

Wydarzenie:  
Organizator:  
Data:  
Miejsce:  
Dystans:

Ocean Lava Triathlon Polska 2019  
Towarzystwo Sportowe TRI-SPORT  
2019-08-17  
Bydgoszcz  
226 km

Klasyfikacja: Wszyscy

Punkt pomiarowy: 191,5 km

Msc	Zawodnik	Numer	Klub	Kategoria	Drużyna	Pływanie				Poz	Rower								Poz	Bieg	
						P_Borowno 0.95km	P_Borowno 2.85km	R_Borowno 3.8km	Poz		R_Kotomierz 9.75km	R_Pauliny 42.75km	R_Lidl 63.25km	R_Kotomierz 87.75km	R_Pauliny 120.75km	R_Lidl 141km	R_Kotomierz 165.75km	B_Announcer 180km		Poz	B_Announcer 7.17km
1	SOWA Michał	191	DECATHLON TRIATHLON TEAM	M30-34		00:14:58	00:46:55	01:03:18	10	00:02:55	00:15:45	01:06:50	01:38:12	02:16:10	03:08:43	03:42:45	04:22:14	04:46:49	1	00:02:37	00:31:37
2	KOWALCZYK Marek	94		M40-44		00:15:06	00:46:57	01:03:22	12	00:02:42	00:15:58	01:08:41	01:41:33	02:21:23	03:14:52	03:49:25	04:30:03	04:55:27	2	00:01:21	00:30:21
3	MAZUR Paweł	131	UKS TRS SUSZ/AGROLOK SPORT TEAM	M30-34		00:14:44	00:44:37	00:59:41	4	00:02:20	00:16:29	01:11:19	01:44:50	02:25:06	03:18:56	03:53:52	04:35:00	05:00:14	6	00:01:29	00:30:38
4	PLUTA Gniewomir	164	UKS TRS SUSZ	M35-39		00:14:48	00:44:38	00:59:42	5	00:02:25	00:17:03	01:11:46	01:45:33	02:25:41	03:19:21	03:54:15	04:34:39	05:00:07	5	00:01:49	00:32:52
5	SZYSZKA Łukasz	233	TVN MEDIA	M25-29		00:14:42	00:45:20	01:00:48	7	00:02:17	00:17:13	01:13:25	01:47:43	02:28:49	03:23:47	03:58:50	04:39:47	05:05:08	8	00:02:09	00:31:43
6	KOT Remigiusz	92	RM TRI TEAM	M45-49		00:15:35	00:47:58	01:04:37	15	00:02:37	00:16:55	01:10:09	01:43:29	02:23:14	03:17:27	03:52:35	04:34:17	04:59:25	3	00:02:26	00:35:13
7	BOROWIAK Rafał	18	JOKŚ TEAM	M35-39		00:15:47	00:48:52	01:05:30	18	00:02:57	00:16:39	01:11:50	01:46:11	02:26:58	03:22:45	03:57:20	04:38:59	05:04:27	7	00:02:01	00:30:46
8	LEWANDOWSKI Maciej	115	#DASHRADE TEAM	M30-34	#DASHRADE Team	00:15:54	00:49:17	01:06:08	23	00:02:53	00:16:25	01:11:38	01:46:12	02:27:44	03:24:39	04:00:58	04:43:11	05:08:43	12	00:02:17	00:34:58
9	GOZDALSKI Jarosław	56	WITKOWO BIEGA	M45-49		00:16:33	00:50:31	01:08:21	34	00:02:54	00:18:26	01:17:08	01:51:22	02:33:43	03:31:12	04:06:30	04:46:43	05:11:44	15	00:01:39	00:33:11
10	MAZUREK Michał	132	EUROSOFT	M40-44		00:17:22	00:54:21	01:13:32	53	00:02:34	00:16:45	01:12:36	01:46:32	02:27:54	03:24:07	03:59:59	04:41:50	05:08:20	11	00:01:30	00:33:10
11	PLICHTA Andrzej	162	PIASECKI CONCEPT	M30-34		00:16:59	00:54:32	01:14:27	57	00:03:39	00:16:47	01:11:32	01:45:49	02:26:38	03:22:32	03:58:09	04:39:12	05:05:24	9	00:01:57	00:33:57
12	ERMANIS Gints	44	IRONMAN.LV	M40-44		00:19:08	01:00:00	01:21:23	108	00:02:14	00:16:25	01:10:48	01:44:11	02:25:43	03:20:45	03:54:27	04:34:21	05:00:07	4	00:02:09	00:34:29
13	JURJEVIC Marina	69	TK ZADAR	K35-39		00:15:46	00:48:58	01:06:01	19	00:03:33	00:17:39	01:14:19	01:49:29	02:32:31	03:30:49	04:07:07	04:49:46	05:15:31	17	00:02:12	00:33:55
14	MROCKOWSKI Karol	144	#DASHRADE TEAM	M25-29	#DASHRADE Team	00:14:11	00:43:54	00:59:08	1	00:03:15	00:17:53	01:15:34	01:51:48	02:34:56	03:33:36	04:10:54	04:54:53	05:21:53	24	00:03:58	00:33:17
15	GNIOT Jacek	53	WOJSKOWE ZAKŁADY UZBROJENIA S.A.	M45-49		00:18:53	00:57:43	01:18:20	81	00:02:27	00:17:00	01:11:58	01:45:57	02:27:50	03:23:37	03:57:16	04:40:13	05:05:34	10	00:02:50	00:33:02
16	ROSIŃSKI Jarosław	177		M40-44		00:16:58	00:53:25	01:12:16	44	00:04:27	00:16:42	01:11:42	01:45:46	02:28:14	03:25:29	04:01:19	04:44:52	05:11:03	14	00:01:51	00:34:04
17	SZYMKOWIAK Norbert	204	R-TEAM RYDZYNA	M25-29		00:17:25	00:54:33	01:13:55	55	00:04:30	00:16:27	01:11:22	01:45:27	02:27:33	03:23:49	04:00:08	04:43:34	05:09:24	13	00:02:34	00:35:08
18	PLUCINSKI Michał	163	TMT	M35-39		00:15:04	00:47:01	01:03:16	9	00:04:10	00:17:49	01:17:11	01:54:25	02:38:44	03:39:13	04:17:19	05:01:05	05:28:33	33	00:02:45	00:32:20
19	SERGEJEVS Jevgenijs	186	IRONMAN.LV	M40-44		00:17:12	00:53:31	01:12:11	43	00:05:16	00:17:56	01:14:55	01:49:54	02:32:01	03:30:30	04:07:03	04:50:45	05:18:09	18	00:02:55	00:33:04
20	JAŚKIEWICZ Marcin	64	MOGILNO TEAM	M30-34		00:15:47	00:49:51	01:07:30	29	00:03:46	00:17:57	01:16:29	01:51:50	02:34:24	03:31:59	04:08:43	04:53:13	05:21:36	22	00:01:58	00:38:33
21	MICHALSKI Andrzej	135	BIKE BROTHERS TARNÓW	M30-34		00:16:34	00:49:23	01:06:38	25	00:03:34	00:18:06	01:17:29	01:53:27	02:38:53	03:37:47	04:15:11	04:59:37	05:27:23	32	00:03:12	00:32:45
22	KRZEMIŃSKI Marcin	101	SPRINT GORZYCE	M40-44		00:16:21	00:49:30	01:07:10	28	00:06:02	00:17:38	01:15:22	01:49:21	02:32:20	03:31:17	04:07:26	04:55:56	05:23:35	27	00:03:43	00:35:48
23	SOSNOWSKI Jarosław	190	PTT DELTA	M35-39		00:14:02	00:44:03	00:59:28	2	00:02:36	00:16:27	01:12:10	01:47:57	02:33:01	03:36:31	04:15:44	05:03:26	05:32:39	40	00:02:32	00:42:12
24	CIBOROWSKI Damian	28	SPEED JASŁO	M45-49	CIBOR IRON TEAM	00:15:57	00:49:00	01:06:14	24	00:03:16	00:17:18	01:14:17	01:49:37	02:32:37	03:31:28	04:09:44	04:54:47	05:21:52	23	00:03:03	00:46:20
25	SZTENDEREWICZ Rafał	202	SPORTEVO	M40-44		00:18:22	00:57:08	01:16:19	66	00:03:09	00:17:21	01:13:24	01:47:43	02:30:05	03:31:34	04:09:59	04:56:17	05:23:18	26	00:03:25	00:35:20
26	KUŻMA Adam	107	FAR KUBA TEAM	M30-34		00:18:26	00:59:01	01:20:43	99	00:05:08	00:18:16	01:16:25	01:51:50	02:34:39	03:31:41	04:07:57	04:51:42	05:19:21	19	00:03:42	00:33:58
27	CHMEL Sergiy	22	BORYS RUNNING CLUB	M35-39		00:20:14	01:02:15	01:24:16	126	00:05:51	00:17:06	01:12:50	01:48:07	02:30:18	03:29:02	04:07:22	04:52:44	05:20:04	21	00:03:43	00:30:47
28	MICHALAK Michał	134	DZIKI KOSZALIN	M35-39		00:16:47	00:52:06	01:09:58	37	00:04:56	00:17:08	01:13:27	01:47:42	02:29:59	03:29:14	04:06:53	04:52:11	05:19:48	20	00:04:42	00:45:24
29	GÓRCEKI Tomasz	57	PTT DELTA	M30-34		00:15:08	00:47:10	01:03:38	13	00:04:12	00:17:02	01:15:45	01:51:57	02:36:15	03:36:42	04:14:33	05:03:22	05:32:54	41	00:02:10	00:42:39
30	BIELIŃSKI Piotr	16	KUŹNIA TRIATHLONU	M25-29		00:16:08	00:50:36	01:09:18	35	00:04:49	00:18:06	01:18:02	01:54:38	02:40:51	03:42:15	04:21:58	05:09:24	05:39:22	53	00:02:11	00:33:14
31	SZCZYRBOWSKI Michał	199	YOOBEE. PL	M35-39		00:16:58	00:52:46	01:11:20	42	00:03:46	00:18:30	01:18:47	01:56:38	02:42:48	03:44:19	04:23:06	05:08:52	05:36:19	46	00:02:03	00:35:36
32	KUNECKI Marcin	104	HILLINGDON TRIATHLETES	M35-39		00:18:08	00:58:05	01:19:31	90	00:02:51	00:16:45	01:13:33	01:50:28	02:34:21	03:35:07	04:12:37	04:57:00	05:24:21	28	00:02:38	00:39:43
33	NOSOWSKI Jacek	148		M45-49		00:16:00	00:49:47	01:07:07	27	00:06:03	00:18:23	01:19:37	01:57:44	02:43:19	03:44:03	04:22:43	05:08:34	05:37:21	47	00:04:59	00:34:00
34	KITA Tomek	167	SPECSHOP TEAM	M40-44		00:15:49	00:48:07	01:04:58	16	00:02:21	00:19:03	01:20:00	01:55:11	02:39:15	03:43:55	04:22:48	05:09:26	05:38:34	50	00:02:29	00:41:08
35	LIPUTA Grzegorz	117	#DASHRADE TEAM	M30-34	#DASHRADE Team	00:18:35	00:57:46	01:17:44	77	00:05:08	00:18:04	01:16:45	01:52:56	02:37:21	03:37:31	04:16:26	05:03:46	05:31:44	36	00:03:00	00:31:58
36	JARON Tomasz	62	AKADEMIA TRIATHLONU JAROSŁAW	M45-49		00:14:45	00:45:32	01:01:20	8	00:04:31	00:17:54	01:17:32	01:53:19	02:37:50	03:39:27	04:20:14	05:10:35	05:41:19	63	00:04:49	00:38:35
37	SUPERSON Wojtek	197		M45-49		00:16:12	00:50:00	01:07:44	32	00:03:29	00:19:10	01:17:28	01:54:45	02:40:47	03:45:15	04:24:55	05:11:49	05:40:21	58	00:02:39	00:37:58

				Plywanie					Rower										Bieg		
38	KOCENDA Wojciech	85	PRO-TRI.PL	M30-34	00:18:20	00:57:36	<b>01:18:11</b>	80	00:05:05	00:18:01	01:18:15	01:57:24	02:40:36	03:41:05	04:19:44	05:05:04	<b>05:33:11</b>	<b>42</b>	00:03:56	00:31:58	
39	POCENTEK Krzysztof Robert	166	POCENTTEAM	M45-49	00:17:20	00:54:24	<b>01:13:30</b>	52	00:04:31	00:18:45	01:17:34	01:54:38	02:39:25	03:42:20	04:22:31	05:09:26	<b>05:38:32</b>	<b>49</b>	00:02:25	00:36:10	
40	KLUŻNIAK Wojciech	83		M35-39	00:15:46	00:48:54	<b>01:06:05</b>	21	00:04:22	00:18:51	01:22:13	01:59:57	02:46:31	03:48:38	04:28:07	05:15:28	<b>05:44:21</b>	<b>70</b>	00:02:08	00:38:28	
41	RYBAK Remigiusz	181		M40-44	00:19:24	00:59:26	<b>01:20:11</b>	93	00:05:31	00:18:03	01:17:19	01:52:50	02:36:53	03:35:07	04:13:24	04:58:02	<b>05:25:48</b>	<b>30</b>	00:02:52	00:41:22	
42	LASSOTA Artur	112	1969	M50-54	00:19:04	00:59:52	<b>01:20:36</b>	97	00:04:22	00:17:45	01:14:15	01:49:54	02:34:28	03:35:09	04:14:33	05:01:23	<b>05:30:12</b>	<b>35</b>	00:03:34	00:37:31	
43	BANACH Jan	7	KLINIKA TRIATHLONU BYDGOSZCZ	M25-29	00:14:38	00:44:28	<b>00:59:32</b>	3	00:04:30	00:18:31	01:17:42	01:53:41	02:37:51	03:39:53	04:18:01	05:05:37	<b>05:33:38</b>	<b>45</b>	00:02:04	00:57:02	
44	LEPCZYŃSKI Lesław	113		M40-44	00:19:14	00:59:24	<b>01:20:03</b>	92	00:06:57	00:18:33	01:17:36	01:54:08	02:38:50	03:40:55	04:19:46	05:04:55	<b>05:33:24</b>	<b>44</b>	00:03:33	00:32:59	
45	KAMIŃSKI Tomasz	74	AMS TRIATHLON	M35-39	AMS	00:20:18	01:06:10	<b>01:32:39</b>	177	00:07:08	00:17:16	01:13:26	01:48:29	02:29:57	03:27:18	04:03:24	04:46:06	<b>05:13:05</b>	<b>16</b>	00:05:53	00:38:42
46	WALUKIEWICZ Dariusz	213		M40-44	00:19:53	01:01:33	<b>01:23:09</b>	117	00:04:15	00:18:02	01:16:00	01:52:51	02:37:35	03:39:06	04:17:48	05:04:39	<b>05:33:18</b>	<b>43</b>	00:02:45	00:36:44	
47	PRZYBYLSKI Maciej	172		M40-44	00:22:26	01:07:56	<b>01:30:48</b>	164	00:05:46	00:17:07	01:13:40	01:49:24	02:32:53	03:32:10	04:10:21	04:55:45	<b>05:23:11</b>	<b>25</b>	00:05:12	00:36:20	
48	EDWARD Kałicki	43		M50-54	00:18:40	00:57:17	<b>01:17:35</b>	75	00:09:08	00:18:59	01:17:11	01:53:06	02:39:02	03:39:30	04:16:46	05:01:59	<b>05:29:11</b>	<b>34</b>	00:06:13	00:40:59	
49	CZARNECKI Paweł	33	WARSAW MASTERS TEAM	M30-34	00:14:07	00:44:33	<b>00:59:58</b>	6	00:04:03	00:19:58	01:22:36	02:01:02	02:49:04	03:54:06	04:36:19	05:26:21	<b>05:56:16</b>	<b>101</b>	00:04:49	00:38:11	
50	JANKOWSKI Tomasz	60	TRISPACE	M45-49	TriSpace	00:17:32	00:55:53	<b>01:16:13</b>	65	00:06:04	00:18:46	01:21:45	02:01:40	02:47:34	03:49:37	04:28:26	05:13:28	<b>05:41:10</b>	<b>60</b>	00:04:08	00:35:42
51	MAZANKA Jakub	129		M40-44	00:18:16	00:56:40	<b>01:16:04</b>	64	00:04:56	00:20:00	01:19:11	01:56:32	02:40:43	03:43:41	04:22:38	05:11:11	<b>05:42:50</b>	<b>66</b>	00:04:55	00:35:31	
52	KALIN Władysław	72	TAEKWON-DO GROMOWSKI	M35-39	00:16:50	00:55:11	<b>01:15:10</b>	59	00:06:47	00:18:52	01:18:18	01:56:01	02:41:41	03:45:03	04:25:48	05:12:55	<b>05:41:41</b>	<b>64</b>	00:04:46	00:36:12	
53	KAMIŃSKI Marek	75		M30-34	00:19:18	01:00:51	<b>01:23:57</b>	122	00:04:28	00:18:16	01:16:30	01:52:40	02:38:22	03:40:33	04:21:08	05:09:46	<b>05:39:19</b>	<b>52</b>	00:02:31	00:34:44	
54	BARTECKA Sabina	9	RÓŻOWETRI/HRMAX ŻORY	K40-44	00:19:31	00:59:00	<b>01:18:55</b>	84	00:05:17	00:19:27	01:20:13	01:58:22	02:43:09	03:45:04	04:24:45	05:10:56	<b>05:38:13</b>	<b>48</b>	00:03:18	00:39:17	
55	JABŁOŃSKI Marcin	227	KRYSPOORT TEAM	M45-49	00:20:26	01:03:40	<b>01:24:43</b>	131	00:07:30	00:18:13	01:18:14	01:55:58	02:41:00	03:41:29	04:19:37	05:04:10	<b>05:31:46</b>	<b>37</b>	00:04:37	00:36:42	
56	STUDNIAK Mateusz	195	GDYŃSKI TRIATHLON	M30-34	00:15:35	00:48:55	<b>01:06:04</b>	20	00:03:42	00:17:34	01:15:26	01:52:55	02:41:48	03:50:59	04:33:01	05:22:59	<b>05:53:47</b>	<b>97</b>	00:03:09	00:39:42	
57	MÖLLER Gert	141		M55-59	00:16:18	00:49:41	<b>01:07:02</b>	26	00:03:58	00:18:26	01:19:52	01:58:27	02:45:52	03:50:57	04:31:45	05:20:30	<b>05:50:33</b>	<b>82</b>	00:04:01	00:40:58	
58	KOWALSKI Krzysztof	95	TRENUJ Z NAJLEPSZYMI	M40-44	00:15:45	00:48:40	<b>01:06:05</b>	22	00:04:20	00:18:30	01:17:35	01:53:50	02:39:36	03:43:14	04:24:05	05:11:43	<b>05:40:10</b>	<b>57</b>	00:02:47	00:53:35	
59	MONAGHAN Grażyna	142	ABCPURE	K35-39	00:17:34	00:54:24	<b>01:12:53</b>	50	00:04:31	00:18:58	01:21:06	01:59:19	02:45:53	03:50:42	04:30:26	05:17:26	<b>05:45:51</b>	<b>75</b>	00:02:31	00:42:04	
60	FARAN Grzegorz	46	GTSULMIN	M45-49	00:16:39	00:52:03	<b>01:10:19</b>	40	00:04:15	00:20:06	01:23:23	02:03:03	02:50:48	03:54:59	04:36:03	05:23:24	<b>05:52:23</b>	<b>91</b>	00:02:51	00:38:34	
61	SMANTSEROV Mykola	188	DELIVERO.UA	M40-44	00:16:57	00:52:04	<b>01:10:17</b>	39	00:05:11	00:19:08	01:22:14	02:01:20	02:47:51	03:53:27	04:35:00	05:25:15	<b>05:53:27</b>	<b>94</b>	00:04:19	00:35:53	
62	ŁUCYSZYN Robert	124		M40-44	00:16:46	00:53:06	<b>01:12:38</b>	48	00:08:49	00:19:35	01:20:46	01:58:24	02:45:26	03:47:55	04:27:27	05:14:43	<b>05:43:13</b>	<b>68</b>	00:03:19	00:42:39	
63	CHYLARECKI Robert	25	GVT	M50-54	00:18:12	00:57:00	<b>01:17:13</b>	71	00:06:23	00:18:36	01:18:07	01:54:51	02:40:14	03:42:45	04:22:15	05:09:31	<b>05:38:48</b>	<b>51</b>	00:07:52	00:40:33	
64	MARTYNOWSKI Łukasz	127		M35-39	00:17:06	00:56:07	<b>01:16:31</b>	68	00:03:59	00:17:15	01:15:12	01:53:45	02:44:37	03:54:52	04:35:54	05:23:33	<b>05:52:21</b>	<b>90</b>	00:02:50	00:35:38	
65	WILICKI Tomasz	208	DELL RUNNING TEAM	M40-44	00:18:44	00:59:21	<b>01:20:34</b>	95	00:07:14	00:18:38	01:17:33	01:55:48	02:41:30	03:43:28	04:21:43	05:09:19	<b>05:39:28</b>	<b>54</b>	00:05:27	00:39:45	
66	LUBOWICKI Łukasz	120	40-LATEK TYCHY	M40-44	00:18:27	00:57:04	<b>01:16:41</b>	69	00:07:23	00:19:01	01:21:46	02:00:32	02:47:06	03:50:17	04:30:47	05:18:05	<b>05:47:13</b>	<b>77</b>	00:05:39	00:36:10	
67	DASZEWSKI Filip	36		M18-24	00:17:02	00:53:45	<b>01:12:27</b>	47	00:04:06	00:17:29	01:15:08	01:51:36	02:38:32	03:43:01	04:24:40	05:14:54	<b>05:45:18</b>	<b>72</b>	00:04:18	00:47:21	
68	MIS Waldemar	138	ALIOR RUNNING TEAM	M40-44	00:20:01	01:03:27	<b>01:26:47</b>	144	00:04:04	00:18:47	01:20:06	01:58:34	02:44:46	03:47:55	04:27:42	05:14:11	<b>05:42:31</b>	<b>65</b>	00:02:55	00:37:14	
69	KARALIUK Andrei	77		M35-39	00:18:05	00:57:19	<b>01:17:29</b>	73	00:04:29	00:19:22	01:22:46	02:02:08	02:49:20	03:53:18	04:35:03	05:22:44	<b>05:52:27</b>	<b>92</b>	00:02:09	00:37:21	
70	CUBER Piotr	32	CTS	M40-44	00:20:06	01:02:38	<b>01:23:56</b>	121	00:05:23	00:18:58	01:22:08	02:01:30	02:48:31	03:51:28	04:30:56	05:17:22	<b>05:45:46</b>	<b>74</b>	00:03:47	00:35:19	
71	KALISZEWSKI Daniel	73		M40-44	00:20:24	01:02:31	<b>01:24:40</b>	130	00:04:24	00:18:15	01:19:20	01:58:50	02:44:28	03:48:24	04:28:02	05:14:48	<b>05:42:54</b>	<b>67</b>	00:05:22	00:37:13	
72	ĆWIK Dariusz	35	HUSSE TEAM	M45-49	00:18:44	00:57:27	<b>01:17:33</b>	74	00:05:17	00:19:37	01:22:46	02:02:26	02:49:54	03:53:55	04:34:36	05:23:02	<b>05:52:13</b>	<b>88</b>	00:03:27	00:36:38	
73	ŁĄCZKA Tomasz	123		M40-44	00:20:36	01:06:19	<b>01:32:11</b>	173	00:11:54	00:18:07	01:16:00	01:52:02	02:36:15	03:36:22	04:15:25	05:00:08	<b>05:26:30</b>	<b>31</b>	00:04:57	00:39:42	
74	OMELIANENKO Yaroslav Omelianenko	154		M25-29	00:18:33	01:00:44	<b>01:23:09</b>	116	00:05:39	00:17:55	01:16:19	01:53:10	02:38:25	03:41:24	04:21:57	05:12:13	<b>05:40:49</b>	<b>59</b>	00:02:20	00:43:37	
75	LETKOWSKI Dariusz	114	GAPMONT RUNNING TEAM	M40-44	00:17:39	00:54:50	<b>01:12:47</b>	49	00:05:46	00:19:38	01:22:39	02:03:04	02:51:25	03:55:32	04:36:36	05:26:13	<b>05:55:26</b>	<b>100</b>	00:03:40	00:38:15	
76	AUGUSTYŃIAK Artur	6	FUJITSU RUNNING TEAM ŁÓDŹ	M35-39	00:19:32	00:59:51	<b>01:19:40</b>	91	00:04:28	00:19:32	01:21:24	02:00:35	02:48:25	03:54:01	04:35:37	05:23:14	<b>05:52:03</b>	<b>87</b>	00:03:49	00:37:09	
77	SZPITER Tomasz	201	OLAWS ZŁOTORYJA	M50-54	00:19:21	00:59:35	<b>01:20:47</b>	101	00:05:14	00:18:16	01:18:49	01:57:01	02:43:13	03:46:38	04:27:24	05:17:09	<b>05:46:34</b>	<b>76</b>	00:04:12	00:40:54	
78	KOSMACZEWSKI Ireneusz	91	KODRUK.NET	M40-44	00:18:34	00:55:42	<b>01:15:12</b>	60	00:06:37	00:19:03	01:20:38	01:58:08	02:44:54	03:48:27	04:28:58	05:19:39	<b>05:49:12</b>	<b>79</b>	00:04:35	00:42:48	
79	MOZLER Jerzy	143		M45-49	00:16:01	00:50:34	<b>01:08:11</b>	33	00:10:50	00:19:49	01:20:50	01:59:38	02:47:58	03:54:38	04:36:57	05:26:51	<b>05:57:30</b>	<b>110</b>	00:06:06	00:36:04	
80	SEVASTSYANAU Sjarhei	187	SEVASTSYANAU TEAM	M40-44	00:24:11	01:14:59	<b>01:43:18</b>	205	00:04:26	00:18:37	01:17:22	01:53:09	02:36:47	03:38:01	04:17:38	05:04:51	<b>05:32:04</b>	<b>38</b>	00:04:17	00:36:55	
81	SZCZEPAŃSKI Adam	198	KB PIONIER SZCZECIN	M30-34	00:18:37	00:57:03	<b>01:17:25</b>	72	00:11:50	00:18:54	01:21:56	02:03:01	02:49:21	03:52:57	04:33:44	05:21:34	<b></b>				

			Pływanie					Rower					Bieg								
83	NIEMCZYK Kazimierz	147	M55-59	00:20:51	01:05:11	<b>01:28:45</b>	156	00:09:18	00:19:14	01:20:26	01:58:12	02:43:45	03:46:21	04:25:44	05:12:57	<b>05:41:17</b>	<b>62</b>	00:04:28	00:37:34		
84	PRYK Rafał	171	ROZBIEGANY GOLENIÓW	M40-44	00:20:06	01:02:22	<b>01:24:31</b>	129	00:05:32	00:19:33	01:23:31	02:01:59	02:47:44	03:51:32	04:32:10	05:20:48	<b>05:49:15</b>	<b>80</b>	00:03:13	00:39:06	
85	MACIULEVICIUS Arunas	200	TRITONAS	M45-49	00:18:44	00:57:45	<b>01:18:21</b>	82	00:04:53	00:19:10	01:22:54	02:02:48	02:50:34	03:54:11	04:36:47	05:26:13	<b>05:55:25</b>	<b>99</b>	00:02:58	00:40:05	
86	LIZIK Radosław	119	TRISPACE	M40-44	TriSpace	00:20:05	01:02:23	<b>01:23:43</b>	120	00:08:03	00:19:21	01:21:44	02:00:22	02:47:12	03:50:45	04:30:37	05:17:11	<b>05:45:31</b>	<b>73</b>	00:05:26	00:39:38
87	PRUSIK Bartosz	170	COZMOBIKE	M25-29	00:20:02	01:02:59	<b>01:25:29</b>	136	00:05:49	00:17:54	01:15:28	01:52:08	02:38:06	03:44:02	04:25:10	05:12:35	<b>05:41:13</b>	<b>61</b>	00:06:59	00:43:30	
88	CIBOROWSKI Sebastian	29	SEBA SPORT PISZ	M45-49	CIBOR IRON TEAM	00:16:57	00:53:57	<b>01:12:23</b>	46	00:07:59	00:17:31	01:18:20	01:55:48	02:42:40	03:49:45	04:32:12	05:23:38	<b>05:52:37</b>	<b>93</b>	00:06:24	00:43:51
89	SZWEDA Tomasz	203	MEBLOBYSK CZERNICE	M35-39	00:22:38	01:10:37	<b>01:35:41</b>	183	00:05:13	00:18:06	01:17:54	01:55:14	02:40:12	03:42:37	04:23:23	05:11:13	<b>05:39:30</b>	<b>55</b>	00:03:12	00:40:18	
90	MAKOWSKI Sławomir	126	RUN BYDGOSZCZ	M50-54	00:22:34	01:11:03	<b>01:35:56</b>	186	00:04:59	00:19:23	01:20:37	01:59:21	03:59:42	05:01:50	05:42:48				00:37:14		
91	GOSTOMSKI Mariusz	55	TRI STAROGARD GDAŃSKI	M50-54	00:18:50	00:59:12	<b>01:20:14</b>	94	00:05:06	00:19:05	01:21:53	02:01:32	02:48:31	03:53:47	04:35:52	05:23:45	<b>05:52:19</b>	<b>89</b>	00:06:22	00:40:10	
92	KRÓLCZYŃSKI Maciej	98		M35-39	00:18:47	00:58:02	<b>01:18:24</b>	83	00:03:51	00:19:26	01:21:28	02:00:31	02:48:30	03:54:29	04:36:41	05:27:30	<b>05:57:07</b>	<b>105</b>	00:02:56	00:42:36	
93	PIASEK Piotr	159	TRIUNLIMITED	M50-54	00:20:24	01:03:21	<b>01:26:41</b>	143	00:06:40	00:19:09	01:21:33	02:00:15	02:47:02	03:51:00	04:32:11	05:21:08	<b>05:50:34</b>	<b>83</b>	00:05:11	00:36:15	
94	JĘDRZEJCZYK Piotr	68		M45-49	00:19:28	00:59:46	<b>01:21:18</b>	107	00:05:41	00:18:10	01:17:15	01:54:11	02:38:54	03:59:27	04:40:15	05:28:47	<b>05:58:20</b>	<b>116</b>	00:03:21	00:37:11	
95	MATERNA Roman	128	SPAR POLSKA	M50-54	00:17:54	00:55:01	<b>01:14:17</b>	56	00:04:59	00:19:32	01:23:06	02:02:55	02:50:22	03:55:19	04:38:55	05:31:06	<b>06:01:11</b>	<b>122</b>	00:03:01	00:43:12	
96	FEDYNA Igor	48	SHYPSHYNA RUN CLUB	M40-44	00:20:10	01:02:17	<b>01:23:39</b>	119	00:06:29	00:21:21	01:25:18	02:04:26	02:50:32	03:54:08	04:34:28	05:22:32	<b>05:51:35</b>	<b>86</b>	00:03:06	00:41:55	
97	BARANOWSKI Roman	8	FOREVER TEAM	M45-49	00:15:06	00:47:35	<b>01:05:06</b>	17	00:09:44	00:19:02	01:21:27	02:01:00	02:49:18	03:56:16	04:38:54	05:30:17	<b>06:01:51</b>	<b>125</b>	00:08:42	00:41:29	
98	AUGUSTYNIAK Grzegorz	5	PTTDELTA	M45-49	00:18:02	00:55:02	<b>01:13:50</b>	54	00:05:47	00:19:28	01:23:28	02:03:04	02:51:21	03:58:05	04:41:19	05:33:20	<b>06:02:36</b>	<b>126</b>	00:05:34	00:40:09	
99	LISIECKI Jacek	118		M45-49	00:23:15	01:13:38	<b>01:39:42</b>	201	00:08:51	00:17:51	01:16:23	01:53:31	02:37:59	03:40:19	04:19:07	05:03:58	<b>05:32:11</b>	<b>39</b>	00:04:24	00:43:11	
100	PIECHACZYK Sławomir	160		M35-39	00:18:49	00:59:31	<b>01:20:51</b>	102	00:06:53	00:19:50	01:23:59	02:02:47	02:49:31	03:54:41	04:36:27	05:25:04	<b>05:53:46</b>	<b>96</b>	00:03:31	00:44:07	
101	POREBSKI Paweł	168	SPRINT GORZYCE	M40-44	00:20:15	01:02:58	<b>01:24:46</b>	132	00:06:09	00:19:08	01:20:44	01:59:16	02:46:17	03:55:14	04:36:25	05:25:36	<b>05:53:33</b>	<b>95</b>	00:03:48	00:40:53	
102	OLSZEWSKI Łukasz	153	ROZBEGANE DZIAŁDOWO	M40-44	00:19:26	01:01:30	<b>01:23:24</b>	118	00:04:44	00:18:50	01:23:02	02:02:26	02:49:40	03:57:12	04:38:50	05:27:57	<b>05:55:19</b>	<b>98</b>	00:02:04	00:44:35	
103	BETLEJ Hubert	14	ESKADRA KRAKÓW	M35-39	00:23:07	01:11:06	<b>01:36:38</b>	190	00:04:10	00:25:12	01:23:30	02:00:44	02:45:36	03:47:47	04:28:41	05:16:08	<b>05:44:46</b>	<b>71</b>	00:03:04	00:42:15	
104	RZEPKA Tomasz	185	HTF LUDWIK SIKORSKI	M40-44	00:20:01	01:02:21	<b>01:24:17</b>	127	00:09:17	00:20:14	01:24:54	02:03:49	02:50:30	03:55:22	04:36:59	05:26:54	<b>05:56:32</b>	<b>102</b>	00:03:09	00:37:45	
105	CICHOSZ Arkadiusz	30		M45-49	00:18:25	00:57:54	<b>01:18:05</b>	79	00:04:24	00:18:59	01:22:04	02:01:34	02:48:56	03:56:44	04:39:31	05:29:32	<b>05:59:41</b>	<b>119</b>	00:03:41	00:45:13	
106	KUCIŃSKI Artur	102		M40-44	00:16:52	00:53:19	<b>01:12:16</b>	45	00:08:11	00:19:18	01:22:08	02:02:47	02:52:26	03:59:27	04:39:28	05:28:34	<b>05:58:16</b>	<b>114</b>	00:07:50	00:44:41	
107	SOKOŁOWSKI Tomasz	189	KLINIKA TRIATHLONU	M30-34	00:18:25	00:59:07	<b>01:20:41</b>	98	00:03:49	00:19:52	01:25:36	02:06:14	02:55:01	04:00:50	04:42:20	05:31:53	<b>06:03:03</b>	<b>128</b>	00:02:09	00:41:43	
108	KOZAKOVSKY Dmitry	96	TRI.BY	M45-49	00:20:37	01:04:46	<b>01:27:30</b>	148	00:04:44	00:19:23	01:22:22	02:02:33	02:50:03	03:57:53	04:40:17	05:29:11	<b>05:57:31</b>	<b>111</b>	00:04:10	00:39:12	
109	MELLER Michał	133	TRI STAROGARD GDAŃSKI	M45-49	00:17:03	00:52:00	<b>01:10:01</b>	38	00:04:22	00:19:09	01:24:30	02:05:43	02:55:30	04:03:33	04:47:46	05:41:05	<b>06:12:09</b>	<b>142</b>	00:05:47	00:41:13	
110	MOJSIEWICZ Sławomir	139		M40-44	00:19:16	01:01:11	<b>01:23:05</b>	115	00:04:31	00:18:46	01:18:01	01:56:34	02:43:24	03:49:06	04:31:02	05:19:22	<b>05:49:31</b>	<b>81</b>	00:05:57	00:51:29	
111	OLENDER Paweł	151	CAR4PARTS MRAĞOWO	M40-44	00:19:28	01:00:06	<b>01:20:44</b>	100	00:03:39	00:20:44	01:26:59	02:08:12	02:57:56	04:04:08	04:44:44	05:34:08	<b>06:04:10</b>	<b>131</b>	00:03:51	00:42:52	
112	PELANT Ryszard	158	WICHER ROSNÓWKO	M40-44	00:19:29	00:58:50	<b>01:19:14</b>	87	00:06:49	00:19:45	01:24:05	02:05:13	02:52:12	03:58:03	04:39:24	05:28:31	<b>05:57:57</b>	<b>113</b>	00:06:17	00:45:03	
113	CIMACHOWSKI Jakub	31	CIMATECH	M35-39	00:16:53	00:51:45	<b>01:09:45</b>	36	00:08:33	00:20:35	01:25:37	02:07:07	02:58:55	04:08:31	04:53:01	05:44:03	<b>06:14:27</b>	<b>146</b>	00:04:24	00:38:17	
114	CZECHOWSKA-MADEJ Katarzyna	34		K35-39	00:19:39	01:00:09	<b>01:20:35</b>	96	00:04:08	00:19:21	01:21:52	02:03:36	02:53:30	04:02:02	04:46:06	05:37:29	<b>06:09:01</b>	<b>139</b>	00:03:08	00:39:44	
115	NAROJCZYK Krzysztof	146	TRI MASTERS PIASECZNO	M45-49	00:18:48	00:58:35	<b>01:19:08</b>	86	00:05:01	00:21:04	01:21:09	01:59:23	02:47:20	03:55:27	04:38:53	05:32:18	<b>06:02:54</b>	<b>127</b>	00:04:55	00:45:14	
116	ŚLIWIŃSKI Jakub	207	JOLKA JOLKA TEAM	M25-29	00:19:05	01:00:35	<b>01:21:34</b>	109	00:04:07	00:19:15	01:22:37	02:03:09	02:52:39	04:00:57	04:43:58	05:35:09	<b>06:06:22</b>	<b>134</b>	00:03:45	00:41:30	
117	MIKOŁAJCZYK Rafał	136	THC PROMIL	M40-44	00:18:41	01:00:58	<b>01:22:59</b>	114	00:08:30	00:19:59	01:24:42	02:04:28	02:53:04	04:00:09	04:42:41	05:31:58	<b>06:01:11</b>	<b>121</b>	00:04:30	00:40:44	
	DOODY Patrick	40		M50-54	00:18:34	00:59:38	<b>01:22:19</b>	112	00:05:48	00:20:50	01:21:52	02:01:46	02:50:13	03:56:08	04:37:43	05:27:54	<b>05:57:26</b>	<b>109</b>	00:04:00	00:48:53	
119	WOJCIECHOWSKI Adam	220		M50-54	00:20:01	01:03:35	<b>01:26:40</b>	142	00:04:58	00:19:33	01:22:32	02:02:11	02:49:41	03:57:40	04:38:26	05:28:12	<b>05:57:12</b>	<b>107</b>	00:07:13	00:42:33	
120	KALICH Tomasz	71	CYKLIŚCI RYPIN	M30-34	00:20:46	01:05:22	<b>01:30:15</b>	160	00:08:57	00:19:27	01:21:30	01:59:34	02:45:59	03:50:42	04:32:11	05:22:04	<b>05:51:01</b>	<b>85</b>	00:05:15	00:43:49	
121	JAGIEŁŁO Albert	59		M25-29	00:19:19	01:04:23	<b>01:28:03</b>	150	00:05:21	00:19:29	01:25:07	02:05:21	02:52:47	03:57:53	04:39:13	05:28:03	<b>05:57:08</b>	<b>106</b>	00:04:22	00:44:23	
122	KITKOWSKI Piotr	81		M40-44	00:20:04	01:00:51	<b>01:21:16</b>	106	00:03:43	00:20:05	01:23:09	02:02:24	02:51:23	03:58:48	04:40:46	05:31:49	<b>06:01:46</b>	<b>124</b>	00:03:47	00:49:19	
123	CHOJNOWSKI Andrzej	24		M50-54	00:21:04	01:06:39	<b>01:30:41</b>	163	00:04:45	00:18:50	01:21:18	02:00:51	02:48:35	03:54:49	04:37:25	05:27:09	<b>05:58:17</b>	<b>115</b>	00:03:02	00:45:20	
124	RYGIEL Robert	182		M55-59	00:20:22	01:02:30	<b>01:24:11</b>	125	00:07:16	00:19:49	01:24:06	02:04:45	02:53:26	04:02:31	04:45:24	05:35:33	<b>06:06:27</b>	<b>135</b>	00:05:01	00:40:37	
125	WŁODARCZAK Witold	218	TRISPACE	M55-59	TriSpace	00:21:15	01:05:37	<b>01:28:33</b>	153	00:03:42	00:19:44	01:24:56	02:04:36	02:53:07	04:02:13	04:45:37	05:36:54	<b>06:08:29</b>	<b>138</b>	00:03:05	00:42:18
126	VASILI Anton	212		M30-34	00:19:57	01:03:52	<b>01:27:32</b>	149	00:07:08	00:19:39	01:22:07	02:01:53	02:51:06								

		Plywanie							Rower							Bieg					
130	RICKENBACHER Nicole	176	WILDCATS	K50-54	00:21:41	01:03:17	<b>01:25:11</b>	133	00:07:18	00:21:31	01:28:48	02:08:49	02:57:54	04:02:58	04:44:02	05:34:13	<b>06:03:26</b>	<b>130</b>	00:06:39	00:44:59	
131	TYMIŃSKI Dariusz	210	PTT DELTA	M50-54	00:19:51	01:03:43	<b>01:26:50</b>	145	00:05:33	00:20:04	01:25:53	02:06:16	02:55:25	04:04:41	04:49:12	05:41:23	<b>06:12:23</b>	<b>143</b>	00:03:31	00:39:38	
132	BEDYK Ireneusz	13	PTT DELTA	M60-64	00:23:13	01:09:13	<b>01:34:16</b>	181	00:05:45	00:18:30	01:20:55	02:01:34	02:50:16	04:01:01	04:43:32	05:32:19	<b>06:03:06</b>	<b>129</b>	00:03:16	00:41:41	
133	KACZOR Piotr	70	TRIMANITA RATUSZ MASZEWO	M40-44	00:17:28	00:55:01	<b>01:14:56</b>	58	00:06:16	00:22:00	01:28:24	02:09:51	03:00:22	04:09:52	04:52:49	05:44:52	<b>06:15:14</b>	<b>147</b>	00:03:27	00:48:41	
134	KEMNITZ Marcin	78	3GRAVITY	M35-39	3GRAVITY	00:24:58	01:17:50	<b>01:44:49</b>	209	00:03:37	00:18:07	01:18:30	01:56:24	02:42:03	03:45:45	04:26:54	05:16:47	<b>05:47:48</b>	<b>78</b>	00:06:16	00:46:26
135	KOZŁOWSKI Tomasz	97	MII	M35-39		00:20:57	01:02:47	<b>01:24:09</b>	124	00:07:31	00:20:29	01:25:28	02:04:54	02:53:24	04:02:16	04:45:16	05:36:41	<b>06:08:11</b>	<b>137</b>	00:05:46	00:43:37
136	ADAMOWICZ Andrzej	1		M50-54		00:21:05	01:07:42	<b>01:33:43</b>	180	00:07:04	00:18:28	01:19:13	01:58:04	02:45:50	03:54:03	04:36:56	05:28:20	<b>06:00:34</b>	<b>120</b>	00:07:11	00:40:59
137	KOLMAJER Rafał	86	ROWERTOUR	M35-39		00:22:36	01:11:02	<b>01:35:51</b>	185	00:07:23	00:19:51	01:22:57	02:03:10	02:50:53	03:59:43	04:41:39	05:32:48			00:34:46	
138	WOLUSZEWSKI Remigiusz	221	ALIOR RUNNING TEAM	M30-34		00:22:45	01:13:11	<b>01:39:32</b>	199	00:05:20	00:18:30	01:21:03	02:04:13	02:54:01	04:03:07	04:45:44	05:36:33	<b>06:07:19</b>	<b>136</b>	00:04:39	00:34:07
139	LEWARDOWSKI Konrad	116	KTB KUNY STRZESZYN	M45-49		00:22:06	01:07:41	<b>01:32:09</b>	172	00:15:48	00:16:14	01:22:22	02:05:07	04:14:43		05:55:42				00:43:00	
140	MROŹ Michał	145	DAREDEVILS TRIATHLON TEAM	M35-39		00:17:41	00:56:41	<b>01:17:11</b>	70	00:07:02	00:21:18	01:30:39	02:12:48	03:04:06	04:14:48	04:58:11	05:49:19	<b>06:20:28</b>	<b>154</b>	00:05:32	00:42:55
141	DŹBICKI Artur	38		M50-54		00:15:44	00:50:02	<b>01:07:37</b>	30	00:06:59	00:22:05	01:33:25	02:17:49	03:09:53	04:20:17	05:07:39	06:00:02	<b>06:30:11</b>	<b>168</b>	00:04:55	00:43:32
142	ŻYCHLIŃSKI Miłosz	226	KS CELIRONMAN	M45-49		00:24:12	01:14:28	<b>01:38:03</b>	194	00:09:50	00:19:28	01:22:00	02:01:30	02:49:24	03:56:16	04:37:16	05:27:34	<b>05:57:04</b>	<b>104</b>	00:04:41	00:44:11
143	GOŁDYN Marek	54	TKKF KOSZALIN	M35-39		00:18:21	00:56:45	<b>01:16:29</b>	67	00:09:01	00:19:52	01:27:24	02:08:29	03:01:51	04:16:30	04:59:37	05:54:45	<b>06:26:24</b>	<b>162</b>	00:06:32	00:36:23
144	REPKA Marek	174	LUPUS TEAM	M45-49		00:23:04	01:12:43	<b>01:38:12</b>	196	00:04:35	00:19:38	01:25:07	02:05:27	02:53:02	03:59:24	04:40:30	05:31:01	<b>06:01:43</b>	<b>123</b>	00:03:24	00:47:18
145	NOWARA Andrzej	149		M50-54		00:21:25	01:07:28	<b>01:32:20</b>	175	00:10:36	00:20:13	01:26:51	02:08:28	02:57:35	04:04:34	04:46:21	05:35:11	<b>06:05:33</b>	<b>132</b>	00:04:02	00:43:16
146	KONIECZNY Karol	89		M35-39		00:21:45	01:11:22	<b>01:37:12</b>	192	00:07:27	00:18:49	01:20:00	01:58:49	02:46:59	03:56:01	04:38:43	05:29:14	<b>05:59:33</b>	<b>118</b>	00:07:03	00:46:00
147	BARTECKI Aleksander	10	HRMAX ŻORY	M45-49		00:22:25	01:11:00	<b>01:36:20</b>	189	00:03:02	00:19:22	01:21:25	02:01:09	02:45:06	03:49:11	04:30:38	05:16:36	<b>05:43:51</b>	<b>69</b>	00:02:36	01:13:00
148	BIAŁOŁOCKI Tomasz	15		M50-54		00:21:03	01:06:04	<b>01:30:38</b>	162	00:07:39	00:20:06	01:26:45	02:09:43	03:00:23	04:09:56	04:55:49	05:47:56	<b>06:18:49</b>	<b>151</b>	00:04:09	00:37:36
149	KŁOCKIEWICZ Zbyszko	82	PŁONĄCE RACICE	M25-29		00:18:19	00:55:56	<b>01:15:28</b>	62	00:04:47	00:20:53	01:26:37	02:09:50	03:01:34	04:14:22	05:00:25	05:55:08	<b>06:27:22</b>	<b>164</b>	00:06:35	00:45:05
150	KUPISZ Dominik	105	HERNIK TEAM	M40-44		00:18:55	00:57:25	<b>01:17:53</b>	78	00:04:37	00:20:20	01:26:00	02:08:36	03:01:56	04:14:16	05:00:37	05:55:54	<b>06:29:31</b>	<b>167</b>	00:05:11	00:42:29
151	KORSAKOV Kostiantyn	90	-	M45-49		00:19:00	00:59:20	<b>01:21:38</b>	110	00:09:12	00:19:53	01:23:52	02:04:39	02:56:29	04:08:57	04:54:54	05:50:33	<b>06:23:10</b>	<b>156</b>	00:05:31	00:43:00
152	KUĆ Jarosław	103	TRI TEAM LUBAŃ	M35-39		00:21:24	01:09:22	<b>01:34:39</b>	182	00:05:47	00:19:23	01:24:38	02:05:52	02:55:59	04:06:30	04:51:09	05:44:27	<b>06:16:12</b>	<b>149</b>	00:05:36	00:42:14
153	KOŁODZIEJSKI Tomasz	87	GINASO	M50-54		00:24:49	01:17:58	<b>01:44:39</b>	207	00:07:56	00:21:21	01:25:09	02:04:39	02:52:50	03:57:55	04:40:03	05:28:21	<b>05:56:53</b>	<b>103</b>	00:09:53	00:45:31
154	GACKOWSKI Krzysztof	50	IRON & ONE TEAM	M45-49		00:19:48	01:00:12	<b>01:20:54</b>	103	00:05:52	00:19:43	01:26:10	02:08:31	03:00:26	04:11:09	04:56:58	05:52:31	<b>06:23:58</b>	<b>157</b>	00:05:23	00:49:03
155	WÓJCIK Łukasz	223	CELIRONMAN/OLEJNIK RUNNING TEAM	M30-34		00:19:17	00:59:49	<b>01:19:30</b>	89	00:05:42	00:20:03	01:25:17	02:05:56	02:57:37	04:11:13	04:57:13	05:51:20	<b>06:24:03</b>	<b>158</b>	00:05:05	00:52:01
156	WOBY Amanda	219	GREENWICH TRITONS	K30-34		00:17:08	00:52:07	<b>01:10:41</b>	41	00:05:55	00:22:16	01:35:34	02:20:31	03:14:33	04:30:47	05:18:59	06:13:55	<b>06:47:30</b>	<b>185</b>	00:02:50	00:39:31
157	KOWALCZYK Wojciech	93	ARNIE TEAM	M25-29		00:19:26	01:02:57	<b>01:25:47</b>	138	00:10:54	00:20:29	01:25:32	02:07:31	02:57:58	04:09:43	04:55:53	05:49:08	<b>06:21:29</b>	<b>155</b>	00:09:40	00:40:24
158	TRYT Maciej	209	RUN BYDGOSZCZ	M35-39		00:19:30	01:00:10	<b>01:21:15</b>	105	00:07:05	00:19:13	01:23:49	02:05:35	02:57:19	04:13:22	05:01:57	05:57:45	<b>06:28:52</b>	<b>166</b>	00:08:05	00:45:47
159	GŁADYSZ Grzegorz	52		M30-34		00:21:19	01:06:32	<b>01:32:23</b>	176	00:05:18	00:20:41	01:26:51	02:06:32	02:57:26	04:05:58	04:49:32	05:43:25	<b>06:15:47</b>	<b>148</b>	00:04:22	00:53:34
160	PRUSACZYK Marcin	169		M45-49		00:19:32	01:00:08	<b>01:20:57</b>	104	00:07:29	00:19:59	01:29:04	02:13:57	03:06:52	04:20:50	05:09:37	06:03:39	<b>06:38:09</b>	<b>179</b>	00:05:00	00:39:53
161	MAJEWSKA Kinga	125		K40-44		00:20:49	01:05:32	<b>01:29:01</b>	157	00:05:34	00:20:22	01:26:08	02:09:30	03:01:59	04:14:55	05:00:04	05:56:49	<b>06:27:40</b>	<b>165</b>	00:04:40	00:45:18
162	WOŁOWSKI Lech	222		M40-44		00:21:44	01:08:04	<b>01:32:17</b>	174	00:07:56	00:22:07	01:28:02	02:08:38	02:57:10	04:07:12	04:54:49	05:48:05	<b>06:19:53</b>	<b>152</b>	00:06:53	00:45:16
163	REZA Marek	175		M50-54		00:23:16	01:12:13	<b>01:38:13</b>	197	00:07:58	00:20:05	01:25:12	02:05:46	02:55:25	04:06:03	04:50:27	05:43:32	<b>06:16:24</b>	<b>150</b>	00:05:00	00:45:12
164	OŁĘDZKI Janusz	152	WUM	M60-64		00:21:42	01:05:56	<b>01:28:13</b>	151	00:06:06	00:20:32	01:28:24	02:10:57	03:02:42	04:13:38	04:58:11	05:53:11	<b>06:26:09</b>	<b>161</b>	00:06:00	00:46:50
165	KĘPIŃSKI Henryk	79	KB SPARTAKUS BEŁCHATÓW	M65-69		00:22:52	01:14:19	<b>01:43:01</b>	204	00:06:49	00:21:06	01:29:11	02:10:34	02:59:04	04:08:47	04:53:19	05:43:23	<b>06:13:47</b>	<b>144</b>	00:04:58	00:44:48
166	WILK Łukasz	217		M40-44		00:18:53	00:58:42	<b>01:19:22</b>	88	00:09:49	00:21:35	01:29:32	02:13:20	03:05:09	04:19:08	05:05:36	06:05:16	<b>06:37:51</b>	<b>178</b>	00:04:38	00:41:43
167	SZYNDLAREWICZ Paweł	205		M35-39		00:22:15	01:07:53	<b>01:31:38</b>	169	00:05:52	00:20:57	01:26:06	02:07:31	02:57:39	04:06:05	04:56:32	05:53:06	<b>06:25:00</b>	<b>159</b>	00:05:36	00:45:36
168	DOMAGAŁA Dariusz	39	WWW.GYMLAB.PL	M30-34		00:19:55	01:02:08	<b>01:22:51</b>	113	00:06:26	00:21:48	01:32:54	02:17:51	03:09:49	04:22:50	05:11:14	06:06:33	<b>06:37:11</b>	<b>176</b>	00:03:08	00:44:12
169	STASIEWSKI Mariusz	194	TRISPACE	M40-44	TriSpace	00:21:22	01:03:29	<b>01:25:12</b>	134	00:04:30	00:20:24	01:27:17	02:07:00	02:58:39	04:10:37	05:06:23	06:01:30	<b>06:34:05</b>	<b>172</b>	00:03:57	00:46:45
170	CIBOROWSKA Aneta	27	SEBA SPORT PISZ	K40-44	CIBOR IRON TEAM	00:22:26	01:08:19	<b>01:32:07</b>	170	00:04:56	00:21:14	01:29:47	02:15:31	03:07:11	04:18:44	05:03:25	05:55:56	<b>06:27:09</b>	<b>163</b>	00:09:42	00:41:23
171	JARECKI Paweł	61		M40-44		00:18:48	00:57:22	<b>01:17:38</b>	76	00:09:20	00:19:32	01:23:22	02:06:36	02:57:00	04:10:55	05:01:14	05:57:25	<b>06:35:43</b>	<b>175</b>	00:07:13	00:45:38
172	BUTRYM Piotr	21	FORREST	M35-39		00:21:55	01:06:22	<b>01:29:23</b>	158	00:06:34	00:19:59	01:37:10	02:19:25	03:09:33	04:19:52	05:07:03	06:01:12	<b>06:34:30</b>	<b>173</b>	00:05:20	00:40:24
173																					

			Pływanie				Rower										Bieg			
178	JENDERNALIK Łukasz	67	M35-39	00:21:20	01:07:04	<b>01:31:18</b>	168	00:08:56	00:21:03	01:36:41	02:19:12	03:10:20	04:20:51	05:05:46	05:58:38	<b>06:31:50</b>	<b>169</b>	00:06:18	00:50:39	
179	BECLA Leszek	12	HETEROMASTERS	M25-29	00:22:18	01:13:41	<b>01:39:33</b>	200	00:06:59	00:21:03	01:32:13	02:17:46	03:08:15	04:20:41	05:07:05	06:03:25	<b>06:37:37</b>	<b>177</b>	00:05:12	00:40:52
180	LUTOWSKI Wojciech	122	TKKF KOLEJARZ BYDGOSZCZ	M30-34	00:23:15	01:10:48	<b>01:36:15</b>	187	00:05:21	00:21:28	01:32:09	02:14:39	03:07:37	04:22:13	05:14:06	06:12:04	<b>06:48:13</b>	<b>186</b>	00:09:22	00:33:21
181	LARSEN-KONIECZNY Charlotte	110		K30-34	00:20:37	01:06:49	<b>01:30:02</b>	159	00:07:32	00:21:43	01:32:41	02:16:21	03:10:35	04:25:07	05:14:01	06:13:34	<b>06:45:30</b>	<b>183</b>	00:04:14	00:51:58
182	PAWLAK Piotr	156	PKO BANK POLSKI	M40-44	00:21:43	01:09:54	<b>01:36:55</b>	191	00:08:26	00:21:09	01:29:53	02:12:36	03:05:43	04:18:55	05:06:57	06:05:21	<b>06:38:43</b>	<b>181</b>	00:03:54	00:51:44
183	CHMIEL Dariusz	23	PTT DELTA	M55-59	00:22:37	01:12:29	<b>01:38:03</b>	193	00:08:21	00:22:27	01:35:45	02:20:42	03:14:45	04:28:51	05:16:37	06:12:32	<b>06:46:18</b>	<b>184</b>	00:05:34	00:45:04
184	DUDEK Adam	42		M18-24	00:14:57	00:46:51	<b>01:03:19</b>	11	00:15:10	00:21:49	01:32:49	02:20:53	03:20:14	04:41:19	05:30:29	06:33:30	<b>07:12:14</b>	<b>197</b>	00:07:59	00:44:42
185	KUZIEMSKI Tomasz	106	KS MARATON OSTRÓW WLKP	M30-34	00:20:42	01:05:28	<b>01:28:37</b>	154	00:07:59	00:21:10	01:29:48	02:13:39	03:09:12	04:31:31	05:19:12	06:17:37	<b>06:51:29</b>	<b>187</b>	00:05:18	00:51:29
	BŁASZCZYK Borys	17	AZS PP	M25-29	00:25:14	01:18:53	<b>01:43:19</b>	206	00:08:11	00:20:24	01:27:56	02:11:54	03:04:07	04:16:05	05:02:14	06:03:28	<b>06:38:35</b>	<b>180</b>	00:09:26	00:52:33
	FAJOK Szymon	45		M18-24	00:21:40	01:10:57	<b>01:36:18</b>	188	00:07:12	00:21:19	01:28:08	02:10:26	03:02:10	04:15:05	05:05:40	06:07:16	<b>06:41:00</b>	<b>182</b>	00:09:01	00:59:12
188	MOLENDĄ Patrycja	140	KLINIKA TRIATHLONU	K25-29	00:20:23	01:03:28	<b>01:26:00</b>	139	00:11:20	00:22:06	01:33:39	02:17:48	03:11:47	04:27:29	05:18:50	06:18:11	<b>06:54:23</b>	<b>188</b>	00:08:42	00:53:31
189	MACHAJ Tomasz	228		M45-49	00:21:38	01:06:15	<b>01:28:40</b>	155	00:14:26	00:23:23	01:37:06	02:21:34	03:20:05	04:39:22	05:26:50	06:23:50	<b>06:56:38</b>	<b>189</b>	00:10:01	00:47:03
190	JASIŃSKI Bogusław	63		M65-69	00:20:35	01:04:38	<b>01:28:33</b>	152	00:10:04	00:20:22	01:31:53	02:17:08	03:12:54	04:33:18	05:26:44	06:27:27	<b>07:03:37</b>	<b>193</b>	00:07:01	00:50:33
191	RYKOWSKI Andrzej	183		M25-29	00:23:10	01:10:32	<b>01:35:49</b>	184	00:06:03	00:22:12	01:34:35	02:19:17	03:19:45	04:44:41	05:34:15	06:37:14	<b>07:09:18</b>	<b>195</b>	00:09:37	00:40:40
192	WSZEBOROWSKI Dariusz	225	SBR ELK	M50-54	00:21:44	01:07:43	<b>01:31:03</b>	167	00:11:17	00:22:36	01:34:14	02:19:05	03:13:47	04:32:25	05:24:31	06:24:41	<b>07:00:30</b>	<b>190</b>	00:11:41	00:47:50
193	WŁODARCZYK Mariusz	229		M35-39	00:18:59	00:58:35	<b>01:19:07</b>	85	00:08:33	00:20:16	01:28:30	02:11:39	03:10:18	04:46:01	05:37:58	06:42:03	<b>07:17:27</b>	<b>200</b>	00:12:19	00:47:09
194	RAK Agata	173		K30-34	00:21:31	01:07:08	<b>01:30:57</b>	166	00:06:07	00:22:30	01:38:58	02:27:20	03:24:56	04:46:10	05:37:03	06:39:01	<b>07:15:27</b>	<b>199</b>	00:03:47	00:49:28
195	CIBOROWSKA Katarzyna	26	SPEED JASŁO	K40-44	00:23:22	01:13:22	<b>01:38:08</b>	195	00:09:22	00:22:32	01:37:04	02:22:19	03:20:19	04:41:15	05:29:52	06:28:29	<b>07:02:02</b>	<b>192</b>	00:05:49	00:54:34
196	BUCZKOWSKI Jarosław	19	PRO EVO TRI CLUB	M45-49	00:21:53	01:07:53	<b>01:32:41</b>	178	00:21:58	00:22:09	01:39:10	02:26:59	03:25:20	04:44:20	05:33:43	06:36:52	<b>07:12:15</b>	<b>198</b>	00:05:23	00:42:35
197	TACZAREK Marlena	230		K40-44	00:20:17	01:02:55	<b>01:25:24</b>	135	00:12:04	00:22:38	01:36:33	02:23:51	03:21:24	04:40:12	05:31:35	06:33:51	<b>07:11:54</b>	<b>196</b>	00:06:54	00:59:36
198	DĄBROWSKI Jarek	37	ŁOMIANKOWSKA GRUPA BIEGOWA TRI	M45-49	00:22:00	01:07:36	<b>01:30:31</b>	161	00:10:26	00:21:06	01:33:34	02:18:46	03:14:20	04:34:32	05:23:35	06:28:16	<b>07:04:53</b>	<b>194</b>	00:10:34	00:59:28
199	STANKOWSKI Dawid	193	PŁONAĆE RACICE	M25-29	00:20:02	01:03:30	<b>01:25:44</b>	137	00:07:23	00:23:07	01:36:59	02:24:14	03:20:10	05:01:37	05:51:52	06:55:48	<b>07:29:46</b>	<b>202</b>	00:06:57	00:48:23
200	KRÓLIK Zenon	99	SAM SOBIE STEREM	M70-74	00:26:09	01:21:22	<b>01:50:29</b>	210	00:12:25	00:24:54	01:37:08	02:23:04	03:18:24	04:39:27	05:27:37	06:25:58	<b>07:01:16</b>	<b>191</b>	00:11:10	00:50:15
<b>Przekroczony limit czasu: 15:00:00</b>																				
201	KIRKLAND Jim	80	GREENWICH TRITONS	M60-64	00:25:18	01:12:14	<b>01:39:32</b>	198	00:11:46	00:21:36	01:35:10	02:21:54	03:22:20	04:47:36	05:38:42	06:46:44	<b>07:22:31</b>	<b>201</b>	00:07:31	00:52:53
202	ANDRZEJEWSKI Adrian	4	TEAMKARAŚ	M25-29	00:20:35	01:03:39	<b>01:27:05</b>	147	00:08:28	00:24:53	01:47:04	02:37:07	03:38:36	05:03:42	06:00:18	07:07:19	<b>07:48:01</b>	<b>203</b>	00:03:42	00:50:05
	LODEWIJKS Mark	232		M50-54	00:15:40	00:47:56	<b>01:04:09</b>	14	00:05:40	00:19:13	01:19:52	01:56:50	02:39:40	03:38:09	04:14:42	04:57:57	<b>05:25:36</b>	<b>29</b>		
	KAMIŃSKI Michał	76	DELL RUNNING TEAM	M25-29	00:20:41	01:07:01	<b>01:32:07</b>	171	00:05:11	00:22:21	01:38:51	02:28:56	03:42:06	04:45:04						
	SUDAKOWSKI Tomasz	196	KS TRIATHLON RAWA	M45-49	00:23:29	01:15:06	<b>01:42:46</b>	203	00:03:32	00:19:22	01:24:57	02:06:59	02:57:31	04:12:28	05:09:31					
	OIKONOMOU Alexandros	150	TRIAS	M45-49	00:17:04	00:53:51	<b>01:13:01</b>	51	00:06:02	00:20:58	01:27:42	02:11:20	03:06:39	04:29:03						
	PŁÓCIENNIK Dominik	165		M25-29	00:17:21	00:54:58	<b>01:15:19</b>	61	00:04:04	00:19:44	01:23:01	02:00:37	02:45:38	03:47:09	04:25:45	05:11:47	<b>05:39:51</b>	<b>56</b>	00:03:20	
	DROHOJOWSKI Rafał	41		M45-49	00:19:36	01:02:48	<b>01:26:22</b>	140	00:07:06	00:19:54	01:23:39	02:03:25	02:51:38	03:57:25	04:39:06	05:27:29	<b>05:57:37</b>	<b>112</b>	00:03:17	
	WIECHNA Krzysztof	215		M40-44																
	MAZUR Mariusz	130	TRI TEAM LUBAŃ	M35-39	00:21:16	01:07:16	<b>01:30:50</b>	165	00:05:03	00:19:12	01:20:35	01:59:54	02:47:40	03:53:30	04:36:02	05:27:53	<b>05:58:53</b>	<b>117</b>		
	JAWORSKI Artur	65		M30-34	00:20:18	01:02:28	<b>01:24:26</b>	128	00:10:08	00:19:32										

Znaleziono 211 wynik(ów)