



OCEAN LAVA TRIATHLON POLSKA - DYSTANS PEŁNY 140.6

B4SPORT

Wydarzenie: Ocean Lava Triathlon Polska 2019
Organizator: Towarzystwo Sportowe TRI-SPORT
Data: 2019-08-17
Miejsce: Bydgoszcz
Dystans: 226 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Mężczyźni

Punkt pomiarowy: 53,0 km

Msc	Zawodnik	Numer	Klub	Kategoria	Drużyna	Pływanie				TZ	Rower		TZ	Bieg	Czas
						P_Borowno 0.95km	P_Borowno 2.85km	R_Borowno 3.8km	Poz		R_Kotomierz 9.75km	R_Pauliny 42.75km			
1	SOWA Michał	191	DECATHLON TRIATHLON TEAM	M30-34		00:14:58	00:46:55	01:03:18	10	00:02:55	00:15:45	01:06:50			
2	MAZUR Paweł	131	UKS TRS SUSZ/AGROŁOK SPORT TEAM	M30-34		00:14:44	00:44:37	00:59:41	4	00:02:20	00:16:29	01:11:19			
3	PLUTA Gniewomir	164	UKS TRS SUSZ	M35-39		00:14:48	00:44:38	00:59:42	5	00:02:25	00:17:03	01:11:46			
4	KOWALCZYK Marek	94		M40-44		00:15:06	00:46:57	01:03:22	12	00:02:42	00:15:58	01:08:41			
5	SOSNOWSKI Jarosław	190	PTT DELTA	M35-39		00:14:02	00:44:03	00:59:28	2	00:02:36	00:16:27	01:12:10			
6	SZYSZKA Łukasz	233	TVN MEDIA	M25-29		00:14:42	00:45:20	01:00:48	7	00:02:17	00:17:13	01:13:25			
	KOT Remigiusz	92	RM TRI TEAM	M45-49		00:15:35	00:47:58	01:04:37	15	00:02:37	00:16:55	01:10:09			
8	MROCZKOWSKI Karol	144	#DASHRADE TEAM	M25-29	#DASHRADE Team	00:14:11	00:43:54	00:59:08	1	00:03:15	00:17:53	01:15:34			
9	BOROWIAK Rafał	18	JOKŚ TEAM	M35-39		00:15:47	00:48:52	01:05:30	18	00:02:57	00:16:39	01:11:50			
10	LEWANDOWSKI Maciej	115	#DASHRADE TEAM	M30-34	#DASHRADE Team	00:15:54	00:49:17	01:06:08	23	00:02:53	00:16:25	01:11:38			
11	BANACH Jan	7	KLINIKA TRIATHLONU BYDGOSZCZ	M25-29		00:14:38	00:44:28	00:59:32	3	00:04:30	00:18:31	01:17:42			
12	CIBOROWSKI Damian	28	SPEED JASŁO	M45-49	CIBOR IRON TEAM	00:15:57	00:49:00	01:06:14	24	00:03:16	00:17:18	01:14:17			
13	GÓRECKI Tomasz	57	PTT DELTA	M30-34		00:15:08	00:47:10	01:03:38	13	00:04:12	00:17:02	01:15:45			
14	JAROŃ Tomasz	62	AKADEMIA TRIATHLONU JAROSŁAW	M45-49		00:14:45	00:45:32	01:01:20	8	00:04:31	00:17:54	01:17:32			
15	PLUCINSK Michał	163	TMT	M35-39		00:15:04	00:47:01	01:03:16	9	00:04:10	00:17:49	01:17:11			
16	STUDNIAK Mateusz	195	GDYŃSKI TRIATHLON	M30-34		00:15:35	00:48:55	01:06:04	20	00:03:42	00:17:34	01:15:26			
17	CZARNECKI Paweł	33	WARSAW MASTERS TEAM	M30-34		00:14:07	00:44:33	00:59:58	6	00:04:03	00:19:58	01:22:36			
18	MICHALSKI Andrzej	135	BIKE BROTHERS TARNÓW	M30-34		00:16:34	00:49:23	01:06:38	25	00:03:34	00:18:06	01:17:29			
19	KITA Tomek	167	SPECSHOP TEAM	M40-44		00:15:49	00:48:07	01:04:58	16	00:02:21	00:19:03	01:20:00			
20	JAŚKIEWICZ Marcin	64	MOGILNO TEAM	M30-34		00:15:47	00:49:51	01:07:30	29	00:03:46	00:17:57	01:16:29			
21	ROSIŃSKI Jarosław	177		M40-44		00:16:58	00:53:25	01:12:16	44	00:04:27	00:16:42	01:11:42			
22	MICHALAK Michał	134	DZIKI KOSZALIN	M35-39		00:16:47	00:52:06	01:09:58	37	00:04:56	00:17:08	01:13:27			
23	GOZDALSKI Jarosław	56	WITKOWO BIEGA	M45-49		00:16:33	00:50:31	01:08:21	34	00:02:54	00:18:26	01:17:08			
24	KOWALSKI Krzysztof	95	TRENUJ Z NAJLEPSZYMI	M40-44		00:15:45	00:48:40	01:06:05	22	00:04:20	00:18:30	01:17:35			
25	MAZUREK Michał	132	EUROSOFT	M40-44		00:17:22	00:54:21	01:13:32	53	00:02:34	00:16:45	01:12:36			
26	KRZEMIŃSKI Marcin	101	SPRINT GORZYCE	M40-44		00:16:21	00:49:30	01:07:10	28	00:06:02	00:17:38	01:15:22			

					Pływanie				T1	Rower		T2	Bieg	Case
27	PLICHTA Andrzej	162	PIASECKI CONCEPT	M30-34	00:16:59	00:54:32	01:14:27	57	00:03:39	00:16:47	01:11:32			
28	SUPERSON Wojtek	197		M45-49	00:16:12	00:50:00	01:07:44	32	00:03:29	00:19:10	01:17:28			
29	SZYMKOWIAK Norbert	204	R-TEAM RYDZYNA	M25-29	00:17:25	00:54:33	01:13:55	55	00:04:30	00:16:27	01:11:22			
	LODEWIJKS Mark	232		M50-54	00:15:40	00:47:56	01:04:09	14	00:05:40	00:19:13	01:19:52			
31	MØLLER Gert	141		M55-59	00:16:18	00:49:41	01:07:02	26	00:03:58	00:18:26	01:19:52			
32	DASZEWSKI Filip	36		M18-24	00:17:02	00:53:45	01:12:27	47	00:04:06	00:17:29	01:15:08			
33	SERGEJEVS Jevgenijs	186	IRONMAN.LV	M40-44	00:17:12	00:53:31	01:12:11	43	00:05:16	00:17:56	01:14:55			
34	SZTENDEREWICZ Rafał	202	SPORTEVO	M40-44	00:18:22	00:57:08	01:16:19	66	00:03:09	00:17:21	01:13:24			
35	GNIOT Jacek	53	WOJSKOWE ZAKŁADY UZBROJENIA S.A.	M45-49	00:18:53	00:57:43	01:18:20	81	00:02:27	00:17:00	01:11:58			
36	BIELIŃSKI Piotr	16	KUŹNIA TRIATHLONU	M25-29	00:16:08	00:50:36	01:09:18	35	00:04:49	00:18:06	01:18:02			
37	KLUŹNIAK Wojciech	83		M35-39	00:15:46	00:48:54	01:06:05	21	00:04:22	00:18:51	01:22:13			
38	NOSOWSKI Jacek	148		M45-49	00:16:00	00:49:47	01:07:07	27	00:06:03	00:18:23	01:19:37			
39	ERMANIS Gints	44	IRONMAN.LV	M40-44	00:19:08	01:00:00	01:21:23	108	00:02:14	00:16:25	01:10:48			
40	SZCZYRBOWSKI Michał	199	YOOBEE. PL	M35-39	00:16:58	00:52:46	01:11:20	42	00:03:46	00:18:30	01:18:47			
41	POCENTEK Krzysztof Robert	166	POCENTTEAM	M45-49	00:17:20	00:54:24	01:13:30	52	00:04:31	00:18:45	01:17:34			
42	MARTYNOWSKI Łukasz	127		M35-39	00:17:06	00:56:07	01:16:31	68	00:03:59	00:17:15	01:15:12			
43	KUNECKI Marcin	104	HILLINGDON TRIATHLETES	M35-39	00:18:08	00:58:05	01:19:31	90	00:02:51	00:16:45	01:13:33			
44	BARANOWSKI Roman	8	FOREVER TEAM	M45-49	00:15:06	00:47:35	01:05:06	17	00:09:44	00:19:02	01:21:27			
45	ŚCIGAŁA Waldemar	206	JELENIA PLAST SPORT TEAM	M45-49	00:15:47	00:49:53	01:07:39	31	00:05:49	00:19:55	01:23:34			
46	CIBOROWSKI Sebastian	29	SEBA SPORT PISZ	M45-49	00:16:57	00:53:57	01:12:23	46	00:07:59	00:17:31	01:18:20			
47	FARAN Grzegorz	46	GTSULMIN	M45-49	00:16:39	00:52:03	01:10:19	40	00:04:15	00:20:06	01:23:23			
48	LASSOTA Artur	112	1969	M50-54	00:19:04	00:59:52	01:20:36	97	00:04:22	00:17:45	01:14:15			
49	SMANTSEROV Mykola	188	DELIVERO.UA	M40-44	00:16:57	00:52:04	01:10:17	39	00:05:11	00:19:08	01:22:14			
50	LIPUTA Grzegorz	117	#DASHRADE TEAM	M30-34	00:18:35	00:57:46	01:17:44	77	00:05:08	00:18:04	01:16:45			
51	MELLER Michał	133	TRI STAROGARD GDAŃSKI	M45-49	00:17:03	00:52:00	01:10:01	38	00:04:22	00:19:09	01:24:30			
52	MAZANKA Jakub	129		M40-44	00:18:16	00:56:40	01:16:04	64	00:04:56	00:20:00	01:19:11			
53	MOZLER Jerzy	143		M45-49	00:16:01	00:50:34	01:08:11	33	00:10:50	00:19:49	01:20:50			
54	KALIN Wladyslaw	72	TAEKWON-DO GROMOWSKI	M35-39	00:16:50	00:55:11	01:15:10	59	00:06:47	00:18:52	01:18:18			
55	KOCENDA Wojciech	85	PRO-TRI.PL	M30-34	00:18:20	00:57:36	01:18:11	80	00:05:05	00:18:01	01:18:15			
56	CHYLARECKI Robert	25	GVT	M50-54	00:18:12	00:57:00	01:17:13	71	00:06:23	00:18:36	01:18:07			
57	KUŹMA Adam	107	FAR KUBA TEAM	M30-34	00:18:26	00:59:01	01:20:43	99	00:05:08	00:18:16	01:16:25			
58	CHMEL Sergiy	22	BORYS RUNNING CLUB	M35-39	00:20:14	01:02:15	01:24:16	126	00:05:51	00:17:06	01:12:50			
59	ŁUCYSZYN Robert	124		M40-44	00:16:46	00:53:06	01:12:38	48	00:08:49	00:19:35	01:20:46			
60	RYBAK Remigiusz	181		M40-44	00:19:24	00:59:26	01:20:11	93	00:05:31	00:18:03	01:17:19			
61	KOSMACZEWSKI Ireneusz	91	KODRUK.NET	M40-44	00:18:34	00:55:42	01:15:12	60	00:06:37	00:19:03	01:20:38			
	PŁÓCIENNIK Dominik	165		M25-29	00:17:21	00:54:58	01:15:19	61	00:04:04	00:19:44	01:23:01			
63	LETKOWSKI Dariusz	114	GAPMONT RUNNING TEAM	M40-44	00:17:39	00:54:50	01:12:47	49	00:05:46	00:19:38	01:22:39			

				Pływanie				T1	Rower		T2	Bieg	Case
64	WALUKIEWICZ Dariusz	213		M40-44	00:19:53	01:01:33	01:23:09	117	00:04:15	00:18:02	01:16:00		
65	MATERNA Roman	128	SPAR POLSKA	M50-54	00:17:54	00:55:01	01:14:17	56	00:04:59	00:19:32	01:23:06		
66	KUCIŃSKI Artur	102		M40-44	00:16:52	00:53:19	01:12:16	45	00:08:11	00:19:18	01:22:08		
67	EDWARD Kalicki	43		M50-54	00:18:40	00:57:17	01:17:35	75	00:09:08	00:18:59	01:17:11		
68	AUGUSTYNIAK Grzegorz	5	PTTDELTA	M45-49	00:18:02	00:55:02	01:13:50	54	00:05:47	00:19:28	01:23:28		
69	RUSIN Jakub	180		M30-34	00:18:07	00:56:36	01:15:46	63	00:04:21	00:19:40	01:23:16		
70	JĘDRZEJCZYK Piotr	68		M45-49	00:19:28	00:59:46	01:21:18	107	00:05:41	00:18:10	01:17:15		
71	KRÓLCZYŃSKI Maciej	98		M35-39	00:18:47	00:58:02	01:18:24	83	00:03:51	00:19:26	01:21:28		
72	LEPCZYŃSKI Lesław	113		M40-44	00:19:14	00:59:24	01:20:03	92	00:06:57	00:18:33	01:17:36		
73	KAMIŃSKI Marek	75		M30-34	00:19:18	01:00:51	01:23:57	122	00:04:28	00:18:16	01:16:30		
74	CIMACHOWSKI Jakub	31	CIMATECH	M35-39	00:16:53	00:51:45	01:09:45	36	00:08:33	00:20:35	01:25:37		
75	SZPITER Tomasz	201	OLAWS ZŁOTORYJA	M50-54	00:19:21	00:59:35	01:20:47	101	00:05:14	00:18:16	01:18:49		
76	OMELIANENKO Yaroslav Omelianenko	154		M25-29	00:18:33	01:00:44	01:23:09	116	00:05:39	00:17:55	01:16:19		
77	KARALIUK Andrei	77		M35-39	00:18:05	00:57:19	01:17:29	73	00:04:29	00:19:22	01:22:46		
78	CICHOSZ Arkadiusz	30		M45-49	00:18:25	00:57:54	01:18:05	79	00:04:24	00:18:59	01:22:04		
79	NAROJCZYK Krzysztof	146	TRI MASTERS PIASECZNO	M45-49	00:18:48	00:58:35	01:19:08	86	00:05:01	00:21:04	01:21:09		
80	WILICKI Tomasz	208	DELL RUNNING TEAM	M40-44	00:18:44	00:59:21	01:20:34	95	00:07:14	00:18:38	01:17:33		
81	AUGUSTYNIAK Artur	6	FUJITSU RUNNING TEAM ŁÓDŹ	M35-39	00:19:32	00:59:51	01:19:40	91	00:04:28	00:19:32	01:21:24		
82	JANKOWSKI Tomasz	60	TRISPACE	M45-49	00:17:32	00:55:53	01:16:13	65	00:06:04	00:18:46	01:21:45	TriSpace	
83	MOJSIEWICZ Sławomir	139		M40-44	00:19:16	01:01:11	01:23:05	115	00:04:31	00:18:46	01:18:01		
84	LUBOWICKI Łukasz	120	40-LATEK TYCHY	M40-44	00:18:27	00:57:04	01:16:41	69	00:07:23	00:19:01	01:21:46		
85	ĆWIK Dariusz	35	HUSSE TEAM	M45-49	00:18:44	00:57:27	01:17:33	74	00:05:17	00:19:37	01:22:46		
86	MACIULEVICIUS Arunas	200	TRITONAS	M45-49	00:18:44	00:57:45	01:18:21	82	00:04:53	00:19:10	01:22:54		
87	PRUSIK Bartosz	170	COZMOBIKE	M25-29	00:20:02	01:02:59	01:25:29	136	00:05:49	00:17:54	01:15:28		
88	GOSTOMSKI Mariusz	55	TRI STAROGARD GDAŃSKI	M50-54	00:18:50	00:59:12	01:20:14	94	00:05:06	00:19:05	01:21:53		
89	KLOCKIEWICZ Zbyszko	82	PŁONĄCE RACICE	M25-29	00:18:19	00:55:56	01:15:28	62	00:04:47	00:20:53	01:26:37		
	OIKONOMOU Alexandros	150	TRIAS	M45-49	00:17:04	00:53:51	01:13:01	51	00:06:02	00:20:58	01:27:42		
91	KALISZEWSKI Daniel	73		M40-44	00:20:24	01:02:31	01:24:40	130	00:04:24	00:18:15	01:19:20		
92	KITKOWSKI Piotr	81		M40-44	00:20:04	01:00:51	01:21:16	106	00:03:43	00:20:05	01:23:09		
93	ŚLIWIŃSKI Jakub	207	JOLKA JOLKA TEAM	M25-29	00:19:05	01:00:35	01:21:34	109	00:04:07	00:19:15	01:22:37		
94	PRZYBYLSKI Maciej	172		M40-44	00:22:26	01:07:56	01:30:48	164	00:05:46	00:17:07	01:13:40		
95	KUPISZ Dominik	105	HERNIK TEAM	M40-44	00:18:55	00:57:25	01:17:53	78	00:04:37	00:20:20	01:26:00		
96	JABŁOŃSKI Marcin	227	KRYSPORT TEAM	M45-49	00:20:26	01:03:40	01:24:43	131	00:07:30	00:18:13	01:18:14		
97	DĘBICKI Artur	38		M50-54	00:15:44	00:50:02	01:07:37	30	00:06:59	00:22:05	01:33:25		
98	KACZOR Piotr	70	TRIMANITA RATUSZ MASZEWO	M40-44	00:17:28	00:55:01	01:14:56	58	00:06:16	00:22:00	01:28:24		
99	PELANT Ryszard	158	WICHER ROSNÓWKO	M40-44	00:19:29	00:58:50	01:19:14	87	00:06:49	00:19:45	01:24:05		
	DOODY Patrick	40		M50-54	00:18:34	00:59:38	01:22:19	112	00:05:48	00:20:50	01:21:52		
101	SOKOŁOWSKI Tomasz	189	KLINIKA TRIATHLONU	M30-34	00:18:25	00:59:07	01:20:41	98	00:03:49	00:19:52	01:25:36		

					Pływanie				T2	Rower		T2	Bieg	Case
102	WÓJCIK Łukasz	223	CELIRONMAN/OLEJNIK RUNNING TEAM	M30-34	00:19:17	00:59:49	01:19:30	89	00:05:42	00:20:03	01:25:17			
103	JARECKI Paweł	61		M40-44	00:18:48	00:57:22	01:17:38	76	00:09:20	00:19:32	01:23:22			
104	MIŚ Waldemar	138	ALIOR RUNNING TEAM	M40-44	00:20:01	01:03:27	01:26:47	144	00:04:04	00:18:47	01:20:06			
105	OLSZEWSKI Łukasz	153	ROZBEGANE DZIAŁDOWO	M40-44	00:19:26	01:01:30	01:23:24	118	00:04:44	00:18:50	01:23:02			
106	CUBER Piotr	32	CTS	M40-44	00:20:06	01:02:38	01:23:56	121	00:05:23	00:18:58	01:22:08			
107	PORĘBSKI Paweł	168	SPRINT GORZYCE	M40-44	00:20:15	01:02:58	01:24:46	132	00:06:09	00:19:08	01:20:44			
108	PIECHACZYK Sławomir	160		M35-39	00:18:49	00:59:31	01:20:51	102	00:06:53	00:19:50	01:23:59			
109	KAMIŃSKI Tomasz	74	AMS TRIATHLON	M35-39	AMS	00:20:18	01:06:10	01:32:39	177	00:07:08	00:17:16	01:13:26		
110	OLENDER Paweł	151	CAR4PARTS MRĄGOWO	M40-44		00:19:28	01:00:06	01:20:44	100	00:03:39	00:20:44	01:26:59		
111	TRYT Maciej	209	RUN BYDGOSZCZ	M35-39		00:19:30	01:00:10	01:21:15	105	00:07:05	00:19:13	01:23:49		
112	SZCZEPAŃSKI Adam	198	KB PIONIER SZCZECIN	M30-34		00:18:37	00:57:03	01:17:25	72	00:11:50	00:18:54	01:21:56		
113	PRYK Rafał	171	ROZBIEGANY GOLENIÓW	M40-44		00:20:06	01:02:22	01:24:31	129	00:05:32	00:19:33	01:23:31		
114	GOŁDYN Marek	54	TKKF KOSZALIN	M35-39		00:18:21	00:56:45	01:16:29	67	00:09:01	00:19:52	01:27:24		
115	LIZIK Radosław	119	TRISPACE	M40-44	TriSpace	00:20:05	01:02:23	01:23:43	120	00:08:03	00:19:21	01:21:44		
116	GACKOWSKI Krzysztof	50	IRON & ONE TEAM	M45-49		00:19:48	01:00:12	01:20:54	103	00:05:52	00:19:43	01:26:10		
117	LASSAK Bartosz	111	CHŁOPAKI TO MY	M40-44		00:19:12	01:00:43	01:21:52	111	00:05:23	00:20:28	01:25:44		
118	WOJCIECHOWSKI Adam	220		M50-54		00:20:01	01:03:35	01:26:40	142	00:04:58	00:19:33	01:22:32		
119	PIASEK Piotr	159	TRIUNLIMITED	M50-54		00:20:24	01:03:21	01:26:41	143	00:06:40	00:19:09	01:21:33		
120	KOZAKOVSKY Dmitry	96	TRI.BY	M45-49		00:20:37	01:04:46	01:27:30	148	00:04:44	00:19:23	01:22:22		
121	KORSAKOV Kostiantyn	90	-	M45-49		00:19:00	00:59:20	01:21:38	110	00:09:12	00:19:53	01:23:52		
122	DUDEK Adam	42		M18-24		00:14:57	00:46:51	01:03:19	11	00:15:10	00:21:49	01:32:49		
123	FEDYNA Igor	48	SHYPSHYNA RUN CLUB	M40-44		00:20:10	01:02:17	01:23:39	119	00:06:29	00:21:21	01:25:18		
124	MRÓZ Michał	145	DAREDEVILS TRIATHLON TEAM	M35-39		00:17:41	00:56:41	01:17:11	70	00:07:02	00:21:18	01:30:39		
125	RYGIEL Robert	182		M55-59		00:20:22	01:02:30	01:24:11	125	00:07:16	00:19:49	01:24:06		
	MAZUR Mariusz	130	TRI TEAM LUBAŃ	M35-39		00:21:16	01:07:16	01:30:50	165	00:05:03	00:19:12	01:20:35		
127	MIKOŁAJCZYK Rafał	136	THC PROMIL	M40-44		00:18:41	01:00:58	01:22:59	114	00:08:30	00:19:59	01:24:42		
128	CHOJNOWSKI Andrzej	24		M50-54		00:21:04	01:06:39	01:30:41	163	00:04:45	00:18:50	01:21:18		
129	VASILI Anton	212		M30-34		00:19:57	01:03:52	01:27:32	149	00:07:08	00:19:39	01:22:07		
130	WŁODARCZYK Mariusz	229		M35-39		00:18:59	00:58:35	01:19:07	85	00:08:33	00:20:16	01:28:30		
	DROHOJOWSKI Rafał	41		M45-49		00:19:36	01:02:48	01:26:22	140	00:07:06	00:19:54	01:23:39		
132	KOZŁOWSKI Tomasz	97	MII	M35-39		00:20:57	01:02:47	01:24:09	124	00:07:31	00:20:29	01:25:28		
133	KRYSIAK Robert	100		M50-54		00:20:11	01:02:27	01:23:58	123	00:06:36	00:20:03	01:26:44		
134	WŁODARCZAK Witold	218	TRISPACE	M55-59	TriSpace	00:21:15	01:05:37	01:28:33	153	00:03:42	00:19:44	01:24:56		
135	STASIEWSKI Mariusz	194	TRISPACE	M40-44	TriSpace	00:21:22	01:03:29	01:25:12	134	00:04:30	00:20:24	01:27:17		
136	NIEMCZYK Kazimierz	147		M55-59		00:20:51	01:05:11	01:28:45	156	00:09:18	00:19:14	01:20:26		
137	SZWEDA Tomasz	203	MEBLOBŁYSK CZERNICE	M35-39		00:22:38	01:10:37	01:35:41	183	00:05:13	00:18:06	01:17:54		
138	RZEPKA Tomasz	185	HTF LUDWIK SIKORSKI	M40-44		00:20:01	01:02:21	01:24:17	127	00:09:17	00:20:14	01:24:54		
139	TYMIŃSKI Dariusz	210	PTT DELTA	M50-54		00:19:51	01:03:43	01:26:50	145	00:05:33	00:20:04	01:25:53		
140	JAGIEŁŁO Albert	59		M25-29		00:19:19	01:04:23	01:28:03	150	00:05:21	00:19:29	01:25:07		
141	ŁĄCZKA Tomasz	123		M40-44		00:20:36	01:06:19	01:32:11	173	00:11:54	00:18:07	01:16:00		
142	WILK Łukasz	217		M40-44		00:18:53	00:58:42	01:19:22	88	00:09:49	00:21:35	01:29:32		

					Pływanie				Rower		Bieg
143	ADAMOWICZ Andrzej	1		M50-54	00:21:05	01:07:42	01:33:43	180	00:07:04	00:18:28	01:19:13
144	PRUSACZYK Marcin	169		M45-49	00:19:32	01:00:08	01:20:57	104	00:07:29	00:19:59	01:29:04
145	KALICH Tomasz	71	CYKLIŚCI RYPIN	M30-34	00:20:46	01:05:22	01:30:15	160	00:08:57	00:19:27	01:21:30
146	BARTECKI Aleksander	10	HRMAX ŻORY	M45-49	00:22:25	01:11:00	01:36:20	189	00:03:02	00:19:22	01:21:25
147	BEDYK Ireneusz	13	PTT DELTA	M60-64	00:23:13	01:09:13	01:34:16	181	00:05:45	00:18:30	01:20:55
148	MAKOWSKI Sławomir	126	RUN BYDGOSZCZ	M50-54	00:22:34	01:11:03	01:35:56	186	00:04:59	00:19:23	01:20:37
149	KOWALCZYK Wojciech	93	ARNIE TEAM	M25-29	00:19:26	01:02:57	01:25:47	138	00:10:54	00:20:29	01:25:32
150	OLEŃDZKI Janusz	152	WUM	M60-64	00:21:42	01:05:56	01:28:13	151	00:06:06	00:20:32	01:28:24
151	BETLEJ Hubert	14	ESKADRA KRAKÓW	M35-39	00:23:07	01:11:06	01:36:38	190	00:04:10	00:25:12	01:23:30
152	SEVASTSYANAU Sjarhei	187	SEVASTSYANAU TEAM	M40-44	00:24:11	01:14:59	01:43:18	205	00:04:26	00:18:37	01:17:22
153	LISIECKI Jacek	118		M45-49	00:23:15	01:13:38	01:39:42	201	00:08:51	00:17:51	01:16:23
154	SZYNDLAREWICZ Paweł	205		M35-39	00:22:15	01:07:53	01:31:38	169	00:05:52	00:20:57	01:26:06
155	DOMAGAŁA Dariusz	39	WWW.GYMLAB.PL	M30-34	00:19:55	01:02:08	01:22:51	113	00:06:26	00:21:48	01:32:54
156	GŁADYSZ Grzegorz	52		M30-34	00:21:19	01:06:32	01:32:23	176	00:05:18	00:20:41	01:26:51
157	KONIECZNY Karol	89		M35-39	00:21:45	01:11:22	01:37:12	192	00:07:27	00:18:49	01:20:00
158	KUĆ Jarosław	103	TRI TEAM LUBAŃ	M35-39	00:21:24	01:09:22	01:34:39	182	00:05:47	00:19:23	01:24:38
159	LUCHOWSKI Rafał	121	12TRI.PL / SPARTANIE DZIECIOM	M50-54	00:20:38	01:03:32	01:26:53	146	00:10:36	00:20:37	01:27:23
160	BIAŁOBŁOCKI Tomasz	15		M50-54	00:21:03	01:06:04	01:30:38	162	00:07:39	00:20:06	01:26:45
161	WOLUSZEWSKI Remigiusz	221	ALIOR RUNNING TEAM	M30-34	00:22:45	01:13:11	01:39:32	199	00:05:20	00:18:30	01:21:03
162	KEMNITZ Marcin	78	3GRAVITY	M35-39	00:24:58	01:17:50	01:44:49	209	00:03:37	00:18:07	01:18:30
163	KOLMAJER Rafał	86	ROWERTOUR	M35-39	00:22:36	01:11:02	01:35:51	185	00:07:23	00:19:51	01:22:57
164	SROKA Jerzy	192	TRI STAROGARD GDAŃSKI	M50-54	00:21:21	01:07:15	01:33:39	179	00:04:31	00:20:15	01:27:59
165	KUZIEMSKI Tomasz	106	KS MARATON OSTRÓW WLKP	M30-34	00:20:42	01:05:28	01:28:37	154	00:07:59	00:21:10	01:29:48
166	REPKA Marek	174	LUPUS TEAM	M45-49	00:23:04	01:12:43	01:38:12	196	00:04:35	00:19:38	01:25:07
167	WOŁOWSKI Lech	222		M40-44	00:21:44	01:08:04	01:32:17	174	00:07:56	00:22:07	01:28:02
168	ŻYCHLIŃSKI Miłosz	226	KS CELIRONMAN	M45-49	00:24:12	01:14:28	01:38:03	194	00:09:50	00:19:28	01:22:00
169	PANASIUK Maciej	155	LEASEPLAN TRIATHLON TEAM	M25-29	00:19:47	01:03:19	01:26:33	141	00:09:52	00:21:38	01:30:39
170	NOWARA Andrzej	149		M50-54	00:21:25	01:07:28	01:32:20	175	00:10:36	00:20:13	01:26:51
171	REZA Marek	175		M50-54	00:23:16	01:12:13	01:38:13	197	00:07:58	00:20:05	01:25:12
	SUDAKOWSKI Tomasz	196	KS TRIATHLON RAWA	M45-49	00:23:29	01:15:06	01:42:46	203	00:03:32	00:19:22	01:24:57
173	JASIŃSKI Bogusław	63		M65-69	00:20:35	01:04:38	01:28:33	152	00:10:04	00:20:22	01:31:53
174	STANKOWSKI Dawid	193	PŁONAŃCE RACICE	M25-29	00:20:02	01:03:30	01:25:44	137	00:07:23	00:23:07	01:36:59
	FAJOK Szymon	45		M18-24	00:21:40	01:10:57	01:36:18	188	00:07:12	00:21:19	01:28:08
176	LEWARDOWSKI Konrad	116	KTB KUNY STRZESZYN	M45-49	00:22:06	01:07:41	01:32:09	172	00:15:48	00:16:14	01:22:22
177	BUTRYM Piotr	21	FORREST	M35-39	00:21:55	01:06:22	01:29:23	158	00:06:34	00:19:59	01:37:10
178	LUTOWSKI Wojciech	122	TKKF KOLEJARZ BYDGOSZCZ	M30-34	00:23:15	01:10:48	01:36:15	187	00:05:21	00:21:28	01:32:09
179	WRZOSEK Dominik	224	ZPIT PW	M25-29	00:23:21	01:13:54	01:41:03	202	00:08:48	00:20:01	01:25:26
180	DĄBROWSKI Jarek	37	ŁOMIANKOWSKA GRUPA BIEGOWA TRI	M45-49	00:22:00	01:07:36	01:30:31	161	00:10:26	00:21:06	01:33:34
181	PAWLAK Piotr	156	PKO BANK POLSKI	M40-44	00:21:43	01:09:54	01:36:55	191	00:08:26	00:21:09	01:29:53
182	JENDERNALIK Łukasz	67		M35-39	00:21:20	01:07:04	01:31:18	168	00:08:56	00:21:03	01:36:41

				Pływanie				T1	Rower		T2	Bieg	Czas
183	RYKOWSKI Andrzej	183		M25-29	00:23:10	01:10:32	01:35:49	184	00:06:03	00:22:12	01:34:35		
184	KOŁODZIEJSKI Tomasz	87	GINASO	M50-54	00:24:49	01:17:58	01:44:39	207	00:07:56	00:21:21	01:25:09		
185	WSZEBOROWSKI Dariusz	225	SBR EŁK	M50-54	00:21:44	01:07:43	01:31:03	167	00:11:17	00:22:36	01:34:14		
186	ANDRUSZKIEWICZ Arkadiusz	3		M40-44	00:25:23	01:17:44	01:44:41	208	00:11:43	00:18:57	01:21:25		
	KAMIŃSKI Michał	76	DELL RUNNING TEAM	M25-29	00:20:41	01:07:01	01:32:07	171	00:05:11	00:22:21	01:38:51		
188	KĘPIŃSKI Henryk	79	KB SPARTAKUS BEŁCHATÓW	M65-69	00:22:52	01:14:19	01:43:01	204	00:06:49	00:21:06	01:29:11		
	BŁASZCZYK Borys	17	AZS PP	M25-29	00:25:14	01:18:53	01:43:19	206	00:08:11	00:20:24	01:27:56		
190	MACHAJ Tomasz	228		M45-49	00:21:38	01:06:15	01:28:40	155	00:14:26	00:23:23	01:37:06		
191	BECLA Leszek	12	HETEROMASTERS	M25-29	00:22:18	01:13:41	01:39:33	200	00:06:59	00:21:03	01:32:13		
192	CHMIEL Dariusz	23	PTT DELTA	M55-59	00:22:37	01:12:29	01:38:03	193	00:08:21	00:22:27	01:35:45		
Przekroczony limit czasu: 15:00:00													
193	ANDRZEJEWSKI Adrian	4	TEAMKARAŚ	M25-29	00:20:35	01:03:39	01:27:05	147	00:08:28	00:24:53	01:47:04		
194	KIRKLAND Jim	80	GREENWICH TRITONS	M60-64	00:25:18	01:12:14	01:39:32	198	00:11:46	00:21:36	01:35:10		
195	BUCZKOWSKI Jarosław	19	PRO EVO TRI CLUB	M45-49	00:21:53	01:07:53	01:32:41	178	00:21:58	00:22:09	01:39:10		
196	KRÓLIK Zenon	99	SAM SOBIE STEREM	M70-74	00:26:09	01:21:22	01:50:29	210	00:12:25	00:24:54	01:37:08		
	WIECHNA Krzysztof	215		M40-44									
	JAWORSKI Artur	65		M30-34	00:20:18	01:02:28	01:24:26	128	00:10:08	00:19:32			

Znaleziono 198 wynik(ów)