



OCEAN LAVA TRIATHLON POLSKA - DYSTANS PEŁNY 140.6

B4SPORT

Event: Ocean Lava Triathlon Polska 2019
Organiser: Towarzystwo Sportowe TRI-SPORT
Date: 2019-08-17
Place: Bydgoszcz
Distance: 226 km

B4SPORT
 INTELIGENTNE ZAWODY SPORTOWE

Classification: M40-44

Split point: 53,0 km

Place	Participant	Number	Club	Category Drużyna	Swimming			Poz	R_Kotomierz 9.75km	R_Pauliny 42.75km	Race	CBS	
					P_Borowno 0.95km	P_Borowno 2.85km	R_Borowno 3.8km						
1	KOWALCZYK Marek	94		M40-44	00:15:06	00:46:57	01:03:22	12	00:02:42	00:15:58	01:08:41		
2	KITA Tomek	167	SPECSHOP TEAM	M40-44	00:15:49	00:48:07	01:04:58	16	00:02:21	00:19:03	01:20:00		
3	ROSIŃSKI Jarosław	177		M40-44	00:16:58	00:53:25	01:12:16	44	00:04:27	00:16:42	01:11:42		
4	KOWALSKI Krzysztof	95	TRENUJ Z NAJLEPSZYMI	M40-44	00:15:45	00:48:40	01:06:05	22	00:04:20	00:18:30	01:17:35		
5	MAZUREK Michał	132	EUROSOFT	M40-44	00:17:22	00:54:21	01:13:32	53	00:02:34	00:16:45	01:12:36		
6	KRZEMIŃSKI Marcin	101	SPRINT GORZYCE	M40-44	00:16:21	00:49:30	01:07:10	28	00:06:02	00:17:38	01:15:22		
7	SERGEJEVS Jevgenijs	186	IRONMAN.LV	M40-44	00:17:12	00:53:31	01:12:11	43	00:05:16	00:17:56	01:14:55		
8	SZTENDEREWICZ Rafał	202	SPORTEVO	M40-44	00:18:22	00:57:08	01:16:19	66	00:03:09	00:17:21	01:13:24		
9	ERMANIS Gints	44	IRONMAN.LV	M40-44	00:19:08	01:00:00	01:21:23	108	00:02:14	00:16:25	01:10:48		
10	SMANTSEROV Mykola	188	DELIVERO.UA	M40-44	00:16:57	00:52:04	01:10:17	39	00:05:11	00:19:08	01:22:14		
11	MAZANKA Jakub	129		M40-44	00:18:16	00:56:40	01:16:04	64	00:04:56	00:20:00	01:19:11		
12	ŁUCYSZYN Robert	124		M40-44	00:16:46	00:53:06	01:12:38	48	00:08:49	00:19:35	01:20:46		
13	RYBAK Remigiusz	181		M40-44	00:19:24	00:59:26	01:20:11	93	00:05:31	00:18:03	01:17:19		
14	KOSMACZEWSKI Ireneusz	91	KODRUK.NET	M40-44	00:18:34	00:55:42	01:15:12	60	00:06:37	00:19:03	01:20:38		
15	LETKOWSKI Dariusz	114	GAPMONT RUNNING TEAM	M40-44	00:17:39	00:54:50	01:12:47	49	00:05:46	00:19:38	01:22:39		
16	WALUKIEWICZ Dariusz	213		M40-44	00:19:53	01:01:33	01:23:09	117	00:04:15	00:18:02	01:16:00		
17	KUCIŃSKI Artur	102		M40-44	00:16:52	00:53:19	01:12:16	45	00:08:11	00:19:18	01:22:08		
18	LEPCZYŃSKI Lesław	113		M40-44	00:19:14	00:59:24	01:20:03	92	00:06:57	00:18:33	01:17:36		
19	WILICKI Tomasz	208	DELL RUNNING TEAM	M40-44	00:18:44	00:59:21	01:20:34	95	00:07:14	00:18:38	01:17:33		
20	MOJSIEWICZ Sławomir	139		M40-44	00:19:16	01:01:11	01:23:05	115	00:04:31	00:18:46	01:18:01		
21	LUBOWICKI Łukasz	120	40-LATEK TYCHY	M40-44	00:18:27	00:57:04	01:16:41	69	00:07:23	00:19:01	01:21:46		
22	KALISZEWSKI Daniel	73		M40-44	00:20:24	01:02:31	01:24:40	130	00:04:24	00:18:15	01:19:20		
23	KITKOWSKI Piotr	81		M40-44	00:20:04	01:00:51	01:21:16	106	00:03:43	00:20:05	01:23:09		
24	PRZYBYLSKI Maciej	172		M40-44	00:22:26	01:07:56	01:30:48	164	00:05:46	00:17:07	01:13:40		
25	KUPISZ Dominik	105	HERNIK TEAM	M40-44	00:18:55	00:57:25	01:17:53	78	00:04:37	00:20:20	01:26:00		
26	KACZOR Piotr	70	TRIMANITA RATUSZ MASZEWO	M40-44	00:17:28	00:55:01	01:14:56	58	00:06:16	00:22:00	01:28:24		
27	PELANT Ryszard	158	WICHER ROSNÓWKO	M40-44	00:19:29	00:58:50	01:19:14	87	00:06:49	00:19:45	01:24:05		
28	JARECKI Paweł	61		M40-44	00:18:48	00:57:22	01:17:38	76	00:09:20	00:19:32	01:23:22		
29	MIŚ Waldemar	138	ALIOR RUNNING TEAM	M40-44	00:20:01	01:03:27	01:26:47	144	00:04:04	00:18:47	01:20:06		

					Swimming				Cycling			Race		
30	OLSZEWSKI Łukasz	153	ROZBEGANE DZIAŁDOWO	M40-44	00:19:26	01:01:30	01:23:24	118	00:04:44	00:18:50	01:23:02			
31	CUBER Piotr	32	CTS	M40-44	00:20:06	01:02:38	01:23:56	121	00:05:23	00:18:58	01:22:08			
32	PORĘBSKI Paweł	168	SPRINT GORZYCE	M40-44	00:20:15	01:02:58	01:24:46	132	00:06:09	00:19:08	01:20:44			
33	OLENDER Paweł	151	CAR4PARTS MRAĞOWO	M40-44	00:19:28	01:00:06	01:20:44	100	00:03:39	00:20:44	01:26:59			
34	PRYK Rafał	171	ROZBIEGANY GOLENIÓW	M40-44	00:20:06	01:02:22	01:24:31	129	00:05:32	00:19:33	01:23:31			
35	LIZIK Radosław	119	TRISPACE	M40-44	TriSpace	00:20:05	01:02:23	01:23:43	120	00:08:03	00:19:21	01:21:44		
36	LASSAK Bartosz	111	CHŁOPAKI TO MY	M40-44		00:19:12	01:00:43	01:21:52	111	00:05:23	00:20:28	01:25:44		
37	FEDYNA Igor	48	SHYPSHYNA RUN CLUB	M40-44		00:20:10	01:02:17	01:23:39	119	00:06:29	00:21:21	01:25:18		
38	MIKOŁAJCZYK Rafał	136	THC PROMIL	M40-44		00:18:41	01:00:58	01:22:59	114	00:08:30	00:19:59	01:24:42		
39	STASIEWSKI Mariusz	194	TRISPACE	M40-44	TriSpace	00:21:22	01:03:29	01:25:12	134	00:04:30	00:20:24	01:27:17		
40	RZEPKA Tomasz	185	HTF LUDWIK SIKORSKI	M40-44		00:20:01	01:02:21	01:24:17	127	00:09:17	00:20:14	01:24:54		
41	ŁĄCZKA Tomasz	123		M40-44		00:20:36	01:06:19	01:32:11	173	00:11:54	00:18:07	01:16:00		
42	WILK Łukasz	217		M40-44		00:18:53	00:58:42	01:19:22	88	00:09:49	00:21:35	01:29:32		
43	SEVASTSYANAU Siarhei	187	SEVASTSYANAU TEAM	M40-44		00:24:11	01:14:59	01:43:18	205	00:04:26	00:18:37	01:17:22		
44	WOŁOWSKI Lech	222		M40-44		00:21:44	01:08:04	01:32:17	174	00:07:56	00:22:07	01:28:02		
45	PAWLAK Piotr	156	PKO BANK POLSKI	M40-44		00:21:43	01:09:54	01:36:55	191	00:08:26	00:21:09	01:29:53		
46	ANDRUSZKIEWICZ Arkadiusz	3		M40-44		00:25:23	01:17:44	01:44:41	208	00:11:43	00:18:57	01:21:25		
	WIECHNA Krzysztof	215		M40-44										

Total 47 results.