



# OCEAN LAVA TRIATHLON POLSKA 2018 - DYSTANS ŚREDNI 70.3

B4SPORT  
INTELEGENE ZAWODY SPORTOWE

**Event:** Ocean Lava Triathlon Polska 2018  
**Organiser:** Towarzystwo Sportowe TRI-SPORT  
**Date:** 2018-08-19  
**Place:** Bydgoszcz  
**Distance:** 113 km

**B4SPORT**  
INTELEGENE ZAWODY SPORTOWE

Classification: Mężczyźni

Split point: 42,2 km

Place	Participant	Number	Club	Category	Drużyna	Swimming			T1	Cycling			Race	Time
						P_Borowno 0.95km	P_Borowno 1.9km	Poz		R_Kotomierz 5km	R_Lidl 20km	R_Kotomierz 40km		
1	<b>URBAŃSKI Michał</b>	<b>803</b>	TRISPACE/ NEURON REHABILITACJA	M18-24	TRISPACE	00:12:50	<b>00:25:42</b>	1	00:02:20	00:10:09	00:33:53	01:07:19		
2	<b>DEAK Zsombor</b>	<b>836</b>	ASK ALUTA	M25-29		00:14:04	<b>00:29:03</b>	3	00:02:10	00:09:49	00:33:09	01:05:28		
3	<b>DAVIDNIEKS Artis</b>	<b>835</b>	EMU MALPILS SPORTA KLUBS	M40-44		00:15:43	<b>00:32:00</b>	13	00:02:24	00:09:09	00:31:56	01:04:04		
4	<b>PLUTA Gniewomir</b>	<b>779</b>		M35-39		00:14:56	<b>00:29:52</b>	6	00:02:43	00:09:59	00:33:46	01:06:35		
5	<b>MAZUR Paweł</b>	<b>648</b>	AGROLOK SPORT TEAM/UKS TRS SUSZ	M25-29		00:14:57	<b>00:29:59</b>	7	00:02:26	00:10:11	00:33:53	01:06:56		
6	<b>WOLSKI Krzysztof</b>	<b>673</b>		M35-39		00:14:03	<b>00:29:01</b>	2	00:02:46	00:09:55	00:34:02	01:07:50		
	<b>PELC Marcin</b>	<b>696</b>	TRISPACE	M30-34		00:16:12	<b>00:32:38</b>	17	00:02:10	00:09:49	00:33:10	01:06:12		
8	<b>HERING Mateusz</b>	<b>697</b>	TRI TEAM BYTÓW	M25-29	TRI TEAM BYTÓW	00:16:10	<b>00:33:23</b>	23	00:02:10	00:09:40	00:33:07	01:05:44		
9	<b>ZIĘBA Adam</b>	<b>824</b>	TRISPACE	M45-49	TRISPACE	00:17:26	<b>00:35:56</b>	63	00:02:22	00:09:00	00:31:26	01:03:11		
10	<b>LEMKE Krzysztof</b>	<b>160</b>	GDYŃSKI TRIATHLON	M40-44		00:17:04	<b>00:34:27</b>	38	00:02:11	00:09:32	00:32:38	01:05:31		
11	<b>HERMELIN Wojciech</b>	<b>529</b>	KANCELARIA HMM	M35-39		00:16:17	<b>00:33:06</b>	21	00:02:26	00:10:00	00:33:45	01:06:39		
12	<b>NAROŻNIK Maciej</b>	<b>650</b>		M30-34		00:15:01	<b>00:31:11</b>	10	00:02:58	00:10:08	00:34:35	01:08:08		
13	<b>WOŹNIAK Łukasz</b>	<b>663</b>		M30-34		00:17:55	<b>00:36:08</b>	72	00:02:34	00:09:13	00:31:45	01:03:40		
14	<b>EJSMONT Krzysztof</b>	<b>831</b>	TRISPACE	M40-44	TRISPACE	00:16:53	<b>00:34:04</b>	29	00:02:29	00:09:36	00:32:47	01:06:04		
15	<b>KARWALA Łukasz</b>	<b>728</b>	TTC	M40-44		00:15:37	<b>00:31:56</b>	12	00:03:01	00:11:11	00:34:22	01:08:00		
16	<b>RYMER Jakub</b>	<b>563</b>	KLINIKA TRIATHLONU BYDGOSZCZ	M30-34	Klinika Triathlonu Bydgoszcz	00:17:12	<b>00:35:00</b>	48	00:02:53	00:09:28	00:32:23	01:05:26		
	<b>TUROWIEC Adam</b>	<b>821</b>	UAM TRIATHLON POZNAŃ   APPETITEFORSPORTS.COM	M40-44		00:15:50	<b>00:32:28</b>	15	00:02:51	00:10:07	00:34:03	01:08:28		
	<b>JEDOWSKI Maciej</b>	<b>828</b>	SOLANO	M35-39		00:17:32	<b>00:35:51</b>	61	00:02:42	00:09:27	00:32:37	01:05:18		
19	<b>ZIENKIEWICZ Janusz</b>	<b>557</b>	TRISPACE / ALLIANZ TRIATHLON TEAM	M45-49	TRISPACE	00:16:21	<b>00:33:12</b>	22	00:02:49	00:10:13	00:34:29	01:08:06		

				Swimming			T1	Cycling			Race	
20	<b>ŻUREK Jacek</b>	<b>742</b>		M30-34	00:14:33	<b>00:29:46</b>	5	00:02:47	00:10:57	00:36:12	01:11:38	
21	<b>SOSNOWSKI Jarosław</b>	<b>687</b>	PTT DELTA	M35-39	00:14:11	<b>00:29:19</b>	4	00:03:07	00:10:33	00:35:44	01:11:52	
	<b>MARTYNOWICZ Michał</b>	<b>550</b>	TRISPACE	M45-49	TRISPACE	00:15:02	<b>00:30:59</b>	9	00:02:29	00:10:12	00:35:10	01:10:53
23	<b>NOSOWSKI Jacek</b>	<b>710</b>		M40-44		00:15:59	<b>00:32:40</b>	19	00:02:51	00:10:05	00:34:33	01:09:03
	<b>MAGDZIARZ Jakub</b>	<b>699</b>	KANCELARIA-HMM	M35-39		00:16:50	<b>00:34:18</b>	33	00:02:21	00:09:58	00:34:04	01:08:16
25	<b>WYSOCKI Rafał</b>	<b>551</b>	SRITRI/TRIATHLON KONSULTING	M45-49		00:17:08	<b>00:34:43</b>	43	00:02:58	00:09:48	00:33:33	01:07:38
26	<b>SZUL Daniel</b>	<b>816</b>	SOLANO	M35-39		00:17:51	<b>00:36:30</b>	78	00:02:51	00:09:34	00:33:02	01:06:03
27	<b>ZIELIŃSKI Nicolas</b>	<b>755</b>	OLIMPIASPORT.PL	M25-29		00:16:22	<b>00:33:35</b>	24	00:02:41	00:10:19	00:34:24	01:09:16
28	<b>BARTOSIEWICZ Tomasz</b>	<b>667</b>	ARTURKUREK.PRO	M30-34		00:16:35	<b>00:33:56</b>	28	00:02:09	00:09:59	00:34:43	01:09:41
29	<b>KWIATKOWSKI Rafal</b>	<b>736</b>	KUZNIA TRIATHLONU	M35-39		00:16:45	<b>00:34:07</b>	30	00:02:44	00:10:05	00:34:30	01:09:34
30	<b>WOŹNIAK Aureliusz</b>	<b>503</b>	AMS	M45-49	AMS	00:17:45	<b>00:36:21</b>	77	00:03:16	00:09:55	00:33:14	01:06:50
31	<b>LITAWA Jacek</b>	<b>654</b>		M45-49		00:16:46	<b>00:34:13</b>	31	00:03:03	00:09:58	00:34:04	01:09:17
	<b>POLAŃSKI Tomasz</b>	<b>502</b>	B4SPORT	M40-44		00:17:29	<b>00:35:13</b>	50	00:02:50	00:09:36		01:08:31
33	<b>WIERZBOWSKI Krzysztof</b>	<b>532</b>	MOTOINTEGRATOR RUNNING TEAM	M35-39		00:18:26	<b>00:38:00</b>	114	00:02:46	00:09:49	00:32:27	01:05:54
34	<b>JABŁOŃSKI Jarosław</b>	<b>686</b>	UKS TRS SUSZ/NADLEŚNICTWO SUSZ	M45-49		00:17:35	<b>00:35:50</b>	60	00:02:50	00:10:08	00:33:57	01:08:14
35	<b>SAWIEŁAJC Jakub</b>	<b>791</b>	FUJI KRYSPORT TEAM	M18-24	FUJI KRYSPORT TEAM	00:16:09	<b>00:33:04</b>	20	00:02:55	00:10:27	00:35:36	01:11:01
36	<b>JACHIMEK Marcin</b>	<b>683</b>	ZOO+	M35-39		00:17:33	<b>00:35:47</b>	59	00:03:00	00:10:23	00:34:14	01:08:22
37	<b>MUSZYTOWSKI Damian</b>	<b>642</b>	TKT	M35-39		00:17:40	<b>00:35:37</b>	54	00:03:01	00:10:28	00:34:27	01:08:44
38	<b>PIEKARSKI Paweł</b>	<b>515</b>		M25-29		00:15:52	<b>00:32:39</b>	18	00:02:37	00:10:33	00:35:49	01:12:10
39	<b>KOŁAKOWSKI Tomasz</b>	<b>577</b>		M30-34		00:17:50	<b>00:36:31</b>	80	00:02:38	00:09:47	00:33:47	01:08:25
40	<b>BIENIEK Patryk</b>	<b>768</b>	ZAWSZE COŚ NIE TAK	M35-39	Zawsze coś nie tak	00:17:47	<b>00:36:11</b>	73	00:03:01	00:09:51	00:33:43	01:08:31
41	<b>POWAŻYŃSKI Arek</b>	<b>602</b>	NEON TEAM	M35-39		00:17:29	<b>00:35:20</b>	51	00:02:42	00:10:07	00:34:39	01:09:43
42	<b>GAWRONSKI Roman</b>	<b>652</b>		M35-39		00:17:17	<b>00:34:28</b>	39	00:03:08	00:10:15	00:34:59	01:10:52
43	<b>TRAWCZYŃSKI Jacek</b>	<b>556</b>	TRISPACE	M45-49	TRISPACE	00:18:15	<b>00:37:00</b>	93	00:02:36	00:10:08	00:34:23	01:08:53
44	<b>JAUMIEŃ Łukasz</b>	<b>838</b>		M30-34		00:16:20	<b>00:33:46</b>	26	00:03:02	00:10:15	00:35:43	01:11:55
45	<b>GÓRECKI Tomasz</b>	<b>506</b>	PTT DELTA	M30-34		00:15:39	<b>00:32:19</b>	14	00:03:20	00:10:36	00:36:32	01:13:08
46	<b>ANDRZEJEWSKI Marcin</b>	<b>787</b>		M30-34		00:18:55	<b>00:38:03</b>	116	00:03:35	00:10:00	00:33:27	01:07:11
47	<b>DEPTUŁA Grzegorz</b>	<b>570</b>	VII LICEUM OGÓLNOKSZTAŁCĄCE W BYDGOSZCZY	M35-39		00:17:25	<b>00:34:57</b>	47	00:02:43	00:10:35	00:35:28	01:11:15

				Swimming			Triathlon	Cycling			Race
48	<b>WOJCIECHOWSKI Mirosław</b>	<b>547</b>		M35-39	00:17:19	<b>00:35:58</b>	65	00:03:56	00:10:08	00:34:07	01:09:03
49	<b>PORZYCH Rafał</b>	<b>511</b>	RAFSON.TV	M18-24	00:17:32	<b>00:35:58</b>	64	00:03:06	00:09:50	00:33:55	01:09:59
50	<b>WACŁAWSKI Krzysztof</b>	<b>517</b>	ORKAMASTERS IŁAWA	M50-54	00:16:42	<b>00:34:25</b>	35	00:02:50	00:10:20	00:35:24	01:12:03
51	<b>KASTRAU Tomasz</b>	<b>574</b>		M35-39	00:15:40	<b>00:32:33</b>	16	00:03:16	00:10:32	00:36:54	01:13:35
52	<b>SŁAWIŃSKI Grzegorz</b>	<b>709</b>	MKL MARATON ŚWINOUJŚCIE	M35-39	00:18:40	<b>00:38:16</b>	118	00:03:30	00:09:51	00:33:48	01:07:52
53	<b>BYCH Maciej</b>	<b>624</b>	TRIDEA TEAM	M40-44	00:16:58	<b>00:34:15</b>	32	00:04:06	00:11:02	00:35:38	01:11:20
54	<b>SKRUDLIK Leszek</b>	<b>537</b>	STOWARZYSZENIE FEBYS	M35-39	00:18:05	<b>00:36:07</b>	71	00:03:05	00:10:30	00:34:54	01:10:30
55	<b>KNOTHE Adam</b>	<b>531</b>	BUDSTOL INVEST	M45-49	00:20:00	<b>00:40:35</b>	183	00:02:32	00:09:44	00:33:39	01:06:42
56	<b>KOWALIKOWSKI Daniel</b>	<b>516</b>		M25-29	00:17:54	<b>00:37:33</b>	106	00:02:37	00:10:33	00:34:40	01:09:41
57	<b>BANACH Marcin</b>	<b>839</b>	3GRAVITY	M30-34	00:18:43	<b>00:37:54</b>	112	00:02:05	00:10:22	00:35:09	01:09:53
58	<b>BARCZYKOWSKI Szymon</b>	<b>753</b>	SPOT	M30-34	00:16:59	<b>00:34:27</b>	37	00:03:05	00:10:21	00:35:53	01:12:21
59	<b>PATALON Piotr</b>	<b>520</b>	ORKAMASTERS	M45-49	00:18:34	<b>00:36:57</b>	92	00:03:30	00:10:13	00:34:30	01:09:27
60	<b>KRZEMIŃSKI Adam</b>	<b>573</b>	WUEF TRI TEAM	M35-39	00:17:59	<b>00:36:04</b>	69	00:03:16	00:10:15	00:34:49	01:10:41
61	<b>SENGER Robert</b>	<b>523</b>	LTT LIPUSZ	M35-39	00:17:44	<b>00:36:16</b>	75	00:03:17	00:10:28	00:34:40	01:10:33
62	<b>PONIKWIA Rafał</b>	<b>772</b>	WM TRISELF	M30-34	00:17:09	<b>00:34:49</b>	45	00:03:46	00:10:22	00:36:00	01:11:33
63	<b>KAŻMIERCZAK Marcin</b>	<b>840</b>	CELIRONMAN	M40-44	00:18:28	<b>00:36:54</b>	89	00:02:44	00:11:07	00:35:20	01:10:37
64	<b>JANKOWSKI Tomasz</b>	<b>623</b>	TRISPACE	M45-49	00:17:58	<b>00:36:42</b>	83	00:02:33	00:10:41	00:35:55	01:11:09
65	<b>KALICKI Edward</b>	<b>32</b>	K.T.O. Z KRAKOWA	M50-54	00:19:38	<b>00:38:58</b>	139	00:03:06	00:10:02	00:34:06	01:08:29
66	<b>AUGUSTYNIAK Grzegorz</b>	<b>588</b>	PTT DELTA	M45-49	00:17:01	<b>00:35:07</b>	49	00:04:00	00:10:24	00:35:14	01:11:28
67	<b>KRUPIŃSKI Maciej</b>	<b>527</b>		M35-39	00:18:13	<b>00:36:00</b>	66	00:03:25	00:10:08	00:34:25	01:11:11
68	<b>PIESIK Dawid</b>	<b>704</b>	ARRK	M25-29	00:16:56	<b>00:35:25</b>	52	00:03:51	00:10:20	00:35:24	01:11:26
69	<b>OSMOLIK Jarek</b>	<b>723</b>	TRI ZARZA TEAM	M40-44	00:20:17	<b>00:40:26</b>	181	00:02:47	00:09:43	00:33:46	01:07:45
70	<b>GOŁEMBIEWSKI Marek</b>	<b>587</b>	B4SPORT/MUKS PIĘTNASTKA BYDGOSZCZ	M45-49	00:19:05	<b>00:38:52</b>	135	00:03:05	00:09:56	00:34:38	01:09:07
71	<b>KUCHARSKI Łukasz</b>	<b>705</b>	CELIRONMAN	M35-39	00:18:14	<b>00:37:24</b>	104	00:04:15	00:10:13	00:34:44	01:09:29
72	<b>ŁUBIAN Michał</b>	<b>752</b>	CTL LOGISTICS	M40-44	00:17:57	<b>00:36:37</b>	81	00:04:04	00:10:26	00:35:48	01:10:27
73	<b>NIC Jakub</b>	<b>545</b>		M40-44	00:18:43	<b>00:37:11</b>	98	00:05:12	00:09:50	00:34:14	01:08:49
74	<b>KAPUSNIAK Tomasz</b>	<b>559</b>	TAK DLA TRANSPLANTACJI	M40-44	00:18:08	<b>00:36:54</b>	88	00:03:18	00:10:44	00:35:30	01:11:06
75	<b>WDOWIAK Kamil</b>	<b>777</b>	KLINIKA TRIATHLONU	M25-29	00:18:23	<b>00:36:51</b>	86	00:02:59	00:10:33	00:35:11	01:11:30
	<b>WELZER Dariusz</b>	<b>608</b>	WELDA TEAM	M45-49	00:18:59	<b>00:37:48</b>	110	00:03:49	00:10:14	00:34:52	01:09:51
77	<b>RUPIETA Maksym</b>	<b>674</b>	WUEF TRI TEAM	M40-44	00:16:48	<b>00:33:52</b>	27	00:03:27	00:11:26	00:37:29	01:14:10
78	<b>KLONOWSKI Tomasz</b>	<b>668</b>	PLATAN	M40-44	00:19:03	<b>00:38:41</b>	130	00:02:40	00:10:26	00:35:13	01:10:10
79	<b>KRÓL Maciej</b>	<b>793</b>	TRISPACE	M50-54	00:19:23	<b>00:39:13</b>	147	00:02:56	00:10:35	00:34:48	01:09:23

					Swimming			T	Cycling			Race
80	<b>KOWALSKI Dariusz</b>	<b>819</b>	ZBZ ŻŁOTÓW	M50-54	00:18:39	<b>00:38:57</b>	138	00:03:19	00:10:12	00:34:42	01:09:19	
81	<b>IGNACZAK Piotr</b>	<b>820</b>	TRISPACE	M45-49	TRISPACE	00:18:10	<b>00:36:56</b>	90	00:02:48	00:10:21	00:35:47	01:11:53
82	<b>ALSKI Łukasz</b>	<b>661</b>		M30-34		00:17:08	<b>00:35:29</b>	53	00:04:02	00:10:30	00:36:07	01:12:07
83	<b>ZAWIEJA Bartosz</b>	<b>672</b>	TORUŃSKI KLUB TRIATHLONOWY	M40-44		00:17:26	<b>00:35:46</b>	56	00:03:44	00:10:58	00:35:52	01:12:21
84	<b>CUPA Ireneusz</b>	<b>796</b>	TRIATHLON KONSULTING	M45-49		00:19:27	<b>00:40:10</b>	174	00:03:28	00:09:55	00:33:45	01:08:16
85	<b>WALCZAK Michał</b>	<b>567</b>	3GRAVITY	M30-34		00:17:59	<b>00:37:15</b>	101	00:02:24	00:10:54	00:36:16	01:12:29
86	<b>CHOLEWIŃSKI Dariusz</b>	<b>615</b>	HURAGAN MIEDZYŃ	M40-44		00:20:39	<b>00:41:11</b>	188	00:02:48	00:09:42	00:33:22	01:08:16
87	<b>BUCZEK Robert</b>	<b>799</b>	TRIATHLON SIEDLCE CLUB	M40-44	TRIATHLON SIEDLCE CLUB	00:18:12	<b>00:36:46</b>	84	00:05:05	00:10:27	00:35:10	01:10:27
88	<b>SZYMAŃSKI Przemysław</b>	<b>514</b>	REWIZOR TRI	M40-44		00:19:22	<b>00:39:42</b>	155	00:02:55	00:10:16	00:34:45	01:09:47
	<b>CHRUSTOWSKI Mikołaj</b>	<b>846</b>	KIERUNEK KONA/ATHLETICOMED	M18-24		00:17:59	<b>00:36:31</b>	79	00:03:25	00:10:02	00:35:17	01:12:32
90	<b>BARANOWSKI Roman</b>	<b>522</b>	WYZWANIE TYLKO 31	M45-49		00:14:59	<b>00:30:24</b>	8	00:05:39	00:11:14	00:38:15	01:16:26
91	<b>ČERNÝ Jiří</b>	<b>833</b>	APM	M40-44		00:18:26	<b>00:37:19</b>	102	00:03:52	00:10:31	00:36:00	01:11:24
92	<b>HERMANOWICZ Cezary</b>	<b>641</b>	SBR TEAM EŁK	M30-34		00:17:22	<b>00:36:19</b>	76	00:02:49	00:10:31	00:36:51	01:13:33
	<b>THOMANN Jacek</b>	<b>575</b>	GOULTRA.PL	M30-34		00:19:42	<b>00:39:46</b>	158	00:02:59	00:10:17	00:34:47	01:09:59
94	<b>ŻYWICKI Bartosz</b>	<b>814</b>	DZIKI KOSZALIN	M35-39		00:19:07	<b>00:38:22</b>	122	00:04:07	00:10:11	00:35:00	01:10:20
95	<b>LICZNIERSKI Marek</b>	<b>660</b>	TRIATHLONISTA.COM	M30-34		00:16:55	<b>00:34:26</b>	36	00:03:29	00:10:42	00:37:44	01:14:58
96	<b>KIEŁCZYŃSKI Andrzej</b>	<b>564</b>	HUBSTA	M30-34		00:17:00	<b>00:34:47</b>	44	00:03:11	00:10:14	00:36:05	01:14:56
97	<b>KLOMFAS Miron</b>	<b>800</b>	TRISPACE	M40-44		00:18:32	<b>00:37:10</b>	97	00:02:48	00:10:40	00:37:07	01:13:29
98	<b>DEBERT Jarek</b>	<b>782</b>	TRINERGY TEAM	M35-39		00:19:33	<b>00:39:28</b>	152	00:03:19	00:10:48	00:35:32	01:10:45
	<b>KARWACKI Paweł</b>	<b>815</b>	TRISPACE/SOLANO	M35-39		00:20:16	<b>00:40:07</b>	171	00:02:43	00:10:13	00:34:41	01:11:00
	<b>ZENGTELER Wojciech</b>	<b>807</b>	LOTOS RUNNING TEAM / SMARUJ NA TRENING TEAM	M35-39		00:16:42	<b>00:34:36</b>	42	00:03:49	00:10:46	00:37:18	01:15:28
101	<b>WIERZYŃSKI Damian</b>	<b>510</b>	EXIMO EXTREME TEAM	M30-34		00:19:02	<b>00:38:53</b>	136	00:02:55	00:10:32	00:35:50	01:12:09
102	<b>SZAFRAŃSKI Michał</b>	<b>589</b>		M40-44		00:18:17	<b>00:37:14</b>	100	00:05:04	00:10:40	00:35:54	01:12:00
103	<b>KAMIŃSKI Tomasz</b>	<b>653</b>	AMS	M35-39	AMS	00:21:33	<b>00:44:07</b>	232	00:03:12	00:09:45	00:33:20	01:07:03
104	<b>STALICA Wojciech</b>	<b>675</b>	IZO-ERG	M45-49		00:19:04	<b>00:38:09</b>	117	00:03:45	00:10:22	00:35:40	01:12:30
	<b>WRZOCHALSKI Robert</b>	<b>792</b>	TRIDEA	M45-49		00:21:21	<b>00:42:36</b>	209	00:02:54	00:10:04	00:34:32	01:08:56
106	<b>KOZŁOWSKI Marcin</b>	<b>688</b>		M30-34		00:16:47	<b>00:34:52</b>	46	00:03:35	00:10:46	00:37:17	01:16:01
107	<b>JABŁOŃSKI Marcin</b>	<b>722</b>	FUJI KRYSPORT TEAM	M45-49	FUJI KRYSPORT TEAM	00:20:02	<b>00:40:02</b>	168	00:02:37	00:10:28	00:35:34	01:11:50
108	<b>IGNACZAK Jarosław</b>	<b>513</b>	KAPLAST SP. Z O.O.	M35-39		00:19:33	<b>00:40:37</b>	184	00:03:30	00:10:06	00:35:10	01:10:23
109	<b>GIBA Grzegorz</b>	<b>827</b>	GB GALOPUJĄCE ŚLIMAKI	M45-49		00:18:09	<b>00:35:40</b>	55	00:04:02	00:11:02	00:37:32	01:14:52

					Swimming			T	Cycling			Race	
110	<b>WŁODARCZAK Witold</b>	<b>823</b>	TRISPACE	M55-59	00:19:32	<b>00:40:22</b>	180	00:02:53	00:10:07	00:35:03	01:11:28		
111	<b>ROS Piotr</b>	<b>734</b>		M30-34	00:18:20	<b>00:37:12</b>	99	00:04:07	00:10:46	00:36:38	01:13:27		
112	<b>BENTKOWSKI Marcin</b>	<b>809</b>	TRIPOWER	M30-34	00:18:03	<b>00:37:21</b>	103	00:03:18	00:11:11	00:37:23	01:14:11		
113	<b>MATEUSIAK Tomasz</b>	<b>765</b>	KB LUPUS OLEŚNICA	M35-39	00:18:47	<b>00:37:41</b>	108	00:04:48	00:10:36	00:36:07	01:12:23		
114	<b>MUCHA Aleksander</b>	<b>512</b>	SALAMANDER RUNNING TEAM	M30-34	00:19:11	<b>00:38:45</b>	131	00:04:44	00:10:33	00:35:46	01:11:26		
115	<b>PIETROWICZ Krzysztof</b>	<b>636</b>	BIG FAMILY	M40-44	00:19:59	<b>00:40:03</b>	169	00:03:52	00:10:14	00:35:18	01:11:06		
116	<b>MALESKA Adam Wiktor</b>	<b>651</b>		M18-24	00:19:07	<b>00:38:49</b>	132	00:04:22	00:10:19	00:35:15	01:11:55		
117	<b>KRZESAK Adam</b>	<b>760</b>	NEON TEAM	M40-44	00:18:04	<b>00:36:41</b>	82	00:04:10	00:10:54	00:37:16	01:14:30		
118	<b>KAPRAL Rafał</b>	<b>843</b>	PEHAMOT SKODA SZCZECIN	M45-49	00:18:23	<b>00:37:08</b>	96	00:04:35	00:10:54	00:36:45	01:13:39		
119	<b>OCHENDAL Maciej</b>	<b>714</b>	TRISPACE	M35-39	00:19:41	<b>00:39:54</b>	163	00:03:07	00:10:22	00:35:27	01:12:33		
120	<b>NOWAKOWSKI Arkadiusz</b>	<b>741</b>	TRIATHLON SIEDLCE CLUB	M35-39	00:19:14	<b>00:39:26</b>	151	00:03:49	00:10:22	00:36:06	01:12:43		
121	<b>PŁÓCIENNIK Dominik</b>	<b>743</b>		M25-29	00:18:52	<b>00:38:35</b>	127	00:04:34	00:10:38	00:36:19	01:12:51		
122	<b>GÓRNY Wojciech</b>	<b>811</b>	TRISPACE/ADAMED	M45-49	00:18:34	<b>00:37:32</b>	105	00:02:53	00:11:33	00:38:17	01:15:38		
	<b>KALISKI Kamil</b>	<b>747</b>	AGROLOK SPORT TEAM	M35-39	00:19:06	<b>00:39:04</b>	141	00:03:24	00:10:50	00:36:05	01:13:38		
124	<b>BICZKOWSKI Kajetan</b>	<b>606</b>	NIGHT RUNNERS	M25-29	00:18:46	<b>00:37:42</b>	109	00:03:40	00:10:49	00:36:59	01:15:05		
125	<b>RYBAK Remigiusz</b>	<b>612</b>		M40-44	00:20:20	<b>00:41:51</b>	194	00:04:11	00:10:05	00:34:52	01:10:26		
126	<b>LUDWINIAK Bogdan</b>	<b>501</b>	HURTINEX	M50-54	00:19:13	<b>00:39:09</b>	145	00:03:12	00:10:55	00:36:10	01:14:15		
127	<b>LIZIK Radosław</b>	<b>684</b>	TRISPACE	M40-44	00:20:01	<b>00:39:59</b>	167	00:04:15	00:10:40	00:36:14	01:12:43		
128	<b>GAJEWSKI Jarosław</b>	<b>826</b>	AUTEX BYDGOSZCZ	M50-54	00:19:00	<b>00:38:33</b>	126	00:04:05	00:10:47	00:36:49	01:14:20		
129	<b>STRACH Wiktor</b>	<b>804</b>	NIEZRZESZONY	M45-49	00:19:36	<b>00:39:04</b>	142	00:04:02	00:10:52	00:37:13	01:14:06		
130	<b>LESISZ Bartłomiej</b>	<b>795</b>		M35-39	00:19:07	<b>00:37:58</b>	113	00:04:37	00:10:46	00:37:34	01:14:57		
131	<b>KNAPIK Mariusz</b>	<b>818</b>	TEAM CZĘSTOCHOWA	M40-44	00:18:42	<b>00:37:49</b>	111	00:04:19	00:11:03	00:37:14	01:15:24		
132	<b>BUDZIŁO Adam</b>	<b>543</b>	PTT DELTA	M45-49	00:18:14	<b>00:36:57</b>	91	00:04:21	00:11:18	00:37:33	01:16:18		
133	<b>RYCHARSKI Bartosz</b>	<b>519</b>		M35-39	00:21:26	<b>00:42:59</b>	214	00:03:23	00:09:53	00:34:34	01:11:15		
134	<b>KARALIUK Andrei</b>	<b>767</b>		M35-39	00:19:02	<b>00:38:18</b>	119	00:04:07	00:11:01	00:37:49	01:15:14		
135	<b>ŚWIDERSKI Jacek</b>	<b>737</b>	ALWAYS WILD TEAM	M40-44	00:17:48	<b>00:36:03</b>	68	00:04:39	00:11:32	00:38:38	01:16:59		
136	<b>WROTEK Mirosław</b>	<b>640</b>		M50-54	00:20:54	<b>00:41:26</b>	191	00:04:32	00:10:26	00:35:56	01:11:51		
137	<b>KLAPUCH Michał</b>	<b>712</b>		M35-39	00:18:13	<b>00:37:06</b>	95	00:04:39	00:11:19	00:38:00	01:16:07		
138	<b>WIŚNIEWSKI Zbigniew</b>	<b>829</b>	BRZOZA BIEGA	M50-54	00:21:33	<b>00:43:18</b>	217	00:03:40	00:10:15	00:35:07	01:10:59		
139	<b>PUSTÓŁ Maciej</b>	<b>678</b>	ADECCO	M35-39	00:19:04	<b>00:38:30</b>	125	00:06:00	00:11:05	00:36:31	01:13:29		
140	<b>DUSIŃSKI Krzysztof</b>	<b>637</b>	TRIREM	M35-39	00:19:01	<b>00:39:13</b>	146	00:04:43	00:10:05	00:35:20	01:14:26		

				Swimming			T1	Cycling			Race
141	<b>TAZBIR Mariusz</b>	<b>701</b>		M30-34	00:17:19	<b>00:35:53</b>	62	00:03:38	00:12:32	00:39:48	01:18:52
142	<b>SZYMAŃSKI Piotr</b>	<b>731</b>		M25-29	00:18:19	<b>00:38:28</b>	123	00:05:31	00:11:03	00:36:45	01:14:38
143	<b>IWICKI Paweł</b>	<b>842</b>	KLINIKA TRIATHLONU BYDGOSZCZ	M25-29	00:20:08	<b>00:40:13</b>	177	00:03:34	00:10:27	00:36:43	01:14:51
144	<b>MOSKAL Aleksander</b>	<b>530</b>		M55-59	00:17:38	<b>00:36:02</b>	67	00:04:13	00:11:33	00:39:11	01:18:35
145	<b>NOWAK Dawid</b>	<b>554</b>		M35-39	00:19:15	<b>00:38:39</b>	129	00:03:10	00:10:58	00:38:28	01:17:04
146	<b>DYBOWSKI Bartosz</b>	<b>572</b>	GENPOWER	M35-39	00:16:03	<b>00:33:40</b>	25	00:03:43	00:11:44	00:40:24	01:21:48
147	<b>CHACUS Adrian</b>	<b>774</b>	TRISPORTOWY.COM	M40-44	00:19:34	<b>00:40:11</b>	175	00:03:35	00:10:46	00:37:20	01:15:40
	<b>LEŚNIEWSKI Piotr</b>	<b>730</b>	NEONTEAM	M35-39	00:18:30	<b>00:38:19</b>	120	00:03:22	00:11:15	00:38:07	01:17:48
149	<b>GRUBA Marek</b>	<b>639</b>		M30-34	00:19:45	<b>00:40:06</b>	170	00:03:54	00:10:58	00:37:29	01:15:31
150	<b>KLÓSKA Jarek</b>	<b>788</b>		M30-34	00:19:56	<b>00:39:51</b>	160	00:03:41	00:11:03	00:37:28	01:16:00
151	<b>ŁUCZAK Paweł</b>	<b>525</b>	TKKF KOLEJARZ BYDGOSZCZ	M45-49	00:20:01	<b>00:40:27</b>	182	00:03:01	00:11:10	00:37:29	01:16:05
152	<b>DZEDZEJ Bartłomiej</b>	<b>790</b>	KK ASTORIA	M30-34	00:17:58	<b>00:36:14</b>	74	00:04:40	00:11:15	00:39:01	01:18:48
153	<b>WAKUŁA Marek</b>	<b>794</b>	TRIATHLON SIEDLCE CLUB	M40-44	00:19:38	<b>00:39:41</b>	154	00:04:02	00:10:46	00:37:20	01:16:01
154	<b>KRASUSKI Mirosław</b>	<b>725</b>	TRIATHLON SIEDLCE CLUB	M50-54	00:21:25	<b>00:43:06</b>	215	00:03:44	00:10:30	00:36:28	01:13:01
155	<b>LEBIODA Adam</b>	<b>754</b>		M45-49	00:18:02	<b>00:36:52</b>	87	00:03:56	00:11:34	00:39:16	01:19:04
156	<b>TALBIERZ Piotr</b>	<b>631</b>	P&P	M40-44	00:20:46	<b>00:41:13</b>	189	00:04:07	00:10:38	00:36:27	01:14:34
157	<b>ANTKOWIAK Bartosz</b>	<b>507</b>	TCMS PESA BYDGOSZCZ	M30-34	00:21:45	<b>00:43:34</b>	222	00:02:31	00:10:21	00:36:25	01:13:52
158	<b>LISIECKI Jacek</b>	<b>694</b>		M45-49	00:20:20	<b>00:42:26</b>	206	00:05:08	00:10:35	00:36:24	01:12:50
159	<b>DAMSKI Łukasz</b>	<b>592</b>	GARDENFLORA MTB TEAM	M35-39	00:21:33	<b>00:43:48</b>	226	00:02:26	00:10:28	00:36:55	01:14:12
160	<b>ZEGARSKI Arkadiusz</b>	<b>539</b>		M45-49	00:19:11	<b>00:38:38</b>	128	00:04:30	00:11:04	00:37:54	01:17:24
161	<b>KEMNITZ Marcin</b>	<b>580</b>	3GRAVITY	M35-39	00:22:27	<b>00:46:28</b>	259	00:03:08	00:10:14	00:34:55	01:10:58
162	<b>HAIZE Tomasz</b>	<b>740</b>	ARRK	M40-44	00:18:57	<b>00:38:49</b>	133	00:03:42	00:10:57	00:38:07	01:18:19
163	<b>POCIEJ Bohdan</b>	<b>748</b>	PTT DELTA	M60-64	00:18:55	<b>00:39:08</b>	144	00:04:41	00:11:07	00:37:55	01:17:05
164	<b>STACHOWSKI Sebastian</b>	<b>778</b>	BIEGAM BO LUBIĘ ZĄBKI TEAM	M35-39	00:19:16	<b>00:39:05</b>	143	00:04:40	00:11:53	00:38:42	01:17:23
165	<b>BEDYK Ireneusz</b>	<b>535</b>	PTT DELTA	M60-64	00:21:41	<b>00:43:55</b>	229	00:04:54	00:10:42	00:36:27	01:12:23
166	<b>KUC Krzysztof</b>	<b>766</b>	TRIREM	M35-39	00:21:14	<b>00:43:32</b>	221	00:05:38	00:10:37	00:35:34	01:12:04
167	<b>KAZIMIERCZYK Adam</b>	<b>643</b>	PTT DELTA	M35-39	00:20:27	<b>00:39:57</b>	165	00:05:28	00:10:55	00:37:14	01:15:51
168	<b>SZRAJDA Marcin</b>	<b>733</b>	TRIFRIENDS	M35-39	00:20:03	<b>00:40:16</b>	178	00:02:54	00:11:18	00:38:25	01:18:11
169	<b>KITKOWSKI Piotr</b>	<b>695</b>		M40-44	00:19:46	<b>00:39:22</b>	148	00:02:48	00:11:10	00:38:49	01:19:21
170	<b>MIELCAREK Maciej</b>	<b>598</b>	MIELCARKS	M25-29	00:19:10	<b>00:40:21</b>	179	00:05:31	00:10:57	00:37:27	01:15:41
171	<b>NADOBNIK Konrad</b>	<b>645</b>		M35-39	00:22:17	<b>00:43:50</b>	227	00:04:03	00:10:29	00:36:22	01:13:52
172	<b>KRUCZKOWSKI Piotr</b>	<b>834</b>	FUJI KRYSPORT TEAM	M50-54	00:22:38	<b>00:45:15</b>	245	00:02:31	00:10:38	00:35:51	01:14:01
173	<b>RZYMSKI Jakub</b>	<b>581</b>		M18-24	00:19:19	<b>00:40:08</b>	173	00:03:39	00:10:49	00:38:46	01:18:27

					Swimming		T	Cycling			Race	
174	<b>ZACHWIEJA Piotr</b>	<b>657</b>		M30-34	00:21:34	<b>00:43:23</b>	220	00:03:18	00:11:09	00:38:00	01:15:37	
175	<b>MIELCAREK Tomasz</b>	<b>591</b>	MIELCARKS	M40-44	00:20:17	<b>00:41:18</b>	190	00:06:23	00:10:44	00:37:13	01:14:40	
176	<b>MIELCAREK Jędrzej</b>	<b>604</b>	MIELCARKS	M25-29	00:20:09	<b>00:41:44</b>	193	00:05:54	00:10:49	00:37:07	01:14:45	
	<b>NOWICKI Wojciech</b>	<b>798</b>	BYDGOSZCZ TRIATHLON TEAM / TRIATHLON KONSULTING	M35-39	00:20:28	<b>00:42:07</b>	200	00:03:28	00:11:01	00:38:12	01:16:51	
178	<b>SKORNOWICZ Paweł</b>	<b>649</b>	WUEF TRI TEAM	M45-49	00:19:26	<b>00:41:01</b>	187	00:04:02	00:11:13	00:38:17	01:17:24	
179	<b>ĆWIK Darek</b>	<b>771</b>	HUSSE TEAM	M40-44	00:19:09	<b>00:38:19</b>	121	00:04:47	00:11:20	00:39:31	01:19:23	
180	<b>MOSIŃSKI Michał</b>	<b>658</b>	HAWAJSKIE REKINY	M30-34	00:20:10	<b>00:42:30</b>	207	00:03:31	00:10:45	00:37:24	01:16:29	
181	<b>MISZTELA Tomasz</b>	<b>628</b>	PTT DELTA	M50-54	00:22:16	<b>00:46:04</b>	255	00:04:41	00:10:27	00:35:42	01:12:04	
182	<b>JANIAK Marek</b>	<b>780</b>		M55-59	00:19:25	<b>00:39:25</b>	150	00:07:37	00:11:13	00:38:09	01:15:52	
183	<b>CHĘCIŃSKI Marek</b>	<b>638</b>	#NEVERGIVEUP	M35-39	00:19:37	<b>00:39:45</b>	157	00:07:48	00:10:47	00:37:09	01:15:29	
184	<b>DYLIK Marcin</b>	<b>718</b>	CELIRONMAN	M35-39	00:18:33	<b>00:37:41</b>	107	00:03:54	00:11:25	00:39:43	01:21:30	
185	<b>CZERNICKI Jakub</b>	<b>671</b>		M35-39	00:18:41	<b>00:38:55</b>	137	00:05:49	00:11:19	00:38:50	01:18:23	
186	<b>KACPERSKI Mirosław</b>	<b>579</b>	PARKRUN POLSKA	M55-59	00:20:25	<b>00:42:08</b>	201	00:03:55	00:11:13	00:38:14	01:17:11	
187	<b>KAMIŃSKI Radosław</b>	<b>726</b>	WUEF TRI TEAM	M25-29	00:20:58	<b>00:43:22</b>	219	00:05:14	00:10:48	00:37:29	01:14:45	
188	<b>WIECZOREK Łukasz</b>	<b>680</b>	RUN4FUN WWW.BYTPAK.PL	M30-34	00:21:03	<b>00:42:59</b>	213	00:03:50	00:10:41	00:38:03	01:16:40	
189	<b>KABAT Błażej</b>	<b>609</b>	TRISPACE	M30-34	00:20:08	<b>00:42:21</b>	205	00:03:39	00:10:44	00:37:29	01:17:30	
190	<b>SANIGÓRSKI Krzysztof</b>	<b>533</b>	NEVERLAND	M40-44	00:21:31	<b>00:45:47</b>	251	00:04:39	00:10:44	00:36:38	01:13:21	
191	<b>WICENBACH Arkadiusz</b>	<b>797</b>	PRUSZCZ BIEGA	M30-34	00:21:52	<b>00:46:31</b>	261	00:03:43	00:10:28	00:36:11	01:13:45	
192	<b>WRZESZCZ Adrian</b>	<b>702</b>	CELIRONMAN	M40-44	00:18:01	<b>00:37:03</b>	94	00:05:21	00:11:33	00:40:59	01:21:37	
193	<b>TYMIŃSKI Dariusz</b>	<b>739</b>	TRITECH	M50-54	00:22:13	<b>00:45:30</b>	249	00:03:32	00:10:55	00:37:31	01:15:02	
194	<b>SZLENDAK Krzysztof</b>	<b>634</b>	WYSOKIE MAZOWIECKIE	M30-34	00:20:31	<b>00:41:54</b>	195	00:05:24	00:11:25	00:38:29	01:16:49	
195	<b>PACANA Krzysztof</b>	<b>618</b>		M30-34	00:19:39	<b>00:39:54</b>	162	00:04:47	00:11:59	00:39:46	01:19:29	
196	<b>KLOCKIEWICZ Zbyszko</b>	<b>633</b>	PŁONAŃCE RACICE	M25-29	00:19:05	<b>00:38:01</b>	115	00:03:43	00:10:54	00:38:24	01:22:26	
197	<b>SZYMONEK Mirosław</b>	<b>719</b>	TRIDEA	M55-59	00:23:17	<b>00:47:03</b>	266	00:04:37	00:10:28	00:35:55	01:12:34	
198	<b>KUTOWSKI Przemysław</b>	<b>613</b>		M40-44	00:20:53	<b>00:42:50</b>	212	00:04:52	00:10:59	00:38:21	01:17:03	
199	<b>SZYMANOWSKI Krzysztof</b>	<b>565</b>	WUEF TRITEAM	M55-59	00:22:22	<b>00:45:03</b>	242	00:05:59	00:11:15	00:36:54	01:13:54	
200	<b>GIERACH Marcin</b>	<b>801</b>	TRISPACE	M40-44	00:23:47	<b>00:48:47</b>	275	00:02:57	00:10:28	00:35:54	01:13:25	
201	<b>JÓŹWIAK Marek</b>	<b>762</b>	FUJI KRYSPORT TEAM	M50-54	00:23:51	<b>00:48:37</b>	273	00:04:23	00:10:43	00:35:47	01:12:33	
202	<b>PASAKALIK Jarosław</b>	<b>749</b>		M40-44	00:19:57	<b>00:40:07</b>	172	00:07:44	00:11:10	00:38:47	01:18:01	

					Swimming			TR	Cycling			Race	
203	<b>STOLIŃSKI Dominik</b>	<b>549</b>	VEGE RUNNERS	M40-44	00:22:42	<b>00:46:31</b>	260	00:03:25	00:11:40	00:37:59	01:16:08		
204	<b>NOWICKI Adam</b>	<b>607</b>	PENTEL- TEAM	M45-49	00:20:33	<b>00:41:41</b>	192	00:04:01	00:11:43	00:39:47	01:20:30		
205	<b>FRYDRYSZEK Michał</b>	<b>810</b>	TRIPOWER	M25-29	00:20:38	<b>00:41:57</b>	198	00:04:28	00:11:16	00:39:10	01:19:59		
206	<b>RYBKOWSKI Grzegorz</b>	<b>553</b>	WTP	M50-54	00:23:05	<b>00:46:57</b>	262	00:04:54	00:10:28	00:36:22	01:14:35		
207	<b>SIEMIŃSKI Radosław</b>	<b>721</b>	GTX TEAM	M35-39	00:19:43	<b>00:40:42</b>	186	00:03:52	00:12:00	00:40:04	01:22:25		
208	<b>SULKA Paweł</b>	<b>526</b>	AZAGO	M40-44	00:22:56	<b>00:45:20</b>	248	00:03:21	00:11:26	00:39:03	01:18:26		
209	<b>KODZIS Piotr</b>	<b>544</b>		M40-44	00:19:37	<b>00:39:23</b>	149	00:05:55	00:11:14	00:39:32	01:21:51		
210	<b>MARCHENKO Dmutriy</b>	<b>664</b>	AMBERMAN	M35-39	00:20:12	<b>00:42:09</b>	202	00:04:26	00:11:18	00:39:56	01:21:20		
211	<b>CIUPA Jarosław</b>	<b>629</b>	ARRK	M45-49	00:21:28	<b>00:42:11</b>	204	00:05:12	00:11:32	00:39:31	01:20:47		
212	<b>KARKOSZKA Marcin</b>	<b>735</b>	KLUB SPORTOWY FABRYKA BIEGANIA OSTRÓW WIELKOPOLSKI	M25-29	00:20:42	<b>00:42:02</b>	199	00:05:04	00:11:31	00:40:15	01:21:20		
213	<b>KAMIŃSKI Sławomir</b>	<b>692</b>	MOBILNY WULKAN	M35-39	00:20:30	<b>00:42:43</b>	210	00:04:18	00:11:30	00:39:59	01:21:41		
214	<b>RZEPKA Marek</b>	<b>677</b>		M45-49	00:22:44	<b>00:45:55</b>	253	00:04:17	00:11:11	00:37:54	01:19:11		
215	<b>MAGA Przemysław</b>	<b>552</b>		M40-44	00:20:04	<b>00:40:42</b>	185	00:08:19	00:11:16	00:39:07	01:20:32		
216	<b>ZIÓŁKOWSKI Andrzej</b>	<b>610</b>		M35-39	00:22:33	<b>00:47:02</b>	265	00:08:19	00:11:08	00:36:52	01:14:31		
217	<b>BYKOWSKI Jacek</b>	<b>770</b>	MBEXPERT.PL	M40-44	00:21:44	<b>00:45:05</b>	243	00:04:11	00:11:30	00:39:39	01:20:53		
218	<b>MAĐEREK Bogusz</b>	<b>784</b>		M18-24	00:22:39	<b>00:46:25</b>	258	00:04:37	00:10:55	00:38:54	01:19:08		
219	<b>LEWANDOWSKI Dominik</b>	<b>813</b>		M18-24	00:21:45	<b>00:44:54</b>	240	00:05:00	00:11:23	00:40:30	01:20:45		
220	<b>PREUSS Daniel</b>	<b>693</b>	ATOS	M40-44	00:19:19	<b>00:39:39</b>	153	00:06:36	00:12:06	00:41:27	01:24:29		
221	<b>NURKIEWICZ Jarosław</b>	<b>578</b>	KUNG FU PANDY 3	M45-49	00:20:54	<b>00:43:10</b>	216	00:03:33	00:11:56	00:41:20	01:24:11		
222	<b>CHUPINA Sergii</b>	<b>706</b>		M35-39	00:21:46	<b>00:43:52</b>	228	00:05:37	00:12:21	00:40:37	01:21:42		
223	<b>BRYLEW Tomasz</b>	<b>156</b>	AGENCJA INTERAKTYWNA SITAB	M40-44	00:21:04	<b>00:44:29</b>	236	00:03:55	00:11:56	00:40:59	01:22:56		
224	<b>RIVAT Emmanuel</b>	<b>504</b>	ARRK	M35-39	00:21:50	<b>00:45:03</b>	241	00:04:29	00:11:40	00:40:03	01:21:51		
225	<b>KUĆ Jarosław</b>	<b>679</b>	KWISA LUBAŃ	M35-39	00:23:25	<b>00:47:11</b>	267	00:04:43	00:12:01	00:40:34	01:19:45		
226	<b>BINDEK Łukasz</b>	<b>518</b>		M35-39	00:20:21	<b>00:42:11</b>	203	00:05:19	00:11:49	00:40:42	01:24:15		
227	<b>ZUBIK Michał</b>	<b>700</b>		M40-44	00:22:14	<b>00:44:41</b>	238	00:06:40	00:11:43	00:39:57	01:20:35		
228	<b>CZARNIECKI Kamil</b>	<b>605</b>	ZARZĄD	M35-39	00:22:42	<b>00:46:18</b>	257	00:04:32	00:11:19	00:39:06	01:21:21		
229	<b>SZYMCZAK Jakub</b>	<b>656</b>		M30-34	00:21:55	<b>00:44:16</b>	234	00:06:02	00:11:27	00:39:58	01:21:59		
230	<b>PRUSACZYK Marcin</b>	<b>676</b>		M45-49	00:20:15	<b>00:39:43</b>	156	00:07:54	00:11:42	00:42:09	01:24:42		
231	<b>STĘPNIAK Krzysztof</b>	<b>601</b>	OPONEO	M40-44	00:21:57	<b>00:47:18</b>	269	00:05:16	00:11:48	00:40:04	01:20:02		
232	<b>KOSMOWSKI Błażej</b>	<b>566</b>		M30-34	00:19:22	<b>00:38:51</b>	134	00:07:06	00:11:41	00:42:01	01:26:41		
233	<b>MALICKI Krzysztof</b>	<b>830</b>	AT- AKTYWNY TRZEBIATÓW	M40-44	00:24:20	<b>00:49:06</b>	278	00:04:20	00:11:25	00:38:44	01:19:24		
234	<b>MOSUR Kamil</b>	<b>590</b>	NRC + RUN CLUB	M40-44	00:21:36	<b>00:43:35</b>	223	00:04:59	00:11:47	00:41:45	01:25:21		



					Swimming			Cycling			Race	
235	<b>RYTEL Rafał</b>	<b>603</b>	ZARZĄD	M35-39	00:22:29	<b>00:44:38</b>	237	00:04:43	00:12:07	00:41:58	01:24:38	
236	<b>GRUBA Jacek</b>	<b>626</b>		M55-59	00:23:14	<b>00:47:45</b>	271	00:04:54	00:11:48	00:39:48	01:21:35	
237	<b>MARKOV Alexey</b>	<b>528</b>	TRI-TEAM SSV ETTLINGEN	M35-39	00:24:35	<b>00:51:00</b>	286	00:05:39	00:11:35	00:38:43	01:17:43	
238	<b>STANKOWSKI Dawid</b>	<b>632</b>	PŁONĄCE RACICE	M25-29	00:21:38	<b>00:44:46</b>	239	00:07:35	00:12:18	00:41:46	01:22:58	
239	<b>PRZEWŁOCKI Jakub</b>	<b>595</b>	KLINIKA TRIATHLONU	M35-39	00:20:13	<b>00:43:42</b>	224	00:08:27	00:12:27	00:41:12	01:23:15	
240	<b>DOLATA Jakub</b>	<b>586</b>		M40-44	00:21:09	<b>00:42:34</b>	208	00:07:19	00:12:23	00:42:06	01:26:30	
241	<b>RZENTKOWSKI Grzegorz</b>	<b>599</b>		M45-49	00:23:23	<b>00:47:00</b>	264	00:04:45	00:12:08	00:41:05	01:25:03	
242	<b>MIELCAREK Mateusz</b>	<b>611</b>	MIELCARKS	M25-29	MIELCARKS	00:21:13	<b>00:44:04</b>	230	00:06:47	00:11:29	00:41:14	01:26:21
243	<b>GOTTFRIED Wojciech</b>	<b>682</b>		M30-34	00:23:50	<b>00:49:38</b>	279	00:05:36	00:12:01	00:40:59	01:23:17	
244	<b>WIELGUS Janusz</b>	<b>711</b>	SPORTEVO	M40-44	00:25:14	<b>00:50:41</b>	285	00:04:11	00:11:40	00:41:49	01:23:57	
245	<b>KRAWCZYK Mateusz</b>	<b>720</b>	URZĄD GMINY OSTRÓW WIELKOPOLSKI	M30-34	00:22:34	<b>00:46:58</b>	263	00:05:14	00:12:35	00:42:11	01:26:46	
246	<b>BRZEZINSKI Marek</b>	<b>773</b>	KORUP MOTION	M45-49	00:24:57	<b>00:51:02</b>	287	00:06:21	00:12:30	00:41:05	01:22:28	
247	<b>ŁYSUNIEC Marcin</b>	<b>812</b>	TMTEAM	M35-39	00:24:41	<b>00:50:18</b>	283	00:04:49	00:12:03	00:41:11	01:24:55	
248	<b>FORCZMAŃSKI Paweł</b>	<b>808</b>		M40-44	00:26:09	<b>00:54:33</b>	292	00:04:30	00:11:44	00:40:14	01:21:13	
249	<b>DRZEWIECKI Rafał</b>	<b>635</b>	RUN4FUN WWW.BYTPAK.PL	M40-44	00:21:05	<b>00:45:58</b>	254	00:04:38	00:12:25	00:43:24	01:29:56	
250	<b>PRAŻYŃSKI Michał</b>	<b>665</b>		M45-49	00:21:35	<b>00:44:18</b>	235	00:08:11	00:12:50	00:43:40	01:28:07	
251	<b>ZIMIŃSKI Zdzisław</b>	<b>542</b>		M60-64	00:24:15	<b>00:48:52</b>	277	00:09:47	00:12:11	00:41:19	01:23:04	
252	<b>KOLOSSA Tomasz</b>	<b>585</b>	WWW.KOLOSSA.PL	M45-49	00:22:27	<b>00:47:16</b>	268	00:05:54	00:12:21	00:42:30	01:28:47	
253	<b>NAPIERAŁSKI Bartosz</b>	<b>630</b>	HATORY	M35-39	00:23:09	<b>00:48:17</b>	272	00:06:31	00:12:03	00:41:55	01:27:37	
254	<b>RZYTKI Piotr</b>	<b>783</b>	KB V-MAXADAMOW	M35-39	KB V-Max Adamów	00:23:49	<b>00:53:10</b>	290	00:04:36	00:12:17	00:42:42	01:25:47
255	<b>MAŁKIŃSKI Józef</b>	<b>845</b>		M60-64	00:21:31	<b>00:44:08</b>	233	00:06:27	00:12:34	00:44:29	01:33:07	
256	<b>MIELEWCZYK Krzysztof</b>	<b>759</b>	SSW HARPUN	M55-59	00:19:14	<b>00:38:28</b>	124	00:09:35	00:13:30	00:47:04	01:36:03	
257	<b>MACIEJAK Marcin</b>	<b>750</b>	JANUSZE TRIATHLONU	M45-49	00:24:47	<b>00:51:07</b>	288	00:04:10	00:11:56	00:40:35	01:30:04	
258	<b>KUPCZYK Tomasz</b>	<b>546</b>		M40-44	00:22:26	<b>00:45:48</b>	252	00:07:05	00:13:21	00:46:21	01:33:33	
259	<b>STAFIEJ Wojciech</b>	<b>620</b>	ARRK	M45-49	00:29:06	<b>00:59:14</b>	295	00:04:39	00:11:59	00:40:44	01:22:50	
260	<b>CZECHOWICZ Tomasz</b>	<b>844</b>		M45-49	00:23:01	<b>00:46:05</b>	256	00:06:38	00:14:01	00:47:36	01:34:58	
261	<b>PRZEWŁOCKI Sławomir</b>	<b>597</b>	KLINIKA TRIATHLONU	M60-64	00:24:19	<b>00:51:21</b>	289	00:05:55	00:13:24	00:45:51	01:32:36	
262	<b>GDANIEC Dariusz</b>	<b>505</b>		M50-54	00:23:34	<b>00:50:06</b>	280	00:08:40	00:13:25	00:44:39	01:31:32	
263	<b>GRACZYK Rafał</b>	<b>560</b>		M45-49	00:23:12	<b>00:47:27</b>	270	00:09:36	00:13:30	00:45:41	01:34:41	

					Swimming		T1	Cycling			Race	
264	<b>SIŁAKOWSKI Ariel</b>	<b>616</b>		M30-34	00:28:21	<b>01:01:17</b>	296	00:07:14	00:12:32	00:42:40	01:28:18	
265	<b>ZENGTELER Andrzej</b>	<b>745</b>		M65-69	00:26:26	<b>00:53:36</b>	291	00:08:57	00:13:56	00:47:55	01:37:23	
266	<b>SZREDER Jarosław</b>	<b>600</b>	NEVER GIVE UP	M25-29	00:28:17	<b>00:58:48</b>	294	00:07:28	00:13:19	00:46:30	01:38:06	
267	<b>CZARNECKI Piotr</b>	<b>593</b>	ROWEROWA BRZOZA	M35-39	00:24:18	<b>00:50:10</b>	281	00:06:37	00:11:36	00:39:48	01:54:11	
268	<b>FRĄCKOWIAK Bartosz</b>	<b>536</b>		M25-29	00:18:56	<b>00:39:56</b>	164	00:42:54	00:28:09	00:57:03	01:38:58	
269	<b>MĄDRY Marcin</b>	<b>715</b>	TTC CZĘSTOCHOWA	M30-34	00:17:38	<b>00:36:04</b>	70	00:02:35	00:10:58	00:35:57		

Total 269 results.