



Wydarzenie:
Organizator:
Data:
Miejsce:
Dystans:

OCEAN LAVA TRIATHLON POLSKA - DYSTANS PEŁNY 140.6

B4SPORT

Ocean Lava Triathlon Polska 2019
Towarzystwo Sportowe TRI-SPORT
2019-08-17
Bydgoszcz
226 km



Klasyfikacja: Mężczyźni

Punkt pomiarowy: 226,6 km

Msc	Zawodnik	Numer	Klub	Kategoria	Drużyna	Pływanie				Rower						Bieg								
						P_Borowno	P_Borowno	R_Borowno	Poz	R_Kotomierz	R_Pauliny	R_Lidl	R_Kotomierz	R_Pauliny	R_Lidl	R_Kotomierz	B_Announcer	Poz	B_Announcer	B_Announcer	B_Announcer			
						0.95km	2.85km	3.8km		9.75km	42.75km	63.25km	87.75km	120.75km	141km	165.75km	180km		7.17km	14.27km	21.72km			
1	KOWALCZYK Marek	94		M40-44		00:15:06	00:46:57	01:03:22	12	00:02:42	00:15:58	01:08:41	01:41:33	02:21:23	03:14:52	03:49:25	04:30:03	04:55:27	2	00:01:21	00:30:21	01:01:12	01:32:40	0
2	MAZUR Paweł	131	UKS TRS SUSZ/AGROLOK SPORT TEAM	M30-34		00:14:44	00:44:37	00:59:41	4	00:02:20	00:16:29	01:11:19	01:44:50	02:25:06	03:18:56	03:53:52	04:35:00	05:00:14	6	00:01:29	00:30:38	01:01:09	01:33:09	0
3	SOWA Michał	191	DECATHLON TRIATHLON TEAM	M30-34		00:14:58	00:46:55	01:03:18	10	00:02:55	00:15:45	01:06:50	01:38:12	02:16:10	03:08:43	03:42:45	04:22:14	04:46:49	1	00:02:37	00:31:37	01:04:28	01:38:19	0
4	BOROWIAK Rafał	18	JOKS TEAM	M35-39		00:15:47	00:48:52	01:05:30	18	00:02:57	00:16:39	01:11:50	01:46:11	02:26:58	03:22:45	03:57:20	04:38:59	05:04:27	7	00:02:01	00:30:46	01:02:43	01:35:49	0
5	SZYSZKA Łukasz	233	TVN MEDIA	M25-29		00:14:42	00:45:20	01:00:48	7	00:02:17	00:17:13	01:13:25	01:47:43	02:28:49	03:23:47	03:58:50	04:39:47	05:05:08	8	00:02:09	00:31:43	01:05:22	01:39:51	0
6	PLUTA Gniewomir	164	UKS TRS SUSZ	M35-39		00:14:48	00:44:38	00:59:42	5	00:02:25	00:17:03	01:11:46	01:45:33	02:25:41	03:19:21	03:54:15	04:34:39	05:00:07	5	00:01:49	00:32:52	01:05:39	01:39:30	0
7	GOZDALSKI Jarosław	56	WITKOWO BIEGA	M45-49		00:16:33	00:50:31	01:08:21	34	00:02:54	00:18:26	01:17:08	01:51:22	02:33:43	03:31:12	04:06:30	04:46:43	05:11:44	15	00:01:39	00:33:11	01:07:03	01:41:12	0
8	MAZUREK Michał	132	EUROSOF	M40-44		00:17:22	00:54:21	01:13:32	53	00:02:34	00:16:45	01:12:36	01:46:32	02:27:54	03:24:07	03:59:59	04:41:50	05:08:20	11	00:01:30	00:33:10	01:06:56	01:41:06	0
9	LEWANDOWSKI Maciej	115	#DASHRADE TEAM	M30-34	#DASHRADE Team	00:15:54	00:49:17	01:06:08	23	00:02:53	00:16:25	01:11:38	01:46:12	02:27:44	03:24:39	04:00:58	04:43:11	05:08:43	12	00:02:17	00:34:58	01:10:04	01:45:17	0
10	MROCZKOWSKI Karol	144	#DASHRADE TEAM	M25-29	#DASHRADE Team	00:14:11	00:43:54	00:59:08	1	00:03:15	00:17:53	01:15:34	01:51:48	02:34:56	03:33:36	04:10:54	04:54:53	05:21:53	24	00:03:58	00:33:17	01:06:47	01:41:25	0
11	PLICHTA Andrzej	162	PIASECKI CONCEPT	M30-34		00:16:59	00:54:32	01:14:27	57	00:03:39	00:16:47	01:11:32	01:45:49	02:26:38	03:22:32	03:58:09	04:39:12	05:05:24	9	00:01:57	00:33:57	01:08:47	01:45:57	0
12	MICHALSKI Andrzej	135	BIKE BROTHERS TARNÓW	M30-34		00:16:34	00:49:23	01:06:38	25	00:03:34	00:18:06	01:17:29	01:53:27	02:38:53	03:37:47	04:15:11	04:59:37	05:27:23	32	00:03:12	00:32:45	01:04:45	01:37:19	0
13	GNIOŹ Jacek	53	WOJSKOWE ZAKŁADY UZBROJENIA S.A.	M45-49		00:18:53	00:57:43	01:18:20	81	00:02:27	00:17:00	01:11:58	01:45:57	02:27:50	03:23:37	03:57:16	04:40:13	05:05:34	10	00:02:50	00:33:02	01:07:44	01:44:10	0
14	PLUCIŃSKI Michał	163	TMT	M35-39		00:15:04	00:47:01	01:03:16	9	00:04:10	00:17:49	01:17:11	01:54:25	02:38:44	03:39:13	04:17:19	05:01:05	05:28:33	33	00:02:45	00:32:20	01:07:07	01:43:19	0
15	ROSIŃSKI Jarosław	177		M40-44		00:16:58	00:53:25	01:12:16	44	00:04:27	00:16:42	01:11:42	01:45:46	02:28:14	03:25:29	04:01:19	04:44:52	05:11:03	14	00:01:51	00:34:04	01:09:10	01:45:44	0
16	CHMEL Sergiy	22	BORYS RUNNING CLUB	M35-39		00:20:14	01:02:15	01:24:16	126	00:05:51	00:17:06	01:12:50	01:48:07	02:30:18	03:29:02	04:07:22	04:52:44	05:20:04	21	00:03:43	00:30:47	01:03:09	01:36:47	0
17	ERMANIS Gints	44	IRONMAN.LV	M40-44		00:19:08	01:00:00	01:21:23	108	00:02:14	00:16:25	01:10:48	01:44:11	02:25:43	03:20:45	03:54:27	04:34:21	05:00:07	4	00:02:09	00:34:29	01:09:46	01:46:28	0
18	SERGEJEVS Jevgenijs	186	IRONMAN.LV	M40-44		00:17:12	00:53:31	01:12:11	43	00:05:16	00:17:56	01:14:55	01:49:54	02:32:01	03:30:30	04:07:03	04:50:45	05:18:09	18	00:02:55	00:33:04	01:08:48	01:48:27	0
19	KRZEMIŃSKI Marcin	101	SPRINT GORZYCE	M40-44		00:16:21	00:49:30	01:07:10	28	00:06:02	00:17:38	01:15:22	01:49:21	02:32:20	03:31:17	04:07:26	04:55:56	05:23:35	27	00:03:43	00:35:48	01:13:59	01:52:41	0
20	SMANTSEROV Mykola	188	DELIVERO.UA	M40-44		00:16:57	00:52:04	01:10:17	39	00:05:11	00:19:08	01:22:14	02:01:20	02:47:51	03:53:27	04:35:00	05:25:15	05:53:27	94	00:04:19	00:35:53	01:13:07	01:50:14	0
21	KOCENDA Wojciech	85	PRO-TRI.PL	M30-34		00:18:20	00:57:36	01:18:11	80	00:05:05	00:18:01	01:18:15	01:57:24	02:40:36	03:41:05	04:19:44	05:05:04	05:33:11	42	00:03:56	00:31:58	01:07:17	01:43:59	0
22	LIPUTA Grzegorz	117	#DASHRADE TEAM	M30-34	#DASHRADE Team	00:18:35	00:57:46	01:17:44	77	00:05:08	00:18:04	01:16:45	01:52:56	02:37:21	03:37:31	04:16:26	05:03:46	05:31:44	36	00:03:00	00:31:58	01:05:33	01:40:00	0
23	SZTENDEREWICZ Rafał	202	SPORTEVO	M40-44		00:18:22	00:57:08	01:16:19	66	00:03:09	00:17:21	01:13:24	01:47:43	02:30:05	03:31:34	04:09:59	04:56:17	05:23:18	26	00:03:25	00:35:20	01:12:15	01:50:16	0
24	SZYMKOWIAK Norbert	204	R-TEAM RYDZYNA	M25-29		00:17:25	00:54:33	01:13:55	55	00:04:30	00:16:27	01:11:22	01:45:27	02:27:33	03:23:49	04:00:08	04:43:34	05:09:24	13	00:02:34	00:35:08	01:17:54	02:00:53	0
25	NOSÓWSKI Jacek	148		M45-49		00:16:00	00:49:47	01:07:07	27	00:06:03	00:18:23	01:19:37	01:57:44	02:43:19	03:44:03	04:22:43	05:08:34	05:37:21	47	00:04:59	00:34:00	01:08:52	01:44:09	0
26	LEPCZYŃSKI Lesław	113		M40-44		00:19:14	00:59:24	01:20:03	92	00:06:57	00:18:33	01:17:36	01:54:08	02:38:50	03:40:55	04:19:46	05:04:55	05:33:24	44	00:03:33	00:32:59	01:09:04	01:47:41	0
27	SZCZYRBOWSKI Michał	199	YOOBEE.PL	M35-39		00:16:58	00:52:46	01:11:20	42	00:03:46	00:18:30	01:18:47	01:56:38	02:42:48	03:44:19	04:23:06	05:08:52	05:36:19	46	00:02:03	00:35:36	01:14:19	01:54:41	0
28	CZARNECKI Paweł	33	WARSAW MASTERS TEAM	M30-34		00:14:07	00:44:33	00:59:58	6	00:04:03	00:19:58	01:22:36	02:01:02	02:49:04	03:54:06	04:36:19	05:26:21	05:56:16	101	00:04:49	00:38:11	01:17:47	01:56:31	0
29	MAZANKA Jakub	129		M40-44		00:18:16	00:56:40	01:16:04	64	00:04:56	00:20:00	01:19:11	01:56:32	02:40:43	03:43:41	04:22:38	05:11:11	05:42:50	66	00:04:55	00:35:31	01:13:12	01:50:35	0
30	KALIN Władysław	72	TAEKWON-DO GROMOWSKI	M35-39		00:16:50	00:55:11	01:15:10	59	00:06:47	00:18:52	01:18:18	01:56:01	02:41:41	03:45:03	04:25:48	05:12:55	05:41:41	64	00:04:46	00:36:12	01:14:52	01:52:02	0
31	SUPERSON Wojtek	197		M45-49		00:16:12	00:50:00	01:07:44	32	00:03:29	00:19:10	01:17:28	01:54:45	02:40:47	03:45:15	04:24:55	05:11:49	05:40:21	58	00:02:39	00:37:58	01:16:24	01:55:53	0
32	STUDNIAK Mateusz	195	GDYŃSKI TRIATHLON	M30-34		00:15:35	00:48:55	01:06:04	20	00:03:42	00:17:34	01:15:26	01:52:55	02:41:48	03:50:59	04:33:01	05:22:59	05:53:47	97	00:03:09	00:39:42	01:17:46	01:56:04	0
33	WALUKIEWICZ Dariusz	213		M40-44		00:19:53	01:01:33	01:23:09	117	00:04:15	00:18:02	01:16:00	01:52:51	02:37:35	03:39:06	04:17:48	05:04:39	05:33:18	43	00:02:45	00:36:44	01:15:16	01:54:26	0
34	KLUŻNIAK Wojciech	83		M35-39		00:15:46	00:48:54	01:06:05	21	00:04:22	00:18:51	01:22:13	01:59:57	02:46:31	03:48:38	04:28:07	05:15:28	05:44:21	70	00:02:08	00:38:28	01:16:59	01:56:59	0
35	KAMIŃSKI Marek	75		M30-34		00:19:18	01:00:51	01:23:57	122	00:04:28	00:18:16	01:16:30	01:52:40	02:38:22	03:40:33	04:21:08	05:09:46	05:39:19	52	00:02:31	00:34:44	01:13:02	01:52:29	0
36	KITA Tomek	167	SPECSHOP TEAM	M40-44		00:15:49	00:48:07	01:04:58	16	00:02:21	00:19:03	01:20:00	01:55:11	02:39:15	03:43:55	04:22:48	05:09:26	05:38:34	50	00:02:29	00:41:08	01:21:59	02:03:49	0
37	JABŁOŃSKI Marcin	227	KRYSPORT TEAM	M45-49		00:20:26	01:03:40	01:24:43	131	00:07:30	00:18:13	01:18:14	01:55:58	02:41:00	03:41:29	04:19:37	05:04:10	05:31:46	37	00:04:37	00:36:42	01:13:29	01:52:37	0
38	KAMIŃSKI Tomasz	74	AMS TRIATHLON	M35-39	AMS	00:20:18	01:06:10	01:32:39	177	00:07:08	00:17:16	01:13:26	01:48:29	02:29:57	03:27:18	04:03:24	04:46:06	05:13:05	16	00:05:53	00:38:42	01:18:47	01:59:20	0
39	POCENTEK Krzysztof Robert	166	POCENTTEAM	M45-49		00:17:20	00:54:24	01:13:30	52	00:04:31	00:18:45	01:17:34	01:54:38	02:39:25	03:42:20	04:22:31	05:09:26	05:38:32	49	00:02:25	00:36:10	01:18:03	02:00:03	0

Rank	Personal Information				Triathlon Results												Final		Bieg					
	Name	Age	Team	Sex	Sprint	OLYMPIC	IRON	Weight	2nd	3rd	4th	5th	6th	7th	8th	9th	10th	11th	12th	13th	14th	15th	16th	
40	SZCZEPAŃSKI Adam	198	KB PIONIER SZCZECIN	M	M30-34	00:18:37	00:57:03	01:17:25	72	00:11:50	00:18:54	01:21:56	02:03:01	02:49:21	03:52:57	04:33:44	05:21:34	05:51:00	84	00:09:02	00:31:52	01:05:32	01:41:09	0
41	KARALIUK Andrei	77		M	M35-39	00:18:05	00:57:19	01:17:29	73	00:04:29	00:19:22	01:22:46	02:02:08	02:49:20	03:53:18	04:35:03	05:22:44	05:52:27	92	00:02:09	00:37:21	01:14:03	01:51:14	0
42	CUBER Piotr	32	CTS	M	M40-44	00:20:06	01:02:38	01:23:56	121	00:05:23	00:18:58	01:22:08	02:01:30	02:48:31	03:51:28	04:30:56	05:17:22	05:45:46	74	00:03:47	00:35:19	01:12:38	01:54:45	0
43	KALISZEWSKI Daniel	73		M	M40-44	00:20:24	01:02:31	01:24:40	130	00:04:24	00:18:15	01:19:20	01:58:50	02:44:28	03:48:24	04:28:02	05:14:48	05:42:54	67	00:05:22	00:37:13	01:17:28	01:54:30	0
44	JANKOWSKI Tomasz	60	TRISPACE	M	M45-49	00:17:32	00:55:53	01:16:13	65	00:06:04	00:18:46	01:21:45	02:01:40	02:47:34	03:49:37	04:28:26	05:13:28	05:41:10	60	00:04:08	00:35:42	01:15:46	01:51:48	0
45	PRZYBYLSKI Maciej	172		M	M40-44	00:22:26	01:07:56	01:30:48	164	00:05:46	00:17:07	01:13:40	01:49:24	02:32:53	03:32:10	04:10:21	04:55:45	05:23:11	25	00:05:12	00:36:20	01:22:24	02:03:58	0
46	MIS Waldemar	138	ALIOR RUNNING TEAM	M	M40-44	00:20:01	01:03:27	01:26:47	144	00:04:04	00:18:47	01:20:06	01:58:34	02:44:46	03:47:55	04:27:42	05:14:11	05:42:31	65	00:02:55	00:37:14	01:14:14	01:54:15	0
47	JARON Tomasz	62	AKADEMIA TRIATHLONU JAROSLAW	M	M45-49	00:14:45	00:45:32	01:01:20	8	00:04:31	00:17:54	01:17:32	01:53:19	02:37:50	03:39:27	04:20:14	05:10:35	05:41:19	63	00:04:49	00:38:35	01:17:43	01:58:18	0
48	ĆWIK Dariusz	35	HUSSE TEAM	M	M45-49	00:18:44	00:57:27	01:17:33	74	00:05:17	00:19:37	01:22:46	02:02:26	02:49:54	03:53:55	04:34:36	05:23:02	05:52:13	88	00:03:27	00:36:38	01:16:11	01:55:48	0
49	JĘDRZEJCZYK Piotr	68		M	M45-49	00:19:28	00:59:46	01:21:18	107	00:05:41	00:18:10	01:17:15	01:54:11	02:38:54	03:59:27	04:40:15	05:28:47	05:58:20	116	00:03:21	00:37:11	01:15:21	01:53:17	0
50	MARTYNOWSKI Łukasz	127		M	M35-39	00:17:06	00:56:07	01:16:31	68	00:03:59	00:17:15	01:15:12	01:53:45	02:44:37	03:54:52	04:35:54	05:23:33	05:52:21	90	00:02:50	00:35:38	01:13:20	01:52:54	0
51	SOSNOWSKI Jaroslaw	190	PTT DELTA	M	M35-39	00:14:02	00:44:03	00:59:28	2	00:02:36	00:16:27	01:12:10	01:47:57	02:33:01	03:36:31	04:15:44	05:03:26	05:32:39	40	00:02:32	00:42:12	01:31:45	02:19:07	0
52	RYBAK Remigiusz	181		M	M40-44	00:19:24	00:59:26	01:20:11	93	00:05:31	00:18:03	01:17:19	01:52:50	02:36:53	03:35:07	04:13:24	04:58:02	05:25:48	30	00:02:52	00:41:22	01:21:04	02:04:10	0
53	LUBOWICKI Łukasz	120	40-LATEK TYCHY	M	M40-44	00:18:27	00:57:04	01:16:41	69	00:07:23	00:19:01	01:21:46	02:00:32	02:47:06	03:50:17	04:30:47	05:18:05	05:47:13	77	00:05:39	00:36:10	01:14:02	01:53:55	0
54	SEVASTSYANAU Sjarhei	187	SEVASTSYANAU TEAM	M	M40-44	00:24:11	01:14:59	01:43:18	205	00:04:26	00:18:37	01:17:22	01:53:09	02:36:47	03:38:01	04:17:38	05:04:51	05:32:04	38	00:04:17	00:36:55	01:14:55	01:55:14	0
55	MAKOWSKI Sławomir	126	RUN BYDGOSZCZ	M	M50-54	00:22:34	01:11:03	01:35:56	186	00:04:59	00:19:23	01:20:37	01:59:21	03:59:42	05:01:50	05:42:48					00:37:14	01:15:14	01:54:24	0
56	LASSOTA Artur	112	1969	M	M50-54	00:19:04	00:59:52	01:20:36	97	00:04:22	00:17:45	01:14:15	01:49:54	02:34:28	03:35:09	04:14:33	05:01:23	05:30:12	35	00:03:34	00:37:31	01:23:38	02:11:14	0
57	WILICKI Tomasz	208	DELL RUNNING TEAM	M	M40-44	00:18:44	00:59:21	01:20:34	95	00:07:14	00:18:38	01:17:33	01:55:48	02:41:30	03:43:28	04:21:43	05:09:19	05:39:28	54	00:05:27	00:39:45	01:22:13	02:07:05	0
58	BIELIŃSKI Piotr	16	KUZŃIA TRIATHLONU	M	M25-29	00:16:08	00:50:36	01:09:18	35	00:04:49	00:18:06	01:18:02	01:54:38	02:40:51	03:42:15	04:21:58	05:09:24	05:39:22	53	00:02:11	00:33:14	01:15:06	01:59:13	0
59	FARAN Grzegorz	46	GTSULMIN	M	M45-49	00:16:39	00:52:03	01:10:19	40	00:04:15	00:20:06	01:23:23	02:03:03	02:50:48	03:54:59	04:36:03	05:23:24	05:52:23	91	00:02:51	00:38:34	01:21:22	02:04:49	0
60	PRYK Rafał	171	ROZBIEGANY GOLEŃIÓW	M	M40-44	00:20:06	01:02:22	01:24:31	129	00:05:32	00:19:33	01:23:31	02:01:59	02:47:44	03:51:32	04:32:10	05:20:48	05:49:15	80	00:03:13	00:39:06	01:19:04	02:00:49	0
61	RUSIN Jakub	180		M	M30-34	00:18:07	00:56:36	01:15:46	63	00:04:21	00:19:40	01:23:16	02:01:58	02:51:10	03:57:26	04:37:49	05:27:48	05:57:22	108	00:03:13	00:40:34	01:21:24	02:04:59	0
62	KUNECKI Marcin	104	HILLINGDON TRIATHLETES	M	M35-39	00:18:08	00:58:05	01:19:31	90	00:02:51	00:16:45	01:13:33	01:50:28	02:34:21	03:35:07	04:12:37	04:57:00	05:24:21	28	00:02:38	00:39:43	01:20:45	02:06:14	0
63	CIBOROWSKI Damian	28	SPEED JASŁO	M	M45-49	00:15:57	00:49:00	01:06:14	24	00:03:16	00:17:18	01:14:17	01:49:37	02:32:37	03:31:28	04:09:44	04:54:47	05:21:52	23	00:03:03	00:46:20	01:34:37	02:27:13	0
64	MOZLER Jerzy	143		M	M45-49	00:16:01	00:50:34	01:08:11	33	00:10:50	00:19:49	01:20:50	01:59:38	02:47:58	03:54:38	04:36:57	05:26:51	05:57:30	110	00:06:06	00:36:04	01:14:12	01:56:12	0
65	GÓRECKI Tomasz	57	PTT DELTA	M	M30-34	00:15:08	00:47:10	01:03:38	13	00:04:12	00:17:02	01:15:45	01:51:57	02:36:15	03:36:42	04:14:33	05:03:22	05:32:54	41	00:02:10	00:42:39	01:30:02	02:20:54	0
66	LIZIK Radosław	119	TRISPACE	M	M40-44	00:20:05	01:02:23	01:23:43	120	00:08:03	00:19:21	01:21:44	02:00:22	02:47:12	03:50:45	04:30:37	05:17:11	05:45:31	73	00:05:26	00:39:38	01:20:49	02:02:48	0
67	LETKOWSKI Dariusz	114	GAPMONT RUNNING TEAM	M	M40-44	00:17:39	00:54:50	01:12:47	49	00:05:46	00:19:38	01:22:39	02:03:04	02:51:25	03:55:32	04:36:36	05:26:13	05:55:26	100	00:03:40	00:38:15	01:20:03	02:04:52	0
68	JAŚKIEWICZ Marcin	64	MOGILNO TEAM	M	M30-34	00:15:47	00:49:51	01:07:30	29	00:03:46	00:17:57	01:16:29	01:51:50	02:34:24	03:31:59	04:08:43	04:53:13	05:21:36	22	00:01:58	00:38:33	01:18:45	02:11:32	0
69	GOSTOMSKI Mariusz	55	TRI STAROGARD GDAŃSKI	M	M50-54	00:18:50	00:59:12	01:20:14	94	00:05:06	00:19:05	01:21:53	02:01:32	02:48:31	03:53:47	04:35:52	05:23:45	05:52:19	89	00:06:22	00:40:10	01:24:07	02:07:15	0
70	CHYLARECKI Robert	25	GVT	M	M50-54	00:18:12	00:57:00	01:17:13	71	00:06:23	00:18:36	01:18:07	01:54:51	02:40:14	03:42:45	04:22:15	05:09:31	05:38:48	51	00:07:52	00:40:33	01:26:36	02:13:27	0
71	KOSMACZEWSKI Ireneusz	91	KODRUK.NET	M	M40-44	00:18:34	00:55:42	01:15:12	60	00:06:37	00:19:03	01:20:38	01:58:08	02:44:54	03:48:27	04:28:58	05:19:39	05:49:12	79	00:04:35	00:42:48	01:26:34	02:11:49	0
72	NIEMCZYK Kazimierz	147		M	M55-59	00:20:51	01:05:11	01:28:45	156	00:09:18	00:19:14	01:20:26	01:58:12	02:43:45	03:46:21	04:25:44	05:12:57	05:41:17	62	00:04:28	00:37:34	01:17:18	02:00:39	0
73	EDWARD Kalicki	43		M	M50-54	00:18:40	00:57:17	01:17:35	75	00:09:08	00:18:59	01:17:11	01:53:06	02:39:02	03:39:30	04:16:46	05:01:59	05:29:11	34	00:06:13	00:40:59	01:27:04	02:16:50	0
74	RZEPKA Tomasz	185	HTF LUDWIK SIKORSKI	M	M40-44	00:20:01	01:02:21	01:24:17	127	00:09:17	00:20:14	01:24:54	02:03:49	02:50:30	03:55:22	04:36:59	05:26:54	05:56:32	102	00:03:09	00:37:45	01:18:05	01:59:03	0
75	CIMACHOWSKI Jakub	31	CIMATECH	M	M35-39	00:16:53	00:51:45	01:09:45	36	00:08:33	00:20:35	01:25:37	02:07:07	02:58:55	04:08:31	04:53:01	05:44:03	06:14:27	146	00:04:24	00:38:17	01:17:59	02:00:47	0
76	MÖLLER Gert	141		M	M55-59	00:16:18	00:49:41	01:07:02	26	00:03:58	00:18:26	01:19:52	01:58:27	02:45:52	03:50:57	04:31:45	05:20:30	05:50:33	82	00:04:01	00:40:58	01:22:51	02:07:57	0
77	KOLMAJER Rafał	86	ROWERTOUR	M	M35-39	00:22:36	01:11:02	01:35:51	185	00:07:23	00:19:51	01:22:57	02:03:10	02:50:53	03:59:43	04:41:39	05:32:48							

Rank	Name	Age	Team	Sex	Start		Pływanie										Bieg							
					Time	Time	100m	200m	300m	400m	500m	600m	700m	800m	900m	1000m	1500m	2000m						
93	OLENDER Paweł	151	CAR4PARTS MRAŃGOWO	M	M40-44	00:19:28	01:00:06	01:20:44	100	00:03:39	00:20:44	01:26:59	02:08:12	02:57:56	04:04:08	04:44:44	05:34:08	06:04:10	131	00:03:51	00:42:52	01:24:52	02:10:45	0
94	PIECHACZYK Sławomir	160		M	M35-39	00:18:49	00:59:31	01:20:51	102	00:06:53	00:19:50	01:23:59	02:02:47	02:49:31	03:54:41	04:36:27	05:25:04	05:53:46	96	00:03:31	00:44:07	01:31:43	02:19:53	0
95	LASSAK Bartosz	111	CHŁOPAKI TO MY	M	M40-44	00:19:12	01:00:43	01:21:52	111	00:05:23	00:20:28	01:25:44	02:08:08	02:57:58	04:06:54	04:50:32	05:42:47	06:13:57	145	00:03:31	00:41:44	01:23:55	02:08:16	0
96	BETLEJ Hubert	14	ESKADRA KRAKÓW	M	M35-39	00:23:07	01:11:06	01:36:38	190	00:04:10	00:25:12	01:23:30	02:00:44	02:45:36	03:47:47	04:28:41	05:16:08	05:44:46	71	00:03:04	00:42:15	01:24:48	02:12:47	0
97	KRYSIAK Robert	100		M	M50-54	00:20:11	01:02:27	01:23:58	123	00:06:36	00:20:03	01:26:44	02:06:15	02:55:19	04:03:10	04:46:30	05:38:27	06:09:32	140	00:03:37	00:42:49	01:25:08	02:08:10	0
98	SZPITER Tomasz	201	OLAWS ZŁOTORYJA	M	M50-54	00:19:21	00:59:35	01:20:47	101	00:05:14	00:18:16	01:18:49	01:57:01	02:43:13	03:46:38	04:27:24	05:17:09	05:46:34	76	00:04:12	00:40:54	01:25:45	02:14:58	0
99	AUGUSTYNIAK Artur	6	FUJITSU RUNNING TEAM ŁÓDŹ	M	M35-39	00:19:32	00:59:51	01:19:40	91	00:04:28	00:19:32	01:21:24	02:00:35	02:48:25	03:54:01	04:35:37	05:23:14	05:52:03	87	00:03:49	00:37:09	01:20:41	02:11:59	0
100	CIBOROWSKI Sebastian	29	SEBA SPORT PISZ	M	M45-49	00:16:57	00:53:57	01:12:23	46	00:07:59	00:17:31	01:18:20	01:55:48	02:42:40	03:49:45	04:32:12	05:23:38	05:52:37	93	00:06:24	00:43:51	01:33:43	02:27:38	0
101	KRÓLCZYŃSKI Maciej	98		M	M35-39	00:18:47	00:58:02	01:18:24	83	00:03:51	00:19:26	01:21:28	02:00:31	02:48:30	03:54:29	04:36:41	05:27:30	05:57:07	105	00:02:56	00:42:36	01:28:15	02:18:50	0
102	ŻYCHLIŃSKI Miłosz	226	KS CELIRONMAN	M	M45-49	00:24:12	01:14:28	01:38:03	194	00:09:50	00:19:28	01:22:00	02:01:30	02:49:24	03:56:16	04:37:16	05:27:34	05:57:04	104	00:04:41	00:44:11	01:25:02	02:09:09	0
103	PRUSACZYK Marcin	169		M	M45-49	00:19:32	01:00:08	01:20:57	104	00:07:29	00:19:59	01:29:04	02:13:57	03:06:52	04:20:50	05:09:37	06:03:39	06:38:09	179	00:05:00	00:39:53	01:20:37	02:00:15	0
104	WOLUSZEWSKI Remigiusz	221	ALIOR RUNNING TEAM	M	M30-34	00:22:45	01:13:11	01:39:32	199	00:05:20	00:18:30	01:21:03	02:04:13	02:54:01	04:03:07	04:45:44	05:36:33	06:07:19	136	00:04:39	00:34:07	01:13:53	01:55:54	0
105	MACIULEVICIUS Arunas	200	TRITONAS	M	M45-49	00:18:44	00:57:45	01:18:21	82	00:04:53	00:19:10	01:22:54	02:02:48	02:50:34	03:54:11	04:36:47	05:26:13	05:55:25	99	00:02:58	00:40:05	01:22:32	02:08:09	0
106	KOWALSKI Krzysztof	95	TRENUJ Z NAJLEPSZYMI	M	M40-44	00:15:45	00:48:40	01:06:05	22	00:04:20	00:18:30	01:17:35	01:53:50	02:39:36	03:43:14	04:24:05	05:11:43	05:40:10	57	00:02:47	00:53:35	01:41:33	02:36:20	0
107	BIAŁOŁOCKI Tomasz	15		M	M50-54	00:21:03	01:06:04	01:30:38	162	00:07:39	00:20:06	01:26:45	02:09:43	03:00:23	04:09:56	04:55:49	05:47:56	06:18:49	151	00:04:09	00:37:36	01:18:41	02:01:17	0
108	FEDYNA Igor	48	SHYPHYNA RUN CLUB	M	M40-44	00:20:10	01:02:17	01:23:39	119	00:06:29	00:21:21	01:25:18	02:04:26	02:50:32	03:54:08	04:34:28	05:22:32	05:51:35	86	00:03:06	00:41:55	01:27:08	02:20:13	0
109	ŚCIGAJA Waldemar	206	JELENIA PŁAST SPORT TEAM	M	M45-49	00:15:47	00:49:53	01:07:39	31	00:05:49	00:19:55	01:23:34	02:03:18	02:53:38	04:04:26	04:51:29	05:49:40	06:25:48	160	00:04:55	00:43:09	01:32:13	02:21:26	0
110	DEBICKI Artur	38		M	M50-54	00:15:44	00:50:02	01:07:37	30	00:06:59	00:22:05	01:33:25	02:17:49	03:09:53	04:20:17	05:07:39	06:00:02	06:30:11	168	00:04:55	00:43:32	01:28:45	02:14:50	0
111	PÉLANT Ryszard	158	WICHER ROSNÓWKO	M	M40-44	00:19:29	00:58:50	01:19:14	87	00:06:49	00:19:45	01:24:05	02:05:13	02:52:12	03:58:03	04:39:24	05:28:31	05:57:57	113	00:06:17	00:45:03	01:32:25	02:22:57	0
112	RYGIEL Robert	182		M	M55-59	00:20:22	01:02:30	01:24:11	125	00:07:16	00:19:49	01:24:06	02:04:45	02:53:26	04:02:31	04:45:24	05:35:33	06:06:27	135	00:05:01	00:40:37	01:24:19	02:11:24	0
113	MOJSIEWICZ Sławomir	139		M	M40-44	00:19:16	01:01:11	01:23:05	115	00:04:31	00:18:46	01:18:01	01:56:34	02:43:24	03:49:06	04:31:02	05:19:22	05:49:31	81	00:05:57	00:51:29	01:41:44	02:32:24	0
114	SOKOŁOWSKI Tomasz	189	KLINIKA TRIATHLONU	M	M30-34	00:18:25	00:59:07	01:20:41	98	00:03:49	00:19:52	01:25:36	02:06:14	02:55:01	04:00:50	04:42:20	05:31:53	06:03:03	128	00:02:09	00:41:43	01:30:52	02:23:18	0
115	DASZEWSKI Filip	36		M	M18-24	00:17:02	00:53:45	01:12:27	47	00:04:06	00:17:29	01:15:08	01:51:36	02:38:32	03:43:01	04:24:40	05:14:54	05:45:18	72	00:04:18	00:47:21	01:39:29	02:42:22	0
116	CHOJNOWSKI Andrzej	24		M	M50-54	00:21:04	01:06:39	01:30:41	163	00:04:45	00:18:50	01:21:18	02:00:51	02:48:35	03:54:49	04:37:25	05:27:09	05:58:17	115	00:03:02	00:45:20	01:34:21	02:25:59	0
117	WILK Łukasz	217		M	M40-44	00:18:53	00:58:42	01:19:22	88	00:09:49	00:21:35	01:29:32	02:13:20	03:05:09	04:19:08	05:05:36	06:05:16	06:37:51	178	00:04:38	00:41:43	01:24:43	02:09:28	0
118	KUĆ Jarosław	103	TRI TEAM LUBAŃ	M	M35-39	00:21:24	01:09:22	01:34:39	182	00:05:47	00:19:23	01:24:38	02:05:52	02:55:59	04:06:30	04:51:09	05:44:27	06:16:12	149	00:05:36	00:42:14	01:28:38	02:16:52	0
119	OLSZEWSKI Łukasz	153	ROZBEGANE DZIAŁDOWO	M	M40-44	00:19:26	01:01:30	01:23:24	118	00:04:44	00:18:50	01:23:02	02:02:26	02:49:40	03:57:12	04:38:50	05:27:57	05:55:19	98	00:02:04	00:44:35	01:32:19	02:27:28	0
120	GOŁDYN Marek	54	TKKF KOSZALIN	M	M35-39	00:18:21	00:56:45	01:16:29	67	00:09:01	00:19:52	01:27:24	02:08:29	03:01:51	04:16:30	04:59:37	05:54:45	06:26:24	162	00:06:32	00:36:23	01:15:29	02:01:26	0
121	KLOCKIEWICZ Zbyszko	82	PŁONAŃE RACICE	M	M25-29	00:18:19	00:55:56	01:15:28	62	00:04:47	00:20:53	01:26:37	02:09:50	03:01:34	04:14:22	05:00:25	05:55:08	06:27:22	164	00:06:35	00:45:05	01:31:41	02:20:26	0
122	CICHOSZ Arkadiusz	30		M	M45-49	00:18:25	00:57:54	01:18:05	79	00:04:24	00:18:59	01:22:04	02:01:34	02:48:56	03:56:44	04:39:31	05:29:32	05:59:41	119	00:03:41	00:45:13	01:35:43	02:31:18	0
123	MROZ Michał	145	DAREDEVILS TRIATHLON TEAM	M	M35-39	00:17:41	00:56:41	01:17:11	70	00:07:02	00:21:18	01:30:39	02:12:48	03:04:06	04:14:48	04:58:11	05:49:19	06:20:28	154	00:05:32	00:42:55	01:29:37	02:21:15	0
124	KOZŁOWSKI Tomasz	97	MII	M	M35-39	00:20:57	01:02:47	01:24:09	124	00:07:31	00:20:29	01:25:28	02:04:54	02:53:24	04:02:16	04:45:16	05:36:41	06:08:11	137	00:05:46	00:43:37	01:32:42	02:24:59	0
125	KUPISZ Dominik	105	HERNIK TEAM	M	M40-44	00:18:55	00:57:25	01:17:53	78	00:04:37	00:20:20	01:26:00	02:08:36	03:01:56	04:14:16	05:00:37	05:55:54	06:29:31	167	00:05:11	00:42:29	01:28:32	02:15:00	0
126	JAGIEŁŁO Albert	59		M	M25-29	00:19:19	01:04:23	01:28:03	150	00:05:21	00:19:29	01:25:07	02:05:21	02:52:47	03:57:53	04:39:13	05:28:03	05:57:08	106	00:04:22	00:44:23	01:33:03	02:26:46	0
127	ANDRUSZKIEWICZ Arkadiusz	3		M	M40-44	00:25:23	01:17:44	01:44:41	208	00:11:43	00:18:57	01:21:25	02:01:56	02:50:43	04:01:24	04:46:08	05:37:59	06:10:28	141	00:08:24	00:42:06	01:25:30	02:11:54	0
128	PRUSIK Bartosz	170	COZMOBIKE	M	M25-29	00:20:02	01:02:59	01:25:29	136	00:05:49	00:17:54	01:15:28	01:52:08	02:38:06	03:44:02	04:25:10	05:12:35	05:41:13	61	00:06:59	00:43:30	01:30:09	02:20:44	0
129	LUTOWSKI Wojciech	122	TKKF KOLEJARZ BYDGOSZCZ	M	M30-34	00:23:15	01:10:48	01:36:15	187	00:05:21	00:21:28	01:32:09	02:14:39	03:07:37	04:22:13	05:14:06	06:12:04	06:48:13	186	00:09:22	00:33:21	01:18:19	02:04:03	0
130	MATERNA Roman	128	SPAR POLSKA	M	M50-54	00:17:54	00:55:01	01:14:17	56	00:04:59	00:19:32	01:23:06	02:02:55	02:50:22	03:55:19	04:38:55	05:31:06	06:01:11	122	00:03:01	00:43:12	01:32:08	02:26:26	0
131	WŁODARCZAK Witold	218	TRISPACE	M	M55-59	00:21:15	01:05:37	01:28:33	153	00:03:42	00:19:44	01:24:56	02:04:36	02:53:07	04:02:13	04:45:37	05:36:54	06:08:29	138	00:03:05	00:42:18	01:30:44	02:23:33	0
132	SZWEDA Tomasz	203	MEBŁOBYSK CZERNICE	M	M35-39	00:22:38	01:10:37	01:35:41	183	00:05:13	00:18:06	01:17:54	01:55:14	02:40:12	03:42:37	04:23:23	05:11:13	05:39:30	55	00:03:12	00:40:18	01:30:30	02:26:22	0
133	LEWARDOWSKI Konrad	116	KTB KUNY STRZESZYN	M	M45-49	00:22:06	01:07:41	01:32:09	172	00:15:48	00:16:14	01:22:22	02:05:07	04:14:43	05:55:42					00:43:00	01:2			

				Pływanie					Rower					Bieg										
144	KOWALCZYK Wojciech	93	ARNIE TEAM	M25-29	00:19:26	01:02:57	01:25:47	138	00:10:54	00:20:29	01:25:32	02:07:31	02:57:58	04:09:43	04:55:53	05:49:08	06:21:29	155	00:09:40	00:40:24	01:23:55	02:12:31	0	
145	KEMNITZ Marcin	78	3GRAVITY	M35-39	3GRAVITY	00:24:58	01:17:50	01:44:49	209	00:03:37	00:18:07	01:18:30	01:56:24	02:42:03	03:45:45	04:26:54	05:16:47	05:47:48	78	00:06:16	00:46:26	01:34:25	02:25:02	0
146	NAROJCZYK Krzysztof	146	TRI MASTERS PIASECZNO	M45-49		00:18:48	00:58:35	01:19:08	86	00:05:01	00:21:04	01:21:09	01:59:23	02:47:20	03:55:27	04:38:53	05:32:18	06:02:54	127	00:04:55	00:45:14	01:32:55	02:36:40	0
147	SZYNDLAREWICZ Paweł	205		M35-39		00:22:15	01:07:53	01:31:38	169	00:05:52	00:20:57	01:26:06	02:07:31	02:57:39	04:06:05	04:56:32	05:53:06	06:25:00	159	00:05:36	00:45:36	01:36:07	02:26:57	0
148	KALICH Tomasz	71	CYKLIŚCI RYPIN	M30-34		00:20:46	01:05:22	01:30:15	160	00:08:57	00:19:27	01:21:30	01:59:34	02:45:59	03:50:42	04:32:11	05:22:04	05:51:01	85	00:05:15	00:43:49	01:32:29	02:26:12	0
149	MIKOŁAJCZYK Rafał	136	THC PROMIL	M40-44		00:18:41	01:00:58	01:22:59	114	00:08:30	00:19:59	01:24:42	02:04:28	02:53:04	04:00:09	04:42:41	05:31:58	06:01:11	121	00:04:30	00:40:44	01:29:07	02:26:22	0
150	TRYT Maciej	209	RUN BYDGOSZCZ	M35-39		00:19:30	01:00:10	01:21:15	105	00:07:05	00:19:13	01:23:49	02:05:35	02:57:19	04:13:22	05:01:57	05:57:45	06:28:52	166	00:08:05	00:45:47	01:36:59	02:31:30	0
151	KEPIŃSKI Henryk	79	KB SPARTAKUS BELCHATOW	M65-69		00:22:52	01:14:19	01:43:01	204	00:06:49	00:21:06	01:29:11	02:10:34	02:59:04	04:08:47	04:53:19	05:43:23	06:13:47	144	00:04:58	00:44:48	01:33:04	02:23:41	0
152	REZA Marek	175		M50-54		00:23:16	01:12:13	01:38:13	197	00:07:58	00:20:05	01:25:12	02:05:46	02:55:25	04:06:03	04:50:27	05:43:32	06:16:24	150	00:05:00	00:45:12	01:32:22	02:22:31	0
153	WÓJCIK Łukasz	223	CELIRONMAN/OLEJNIK RUNNING TEAM	M30-34		00:19:17	00:59:49	01:19:30	89	00:05:42	00:20:03	01:25:17	02:05:56	02:57:37	04:11:13	04:57:13	05:51:20	06:24:03	158	00:05:05	00:52:01	01:42:07	02:33:54	0
154	GACKOWSKI Krzysztof	50	IRON & ONE TEAM	M45-49		00:19:48	01:00:12	01:20:54	103	00:05:52	00:19:43	01:26:10	02:08:31	03:00:26	04:11:09	04:56:58	05:52:31	06:23:58	157	00:05:23	00:49:03	01:39:59	02:32:27	0
155	NOWARA Andrzej	149		M50-54		00:21:25	01:07:28	01:32:20	175	00:10:36	00:20:13	01:26:51	02:08:28	02:57:35	04:04:34	04:46:21	05:35:11	06:05:33	132	00:04:02	00:43:16	01:30:24	02:26:16	0
156	OLEŹDKI Janusz	152	WUM	M60-64		00:21:42	01:05:56	01:28:13	151	00:06:06	00:20:32	01:28:24	02:10:57	03:02:42	04:13:38	04:58:11	05:53:11	06:26:09	161	00:06:00	00:46:50	01:38:38	02:33:07	0
157	JENDERNALIK Łukasz	67		M35-39		00:21:20	01:07:04	01:31:18	168	00:08:56	00:21:03	01:36:41	02:19:12	03:10:20	04:20:51	05:05:46	05:58:38	06:31:50	169	00:06:18	00:50:39	01:39:39	02:27:39	0
158	KITKOWSKI Piotr	81		M40-44		00:20:04	01:00:51	01:21:16	106	00:03:43	00:20:05	01:23:09	02:02:24	02:51:23	03:58:48	04:40:46	05:31:49	06:01:46	124	00:03:47	00:49:19	01:45:31	02:43:46	0
159	SROKA Jerzy	192	TRI STAROGARD GDAŃSKI	M50-54		00:21:21	01:07:15	01:33:39	179	00:04:31	00:20:15	01:27:59	02:10:36	03:03:05	04:18:38	05:06:40	06:01:51	06:35:18	174	00:03:12	00:41:54	01:33:22	02:28:58	0
160	CHMIEL Dariusz	23	PIT DELTA	M55-59		00:22:37	01:12:29	01:38:03	193	00:08:21	00:22:27	01:35:45	02:20:42	03:14:45	04:28:51	05:16:37	06:12:32	06:46:18	184	00:05:34	00:45:04	01:33:02	02:21:56	0
161	DOMAGAŁA Dariusz	39	WWW.GYMLAB.PL	M30-34		00:19:55	01:02:08	01:22:51	113	00:06:26	00:21:48	01:32:54	02:17:51	03:09:49	04:22:50	05:11:14	06:06:33	06:37:11	176	00:03:08	00:44:12	01:34:08	02:26:55	0
162	GLĄDYSZ Grzegorz	52		M30-34		00:21:19	01:06:32	01:32:23	176	00:05:18	00:20:41	01:26:51	02:06:32	02:57:26	04:05:58	04:49:32	05:43:25	06:15:47	148	00:04:22	00:53:34	01:46:22	02:43:13	0
163	WOŁOWSKI Lech	222		M40-44		00:21:44	01:08:04	01:32:17	174	00:07:56	00:22:07	01:28:02	02:08:38	02:57:10	04:07:12	04:54:49	05:48:05	06:19:53	152	00:06:53	00:45:16	01:31:58	02:29:31	0
164	KORSAKOV Kostiantyn	90	-	M45-49		00:19:00	00:59:20	01:21:38	110	00:09:12	00:19:53	01:23:52	02:04:39	02:56:29	04:08:57	04:54:54	05:50:33	06:23:10	156	00:05:31	00:43:00	01:31:37	02:29:26	0
165	STASIEWSKI Mariusz	194	TRISPACE	M40-44	TriSpace	00:21:22	01:03:29	01:25:12	134	00:04:30	00:20:24	01:27:17	02:07:00	02:58:39	04:10:37	05:06:23	06:01:30	06:34:05	172	00:03:57	00:46:45	01:38:41	02:32:30	0
166	JARECKI Paweł	61		M40-44		00:18:48	00:57:22	01:17:38	76	00:09:20	00:19:32	01:23:22	02:06:36	02:57:00	04:10:55	05:01:14	05:57:25	06:35:43	175	00:07:13	00:45:38	01:46:39	02:52:33	0
167	BUCZKOWSKI Jarosław	19	PRO EVO TRI CLUB	M45-49		00:21:53	01:07:53	01:32:41	178	00:21:58	00:22:09	01:39:10	02:26:59	03:25:20	04:44:20	05:33:43	06:36:52	07:12:15	198	00:05:23	00:42:35	01:25:25	02:12:09	0
168	BECLA Leszek	12	HETEROMASTERS	M25-29		00:22:18	01:13:41	01:39:33	200	00:06:59	00:21:03	01:32:13	02:17:46	03:08:15	04:20:41	05:07:05	06:03:25	06:37:37	177	00:05:12	00:40:52	01:27:12	02:18:04	0
169	PANASIUK Maciej	155	LEASEPLAN TRIATHLON TEAM	M25-29		00:19:47	01:03:19	01:26:33	141	00:09:52	00:21:38	01:30:39	02:15:03	03:06:38	04:20:27	05:04:07	06:00:35	06:32:31	170	00:07:19	00:47:44	01:34:45	02:26:34	0
170	MACHAJ Tomasz	228		M45-49		00:21:38	01:06:15	01:28:40	155	00:14:26	00:23:23	01:37:06	02:21:34	03:20:05	04:39:22	05:26:50	06:23:50	06:56:38	189	00:10:01	00:47:03	01:36:17	02:26:22	0
171	WRZOSEK Dominik	224	ZPIT PW	M25-29		00:23:21	01:13:54	01:41:03	202	00:08:48	00:20:01	01:25:26	02:05:54	02:55:04	04:05:11	04:50:22	05:47:09	06:20:09	153	00:06:17	00:47:19	01:40:29	02:36:04	0
172	DUDEK Adam	42		M18-24		00:14:57	00:46:51	01:03:19	11	00:15:10	00:21:49	01:32:49	02:20:53	03:20:14	04:41:19	05:30:29	06:33:30	07:12:14	197	00:07:59	00:44:42	01:34:00	02:26:27	0
173	WSZEBOROWSKI Dariusz	225	SBR ELK	M50-54		00:21:44	01:07:43	01:31:03	167	00:11:17	00:22:36	01:34:14	02:19:05	03:13:47	04:32:25	05:24:31	06:24:41	07:00:30	190	00:11:41	00:47:50	01:45:57	02:37:42	0
174	RYKOWSKI Andrzej	183		M25-29		00:23:10	01:10:32	01:35:49	184	00:06:03	00:22:12	01:34:35	02:19:17	03:19:45	04:44:41	05:34:15	06:37:14	07:09:18	195	00:09:37	00:40:40	01:34:24	02:34:13	0
175	KUZIEMSKI Tomasz	106	KS MARATON OSTRÓW WLKP	M30-34		00:20:42	01:05:28	01:28:37	154	00:07:59	00:21:10	01:29:48	02:13:39	03:09:12	04:31:31	05:19:12	06:17:37	06:51:29	187	00:05:18	00:51:29	01:52:02	02:51:37	0
176	JASIŃSKI Bogusław	63		M65-69		00:20:35	01:04:38	01:28:33	152	00:10:04	00:20:22	01:31:53	02:17:08	03:12:54	04:33:18	05:26:44	06:27:27	07:03:37	193	00:07:01	00:50:33	01:41:38	02:38:01	0
177	STANKOWSKI Dawid	193	PŁONAŃCE RACICE	M25-29		00:20:02	01:03:30	01:25:44	137	00:07:23	00:23:07	01:36:59	02:24:14	03:20:10	05:01:37	05:51:52	06:55:48	07:29:46	202	00:06:57	00:48:23	01:40:18	02:32:05	0
178	WŁODARCZYK Mariusz	229		M35-39		00:18:59	00:58:35	01:19:07	85	00:08:33	00:20:16	01:28:30	02:11:39	03:10:18	04:46:01	05:37:58	06:42:03	07:17:27	200	00:12:19	00:47:09	01:43:14	02:43:30	0
179	PAWŁAK Piotr	156	PKO BANK POLSKI	M40-44		00:21:43	01:09:54	01:36:55	191	00:08:26	00:21:09	01:29:53	02:12:36	03:05:43	04:18:55	05:06:57	06:05:21	06:38:43	181	00:03:54	00:51:44	01:51:26	02:56:30	0
180	KRÓLIK Zenon	99	SAM SOBIE STEREM	M70-74		00:26:09	01:21:22	01:50:29	210	00:12:25	00:24:54	01:37:08	02:23:04	03:18:24	04:39:27	05:27:37	06:25:58	07:01:16	191	00:11:10	00:50:15	01:44:02	02:41:19	0
181	DĄBROWSKI Jarek	37	ŁOMIAŃKOWSKA GRUPA BIEGOWA TRI	M45-49		00:22:00	01:07:36	01:30:31	161	00:10:26	00:21:06	01:33:34	02:18:46	03:14:20	04:34:32	05:23:35	06:28:16	07:04:53	194	00:10:34	00:59:28	02:02:47	03:01:23	0

			Pływanie				Rower										Bieg
DROHOJOWSKI Rafał	41	M45-49	00:19:36	01:02:48	01:26:22	140	00:07:06	00:19:54	01:23:39	02:03:25	02:51:38	03:57:25	04:39:06	05:27:29	05:57:37	112	00:03:17
WIECHNA Krzysztof	215	M40-44															
MAZUR Mariusz	130	TRI TEAM LUBAŃ	M35-39	00:21:16	01:07:16	01:30:50	165	00:05:03	00:19:12	01:20:35	01:59:54	02:47:40	03:53:30	04:36:02	05:27:53	05:58:53	117
JAWORSKI Artur	65		M30-34	00:20:18	01:02:28	01:24:26	128	00:10:08	00:19:32								

Znaleziono 198 wynik(ów)