

Wydarzenie:  
Organizator:  
Data:  
Miejsce:  
Dystans:

Ocean Lava Triathlon Polska 2019  
Towarzystwo Sportowe TRI-SPORT  
2019-08-17  
Bydgoszcz  
226 km

Klasyfikacja: 1 Fala

Punkt pomiarowy: 170,0 km

Msc	Zawodnik	Numer	Klub	Kategoria	Drużyna	Pływanie				Poz	Rower						Bieg	
						P_Borowno 0.95km	P_Borowno 2.85km	R_Borowno 3.8km			R_Kotomierz 9.75km	R_Pauliny 42.75km	R_Lidl 63.25km	R_Kotomierz 87.75km	R_Pauliny 120.75km	R_Lidl 141km		R_Kotomierz 165.75km
1	SOWA Michał	191	DECATHLON TRIATHLON TEAM	M30-34		00:14:58	00:46:55	<b>01:03:18</b>	10	00:02:55	00:15:45	01:06:50	01:38:12	02:16:10	03:08:43	03:42:45	04:22:14	
2	KOWALCZYK Marek	94		M40-44		00:15:06	00:46:57	<b>01:03:22</b>	12	00:02:42	00:15:58	01:08:41	01:41:33	02:21:23	03:14:52	03:49:25	04:30:03	
3	PLUTA Gniewomir	164	UKS TRS SUSZ	M35-39		00:14:48	00:44:38	<b>00:59:42</b>	5	00:02:25	00:17:03	01:11:46	01:45:33	02:25:41	03:19:21	03:54:15	04:34:39	
4	MAZUR Paweł	131	UKS TRS SUSZ/AGROLOK SPORT TEAM	M30-34		00:14:44	00:44:37	<b>00:59:41</b>	4	00:02:20	00:16:29	01:11:19	01:44:50	02:25:06	03:18:56	03:53:52	04:35:00	
	KOT Remigiusz	92	RM TRI TEAM	M45-49		00:15:35	00:47:58	<b>01:04:37</b>	15	00:02:37	00:16:55	01:10:09	01:43:29	02:23:14	03:17:27	03:52:35	04:34:17	
6	SZYSZKA Łukasz	233	TVN MEDIA	M25-29		00:14:42	00:45:20	<b>01:00:48</b>	7	00:02:17	00:17:13	01:13:25	01:47:43	02:28:49	03:23:47	03:58:50	04:39:47	
7	BOROWIAK Rafał	18	JOKŚ TEAM	M35-39		00:15:47	00:48:52	<b>01:05:30</b>	18	00:02:57	00:16:39	01:11:50	01:46:11	02:26:58	03:22:45	03:57:20	04:38:59	
8	LEWANDOWSKI Maciej	115	#DASHRADE TEAM	M30-34	#DASHRADE Team	00:15:54	00:49:17	<b>01:06:08</b>	23	00:02:53	00:16:25	01:11:38	01:46:12	02:27:44	03:24:39	04:00:58	04:43:11	
9	MROCKZKOWSKI Karol	144	#DASHRADE TEAM	M25-29	#DASHRADE Team	00:14:11	00:43:54	<b>00:59:08</b>	1	00:03:15	00:17:53	01:15:34	01:51:48	02:34:56	03:33:36	04:10:54	04:54:53	
10	PLICHTA Andrzej	162	PIASECKI CONCEPT	M30-34		00:16:59	00:54:32	<b>01:14:27</b>	57	00:03:39	00:16:47	01:11:32	01:45:49	02:26:38	03:22:32	03:58:09	04:39:12	
11	MAZUREK Michał	132	EUROSOFT	M40-44		00:17:22	00:54:21	<b>01:13:32</b>	53	00:02:34	00:16:45	01:12:36	01:46:32	02:27:54	03:24:07	03:59:59	04:41:50	
12	GOZDALSKI Jarosław	56	WITKOWO BIEGA	M45-49		00:16:33	00:50:31	<b>01:08:21</b>	34	00:02:54	00:18:26	01:17:08	01:51:22	02:33:43	03:31:12	04:06:30	04:46:43	
13	ERMANIS Gints	44	IRONMAN.LV	M40-44		00:19:08	01:00:00	<b>01:21:23</b>	108	00:02:14	00:16:25	01:10:48	01:44:11	02:25:43	03:20:45	03:54:27	04:34:21	
14	JURJEVIC Marina	69	TK ZADAR	K35-39		00:15:46	00:48:58	<b>01:06:01</b>	19	00:03:33	00:17:39	01:14:19	01:49:29	02:32:31	03:30:49	04:07:07	04:49:46	
15	GNIOT Jacek	53	WOJSKOWE ZAKŁADY UZBROJENIA S.A.	M45-49		00:18:53	00:57:43	<b>01:18:20</b>	81	00:02:27	00:17:00	01:11:58	01:45:57	02:27:50	03:23:37	03:57:16	04:40:13	
16	ROSIŃSKI Jarosław	177		M40-44		00:16:58	00:53:25	<b>01:12:16</b>	44	00:04:27	00:16:42	01:11:42	01:45:46	02:28:14	03:25:29	04:01:19	04:44:52	
17	SZYMKOWIAK Norbert	204	R-TEAM RYDZYNA	M25-29		00:17:25	00:54:33	<b>01:13:55</b>	55	00:04:30	00:16:27	01:11:22	01:45:27	02:27:33	03:23:49	04:00:08	04:43:34	
18	CIBOROWSKI Damian	28	SPEED JASŁO	M45-49	CIBOR IRON TEAM	00:15:57	00:49:00	<b>01:06:14</b>	24	00:03:16	00:17:18	01:14:17	01:49:37	02:32:37	03:31:28	04:09:44	04:54:47	
19	JAŚKIEWICZ Marcin	64	MOGILNO TEAM	M30-34		00:15:47	00:49:51	<b>01:07:30</b>	29	00:03:46	00:17:57	01:16:29	01:51:50	02:34:24	03:31:59	04:08:43	04:53:13	
20	SOSNOWSKI Jarosław	190	PTT DELTA	M35-39		00:14:02	00:44:03	<b>00:59:28</b>	2	00:02:36	00:16:27	01:12:10	01:47:57	02:33:01	03:36:31	04:15:44	05:03:26	
21	MICHALAK Michał	134	DZIKI KOSZALIN	M35-39		00:16:47	00:52:06	<b>01:09:58</b>	37	00:04:56	00:17:08	01:13:27	01:47:42	02:29:59	03:29:14	04:06:53	04:52:11	
	LODEWIJS Mark	232		M50-54		00:15:40	00:47:56	<b>01:04:09</b>	14	00:05:40	00:19:13	01:19:52	01:56:50	02:39:40	03:38:09	04:14:42	04:57:57	
23	SERGEJEVS Jevgenijs	186	IRONMAN.LV	M40-44		00:17:12	00:53:31	<b>01:12:11</b>	43	00:05:16	00:17:56	01:14:55	01:49:54	02:32:01	03:30:30	04:07:03	04:50:45	
24	PLUCIŃSKI Michał	163	TMT	M35-39		00:15:04	00:47:01	<b>01:03:16</b>	9	00:04:10	00:17:49	01:17:11	01:54:25	02:38:44	03:39:13	04:17:19	05:01:05	
25	KRZEMIŃSKI Marcin	101	SPRINT GORZYCE	M40-44		00:16:21	00:49:30	<b>01:07:10</b>	28	00:06:02	00:17:38	01:15:22	01:49:21	02:32:20	03:31:17	04:07:26	04:55:56	
26	BANACH Jan	7	KLINIKA TRIATHLONU BYDGOSZCZ	M25-29		00:14:38	00:44:28	<b>00:59:32</b>	3	00:04:30	00:18:31	01:17:42	01:53:41	02:37:51	03:39:53	04:18:01	05:05:37	
27	MICHALSKI Andrzej	135	BIKE BROTHERS TARNÓW	M30-34		00:16:34	00:49:23	<b>01:06:38</b>	25	00:03:34	00:18:06	01:17:29	01:53:27	02:38:53	03:37:47	04:15:11	04:59:37	
28	GÓRECKI Tomasz	57	PTT DELTA	M30-34		00:15:08	00:47:10	<b>01:03:38</b>	13	00:04:12	00:17:02	01:15:45	01:51:57	02:36:15	03:36:42	04:14:33	05:03:22	
29	SZTENDEREWICZ Rafał	202	SPORTEVO	M40-44		00:18:22	00:57:08	<b>01:16:19</b>	66	00:03:09	00:17:21	01:13:24	01:47:43	02:30:05	03:31:34	04:09:59	04:56:17	
30	JAROŃ Tomasz	62	AKADEMIA TRIATHLONU JAROSŁAW	M45-49		00:14:45	00:45:32	<b>01:01:20</b>	8	00:04:31	00:17:54	01:17:32	01:53:19	02:37:50	03:39:27	04:20:14	05:10:35	

				Pływanie				Rower				Bieg					
31	KITA Tomek	167	SPECSHOP TEAM	M40-44	00:15:49	00:48:07	<b>01:04:58</b>	16	00:02:21	00:19:03	01:20:00	01:55:11	02:39:15	03:43:55	04:22:48	05:09:26	
32	KUŻMA Adam	107	FAR KUBA TEAM	M30-34	00:18:26	00:59:01	<b>01:20:43</b>	99	00:05:08	00:18:16	01:16:25	01:51:50	02:34:39	03:31:41	04:07:57	04:51:42	
33	KUNECKI Marcin	104	HILLINGDON TRIATHLETES	M35-39	00:18:08	00:58:05	<b>01:19:31</b>	90	00:02:51	00:16:45	01:13:33	01:50:28	02:34:21	03:35:07	04:12:37	04:57:00	
34	NOSOWSKI Jacek	148		M45-49	00:16:00	00:49:47	<b>01:07:07</b>	27	00:06:03	00:18:23	01:19:37	01:57:44	02:43:19	03:44:03	04:22:43	05:08:34	
35	KOWALSKI Krzysztof	95	TRENUJ Z NAJLEPSZYMI	M40-44	00:15:45	00:48:40	<b>01:06:05</b>	22	00:04:20	00:18:30	01:17:35	01:53:50	02:39:36	03:43:14	04:24:05	05:11:43	
36	CHMEL Sergiy	22	BORYS RUNNING CLUB	M35-39	00:20:14	01:02:15	<b>01:24:16</b>	126	00:05:51	00:17:06	01:12:50	01:48:07	02:30:18	03:29:02	04:07:22	04:52:44	
37	SUPERSON Wojtek	197		M45-49	00:16:12	00:50:00	<b>01:07:44</b>	32	00:03:29	00:19:10	01:17:28	01:54:45	02:40:47	03:45:15	04:24:55	05:11:49	
38	BIELIŃSKI Piotr	16	KUŻNIA TRIATHLONU	M25-29	00:16:08	00:50:36	<b>01:09:18</b>	35	00:04:49	00:18:06	01:18:02	01:54:38	02:40:51	03:42:15	04:21:58	05:09:24	
39	RYBAK Remigiusz	181		M40-44	00:19:24	00:59:26	<b>01:20:11</b>	93	00:05:31	00:18:03	01:17:19	01:52:50	02:36:53	03:35:07	04:13:24	04:58:02	
40	SZCZYRBOWSKI Michał	199	YOOBEE. PL	M35-39	00:16:58	00:52:46	<b>01:11:20</b>	42	00:03:46	00:18:30	01:18:47	01:56:38	02:42:48	03:44:19	04:23:06	05:08:52	
41	KAMIŃSKI Tomasz	74	AMS TRIATHLON	M35-39	AMS	00:20:18	01:06:10	<b>01:32:39</b>	177	00:07:08	00:17:16	01:13:26	01:48:29	02:29:57	03:27:18	04:03:24	04:46:06
42	KLUŻNIAK Wojciech	83		M35-39	00:15:46	00:48:54	<b>01:06:05</b>	21	00:04:22	00:18:51	01:22:13	01:59:57	02:46:31	03:48:38	04:28:07	05:15:28	
43	LASSOTA Artur	112	1969	M50-54	00:19:04	00:59:52	<b>01:20:36</b>	97	00:04:22	00:17:45	01:14:15	01:49:54	02:34:28	03:35:09	04:14:33	05:01:23	
44	LIPUTA Grzegorz	117	#DASHRADE TEAM	M30-34	#DASHRADE Team	00:18:35	00:57:46	<b>01:17:44</b>	77	00:05:08	00:18:04	01:16:45	01:52:56	02:37:21	03:37:31	04:16:26	05:03:46
45	POCENTEK Krzysztof Robert	166	POCENTTEAM	M45-49	00:17:20	00:54:24	<b>01:13:30</b>	52	00:04:31	00:18:45	01:17:34	01:54:38	02:39:25	03:42:20	04:22:31	05:09:26	
46	KOCENDA Wojciech	85	PRO-TRI.PL	M30-34	00:18:20	00:57:36	<b>01:18:11</b>	80	00:05:05	00:18:01	01:18:15	01:57:24	02:40:36	03:41:05	04:19:44	05:05:04	
47	EDWARD Kalicki	43		M50-54	00:18:40	00:57:17	<b>01:17:35</b>	75	00:09:08	00:18:59	01:17:11	01:53:06	02:39:02	03:39:30	04:16:46	05:01:59	
48	CZARNECKI Paweł	33	WARSAW MASTERS TEAM	M30-34	00:14:07	00:44:33	<b>00:59:58</b>	6	00:04:03	00:19:58	01:22:36	02:01:02	02:49:04	03:54:06	04:36:19	05:26:21	
	PŁÓCIENNIK Dominik	165		M25-29	00:17:21	00:54:58	<b>01:15:19</b>	61	00:04:04	00:19:44	01:23:01	02:00:37	02:45:38	03:47:09	04:25:45	05:11:47	
50	DASZEWSKI Filip	36		M18-24	00:17:02	00:53:45	<b>01:12:27</b>	47	00:04:06	00:17:29	01:15:08	01:51:36	02:38:32	03:43:01	04:24:40	05:14:54	
51	MØLLER Gert	141		M55-59	00:16:18	00:49:41	<b>01:07:02</b>	26	00:03:58	00:18:26	01:19:52	01:58:27	02:45:52	03:50:57	04:31:45	05:20:30	
52	LEPCZYŃSKI Lesław	113		M40-44	00:19:14	00:59:24	<b>01:20:03</b>	92	00:06:57	00:18:33	01:17:36	01:54:08	02:38:50	03:40:55	04:19:46	05:04:55	
53	WALUKIEWICZ Dariusz	213		M40-44	00:19:53	01:01:33	<b>01:23:09</b>	117	00:04:15	00:18:02	01:16:00	01:52:51	02:37:35	03:39:06	04:17:48	05:04:39	
54	MAZANKA Jakub	129		M40-44	00:18:16	00:56:40	<b>01:16:04</b>	64	00:04:56	00:20:00	01:19:11	01:56:32	02:40:43	03:43:41	04:22:38	05:11:11	
55	PRZYBYLSKI Maciej	172		M40-44	00:22:26	01:07:56	<b>01:30:48</b>	164	00:05:46	00:17:07	01:13:40	01:49:24	02:32:53	03:32:10	04:10:21	04:55:45	
56	STUDNIAK Mateusz	195	GDYŃSKI TRIATHLON	M30-34	00:15:35	00:48:55	<b>01:06:04</b>	20	00:03:42	00:17:34	01:15:26	01:52:55	02:41:48	03:50:59	04:33:01	05:22:59	
57	CHYLARECKI Robert	25	GVT	M50-54	00:18:12	00:57:00	<b>01:17:13</b>	71	00:06:23	00:18:36	01:18:07	01:54:51	02:40:14	03:42:45	04:22:15	05:09:31	
58	MONAGHAN Grażyna	142	ABCPURE	K35-39	00:17:34	00:54:24	<b>01:12:53</b>	50	00:04:31	00:18:58	01:21:06	01:59:19	02:45:53	03:50:42	04:30:26	05:17:26	
59	KALIN Wladyslaw	72	TAEKWON-DO GROMOWSKI	M35-39	00:16:50	00:55:11	<b>01:15:10</b>	59	00:06:47	00:18:52	01:18:18	01:56:01	02:41:41	03:45:03	04:25:48	05:12:55	
60	BARTECKA Sabina	9	RÓŻOWETRI/HRMAX ŻORY	K40-44	00:19:31	00:59:00	<b>01:18:55</b>	84	00:05:17	00:19:27	01:20:13	01:58:22	02:43:09	03:45:04	04:24:45	05:10:56	
61	JANKOWSKI Tomasz	60	TRISPACE	M45-49	TriSpace	00:17:32	00:55:53	<b>01:16:13</b>	65	00:06:04	00:18:46	01:21:45	02:01:40	02:47:34	03:49:37	04:28:26	05:13:28
62	ŁUCYSZYŃ Robert	124		M40-44	00:16:46	00:53:06	<b>01:12:38</b>	48	00:08:49	00:19:35	01:20:46	01:58:24	02:45:26	03:47:55	04:27:27	05:14:43	
63	JABŁOŃSKI Marcin	227	KRYSPORT TEAM	M45-49	00:20:26	01:03:40	<b>01:24:43</b>	131	00:07:30	00:18:13	01:18:14	01:55:58	02:41:00	03:41:29	04:19:37	05:04:10	
64	WILICKI Tomasz	208	DELL RUNNING TEAM	M40-44	00:18:44	00:59:21	<b>01:20:34</b>	95	00:07:14	00:18:38	01:17:33	01:55:48	02:41:30	03:43:28	04:21:43	05:09:19	
65	FARAN Grzegorz	46	GTSULMIN	M45-49	00:16:39	00:52:03	<b>01:10:19</b>	40	00:04:15	00:20:06	01:23:23	02:03:03	02:50:48	03:54:59	04:36:03	05:23:24	
66	KAMIŃSKI Marek	75		M30-34	00:19:18	01:00:51	<b>01:23:57</b>	122	00:04:28	00:18:16	01:16:30	01:52:40	02:38:22	03:40:33	04:21:08	05:09:46	
67	SMANTSEROV Mykola	188	DELIVERO.UA	M40-44	00:16:57	00:52:04	<b>01:10:17</b>	39	00:05:11	00:19:08	01:22:14	02:01:20	02:47:51	03:53:27	04:35:00	05:25:15	
68	OMELIANENKO Yaroslav Omelianenko	154		M25-29	00:18:33	01:00:44	<b>01:23:09</b>	116	00:05:39	00:17:55	01:16:19	01:53:10	02:38:25	03:41:24	04:21:57	05:12:13	
69	KOSMACZEWSKI Ireneusz	91	KODRUK.NET	M40-44	00:18:34	00:55:42	<b>01:15:12</b>	60	00:06:37	00:19:03	01:20:38	01:58:08	02:44:54	03:48:27	04:28:58	05:19:39	
70	LUBOWICKI Łukasz	120	40-LATEK TYCHY	M40-44	00:18:27	00:57:04	<b>01:16:41</b>	69	00:07:23	00:19:01	01:21:46	02:00:32	02:47:06	03:50:17	04:30:47	05:18:05	
71	SZPITER Tomasz	201	OLAWS ZŁOTORYJA	M50-54	00:19:21	00:59:35	<b>01:20:47</b>	101	00:05:14	00:18:16	01:18:49	01:57:01	02:43:13	03:46:38	04:27:24	05:17:09	

				Pływanie				Rower								Bieg	
72	KALISZEWSKI Daniel	73	M40-44	00:20:24	01:02:31	<b>01:24:40</b>	130	00:04:24	00:18:15	01:19:20	01:58:50	02:44:28	03:48:24	04:28:02	05:14:48		
73	PRUSIK Bartosz	170	COZMOBIKE	M25-29	00:20:02	01:02:59	<b>01:25:29</b>	136	00:05:49	00:17:54	01:15:28	01:52:08	02:38:06	03:44:02	04:25:10	05:12:35	
74	CIBOROWSKI Sebastian	29	SEBA SPORT PISZ	M45-49	CIBOR IRON TEAM	00:16:57	00:53:57	<b>01:12:23</b>	46	00:07:59	00:17:31	01:18:20	01:55:48	02:42:40	03:49:45	04:32:12	05:23:38
75	MARTYNOWSKI Łukasz	127	M35-39	00:17:06		00:56:07	<b>01:16:31</b>	68	00:03:59	00:17:15	01:15:12	01:53:45	02:44:37	03:54:52	04:35:54	05:23:33	
76	ŁĄCZKA Tomasz	123	M40-44	00:20:36	01:06:19	<b>01:32:11</b>	173	00:11:54	00:18:07	01:16:00	01:52:02	02:36:15	03:36:22	04:15:25	05:00:08		
77	KARALIUK Andrei	77	M35-39	00:18:05	00:57:19	<b>01:17:29</b>	73	00:04:29	00:19:22	01:22:46	02:02:08	02:49:20	03:53:18	04:35:03	05:22:44		
78	LETKOWSKI Dariusz	114	GAPMONT RUNNING TEAM	M40-44	00:17:39	00:54:50	<b>01:12:47</b>	49	00:05:46	00:19:38	01:22:39	02:03:04	02:51:25	03:55:32	04:36:36	05:26:13	
79	MIŚ Waldemar	138	ALIOR RUNNING TEAM	M40-44	00:20:01	01:03:27	<b>01:26:47</b>	144	00:04:04	00:18:47	01:20:06	01:58:34	02:44:46	03:47:55	04:27:42	05:14:11	
80	BARANOWSKI Roman	8	FOREVER TEAM	M45-49	00:15:06	00:47:35	<b>01:05:06</b>	17	00:09:44	00:19:02	01:21:27	02:01:00	02:49:18	03:56:16	04:38:54	05:30:17	
81	MOZLER Jerzy	143	M45-49	00:16:01	00:50:34	<b>01:08:11</b>	33	00:10:50	00:19:49	01:20:50	01:59:38	02:47:58	03:54:38	04:36:57	05:26:51		
82	ĆWIK Dariusz	35	HUSSE TEAM	M45-49	00:18:44	00:57:27	<b>01:17:33</b>	74	00:05:17	00:19:37	01:22:46	02:02:26	02:49:54	03:53:55	04:34:36	05:23:02	
83	CUBER Piotr	32	CTS	M40-44	00:20:06	01:02:38	<b>01:23:56</b>	121	00:05:23	00:18:58	01:22:08	02:01:30	02:48:31	03:51:28	04:30:56	05:17:22	
84	MOJSIEWICZ Sławomir	139	M40-44	00:19:16	01:01:11	<b>01:23:05</b>	115	00:04:31	00:18:46	01:18:01	01:56:34	02:43:24	03:49:06	04:31:02	05:19:22		
85	AUGUSTYNIAK Artur	6	FUJITSU RUNNING TEAM ŁÓDŹ	M35-39	00:19:32	00:59:51	<b>01:19:40</b>	91	00:04:28	00:19:32	01:21:24	02:00:35	02:48:25	03:54:01	04:35:37	05:23:14	
86	RUSIN Jakub	180	M30-34	00:18:07	00:56:36	<b>01:15:46</b>	63	00:04:21	00:19:40	01:23:16	02:01:58	02:51:10	03:57:26	04:37:49	05:27:48		
87	LIZIK Radosław	119	TRISPACE	M40-44	TriSpace	00:20:05	01:02:23	<b>01:23:43</b>	120	00:08:03	00:19:21	01:21:44	02:00:22	02:47:12	03:50:45	04:30:37	05:17:11
88	KUCIŃSKI Artur	102	M40-44	00:16:52		00:53:19	<b>01:12:16</b>	45	00:08:11	00:19:18	01:22:08	02:02:47	02:52:26	03:59:27	04:39:28	05:28:34	
89	GOSTOMSKI Mariusz	55	TRI STAROGARD GDAŃSKI	M50-54	00:18:50	00:59:12	<b>01:20:14</b>	94	00:05:06	00:19:05	01:21:53	02:01:32	02:48:31	03:53:47	04:35:52	05:23:45	
90	MACIULEVICIUS Arunas	200	TRITONAS	M45-49	00:18:44	00:57:45	<b>01:18:21</b>	82	00:04:53	00:19:10	01:22:54	02:02:48	02:50:34	03:54:11	04:36:47	05:26:13	
91	KRÓLCZYŃSKI Maciej	98	M35-39	00:18:47	00:58:02	<b>01:18:24</b>	83	00:03:51	00:19:26	01:21:28	02:00:31	02:48:30	03:54:29	04:36:41	05:27:30		
92	MATERNA Roman	128	SPAR POLSKA	M50-54	00:17:54	00:55:01	<b>01:14:17</b>	56	00:04:59	00:19:32	01:23:06	02:02:55	02:50:22	03:55:19	04:38:55	05:31:06	
93	SZCZEPAŃSKI Adam	198	KB PIONIER SZCZECIN	M30-34	00:18:37	00:57:03	<b>01:17:25</b>	72	00:11:50	00:18:54	01:21:56	02:03:01	02:49:21	03:52:57	04:33:44	05:21:34	
94	PRYK Rafał	171	ROZBIEGANY GOLENIÓW	M40-44	00:20:06	01:02:22	<b>01:24:31</b>	129	00:05:32	00:19:33	01:23:31	02:01:59	02:47:44	03:51:32	04:32:10	05:20:48	
95	NIEMCZYK Kazimierz	147	M55-59	00:20:51	01:05:11	<b>01:28:45</b>	156	00:09:18	00:19:14	01:20:26	01:58:12	02:43:45	03:46:21	04:25:44	05:12:57		
96	CICHOSZ Arkadiusz	30	M45-49	00:18:25	00:57:54	<b>01:18:05</b>	79	00:04:24	00:18:59	01:22:04	02:01:34	02:48:56	03:56:44	04:39:31	05:29:32		
97	SZWEDA Tomasz	203	MEBŁOBYSK CZERNICE	M35-39	00:22:38	01:10:37	<b>01:35:41</b>	183	00:05:13	00:18:06	01:17:54	01:55:14	02:40:12	03:42:37	04:23:23	05:11:13	
98	LISIECKI Jacek	118	M45-49	00:23:15	01:13:38	<b>01:39:42</b>	201	00:08:51	00:17:51	01:16:23	01:53:31	02:37:59	03:40:19	04:19:07	05:03:58		
99	SEVASTSYANAU Sjarhei	187	SEVASTSYANAU TEAM	M40-44	00:24:11	01:14:59	<b>01:43:18</b>	205	00:04:26	00:18:37	01:17:22	01:53:09	02:36:47	03:38:01	04:17:38	05:04:51	
100	FEDYNA Igor	48	SHYPHYNA RUN CLUB	M40-44	00:20:10	01:02:17	<b>01:23:39</b>	119	00:06:29	00:21:21	01:25:18	02:04:26	02:50:32	03:54:08	04:34:28	05:22:32	
101	PIECHACZYK Sławomir	160	M35-39	00:18:49	00:59:31	<b>01:20:51</b>	102	00:06:53	00:19:50	01:23:59	02:02:47	02:49:31	03:54:41	04:36:27	05:25:04		
102	AUGUSTYNIAK Grzegorz	5	PTTDELTA	M45-49	00:18:02	00:55:02	<b>01:13:50</b>	54	00:05:47	00:19:28	01:23:28	02:03:04	02:51:21	03:58:05	04:41:19	05:33:20	
103	PIASEK Piotr	159	TRIUNLIMITED	M50-54	00:20:24	01:03:21	<b>01:26:41</b>	143	00:06:40	00:19:09	01:21:33	02:00:15	02:47:02	03:51:00	04:32:11	05:21:08	
104	PELANT Ryszard	158	WICHER ROSNÓWKO	M40-44	00:19:29	00:58:50	<b>01:19:14</b>	87	00:06:49	00:19:45	01:24:05	02:05:13	02:52:12	03:58:03	04:39:24	05:28:31	
105	MELLER Michał	133	TRI STAROGARD GDAŃSKI	M45-49	00:17:03	00:52:00	<b>01:10:01</b>	38	00:04:22	00:19:09	01:24:30	02:05:43	02:55:30	04:03:33	04:47:46	05:41:05	
106	JĘDRZEJCZYK Piotr	68	M45-49	00:19:28	00:59:46	<b>01:21:18</b>	107	00:05:41	00:18:10	01:17:15	01:54:11	02:38:54	03:59:27	04:40:15	05:28:47		
107	BARTECKI Aleksander	10	HRRMAX ŻORY	M45-49	00:22:25	01:11:00	<b>01:36:20</b>	189	00:03:02	00:19:22	01:21:25	02:01:09	02:45:06	03:49:11	04:30:38	05:16:36	
	DOODY Patrick	40	M50-54	00:18:34	00:59:38	<b>01:22:19</b>	112	00:05:48	00:20:50	01:21:52	02:01:46	02:50:13	03:56:08	04:37:43	05:27:54		
109	OLSZEWSKI Łukasz	153	ROZBEGANE DZIAŁDOWO	M40-44	00:19:26	01:01:30	<b>01:23:24</b>	118	00:04:44	00:18:50	01:23:02	02:02:26	02:49:40	03:57:12	04:38:50	05:27:57	
110	SOKOŁOWSKI Tomasz	189	KLINIKA TRIATHLONU	M30-34	00:18:25	00:59:07	<b>01:20:41</b>	98	00:03:49	00:19:52	01:25:36	02:06:14	02:55:01	04:00:50	04:42:20	05:31:53	
111	NAROJCZYK Krzysztof	146	TRI MASTERS PIASECZNO	M45-49	00:18:48	00:58:35	<b>01:19:08</b>	86	00:05:01	00:21:04	01:21:09	01:59:23	02:47:20	03:55:27	04:38:53	05:32:18	



					Pływanie				Rower							Bieg	
155	KORSAKOV Kostiantyn	90	-	M45-49	00:19:00	00:59:20	<b>01:21:38</b>	110	00:09:12	00:19:53	01:23:52	02:04:39	02:56:29	04:08:57	04:54:54	05:50:33	
156	WOLUSZEWSKI Remigiusz	221	ALIOR RUNNING TEAM	M30-34	00:22:45	01:13:11	<b>01:39:32</b>	199	00:05:20	00:18:30	01:21:03	02:04:13	02:54:01	04:03:07	04:45:44	05:36:33	
157	JARECKI Paweł	61		M40-44	00:18:48	00:57:22	<b>01:17:38</b>	76	00:09:20	00:19:32	01:23:22	02:06:36	02:57:00	04:10:55	05:01:14	05:57:25	
158	KUĆ Jarosław	103	TRI TEAM LUBAŃ	M35-39	00:21:24	01:09:22	<b>01:34:39</b>	182	00:05:47	00:19:23	01:24:38	02:05:52	02:55:59	04:06:30	04:51:09	05:44:27	
159	KOWALCZYK Wojciech	93	ARNIE TEAM	M25-29	00:19:26	01:02:57	<b>01:25:47</b>	138	00:10:54	00:20:29	01:25:32	02:07:31	02:57:58	04:09:43	04:55:53	05:49:08	
160	TRYT Maciej	209	RUN BYDGOSZCZ	M35-39	00:19:30	01:00:10	<b>01:21:15</b>	105	00:07:05	00:19:13	01:23:49	02:05:35	02:57:19	04:13:22	05:01:57	05:57:45	
161	BIAŁOŁOCKI Tomasz	15		M50-54	00:21:03	01:06:04	<b>01:30:38</b>	162	00:07:39	00:20:06	01:26:45	02:09:43	03:00:23	04:09:56	04:55:49	05:47:56	
162	OLEŃSKI Janusz	152	WUM	M60-64	00:21:42	01:05:56	<b>01:28:13</b>	151	00:06:06	00:20:32	01:28:24	02:10:57	03:02:42	04:13:38	04:58:11	05:53:11	
163	WOŁOWSKI Lech	222		M40-44	00:21:44	01:08:04	<b>01:32:17</b>	174	00:07:56	00:22:07	01:28:02	02:08:38	02:57:10	04:07:12	04:54:49	05:48:05	
164	REZA Marek	175		M50-54	00:23:16	01:12:13	<b>01:38:13</b>	197	00:07:58	00:20:05	01:25:12	02:05:46	02:55:25	04:06:03	04:50:27	05:43:32	
165	WOBY Amanda	219	GREENWICH TRITONS	K30-34	00:17:08	00:52:07	<b>01:10:41</b>	41	00:05:55	00:22:16	01:35:34	02:20:31	03:14:33	04:30:47	05:18:59	06:13:55	
166	SZYNDLAREWICZ Paweł	205		M35-39	00:22:15	01:07:53	<b>01:31:38</b>	169	00:05:52	00:20:57	01:26:06	02:07:31	02:57:39	04:06:05	04:56:32	05:53:06	
167	STASIEWSKI Mariusz	194	TRISPACE	M40-44	00:21:22	01:03:29	<b>01:25:12</b>	134	00:04:30	00:20:24	01:27:17	02:07:00	02:58:39	04:10:37	05:06:23	06:01:30	
168	MAJEWSKA Kinga	125		K40-44	00:20:49	01:05:32	<b>01:29:01</b>	157	00:05:34	00:20:22	01:26:08	02:09:30	03:01:59	04:14:55	05:00:04	05:56:49	
169	PRUSACZYK Marcin	169		M45-49	00:19:32	01:00:08	<b>01:20:57</b>	104	00:07:29	00:19:59	01:29:04	02:13:57	03:06:52	04:20:50	05:09:37	06:03:39	
170	CIBOROWSKA Aneta	27	SEBA SPORT PISZ	K40-44	00:22:26	01:08:19	<b>01:32:07</b>	170	00:04:56	00:21:14	01:29:47	02:15:31	03:07:11	04:18:44	05:03:25	05:55:56	
171	KĘPIŃSKI Henryk	79	KB SPARTAKUS BELCHATÓW	M65-69	00:22:52	01:14:19	<b>01:43:01</b>	204	00:06:49	00:21:06	01:29:11	02:10:34	02:59:04	04:08:47	04:53:19	05:43:23	
172	ANDRUSZKIEWICZ Arkadiusz	3		M40-44	00:25:23	01:17:44	<b>01:44:41</b>	208	00:11:43	00:18:57	01:21:25	02:01:56	02:50:43	04:01:24	04:46:08	05:37:59	
173	WILK Łukasz	217		M40-44	00:18:53	00:58:42	<b>01:19:22</b>	88	00:09:49	00:21:35	01:29:32	02:13:20	03:05:09	04:19:08	05:05:36	06:05:16	
174	DOMAGAŁA Dariusz	39	WWW.GYMLAB.PL	M30-34	00:19:55	01:02:08	<b>01:22:51</b>	113	00:06:26	00:21:48	01:32:54	02:17:51	03:09:49	04:22:50	05:11:14	06:06:33	
175	PANASIUK Maciej	155	LEASEPLAN TRIATHLON TEAM	M25-29	00:19:47	01:03:19	<b>01:26:33</b>	141	00:09:52	00:21:38	01:30:39	02:15:03	03:06:38	04:20:27	05:04:07	06:00:35	
176	WRZOSEK Dominik	224	ZPIT PW	M25-29	00:23:21	01:13:54	<b>01:41:03</b>	202	00:08:48	00:20:01	01:25:26	02:05:54	02:55:04	04:05:11	04:50:22	05:47:09	
177	BUTRYM Piotr	21	FORREST	M35-39	00:21:55	01:06:22	<b>01:29:23</b>	158	00:06:34	00:19:59	01:37:10	02:19:25	03:09:33	04:19:52	05:07:03	06:01:12	
178	LUCHOWSKI Rafał	121	12TRI.PL / SPARTANIE DZIECIOM	M50-54	00:20:38	01:03:32	<b>01:26:53</b>	146	00:10:36	00:20:37	01:27:23	02:09:45	03:02:58	04:16:21	05:03:07	05:59:54	
179	JENDERNALIK Łukasz	67		M35-39	00:21:20	01:07:04	<b>01:31:18</b>	168	00:08:56	00:21:03	01:36:41	02:19:12	03:10:20	04:20:51	05:05:46	05:58:38	
180	SROKA Jerzy	192	TRI STAROGARD GDAŃSKI	M50-54	00:21:21	01:07:15	<b>01:33:39</b>	179	00:04:31	00:20:15	01:27:59	02:10:36	03:03:05	04:18:38	05:06:40	06:01:51	
181	BECLA Leszek	12	HETEROMASTERS	M25-29	00:22:18	01:13:41	<b>01:39:33</b>	200	00:06:59	00:21:03	01:32:13	02:17:46	03:08:15	04:20:41	05:07:05	06:03:25	
182	PAWLAK Piotr	156	PKO BANK POLSKI	M40-44	00:21:43	01:09:54	<b>01:36:55</b>	191	00:08:26	00:21:09	01:29:53	02:12:36	03:05:43	04:18:55	05:06:57	06:05:21	
	FAJOK Szymon	45		M18-24	00:21:40	01:10:57	<b>01:36:18</b>	188	00:07:12	00:21:19	01:28:08	02:10:26	03:02:10	04:15:05	05:05:40	06:07:16	
184	LARSEN-KONIECZNY Charlotte	110		K30-34	00:20:37	01:06:49	<b>01:30:02</b>	159	00:07:32	00:21:43	01:32:41	02:16:21	03:10:35	04:25:07	05:14:01	06:13:34	
185	DUDEK Adam	42		M18-24	00:14:57	00:46:51	<b>01:03:19</b>	11	00:15:10	00:21:49	01:32:49	02:20:53	03:20:14	04:41:19	05:30:29	06:33:30	
186	LUTOWSKI Wojciech	122	TKKF KOLEJARZ BYDGOSZCZ	M30-34	00:23:15	01:10:48	<b>01:36:15</b>	187	00:05:21	00:21:28	01:32:09	02:14:39	03:07:37	04:22:13	05:14:06	06:12:04	
187	KUZIEMSKI Tomasz	106	KS MARATON OSTRÓW WLKP	M30-34	00:20:42	01:05:28	<b>01:28:37</b>	154	00:07:59	00:21:10	01:29:48	02:13:39	03:09:12	04:31:31	05:19:12	06:17:37	
	BŁASZCZYK Borys	17	AZS PP	M25-29	00:25:14	01:18:53	<b>01:43:19</b>	206	00:08:11	00:20:24	01:27:56	02:11:54	03:04:07	04:16:05	05:02:14	06:03:28	
189	MOLENDĄ Patrycja	140	KLINIKA TRIATHLONU	K25-29	00:20:23	01:03:28	<b>01:26:00</b>	139	00:11:20	00:22:06	01:33:39	02:17:48	03:11:47	04:27:29	05:18:50	06:18:11	
190	CHMIEL Dariusz	23	PTT DELTA	M55-59	00:22:37	01:12:29	<b>01:38:03</b>	193	00:08:21	00:22:27	01:35:45	02:20:42	03:14:45	04:28:51	05:16:37	06:12:32	
191	JASIŃSKI Bogusław	63		M65-69	00:20:35	01:04:38	<b>01:28:33</b>	152	00:10:04	00:20:22	01:31:53	02:17:08	03:12:54	04:33:18	05:26:44	06:27:27	
192	MACHAJ Tomasz	228		M45-49	00:21:38	01:06:15	<b>01:28:40</b>	155	00:14:26	00:23:23	01:37:06	02:21:34	03:20:05	04:39:22	05:26:50	06:23:50	
193	WSZEBOROWSKI Dariusz	225	SBR EŁK	M50-54	00:21:44	01:07:43	<b>01:31:03</b>	167	00:11:17	00:22:36	01:34:14	02:19:05	03:13:47	04:32:25	05:24:31	06:24:41	
194	DĄBROWSKI Jarek	37	ŁOMIAKOWSKA GRUPA BIEGOWA TRI	M45-49	00:22:00	01:07:36	<b>01:30:31</b>	161	00:10:26	00:21:06	01:33:34	02:18:46	03:14:20	04:34:32	05:23:35	06:28:16	
195	WŁODARCZYK Mariusz	229		M35-39	00:18:59	00:58:35	<b>01:19:07</b>	85	00:08:33	00:20:16	01:28:30	02:11:39	03:10:18	04:46:01	05:37:58	06:42:03	

				Pływanie			T1	Rower								Bieg	
196	TACZAREK Marlena	230	K40-44	00:20:17	01:02:55	<b>01:25:24</b>	135	00:12:04	00:22:38	01:36:33	02:23:51	03:21:24	04:40:12	05:31:35	06:33:51		
197	CIBOROWSKA Katarzyna	26	SPEED JASŁO	K40-44	CIBOR IRON TEAM	00:23:22	01:13:22	<b>01:38:08</b>	195	00:09:22	00:22:32	01:37:04	02:22:19	03:20:19	04:41:15	05:29:52	06:28:29
198	RAK Agata	173		K30-34		00:21:31	01:07:08	<b>01:30:57</b>	166	00:06:07	00:22:30	01:38:58	02:27:20	03:24:56	04:46:10	05:37:03	06:39:01
199	RYKOWSKI Andrzej	183		M25-29		00:23:10	01:10:32	<b>01:35:49</b>	184	00:06:03	00:22:12	01:34:35	02:19:17	03:19:45	04:44:41	05:34:15	06:37:14
200	KRÓLIK Zenon	99	SAM SOBIE STEREM	M70-74		00:26:09	01:21:22	<b>01:50:29</b>	210	00:12:25	00:24:54	01:37:08	02:23:04	03:18:24	04:39:27	05:27:37	06:25:58
201	STANKOWSKI Dawid	193	PŁONĄCE RACICE	M25-29		00:20:02	01:03:30	<b>01:25:44</b>	137	00:07:23	00:23:07	01:36:59	02:24:14	03:20:10	05:01:37	05:51:52	06:55:48
202	BUCZKOWSKI Jarosław	19	PRO EVO TRI CLUB	M45-49		00:21:53	01:07:53	<b>01:32:41</b>	178	00:21:58	00:22:09	01:39:10	02:26:59	03:25:20	04:44:20	05:33:43	06:36:52
<b>Przekroczony limit czasu: 15:00:00</b>																	
203	KIRKLAND Jim	80	GREENWICH TRITONS	M60-64		00:25:18	01:12:14	<b>01:39:32</b>	198	00:11:46	00:21:36	01:35:10	02:21:54	03:22:20	04:47:36	05:38:42	06:46:44
204	ANDRZEJEWSKI Adrian	4	TEAMKARAŚ	M25-29		00:20:35	01:03:39	<b>01:27:05</b>	147	00:08:28	00:24:53	01:47:04	02:37:07	03:38:36	05:03:42	06:00:18	07:07:19
205	MAKOWSKI Sławomir	126	RUN BYDGOSZCZ	M50-54		00:22:34	01:11:03	<b>01:35:56</b>	186	00:04:59	00:19:23	01:20:37	01:59:21	03:59:42	05:01:50	05:42:48	
206	LEWARDOWSKI Konrad	116	KTB KUNY STRZESZYN	M45-49		00:22:06	01:07:41	<b>01:32:09</b>	172	00:15:48	00:16:14	01:22:22	02:05:07	04:14:43		05:55:42	
	KAMIŃSKI Michał	76	DELL RUNNING TEAM	M25-29		00:20:41	01:07:01	<b>01:32:07</b>	171	00:05:11	00:22:21	01:38:51	02:28:56	03:42:06		04:45:04	
	SUDAKOWSKI Tomasz	196	KS TRIATHLON RAWA	M45-49		00:23:29	01:15:06	<b>01:42:46</b>	203	00:03:32	00:19:22	01:24:57	02:06:59	02:57:31	04:12:28	05:09:31	
	OIKONOMOU Alexandros	150	TRIAS	M45-49		00:17:04	00:53:51	<b>01:13:01</b>	51	00:06:02	00:20:58	01:27:42	02:11:20	03:06:39	04:29:03		
	WIECHNA Krzysztof	215		M40-44													
	JAWORSKI Artur	65		M30-34		00:20:18	01:02:28	<b>01:24:26</b>	128	00:10:08	00:19:32						

Znaleziono 211 wynik(ów)