

Event:
Organiser:
Date:
Place:
Distance:

Ocean Lava Triathlon Polska 2019
Towarzystwo Sportowe TRI-SPORT
2019-08-17
Bydgoszcz
226 km

Classification: M30-34

Split point: 206,1 km

Place	Participant	Number	Club	Category	Drużyna	Swimming				Cycling								Race					
						P_Borowno 0.95km	P_Borowno 2.85km	R_Borowno 3.8km	Poz	R_Kotomierz 9.75km	R_Pauliny 42.75km	R_Lidl 63.25km	R_Kotomierz 87.75km	R_Pauliny 120.75km	R_Lidl 141km	R_Kotomierz 165.75km	B_Announcer 180km	Poz	B_Announcer 7.17km	B_Announcer 14.27km	B_Announcer 21.72km		
1	SOWA Michał	191	DECATHLON TRIATHLON TEAM	M30-34		00:14:58	00:46:55	01:03:18	10	00:02:55	00:15:45	01:06:50	01:38:12	02:16:10	03:08:43	03:42:45	04:22:14	04:46:49	1	00:02:37	00:31:37	01:04:28	01:38:19
2	MAZUR Paweł	131	UKS TRS SUSZ/AGROLOK SPORT TEAM	M30-34		00:14:44	00:44:37	00:59:41	4	00:02:20	00:16:29	01:11:19	01:44:50	02:25:06	03:18:56	03:53:52	04:35:00	05:00:14	6	00:01:29	00:30:38	01:01:09	01:33:09
3	LEWANDOWSKI Maciej	115	#DASHRADE TEAM	M30-34	#DASHRADE Team	00:15:54	00:49:17	01:06:08	23	00:02:53	00:16:25	01:11:38	01:46:12	02:27:44	03:24:39	04:00:58	04:43:11	05:08:43	12	00:02:17	00:34:58	01:10:04	01:45:17
4	PLICHTA Andrzej	162	PIASECKI CONCEPT	M30-34		00:16:59	00:54:32	01:14:27	57	00:03:39	00:16:47	01:11:32	01:45:49	02:26:38	03:22:32	03:58:09	04:39:12	05:05:24	9	00:01:57	00:33:57	01:08:47	01:45:57
5	MICHALSKI Andrzej	135	BIKE BROTHERS TARNÓW	M30-34		00:16:34	00:49:23	01:06:38	25	00:03:34	00:18:06	01:17:29	01:53:27	02:38:53	03:37:47	04:15:11	04:59:37	05:27:23	32	00:03:12	00:32:45	01:04:45	01:37:19
6	LIPUTA Grzegorz	117	#DASHRADE TEAM	M30-34	#DASHRADE Team	00:18:35	00:57:46	01:17:44	77	00:05:08	00:18:04	01:16:45	01:52:56	02:37:21	03:37:31	04:16:26	05:03:46	05:31:44	36	00:03:00	00:31:58	01:05:33	01:40:00
7	KOCENDA Wojciech	85	PRO-TRI.PL	M30-34		00:18:20	00:57:36	01:18:11	80	00:05:05	00:18:01	01:18:15	01:57:24	02:40:36	03:41:05	04:19:44	05:05:04	05:33:11	42	00:03:56	00:31:58	01:07:17	01:43:59
8	JĄSKIEWICZ Marcin	64	MOGILNO TEAM	M30-34		00:15:47	00:49:51	01:07:30	29	00:03:46	00:17:57	01:16:29	01:51:50	02:34:24	03:31:59	04:08:43	04:53:13	05:21:36	22	00:01:58	00:38:33	01:18:45	02:11:32
9	CZARNECKI Paweł	33	WARSAW MASTERS TEAM	M30-34		00:14:07	00:44:33	00:59:58	6	00:04:03	00:19:58	01:22:36	02:01:02	02:49:04	03:54:06	04:36:19	05:26:21	05:56:16	101	00:04:49	00:38:11	01:17:47	01:56:31
10	KAMIŃSKI Marek	75		M30-34		00:19:18	01:00:51	01:23:57	122	00:04:28	00:18:16	01:16:30	01:52:40	02:38:22	03:40:33	04:21:08	05:09:46	05:39:19	52	00:02:31	00:34:44	01:13:02	01:52:29
11	STUDNIAK Mateusz	195	GDYŃSKI TRIATHLON	M30-34		00:15:35	00:48:55	01:06:04	20	00:03:42	00:17:34	01:15:26	01:52:55	02:41:48	03:50:59	04:33:01	05:22:59	05:53:47	97	00:03:09	00:39:42	01:17:46	01:56:04
12	GÓRECKI Tomasz	57	PTT DELTA	M30-34		00:15:08	00:47:10	01:03:38	13	00:04:12	00:17:02	01:15:45	01:51:57	02:36:15	03:36:42	04:14:33	05:03:22	05:32:54	41	00:02:10	00:42:39	01:30:02	02:20:54
13	KUŹMA Adam	107	FAR KUBA TEAM	M30-34		00:18:26	00:59:01	01:20:43	99	00:05:08	00:18:16	01:16:25	01:51:50	02:34:39	03:31:41	04:07:57	04:51:42	05:19:21	19	00:03:42	00:33:58	01:40:24	02:18:04
14	SZCZEPAŃSKI Adam	198	KB PIONIER SZCZECIN	M30-34		00:18:37	00:57:03	01:17:25	72	00:11:50	00:18:54	01:21:56	02:03:01	02:49:21	03:52:57	04:33:44	05:21:34	05:51:00	84	00:09:02	00:31:52	01:05:32	01:41:09
15	RUSIN Jakub	180		M30-34		00:18:07	00:56:36	01:15:46	63	00:04:21	00:19:40	01:23:16	02:01:58	02:51:10	03:57:26	04:37:49	05:27:48	05:57:22	108	00:03:13	00:40:34	01:21:24	02:04:59
16	WOLUSZEWSKI Remigiusz	221	ALIOR RUNNING TEAM	M30-34		00:22:45	01:13:11	01:39:32	199	00:05:20	00:18:30	01:21:03	02:04:13	02:54:01	04:03:07	04:45:44	05:36:33	06:07:19	136	00:04:39	00:34:07	01:13:53	01:55:54
17	VASILI Anton	212		M30-34		00:19:57	01:03:52	01:27:32	149	00:07:08	00:19:39	01:22:07	02:01:53	02:51:06	03:57:09	04:39:43	05:36:14	06:06:22	133	00:03:29	00:41:43	01:24:57	02:08:21
18	SOKOŁOWSKI Tomasz	189	KLINIKA TRIATHLONU	M30-34		00:18:25	00:59:07	01:20:41	98	00:03:49	00:19:52	01:25:36	02:06:14	02:55:01	04:00:50	04:42:20	05:31:53	06:03:03	128	00:02:09	00:41:43	01:30:52	02:23:18
19	KALICH Tomasz	71	CYKLIŚCI RYPIN	M30-34		00:20:46	01:05:22	01:30:15	160	00:08:57	00:19:27	01:21:30	01:59:34	02:45:59	03:50:42	04:32:11	05:22:04	05:51:01	85	00:05:15	00:43:49	01:32:29	02:26:12
20	WÓJCIK Łukasz	223	CELIRONMAN/OLEJNIK RUNNING TEAM	M30-34		00:19:17	00:59:49	01:19:30	89	00:05:42	00:20:03	01:25:17	02:05:56	02:57:37	04:11:13	04:57:13	05:51:20	06:24:03	158	00:05:05	00:52:01	01:42:07	02:33:54
21	DOMAGAŁA Dariusz	39	WWW.GYMLAB.PL	M30-34		00:19:55	01:02:08	01:22:51	113	00:06:26	00:21:48	01:32:54	02:17:51	03:09:49	04:22:50	05:11:14	06:06:33	06:37:11	176	00:03:08	00:44:12	01:34:08	02:26:55
22	GLADYSZ Grzegorz	52		M30-34		00:21:19	01:06:32	01:32:23	176	00:05:18	00:20:41	01:26:51	02:06:32	02:57:26	04:05:58	04:49:32	05:43:25	06:15:47	148	00:04:22	00:53:34	01:46:22	02:43:13
23	LUTOWSKI Wojciech	122	TKKF KOLEJARZ BYDGOSZCZ	M30-34		00:23:15	01:10:48	01:36:15	187	00:05:21	00:21:28	01:32:09	02:14:39	03:07:37	04:22:13	05:14:06	06:12:04	06:48:13	186	00:09:22	00:33:21	01:18:19	02:04:03
24	KUZIEMSKI Tomasz	106	KS MARATON OSTRÓW WLKP	M30-34		00:20:42	01:05:28	01:28:37	154	00:07:59	00:21:10	01:29:48	02:13:39	03:09:12	04:31:31	05:19:12	06:17:37	06:51:29	187	00:05:18	00:51:29	01:52:02	02:51:37
	JAWORSKI Artur	65		M30-34		00:20:18	01:02:28	01:24:26	128	00:10:08	00:19:32												

Total 25 results.