



# OCEAN LAVA TRIATHLON POLSKA 2018 - SPRINT

B4SPORT

**B4SPORT**  
INTELIGENTNE ZAWODY SPORTOWE

**Wydarzenie:** Ocean Lava Triathlon Polska 2018  
**Organizator:** Towarzystwo Sportowe TRI-SPORT  
**Data:** 2018-08-18  
**Miejsce:** Bydgoszcz  
**Dystans:** 25.75 km

Klasyfikacja: 1 Fala

Punkt pomiarowy: 25,6 km

Msc	Zawodnik	Numer	Klub	Kategoria	Pływanie		Poz	Rower		Poz	Bieg	
					P_Borowno 0.75km	Poz		R_Lidl 20km	Poz		B_Announcer 4.59km	Poz
1	ŁAWICKI Marcin	24	MKS POLKOWICE	M30-39	00:09:43	1	00:01:57	00:27:36	1	00:00:46	00:17:30	
2	KUBIŃSKI Jakub	225	ENEA BYDGOSZCZ TRIATHLON	M30-39	00:10:53	3	00:01:55	00:28:53	2	00:00:43	00:19:49	
3	RÓŻALSKI Piotr	55	ETT - ELBLĄG TRIATHLON TEAM	M30-39	00:11:09	5	00:02:02	00:29:52	5	00:00:51	00:19:18	
4	KOWALSKI Tomek	208	TRINERGY	M30-39	00:10:28	2	00:02:02	00:29:21	3	00:00:52	00:20:46	
5	PIERNICKI Krzysztof	184	ENDURE TEAM	M30-39	00:11:07	4	00:01:58	00:29:31	4	00:00:40	00:20:24	
6	BEDNARCZYK Tomasz	54		M30-39	00:11:27	6	00:02:15	00:30:59	11	00:00:46	00:18:58	
7	TOPCZEWSKI Gracjan	18	TRISPACE / BYDGOSZCZ TRIATHLON TEAM	M40-49	00:12:01	10	00:02:22	00:30:03	7	00:00:53	00:20:03	
8	ZAKRZEWSKI Szymon	148	MOGILNO TEAM	M18-29	00:13:25	20	00:02:14	00:30:02	6	00:00:44	00:19:28	
9	BARTKOWIAK Dawid	216	BIURO RACHUNKOWE 'TRADEMARK DB' PIŁA	M40-49	00:12:56	14	00:02:14	00:30:49	10	00:00:48	00:20:57	
10	LESISZ Maciej	230	TRIADA NAMYSŁÓW	M40-49	00:11:46	9	00:02:46	00:30:30	9	00:00:49	00:21:59	
11	PIEKARSKI Marek	20		M40-49	00:13:34	24	00:02:09	00:31:12	12	00:00:47	00:20:35	
12	MAAS Oliver	40	SOPREMA TSV TEAM MANN	M18-29	00:11:45	8	00:02:43	00:33:59	61	00:01:08	00:19:12	
13	MAKSYMIOUK Marta	47	ETT - ELBLĄG TRIATHLON TEAM	K30-39	00:13:13	16	00:02:15	00:32:26	26	00:00:52	00:20:39	
14	JARZEMBOWICZ Maciej	177	TRINERGY	M30-39	00:14:03	34	00:03:14	00:31:26	15	00:00:47	00:19:57	
15	BASIŃSKI Łukasz	143	OLIMPIASPORT.PL	M18-29	00:14:05	36	00:02:15	00:31:28	16	00:00:50	00:20:54	
16	LEWANDOWSKI Tomasz	17	RCI BYDGOSZCZ	M30-39	00:13:42	27	00:02:45	00:32:31	27	00:00:53	00:20:45	
17	KOBZIAKOWSKI Klaudiusz	205	TRISPACE	M18-29	00:13:30	21	00:02:23	00:32:49	32	00:01:08	00:21:14	
18	MULLERT Karol	201	TRISPACE	M30-39	00:13:37	25	00:02:18	00:32:07	21	00:00:46	00:22:26	
19	POLASIK Michał	129	RUN4FUN	M30-39	00:12:26	11	00:03:07	00:32:49	31	00:00:54	00:22:04	
20	SKORECKI Aleksander	160	BYDGOSZCZ TRIATHLON TEAM	M18-29	00:13:57	31	00:02:37	00:32:07	22	00:00:45	00:21:55	
21	ŚLIWIŃSKI Łukasz	136	BOGMAR OSTROMECKO	M30-39	00:14:00	33	00:03:16	00:33:18	40	00:01:26	00:19:49	
22	KAŁEK Artur	77	KLINIKA TRIATHLONU BYDGOSZCZ	M40-49	00:13:43	28	00:03:03	00:31:59	19	00:01:00	00:22:09	
23	ŚWIĘCICKI Wojciech	32	DELIKATESY RYBNE FISHKA.PL	M40-49	00:16:02	81	00:02:59	00:31:28	17	00:01:00	00:20:41	
24	ROLEWICZ Michał	86	KLINIKA TRIATHLONU BYDGOSZCZ	M18-29	00:17:03	102	00:02:49	00:31:39	18	00:00:49	00:20:13	
	CHMIELEWSKI Tomasz	60	AGAMED BYDGOSZCZ TRIATHLON	M50-59	00:14:46	45	00:02:08	00:33:53	58	00:01:36	00:20:19	
26	GÓRSKI Andrzej	61	ORKAMASTERS IŁAWA	M18-29	00:12:54	13	00:02:52	00:34:36	74	00:00:57	00:21:25	
27	DERDA Piotr	6		M18-29	00:14:21	41	00:02:44	00:32:35	28	00:01:27	00:21:43	
28	KAWCZYŃSKI Paweł	46	TRIDEA TEAM	M30-39	00:11:29	7	00:02:51	00:33:02	36	00:01:21	00:24:34	
29	ZIELIŃSKI Maciej	5		M30-39	00:14:39	44	00:02:25	00:30:26	8	00:00:51	00:24:58	

Rank	Name	Age	Team	Sex	Pływanie			Rower			Bieg	
					Time	Rank	Time	Time	Rank	Time	Rank	
30	NOWICKI Bartosz	71	AQUA+	M	00:12:58	15	00:02:43	00:33:02	37	00:00:58	00:23:45	
31	BINKOWSKI Adrian	153	CB163/PROFESSIONALHR	M	00:15:30	61	00:02:43	00:32:15	23	00:01:22	00:21:50	
32	TADZIK Wojciech	38	TECHNIKA ZWYCIĘSTWA	M	00:13:55	30	00:02:57	00:34:39	77	00:00:49	00:21:22	
33	MICHALSKI Michał	202		M	00:13:31	22	00:02:45	00:32:41	29	00:01:06	00:23:42	
34	KOWALSKA Angelika	63	TRISPACE	K	00:14:08	38	00:02:33	00:33:30	43	00:00:48	00:22:54	
35	WADZIŃSKA Paulina	229	TRISPACE	K	00:16:19	83	00:02:44	00:32:53	33	00:00:59	00:20:59	
36	DADO Emil	25	CUKIERNIA STAROPOLSKA	M	00:14:50	46	00:03:04	00:31:23	14	00:01:17	00:23:22	
37	DADEJ Rafał	59		M	00:15:41	64	00:02:37	00:32:57	34	00:01:05	00:21:38	
38	SPRYSZYŃSKI Michał	114	TRIRODZINKA	M	00:15:17	57	00:03:18	00:34:04	62	00:00:56	00:20:37	
39	BETHKE Sławomir	150	TRISPACE	M	00:17:17	111	00:03:08	00:31:13	13	00:01:02	00:21:44	
40	PUZIAK Marcin	19		M	00:12:51	12	00:02:41	00:34:37	75	00:01:03	00:23:20	
41	GRZYBOWSKI Maciej	92		M	00:13:58	32	00:03:15	00:34:39	78	00:00:56	00:22:04	
42	HIPNAROWICZ Grzegorz	89	SPORTTREND	M	00:13:38	26	00:02:33	00:33:47	54	00:01:16	00:23:56	
43	BURANDT Magdalena	211	3LIFE TEAM	K	00:14:55	50	00:02:56	00:33:49	57	00:00:46	00:22:45	
44	ZIELIŃSKI Michał	29	HOLMES PLACE	M	00:14:52	47	00:02:51	00:33:39	49	00:01:05	00:22:55	
45	KUBIAK Sławomir	50		M	00:15:46	68	00:03:10	00:33:48	56	00:01:03	00:21:35	
46	NAGÓRSKA Ela	200	TRISPACE	K	00:14:55	49	00:02:53	00:33:38	48	00:01:01	00:23:00	
47	OLENDER Paweł	33	CAR4PARTS MRĄGOWO	M	00:15:11	53	00:02:45	00:35:06	85	00:00:55	00:21:43	
48	TACIAK Dawid	113	ATOS	M	00:17:58	133	00:03:08	00:33:14	39	00:01:02	00:20:19	
49	WAWRZYŃIAK Michał	94	SAN ESCOBAR TRIATHLON TEAM	M	00:13:17	17	00:03:51	00:33:48	55	00:01:16	00:23:56	
50	PAWĘTA Marcin	45		M	00:17:30	117	00:03:55	00:33:06	38	00:00:40	00:21:06	
51	BARCZEWSKI Krzysztof	41	BYDGOSZCZ TRIATHLON TEAM	M	00:15:14	54	00:02:40	00:33:34	46	00:01:06	00:24:09	
52	SZYCHOWSKI Jarosław	3	TKKF KOLEJARZ BYDGOSZCZ	M	00:19:35	177	00:03:51	00:32:04	20	00:01:23	00:20:02	
53	BENTKOWSKA Natalia	179		K	00:14:08	37	00:03:23	00:35:55	101	00:01:33	00:22:01	
54	MENDEL Magdalena	81	TRISPACE	K	00:14:54	48	00:02:56	00:33:35	47	00:01:01	00:24:35	
55	DULEBA Dariusz	196	NOKIA BYDGOSZCZ	M	00:17:45	124	00:03:29	00:32:16	24	00:01:07	00:22:40	
56	WIŚNIEWSKI Arnold	219		M	00:16:58	100	00:03:29	00:33:31	44	00:00:50	00:22:38	
57	BUDZIK Ireneusz	223	BOZITA POLSKA	M	00:17:16	110	00:03:06	00:33:01	35	00:01:06	00:22:59	
58	KRZEMINSKI Lukasz	155		M	00:13:32	23	00:03:38	00:33:31	45	00:01:46	00:25:12	
59	BOCIAN Łukasz	134	BYDGOSZCZ TRIATHLON TEAM	M	00:13:24	19	00:03:54	00:34:05	63	00:01:24	00:24:53	
60	WAŁĘZA Hubert	11	KANAŁOWA TEAM	M	00:14:38	43	00:03:20	00:35:44	99	00:01:06	00:22:57	
61	WŁÓDARCZAK Agata	226	TRISPACE	K	00:14:11	39	00:02:45	00:36:24	109	00:00:57	00:23:29	
62	NAWROCKI Marcin	67	DELIKATESY RYBNE FISHKA.PL	M	00:15:15	55	00:03:17	00:34:06	64	00:01:05	00:24:04	
63	ANTOSZEWSKI Mateusz	213	ARRK	M	00:16:30	89	00:03:34	00:33:47	53	00:01:02	00:22:58	
64	JARZEMBOWICZ Agata	4	TRINERGY TEAM	K	00:15:52	71	00:03:14	00:34:56	83	00:01:31	00:23:04	
65	PIEKARSKI Wojtek	21	TMS BEHAPIEK	M	00:15:15	56	00:03:37	00:34:16	69	00:01:33	00:23:57	
66	BRZEZINSKI Łukasz	175	AMS	M	00:15:59	78	00:02:52	00:33:59	60	00:01:07	00:25:16	
67	FIEGEL Wojciech	221	BYLE PRZED TEAM	M	00:15:54	74	00:03:12	00:33:18	41	00:01:09	00:25:40	
68	WOZŃIAK Tomasz	210	TRIDEA	M	00:17:31	118	00:03:50	00:35:23	94	00:02:10	00:20:36	
69	TOMASZEWSKI Marcin	124	MAO BRAKOWAO	M	00:15:57	76	00:02:57	00:34:12	66	00:01:40	00:24:49	
70	BAŁA Artur	16		M	00:16:44	94	00:03:18	00:33:42	50	00:01:21	00:24:32	
71	PILIUKH Marharyta	76	TRISPACE	K	00:13:46	29	00:03:17	00:35:53	100	00:01:12	00:25:39	
72	ZDOBYŁAK Krzysztof	66	ORKAMASTERS IŁAWA	M	00:15:45	67	00:03:21	00:36:02	104	00:01:03	00:23:40	
73	WROBEL Mateusz	138		M	00:19:49	183	00:02:43	00:33:26	42	00:00:33	00:23:27	
74	JENERAŁSKI Maciej	72	VSTEAM	M	00:17:18	112	00:02:51	00:34:58	84	00:00:52	00:24:01	
75	CHILEWSKI Arkadiusz	192	CB163	M	00:15:42	65	00:04:42	00:34:30	72	00:01:27	00:23:40	

Rank	Name	Age	Team	Pływanie			Rower			Bieg	
				Time	Power	Heart Rate	Time	Power	Heart Rate	Time	Power
76	HILLER-SZALA Oskar	159		M18-29	00:14:20	40	00:02:38	00:37:30	142	00:00:38	00:24:58
77	GOŁATA Wojciech	102	WILCZA WATAHA	M30-39	00:17:56	131	00:04:14	00:35:20	92	00:00:55	00:21:43
78	PIC Dawid	120		M18-29	00:17:27	116	00:03:25	00:35:39	95	00:01:50	00:22:16
79	KWIATKOWSKI Jakub	57		M18-29	00:16:56	99	00:03:31	00:35:13	88	00:01:10	00:23:52
80	GRACZYK-GRZYBOWSKA Ilona	91	ACTI-VIT	K30-39	00:15:51	70	00:03:02	00:36:59	127	00:00:59	00:23:56
81	SZAŁKOWSKI Piotr	13	DZIAŁKI TEAM	M18-29	00:16:40	91	00:03:42	00:34:47	82	00:01:15	00:24:29
82	NAGOW Michał	190		M40-49	00:17:13	109	00:03:02	00:35:44	98	00:01:35	00:23:25
83	NOWAKOWSKI Krzysztof	105		M30-39	00:16:22	84	00:04:51	00:34:33	73	00:01:25	00:23:49
84	GRZENIA Jacek	209	MJG INVESTMENT	M40-49	00:14:37	42	00:05:18	00:32:41	30	00:02:11	00:26:33
85	KUŻMA Wojciech	84		M50-59	00:16:40	92	00:04:02	00:35:10	87	00:01:02	00:24:58
86	GRUBICH Arkadiusz	142	BRACIA DALTON	M40-49	00:17:46	125	00:03:19	00:35:43	97	00:01:17	00:23:52
87	SZATKOWSKI Marcin	2		M30-39	00:17:58	134	00:02:55	00:36:42	121	00:00:53	00:23:31
88	WOŹNIAK Anna	106		K30-39	00:17:39	121	00:03:56	00:33:56	59	00:01:32	00:25:05
89	RASZLIŃSKA Mariola	125		K40-49	00:16:30	88	00:03:15	00:36:50	122	00:01:04	00:24:30
90	MAZURKIEWICZ Michał	73		M30-39	00:17:13	108	00:02:58	00:35:17	90	00:01:00	00:25:43
91	KOWALSKI Marek	194		M40-49	00:15:07	51	00:04:33	00:38:00	152	00:01:06	00:23:27
92	PUDŁO Marcin	28		M30-39	00:17:04	103	00:03:51	00:35:07	86	00:01:41	00:24:34
93	STĘPSKA Małgosia	12	K.T.O. Z KRAKOWA	K40-49	00:17:37	119	00:03:30	00:34:27	71	00:01:16	00:25:32
94	KWIATOŃ Michał	78		M18-29	00:16:53	98	00:03:29	00:32:25	25	00:01:17	00:28:19
95	STRZELECKA Ola	227	LPP TEAM	K18-29	00:16:23	85	00:02:39	00:36:24	110	00:00:55	00:26:06
96	RÓŻALSKA Aleksandra	156	ETT ELBLĄG TRIATHLON TEAM	K40-49	00:15:44	66	00:03:09	00:37:57	150	00:01:15	00:24:27
97	LESZCZYŃSKI Mariusz	69		M40-49	00:16:15	82	00:03:59	00:33:42	51	00:01:06	00:27:53
98	SMEJA Marcin	56		M40-49	00:16:01	80	00:03:37	00:34:16	68	00:02:04	00:27:00
99	FABROWSKI Dawid	35	PRACOWNIAFIZJOTERAPII	M30-39	00:15:19	58	00:03:55	00:36:05	107	00:01:18	00:26:24
100	SOBCZYŃSKI Michał	185		M30-39	00:16:50	96	00:03:53	00:36:01	103	00:01:18	00:25:19
101	DOŁHUN Adam	58	RUN PASJA BYDGOSZCZ	M30-39	00:17:55	129	00:03:05	00:34:41	80	00:01:14	00:26:32
102	WERNER Michał	23	GARDENFLORA MTB TEAM	M18-29	00:17:55	130	00:04:00	00:37:21	138	00:00:48	00:23:31
103	KOPIŃSKA-KRÓL Magdalena	80	TRISPACE	K40-49	00:15:55	75	00:02:59	00:36:31	113	00:01:25	00:26:53
104	KUTKA Szymon	132	RUN4FUN	M30-39	00:17:54	128	00:04:09	00:34:41	79	00:01:27	00:25:45
105	ZATORSKI Robert	197	SWIM2TRI	M40-49	00:18:30	153	00:04:42	00:34:15	67	00:01:33	00:24:58
106	WOLSKI Tomasz	164	BYDGOSZCZ TRIATHLON TEAM	M18-29	00:18:49	162	00:02:55	00:36:42	120	00:01:17	00:24:30
107	KRUSZKA Łukasz	70		M40-49	00:18:35	155	00:04:33	00:37:21	139	00:01:25	00:22:25
108	BYRTEK Grzegorz	104		M40-49	00:13:24	18	00:03:45	00:37:08	134	00:00:47	00:29:29
109	URBAN Rafał	217		M30-39	00:19:23	174	00:03:29	00:36:31	114	00:01:10	00:24:00
110	JARZEMSKI Marcin	158	BYDGOSZCZ TRIATHLON TEAM	M30-39	00:18:00	139	00:03:09	00:34:38	76	00:01:15	00:27:45
111	SIUDA Marek	39		M40-49	00:18:02	142	00:05:00	00:34:07	65	00:01:32	00:26:07
112	GRUBA Jacek	10		M50-59	00:17:04	104	00:04:19	00:35:20	93	00:01:34	00:26:34
113	CICHY Adam	131	RUN4FUN	M30-39	00:20:03	187	00:03:26	00:34:43	81	00:00:47	00:25:54
114	KLISZEWSKI Damian	220	NOKIA	M40-49	00:18:53	166	00:05:17	00:35:15	89	00:01:56	00:23:36
115	GILL Daniel	122	BOGMAR	M30-39	00:17:58	135	00:03:38	00:37:52	148	00:01:01	00:24:35
116	NOWAK Krzysztof	75	TRIBA BOSIR BARCIN	M30-39	00:15:10	52	00:04:42	00:37:07	133	00:01:41	00:26:28
117	ŚWINIARSKA Ewa	52		K30-39	00:18:06	146	00:03:47	00:33:44	52	00:01:49	00:27:43
118	KWIATOŃ Agata	42	----	K18-29	00:18:00	138	00:04:28	00:38:30	159	00:00:48	00:23:24
119	LICZNIERSKA Alina	126		K30-39	00:18:50	164	00:02:48	00:38:52	168	00:01:11	00:23:29
120	BIEDZIAK Piotr	98	KANAŁOWA TEAM	M30-39	00:17:26	114	00:04:34	00:36:24	111	00:01:42	00:25:17
121	FRĄCKOWIAK Marta	178	TEAM AKTYWNI Z CUKRZYCĄ	K30-39	00:16:59	101	00:03:50	00:36:35	116	00:01:34	00:26:26

					Pływanie		Rower		Bieg		
122	<b>SZUKAJ Karol</b>	<b>15</b>	KANAŁOWA TEAM	M30-39	<b>00:17:50</b>	126	00:03:37	<b>00:37:32</b>	<b>144</b>	00:00:51	00:25:37
123	<b>CZAPIEWSKI Krzysztof</b>	<b>193</b>		M30-39	<b>00:17:57</b>	132	00:05:16	<b>00:37:10</b>	<b>135</b>	00:01:24	00:23:44
124	<b>DĘBIEC Andrzej</b>	<b>123</b>		M30-39	<b>00:18:01</b>	140	00:03:28	<b>00:35:58</b>	<b>102</b>	00:01:09	00:27:07
125	<b>ŁOŚ Dariusz</b>	<b>228</b>		M60-69	<b>00:16:46</b>	95	00:02:37	<b>00:38:36</b>	<b>162</b>	00:01:20	00:26:24
126	<b>OŻÓG Jakub</b>	<b>139</b>		M30-39	<b>00:16:51</b>	97	00:04:26	<b>00:37:10</b>	<b>136</b>	00:01:35	00:25:57
127	<b>MICHALCZUK Krzysztof</b>	<b>43</b>		M30-39	<b>00:16:43</b>	93	00:04:41	<b>00:36:40</b>	<b>119</b>	00:02:03	00:25:56
128	<b>SKIERA Krzysztof</b>	<b>87</b>	KLINIKA TRIATHLONU BYDGOSZCZ	M40-49	<b>00:20:35</b>	190	00:03:39	<b>00:35:19</b>	<b>91</b>	00:01:30	00:25:00
129	<b>POPEK Maciej</b>	<b>144</b>	ANETA TEAM	M40-49	<b>00:19:24</b>	175	00:03:30	<b>00:37:58</b>	<b>151</b>	00:00:51	00:24:23
130	<b>GRACZYKOWSKI Andrzej</b>	<b>99</b>	NADTO SIĘ JADŁO	M40-49	<b>00:15:53</b>	73	00:03:15	<b>00:35:40</b>	<b>96</b>	00:01:52	00:29:38
130	<b>RAK Markus</b>	<b>135</b>	BYDGOSZCZ TRIATHLON TEAM	M30-39	<b>00:15:53</b>	72	00:04:58	<b>00:36:38</b>	<b>117</b>	00:01:33	00:27:19
132	<b>PODLEWSKA Michalina</b>	<b>90</b>		K18-29	<b>00:17:39</b>	120	00:04:06	<b>00:36:34</b>	<b>115</b>	00:00:47	00:27:16
133	<b>RYMARKIEWICZ Małgorzata</b>	<b>101</b>		K30-39	<b>00:21:22</b>	195	00:03:01	<b>00:37:06</b>	<b>132</b>	00:00:53	00:24:03
134	<b>KRUCZKOWSKA - LASSAK Anita</b>	<b>26</b>		K30-39	<b>00:19:48</b>	182	00:03:20	<b>00:38:08</b>	<b>155</b>	00:01:03	00:24:20
135	<b>BURSZTYŃSKI Tomasz</b>	<b>30</b>		M30-39	<b>00:17:22</b>	113	00:02:29	<b>00:37:31</b>	<b>143</b>	00:00:35	00:28:42
136	<b>NOWICKI Sławomir</b>	<b>145</b>		M30-39	<b>00:18:07</b>	147	00:03:58	<b>00:37:35</b>	<b>145</b>	00:01:15	00:25:51
137	<b>ŚWINIARSKI Piotr</b>	<b>163</b>	CIEPŁE BAMBOSZE	M30-39	<b>00:15:20</b>	59	00:03:58	<b>00:36:59</b>	<b>126</b>	00:02:07	00:28:33
138	<b>SANKOWSKA Ewelina</b>	<b>83</b>		K40-49	<b>00:15:23</b>	60	00:03:41	<b>00:41:16</b>	<b>187</b>	00:00:55	00:25:49
139	<b>MICHALAK Robert</b>	<b>147</b>	GORDON RUN	M30-39	<b>00:18:03</b>	145	00:04:28	<b>00:36:03</b>	<b>106</b>	00:01:56	00:26:34
140	<b>RAUT Wiesław</b>	<b>168</b>	TRISPACE	M70-79	<b>00:15:57</b>	77	00:04:44	<b>00:38:12</b>	<b>157</b>	00:01:45	00:26:26
141	<b>DAMSKI Bartek</b>	<b>22</b>		M30-39	<b>00:18:02</b>	143	00:03:46	<b>00:38:04</b>	<b>154</b>	00:01:39	00:25:37
142	<b>BARANOWICZ Bartosz</b>	<b>172</b>	GLOBART MEBLE	M30-39	<b>00:15:47</b>	69	00:04:46	<b>00:37:49</b>	<b>147</b>	00:01:24	00:28:04
143	<b>BYRZYKOWSKI Wojciech</b>	<b>44</b>		M40-49	<b>00:18:41</b>	158	00:03:49	<b>00:37:03</b>	<b>129</b>	00:00:54	00:27:28
144	<b>POLIWODZIŃSKI Michał</b>	<b>97</b>	KS WISŁKA BYDGOSZCZ-FORDON	M30-39	<b>00:18:17</b>	151	00:04:46	<b>00:39:11</b>	<b>169</b>	00:00:48	00:25:00
145	<b>KOPERA Tomi</b>	<b>82</b>		M30-39	<b>00:17:06</b>	106	00:03:59	<b>00:37:24</b>	<b>140</b>	00:00:43	00:28:59
146	<b>TURNO Szymon</b>	<b>151</b>	TURBO TEAM	M40-49	<b>00:18:49</b>	163	00:04:03	<b>00:36:53</b>	<b>124</b>	00:00:55	00:27:33
147	<b>OSTOLSKA Sylwia</b>	<b>64</b>		K40-49	<b>00:17:07</b>	107	00:04:12	<b>00:37:55</b>	<b>149</b>	00:00:42	00:28:25
148	<b>SPRYSZYŃSKA Magdalena</b>	<b>115</b>	TRIRODZINKA	K30-39	<b>00:19:46</b>	181	00:03:11	<b>00:38:41</b>	<b>165</b>	00:01:03	00:25:47
149	<b>TOMASZEK Sebastian</b>	<b>85</b>	KLINIKA TRIATHLONU BYDGOSZCZ	M30-39	<b>00:18:11</b>	149	00:04:39	<b>00:36:30</b>	<b>112</b>	00:01:48	00:27:28
150	<b>MAGDZIARZ Katarzyna</b>	<b>100</b>	KANCELARIA HMM	K30-39	<b>00:18:41</b>	157	00:03:47	<b>00:38:40</b>	<b>164</b>	00:01:53	00:25:39
151	<b>ŚCIBAK Wojciech</b>	<b>119</b>	JFTC SU	M30-39	<b>00:18:02</b>	141	00:04:27	<b>00:42:23</b>	<b>194</b>	00:00:56	00:22:55
152	<b>TOMASZEWSKI Marcin</b>	<b>187</b>		M40-49	<b>00:21:35</b>	197	00:03:50	<b>00:39:39</b>	<b>177</b>	00:01:05	00:22:39
153	<b>WĘGRZYŃSKA Monika</b>	<b>103</b>		K40-49	<b>00:18:54</b>	167	00:03:27	<b>00:36:02</b>	<b>105</b>	00:01:35	00:29:25
154	<b>HRYNIEWICZ Agnieszka</b>	<b>218</b>		K30-39	<b>00:18:09</b>	148	00:04:16	<b>00:39:22</b>	<b>174</b>	00:01:01	00:26:53
155	<b>BUGALSKI Wojciech</b>	<b>68</b>		M40-49	<b>00:20:23</b>	189	00:03:22	<b>00:39:12</b>	<b>170</b>	00:01:00	00:25:51
156	<b>STACHOWIAK Sebastian</b>	<b>74</b>	-	M40-49	<b>00:18:53</b>	165	00:04:13	<b>00:34:22</b>	<b>70</b>	00:01:42	00:30:38
157	<b>BETLEJEWSKI Sebastian</b>	<b>149</b>	CINKA TEAM	M30-39	<b>00:17:40</b>	122	00:03:21	<b>00:36:52</b>	<b>123</b>	00:00:40	00:31:38
158	<b>PACZKOWSKI Mirosław</b>	<b>9</b>	CB 163	M40-49	<b>00:19:34</b>	176	00:05:47	<b>00:38:19</b>	<b>158</b>	00:01:53	00:24:42
158	<b>KAMIŃSKA Agnieszka</b>	<b>93</b>	SAN ESCOBAR TRIATHLON TEAM	K40-49	<b>00:18:47</b>	161	00:04:48	<b>00:37:30</b>	<b>141</b>	00:01:29	00:27:41
158	<b>GNIŁKA Andrzej</b>	<b>117</b>	BRAK	M40-49	<b>00:17:44</b>	123	00:03:19	<b>00:39:13</b>	<b>171</b>	00:00:50	00:29:10
161	<b>OSAK Paweł</b>	<b>1</b>		M30-39	<b>00:18:35</b>	156	00:04:07	<b>00:37:43</b>	<b>146</b>	00:01:29	00:28:46
162	<b>KOSIŃSKI Robert</b>	<b>141</b>	NOKIA BYDGOSZCZ	M30-39	<b>00:17:59</b>	136	00:03:42	<b>00:36:07</b>	<b>108</b>	00:01:28	00:31:28
163	<b>HETEL Beata</b>	<b>174</b>		K30-39	<b>00:17:26</b>	115	00:03:42	<b>00:38:40</b>	<b>163</b>	00:01:26	00:29:48
164	<b>KUBIAK Tomasz</b>	<b>212</b>	DOBRCZ BLEGA	M50-59	<b>00:16:27</b>	86	00:03:34	<b>00:36:56</b>	<b>125</b>	00:01:15	00:33:02
165	<b>OSTRZYCKI Sławomir</b>	<b>130</b>		M18-29	<b>00:25:23</b>	207	00:02:46	<b>00:37:05</b>	<b>130</b>	00:01:09	00:25:16
166	<b>CIESIELSKA Sylwia</b>	<b>62</b>	WARSAW MASTERS TEAM	K18-29	<b>00:17:51</b>	127	00:04:46	<b>00:38:09</b>	<b>156</b>	00:01:30	00:29:40
167	<b>KUBALEWSKI Paweł</b>	<b>79</b>		M18-29	<b>00:18:44</b>	160	00:05:09	<b>00:38:33</b>	<b>160</b>	00:01:50	00:27:42

Lp.	Imię i nazwisko	Numer startowy	Klub	Kategoria	Pływanie			Rower			Bieg	
					Wzrost	Ważność	Wzrost	Ważność	Wzrost	Ważność		
168	LEWANDOWSKI Janusz	207		M40-49	00:21:50	202	00:04:22	00:38:35	161	00:01:59	00:25:13	
169	BILSKI Marcin	95		M30-39	00:24:08	206	00:03:35	00:37:06	131	00:01:27	00:25:44	
170	SKRZYNIARZ Hubert	133	INDYVUIAL TEAM	M30-39	00:18:58	168	00:04:47	00:37:12	137	00:01:49	00:29:17	
171	BORKOWSKA Sylwia	14		K30-39	00:15:38	62	00:03:53	00:42:01	192	00:01:01	00:29:34	
172	DOMEK Aleksander	183		M30-39	00:19:09	171	00:04:33	00:41:07	186	00:02:14	00:25:16	
173	STRYCYŃSKI Marek	51	TRISPACE	M30-39	00:16:29	87	00:03:34	00:39:32	176	00:01:52	00:32:04	
174	RUTKOWSKA Virginia	48	ATOS/KLINIKA TRIATHLONU BYDGOSZCZ	K30-39	00:18:15	150	00:04:50	00:39:13	172	00:01:30	00:30:12	
175	FRYŻEWSKI Michał	171	POWERHOUSE BYDGOSZCZ	M40-49	00:16:00	79	00:05:04	00:40:25	180	00:01:37	00:31:03	
176	KAPELA Jacek	108	KS WISŁKA BYDGOSZCZ-FORDON	M40-49	00:20:58	194	00:04:17	00:39:49	178	00:00:42	00:28:38	
177	KATA Marta	224	WITC	K18-29	00:19:46	180	00:03:51	00:39:14	173	00:01:58	00:29:35	
178	BUŁKA Rafał	195		M40-49	00:18:42	159	00:04:56	00:37:01	128	00:01:58	00:31:50	
179	PINCZEWSKI Robert	96	WARZELNIA LEJMIZA	M40-49	00:19:00	169	00:04:10	00:36:40	118	00:01:47	00:32:58	
180	BILSKA Magdalena	27		K30-39	00:19:45	179	00:04:08	00:41:01	185	00:01:40	00:28:21	
181	URBAŃSKI Paweł	169		M18-29	00:17:06	105	00:04:20	00:43:48	197	00:00:51	00:28:51	
182	JĘDRYCZKA Agnieszka	170		K40-49	00:19:44	178	00:03:07	00:39:26	175	00:01:54	00:30:45	
183	KANOWNIK Michał	31		M40-49	00:19:54	186	00:05:06	00:41:01	184	00:02:08	00:26:53	
184	BINKOWSKI Czarek	199	BOGMAR OSTROMECKO	M40-49	00:21:33	196	00:05:50	00:38:48	167	00:02:48	00:26:31	
185	MARCINKIEWICZ Piotr	112		M40-49	00:19:20	173	00:05:49	00:41:40	189	00:01:29	00:27:35	
186	KOWANDA Sławomir	8	ORKAMASTERS IŁAWA	M40-49	00:16:38	90	00:04:14	00:38:45	166	00:01:38	00:34:49	
187	JURECKA Ewa	152		K50-59	00:19:09	172	00:03:52	00:40:47	182	00:01:56	00:30:28	
188	KRÓL Kamila	206		K30-39	00:15:39	63	00:02:58	00:49:38	210	00:00:45	00:27:19	
189	KRUSZYŃSKA Anna	7	ORKAMASTERS IŁAWA	K40-49	00:18:18	152	00:03:50	00:40:40	181	00:01:43	00:32:20	
190	RÓŻAŃSKA Jowanka	116	BYDGOSZCZ TRIATHLON TEAM	K40-49	00:18:32	154	00:03:23	00:38:02	153	00:01:37	00:35:55	
191	ZADROŻNY Kuba	189		M40-49	00:14:04	35	00:03:58	00:54:04	215	00:00:43	00:25:37	
192	ŁUKASIEWICZ Krzysztof	140		M40-49	00:18:03	144	00:05:52	00:43:07	195	00:01:15	00:30:13	
193	SUCHODOLSKA Agnieszka	157		K40-49	00:19:54	185	00:03:30	00:44:04	198	00:00:58	00:30:11	
194	SZATKOWSKA Karolina	109		K30-39	00:26:15	211	00:03:11	00:43:19	196	00:00:36	00:25:31	
195	HACHAJ Dawid	154	HACHAJ TEAM	M30-39	00:20:46	192	00:06:39	00:39:51	179	00:00:56	00:31:34	
196	MAJEWSKA Karolina	198		K40-49	00:20:13	188	00:04:11	00:41:44	190	00:02:23	00:31:32	
197	HAC Monika	128		K40-49	00:20:38	191	00:04:26	00:44:49	200	00:01:35	00:29:40	
198	KACZMAREK Agnieszka	173		K40-49	00:19:50	184	00:04:42	00:41:52	191	00:01:20	00:35:36	
199	STRUGAŁA Lidia	121		K40-49	00:22:20	204	00:05:43	00:44:42	199	00:00:51	00:29:55	
200	JAGODZIŃSKI Leszek	191		M40-49	00:26:58	213	00:04:08	00:41:37	188	00:01:46	00:29:04	
201	JAROSIK Agnieszka	65	FITLAMY	K18-29	00:25:41	209	00:03:38	00:46:32	205	00:00:41	00:27:42	
202	WOJDOWSKA Magdalena	186		K18-29	00:17:59	137	00:04:16	00:42:17	193	00:02:30	00:37:52	
203	KLUZ Sławomir	166		M40-49	00:26:26	212	00:06:59	00:40:55	183	00:01:56	00:29:25	
204	APPELT Agnieszka	110		K40-49	00:22:03	203	00:03:14	00:45:53	203	00:01:13	00:33:49	
205	SZABO-MOSKAL Jadwiga	167		K50-59	00:21:47	200	00:04:27	00:48:03	207	00:00:55	00:31:56	
206	SOBCZAK Krzysztof	88	KLINIKA TRIATHLONU BYDGOSZCZ	M30-39	00:27:35	214	00:07:13	00:44:58	201	00:02:15	00:26:37	
207	BRAC-WALCZYK Małgorzata	36	AKADEMIA BIEGANIA GRUDZIĄDZ	K60-69	00:22:48	205	00:04:36	00:46:04	204	00:01:14	00:34:38	
208	JODKOWSKI Rafał	107		M18-29	00:25:26	208	00:04:59	00:46:49	206	00:01:44	00:31:45	
209	CHMIEL Dorota	34	PTT DELTA	K50-59	00:19:02	170	00:05:05	00:45:44	202	00:01:10	00:39:44	
210	HOFFMANN Michał	111		M40-49	00:21:43	198	00:05:06	00:48:59	209	00:01:06	00:34:05	
211	KUBALEWSKA Grażyna	182		K50-59	00:21:47	199	00:04:21	00:48:49	208	00:01:26	00:35:46	
212	BETKA Marta	176		K30-39	00:21:49	201	00:04:49	00:51:12	214	00:01:12	00:33:12	
213	KOCZOROWSKA Kamila	180	KAMKOC	K30-39	00:20:57	193	00:03:53	00:49:41	211	00:01:05	00:36:41	

				Pływanie			Rower			Bieg		
214	<b>BŁASZKIEWICZ Marzena</b>	<b>162</b>		K40-49	<b>00:26:05</b>	210	00:07:20	<b>00:51:04</b>	<b>213</b>	00:01:22	00:40:56	
215	<b>NOSKOWIAK-BAJNO Alicja</b>	<b>165</b>		K30-39	<b>00:28:06</b>	215	00:05:17	<b>00:51:00</b>	<b>212</b>	00:01:28	00:40:56	
	<b>GOŁĘBIEWSKI Marcin</b>	<b>188</b>	#BIEGAMIZBIERAM	M30-39								
	<b>WALESIAK Mikołaj</b>	<b>214</b>	KTS IRONMAN	M40-49								

Znaleziono 217 wynik(ów)