00:18:10	00:36:56	90	00:02:48	00:10:21	00:35:47	01:11:53	01:37:47	02:15:52	02:43:16	93	00:01:37
15	JABŁOŃSKI Marcin	722	FUJI KRYSPORT TEAM	M45-49	FUJI KRYSPORT TEAM	00:20:02	00:40:02	168	00:02:37	00:10:28	00:35:34	01:11:50	01:37:29	02:15:19	02:41:52	82	00:01:47
16	AUGUSTYNIAK Grzegorz	588	PTT DELTA	M45-49		00:17:01	00:35:07	49	00:04:00	00:10:24	00:35:14	01:11:28	01:38:22	02:16:56	02:45:38	119	00:02:27
17	STALICA Wojciech	675	IZO-ERG	M45-49		00:19:04	00:38:09	117	00:03:45	00:10:22	00:35:40	01:12:30	01:38:51	02:17:42	02:44:53	109	00:01:56
18	GIBA Grzegorz	827	GB GALOPUJĄCE ŚLIMAKI	M45-49		00:18:09	00:35:40	55	00:04:02	00:11:02	00:37:32	01:14:52	01:41:54	02:19:59	02:47:52	135	00:02:06
19	KAPRAL Rafał	843	PEHAMOT SKODA SZCZECIN	M45-49		00:18:23	00:37:08	96	00:04:35	00:10:54	00:36:45	01:13:39	01:40:18	02:19:27	02:46:28	125	00:02:31
20	GÓRNY Wojciech	811	TRISPACE/ADAMED	M45-49		00:18:34	00:37:32	105	00:02:53	00:11:33	00:38:17	01:15:38	01:42:47	02:21:12	02:48:37	141	00:02:01
21	BARANOWSKI Roman	522	WYZWANIE TYLKO 31	M45-49		00:14:59	00:30:24	8	00:05:39	00:11:14	00:38:15	01:16:26	01:43:22	02:23:02	02:52:07	169	00:03:27
22	LISIECKI Jacek	694		M45-49		00:20:20	00:42:26	206	00:05:08	00:10:35	00:36:24	01:12:50	01:38:59	02:17:18	02:44:26	105	00:01:52
23	STRACH Wiktor	804	NIEZRZESZONY	M45-49		00:19:36	00:39:04	142	00:04:02	00:10:52	00:37:13	01:14:06	01:40:33	02:20:20	02:48:33	140	00:02:23
24	BUDZIŁO Adam	543	PTT DELTA	M45-49	PTT DELTA	00:18:14	00:36:57	91	00:04:21	00:11:18	00:37:33	01:16:18	01:44:44	02:25:23	02:54:45	184	00:03:25

					Pływanie			Rower							Bieg	
25	<b>ŁUCZAK Paweł</b>	<b>525</b>	TKKF KOLEJARZ BYDGOSZCZ	M45-49	00:20:01	<b>00:40:27</b>	182	00:03:01	00:11:10	00:37:29	01:16:05	01:43:31	02:24:02	<b>02:53:39</b>	<b>181</b>	00:03:30
26	<b>ZEGARSKI Arkadiusz</b>	<b>539</b>		M45-49	00:19:11	<b>00:38:38</b>	128	00:04:30	00:11:04	00:37:54	01:17:24	01:47:04	02:28:59	<b>02:59:00</b>	<b>204</b>	00:03:11
27	<b>NOWICKI Adam</b>	<b>607</b>	PENTEL- TEAM	M45-49	00:20:33	<b>00:41:41</b>	192	00:04:01	00:11:43	00:39:47	01:20:30	01:49:18	02:30:20	<b>02:59:50</b>	<b>206</b>	00:03:38
28	<b>LEBIODA Adam</b>	<b>754</b>		M45-49	00:18:02	<b>00:36:52</b>	87	00:03:56	00:11:34	00:39:16	01:19:04	01:48:19	02:36:52	<b>03:07:49</b>	<b>234</b>	00:02:18
29	<b>RZEPKA Marek</b>	<b>677</b>		M45-49	00:22:44	<b>00:45:55</b>	253	00:04:17	00:11:11	00:37:54	01:19:11	01:48:32	02:28:37	<b>02:57:58</b>	<b>197</b>	00:02:49
30	<b>CIUPA Jarosław</b>	<b>629</b>	ARRK	M45-49	00:21:28	<b>00:42:11</b>	204	00:05:12	00:11:32	00:39:31	01:20:47	01:49:43	02:33:03	<b>03:04:01</b>	<b>216</b>	00:03:31
31	<b>NURKIEWICZ Jarosław</b>	<b>578</b>	KUNG FU PANDY 3	M45-49	00:20:54	<b>00:43:10</b>	216	00:03:33	00:11:56	00:41:20	01:24:11	01:54:22	02:37:15	<b>03:08:20</b>	<b>237</b>	00:02:31
32	<b>PRUSACZYK Marcin</b>	<b>676</b>		M45-49	00:20:15	<b>00:39:43</b>	156	00:07:54	00:11:42	00:42:09	01:24:42	01:57:28	02:41:19	<b>03:12:09</b>	<b>248</b>	00:04:46
33	<b>BRZEZINSKI Marek</b>	<b>773</b>	KORUP MOTION	M45-49	00:24:57	<b>00:51:02</b>	287	00:06:21	00:12:30	00:41:05	01:22:28	01:52:03	02:36:10	<b>03:07:00</b>	<b>230</b>	00:03:30
34	<b>RZENTKOWSKI Grzegorz</b>	<b>599</b>		M45-49	00:23:23	<b>00:47:00</b>	264	00:04:45	00:12:08	00:41:05	01:25:03	01:55:12	02:40:32	<b>03:12:11</b>	<b>249</b>	00:04:13
35	<b>STAFIEJ Wojciech</b>	<b>620</b>	ARRK	M45-49	00:29:06	<b>00:59:14</b>	295	00:04:39	00:11:59	00:40:44	01:22:50	01:52:16	02:35:10	<b>03:04:58</b>	<b>218</b>	00:03:58
36	<b>PRAŻYŃSKI Michał</b>	<b>665</b>		M45-49	00:21:35	<b>00:44:18</b>	235	00:08:11	00:12:50	00:43:40	01:28:07	01:59:50	02:45:47	<b>03:18:56</b>	<b>259</b>	00:05:52
37	<b>CZECHOWICZ Tomasz</b>	<b>844</b>		M45-49	00:23:01	<b>00:46:05</b>	256	00:06:38	00:14:01	00:47:36	01:34:58	02:06:44	02:55:01	<b>03:24:28</b>	<b>272</b>	00:03:17
38	<b>MACIEJAK Marcin</b>	<b>750</b>	JANUSZE TRIATHLONU	M45-49	00:24:47	<b>00:51:07</b>	288	00:04:10	00:11:56	00:40:35	01:30:04	02:01:38	02:49:02	<b>03:22:51</b>	<b>265</b>	00:04:01
39	<b>KOLOSSA Tomasz</b>	<b>585</b>	WWW.KOLOSSA.PL	M45-49	00:22:27	<b>00:47:16</b>	268	00:05:54	00:12:21	00:42:30	01:28:47	02:02:10	02:51:02	<b>03:26:21</b>	<b>276</b>	00:04:55
40	<b>SKORNOWICZ Paweł</b>	<b>649</b>	WUEF TRI TEAM	M45-49	00:19:26	<b>00:41:01</b>	187	00:04:02	00:11:13	00:38:17	01:17:24	01:44:56	02:25:04	<b>03:39:54</b>	<b>284</b>	00:03:00
41	<b>GRACZYK Rafał</b>	<b>560</b>		M45-49	00:23:12	<b>00:47:27</b>	270	00:09:36	00:13:30	00:45:41	01:34:41	02:11:24	03:04:52	<b>03:42:05</b>	<b>286</b>	00:06:40
	<b>WELZER Dariusz</b>	<b>608</b>	WELDA TEAM	M45-49	00:18:59	<b>00:37:48</b>	110	00:03:49	00:10:14	00:34:52	01:09:51	01:34:22	02:10:22	<b>02:36:46</b>	<b>43</b>	
	<b>WRZOCHALSKI Robert</b>	<b>792</b>	TRIDEA	M45-49	00:21:21	<b>00:42:36</b>	209	00:02:54	00:10:04	00:34:32	01:08:56					

Znaleziono 43 wynik(ów)