



# OCEAN LAVA TRIATHLON POLSKA - DYSTANS PEŁNY 140.6

B4SPORT

**Event:** Ocean Lava Triathlon Polska 2019  
**Organiser:** Towarzystwo Sportowe TRI-SPORT  
**Date:** 2019-08-17  
**Place:** Bydgoszcz  
**Distance:** 226 km

**B4SPORT**  
INTELIGENTNE ZAWODY SPORTOWE

Classification: 1 Fala

Split point: 47,0 km

Place	Participant	Number	Club	Category	Drużyna	Swimming				T1	Cycling		T2	Race	Cross
						P_Borowno 0.95km	P_Borowno 2.85km	R_Borowno 3.8km	Poz		R_Kotomierz 9.75km	R_Pauliny 42.75km			
1	SOWA Michał	191	DECATHLON TRIATHLON TEAM	M30-34		00:14:58	00:46:55	<b>01:03:18</b>	10	00:02:55	00:15:45	01:06:50			
2	MAZUR Paweł	131	UKS TRS SUSZ/AGROLOK SPORT TEAM	M30-34		00:14:44	00:44:37	<b>00:59:41</b>	4	00:02:20	00:16:29	01:11:19			
3	PLUTA Gniewomir	164	UKS TRS SUSZ	M35-39		00:14:48	00:44:38	<b>00:59:42</b>	5	00:02:25	00:17:03	01:11:46			
4	SOSNOWSKI Jarosław	190	PTT DELTA	M35-39		00:14:02	00:44:03	<b>00:59:28</b>	2	00:02:36	00:16:27	01:12:10			
5	KOWALCZYK Marek	94		M40-44		00:15:06	00:46:57	<b>01:03:22</b>	12	00:02:42	00:15:58	01:08:41			
6	SZYSZKA Łukasz	233	TVN MEDIA	M25-29		00:14:42	00:45:20	<b>01:00:48</b>	7	00:02:17	00:17:13	01:13:25			
	KOT Remigiusz	92	RM TRI TEAM	M45-49		00:15:35	00:47:58	<b>01:04:37</b>	15	00:02:37	00:16:55	01:10:09			
8	MROCZKOWSKI Karol	144	#DASHRADE TEAM	M25-29	#DASHRADE Team	00:14:11	00:43:54	<b>00:59:08</b>	1	00:03:15	00:17:53	01:15:34			
9	BOROWIAK Rafał	18	JOKŚ TEAM	M35-39		00:15:47	00:48:52	<b>01:05:30</b>	18	00:02:57	00:16:39	01:11:50			
10	LEWANDOWSKI Maciej	115	#DASHRADE TEAM	M30-34	#DASHRADE Team	00:15:54	00:49:17	<b>01:06:08</b>	23	00:02:53	00:16:25	01:11:38			
11	BANACH Jan	7	KLINIKA TRIATHLONU BYDGOSZCZ	M25-29		00:14:38	00:44:28	<b>00:59:32</b>	3	00:04:30	00:18:31	01:17:42			
12	JAROŃ Tomasz	62	AKADEMIA TRIATHLONU JAROSŁAW	M45-49		00:14:45	00:45:32	<b>01:01:20</b>	8	00:04:31	00:17:54	01:17:32			
13	GÓRECKI Tomasz	57	PTT DELTA	M30-34		00:15:08	00:47:10	<b>01:03:38</b>	13	00:04:12	00:17:02	01:15:45			
14	CIBOROWSKI Damian	28	SPEED JASŁO	M45-49	CIBOR IRON TEAM	00:15:57	00:49:00	<b>01:06:14</b>	24	00:03:16	00:17:18	01:14:17			
15	JURJEVIC Marina	69	TK ZADAR	K35-39		00:15:46	00:48:58	<b>01:06:01</b>	19	00:03:33	00:17:39	01:14:19			
16	PLUCINSK Michał	163	TMT	M35-39		00:15:04	00:47:01	<b>01:03:16</b>	9	00:04:10	00:17:49	01:17:11			
17	STUDNIAK Mateusz	195	GDYŃSKI TRIATHLON	M30-34		00:15:35	00:48:55	<b>01:06:04</b>	20	00:03:42	00:17:34	01:15:26			
18	CZARNECKI Paweł	33	WARSAW MASTERS TEAM	M30-34		00:14:07	00:44:33	<b>00:59:58</b>	6	00:04:03	00:19:58	01:22:36			
19	KITA Tomek	167	SPECSHOP TEAM	M40-44		00:15:49	00:48:07	<b>01:04:58</b>	16	00:02:21	00:19:03	01:20:00			
20	MICHALSKI Andrzej	135	BIKE BROTHERS TARNÓW	M30-34		00:16:34	00:49:23	<b>01:06:38</b>	25	00:03:34	00:18:06	01:17:29			
21	JAŚKIEWICZ Marcin	64	MOGILNO TEAM	M30-34		00:15:47	00:49:51	<b>01:07:30</b>	29	00:03:46	00:17:57	01:16:29			
22	KOWALSKI Krzysztof	95	TRENUJ Z NAJLEPSZYMI	M40-44		00:15:45	00:48:40	<b>01:06:05</b>	22	00:04:20	00:18:30	01:17:35			
23	MICHALAK Michał	134	DZIKI KOSZALIN	M35-39		00:16:47	00:52:06	<b>01:09:58</b>	37	00:04:56	00:17:08	01:13:27			

					Swimming				T1	Cycling		T2	Race	Class
24	<b>GOZDALSKI Jarosław</b>	<b>56</b>	WITKOWO BIEGA	M45-49	00:16:33	00:50:31	<b>01:08:21</b>	34	00:02:54	00:18:26	01:17:08			
25	<b>ROSIŃSKI Jarosław</b>	<b>177</b>		M40-44	00:16:58	00:53:25	<b>01:12:16</b>	44	00:04:27	00:16:42	01:11:42			
26	<b>KRZEMIŃSKI Marcin</b>	<b>101</b>	SPRINT GORZYCE	M40-44	00:16:21	00:49:30	<b>01:07:10</b>	28	00:06:02	00:17:38	01:15:22			
27	<b>SUPERSON Wojtek</b>	<b>197</b>		M45-49	00:16:12	00:50:00	<b>01:07:44</b>	32	00:03:29	00:19:10	01:17:28			
28	<b>MAZUREK Michał</b>	<b>132</b>	EUROSOFT	M40-44	00:17:22	00:54:21	<b>01:13:32</b>	53	00:02:34	00:16:45	01:12:36			
29	<b>PLICHTA Andrzej</b>	<b>162</b>	PIASECKI CONCEPT	M30-34	00:16:59	00:54:32	<b>01:14:27</b>	57	00:03:39	00:16:47	01:11:32			
	<b>LODEWIJKS Mark</b>	<b>232</b>		M50-54	00:15:40	00:47:56	<b>01:04:09</b>	14	00:05:40	00:19:13	01:19:52			
31	<b>SZYMKOWIAK Norbert</b>	<b>204</b>	R-TEAM RYDZYNA	M25-29	00:17:25	00:54:33	<b>01:13:55</b>	55	00:04:30	00:16:27	01:11:22			
32	<b>MØLLER Gert</b>	<b>141</b>		M55-59	00:16:18	00:49:41	<b>01:07:02</b>	26	00:03:58	00:18:26	01:19:52			
33	<b>DASZEWSKI Filip</b>	<b>36</b>		M18-24	00:17:02	00:53:45	<b>01:12:27</b>	47	00:04:06	00:17:29	01:15:08			
34	<b>BIELIŃSKI Piotr</b>	<b>16</b>	KUŹNIA TRIATHLONU	M25-29	00:16:08	00:50:36	<b>01:09:18</b>	35	00:04:49	00:18:06	01:18:02			
35	<b>SERGEJEVS Jevgenijs</b>	<b>186</b>	IRONMAN.LV	M40-44	00:17:12	00:53:31	<b>01:12:11</b>	43	00:05:16	00:17:56	01:14:55			
36	<b>KLUŻNIAK Wojciech</b>	<b>83</b>		M35-39	00:15:46	00:48:54	<b>01:06:05</b>	21	00:04:22	00:18:51	01:22:13			
37	<b>GNIOT Jacek</b>	<b>53</b>	WOJSKOWE ZAKŁADY UZBROJENIA S.A.	M45-49	00:18:53	00:57:43	<b>01:18:20</b>	81	00:02:27	00:17:00	01:11:58			
38	<b>NOSOWSKI Jacek</b>	<b>148</b>		M45-49	00:16:00	00:49:47	<b>01:07:07</b>	27	00:06:03	00:18:23	01:19:37			
39	<b>SZTENDEREWICZ Rafał</b>	<b>202</b>	SPORTEVO	M40-44	00:18:22	00:57:08	<b>01:16:19</b>	66	00:03:09	00:17:21	01:13:24			
40	<b>SZCZYRBOWSKI Michał</b>	<b>199</b>	YOOBEE. PL	M35-39	00:16:58	00:52:46	<b>01:11:20</b>	42	00:03:46	00:18:30	01:18:47			
41	<b>ERMANIS Gints</b>	<b>44</b>	IRONMAN.LV	M40-44	00:19:08	01:00:00	<b>01:21:23</b>	108	00:02:14	00:16:25	01:10:48			
42	<b>POCENTEK Krzysztof Robert</b>	<b>166</b>	POCENTTEAM	M45-49	00:17:20	00:54:24	<b>01:13:30</b>	52	00:04:31	00:18:45	01:17:34			
43	<b>MARTYNOWSKI Łukasz</b>	<b>127</b>		M35-39	00:17:06	00:56:07	<b>01:16:31</b>	68	00:03:59	00:17:15	01:15:12			
44	<b>KUNECKI Marcin</b>	<b>104</b>	HILLINGDON TRIATHLETES	M35-39	00:18:08	00:58:05	<b>01:19:31</b>	90	00:02:51	00:16:45	01:13:33			
45	<b>BARANOWSKI Roman</b>	<b>8</b>	FOREVER TEAM	M45-49	00:15:06	00:47:35	<b>01:05:06</b>	17	00:09:44	00:19:02	01:21:27			
46	<b>ŚCIGAŁA Waldemar</b>	<b>206</b>	JELENIA PLAST SPORT TEAM	M45-49	00:15:47	00:49:53	<b>01:07:39</b>	31	00:05:49	00:19:55	01:23:34			
47	<b>SMANTSEROV Mykola</b>	<b>188</b>	DELIVERO.UA	M40-44	00:16:57	00:52:04	<b>01:10:17</b>	39	00:05:11	00:19:08	01:22:14			
48	<b>FARAN Grzegorz</b>	<b>46</b>	GTSULMIN	M45-49	00:16:39	00:52:03	<b>01:10:19</b>	40	00:04:15	00:20:06	01:23:23			
49	<b>MONAGHAN Grażyna</b>	<b>142</b>	ABCPURE	K35-39	00:17:34	00:54:24	<b>01:12:53</b>	50	00:04:31	00:18:58	01:21:06			
50	<b>CIBOROWSKI Sebastian</b>	<b>29</b>	SEBA SPORT PISZ	M45-49	00:16:57	00:53:57	<b>01:12:23</b>	46	00:07:59	00:17:31	01:18:20			
51	<b>MELLER Michał</b>	<b>133</b>	TRI STAROGARD GDAŃSKI	M45-49	00:17:03	00:52:00	<b>01:10:01</b>	38	00:04:22	00:19:09	01:24:30			
52	<b>LASSOTA Artur</b>	<b>112</b>	1969	M50-54	00:19:04	00:59:52	<b>01:20:36</b>	97	00:04:22	00:17:45	01:14:15			
53	<b>LIPUTA Grzegorz</b>	<b>117</b>	#DASHRADE TEAM	M30-34	00:18:35	00:57:46	<b>01:17:44</b>	77	00:05:08	00:18:04	01:16:45			
54	<b>MOZLER Jerzy</b>	<b>143</b>		M45-49	00:16:01	00:50:34	<b>01:08:11</b>	33	00:10:50	00:19:49	01:20:50			
55	<b>MAZANKA Jakub</b>	<b>129</b>		M40-44	00:18:16	00:56:40	<b>01:16:04</b>	64	00:04:56	00:20:00	01:19:11			
56	<b>KALIN Władysław</b>	<b>72</b>	TAEKWON-DO GROMOWSKI	M35-39	00:16:50	00:55:11	<b>01:15:10</b>	59	00:06:47	00:18:52	01:18:18			
57	<b>LETKOWSKI Dariusz</b>	<b>114</b>	GAPMONT RUNNING TEAM	M40-44	00:17:39	00:54:50	<b>01:12:47</b>	49	00:05:46	00:19:38	01:22:39			

					Swimming				T1	Cycling		T2	Race	Class
58	<b>KOCENDA Wojciech</b>	<b>85</b>	PRO-TRI.PL	M30-34	00:18:20	00:57:36	<b>01:18:11</b>	80	00:05:05	00:18:01	01:18:15			
59	<b>CHYLARECKI Robert</b>	<b>25</b>	GVT	M50-54	00:18:12	00:57:00	<b>01:17:13</b>	71	00:06:23	00:18:36	01:18:07			
60	<b>ŁUCYSZYN Robert</b>	<b>124</b>		M40-44	00:16:46	00:53:06	<b>01:12:38</b>	48	00:08:49	00:19:35	01:20:46			
61	<b>KUŹMA Adam</b>	<b>107</b>	FAR KUBA TEAM	M30-34	00:18:26	00:59:01	<b>01:20:43</b>	99	00:05:08	00:18:16	01:16:25			
62	<b>MATERNA Roman</b>	<b>128</b>	SPAR POLSKA	M50-54	00:17:54	00:55:01	<b>01:14:17</b>	56	00:04:59	00:19:32	01:23:06			
	<b>PŁÓCIENNIK Dominik</b>	<b>165</b>		M25-29	00:17:21	00:54:58	<b>01:15:19</b>	61	00:04:04	00:19:44	01:23:01			
64	<b>KOSMACZEWSKI Ireneusz</b>	<b>91</b>	KODRUK.NET	M40-44	00:18:34	00:55:42	<b>01:15:12</b>	60	00:06:37	00:19:03	01:20:38			
65	<b>KUCIŃSKI Artur</b>	<b>102</b>		M40-44	00:16:52	00:53:19	<b>01:12:16</b>	45	00:08:11	00:19:18	01:22:08			
66	<b>CHMEL Sergiy</b>	<b>22</b>	BORYS RUNNING CLUB	M35-39	00:20:14	01:02:15	<b>01:24:16</b>	126	00:05:51	00:17:06	01:12:50			
67	<b>RYBAK Remigiusz</b>	<b>181</b>		M40-44	00:19:24	00:59:26	<b>01:20:11</b>	93	00:05:31	00:18:03	01:17:19			
68	<b>AUGUSTYNIAK Grzegorz</b>	<b>5</b>	PTTDELTA	M45-49	00:18:02	00:55:02	<b>01:13:50</b>	54	00:05:47	00:19:28	01:23:28			
69	<b>RUSIN Jakub</b>	<b>180</b>		M30-34	00:18:07	00:56:36	<b>01:15:46</b>	63	00:04:21	00:19:40	01:23:16			
70	<b>WALUKIEWICZ Dariusz</b>	<b>213</b>		M40-44	00:19:53	01:01:33	<b>01:23:09</b>	117	00:04:15	00:18:02	01:16:00			
71	<b>KRÓLCZYŃSKI Maciej</b>	<b>98</b>		M35-39	00:18:47	00:58:02	<b>01:18:24</b>	83	00:03:51	00:19:26	01:21:28			
72	<b>EDWARD Kalicki</b>	<b>43</b>		M50-54	00:18:40	00:57:17	<b>01:17:35</b>	75	00:09:08	00:18:59	01:17:11			
73	<b>CIMACHOWSKI Jakub</b>	<b>31</b>	CIMATECH	M35-39	00:16:53	00:51:45	<b>01:09:45</b>	36	00:08:33	00:20:35	01:25:37			
74	<b>JANKOWSKI Tomasz</b>	<b>60</b>	TRISPACE	M45-49	00:17:32	00:55:53	<b>01:16:13</b>	65	00:06:04	00:18:46	01:21:45			
75	<b>JĘDRZEJCZYK Piotr</b>	<b>68</b>		M45-49	00:19:28	00:59:46	<b>01:21:18</b>	107	00:05:41	00:18:10	01:17:15			
76	<b>BARTECKA Sabina</b>	<b>9</b>	RÓŻOWETRI/HRMAX ŻORY	K40-44	00:19:31	00:59:00	<b>01:18:55</b>	84	00:05:17	00:19:27	01:20:13			
77	<b>CICHOSZ Arkadiusz</b>	<b>30</b>		M45-49	00:18:25	00:57:54	<b>01:18:05</b>	79	00:04:24	00:18:59	01:22:04			
78	<b>LEPCZYŃSKI Lesław</b>	<b>113</b>		M40-44	00:19:14	00:59:24	<b>01:20:03</b>	92	00:06:57	00:18:33	01:17:36			
79	<b>KARALIUK Andrei</b>	<b>77</b>		M35-39	00:18:05	00:57:19	<b>01:17:29</b>	73	00:04:29	00:19:22	01:22:46			
80	<b>SZPITER Tomasz</b>	<b>201</b>	OLAWS ZŁOTORYJA	M50-54	00:19:21	00:59:35	<b>01:20:47</b>	101	00:05:14	00:18:16	01:18:49			
81	<b>KAMIŃSKI Marek</b>	<b>75</b>		M30-34	00:19:18	01:00:51	<b>01:23:57</b>	122	00:04:28	00:18:16	01:16:30			
82	<b>OMELIANENKO Yaroslav Omelianenko</b>	<b>154</b>		M25-29	00:18:33	01:00:44	<b>01:23:09</b>	116	00:05:39	00:17:55	01:16:19			
83	<b>NAROJCZYK Krzysztof</b>	<b>146</b>	TRI MASTERS PIASECZNO	M45-49	00:18:48	00:58:35	<b>01:19:08</b>	86	00:05:01	00:21:04	01:21:09			
84	<b>WILICKI Tomasz</b>	<b>208</b>	DELL RUNNING TEAM	M40-44	00:18:44	00:59:21	<b>01:20:34</b>	95	00:07:14	00:18:38	01:17:33			
85	<b>AUGUSTYNIAK Artur</b>	<b>6</b>	FUJITSU RUNNING TEAM ŁÓDŹ	M35-39	00:19:32	00:59:51	<b>01:19:40</b>	91	00:04:28	00:19:32	01:21:24			
86	<b>ĆWIK Dariusz</b>	<b>35</b>	HUSSE TEAM	M45-49	00:18:44	00:57:27	<b>01:17:33</b>	74	00:05:17	00:19:37	01:22:46			
87	<b>MOJSIEWICZ Sławomir</b>	<b>139</b>		M40-44	00:19:16	01:01:11	<b>01:23:05</b>	115	00:04:31	00:18:46	01:18:01			
88	<b>LUBOWICKI Łukasz</b>	<b>120</b>	40-LATEK TYCHY	M40-44	00:18:27	00:57:04	<b>01:16:41</b>	69	00:07:23	00:19:01	01:21:46			
89	<b>MACIULEVICIUS Arunas</b>	<b>200</b>	TRITONAS	M45-49	00:18:44	00:57:45	<b>01:18:21</b>	82	00:04:53	00:19:10	01:22:54			
90	<b>CZECHOWSKA-MADEJ Katarzyna</b>	<b>34</b>		K35-39	00:19:39	01:00:09	<b>01:20:35</b>	96	00:04:08	00:19:21	01:21:52			

					Swimming				T1	Cycling		T2	Race	Class
	<b>OIKONOMOU Alexandros</b>	<b>150</b>	TRIAS	M45-49	00:17:04	00:53:51	<b>01:13:01</b>	51	00:06:02	00:20:58	01:27:42			
92	<b>PRUSIK Bartosz</b>	<b>170</b>	COZMOBIKE	M25-29	00:20:02	01:02:59	<b>01:25:29</b>	136	00:05:49	00:17:54	01:15:28			
93	<b>KLOCKIEWICZ Zbyszko</b>	<b>82</b>	PŁONAĆE RACICE	M25-29	00:18:19	00:55:56	<b>01:15:28</b>	62	00:04:47	00:20:53	01:26:37			
94	<b>GOSTOMSKI Mariusz</b>	<b>55</b>	TRI STAROGARD GDAŃSKI	M50-54	00:18:50	00:59:12	<b>01:20:14</b>	94	00:05:06	00:19:05	01:21:53			
95	<b>DĘBICKI Artur</b>	<b>38</b>		M50-54	00:15:44	00:50:02	<b>01:07:37</b>	30	00:06:59	00:22:05	01:33:25			
96	<b>KITKOWSKI Piotr</b>	<b>81</b>		M40-44	00:20:04	01:00:51	<b>01:21:16</b>	106	00:03:43	00:20:05	01:23:09			
97	<b>ŚLIWIŃSKI Jakub</b>	<b>207</b>	JOLKA JOLKA TEAM	M25-29	00:19:05	01:00:35	<b>01:21:34</b>	109	00:04:07	00:19:15	01:22:37			
98	<b>KALISZEWSKI Daniel</b>	<b>73</b>		M40-44	00:20:24	01:02:31	<b>01:24:40</b>	130	00:04:24	00:18:15	01:19:20			
99	<b>KUPISZ Dominik</b>	<b>105</b>	HERNIK TEAM	M40-44	00:18:55	00:57:25	<b>01:17:53</b>	78	00:04:37	00:20:20	01:26:00			
100	<b>KACZOR Piotr</b>	<b>70</b>	TRIMANITA RATUSZ MASZEWO	M40-44	00:17:28	00:55:01	<b>01:14:56</b>	58	00:06:16	00:22:00	01:28:24			
	<b>DOODY Patrick</b>	<b>40</b>		M50-54	00:18:34	00:59:38	<b>01:22:19</b>	112	00:05:48	00:20:50	01:21:52			
102	<b>SOKOŁOWSKI Tomasz</b>	<b>189</b>	KLINIKA TRIATHLONU	M30-34	00:18:25	00:59:07	<b>01:20:41</b>	98	00:03:49	00:19:52	01:25:36			
103	<b>PELANT Ryszard</b>	<b>158</b>	WICHER ROSNÓWKO	M40-44	00:19:29	00:58:50	<b>01:19:14</b>	87	00:06:49	00:19:45	01:24:05			
104	<b>PRZYBYLSKI Maciej</b>	<b>172</b>		M40-44	00:22:26	01:07:56	<b>01:30:48</b>	164	00:05:46	00:17:07	01:13:40			
105	<b>JARECKI Paweł</b>	<b>61</b>		M40-44	00:18:48	00:57:22	<b>01:17:38</b>	76	00:09:20	00:19:32	01:23:22			
106	<b>JABŁOŃSKI Marcin</b>	<b>227</b>	KRYSPORT TEAM	M45-49	00:20:26	01:03:40	<b>01:24:43</b>	131	00:07:30	00:18:13	01:18:14			
107	<b>WÓJCIK Łukasz</b>	<b>223</b>	CELIRONMAN/OLEJNIK RUNNING TEAM	M30-34	00:19:17	00:59:49	<b>01:19:30</b>	89	00:05:42	00:20:03	01:25:17			
108	<b>MIŚ Waldemar</b>	<b>138</b>	ALIOR RUNNING TEAM	M40-44	00:20:01	01:03:27	<b>01:26:47</b>	144	00:04:04	00:18:47	01:20:06			
109	<b>OLSZEWSKI Łukasz</b>	<b>153</b>	ROZBEGANE DZIAŁDOWO	M40-44	00:19:26	01:01:30	<b>01:23:24</b>	118	00:04:44	00:18:50	01:23:02			
110	<b>SZCZEPAŃSKI Adam</b>	<b>198</b>	KB PIONIER SZCZECIN	M30-34	00:18:37	00:57:03	<b>01:17:25</b>	72	00:11:50	00:18:54	01:21:56			
111	<b>DUDEK Adam</b>	<b>42</b>		M18-24	00:14:57	00:46:51	<b>01:03:19</b>	11	00:15:10	00:21:49	01:32:49			
112	<b>OLENDER Paweł</b>	<b>151</b>	CAR4PARTS MRĄGOWO	M40-44	00:19:28	01:00:06	<b>01:20:44</b>	100	00:03:39	00:20:44	01:26:59			
113	<b>CUBER Piotr</b>	<b>32</b>	CTS	M40-44	00:20:06	01:02:38	<b>01:23:56</b>	121	00:05:23	00:18:58	01:22:08			
114	<b>PORĘBSKI Paweł</b>	<b>168</b>	SPRINT GORZYCE	M40-44	00:20:15	01:02:58	<b>01:24:46</b>	132	00:06:09	00:19:08	01:20:44			
115	<b>PIECHACZYK Sławomir</b>	<b>160</b>		M35-39	00:18:49	00:59:31	<b>01:20:51</b>	102	00:06:53	00:19:50	01:23:59			
116	<b>TRYT Maciej</b>	<b>209</b>	RUN BYDGOSZCZ	M35-39	00:19:30	01:00:10	<b>01:21:15</b>	105	00:07:05	00:19:13	01:23:49			
117	<b>WOBY Amanda</b>	<b>219</b>	GREENWICH TRITONS	K30-34	00:17:08	00:52:07	<b>01:10:41</b>	41	00:05:55	00:22:16	01:35:34			
118	<b>GOŁDYN Marek</b>	<b>54</b>	TKKF KOSZALIN	M35-39	00:18:21	00:56:45	<b>01:16:29</b>	67	00:09:01	00:19:52	01:27:24			
119	<b>GACKOWSKI Krzysztof</b>	<b>50</b>	IRON & ONE TEAM	M45-49	00:19:48	01:00:12	<b>01:20:54</b>	103	00:05:52	00:19:43	01:26:10			
120	<b>LASSAK Bartosz</b>	<b>111</b>	CHŁOPAKI TO MY	M40-44	00:19:12	01:00:43	<b>01:21:52</b>	111	00:05:23	00:20:28	01:25:44			
121	<b>KAMIŃSKI Tomasz</b>	<b>74</b>	AMS TRIATHLON	M35-39	AMS	00:20:18	01:06:10	<b>01:32:39</b>	177	00:07:08	00:17:16	01:13:26		
122	<b>LIZIK Radosław</b>	<b>119</b>	TRISPACE	M40-44	TriSpace	00:20:05	01:02:23	<b>01:23:43</b>	120	00:08:03	00:19:21	01:21:44		
123	<b>PRYK Rafał</b>	<b>171</b>	ROZBIEGANY GOLENIÓW	M40-44		00:20:06	01:02:22	<b>01:24:31</b>	129	00:05:32	00:19:33	01:23:31		
124	<b>WOJCIECHOWSKI Adam</b>	<b>220</b>		M50-54		00:20:01	01:03:35	<b>01:26:40</b>	142	00:04:58	00:19:33	01:22:32		
125	<b>KOZAKOVSKY Dmitry</b>	<b>96</b>	TRI.BY	M45-49		00:20:37	01:04:46	<b>01:27:30</b>	148	00:04:44	00:19:23	01:22:22		

					Swimming				T1	Cycling		T2	Race	Czas
126	<b>KORSAKOV Kostiantyn</b>	<b>90</b>	-	M45-49	00:19:00	00:59:20	<b>01:21:38</b>	110	00:09:12	00:19:53	01:23:52			
127	<b>MRÓZ Michał</b>	<b>145</b>	DAREDEVILS TRIATHLON TEAM	M35-39	00:17:41	00:56:41	<b>01:17:11</b>	70	00:07:02	00:21:18	01:30:39			
128	<b>PIASEK Piotr</b>	<b>159</b>	TRIUNLIMITED	M50-54	00:20:24	01:03:21	<b>01:26:41</b>	143	00:06:40	00:19:09	01:21:33			
129	<b>FEDYNA Igor</b>	<b>48</b>	SHYPSHYNA RUN CLUB	M40-44	00:20:10	01:02:17	<b>01:23:39</b>	119	00:06:29	00:21:21	01:25:18			
130	<b>RYGIEL Robert</b>	<b>182</b>		M55-59	00:20:22	01:02:30	<b>01:24:11</b>	125	00:07:16	00:19:49	01:24:06			
131	<b>WŁODARCZYK Mariusz</b>	<b>229</b>		M35-39	00:18:59	00:58:35	<b>01:19:07</b>	85	00:08:33	00:20:16	01:28:30			
132	<b>MIKOŁAJCZYK Rafał</b>	<b>136</b>	THC PROMIL	M40-44	00:18:41	01:00:58	<b>01:22:59</b>	114	00:08:30	00:19:59	01:24:42			
	<b>MAZUR Mariusz</b>	<b>130</b>	TRI TEAM LUBAŃ	M35-39	00:21:16	01:07:16	<b>01:30:50</b>	165	00:05:03	00:19:12	01:20:35			
134	<b>CHOJNOWSKI Andrzej</b>	<b>24</b>		M50-54	00:21:04	01:06:39	<b>01:30:41</b>	163	00:04:45	00:18:50	01:21:18			
135	<b>VASILI Anton</b>	<b>212</b>		M30-34	00:19:57	01:03:52	<b>01:27:32</b>	149	00:07:08	00:19:39	01:22:07			
136	<b>STASIEWSKI Mariusz</b>	<b>194</b>	TRISPACE	M40-44	00:21:22	01:03:29	<b>01:25:12</b>	134	00:04:30	00:20:24	01:27:17			
	<b>DROHOJOWSKI Rafał</b>	<b>41</b>		M45-49	00:19:36	01:02:48	<b>01:26:22</b>	140	00:07:06	00:19:54	01:23:39			
138	<b>KOZŁOWSKI Tomasz</b>	<b>97</b>	MII	M35-39	00:20:57	01:02:47	<b>01:24:09</b>	124	00:07:31	00:20:29	01:25:28			
139	<b>WŁODARCZAK Witold</b>	<b>218</b>	TRISPACE	M55-59	00:21:15	01:05:37	<b>01:28:33</b>	153	00:03:42	00:19:44	01:24:56			
140	<b>KRYSIAK Robert</b>	<b>100</b>		M50-54	00:20:11	01:02:27	<b>01:23:58</b>	123	00:06:36	00:20:03	01:26:44			
141	<b>PRUSACZYK Marcin</b>	<b>169</b>		M45-49	00:19:32	01:00:08	<b>01:20:57</b>	104	00:07:29	00:19:59	01:29:04			
142	<b>TYMIŃSKI Dariusz</b>	<b>210</b>	PTT DELTA	M50-54	00:19:51	01:03:43	<b>01:26:50</b>	145	00:05:33	00:20:04	01:25:53			
143	<b>RZEPKA Tomasz</b>	<b>185</b>	HTF LUDWIK SIKORSKI	M40-44	00:20:01	01:02:21	<b>01:24:17</b>	127	00:09:17	00:20:14	01:24:54			
144	<b>NIEMCZYK Kazimierz</b>	<b>147</b>		M55-59	00:20:51	01:05:11	<b>01:28:45</b>	156	00:09:18	00:19:14	01:20:26			
145	<b>JAGIEŁŁO Albert</b>	<b>59</b>		M25-29	00:19:19	01:04:23	<b>01:28:03</b>	150	00:05:21	00:19:29	01:25:07			
146	<b>WILK Łukasz</b>	<b>217</b>		M40-44	00:18:53	00:58:42	<b>01:19:22</b>	88	00:09:49	00:21:35	01:29:32			
147	<b>SZWEDA Tomasz</b>	<b>203</b>	MEBŁOBYSK CZERNICE	M35-39	00:22:38	01:10:37	<b>01:35:41</b>	183	00:05:13	00:18:06	01:17:54			
148	<b>ADAMOWICZ Andrzej</b>	<b>1</b>		M50-54	00:21:05	01:07:42	<b>01:33:43</b>	180	00:07:04	00:18:28	01:19:13			
149	<b>ŁĄCZKA Tomasz</b>	<b>123</b>		M40-44	00:20:36	01:06:19	<b>01:32:11</b>	173	00:11:54	00:18:07	01:16:00			
150	<b>KALICH Tomasz</b>	<b>71</b>	CYKLIŚCI RYPIN	M30-34	00:20:46	01:05:22	<b>01:30:15</b>	160	00:08:57	00:19:27	01:21:30			
151	<b>MAJEWSKA Kinga</b>	<b>125</b>		K40-44	00:20:49	01:05:32	<b>01:29:01</b>	157	00:05:34	00:20:22	01:26:08			
152	<b>BARTECKI Aleksander</b>	<b>10</b>	HRMAX ŻORY	M45-49	00:22:25	01:11:00	<b>01:36:20</b>	189	00:03:02	00:19:22	01:21:25			
153	<b>BEDYK Ireneusz</b>	<b>13</b>	PTT DELTA	M60-64	00:23:13	01:09:13	<b>01:34:16</b>	181	00:05:45	00:18:30	01:20:55			
154	<b>RICKENBACHER Nicole</b>	<b>176</b>	WILDCATS	K50-54	00:21:41	01:03:17	<b>01:25:11</b>	133	00:07:18	00:21:31	01:28:48			
155	<b>MAKOWSKI Sławomir</b>	<b>126</b>	RUN BYDGOSZCZ	M50-54	00:22:34	01:11:03	<b>01:35:56</b>	186	00:04:59	00:19:23	01:20:37			
156	<b>DOMAGAŁA Dariusz</b>	<b>39</b>	WWW.GYMLAB.PL	M30-34	00:19:55	01:02:08	<b>01:22:51</b>	113	00:06:26	00:21:48	01:32:54			
157	<b>KOWALCZYK Wojciech</b>	<b>93</b>	ARNIE TEAM	M25-29	00:19:26	01:02:57	<b>01:25:47</b>	138	00:10:54	00:20:29	01:25:32			
158	<b>OLĘDZKI Janusz</b>	<b>152</b>	WUM	M60-64	00:21:42	01:05:56	<b>01:28:13</b>	151	00:06:06	00:20:32	01:28:24			

					Swimming				T1	Cycling		T2	Race	Class
159	<b>SZYNDLAREWICZ Paweł</b>	<b>205</b>		M35-39	00:22:15	01:07:53	<b>01:31:38</b>	169	00:05:52	00:20:57	01:26:06			
160	<b>BETLEJ Hubert</b>	<b>14</b>	ESKADRA KRAKÓW	M35-39	00:23:07	01:11:06	<b>01:36:38</b>	190	00:04:10	00:25:12	01:23:30			
161	<b>GŁADYSZ Grzegorz</b>	<b>52</b>		M30-34	00:21:19	01:06:32	<b>01:32:23</b>	176	00:05:18	00:20:41	01:26:51			
162	<b>KONIECZNY Karol</b>	<b>89</b>		M35-39	00:21:45	01:11:22	<b>01:37:12</b>	192	00:07:27	00:18:49	01:20:00			
163	<b>LUCHOWSKI Rafał</b>	<b>121</b>	12TRI.PL / SPARTANIE DZIECIOM	M50-54	00:20:38	01:03:32	<b>01:26:53</b>	146	00:10:36	00:20:37	01:27:23			
164	<b>LISIECKI Jacek</b>	<b>118</b>		M45-49	00:23:15	01:13:38	<b>01:39:42</b>	201	00:08:51	00:17:51	01:16:23			
165	<b>BIAŁOBŁOCKI Tomasz</b>	<b>15</b>		M50-54	00:21:03	01:06:04	<b>01:30:38</b>	162	00:07:39	00:20:06	01:26:45			
166	<b>KUĆ Jarosław</b>	<b>103</b>	TRI TEAM LUBAŃ	M35-39	00:21:24	01:09:22	<b>01:34:39</b>	182	00:05:47	00:19:23	01:24:38			
167	<b>SEVASTSYANAU Sjarhei</b>	<b>187</b>	SEVASTSYANAU TEAM	M40-44	00:24:11	01:14:59	<b>01:43:18</b>	205	00:04:26	00:18:37	01:17:22			
168	<b>WOLUSZEWSKI Remigiusz</b>	<b>221</b>	ALIOR RUNNING TEAM	M30-34	00:22:45	01:13:11	<b>01:39:32</b>	199	00:05:20	00:18:30	01:21:03			
169	<b>SROKA Jerzy</b>	<b>192</b>	TRI STAROGARD GDAŃSKI	M50-54	00:21:21	01:07:15	<b>01:33:39</b>	179	00:04:31	00:20:15	01:27:59			
170	<b>KOLMAJER Rafał</b>	<b>86</b>	ROWERTOUR	M35-39	00:22:36	01:11:02	<b>01:35:51</b>	185	00:07:23	00:19:51	01:22:57			
171	<b>KUZIEMSKI Tomasz</b>	<b>106</b>	KS MARATON OSTRÓW WLKP	M30-34	00:20:42	01:05:28	<b>01:28:37</b>	154	00:07:59	00:21:10	01:29:48			
172	<b>CIBOROWSKA Aneta</b>	<b>27</b>	SEBA SPORT PISZ	K40-44	00:22:26	01:08:19	<b>01:32:07</b>	170	00:04:56	00:21:14	01:29:47			
173	<b>KEMNITZ Marcin</b>	<b>78</b>	3GRAVITY	M35-39	00:24:58	01:17:50	<b>01:44:49</b>	209	00:03:37	00:18:07	01:18:30			
174	<b>PANASIUK Maciej</b>	<b>155</b>	LEASEPLAN TRIATHLON TEAM	M25-29	00:19:47	01:03:19	<b>01:26:33</b>	141	00:09:52	00:21:38	01:30:39			
175	<b>REPKA Marek</b>	<b>174</b>	LUPUS TEAM	M45-49	00:23:04	01:12:43	<b>01:38:12</b>	196	00:04:35	00:19:38	01:25:07			
176	<b>WOŁOWSKI Lech</b>	<b>222</b>		M40-44	00:21:44	01:08:04	<b>01:32:17</b>	174	00:07:56	00:22:07	01:28:02			
177	<b>NOWARA Andrzej</b>	<b>149</b>		M50-54	00:21:25	01:07:28	<b>01:32:20</b>	175	00:10:36	00:20:13	01:26:51			
178	<b>ŻYCHLIŃSKI Miłosz</b>	<b>226</b>	KS CELIRONMAN	M45-49	00:24:12	01:14:28	<b>01:38:03</b>	194	00:09:50	00:19:28	01:22:00			
179	<b>STANKOWSKI Dawid</b>	<b>193</b>	PŁONĄCE RACICE	M25-29	00:20:02	01:03:30	<b>01:25:44</b>	137	00:07:23	00:23:07	01:36:59			
180	<b>LARSEN-KONIECZNY Charlotte</b>	<b>110</b>		K30-34	00:20:37	01:06:49	<b>01:30:02</b>	159	00:07:32	00:21:43	01:32:41			
181	<b>LEWARDOWSKI Konrad</b>	<b>116</b>	KTB KUNY STRZESZYN	M45-49	00:22:06	01:07:41	<b>01:32:09</b>	172	00:15:48	00:16:14	01:22:22			
182	<b>JASIŃSKI Bogusław</b>	<b>63</b>		M65-69	00:20:35	01:04:38	<b>01:28:33</b>	152	00:10:04	00:20:22	01:31:53			
183	<b>MOLENDĄ Patrycja</b>	<b>140</b>	KLINIKA TRIATHLONU	K25-29	00:20:23	01:03:28	<b>01:26:00</b>	139	00:11:20	00:22:06	01:33:39			
	<b>SUDAKOWSKI Tomasz</b>	<b>196</b>	KS TRIATHLON RAWA	M45-49	00:23:29	01:15:06	<b>01:42:46</b>	203	00:03:32	00:19:22	01:24:57			
185	<b>REZA Marek</b>	<b>175</b>		M50-54	00:23:16	01:12:13	<b>01:38:13</b>	197	00:07:58	00:20:05	01:25:12			
	<b>FAJOK Szymon</b>	<b>45</b>		M18-24	00:21:40	01:10:57	<b>01:36:18</b>	188	00:07:12	00:21:19	01:28:08			
187	<b>BUTRYM Piotr</b>	<b>21</b>	FORREST	M35-39	00:21:55	01:06:22	<b>01:29:23</b>	158	00:06:34	00:19:59	01:37:10			
188	<b>LUTOWSKI Wojciech</b>	<b>122</b>	TKKF KOLEJARZ BYDGOSZCZ	M30-34	00:23:15	01:10:48	<b>01:36:15</b>	187	00:05:21	00:21:28	01:32:09			
189	<b>TACZAREK Marlena</b>	<b>230</b>		K40-44	00:20:17	01:02:55	<b>01:25:24</b>	135	00:12:04	00:22:38	01:36:33			
190	<b>DĄBROWSKI Jarek</b>	<b>37</b>	ŁOMIANKOWSKA GRUPA BIEGOWA TRI	M45-49	00:22:00	01:07:36	<b>01:30:31</b>	161	00:10:26	00:21:06	01:33:34			
191	<b>PAWLAK Piotr</b>	<b>156</b>	PKO BANK POLSKI	M40-44	00:21:43	01:09:54	<b>01:36:55</b>	191	00:08:26	00:21:09	01:29:53			
192	<b>WRZOSEK Dominik</b>	<b>224</b>	ZPIT PW	M25-29	00:23:21	01:13:54	<b>01:41:03</b>	202	00:08:48	00:20:01	01:25:26			
193	<b>RAK Agata</b>	<b>173</b>		K30-34	00:21:31	01:07:08	<b>01:30:57</b>	166	00:06:07	00:22:30	01:38:58			

					Swimming				T1	Cycling		T2	Race	Czas
	<b>KAMIŃSKI Michał</b>	<b>76</b>	DELL RUNNING TEAM	M25-29	00:20:41	01:07:01	<b>01:32:07</b>	171	00:05:11	00:22:21	01:38:51			
195	<b>RYKOWSKI Andrzej</b>	<b>183</b>		M25-29	00:23:10	01:10:32	<b>01:35:49</b>	184	00:06:03	00:22:12	01:34:35			
196	<b>WSZEBOROWSKI Dariusz</b>	<b>225</b>	SBR EŁK	M50-54	00:21:44	01:07:43	<b>01:31:03</b>	167	00:11:17	00:22:36	01:34:14			
197	<b>JENDERNALIK Łukasz</b>	<b>67</b>		M35-39	00:21:20	01:07:04	<b>01:31:18</b>	168	00:08:56	00:21:03	01:36:41			
198	<b>KOŁODZIEJSKI Tomasz</b>	<b>87</b>	GINASO	M50-54	00:24:49	01:17:58	<b>01:44:39</b>	207	00:07:56	00:21:21	01:25:09			
199	<b>ANDRUSZKIEWICZ Arkadiusz</b>	<b>3</b>		M40-44	00:25:23	01:17:44	<b>01:44:41</b>	208	00:11:43	00:18:57	01:21:25			
200	<b>BECLA Leszek</b>	<b>12</b>	HETEROMASTERS	M25-29	00:22:18	01:13:41	<b>01:39:33</b>	200	00:06:59	00:21:03	01:32:13			
201	<b>KĘPIŃSKI Henryk</b>	<b>79</b>	KB SPARTAKUS BEŁCHATÓW	M65-69	00:22:52	01:14:19	<b>01:43:01</b>	204	00:06:49	00:21:06	01:29:11			
	<b>BŁASZCZYK Borys</b>	<b>17</b>	AZS PP	M25-29	00:25:14	01:18:53	<b>01:43:19</b>	206	00:08:11	00:20:24	01:27:56			
203	<b>MACHAJ Tomasz</b>	<b>228</b>		M45-49	00:21:38	01:06:15	<b>01:28:40</b>	155	00:14:26	00:23:23	01:37:06			
204	<b>CHMIEL Dariusz</b>	<b>23</b>	PTT DELTA	M55-59	00:22:37	01:12:29	<b>01:38:03</b>	193	00:08:21	00:22:27	01:35:45			
<b>Przekroczony limit czasu: 15:00:00</b>														
205	<b>ANDRZEJEWSKI Adrian</b>	<b>4</b>	TEAMKARAŚ	M25-29	00:20:35	01:03:39	<b>01:27:05</b>	147	00:08:28	00:24:53	01:47:04			
206	<b>CIBOROWSKA Katarzyna</b>	<b>26</b>	SPEED JASŁO	K40-44	00:23:22	01:13:22	<b>01:38:08</b>	195	00:09:22	00:22:32	01:37:04			
207	<b>KIRKLAND Jim</b>	<b>80</b>	GREENWICH TRITONS	M60-64	00:25:18	01:12:14	<b>01:39:32</b>	198	00:11:46	00:21:36	01:35:10			
208	<b>BUCZKOWSKI Jarosław</b>	<b>19</b>	PRO EVO TRI CLUB	M45-49	00:21:53	01:07:53	<b>01:32:41</b>	178	00:21:58	00:22:09	01:39:10			
209	<b>KRÓLIK Zenon</b>	<b>99</b>	SAM SOBIE STEREM	M70-74	00:26:09	01:21:22	<b>01:50:29</b>	210	00:12:25	00:24:54	01:37:08			
	<b>WIECHNA Krzysztof</b>	<b>215</b>		M40-44										
	<b>JAWORSKI Artur</b>	<b>65</b>		M30-34	00:20:18	01:02:28	<b>01:24:26</b>	128	00:10:08	00:19:32				

Total 211 results.