

Wydarzenie:
Organizator:
Data:
Miejsce:
Dystans:

Ocean Lava Triathlon Polska 2019
Towarzystwo Sportowe TRI-SPORT
2019-08-17
Bydgoszcz
226 km

Klasyfikacja: Mężczyźni

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna	Pływanie				Rower													
							P_Borowno 0.95km	P_Borowno 2.85km	R_Borowno 3.8km	Poz	R_Kotomierz 9.75km	R_Pauliny 42.75km	R_Lidl 63.25km	R_Kotomierz 87.75km	R_Pauliny 120.75km	R_Lidl 141km	R_Kotomierz 165.75km	B_Announcer 180km	Poz	B_Announcer 7.17km	B_Announcer 14.27km	B_Annou 21.72km		
1	KOWALCZYK Marek	94		M40-44	1		00:15:06	00:46:57	01:03:22	12	00:02:42	00:15:58	01:08:41	01:41:33	02:21:23	03:14:52	03:49:25	04:30:03	04:55:27	2	00:01:21	00:30:21	01:01:12	01:32:40
2	MAZUR Paweł	131	UKS TRS SUSZ/AGROLOK SPORT TEAM	M30-34	1		00:14:44	00:44:37	00:59:41	4	00:02:20	00:16:29	01:11:19	01:44:50	02:25:06	03:18:56	03:53:52	04:35:00	05:00:14	6	00:01:29	00:30:38	01:01:09	01:33:09
3	SOWA Michał	191	DECATHLON TRIATHLON TEAM	M30-34	2		00:14:58	00:46:55	01:03:18	10	00:02:55	00:15:45	01:06:50	01:38:12	02:16:10	03:08:43	03:42:45	04:22:14	04:46:49	1	00:02:37	00:31:37	01:04:28	01:38:19
4	BOROWIAK Rafał	18	JOKŚ TEAM	M35-39	1		00:15:47	00:48:52	01:05:30	18	00:02:57	00:16:39	01:11:50	01:46:11	02:26:58	03:22:45	03:57:20	04:38:59	05:04:27	7	00:02:01	00:30:46	01:02:43	01:35:49
5	SZYSZKA Łukasz	233	TVN MEDIA	M25-29	1		00:14:42	00:45:20	01:00:48	7	00:02:17	00:17:13	01:13:25	01:47:43	02:28:49	03:23:47	03:58:50	04:39:47	05:05:08	8	00:02:09	00:31:43	01:05:22	01:39:51
6	PLUTA Gniewomir	164	UKS TRS SUSZ	M35-39	2		00:14:48	00:44:38	00:59:42	5	00:02:25	00:17:03	01:11:46	01:45:33	02:25:41	03:19:21	03:54:15	04:34:39	05:00:07	5	00:01:49	00:32:52	01:05:39	01:39:30
7	GOZDAŁSKI Jarosław	56	WITKOWO BIEGA	M45-49	1		00:16:33	00:50:31	01:08:21	34	00:02:54	00:18:26	01:17:08	01:51:22	02:33:43	03:31:12	04:06:30	04:46:43	05:11:44	15	00:01:39	00:33:11	01:07:03	01:41:12
8	MAZUREK Michał	132	EUROSOFT	M40-44	2		00:17:22	00:54:21	01:13:32	53	00:02:34	00:16:45	01:12:36	01:46:32	02:27:54	03:24:07	03:59:59	04:41:50	05:08:20	11	00:01:30	00:33:10	01:06:56	01:41:06
9	LEWANDOWSKI Maciej	115	#DASHRADE TEAM	M30-34	3	#DASHRADE Team	00:15:54	00:49:17	01:06:08	23	00:02:53	00:16:25	01:11:38	01:46:12	02:27:44	03:24:39	04:00:58	04:43:11	05:08:43	12	00:02:17	00:34:58	01:10:04	01:45:17
10	MROCKOWSKI Karol	144	#DASHRADE TEAM	M25-29	2	#DASHRADE Team	00:14:11	00:43:54	00:59:08	1	00:03:15	00:17:53	01:15:34	01:51:48	02:34:56	03:33:36	04:10:54	04:54:53	05:21:53	24	00:03:58	00:33:17	01:06:47	01:41:25
11	PLICHTA Andrzej	162	PIASECKI CONCEPT	M30-34	4		00:16:59	00:54:32	01:14:27	57	00:03:39	00:16:47	01:11:32	01:45:49	02:26:38	03:22:32	03:58:09	04:39:12	05:05:24	9	00:01:57	00:33:57	01:08:47	01:45:57
12	MICHALSKI Andrzej	135	BIKE BROTHERS TARNÓW	M30-34	5		00:16:34	00:49:23	01:06:38	25	00:03:34	00:18:06	01:17:29	01:53:27	02:38:53	03:37:47	04:15:11	04:59:37	05:27:23	32	00:03:12	00:32:45	01:04:45	01:37:19
13	GNIoT Jacek	53	WOJSKOWE ZAKŁADY UZBROJENIA S.A.	M45-49	2		00:18:53	00:57:43	01:18:20	81	00:02:27	00:17:00	01:11:58	01:45:57	02:27:50	03:23:37	03:57:16	04:40:13	05:05:34	10	00:02:50	00:33:02	01:07:44	01:44:10
14	PLUCINSK Michał	163	TMT	M35-39	3		00:15:04	00:47:01	01:03:16	9	00:04:10	00:17:49	01:17:11	01:54:25	02:38:44	03:39:13	04:17:19	05:01:05	05:28:33	33	00:02:45	00:32:20	01:07:07	01:43:19
15	ROSIŃSKI Jarosław	177		M40-44	3		00:16:58	00:53:25	01:12:16	44	00:04:27	00:16:42	01:11:42	01:45:46	02:28:14	03:25:29	04:01:19	04:44:52	05:11:03	14	00:01:51	00:34:04	01:09:10	01:45:44
16	CHMEL Sergiy	22	BORYS RUNNING CLUB	M35-39	4		00:20:14	01:02:15	01:24:16	126	00:05:51	00:17:06	01:12:50	01:48:07	02:30:18	03:29:02	04:07:22	04:52:44	05:20:04	21	00:03:43	00:30:47	01:03:09	01:36:47
17	ERMANIS Gints	44	IRONMAN.LV	M40-44	4		00:19:08	01:00:00	01:21:23	108	00:02:14	00:16:25	01:10:48	01:44:11	02:25:43	03:20:45	03:54:27	04:34:21	05:00:07	4	00:02:09	00:34:29	01:09:46	01:46:28
18	SERGEJEVS Jevgenijs	186	IRONMAN.LV	M40-44	5		00:17:12	00:53:31	01:12:11	43	00:05:16	00:17:56	01:14:55	01:49:54	02:32:01	03:30:30	04:07:03	04:50:45	05:18:09	18	00:02:55	00:33:04	01:08:48	01:48:27
19	KUŹMA Adam	107	FAR KUBA TEAM	M30-34	6		00:18:26	00:59:01	01:20:43	99	00:05:08	00:18:16	01:16:25	01:51:50	02:34:39	03:31:41	04:07:57	04:51:42	05:19:21	19	00:03:42	00:33:58	01:40:24	02:18:04
20	KRZEMIŃSKI Marcin	101	SPRINT GORZYCE	M40-44	6		00:16:21	00:49:30	01:07:10	28	00:06:02	00:17:38	01:15:22	01:49:21	02:32:20	03:31:17	04:07:26	04:55:56	05:23:35	27	00:03:43	00:35:48	01:13:59	01:52:41
21	KOCENDA Wojciech	85	PRO-TRI.PL	M30-34	7		00:18:20	00:57:36	01:18:11	80	00:05:05	00:18:01	01:18:15	01:57:24	02:40:36	03:41:05	04:19:44	05:05:04	05:33:11	42	00:03:56	00:31:58	01:07:17	01:43:59
22	LIPUTA Grzegorz	117	#DASHRADE TEAM	M30-34	8	#DASHRADE Team	00:18:35	00:57:46	01:17:44	77	00:05:08	00:18:04	01:16:45	01:52:56	02:37:21	03:37:31	04:16:26	05:03:46	05:31:44	36	00:03:00	00:31:58	01:05:33	01:40:00
23	SZTENDEREWICZ Rafał	202	SPORTEVO	M40-44	7		00:18:22	00:57:08	01:16:19	66	00:03:09	00:17:21	01:13:24	01:47:43	02:30:05	03:31:34	04:09:59	04:56:17	05:23:18	26	00:03:25	00:35:20	01:12:15	01:50:16
24	SZYMKOWIAK Norbert	204	R-TEAM RYDZYNA	M25-29	3		00:17:25	00:54:33	01:13:55	55	00:04:30	00:16:27	01:11:22	01:45:27	02:27:33	03:23:49	04:00:08	04:43:34	05:09:24	13	00:02:34	00:35:08	01:17:54	02:00:53
25	NOSOWSKI Jacek	148		M45-49	3		00:16:00	00:49:47	01:07:07	27	00:06:03	00:18:23	01:19:37	01:57:44	02:43:19	03:44:03	04:22:43	05:08:34	05:37:21	47	00:04:59	00:34:00	01:08:52	01:44:09
26	LEPCZYŃSKI Lesław	113		M40-44	8		00:19:14	00:59:24	01:20:03	92	00:06:57	00:18:33	01:17:36	01:54:08	02:38:50	03:40:55	04:19:46	05:04:55	05:33:24	44	00:03:33	00:32:59	01:09:04	01:47:41
27	SZCZYRBOWSKI Michał	199	YOOBEE. PL	M35-39	5		00:16:58	00:52:46	01:11:20	42	00:03:46	00:18:30	01:18:47	01:56:38	02:42:48	03:44:19	04:23:06	05:08:52	05:36:19	46	00:02:03	00:35:36	01:14:19	01:54:41
28	CZARNECKI Paweł	33	WARSAW MASTERS TEAM	M30-34	9		00:14:07	00:44:33	00:59:58	6	00:04:03	00:19:58	01:22:36	02:01:02	02:49:04	03:54:06	04:36:19	05:26:21	05:56:16	101	00:04:49	00:38:11	01:17:47	01:56:31
29	MAZANKA Jakub	129		M40-44	9		00:18:16	00:56:40	01:16:04	64	00:04:56	00:20:00	01:19:11	01:56:32	02:40:43	03:43:41	04:22:38	05:11:11	05:42:50	66	00:04:55	00:35:31	01:13:12	01:50:35

Personal Information					Swimming (Pływanie)					Cycling (Kolarstwo)					Rowing (Wioślarstwo)					Total Performance								
ID	Name	Age	Gender	Team	Start	1st Lap	2nd Lap	3rd Lap	4th Lap	Start	1st Lap	2nd Lap	3rd Lap	4th Lap	Start	1st Lap	2nd Lap	3rd Lap	4th Lap	Start	1st Lap	2nd Lap	3rd Lap	4th Lap	5th Lap	6th Lap	7th Lap	8th Lap
30	KALIN Władysław	72	M	TAEKWON-DO GROMOWSKI	M35-39	6				00:16:50	00:55:11	01:15:10	59	00:06:47	00:18:52	01:18:18	01:56:01	02:41:41	03:45:03	04:25:48	05:12:55	05:41:41	64	00:04:46	00:36:12	01:14:52	01:52:02	
31	STUDNIAK Mateusz	195	M	GDYŃSKI TRIATHLON	M30-34	10				00:15:35	00:48:55	01:06:04	20	00:03:42	00:17:34	01:15:26	01:52:55	02:41:48	03:50:59	04:33:01	05:22:59	05:53:47	97	00:03:09	00:39:42	01:17:46	01:56:04	
32	SUPERSON Wojtek	197	M		M45-49	4				00:16:12	00:50:00	01:07:44	32	00:03:29	00:19:10	01:17:28	01:54:45	02:40:47	03:45:15	04:24:55	05:11:49	05:40:21	58	00:02:39	00:37:58	01:16:24	01:55:53	
33	WALUKIEWICZ Dariusz	213	M		M40-44	10				00:19:53	01:01:33	01:23:09	117	00:04:15	00:18:02	01:16:00	01:52:51	02:37:35	03:39:06	04:17:48	05:04:39	05:33:18	43	00:02:45	00:36:44	01:15:16	01:54:26	
34	KLUŻNIAK Wojciech	83	M		M35-39	7				00:15:46	00:48:54	01:06:05	21	00:04:22	00:18:51	01:22:13	01:59:57	02:46:31	03:48:38	04:28:07	05:15:28	05:44:21	70	00:02:08	00:38:28	01:16:59	01:56:59	
35	KAMIŃSKI Marek	75	M		M30-34	11				00:19:18	01:00:51	01:23:57	122	00:04:28	00:18:16	01:16:30	01:52:40	02:38:22	03:40:33	04:21:08	05:09:46	05:39:19	52	00:02:31	00:34:44	01:13:02	01:52:29	
36	KITA Tomek	167	M	SPECSHOP TEAM	M40-44	11				00:15:49	00:48:07	01:04:58	16	00:02:21	00:19:03	01:20:00	01:55:11	02:39:15	03:43:55	04:22:48	05:09:26	05:38:34	50	00:02:29	00:41:08	01:21:59	02:03:49	
37	JABŁOŃSKI Marcin	227	M	KRYSPORT TEAM	M45-49	5				00:20:26	01:03:40	01:24:43	131	00:07:30	00:18:13	01:18:14	01:55:58	02:41:00	03:41:29	04:19:37	05:04:10	05:31:46	37	00:04:37	00:36:42	01:13:29	01:52:37	
38	KAMIŃSKI Tomasz	74	M	AMS TRIATHLON	M35-39	8	AMS			00:20:18	01:06:10	01:32:39	177	00:07:08	00:17:16	01:13:26	01:48:29	02:29:57	03:27:18	04:03:24	04:46:06	05:13:05	16	00:05:53	00:38:42	01:18:47	01:59:20	
39	POCENTEK Krzysztof Robert	166	M	POCENTTEAM	M45-49	6				00:17:20	00:54:24	01:13:30	52	00:04:31	00:18:45	01:17:34	01:54:38	02:39:25	03:42:20	04:22:31	05:09:26	05:38:32	49	00:02:25	00:36:10	01:18:03	02:00:03	
40	SZCZEPAŃSKI Adam	198	M	KB PIONIER SZCZECIN	M30-34	12				00:18:37	00:57:03	01:17:25	72	00:11:50	00:18:54	01:21:56	02:03:01	02:49:21	03:52:57	04:33:44	05:21:34	05:51:00	84	00:09:02	00:31:52	01:05:32	01:41:09	
41	KARALIUK Andrei	77	M		M35-39	9				00:18:05	00:57:19	01:17:29	73	00:04:29	00:19:22	01:22:46	02:02:08	02:49:20	03:53:18	04:35:03	05:22:44	05:52:27	92	00:02:09	00:37:21	01:14:03	01:51:14	
42	CUBER Piotr	32	M	CTS	M40-44	12				00:20:06	01:02:38	01:23:56	121	00:05:23	00:18:58	01:22:08	02:01:30	02:48:31	03:51:28	04:30:56	05:17:22	05:45:46	74	00:03:47	00:35:19	01:12:38	01:54:45	
43	KALISZEWSKI Daniel	73	M		M40-44	13				00:20:24	01:02:31	01:24:40	130	00:04:24	00:18:15	01:19:20	01:58:50	02:44:28	03:48:24	04:28:02	05:14:48	05:42:54	67	00:05:22	00:37:13	01:17:28	01:54:30	
44	JANKOWSKI Tomasz	60	M	TRISPACE	M45-49	7	TriSpace			00:17:32	00:55:53	01:16:13	65	00:06:04	00:18:46	01:21:45	02:01:40	02:47:34	03:49:37	04:28:26	05:13:28	05:41:10	60	00:04:08	00:35:42	01:15:46	01:51:48	
45	SMANTSEROV Mykola	188	M	DELIVERO.UA	M40-44	14				00:16:57	00:52:04	01:10:17	39	00:05:11	00:19:08	01:22:14	02:01:20	02:47:51	03:53:27	04:35:00	05:25:15	05:53:27	94	00:04:19	00:35:53	01:13:07	01:50:14	
46	PRZYBYLSKI Maciej	172	M		M40-44	15				00:22:26	01:07:56	01:30:48	164	00:05:46	00:17:07	01:13:40	01:49:24	02:32:53	03:32:10	04:10:21	04:55:45	05:23:11	25	00:05:12	00:36:20	01:22:24	02:03:58	
47	MIS Waldemar	138	M	ALIOR RUNNING TEAM	M40-44	16				00:20:01	01:03:27	01:26:47	144	00:04:04	00:18:47	01:20:06	01:58:34	02:44:46	03:47:55	04:27:42	05:14:11	05:42:31	65	00:02:55	00:37:14	01:14:14	01:54:15	
48	JAROŃ Tomasz	62	M	AKADEMIA TRIATHLONU JAROSŁAW	M45-49	8				00:14:45	00:45:32	01:01:20	8	00:04:31	00:17:54	01:17:32	01:53:19	02:37:50	03:39:27	04:20:14	05:10:35	05:41:19	63	00:04:49	00:38:35	01:17:43	01:58:18	
49	ĆWIK Dariusz	35	M	HUSSE TEAM	M45-49	9				00:18:44	00:57:27	01:17:33	74	00:05:17	00:19:37	01:22:46	02:02:26	02:49:54	03:53:55	04:34:36	05:23:02	05:52:13	88	00:03:27	00:36:38	01:16:11	01:55:48	
50	JĘDRZEJCZYK Piotr	68	M		M45-49	10				00:19:28	00:59:46	01:21:18	107	00:05:41	00:18:10	01:17:15	01:54:11	02:38:54	03:59:27	04:40:15	05:28:47	05:58:20	116	00:03:21	00:37:11	01:15:21	01:53:17	
51	MARTYNOWSKI Łukasz	127	M		M35-39	10				00:17:06	00:56:07	01:16:31	68	00:03:59	00:17:15	01:15:12	01:53:45	02:44:37	03:54:52	04:35:54	05:23:33	05:52:21	90	00:02:50	00:35:38	01:13:20	01:52:54	
52	SOSNOWSKI Jaroslaw	190	M	PTT DELTA	M35-39	11				00:14:02	00:44:03	00:59:28	2	00:02:36	00:16:27	01:12:10	01:47:57	02:33:01	03:36:31	04:15:44	05:03:26	05:32:39	40	00:02:32	00:42:12	01:31:45	02:19:07	
53	RYBAK Remigiusz	181	M		M40-44	17				00:19:24	00:59:26	01:20:11	93	00:05:31	00:18:03	01:17:19	01:52:50	02:36:53	03:35:07	04:13:24	04:58:02	05:25:48	30	00:02:52	00:41:22	01:21:04	02:04:10	
54	LUBOWICKI Łukasz	120	M	40-LATEK TYCHY	M40-44	18				00:18:27	00:57:04	01:16:41	69	00:07:23	00:19:01	01:21:46	02:00:32	02:47:06	03:50:17	04:30:47	05:18:05	05:47:13	77	00:05:39	00:36:10	01:14:02	01:53:55	
55	SEVASTSYANAU Sjarhei	187	M	SEVASTSYANAU TEAM	M40-44	19				00:24:11	01:14:59	01:43:18	205	00:04:26	00:18:37	01:17:22	01:53:09	02:36:47	03:38:01	04:17:38	05:04:51	05:32:04	38	00:04:17	00:36:55	01:14:55	01:55:14	
56	MAKOWSKI Sławomir	126	M	RUN BYDGOSZCZ	M50-54	1				00:22:34	01:11:03	01:35:56	186	00:04:59	00:19:23	01:20:37	01:59:21	03:59:42	05:01:50	05:42:48					00:37:14	01:15:14	01:54:24	
57	WILICKI Tomasz	208	M	DELL RUNNING TEAM	M40-44	20				00:18:44	00:59:21	01:20:34	95	00:07:14	00:18:38	01:17:33	01:55:48	02:41:30	03:43:28	04:21:43	05:09:19	05:39:28	54	00:05:27	00:39:45	01:22:13	02:07:05	
58	LASSOTA Artur	112	M	1969	M50-54	2				00:19:04	00:59:52	01:20:36	97	00:04:22	00:17:45	01:14:15	01:49:54	02:34:28	03:35:09	04:14:33	05:01:23	05:30:12	35	00:03:34	00:37:31	01:23:38	02:11:14	
59	BIELIŃSKI Piotr	16	M	KUŹNIA TRIATHLONU	M25-29	4				00:16:08	00:50:36	01:09:18	35	00:04:49	00:18:06	01:18:02	01:54:38	02:40:51	03:42:15	04:21:58	05:09:24	05:39:22	53	00:02:11	00:33:14	01:15:06	01:59:13	
60	FARAN Grzegorz	46	M	GTSULMIN	M45-49	11				00:16:39	00:52:03	01:10:19	40	00:04:15	00:20:06	01:23:23	02:03:03	02:50:48	03:54:59	04:36:03	05:23:24	05:52:23	91	00:02:51	00:38:34	01:21:22	02:04:49	
61	BARTECKI Aleksander	10	M	HRMAX ŻORY	M45-49	12				00:22:25	01:11:00	01:36:20	189	00:03:02	00:19:22	01:21:25	02:01:09	02:45:06	03:49:11	04:30:38	05:16:36	05:43:51	69	00:02:36	01:13:00	01:53:57	02:37:36	
62	PRYK Rafał	171	M	ROZBIEGANY GOLENIÓW	M40-44	21				00:20:06	01:02:22	01:24:31	129	00:05:32	00:19:33	01:23:31	02:01:59	02:47:44	03:51:32	04:32:10	05:20:48	05:49:15	80	00:03:13	00:39:06	01:19:04	02:00:49	
63	RUSIN Jakub	180	M		M30-34	13				00:18:07	00:56:36	01:15:46	63	00:04:21	00:19:40	01:23:16	02:01:58	02:51:10	03:57:26	04:37:49	05:27:48	05:57:22	108	00:03:13	00:40:34	01:21:24	02:04:59	
64	KUNECKI Marcin	104	M	HILLINGDON TRIATHLETES	M35-39	12				00:18:08	00:58:05	01:19:31	90	00:02:51	00:16:45	01:13:33	01:50:28	02:34:21	03:35:07	04:12:37	04:57:00	05:24:21	28	00:02:38	00:39:43	01:20:45	02:06:14	
65	CIBOROWSKI Damian	28	M	SPEED JASŁO	M45-49	13	CIBOR IRON TEAM			00:15:57	00:49:00	01:06:14	24	00:03:16	00:17:18	01:14:17	01:49:37	02:32:37	03:31:28	04:09:44	04:54:47	05:21:52	23	00:03:03	00:46:20	01:34:37	02:27:13	
66	MOZLER Jerzy	143	M		M45-49	14				00:16:01	00:50:34	01:08:11	33	00:10:50	00:19:49	01:20:50	01:59:38	02:47:58	03:54:38	04:36:57	05:26:51	05:57:30	110	00:06:06	00:36:04	01:14:12	01:56:12	
67	GÓRECKI Tomasz	57	M	PTT DELTA	M30-34	14				00:15:08	00:47:10	01:03:38	13	00:04:12	00:17:02	01:15:45	01:51:57	02:36:15	03:36:42	04:14:33	05:03:22	05:32:54	41	00:02:10	00:42:39	01:30:02	02:20:54	
68	LIZIK Radosław	119	M	TRISPACE	M40-44	22	TriSpace			00:20:05	01:02:23	01:23:43	120	00:08:03	00:19:21	01:21:44	02:00:22	02:47:12	03:50:45	04:30:37	05:17:11	05:45:31	73	00:05:26	00:39:38	01:20:49	02:02:48	

					Pływanie					Rower													
69	LETKOWSKI Dariusz	114	GAPMONT RUNNING TEAM	M40-44	23	00:17:39	00:54:50	01:12:47	49	00:05:46	00:19:38	01:22:39	02:03:04	02:51:25	03:55:32	04:36:36	05:26:13	05:55:26	100	00:03:40	00:38:15	01:20:03	02:04:52
70	GOSTOMSKI Mariusz	55	TRI STAROGARD GDAŃSKI	M50-54	3	00:18:50	00:59:12	01:20:14	94	00:05:06	00:19:05	01:21:53	02:01:32	02:48:31	03:53:47	04:35:52	05:23:45	05:52:19	89	00:06:22	00:40:10	01:24:07	02:07:15
71	JĄSKIEWICZ Marcin	64	MOGILNO TEAM	M30-34	15	00:15:47	00:49:51	01:07:30	29	00:03:46	00:17:57	01:16:29	01:51:50	02:34:24	03:31:59	04:08:43	04:53:13	05:21:36	22	00:01:58	00:38:33	01:18:45	02:11:32
72	CHYLARECKI Robert	25	GVT	M50-54	4	00:18:12	00:57:00	01:17:13	71	00:06:23	00:18:36	01:18:07	01:54:51	02:40:14	03:42:45	04:22:15	05:09:31	05:38:48	51	00:07:52	00:40:33	01:26:36	02:13:27
73	KOSMACZEWSKI Ireneusz	91	KODRUK.NET	M40-44	24	00:18:34	00:55:42	01:15:12	60	00:06:37	00:19:03	01:20:38	01:58:08	02:44:54	03:48:27	04:28:58	05:19:39	05:49:12	79	00:04:35	00:42:48	01:26:34	02:11:49
74	NIEMCZYK Kazimierz	147		M55-59	1	00:20:51	01:05:11	01:28:45	156	00:09:18	00:19:14	01:20:26	01:58:12	02:43:45	03:46:21	04:25:44	05:12:57	05:41:17	62	00:04:28	00:37:34	01:17:18	02:00:39
75	EDWARD Kalicki	43		M50-54	5	00:18:40	00:57:17	01:17:35	75	00:09:08	00:18:59	01:17:11	01:53:06	02:39:02	03:39:30	04:16:46	05:01:59	05:29:11	34	00:06:13	00:40:59	01:27:04	02:16:50
76	RZEPKA Tomasz	185	HTF LUDWIK SIKORSKI	M40-44	25	00:20:01	01:02:21	01:24:17	127	00:09:17	00:20:14	01:24:54	02:03:49	02:50:30	03:55:22	04:36:59	05:26:54	05:56:32	102	00:03:09	00:37:45	01:18:05	01:59:03
77	CIMACHOWSKI Jakub	31	CIMATECH	M35-39	13	00:16:53	00:51:45	01:09:45	36	00:08:33	00:20:35	01:25:37	02:07:07	02:58:55	04:08:31	04:53:01	05:44:03	06:14:27	146	00:04:24	00:38:17	01:17:59	02:00:47
78	MØLLER Gert	141		M55-59	2	00:16:18	00:49:41	01:07:02	26	00:03:58	00:18:26	01:19:52	01:58:27	02:45:52	03:50:57	04:31:45	05:20:30	05:50:33	82	00:04:01	00:40:58	01:22:51	02:07:57
79	KOLMAJER Rafał	86	ROWERTOUR	M35-39	14	00:22:36	01:11:02	01:35:51	185	00:07:23	00:19:51	01:22:57	02:03:10	02:50:53	03:59:43	04:41:39	05:32:48			00:34:46	01:10:10	01:48:45	
80	LISIECKI Jacek	118		M45-49	15	00:23:15	01:13:38	01:39:42	201	00:08:51	00:17:51	01:16:23	01:53:31	02:37:59	03:40:19	04:19:07	05:03:58	05:32:11	39	00:04:24	00:43:11	01:28:27	02:16:25
81	KOZAKOVSKY Dmitry	96	TRI.BY	M45-49	16	00:20:37	01:04:46	01:27:30	148	00:04:44	00:19:23	01:22:22	02:02:33	02:50:03	03:57:53	04:40:17	05:29:11	05:57:31	111	00:04:10	00:39:12	01:21:18	02:07:31
82	AUGUSTYNIAK Grzegorz	5	PTTDELTA	M45-49	17	00:18:02	00:55:02	01:13:50	54	00:05:47	00:19:28	01:23:28	02:03:04	02:51:21	03:58:05	04:41:19	05:33:20	06:02:36	126	00:05:34	00:40:09	01:19:19	02:02:53
83	OMELIANENKO Yaroslav Omelianenko	154		M25-29	5	00:18:33	01:00:44	01:23:09	116	00:05:39	00:17:55	01:16:19	01:53:10	02:38:25	03:41:24	04:21:57	05:12:13	05:40:49	59	00:02:20	00:43:37	01:38:30	02:24:55
84	PORĘBSKI Paweł	168	SPRINT GORZYCE	M40-44	26	00:20:15	01:02:58	01:24:46	132	00:06:09	00:19:08	01:20:44	01:59:16	02:46:17	03:55:14	04:36:25	05:25:36	05:53:33	95	00:03:48	00:40:53	01:22:34	02:08:19
85	VASILJ Anton	212		M30-34	16	00:19:57	01:03:52	01:27:32	149	00:07:08	00:19:39	01:22:07	02:01:53	02:51:06	03:57:09	04:39:43	05:36:14	06:06:22	133	00:03:29	00:41:43	01:24:57	02:08:21
86	ŁĄCZKA Tomasz	123		M40-44	27	00:20:36	01:06:19	01:32:11	173	00:11:54	00:18:07	01:16:00	01:52:02	02:36:15	03:36:22	04:15:25	05:00:08	05:26:30	31	00:04:57	00:39:42	01:23:51	02:12:59
87	PIASEK Piotr	159	TRIUNLIMITED	M50-54	6	00:20:24	01:03:21	01:26:41	143	00:06:40	00:19:09	01:21:33	02:00:15	02:47:02	03:51:00	04:32:11	05:21:08	05:50:34	83	00:05:11	00:36:15	01:20:35	02:05:31
88	MELLER Michał	133	TRI STAROGARD GDAŃSKI	M45-49	18	00:17:03	00:52:00	01:10:01	38	00:04:22	00:19:09	01:24:30	02:05:43	02:55:30	04:03:33	04:47:46	05:41:05	06:12:09	142	00:05:47	00:41:13	01:25:49	02:11:54
89	MICHALAK Michał	134	DZIKI KOSZALIN	M35-39	15	00:16:47	00:52:06	01:09:58	37	00:04:56	00:17:08	01:13:27	01:47:42	02:29:59	03:29:14	04:06:53	04:52:11	05:19:48	20	00:04:42	00:45:24	01:38:02	02:33:00
90	BARANOWSKI Roman	8	FOREVER TEAM	M45-49	19	00:15:06	00:47:35	01:05:06	17	00:09:44	00:19:02	01:21:27	02:01:00	02:49:18	03:56:16	04:38:54	05:30:17	06:01:51	125	00:08:42	00:41:29	01:26:04	02:13:58
91	BEDYK Ireneusz	13	PTT DELTA	M60-64	1	00:23:13	01:09:13	01:34:16	181	00:05:45	00:18:30	01:20:55	02:01:34	02:50:16	04:01:01	04:43:32	05:32:19	06:03:06	129	00:03:16	00:41:41	01:24:02	02:05:46
92	ŁUCYSZYN Robert	124		M40-44	28	00:16:46	00:53:06	01:12:38	48	00:08:49	00:19:35	01:20:46	01:58:24	02:45:26	03:47:55	04:27:27	05:14:43	05:43:13	68	00:03:19	00:42:39	01:31:41	02:27:03
93	BANACH Jan	7	KLINIKA TRIATHLONU BYDGOSZCZ	M25-29	6	00:14:38	00:44:28	00:59:32	3	00:04:30	00:18:31	01:17:42	01:53:41	02:37:51	03:39:53	04:18:01	05:05:37	05:33:38	45	00:02:04	00:57:02	01:55:30	02:48:41
94	ŚLIWIŃSKI Jakub	207	JOLKA JOLKA TEAM	M25-29	7	00:19:05	01:00:35	01:21:34	109	00:04:07	00:19:15	01:22:37	02:03:09	02:52:39	04:00:57	04:43:58	05:35:09	06:06:22	134	00:03:45	00:41:30	01:25:10	02:13:59
95	OLENDER Paweł	151	CAR4PARTS MRĄGOWO	M40-44	29	00:19:28	01:00:06	01:20:44	100	00:03:39	00:20:44	01:26:59	02:08:12	02:57:56	04:04:08	04:44:44	05:34:08	06:04:10	131	00:03:51	00:42:52	01:24:52	02:10:45
96	PIECHACZYK Sławomir	160		M35-39	16	00:18:49	00:59:31	01:20:51	102	00:06:53	00:19:50	01:23:59	02:02:47	02:49:31	03:54:41	04:36:27	05:25:04	05:53:46	96	00:03:31	00:44:07	01:31:43	02:19:53
97	LASSAK Bartosz	111	CHŁOPAKI TO MY	M40-44	30	00:19:12	01:00:43	01:21:52	111	00:05:23	00:20:28	01:25:44	02:08:08	02:57:58	04:06:54	04:50:32	05:42:47	06:13:57	145	00:03:31	00:41:44	01:23:55	02:08:16
98	BETLEJ Hubert	14	ESKADRA KRAKÓW	M35-39	17	00:23:07	01:11:06	01:36:38	190	00:04:10	00:25:12	01:23:30	02:00:44	02:45:36	03:47:47	04:28:41	05:16:08	05:44:46	71	00:03:04	00:42:15	01:24:48	02:12:47
99	KRYSIAK Robert	100		M50-54	7	00:20:11	01:02:27	01:23:58	123	00:06:36	00:20:03	01:26:44	02:06:15	02:55:19	04:03:10	04:46:30	05:38:27	06:09:32	140	00:03:37	00:42:49	01:25:08	02:08:10
100	SZPITER Tomasz	201	OLAWS ZŁOTORYJA	M50-54	8	00:19:21	00:59:35	01:20:47	101	00:05:14	00:18:16	01:18:49	01:57:01	02:43:13	03:46:38	04:27:24	05:17:09	05:46:34	76	00:04:12	00:40:54	01:25:45	02:14:58
101	AUGUSTYNIAK Artur	6	FUJITSU RUNNING TEAM ŁÓDŹ	M35-39	18	00:19:32	00:59:51	01:19:40	91	00:04:28	00:19:32	01:21:24	02:00:35	02:48:25	03:54:01	04:35:37	05:23:14	05:52:03	87	00:03:49	00:37:09	01:20:41	02:11:59
102	CIBOROWSKI Sebastian	29	SEBA SPORT PISZ	M45-49	20	00:16:57	00:53:57	01:12:23	46	00:07:59	00:17:31	01:18:20	01:55:48	02:42:40	03:49:45	04:32:12	05:23:38	05:52:37	93	00:06:24	00:43:51	01:33:43	02:27:38
103	KRÓLCZYŃSKI Maciej	98		M35-39	19	00:18:47	00:58:02	01:18:24	83	00:03:51	00:19:26	01:21:28	02:00:31	02:48:30	03:54:29	04:36:41	05:27:30	05:57:07	105	00:02:56	00:42:36	01:28:15	02:18:50
104	ŻYCHLIŃSKI Miłosz	226	KS CELIRONMAN	M45-49	21	00:24:12	01:14:28	01:38:03	194	00:09:50	00:19:28	01:22:00	02:01:30	02:49:24	03:56:16	04:37:16	05:27:34	05:57:04	104	00:04:41	00:44:11	01:25:02	02:09:09
105	PRUSACZYK Marcin	169		M45-49	22	00:19:32	01:00:08	01:20:57	104	00:07:29	00:19:59	01:29:04	02:13:57	03:06:52	04:20:50	05:09:37	06:03:39	06:38:09	179	00:05:00	00:39:53	01:20:37	02:00:15
106	WOLUSZEWSKI Remigiusz	221	ALIOR RUNNING TEAM	M30-34	17	00:22:45	01:13:11	01:39:32	199	00:05:20	00:18:30	01:21:03	02:04:13	02:54:01	04:03:07	04:45:44	05:36:33	06:07:19	136	00:04:39	00:34:07	01:13:53	01:55:54

					Pływanie				Rower														
107	MACIULEVICIUS Arunas	200	TRITONAS	M45-49	23	00:18:44	00:57:45	01:18:21	82	00:04:53	00:19:10	01:22:54	02:02:48	02:50:34	03:54:11	04:36:47	05:26:13	05:55:25	99	00:02:58	00:40:05	01:22:32	02:08:09
108	KOWALSKI Krzysztof	95	TRENUJ Z NAJLEPSZYMI	M40-44	31	00:15:45	00:48:40	01:06:05	22	00:04:20	00:18:30	01:17:35	01:53:50	02:39:36	03:43:14	04:24:05	05:11:43	05:40:10	57	00:02:47	00:53:35	01:41:33	02:36:20
109	BIAŁOŁOCKI Tomasz	15		M50-54	9	00:21:03	01:06:04	01:30:38	162	00:07:39	00:20:06	01:26:45	02:09:43	03:00:23	04:09:56	04:55:49	05:47:56	06:18:49	151	00:04:09	00:37:36	01:18:41	02:01:17
110	FEDYNA Igor	48	SHYPSHYNA RUN CLUB	M40-44	32	00:20:10	01:02:17	01:23:39	119	00:06:29	00:21:21	01:25:18	02:04:26	02:50:32	03:54:08	04:34:28	05:22:32	05:51:35	86	00:03:06	00:41:55	01:27:08	02:20:13
111	ŚCIGAŁA Waldemar	206	JELENIA PLAST SPORT TEAM	M45-49	24	00:15:47	00:49:53	01:07:39	31	00:05:49	00:19:55	01:23:34	02:03:18	02:53:38	04:04:26	04:51:29	05:49:40	06:25:48	160	00:04:55	00:43:09	01:32:13	02:21:26
112	DĘBICKI Artur	38		M50-54	10	00:15:44	00:50:02	01:07:37	30	00:06:59	00:22:05	01:33:25	02:17:49	03:09:53	04:20:17	05:07:39	06:00:02	06:30:11	168	00:04:55	00:43:32	01:28:45	02:14:50
113	PELANT Ryszard	158	WICHER ROSNÓWKO	M40-44	33	00:19:29	00:58:50	01:19:14	87	00:06:49	00:19:45	01:24:05	02:05:13	02:52:12	03:58:03	04:39:24	05:28:31	05:57:57	113	00:06:17	00:45:03	01:32:25	02:22:57
114	RYGIEL Robert	182		M55-59	3	00:20:22	01:02:30	01:24:11	125	00:07:16	00:19:49	01:24:06	02:04:45	02:53:26	04:02:31	04:45:24	05:35:33	06:06:27	135	00:05:01	00:40:37	01:24:19	02:11:24
115	MOJSIEWICZ Sławomir	139		M40-44	34	00:19:16	01:01:11	01:23:05	115	00:04:31	00:18:46	01:18:01	01:56:34	02:43:24	03:49:06	04:31:02	05:19:22	05:49:31	81	00:05:57	00:51:29	01:41:44	02:32:24
116	SOKOŁOWSKI Tomasz	189	KLINIKA TRIATHLONU	M30-34	18	00:18:25	00:59:07	01:20:41	98	00:03:49	00:19:52	01:25:36	02:06:14	02:55:01	04:00:50	04:42:20	05:31:53	06:03:03	128	00:02:09	00:41:43	01:30:52	02:23:18
117	DASZEWSKI Filip	36		M18-24	1	00:17:02	00:53:45	01:12:27	47	00:04:06	00:17:29	01:15:08	01:51:36	02:38:32	03:43:01	04:24:40	05:14:54	05:45:18	72	00:04:18	00:47:21	01:39:29	02:42:22
118	CHOJNOWSKI Andrzej	24		M50-54	11	00:21:04	01:06:39	01:30:41	163	00:04:45	00:18:50	01:21:18	02:00:51	02:48:35	03:54:49	04:37:25	05:27:09	05:58:17	115	00:03:02	00:45:20	01:34:21	02:25:59
119	WILK Łukasz	217		M40-44	35	00:18:53	00:58:42	01:19:22	88	00:09:49	00:21:35	01:29:32	02:13:20	03:05:09	04:19:08	05:05:36	06:05:16	06:37:51	178	00:04:38	00:41:43	01:24:43	02:09:28
120	KUĆ Jarosław	103	TRI TEAM LUBAŃ	M35-39	20	00:21:24	01:09:22	01:34:39	182	00:05:47	00:19:23	01:24:38	02:05:52	02:55:59	04:06:30	04:51:09	05:44:27	06:16:12	149	00:05:36	00:42:14	01:28:38	02:16:52
121	OLSZEWSKI Łukasz	153	ROZBEGANE DZIAŁDOWO	M40-44	36	00:19:26	01:01:30	01:23:24	118	00:04:44	00:18:50	01:23:02	02:02:26	02:49:40	03:57:12	04:38:50	05:27:57	05:55:19	98	00:02:04	00:44:35	01:32:19	02:27:28
122	GOŁDYN Marek	54	TKKF KOSZALIN	M35-39	21	00:18:21	00:56:45	01:16:29	67	00:09:01	00:19:52	01:27:24	02:08:29	03:01:51	04:16:30	04:59:37	05:54:45	06:26:24	162	00:06:32	00:36:23	01:15:29	02:01:26
123	KLOCKIEWICZ Zbyszko	82	PŁONAĆE RACICE	M25-29	8	00:18:19	00:55:56	01:15:28	62	00:04:47	00:20:53	01:26:37	02:09:50	03:01:34	04:14:22	05:00:25	05:55:08	06:27:22	164	00:06:35	00:45:05	01:31:41	02:20:26
124	CICHOSZ Arkadiusz	30		M45-49	25	00:18:25	00:57:54	01:18:05	79	00:04:24	00:18:59	01:22:04	02:01:34	02:48:56	03:56:44	04:39:31	05:29:32	05:59:41	119	00:03:41	00:45:13	01:35:43	02:31:18
125	MROŹ Michał	145	DAREDEVILS TRIATHLON TEAM	M35-39	22	00:17:41	00:56:41	01:17:11	70	00:07:02	00:21:18	01:30:39	02:12:48	03:04:06	04:14:48	04:58:11	05:49:19	06:20:28	154	00:05:32	00:42:55	01:29:37	02:21:15
126	KOZŁOWSKI Tomasz	97	MII	M35-39	23	00:20:57	01:02:47	01:24:09	124	00:07:31	00:20:29	01:25:28	02:04:54	02:53:24	04:02:16	04:45:16	05:36:41	06:08:11	137	00:05:46	00:43:37	01:32:42	02:24:59
127	KUPISZ Dominik	105	HERNIK TEAM	M40-44	37	00:18:55	00:57:25	01:17:53	78	00:04:37	00:20:20	01:26:00	02:08:36	03:01:56	04:14:16	05:00:37	05:55:54	06:29:31	167	00:05:11	00:42:29	01:28:32	02:15:00
128	JAGIEŁŁO Albert	59		M25-29	9	00:19:19	01:04:23	01:28:03	150	00:05:21	00:19:29	01:25:07	02:05:21	02:52:47	03:57:53	04:39:13	05:28:03	05:57:08	106	00:04:22	00:44:23	01:33:03	02:26:46
129	ANDRUSZKIEWICZ Arkadiusz	3		M40-44	38	00:25:23	01:17:44	01:44:41	208	00:11:43	00:18:57	01:21:25	02:01:56	02:50:43	04:01:24	04:46:08	05:37:59	06:10:28	141	00:08:24	00:42:06	01:25:30	02:11:54
130	PRUSIK Bartosz	170	COZMOBIKE	M25-29	10	00:20:02	01:02:59	01:25:29	136	00:05:49	00:17:54	01:15:28	01:52:08	02:38:06	03:44:02	04:25:10	05:12:35	05:41:13	61	00:06:59	00:43:30	01:30:09	02:20:44
131	LUTOWSKI Wojciech	122	TKKF KOLEJARZ BYDGOSZCZ	M30-34	19	00:23:15	01:10:48	01:36:15	187	00:05:21	00:21:28	01:32:09	02:14:39	03:07:37	04:22:13	05:14:06	06:12:04	06:48:13	186	00:09:22	00:33:21	01:18:19	02:04:03
132	MATERNA Roman	128	SPAR POLSKA	M50-54	12	00:17:54	00:55:01	01:14:17	56	00:04:59	00:19:32	01:23:06	02:02:55	02:50:22	03:55:19	04:38:55	05:31:06	06:01:11	122	00:03:01	00:43:12	01:32:08	02:26:26
133	WŁODARCZAK Witold	218	TRISPACE	M55-59	4	00:21:15	01:05:37	01:28:33	153	00:03:42	00:19:44	01:24:56	02:04:36	02:53:07	04:02:13	04:45:37	05:36:54	06:08:29	138	00:03:05	00:42:18	01:30:44	02:23:33
134	SZWEDA Tomasz	203	MEBŁOBYŚK CZERNICE	M35-39	24	00:22:38	01:10:37	01:35:41	183	00:05:13	00:18:06	01:17:54	01:55:14	02:40:12	03:42:37	04:23:23	05:11:13	05:39:30	55	00:03:12	00:40:18	01:30:30	02:26:22
135	LEWARDOWSKI Konrad	116	KTB KUNY STRZESZYN	M45-49	26	00:22:06	01:07:41	01:32:09	172	00:15:48	00:16:14	01:22:22	02:05:07	04:14:43		05:55:42				00:43:00	01:28:58	02:18:01	
136	LUCHOWSKI Rafał	121	12TRI.PL / SPARTANIE DZIECIOM	M50-54	13	00:20:38	01:03:32	01:26:53	146	00:10:36	00:20:37	01:27:23	02:09:45	03:02:58	04:16:21	05:03:07	05:59:54	06:33:07	171	00:07:16	00:42:45	01:28:52	02:14:15
137	WOJCIECHOWSKI Adam	220		M50-54	14	00:20:01	01:03:35	01:26:40	142	00:04:58	00:19:33	01:22:32	02:02:11	02:49:41	03:57:40	04:38:26	05:28:12	05:57:12	107	00:07:13	00:42:33	01:34:40	02:33:13
138	REPKA Marek	174	LUPUS TEAM	M45-49	27	00:23:04	01:12:43	01:38:12	196	00:04:35	00:19:38	01:25:07	02:05:27	02:53:02	03:59:24	04:40:30	05:31:01	06:01:43	123	00:03:24	00:47:18	01:35:53	02:26:11
139	KUCIŃSKI Artur	102		M40-44	39	00:16:52	00:53:19	01:12:16	45	00:08:11	00:19:18	01:22:08	02:02:47	02:52:26	03:59:27	04:39:28	05:28:34	05:58:16	114	00:07:50	00:44:41	01:46:26	02:45:38
140	BUTRYM Piotr	21	FORREST	M35-39	25	00:21:55	01:06:22	01:29:23	158	00:06:34	00:19:59	01:37:10	02:19:25	03:09:33	04:19:52	05:07:03	06:01:12	06:34:30	173	00:05:20	00:40:24	01:26:32	02:12:19
141	TYMIŃSKI Dariusz	210	PTT DELTA	M50-54	15	00:19:51	01:03:43	01:26:50	145	00:05:33	00:20:04	01:25:53	02:06:16	02:55:25	04:04:41	04:49:12	05:41:23	06:12:23	143	00:03:31	00:39:38	01:21:46	02:14:28
142	ADAMOWICZ Andrzej	1		M50-54	16	00:21:05	01:07:42	01:33:43	180	00:07:04	00:18:28	01:19:13	01:58:04	02:45:50	03:54:03	04:36:56	05:28:20	06:00:34	120	00:07:11	00:40:59	01:26:36	02:20:11
143	KONIECZNY Karol	89		M35-39	26	00:21:45	01:11:22	01:37:12	192	00:07:27	00:18:49	01:20:00	01:58:49	02:46:59	03:56:01	04:38:43	05:29:14	05:59:33	118	00:07:03	00:46:00	01:30:27	02:17:47
144	KOŁODZIEJSKI Tomasz	87	GINASO	M50-54	17	00:24:49	01:17:58	01:44:39	207	00:07:56	00:21:21	01:25:09	02:04:39	02:52:50	03:57:55	04:40:03	05:28:21	05:56:53	103	00:09:53	00:45:31	01:32:46	02:21:25
145	KACZOR Piotr	70	TRIMANITA RATUSZ MASZEWO	M40-44	40	00:17:28	00:55:01	01:14:56	58	00:06:16	00:22:00	01:28:24	02:09:51	03:00:22	04:09:52	04:52:49	05:44:52	06:15:14	147	00:03:27	00:48:41	01:37:47	02:31:07

					Pływanie					Rower														
146	KOWALCZYK Wojciech	93	ARNIE TEAM	M25-29	11	00:19:26	01:02:57	01:25:47	138	00:10:54	00:20:29	01:25:32	02:07:31	02:57:58	04:09:43	04:55:53	05:49:08	06:21:29	155	00:09:40	00:40:24	01:23:55	02:12:31	
147	KEMNITZ Marcin	78	3GRAVITY	M35-39	27	3GRAVITY	00:24:58	01:17:50	01:44:49	209	00:03:37	00:18:07	01:18:30	01:56:24	02:42:03	03:45:45	04:26:54	05:16:47	05:47:48	78	00:06:16	00:46:26	01:34:25	02:25:02
148	NAROJCZYK Krzysztof	146	TRI MASTERS PIASECZNO	M45-49	28		00:18:48	00:58:35	01:19:08	86	00:05:01	00:21:04	01:21:09	01:59:23	02:47:20	03:55:27	04:38:53	05:32:18	06:02:54	127	00:04:55	00:45:14	01:32:55	02:36:40
149	SZYNDLAREWICZ Paweł	205		M35-39	28		00:22:15	01:07:53	01:31:38	169	00:05:52	00:20:57	01:26:06	02:07:31	02:57:39	04:06:05	04:56:32	05:53:06	06:25:00	159	00:05:36	00:45:36	01:36:07	02:26:57
150	KALICH Tomasz	71	CYKLIŚCI RYPIN	M30-34	20		00:20:46	01:05:22	01:30:15	160	00:08:57	00:19:27	01:21:30	01:59:34	02:45:59	03:50:42	04:32:11	05:22:04	05:51:01	85	00:05:15	00:43:49	01:32:29	02:26:12
151	MIKOŁAJCZYK Rafał	136	THC PROMIL	M40-44	41		00:18:41	01:00:58	01:22:59	114	00:08:30	00:19:59	01:24:42	02:04:28	02:53:04	04:00:09	04:42:41	05:31:58	06:01:11	121	00:04:30	00:40:44	01:29:07	02:26:22
152	TRYT Maciej	209	RUN BYDGOSZCZ	M35-39	29		00:19:30	01:00:10	01:21:15	105	00:07:05	00:19:13	01:23:49	02:05:35	02:57:19	04:13:22	05:01:57	05:57:45	06:28:52	166	00:08:05	00:45:47	01:36:59	02:31:30
153	KEPIŃSKI Henryk	79	KB SPARTAKUS BĘŁCHATÓW	M65-69	1		00:22:52	01:14:19	01:43:01	204	00:06:49	00:21:06	01:29:11	02:10:34	02:59:04	04:08:47	04:53:19	05:43:23	06:13:47	144	00:04:58	00:44:48	01:33:04	02:23:41
154	REZA Marek	175		M50-54	18		00:23:16	01:12:13	01:38:13	197	00:07:58	00:20:05	01:25:12	02:05:46	02:55:25	04:06:03	04:50:27	05:43:32	06:16:24	150	00:05:00	00:45:12	01:32:22	02:22:31
155	WÓJCIK Łukasz	223	CELIRONMAN/OLEJNIK RUNNING TEAM	M30-34	21		00:19:17	00:59:49	01:19:30	89	00:05:42	00:20:03	01:25:17	02:05:56	02:57:37	04:11:13	04:57:13	05:51:20	06:24:03	158	00:05:05	00:52:01	01:42:07	02:33:54
156	GACKOWSKI Krzysztof	50	IRON & ONE TEAM	M45-49	29		00:19:48	01:00:12	01:20:54	103	00:05:52	00:19:43	01:26:10	02:08:31	03:00:26	04:11:09	04:56:58	05:52:31	06:23:58	157	00:05:23	00:49:03	01:39:59	02:32:27
157	NOWARA Andrzej	149		M50-54	19		00:21:25	01:07:28	01:32:20	175	00:10:36	00:20:13	01:26:51	02:08:28	02:57:35	04:04:34	04:46:21	05:35:11	06:05:33	132	00:04:02	00:43:16	01:30:24	02:26:16
158	OLĘDZKI Janusz	152	WUM	M60-64	2		00:21:42	01:05:56	01:28:13	151	00:06:06	00:20:32	01:28:24	02:10:57	03:02:42	04:13:38	04:58:11	05:53:11	06:26:09	161	00:06:00	00:46:50	01:38:38	02:33:07
159	JENDERNALIK Łukasz	67		M35-39	30		00:21:20	01:07:04	01:31:18	168	00:08:56	00:21:03	01:36:41	02:19:12	03:10:20	04:20:51	05:05:46	05:58:38	06:31:50	169	00:06:18	00:50:39	01:39:39	02:27:39
160	KITKOWSKI Piotr	81		M40-44	42		00:20:04	01:00:51	01:21:16	106	00:03:43	00:20:05	01:23:09	02:02:24	02:51:23	03:58:48	04:40:46	05:31:49	06:01:46	124	00:03:47	00:49:19	01:45:31	02:43:46
161	SROKA Jerzy	192	TRI STAROGARD GDAŃSKI	M50-54	20		00:21:21	01:07:15	01:33:39	179	00:04:31	00:20:15	01:27:59	02:10:36	03:03:05	04:18:38	05:06:40	06:01:51	06:35:18	174	00:03:12	00:41:54	01:33:22	02:28:58
162	CHMIEL Dariusz	23	PTT DELTA	M55-59	5		00:22:37	01:12:29	01:38:03	193	00:08:21	00:22:27	01:35:45	02:20:42	03:14:45	04:28:51	05:16:37	06:12:32	06:46:18	184	00:05:34	00:45:04	01:33:02	02:21:56
163	DOMAGAŁA Dariusz	39	WWW.GYMLAB.PL	M30-34	22		00:19:55	01:02:08	01:22:51	113	00:06:26	00:21:48	01:32:54	02:17:51	03:09:49	04:22:50	05:11:14	06:06:33	06:37:11	176	00:03:08	00:44:12	01:34:08	02:26:55
164	GŁADYSZ Grzegorz	52		M30-34	23		00:21:19	01:06:32	01:32:23	176	00:05:18	00:20:41	01:26:51	02:06:32	02:57:26	04:05:58	04:49:32	05:43:25	06:15:47	148	00:04:22	00:53:34	01:46:22	02:43:13
165	WOŁOWSKI Lech	222		M40-44	43		00:21:44	01:08:04	01:32:17	174	00:07:56	00:22:07	01:28:02	02:08:38	02:57:10	04:07:12	04:54:49	05:48:05	06:19:53	152	00:06:53	00:45:16	01:31:58	02:29:31
166	KORSAKOV Kostiantyn	90	-	M45-49	30		00:19:00	00:59:20	01:21:38	110	00:09:12	00:19:53	01:23:52	02:04:39	02:56:29	04:08:57	04:54:54	05:50:33	06:23:10	156	00:05:31	00:43:00	01:31:37	02:29:26
167	STASIEWSKI Mariusz	194	TRISPACE	M40-44	44	TriSpace	00:21:22	01:03:29	01:25:12	134	00:04:30	00:20:24	01:27:17	02:07:00	02:58:39	04:10:37	05:06:23	06:01:30	06:34:05	172	00:03:57	00:46:45	01:38:41	02:32:30
168	JARECKI Paweł	61		M40-44	45		00:18:48	00:57:22	01:17:38	76	00:09:20	00:19:32	01:23:22	02:06:36	02:57:00	04:10:55	05:01:14	05:57:25	06:35:43	175	00:07:13	00:45:38	01:46:39	02:52:33
169	BUCZKOWSKI Jarosław	19	PRO EVO TRI CLUB	M45-49	31		00:21:53	01:07:53	01:32:41	178	00:21:58	00:22:09	01:39:10	02:26:59	03:25:20	04:44:20	05:33:43	06:36:52	07:12:15	198	00:05:23	00:42:35	01:25:25	02:12:09
170	PANASIUK Maciej	155	LEASEPLAN TRIATHLON TEAM	M25-29	12		00:19:47	01:03:19	01:26:33	141	00:09:52	00:21:38	01:30:39	02:15:03	03:06:38	04:20:27	05:04:07	06:00:35	06:32:31	170	00:07:19	00:47:44	01:34:45	02:26:34
171	BECLA Leszek	12	HETEROMASTERS	M25-29	13		00:22:18	01:13:41	01:39:33	200	00:06:59	00:21:03	01:32:13	02:17:46	03:08:15	04:20:41	05:07:05	06:03:25	06:37:37	177	00:05:12	00:40:52	01:27:12	02:18:04
172	MACHAJ Tomasz	228		M45-49	32		00:21:38	01:06:15	01:28:40	155	00:14:26	00:23:23	01:37:06	02:21:34	03:20:05	04:39:22	05:26:50	06:23:50	06:56:38	189	00:10:01	00:47:03	01:36:17	02:26:22
173	WRZOSEK Dominik	224	ZPIT PW	M25-29	14		00:23:21	01:13:54	01:41:03	202	00:08:48	00:20:01	01:25:26	02:05:54	02:55:04	04:05:11	04:50:22	05:47:09	06:20:09	153	00:06:17	00:47:19	01:40:29	02:36:04
174	DUDEK Adam	42		M18-24	2		00:14:57	00:46:51	01:03:19	11	00:15:10	00:21:49	01:32:49	02:20:53	03:20:14	04:41:19	05:30:29	06:33:30	07:12:14	197	00:07:59	00:44:42	01:34:00	02:26:27
175	WSZEBOROWSKI Dariusz	225	SBR ELK	M50-54	21		00:21:44	01:07:43	01:31:03	167	00:11:17	00:22:36	01:34:14	02:19:05	03:13:47	04:32:25	05:24:31	06:24:41	07:00:30	190	00:11:41	00:47:50	01:45:57	02:37:42
176	RYKOWSKI Andrzej	183		M25-29	15		00:23:10	01:10:32	01:35:49	184	00:06:03	00:22:12	01:34:35	02:19:17	03:19:45	04:44:41	05:34:15	06:37:14	07:09:18	195	00:09:37	00:40:40	01:34:24	02:34:13
177	KUZIEMSKI Tomasz	106	KS MARATON OSTRÓW WLKP	M30-34	24		00:20:42	01:05:28	01:28:37	154	00:07:59	00:21:10	01:29:48	02:13:39	03:09:12	04:31:31	05:19:12	06:17:37	06:51:29	187	00:05:18	00:51:29	01:52:02	02:51:37
178	JASIŃSKI Bogusław	63		M65-69	2		00:20:35	01:04:38	01:28:33	152	00:10:04	00:20:22	01:31:53	02:17:08	03:12:54	04:33:18	05:26:44	06:27:27	07:03:37	193	00:07:01	00:50:33	01:41:38	02:38:01
179	STANKOWSKI Dawid	193	PŁONAŃCE RACICE	M25-29	16		00:20:02	01:03:30	01:25:44	137	00:07:23	00:23:07	01:36:59	02:24:14	03:20:10	05:01:37	05:51:52	06:55:48	07:29:46	202	00:06:57	00:48:23	01:40:18	02:32:05
180	WŁODARCZYK Mariusz	229		M35-39	31		00:18:59	00:58:35	01:19:07	85	00:08:33	00:20:16	01:28:30	02:11:39	03:10:18	04:46:01	05:37:58	06:42:03	07:17:27	200	00:12:19	00:47:09	01:43:14	02:43:30
181	PAWLAK Piotr	156	PKO BANK POLSKI	M40-44	46		00:21:43	01:09:54	01:36:55	191	00:08:26	00:21:09	01:29:53	02:12:36	03:05:43	04:18:55	05:06:57	06:05:21	06:38:43	181	00:03:54	00:51:44	01:51:26	02:56:30
182	KRÓLIK Zenon	99	SAM SOBIE STEREM	M70-74	1		00:26:09	01:21:22	01:50:29	210	00:12:25	00:24:54	01:37:08	02:23:04	03:18:24	04:39:27	05:27:37	06:25:58	07:01:16	191	00:11:10	00:50:15	01:44:02	02:41:19
183	DĄBROWSKI Jarek	37	ŁOMIAŃKOWSKA GRUPA BIEGOWA TRI	M45-49	33		00:22:00	01:07:36	01:30:31	161	00:10:26	00:21:06	01:33:34	02:18:46	03:14:20	04:34:32	05:23:35	06:28:16	07:04:53	194	00:10:34	00:59:28	02:02:47	03:01:23

Przekroczony limit czasu: 15:00:00

				Pływanie						Rower													
184	ANDRZEJEWSKI Adrian	4	TEAMKARAŚ	M25-29	17	00:20:35	01:03:39	01:27:05	147	00:08:28	00:24:53	01:47:04	02:37:07	03:38:36	05:03:42	06:00:18	07:07:19	07:48:01	203	00:03:42	00:50:05	01:36:47	02:35:26
185	KIRKLAND Jim	80	GREENWICH TRITONS	M60-64	3	00:25:18	01:12:14	01:39:32	198	00:11:46	00:21:36	01:35:10	02:21:54	03:22:20	04:47:36	05:38:42	06:46:44	07:22:31	201	00:07:31	00:52:53	01:47:20	02:54:12
	KOT Remigiusz	92	RM TRI TEAM	M45-49		00:15:35	00:47:58	01:04:37	15	00:02:37	00:16:55	01:10:09	01:43:29	02:23:14	03:17:27	03:52:35	04:34:17	04:59:25	3	00:02:26	00:35:13	01:12:38	01:51:56
	FAJOK Szymon	45		M18-24		00:21:40	01:10:57	01:36:18	188	00:07:12	00:21:19	01:28:08	02:10:26	03:02:10	04:15:05	05:05:40	06:07:16	06:41:00	182	00:09:01	00:59:12	02:16:07	03:30:23
	DOODY Patrick	40		M50-54		00:18:34	00:59:38	01:22:19	112	00:05:48	00:20:50	01:21:52	02:01:46	02:50:13	03:56:08	04:37:43	05:27:54	05:57:26	109	00:04:00	00:48:53	01:47:05	
	BŁASZCZYK Borys	17	AZS PP	M25-29		00:25:14	01:18:53	01:43:19	206	00:08:11	00:20:24	01:27:56	02:11:54	03:04:07	04:16:05	05:02:14	06:03:28	06:38:35	180	00:09:26	00:52:33	01:56:08	
	OIKONOMOU Alexandros	150	TRIAS	M45-49		00:17:04	00:53:51	01:13:01	51	00:06:02	00:20:58	01:27:42	02:11:20	03:06:39	04:29:03								
	PLÓCIENNIK Dominik	165		M25-29		00:17:21	00:54:58	01:15:19	61	00:04:04	00:19:44	01:23:01	02:00:37	02:45:38	03:47:09	04:25:45	05:11:47	05:39:51	56	00:03:20			
	DROHOJOWSKI Rafał	41		M45-49		00:19:36	01:02:48	01:26:22	140	00:07:06	00:19:54	01:23:39	02:03:25	02:51:38	03:57:25	04:39:06	05:27:29	05:57:37	112	00:03:17			
	WIECHNA Krzysztof	215		M40-44																			
	LODEWIJKS Mark	232		M50-54		00:15:40	00:47:56	01:04:09	14	00:05:40	00:19:13	01:19:52	01:56:50	02:39:40	03:38:09	04:14:42	04:57:57	05:25:36	29				
	MAZUR Mariusz	130	TRI TEAM LUBAŃ	M35-39		00:21:16	01:07:16	01:30:50	165	00:05:03	00:19:12	01:20:35	01:59:54	02:47:40	03:53:30	04:36:02	05:27:53	05:58:53	117				
	KAMINSKI Michał	76	DELL RUNNING TEAM	M25-29		00:20:41	01:07:01	01:32:07	171	00:05:11	00:22:21	01:38:51	02:28:56	03:42:06	04:45:04								
	SUDAKOWSKI Tomasz	196	KS TRIATHLON RAWA	M45-49		00:23:29	01:15:06	01:42:46	203	00:03:32	00:19:22	01:24:57	02:06:59	02:57:31	04:12:28	05:09:31							
	JAWORSKI Artur	65		M30-34		00:20:18	01:02:28	01:24:26	128	00:10:08	00:19:32												

Znaleziono 198 wynik(ów)