



Event:  
Organiser:  
Date:  
Place:  
Distance:

# OCEAN LAVA TRIATHLON POLSKA 2018 - DYSTANS ŚREDNI 70.3

Ocean Lava Triathlon Polska 2018  
Towarzystwo Sportowe TRI-SPORT  
2018-08-19  
Bydgoszcz  
113 km

B4SPORT

**B4SPORT**  
INTELEKTNE ZAWODY SPORTOWE

Classification: Mężczyźni

Split point: 92,2 km

Place	Participant	Number	Club	Category	Drużyna	Swimming			R_Kotomierz 5km	R_Lidl 20km	Cycling			R_Kotomierz 90km	R_Lidl 100km	Race	
						P_Borowno 0.95km	P_Borowno 1.9km	Poz			R_Kotomierz 40km	R_Lidl 55km	R_Kotomierz 75km				R_Lidl 90km
1	DEAK Zsombor	836	ASK ALUTA	M25-29		00:14:04	00:29:03	3	00:02:10	00:09:49	00:33:09	01:05:28	01:28:42	02:01:20	02:25:04	4	00:01:45
2	DAVIDNIEKS Artis	835	EMU MALPILS SPORTA KLUBS	M40-44		00:15:43	00:32:00	13	00:02:24	00:09:09	00:31:56	01:04:04	01:26:50	01:59:56	02:23:22	3	00:01:38
3	URBAŃSKI Michał	803	TRISPACE/ NEURON REHABILITACJA	M18-24	TRISPACE	00:12:50	00:25:42	1	00:02:20	00:10:09	00:33:53	01:07:19	01:31:11	02:05:34	02:30:27	16	00:01:28
4	ZIĘBA Adam	824	TRISPACE	M45-49	TRISPACE	00:17:26	00:35:56	63	00:02:22	00:09:00	00:31:26	01:03:11	01:25:53	01:58:09	02:21:46	1	00:01:10
5	PLUTA Gniewomir	779		M35-39		00:14:56	00:29:52	6	00:02:43	00:09:59	00:33:46	01:06:35	01:29:45	02:02:50	02:27:20	7	00:01:23
6	WOŹNIAK Łukasz	663		M30-34		00:17:55	00:36:08	72	00:02:34	00:09:13	00:31:45	01:03:40	01:26:11	01:58:19	02:21:48	2	00:01:22
7	HERING Mateusz	697	TRI TEAM BYTÓW	M25-29	TRI TEAM BYTÓW	00:16:10	00:33:23	23	00:02:10	00:09:40	00:33:07	01:05:44	01:28:59	02:01:57	02:26:13	5	00:01:33
8	MAZUR Paweł	648	AGROLOK SPORT TEAM/UKS TRS SUSZ	M25-29		00:14:57	00:29:59	7	00:02:26	00:10:11	00:33:53	01:06:56	01:30:56	02:05:25	02:31:05	19	00:01:43
9	EJSMONT Krzysztof	831	TRISPACE	M40-44	TRISPACE	00:16:53	00:34:04	29	00:02:29	00:09:36	00:32:47	01:06:04	01:30:07	02:04:01	02:28:23	9	00:01:12
10	HERMELIN Wojciech	529	KANCELARIA HMM	M35-39		00:16:17	00:33:06	21	00:02:26	00:10:00	00:33:45	01:06:39	01:30:11	02:04:13	02:29:44	13	00:01:18
	PELC Marcin	696	TRISPACE	M30-34		00:16:12	00:32:38	17	00:02:10	00:09:49	00:33:10	01:06:12	01:29:21	02:03:30	02:30:12	15	00:01:36
12	NAROŹNIK Maciej	650		M30-34		00:15:01	00:31:11	10	00:02:58	00:10:08	00:34:35	01:08:08	01:31:36	02:05:30	02:30:42	17	00:01:52
13	RYMER Jakub	563	KLINIKA TRIATHLONU BYDGOSZCZ	M30-34	Klinika Triathlonu Bydgoszcz	00:17:12	00:35:00	48	00:02:53	00:09:28	00:32:23	01:05:26	01:28:29	02:02:43	02:26:49	6	00:02:03
14	LEMKE Krzysztof	160	GDYŃSKI TRIATHLON	M40-44		00:17:04	00:34:27	38	00:02:11	00:09:32	00:32:38	01:05:31	01:29:02	02:03:05	02:28:26	10	00:01:53
15	ZIENKIEWICZ Janusz	557	TRISPACE / ALLIANZ TRIATHLON TEAM	M45-49	TRISPACE	00:16:21	00:33:12	22	00:02:49	00:10:13	00:34:29	01:08:06	01:31:56	02:05:23	02:29:35	12	00:01:34
16	SZUL Daniel	816	SOLANO	M35-39		00:17:51	00:36:30	78	00:02:51	00:09:34	00:33:02	01:06:03	01:29:31	02:03:13	02:27:22	8	00:01:38
17	WOLSKI Krzysztof	673		M35-39		00:14:03	00:29:01	2	00:02:46	00:09:55	00:34:02	01:07:50	01:32:48	02:09:04	02:36:05	36	00:02:07
18	NOSOWSKI Jacek	710		M40-44		00:15:59	00:32:40	19	00:02:51	00:10:05	00:34:33	01:09:03	01:33:35	02:08:42	02:34:01	30	00:01:43
19	KARWAŁA Łukasz	728	TTC	M40-44		00:15:37	00:31:56	12	00:03:01	00:11:11	00:34:22	01:08:00	01:32:18	02:08:22	02:34:31	31	00:01:47
	TUROWIEC Adam	821	UAM TRIATHLON POZNAŃ   APPETITEFORSPORTS.COM	M40-44		00:15:50	00:32:28	15	00:02:51	00:10:07	00:34:03	01:08:28	01:33:13	02:09:18	02:34:51	32	00:01:44
21	WIERZBOWSKI Krzysztof	532	MOTOINTEGRATOR RUNNING TEAM	M35-39		00:18:26	00:38:00	114	00:02:46	00:09:49	00:32:27	01:05:54	01:29:40	02:04:38	02:29:49	14	00:01:58
22	JACHIMEK Marcin	683	ZOO+	M35-39		00:17:33	00:35:47	59	00:03:00	00:10:23	00:34:14	01:08:22	01:32:24	02:06:43	02:31:44	22	00:02:25
23	WYSOCKI Rafał	551	SRITRI/TRIATHLON KONSULTING	M45-49		00:17:08	00:34:43	43	00:02:58	00:09:48	00:33:33	01:07:38	01:31:54	02:07:35	02:33:04	24	00:02:15
24	JABŁOŃSKI Jarosław	686	UKS TRS SUSZ/NADLEŚNICTWO SUSZ	M45-49		00:17:35	00:35:50	60	00:02:50	00:10:08	00:33:57	01:08:14	01:32:34	02:07:33	02:33:09	25	00:01:36
25	KNOTHE Adam	531	BUDSTOL INVEST	M45-49		00:20:00	00:40:35	183	00:02:32	00:09:44	00:33:39	01:06:42	01:30:13	02:04:38	02:29:28	11	00:01:34
26	ZIELIŃSKI Nicolas	755	OLIMPIASPORT.PL	M25-29		00:16:22	00:33:35	24	00:02:41	00:10:19	00:34:24	01:09:16	01:33:43	02:09:29	02:36:21	40	00:01:33

Poz.	Imię i nazwisko	Numer startowy	Klub	Kategoria	Wzrost	Swimming			Cycling					Total Time	Rank			
						Time	Score	Rank	Time	Score	Rank	Time	Score			Rank		
27	MUSZYTOWSKI Damian	642	TKT	M35-39	175	00:17:40	00:35:37	54	00:03:01	00:10:28	00:34:27	01:08:44	01:33:31	02:09:00	02:33:48	27	00:02:10	
28	SŁAWIŃSKI Grzegorz	709	MKL MARATON ŚWINOUJŚCIE	M35-39	175	00:18:40	00:38:16	118	00:03:30	00:09:51	00:33:48	01:07:52	01:31:53	02:06:32	02:31:38	21	00:01:15	
29	KWIATKOWSKI Rafał	736	KUZNIA TRIATHLONU	M35-39	175	00:16:45	00:34:07	30	00:02:44	00:10:05	00:34:30	01:09:34	01:34:29	02:10:41	02:36:20	39	00:01:52	
30	WOŹNIAK Aureliusz	503	AMS	M45-49	AMS	175	00:17:45	00:36:21	77	00:03:16	00:09:55	00:33:14	01:06:50	01:31:05	02:07:20	02:33:33	26	00:01:55
31	KOWALIKOWSKI Daniel	516		M25-29		175	00:17:54	00:37:33	106	00:02:37	00:10:33	00:34:40	01:09:41	01:33:11	02:08:33	02:33:52	28	00:01:17
32	TRAWCZYŃSKI Jacek	556	TRISPACE	M45-49	TRISPACE	175	00:18:15	00:37:00	93	00:02:36	00:10:08	00:34:23	01:08:53	01:33:14	02:08:37	02:33:57	29	00:01:54
33	ANDRZEJEWSKI Marcin	787		M30-34		175	00:18:55	00:38:03	116	00:03:35	00:10:00	00:33:27	01:07:11	01:31:32	02:05:48	02:31:36	20	00:02:43
34	BARTOSIEWICZ Tomasz	667	ARTURKUREK.PRO	M30-34		175	00:16:35	00:33:56	28	00:02:09	00:09:59	00:34:43	01:09:41	01:35:03	02:11:25	02:38:02	54	00:01:59
35	PORZYCH Rafał	511	RAFSON.TV	M18-24		175	00:17:32	00:35:58	64	00:03:06	00:09:50	00:33:55	01:09:59	01:34:46	02:09:51	02:35:47	35	00:01:45
36	POWAŻYŃSKI Arek	602	NEON TEAM	M35-39		175	00:17:29	00:35:20	51	00:02:42	00:10:07	00:34:39	01:09:43	01:34:47	02:10:50	02:37:16	47	00:01:46
37	LITAWA Jacek	654		M45-49		175	00:16:46	00:34:13	31	00:03:03	00:09:58	00:34:04	01:09:17	01:34:37	02:10:51	02:38:01	53	00:02:09
	MARTYNOWICZ Michał	550	TRISPACE	M45-49	TRISPACE	175	00:15:02	00:30:59	9	00:02:29	00:10:12	00:35:10	01:10:53	01:36:45	02:14:52	02:42:31	86	00:01:37
39	BANACH Marcin	839	3GRAVITY	M30-34	3Gravity	175	00:18:43	00:37:54	112	00:02:05	00:10:22	00:35:09	01:09:53	01:34:46	02:10:21	02:36:25	41	00:01:37
40	OSMOLIK Jarek	723	TRI ZARZA TEAM	M40-44		175	00:20:17	00:40:26	181	00:02:47	00:09:43	00:33:46	01:07:45	01:32:07	02:07:15	02:32:44	23	00:02:06
41	WOJCIECHOWSKI Mirosław	547		M35-39		175	00:17:19	00:35:58	65	00:03:56	00:10:08	00:34:07	01:09:03	01:34:14	02:10:22	02:36:25	42	00:01:52
42	SKRUDLIK Leszek	537	STOWARZYSZENIE FEBYS	M35-39		175	00:18:05	00:36:07	71	00:03:05	00:10:30	00:34:54	01:10:30	01:35:02	02:11:06	02:37:04	46	00:01:56
43	KOŁAKOWSKI Tomasz	577		M30-34		175	00:17:50	00:36:31	80	00:02:38	00:09:47	00:33:47	01:08:25	01:33:47	02:10:02	02:37:41	51	00:01:48
44	ŻUREK Jacek	742		M30-34		175	00:14:33	00:29:46	5	00:02:47	00:10:57	00:36:12	01:11:38	01:37:46	02:16:20	02:44:19	103	00:01:54
45	KRÓL Maciej	793	TRISPACE	M50-54	TRISPACE	175	00:19:23	00:39:13	147	00:02:56	00:10:35	00:34:48	01:09:23	01:33:44	02:09:17	02:35:13	33	00:01:26
46	BIENIEK Patryk	768	ZAWSZE COŚ NIE TAK	M35-39	Zawsze coś nie tak	175	00:17:47	00:36:11	73	00:03:01	00:09:51	00:33:43	01:08:31	01:33:40	02:10:55	02:38:02	55	00:02:06
47	PATALON Piotr	520	ORKAMASTERS	M45-49	OrkaMasters Ilawa	175	00:18:34	00:36:57	92	00:03:30	00:10:13	00:34:30	01:09:27	01:34:22	02:10:18	02:37:40	50	00:01:27
48	KLONOWSKI Tomasz	668	PLATAN	M40-44		175	00:19:03	00:38:41	130	00:02:40	00:10:26	00:35:13	01:10:10	01:34:45	02:10:44	02:36:15	38	00:02:13
49	DEPTUŁA Grzegorz	570	VII LICEUM OGÓLNOKSZTAŁCĄCE W BYDGOSZCZY	M35-39		175	00:17:25	00:34:57	47	00:02:43	00:10:35	00:35:28	01:11:15	01:36:54	02:13:29	02:40:42	72	00:01:40
50	JANKOWSKI Tomasz	623	TRISPACE	M45-49	TRISPACE	175	00:17:58	00:36:42	83	00:02:33	00:10:41	00:35:55	01:11:09	01:36:42	02:12:20	02:38:55	60	00:02:03
51	GOŁEMBIEWSKI Marek	587	B4SPORT/MUKS PIĘTNASTKA BYDGOSZCZ	M45-49		175	00:19:05	00:38:52	135	00:03:05	00:09:56	00:34:38	01:09:07	01:34:14	02:10:15	02:36:55	45	00:01:31
52	BYCH Maciej	624	TRIDEA TEAM	M40-44		175	00:16:58	00:34:15	32	00:04:06	00:11:02	00:35:38	01:11:20	01:36:30	02:12:50	02:38:16	57	00:03:47
53	SAWIEŁAJC Jakub	791	FUJI KRYSPORT TEAM	M18-24	FUJI KRYSPORT TEAM	175	00:16:09	00:33:04	20	00:02:55	00:10:27	00:35:36	01:11:01	01:36:55	02:14:35	02:42:10	83	00:02:17
54	JAUMIEŃ Łukasz	838		M30-34		175	00:16:20	00:33:46	26	00:03:02	00:10:15	00:35:43	01:11:55	01:37:50	02:14:47	02:41:45	80	00:01:53
55	KOWALSKI Dariusz	819	ZBZ ŻŁOTÓW	M50-54		175	00:18:39	00:38:57	138	00:03:19	00:10:12	00:34:42	01:09:19	01:33:52	02:09:52	02:35:40	34	00:02:31
56	SZYMAŃSKI Przemysław	514	REWIZOR TRI	M40-44		175	00:19:22	00:39:42	155	00:02:55	00:10:16	00:34:45	01:09:47	01:34:47	02:10:28	02:36:10	37	00:01:52
57	KAMIŃSKI Tomasz	653	AMS	M35-39	AMS	175	00:21:33	00:44:07	232	00:03:12	00:09:45	00:33:20	01:07:03	01:31:13	02:05:28	02:30:57	18	00:02:24
58	GAWRONSKI Roman	652		M35-39		175	00:17:17	00:34:28	39	00:03:08	00:10:15	00:34:59	01:10:52	01:36:06	02:12:55	02:39:25	63	00:03:40
59	SOSNOWSKI Jarosław	687	PTT DELTA	M35-39		175	00:14:11	00:29:19	4	00:03:07	00:10:33	00:35:44	01:11:52	01:38:18	02:16:53	02:45:32	118	00:02:50
60	GÓRECKI Tomasz	506	PTT DELTA	M30-34		175	00:15:39	00:32:19	14	00:03:20	00:10:36	00:36:32	01:13:08	01:38:45	02:16:38	02:43:58	99	00:01:30
61	KRUPIŃSKI Maciej	527		M35-39		175	00:18:13	00:36:00	66	00:03:25	00:10:08	00:34:25	01:11:11	01:35:39	02:11:19	02:38:07	56	00:03:40

				Swimming			Cycling							Race		
62	SENGER Robert	523	LTT LIPUSZ	M35-39	00:17:44	00:36:16	75	00:03:17	00:10:28	00:34:40	01:10:33	01:36:08	02:12:59	02:40:06	66	00:01:49
63	KRZEMIŃSKI Adam	573	WUEF TRI TEAM	M35-39	00:17:59	00:36:04	69	00:03:16	00:10:15	00:34:49	01:10:41	01:36:23	02:13:26	02:40:36	70	00:01:44
64	PONIKWIA Rafał	772	WM TRISELF	M30-34	00:17:09	00:34:49	45	00:03:46	00:10:22	00:36:00	01:11:33	01:36:57	02:13:33	02:40:08	67	00:03:00
65	BUCZEK Robert	799	TRIATHLON SIEDLCE CLUB	M40-44	00:18:12	00:36:46	84	00:05:05	00:10:27	00:35:10	01:10:27	01:35:28	02:11:12	02:36:52	44	00:03:12
66	KALICKI Edward	32	K.T.O. Z KRAKOWA	M50-54	00:19:38	00:38:58	139	00:03:06	00:10:02	00:34:06	01:08:29	01:33:26	02:10:58	02:37:36	48	00:02:33
67	DEBERT Jarek	782	TRINERGY TEAM	M35-39	00:19:33	00:39:28	152	00:03:19	00:10:48	00:35:32	01:10:45	01:36:10	02:11:55	02:37:58	52	00:01:36
	THOMANN Jacek	575	GOULTRA.PL	M30-34	00:19:42	00:39:46	158	00:02:59	00:10:17	00:34:47	01:09:59	01:35:18	02:11:52	02:38:19	59	00:01:20
69	CUPA Ireneusz	796	TRIATHLON KONSULTING	M45-49	00:19:27	00:40:10	174	00:03:28	00:09:55	00:33:45	01:08:16	01:33:35	02:10:39	02:37:37	49	00:01:52
70	WALCZAK Michał	567	3GRAVITY	M30-34	00:17:59	00:37:15	101	00:02:24	00:10:54	00:36:16	01:12:29	01:38:14	02:15:56	02:42:27	85	00:01:22
71	KUCHARSKI Łukasz	705	CELIRONMAN	M35-39	00:18:14	00:37:24	104	00:04:15	00:10:13	00:34:44	01:09:29	01:34:26	02:12:19	02:39:03	62	00:02:50
72	CHOLEWIŃSKI Dariusz	615	HURAGAN MIEDZYŃ	M40-44	00:20:39	00:41:11	188	00:02:48	00:09:42	00:33:22	01:08:16	01:33:40	02:10:41	02:38:16	58	00:01:42
73	KĄŻMIERCZAK Marcin	840	CELIRONMAN	M40-44	00:18:28	00:36:54	89	00:02:44	00:11:07	00:35:20	01:10:37	01:36:00	02:14:04	02:41:03	76	00:03:25
74	WACŁAWSKI Krzysztof	517	ORKAMASTERS IŁAWA	M50-54	00:16:42	00:34:25	35	00:02:50	00:10:20	00:35:24	01:12:03	01:37:35	02:15:58	02:44:35	107	00:02:21
75	ŁUBIAN Michał	752	CTL LOGISTICS	M40-44	00:17:57	00:36:37	81	00:04:04	00:10:26	00:35:48	01:10:27	01:36:00	02:13:29	02:41:03	75	00:02:29
76	ŻYWICKI Bartosz	814	DZIKI KOSZALIN	M35-39	00:19:07	00:38:22	122	00:04:07	00:10:11	00:35:00	01:10:20	01:35:58	02:13:01	02:40:00	64	00:01:48
77	PIESIK Dawid	704	ARRK	M25-29	00:16:56	00:35:25	52	00:03:51	00:10:20	00:35:24	01:11:26	01:37:32	02:14:53	02:42:18	84	00:02:50
78	IGNACZAK Piotr	820	TRISPACE	M45-49	00:18:10	00:36:56	90	00:02:48	00:10:21	00:35:47	01:11:53	01:37:47	02:15:52	02:43:16	93	00:01:37
79	BARCZYKOWSKI Szymon	753	SPOT	M30-34	00:16:59	00:34:27	37	00:03:05	00:10:21	00:35:53	01:12:21	01:38:36	02:16:50	02:45:24	116	00:01:46
80	KAPUSNIAK Tomasz	559	TAK DLA TRANSPLANTACJI	M40-44	00:18:08	00:36:54	88	00:03:18	00:10:44	00:35:30	01:11:06	01:36:27	02:14:08	02:41:49	81	00:02:43
81	ČERNÝ Jiří	833	APM	M40-44	00:18:26	00:37:19	102	00:03:52	00:10:31	00:36:00	01:11:24	01:37:08	02:13:51	02:40:09	68	00:03:24
82	MATEUSIAK Tomasz	765	KB LUPUS OLEŚNICA	M35-39	00:18:47	00:37:41	108	00:04:48	00:10:36	00:36:07	01:12:23	01:37:46	02:14:06	02:40:21	69	00:02:36
83	WDOWIAK Kamil	777	KLINIKA TRIATHLONU	M25-29	00:18:23	00:36:51	86	00:02:59	00:10:33	00:35:11	01:11:30	01:37:33	02:16:04	02:43:07	91	00:02:41
84	NIC Jakub	545		M40-44	00:18:43	00:37:11	98	00:05:12	00:09:50	00:34:14	01:08:49	01:34:24	02:12:07	02:39:01	61	00:04:28
85	RUPIETA Maksym	674	WUEF TRI TEAM	M40-44	00:16:48	00:33:52	27	00:03:27	00:11:26	00:37:29	01:14:10	01:40:53	02:18:48	02:45:27	117	00:03:27
86	JABŁOŃSKI Marcin	722	FUJI KRYSPORT TEAM	M45-49	00:20:02	00:40:02	168	00:02:37	00:10:28	00:35:34	01:11:50	01:37:29	02:15:19	02:41:52	82	00:01:47
87	SZAFRAŃSKI Michał	589		M40-44	00:18:17	00:37:14	100	00:05:04	00:10:40	00:35:54	01:12:00	01:37:31	02:14:46	02:41:06	77	00:03:06
88	PIEKARSKI Paweł	515		M25-29	00:15:52	00:32:39	18	00:02:37	00:10:33	00:35:49	01:12:10	01:39:14	02:18:34	02:49:06	148	00:02:10
89	IGNACZAK Jarosław	513	KAPLAST SP. Z O.O.	M35-39	00:19:33	00:40:37	184	00:03:30	00:10:06	00:35:10	01:10:23	01:35:46	02:13:24	02:40:39	71	00:01:47
90	KIELCZYŃSKI Andrzej	564	HUBSTA	M30-34	00:17:00	00:34:47	44	00:03:11	00:10:14	00:36:05	01:14:56	01:41:06	02:19:34	02:47:19	133	00:01:36
91	AUGUSTYŃIAK Grzegorz	588	PTT DELTA	M45-49	00:17:01	00:35:07	49	00:04:00	00:10:24	00:35:14	01:11:28	01:38:22	02:16:56	02:45:38	119	00:02:27
92	WIERZYŃSKI Damian	510	EXIMO EXTREME TEAM	M30-34	00:19:02	00:38:53	136	00:02:55	00:10:32	00:35:50	01:12:09	01:38:14	02:16:31	02:43:50	98	00:01:51
93	KLOMFAS Miron	800	TRISPACE	M40-44	00:18:32	00:37:10	97	00:02:48	00:10:40	00:37:07	01:13:29	01:40:13	02:18:14	02:45:48	120	00:01:59
94	WŁODARCZAK Witold	823	TRISPACE	M55-59	00:19:32	00:40:22	180	00:02:53	00:10:07	00:35:03	01:11:28	01:37:24	02:15:36	02:43:11	92	00:01:30
95	ALSKI Łukasz	661		M30-34	00:17:08	00:35:29	53	00:04:02	00:10:30	00:36:07	01:12:07	01:39:47	02:18:47	02:46:00	123	00:02:43
96	BENTKOWSKI Marcin	809	TRIPOWER	M30-34	00:18:03	00:37:21	103	00:03:18	00:11:11	00:37:23	01:14:11	01:40:25	02:18:33	02:45:50	121	00:01:55
	KARWACKI Paweł	815	TRISPACE/SOLANO	M35-39	00:20:16	00:40:07	171	00:02:43	00:10:13	00:34:41	01:11:00	01:37:11	02:16:11	02:43:41	96	00:01:57
98	STALICA Wojciech	675	IZO-ERG	M45-49	00:19:04	00:38:09	117	00:03:45	00:10:22	00:35:40	01:12:30	01:38:51	02:17:42	02:44:53	109	00:01:56
99	RYBAK Remigiusz	612		M40-44	00:20:20	00:41:51	194	00:04:11	00:10:05	00:34:52	01:10:26	01:36:15	02:13:28	02:40:43	73	00:02:13

				Swimming			Cycling							Race		
100	LIZIK Radosław	684	TRISPACE	M40-44	00:20:01	00:39:59	167	00:04:15	00:10:40	00:36:14	01:12:43	01:38:36	02:16:23	02:42:43	89	00:02:03
101	KASTRAU Tomasz	574		M35-39	00:15:40	00:32:33	16	00:03:16	00:10:32	00:36:54	01:13:35	01:40:12	02:21:30	02:51:51	167	00:01:42
102	GIBA Grzegorz	827	GB GALOPUJĄCE ŚLIMAKI	M45-49	00:18:09	00:35:40	55	00:04:02	00:11:02	00:37:32	01:14:52	01:41:54	02:19:59	02:47:52	135	00:02:06
103	HERMANOWICZ Cezary	641	SBR TEAM EŁK	M30-34	00:17:22	00:36:19	76	00:02:49	00:10:31	00:36:51	01:13:33	01:40:56	02:20:35	02:48:38	142	00:02:09
104	KARALIUK Andrei	767		M35-39	00:19:02	00:38:18	119	00:04:07	00:11:01	00:37:49	01:15:14	01:41:09	02:19:29	02:45:56	122	00:01:45
105	PŁÓCIENNIK Dominik	743		M25-29	00:18:52	00:38:35	127	00:04:34	00:10:38	00:36:19	01:12:51	01:39:12	02:17:54	02:45:03	111	00:01:57
106	KAPRAL Rafał	843	PEHAMOT SKODA SZCZECIN	M45-49	00:18:23	00:37:08	96	00:04:35	00:10:54	00:36:45	01:13:39	01:40:18	02:19:27	02:46:28	125	00:02:31
107	MUCHA Aleksander	512	SALAMANDER RUNNING TEAM	M30-34	00:19:11	00:38:45	131	00:04:44	00:10:33	00:35:46	01:11:26	01:37:34	02:16:22	02:44:26	106	00:02:50
108	PIETROWICZ Krzysztof	636	BIG FAMILY	M40-44	00:19:59	00:40:03	169	00:03:52	00:10:14	00:35:18	01:11:06	01:37:10	02:16:06	02:44:21	104	00:02:31
109	MALESKA Adam Wiktor	651		M18-24	00:19:07	00:38:49	132	00:04:22	00:10:19	00:35:15	01:11:55	01:38:52	02:17:17	02:44:57	110	00:02:49
110	NOWAKOWSKI Arkadiusz	741	TRIATHLON SIEDLCE CLUB	M35-39	00:19:14	00:39:26	151	00:03:49	00:10:22	00:36:06	01:12:43	01:39:04	02:17:15	02:45:10	112	00:02:37
111	GÓRNY Wojciech	811	TRISPACE/ADAMED	M45-49	00:18:34	00:37:32	105	00:02:53	00:11:33	00:38:17	01:15:38	01:42:47	02:21:12	02:48:37	141	00:02:01
112	KRZESAK Adam	760	NEON TEAM	M40-44	00:18:04	00:36:41	82	00:04:10	00:10:54	00:37:16	01:14:30	01:41:02	02:19:54	02:48:17	137	00:01:59
113	WROTEK Mirosław	640		M50-54	00:20:54	00:41:26	191	00:04:32	00:10:26	00:35:56	01:11:51	01:37:37	02:15:30	02:43:06	90	00:02:08
114	DUSIŃSKI Krzysztof	637	TRIREM	M35-39	00:19:01	00:39:13	146	00:04:43	00:10:05	00:35:20	01:14:26	01:40:15	02:17:40	02:44:03	100	00:03:14
115	WIŚNIEWSKI Zbigniew	829	BRZOZA BIEGA	M50-54	00:21:33	00:43:18	217	00:03:40	00:10:15	00:35:07	01:10:59	01:35:59	02:13:08	02:40:02	65	00:04:18
116	BARANOWSKI Roman	522	WYZWANIE TYLKO 31	M45-49	00:14:59	00:30:24	8	00:05:39	00:11:14	00:38:15	01:16:26	01:43:22	02:23:02	02:52:07	169	00:03:27
117	GAJEWSKI Jarosław	826	AUTEX BYDGOSZCZ	M50-54	00:19:00	00:38:33	126	00:04:05	00:10:47	00:36:49	01:14:20	01:40:50	02:19:04	02:46:52	128	00:02:09
118	PUSTÓŁ Maciej	678	ADECCO	M35-39	00:19:04	00:38:30	125	00:06:00	00:11:05	00:36:31	01:13:29	01:38:56	02:17:03	02:43:30	94	00:04:12
119	OCHENDAL Maciej	714	TRISPACE	M35-39	00:19:41	00:39:54	163	00:03:07	00:10:22	00:35:27	01:12:33	01:39:54	02:18:52	02:47:15	132	00:02:26
120	KEMNITZ Marcin	580	3GRAVITY	M35-39	00:22:27	00:46:28	259	00:03:08	00:10:14	00:34:55	01:10:58	01:36:17	02:13:58	02:40:44	74	00:02:27
	ZENGTELER Wojciech	807	LOTOS RUNNING TEAM / SMARUJ NA TRENING TEAM	M35-39	00:16:42	00:34:36	42	00:03:49	00:10:46	00:37:18	01:15:28	01:43:24	02:23:31	02:52:09	170	00:02:15
122	KRASUSKI Mirosław	725	TRIATHLON SIEDLCE CLUB	M50-54	00:21:25	00:43:06	215	00:03:44	00:10:30	00:36:28	01:13:01	01:39:05	02:17:17	02:44:04	101	00:01:56
123	LESISZ Bartłomiej	795		M35-39	00:19:07	00:37:58	113	00:04:37	00:10:46	00:37:34	01:14:57	01:40:57	02:19:56	02:48:03	136	00:02:13
124	ROS Piotr	734		M30-34	00:18:20	00:37:12	99	00:04:07	00:10:46	00:36:38	01:13:27	01:39:58	02:20:11	02:48:21	139	00:03:14
125	LICZNIERSKI Marek	660	TRIATHLONISTA.COM	M30-34	00:16:55	00:34:26	36	00:03:29	00:10:42	00:37:44	01:14:58	01:43:15	02:24:51	02:53:20	178	00:02:16
126	ŚWIDERSKI Jacek	737	ALWAYS WILD TEAM	M40-44	00:17:48	00:36:03	68	00:04:39	00:11:32	00:38:38	01:16:59	01:43:16	02:21:55	02:50:51	157	00:02:15
127	MĄDRY Marcin	715	TTC CZĘSTOCHOWA	M30-34	00:17:38	00:36:04	70	00:02:35	00:10:58	00:35:57		02:52:03				
128	LISIECKI Jacek	694		M45-49	00:20:20	00:42:26	206	00:05:08	00:10:35	00:36:24	01:12:50	01:38:59	02:17:18	02:44:26	105	00:01:52
129	STRACH Wiktor	804	NIEZRZESZONY	M45-49	00:19:36	00:39:04	142	00:04:02	00:10:52	00:37:13	01:14:06	01:40:33	02:20:20	02:48:33	140	00:02:23
130	SANIGÓRSKI Krzysztof	533	NEVERLAND	M40-44	00:21:31	00:45:47	251	00:04:39	00:10:44	00:36:38	01:13:21	01:39:08	02:16:10	02:42:39	88	00:01:58
131	CHACUS Adrian	774	TRISPORTOWY.COM	M40-44	00:19:34	00:40:11	175	00:03:35	00:10:46	00:37:20	01:15:40	01:42:54	02:21:32	02:48:55	147	00:02:25
132	RYCHARSKI Bartosz	519		M35-39	00:21:26	00:42:59	214	00:03:23	00:09:53	00:34:34	01:11:15	01:37:52	02:16:56	02:46:24	124	00:02:31
133	KNAPIK Mariusz	818	TEAM CZĘSTOCHOWA	M40-44	00:18:42	00:37:49	111	00:04:19	00:11:03	00:37:14	01:15:24	01:42:24	02:23:03	02:51:03	161	00:02:10
134	SZYMONEK Mirosław	719	TRIDEA	M55-59	00:23:17	00:47:03	266	00:04:37	00:10:28	00:35:55	01:12:34	01:38:21	02:15:21	02:41:07	78	00:02:45
	MAGDZIARZ Jakub	699	KANCELARIA-HMM	M35-39	00:16:50	00:34:18	33	00:02:21	00:09:58	00:34:04	01:08:16					
136	ZAWIEJA Bartosz	672	TORUŃSKI KLUB TRIATHLONOWY	M40-44	00:17:26	00:35:46	56	00:03:44	00:10:58	00:35:52	01:12:21	01:39:42	02:22:32	02:52:39	176	00:03:28

				Swimming			Cycling						Race			
ID	Name	Age	Team	Sex	Time	Rank	Start	Time	Rank	Time	Rank	Time	Rank	Time		
137	LUDWINIAK Bogdan	501	HURTINEX	M	00:19:13	00:39:09	145	00:03:12	00:10:55	00:36:10	01:14:15	01:41:41	02:22:42	02:51:08	163	00:02:11
138	GRUBA Marek	639		M	00:19:45	00:40:06	170	00:03:54	00:10:58	00:37:29	01:15:31	01:42:10	02:21:29	02:49:30	150	00:02:20
139	BEDYK Ireneusz	535	PTT DELTA	M	00:21:41	00:43:55	229	00:04:54	00:10:42	00:36:27	01:12:23	01:38:51	02:16:40	02:45:11	114	00:02:10
140	IWICKI Paweł	842	KLINIKA TRIATHLONU BYDGOSZCZ	M	00:20:08	00:40:13	177	00:03:34	00:10:27	00:36:43	01:14:51	01:42:16	02:22:34	02:50:56	160	00:01:42
141	ANTKOWIAK Bartosz	507	TCMS PESA BYDGOSZCZ	M	00:21:45	00:43:34	222	00:02:31	00:10:21	00:36:25	01:13:52	01:40:14	02:19:19	02:47:08	131	00:03:21
142	TALBIERZ Piotr	631	P&P	M	00:20:46	00:41:13	189	00:04:07	00:10:38	00:36:27	01:14:34	01:41:43	02:20:30	02:48:46	143	00:02:33
143	DAMSKI Łukasz	592	GARDENFLORA MTB TEAM	M	00:21:33	00:43:48	226	00:02:26	00:10:28	00:36:55	01:14:12	01:41:12	02:19:29	02:48:19	138	00:02:10
144	TAZBIR Mariusz	701		M	00:17:19	00:35:53	62	00:03:38	00:12:32	00:39:48	01:18:52	01:46:43	02:26:25	02:55:19	187	00:01:57
145	KOZŁOWSKI Marcin	688		M	00:16:47	00:34:52	46	00:03:35	00:10:46	00:37:17	01:16:01	01:44:38	02:27:01	02:56:52	191	00:01:52
146	KLAPUCH Michał	712		M	00:18:13	00:37:06	95	00:04:39	00:11:19	00:38:00	01:16:07	01:43:38	02:23:51	02:52:29	173	00:03:14
147	SZYMAŃSKI Piotr	731		M	00:18:19	00:38:28	123	00:05:31	00:11:03	00:36:45	01:14:38	01:42:09	02:21:33	02:50:14	152	00:03:19
148	MIELCAREK Maciej	598	MIELCARKS	M	00:19:10	00:40:21	179	00:05:31	00:10:57	00:37:27	01:15:41	01:42:30	02:21:20	02:48:52	146	00:02:58
149	KLÓSKA Jarek	788		M	00:19:56	00:39:51	160	00:03:41	00:11:03	00:37:28	01:16:00	01:43:13	02:23:25	02:52:11	171	00:02:24
150	KAMIŃSKI Radosław	726	WUEF TRI TEAM	M	00:20:58	00:43:22	219	00:05:14	00:10:48	00:37:29	01:14:45	01:41:07	02:19:44	02:46:44	126	00:02:48
151	STACHOWSKI Sebastian	778	BIEGAM BO LUBIĘ ZĄBKI TEAM	M	00:19:16	00:39:05	143	00:04:40	00:11:53	00:38:42	01:17:23	01:43:42	02:23:05	02:51:37	165	00:02:46
152	KUC Krzysztof	766	TRIREM	M	00:21:14	00:43:32	221	00:05:38	00:10:37	00:35:34	01:12:04	01:37:55	02:16:24	02:43:32	95	00:05:43
153	MISZTELA Tomasz	628	PTT DELTA	M	00:22:16	00:46:04	255	00:04:41	00:10:27	00:35:42	01:12:04	01:38:15	02:16:43	02:45:15	115	00:02:28
154	WAKUŁA Marek	794	TRIATHLON SIEDLCE CLUB	M	00:19:38	00:39:41	154	00:04:02	00:10:46	00:37:20	01:16:01	01:43:34	02:23:54	02:52:25	172	00:02:40
	LEŚNIEWSKI Piotr	730	NEONTEAM	M	00:18:30	00:38:19	120	00:03:22	00:11:15	00:38:07	01:17:48	01:44:54	02:25:29	02:54:50	185	00:02:24
156	KRUCZKOWSKI Piotr	834	FUJI KRYSPORT TEAM	M	00:22:38	00:45:15	245	00:02:31	00:10:38	00:35:51	01:14:01	01:41:06	02:21:22	02:49:46	151	00:01:50
157	BUDZIŁO Adam	543	PTT DELTA	M	00:18:14	00:36:57	91	00:04:21	00:11:18	00:37:33	01:16:18	01:44:44	02:25:23	02:54:45	184	00:03:25
158	WICENBACH Arkadiusz	797	PRUSZCZ BIEGA	M	00:21:52	00:46:31	261	00:03:43	00:10:28	00:36:11	01:13:45	01:40:02	02:18:27	02:47:24	134	00:02:11
159	TYMIŃSKI Dariusz	739	TRITECH	M	00:22:13	00:45:30	249	00:03:32	00:10:55	00:37:31	01:15:02	01:42:24	02:21:10	02:49:08	149	00:01:42
	NOWICKI Wojciech	798	BYDGOSZCZ TRIATHLON TEAM / TRIATHLON KONSULTING	M	00:20:28	00:42:07	200	00:03:28	00:11:01	00:38:12	01:16:51	01:44:45	02:24:14	02:52:36	175	00:01:55
161	SZLENDAK Krzysztof	634	WYSOKIE MAZOWIECKIE	M	00:20:31	00:41:54	195	00:05:24	00:11:25	00:38:29	01:16:49	01:44:10	02:22:42	02:50:15	153	00:02:34
162	WIECZOREK Łukasz	680	RUN4FUN WWW.BYTPAK.PL	M	00:21:03	00:42:59	213	00:03:50	00:10:41	00:38:03	01:16:40	01:43:48	02:22:46	02:50:34	155	00:02:53
163	KAZIMIERCZYK Adam	643	PTT DELTA	M	00:20:27	00:39:57	165	00:05:28	00:10:55	00:37:14	01:15:51	01:43:39	02:23:46	02:51:49	166	00:03:19
164	ŁUCZAK Paweł	525	TKKF KOLEJARZ BYDGOSZCZ	M	00:20:01	00:40:27	182	00:03:01	00:11:10	00:37:29	01:16:05	01:43:31	02:24:02	02:53:39	181	00:03:30
	KALISKI Kamil	747	AGROLOK SPORT TEAM	M	00:19:06	00:39:04	141	00:03:24	00:10:50	00:36:05	01:13:38	01:42:03	02:24:24	02:53:36	179	00:04:52
166	ĆWIK Darek	771	HUSSE TEAM	M	00:19:09	00:38:19	121	00:04:47	00:11:20	00:39:31	01:19:23	01:47:32	02:27:32	02:55:36	188	00:02:17
167	SZRAJDA Marcin	733	TRIFRIENDS	M	00:20:03	00:40:16	178	00:02:54	00:11:18	00:38:25	01:18:11	01:46:12	02:27:17	02:55:39	189	00:02:13
168	GIERACH Marcin	801	TRISPACE	M	00:23:47	00:48:47	275	00:02:57	00:10:28	00:35:54	01:13:25	01:40:05	02:17:42	02:45:10	113	00:04:15
169	DYBOWSKI Bartosz	572	GENPOWER	M	00:16:03	00:33:40	25	00:03:43	00:11:44	00:40:24	01:21:48	01:50:51	02:32:52	03:01:22	212	00:02:41
170	ZACHWIEJA Piotr	657		M	00:21:34	00:43:23	220	00:03:18	00:11:09	00:38:00	01:15:37	01:42:48	02:23:14	02:52:31	174	00:02:27
171	SZYMANOWSKI Krzysztof	565	WUEF TRITEAM	M	00:22:22	00:45:03	242	00:05:59	00:11:15	00:36:54	01:13:54	01:40:27	02:18:57	02:46:59	130	00:03:54
172	KUTOWSKI Przemysław	613		M	00:20:53	00:42:50	212	00:04:52	00:10:59	00:38:21	01:17:03	01:44:48	02:24:06	02:51:25	164	00:02:51
173	NOWAK Dawid	554		M	00:19:15	00:38:39	129	00:03:10	00:10:58	00:38:28	01:17:04	01:45:26	02:27:27	02:57:08	193	00:03:10
174	JANIAK Marek	780		M	00:19:25	00:39:25	150	00:07:37	00:11:13	00:38:09	01:15:52	01:43:12	02:23:00	02:51:59	168	00:03:16
175	MIELCAREK Tomasz	591	MIELCARKS	M	00:20:17	00:41:18	190	00:06:23	00:10:44	00:37:13	01:14:40	01:42:01	02:21:43	02:50:52	158	00:03:53



				Swimming			Cycling						Race			
176	<b>CHĘCIŃSKI Marek</b>	<b>638</b>	#NEVERGIVEUP	M35-39	00:19:37	<b>00:39:45</b>	157	00:07:48	00:10:47	00:37:09	01:15:29	01:43:25	02:23:18	<b>02:50:48</b>	<b>156</b>	00:04:06
177	<b>STOLIŃSKI Dominik</b>	<b>549</b>	VEGE RUNNERS	M40-44	00:22:42	<b>00:46:31</b>	260	00:03:25	00:11:40	00:37:59	01:16:08	01:43:10	02:21:55	<b>02:50:27</b>	<b>154</b>	00:02:09
178	<b>MIELCAREK Jędrzej</b>	<b>604</b>	MIELCARKS	M25-29	00:20:09	<b>00:41:44</b>	193	00:05:54	00:10:49	00:37:07	01:14:45	01:42:06	02:21:42	<b>02:50:54</b>	<b>159</b>	00:04:02
179	<b>MOSIŃSKI Michał</b>	<b>658</b>	HAWAJSKIE REKINY	M30-34	00:20:10	<b>00:42:30</b>	207	00:03:31	00:10:45	00:37:24	01:16:29	01:44:09	02:24:58	<b>02:54:25</b>	<b>183</b>	00:02:14
180	<b>KACPERSKI Mirosław</b>	<b>579</b>	PARKRUN POLSKA	M55-59	00:20:25	<b>00:42:08</b>	201	00:03:55	00:11:13	00:38:14	01:17:11	01:44:06	02:24:54	<b>02:53:13</b>	<b>177</b>	00:03:44
181	<b>JÓZWIAK Marek</b>	<b>762</b>	FUJI KRYSPOORT TEAM	M50-54	00:23:51	<b>00:48:37</b>	273	00:04:23	00:10:43	00:35:47	01:12:33	01:39:54	02:19:15	<b>02:46:44</b>	<b>127</b>	00:03:19
182	<b>HAIZE Tomasz</b>	<b>740</b>	ARRK	M40-44	00:18:57	<b>00:38:49</b>	133	00:03:42	00:10:57	00:38:07	01:18:19	01:47:01	02:28:51	<b>02:58:40</b>	<b>203</b>	00:02:28
183	<b>MOSKAL Aleksander</b>	<b>530</b>		M55-59	00:17:38	<b>00:36:02</b>	67	00:04:13	00:11:33	00:39:11	01:18:35	01:47:33	02:29:39	<b>03:00:41</b>	<b>208</b>	00:03:11
184	<b>DZEDZEJ Bartłomiej</b>	<b>790</b>	KK ASTORIA	M30-34	00:17:58	<b>00:36:14</b>	74	00:04:40	00:11:15	00:39:01	01:18:48	01:47:27	02:29:54	<b>03:00:46</b>	<b>209</b>	00:02:33
185	<b>NADOBNIK Konrad</b>	<b>645</b>		M35-39	00:22:17	<b>00:43:50</b>	227	00:04:03	00:10:29	00:36:22	01:13:52	01:40:13	02:21:52	<b>02:53:42</b>	<b>182</b>	00:02:40
186	<b>RZYMSKI Jakub</b>	<b>581</b>		M18-24	00:19:19	<b>00:40:08</b>	173	00:03:39	00:10:49	00:38:46	01:18:27	01:46:28	02:27:44	<b>02:58:33</b>	<b>202</b>	00:02:34
187	<b>POCIEJ Bohdan</b>	<b>748</b>	PTT DELTA	M60-64	00:18:55	<b>00:39:08</b>	144	00:04:41	00:11:07	00:37:55	01:17:05	01:45:47	02:27:14	<b>02:58:31</b>	<b>201</b>	00:02:41
188	<b>SULKA Paweł</b>	<b>526</b>	AZAGO	M40-44	00:22:56	<b>00:45:20</b>	248	00:03:21	00:11:26	00:39:03	01:18:26	01:46:25	02:25:47	<b>02:53:37</b>	<b>180</b>	00:02:53
189	<b>PACANA Krzysztof</b>	<b>618</b>		M30-34	00:19:39	<b>00:39:54</b>	162	00:04:47	00:11:59	00:39:46	01:19:29	01:47:47	02:28:31	<b>02:57:57</b>	<b>196</b>	00:02:40
190	<b>ZEGARSKI Arkadiusz</b>	<b>539</b>		M45-49	00:19:11	<b>00:38:38</b>	128	00:04:30	00:11:04	00:37:54	01:17:24	01:47:04	02:28:59	<b>02:59:00</b>	<b>204</b>	00:03:11
191	<b>CZERNICKI Jakub</b>	<b>671</b>		M35-39	00:18:41	<b>00:38:55</b>	137	00:05:49	00:11:19	00:38:50	01:18:23	01:46:43	02:28:18	<b>02:58:18</b>	<b>199</b>	00:03:07
192	<b>KITKOWSKI Piotr</b>	<b>695</b>		M40-44	00:19:46	<b>00:39:22</b>	148	00:02:48	00:11:10	00:38:49	01:19:21	01:48:09	02:30:42	<b>03:01:49</b>	<b>213</b>	00:02:25
193	<b>ZIÓŁKOWSKI Andrzej</b>	<b>610</b>		M35-39	00:22:33	<b>00:47:02</b>	265	00:08:19	00:11:08	00:36:52	01:14:31	01:41:21	02:21:25	<b>02:48:47</b>	<b>144</b>	00:04:32
194	<b>FRYDRYSZEK Michał</b>	<b>810</b>	TRIPOWER	M25-29	00:20:38	<b>00:41:57</b>	198	00:04:28	00:11:16	00:39:10	01:19:59	01:49:05	02:30:35	<b>02:59:49</b>	<b>205</b>	00:02:38
195	<b>NOWICKI Adam</b>	<b>607</b>	PENTEL- TEAM	M45-49	00:20:33	<b>00:41:41</b>	192	00:04:01	00:11:43	00:39:47	01:20:30	01:49:18	02:30:20	<b>02:59:50</b>	<b>206</b>	00:03:38
196	<b>PASAKALIK Jarosław</b>	<b>749</b>		M40-44	00:19:57	<b>00:40:07</b>	172	00:07:44	00:11:10	00:38:47	01:18:01	01:46:11	02:26:42	<b>02:56:32</b>	<b>190</b>	00:05:00
197	<b>MĄDEREK Bogusz</b>	<b>784</b>		M18-24	00:22:39	<b>00:46:25</b>	258	00:04:37	00:10:55	00:38:54	01:19:08	01:47:43	02:28:03	<b>02:57:14</b>	<b>194</b>	00:01:47
198	<b>MARKOV Alexey</b>	<b>528</b>	TRI-TEAM SSV ETTLINGEN	M35-39	00:24:35	<b>00:51:00</b>	286	00:05:39	00:11:35	00:38:43	01:17:43	01:44:50	02:23:45	<b>02:51:06</b>	<b>162</b>	00:02:58
199	<b>LEBIODA Adam</b>	<b>754</b>		M45-49	00:18:02	<b>00:36:52</b>	87	00:03:56	00:11:34	00:39:16	01:19:04	01:48:19	02:36:52	<b>03:07:49</b>	<b>234</b>	00:02:18
200	<b>RZEPKA Marek</b>	<b>677</b>		M45-49	00:22:44	<b>00:45:55</b>	253	00:04:17	00:11:11	00:37:54	01:19:11	01:48:32	02:28:37	<b>02:57:58</b>	<b>197</b>	00:02:49
201	<b>DYLIK Marcin</b>	<b>718</b>	CELIRONMAN	M35-39	00:18:33	<b>00:37:41</b>	107	00:03:54	00:11:25	00:39:43	01:21:30	01:51:21	02:36:03	<b>03:06:49</b>	<b>229</b>	00:02:47
202	<b>KODZIS Piotr</b>	<b>544</b>		M40-44	00:19:37	<b>00:39:23</b>	149	00:05:55	00:11:14	00:39:32	01:21:51	01:52:03	02:34:11	<b>03:03:28</b>	<b>215</b>	00:03:11
203	<b>KLOCKIEWICZ Zbyszko</b>	<b>633</b>	PŁONĄCE RACICE	M25-29	00:19:05	<b>00:38:01</b>	115	00:03:43	00:10:54	00:38:24	01:22:26	01:52:14	02:36:04	<b>03:07:17</b>	<b>232</b>	00:03:26
204	<b>SIEMIŃSKI Radosław</b>	<b>721</b>	GTX TEAM	M35-39	00:19:43	<b>00:40:42</b>	186	00:03:52	00:12:00	00:40:04	01:22:25	01:51:31	02:35:19	<b>03:05:45</b>	<b>224</b>	00:02:10
205	<b>MALICKI Krzysztof</b>	<b>830</b>	AT- AKTYWNY TRZEBIATÓW	M40-44	00:24:20	<b>00:49:06</b>	278	00:04:20	00:11:25	00:38:44	01:19:24	01:47:02	02:28:19	<b>02:56:55</b>	<b>192</b>	00:03:07
206	<b>RYBKOWSKI Grzegorz</b>	<b>553</b>	WTP	M50-54	00:23:05	<b>00:46:57</b>	262	00:04:54	00:10:28	00:36:22	01:14:35	01:43:52	02:27:34	<b>02:58:25</b>	<b>200</b>	00:03:14
207	<b>WRZESZCZ Adrian</b>	<b>702</b>	CELIRONMAN	M40-44	00:18:01	<b>00:37:03</b>	94	00:05:21	00:11:33	00:40:59	01:21:37	01:51:28	02:36:08	<b>03:08:34</b>	<b>238</b>	00:02:37
208	<b>ZUBIK Michał</b>	<b>700</b>		M40-44	00:22:14	<b>00:44:41</b>	238	00:06:40	00:11:43	00:39:57	01:20:35	01:49:53	02:31:14	<b>03:00:51</b>	<b>210</b>	00:02:10
209	<b>KABAT Błażej</b>	<b>609</b>	TRISPACE	M30-34	00:20:08	<b>00:42:21</b>	205	00:03:39	00:10:44	00:37:29	01:17:30	01:47:16	02:32:24	<b>03:06:25</b>	<b>227</b>	00:02:18
210	<b>CIUPA Jarosław</b>	<b>629</b>	ARRK	M45-49	00:21:28	<b>00:42:11</b>	204	00:05:12	00:11:32	00:39:31	01:20:47	01:49:43	02:33:03	<b>03:04:01</b>	<b>216</b>	00:03:31
211	<b>KARKOSZKA Marcin</b>	<b>735</b>	KLUB SPORTOWY FABRYKA BIEGANIA OSTRÓW WIELKOPOLSKI	M25-29	00:20:42	<b>00:42:02</b>	199	00:05:04	00:11:31	00:40:15	01:21:20	01:51:55	02:34:10	<b>03:05:08</b>	<b>219</b>	00:03:51
212	<b>STĘPNIAK Krzysztof</b>	<b>601</b>	OPONEO	M40-44	00:21:57	<b>00:47:18</b>	269	00:05:16	00:11:48	00:40:04	01:20:02	01:48:48	02:30:34	<b>03:00:55</b>	<b>211</b>	00:02:41
213	<b>NURKIEWICZ Jarosław</b>	<b>578</b>	KUNG FU PANDY 3	M45-49	00:20:54	<b>00:43:10</b>	216	00:03:33	00:11:56	00:41:20	01:24:11	01:54:22	02:37:15	<b>03:08:20</b>	<b>237</b>	00:02:31
214	<b>KUĆ Jarosław</b>	<b>679</b>	KWISA LUBAŃ	M35-39	00:23:25	<b>00:47:11</b>	267	00:04:43	00:12:01	00:40:34	01:19:45	01:48:24	02:30:10	<b>03:00:25</b>	<b>207</b>	00:05:46

				Swimming			Cycling							Race		
215	<b>CZARNIECKI Kamil</b>	<b>605</b>	ZARZĄD	M35-39	00:22:42	<b>00:46:18</b>	257	00:04:32	00:11:19	00:39:06	01:21:21	01:51:24	02:35:17	<b>03:05:37</b>	<b>223</b>	00:02:47
216	<b>CHUPINA Sergii</b>	<b>706</b>		M35-39	00:21:46	<b>00:43:52</b>	228	00:05:37	00:12:21	00:40:37	01:21:42	01:50:58	02:35:18	<b>03:06:27</b>	<b>228</b>	00:03:28
217	<b>MARCHENKO Dmutriy</b>	<b>664</b>	AMBERMAN	M35-39	00:20:12	<b>00:42:09</b>	202	00:04:26	00:11:18	00:39:56	01:21:20	01:52:53	02:38:59	<b>03:11:12</b>	<b>245</b>	00:02:17
218	<b>PREUSS Daniel</b>	<b>693</b>	ATOS	M40-44	00:19:19	<b>00:39:39</b>	153	00:06:36	00:12:06	00:41:27	01:24:29	01:55:11	02:38:47	<b>03:10:59</b>	<b>244</b>	00:02:54
219	<b>SZYMCZAK Jakub</b>	<b>656</b>		M30-34	00:21:55	<b>00:44:16</b>	234	00:06:02	00:11:27	00:39:58	01:21:59	01:52:22	02:35:12	<b>03:07:14</b>	<b>231</b>	00:02:50
220	<b>GRUBA Jacek</b>	<b>626</b>		M55-59	00:23:14	<b>00:47:45</b>	271	00:04:54	00:11:48	00:39:48	01:21:35	01:51:51	02:35:08	<b>03:05:59</b>	<b>225</b>	00:02:55
221	<b>RIVAT Emmanuel</b>	<b>504</b>	ARRK	M35-39	00:21:50	<b>00:45:03</b>	241	00:04:29	00:11:40	00:40:03	01:21:51	01:52:13	02:37:08	<b>03:08:55</b>	<b>240</b>	00:03:24
222	<b>MAGA Przemysław</b>	<b>552</b>		M40-44	00:20:04	<b>00:40:42</b>	185	00:08:19	00:11:16	00:39:07	01:20:32	01:50:33	02:35:03	<b>03:07:55</b>	<b>235</b>	00:06:24
223	<b>BRYLEW Tomasz</b>	<b>156</b>	AGENCJA INTERAKTYWNA SITAB	M40-44	00:21:04	<b>00:44:29</b>	236	00:03:55	00:11:56	00:40:59	01:22:56	01:54:19	02:40:03	<b>03:11:19</b>	<b>246</b>	00:03:43
224	<b>PRUSACZYK Marcin</b>	<b>676</b>		M45-49	00:20:15	<b>00:39:43</b>	156	00:07:54	00:11:42	00:42:09	01:24:42	01:57:28	02:41:19	<b>03:12:09</b>	<b>248</b>	00:04:46
225	<b>LEWANDOWSKI Dominik</b>	<b>813</b>		M18-24	00:21:45	<b>00:44:54</b>	240	00:05:00	00:11:23	00:40:30	01:20:45	01:52:13	02:37:44	<b>03:11:21</b>	<b>247</b>	00:03:24
226	<b>WIELGUS Janusz</b>	<b>711</b>	SPORTEVO	M40-44	00:25:14	<b>00:50:41</b>	285	00:04:11	00:11:40	00:41:49	01:23:57	01:53:41	02:36:39	<b>03:08:13</b>	<b>236</b>	00:02:24
227	<b>PRZEWŁOCKI Jakub</b>	<b>595</b>	KLINIKA TRIATHLONU	M35-39	00:20:13	<b>00:43:42</b>	224	00:08:27	00:12:27	00:41:12	01:23:15	01:53:46	02:38:00	<b>03:10:07</b>	<b>242</b>	00:03:31
228	<b>GOTTFRIED Wojciech</b>	<b>682</b>		M30-34	00:23:50	<b>00:49:38</b>	279	00:05:36	00:12:01	00:40:59	01:23:17	01:53:01	02:35:20	<b>03:06:07</b>	<b>226</b>	00:04:35
229	<b>KAMIŃSKI Sławomir</b>	<b>692</b>	MOBILNY WULKAN	M35-39	00:20:30	<b>00:42:43</b>	210	00:04:18	00:11:30	00:39:59	01:21:41	01:53:30	02:44:32	<b>03:16:27</b>	<b>256</b>	00:03:16
230	<b>STANKOWSKI Dawid</b>	<b>632</b>	PŁONAĆE RACICE	M25-29	00:21:38	<b>00:44:46</b>	239	00:07:35	00:12:18	00:41:46	01:22:58	01:52:53	02:36:15	<b>03:08:45</b>	<b>239</b>	00:06:06
231	<b>FORCZMAŃSKI Paweł</b>	<b>808</b>		M40-44	00:26:09	<b>00:54:33</b>	292	00:04:30	00:11:44	00:40:14	01:21:13	01:51:02	02:34:20	<b>03:05:09</b>	<b>220</b>	00:03:16
232	<b>BRZEZIŃSKI Marek</b>	<b>773</b>	KORUP MOTION	M45-49	00:24:57	<b>00:51:02</b>	287	00:06:21	00:12:30	00:41:05	01:22:28	01:52:03	02:36:10	<b>03:07:00</b>	<b>230</b>	00:03:30
233	<b>ŁYSUNIEC Marcin</b>	<b>812</b>	TMTEAM	M35-39	00:24:41	<b>00:50:18</b>	283	00:04:49	00:12:03	00:41:11	01:24:55	01:53:59	02:37:41	<b>03:07:28</b>	<b>233</b>	00:05:25
234	<b>RZENTKOWSKI Grzegorz</b>	<b>599</b>		M45-49	00:23:23	<b>00:47:00</b>	264	00:04:45	00:12:08	00:41:05	01:25:03	01:55:12	02:40:32	<b>03:12:11</b>	<b>249</b>	00:04:13
235	<b>MOSUR Kamil</b>	<b>590</b>	NRC + RUN CLUB	M40-44	00:21:36	<b>00:43:35</b>	223	00:04:59	00:11:47	00:41:45	01:25:21	01:56:44	02:43:11	<b>03:16:04</b>	<b>254</b>	00:04:13
236	<b>RYTEL Rafał</b>	<b>603</b>	ZARZĄD	M35-39	00:22:29	<b>00:44:38</b>	237	00:04:43	00:12:07	00:41:58	01:24:38	01:56:10	02:42:31	<b>03:16:07</b>	<b>255</b>	00:03:28
237	<b>STAFIEJ Wojciech</b>	<b>620</b>	ARRK	M45-49	00:29:06	<b>00:59:14</b>	295	00:04:39	00:11:59	00:40:44	01:22:50	01:52:16	02:35:10	<b>03:04:58</b>	<b>218</b>	00:03:58
238	<b>BINDEK Łukasz</b>	<b>518</b>		M35-39	00:20:21	<b>00:42:11</b>	203	00:05:19	00:11:49	00:40:42	01:24:15	01:55:36	02:45:48	<b>03:24:21</b>	<b>271</b>	00:03:20
239	<b>MIELCAREK Mateusz</b>	<b>611</b>	MIELCARKS	M25-29	00:21:13	<b>00:44:04</b>	230	00:06:47	00:11:29	00:41:14	01:26:21	01:59:48	02:45:34	<b>03:20:00</b>	<b>261</b>	00:04:45
240	<b>PRAŻYŃSKI Michał</b>	<b>665</b>		M45-49	00:21:35	<b>00:44:18</b>	235	00:08:11	00:12:50	00:43:40	01:28:07	01:59:50	02:45:47	<b>03:18:56</b>	<b>259</b>	00:05:52
241	<b>DOLATA Jakub</b>	<b>586</b>		M40-44	00:21:09	<b>00:42:34</b>	208	00:07:19	00:12:23	00:42:06	01:26:30	01:59:10	02:48:26	<b>03:22:26</b>	<b>264</b>	00:04:58
242	<b>KOSMOWSKI Błażej</b>	<b>566</b>		M30-34	00:19:22	<b>00:38:51</b>	134	00:07:06	00:11:41	00:42:01	01:26:41	01:59:16	02:48:53	<b>03:24:50</b>	<b>273</b>	00:06:32
243	<b>DRZEWIECKI Rafał</b>	<b>635</b>	RUN4FUN WWW.BYTPAK.PL	M40-44	00:21:05	<b>00:45:58</b>	254	00:04:38	00:12:25	00:43:24	01:29:56	02:03:01	02:49:52	<b>03:25:37</b>	<b>275</b>	00:02:29
244	<b>KRAWCZYK Mateusz</b>	<b>720</b>	URZĄD GMINY OSTRÓW WIELKOPOLSKI	M30-34	00:22:34	<b>00:46:58</b>	263	00:05:14	00:12:35	00:42:11	01:26:46	01:58:22	02:47:04	<b>03:23:27</b>	<b>267</b>	00:03:05
245	<b>ZIMIŃSKI Zdzisław</b>	<b>542</b>		M60-64	00:24:15	<b>00:48:52</b>	277	00:09:47	00:12:11	00:41:19	01:23:04	01:54:25	02:41:11	<b>03:17:37</b>	<b>257</b>	00:03:59
246	<b>RZYTKI Piotr</b>	<b>783</b>	KB V-MAXADAMOW	M35-39	00:23:49	<b>00:53:10</b>	290	00:04:36	00:12:17	00:42:42	01:25:47	01:57:54	02:44:05	<b>03:20:04</b>	<b>262</b>	00:02:37
247	<b>CZECHOWICZ Tomasz</b>	<b>844</b>		M45-49	00:23:01	<b>00:46:05</b>	256	00:06:38	00:14:01	00:47:36	01:34:58	02:06:44	02:55:01	<b>03:24:28</b>	<b>272</b>	00:03:17
248	<b>NAPIERAŁSKI Bartosz</b>	<b>630</b>	HATORY	M35-39	00:23:09	<b>00:48:17</b>	272	00:06:31	00:12:03	00:41:55	01:27:37	02:00:11	02:49:17	<b>03:23:37</b>	<b>268</b>	00:03:24
249	<b>MACIEJAK Marcin</b>	<b>750</b>	JANUSZE TRIATHLONU	M45-49	00:24:47	<b>00:51:07</b>	288	00:04:10	00:11:56	00:40:35	01:30:04	02:01:38	02:49:02	<b>03:22:51</b>	<b>265</b>	00:04:01
250	<b>KOLOSSA Tomasz</b>	<b>585</b>	WWW.KOLOSSA.PL	M45-49	00:22:27	<b>00:47:16</b>	268	00:05:54	00:12:21	00:42:30	01:28:47	02:02:10	02:51:02	<b>03:26:21</b>	<b>276</b>	00:04:55

				Swimming			Cycling							Race		
251	<b>SKORNOWICZ Paweł</b>	<b>649</b>	WUEF TRI TEAM	M45-49	00:19:26	<b>00:41:01</b>	187	00:04:02	00:11:13	00:38:17	01:17:24	01:44:56	02:25:04	<b>03:39:54</b>	<b>284</b>	00:03:00
252	<b>BICZKOWSKI Kajetan</b>	<b>606</b>	NIGHT RUNNERS	M25-29	00:18:46	<b>00:37:42</b>	109	00:03:40	00:10:49	00:36:59	01:15:05	02:07:02	03:01:23	<b>03:44:29</b>	<b>288</b>	00:02:18
253	<b>MAŁKIŃSKI Józef</b>	<b>845</b>		M60-64	00:21:31	<b>00:44:08</b>	233	00:06:27	00:12:34	00:44:29	01:33:07	02:08:50	03:00:58	<b>03:36:18</b>	<b>283</b>	00:03:21
254	<b>BYKOWSKI Jacek</b>	<b>770</b>	MBEXPERT.PL	M40-44	00:21:44	<b>00:45:05</b>	243	00:04:11	00:11:30	00:39:39	01:20:53	01:49:52	02:32:19	<b>03:02:51</b>	<b>214</b>	00:39:31
255	<b>PRZEWŁOCKI Sławomir</b>	<b>597</b>	KLINIKA TRIATHLONU	M60-64	00:24:19	<b>00:51:21</b>	289	00:05:55	00:13:24	00:45:51	01:32:36	02:06:49	02:55:31	<b>03:30:26</b>	<b>279</b>	00:04:18
256	<b>KUPCZYK Tomasz</b>	<b>546</b>		M40-44	00:22:26	<b>00:45:48</b>	252	00:07:05	00:13:21	00:46:21	01:33:33	02:08:14	02:58:38	<b>03:33:22</b>	<b>282</b>	00:06:19
257	<b>GDANIEC Dariusz</b>	<b>505</b>		M50-54	00:23:34	<b>00:50:06</b>	280	00:08:40	00:13:25	00:44:39	01:31:32	02:05:24	02:55:44	<b>03:31:48</b>	<b>280</b>	00:04:37
258	<b>SIŁAKOWSKI Ariel</b>	<b>616</b>		M30-34	00:28:21	<b>01:01:17</b>	296	00:07:14	00:12:32	00:42:40	01:28:18	02:01:54	02:51:26	<b>03:25:31</b>	<b>274</b>	00:04:34
259	<b>MIELEWCZYK Krzysztof</b>	<b>759</b>	SSW HARPUN	M55-59	00:19:14	<b>00:38:28</b>	124	00:09:35	00:13:30	00:47:04	01:36:03	02:12:24	03:09:43	<b>03:49:44</b>	<b>290</b>	00:04:00
260	<b>GRACZYK Rafał</b>	<b>560</b>		M45-49	00:23:12	<b>00:47:27</b>	270	00:09:36	00:13:30	00:45:41	01:34:41	02:11:24	03:04:52	<b>03:42:05</b>	<b>286</b>	00:06:40
261	<b>CZARNECKI Piotr</b>	<b>593</b>	ROWEROWA BRZOZA	M35-39	00:24:18	<b>00:50:10</b>	281	00:06:37	00:11:36	00:39:48	01:54:11	02:26:17	03:14:31	<b>03:47:31</b>	<b>289</b>	00:03:40
262	<b>ZENGTELER Andrzej</b>	<b>745</b>		M65-69	00:26:26	<b>00:53:36</b>	291	00:08:57	00:13:56	00:47:55	01:37:23	02:14:06	03:06:04	<b>03:42:27</b>	<b>287</b>	00:03:57
263	<b>FRĄCKOWIAK Bartosz</b>	<b>536</b>		M25-29	00:18:56	<b>00:39:56</b>	164	00:42:54	00:28:09	00:57:03	01:38:58	02:09:52	02:58:03	<b>03:32:45</b>	<b>281</b>	00:02:09
264	<b>SZREDER Jarosław</b>	<b>600</b>	NEVER GIVE UP	M25-29	00:28:17	<b>00:58:48</b>	294	00:07:28	00:13:19	00:46:30	01:38:06	02:15:26	03:13:06	<b>03:52:19</b>	<b>291</b>	00:02:22
	<b>WELZER Dariusz</b>	<b>608</b>	WELDA TEAM	M45-49	00:18:59	<b>00:37:48</b>	110	00:03:49	00:10:14	00:34:52	01:09:51	01:34:22	02:10:22	<b>02:36:46</b>	<b>43</b>	
	<b>WRZOCZAŁSKI Robert</b>	<b>792</b>	TRIDEA	M45-49	00:21:21	<b>00:42:36</b>	209	00:02:54	00:10:04	00:34:32	01:08:56					
	<b>POLAŃSKI Tomasz</b>	<b>502</b>	B4SPORT	M40-44	00:17:29	<b>00:35:13</b>	50	00:02:50	00:09:36		01:08:31					
	<b>JEDOWSKI Maciej</b>	<b>828</b>	SOLANO	M35-39	00:17:32	<b>00:35:51</b>	61	00:02:42	00:09:27	00:32:37	01:05:18					
	<b>CHRUSTOWSKI Mikołaj</b>	<b>846</b>	KIERUNEK KONA/ATHLETICOMED	M18-24	00:17:59	<b>00:36:31</b>	79	00:03:25	00:10:02	00:35:17	01:12:32	01:42:16				

Total 269 results.