



# OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3

B4SPORT  
INTELLIGENTNE ZAWODY SPORTOWE

**Wydarzenie:** Ocean Lava Triathlon Polska 2019  
**Organizator:** Towarzystwo Sportowe TRI-SPORT  
**Data:** 2019-08-17  
**Miejsce:** Bydgoszcz  
**Dystans:** 113 km

**B4SPORT**  
INTELLIGENTNE ZAWODY SPORTOWE

Klasyfikacja: M30-34

Punkt pomiarowy: 57,8 km

| Msc | Zawodnik            | Numer | Klub                             | Kategoria | Drużyna        | Pływanie            |                    |     | T1       | Rower                |                  |                       |                   | Bieg | Czas |
|-----|---------------------|-------|----------------------------------|-----------|----------------|---------------------|--------------------|-----|----------|----------------------|------------------|-----------------------|-------------------|------|------|
|     |                     |       |                                  |           |                | P_Borowno<br>0.95km | P_Borowno<br>1.9km | Poz |          | R_Kotomierz<br>4.9km | R_Lidl<br>19.9km | R_Kotomierz<br>39.9km | R_Lidl<br>55.55km |      |      |
| 1   | JASIŃSKI Jakub      | 581   | GO RIDE WM TRISELF               | M30-34    |                | 00:12:00            | <b>00:24:29</b>    | 1   | 00:03:04 | 00:09:15             | 00:32:38         | 01:03:17              | 01:26:52          |      |      |
| 2   | BRZYSKI Maciej      | 526   | BRZYSKITRITEAM                   | M30-34    | BrzyskiTriTeam | 00:13:35            | <b>00:27:58</b>    | 3   | 00:02:11 | 00:09:22             | 00:31:38         | 01:02:48              | 01:26:16          |      |      |
| 3   | SKORUPA Paweł       | 704   | SKORUPA TRIATHLON                | M30-34    |                | 00:16:37            | <b>00:33:50</b>    | 35  | 00:02:32 | 00:08:44             | 00:30:45         | 01:00:46              | 01:23:06          |      |      |
| 4   | RULIŃSKI Przemysław | 693   | CZAJATRAININGSYSTEM              | M30-34    |                | 00:15:34            | <b>00:32:02</b>    | 19  | 00:02:02 | 00:09:30             | 00:33:01         | 01:04:52              | 01:28:03          |      |      |
| 5   | ANDRZEJEWSKI Marcin | 507   | 8BREM                            | M30-34    |                | 00:16:40            | <b>00:34:06</b>    | 39  | 00:03:19 | 00:09:23             | 00:32:52         | 01:04:24              | 01:27:13          |      |      |
| 6   | RYMER Jakub         | 696   |                                  | M30-34    |                | 00:15:17            | <b>00:31:26</b>    | 11  | 00:02:50 | 00:09:36             | 00:33:33         | 01:06:31              | 01:30:56          |      |      |
| 7   | BETHKE Sławomir     | 517   | TRISPACE                         | M30-34    | TriSpace       | 00:18:57            | <b>00:39:46</b>    | 133 | 00:02:46 | 00:09:01             | 00:31:20         | 01:01:56              | 01:24:40          |      |      |
| 8   | MATUSIAK Mateusz    | 646   | SNG WILD DUCKS                   | M30-34    |                | 00:16:12            | <b>00:33:32</b>    | 26  | 00:02:52 | 00:09:52             | 00:33:55         | 01:07:23              | 01:31:21          |      |      |
| 9   | ŻUREK Jacek         | 629   |                                  | M30-34    |                | 00:13:36            | <b>00:28:03</b>    | 4   | 00:02:39 | 00:11:08             | 00:37:26         | 01:12:34              | 01:39:03          |      |      |
| 10  | BENTKOWSKI Marcin   | 516   | TRIPOWER                         | M30-34    |                | 00:17:02            | <b>00:35:09</b>    | 53  | 00:02:50 | 00:09:53             | 00:34:46         | 01:07:32              | 01:32:03          |      |      |
|     | ŻYŁA Marcin         | 765   |                                  | M30-34    |                | 00:15:49            | <b>00:33:25</b>    | 23  | 00:02:50 | 00:10:14             | 00:35:46         | 01:10:02              | 01:36:01          |      |      |
| 12  | UTYKAŃSKI Michał    | 730   | SBR TEAM                         | M30-34    |                | 00:14:48            | <b>00:30:33</b>    | 5   | 00:03:40 | 00:10:23             | 00:36:20         | 01:11:40              | 01:38:30          |      |      |
| 13  | KUROWSKI Kamil      | 622   | 3GRAVITY                         | M30-34    |                | 00:18:52            | <b>00:38:55</b>    | 116 | 00:03:16 | 00:09:09             | 00:32:53         | 01:06:00              | 01:31:00          |      |      |
| 14  | BANACH Marcin       | 511   | 3GRAVITY                         | M30-34    |                | 00:18:54            | <b>00:38:48</b>    | 115 | 00:02:20 | 00:09:47             | 00:34:12         | 01:07:42              | 01:33:20          |      |      |
| 15  | WIECZOREK Łukasz    | 739   | RUN4FUN WWW.BYTPAK.PL            | M30-34    |                | 00:18:42            | <b>00:38:31</b>    | 105 | 00:03:18 | 00:09:42             | 00:34:55         | 01:10:03              | 01:36:09          |      |      |
| 16  | ANTKOWIAK Bartosz   | 508   | TRISPACE                         | M30-34    | TriSpace       | 00:19:22            | <b>00:39:45</b>    | 132 | 00:02:27 | 00:10:16             | 00:36:11         | 01:10:33              | 01:36:22          |      |      |
| 17  | BARCZYKOWSKI Szymon | 512   | TRISPACE                         | M30-34    | TriSpace       | 00:17:13            | <b>00:34:55</b>    | 50  | 00:03:36 | 00:10:33             | 00:37:00         | 01:12:47              | 01:40:32          |      |      |
| 18  | WODYŃSKI Jan        | 745   | SMARUJ NA TRENING TEAM / TRIMAMA | M30-34    |                | 00:18:08            | <b>00:38:40</b>    | 113 | 00:03:17 | 00:10:46             | 00:37:04         | 01:12:09              | 01:38:18          |      |      |
| 19  | GRUBA Marek         | 568   |                                  | M30-34    |                | 00:17:50            | <b>00:37:39</b>    | 92  | 00:03:59 | 00:10:14             | 00:36:48         | 01:13:03              | 01:40:20          |      |      |
| 20  | KABAT Błażej        | 586   |                                  | M30-34    |                | 00:19:18            | <b>00:40:36</b>    | 151 | 00:03:20 | 00:10:25             | 00:36:26         | 01:11:30              | 01:38:26          |      |      |
| 21  | FRYDRYSZEK Michał   | 554   | TRIPOWER                         | M30-34    |                | 00:21:21            | <b>00:43:13</b>    | 181 | 00:03:48 | 00:10:04             | 00:35:23         | 01:10:22              | 01:36:07          |      |      |

|    |                             |            |                   |        |                | Pływanie |                 |     | T1       | Rower    |          |          |          | Bieg | Czas |
|----|-----------------------------|------------|-------------------|--------|----------------|----------|-----------------|-----|----------|----------|----------|----------|----------|------|------|
| 22 | <b>MICHALLEK Damian</b>     | <b>650</b> | TRISPACE          | M30-34 | TriSpace       | 00:19:33 | <b>00:39:46</b> | 135 | 00:04:45 | 00:10:31 | 00:36:03 | 01:11:41 | 01:39:19 |      |      |
| 23 | <b>WAŁĘZA Hubert</b>        | <b>735</b> | KANAŁOWA TRI TEAM | M30-34 |                | 00:17:09 | <b>00:35:32</b> | 58  | 00:03:15 | 00:11:14 | 00:39:05 | 01:17:09 | 01:46:08 |      |      |
| 24 | <b>KAMIŃSKI Radosław</b>    | <b>589</b> | WUEF TRI TEAM     | M30-34 |                | 00:20:15 | <b>00:41:45</b> | 166 | 00:04:51 | 00:10:16 | 00:36:41 | 01:12:44 | 01:39:13 |      |      |
| 25 | <b>ZACHWIEJA Piotr</b>      | <b>752</b> |                   | M30-34 |                | 00:19:41 | <b>00:40:34</b> | 149 | 00:03:07 | 00:11:07 | 00:38:17 | 01:15:37 | 01:42:12 |      |      |
| 26 | <b>ŻYCZIŃSKI Michał</b>     | <b>764</b> | TEAMOCHAL         | M30-34 |                | 00:21:08 | <b>00:43:12</b> | 180 | 00:04:19 | 00:10:28 | 00:36:18 | 01:12:35 | 01:40:04 |      |      |
| 27 | <b>GROCHOWSKI Maciej</b>    | <b>566</b> |                   | M30-34 |                | 00:17:08 | <b>00:35:21</b> | 56  | 00:03:55 | 00:11:32 | 00:40:12 | 01:19:23 | 01:48:55 |      |      |
| 28 | <b>MIKOŁAJCZAK Tomasz</b>   | <b>655</b> |                   | M30-34 |                | 00:19:39 | <b>00:40:15</b> | 141 | 00:05:01 | 00:10:35 | 00:37:56 | 01:15:28 | 01:44:25 |      |      |
| 29 | <b>JABŁOŃSKI Patryk</b>     | <b>577</b> | BEZ FORMY TEAM    | M30-34 |                | 00:20:19 | <b>00:41:13</b> | 157 | 00:04:49 | 00:11:15 | 00:38:48 | 01:17:21 | 01:45:29 |      |      |
| 30 | <b>ZAWIŁO Bartłomiej</b>    | <b>757</b> | NOWA HUTA TEAM    | M30-34 |                | 00:17:05 | <b>00:34:37</b> | 47  | 00:04:41 | 00:11:43 | 00:41:59 | 01:22:12 | 01:52:15 |      |      |
| 31 | <b>KONIECZNY Przemysław</b> | <b>605</b> |                   | M30-34 |                | 00:19:04 | <b>00:40:22</b> | 144 | 00:04:21 | 00:11:14 | 00:39:28 | 01:17:58 | 01:46:52 |      |      |
| 32 | <b>MAJDA Adrian</b>         | <b>639</b> | DZIK SQUAD        | M30-34 |                | 00:19:35 | <b>00:40:00</b> | 138 | 00:03:54 | 00:11:22 | 00:40:09 | 01:18:48 | 01:47:54 |      |      |
| 33 | <b>KĘPOWICZ Kamil</b>       | <b>597</b> | KAMIL             | M30-34 |                | 00:19:48 | <b>00:40:24</b> | 145 | 00:04:21 | 00:11:30 | 00:40:07 | 01:18:57 | 01:48:13 |      |      |
| 34 | <b>SERZYSKO Bartosz</b>     | <b>582</b> |                   | M30-34 |                | 00:20:54 | <b>00:44:32</b> | 190 | 00:04:53 | 00:10:31 | 00:37:31 | 01:14:11 | 01:43:44 |      |      |
| 35 | <b>SOBCZYŃSKI Michał</b>    | <b>707</b> |                   | M30-34 |                | 00:17:49 | <b>00:37:19</b> | 82  | 00:02:45 | 00:13:06 | 00:42:36 | 01:23:16 | 01:53:27 |      |      |
| 36 | <b>ŻOŁĄDŹ Piotr</b>         | <b>763</b> |                   | M30-34 |                | 00:17:34 | <b>00:37:31</b> | 87  | 00:04:56 | 00:11:39 | 00:40:53 | 01:21:46 | 01:52:33 |      |      |
| 37 | <b>GENIBOR Piotr</b>        | <b>558</b> | NDZ               | M30-34 |                | 00:20:34 | <b>00:41:28</b> | 160 | 00:03:41 | 00:11:36 | 00:40:46 | 01:20:46 | 01:51:11 |      |      |
| 38 | <b>KUCHARCZYK Kamil</b>     | <b>620</b> | TRI NOT TO DIE    | M30-34 |                | 00:21:46 | <b>00:45:11</b> | 193 | 00:04:22 | 00:10:56 | 00:38:22 | 01:17:17 | 01:47:08 |      |      |
| 39 | <b>CZAPIEWSKI Krzysztof</b> | <b>540</b> | DANONE            | M30-34 |                | 00:21:36 | <b>00:44:09</b> | 184 | 00:04:57 | 00:11:04 | 00:39:53 | 01:20:05 | 01:51:07 |      |      |
| 40 | <b>KOSTRZEWA Mateusz</b>    | <b>768</b> |                   | M30-34 |                | 00:19:37 | <b>00:39:01</b> | 119 | 00:05:03 | 00:12:49 | 00:45:13 | 01:29:37 | 02:02:59 |      |      |
| 41 | <b>KRYSZTOFOWICZ Tomasz</b> | <b>618</b> |                   | M30-34 |                | 00:22:28 | <b>00:49:10</b> | 215 | 00:09:00 | 00:11:52 | 00:42:42 | 01:24:37 | 01:57:32 |      |      |
| 42 | <b>WIŚNIEWSKI Piotr</b>     | <b>741</b> |                   | M30-34 |                | 00:23:23 | <b>00:48:37</b> | 212 | 00:06:30 | 00:11:51 | 00:43:42 | 01:27:50 | 02:03:07 |      |      |
| 43 | <b>SŁAKOWSKI Ariel</b>      | <b>703</b> | OPERLAND.PL       | M30-34 |                | 00:26:20 | <b>00:56:23</b> | 232 | 00:08:59 | 00:11:40 | 00:41:15 | 01:23:16 | 01:54:24 |      |      |
| 44 | <b>SOBKO Artur</b>          | <b>709</b> |                   | M30-34 |                | 00:25:30 | <b>00:55:05</b> | 228 | 00:05:49 | 00:13:03 | 00:47:08 | 01:35:35 | 02:12:47 |      |      |
| 45 | <b>VASHKEVICH Vital</b>     | <b>732</b> | KUZNIA TRIATHLONU | M30-34 |                | 00:17:00 | <b>00:35:07</b> | 52  | 00:02:43 | 01:11:36 | 01:38:53 | 02:15:41 | 02:43:17 |      |      |
| 46 | <b>MIELCAREK Mateusz</b>    | <b>651</b> | MIELCARCS TEAM    | M30-34 | Mielcarks Team | 00:21:06 | <b>00:44:12</b> | 186 | 00:05:44 | 00:12:03 | 02:00:43 |          | 03:21:36 |      |      |

Znaleziono 46 wynik(ów)