

Event:
Organiser:
Date:
Place:
Distance:

Ocean Lava Triathlon Polska 2019
Towarzystwo Sportowe TRI-SPORT
2019-08-17
Bydgoszcz
226 km

Classification: Mężczyźni

Split point: 190,7 km

Place	Participant	Number	Club	Category	Drużyna	Swimming				Cycling								Race		
						P_Borowno 0.95km	P_Borowno 2.85km	R_Borowno 3.8km	Poz	R_Kotomierz 9.75km	R_Pauliny 42.75km	R_Lidl 63.25km	R_Kotomierz 87.75km	R_Pauliny 120.75km	R_Lidl 141km	R_Kotomierz 165.75km	B_Announcer 180km		Poz	
1	SOWA Michał	191	DECATHLON TRIATHLON TEAM	M30-34		00:14:58	00:46:55	01:03:18	10	00:02:55	00:15:45	01:06:50	01:38:12	02:16:10	03:08:43	03:42:45	04:22:14	04:46:49	1	00:02:37
2	KOWALCZYK Marek	94		M40-44		00:15:06	00:46:57	01:03:22	12	00:02:42	00:15:58	01:08:41	01:41:33	02:21:23	03:14:52	03:49:25	04:30:03	04:55:27	2	00:01:21
3	MAZUR Paweł	131	UKS TRS SUSZ/AGROLOK SPORT TEAM	M30-34		00:14:44	00:44:37	00:59:41	4	00:02:20	00:16:29	01:11:19	01:44:50	02:25:06	03:18:56	03:53:52	04:35:00	05:00:14	6	00:01:29
4	PLUTA Gniewomir	164	UKS TRS SUSZ	M35-39		00:14:48	00:44:38	00:59:42	5	00:02:25	00:17:03	01:11:46	01:45:33	02:25:41	03:19:21	03:54:15	04:34:39	05:00:07	5	00:01:49
5	SZYSZKA Łukasz	233	TVN MEDIA	M25-29		00:14:42	00:45:20	01:00:48	7	00:02:17	00:17:13	01:13:25	01:47:43	02:28:49	03:23:47	03:58:50	04:39:47	05:05:08	8	00:02:09
	KOT Remigiusz	92	RM TRI TEAM	M45-49		00:15:35	00:47:58	01:04:37	15	00:02:37	00:16:55	01:10:09	01:43:29	02:23:14	03:17:27	03:52:35	04:34:17	04:59:25	3	00:02:26
7	BOROWIAK Rafał	18	JOKŚ TEAM	M35-39		00:15:47	00:48:52	01:05:30	18	00:02:57	00:16:39	01:11:50	01:46:11	02:26:58	03:22:45	03:57:20	04:38:59	05:04:27	7	00:02:01
8	LEWANDOWSKI Maciej	115	#DASHRADE TEAM	M30-34	#DASHRADE Team	00:15:54	00:49:17	01:06:08	23	00:02:53	00:16:25	01:11:38	01:46:12	02:27:44	03:24:39	04:00:58	04:43:11	05:08:43	12	00:02:17
9	GOZDALSKI Jarosław	56	WITKOWO BIEGA	M45-49		00:16:33	00:50:31	01:08:21	34	00:02:54	00:18:26	01:17:08	01:51:22	02:33:43	03:31:12	04:06:30	04:46:43	05:11:44	15	00:01:39
10	MAZUREK Michał	132	EUROSOFT	M40-44		00:17:22	00:54:21	01:13:32	53	00:02:34	00:16:45	01:12:36	01:46:32	02:27:54	03:24:07	03:59:59	04:41:50	05:08:20	11	00:01:30
11	PLICHTA Andrzej	162	PIASECKI CONCEPT	M30-34		00:16:59	00:54:32	01:14:27	57	00:03:39	00:16:47	01:11:32	01:45:49	02:26:38	03:22:32	03:58:09	04:39:12	05:05:24	9	00:01:57
12	ERMANIS Gints	44	IRONMAN.LV	M40-44		00:19:08	01:00:00	01:21:23	108	00:02:14	00:16:25	01:10:48	01:44:11	02:25:43	03:20:45	03:54:27	04:34:21	05:00:07	4	00:02:09
13	MROCKOWSKI Karol	144	#DASHRADE TEAM	M25-29	#DASHRADE Team	00:14:11	00:43:54	00:59:08	1	00:03:15	00:17:53	01:15:34	01:51:48	02:34:56	03:33:36	04:10:54	04:54:53	05:21:53	24	00:03:58
14	GNIOT Jacek	53	WOJSKOWE ZAKŁADY UZBROJENIA S.A.	M45-49		00:18:53	00:57:43	01:18:20	81	00:02:27	00:17:00	01:11:58	01:45:57	02:27:50	03:23:37	03:57:16	04:40:13	05:05:34	10	00:02:50
15	ROSIŃSKI Jarosław	177		M40-44		00:16:58	00:53:25	01:12:16	44	00:04:27	00:16:42	01:11:42	01:45:46	02:28:14	03:25:29	04:01:19	04:44:52	05:11:03	14	00:01:51
16	SZYMKOWIAK Norbert	204	R-TEAM RYDZYNA	M25-29		00:17:25	00:54:33	01:13:55	55	00:04:30	00:16:27	01:11:22	01:45:27	02:27:33	03:23:49	04:00:08	04:43:34	05:09:24	13	00:02:34
17	PLUCINSK Michał	163	TMT	M35-39		00:15:04	00:47:01	01:03:16	9	00:04:10	00:17:49	01:17:11	01:54:25	02:38:44	03:39:13	04:17:19	05:01:05	05:28:33	33	00:02:45
18	SERGEJEVS Jevgenijs	186	IRONMAN.LV	M40-44		00:17:12	00:53:31	01:12:11	43	00:05:16	00:17:56	01:14:55	01:49:54	02:32:01	03:30:30	04:07:03	04:50:45	05:18:09	18	00:02:55
19	JĄSKIEWICZ Marcin	64	MOGILNO TEAM	M30-34		00:15:47	00:49:51	01:07:30	29	00:03:46	00:17:57	01:16:29	01:51:50	02:34:24	03:31:59	04:08:43	04:53:13	05:21:36	22	00:01:58
20	MICHALSKI Andrzej	135	BIKE BROTHERS TARNÓW	M30-34		00:16:34	00:49:23	01:06:38	25	00:03:34	00:18:06	01:17:29	01:53:27	02:38:53	03:37:47	04:15:11	04:59:37	05:27:23	32	00:03:12
21	KRZEMIŃSKI Marcin	101	SPRINT GORZYCE	M40-44		00:16:21	00:49:30	01:07:10	28	00:06:02	00:17:38	01:15:22	01:49:21	02:32:20	03:31:17	04:07:26	04:55:56	05:23:35	27	00:03:43
22	SOSNOWSKI Jarosław	190	PTT DELTA	M35-39		00:14:02	00:44:03	00:59:28	2	00:02:36	00:16:27	01:12:10	01:47:57	02:33:01	03:36:31	04:15:44	05:03:26	05:32:39	40	00:02:32
23	SMANTSEROV Mykola	188	DELIVERO.UA	M40-44		00:16:57	00:52:04	01:10:17	39	00:05:11	00:19:08	01:22:14	02:01:20	02:47:51	03:53:27	04:35:00	05:25:15	05:53:27	94	00:04:19
24	CIBOROWSKI Damian	28	SPEED JASŁO	M45-49	CIBOR IRON TEAM	00:15:57	00:49:00	01:06:14	24	00:03:16	00:17:18	01:14:17	01:49:37	02:32:37	03:31:28	04:09:44	04:54:47	05:21:52	23	00:03:03
25	SZTENDEREWICZ Rafał	202	SPORTEVO	M40-44		00:18:22	00:57:08	01:16:19	66	00:03:09	00:17:21	01:13:24	01:47:43	02:30:05	03:31:34	04:09:59	04:56:17	05:23:18	26	00:03:25
26	MICHALAK Michał	134	DZIKI KOSZALIN	M35-39		00:16:47	00:52:06	01:09:58	37	00:04:56	00:17:08	01:13:27	01:47:42	02:29:59	03:29:14	04:06:53	04:52:11	05:19:48	20	00:04:42
27	KUŻMA Adam	107	FAR KUBA TEAM	M30-34		00:18:26	00:59:01	01:20:43	99	00:05:08	00:18:16	01:16:25	01:51:50	02:34:39	03:31:41	04:07:57	04:51:42	05:19:21	19	00:03:42
	OIKONOMOU Alexandros	150	TRIAS	M45-49		00:17:04	00:53:51	01:13:01	51	00:06:02	00:20:58	01:27:42	02:11:20	03:06:39	04:29:03					
29	GÓRECKI Tomasz	57	PTT DELTA	M30-34		00:15:08	00:47:10	01:03:38	13	00:04:12	00:17:02	01:15:45	01:51:57	02:36:15	03:36:42	04:14:33	05:03:22	05:32:54	41	00:02:10
30	CHMEL Sergiy	22	BORYS RUNNING CLUB	M35-39		00:20:14	01:02:15	01:24:16	126	00:05:51	00:17:06	01:12:50	01:48:07	02:30:18	03:29:02	04:07:22	04:52:44	05:20:04	21	00:03:43
31	KUNECKI Marcin	104	HILLINGDON TRIATHLETES	M35-39		00:18:08	00:58:05	01:19:31	90	00:02:51	00:16:45	01:13:33	01:50:28	02:34:21	03:35:07	04:12:37	04:57:00	05:24:21	28	00:02:38
32	SZCZYRBOWSKI Michał	199	YOOBEE. PL	M35-39		00:16:58	00:52:46	01:11:20	42	00:03:46	00:18:30	01:18:47	01:56:38	02:42:48	03:44:19	04:23:06	05:08:52	05:36:19	46	00:02:03
33	BIELIŃSKI Piotr	16	KUŹNIA TRIATHLONU	M25-29		00:16:08	00:50:36	01:09:18	35	00:04:49	00:18:06	01:18:02	01:54:38	02:40:51	03:42:15	04:21:58	05:09:24	05:39:22	53	00:02:11
34	KITA Tomek	167	SPECSHOP TEAM	M40-44		00:15:49	00:48:07	01:04:58	16	00:02:21	00:19:03	01:20:00	01:55:11	02:39:15	03:43:55	04:22:48	05:09:26	05:38:34	50	00:02:29

				Swimming					Cycling							Race			
35	NOSOWSKI Jacek	148		M45-49	00:16:00	00:49:47	01:07:07	27	00:06:03	00:18:23	01:19:37	01:57:44	02:43:19	03:44:03	04:22:43	05:08:34	05:37:21	47	00:04:59
36	LIPUTA Grzegorz	117	#DASHRADE TEAM	M30-34	00:18:35	00:57:46	01:17:44	77	00:05:08	00:18:04	01:16:45	01:52:56	02:37:21	03:37:31	04:16:26	05:03:46	05:31:44	36	00:03:00
37	JARON Tomasz	62	AKADEMIA TRIATHLONU JAROSLAW	M45-49	00:14:45	00:45:32	01:01:20	8	00:04:31	00:17:54	01:17:32	01:53:19	02:37:50	03:39:27	04:20:14	05:10:35	05:41:19	63	00:04:49
38	SUPERSON Wojtek	197		M45-49	00:16:12	00:50:00	01:07:44	32	00:03:29	00:19:10	01:17:28	01:54:45	02:40:47	03:45:15	04:24:55	05:11:49	05:40:21	58	00:02:39
39	KOCENDA Wojciech	85	PRO-TRI.PL	M30-34	00:18:20	00:57:36	01:18:11	80	00:05:05	00:18:01	01:18:15	01:57:24	02:40:36	03:41:05	04:19:44	05:05:04	05:33:11	42	00:03:56
40	BANACH Jan	7	KLINIKA TRIATHLONU BYDGOSZCZ	M25-29	00:14:38	00:44:28	00:59:32	3	00:04:30	00:18:31	01:17:42	01:53:41	02:37:51	03:39:53	04:18:01	05:05:37	05:33:38	45	00:02:04
41	POCENTEK Krzysztof Robert	166	POCENTTEAM	M45-49	00:17:20	00:54:24	01:13:30	52	00:04:31	00:18:45	01:17:34	01:54:38	02:39:25	03:42:20	04:22:31	05:09:26	05:38:32	49	00:02:25
42	KLUŻNIAK Wojciech	83		M35-39	00:15:46	00:48:54	01:06:05	21	00:04:22	00:18:51	01:22:13	01:59:57	02:46:31	03:48:38	04:28:07	05:15:28	05:44:21	70	00:02:08
43	RYBAK Remigiusz	181		M40-44	00:19:24	00:59:26	01:20:11	93	00:05:31	00:18:03	01:17:19	01:52:50	02:36:53	03:35:07	04:13:24	04:58:02	05:25:48	30	00:02:52
44	LASSOTA Artur	112	1969	M50-54	00:19:04	00:59:52	01:20:36	97	00:04:22	00:17:45	01:14:15	01:49:54	02:34:28	03:35:09	04:14:33	05:01:23	05:30:12	35	00:03:34
45	LEPCZYŃSKI Lesław	113		M40-44	00:19:14	00:59:24	01:20:03	92	00:06:57	00:18:33	01:17:36	01:54:08	02:38:50	03:40:55	04:19:46	05:04:55	05:33:24	44	00:03:33
46	KAMIŃSKI Tomasz	74	AMS TRIATHLON	M35-39	00:20:18	01:06:10	01:32:39	177	00:07:08	00:17:16	01:13:26	01:48:29	02:29:57	03:27:18	04:03:24	04:46:06	05:13:05	16	00:05:53
47	WALUKIEWICZ Dariusz	213		M40-44	00:19:53	01:01:33	01:23:09	117	00:04:15	00:18:02	01:16:00	01:52:51	02:37:35	03:39:06	04:17:48	05:04:39	05:33:18	43	00:02:45
48	PRZYBYLSKI Maciej	172		M40-44	00:22:26	01:07:56	01:30:48	164	00:05:46	00:17:07	01:13:40	01:49:24	02:32:53	03:32:10	04:10:21	04:55:45	05:23:11	25	00:05:12
49	EDWARD Kalicki	43		M50-54	00:18:40	00:57:17	01:17:35	75	00:09:08	00:18:59	01:17:11	01:53:06	02:39:02	03:39:30	04:16:46	05:01:59	05:29:11	34	00:06:13
50	CZARNECKI Paweł	33	WARSAW MASTERS TEAM	M30-34	00:14:07	00:44:33	00:59:58	6	00:04:03	00:19:58	01:22:36	02:01:02	02:49:04	03:54:06	04:36:19	05:26:21	05:56:16	101	00:04:49
51	JANKOWSKI Tomasz	60	TRISPACE	M45-49	00:17:32	00:55:53	01:16:13	65	00:06:04	00:18:46	01:21:45	02:01:40	02:47:34	03:49:37	04:28:26	05:13:28	05:41:10	60	00:04:08
52	KALIN Wladyslaw	72	TAEKWON-DO GROMOWSKI	M35-39	00:16:50	00:55:11	01:15:10	59	00:06:47	00:18:52	01:18:18	01:56:01	02:41:41	03:45:03	04:25:48	05:12:55	05:41:41	64	00:04:46
53	MAZANKA Jakub	129		M40-44	00:18:16	00:56:40	01:16:04	64	00:04:56	00:20:00	01:19:11	01:56:32	02:40:43	03:43:41	04:22:38	05:11:11	05:42:50	66	00:04:55
54	JABŁOŃSKI Marcin	227	KRYSPOUR TEAM	M45-49	00:20:26	01:03:40	01:24:43	131	00:07:30	00:18:13	01:18:14	01:55:58	02:41:00	03:41:29	04:19:37	05:04:10	05:31:46	37	00:04:37
55	KAMIŃSKI Marek	75		M30-34	00:19:18	01:00:51	01:23:57	122	00:04:28	00:18:16	01:16:30	01:52:40	02:38:22	03:40:33	04:21:08	05:09:46	05:39:19	52	00:02:31
56	MØLLER Gert	141		M55-59	00:16:18	00:49:41	01:07:02	26	00:03:58	00:18:26	01:19:52	01:58:27	02:45:52	03:50:57	04:31:45	05:20:30	05:50:33	82	00:04:01
57	STUDNIAK Mateusz	195	GDYŃSKI TRIATHLON	M30-34	00:15:35	00:48:55	01:06:04	20	00:03:42	00:17:34	01:15:26	01:52:55	02:41:48	03:50:59	04:33:01	05:22:59	05:53:47	97	00:03:09
58	KOWALSKI Krzysztof	95	TRENUJ Z NAJLEPSZYMI	M40-44	00:15:45	00:48:40	01:06:05	22	00:04:20	00:18:30	01:17:35	01:53:50	02:39:36	03:43:14	04:24:05	05:11:43	05:40:10	57	00:02:47
59	FARAN Grzegorz	46	GTSULMIN	M45-49	00:16:39	00:52:03	01:10:19	40	00:04:15	00:20:06	01:23:23	02:03:03	02:50:48	03:54:59	04:36:03	05:23:24	05:52:23	91	00:02:51
60	ŁUCYSZYN Robert	124		M40-44	00:16:46	00:53:06	01:12:38	48	00:08:49	00:19:35	01:20:46	01:58:24	02:45:26	03:47:55	04:27:27	05:14:43	05:43:13	68	00:03:19
61	MARTYNOWSKI Łukasz	127		M35-39	00:17:06	00:56:07	01:16:31	68	00:03:59	00:17:15	01:15:12	01:53:45	02:44:37	03:54:52	04:35:54	05:23:33	05:52:21	90	00:02:50
62	DASZEWSKI Filip	36		M18-24	00:17:02	00:53:45	01:12:27	47	00:04:06	00:17:29	01:15:08	01:51:36	02:38:32	03:43:01	04:24:40	05:14:54	05:45:18	72	00:04:18
63	CHYLARECKI Robert	25	GVT	M50-54	00:18:12	00:57:00	01:17:13	71	00:06:23	00:18:36	01:18:07	01:54:51	02:40:14	03:42:45	04:22:15	05:09:31	05:38:48	51	00:07:52
64	WILICKI Tomasz	208	DELL RUNNING TEAM	M40-44	00:18:44	00:59:21	01:20:34	95	00:07:14	00:18:38	01:17:33	01:55:48	02:41:30	03:43:28	04:21:43	05:09:19	05:39:28	54	00:05:27
65	MIS Waldemar	138	ALIOR RUNNING TEAM	M40-44	00:20:01	01:03:27	01:26:47	144	00:04:04	00:18:47	01:20:06	01:58:34	02:44:46	03:47:55	04:27:42	05:14:11	05:42:31	65	00:02:55
66	LUBOWICKI Łukasz	120	40-LATEK TYCHY	M40-44	00:18:27	00:57:04	01:16:41	69	00:07:23	00:19:01	01:21:46	02:00:32	02:47:06	03:50:17	04:30:47	05:18:05	05:47:13	77	00:05:39
67	KARALIUK Andrei	77		M35-39	00:18:05	00:57:19	01:17:29	73	00:04:29	00:19:22	01:22:46	02:02:08	02:49:20	03:53:18	04:35:03	05:22:44	05:52:27	92	00:02:09
68	CUBER Piotr	32	CTS	M40-44	00:20:06	01:02:38	01:23:56	121	00:05:23	00:18:58	01:22:08	02:01:30	02:48:31	03:51:28	04:30:56	05:17:22	05:45:46	74	00:03:47
69	KALISZEWSKI Daniel	73		M40-44	00:20:24	01:02:31	01:24:40	130	00:04:24	00:18:15	01:19:20	01:58:50	02:44:28	03:48:24	04:28:02	05:14:48	05:42:54	67	00:05:22
70	ŁĄCZKA Tomasz	123		M40-44	00:20:36	01:06:19	01:32:11	173	00:11:54	00:18:07	01:16:00	01:52:02	02:36:15	03:36:22	04:15:25	05:00:08	05:26:30	31	00:04:57
71	ĆWIK Dariusz	35	HUSSE TEAM	M45-49	00:18:44	00:57:27	01:17:33	74	00:05:17	00:19:37	01:22:46	02:02:26	02:49:54	03:53:55	04:34:36	05:23:02	05:52:13	88	00:03:27
72	OMELIANENKO Yaroslav Omelianenko	154		M25-29	00:18:33	01:00:44	01:23:09	116	00:05:39	00:17:55	01:16:19	01:53:10	02:38:25	03:41:24	04:21:57	05:12:13	05:40:49	59	00:02:20
73	LETKOWSKI Dariusz	114	GAPMONT RUNNING TEAM	M40-44	00:17:39	00:54:50	01:12:47	49	00:05:46	00:19:38	01:22:39	02:03:04	02:51:25	03:55:32	04:36:36	05:26:13	05:55:26	100	00:03:40
74	SZPITER Tomasz	201	OLAWS ZŁOTORYJA	M50-54	00:19:21	00:59:35	01:20:47	101	00:05:14	00:18:16	01:18:49	01:57:01	02:43:13	03:46:38	04:27:24	05:17:09	05:46:34	76	00:04:12
75	AUGUSTYŃIAK Artur	6	FUJITSU RUNNING TEAM ŁÓDŹ	M35-39	00:19:32	00:59:51	01:19:40	91	00:04:28	00:19:32	01:21:24	02:00:35	02:48:25	03:54:01	04:35:37	05:23:14	05:52:03	87	00:03:49
76	KOSMACZEWSKI Ireneusz	91	KODRUK.NET	M40-44	00:18:34	00:55:42	01:15:12	60	00:06:37	00:19:03	01:20:38	01:58:08	02:44:54	03:48:27	04:28:58	05:19:39	05:49:12	79	00:04:35
77	MOZLER Jerzy	143		M45-49	00:16:01	00:50:34	01:08:11	33	00:10:50	00:19:49	01:20:50	01:59:38	02:47:58	03:54:38	04:36:57	05:26:51	05:57:30	110	00:06:06
78	SEVASTSYANAU Sjarhei	187	SEVASTSYANAU TEAM	M40-44	00:24:11	01:14:59	01:43:18	205	00:04:26	00:18:37	01:17:22	01:53:09	02:36:47	03:38:01	04:17:38	05:04:51	05:32:04	38	00:04:17
79	RUSIN Jakub	180		M30-34	00:18:07	00:56:36	01:15:46	63	00:04:21	00:19:40	01:23:16	02:01:58	02:51:10	03:57:26	04:37:49	05:27:48	05:57:22	108	00:03:13
80	MACIULEVICIUS Arunas	200	TRITONAS	M45-49	00:18:44	00:57:45	01:18:21	82	00:04:53	00:19:10	01:22:54	02:02:48	02:50:34	03:54:11	04:36:47	05:26:13	05:55:25	99	00:02:58

				Swimming				Cycling										Race		
81	NIEMCZYK Kazimierz	147	M55-59	00:20:51	01:05:11	01:28:45	156	00:09:18	00:19:14	01:20:26	01:58:12	02:43:45	03:46:21	04:25:44	05:12:57	05:41:17	62	00:04:28		
82	PRYK Rafał	171	ROZBIEGANY GOLENIÓW	M40-44	00:20:06	01:02:22	01:24:31	129	00:05:32	00:19:33	01:23:31	02:01:59	02:47:44	03:51:32	04:32:10	05:20:48	05:49:15	80	00:03:13	
83	LIZIK Radosław	119	TRISPACE	M40-44	TriSpace	00:20:05	01:02:23	01:23:43	120	00:08:03	00:19:21	01:21:44	02:00:22	02:47:12	03:50:45	04:30:37	05:17:11	05:45:31	73	00:05:26
84	SZCZEPAŃSKI Adam	198	KB PIONIER SZCZECIN	M30-34		00:18:37	00:57:03	01:17:25	72	00:11:50	00:18:54	01:21:56	02:03:01	02:49:21	03:52:57	04:33:44	05:21:34	05:51:00	84	00:09:02
85	CIBOROWSKI Sebastian	29	SEBA SPORT PISZ	M45-49	CIBOR IRON TEAM	00:16:57	00:53:57	01:12:23	46	00:07:59	00:17:31	01:18:20	01:55:48	02:42:40	03:49:45	04:32:12	05:23:38	05:52:37	93	00:06:24
86	PRUSIK Bartosz	170	COZMOBIKE	M25-29		00:20:02	01:02:59	01:25:29	136	00:05:49	00:17:54	01:15:28	01:52:08	02:38:06	03:44:02	04:25:10	05:12:35	05:41:13	61	00:06:59
87	SZWEDA Tomasz	203	MEBŁOBYSK CZERNICE	M35-39		00:22:38	01:10:37	01:35:41	183	00:05:13	00:18:06	01:17:54	01:55:14	02:40:12	03:42:37	04:23:23	05:11:13	05:39:30	55	00:03:12
88	MAKOWSKI Sławomir	126	RUN BYDGOSZCZ	M50-54		00:22:34	01:11:03	01:35:56	186	00:04:59	00:19:23	01:20:37	01:59:21	03:59:42	05:01:50	05:42:48				
89	GOSTOMSKI Mariusz	55	TRI STAROGARD GDAŃSKI	M50-54		00:18:50	00:59:12	01:20:14	94	00:05:06	00:19:05	01:21:53	02:01:32	02:48:31	03:53:47	04:35:52	05:23:45	05:52:19	89	00:06:22
90	KRÓLCZYŃSKI Maciej	98		M35-39		00:18:47	00:58:02	01:18:24	83	00:03:51	00:19:26	01:21:28	02:00:31	02:48:30	03:54:29	04:36:41	05:27:30	05:57:07	105	00:02:56
91	MATERNA Roman	128	SPAR POLSKA	M50-54		00:17:54	00:55:01	01:14:17	56	00:04:59	00:19:32	01:23:06	02:02:55	02:50:22	03:55:19	04:38:55	05:31:06	06:01:11	122	00:03:01
92	PIASEK Piotr	159	TRIUNLIMITED	M50-54		00:20:24	01:03:21	01:26:41	143	00:06:40	00:19:09	01:21:33	02:00:15	02:47:02	03:51:00	04:32:11	05:21:08	05:50:34	83	00:05:11
93	JĘDRZEJCZYK Piotr	68		M45-49		00:19:28	00:59:46	01:21:18	107	00:05:41	00:18:10	01:17:15	01:54:11	02:38:54	03:59:27	04:40:15	05:28:47	05:58:20	116	00:03:21
94	FEDYNA Igor	48	SHYPSHYNA RUN CLUB	M40-44		00:20:10	01:02:17	01:23:39	119	00:06:29	00:21:21	01:25:18	02:04:26	02:50:32	03:54:08	04:34:28	05:22:32	05:51:35	86	00:03:06
95	BARANOWSKI Roman	8	FOREVER TEAM	M45-49		00:15:06	00:47:35	01:05:06	17	00:09:44	00:19:02	01:21:27	02:01:00	02:49:18	03:56:16	04:38:54	05:30:17	06:01:51	125	00:08:42
96	AUGUSTYNIAK Grzegorz	5	PTTDELTA	M45-49		00:18:02	00:55:02	01:13:50	54	00:05:47	00:19:28	01:23:28	02:03:04	02:51:21	03:58:05	04:41:19	05:33:20	06:02:36	126	00:05:34
97	LISIECKI Jacek	118		M45-49		00:23:15	01:13:38	01:39:42	201	00:08:51	00:17:51	01:16:23	01:53:31	02:37:59	03:40:19	04:19:07	05:03:58	05:32:11	39	00:04:24
98	PIECHACZYK Sławomir	160		M35-39		00:18:49	00:59:31	01:20:51	102	00:06:53	00:19:50	01:23:59	02:02:47	02:49:31	03:54:41	04:36:27	05:25:04	05:53:46	96	00:03:31
99	POREBSKI Paweł	168	SPRINT GORZYCE	M40-44		00:20:15	01:02:58	01:24:46	132	00:06:09	00:19:08	01:20:44	01:59:16	02:46:17	03:55:14	04:36:25	05:25:36	05:53:33	95	00:03:48
100	OLSZEWSKI Łukasz	153	ROZBEGANE DZIAŁDOWO	M40-44		00:19:26	01:01:30	01:23:24	118	00:04:44	00:18:50	01:23:02	02:02:26	02:49:40	03:57:12	04:38:50	05:27:57	05:55:19	98	00:02:04
101	BARTECKI Aleksander	10	HRMAX ŻORY	M45-49		00:22:25	01:11:00	01:36:20	189	00:03:02	00:19:22	01:21:25	02:01:09	02:45:06	03:49:11	04:30:38	05:16:36	05:43:51	69	00:02:36
102	CICHOSZ Arkadiusz	30		M45-49		00:18:25	00:57:54	01:18:05	79	00:04:24	00:18:59	01:22:04	02:01:34	02:48:56	03:56:44	04:39:31	05:29:32	05:59:41	119	00:03:41
103	KUCIŃSKI Artur	102		M40-44		00:16:52	00:53:19	01:12:16	45	00:08:11	00:19:18	01:22:08	02:02:47	02:52:26	03:59:27	04:39:28	05:28:34	05:58:16	114	00:07:50
104	RZEPKA Tomasz	185	HTF LUDWIK SIKORSKI	M40-44		00:20:01	01:02:21	01:24:17	127	00:09:17	00:20:14	01:24:54	02:03:49	02:50:30	03:55:22	04:36:59	05:26:54	05:56:32	102	00:03:09
105	SOKOŁOWSKI Tomasz	189	KLINIKA TRIATHLONU	M30-34		00:18:25	00:59:07	01:20:41	98	00:03:49	00:19:52	01:25:36	02:06:14	02:55:01	04:00:50	04:42:20	05:31:53	06:03:03	128	00:02:09
106	BETLEJ Hubert	14	ESKADRA KRAKÓW	M35-39		00:23:07	01:11:06	01:36:38	190	00:04:10	00:25:12	01:23:30	02:00:44	02:45:36	03:47:47	04:28:41	05:16:08	05:44:46	71	00:03:04
107	KOZAKOVSKY Dmitry	96	TRI.BY	M45-49		00:20:37	01:04:46	01:27:30	148	00:04:44	00:19:23	01:22:22	02:02:33	02:50:03	03:57:53	04:40:17	05:29:11	05:57:31	111	00:04:10
108	MOJSIEWICZ Sławomir	139		M40-44		00:19:16	01:01:11	01:23:05	115	00:04:31	00:18:46	01:18:01	01:56:34	02:43:24	03:49:06	04:31:02	05:19:22	05:49:31	81	00:05:57
109	MELLER Michał	133	TRI STAROGARD GDAŃSKI	M45-49		00:17:03	00:52:00	01:10:01	38	00:04:22	00:19:09	01:24:30	02:05:43	02:55:30	04:03:33	04:47:46	05:41:05	06:12:09	142	00:05:47
110	NAROJCZYK Krzysztof	146	TRI MASTERS PIASECZNO	M45-49		00:18:48	00:58:35	01:19:08	86	00:05:01	00:21:04	01:21:09	01:59:23	02:47:20	03:55:27	04:38:53	05:32:18	06:02:54	127	00:04:55
111	OLENDER Paweł	151	CAR4PARTS MRĄGOWO	M40-44		00:19:28	01:00:06	01:20:44	100	00:03:39	00:20:44	01:26:59	02:08:12	02:57:56	04:04:08	04:44:44	05:34:08	06:04:10	131	00:03:51
112	PELANT Ryszard	158	WICHER ROSNÓWKO	M40-44		00:19:29	00:58:50	01:19:14	87	00:06:49	00:19:45	01:24:05	02:05:13	02:52:12	03:58:03	04:39:24	05:28:31	05:57:57	113	00:06:17
113	CIMACHOWSKI Jakub	31	CIMATECH	M35-39		00:16:53	00:51:45	01:09:45	36	00:08:33	00:20:35	01:25:37	02:07:07	02:58:55	04:08:31	04:53:01	05:44:03	06:14:27	146	00:04:24
114	ŚLIWIŃSKI Jakub	207	JOLKA JOLKA TEAM	M25-29		00:19:05	01:00:35	01:21:34	109	00:04:07	00:19:15	01:22:37	02:03:09	02:52:39	04:00:57	04:43:58	05:35:09	06:06:22	134	00:03:45
115	DOODY Patrick	40		M50-54		00:18:34	00:59:38	01:22:19	112	00:05:48	00:20:50	01:21:52	02:01:46	02:50:13	03:56:08	04:37:43	05:27:54	05:57:26	109	00:04:00
116	WOJCIECHOWSKI Adam	220		M50-54		00:20:01	01:03:35	01:26:40	142	00:04:58	00:19:33	01:22:32	02:02:11	02:49:41	03:57:40	04:38:26	05:28:12	05:57:12	107	00:07:13
117	MIKOŁAJCZYK Rafał	136	THC PROMIL	M40-44		00:18:41	01:00:58	01:22:59	114	00:08:30	00:19:59	01:24:42	02:04:28	02:53:04	04:00:09	04:42:41	05:31:58	06:01:11	121	00:04:30
118	KITKOWSKI Piotr	81		M40-44		00:20:04	01:00:51	01:21:16	106	00:03:43	00:20:05	01:23:09	02:02:24	02:51:23	03:58:48	04:40:46	05:31:49	06:01:46	124	00:03:47
119	KALICH Tomasz	71	CYKLIŚCI RYPIN	M30-34		00:20:46	01:05:22	01:30:15	160	00:08:57	00:19:27	01:21:30	01:59:34	02:45:59	03:50:42	04:32:11	05:22:04	05:51:01	85	00:05:15
120	JAGIEŁŁO Albert	59		M25-29		00:19:19	01:04:23	01:28:03	150	00:05:21	00:19:29	01:25:07	02:05:21	02:52:47	03:57:53	04:39:13	05:28:03	05:57:08	106	00:04:22
121	CHOJNOWSKI Andrzej	24		M50-54		00:21:04	01:06:39	01:30:41	163	00:04:45	00:18:50	01:21:18	02:00:51	02:48:35	03:54:49	04:37:25	05:27:09	05:58:17	115	00:03:02
122	RYGIEL Robert	182		M55-59		00:20:22	01:02:30	01:24:11	125	00:07:16	00:19:49	01:24:06	02:04:45	02:53:26	04:02:31	04:45:24	05:35:33	06:06:27	135	00:05:01
123	WŁODARCZAK Witold	218	TRISPACE	M55-59	TriSpace	00:21:15	01:05:37	01:28:33	153	00:03:42	00:19:44	01:24:56	02:04:36	02:53:07	04:02:13	04:45:37	05:36:54	06:08:29	138	00:03:05
124	LASSAK Bartosz	111	CHŁOPAKI TO MY	M40-44		00:19:12	01:00:43	01:21:52	111	00:05:23	00:20:28	01:25:44	02:08:08	02:57:58	04:06:54	04:50:32	05:42:47	06:13:57	145	00:03:31
125	VASILII Anton	212		M30-34		00:19:57	01:03:52	01:27:32	149	00:07:08	00:19:39	01:22:07	02:01:53	02:51:06	03:57:09	04:39:43	05:36:14	06:06:22	133	00:03:29
126	KRYSIAK Robert	100		M50-54		00:20:11	01:02:27	01:23:58	123	00:06:36	00:20:03	01:26:44	02:06:15	02:55:19	04:03:10	04:46:30	05:38:27	06:09:32	140	00:03:37

					Swimming					Cycling					Race					
127	ŚCIGAŁA Waldemar	206	JELEŃNIA PLAST SPORT TEAM	M45-49	00:15:47	00:49:53	01:07:39	31	00:05:49	00:19:55	01:23:34	02:03:18	02:53:38	04:04:26	04:51:29	05:49:40	06:25:48	160	00:04:55	
128	KACZOR Piotr	70	TRIMANITA RATUŠZ MASZEWO	M40-44	00:17:28	00:55:01	01:14:56	58	00:06:16	00:22:00	01:28:24	02:09:51	03:00:22	04:09:52	04:52:49	05:44:52	06:15:14	147	00:03:27	
129	TYMIŃSKI Dariusz	210	PTT DELTA	M50-54	00:19:51	01:03:43	01:26:50	145	00:05:33	00:20:04	01:25:53	02:06:16	02:55:25	04:04:41	04:49:12	05:41:23	06:12:23	143	00:03:31	
130	BEDYK Ireneusz	13	PTT DELTA	M60-64	00:23:13	01:09:13	01:34:16	181	00:05:45	00:18:30	01:20:55	02:01:34	02:50:16	04:01:01	04:43:32	05:32:19	06:03:06	129	00:03:16	
131	KEMNITZ Marcin	78	3GRAVITY	M35-39	3GRAVITY	00:24:58	01:17:50	01:44:49	209	00:03:37	00:18:07	01:18:30	01:56:24	02:42:03	03:45:45	04:26:54	05:16:47	05:47:48	78	00:06:16
132	KOZŁOWSKI Tomasz	97	MII	M35-39		00:20:57	01:02:47	01:24:09	124	00:07:31	00:20:29	01:25:28	02:04:54	02:53:24	04:02:16	04:45:16	05:36:41	06:08:11	137	00:05:46
133	ADAMOWICZ Andrzej	1		M50-54		00:21:05	01:07:42	01:33:43	180	00:07:04	00:18:28	01:19:13	01:58:04	02:45:50	03:54:03	04:36:56	05:28:20	06:00:34	120	00:07:11
134	KOLMAJER Rafał	86	ROWERTOUR	M35-39		00:22:36	01:11:02	01:35:51	185	00:07:23	00:19:51	01:22:57	02:03:10	02:50:53	03:59:43	04:41:39	05:32:48			
135	LEWARDOWSKI Konrad	116	KTB KUNY STRZESZYŃ	M45-49		00:22:06	01:07:41	01:32:09	172	00:15:48	00:16:14	01:22:22	02:05:07	04:14:43	05:55:42					
136	WOLUSZEWSKI Remigiusz	221	ALIOR RUNNING TEAM	M30-34		00:22:45	01:13:11	01:39:32	199	00:05:20	00:18:30	01:21:03	02:04:13	02:54:01	04:03:07	04:45:44	05:36:33	06:07:19	136	00:04:39
137	DĘBICKI Artur	38		M50-54		00:15:44	00:50:02	01:07:37	30	00:06:59	00:22:05	01:33:25	02:17:49	03:09:53	04:20:17	05:07:39	06:00:02	06:30:11	168	00:04:55
138	MRÓZ Michał	145	DAREDEVILS TRIATHLON TEAM	M35-39		00:17:41	00:56:41	01:17:11	70	00:07:02	00:21:18	01:30:39	02:12:48	03:04:06	04:14:48	04:58:11	05:49:19	06:20:28	154	00:05:32
139	ŻYCHLIŃSKI Miłosz	226	KS CELIRONMAN	M45-49		00:24:12	01:14:28	01:38:03	194	00:09:50	00:19:28	01:22:00	02:01:30	02:49:24	03:56:16	04:37:16	05:27:34	05:57:04	104	00:04:41
140	REPKA Marek	174	LUPUS TEAM	M45-49		00:23:04	01:12:43	01:38:12	196	00:04:35	00:19:38	01:25:07	02:05:27	02:53:02	03:59:24	04:40:30	05:31:01	06:01:43	123	00:03:24
141	NOWARA Andrzej	149		M50-54		00:21:25	01:07:28	01:32:20	175	00:10:36	00:20:13	01:26:51	02:08:28	02:57:35	04:04:34	04:46:21	05:35:11	06:05:33	132	00:04:02
142	GOŁDYŃ Marek	54	TKKF KOSZALIN	M35-39		00:18:21	00:56:45	01:16:29	67	00:09:01	00:19:52	01:27:24	02:08:29	03:01:51	04:16:30	04:59:37	05:54:45	06:26:24	162	00:06:32
143	KONIECZNY Karol	89		M35-39		00:21:45	01:11:22	01:37:12	192	00:07:27	00:18:49	01:20:00	01:58:49	02:46:59	03:56:01	04:38:43	05:29:14	05:59:33	118	00:07:03
144	KLOCKIEWICZ Zbyszko	82	PŁONAĆE RACICE	M25-29		00:18:19	00:55:56	01:15:28	62	00:04:47	00:20:53	01:26:37	02:09:50	03:01:34	04:14:22	05:00:25	05:55:08	06:27:22	164	00:06:35
145	BIAŁOBUŁOCKI Tomasz	15		M50-54		00:21:03	01:06:04	01:30:38	162	00:07:39	00:20:06	01:26:45	02:09:43	03:00:23	04:09:56	04:55:49	05:47:56	06:18:49	151	00:04:09
146	KUPISZ Dominik	105	HERNIK TEAM	M40-44		00:18:55	00:57:25	01:17:53	78	00:04:37	00:20:20	01:26:00	02:08:36	03:01:56	04:14:16	05:00:37	05:55:54	06:29:31	167	00:05:11
147	KORSAKOV Kostiantyn	90	-	M45-49		00:19:00	00:59:20	01:21:38	110	00:09:12	00:19:53	01:23:52	02:04:39	02:56:29	04:08:57	04:54:54	05:50:33	06:23:10	156	00:05:31
148	KUĆ Jarosław	103	TRI TEAM LUBAŃ	M35-39		00:21:24	01:09:22	01:34:39	182	00:05:47	00:19:23	01:24:38	02:05:52	02:55:59	04:06:30	04:51:09	05:44:27	06:16:12	149	00:05:36
149	KOŁODZIEJSKI Tomasz	87	GINASO	M50-54		00:24:49	01:17:58	01:44:39	207	00:07:56	00:21:21	01:25:09	02:04:39	02:52:50	03:57:55	04:40:03	05:28:21	05:56:53	103	00:09:53
150	GACKOWSKI Krzysztof	50	IRON & ONE TEAM	M45-49		00:19:48	01:00:12	01:20:54	103	00:05:52	00:19:43	01:26:10	02:08:31	03:00:26	04:11:09	04:56:58	05:52:31	06:23:58	157	00:05:23
151	WÓJCIK Łukasz	223	CELIRONMAN/OLEJNIK RUNNING TEAM	M30-34		00:19:17	00:59:49	01:19:30	89	00:05:42	00:20:03	01:25:17	02:05:56	02:57:37	04:11:13	04:57:13	05:51:20	06:24:03	158	00:05:05
152	KOWALCZYK Wojciech	93	ARNIE TEAM	M25-29		00:19:26	01:02:57	01:25:47	138	00:10:54	00:20:29	01:25:32	02:07:31	02:57:58	04:09:43	04:55:53	05:49:08	06:21:29	155	00:09:40
153	TRYT Maciej	209	RUN BYDGOSZCZ	M35-39		00:19:30	01:00:10	01:21:15	105	00:07:05	00:19:13	01:23:49	02:05:35	02:57:19	04:13:22	05:01:57	05:57:45	06:28:52	166	00:08:05
154	GŁADYSZ Grzegorz	52		M30-34		00:21:19	01:06:32	01:32:23	176	00:05:18	00:20:41	01:26:51	02:06:32	02:57:26	04:05:58	04:49:32	05:43:25	06:15:47	148	00:04:22
155	REZA Marek	175		M50-54		00:23:16	01:12:13	01:38:13	197	00:07:58	00:20:05	01:25:12	02:05:46	02:55:25	04:06:03	04:50:27	05:43:32	06:16:24	150	00:05:00
156	PRUSACZYK Marcin	169		M45-49		00:19:32	01:00:08	01:20:57	104	00:07:29	00:19:59	01:29:04	02:13:57	03:06:52	04:20:50	05:09:37	06:03:39	06:38:09	179	00:05:00
157	WOŁOWSKI Lech	222		M40-44		00:21:44	01:08:04	01:32:17	174	00:07:56	00:22:07	01:28:02	02:08:38	02:57:10	04:07:12	04:54:49	05:48:05	06:19:53	152	00:06:53
158	OLEŃZKI Janusz	152	WUM	M60-64		00:21:42	01:05:56	01:28:13	151	00:06:06	00:20:32	01:28:24	02:10:57	03:02:42	04:13:38	04:58:11	05:53:11	06:26:09	161	00:06:00
159	WILK Łukasz	217		M40-44		00:18:53	00:58:42	01:19:22	88	00:09:49	00:21:35	01:29:32	02:13:20	03:05:09	04:19:08	05:05:36	06:05:16	06:37:51	178	00:04:38
160	SZYNDLAREWICZ Paweł	205		M35-39		00:22:15	01:07:53	01:31:38	169	00:05:52	00:20:57	01:26:06	02:07:31	02:57:39	04:06:05	04:56:32	05:53:06	06:25:00	159	00:05:36
161	KĘPIŃSKI Henryk	79	KB SPARTAKUS BEŁCHATÓW	M65-69		00:22:52	01:14:19	01:43:01	204	00:06:49	00:21:06	01:29:11	02:10:34	02:59:04	04:08:47	04:53:19	05:43:23	06:13:47	144	00:04:58
162	DOMAGAŁA Dariusz	39	WWW.GYMLAB.PL	M30-34		00:19:55	01:02:08	01:22:51	113	00:06:26	00:21:48	01:32:54	02:17:51	03:09:49	04:22:50	05:11:14	06:06:33	06:37:11	176	00:03:08
163	STASIEWSKI Mariusz	194	TRISPACE	M40-44	TriSpace	00:21:22	01:03:29	01:25:12	134	00:04:30	00:20:24	01:27:17	02:07:00	02:58:39	04:10:37	05:06:23	06:01:30	06:34:05	172	00:03:57
164	JARECKI Paweł	61		M40-44		00:18:48	00:57:22	01:17:38	76	00:09:20	00:19:32	01:23:22	02:06:36	02:57:00	04:10:55	05:01:14	05:57:25	06:35:43	175	00:07:13
165	BUTRYM Piotr	21	FORREST	M35-39		00:21:55	01:06:22	01:29:23	158	00:06:34	00:19:59	01:37:10	02:19:25	03:09:33	04:19:52	05:07:03	06:01:12	06:34:30	173	00:05:20
166	ANDRUSZKIEWICZ Arkadiusz	3		M40-44		00:25:23	01:17:44	01:44:41	208	00:11:43	00:18:57	01:21:25	02:01:56	02:50:43	04:01:24	04:46:08	05:37:59	06:10:28	141	00:08:24
167	SROKA Jerzy	192	TRI STAROGARD GDAŃSKI	M50-54		00:21:21	01:07:15	01:33:39	179	00:04:31	00:20:15	01:27:59	02:10:36	03:03:05	04:18:38	05:06:40	06:01:51	06:35:18	174	00:03:12
168	LUCHOWSKI Rafał	121	12TRI.PL / SPARTANIE DZIECIOM	M50-54		00:20:38	01:03:32	01:26:53	146	00:10:36	00:20:37	01:27:23	02:09:45	03:02:58	04:16:21	05:03:07	05:59:54	06:33:07	171	00:07:16
169	WRZOSEK Dominik	224	ZPIT PW	M25-29		00:23:21	01:13:54	01:41:03	202	00:08:48	00:20:01	01:25:26	02:05:54	02:55:04	04:05:11	04:50:22	05:47:09	06:20:09	153	00:06:17
170	PANASIUK Maciej	155	LEASEPLAN TRIATHLON TEAM	M25-29		00:19:47	01:03:19	01:26:33	141	00:09:52	00:21:38	01:30:39	02:15:03	03:06:38	04:20:27	05:04:07	06:00:35	06:32:31	170	00:07:19
171	JENDERNALIK Łukasz	67		M35-39		00:21:20	01:07:04	01:31:18	168	00:08:56	00:21:03	01:36:41	02:19:12	03:10:20	04:20:51	05:05:46	05:58:38	06:31:50	169	00:06:18
172	BECLA Leszek	12	HETEROMASTERS	M25-29		00:22:18	01:13:41	01:39:33	200	00:06:59	00:21:03	01:32:13	02:17:46	03:08:15	04:20:41	05:07:05	06:03:25	06:37:37	177	00:05:12

					Swimming				Cycling										Race
173	LUTOWSKI Wojciech	122	TKKF KOLEJARZ BYDGOSZCZ	M30-34	00:23:15	01:10:48	01:36:15	187	00:05:21	00:21:28	01:32:09	02:14:39	03:07:37	04:22:13	05:14:06	06:12:04	06:48:13	186	00:09:22
174	PAWLAK Piotr	156	PKO BANK POLSKI	M40-44	00:21:43	01:09:54	01:36:55	191	00:08:26	00:21:09	01:29:53	02:12:36	03:05:43	04:18:55	05:06:57	06:05:21	06:38:43	181	00:03:54
175	DUDEK Adam	42		M18-24	00:14:57	00:46:51	01:03:19	11	00:15:10	00:21:49	01:32:49	02:20:53	03:20:14	04:41:19	05:30:29	06:33:30	07:12:14	197	00:07:59
176	CHMIEL Dariusz	23	PTT DELTA	M55-59	00:22:37	01:12:29	01:38:03	193	00:08:21	00:22:27	01:35:45	02:20:42	03:14:45	04:28:51	05:16:37	06:12:32	06:46:18	184	00:05:34
177	KUZIEMSKI Tomasz	106	KS MARATON OSTRÓW WLKP	M30-34	00:20:42	01:05:28	01:28:37	154	00:07:59	00:21:10	01:29:48	02:13:39	03:09:12	04:31:31	05:19:12	06:17:37	06:51:29	187	00:05:18
	BŁASZCZYK Borys	17	AZS PP	M25-29	00:25:14	01:18:53	01:43:19	206	00:08:11	00:20:24	01:27:56	02:11:54	03:04:07	04:16:05	05:02:14	06:03:28	06:38:35	180	00:09:26
	FAJOK Szymon	45		M18-24	00:21:40	01:10:57	01:36:18	188	00:07:12	00:21:19	01:28:08	02:10:26	03:02:10	04:15:05	05:05:40	06:07:16	06:41:00	182	00:09:01
180	MACHAJ Tomasz	228		M45-49	00:21:38	01:06:15	01:28:40	155	00:14:26	00:23:23	01:37:06	02:21:34	03:20:05	04:39:22	05:26:50	06:23:50	06:56:38	189	00:10:01
181	JASIŃSKI Bogusław	63		M65-69	00:20:35	01:04:38	01:28:33	152	00:10:04	00:20:22	01:31:53	02:17:08	03:12:54	04:33:18	05:26:44	06:27:27	07:03:37	193	00:07:01
182	WSZEBOROWSKI Dariusz	225	SBR EŁK	M50-54	00:21:44	01:07:43	01:31:03	167	00:11:17	00:22:36	01:34:14	02:19:05	03:13:47	04:32:25	05:24:31	06:24:41	07:00:30	190	00:11:41
183	RYKOWSKI Andrzej	183		M25-29	00:23:10	01:10:32	01:35:49	184	00:06:03	00:22:12	01:34:35	02:19:17	03:19:45	04:44:41	05:34:15	06:37:14	07:09:18	195	00:09:37
184	WŁODARCZYK Mariusz	229		M35-39	00:18:59	00:58:35	01:19:07	85	00:08:33	00:20:16	01:28:30	02:11:39	03:10:18	04:46:01	05:37:58	06:42:03	07:17:27	200	00:12:19
185	BUCZKOWSKI Jarosław	19	PRO EVO TRI CLUB	M45-49	00:21:53	01:07:53	01:32:41	178	00:21:58	00:22:09	01:39:10	02:26:59	03:25:20	04:44:20	05:33:43	06:36:52	07:12:15	198	00:05:23
186	DĄBROWSKI Jarek	37	ŁOMIANKOWSKA GRUPA BIEGOWA TRI	M45-49	00:22:00	01:07:36	01:30:31	161	00:10:26	00:21:06	01:33:34	02:18:46	03:14:20	04:34:32	05:23:35	06:28:16	07:04:53	194	00:10:34
187	STANKOWSKI Dawid	193	PŁONAŃCE RACICE	M25-29	00:20:02	01:03:30	01:25:44	137	00:07:23	00:23:07	01:36:59	02:24:14	03:20:10	05:01:37	05:51:52	06:55:48	07:29:46	202	00:06:57
188	KRÓLIK Zenon	99	SAM SOBIE STEREM	M70-74	00:26:09	01:21:22	01:50:29	210	00:12:25	00:24:54	01:37:08	02:23:04	03:18:24	04:39:27	05:27:37	06:25:58	07:01:16	191	00:11:10
Przekroczony limit czasu: 15:00:00																			
189	KIRKLAND Jim	80	GREENWICH TRITONS	M60-64	00:25:18	01:12:14	01:39:32	198	00:11:46	00:21:36	01:35:10	02:21:54	03:22:20	04:47:36	05:38:42	06:46:44	07:22:31	201	00:07:31
190	ANDRZEJEWSKI Adrian	4	TEAMKARAŚ	M25-29	00:20:35	01:03:39	01:27:05	147	00:08:28	00:24:53	01:47:04	02:37:07	03:38:36	05:03:42	06:00:18	07:07:19	07:48:01	203	00:03:42
	LODEWIJKS Mark	232		M50-54	00:15:40	00:47:56	01:04:09	14	00:05:40	00:19:13	01:19:52	01:56:50	02:39:40	03:38:09	04:14:42	04:57:57	05:25:36	29	
	KAMIŃSKI Michał	76	DELL RUNNING TEAM	M25-29	00:20:41	01:07:01	01:32:07	171	00:05:11	00:22:21	01:38:51	02:28:56	03:42:06	04:45:04					
	SUDAKOWSKI Tomasz	196	KS TRIATHLON RAWA	M45-49	00:23:29	01:15:06	01:42:46	203	00:03:32	00:19:22	01:24:57	02:06:59	02:57:31	04:12:28	05:09:31				
	PŁÓCIENNIK Dominik	165		M25-29	00:17:21	00:54:58	01:15:19	61	00:04:04	00:19:44	01:23:01	02:00:37	02:45:38	03:47:09	04:25:45	05:11:47	05:39:51	56	00:03:20
	DROHOJOWSKI Rafał	41		M45-49	00:19:36	01:02:48	01:26:22	140	00:07:06	00:19:54	01:23:39	02:03:25	02:51:38	03:57:25	04:39:06	05:27:29	05:57:37	112	00:03:17
	WIECHNA Krzysztof	215		M40-44															
	MAZUR Mariusz	130	TRI TEAM LUBAŃ	M35-39	00:21:16	01:07:16	01:30:50	165	00:05:03	00:19:12	01:20:35	01:59:54	02:47:40	03:53:30	04:36:02	05:27:53	05:58:53	117	
	JAWORSKI Artur	65		M30-34	00:20:18	01:02:28	01:24:26	128	00:10:08	00:19:32									

Total 198 results.