



OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3

B4SPORT

Wydarzenie:
Organizator:
Data:
Miejsce:
Dystans:

Ocean Lava Triathlon Polska 2019
Towarzystwo Sportowe TRI-SPORT
2019-08-17
Bydgoszcz
113 km

B4SPORT
INTELEGENTNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Punkt pomiarowy: 92,2 km

Msc	Zawodnik	Numer	Klub	Kategoria	Drużyna	Pływanie			Rower						Bieg		
						P_Borowno 0.95km	P_Borowno 1.9km	Poz	R_Kotomierz 4.9km	R_Lidl 19.9km	R_Kotomierz 39.9km	R_Kotomierz 55.55km	R_Lidl 74.9km	R_Kotomierz 89.9km		Poz	
DQ	SAJDAK Ireneusz	698	SPEED JASŁO	M60-64	CIBOR IRON TEAM	DQ	DQ	173	DQ	DQ	DQ	DQ	DQ	DQ	DQ	DQ	
2	HOFFMANN Wojciech	573	BRZYSKI TRI TEAM	M40-44		00:13:32	00:27:55	2	00:02:23	00:09:10	00:31:12	01:01:30	01:24:19	01:55:24	02:18:44	3	00:01:31
3	JASIŃSKI Jakub	581	GO RIDE WM TRISELF	M30-34		00:12:00	00:24:29	1	00:03:04	00:09:15	00:32:38	01:03:17	01:26:52	01:58:59	02:24:13	10	00:01:44
4	BRZYSKI Maciej	526	BRZYSKITRITeam	M30-34	BrzyskiTriTeam	00:13:35	00:27:58	3	00:02:11	00:09:22	00:31:38	01:02:48	01:26:16	01:58:11	02:22:14	8	00:01:28
5	SKORUPA Paweł	704	SKORUPA TRIATHLON	M30-34		00:16:37	00:33:50	35	00:02:32	00:08:44	00:30:45	01:00:46	01:23:06	01:54:01	02:17:18	2	00:01:18
6	JURKIEWICZ Mariusz	641	KOBYLARNIA / BIKE BOYS	M40-44		00:17:02	00:35:13	54	00:02:34	00:09:09	00:31:14	01:00:58	01:23:06	01:53:17	02:15:39	1	00:01:40
7	RULIŃSKI Przemysław	693	CZAJATRAININGSYSTEM	M30-34		00:15:34	00:32:02	19	00:02:02	00:09:30	00:33:01	01:04:52	01:28:03	01:59:39	02:23:26	9	00:01:32
8	ANDRZEJEWSKI Marcin	507	8BREM	M30-34		00:16:40	00:34:06	39	00:03:19	00:09:23	00:32:52	01:04:24	01:27:13	01:57:31	02:20:49	6	00:01:35
9	ZIĘBA Adam	758	TRISPACE	M45-49	TriSpace	00:16:52	00:34:06	38	00:02:15	00:09:02	00:32:11	01:03:33	01:27:15	01:59:20	02:20:43	5	00:03:42
10	POKORSKI Marek	679	CTS	M45-49		00:16:35	00:33:41	30	00:02:43	00:09:01	00:31:58	01:03:06	01:26:50	01:59:45	02:24:36	11	00:02:33
11	BETHKE Sławomir	517	TRISPACE	M30-34	TriSpace	00:18:57	00:39:46	133	00:02:46	00:09:01	00:31:20	01:01:56	01:24:40	01:55:51	02:20:22	4	00:01:30
12	WYSOCKI Rafał	751	SRITRI	M45-49		00:16:27	00:33:28	24	00:02:41	00:09:17	00:32:24	01:04:34	01:28:24	02:00:55	02:26:35	15	00:02:03
13	KNOTHE Adam	602	BUDSTOL INVEST	M45-49	AMS	00:19:18	00:39:44	131	00:02:17	00:09:15	00:31:52	01:02:23	01:25:10	01:57:04	02:20:59	7	00:01:51
14	WANIEWSKI Marcin	737	WANIEWSKI COACHING	M40-44		00:15:10	00:31:01	7	00:02:15	00:16:24	00:39:47	01:11:13	01:33:59	02:05:37	02:29:40	29	00:02:09
15	OBUCHOWICZ Artur	668	POWER OF SCIENCE TRI TEAM	M40-44		00:15:10	00:31:12	9	00:03:03	00:09:50	00:34:10	01:06:58	01:31:30	02:04:50	02:29:15	27	00:01:45
16	TUROWIEC Adam	770	UAM TRIATHLON POZNAŃ APPETITEFORSPORTS.COM	M40-44		00:15:14	00:31:29	12	00:03:20	00:09:39	00:33:48	01:06:51	01:31:24	02:04:14	02:28:48	22	00:01:52
17	RYMER Jakub	696		M30-34		00:15:17	00:31:26	11	00:02:50	00:09:36	00:33:33	01:06:31	01:30:56	02:04:55	02:29:10	26	00:02:22
18	KUZNETSOV Mykhailo	626	TRITONODESSA	M45-49		00:15:24	00:31:39	14	00:02:46	00:09:47	00:33:45	01:06:21	01:31:07	02:04:43	02:29:16	28	00:02:08
19	BARTKOWIAK Dawid	513		M45-49		00:15:43	00:32:47	21	00:02:38	00:09:46	00:33:39	01:06:13	01:30:47	02:03:41	02:28:09	20	00:02:18
20	OKRĄGŁY Emil	673	TRIZARZA	M35-39		00:16:12	00:33:35	28	00:02:13	00:09:39	00:33:48	01:06:03	01:30:27	02:03:58	02:28:43	21	00:01:31
21	MATUSIAK Mateusz	646	SNG WILD DUCKS	M30-34		00:16:12	00:33:32	26	00:02:52	00:09:52	00:33:55	01:07:23	01:31:21	02:04:19	02:28:48	23	00:01:48
22	ABANIN Vadzim	501	ALTIUS!	M45-49		00:16:45	00:33:41	31	00:02:25	00:09:42	00:33:53	01:07:31	01:31:56	02:04:51	02:29:08	25	00:01:47
	KLUSZCZYŃSKI Robert	601	TORUŃ MULTISPORT TEAM	M40-44		00:17:45	00:36:42	77	00:03:05	00:09:37	00:32:30	01:04:13	01:27:42	02:00:41	02:24:38	12	00:02:47
24	BONIKOWSKI Jakub	772	TRISPACE	M45-49		00:16:13	00:33:51	36	00:02:45	00:09:17	00:33:27	01:06:52	01:31:28	02:04:24	02:29:00	24	00:01:55
25	POSTIKA Oleksandr	682	TRITONODESSA	M35-39		00:16:56	00:34:50	48	00:02:47	00:09:50	00:34:02	01:06:17	01:29:33	02:02:22	02:27:29	17	00:02:29
26	WRZOCHALSKI Robert	749	TRIDEA TEAM	M45-49		00:18:16	00:38:23	102	00:03:14	00:09:29	00:33:40	01:06:36	01:31:10	01:57:36	02:24:44	13	00:01:54
27	RYŚ Sebastian	697		M40-44		00:16:23	00:33:36	29	00:02:53	00:09:39	00:33:37	01:06:26	01:31:03	02:04:38	02:29:48	32	00:02:18
28	KOWALKOWSKI Piotr	610	7 LO BYDGOSZCZ	M40-44		00:16:10	00:33:46	33	00:03:05	00:09:43	00:33:57	01:07:16	01:31:45	02:05:30	02:30:29	34	00:01:37
29	KOWALIKOWSKI Daniel	609	VELOMANIA BYDGOSZCZ TEAM	M25-29		00:17:51	00:37:33	90	00:02:58	00:09:25	00:32:36	01:04:50	01:29:09	02:02:14	02:27:05	16	00:01:27
30	SZYTTENHOLM Oliwier	723	TRISPACE	M35-39	TriSpace	00:18:06	00:37:13	81	00:02:24	00:09:36	00:33:28	01:05:27	01:29:57	02:02:57	02:28:00	19	00:01:39
31	BENTKOWSKI Marcin	516	TRIPower	M30-34		00:17:02	00:35:09	53	00:02:50	00:09:53	00:34:46	01:07:32	01:32:03	02:04:50	02:29:44	31	00:01:35
32	KRASOŃ Marcin	612	SMASHING PÄPKINS / NBR TEAM / TRINERGY	M35-39		00:17:44	00:36:43	78	00:03:09	00:09:54	00:33:15	01:05:21	01:29:41	02:02:39	02:26:12	14	00:03:27
33	MADIN Dmytro	638	TRITONODESSA	M40-44		00:16:39	00:34:17	43	00:03:27	00:09:38	00:33:58	01:06:58	01:31:51	02:04:58	02:29:41	30	00:02:23
34	HAJNOS-MAŁECKA Maria	571	SLOWMOTION	K35-39		00:15:20	00:31:47	15	00:02:36	00:09:58	00:35:02	01:08:57	01:34:21	02:08:01	02:33:35	47	00:01:53

				Pływanie				Rower				Bieg				
35	MARZEC Mieszko	643	AQUASTACJAGDAŃSK	M40-44	00:15:31	00:32:01	18	00:02:42	00:09:46	00:33:56	01:07:07	01:32:33	02:06:29	02:33:02	43	00:02:27
36	POLAŃSKI Tomasz	528	B4SPORT	M40-44	00:17:47	00:36:11	69	00:02:18	00:09:59	00:34:40	01:07:29	01:32:28	02:06:24	02:32:02	42	00:01:31
37	DEPTUŁA Grzegorz	544	VII LO	M40-44	00:17:41	00:36:07	67	00:02:46	00:09:41	00:34:19	01:07:11	01:32:05	02:06:07	02:31:36	37	00:01:42
38	BRUZGIELEWICZ Piotr	524	#ADAMCZERWIŃSKITEAM	M25-29	00:16:43	00:33:43	32	00:04:24	00:10:12	00:34:33	01:07:36	01:32:27	02:06:17	02:31:49	38	00:02:16
39	KĄCKA Małgorzata	596	MALGORZATA KĄCKA	K18-29	00:15:34	00:31:38	13	00:03:17	00:10:02	00:35:36	01:10:38	01:36:01	02:10:01	02:35:33	57	00:02:27
40	WELZER Dariusz	738	WELDA BIMARKO GALI TEAM	M45-49	00:17:53	00:36:21	71	00:02:37	00:10:11	00:34:15	01:07:05	01:31:56	02:06:00	02:31:34	36	00:02:45
41	PRĄDZYŃSKI Marcin	683	TRISPACE	M40-44	00:15:15	00:31:06	8	00:02:16	00:10:04	00:35:19	01:09:12	01:35:21	02:11:06	02:38:23	71	00:01:33
42	ŻUREK Jacek	629		M30-34	00:13:36	00:28:03	4	00:02:39	00:11:08	00:37:26	01:12:34	01:39:03	02:15:06	02:41:58	86	00:01:30
43	PORZYCH Rafał	681	RAFSON.TV	M18-24	00:16:57	00:35:44	63	00:02:32	00:09:48	00:34:48	01:07:59	01:33:50	02:09:02	02:34:42	52	00:01:40
44	KHOMYTSKYI Oleg	598	TRITON	M25-29	00:18:17	00:38:31	106	00:02:36	00:09:51	00:34:11	01:06:59	01:31:37	02:06:03	02:32:01	40	00:01:46
45	CIESZYŃSKI Jacek	536	BRZOZA ROWEROWA	M55-59	00:16:57	00:34:28	44	00:02:55	00:10:24	00:35:51	01:10:15	01:35:42	02:10:04	02:35:14	56	00:02:27
46	LITAWA Jacek	634		M45-49	00:16:27	00:33:29	25	00:02:48	00:09:53	00:35:16	01:10:12	01:36:10	02:11:07	02:37:18	64	00:02:19
	ŻYŁA Marcin	765		M30-34	00:15:49	00:33:25	23	00:02:50	00:10:14	00:35:46	01:10:02	01:36:01	02:11:24	02:37:57	66	00:01:55
48	BANACH Marcin	511	3GRAVITY	M30-34	00:18:54	00:38:48	115	00:02:20	00:09:47	00:34:12	01:07:42	01:33:20	02:07:38	02:33:24	46	00:01:46
49	JĄDZIEWSKI Dawid	583	TRI TUR CHOJNICE	M25-29	00:17:48	00:37:36	91	00:02:51	00:09:21	00:33:33	01:07:21	01:32:58	02:07:38	02:33:16	44	00:02:38
50	BIHUN Natalia	519	GTRAT	K30-34	00:16:36	00:34:11	40	00:02:47	00:10:18	00:35:56	01:10:18	01:36:15	02:11:13	02:37:16	63	00:02:17
51	LOBANOVSKIS Aleksandrs	635	CVO	M40-44	00:17:21	00:35:40	60	00:05:47	00:09:25	00:33:12	01:06:27	01:31:18	02:06:10	02:32:02	41	00:03:05
52	MAŁECKI Mateusz	640	111.KEGEL.PL	M35-39	00:21:05	00:43:21	182	00:03:53	00:09:18	00:32:53	01:04:49	01:29:39	02:02:15	02:27:35	18	00:01:48
53	GACKA Rafał	555	LUPUS TEAM	M40-44	00:17:54	00:37:20	83	00:03:13	00:09:58	00:34:37	01:08:32	01:33:48	02:08:39	02:35:03	53	00:01:32
54	BICZKOWSKI Kajetan	518	ALE TEAM	M25-29	00:17:14	00:35:15	55	00:03:09	00:10:13	00:34:52	01:09:28	01:35:17	02:11:14	02:37:13	62	00:01:49
55	UTYKAŃSKI Michał	730	SBR TEAM	M30-34	00:14:48	00:30:33	5	00:03:40	00:10:23	00:36:20	01:11:40	01:38:30	02:14:36	02:41:15	81	00:02:19
56	SYPNIEWSKA-LEWANDOWSKA Aleksandra	717	TRIDEA TEAM	K35-39	00:15:08	00:30:58	6	00:02:16	00:17:22	00:42:28	01:16:54	01:42:35	02:17:11	02:42:52	93	00:01:42
57	MENDEL Magdalena	649	TRIZARZA / ATHLETICOMED / MX ENDURANCE	K18-29	00:18:50	00:38:34	108	00:03:11	00:10:03	00:35:18	01:09:04	01:34:51	02:09:00	02:34:16	50	00:01:52
58	KUROWSKI Kamil	622	3GRAVITY	M30-34	00:18:52	00:38:55	116	00:03:16	00:09:09	00:32:53	01:06:00	01:31:00	02:06:10	02:33:18	45	00:02:26
59	STACHOWSKI Sebastian	712	TRI TEAM ZĄBKI	M35-39	00:18:45	00:38:26	103	00:02:57	00:10:06	00:34:44	01:08:58	01:33:54	02:08:57	02:34:24	51	00:02:22
60	WRÓBLEWSKI Wojciech	748	SNG WILD DUCKS	M40-44	00:18:13	00:37:29	85	00:03:50	00:09:58	00:35:15	01:09:08	01:35:08	02:09:22			
61	ŁAZARONEK Przemysław	637	DZIEWIĘTNAŚCIE77	M40-44	00:15:50	00:31:53	16	00:03:09	00:10:34	00:36:38	01:11:55	01:38:31	02:14:37	02:40:46	78	00:02:32
62	KUSIAK Marcin	624	CREATIVE BOCHNIA BIEGA	M35-39	00:20:09	00:41:54	168	00:04:30	00:09:28	00:33:40	01:06:19	01:31:10	02:05:07	02:30:15	33	00:01:56
63	GIERZ Bartłomiej	560	GO APTIV!	M25-29	00:17:10	00:35:02	51	00:04:52	00:10:09	00:35:25	01:09:59	01:36:05	02:10:54	02:37:11	60	00:02:29
64	HARTMAN Patrycjusz	572	TRENUJ TRIATHLON	M35-39	00:19:39	00:40:31	148	00:04:10	00:09:53	00:34:05	01:07:36	01:32:37	02:06:39	02:31:33	35	00:03:33
65	CUPA Ireneusz	538	TRIATHLON KONSULTING	M45-49	00:18:38	00:38:56	117	00:04:00	00:09:52	00:34:12	01:07:35	01:32:48	02:07:51	02:33:50	48	00:03:03
66	SZYMAŃSKI Piotr	721		M25-29	00:15:40	00:32:59	22	00:04:10	00:10:20	00:36:30	01:12:00	01:38:56	02:14:05	02:41:36	83	00:01:55
67	PIEKARSKI Marek	521	SISU TEAM / SOLANO	M45-49	00:17:40	00:36:34	75	00:02:53	00:10:01	00:35:15	01:09:46	01:36:25	02:12:03	02:39:21	73	00:01:59
68	ANTKOWIAK Bartosz	508	TRISPACE	M30-34	00:19:22	00:39:45	132	00:02:27	00:10:16	00:36:11	01:10:33	01:36:22	02:11:08	02:36:40	58	00:02:02
69	WIECZOREK Łukasz	739	RUN4FUN WWW.BYTPAK.PL	M30-34	00:18:42	00:38:31	105	00:03:18	00:09:42	00:34:55	01:10:03	01:36:09	02:10:42	02:37:07	59	00:01:58
70	BABICKI Szymon	510	KUŹNIA TRIATHLONU	M35-39	00:17:57	00:37:33	89	00:03:16	00:10:39	00:36:10	01:10:04	01:35:46	02:11:12	02:38:19	69	00:02:20
71	KUBIK Agnieszka	619	BCT GDYNIA & BANACH SPORT TEAM	K30-34	00:16:22	00:33:33	27	00:02:28	00:10:42	00:37:47	01:13:51	01:40:48	02:17:13	02:44:19	105	00:01:32
72	KILJAŃCZYK Piotr	599		M35-39	00:18:58	00:38:36	109	00:03:03	00:10:38	00:37:11	01:11:35	01:37:21	02:12:12	02:38:21	70	00:01:53
73	SOBIERAJ Rafał	708	NEVER GIVE UP WARSZAWA-BEMOWO	M25-29	00:15:41	00:32:14	20	00:04:05	00:10:06	00:36:31	01:11:42	01:39:12	02:15:17	02:42:51	92	00:02:44
74	JANISZEWSKI Arkadiusz	580	GT RAT	M45-49	00:20:54	00:42:38	175	00:02:54	00:09:50	00:34:21	01:07:49	01:33:00	02:07:54	02:34:02	49	00:02:46
75	KOWALCZYK Dariusz	608	GTT DIAMENT	M50-54	00:19:29	00:39:05	120	00:02:56	00:09:55	00:34:49	01:09:18	01:35:30	02:11:39	02:38:14	68	00:02:05
76	VASHKEVICH Vital	732	KUZNIA TRIATHLONU	M30-34	00:17:00	00:35:07	52	00:02:43	01:11:36	01:38:53	02:15:41	02:43:17				
77	KŁAPUCH Michał	600	FIZJO-MAT	M35-39	00:17:18	00:36:32	74	00:03:39	00:10:18	00:36:03	01:11:37	01:37:53	02:13:47	02:40:18	76	00:02:29
78	MATEJA Janusz Michał	644		M60-64	00:16:40	00:34:30	45	00:03:48	00:10:30	00:36:05	01:12:17	01:38:55	02:15:31	02:41:51	84	00:03:12
79	SANECKI Robert	699	SPRINT GORZYCE	M40-44	00:19:31	00:39:23	125	00:05:58	00:10:29	00:34:50	01:09:16	01:34:23	02:09:29	02:35:11	55	00:02:58
80	KRAVCHENKO Konstantin	614	TRITON	M40-44	00:19:06	00:40:16	142	00:04:21	00:09:45	00:35:24	01:08:49	01:35:20	02:11:07	02:37:50	65	00:01:04
81	BAZAK Cezary	514	CDIS SZ	M50-54	00:21:20	00:44:51	191	00:04:50	00:09:38	00:33:41	01:06:57	01:31:47	02:05:56	02:31:53	39	00:02:34
82	IGNACZAK Jarek	575		M35-39	00:18:42	00:38:45	114	00:04:02	00:10:11	00:35:29	01:10:03	01:35:58	02:12:20	02:39:26	74	00:01:56
83	WODYŃSKI Jan	745	SMARUJ NA TRENING TEAM / TRIMAMA	M30-34	00:18:08	00:38:40	113	00:03:17	00:10:46	00:37:04	01:12:09	01:38:18	02:13:25	02:40:19	77	00:01:54

						Pływanie				Rower				Bieg			
132	WISNIEWSKI Piotr	740	DBR77.COM	M40-44		00:16:57	00:34:53	49	00:05:07	00:11:19	00:39:11	01:16:51	01:45:13	02:24:05	02:53:12	143	00:04:00
133	WŁÓDARCZAK Agata	744	TRISPACE	K18-29	TriSpace	00:17:35	00:36:40	76	00:03:05	00:11:41	00:39:31	01:17:54	01:46:27	02:25:54	02:54:52	147	00:02:43
134	WAŁĘZA Hubert	735	KANAŁOWA TRI TEAM	M30-34		00:17:09	00:35:32	58	00:03:15	00:11:14	00:39:05	01:17:09	01:46:08	02:26:21	02:57:19	156	00:01:32
135	MIELCAREK Jędrzej	652	MIELCARKS TEAM	M25-29		00:18:53	00:39:46	134	00:04:42	00:10:35	00:37:32	01:14:48	01:42:43	02:20:35	02:49:57	129	00:03:14
136	BYZDRA Krzysztof	531	BBL GDAŃSK	M45-49		00:19:22	00:39:53	137	00:03:06	00:11:02	00:38:05	01:16:07	01:43:27	02:22:12	02:51:52	134	00:02:55
137	MONAGHAN Damian	658	ABCPURE	M35-39		00:15:22	00:31:16	10	00:04:13	00:11:50	00:41:13	01:22:33	01:51:40	02:31:28	03:00:41	166	00:02:06
138	MOSKAL Aleksander	659		M55-59		00:19:32	00:39:39	130	00:03:46	00:11:26	00:39:03	01:16:57	01:45:23	02:24:00	02:53:05	141	00:01:57
139	PARTYKA Rafał	672		M40-44		00:15:28	00:33:48	34	00:05:12	00:10:39	00:37:29	01:14:39	01:43:50	02:23:47	02:56:07	151	00:03:26
140	SZYMANOWSKI Paweł	720	MIELCARKS TEAM	M25-29		00:17:11	00:35:41	62	00:04:21	01:16:59	01:45:55	02:25:53	02:56:26				
141	PRZEWŁOCKI Jakub	685	KLINIKA TRIATHLONU BYDGOSZCZ	M35-39		00:18:48	00:39:31	128	00:04:23	00:11:01	00:38:22	01:16:24	01:44:48	02:24:22	02:53:12	142	00:02:28
142	RATAJCZAK Marek	689	TRIATHLON CLUB WROCŁAW	M50-54		00:20:52	00:41:32	162	00:04:57	00:10:22	00:37:23	01:14:59	01:43:18	02:21:06	02:49:24	125	00:03:58
143	ZATORSKI Robert	754		M45-49		00:22:44	00:47:16	209	00:05:11	00:10:37	00:37:47	01:13:58	01:40:39	02:17:05	02:44:08	101	00:03:53
144	SZYMANOWSKI Krzysztof	719		M55-59		00:22:31	00:46:25	202	00:06:51	00:10:51	00:37:35	01:13:08	01:40:02	02:16:24	02:43:27	99	00:04:01
145	MIKOŁAJCZAK Tomasz	655		M30-34		00:19:39	00:40:15	141	00:05:01	00:10:35	00:37:56	01:15:28	01:44:25	02:23:34	02:52:51	140	00:02:42
146	POCIEJ Bohdan	678	PTT DELTA	M60-64		00:18:27	00:38:39	112	00:05:22	00:10:32	00:37:12	01:14:56	01:43:33	02:23:05	02:52:45	139	00:04:22
147	BRESKA Witold	522	AKADEMIA BIEGOWA KOŚCIERZYNA	M45-49		00:19:59	00:40:17	143	00:04:02	00:10:52	00:38:33	01:17:07	01:46:16	02:25:56	02:55:08	149	00:02:22
148	GROCHOWSKI Maciej	566		M30-34		00:17:08	00:35:21	56	00:03:55	00:11:32	00:40:12	01:19:23	01:48:55	02:28:49	02:59:05	162	00:03:34
149	PĘKAŁA Łukasz	674	CIEZAROWKA.PL	M35-39		00:21:47	00:45:28	195	00:04:47	00:11:24	00:39:15	01:16:06	01:42:46	02:19:57	02:47:39	119	00:04:05
150	GÓRSKI Sławek	564	TRI TEAM LUBAŃ	M50-54		00:20:48	00:42:40	177	00:03:42	00:10:47	00:36:46	01:15:18	01:44:39	02:24:25	02:53:41	144	00:01:59
151	MILNER Szymon	656	TECZA	M35-39		00:25:14	00:54:02	224	00:02:52	00:10:13	00:36:02	01:11:24	01:37:33	02:14:13	02:42:39	91	00:02:36
152	GOZDOWSKI Paweł	563		M45-49		00:24:38	00:50:50	221	00:05:29	00:10:31	00:37:34	01:13:12	01:40:24	02:16:35	02:43:27	98	00:02:42
153	MAJDA Adrian	639	DZIK SQUAD	M30-34		00:19:35	00:40:00	138	00:03:54	00:11:22	00:40:09	01:18:48	01:47:54	02:27:43	02:56:44	155	00:01:54
154	BURSKI Paweł	529	1969	M50-54		00:18:40	00:38:59	118	00:04:16	00:11:33	00:39:33	01:19:15	01:48:19	02:26:50	02:56:10	152	00:03:08
155	KĘPOWICZ Kamil	597	KAMIL	M30-34		00:19:48	00:40:24	145	00:04:21	00:11:30	00:40:07	01:18:57	01:48:13	02:27:25	02:56:11	153	00:01:46
156	VALERII Makaikin	731	SHYPHYNA RUN CLUB	M45-49		00:18:16	00:36:47	79	00:05:47	00:10:58	00:38:35	01:16:36	01:45:31	02:25:43	02:56:20	154	00:04:02
157	GRABOWSKA Justyna	565	HTF LUDWIK SIKORSKI	K40-44		00:18:55	00:38:29	104	00:03:55	00:11:30	00:40:18	01:20:15	01:49:29	02:28:48	02:57:46	157	00:02:47
158	DUDEK Artur	549		M25-29		00:21:21	00:44:10	185	00:05:28	00:11:08	00:38:37	01:15:47	01:44:08	02:23:14	02:52:17	137	00:02:52
159	JABŁOŃSKI Patryk	577	BEZ FORMY TEAM	M30-34		00:20:19	00:41:13	157	00:04:49	00:11:15	00:38:48	01:17:21	01:45:29	02:25:39	02:55:57	150	00:02:49
160	BRUZGIELEWICZ Paweł	525		M55-59		00:18:07	00:36:08	68	00:09:10	00:11:13	00:39:19	01:17:45	01:46:59	02:26:26	02:55:04	148	00:04:57
161	ZAWIŁO Bartłomiej	757	NOWA HUTA TEAM	M30-34		00:17:05	00:34:37	47	00:04:41	00:11:43	00:41:59	01:22:12	01:52:15	02:33:30	03:04:44	178	00:02:51
162	KONIECZNY Przemysław	605		M30-34		00:19:04	00:40:22	144	00:04:21	00:11:14	00:39:28	01:17:58	01:46:52	02:27:54	02:59:07	163	00:03:18
163	SERZYSKO Bartosz	582		M30-34		00:20:54	00:44:32	190	00:04:53	00:10:31	00:37:31	01:14:11	01:43:44	02:23:36	02:54:18	146	00:03:26
164	RYBKOWSKI Grzegorz	694		M50-54		00:23:55	00:50:39	219	00:04:24	00:10:33	00:36:56	01:13:11	01:41:43	02:20:55	02:49:23	122	00:03:19
165	CICHONSKA - BAZAK Marzena	535	CZARNE STOPY.SM	K45-49		00:22:39	00:47:01	207	00:04:19	00:11:04	00:38:51	01:15:57	01:44:50	02:24:36	02:53:44	145	00:02:48
166	KAZUBOWSKI Jacek	595	1967	M50-54		00:24:18	00:49:42	217	00:03:54	00:10:45	00:38:31	01:16:20	01:45:09	02:24:09	02:52:21	138	00:02:41
167	WRONA Klaudiusz	747		M40-44		00:18:56	00:39:20	124	00:05:55	00:12:40	00:44:30	01:23:08	01:52:50	02:32:38	03:01:29	168	00:01:54
168	KOWALSKI Piotr	611		M45-49		00:21:44	00:46:17	201	00:07:05	00:11:12	00:39:14	01:17:33	01:45:44	02:24:29	02:52:16	136	00:03:09
169	SOBCZYŃSKI Michał	707		M30-34		00:17:49	00:37:19	82	00:02:45	00:13:06	00:42:36	01:23:16	01:53:27	02:34:32	03:05:42	183	00:03:23
170	STĘPNIAK Krzysztof	715	RUN4FUN	M40-44		00:20:23	00:42:43	178	00:05:34	00:10:57	00:39:14	01:18:24	01:47:41	02:28:50	02:57:51	158	00:03:24
171	KUZIEL Karol	625	MEDISTUFF	M25-29	MediStuff	00:17:36	00:38:19	100	00:03:39	00:11:16	00:41:25	01:22:26	01:52:46	02:34:36	03:04:52	179	00:02:46
172	GRUBA Jacek	567		M55-59		00:21:52	00:45:38	197	00:04:10	00:11:06	00:38:54	01:17:45	01:47:20	02:28:21	02:58:07	161	00:01:44
173	LEWANDOWSKI Marcin	631	KEEPER	M25-29		00:20:28	00:42:09	172	00:04:21	00:11:13	00:38:52	01:18:07	01:47:01	02:29:10	03:00:09	165	00:03:45
174	ŻOŁADZ Piotr	763		M30-34		00:17:34	00:37:31	87	00:04:56	00:11:39	00:40:53	01:21:46	01:52:33	02:34:11	03:06:29	184	00:02:37
175	KUCHARCZYK Kamil	620	TRI NOT TO DIE	M30-34		00:21:46	00:45:11	193	00:04:22	00:10:56	00:38:22	01:17:17	01:47:08	02:28:05	02:59:41	164	00:02:32
176	NOWAK Tomasz	662	WITKOWO BIEGA	M35-39		00:21:19	00:44:20	188	00:05:35	00:11:03	00:38:40	01:17:28	01:46:13	02:28:01	02:58:03	160	00:03:51
177	NIEREBIŃSKI Tomasz	661	FAMILY3TEAM	M40-44		00:18:30	00:37:56	96	00:05:14	00:11:16	00:39:11	01:21:34	01:51:26	02:32:43	03:03:19	176	00:05:25
178	DRZEWIECKI Rafał	548	RUN4FUN WWW.BYTPAK.PL	M40-44		00:19:35	00:42:39	176	00:03:47	00:11:14	00:38:44	01:19:04	01:49:37	02:32:42	03:03:19	175	00:02:18

				Pływanie			Rower						Bieg			
225	SZYPER Magdalena	722	SENSOR REHABILITACJA	K30-34	00:20:16	00:40:47	153	00:04:14	00:16:47	00:49:30	01:36:56	02:12:17	03:01:18	03:37:37	221	00:02:33
226	WIŚNIEWSKI Piotr	741		M30-34	00:23:23	00:48:37	212	00:06:30	00:11:51	00:43:42	01:27:50	02:03:07	02:50:38	03:25:24	213	00:04:41
227	WRZOSEK Jarosław	750		M45-49	00:28:16	01:03:05	236	00:05:53	00:12:13	00:43:43	01:26:47	01:57:32	02:42:24	03:15:11	204	00:03:54
228	KURZYŃSKI Paweł	623	MEDISTUFF	M25-29	00:22:24	00:47:17	211	00:04:36	00:12:53	00:46:38	01:32:13	02:07:51	02:59:12	03:34:06	220	00:02:31
229	BRESKA Ewelina	523	AKADEMIA BIEGOWA KOŚCIERZYNA	K45-49	00:26:42	00:54:58	227	00:06:08	00:13:34	00:47:16	01:32:08	02:06:57	02:56:24	03:31:58	219	00:05:33
230	KRAZIŃSKA Samanta	615	MIĘDZY TRENINGAMI	K18-29	00:26:12	00:55:38	229	00:04:40	00:13:23	00:47:37	01:34:13	02:10:30	03:01:17	03:38:50	222	00:04:01
231	TRONBORG NIELSEN Ulla	727	BILLUND TRIATHLON CLUB	K50-54	00:26:13	00:54:08	225	00:06:03	00:12:37	00:44:05	01:30:21	02:05:02	02:54:49	03:28:54	216	00:15:43
232	URBAŃSKI Adam	729	GABRYSLIA I LEON	M35-39	00:21:02	00:44:22	189	00:06:38	00:12:49	00:44:59	01:31:28	02:08:42	03:04:40	03:47:48	225	00:08:34
233	PACHCIAREK Magdalena	671		K35-39	00:28:01	00:58:42	233	00:05:30	00:14:59	00:51:15	01:39:43	02:16:01	03:07:32	03:45:55	224	00:03:04
234	MOZLER Agnieszka	660		K40-44	00:24:12	00:51:28	223	00:09:34	00:13:58	00:50:14	01:40:35	02:16:39	03:08:36	03:45:21	223	00:08:03
235	SOBKO Artur	709		M30-34	00:25:30	00:55:05	228	00:05:49	00:13:03	00:47:08	01:35:35	02:12:47	03:11:29	03:55:42	226	00:07:33
236	SPICA Daniel	710		M40-44	00:35:36	01:16:22	237	00:11:02	00:14:22	00:50:24	01:45:24	02:23:08	03:21:03	04:01:31	227	00:10:19
	JĘDRZEJCZYK Leszek	584		M50-54	00:26:24	00:55:56	231	00:05:07	00:11:49	00:41:57	01:25:43	02:00:31				
	PIESIK Dawid	677	ARRK	M25-29	00:17:06	00:35:32	59	00:03:57	00:09:38	00:34:20						
	DRIZLIKH Leonid	546	TRITON	M50-54	00:34:29				00:10:01	02:37:24						

Znaleziono 239 wynik(ów)