



# OCEAN LAVA TRIATHLON POLSKA 2018 - DYSTANS ŚREDNI 70.3

B4SPORT

**Wydarzenie:** Ocean Lava Triathlon Polska 2018  
**Organizator:** Towarzystwo Sportowe TRI-SPORT  
**Data:** 2018-08-19  
**Miejsce:** Bydgoszcz  
**Dystans:** 113 km

**B4SPORT**  
INTELEGNTE ZAWODY SPORTOWE

Klasyfikacja: Mężczyźni

Punkt pomiarowy: 57,2 km

Msc	Zawodnik	Numer	Klub	Kategoria	Drużyna	Pływanie			T1	Rower				Bieg
						P_Borowno 0.95km	P_Borowno 1.9km	Poz		R_Kotomierz 5km	R_Lidl 20km	R_Kotomierz 40km	R_Lidl 55km	
1	<b>URBAŃSKI Michał</b>	<b>803</b>	TRISPACE/ NEURON REHABILITACJA	M18-24	TRISPACE	00:12:50	<b>00:25:42</b>	1	00:02:20	00:10:09	00:33:53	01:07:19	01:31:11	
2	<b>DEAK Zsombor</b>	<b>836</b>	ASK ALUTA	M25-29		00:14:04	<b>00:29:03</b>	3	00:02:10	00:09:49	00:33:09	01:05:28	01:28:42	
3	<b>DAVIDNIEKS Artis</b>	<b>835</b>	EMU MALPILS SPORTA KLUBS	M40-44		00:15:43	<b>00:32:00</b>	13	00:02:24	00:09:09	00:31:56	01:04:04	01:26:50	
4	<b>PLUTA Gniewomir</b>	<b>779</b>		M35-39		00:14:56	<b>00:29:52</b>	6	00:02:43	00:09:59	00:33:46	01:06:35	01:29:45	
5	<b>MAZUR Paweł</b>	<b>648</b>	AGROLOK SPORT TEAM/UKS TRS SUSZ	M25-29		00:14:57	<b>00:29:59</b>	7	00:02:26	00:10:11	00:33:53	01:06:56	01:30:56	
	<b>PELC Marcin</b>	<b>696</b>	TRISPACE	M30-34		00:16:12	<b>00:32:38</b>	17	00:02:10	00:09:49	00:33:10	01:06:12	01:29:21	
7	<b>ZIĘBA Adam</b>	<b>824</b>	TRISPACE	M45-49	TRISPACE	00:17:26	<b>00:35:56</b>	63	00:02:22	00:09:00	00:31:26	01:03:11	01:25:53	
8	<b>HERING Mateusz</b>	<b>697</b>	TRI TEAM BYTÓW	M25-29	TRI TEAM BYTÓW	00:16:10	<b>00:33:23</b>	23	00:02:10	00:09:40	00:33:07	01:05:44	01:28:59	
9	<b>WOLSKI Krzysztof</b>	<b>673</b>		M35-39		00:14:03	<b>00:29:01</b>	2	00:02:46	00:09:55	00:34:02	01:07:50	01:32:48	
10	<b>WOŹNIAK Łukasz</b>	<b>663</b>		M30-34		00:17:55	<b>00:36:08</b>	72	00:02:34	00:09:13	00:31:45	01:03:40	01:26:11	
11	<b>LEMKE Krzysztof</b>	<b>160</b>	GDYŃSKI TRIATHLON	M40-44		00:17:04	<b>00:34:27</b>	38	00:02:11	00:09:32	00:32:38	01:05:31	01:29:02	
12	<b>HERMELIN Wojciech</b>	<b>529</b>	KANCELARIA HMM	M35-39		00:16:17	<b>00:33:06</b>	21	00:02:26	00:10:00	00:33:45	01:06:39	01:30:11	
13	<b>NAROŹNIK Maciej</b>	<b>650</b>		M30-34		00:15:01	<b>00:31:11</b>	10	00:02:58	00:10:08	00:34:35	01:08:08	01:31:36	
14	<b>RYMER Jakub</b>	<b>563</b>	KLINIKA TRIATHLONU BYDGOSZCZ	M30-34	Klinika Triathlonu Bydgoszcz	00:17:12	<b>00:35:00</b>	48	00:02:53	00:09:28	00:32:23	01:05:26	01:28:29	
15	<b>EJSMONT Krzysztof</b>	<b>831</b>	TRISPACE	M40-44	TRISPACE	00:16:53	<b>00:34:04</b>	29	00:02:29	00:09:36	00:32:47	01:06:04	01:30:07	
16	<b>KARWALA Łukasz</b>	<b>728</b>	TTC	M40-44		00:15:37	<b>00:31:56</b>	12	00:03:01	00:11:11	00:34:22	01:08:00	01:32:18	
17	<b>ZIENKIEWICZ Janusz</b>	<b>557</b>	TRISPACE / ALLIANZ TRIATHLON TEAM	M45-49	TRISPACE	00:16:21	<b>00:33:12</b>	22	00:02:49	00:10:13	00:34:29	01:08:06	01:31:56	
	<b>TUROWIEC Adam</b>	<b>821</b>	UAM TRIATHLON POZNAŃ   APPETITEFORSPTS.COM	M40-44		00:15:50	<b>00:32:28</b>	15	00:02:51	00:10:07	00:34:03	01:08:28	01:33:13	
19	<b>SZUL Daniel</b>	<b>816</b>	SOLANO	M35-39		00:17:51	<b>00:36:30</b>	78	00:02:51	00:09:34	00:33:02	01:06:03	01:29:31	
20	<b>NOSOWSKI Jacek</b>	<b>710</b>		M40-44		00:15:59	<b>00:32:40</b>	19	00:02:51	00:10:05	00:34:33	01:09:03	01:33:35	
21	<b>WYSOCKI Rafał</b>	<b>551</b>	SRITRI/TRIATHLON KONSULTING	M45-49		00:17:08	<b>00:34:43</b>	43	00:02:58	00:09:48	00:33:33	01:07:38	01:31:54	

					Pływanie			Rower				Bieg	
22	<b>ZIELIŃSKI</b> Nicolas	<b>755</b>	OLIMPIASPORT.PL	M25-29	00:16:22	<b>00:33:35</b>	24	00:02:41	00:10:19	00:34:24	01:09:16	01:33:43	
	<b>MARTYNOWICZ</b> Michał	<b>550</b>	TRISPACE	M45-49	00:15:02	<b>00:30:59</b>	9	00:02:29	00:10:12	00:35:10	01:10:53	01:36:45	
24	<b>ŻUREK</b> Jacek	<b>742</b>		M30-34	00:14:33	<b>00:29:46</b>	5	00:02:47	00:10:57	00:36:12	01:11:38	01:37:46	
25	<b>WIERZBOWSKI</b> Krzysztof	<b>532</b>	MOTOINTEGRATOR RUNNING TEAM	M35-39	00:18:26	<b>00:38:00</b>	114	00:02:46	00:09:49	00:32:27	01:05:54	01:29:40	
26	<b>WOŹNIAK</b> Aureliusz	<b>503</b>	AMS	M45-49	00:17:45	<b>00:36:21</b>	77	00:03:16	00:09:55	00:33:14	01:06:50	01:31:05	
27	<b>SOSNOWSKI</b> Jarosław	<b>687</b>	PTT DELTA	M35-39	00:14:11	<b>00:29:19</b>	4	00:03:07	00:10:33	00:35:44	01:11:52	01:38:18	
28	<b>BARTOSIEWICZ</b> Tomasz	<b>667</b>	ARTURKUREK.PRO	M30-34	00:16:35	<b>00:33:56</b>	28	00:02:09	00:09:59	00:34:43	01:09:41	01:35:03	
29	<b>JACHIMEK</b> Marcin	<b>683</b>	ZOO+	M35-39	00:17:33	<b>00:35:47</b>	59	00:03:00	00:10:23	00:34:14	01:08:22	01:32:24	
30	<b>JABŁOŃSKI</b> Jarosław	<b>686</b>	UKS TRS SUSZ/NADLEŚNICTWO SUSZ	M45-49	00:17:35	<b>00:35:50</b>	60	00:02:50	00:10:08	00:33:57	01:08:14	01:32:34	
31	<b>KWIATKOWSKI</b> Rafał	<b>736</b>	KUZNIA TRIATHLONU	M35-39	00:16:45	<b>00:34:07</b>	30	00:02:44	00:10:05	00:34:30	01:09:34	01:34:29	
32	<b>LITAWA</b> Jacek	<b>654</b>		M45-49	00:16:46	<b>00:34:13</b>	31	00:03:03	00:09:58	00:34:04	01:09:17	01:34:37	
33	<b>MUSZYTOWSKI</b> Damian	<b>642</b>	TKT	M35-39	00:17:40	<b>00:35:37</b>	54	00:03:01	00:10:28	00:34:27	01:08:44	01:33:31	
34	<b>POWAŻYŃSKI</b> Arek	<b>602</b>	NEON TEAM	M35-39	00:17:29	<b>00:35:20</b>	51	00:02:42	00:10:07	00:34:39	01:09:43	01:34:47	
35	<b>TRAWCZYŃSKI</b> Jacek	<b>556</b>	TRISPACE	M45-49	00:18:15	<b>00:37:00</b>	93	00:02:36	00:10:08	00:34:23	01:08:53	01:33:14	
36	<b>BIENIEK</b> Patryk	<b>768</b>	ZAWSZE COŚ NIE TAK	M35-39	00:17:47	<b>00:36:11</b>	73	00:03:01	00:09:51	00:33:43	01:08:31	01:33:40	
37	<b>SAWIEŁAJC</b> Jakub	<b>791</b>	FUJI KRYSPORT TEAM	M18-24	00:16:09	<b>00:33:04</b>	20	00:02:55	00:10:27	00:35:36	01:11:01	01:36:55	
38	<b>KOŁAKOWSKI</b> Tomasz	<b>577</b>		M30-34	00:17:50	<b>00:36:31</b>	80	00:02:38	00:09:47	00:33:47	01:08:25	01:33:47	
39	<b>ANDRZEJEWSKI</b> Marcin	<b>787</b>		M30-34	00:18:55	<b>00:38:03</b>	116	00:03:35	00:10:00	00:33:27	01:07:11	01:31:32	
40	<b>KNOTHE</b> Adam	<b>531</b>	BUDSTOL INVEST	M45-49	00:20:00	<b>00:40:35</b>	183	00:02:32	00:09:44	00:33:39	01:06:42	01:30:13	
41	<b>KOWALIKOWSKI</b> Daniel	<b>516</b>		M25-29	00:17:54	<b>00:37:33</b>	106	00:02:37	00:10:33	00:34:40	01:09:41	01:33:11	
42	<b>SŁAWIŃSKI</b> Grzegorz	<b>709</b>	MKL MARATON ŚWINOUJŚCIE	M35-39	00:18:40	<b>00:38:16</b>	118	00:03:30	00:09:51	00:33:48	01:07:52	01:31:53	
43	<b>GAWRONSKI</b> Roman	<b>652</b>		M35-39	00:17:17	<b>00:34:28</b>	39	00:03:08	00:10:15	00:34:59	01:10:52	01:36:06	
44	<b>PORZYCH</b> Rafał	<b>511</b>	RAFSON.TV	M18-24	00:17:32	<b>00:35:58</b>	64	00:03:06	00:09:50	00:33:55	01:09:59	01:34:46	
45	<b>WOJCIECHOWSKI</b> Mirosław	<b>547</b>		M35-39	00:17:19	<b>00:35:58</b>	65	00:03:56	00:10:08	00:34:07	01:09:03	01:34:14	
46	<b>SKRUDLIK</b> Leszek	<b>537</b>	STOWARZYSZENIE FEBYS	M35-39	00:18:05	<b>00:36:07</b>	71	00:03:05	00:10:30	00:34:54	01:10:30	01:35:02	
47	<b>GÓRECKI</b> Tomasz	<b>506</b>	PTT DELTA	M30-34	00:15:39	<b>00:32:19</b>	14	00:03:20	00:10:36	00:36:32	01:13:08	01:38:45	
48	<b>PIEKARSKI</b> Paweł	<b>515</b>		M25-29	00:15:52	<b>00:32:39</b>	18	00:02:37	00:10:33	00:35:49	01:12:10	01:39:14	
49	<b>DEPTUŁA</b> Grzegorz	<b>570</b>	VII LICEUM OGÓLNOKSZTAŁCĄCE W BYDGOSZCZY	M35-39	00:17:25	<b>00:34:57</b>	47	00:02:43	00:10:35	00:35:28	01:11:15	01:36:54	
50	<b>JAUMIEŃ</b> Łukasz	<b>838</b>		M30-34	00:16:20	<b>00:33:46</b>	26	00:03:02	00:10:15	00:35:43	01:11:55	01:37:50	

				Pływanie			Rower			Bieg			
51	<b>BANACH Marcin</b>	<b>839</b>	3GRAVITY	M30-34	3Gravity	00:18:43	<b>00:37:54</b>	112	00:02:05	00:10:22	00:35:09	01:09:53	01:34:46
52	<b>PATALON Piotr</b>	<b>520</b>	ORKAMASTERS	M45-49	OrkaMasters Hawa	00:18:34	<b>00:36:57</b>	92	00:03:30	00:10:13	00:34:30	01:09:27	01:34:22
53	<b>WACŁAWSKI Krzysztof</b>	<b>517</b>	ORKAMASTERS IŁAWA	M50-54	OrkaMasters Hawa	00:16:42	<b>00:34:25</b>	35	00:02:50	00:10:20	00:35:24	01:12:03	01:37:35
54	<b>BYCH Maciej</b>	<b>624</b>	TRIDEA TEAM	M40-44		00:16:58	<b>00:34:15</b>	32	00:04:06	00:11:02	00:35:38	01:11:20	01:36:30
55	<b>KRUPIŃSKI Maciej</b>	<b>527</b>		M35-39		00:18:13	<b>00:36:00</b>	66	00:03:25	00:10:08	00:34:25	01:11:11	01:35:39
56	<b>OSMOLIK Jarek</b>	<b>723</b>	TRI ZARZA TEAM	M40-44		00:20:17	<b>00:40:26</b>	181	00:02:47	00:09:43	00:33:46	01:07:45	01:32:07
57	<b>KALICKI Edward</b>	<b>32</b>	K.T.O. Z KRAKOWA	M50-54		00:19:38	<b>00:38:58</b>	139	00:03:06	00:10:02	00:34:06	01:08:29	01:33:26
58	<b>PONIKWIA Rafał</b>	<b>772</b>	WM TRISELF	M30-34		00:17:09	<b>00:34:49</b>	45	00:03:46	00:10:22	00:36:00	01:11:33	01:36:57
59	<b>KAŻMIERCZAK Marcin</b>	<b>840</b>	CELIRONMAN	M40-44		00:18:28	<b>00:36:54</b>	89	00:02:44	00:11:07	00:35:20	01:10:37	01:36:00
60	<b>SENGER Robert</b>	<b>523</b>	LTT LIPUSZ	M35-39		00:17:44	<b>00:36:16</b>	75	00:03:17	00:10:28	00:34:40	01:10:33	01:36:08
61	<b>KRZEMIŃSKI Adam</b>	<b>573</b>	WUEF TRI TEAM	M35-39		00:17:59	<b>00:36:04</b>	69	00:03:16	00:10:15	00:34:49	01:10:41	01:36:23
62	<b>KRÓL Maciej</b>	<b>793</b>	TRISPACE	M50-54	TRISPACE	00:19:23	<b>00:39:13</b>	147	00:02:56	00:10:35	00:34:48	01:09:23	01:33:44
63	<b>JANKOWSKI Tomasz</b>	<b>623</b>	TRISPACE	M45-49	TRISPACE	00:17:58	<b>00:36:42</b>	83	00:02:33	00:10:41	00:35:55	01:11:09	01:36:42
	<b>WELZER Dariusz</b>	<b>608</b>	WELDA TEAM	M45-49		00:18:59	<b>00:37:48</b>	110	00:03:49	00:10:14	00:34:52	01:09:51	01:34:22
65	<b>KASTRAU Tomasz</b>	<b>574</b>		M35-39		00:15:40	<b>00:32:33</b>	16	00:03:16	00:10:32	00:36:54	01:13:35	01:40:12
66	<b>KUCHARSKI Łukasz</b>	<b>705</b>	CELIRONMAN	M35-39		00:18:14	<b>00:37:24</b>	104	00:04:15	00:10:13	00:34:44	01:09:29	01:34:26
67	<b>KLONOWSKI Tomasz</b>	<b>668</b>	PLATAN	M40-44		00:19:03	<b>00:38:41</b>	130	00:02:40	00:10:26	00:35:13	01:10:10	01:34:45
68	<b>BARCZYKOWSKI Szymon</b>	<b>753</b>	SPOT	M30-34		00:16:59	<b>00:34:27</b>	37	00:03:05	00:10:21	00:35:53	01:12:21	01:38:36
69	<b>KOWALSKI Dariusz</b>	<b>819</b>	ZBZ ŻŁOTÓW	M50-54		00:18:39	<b>00:38:57</b>	138	00:03:19	00:10:12	00:34:42	01:09:19	01:33:52
70	<b>GOŁEMBIEWSKI Marek</b>	<b>587</b>	B4SPORT/MUKS PIĘTNASTKA BYDGOSZCZ	M45-49		00:19:05	<b>00:38:52</b>	135	00:03:05	00:09:56	00:34:38	01:09:07	01:34:14
71	<b>KAPUSNIAK Tomasz</b>	<b>559</b>	TAK DLA TRANSPLANTACJI	M40-44		00:18:08	<b>00:36:54</b>	88	00:03:18	00:10:44	00:35:30	01:11:06	01:36:27
72	<b>ŁUBIAN Michał</b>	<b>752</b>	CTL LOGISTICS	M40-44		00:17:57	<b>00:36:37</b>	81	00:04:04	00:10:26	00:35:48	01:10:27	01:36:00
73	<b>NIC Jakub</b>	<b>545</b>		M40-44		00:18:43	<b>00:37:11</b>	98	00:05:12	00:09:50	00:34:14	01:08:49	01:34:24
74	<b>PIESIK Dawid</b>	<b>704</b>	ARRK	M25-29		00:16:56	<b>00:35:25</b>	52	00:03:51	00:10:20	00:35:24	01:11:26	01:37:32
75	<b>CUPA Ireneusz</b>	<b>796</b>	TRIATHLON KONSULTING	M45-49		00:19:27	<b>00:40:10</b>	174	00:03:28	00:09:55	00:33:45	01:08:16	01:33:35
76	<b>BUCZEK Robert</b>	<b>799</b>	TRIATHLON SIEDLCE CLUB	M40-44	TRIATHLON SIEDLCE CLUB	00:18:12	<b>00:36:46</b>	84	00:05:05	00:10:27	00:35:10	01:10:27	01:35:28
77	<b>WDOWIAK Kamil</b>	<b>777</b>	KLINIKA TRIATHLONU	M25-29		00:18:23	<b>00:36:51</b>	86	00:02:59	00:10:33	00:35:11	01:11:30	01:37:33
78	<b>SZYMAŃSKI Przemysław</b>	<b>514</b>	REWIZOR TRI	M40-44		00:19:22	<b>00:39:42</b>	155	00:02:55	00:10:16	00:34:45	01:09:47	01:34:47
79	<b>AUGUSTYŃIAK Grzegorz</b>	<b>588</b>	PTT DELTA	M45-49		00:17:01	<b>00:35:07</b>	49	00:04:00	00:10:24	00:35:14	01:11:28	01:38:22
80	<b>IGNACZAK Piotr</b>	<b>820</b>	TRISPACE	M45-49	TRISPACE	00:18:10	<b>00:36:56</b>	90	00:02:48	00:10:21	00:35:47	01:11:53	01:37:47
81	<b>CHOLEWIŃSKI Dariusz</b>	<b>615</b>	HURAGAN MIEDZYŃ	M40-44		00:20:39	<b>00:41:11</b>	188	00:02:48	00:09:42	00:33:22	01:08:16	01:33:40
82	<b>WALCZAK Michał</b>	<b>567</b>	3GRAVITY	M30-34		00:17:59	<b>00:37:15</b>	101	00:02:24	00:10:54	00:36:16	01:12:29	01:38:14
	<b>THOMANN Jacek</b>	<b>575</b>	GOULTRA.PL	M30-34		00:19:42	<b>00:39:46</b>	158	00:02:59	00:10:17	00:34:47	01:09:59	01:35:18

				Pływanie			Rower				Bieg		
84	<b>RUPIETA Maksym</b>	<b>674</b>	WUEF TRI TEAM	M40-44	00:16:48	<b>00:33:52</b>	27	00:03:27	00:11:26	00:37:29	01:14:10	01:40:53	
85	<b>ČERNÝ Jiří</b>	<b>833</b>	APM	M40-44	00:18:26	<b>00:37:19</b>	102	00:03:52	00:10:31	00:36:00	01:11:24	01:37:08	
86	<b>ŻYWICKI Bartosz</b>	<b>814</b>	DZIKI KOSZALIN	M35-39	00:19:07	<b>00:38:22</b>	122	00:04:07	00:10:11	00:35:00	01:10:20	01:35:58	
87	<b>KAMIŃSKI Tomasz</b>	<b>653</b>	AMS	M35-39	AMS	00:21:33	<b>00:44:07</b>	232	00:03:12	00:09:45	00:33:20	01:07:03	01:31:13
88	<b>DEBERT Jarek</b>	<b>782</b>	TRINERGY TEAM	M35-39	00:19:33	<b>00:39:28</b>	152	00:03:19	00:10:48	00:35:32	01:10:45	01:36:10	
89	<b>KIEŁCZYŃSKI Andrzej</b>	<b>564</b>	HUBSTA	M30-34	00:17:00	<b>00:34:47</b>	44	00:03:11	00:10:14	00:36:05	01:14:56	01:41:06	
90	<b>ZAWIEJA Bartosz</b>	<b>672</b>	TORUŃSKI KLUB TRIATHLONOWY	M40-44	00:17:26	<b>00:35:46</b>	56	00:03:44	00:10:58	00:35:52	01:12:21	01:39:42	
91	<b>ALSKI Łukasz</b>	<b>661</b>		M30-34	00:17:08	<b>00:35:29</b>	53	00:04:02	00:10:30	00:36:07	01:12:07	01:39:47	
92	<b>BARANOWSKI Roman</b>	<b>522</b>	WYZWANIE TYLKO 31	M45-49	00:14:59	<b>00:30:24</b>	8	00:05:39	00:11:14	00:38:15	01:16:26	01:43:22	
93	<b>SZAFRAŃSKI Michał</b>	<b>589</b>		M40-44	00:18:17	<b>00:37:14</b>	100	00:05:04	00:10:40	00:35:54	01:12:00	01:37:31	
94	<b>IGNACZAK Jarosław</b>	<b>513</b>	KAPLAST SP. Z O.O.	M35-39	00:19:33	<b>00:40:37</b>	184	00:03:30	00:10:06	00:35:10	01:10:23	01:35:46	
	<b>KARWACKI Paweł</b>	<b>815</b>	TRISPACE/SOLANO	M35-39	00:20:16	<b>00:40:07</b>	171	00:02:43	00:10:13	00:34:41	01:11:00	01:37:11	
96	<b>WIERZYŃSKI Damian</b>	<b>510</b>	EXIMO EXTREME TEAM	M30-34	00:19:02	<b>00:38:53</b>	136	00:02:55	00:10:32	00:35:50	01:12:09	01:38:14	
97	<b>HERMANOWICZ Cezary</b>	<b>641</b>	SBR TEAM EŁK	M30-34	00:17:22	<b>00:36:19</b>	76	00:02:49	00:10:31	00:36:51	01:13:33	01:40:56	
98	<b>JABŁOŃSKI Marcin</b>	<b>722</b>	FUJI KRYSPORT TEAM	M45-49	FUJI KRYSPORT TEAM	00:20:02	<b>00:40:02</b>	168	00:02:37	00:10:28	00:35:34	01:11:50	01:37:29
99	<b>KLOMFAS Miron</b>	<b>800</b>	TRISPACE	M40-44	00:18:32	<b>00:37:10</b>	97	00:02:48	00:10:40	00:37:07	01:13:29	01:40:13	
100	<b>MATEUSIAK Tomasz</b>	<b>765</b>	KB LUPUS OLEŚNICA	M35-39	00:18:47	<b>00:37:41</b>	108	00:04:48	00:10:36	00:36:07	01:12:23	01:37:46	
101	<b>WŁODARCZAK Witold</b>	<b>823</b>	TRISPACE	M55-59	00:19:32	<b>00:40:22</b>	180	00:02:53	00:10:07	00:35:03	01:11:28	01:37:24	
102	<b>STALICA Wojciech</b>	<b>675</b>	IZO-ERG	M45-49	00:19:04	<b>00:38:09</b>	117	00:03:45	00:10:22	00:35:40	01:12:30	01:38:51	
103	<b>MUCHA Aleksander</b>	<b>512</b>	SALAMANDER RUNNING TEAM	M30-34	00:19:11	<b>00:38:45</b>	131	00:04:44	00:10:33	00:35:46	01:11:26	01:37:34	
104	<b>BENTKOWSKI Marcin</b>	<b>809</b>	TRIPower	M30-34	00:18:03	<b>00:37:21</b>	103	00:03:18	00:11:11	00:37:23	01:14:11	01:40:25	
105	<b>PIETROWICZ Krzysztof</b>	<b>636</b>	BIG FAMILY	M40-44	00:19:59	<b>00:40:03</b>	169	00:03:52	00:10:14	00:35:18	01:11:06	01:37:10	
106	<b>LICZNIERSKI Marek</b>	<b>660</b>	TRIATHLONISTA.COM	M30-34	00:16:55	<b>00:34:26</b>	36	00:03:29	00:10:42	00:37:44	01:14:58	01:43:15	
107	<b>ROS Piotr</b>	<b>734</b>		M30-34	00:18:20	<b>00:37:12</b>	99	00:04:07	00:10:46	00:36:38	01:13:27	01:39:58	
108	<b>GIBA Grzegorz</b>	<b>827</b>	GB GALOPUJĄCE ŚLIMAKI	M45-49	00:18:09	<b>00:35:40</b>	55	00:04:02	00:11:02	00:37:32	01:14:52	01:41:54	
	<b>ZENGTELER Wojciech</b>	<b>807</b>	LOTOS RUNNING TEAM / SMARUJ NA TRENING TEAM	M35-39	00:16:42	<b>00:34:36</b>	42	00:03:49	00:10:46	00:37:18	01:15:28	01:43:24	
110	<b>KRZESAK Adam</b>	<b>760</b>	NEON TEAM	M40-44	00:18:04	<b>00:36:41</b>	82	00:04:10	00:10:54	00:37:16	01:14:30	01:41:02	
111	<b>KAPRAL Rafał</b>	<b>843</b>	PEHAMOT SKODA SZCZECIN	M45-49	00:18:23	<b>00:37:08</b>	96	00:04:35	00:10:54	00:36:45	01:13:39	01:40:18	
112	<b>MALESKA Adam Wiktor</b>	<b>651</b>		M18-24	00:19:07	<b>00:38:49</b>	132	00:04:22	00:10:19	00:35:15	01:11:55	01:38:52	
	<b>CHRUSTOWSKI Mikołaj</b>	<b>846</b>	KIERUNEK KONA/ATHLETICOMED	M18-24	00:17:59	<b>00:36:31</b>	79	00:03:25	00:10:02	00:35:17	01:12:32	01:42:16	
114	<b>RYBAK Remigiusz</b>	<b>612</b>		M40-44	00:20:20	<b>00:41:51</b>	194	00:04:11	00:10:05	00:34:52	01:10:26	01:36:15	

					Pływanie			Bieg	Rower				Bieg	
115	<b>NOWAKOWSKI Arkadiusz</b>	<b>741</b>	TRIATHLON SIEDLCE CLUB	M35-39	TRIATHLON SIEDLCE CLUB	00:19:14	<b>00:39:26</b>	151	00:03:49	00:10:22	00:36:06	01:12:43	01:39:04	
116	<b>PLÓCIENNIK Dominik</b>	<b>743</b>		M25-29		00:18:52	<b>00:38:35</b>	127	00:04:34	00:10:38	00:36:19	01:12:51	01:39:12	
117	<b>LIZIK Radosław</b>	<b>684</b>	TRISPACE	M40-44		00:20:01	<b>00:39:59</b>	167	00:04:15	00:10:40	00:36:14	01:12:43	01:38:36	
118	<b>OCHENDAL Maciej</b>	<b>714</b>	TRISPACE	M35-39		00:19:41	<b>00:39:54</b>	163	00:03:07	00:10:22	00:35:27	01:12:33	01:39:54	
119	<b>WIŚNIEWSKI Zbigniew</b>	<b>829</b>	BRZOZA BIEGA	M50-54		00:21:33	<b>00:43:18</b>	217	00:03:40	00:10:15	00:35:07	01:10:59	01:35:59	
120	<b>KOZŁOWSKI Marcin</b>	<b>688</b>		M30-34		00:16:47	<b>00:34:52</b>	46	00:03:35	00:10:46	00:37:17	01:16:01	01:44:38	
121	<b>GÓRNY Wojciech</b>	<b>811</b>	TRISPACE/ADAMED	M45-49		00:18:34	<b>00:37:32</b>	105	00:02:53	00:11:33	00:38:17	01:15:38	01:42:47	
122	<b>PUSTÓŁ Maciej</b>	<b>678</b>	ADECCO	M35-39		00:19:04	<b>00:38:30</b>	125	00:06:00	00:11:05	00:36:31	01:13:29	01:38:56	
123	<b>GAJEWSKI Jarosław</b>	<b>826</b>	AUTEX BYDGOSZCZ	M50-54		00:19:00	<b>00:38:33</b>	126	00:04:05	00:10:47	00:36:49	01:14:20	01:40:50	
124	<b>LESISZ Bartłomiej</b>	<b>795</b>		M35-39		00:19:07	<b>00:37:58</b>	113	00:04:37	00:10:46	00:37:34	01:14:57	01:40:57	
125	<b>KARALIUK Andrei</b>	<b>767</b>		M35-39		00:19:02	<b>00:38:18</b>	119	00:04:07	00:11:01	00:37:49	01:15:14	01:41:09	
126	<b>WROTEK Mirosław</b>	<b>640</b>		M50-54		00:20:54	<b>00:41:26</b>	191	00:04:32	00:10:26	00:35:56	01:11:51	01:37:37	
127	<b>STRACH Wiktor</b>	<b>804</b>	NIEZRZESZONY	M45-49		00:19:36	<b>00:39:04</b>	142	00:04:02	00:10:52	00:37:13	01:14:06	01:40:33	
128	<b>ŚWIDERSKI Jacek</b>	<b>737</b>	ALWAYS WILD TEAM	M40-44		00:17:48	<b>00:36:03</b>	68	00:04:39	00:11:32	00:38:38	01:16:59	01:43:16	
129	<b>LUDWINIAK Bogdan</b>	<b>501</b>	HURTINEX	M50-54		00:19:13	<b>00:39:09</b>	145	00:03:12	00:10:55	00:36:10	01:14:15	01:41:41	
130	<b>DUSIŃSKI Krzysztof</b>	<b>637</b>	TRIEM	M35-39		00:19:01	<b>00:39:13</b>	146	00:04:43	00:10:05	00:35:20	01:14:26	01:40:15	
131	<b>RYCHARSKI Bartosz</b>	<b>519</b>		M35-39		00:21:26	<b>00:42:59</b>	214	00:03:23	00:09:53	00:34:34	01:11:15	01:37:52	
	<b>KALISKI Kamil</b>	<b>747</b>	AGROLOK SPORT TEAM	M35-39		00:19:06	<b>00:39:04</b>	141	00:03:24	00:10:50	00:36:05	01:13:38	01:42:03	
133	<b>KNAPIK Mariusz</b>	<b>818</b>	TEAM CZĘSTOCHOWA	M40-44		00:18:42	<b>00:37:49</b>	111	00:04:19	00:11:03	00:37:14	01:15:24	01:42:24	
134	<b>KLAPUCH Michał</b>	<b>712</b>		M35-39		00:18:13	<b>00:37:06</b>	95	00:04:39	00:11:19	00:38:00	01:16:07	01:43:38	
135	<b>KEMNITZ Marcin</b>	<b>580</b>	3GRAVITY	M35-39		00:22:27	<b>00:46:28</b>	259	00:03:08	00:10:14	00:34:55	01:10:58	01:36:17	
136	<b>KRASUSKI Mirosław</b>	<b>725</b>	TRIATHLON SIEDLCE CLUB	M50-54	TRIATHLON SIEDLCE CLUB	00:21:25	<b>00:43:06</b>	215	00:03:44	00:10:30	00:36:28	01:13:01	01:39:05	
137	<b>BUDZIŁO Adam</b>	<b>543</b>	PTT DELTA	M45-49	PTT DELTA	00:18:14	<b>00:36:57</b>	91	00:04:21	00:11:18	00:37:33	01:16:18	01:44:44	
138	<b>IWICKI Paweł</b>	<b>842</b>	KLINIKA TRIATHLONU BYDGOSZCZ	M25-29		00:20:08	<b>00:40:13</b>	177	00:03:34	00:10:27	00:36:43	01:14:51	01:42:16	
139	<b>SZYMAŃSKI Piotr</b>	<b>731</b>		M25-29		00:18:19	<b>00:38:28</b>	123	00:05:31	00:11:03	00:36:45	01:14:38	01:42:09	
140	<b>GRUBA Marek</b>	<b>639</b>		M30-34		00:19:45	<b>00:40:06</b>	170	00:03:54	00:10:58	00:37:29	01:15:31	01:42:10	
141	<b>TAZBIR Mariusz</b>	<b>701</b>		M30-34		00:17:19	<b>00:35:53</b>	62	00:03:38	00:12:32	00:39:48	01:18:52	01:46:43	
142	<b>ANTKOWIAK Bartosz</b>	<b>507</b>	TCMS PESA BYDGOSZCZ	M30-34		00:21:45	<b>00:43:34</b>	222	00:02:31	00:10:21	00:36:25	01:13:52	01:40:14	
143	<b>LISIECKI Jacek</b>	<b>694</b>		M45-49		00:20:20	<b>00:42:26</b>	206	00:05:08	00:10:35	00:36:24	01:12:50	01:38:59	
	<b>LEŚNIEWSKI Piotr</b>	<b>730</b>	NEONTEAM	M35-39		00:18:30	<b>00:38:19</b>	120	00:03:22	00:11:15	00:38:07	01:17:48	01:44:54	
145	<b>CHACUS Adrian</b>	<b>774</b>	TRISPORTOWY.COM	M40-44		00:19:34	<b>00:40:11</b>	175	00:03:35	00:10:46	00:37:20	01:15:40	01:42:54	
146	<b>KLÓSKA Jarek</b>	<b>788</b>		M30-34		00:19:56	<b>00:39:51</b>	160	00:03:41	00:11:03	00:37:28	01:16:00	01:43:13	
147	<b>ŁUCZAK Paweł</b>	<b>525</b>	TKKF KOLEJARZ BYDGOSZCZ	M45-49		00:20:01	<b>00:40:27</b>	182	00:03:01	00:11:10	00:37:29	01:16:05	01:43:31	
148	<b>TALBIERZ Piotr</b>	<b>631</b>	P&P	M40-44		00:20:46	<b>00:41:13</b>	189	00:04:07	00:10:38	00:36:27	01:14:34	01:41:43	

				Pływanie				Rower				Bieg	
149	KUC Krzysztof	766	TRIEM	M35-39	00:21:14	00:43:32	221	00:05:38	00:10:37	00:35:34	01:12:04	01:37:55	
150	NOWAK Dawid	554		M35-39	00:19:15	00:38:39	129	00:03:10	00:10:58	00:38:28	01:17:04	01:45:26	
151	WAKUŁA Marek	794	TRIATHLON SIEDLCE CLUB	M40-44	00:19:38	00:39:41	154	00:04:02	00:10:46	00:37:20	01:16:01	01:43:34	
152	DAMSKI Łukasz	592	GARDENFLORA MTB TEAM	M35-39	00:21:33	00:43:48	226	00:02:26	00:10:28	00:36:55	01:14:12	01:41:12	
153	STACHOWSKI Sebastian	778	BIEGAM BO LUBIĘ ZĄBKI TEAM	M35-39	00:19:16	00:39:05	143	00:04:40	00:11:53	00:38:42	01:17:23	01:43:42	
154	BEDYK Ireneusz	535	PTT DELTA	M60-64	00:21:41	00:43:55	229	00:04:54	00:10:42	00:36:27	01:12:23	01:38:51	
155	MOSKAL Aleksander	530		M55-59	00:17:38	00:36:02	67	00:04:13	00:11:33	00:39:11	01:18:35	01:47:33	
156	NADOBNIK Konrad	645		M35-39	00:22:17	00:43:50	227	00:04:03	00:10:29	00:36:22	01:13:52	01:40:13	
157	DYBOWSKI Bartosz	572	GENPOWER	M35-39	00:16:03	00:33:40	25	00:03:43	00:11:44	00:40:24	01:21:48	01:50:51	
158	DZEDZEJ Bartłomiej	790	KK ASTORIA	M30-34	00:17:58	00:36:14	74	00:04:40	00:11:15	00:39:01	01:18:48	01:47:27	
159	MIELCAREK Maciej	598	MIELCARKS	M25-29	00:19:10	00:40:21	179	00:05:31	00:10:57	00:37:27	01:15:41	01:42:30	
160	KRUCZKOWSKI Piotr	834	FUJI KRYSPORT TEAM	M50-54	00:22:38	00:45:15	245	00:02:31	00:10:38	00:35:51	01:14:01	01:41:06	
161	MISZTELA Tomasz	628	PTT DELTA	M50-54	00:22:16	00:46:04	255	00:04:41	00:10:27	00:35:42	01:12:04	01:38:15	
162	KAZIMIERCZYK Adam	643	PTT DELTA	M35-39	00:20:27	00:39:57	165	00:05:28	00:10:55	00:37:14	01:15:51	01:43:39	
163	LEBIODA Adam	754		M45-49	00:18:02	00:36:52	87	00:03:56	00:11:34	00:39:16	01:19:04	01:48:19	
164	SZRAJDA Marcin	733	TRIFRIENDS	M35-39	00:20:03	00:40:16	178	00:02:54	00:11:18	00:38:25	01:18:11	01:46:12	
165	ZACHWIEJA Piotr	657		M30-34	00:21:34	00:43:23	220	00:03:18	00:11:09	00:38:00	01:15:37	01:42:48	
166	HAIZE Tomasz	740	ARRK	M40-44	00:18:57	00:38:49	133	00:03:42	00:10:57	00:38:07	01:18:19	01:47:01	
167	SANIGÓRSKI Krzysztof	533	NEVERLAND	M40-44	00:21:31	00:45:47	251	00:04:39	00:10:44	00:36:38	01:13:21	01:39:08	
168	POCIEJ Bohdan	748	PTT DELTA	M60-64	00:18:55	00:39:08	144	00:04:41	00:11:07	00:37:55	01:17:05	01:45:47	
169	MIELCAREK Tomasz	591	MIELCARKS	M40-44	00:20:17	00:41:18	190	00:06:23	00:10:44	00:37:13	01:14:40	01:42:01	
170	KAMIŃSKI Radosław	726	WUEF TRI TEAM	M25-29	00:20:58	00:43:22	219	00:05:14	00:10:48	00:37:29	01:14:45	01:41:07	
171	MIELCAREK Jędrzej	604	MIELCARKS	M25-29	00:20:09	00:41:44	193	00:05:54	00:10:49	00:37:07	01:14:45	01:42:06	
172	SKORNOWICZ Paweł	649	WUEF TRI TEAM	M45-49	00:19:26	00:41:01	187	00:04:02	00:11:13	00:38:17	01:17:24	01:44:56	
173	SZYMONEK Mirosław	719	TRIDEA	M55-59	00:23:17	00:47:03	266	00:04:37	00:10:28	00:35:55	01:12:34	01:38:21	
174	KACPERSKI Mirosław	579	PARKRUN POLSKA	M55-59	00:20:25	00:42:08	201	00:03:55	00:11:13	00:38:14	01:17:11	01:44:06	
175	MOSIŃSKI Michał	658	HAWAJSKIE REKINY	M30-34	00:20:10	00:42:30	207	00:03:31	00:10:45	00:37:24	01:16:29	01:44:09	
176	ZEGARSKI Arkadiusz	539		M45-49	00:19:11	00:38:38	128	00:04:30	00:11:04	00:37:54	01:17:24	01:47:04	
177	JANIAK Marek	780		M55-59	00:19:25	00:39:25	150	00:07:37	00:11:13	00:38:09	01:15:52	01:43:12	
178	RZYMSKI Jakub	581		M18-24	00:19:19	00:40:08	173	00:03:39	00:10:49	00:38:46	01:18:27	01:46:28	
179	WICENBACH Arkadiusz	797	PRUSZCZ BIEGA	M30-34	00:21:52	00:46:31	261	00:03:43	00:10:28	00:36:11	01:13:45	01:40:02	



				Pływanie			Rower				Bieg	
180	<b>KITKOWSKI Piotr</b>	<b>695</b>		M40-44	00:19:46	<b>00:39:22</b>	148	00:02:48	00:11:10	00:38:49	01:19:21	01:48:09
	<b>NOWICKI Wojciech</b>	<b>798</b>	BYDGOSZCZ TRIATHLON TEAM / TRIATHLON KONSULTING	M35-39	00:20:28	<b>00:42:07</b>	200	00:03:28	00:11:01	00:38:12	01:16:51	01:44:45
182	<b>WIECZOREK Łukasz</b>	<b>680</b>	RUN4FUN WWW.BYTPAK.PL	M30-34	00:21:03	<b>00:42:59</b>	213	00:03:50	00:10:41	00:38:03	01:16:40	01:43:48
183	<b>ĆWIK Darek</b>	<b>771</b>	HUSSE TEAM	M40-44	00:19:09	<b>00:38:19</b>	121	00:04:47	00:11:20	00:39:31	01:19:23	01:47:32
184	<b>CHĘCIŃSKI Marek</b>	<b>638</b>	#NEVERGIVEUP	M35-39	00:19:37	<b>00:39:45</b>	157	00:07:48	00:10:47	00:37:09	01:15:29	01:43:25
185	<b>TYMIŃSKI Dariusz</b>	<b>739</b>	TRITECH	M50-54	00:22:13	<b>00:45:30</b>	249	00:03:32	00:10:55	00:37:31	01:15:02	01:42:24
186	<b>CZERNICKI Jakub</b>	<b>671</b>		M35-39	00:18:41	<b>00:38:55</b>	137	00:05:49	00:11:19	00:38:50	01:18:23	01:46:43
187	<b>SZLENDAK Krzysztof</b>	<b>634</b>	WYSOKIE MAZOWIECKIE	M30-34	00:20:31	<b>00:41:54</b>	195	00:05:24	00:11:25	00:38:29	01:16:49	01:44:10
188	<b>SZYMANOWSKI Krzysztof</b>	<b>565</b>	WUEF TRITEAM	M55-59	00:22:22	<b>00:45:03</b>	242	00:05:59	00:11:15	00:36:54	01:13:54	01:40:27
189	<b>GIERACH Marcin</b>	<b>801</b>	TRISPACE	M40-44	00:23:47	<b>00:48:47</b>	275	00:02:57	00:10:28	00:35:54	01:13:25	01:40:05
190	<b>PACANA Krzysztof</b>	<b>618</b>		M30-34	00:19:39	<b>00:39:54</b>	162	00:04:47	00:11:59	00:39:46	01:19:29	01:47:47
191	<b>KUTOWSKI Przemysław</b>	<b>613</b>		M40-44	00:20:53	<b>00:42:50</b>	212	00:04:52	00:10:59	00:38:21	01:17:03	01:44:48
192	<b>JÓZWIAK Marek</b>	<b>762</b>	FUJI KRYSPORT TEAM	M50-54	00:23:51	<b>00:48:37</b>	273	00:04:23	00:10:43	00:35:47	01:12:33	01:39:54
193	<b>DYLIK Marcin</b>	<b>718</b>	CELIRONMAN	M35-39	00:18:33	<b>00:37:41</b>	107	00:03:54	00:11:25	00:39:43	01:21:30	01:51:21
194	<b>STOLIŃSKI Dominik</b>	<b>549</b>	VEGE RUNNERS	M40-44	00:22:42	<b>00:46:31</b>	260	00:03:25	00:11:40	00:37:59	01:16:08	01:43:10
195	<b>KABAT Błażej</b>	<b>609</b>	TRISPACE	M30-34	00:20:08	<b>00:42:21</b>	205	00:03:39	00:10:44	00:37:29	01:17:30	01:47:16
196	<b>WRZESZCZ Adrian</b>	<b>702</b>	CELIRONMAN	M40-44	00:18:01	<b>00:37:03</b>	94	00:05:21	00:11:33	00:40:59	01:21:37	01:51:28
197	<b>KLOCKIEWICZ Zbyszko</b>	<b>633</b>	PŁONAŃCE RACICE	M25-29	00:19:05	<b>00:38:01</b>	115	00:03:43	00:10:54	00:38:24	01:22:26	01:52:14
198	<b>PASAKALIK Jarosław</b>	<b>749</b>		M40-44	00:19:57	<b>00:40:07</b>	172	00:07:44	00:11:10	00:38:47	01:18:01	01:46:11
199	<b>NOWICKI Adam</b>	<b>607</b>	PENTEL- TEAM	M45-49	00:20:33	<b>00:41:41</b>	192	00:04:01	00:11:43	00:39:47	01:20:30	01:49:18
200	<b>SULKA Paweł</b>	<b>526</b>	AZAGO	M40-44	00:22:56	<b>00:45:20</b>	248	00:03:21	00:11:26	00:39:03	01:18:26	01:46:25
201	<b>FRYDRYSZEK Michał</b>	<b>810</b>	TRIPower	M25-29	00:20:38	<b>00:41:57</b>	198	00:04:28	00:11:16	00:39:10	01:19:59	01:49:05
202	<b>RYBKOWSKI Grzegorz</b>	<b>553</b>	WTP	M50-54	00:23:05	<b>00:46:57</b>	262	00:04:54	00:10:28	00:36:22	01:14:35	01:43:52
203	<b>SIEMIŃSKI Radosław</b>	<b>721</b>	GTX TEAM	M35-39	00:19:43	<b>00:40:42</b>	186	00:03:52	00:12:00	00:40:04	01:22:25	01:51:31
204	<b>ZIÓŁKOWSKI Andrzej</b>	<b>610</b>		M35-39	00:22:33	<b>00:47:02</b>	265	00:08:19	00:11:08	00:36:52	01:14:31	01:41:21
205	<b>CIUPA Jarosław</b>	<b>629</b>	ARRK	M45-49	00:21:28	<b>00:42:11</b>	204	00:05:12	00:11:32	00:39:31	01:20:47	01:49:43
206	<b>KODZIS Piotr</b>	<b>544</b>		M40-44	00:19:37	<b>00:39:23</b>	149	00:05:55	00:11:14	00:39:32	01:21:51	01:52:03
207	<b>RZEPKA Marek</b>	<b>677</b>		M45-49	00:22:44	<b>00:45:55</b>	253	00:04:17	00:11:11	00:37:54	01:19:11	01:48:32
208	<b>MAĐEREK Bogusz</b>	<b>784</b>		M18-24	00:22:39	<b>00:46:25</b>	258	00:04:37	00:10:55	00:38:54	01:19:08	01:47:43
209	<b>KARKOSZKA Marcin</b>	<b>735</b>	KLUB SPORTOWY FABRYKA BIEGANIA OSTRÓW WIELKOPOLSKI	M25-29	00:20:42	<b>00:42:02</b>	199	00:05:04	00:11:31	00:40:15	01:21:20	01:51:55
210	<b>BYKOWSKI Jacek</b>	<b>770</b>	MBEXPERT.PL	M40-44	00:21:44	<b>00:45:05</b>	243	00:04:11	00:11:30	00:39:39	01:20:53	01:49:52
211	<b>MARCHENKO Dmutriy</b>	<b>664</b>	AMBERMAN	M35-39	00:20:12	<b>00:42:09</b>	202	00:04:26	00:11:18	00:39:56	01:21:20	01:52:53

				Pływanie			Rower				Bieg	
212	<b>MAGA Przemysław</b>	<b>552</b>		M40-44	00:20:04	<b>00:40:42</b>	185	00:08:19	00:11:16	00:39:07	01:20:32	01:50:33
213	<b>KUĆ Jarosław</b>	<b>679</b>	KWISA LUBAŃ	M35-39	00:23:25	<b>00:47:11</b>	267	00:04:43	00:12:01	00:40:34	01:19:45	01:48:24
214	<b>CHUPINA Sergii</b>	<b>706</b>		M35-39	00:21:46	<b>00:43:52</b>	228	00:05:37	00:12:21	00:40:37	01:21:42	01:50:58
215	<b>MALICKI Krzysztof</b>	<b>830</b>	AT- AKTYWNY TRZEBIATÓW	M40-44	00:24:20	<b>00:49:06</b>	278	00:04:20	00:11:25	00:38:44	01:19:24	01:47:02
216	<b>KAMIŃSKI Sławomir</b>	<b>692</b>	MOBILNY WULKAN	M35-39	00:20:30	<b>00:42:43</b>	210	00:04:18	00:11:30	00:39:59	01:21:41	01:53:30
217	<b>NURKIEWICZ Jarosław</b>	<b>578</b>	KUNG FU PANDY 3	M45-49	00:20:54	<b>00:43:10</b>	216	00:03:33	00:11:56	00:41:20	01:24:11	01:54:22
218	<b>ZUBIK Michał</b>	<b>700</b>		M40-44	00:22:14	<b>00:44:41</b>	238	00:06:40	00:11:43	00:39:57	01:20:35	01:49:53
219	<b>STĘPNIAK Krzysztof</b>	<b>601</b>	OPONEO	M40-44	00:21:57	<b>00:47:18</b>	269	00:05:16	00:11:48	00:40:04	01:20:02	01:48:48
220	<b>PREUSS Daniel</b>	<b>693</b>	ATOS	M40-44	00:19:19	<b>00:39:39</b>	153	00:06:36	00:12:06	00:41:27	01:24:29	01:55:11
221	<b>MARKOV Alexey</b>	<b>528</b>	TRI-TEAM SSV ETTLINGEN	M35-39	00:24:35	<b>00:51:00</b>	286	00:05:39	00:11:35	00:38:43	01:17:43	01:44:50
222	<b>RIVAT Emmanuel</b>	<b>504</b>	ARRK	M35-39	00:21:50	<b>00:45:03</b>	241	00:04:29	00:11:40	00:40:03	01:21:51	01:52:13
223	<b>LEWANDOWSKI Dominik</b>	<b>813</b>		M18-24	00:21:45	<b>00:44:54</b>	240	00:05:00	00:11:23	00:40:30	01:20:45	01:52:13
224	<b>CZARNIECKI Kamil</b>	<b>605</b>	ZARZĄD	M35-39	00:22:42	<b>00:46:18</b>	257	00:04:32	00:11:19	00:39:06	01:21:21	01:51:24
225	<b>SZYMCZAK Jakub</b>	<b>656</b>		M30-34	00:21:55	<b>00:44:16</b>	234	00:06:02	00:11:27	00:39:58	01:21:59	01:52:22
226	<b>BRYLEW Tomasz</b>	<b>156</b>	AGENCJA INTERAKTYWNA SITAB	M40-44	00:21:04	<b>00:44:29</b>	236	00:03:55	00:11:56	00:40:59	01:22:56	01:54:19
227	<b>BINDEK Łukasz</b>	<b>518</b>		M35-39	00:20:21	<b>00:42:11</b>	203	00:05:19	00:11:49	00:40:42	01:24:15	01:55:36
228	<b>GRUBA Jacek</b>	<b>626</b>		M55-59	00:23:14	<b>00:47:45</b>	271	00:04:54	00:11:48	00:39:48	01:21:35	01:51:51
229	<b>PRUSACZYK Marcin</b>	<b>676</b>		M45-49	00:20:15	<b>00:39:43</b>	156	00:07:54	00:11:42	00:42:09	01:24:42	01:57:28
230	<b>KOSMOWSKI Błażej</b>	<b>566</b>		M30-34	00:19:22	<b>00:38:51</b>	134	00:07:06	00:11:41	00:42:01	01:26:41	01:59:16
231	<b>STANKOWSKI Dawid</b>	<b>632</b>	PŁONAŃCE RACICE	M25-29	00:21:38	<b>00:44:46</b>	239	00:07:35	00:12:18	00:41:46	01:22:58	01:52:53
232	<b>MOSUR Kamil</b>	<b>590</b>	NRC + RUN CLUB	M40-44	00:21:36	<b>00:43:35</b>	223	00:04:59	00:11:47	00:41:45	01:25:21	01:56:44
233	<b>RYTEL Rafał</b>	<b>603</b>	ZARZĄD	M35-39	00:22:29	<b>00:44:38</b>	237	00:04:43	00:12:07	00:41:58	01:24:38	01:56:10
234	<b>PRZEWŁOCKI Jakub</b>	<b>595</b>	KLINIKA TRIATHLONU	M35-39	00:20:13	<b>00:43:42</b>	224	00:08:27	00:12:27	00:41:12	01:23:15	01:53:46
235	<b>RZENTKOWSKI Grzegorz</b>	<b>599</b>		M45-49	00:23:23	<b>00:47:00</b>	264	00:04:45	00:12:08	00:41:05	01:25:03	01:55:12
236	<b>GOTTFRIED Wojciech</b>	<b>682</b>		M30-34	00:23:50	<b>00:49:38</b>	279	00:05:36	00:12:01	00:40:59	01:23:17	01:53:01
237	<b>BICZKOWSKI Kajetan</b>	<b>606</b>	NIGHT RUNNERS	M25-29	00:18:46	<b>00:37:42</b>	109	00:03:40	00:10:49	00:36:59	01:15:05	02:07:02
238	<b>WIELGUS Janusz</b>	<b>711</b>	SPORTEVO	M40-44	00:25:14	<b>00:50:41</b>	285	00:04:11	00:11:40	00:41:49	01:23:57	01:53:41
239	<b>DOLATA Jakub</b>	<b>586</b>		M40-44	00:21:09	<b>00:42:34</b>	208	00:07:19	00:12:23	00:42:06	01:26:30	01:59:10
240	<b>ŁYSUNIEC Marcin</b>	<b>812</b>	TMTEAM	M35-39	00:24:41	<b>00:50:18</b>	283	00:04:49	00:12:03	00:41:11	01:24:55	01:53:59
241	<b>BRZEZINSKI Marek</b>	<b>773</b>	KORUP MOTION	M45-49	00:24:57	<b>00:51:02</b>	287	00:06:21	00:12:30	00:41:05	01:22:28	01:52:03
242	<b>FORCZMAŃSKI Paweł</b>	<b>808</b>		M40-44	00:26:09	<b>00:54:33</b>	292	00:04:30	00:11:44	00:40:14	01:21:13	01:51:02
243	<b>KRAWCZYK Mateusz</b>	<b>720</b>	URZĄD GMINY OSTRÓW WIELKOPOLSKI	M30-34	00:22:34	<b>00:46:58</b>	263	00:05:14	00:12:35	00:42:11	01:26:46	01:58:22



					Pływanie			Bieg	Rower				Bieg	
244	<b>MIELCAREK Mateusz</b>	<b>611</b>	MIELCARKS	M25-29	MIELCARKS	00:21:13	<b>00:44:04</b>	230	00:06:47	00:11:29	00:41:14	01:26:21	01:59:48	
245	<b>PRAŻYŃSKI Michał</b>	<b>665</b>		M45-49		00:21:35	<b>00:44:18</b>	235	00:08:11	00:12:50	00:43:40	01:28:07	01:59:50	
246	<b>ZIMIŃSKI Zdzisław</b>	<b>542</b>		M60-64		00:24:15	<b>00:48:52</b>	277	00:09:47	00:12:11	00:41:19	01:23:04	01:54:25	
247	<b>DRZEWIECKI Rafał</b>	<b>635</b>	RUN4FUN WWW.BYTPAK.PL	M40-44		00:21:05	<b>00:45:58</b>	254	00:04:38	00:12:25	00:43:24	01:29:56	02:03:01	
248	<b>NAPIERALSKI Bartosz</b>	<b>630</b>	HATORY	M35-39		00:23:09	<b>00:48:17</b>	272	00:06:31	00:12:03	00:41:55	01:27:37	02:00:11	
249	<b>KOLOSSA Tomasz</b>	<b>585</b>	WWW.KOLOSSA.PL	M45-49		00:22:27	<b>00:47:16</b>	268	00:05:54	00:12:21	00:42:30	01:28:47	02:02:10	
250	<b>RZYTKI Piotr</b>	<b>783</b>	KB V-MAXADAMOW	M35-39	KB V-Max Adamów	00:23:49	<b>00:53:10</b>	290	00:04:36	00:12:17	00:42:42	01:25:47	01:57:54	
251	<b>STAFIEJ Wojciech</b>	<b>620</b>	ARRK	M45-49		00:29:06	<b>00:59:14</b>	295	00:04:39	00:11:59	00:40:44	01:22:50	01:52:16	
252	<b>MACIEJAK Marcin</b>	<b>750</b>	JANUSZE TRIATHLONU	M45-49		00:24:47	<b>00:51:07</b>	288	00:04:10	00:11:56	00:40:35	01:30:04	02:01:38	
253	<b>MAŁKIŃSKI Józef</b>	<b>845</b>		M60-64		00:21:31	<b>00:44:08</b>	233	00:06:27	00:12:34	00:44:29	01:33:07	02:08:50	
254	<b>CZECHOWICZ Tomasz</b>	<b>844</b>		M45-49		00:23:01	<b>00:46:05</b>	256	00:06:38	00:14:01	00:47:36	01:34:58	02:06:44	
255	<b>MIELEWCZYK Krzysztof</b>	<b>759</b>	SSW HARPUN	M55-59		00:19:14	<b>00:38:28</b>	124	00:09:35	00:13:30	00:47:04	01:36:03	02:12:24	
256	<b>KUPCZYK Tomasz</b>	<b>546</b>		M40-44		00:22:26	<b>00:45:48</b>	252	00:07:05	00:13:21	00:46:21	01:33:33	02:08:14	
257	<b>PRZEWŁOCKI Sławomir</b>	<b>597</b>	KLINIKA TRIATHLONU	M60-64		00:24:19	<b>00:51:21</b>	289	00:05:55	00:13:24	00:45:51	01:32:36	02:06:49	
258	<b>GDANIEC Dariusz</b>	<b>505</b>		M50-54		00:23:34	<b>00:50:06</b>	280	00:08:40	00:13:25	00:44:39	01:31:32	02:05:24	
259	<b>GRACZYK Rafał</b>	<b>560</b>		M45-49		00:23:12	<b>00:47:27</b>	270	00:09:36	00:13:30	00:45:41	01:34:41	02:11:24	
260	<b>SIŁAKOWSKI Ariel</b>	<b>616</b>		M30-34		00:28:21	<b>01:01:17</b>	296	00:07:14	00:12:32	00:42:40	01:28:18	02:01:54	
261	<b>ZENGTELER Andrzej</b>	<b>745</b>		M65-69		00:26:26	<b>00:53:36</b>	291	00:08:57	00:13:56	00:47:55	01:37:23	02:14:06	
262	<b>SZREDER Jarosław</b>	<b>600</b>	NEVER GIVE UP	M25-29		00:28:17	<b>00:58:48</b>	294	00:07:28	00:13:19	00:46:30	01:38:06	02:15:26	
263	<b>CZARNECKI Piotr</b>	<b>593</b>	ROWEROWA BRZOZA	M35-39		00:24:18	<b>00:50:10</b>	281	00:06:37	00:11:36	00:39:48	01:54:11	02:26:17	
264	<b>MĄDRY Marcin</b>	<b>715</b>	TTC CZĘSTOCHOWA	M30-34		00:17:38	<b>00:36:04</b>	70	00:02:35	00:10:58	00:35:57		02:52:03	
265	<b>FRĄCKOWIAK Bartosz</b>	<b>536</b>		M25-29		00:18:56	<b>00:39:56</b>	164	00:42:54	00:28:09	00:57:03	01:38:58	02:09:52	
	<b>WRZOCHALSKI Robert</b>	<b>792</b>	TRIDEA	M45-49		00:21:21	<b>00:42:36</b>	209	00:02:54	00:10:04	00:34:32	01:08:56		
	<b>POLAŃSKI Tomasz</b>	<b>502</b>	B4SPORT	M40-44		00:17:29	<b>00:35:13</b>	50	00:02:50	00:09:36		01:08:31		
	<b>JEDOWSKI Maciej</b>	<b>828</b>	SOLANO	M35-39		00:17:32	<b>00:35:51</b>	61	00:02:42	00:09:27	00:32:37	01:05:18		
	<b>MAGDZIARZ Jakub</b>	<b>699</b>	KANCELARIA-HMM	M35-39		00:16:50	<b>00:34:18</b>	33	00:02:21	00:09:58	00:34:04	01:08:16		

Znaleziono 269 wynik(ów)