

Event:
Organiser:
Date:
Place:
Distance:

Ocean Lava Triathlon Polska 2019
Towarzystwo Sportowe TRI-SPORT
2019-08-17
Bydgoszcz
226 km

Classification: Mężczyźni

Split point: 205,3 km

Place	Participant	Number	Club	Category	Drużyna	Swimming				Cycling							Race					
						P_Borowno 0.95km	P_Borowno 2.85km	R_Borowno 3.8km	Poz	R_Kotomierz 9.75km	R_Pauliny 42.75km	R_Lidl 63.25km	R_Kotomierz 87.75km	R_Pauliny 120.75km	R_Lidl 141km	R_Kotomierz 165.75km	B_Announcer 180km	Poz	B_Announcer 7.17km	B_Announcer 14.27km		
1	SOWA Michał	191	DECATHLON TRIATHLON TEAM	M30-34		00:14:58	00:46:55	01:03:18	10	00:02:55	00:15:45	01:06:50	01:38:12	02:16:10	03:08:43	03:42:45	04:22:14	04:46:49	1	00:02:37	00:31:37	01:04:28
2	KOWALCZYK Marek	94		M40-44		00:15:06	00:46:57	01:03:22	12	00:02:42	00:15:58	01:08:41	01:41:33	02:21:23	03:14:52	03:49:25	04:30:03	04:55:27	2	00:01:21	00:30:21	01:01:12
3	MAZUR Paweł	131	UKS TRS SUSZ/AGROLOK SPORT TEAM	M30-34		00:14:44	00:44:37	00:59:41	4	00:02:20	00:16:29	01:11:19	01:44:50	02:25:06	03:18:56	03:53:52	04:35:00	05:00:14	6	00:01:29	00:30:38	01:01:09
4	PLUTA Gniewomir	164	UKS TRS SUSZ	M35-39		00:14:48	00:44:38	00:59:42	5	00:02:25	00:17:03	01:11:46	01:45:33	02:25:41	03:19:21	03:54:15	04:34:39	05:00:07	5	00:01:49	00:32:52	01:05:39
5	SZYSZKA Łukasz	233	TVN MEDIA	M25-29		00:14:42	00:45:20	01:00:48	7	00:02:17	00:17:13	01:13:25	01:47:43	02:28:49	03:23:47	03:58:50	04:39:47	05:05:08	8	00:02:09	00:31:43	01:05:22
6	BOROWIAK Rafał	18	JOKS TEAM	M35-39		00:15:47	00:48:52	01:05:30	18	00:02:57	00:16:39	01:11:50	01:46:11	02:26:58	03:22:45	03:57:20	04:38:59	05:04:27	7	00:02:01	00:30:46	01:02:43
	KOT Remigiusz	92	RM TRI TEAM	M45-49		00:15:35	00:47:58	01:04:37	15	00:02:37	00:16:55	01:10:09	01:43:29	02:23:14	03:17:27	03:52:35	04:34:17	04:59:25	3	00:02:26	00:35:13	01:12:38
8	LEWANDOWSKI Maciej	115	#DASHRADE TEAM	M30-34	#DASHRADE Team	00:15:54	00:49:17	01:06:08	23	00:02:53	00:16:25	01:11:38	01:46:12	02:27:44	03:24:39	04:00:58	04:43:11	05:08:43	12	00:02:17	00:34:58	01:10:04
9	GOZDALSKI Jarosław	56	WITKOWO BIEGA	M45-49		00:16:33	00:50:31	01:08:21	34	00:02:54	00:18:26	01:17:08	01:51:22	02:33:43	03:31:12	04:06:30	04:46:43	05:11:44	15	00:01:39	00:33:11	01:07:03
10	MAZUREK Michał	132	EUROSOFT	M40-44		00:17:22	00:54:21	01:13:32	53	00:02:34	00:16:45	01:12:36	01:46:32	02:27:54	03:24:07	03:59:59	04:41:50	05:08:20	11	00:01:30	00:33:10	01:06:56
11	MROCKOWSKI Karol	144	#DASHRADE TEAM	M25-29	#DASHRADE Team	00:14:11	00:43:54	00:59:08	1	00:03:15	00:17:53	01:15:34	01:51:48	02:34:56	03:33:36	04:10:54	04:54:53	05:21:53	24	00:03:58	00:33:17	01:06:47
12	PLICHTA Andrzej	162	PIASECKI CONCEPT	M30-34		00:16:59	00:54:32	01:14:27	57	00:03:39	00:16:47	01:11:32	01:45:49	02:26:38	03:22:32	03:58:09	04:39:12	05:05:24	9	00:01:57	00:33:57	01:08:47
13	ERMANIS Gints	44	IRONMAN.LV	M40-44		00:19:08	01:00:00	01:21:23	108	00:02:14	00:16:25	01:10:48	01:44:11	02:25:43	03:20:45	03:54:27	04:34:21	05:00:07	4	00:02:09	00:34:29	01:09:46
14	GNIOT Jacek	53	WOJSKOWE ZAKŁADY UZBROJENIA S.A.	M45-49		00:18:53	00:57:43	01:18:20	81	00:02:27	00:17:00	01:11:58	01:45:57	02:27:50	03:23:37	03:57:16	04:40:13	05:05:34	10	00:02:50	00:33:02	01:07:44
15	ROSIŃSKI Jarosław	177		M40-44		00:16:58	00:53:25	01:12:16	44	00:04:27	00:16:42	01:11:42	01:45:46	02:28:14	03:25:29	04:01:19	04:44:52	05:11:03	14	00:01:51	00:34:04	01:09:10
16	MICHAŁSKI Andrzej	135	BIKE BROTHERS TARNÓW	M30-34		00:16:34	00:49:23	01:06:38	25	00:03:34	00:18:06	01:17:29	01:53:27	02:38:53	03:37:47	04:15:11	04:59:37	05:27:23	32	00:03:12	00:32:45	01:04:45
17	PLUCIŃSKI Michał	163	TMT	M35-39		00:15:04	00:47:01	01:03:16	9	00:04:10	00:17:49	01:17:11	01:54:25	02:38:44	03:39:13	04:17:19	05:01:05	05:28:33	33	00:02:45	00:32:20	01:07:07
18	SERGEJEVS Jevgenijs	186	IRONMAN.LV	M40-44		00:17:12	00:53:31	01:12:11	43	00:05:16	00:17:56	01:14:55	01:49:54	02:32:01	03:30:30	04:07:03	04:50:45	05:18:09	18	00:02:55	00:33:04	01:08:48
19	SZYMKOWIAK Norbert	204	R-TEAM RYDZYNA	M25-29		00:17:25	00:54:33	01:13:55	55	00:04:30	00:16:27	01:11:22	01:45:27	02:27:33	03:23:49	04:00:08	04:43:34	05:09:24	13	00:02:34	00:35:08	01:17:54
20	CHMEL Sergiy	22	BORYS RUNNING CLUB	M35-39		00:20:14	01:02:15	01:24:16	126	00:05:51	00:17:06	01:12:50	01:48:07	02:30:18	03:29:02	04:07:22	04:52:44	05:20:04	21	00:03:43	00:30:47	01:03:09
21	KRZEMIŃSKI Marcin	101	SPRINT GORZYCE	M40-44		00:16:21	00:49:30	01:07:10	28	00:06:02	00:17:38	01:15:22	01:49:21	02:32:20	03:31:17	04:07:26	04:55:56	05:23:35	27	00:03:43	00:35:48	01:13:59
22	SMANTSEROV Mykola	188	DELIVERO.UA	M40-44		00:16:57	00:52:04	01:10:17	39	00:05:11	00:19:08	01:22:14	02:01:20	02:47:51	03:53:27	04:35:00	05:25:15	05:53:27	94	00:04:19	00:35:53	01:13:07
23	SZTENDEREWICZ Rafał	202	SPORTEVO	M40-44		00:18:22	00:57:08	01:16:19	66	00:03:09	00:17:21	01:13:24	01:47:43	02:30:05	03:31:34	04:09:59	04:56:17	05:23:18	26	00:03:25	00:35:20	01:12:15
24	LIPUTA Grzegorz	117	#DASHRADE TEAM	M30-34	#DASHRADE Team	00:18:35	00:57:46	01:17:44	77	00:05:08	00:18:04	01:16:45	01:52:56	02:37:21	03:37:31	04:16:26	05:03:46	05:31:44	36	00:03:00	00:31:58	01:05:33
25	KUŻMA Adam	107	FAR KUBA TEAM	M30-34		00:18:26	00:59:01	01:20:43	99	00:05:08	00:18:16	01:16:25	01:51:50	02:34:39	03:31:41	04:07:57	04:51:42	05:19:21	19	00:03:42	00:33:58	01:40:24
26	NOSOWSKI Jacek	148		M45-49		00:16:00	00:49:47	01:07:07	27	00:06:03	00:18:23	01:19:37	01:57:44	02:43:19	03:44:03	04:22:43	05:08:34	05:37:21	47	00:04:59	00:34:00	01:08:52
27	JAŚKIEWICZ Marcin	64	MOGILNO TEAM	M30-34		00:15:47	00:49:51	01:07:30	29	00:03:46	00:17:57	01:16:29	01:51:50	02:34:24	03:31:59	04:08:43	04:53:13	05:21:36	22	00:01:58	00:38:33	01:18:45
28	KOCENDA Wojciech	85	PRO-TRI.PL	M30-34		00:18:20	00:57:36	01:18:11	80	00:05:05	00:18:01	01:18:15	01:57:24	02:40:36	03:41:05	04:19:44	05:05:04	05:33:11	42	00:03:56	00:31:58	01:07:17
29	SZCZYRBOWSKI Michał	199	YOOBEE. PL	M35-39		00:16:58	00:52:46	01:11:20	42	00:03:46	00:18:30	01:18:47	01:56:38	02:42:48	03:44:19	04:23:06	05:08:52	05:36:19	46	00:02:03	00:35:36	01:14:19
30	SUPERSON Wojtek	197		M45-49		00:16:12	00:50:00	01:07:44	32	00:03:29	00:19:10	01:17:28	01:54:45	02:40:47	03:45:15	04:24:55	05:11:49	05:40:21	58	00:02:39	00:37:58	01:16:24
31	JARON Tomasz	62	AKADEMIA TRIATHLONU JAROSŁAW	M45-49		00:14:45	00:45:32	01:01:20	8	00:04:31	00:17:54	01:17:32	01:53:19	02:37:50	03:39:27	04:20:14	05:10:35	05:41:19	63	00:04:49	00:38:35	01:17:43
32	LEPCZYŃSKI Lesław	113		M40-44		00:19:14	00:59:24	01:20:03	92	00:06:57	00:18:33	01:17:36	01:54:08	02:38:50	03:40:55	04:19:46	05:04:55	05:33:24	44	00:03:33	00:32:59	01:09:04
33	KITA Tomek	167	SPECSHOP TEAM	M40-44		00:15:49	00:48:07	01:04:58	16	00:02:21	00:19:03	01:20:00	01:55:11	02:39:15	03:43:55	04:22:48	05:09:26	05:38:34	50	00:02:29	00:41:08	01:21:59
34	KLUŻNIAK Wojciech	83		M35-39		00:15:46	00:48:54	01:06:05	21	00:04:22	00:18:51	01:22:13	01:59:57	02:46:31	03:48:38	04:28:07	05:15:28	05:44:21	70	00:02:08	00:38:28	01:16:59
35	BIELIŃSKI Piotr	16	KUŹNIA TRIATHLONU	M25-29		00:16:08	00:50:36	01:09:18	35	00:04:49	00:18:06	01:18:02	01:54:38	02:40:51	03:42:15	04:21:58	05:09:24	05:39:22	53	00:02:11	00:33:14	01:15:06
36	KUNECKI Marcin	104	HILLINGDON TRIATHLETES	M35-39		00:18:08	00:58:05	01:19:31	90	00:02:51	00:16:45	01:13:33	01:50:28	02:34:21	03:35:07	04:12:37	04:57:00	05:24:21	28	00:02:38	00:39:43	01:20:45
37	SOSNOWSKI Jarosław	190	PTT DELTA	M35-39		00:14:02	00:44:03	00:59:28	2	00:02:36	00:16:27	01:12:10	01:47:57	02:33:01	03:36:31	04:15:44	05:03:26	05:32:39	40	00:02:32	00:42:12	01:31:45
38	RYBAK Remigiusz	181		M40-44		00:19:24	00:59:26	01:20:11	93	00:05:31	00:18:03	01:17:19	01:52:50	02:36:53	03:35:07	04:13:24	04:58:02	05:25:48	30	00:02:52	00:41:22	01:21:04

					Swimming						Cycling							Race					
39	KAMIŃSKI Tomasz	74	AMS TRIATHLON	M35-39	AMS	00:20:18	01:06:10	01:32:39	177	00:07:08	00:17:16	01:13:26	01:48:29	02:29:57	03:27:18	04:03:24	04:46:06	05:13:05	16	00:05:53	00:38:42	01:18:47	
40	WALUKIEWICZ Dariusz	213		M40-44		00:19:53	01:01:33	01:23:09	117	00:04:15	00:18:02	01:16:00	01:52:51	02:37:35	03:39:06	04:17:48	05:04:39	05:33:18	43	00:02:45	00:36:44	01:15:16	
41	POCENTEK Krzysztof	Robert	166	POCENTTEAM	M45-49		00:17:20	00:54:24	01:13:30	52	00:04:31	00:18:45	01:17:34	01:54:38	02:39:25	03:42:20	04:22:31	05:09:26	05:38:32	49	00:02:25	00:36:10	01:18:03
42	MAZANKA Jakub	129		M40-44		00:18:16	00:56:40	01:16:04	64	00:04:56	00:20:00	01:19:11	01:56:32	02:40:43	03:43:41	04:22:38	05:11:11	05:42:50	66	00:04:55	00:35:31	01:13:12	
43	JANKOWSKI Tomasz	60	TRISPACE	M45-49	TriSpace	00:17:32	00:55:53	01:16:13	65	00:06:04	00:18:46	01:21:45	02:01:40	02:47:34	03:49:37	04:28:26	05:13:28	05:41:10	60	00:04:08	00:35:42	01:15:46	
44	CIBOROWSKI Damian	28	SPEED JASŁO	M45-49	CIBOR IRON TEAM	00:15:57	00:49:00	01:06:14	24	00:03:16	00:17:18	01:14:17	01:49:37	02:32:37	03:31:28	04:09:44	04:54:47	05:21:52	23	00:03:03	00:46:20	01:34:37	
45	KALIN Wladyslaw	72	TAEKWON-DO GROMOWSKI	M35-39		00:16:50	00:55:11	01:15:10	59	00:06:47	00:18:52	01:18:18	01:56:01	02:41:41	03:45:03	04:25:48	05:12:55	05:41:41	64	00:04:46	00:36:12	01:14:52	
46	JABŁOŃSKI Marcin	227	KRYSPOST TEAM	M45-49		00:20:26	01:03:40	01:24:43	131	00:07:30	00:18:13	01:18:14	01:55:58	02:41:00	03:41:29	04:19:37	05:04:10	05:31:46	37	00:04:37	00:36:42	01:13:29	
47	GÓRECKI Tomasz	57	PTT DELTA	M30-34		00:15:08	00:47:10	01:03:38	13	00:04:12	00:17:02	01:15:45	01:51:57	02:36:15	03:36:42	04:14:33	05:03:22	05:32:54	41	00:02:10	00:42:39	01:30:02	
48	CZARNECKI Paweł	33	WARSAW MASTERS TEAM	M30-34		00:14:07	00:44:33	00:59:58	6	00:04:03	00:19:58	01:22:36	02:01:02	02:49:04	03:54:06	04:36:19	05:26:21	05:56:16	101	00:04:49	00:38:11	01:17:47	
49	KAMIŃSKI Marek	75		M30-34		00:19:18	01:00:51	01:23:57	122	00:04:28	00:18:16	01:16:30	01:52:40	02:38:22	03:40:33	04:21:08	05:09:46	05:39:19	52	00:02:31	00:34:44	01:13:02	
50	STUDNIAK Mateusz	195	GDYŃSKI TRIATHLON	M30-34		00:15:35	00:48:55	01:06:04	20	00:03:42	00:17:34	01:15:26	01:52:55	02:41:48	03:50:59	04:33:01	05:22:59	05:53:47	97	00:03:09	00:39:42	01:17:46	
51	KARALIUK Andrei	77		M35-39		00:18:05	00:57:19	01:17:29	73	00:04:29	00:19:22	01:22:46	02:02:08	02:49:20	03:53:18	04:35:03	05:22:44	05:52:27	92	00:02:09	00:37:21	01:14:03	
52	LASSOTA Artur	112	1969	M50-54		00:19:04	00:59:52	01:20:36	97	00:04:22	00:17:45	01:14:15	01:49:54	02:34:28	03:35:09	04:14:33	05:01:23	05:30:12	35	00:03:34	00:37:31	01:23:38	
53	MARTYNOWSKI Łukasz	127		M35-39		00:17:06	00:56:07	01:16:31	68	00:03:59	00:17:15	01:15:12	01:53:45	02:44:37	03:54:52	04:35:54	05:23:33	05:52:21	90	00:02:50	00:35:38	01:13:20	
54	PRZYBYLSKI Maciej	172		M40-44		00:22:26	01:07:56	01:30:48	164	00:05:46	00:17:07	01:13:40	01:49:24	02:32:53	03:32:10	04:10:21	04:55:45	05:23:11	25	00:05:12	00:36:20	01:22:24	
55	MICHALAK Michał	134	DZIKI KOSZALIN	M35-39		00:16:47	00:52:06	01:09:58	37	00:04:56	00:17:08	01:13:27	01:47:42	02:29:59	03:29:14	04:06:53	04:52:11	05:19:48	20	00:04:42	00:45:24	01:38:02	
56	MIŚ Waldemar	138	ALIOR RUNNING TEAM	M40-44		00:20:01	01:03:27	01:26:47	144	00:04:04	00:18:47	01:20:06	01:58:34	02:44:46	03:47:55	04:27:42	05:14:11	05:42:31	65	00:02:55	00:37:14	01:14:14	
57	LUBOWICKI Łukasz	120	40-LATEK TYCHY	M40-44		00:18:27	00:57:04	01:16:41	69	00:07:23	00:19:01	01:21:46	02:00:32	02:47:06	03:50:17	04:30:47	05:18:05	05:47:13	77	00:05:39	00:36:10	01:14:02	
58	MÖLLER Gert	141		M55-59		00:16:18	00:49:41	01:07:02	26	00:03:58	00:18:26	01:19:52	01:58:27	02:45:52	03:50:57	04:31:45	05:20:30	05:50:33	82	00:04:01	00:40:58	01:22:51	
59	SZCZEPAŃSKI Adam	198	KB PIONIER SZCZECIN	M30-34		00:18:37	00:57:03	01:17:25	72	00:11:50	00:18:54	01:21:56	02:03:01	02:49:21	03:52:57	04:33:44	05:21:34	05:51:00	84	00:09:02	00:31:52	01:05:32	
60	KALISZEWSKI Daniel	73		M40-44		00:20:24	01:02:31	01:24:40	130	00:04:24	00:18:15	01:19:20	01:58:50	02:44:28	03:48:24	04:28:02	05:14:48	05:42:54	67	00:05:22	00:37:13	01:17:28	
61	FARAN Grzegorz	46	GTSULMIN	M45-49		00:16:39	00:52:03	01:10:19	40	00:04:15	00:20:06	01:23:23	02:03:03	02:50:48	03:54:59	04:36:03	05:23:24	05:52:23	91	00:02:51	00:38:34	01:21:22	
62	CUBER Piotr	32	CTS	M40-44		00:20:06	01:02:38	01:23:56	121	00:05:23	00:18:58	01:22:08	02:01:30	02:48:31	03:51:28	04:30:56	05:17:22	05:45:46	74	00:03:47	00:35:19	01:12:38	
63	ĆWIK Dariusz	35	HUSSE TEAM	M45-49		00:18:44	00:57:27	01:17:33	74	00:05:17	00:19:37	01:22:46	02:02:26	02:49:54	03:53:55	04:34:36	05:23:02	05:52:13	88	00:03:27	00:36:38	01:16:11	
64	EDWARD Kalicki	43		M50-54		00:18:40	00:57:17	01:17:35	75	00:09:08	00:18:59	01:17:11	01:53:06	02:39:02	03:39:30	04:16:46	05:01:59	05:29:11	34	00:06:13	00:40:59	01:27:04	
65	MOZLER Jerzy	143		M45-49		00:16:01	00:50:34	01:08:11	33	00:10:50	00:19:49	01:20:50	01:59:38	02:47:58	03:54:38	04:36:57	05:26:51	05:57:30	110	00:06:06	00:36:04	01:14:12	
66	WILICKI Tomasz	208	DELL RUNNING TEAM	M40-44		00:18:44	00:59:21	01:20:34	95	00:07:14	00:18:38	01:17:33	01:55:48	02:41:30	03:43:28	04:21:43	05:09:19	05:39:28	54	00:05:27	00:39:45	01:22:13	
67	SEVASTSYANAU Sjarhei	187	SEVASTSYANAU TEAM	M40-44		00:24:11	01:14:59	01:43:18	205	00:04:26	00:18:37	01:17:22	01:53:09	02:36:47	03:38:01	04:17:38	05:04:51	05:32:04	38	00:04:17	00:36:55	01:14:55	
68	MAKOWSKI Stawomir	126	RUN BYDGOSZCZ	M50-54		00:22:34	01:11:03	01:35:56	186	00:04:59	00:19:23	01:20:37	01:59:21	03:59:42	05:01:50	05:42:48					00:37:14	01:15:14	
69	LETKOWSKI Dariusz	114	GAPMONT RUNNING TEAM	M40-44		00:17:39	00:54:50	01:12:47	49	00:05:46	00:19:38	01:22:39	02:03:04	02:51:25	03:55:32	04:36:36	05:26:13	05:55:26	100	00:03:40	00:38:15	01:20:03	
70	JĘDRZEJCZYK Piotr	68		M45-49		00:19:28	00:59:46	01:21:18	107	00:05:41	00:18:10	01:17:15	01:54:11	02:38:54	03:59:27	04:40:15	05:28:47	05:58:20	116	00:03:21	00:37:11	01:15:21	
71	CHYLARECKI Robert	25	GVT	M50-54		00:18:12	00:57:00	01:17:13	71	00:06:23	00:18:36	01:18:07	01:54:51	02:40:14	03:42:45	04:22:15	05:09:31	05:38:48	51	00:07:52	00:40:33	01:26:36	
72	PRYK Rafał	171	ROZBIEGANY GOLENIÓW	M40-44		00:20:06	01:02:22	01:24:31	129	00:05:32	00:19:33	01:23:31	02:01:59	02:47:44	03:51:32	04:32:10	05:20:48	05:49:15	80	00:03:13	00:39:06	01:19:04	
73	NIEMCZYK Kazimierz	147		M55-59		00:20:51	01:05:11	01:28:45	156	00:09:18	00:19:14	01:20:26	01:58:12	02:43:45	03:46:21	04:25:44	05:12:57	05:41:17	62	00:04:28	00:37:34	01:17:18	
74	LIZIK Radosław	119	TRISPACE	M40-44	TriSpace	00:20:05	01:02:23	01:23:43	120	00:08:03	00:19:21	01:21:44	02:00:22	02:47:12	03:50:45	04:30:37	05:17:11	05:45:31	73	00:05:26	00:39:38	01:20:49	
75	RUSIN Jakub	180		M30-34		00:18:07	00:56:36	01:15:46	63	00:04:21	00:19:40	01:23:16	02:01:58	02:51:10	03:57:26	04:37:49	05:27:48	05:57:22	108	00:03:13	00:40:34	01:21:24	
76	BANACH Jan	7	KLINIKA TRIATHLONU BYDGOSZCZ	M25-29		00:14:38	00:44:28	00:59:32	3	00:04:30	00:18:31	01:17:42	01:53:41	02:37:51	03:39:53	04:18:01	05:05:37	05:33:38	45	00:02:04	00:57:02	01:55:30	
77	KOSMACZEWSKI Ireneusz	91	KODRUK.NET	M40-44		00:18:34	00:55:42	01:15:12	60	00:06:37	00:19:03	01:20:38	01:58:08	02:44:54	03:48:27	04:28:58	05:19:39	05:49:12	79	00:04:35	00:42:48	01:26:34	
78	ŁACZKA Tomasz	123		M40-44		00:20:36	01:06:19	01:32:11	173	00:11:54	00:18:07	01:16:00	01:52:02	02:36:15	03:36:22	04:15:25	05:00:08	05:26:30	31	00:04:57	00:39:42	01:23:51	
79	KOWALSKI Krzysztof	95	TRENUJ Z NAJLEPSZYMI	M40-44		00:15:45	00:48:40	01:06:05	22	00:04:20	00:18:30	01:17:35	01:53:50	02:39:36	03:43:14	04:24:05	05:11:43	05:40:10	57	00:02:47	00:53:35	01:41:33	
80	MACIULEVICIUS Arunas	200	TRITONAS	M45-49		00:18:44	00:57:45	01:18:21	82	00:04:53	00:19:10	01:22:54	02:02:48	02:50:34	03:54:11	04:36:47	05:26:13	05:55:25	99	00:02:58	00:40:05	01:22:32	
81	BARTECKI Aleksander	10	HRMAX ŻORY	M45-49		00:22:25	01:11:00	01:36:20	189	00:03:02	00:19:22	01:21:25	02:01:09	02:45:06	03:49:11	04:30:38	05:16:36	05:43:51	69	00:02:36	01:13:00	01:53:57	
82	AUGUSTYNIAK Grzegorz	5	PTTDELTA	M45-49		00:18:02	00:55:02	01:13:50	54	00:05:47	00:19:28	01:23:28	02:03:04	02:51:21	03:58:05	04:41:19	05:33:20	06:02:36	126	00:05:34	00:40:09	01:19:19	
83	SZPITER Tomasz	201	OLAWS ŻŁOTORYJA	M50-54		00:19:21	00:59:35	01:20:47	101	00:05:14	00:18:16	01:18:49	01:57:01	02:43:13	03:46:38	04:27:24	05						

				Swimming				Cycling							Race				
KAMIŃSKI Michał	76	DELL RUNNING TEAM	M25-29	00:20:41	01:07:01	01:32:07	171	00:05:11	00:22:21	01:38:51	02:28:56	03:42:06	04:45:04						
SUDAKOWSKI Tomasz	196	KS TRIATHLON RAWA	M45-49	00:23:29	01:15:06	01:42:46	203	00:03:32	00:19:22	01:24:57	02:06:59	02:57:31	04:12:28	05:09:31					
OIKONOMOU Alexandros	150	TRIAS	M45-49	00:17:04	00:53:51	01:13:01	51	00:06:02	00:20:58	01:27:42	02:11:20	03:06:39			04:29:03				
PLÓCIENNIK Dominik	165		M25-29	00:17:21	00:54:58	01:15:19	61	00:04:04	00:19:44	01:23:01	02:00:37	02:45:38	03:47:09	04:25:45	05:11:47	05:39:51	56	00:03:20	
DROHOJOWSKI Rafał	41		M45-49	00:19:36	01:02:48	01:26:22	140	00:07:06	00:19:54	01:23:39	02:03:25	02:51:38	03:57:25	04:39:06	05:27:29	05:57:37	112	00:03:17	
WIECHNA Krzysztof	215		M40-44																
MAZUR Mariusz	130	TRI TEAM LUBAŃ	M35-39	00:21:16	01:07:16	01:30:50	165	00:05:03	00:19:12	01:20:35	01:59:54	02:47:40	03:53:30	04:36:02	05:27:53	05:58:53	117		
JAWORSKI Artur	65		M30-34	00:20:18	01:02:28	01:24:26	128	00:10:08	00:19:32										

Total 198 results.