

Klasyfikacja: Wszyscy

Punkt pomiarowy: 105,9 km

| Msc | Zawodnik             | Numer | Klub                         | Kategoria | Drużyna                   | Pływanie         |                 |     | Rower             |               |                    |                |                    |               | Bieg     |                     |                     |                      |          |          |
|-----|----------------------|-------|------------------------------|-----------|---------------------------|------------------|-----------------|-----|-------------------|---------------|--------------------|----------------|--------------------|---------------|----------|---------------------|---------------------|----------------------|----------|----------|
|     |                      |       |                              |           |                           | P_Borowno 0.95km | P_Borowno 1.9km | Poz | R_Kotomierz 4.9km | R_Lidl 19.9km | R_Kotomierz 39.9km | R_Lidl 55.55km | R_Kotomierz 74.9km | R_Lidl 89.9km | Poz      | B_Announcer 6.465km | B_Announcer 7.265km | B_Announcer 13.731km |          |          |
| 1   | MARCINEK Tomasz      | 503   | IRON TEAM TOMASZ MARCINEK    | M25-29    | Iron Team Tomasz Marcinek | 00:11:39         | 00:23:19        | 2   | 00:02:00          | 00:08:32      | 00:29:30           | 00:58:41       | 01:19:35           | 01:50:22      | 02:12:21 | 1                   | 00:01:02            | 00:22:28             | 00:25:25 | 00:49:26 |
| 2   | ADAM Kacper          | 502   | OLIMPIUS/PCG/THESPORT        | M25-29    |                           | 00:11:39         | 00:23:18        | 1   | 00:02:29          | 00:09:02      | 00:30:32           | 01:00:45       | 01:22:28           | 01:54:10      | 02:16:17 | 3                   | 00:01:34            | 00:24:52             | 00:28:03 | 00:53:42 |
| 3   | ANDRZEJEWSKI Marcin  | 512   | 8 BREM KOŁOBRZEG             | M35-39    |                           | 00:15:21         | 00:30:59        | 28  | 00:02:34          | 00:08:45      | 00:29:49           | 00:59:55       | 01:21:24           | 01:52:31      | 02:14:00 | 2                   | 00:01:52            | 00:26:34             | 00:30:10 | 00:58:04 |
| 4   | JURKIEWICZ Mariusz   | 611   | KOBYLARNIA/BIKEBOYS          | M40-44    |                           | 00:15:45         | 00:32:18        | 51  | 00:03:32          | 00:09:12      | 00:30:39           | 01:01:08       | 01:22:39           | 01:54:15      | 02:16:29 | 4                   | 00:02:19            | 00:25:36             | 00:28:51 | 00:54:59 |
| 5   | ZIĘBA Adam           | 509   | TRISPACE/TREK                | M45-49    | TRISPACE/TREK             | 00:15:44         | 00:31:42        | 39  | 00:02:38          | 00:09:01      | 00:31:13           | 01:02:33       | 01:24:57           | 01:57:12      | 02:19:44 | 8                   | 00:01:35            | 00:25:08             | 00:28:26 | 00:54:14 |
| 6   | KALINOWSKI Paweł     | 613   | TRIZARZA                     | M35-39    | TriZarza                  | 00:13:28         | 00:27:23        | 5   | 00:02:33          | 00:09:28      | 00:32:07           | 01:03:35       | 01:26:00           | 01:58:07      | 02:21:02 | 11                  | 00:01:32            | 00:26:39             | 00:30:05 | 00:58:01 |
| 7   | WITKOWSKI Mateusz    | 826   | JW 1223                      | M25-29    |                           | 00:16:58         | 00:34:14        | 89  | 00:02:27          | 00:09:28      | 00:31:58           | 01:04:35       | 01:27:58           | 02:01:39      | 02:25:23 | 24                  | 00:01:29            | 00:22:34             | 00:25:31 | 00:48:58 |
| 8   | CIEMIELEWSKI Piotr   | 544   | TORUŃ MULTISPORT TEAM        | M35-39    |                           | 00:15:10         | 00:30:55        | 27  | 00:02:57          | 00:09:07      | 00:30:59           | 01:02:09       | 01:24:30           | 01:56:25      | 02:18:49 | 6                   | 00:01:24            | 00:27:08             | 00:30:47 | 00:58:33 |
| 9   | PIOSIK Emil          | 736   |                              | M30-34    |                           | 00:16:30         | 00:33:08        | 68  | 00:03:24          | 00:09:13      | 00:31:29           | 01:02:54       | 01:25:35           | 01:58:07      | 02:20:29 | 10                  | 00:01:40            | 00:25:23             | 00:28:42 | 00:54:17 |
| 10  | P..... A.....        | 740   | T.....                       | M45-49    | Trinergy Team             | 00:15:26         | 00:31:17        | 32  | 00:02:47          | 00:09:05      | 00:30:46           | 01:01:48       | 01:23:18           | 01:55:11      | 02:17:21 | 5                   | 00:02:02            | 00:28:00             | 00:31:31 | 00:59:36 |
| 11  | FABISZEWSKI Marcin   | 566   | TRIWAWA                      | M35-39    |                           | 00:13:46         | 00:27:50        | 6   | 00:02:34          | 00:09:46      | 00:33:00           | 01:06:16       | 01:29:13           | 02:01:44      | 02:24:09 | 17                  | 00:02:16            | 00:26:05             | 00:29:28 | 00:57:12 |
|     | ŚMIGŁAK Krzysztof    | 795   | SAUERLAND TEAM               | M35-39    |                           | 00:16:10         | 00:32:00        | 46  | 00:02:13          | 00:08:56      | 00:30:54           | 01:01:39       | 01:24:09           | 01:56:43      | 02:19:46 | 9                   | 00:01:42            | 00:25:52             | 00:29:16 | 00:58:24 |
| 13  | WOJNAR Robert        | 845   | PACIFIC NESTLE TORUN         | M40-44    |                           | 00:16:58         | 00:34:33        | 95  | 00:02:11          | 00:08:52      | 00:30:15           | 01:01:32       | 01:24:03           | 01:56:36      | 02:19:02 | 7                   | 00:01:32            | 00:26:41             | 00:30:04 | 00:57:00 |
| 14  | GRYCZ Kamil          | 586   | TRIZARZA                     | M30-34    | TriZarza                  | 00:15:36         | 00:31:56        | 44  | 00:03:13          | 00:09:34      | 00:31:51           | 01:04:05       | 01:26:53           | 01:59:26      | 02:21:42 | 12                  | 00:01:55            | 00:25:43             | 00:29:07 | 00:55:59 |
| 15  | FABISZEWSKI Rafał    | 565   | KAZIKI / TRIWAWA             | M35-39    |                           | 00:15:32         | 00:32:18        | 52  | 00:02:36          | 00:10:19      | 00:32:46           | 01:04:09       | 01:26:50           | 01:59:19      | 02:22:05 | 13                  | 00:02:07            | 00:25:44             | 00:29:05 | 00:55:41 |
| 16  | PLUTA Gniewomir      | 738   | UKS TRS SUSZ                 | M35-39    |                           | 00:14:13         | 00:28:25        | 8   | 00:02:32          | 00:10:00      | 00:33:01           | 01:05:47       | 01:28:40           | 02:01:50      | 02:24:59 | 21                  | 00:01:41            | 00:26:52             | 00:30:23 | 00:58:18 |
| 17  | MAZUR Paweł          | 687   | NAJMOWICZ TRIATHLON/TRS SUSZ | M30-34    |                           | 00:13:56         | 00:28:20        | 7   | 00:02:38          | 00:09:54      | 00:32:56           | 01:05:47       | 01:28:43           | 02:03:33      | 02:28:12 | 36                  | 00:02:08            | 00:26:11             | 00:29:28 | 00:55:58 |
| 18  | GRACZYK Filip        | 582   | UKS CITYZEN POZNAŃ/PWC       | M25-29    |                           | 00:16:37         | 00:33:24        | 71  | 00:02:48          | 00:16:10      | 00:38:16           | 01:09:04       | 01:31:17           | 02:03:23      | 02:25:57 | 29                  | 00:02:07            | 00:24:51             | 00:28:06 | 00:53:32 |
| 19  | TOPCZEWSKI Gracjan   | 505   | TRISPACE/TREK                | M40-44    | TRISPACE/TREK             | 00:15:15         | 00:31:39        | 37  | 00:02:27          | 00:09:18      | 00:31:28           | 01:03:43       | 01:26:50           | 02:00:26      | 02:23:10 | 16                  | 00:01:28            | 00:27:23             | 00:31:00 | 01:00:09 |
| 20  | PORZYCH Rafał        | 744   | RAFSON.TV                    | M18-24    |                           | 00:15:32         | 00:32:25        | 56  | 00:02:40          | 00:09:21      | 00:32:14           | 01:05:13       | 01:28:44           | 02:02:24      | 02:25:40 | 26                  | 00:02:04            | 00:27:01             | 00:30:33 | 00:59:06 |
| 21  | STACHURA Mateusz     | 777   |                              | M30-34    |                           | 00:15:05         | 00:31:32        | 36  | 00:02:14          | 00:09:50      | 00:33:01           | 01:05:50       | 01:28:56           | 02:02:46      | 02:25:50 | 28                  | 00:01:17            | 00:27:50             | 00:32:04 | 01:02:04 |
| 22  | RUCIŃSKI Marcin      | 755   | TRIBA BOSIR BARCIN           | M45-49    |                           | 00:14:10         | 00:28:53        | 10  | 00:02:31          | 00:09:24      | 00:31:52           | 01:03:45       | 01:26:44           | 02:00:31      | 02:25:31 | 25                  | 00:02:17            | 00:29:10             | 00:32:57 | 01:04:12 |
| 23  | OLSZEWSKI Aleksander | 715   | TRINERGY TEAM                | M30-34    |                           | 00:14:18         | 00:29:27        | 16  | 00:02:28          | 00:09:26      | 00:31:22           | 01:03:46       | 01:27:01           | 02:01:34      | 02:24:55 | 20                  | 00:01:34            | 00:30:41             | 00:34:36 | 01:05:31 |
| 24  | HERMELIN Wojciech    | 591   | KANCELARIA HMM               | M40-44    |                           | 00:15:28         | 00:31:43        | 40  | 00:02:43          | 00:09:28      | 00:31:58           | 01:03:46       | 01:26:44           | 02:00:05      | 02:23:01 | 15                  | 00:01:31            | 00:29:57             | 00:33:55 | 01:05:35 |
| 25  | SARAPUK Krzysztof    | 762   | ATC CARGO TEAM               | M50-54    |                           | 00:15:15         | 00:31:12        | 29  | 00:02:42          | 00:09:49      | 00:32:29           | 01:05:35       | 01:29:08           | 02:04:01      | 02:28:38 | 37                  | 00:03:01            | 00:27:06             | 00:30:38 | 00:59:12 |
| 26  | MALICKI Michał       | 681   |                              | M30-34    |                           | 00:14:01         | 00:29:05        | 14  | 00:03:05          | 00:09:48      | 00:32:20           | 01:04:57       | 01:28:31           | 02:01:56      | 02:24:47 | 19                  | 00:02:03            | 00:30:56             | 00:34:55 | 01:05:49 |
| 27  | MUCHA Robert         | 701   | MUCHA SPORTOWA / KAZIKI      | M40-44    |                           | 00:17:07         | 00:35:19        | 110 | 00:05:00          | 00:09:44      | 00:32:30           | 01:04:38       | 01:27:40           | 02:01:40      | 02:24:59 | 22                  | 00:02:40            | 00:26:42             | 00:30:06 | 00:57:02 |
| 28  | KOWALIKOWSKI Daniel  | 642   | IRON TEAM TOMASZ MARCINEK    | M30-34    | Iron Team Tomasz Marcinek | 00:15:49         | 00:32:24        | 55  | 00:02:26          | 00:09:50      | 00:33:09           | 01:06:18       | 01:29:41           | 02:03:39      | 02:27:24 | 35                  | 00:01:40            | 00:28:43             | 00:32:22 | 01:02:21 |
| 29  | RYNKO Paweł          | 759   | NAJMOWICZ TRIATHLON          | M40-44    |                           | 00:16:32         | 00:33:36        | 79  | 00:02:32          | 00:09:24      | 00:32:24           | 01:06:10       | 01:30:41           | 02:05:54      | 02:30:07 | 42                  | 00:01:57            | 00:26:58             | 00:30:29 | 00:58:03 |
| 30  | LIGENZA Kamil        | 668   | NEON                         | M30-34    |                           | 00:16:04         | 00:33:33        | 77  | 00:03:53          | 00:09:20      | 00:31:02           | 01:02:42       | 01:25:22           | 01:59:08      | 02:22:26 | 14                  | 00:02:48            | 00:28:33             | 00:32:40 | 01:04:45 |
| 31  | BISKUP Łukasz        | 525   | POLONIA ŚRODA                | M40-44    |                           | 00:17:40         | 00:35:48        | 116 | 00:02:21          | 00:09:40      | 00:32:35           | 01:05:23       | 01:28:32           | 02:02:52      | 02:26:30 | 31                  | 00:01:37            | 00:28:25             | 00:32:06 | 01:01:41 |
| 32  | HELAK Paweł          | 590   | TRINERGY                     | M40-44    |                           | 00:16:07         | 00:32:44        | 58  | 00:03:08          | 00:09:51      | 00:33:54           | 01:07:14       | 01:30:51           | 02:06:14      | 02:30:44 | 46                  | 00:01:53            | 00:28:17             | 00:31:57 | 01:00:49 |
| 33  | GIBIEC Sebastian     | 576   | GIBIEC TEAM                  | M45-49    |                           | 00:16:21         | 00:33:24        | 70  | 00:04:08          | 00:09:30      | 00:32:45           | 01:05:35       | 01:28:55           | 02:03:38      | 02:27:18 | 34                  | 00:02:01            | 00:29:42             | 00:33:26 | 01:02:37 |
| 34  | SOCHA Tomasz         | 775   | TRINERGY TEAM                | M50-54    |                           | 00:15:48         | 00:32:19        | 54  | 00:03:13          | 00:09:56      | 00:33:45           | 01:07:34       | 01:31:25           | 02:06:42      | 02:31:23 | 48                  | 00:02:32            | 00:28:15             | 00:31:57 | 01:00:37 |

|    |                              |     |                                 | Pływanie |                           |          | Rower    |          |          |          |          |          | Bieg     |          |          |          |          |          |          |          |
|----|------------------------------|-----|---------------------------------|----------|---------------------------|----------|----------|----------|----------|----------|----------|----------|----------|----------|----------|----------|----------|----------|----------|----------|
| 35 | LESINSKI Jarosław            | 663 |                                 | M40-44   | 00:14:06                  | 00:28:58 | 12       | 00:03:06 | 00:10:12 | 00:33:20 | 01:06:44 | 01:30:37 | 02:06:10 | 02:30:04 | 41       | 00:01:43 | 00:30:35 | 00:34:34 | 01:06:15 |          |
| 36 | JARON Tomasz                 | 601 | AKADEMIA TRIATHLONU JAROSŁAW    | M45-49   | 00:14:13                  | 00:29:03 | 13       | 00:03:46 | 00:09:34 | 00:32:58 | 01:06:15 | 01:29:58 | 02:05:27 | 02:29:31 | 38       | 00:02:17 | 00:30:29 | 00:34:42 | 01:05:38 |          |
| 37 | SOBCZAK Marcin               | 771 | SOBCZAKTEAM                     | M45-49   | 00:15:14                  | 00:31:13 | 31       | 00:03:15 | 00:09:42 | 00:32:08 | 01:04:23 | 01:27:25 | 02:01:54 | 02:25:46 | 27       | 00:02:22 | 00:30:41 | 00:34:48 | 01:07:55 |          |
| 38 | KILIJĄCZYK Piotr             | 625 | PEKRAPOLTEAM                    | M40-44   | 00:16:21                  | 00:33:29 | 76       | 00:02:32 | 00:09:34 | 00:31:40 | 01:08:04 | 01:32:40 | 02:08:17 | 02:32:57 | 55       | 00:01:43 | 00:31:45 | 00:36:00 | 01:00:08 |          |
| 39 | MIZERIA Przemysław           | 699 |                                 | M25-29   | 00:15:26                  | 00:31:45 | 41       | 00:03:51 | 00:09:36 | 00:32:15 | 01:05:03 | 01:28:11 | 02:02:26 | 02:26:22 | 30       | 00:02:20 | 00:31:24 | 00:35:29 | 01:07:53 |          |
| 40 | HAJNOS-MAŁECKA Maria         | 507 | CTS                             | K35-39   | 00:14:57                  | 00:30:33 | 23       | 00:02:41 | 00:10:12 | 00:34:25 | 01:08:38 | 01:33:34 | 02:09:38 | 02:35:11 | 68       | 00:01:57 | 00:28:40 | 00:32:21 | 01:01:59 |          |
| 41 | WIECKOWSKI Dariusz           | 818 | AMS TRIATHLON BYDGOSZCZ         | M40-44   | AMS Triathlon Bydgoszcz   | 00:14:09 | 00:29:09 | 15       | 00:02:52 | 00:10:29 | 00:33:39 | 01:07:35 | 01:31:24 | 02:06:34 | 02:30:12 | 44       | 00:02:51 | 00:29:08 | 00:33:07 | 01:07:44 |
| 42 | BISKUPSKA Rita               | 526 | IRON TEAM TOMASZ MARCINEK       | K30-34   | Iron Team Tomasz Marcinek | 00:16:11 | 00:33:15 | 69       | 00:02:33 | 00:09:57 | 00:33:15 | 01:07:08 | 01:31:15 | 02:06:18 | 02:30:12 | 43       | 00:02:08 | 00:29:56 | 00:34:00 | 01:05:02 |
| 43 | GACKA Rafal                  | 571 | LUPUS TEAM                      | M40-44   | 00:16:49                  | 00:35:07 | 106      | 00:03:16 | 00:10:05 | 00:34:03 | 01:09:05 | 01:33:43 | 02:09:30 | 02:34:27 | 63       | 00:02:07 | 00:27:25 | 00:31:04 | 00:59:35 |          |
| 44 | NAFALSKI Rajmund             | 703 | TEAMKARAŚ                       | M45-49   | 00:16:14                  | 00:33:03 | 65       | 00:03:08 | 00:10:19 | 00:34:10 | 01:08:57 | 01:33:37 | 02:10:33 | 02:35:34 | 69       | 00:01:56 | 00:28:13 | 00:31:51 | 01:01:25 |          |
| 45 | POLICZKIEWICZ Maciej         | 741 | TRIZARZA TEAM                   | M35-39   | TriZarza                  | 00:15:11 | 00:31:12 | 30       | 00:03:16 | 00:09:44 | 00:33:03 | 01:06:54 | 01:30:55 | 02:05:49 | 02:29:58 | 40       | 00:02:20 | 00:31:09 | 00:35:22 | 01:08:51 |
| 46 | FIJOLEK-WARSZEWSKA Agnieszka | 570 | KUŻNIA TRIATHLONU               | K45-49   | 00:19:25                  | 00:39:20 | 191      | 00:03:47 | 00:09:53 | 00:33:33 | 01:07:39 | 01:31:13 | 02:05:50 | 02:29:34 | 39       | 00:02:08 | 00:28:50 | 00:32:37 | 01:01:37 |          |
| 47 | KLONOWSKI Tomasz             | 630 | PLATAN                          | M40-44   | 00:17:17                  | 00:35:39 | 113      | 00:02:44 | 00:09:46 | 00:33:24 | 01:06:17 | 01:29:44 | 02:03:43 | 02:27:06 | 32       | 00:02:05 | 00:31:54 | 00:36:09 | 01:09:07 |          |
| 48 | PIESIK Dawid                 | 731 | ARRK                            | M30-34   | 00:16:42                  | 00:35:16 | 107      | 00:03:17 | 00:09:23 | 00:33:03 | 01:07:21 | 01:32:05 | 02:07:31 | 02:32:12 | 52       | 00:02:16 | 00:29:49 | 00:33:40 | 01:04:21 |          |
| 49 | JASKOWSKA Bożena             | 603 | NEON TEAM                       | K40-44   | 00:16:27                  | 00:32:57 | 62       | 00:03:21 | 00:09:55 | 00:34:25 | 01:08:57 | 01:33:17 | 02:09:09 | 02:33:43 | 58       | 00:02:22 | 00:29:48 | 00:33:43 | 01:05:03 |          |
| 50 | RYBAK Remigiusz              | 756 | BIKE U UP                       | M40-44   | 00:18:17                  | 00:37:01 | 141      | 00:03:13 | 00:09:44 | 00:32:50 | 01:05:22 | 01:28:08 | 02:01:59 | 02:25:07 | 23       | 00:01:46 | 00:34:27 | 00:38:33 | 01:10:32 |          |
| 51 | OSOWSKI Adam                 | 716 | ROZBIEGANE DZIAŁDOWO            | M35-39   | 00:18:18                  | 00:36:39 | 129      | 00:03:36 | 00:09:16 | 00:32:30 | 01:05:41 | 01:29:11 | 02:03:22 | 02:27:15 | 33       | 00:03:06 | 00:30:58 | 00:35:02 | 01:07:04 |          |
| 52 | BICZKOWSKI Kajetan           | 522 | ALE TEAM                        | M25-29   | 00:16:27                  | 00:33:54 | 85       | 00:02:32 | 00:09:50 | 00:33:10 | 01:06:49 | 01:31:01 | 02:06:48 | 02:30:39 | 45       | 00:02:29 | 00:31:46 | 00:35:53 | 01:08:30 |          |
| 53 | PIETROWSKI Szymon            | 734 | KS KONIEC KIEPSZCZENIA          | M35-39   | 00:16:42                  | 00:33:28 | 74       | 00:04:44 | 00:09:51 | 00:32:41 | 01:07:17 | 01:31:49 | 02:07:35 | 02:32:31 | 54       | 00:02:47 | 00:28:10 | 00:31:57 | 01:05:10 |          |
| 54 | STWORA Dawid                 | 781 | REPREZENTACJA KGP W TRIATHLONIE | M40-44   | 00:16:53                  | 00:34:07 | 88       | 00:02:27 | 00:10:18 | 00:35:43 | 01:11:21 | 01:36:22 | 02:13:25 | 02:39:12 | 91       | 00:01:20 | 00:28:54 | 00:32:40 | 01:03:12 |          |
| 55 | ZBORALEA Dawid               | 836 | SZKOŁA JAZDY TOMAS              | M30-34   | 00:15:23                  | 00:31:53 | 42       | 00:03:47 | 00:10:11 | 00:35:28 | 01:10:48 | 01:36:06 | 02:13:06 | 02:39:06 | 90       | 00:02:04 | 00:29:29 | 00:33:15 | 01:04:02 |          |
| 56 | WYSMOLIŃSKI Rafał            | 833 |                                 | M40-44   | 00:16:22                  | 00:33:35 | 78       | 00:03:03 | 00:09:56 | 00:34:15 | 01:09:13 | 01:33:38 | 02:08:54 | 02:33:49 | 60       | 00:02:49 | 00:31:29 | 00:35:33 | 01:07:49 |          |
| 57 | PARTYKA Rafał                | 720 |                                 | M40-44   | 00:14:20                  | 00:29:39 | 17       | 00:04:56 | 00:10:22 | 00:35:20 | 01:11:40 | 01:37:11 | 02:13:12 | 02:38:25 | 86       | 00:02:43 | 00:29:52 | 00:33:56 | 01:05:52 |          |
| 58 | PRUGAR FUKOWSKA Paulina      | 747 | NEON TEAM                       | K35-39   | 00:17:07                  | 00:34:41 | 97       | 00:03:22 | 00:10:26 | 00:35:13 | 01:11:35 | 01:37:29 | 02:14:52 | 02:41:14 | 101      | 00:02:21 | 00:27:50 | 00:31:27 | 00:59:58 |          |
| 59 | SOBCZAK Marcin               | 772 | TRISPACE/TREK                   | M45-49   | TRISPACE/TREK             | 00:16:42 | 00:33:51 | 83       | 00:03:04 | 00:10:36 | 00:35:15 | 01:10:39 | 01:35:29 | 02:11:47 | 02:37:35 | 79       | 00:02:50 | 00:30:27 | 00:34:27 | 01:04:23 |
| 60 | WENDA Dawid                  | 809 | SZKOŁA JAZDY TOMAS              | M30-34   | 00:16:14                  | 00:33:07 | 67       | 00:03:10 | 00:09:21 | 00:32:18 | 01:06:13 | 01:30:15 | 02:05:46 | 02:30:45 | 47       | 00:04:35 | 00:32:37 | 00:36:54 | 01:10:11 |          |
| 61 | W..... M.....                | 805 | T.....                          | K35-39   | Trinergy Team             | 00:16:08 | 00:32:51 | 60       | 00:02:50 | 00:10:05 | 00:34:11 | 01:08:33 | 01:32:51 | 02:08:46 | 02:33:19 | 56       | 00:02:11 | 00:32:37 | 00:36:58 | 01:10:44 |
| 62 | GIBIEC Wiktoria              | 577 | SIOSTRY GIBIEC - GIBIEC TEAM    | K18-24   | 00:15:06                  | 00:31:54 | 43       | 00:03:02 | 00:10:30 | 00:35:12 | 01:11:03 | 01:36:52 | 02:14:29 | 02:40:26 | 96       | 00:01:28 | 00:30:25 | 00:34:22 | 01:05:20 |          |
| 63 | ŁUKIEWICZ Łukasz             | 676 | TEAM KARAŚ                      | M40-44   | 00:16:28                  | 00:33:57 | 87       | 00:03:25 | 00:10:14 | 00:34:17 | 01:09:14 | 01:33:49 | 02:09:57 | 02:34:48 | 65       | 00:01:59 | 00:30:50 | 00:34:59 | 01:08:07 |          |
| 64 | SZELC Mikołaj                | 784 | ORT LOMIANKI                    | M40-44   | 00:19:50                  | 00:39:28 | 195      | 00:04:32 | 00:10:04 | 00:34:15 | 01:08:49 | 01:33:36 | 02:09:51 | 02:35:05 | 67       | 00:03:28 | 00:27:34 | 00:31:16 | 01:00:04 |          |
| 65 | CHMIEL Piotr                 | 536 | PTT DELTA                       | M30-34   | PTT Delta                 | 00:17:53 | 00:35:48 | 114      | 00:05:41 | 00:09:57 | 00:34:07 | 01:08:54 | 01:33:43 | 02:09:43 | 02:34:51 | 66       | 00:02:29 | 00:29:40 | 00:33:42 | 01:03:48 |
| 66 | SOBCZAK Mateusz              | 770 |                                 | M30-34   | 00:16:54                  | 00:34:58 | 104      | 00:03:46 | 00:09:59 | 00:33:09 | 01:06:12 | 01:30:31 | 02:06:32 | 02:31:53 | 50       | 00:01:24 | 00:32:26 | 00:36:46 | 01:10:51 |          |
| 67 | PATALON Piotr                | 721 | ORKAMASTERS IŁAWA               | M50-54   | 00:17:03                  | 00:34:46 | 98       | 00:02:50 | 00:10:08 | 00:34:13 | 01:09:27 | 01:34:16 | 02:11:42 | 02:37:48 | 83       | 00:01:59 | 00:30:04 | 00:34:02 | 01:05:40 |          |
| 68 | PIASECKI Radosław            | 725 |                                 | M25-29   | 00:16:46                  | 00:34:32 | 94       | 00:03:34 | 00:10:28 | 00:35:39 | 01:11:24 | 01:36:54 | 02:13:08 | 02:38:51 | 88       | 00:03:05 | 00:28:43 | 00:32:32 | 01:03:10 |          |
| 69 | KRYGIELSKI Krzysztof         | 651 | CRYOSPACE OLSZTYN               | M45-49   | 00:18:01                  | 00:36:33 | 125      | 00:04:01 | 00:10:32 | 00:35:46 | 01:12:23 | 01:37:54 | 02:15:20 | 02:41:12 | 100      | 00:02:43 | 00:27:22 | 00:30:57 | 00:58:44 |          |
| 70 | JANKOWSKI Tomasz             | 599 | TRISPACE TREK                   | M45-49   | 00:16:14                  | 00:33:25 | 72       | 00:03:40 | 00:10:24 | 00:34:54 | 01:10:16 | 01:34:54 | 02:11:09 | 02:36:08 | 71       | 00:02:28 | 00:30:38 | 00:34:42 | 01:07:34 |          |
| 71 | GACZKOWSKI Jacek             | 572 |                                 | M35-39   | 00:16:26                  | 00:33:38 | 81       | 00:02:44 | 00:10:45 | 00:36:34 | 01:13:21 | 01:39:40 | 02:17:00 | 02:44:09 | 117      | 00:02:17 | 00:28:08 | 00:31:44 | 01:01:04 |          |
| 72 | BARCZAK Adam                 | 515 |                                 | M45-49   | 00:19:12                  | 00:37:56 | 164      | 00:04:25 | 00:10:41 | 00:35:52 | 01:11:51 | 01:36:30 | 02:11:56 | 02:36:19 | 72       | 00:02:32 | 00:29:00 | 00:32:48 | 01:03:03 |          |
| 73 | CHŁOSTA Marek                | 534 |                                 | M45-49   | 00:17:07                  | 00:34:47 | 99       | 00:03:01 | 00:10:19 | 00:34:49 | 01:11:17 | 01:36:51 | 02:13:44 | 02:39:01 | 89       | 00:01:31 | 00:31:11 | 00:35:16 | 01:06:50 |          |
| 74 | SZYMAŃSKI Piotr              | 789 | MIELCARKS TEAM                  | M25-29   | Mielcarsks Team           | 00:15:28 | 00:32:37 | 57       | 00:04:12 | 00:09:53 | 00:34:19 | 01:09:19 | 01:34:18 | 02:10:54 | 02:36:37 | 74       | 00:02:19 | 00:31:23 | 00:35:46 | 01:09:34 |
| 75 | CUPA Ireneusz                | 546 | TRIATHLON KONSULTING            | M45-49   | 00:17:59                  | 00:37:29 | 152      | 00:03:46 | 00:09:54 | 00:33:28 | 01:07:17 | 01:31:37 | 02:07:20 | 02:32:01 | 51       | 00:03:57 | 00:31:37 | 00:35:42 | 01:08:08 |          |
| 76 | SOBOTA Mateusz               | 774 | AUTO - ROBO TEAM                | M25-29   | 00:15:19                  | 00:31:20 | 33       | 00:03:58 | 00:10:32 | 00:35:58 | 01:12:08 | 01:37:41 | 02:14:25 | 02:39:47 | 95       | 00:02:20 | 00:33:05 | 00:37:17 | 01:07:58 |          |
| 77 | KRAUSE Szymon                | 646 |                                 | M35-39   | 00:17:44                  | 00:36:06 | 120      | 00:03:28 | 00:10:40 | 00:35:59 | 01:12:14 | 01:37:09 | 02:13:21 | 02:38:45 | 87       | 00:02:40 | 00:30:51 | 00:34:41 | 01:05:24 |          |
| 78 | KOWALSKI Michał              | 645 | TRIWISE/POLKAS                  | M30-34   | 00:17:27                  | 00:35:18 | 109      | 00:03:41 | 00:10:31 | 00:35:58 | 01:12:58 | 01:38:50 | 02:17:45 | 02:44:16 | 118      | 00:02:18 | 00:28:04 | 00:31:49 | 01:00:57 |          |

|     |                      |     |   | Pływanie |          |                 | Rower |          |          |          |          |          | Bieg     |                 |            |          |          |          |          |
|-----|----------------------|-----|---|----------|----------|-----------------|-------|----------|----------|----------|----------|----------|----------|-----------------|------------|----------|----------|----------|----------|
| 79  | KLAPUCH Michał       | 627 | FIZJO-MAT                                 | M40-44   | 00:16:08 | <b>00:32:58</b> | 63    | 00:03:33 | 00:10:18 | 00:34:59 | 01:10:33 | 01:36:03 | 02:13:14 | <b>02:39:15</b> | <b>92</b>  | 00:02:04 | 00:30:33 | 00:34:52 | 01:09:10 |
| 80  | KURAJ Robert         | 656 | UNLIMITED SPORT & LIFESTYLE KRAKÓW        | M25-29   | 00:16:03 | <b>00:33:25</b> | 73    | 00:03:22 | 00:09:56 | 00:33:51 | 01:07:49 | 01:32:35 | 02:08:10 | <b>02:33:30</b> | <b>57</b>  | 00:01:46 | 00:34:51 | 00:39:12 | 01:15:01 |
| 81  | ZAWIEROWSKA Ewelina  | 835 | SOBCZAKTEAM                               | K35-39   | 00:17:08 | <b>00:34:50</b> | 100   | 00:02:59 | 00:10:50 | 00:36:25 | 01:12:48 | 01:38:41 | 02:15:19 | <b>02:41:14</b> | <b>102</b> | 00:03:02 | 00:30:11 | 00:34:05 | 01:05:25 |
| 82  | IGNACZAK Jarosław    | 593 | 3GRAVITY                                  | M35-39   | 00:17:45 | <b>00:36:23</b> | 122   | 00:03:27 | 00:10:16 | 00:33:32 | 01:08:28 | 01:33:06 | 02:10:13 | <b>02:35:41</b> | <b>70</b>  | 00:01:55 | 00:31:48 | 00:36:04 | 01:10:06 |
| 83  | JOACHIMIAK Marek     | 607 | TRITOGO / SPRAWNE ŻYWIENIE                | M25-29   | 00:20:05 | <b>00:41:38</b> | 222   | 00:02:56 | 00:09:53 | 00:34:50 | 01:10:44 | 01:35:55 | 02:13:33 | <b>02:39:24</b> | <b>93</b>  | 00:02:11 | 00:28:44 | 00:32:27 | 01:01:51 |
| DNC | BEJFUS Mateusz       | 520 |   | M18-24   | 00:22:12 | <b>00:46:40</b> | 256   | 00:04:28 | 00:12:33 | 00:42:15 | 01:25:49 | 01:56:37 |          |                 |            | 00:43:20 | 00:49:10 | 01:38:24 |          |
| 85  | PIESZAŁA Maciej      | 733 |   | M30-34   | 00:17:16 | <b>00:34:57</b> | 103   | 00:04:10 | 00:10:00 | 00:34:40 | 01:09:17 | 01:34:16 | 02:10:39 | <b>02:36:20</b> | <b>73</b>  | 00:02:16 | 00:31:39 | 00:35:54 | 01:11:14 |
| 86  | PIEKARSKI Marek      | 679 |   | M45-49   | 00:18:25 | <b>00:36:59</b> | 140   | 00:04:31 | 00:09:45 | 00:32:44 | 01:08:05 | 01:33:35 | 02:12:56 | <b>02:37:35</b> | <b>80</b>  | 00:02:28 | 00:30:26 | 00:34:18 | 01:07:56 |
| 87  | GOGACZ Sebastian     | 579 | UKS TRÓJKA PUŁAWY                         | M40-44   | 00:12:44 | <b>00:26:01</b> | 4     | 00:04:19 | 00:11:17 | 00:37:36 | 01:16:15 | 01:44:14 | 02:24:34 | <b>02:52:34</b> | <b>174</b> | 00:02:45 | 00:29:11 | 00:33:01 | 01:03:57 |
| 88  | GÓRECKI Tomasz       | 581 | PTT DELTA                                 | M30-34   | 00:14:36 | <b>00:29:45</b> | 19    | 00:03:17 | 00:10:38 | 00:35:41 | 01:11:00 | 01:40:57 | 02:18:00 | <b>02:43:52</b> | <b>115</b> | 00:02:11 | 00:32:46 | 00:37:01 | 01:10:31 |
| 89  | IDZIKOWSKI Maciej    | 592 |   | M30-34   | 00:15:35 | <b>00:32:08</b> | 50    | 00:03:45 | 00:10:23 | 00:35:40 | 01:11:23 | 01:37:10 | 02:15:04 | <b>02:42:23</b> | <b>107</b> | 00:02:21 | 00:31:21 | 00:35:28 | 01:09:00 |
| 90  | PANUFNIK Tomasz      | 719 | NEON / AKS POLONIA WARSZAWA               | M35-39   | 00:18:38 | <b>00:37:31</b> | 154   | 00:04:02 | 00:09:59 | 00:34:10 | 01:08:58 | 01:33:48 | 02:09:47 | <b>02:33:47</b> | <b>59</b>  | 00:02:23 | 00:33:49 | 00:38:05 | 01:11:54 |
| 91  | NIR Łukasz           | 705 | WARSZTAT FORMY                            | M40-44   | 00:19:12 | <b>00:38:54</b> | 182   | 00:04:05 | 00:09:54 | 00:34:55 | 01:11:14 | 01:36:59 | 02:15:03 | <b>02:41:01</b> | <b>98</b>  | 00:02:21 | 00:29:22 | 00:33:10 | 01:03:20 |
| 92  | PIEKARSKI Paweł      | 727 |   | M30-34   | 00:13:53 | <b>00:28:45</b> | 9     | 00:03:16 | 00:09:58 | 00:33:07 | 01:07:07 | 01:31:03 | 02:07:36 | <b>02:33:57</b> | <b>61</b>  | 00:01:52 | 00:33:30 | 00:39:08 | 01:22:27 |
| 93  | SZYDŁOWSKI Marek     | 786 | CYTADELA BY NIGHT TRI TEAM                | M35-39   | 00:14:48 | <b>00:30:07</b> | 21    | 00:04:26 | 00:10:42 | 00:37:20 | 01:15:12 | 01:42:06 | 02:21:03 | <b>02:48:11</b> | <b>146</b> | 00:02:52 | 00:30:08 | 00:34:02 | 01:05:01 |
| 94  | ROSIŃSKI Sławomir    | 754 | WICHER SIEKIERKI                          | M40-44   | 00:16:38 | <b>00:34:25</b> | 92    | 00:03:37 | 00:10:27 | 00:36:01 | 01:12:31 | 01:37:53 | 02:15:10 | <b>02:41:07</b> | <b>99</b>  | 00:03:21 | 00:30:19 | 00:34:17 | 01:08:13 |
| 95  | POWALISZ Darek       | 745 | TRISPACE TREK                             | M40-44   | 00:15:35 | <b>00:31:59</b> | 45    | 00:03:42 | 00:10:12 | 00:35:44 | 01:11:42 | 01:37:05 | 02:14:32 | <b>02:40:46</b> | <b>97</b>  | 00:01:55 | 00:32:56 | 00:37:16 | 01:12:48 |
| 96  | WRÓBLEWSKI Wojciech  | 831 | SNG WILD DUCKS                            | M40-44   | 00:18:51 | <b>00:37:25</b> | 150   | 00:03:15 | 00:09:43 | 00:33:43 | 01:08:53 | 01:34:28 | 02:11:58 | <b>02:37:26</b> | <b>78</b>  | 00:03:02 | 00:32:26 | 00:36:49 | 01:10:08 |
| 97  | SZYNALIK Sławomir    | 792 | KIKA TEAM                                 | M45-49   | 00:15:42 | <b>00:31:28</b> | 34    | 00:03:34 | 00:09:58 | 00:35:04 | 01:11:50 | 01:38:10 | 02:17:01 | <b>02:44:20</b> | <b>119</b> | 00:03:57 | 00:30:58 | 00:35:09 | 01:08:21 |
| 98  | PESZT Marek          | 724 | MAGAZYN TRIATHLON                         | M35-39   | 00:17:01 | <b>00:33:38</b> | 80    | 00:03:02 | 00:10:16 | 00:35:53 | 01:12:25 | 01:38:16 | 02:17:06 | <b>02:43:16</b> | <b>110</b> | 00:02:34 | 00:30:16 | 00:34:33 | 01:09:18 |
| 99  | POMASTOWSKI Dariusz  | 742 |   | M40-44   | 00:21:47 | <b>00:44:55</b> | 243   | 00:05:46 | 00:12:07 | 00:39:35 | 01:19:13 | 01:47:29 | 02:29:26 | <b>02:58:45</b> | <b>202</b> | 00:04:00 | 00:00:53 | 00:34:10 | 00:38:53 |
| 100 | WOREK Paweł          | 830 | GIBIEC TEAM                               | M45-49   | 00:17:42 | <b>00:36:38</b> | 128   | 00:04:05 | 00:10:23 | 00:34:48 | 01:10:32 | 01:38:55 | 02:15:38 | <b>02:41:37</b> | <b>103</b> | 00:02:27 | 00:31:23 | 00:35:28 | 01:07:38 |
|     | DAWIDOWICZ Maciej    | 552 | TRISPACE/TREK                             | M40-44   | 00:16:44 | <b>00:33:53</b> | 84    | 00:02:59 | 00:10:02 | 00:34:55 | 01:10:21 | 01:35:38 | 02:12:46 | <b>02:38:14</b> | <b>85</b>  | 00:02:38 | 00:32:14 | 00:36:48 | 01:14:57 |
| 102 | CHRAPKOWSKI Marcel   | 541 | WŁOCŁAWEK TRIATHLON TEAM                  | M35-39   | 00:16:30 | <b>00:33:41</b> | 82    | 00:03:29 | 00:11:03 | 00:36:46 | 01:14:28 | 01:40:15 | 02:19:20 | <b>02:45:46</b> | <b>131</b> | 00:03:03 | 00:30:27 | 00:34:28 | 01:06:49 |
| 103 | BAZAK Cezary         | 517 | CENTRUM DOKTRYN I SZKOLENIA SIŁ ZBROJNYCH | M50-54   | 00:20:15 | <b>00:42:12</b> | 224   | 00:04:23 | 00:09:44 | 00:33:21 | 01:07:24 | 01:31:35 | 02:07:14 | <b>02:31:52</b> | <b>49</b>  | 00:03:39 | 00:31:39 | 00:35:54 | 01:10:55 |
| 104 | LEKI Krzysztof       | 661 |   | M40-44   | 00:18:00 | <b>00:37:23</b> | 149   | 00:04:17 | 00:10:37 | 00:36:40 | 01:13:30 | 01:40:18 | 02:19:42 | <b>02:46:59</b> | <b>135</b> | 00:03:17 | 00:28:24 | 00:32:08 | 01:01:07 |
| 105 | TERPIŁOWSKI Michał   | 797 |   | M25-29   | 00:15:46 | <b>00:33:29</b> | 75    | 00:03:52 | 00:10:17 | 00:35:00 | 01:11:31 | 01:37:23 | 02:15:45 | <b>02:42:32</b> | <b>108</b> | 00:02:16 | 00:32:16 | 00:36:25 | 01:11:21 |
| 106 | MENDEL Magdalena     | 689 | TRIZARZA / ATHLETICOMED                   | K25-29   | 00:17:15 | <b>00:35:17</b> | 108   | 00:03:23 | 00:10:30 | 00:35:17 | 01:11:38 | 01:37:55 | 02:16:26 | <b>02:43:18</b> | <b>111</b> | 00:02:10 | 00:32:16 | 00:36:33 | 01:10:51 |
| 107 | MUCHA Grzegorz       | 702 | AKADEMIA TRIATHLONU JAROSŁAW              | M40-44   | 00:20:15 | <b>00:40:41</b> | 207   | 00:06:48 | 00:10:38 | 00:34:31 | 01:09:15 | 01:33:52 | 02:11:31 | <b>02:37:08</b> | <b>77</b>  | 00:03:05 | 00:30:52 | 00:34:48 | 01:07:19 |
| 108 | KRUPIŃSKI Jakub      | 649 | EDI-TEAM                                  | M35-39   | 00:17:21 | <b>00:36:21</b> | 121   | 00:03:11 | 00:10:47 | 00:36:40 | 01:14:53 | 01:42:05 | 02:22:56 | <b>02:32:24</b> | <b>53</b>  | 00:02:06 | 00:28:24 | 00:32:05 | 01:01:38 |
| 109 | FIEGEL Wojciech      | 569 | TRISPACE/TREK                             | M40-44   | 00:16:57 | <b>00:33:56</b> | 86    | 00:02:54 | 00:10:02 | 00:34:46 | 01:10:09 | 01:34:52 | 02:12:23 | <b>02:38:10</b> | <b>84</b>  | 00:01:51 | 00:35:35 | 00:40:17 | 01:19:07 |
| 110 | KONIAIEV Volodymyr   | 827 |   | M35-39   | 00:16:59 | <b>00:35:25</b> | 112   | 00:04:39 | 00:10:17 | 00:34:29 | 01:09:34 | 01:34:39 | 02:11:10 | <b>02:36:43</b> | <b>76</b>  | 00:02:56 | 00:33:44 | 00:38:28 | 01:16:19 |
| 111 | CIASTO Sebastian     | 542 |   | M35-39   | 00:14:44 | <b>00:29:44</b> | 18    | 00:03:11 | 00:10:54 | 00:36:59 | 01:13:45 | 01:39:44 | 02:18:48 | <b>02:46:18</b> | <b>132</b> | 00:02:52 | 00:33:17 | 00:37:43 | 01:14:26 |
| 112 | MAŚKIEWICZ Michał    | 685 | ORKA MASTERS IŁAWA                        | M35-39   | 00:17:15 | <b>00:35:48</b> | 115   | 00:02:37 | 00:10:27 | 00:36:05 | 01:13:34 | 01:39:54 | 02:18:18 | <b>02:44:55</b> | <b>126</b> | 00:02:07 | 00:32:38 | 00:36:53 | 01:12:01 |
| 113 | SOBIK Andrzej        | 773 |   | M40-44   | 00:16:32 | <b>00:34:19</b> | 90    | 00:03:41 | 00:10:11 | 00:35:42 | 01:12:20 | 01:38:26 | 02:17:31 | <b>02:45:23</b> | <b>130</b> | 00:02:38 | 00:32:53 | 00:37:10 | 01:11:43 |
| 114 | SKROK Krzysztof      | 769 | RYKOWISKO                                 | M50-54   | 00:20:56 | <b>00:41:07</b> | 213   | 00:03:53 | 00:10:17 | 00:35:44 | 01:12:20 | 01:38:30 | 02:17:34 | <b>02:44:47</b> | <b>123</b> | 00:02:53 | 00:30:10 | 00:34:03 | 01:05:08 |
| 115 | WIECZOREK Maciek     | 815 | TRI FOR IT                                | M45-49   | 00:19:31 | <b>00:39:34</b> | 197   | 00:03:55 | 00:10:30 | 00:36:05 | 01:13:35 | 01:39:07 | 02:18:26 | <b>02:44:01</b> | <b>116</b> | 00:04:10 | 00:31:01 | 00:35:07 | 01:06:50 |
| 116 | LEWAK Marcin         | 665 | NEON TEAM                                 | M35-39   | 00:16:23 | <b>00:32:53</b> | 61    | 00:03:49 | 00:10:52 | 00:36:52 | 01:14:28 | 01:40:46 | 02:19:43 | <b>02:46:34</b> | <b>134</b> | 00:02:45 | 00:33:41 | 00:38:02 | 01:12:30 |
| 117 | KŁOPOCKI Jakub       | 631 |   | M30-34   | 00:18:09 | <b>00:38:17</b> | 174   | 00:03:41 | 00:11:09 | 00:36:36 | 01:14:35 | 01:41:02 | 02:20:18 | <b>02:47:09</b> | <b>136</b> | 00:02:20 | 00:31:20 | 00:35:26 | 01:07:08 |
| 118 | ECHAUST Maciej       | 563 | CFP                                       | M45-49   | 00:17:57 | <b>00:37:52</b> | 163   | 00:02:59 | 00:11:14 | 00:36:46 | 01:13:00 | 01:38:39 | 02:16:22 | <b>02:42:10</b> | <b>105</b> | 00:03:05 | 00:31:30 | 00:35:54 | 01:12:30 |
| 119 | BUGALSKI Wojciech    | 532 | ARRK                                      | M40-44   | 00:18:08 | <b>00:37:19</b> | 148   | 00:03:34 | 00:10:24 | 00:36:12 | 01:13:42 | 01:39:49 | 02:18:22 | <b>02:44:48</b> | <b>124</b> | 00:02:16 | 00:32:52 | 00:37:15 | 01:10:47 |
| 120 | ŚLEDZIEWSKI Karol    | 793 |   | M35-39   | 00:18:23 | <b>00:36:24</b> | 123   | 00:05:32 | 00:10:34 | 00:35:26 | 01:12:12 | 01:38:12 | 02:17:04 | <b>02:44:28</b> | <b>120</b> | 00:02:35 | 00:32:39 | 00:36:54 | 01:10:18 |
| 121 | CZAPIEWSKI Krzysztof | 549 |   | M35-39   | 00:18:55 | <b>00:37:59</b> | 166   | 00:04:07 | 00:10:19 | 00:35:19 | 01:12:37 | 01:39:58 | 02:19:23 | <b>02:47:27</b> | <b>141</b> | 00:04:03 | 00:31:12 | 00:35:16 | 01:06:03 |
| 122 | KOPPLINGER Grzegorz  | 640 | ASSECO ACTIVE TEAM                        | M45-49   | 00:21:54 | <b>00:44:21</b> | 240   | 00:03:55 | 00:09:57 | 00:33:51 | 01:08:36 | 01:33:39 | 02:10:50 | <b>02:36:39</b> | <b>75</b>  | 00:04:56 | 00:32:22 | 00:36:44 | 01:10:28 |
| 123 | KALEK Artur          | 615 | KLINIKA TRIATHLONU BYDGOSZCZ              | M45-49   | 00:17:17 | <b>00:34:29</b> | 93    | 00:03:23 | 00:10:38 | 00:35:05 | 01:10:38 | 01:35:57 | 02:13:57 | <b>02:39:44</b> | <b>94</b>  | 00:02:35 | 00:35:03 | 00:39:41 | 01:20:17 |
| 124 | PIC Dawid            | 726 | KLINIKA TRIATHLONU                        | M25-29   | 00:16:46 | <b>00:34:53</b> | 102   | 00:03:20 | 00:10:32 | 00:34:52 | 01:11:59 | 01:40:36 | 02:21:18 | <b>02:50:43</b> | <b>159</b> | 00:02:17 | 00:32:28 | 00:36:40 | 01:09:32 |

|     |                              |            |                              | Pływanie |          | Rower           |     |          |          |          |          |          |          | Bieg            |            |          |          |          |          |
|-----|------------------------------|------------|------------------------------|----------|----------|-----------------|-----|----------|----------|----------|----------|----------|----------|-----------------|------------|----------|----------|----------|----------|
| 125 | <b>NIEDZIAŁKOWSKI Patryk</b> | <b>704</b> | BYDGOSKIE OKONIE             | M25-29   | 00:17:46 | <b>00:36:58</b> | 139 | 00:03:28 | 00:10:11 | 00:35:04 | 01:10:52 | 01:38:11 | 02:21:20 | <b>02:50:56</b> | <b>161</b> | 00:04:02 | 00:29:41 | 00:33:36 | 01:05:47 |
| 126 | <b>MAKOWSKI Sławomir</b>     | <b>680</b> |                              | M50-54   | 00:21:15 | <b>00:43:47</b> | 237 | 00:04:35 | 00:10:28 | 00:36:28 | 01:14:15 | 01:40:25 | 02:18:59 | <b>02:45:02</b> | <b>127</b> | 00:03:35 | 00:29:17 | 00:33:20 | 01:04:20 |
| 127 | <b>LUBARSKI Marcin</b>       | <b>673</b> | SZTAFLONIŚCI                 | M35-39   | 00:14:55 | <b>00:30:31</b> | 22  | 00:05:20 | 00:09:55 | 00:33:07 | 01:07:59 | 01:33:15 | 02:09:53 | <b>02:34:27</b> | <b>64</b>  | 00:02:55 | 00:37:09 | 00:42:55 | 01:28:10 |
| 128 | <b>JADCZAK Monika</b>        | <b>596</b> |                              | K18-24   | 00:15:03 | <b>00:30:38</b> | 24  | 00:03:46 | 00:11:30 | 00:39:29 | 01:18:38 | 01:46:02 | 02:26:11 | <b>02:54:00</b> | <b>179</b> | 00:02:14 | 00:31:18 | 00:36:16 | 01:11:09 |
| 129 | <b>WIECZOREK Łukasz</b>      | <b>814</b> |                              | M30-34   | 00:18:40 | <b>00:37:50</b> | 160 | 00:03:17 | 00:09:54 | 00:35:15 | 01:11:59 | 01:38:17 | 02:17:48 | <b>02:45:22</b> | <b>129</b> | 00:02:39 | 00:33:03 | 00:37:28 | 01:12:52 |
| 130 | <b>NOWAK Jakub</b>           | <b>707</b> | SWIMTRI RZESZÓW              | M30-34   | 00:17:15 | <b>00:35:22</b> | 111 | 00:04:07 | 00:11:32 | 00:37:42 | 01:16:28 | 01:43:27 | 02:25:32 | <b>02:53:32</b> | <b>178</b> | 00:02:53 | 00:30:51 | 00:34:50 | 01:06:11 |
| 131 | <b>WITKOWSKI Tomasz</b>      | <b>825</b> | VIVA LA VIDA                 | M35-39   | 00:18:32 | <b>00:39:04</b> | 187 | 00:04:44 | 00:10:39 | 00:37:12 | 01:14:54 | 01:41:00 | 02:20:42 | <b>02:47:34</b> | <b>142</b> | 00:02:57 | 00:31:16 | 00:35:59 | 01:07:52 |
| 132 | <b>TOMASZEWICZ Krzysztof</b> | <b>799</b> | TRIATHLON TEAM TYCHY         | M40-44   | 00:20:05 | <b>00:41:05</b> | 211 | 00:04:12 | 00:10:37 | 00:37:07 | 01:16:10 | 01:42:55 | 02:22:07 | <b>02:48:40</b> | <b>150</b> | 00:03:20 | 00:30:16 | 00:34:21 | 01:05:14 |
| 133 | <b>NUSBAUM Piotr</b>         | <b>710</b> | BIKE U UP                    | M40-44   | 00:19:05 | <b>00:38:03</b> | 169 | 00:04:43 | 00:10:13 | 00:35:08 | 01:11:45 | 01:37:33 | 02:16:40 | <b>02:43:48</b> | <b>113</b> | 00:02:13 | 00:33:02 | 00:37:31 | 01:14:03 |
| 134 | <b>WACHOWSKI Karol</b>       | <b>683</b> | AMS TRIATHLON                | M40-44   | 00:20:28 | <b>00:40:55</b> | 208 | 00:04:19 | 00:10:43 | 00:36:40 | 01:14:46 | 01:41:39 | 02:20:37 | <b>02:46:34</b> | <b>133</b> | 00:01:52 | 00:32:19 | 00:36:20 | 01:09:14 |
| 135 | <b>ŁUSZCZEWSKI Krzysztof</b> | <b>677</b> | ZYTANIA TEAM                 | M40-44   | 00:18:04 | <b>00:37:26</b> | 151 | 00:04:11 | 00:10:18 | 00:34:38 | 01:10:55 | 01:37:24 | 02:15:43 | <b>02:42:17</b> | <b>106</b> | 00:02:33 | 00:34:29 | 00:39:12 | 01:16:42 |
| 136 | <b>GIBIEC Kinga</b>          | <b>575</b> | SIOSTRY GIBIEC               | K25-29   | 00:15:03 | <b>00:30:39</b> | 25  | 00:03:09 | 00:10:25 | 00:35:09 | 01:10:58 | 01:38:22 | 02:22:37 | <b>02:54:29</b> | <b>183</b> | 00:02:20 | 00:33:07 | 00:37:37 | 01:12:45 |
| 137 | <b>LINDNER Marek</b>         | <b>669</b> | FANDOM                       | M40-44   | 00:19:21 | <b>00:39:05</b> | 188 | 00:04:48 | 00:11:09 | 00:38:09 | 01:16:50 | 01:43:18 | 02:23:10 | <b>02:49:56</b> | <b>154</b> | 00:05:00 | 00:30:48 | 00:34:46 | 01:05:33 |
| 138 | <b>WAŁĘZA Hubert</b>         | <b>803</b> | KANAŁOWA TRITEAM             | M30-34   | 00:17:31 | <b>00:35:52</b> | 117 | 00:03:26 | 00:11:02 | 00:37:38 | 01:15:52 | 01:42:49 | 02:23:19 | <b>02:51:40</b> | <b>167</b> | 00:02:24 | 00:32:20 | 00:36:37 | 01:11:14 |
| 139 | <b>KALISZEWSKI Daniel</b>    | <b>614</b> |                              | M45-49   | 00:19:29 | <b>00:39:22</b> | 192 | 00:05:26 | 00:10:17 | 00:35:40 | 01:13:07 | 01:39:21 | 02:18:36 | <b>02:44:39</b> | <b>121</b> | 00:04:28 | 00:32:52 | 00:37:18 | 01:11:24 |
| 140 | <b>CHMURA Szczepan</b>       | <b>538</b> |                              | M45-49   | 00:18:19 | <b>00:37:16</b> | 147 | 00:04:24 | 00:10:35 | 00:36:13 | 01:14:01 | 01:40:21 | 02:20:13 | <b>02:47:13</b> | <b>137</b> | 00:04:32 | 00:33:33 | 00:37:54 | 01:11:58 |
| 141 | <b>KMIECIK Paweł</b>         | <b>633</b> | AKADEMIA TRIATHLONU JAROSŁAW | M30-34   | 00:17:41 | <b>00:36:46</b> | 132 | 00:03:35 | 00:10:43 | 00:37:26 | 01:16:10 | 01:43:32 | 02:26:25 | <b>02:56:53</b> | <b>192</b> | 00:02:46 | 00:29:32 | 00:33:29 | 01:05:40 |
| 142 | <b>BIRONT Krzysztof</b>      | <b>524</b> | BIELAWSKA AKADEMIA BIEGANIA  | M40-44   | 00:18:16 | <b>00:37:08</b> | 143 | 00:05:45 | 00:10:54 | 00:36:59 | 01:15:10 | 01:41:12 | 02:20:42 | <b>02:47:22</b> | <b>140</b> | 00:04:00 | 00:33:26 | 00:37:41 | 01:11:32 |
| 143 | <b>WESOŁOWSKI Marcin</b>     | <b>812</b> |                              | M30-34   | 00:18:13 | <b>00:36:45</b> | 131 | 00:05:22 | 00:10:37 | 00:37:04 | 01:15:05 | 01:41:34 | 02:21:37 | <b>02:48:48</b> | <b>151</b> | 00:03:13 | 00:31:23 | 00:36:07 | 01:11:49 |
| 144 | <b>KASTRU Tomasz</b>         | <b>618</b> | PĘDZĄCY ŻÓŁW                 | M35-39   | 00:15:39 | <b>00:32:19</b> | 53  | 00:04:53 | 00:10:24 | 00:36:07 | 01:13:19 | 01:40:16 | 02:21:46 | <b>02:51:52</b> | <b>170</b> | 00:03:57 | 00:34:09 | 00:38:37 | 01:13:07 |
| 145 | <b>MIKA Amelia</b>           | <b>695</b> | GT TEAM                      | K40-44   | 00:19:34 | <b>00:39:35</b> | 198 | 00:03:56 | 00:10:45 | 00:38:13 | 01:16:48 | 01:43:32 | 02:23:08 | <b>02:50:16</b> | <b>156</b> | 00:02:26 | 00:32:12 | 00:36:26 | 01:10:10 |
| 146 | <b>GAJEWSKI Jarosław</b>     | <b>844</b> |                              | M50-54   | 00:18:22 | <b>00:36:48</b> | 136 | 00:04:07 | 00:11:09 | 00:37:31 | 01:16:49 | 01:44:10 | 02:24:21 | <b>02:51:20</b> | <b>163</b> | 00:03:25 | 00:31:47 | 00:35:58 | 01:11:17 |
| 147 | <b>CYREK Grzegorz</b>        | <b>548</b> | CREATIVE BOCHNIA BIEGA TEAM  | M45-49   | 00:22:24 | <b>00:45:44</b> | 252 | 00:05:42 | 00:09:54 | 00:34:01 | 01:09:40 | 01:35:33 | 02:12:35 | <b>02:37:41</b> | <b>82</b>  | 00:04:10 | 00:35:05 | 00:39:41 | 01:13:52 |
| 148 | <b>CYBULSKI Konrad</b>       | <b>547</b> | AMZ-KUTNO S.A.               | M45-49   | 00:18:43 | <b>00:37:50</b> | 162 | 00:04:34 | 00:11:39 | 00:38:53 | 01:18:21 | 01:45:50 | 02:26:47 | <b>02:54:54</b> | <b>184</b> | 00:02:31 | 00:30:23 | 00:34:26 | 01:08:04 |
| 149 | <b>KAZUBOWSKI Jacek</b>      | <b>621</b> | TRIDARKO                     | M50-54   | 00:21:34 | <b>00:43:42</b> | 236 | 00:03:31 | 00:10:37 | 00:37:17 | 01:15:46 | 01:42:23 | 02:22:43 | <b>02:50:18</b> | <b>157</b> | 00:03:23 | 00:30:56 | 00:35:06 | 01:07:13 |
| 150 | <b>BEDYK Ireneusz</b>        | <b>519</b> | PTT DELTA                    | M60-64   | 00:22:16 | <b>00:43:26</b> | 234 | 00:04:54 | 00:10:26 | 00:35:34 | 01:12:44 | 01:37:54 | 02:16:05 | <b>02:43:28</b> | <b>112</b> | 00:03:07 | 00:34:19 | 00:38:36 | 01:13:34 |
| 151 | <b>MIELCAREK Maciej</b>      | <b>691</b> | MIELCARCS TEAM               | M30-34   | 00:16:13 | <b>00:34:20</b> | 91  | 00:04:01 | 00:11:21 | 00:38:24 | 01:17:01 | 01:43:34 | 02:22:50 | <b>02:49:51</b> | <b>153</b> | 00:02:39 | 00:35:35 | 00:40:13 | 01:17:56 |
| 152 | <b>GILL Daniel</b>           | <b>578</b> | LKS BOGMAR OSTROMECKO        | M35-39   | 00:18:17 | <b>00:37:57</b> | 165 | 00:04:11 | 00:10:56 | 00:35:34 | 01:13:13 | 01:39:44 | 02:21:14 | <b>02:50:12</b> | <b>155</b> | 00:03:06 | 00:34:02 | 00:38:50 | 01:13:22 |
| 153 | <b>BEDNAREK Krzysztof</b>    | <b>518</b> | SPORTEVO                     | M50-54   | 00:21:50 | <b>00:44:59</b> | 244 | 00:04:39 | 00:10:55 | 00:37:42 | 01:15:56 | 01:41:53 | 02:21:11 | <b>02:47:53</b> | <b>144</b> | 00:03:08 | 00:31:18 | 00:35:24 | 01:08:10 |
| 154 | <b>HADASZ Ewa</b>            | <b>589</b> |                              | K45-49   | 00:18:41 | <b>00:38:02</b> | 167 | 00:04:03 | 00:11:38 | 00:39:15 | 01:19:47 | 01:46:57 | 02:27:28 | <b>02:55:00</b> | <b>185</b> | 00:02:49 | 00:31:08 | 00:35:19 | 01:09:11 |
| 155 | <b>ZŁOCKI Marcin</b>         | <b>839</b> | BESKID TRI TEAM              | M30-34   | 00:17:44 | <b>00:36:46</b> | 133 | 00:03:35 | 00:10:35 | 00:36:06 | 01:13:05 | 01:39:00 | 02:18:09 | <b>02:44:52</b> | <b>125</b> | 00:01:22 | 00:39:41 | 00:44:31 | 01:22:39 |
| 156 | <b>JON Marcin</b>            | <b>608</b> | MMK JONKI                    | M40-44   | 00:20:05 | <b>00:40:15</b> | 205 | 00:04:42 | 00:10:48 | 00:36:37 | 01:14:45 | 01:41:31 | 02:21:20 | <b>02:48:11</b> | <b>147</b> | 00:04:54 | 00:31:57 | 00:36:29 | 01:11:26 |
| 157 | <b>MISZTELA Tomasz</b>       | <b>698</b> | PTT DELTA                    | M50-54   | 00:21:26 | <b>00:44:40</b> | 241 | 00:04:36 | 00:10:17 | 00:35:33 | 01:11:55 | 01:37:44 | 02:16:31 | <b>02:43:51</b> | <b>114</b> | 00:02:36 | 00:34:11 | 00:38:43 | 01:13:49 |
| 158 | <b>MIKOŁAJCZAK Tomek</b>     | <b>696</b> | DZIK SQUAD                   | M30-34   | 00:17:53 | <b>00:36:51</b> | 137 | 00:04:54 | 00:10:54 | 00:37:50 | 01:16:43 | 01:43:49 | 02:24:38 | <b>02:51:38</b> | <b>166</b> | 00:02:26 | 00:33:46 | 00:38:20 | 01:14:08 |
| 159 | <b>STACHERA Piotr</b>        | <b>776</b> | JELCZ TRIATHLON PROJECT      | M35-39   | 00:17:46 | <b>00:36:47</b> | 134 | 00:03:35 | 00:11:08 | 00:37:52 | 01:16:39 | 01:43:15 | 02:23:59 | <b>02:51:48</b> | <b>169</b> | 00:03:14 | 00:34:16 | 00:38:40 | 01:14:44 |
| 160 | <b>MUCHA Aleksander</b>      | <b>700</b> | WŁOCŁAWEK TRIATHLON TEAM     | M30-34   | 00:17:54 | <b>00:35:59</b> | 119 | 00:04:29 | 00:12:18 | 00:37:58 | 01:15:25 | 01:41:45 | 02:22:51 | <b>02:50:51</b> | <b>160</b> | 00:04:50 | 00:33:39 | 00:38:25 | 01:14:31 |
| 161 | <b>PIEKARSKI Wojciech</b>    | <b>728</b> | TMS GLOBART                  | M40-44   | 00:17:52 | <b>00:36:25</b> | 124 | 00:04:25 | 00:12:14 | 00:39:30 | 01:19:07 | 01:46:51 | 02:25:17 | <b>02:51:28</b> | <b>164</b> | 00:02:53 | 00:34:46 | 00:39:20 | 01:15:33 |
| 162 | <b>WIŚNIEWSKI Zbigniew</b>   | <b>823</b> | BRZOZA BIEGA                 | M50-54   | 00:20:37 | <b>00:42:32</b> | 226 | 00:05:31 | 00:10:40 | 00:36:13 | 01:14:10 | 01:40:02 | 02:19:53 | <b>02:47:18</b> | <b>138</b> | 00:03:19 | 00:30:39 | 00:35:25 | 01:12:16 |
| 163 | <b>LESZCZYŃSKI Mariusz</b>   | <b>664</b> | K.S. RADOSNA                 | M40-44   | 00:18:42 | <b>00:38:16</b> | 172 | 00:03:50 | 00:10:21 | 00:35:18 | 01:12:19 | 01:38:08 | 02:17:13 | <b>02:44:43</b> | <b>122</b> | 00:02:37 | 00:37:53 | 00:42:56 | 01:21:40 |
| 164 | <b>SANECKI Robert</b>        | <b>761</b> | SPRINT GORZYCE               | M40-44   | 00:19:35 | <b>00:39:05</b> | 189 | 00:04:06 | 00:10:31 | 00:36:04 | 01:13:13 | 01:40:57 | 02:21:11 | <b>02:47:36</b> | <b>143</b> | 00:03:31 | 00:35:53 | 00:40:36 | 01:16:56 |
| 165 | <b>RADZIK Tomasz</b>         | <b>752</b> | FITNATION                    | M40-44   | 00:19:10 | <b>00:41:11</b> | 215 | 00:04:02 | 00:10:16 | 00:35:13 | 01:12:44 | 01:39:56 | 02:20:24 | <b>02:48:19</b> | <b>149</b> | 00:03:21 | 00:33:44 | 00:38:15 | 01:14:41 |
| 166 | <b>BLÁHA Jan</b>             | <b>527</b> |                              | M45-49   | 00:19:57 | <b>00:41:02</b> | 210 | 00:04:03 | 00:10:55 | 00:37:24 | 01:16:02 | 01:42:39 | 02:24:05 | <b>02:52:22</b> | <b>173</b> | 00:02:20 | 00:32:05 | 00:36:17 | 01:12:35 |
| 167 | <b>ARISMENDI Jean-Paul</b>   | <b>513</b> |                              | M35-39   | 00:20:43 | <b>00:42:52</b> | 229 | 00:03:16 | 00:11:53 | 00:39:26 | 01:18:40 | 01:47:25 | 02:29:15 | <b>02:59:03</b> | <b>203</b> | 00:02:09 | 00:30:29 | 00:34:28 | 01:05:16 |
| 168 | <b>BUCHAL Grzegorz</b>       | <b>530</b> | TRIDIVISION                  | M50-54   | 00:18:21 | <b>00:37:16</b> | 146 | 00:06:13 | 00:10:31 | 00:35:48 | 01:13:54 | 01:40:27 | 02:21:52 | <b>02:49:31</b> | <b>152</b> | 00:04:04 | 00:35:38 | 00:40:15 | 01:16:38 |
| 169 | <b>MALISZEWSKI Piotr</b>     | <b>682</b> |                              | M45      |          |                 |     |          |          |          |          |          |          |                 |            |          |          |          |          |



|     |                         |     |  |        | Pływanie |          |     | Rower    |          |          |          |          |          | Bieg     |     |          |          |          |          |
|-----|-------------------------|-----|--|--------|----------|----------|-----|----------|----------|----------|----------|----------|----------|----------|-----|----------|----------|----------|----------|
| 170 | STĘPNIAK Krzysztof      | 779 | RUN4FUN                                  | M40-44 | 00:18:02 | 00:37:01 | 142 | 00:06:12 | 00:11:14 | 00:37:34 | 01:16:51 | 01:43:44 | 02:23:46 | 02:51:00 | 162 | 00:02:47 | 00:37:19 | 00:42:03 | 01:18:16 |
| 171 | ROGALSKI Radosław       | 753 |  | M35-39 | 00:18:42 | 00:37:46 | 159 | 00:05:54 | 00:11:26 | 00:38:56 | 01:18:29 | 01:46:06 | 02:27:17 | 02:55:35 | 188 | 00:03:02 | 00:33:29 | 00:38:18 | 01:13:00 |
| 172 | DRZEWIECKI Rafał        | 556 | RUN4FUN WWW.BYTPAK.PL                    | M45-49 | 00:20:00 | 00:41:35 | 221 | 00:04:06 | 00:11:42 | 00:37:35 | 01:16:52 | 01:44:05 | 02:23:22 | 02:50:40 | 158 | 00:02:28 | 00:35:32 | 00:40:16 | 01:16:30 |
| 173 | WIŚNIEWSKI Piotr        | 822 |  | M35-39 | 00:18:55 | 00:38:18 | 175 | 00:04:03 | 00:11:02 | 00:37:47 | 01:16:33 | 01:43:44 | 02:24:17 | 02:51:47 | 168 | 00:03:39 | 00:35:29 | 00:40:14 | 01:18:35 |
| 174 | CZEKAŁSKA Maria         | 550 |  | K35-39 | 00:19:01 | 00:39:02 | 185 | 00:04:08 | 00:11:59 | 00:39:15 | 01:18:46 | 01:46:37 | 02:27:51 | 02:56:56 | 193 | 00:02:41 | 00:33:48 | 00:38:27 | 01:14:11 |
| 175 | ZAKURZEWSKI Tomasz      | 834 | TRISPACE/TREK                            | M45-49 | 00:17:11 | 00:34:41 | 96  | 00:02:32 | 00:10:33 | 00:36:15 | 01:15:36 | 01:44:02 | 02:27:10 | 02:56:31 | 191 | 00:02:35 | 00:35:57 | 00:41:52 | 01:20:47 |
| 176 | MAJDA Adrian            | 678 | DZIK SQUAD                               | M30-34 | 00:18:10 | 00:37:45 | 158 | 00:03:42 | 00:11:16 | 00:39:16 | 01:18:05 | 01:45:15 | 02:25:08 | 02:51:57 | 172 | 00:02:43 | 00:35:26 | 00:39:59 | 01:21:17 |
| 177 | JASIŃSKA Patrycja       | 602 |  | K25-29 | 00:16:12 | 00:32:49 | 59  | 00:03:50 | 00:11:13 | 00:39:08 | 01:20:41 | 01:50:14 | 02:34:09 | 03:06:13 | 223 | 00:02:50 | 00:33:28 | 00:37:48 | 01:11:47 |
| DNC | DZIOBA Michał           | 562 | TRI DZIOBA TEAM                          | M45-49 | 00:15:42 | 00:31:39 | 38  | 00:04:28 | 00:10:47 | 00:37:52 | 01:17:21 | 01:44:45 | 02:25:31 | 02:54:14 | 181 | 00:05:51 | 01:12:17 | 01:18:31 | 01:21:32 |
| 179 | PRUSACZYK Marcin        | 748 |  | M50-54 | 00:18:48 | 00:37:44 | 157 | 00:08:41 | 00:11:18 | 00:37:51 | 01:18:26 | 01:46:06 | 02:27:12 | 02:53:28 | 177 | 00:06:24 | 00:33:19 | 00:37:37 | 01:11:58 |
| 180 | RYCHARSKI Bartosz       | 757 |  | M35-39 | 00:19:11 | 00:40:14 | 204 | 00:04:37 | 00:10:59 | 00:37:22 | 01:16:29 | 01:44:48 | 02:27:58 | 02:58:00 | 198 | 00:02:02 | 00:33:02 | 00:37:23 | 01:13:31 |
| 181 | ZIELIŃSKI Robert        | 837 | LUBOŃSKI KLUB BIEGACZA                   | M40-44 | 00:19:59 | 00:39:42 | 200 | 00:03:54 | 00:11:13 | 00:37:57 | 01:17:34 | 01:45:47 | 02:28:06 | 02:57:12 | 194 | 00:05:39 | 00:34:05 | 00:38:23 | 01:12:03 |
| 182 | SARNECKI Paweł          | 763 |  | M25-29 | 00:15:47 | 00:32:04 | 49  | 00:04:41 | 00:11:19 | 00:40:15 | 01:20:45 | 01:49:45 | 02:32:32 | 03:03:16 | 217 | 00:03:25 | 00:34:32 | 00:39:05 | 01:15:07 |
| 183 | KONIECZNY Karol         | 638 |  | M35-39 | 00:19:31 | 00:39:26 | 194 | 00:06:32 | 00:11:06 | 00:36:39 | 01:13:59 | 01:39:16 | 02:18:39 | 02:45:22 | 128 | 00:03:34 | 00:39:30 | 00:44:50 | 01:23:45 |
| 184 | LASSAK Bartosz          | 660 | AMS TRIATHLON BYDGOSZCZ                  | M40-44 | 00:18:43 | 00:38:22 | 177 | 00:04:03 | 00:10:50 | 00:37:11 | 01:17:36 | 01:45:59 | 02:29:36 | 03:00:18 | 206 | 00:02:50 | 00:34:01 | 00:38:19 | 01:14:14 |
| 185 | JOVANOVIĆ Marko         | 609 | PSK BRDJANKA                             | M25-29 | 00:18:14 | 00:36:36 | 126 | 00:06:39 | 00:12:04 | 00:40:46 | 01:22:07 | 01:51:23 | 02:33:23 | 03:01:59 | 212 | 00:02:34 | 00:33:05 | 00:37:29 | 01:12:28 |
| 186 | JARMUŻEK Mikołaj        | 600 | APPTENSION SPORT TEAM                    | M30-34 | 00:17:49 | 00:37:10 | 144 | 00:04:31 | 00:10:21 | 00:35:37 | 01:12:39 | 01:38:53 | 02:19:53 | 02:47:20 | 139 | 00:04:08 | 00:38:19 | 00:44:07 | 01:28:04 |
| 187 | POCIEJ Bohdan           | 739 | PTT DELTA                                | M60-64 | 00:19:03 | 00:38:11 | 170 | 00:04:55 | 00:10:18 | 00:35:41 | 01:14:07 | 01:41:41 | 02:22:52 | 02:51:38 | 165 | 00:05:11 | 00:36:30 | 00:41:39 | 01:21:24 |
| 188 | SUDAKOWSKI Tomasz       | 782 | RAWA TIM ZAWSZE SLIM / KS TRIATHLON RAWA | M45-49 | 00:22:09 | 00:45:32 | 249 | 00:03:02 | 00:11:08 | 00:38:53 | 01:19:18 | 01:47:03 | 02:28:41 | 02:57:41 | 197 | 00:02:39 | 00:33:46 | 00:38:15 | 01:12:40 |
| 189 | CICHONSKA-BAZAK Marzena | 543 |  | K45-49 | 00:21:38 | 00:43:11 | 231 | 00:04:46 | 00:11:19 | 00:37:56 | 01:17:16 | 01:45:16 | 02:26:21 | 02:55:38 | 189 | 00:03:03 | 00:34:04 | 00:38:53 | 01:15:31 |
| 190 | KORSAKOV Kostiantyn     | 641 | -  | M45-49 | 00:18:26 | 00:37:35 | 155 | 00:06:30 | 00:11:55 | 00:39:16 | 01:20:38 | 01:49:23 | 02:32:33 | 03:02:10 | 214 | 00:03:59 | 00:33:55 | 00:38:35 | 01:11:56 |
| 191 | DROŻDŻ Małgorzata       | 555 | AMS TRIATHLON BYDGOSZCZ                  | K40-44 | 00:19:16 | 00:39:06 | 190 | 00:03:55 | 00:11:20 | 00:39:53 | 01:20:10 | 01:48:44 | 02:30:31 | 03:00:21 | 207 | 00:01:57 | 00:35:43 | 00:40:29 | 01:17:15 |
| 192 | ETTINGER Dariusz        | 564 |  | M30-34 | 00:19:42 | 00:41:16 | 217 | 00:04:22 | 00:10:55 | 00:37:05 | 01:15:59 | 01:42:23 | 02:21:38 | 02:48:16 | 148 | 00:03:53 | 00:41:16 | 00:45:55 | 01:25:03 |
| 193 | GRUBICH Arkadiusz       | 585 |  | M40-44 | 00:20:04 | 00:42:30 | 225 | 00:03:10 | 00:11:19 | 00:39:33 | 01:20:00 | 01:48:30 | 02:30:27 | 02:59:29 | 205 | 00:02:33 | 00:33:56 | 00:38:34 | 01:15:42 |
| 194 | WRZOSEK Jarosław        | 832 |  | M45-49 | 00:21:32 | 00:43:53 | 238 | 00:05:38 | 00:11:44 | 00:40:40 | 01:22:08 | 01:50:08 | 02:32:36 | 03:02:05 | 213 | 00:03:37 | 00:30:51 | 00:35:13 | 01:09:05 |
| 195 | PELANT Ryszard          | 723 | WICHER ROSNÓWKO                          | M45-49 | 00:18:12 | 00:36:48 | 135 | 00:05:06 | 00:14:29 | 00:41:49 | 01:21:55 | 01:48:59 | 02:29:53 | 02:57:35 | 195 | 00:03:32 | 00:37:28 | 00:42:21 | 01:21:34 |
| 196 | GREJCZYK Alan           | 583 | CAR GVARANTI                             | M25-29 | 00:19:39 | 00:40:13 | 203 | 00:03:14 | 00:18:00 | 00:42:33 | 01:19:14 | 01:45:06 | 02:25:52 | 02:55:23 | 187 | 00:02:41 | 00:36:14 | 00:41:19 | 01:23:06 |
| 197 | TOMASZEWSKI Marcin      | 800 |  | M45-49 | 00:19:09 | 00:38:46 | 180 | 00:04:41 | 00:11:27 | 00:38:43 | 01:18:31 | 01:45:59 | 02:26:54 | 02:55:14 | 186 | 00:03:31 | 00:37:49 | 00:42:57 | 01:22:26 |
| 198 | PIGUŁA Agnieszka        | 735 | UAM TRIATHLON POZNAŃ                     | K40-44 | 00:20:30 | 00:41:01 | 209 | 00:04:39 | 00:11:36 | 00:40:36 | 01:22:22 | 01:51:27 | 02:34:49 | 03:04:54 | 220 | 00:03:46 | 00:32:44 | 00:36:58 | 01:10:35 |
| 199 | ANDRZEJAK Robert        | 511 | DRONE & MORE                             | M40-44 | 00:21:26 | 00:45:07 | 247 | 00:05:54 | 00:10:20 | 00:37:39 | 01:19:03 | 01:47:51 | 02:31:06 | 03:00:22 | 208 | 00:02:25 | 00:31:56 | 00:36:29 | 01:11:26 |
| 200 | BARANOWSKA Kornelia     | 514 |  | K45-49 | 00:19:25 | 00:39:38 | 199 | 00:05:13 | 00:11:36 | 00:38:50 | 01:19:01 | 01:47:03 | 02:29:18 | 02:58:18 | 199 | 00:03:03 | 00:35:28 | 00:40:27 | 01:19:21 |
| 201 | STOLECKI Piotr          | 780 | DRUŻYNA SZPIKU                           | M40-44 | 00:22:39 | 00:46:22 | 255 | 00:05:04 | 00:10:55 | 00:37:21 | 01:16:28 | 01:43:40 | 02:24:12 | 02:53:10 | 176 | 00:04:12 | 00:35:19 | 00:39:55 | 01:16:46 |
| 202 | KRZYSTOLIK Marta        | 654 | BODYDRY/FIFAN.PL                         | K18-24 | 00:17:40 | 00:35:56 | 118 | 00:04:16 | 00:11:51 | 00:40:00 | 01:21:32 | 01:50:43 | 02:32:58 | 03:01:53 | 211 | 00:03:19 | 00:37:25 | 00:42:17 | 01:20:19 |
| 203 | MIELCAREK Jędrzej       | 692 | MIELCARCS TEAM                           | M25-29 | 00:18:16 | 00:38:16 | 171 | 00:04:55 | 00:10:47 | 00:36:58 | 01:15:07 | 01:42:28 | 02:23:34 | 02:51:54 | 171 | 00:03:24 | 00:35:53 | 00:41:26 | 01:27:33 |
| 204 | PYTKOWSKI Arek          | 751 | GRYFUS SZCZECIN                          | M45-49 | 00:18:40 | 00:38:16 | 173 | 00:03:49 | 00:11:12 | 00:38:46 | 01:19:38 | 01:47:47 | 02:30:10 | 02:58:23 | 200 | 00:03:08 | 00:37:18 | 00:42:26 | 01:22:33 |
| 205 | STASZKIEWICZ Jakub      | 778 | STASHKY TEAM                             | M18-24 | 00:14:03 | 00:28:57 | 11  | 00:04:03 | 00:11:55 | 00:42:01 | 01:25:07 | 01:55:28 | 02:41:00 | 03:11:33 | 232 | 00:02:13 | 00:35:30 | 00:40:23 | 01:19:42 |
| 206 | WIROWSKI Szymon         | 819 |  | M18-24 | 00:14:26 | 00:29:49 | 20  | 00:04:51 | 00:11:26 | 00:38:08 | 01:18:19 | 01:46:51 | 02:29:45 | 02:58:25 | 201 | 00:02:58 | 00:39:31 | 00:44:45 | 01:30:27 |
| 207 | CHALAMOŃSKI Tomasz      | 533 | KURPIOWSKIE CENTRUM WETERYNARYJNE        | M45-49 | 00:19:44 | 00:39:49 | 202 | 00:04:00 | 00:11:03 | 00:37:58 | 01:17:39 | 01:45:25 | 02:28:51 | 02:57:37 | 196 | 00:04:06 | 00:37:00 | 00:42:05 | 01:21:41 |
| 208 | NOVGORODTSEV Ivan       | 706 |  | M18-24 | 00:21:26 | 00:45:20 | 248 | 00:06:04 | 00:10:27 | 00:38:16 | 01:17:56 | 01:44:51 | 02:25:22 | 02:54:15 | 182 | 00:03:31 | 00:36:28 | 00:41:20 | 01:19:09 |
| 209 | LIBRONT Dawid           | 667 |  | M25-29 | 00:19:43 | 00:40:21 | 206 | 00:04:39 | 00:11:05 | 00:38:57 | 01:19:08 | 01:46:35 | 02:28:11 | 02:56:28 | 190 | 00:04:17 | 00:38:26 | 00:43:09 | 01:23:51 |

|     |                                   |            |   |        | Pływanie                    |          |                 |     |          | Rower    |          |          |          |          | Bieg            |            |          |          |          |          |
|-----|-----------------------------------|------------|---|--------|-----------------------------|----------|-----------------|-----|----------|----------|----------|----------|----------|----------|-----------------|------------|----------|----------|----------|----------|
| 210 | <b>KROPIDŁOWSKI Marcjusz</b>      | <b>647</b> | CREATIVE BOCHNIA BIEGA TEAM             | M35-39 | Creative Bochnia Biega Team | 00:20:26 | <b>00:41:05</b> | 212 | 00:06:00 | 00:11:17 | 00:37:43 | 01:17:06 | 01:44:56 | 02:26:05 | <b>02:54:07</b> | <b>180</b> | 00:04:23 | 00:37:39 | 00:42:59 | 01:24:28 |
| 211 | <b>FEDAK Bohdan</b>               | <b>568</b> | KLUB POD WISIENKĄ                       | M45-49 |                             | 00:19:54 | <b>00:39:46</b> | 201 | 00:06:00 | 00:12:23 | 00:42:31 | 01:24:28 | 01:54:19 | 02:40:58 | <b>03:14:13</b> | <b>239</b> | 00:04:01 | 00:31:13 | 00:35:09 | 01:06:25 |
| 212 | <b>WITCZAK Dariusz</b>            | <b>824</b> | ROSZPUNEK                               | M45-49 |                             | 00:21:49 | <b>00:45:39</b> | 251 | 00:04:34 | 00:12:07 | 00:39:22 | 01:21:27 | 01:49:30 | 02:32:06 | <b>03:00:54</b> | <b>209</b> | 00:02:32 | 00:34:30 | 00:39:12 | 01:17:12 |
| 213 | <b>SIUDA Marek</b>                | <b>768</b> | KLINIKA TRIATHLONU BYDGOSZCZ            | M45-49 |                             | 00:18:38 | <b>00:38:57</b> | 183 | 00:04:45 | 00:10:45 | 00:37:08 | 01:17:10 | 01:46:54 | 02:29:26 | <b>02:59:18</b> | <b>204</b> | 00:03:46 | 00:37:56 | 00:43:21 | 01:24:36 |
| 214 | <b>ŚMIGOŃSKI Piotr</b>            | <b>796</b> | NIEZRZESZONY                            | M35-39 |                             | 00:20:49 | <b>00:42:01</b> | 223 | 00:04:21 | 00:11:00 | 00:37:10 | 01:15:05 | 01:41:40 | 02:21:22 | <b>02:48:01</b> | <b>145</b> | 00:03:38 | 00:42:45 | 00:48:08 | 01:34:13 |
| 215 | <b>RYBCZYŃSKI Łukasz</b>          | <b>843</b> | TRIATHLON KONSULTING DARIUSZ OLEWIŃSKI  | M25-29 |                             | 00:20:09 | <b>00:41:19</b> | 219 | 00:04:05 | 00:11:24 | 00:40:35 | 01:24:24 | 01:53:40 | 02:37:45 | <b>03:08:26</b> | <b>226</b> | 00:02:34 | 00:34:30 | 00:38:58 | 01:15:50 |
| 216 | <b>KONIEC Piotr</b>               | <b>637</b> | IRONATA                                 | M40-44 |                             | 00:18:45 | <b>00:38:58</b> | 184 | 00:03:00 | 00:10:46 | 00:38:15 | 01:16:51 | 01:44:12 | 02:24:39 | <b>02:52:59</b> | <b>175</b> | 00:03:08 | 00:41:52 | 00:47:40 | 01:34:40 |
| 217 | <b>MASTALERZ Tomasz</b>           | <b>684</b> |   | M40-44 |                             | 00:24:55 | <b>00:50:30</b> | 267 | 00:04:38 | 00:12:12 | 00:41:37 | 01:22:40 | 01:50:31 | 02:33:25 | <b>03:03:01</b> | <b>216</b> | 00:03:52 | 00:33:05 | 00:37:20 | 01:11:15 |
| 218 | <b>KONCKI Andrzej</b>             | <b>636</b> |   | M40-44 |                             | 00:18:58 | <b>00:38:18</b> | 176 | 00:03:31 | 00:12:47 | 00:41:11 | 01:23:12 | 01:52:11 | 02:35:23 | <b>03:05:04</b> | <b>221</b> | 00:02:43 | 00:37:23 | 00:42:23 | 01:24:25 |
| 219 | <b>KAWIK-BARTOSIK Anna</b>        | <b>619</b> |   | K30-34 |                             | 00:23:00 | <b>00:47:25</b> | 260 | 00:05:10 | 00:11:58 | 00:41:50 | 01:24:58 | 01:54:56 | 02:38:13 | <b>03:08:46</b> | <b>227</b> | 00:03:40 | 00:33:21 | 00:37:42 | 01:10:11 |
| 220 | <b>BRZOZOWSKI Łukasz</b>          | <b>529</b> |   | M25-29 |                             | 00:18:59 | <b>00:38:52</b> | 181 | 00:06:51 | 00:11:36 | 00:40:25 | 01:22:44 | 01:51:07 | 02:32:54 | <b>03:01:35</b> | <b>210</b> | 00:02:24 | 00:38:17 | 00:43:23 | 01:25:49 |
| 221 | <b>SZYMCZAK Jakub</b>             | <b>790</b> |   | M30-34 |                             | 00:17:30 | <b>00:35:04</b> | 105 | 00:04:53 | 00:11:42 | 00:40:59 | 01:22:48 | 01:52:35 | 02:37:46 | <b>03:10:38</b> | <b>230</b> | 00:03:36 | 00:39:32 | 00:44:44 | 01:24:13 |
| 222 | <b>WERMIŃSKI Mariusz</b>          | <b>810</b> | FALA SWARZĘDZ                           | M40-44 |                             | 00:17:54 | <b>00:36:42</b> | 130 | 00:05:19 | 00:11:02 | 00:38:02 | 01:18:36 | 01:47:33 | 02:31:50 | <b>03:02:53</b> | <b>215</b> | 00:03:50 | 00:40:31 | 00:45:53 | 01:30:16 |
| 223 | <b>DAWID Łukasz</b>               | <b>551</b> | ROZBIEGANY GOLENIÓW                     | M30-34 |                             | 00:19:48 | <b>00:39:34</b> | 196 | 00:03:52 | 00:11:26 | 00:39:06 | 01:19:49 | 01:48:56 | 02:34:22 | <b>03:04:50</b> | <b>219</b> | 00:03:37 | 00:39:08 | 00:44:08 | 01:28:14 |
| 224 | <b>KAZIMIERCZYK Adam</b>          | <b>620</b> | PTT DELTA                               | M40-44 | PTT Delta                   | 00:17:17 | <b>00:34:51</b> | 101 | 00:04:47 | 00:10:34 | 00:35:25 | 01:54:44 | 02:19:52 | 02:58:01 | <b>03:25:09</b> | <b>257</b> | 00:02:46 | 00:33:26 | 00:37:48 | 01:12:40 |
| 225 | <b>PACZKOWSKI Mirosław</b>        | <b>718</b> | CB 163                                  | M50-54 |                             | 00:21:43 | <b>00:44:17</b> | 239 | 00:05:30 | 00:11:28 | 00:40:31 | 01:23:18 | 01:52:29 | 02:36:05 | <b>03:07:31</b> | <b>224</b> | 00:04:58 | 00:35:51 | 00:40:49 | 01:18:41 |
| 226 | <b>KRUSZKA Łukasz</b>             | <b>650</b> |   | M40-44 |                             | 00:22:18 | <b>00:47:35</b> | 262 | 00:04:53 | 00:11:50 | 00:42:07 | 01:28:01 | 01:59:53 | 02:46:57 | <b>03:19:27</b> | <b>249</b> | 00:02:10 | 00:30:39 | 00:34:34 | 01:07:13 |
| 227 | <b>KLEIBER Piotr</b>              | <b>629</b> | WUEFTRI TEAM                            | M40-44 |                             | 00:18:33 | <b>00:38:02</b> | 168 | 00:05:02 | 00:11:24 | 00:38:40 | 01:19:53 | 01:49:57 | 02:38:02 | <b>03:13:01</b> | <b>234</b> | 00:04:18 | 00:38:06 | 00:44:16 | 01:21:59 |
| 228 | <b>PAWLIK Mariusz</b>             | <b>722</b> | DRUŻYNA SZPIKU                          | M40-44 |                             | 00:16:19 | <b>00:32:59</b> | 64  | 00:05:10 | 00:11:47 | 00:41:27 | 01:25:01 | 01:55:28 | 02:41:53 | <b>03:13:59</b> | <b>238</b> | 00:03:45 | 00:40:50 | 00:46:13 | 01:31:33 |
| 229 | <b>WERNER Michał</b>              | <b>811</b> | GARDENFLORA MTB TEAM / ŁABISZYN RUNNERS | M30-34 |                             | 00:21:40 | <b>00:45:38</b> | 250 | 00:06:09 | 00:13:21 | 00:46:56 | 01:53:00 | 02:07:09 | 02:52:53 | <b>03:24:03</b> | <b>254</b> | 00:03:10 | 00:31:22 | 00:36:01 | 01:08:51 |
| 230 | <b>CHMIEL Waldemar</b>            | <b>535</b> | PTT DELTA                               | M55-59 |                             | 00:19:14 | <b>00:39:03</b> | 186 | 00:05:26 | 00:11:50 | 00:41:31 | 01:25:17 | 01:55:22 | 02:38:42 | <b>03:10:15</b> | <b>229</b> | 00:04:30 | 00:40:36 | 00:46:11 | 01:28:50 |
| 231 | <b>KĘDZERSKI Michał</b>           | <b>623</b> | HTF LUDWIK SIKORSKI                     | M35-39 |                             | 00:21:19 | <b>00:44:40</b> | 242 | 00:05:35 | 00:11:47 | 00:40:36 | 01:24:05 | 01:53:56 | 02:39:56 | <b>03:13:16</b> | <b>235</b> | 00:04:45 | 00:36:10 | 00:41:03 | 01:20:19 |
| 232 | <b>LIPIŃSKI Sebastian</b>         | <b>671</b> | ENEA BYDGOSZCZ TRIATHLON                | M45-49 |                             | 00:24:12 | <b>00:49:13</b> | 265 | 00:05:20 | 00:11:24 | 00:39:04 | 01:20:57 | 01:50:38 | 02:36:38 | <b>03:09:25</b> | <b>228</b> | 00:04:04 | 00:36:02 | 00:41:34 | 01:21:24 |
| 233 | <b>DULIBAN Anna</b>               | <b>559</b> | AKADEMIA TRIATHLONU JAROSŁAW            | K35-39 |                             | 00:17:52 | <b>00:36:38</b> | 127 | 00:05:01 | 00:12:30 | 00:43:11 | 01:27:59 | 01:59:13 | 02:45:55 | <b>03:20:09</b> | <b>250</b> | 00:04:38 | 00:40:10 | 00:45:24 | 01:25:28 |
| 234 | <b>NURKIEWICZ Jarosław</b>        | <b>709</b> | KING FU PANDY 3                         | M45-49 |                             | 00:23:37 | <b>00:46:15</b> | 254 | 00:03:04 | 00:11:55 | 00:40:37 | 01:24:35 | 01:55:43 | 02:41:37 | <b>03:12:16</b> | <b>233</b> | 00:03:34 | 00:38:54 | 00:44:22 | 01:27:19 |
| 235 | <b>KRUCZKOWSKA-LASSAK Anita</b>   | <b>648</b> |   | K40-44 |                             | 00:27:37 | <b>00:55:48</b> | 275 | 00:03:57 | 00:12:15 | 00:42:53 | 01:28:39 | 01:59:41 | 02:45:34 | <b>03:17:31</b> | <b>243</b> | 00:03:24 | 00:34:43 | 00:39:03 | 01:13:21 |
| 236 | <b>SZUKAJ Karol</b>               | <b>785</b> | KANAŁOWATRITTEAM                        | M35-39 |                             | 00:21:59 | <b>00:47:04</b> | 259 | 00:04:23 | 00:12:31 | 00:42:06 | 01:26:01 | 01:55:05 | 02:38:18 | <b>03:08:19</b> | <b>225</b> | 00:02:40 | 00:40:05 | 00:46:20 | 01:32:06 |
| 237 | <b>DUDEK Artur</b>                | <b>557</b> |   | M25-29 |                             | 00:20:04 | <b>00:41:27</b> | 220 | 00:05:52 | 00:11:03 | 00:37:40 | 01:49:55 | 02:17:36 | 02:59:22 | <b>03:30:07</b> | <b>262</b> | 00:04:19 | 00:35:24 | 00:39:49 | 01:15:38 |
| 238 | <b>KARWACKI Grzegorz</b>          | <b>617</b> | KAT CROSS WAŁBRZYCH                     | M45-49 |                             | 00:19:40 | <b>00:41:15</b> | 216 | 00:04:44 | 00:12:32 | 00:43:26 | 01:30:42 | 02:03:11 | 02:50:52 | <b>03:24:14</b> | <b>256</b> | 00:04:00 | 00:39:41 | 00:44:39 | 01:23:19 |
| 239 | <b>BOROWIEC Łukasz</b>            | <b>528</b> | CREATIVE BOCHNIA BIEGA TEAM             | M30-34 | Creative Bochnia Biega Team | 00:21:52 | <b>00:43:13</b> | 232 | 00:07:15 | 00:12:00 | 00:42:47 | 01:27:34 | 01:58:47 | 02:45:24 | <b>03:17:49</b> | <b>244</b> | 00:03:33 | 00:36:08 | 00:41:07 | 01:26:04 |
| 240 | <b>LIPIŃSKA Kinga</b>             | <b>670</b> |   | K30-34 |                             | 00:21:24 | <b>00:43:26</b> | 235 | 00:04:57 | 00:12:03 | 00:42:00 | 01:25:44 | 01:56:10 | 02:41:13 | <b>03:13:45</b> | <b>237</b> | 00:02:53 | 00:41:26 | 00:47:10 | 01:33:51 |
| 241 | <b>KLAWIE Filip</b>               | <b>628</b> |   | M30-34 |                             | 00:20:39 | <b>00:42:32</b> | 227 | 00:07:33 | 00:11:23 | 00:39:41 | 01:21:35 | 01:50:26 | 02:34:16 | <b>03:05:14</b> | <b>222</b> | 00:06:05 | 00:43:32 | 00:49:40 | 01:38:21 |
| 242 | <b>NOWICKI Adam</b>               | <b>708</b> |   | M45-49 |                             | 00:19:23 | <b>00:39:25</b> | 193 | 00:02:58 | 00:11:56 | 00:43:15 | 01:28:54 | 01:59:10 | 02:51:42 | <b>03:27:47</b> | <b>259</b> | 00:02:43 | 00:39:12 | 00:45:58 | 01:27:33 |
| 243 | <b>WEBER Agnieszka</b>            | <b>807</b> |   | K30-34 |                             | 00:22:04 | <b>00:45:05</b> | 245 | 00:05:28 | 00:12:37 | 00:43:09 | 01:28:20 | 01:59:56 | 02:48:09 | <b>03:22:27</b> | <b>252</b> | 00:03:04 | 00:38:30 | 00:43:55 | 01:24:57 |
| 244 | <b>OKOŃ Michał</b>                | <b>711</b> | PARKRUN GDYNIA                          | M45-49 |                             | 00:23:30 | <b>00:47:02</b> | 258 | 00:08:57 | 00:13:11 | 00:43:25 | 01:27:19 | 01:56:42 | 02:41:55 | <b>03:13:27</b> | <b>236</b> | 00:05:09 | 00:39:42 | 00:44:34 | 01:26:26 |
| 245 | <b>LARSEN-KONIECZNY Charlotte</b> | <b>659</b> |   | K30-34 |                             | 00:20:57 | <b>00:43:16</b> | 233 | 00:06:07 | 00:12:16 | 00:41:56 | 01:27:02 | 01:57:27 | 02:44:36 | <b>03:16:57</b> | <b>242</b> | 00:06:23 | 00:41:25 | 00:46:52 | 01:29:35 |
| 246 | <b>KĘDZIA Jarosław</b>            | <b>622</b> |   | M40-44 |                             | 00:21:15 | <b>00:46:04</b> | 253 | 00:05:43 | 00:10:59 | 00:38:29 | 01:20:41 | 01:49:14 | 02:32:43 | <b>03:03:32</b> | <b>218</b> | 00:03:30 | 00:43:15 | 00:49:32 | 01:43:52 |
| 247 | <b>CHMIEL Dariusz</b>             | <b>537</b> |   | M55-59 |                             | 00:27:36 | <b>00:51:11</b> | 268 | 00:05:59 | 00:13:38 | 00:51:02 | 01:36:43 | 02:06:46 | 02:51:35 | <b>03:23:34</b> | <b>253</b> | 00:03:36 | 00:36:50 | 00:41:41 | 01:18:31 |
| 248 | <b>ILLEK Arkadiusz</b>            | <b>594</b> |   | M50-54 |                             | 00:21:27 | <b>00:42:58</b> | 230 | 00:06:28 | 00:12:28 | 00:43:01 | 01:28:46 | 01:59:54 | 02:47:05 | <b>03:19:16</b> | <b>248</b> | 00:05:43 | 00:41:15 | 00:46:42 | 01:30:14 |
| 249 | <b>LEPA-ROMAN Magdalena</b>       | <b>662</b> | PRZECINAK77                             | K40-44 |                             | 00:25:20 | <b>00:52:13</b> | 271 | 00:04:54 | 00:12:24 | 00:41:56 | 01:25:28 | 01:55:24 | 02:40:14 | <b>03:11:28</b> | <b>231</b> | 00:03:30 | 00:44:14 | 00:49:46 | 01:34:33 |
| 250 | <b>KRYSPIN Marta</b>              | <b>652</b> | NIE PAŁAM ZAPALEM                       | K30-34 |                             | 00:24:40 | <b>00:51:17</b> | 269 | 00:06:28 | 00:12:36 | 00:43:06 | 01:28:26 | 01:58:59 | 02:43:42 | <b>03:14:22</b> | <b>240</b> | 00:05:48 | 00:42:40 | 00:48:06 | 01:31:58 |
| 251 | <b>KOLOSSA Tomasz</b>             | <b>635</b> | WWW.KOLOSSA.PL                          | M50-54 |                             | 00:21:39 | <b>00:45:07</b> | 246 | 00:05:58 | 00:11:24 | 00:39:54 | 01:23:30 | 01:53:35 | 02:40:27 | <b>03:14:54</b> | <b>241</b> | 00:05:19 | 00:42:35 | 00:48:01 | 01:39:46 |
| 252 | <b>JEDYNAK-DOROSZ Izabelka</b>    | <b>605</b> | KB MANIAC POZNAŃ/CITYZEN                | K40-44 |                             | 00:22:54 | <b>00:47:48</b> | 263 | 00:04:28 | 00:12:10 | 00:42:45 | 01:28:54 | 02:01:27 | 02:48:24 | <b>03:22:20</b> | <b>251</b> | 00:03:08 | 00:43:21 | 00:49:07 | 01:35:35 |
| 253 | <b>MIKOŁAJSKI Krzysztof</b>       | <b>697</b> |   |        |                             |          |                 |     |          |          |          |          |          |          |                 |            |          |          |          |          |

|     |                             |            |                             | Pływanie |          | Rower           |     |          |          |          |          |          |          | Bieg            |            |          |          |          |          |
|-----|-----------------------------|------------|-----------------------------|----------|----------|-----------------|-----|----------|----------|----------|----------|----------|----------|-----------------|------------|----------|----------|----------|----------|
| 256 | <b>BATOREK Bogdan</b>       | <b>516</b> | RAWA TIM ZAWSZE SLIM        | M40-44   | 00:26:40 | <b>00:55:39</b> | 274 | 00:05:14 | 00:13:20 | 00:45:55 | 01:32:34 | 02:04:19 | 02:53:29 | <b>03:27:42</b> | <b>258</b> | 00:04:27 | 00:40:05 | 00:45:37 | 01:28:27 |
| 257 | <b>DOŁHUN Adam</b>          | <b>554</b> | RUN PASJA BYDGOSZCZ         | M40-44   | 00:18:59 | <b>00:38:28</b> | 178 | 00:04:47 | 00:10:59 | 00:36:35 | 01:16:57 | 01:45:51 | 02:52:57 | <b>03:24:13</b> | <b>255</b> | 00:04:15 | 00:52:02 | 00:59:14 | 01:49:59 |
| 258 | <b>GAŁOWSKA Agnieszka</b>   | <b>573</b> | INPOWER JACEK NAJDER        | K40-44   | 00:20:52 | <b>00:42:38</b> | 228 | 00:03:18 | 00:13:24 | 00:47:15 | 01:36:58 | 02:11:38 | 03:05:00 | <b>03:44:03</b> | <b>266</b> | 00:03:15 | 00:39:56 | 00:45:18 | 01:28:54 |
| 259 | <b>ZUPA Martyna</b>         | <b>841</b> | SISU-OWB ROWERTOUR.COM      | K18-24   | 00:18:17 | <b>00:37:30</b> | 153 | 00:03:59 | 00:12:56 | 00:45:01 | 01:32:49 | 02:05:55 | 02:57:09 | <b>03:32:52</b> | <b>264</b> | 00:02:17 | 00:46:25 | 00:52:29 | 01:46:08 |
| 260 | <b>BINKOWSKI Cezary</b>     | <b>523</b> | LKS BOGMAR OSTROMECKO       | M45-49   | 00:25:16 | <b>00:51:30</b> | 270 | 00:05:57 | 00:13:18 | 00:43:36 | 01:27:30 | 01:58:50 | 02:44:36 | <b>03:18:07</b> | <b>245</b> | 00:04:24 | 00:48:36 | 00:55:17 | 01:42:54 |
| 261 | <b>JAGODZIŃSKI Leszek</b>   | <b>597</b> |                             | M50-54   | 00:23:04 | <b>00:46:54</b> | 257 | 00:06:15 | 00:13:04 | 00:45:17 | 01:32:27 | 02:06:37 | 02:55:40 | <b>03:31:53</b> | <b>263</b> | 00:07:04 | 00:41:40 | 00:47:13 | 01:31:45 |
| 262 | <b>LUFTMANN Cezary</b>      | <b>674</b> |                             | M40-44   | 00:20:09 | <b>00:41:09</b> | 214 | 00:08:31 | 00:11:45 | 00:41:14 | 01:27:33 | 01:58:36 | 02:46:19 | <b>03:19:14</b> | <b>247</b> | 00:07:05 | 00:47:26 | 00:54:07 | 01:51:58 |
| 263 | <b>PACHCIAREK Magdalena</b> | <b>717</b> |                             | K35-39   | 00:27:22 | <b>00:56:38</b> | 276 | 00:05:06 | 00:13:06 | 00:46:40 | 01:35:06 | 02:08:43 | 02:58:36 | <b>03:34:35</b> | <b>265</b> | 00:03:08 | 00:44:52 | 00:50:22 | 01:34:06 |
| 264 | <b>MACZYŃSKI Czesław</b>    | <b>688</b> | MCBIKE                      | M65-69   | 00:23:20 | <b>00:47:31</b> | 261 |          |          |          |          |          |          |                 |            | 00:39:41 | 00:40:45 |          |          |
| 265 | <b>MIELCAREK Mateusz</b>    | <b>690</b> | MIELCARKS TEAM              | M30-34   | 00:20:06 | <b>00:41:19</b> | 218 |          |          |          |          |          |          |                 |            |          |          |          |          |
|     | <b>TRACZYK Paweł</b>        | <b>506</b> | TRI TEAM RUMIA              | M40-44   | 00:13:17 | <b>00:25:01</b> | 3   | 00:02:46 | 00:16:04 | 00:38:52 | 01:11:39 | 01:36:44 |          |                 |            |          |          |          |          |
|     | <b>CIESZYŃSKI Jacek</b>     | <b>545</b> | LABOSPORT                   | M55-59   | 00:15:43 | <b>00:31:31</b> | 35  | 00:03:02 | 00:10:31 | 00:35:36 | 01:11:59 | 01:38:07 | 02:16:07 | <b>02:42:48</b> | <b>109</b> | 00:02:19 | 00:31:18 | 00:35:33 |          |
|     | <b>JAUMIEŃ Łukasz</b>       | <b>604</b> |                             | M35-39   | 00:15:13 | <b>00:30:48</b> | 26  | 00:03:13 |          |          |          |          |          |                 |            |          |          |          |          |
|     | <b>MATUSZEWSKI Dariusz</b>  | <b>686</b> | BIEGIEM DO GARÓW            | M50-54   | 00:24:29 | <b>00:52:13</b> | 272 | 00:06:20 | 00:13:09 | 00:41:45 |          |          |          |                 |            |          |          |          |          |
|     | <b>OLSZEWSKI Błażej</b>     | <b>714</b> |                             | M30-34   | 00:18:16 | <b>00:36:56</b> | 138 | 00:02:59 | 00:09:53 | 00:33:00 | 01:07:57 | 01:32:44 | 02:11:18 | <b>02:37:36</b> | <b>81</b>  | 00:02:14 |          |          |          |
|     | <b>POROSŁO Paweł</b>        | <b>743</b> | CREATIVE BOCHNIA BIEGA TEAM | M45-49   | 00:24:48 |                 |     |          |          |          |          |          |          |                 |            |          |          |          |          |
|     | <b>SZARMACHER Sebastian</b> | <b>783</b> |                             | M35-39   | 00:15:44 | <b>00:32:02</b> | 47  | 00:03:20 | 00:09:55 | 00:33:19 | 01:08:15 | 01:32:25 | 02:08:20 | <b>02:34:14</b> | <b>62</b>  | 00:01:59 | 00:31:28 | 00:35:51 |          |
|     | <b>ZOBER Marek</b>          | <b>840</b> | CHOP ZE ŻELAZA TRI TEAM     | M35-39   | 00:18:35 | <b>00:37:50</b> | 161 | 00:03:35 | 00:13:58 | 00:50:04 |          |          |          |                 |            |          |          |          |          |
|     | <b>BENTKOWSKI Marcin</b>    | <b>521</b> | TRIPOWER                    | M30-34   | 00:15:26 | <b>00:32:02</b> | 48  |          |          |          |          |          |          |                 |            |          |          |          |          |
|     | <b>FABROWSKI Dawid</b>      | <b>567</b> | TRITATA                     | M35-39   | 00:18:43 | <b>00:37:44</b> | 156 | 00:05:49 |          |          |          |          |          |                 |            |          |          |          |          |
|     | <b>KACZKOWSKA Katarzyna</b> | <b>612</b> | KLUB CTS                    | K35-39   | 00:18:20 | <b>00:37:11</b> | 145 | 00:03:13 | 00:09:42 | 00:32:23 | 01:06:10 |          |          |                 |            |          |          |          |          |
|     | <b>WARCZAK Piotr</b>        | <b>804</b> | TEAMOCHAL                   | M40-44   | 00:16:09 | <b>00:33:05</b> | 66  | 00:02:22 | 00:09:34 | 00:32:14 | 01:04:19 | 01:27:24 | 02:01:25 | <b>02:24:19</b> | <b>18</b>  | 00:01:49 | 00:28:29 | 00:32:28 |          |

Znaleziono 277 wynik(ów)