

Classification: M30-34

Split point: 92,2 km

Place	Participant	Number	Club	Category	Drużyna 1	Swimming			Poz	Cycling						Poz	Race
						P_Borowno 0.95km	P_Borowno 1.9km	Poz		R_Kotomierz 4.9km	R_Lidl 19.9km	R_Kotomierz 39.9km	R_Lidl 55.55km	R_Kotomierz 74.9km	R_Lidl 89.9km		
1	SPALENIAK Tomasz	717	ENDURE TEAM	M30-34		00:15:14	00:30:54	13	00:02:19	00:09:01	00:29:15	00:59:11	01:19:56	01:49:54	02:11:04	1	00:01:21
2	SAWICKI Patryk	711	COMPLEXSPORTS	M30-34	Complexsports	00:13:44	00:28:29	2	00:02:17	00:09:58	00:31:58	01:04:45	01:27:04	01:59:55	02:22:35	9	00:01:28
3	MATUSIAK Mateusz	546	SNG WILD DUCKS	M30-34	SNG WILD DUCKS	00:15:13	00:31:12	16	00:02:09	00:09:33	00:31:56	01:04:37	01:27:13	02:00:06	02:23:22	13	00:01:35
4	MIZERIA Przemysław	683		M30-34		00:15:39	00:32:17	25	00:03:06	00:09:32	00:31:57	01:05:09	01:27:52	02:01:24	02:24:57	15	00:01:55
5	PIESIK Dawid	605		M30-34	Akademia Mistrzów Sportu	00:16:11	00:34:00	38	00:03:22	00:09:44	00:32:25	01:06:28	01:29:56	02:04:02	02:27:29	26	00:02:29
6	KARCZEWSKI Adrian	706	CB 163 ENDURANCE COACHING SYSTEM	M30-34	CB163	00:17:22	00:35:19	55	00:02:52	00:10:12	00:33:05	01:06:34	01:30:13	02:04:41	02:28:23	29	00:02:09
7	BORKOWSKI Paweł	666	RNB TEAM POLANICA ZDROJ/EWA BUDGOL TEAM	M30-34		00:19:49	00:40:57	127	00:03:14	00:09:50	00:32:57	01:08:04	01:32:18	02:08:04	02:32:59	43	00:01:41
8	MACIEJEWSKI Rafał	582		M30-34		00:17:49	00:36:32	68	00:04:18	00:10:29	00:33:42	01:09:06	01:34:31	02:12:31	02:38:11	62	00:02:10
9	IDZIKOWSKI Maciej	558		M30-34		00:15:47	00:31:50	22	00:03:26	00:11:05	00:36:43	01:13:42	01:39:42	02:17:54	02:45:42	93	00:01:43
10	ŻOK Filip	642		M30-34		00:16:29	00:34:08	40	00:03:09	00:10:28	00:35:22	01:11:57	01:37:31	02:15:13	02:41:36	79	00:04:01
11	JOACHIMIĄK Marek	651	TRITOGO	M30-34		00:20:35	00:42:21	137	00:02:49	00:09:55	00:33:50	01:10:20	01:35:09	02:11:18	02:36:14	58	00:01:48
12	MICHAŁOWSKI Piotr	504	NADAKTYWNI BIAŁYSTOK	M30-34		00:15:52	00:32:22	28	00:05:51	00:11:09	00:36:26	01:13:53	01:39:24	02:16:16	02:42:33	84	00:03:26
13	CHMIEL Piotr	552	PTT DELTA	M30-34	PTT DELTA	00:18:00	00:36:58	78	00:05:00	00:10:28	00:34:48	01:11:50	01:37:54	02:15:03	02:41:49	81	00:02:41
14	HUĆ Aron	653	ETICOD	M30-34		00:21:05	00:46:12	165	00:03:36	00:11:33	00:35:48	01:12:26	01:36:55	02:12:59	02:38:16	64	00:02:17
15	POPŁAWSKI Przemysław	624		M30-34		00:19:21	00:40:05	115	00:02:56	00:11:03	00:35:47	01:13:11	01:39:27	02:18:05	02:45:33	91	00:02:09
16	HEJNICKI Dariusz	670	DON TRUCKING GROUP	M30-34		00:19:33	00:40:08	116	00:04:13	00:11:28	00:36:25	01:13:23	01:38:30	02:17:07	02:45:01	89	00:02:53
17	KŁOPOCKI Jakub	575		M30-34		00:18:49	00:38:48	100	00:03:18	00:11:19	00:36:43	01:16:19	01:43:05	02:23:33	02:50:57	118	00:01:58
18	ANTKOWIAK Bartosz	541	TRISPACE/TREK	M30-34	TRISPACE/TREK	00:21:49	00:45:07	158	00:02:45	00:10:47	00:35:52	01:14:15	01:40:16	02:20:48	02:48:37	107	00:02:27
19	WAŁĘŻA Hubert	564	KANAŁOWA TRI TEAM	M30-34		00:18:23	00:37:38	82	00:03:48	00:11:31	00:38:09	01:17:48	01:45:09	02:26:36	02:55:19	133	00:02:35
20	GRUBA Marek	576	TRISPACE/TREK	M30-34	TRISPACE/TREK	00:18:50	00:38:37	97	00:03:50	00:11:16	00:36:56	01:16:39	01:44:10	02:26:41	02:55:20	134	00:02:43
21	KUCHARCZYK Kamil	713	TRI NOT TO DIE	M30-34		00:21:08	00:44:33	154	00:03:25	00:11:23	00:35:59	01:13:26	01:39:50	02:20:57	02:49:01	110	00:03:57
22	MIKOŁAJSKI Krzysztof	688		M30-34		00:20:05	00:41:34	132	00:03:41	00:12:03	00:38:44	01:19:55	01:47:53	02:29:03	02:56:50	136	00:02:30
23	NOWAK Michał	563	LEGALAID	M30-34		00:19:41	00:40:37	120	00:03:38	00:11:24	00:38:00	01:18:18	01:45:46	02:28:25	02:57:25	137	00:04:10

			Swimming			Cycling							Race		
24	<b>MIKOŁAJCZAK Tomasz</b>	<b>565</b>	M30-34	00:20:35	<b>00:42:38</b>	138	00:07:51	00:11:52	00:38:33	01:17:33	01:44:32	02:25:39	<b>02:53:39</b>	<b>129</b>	00:03:18
25	<b>OLEJNIK Piotr</b>	<b>647</b>	M30-34	00:19:48	<b>00:40:25</b>	117	00:04:41	00:11:49	00:39:53	01:21:49	01:49:29	02:31:34	<b>02:59:57</b>	<b>145</b>	00:02:41
26	<b>SZYMCZAK Jakub</b>	<b>588</b>	M30-34	00:18:03	<b>00:36:56</b>	77	00:04:42	00:11:51	00:39:11	01:20:01	01:48:12	02:32:51	<b>03:03:45</b>	<b>157</b>	00:03:20
27	<b>ŁADZIŃSKI Jakub</b>	<b>607</b>	M30-34	00:19:24	<b>00:40:26</b>	118	00:05:38	00:12:11	00:40:39	01:21:53	01:49:42	02:31:57	<b>03:00:31</b>	<b>147</b>	00:03:29
	<b>JUSZCZYK Mirosław</b>	<b>621</b>	M30-34	00:17:10	<b>00:35:20</b>	56	00:03:54	00:12:08	00:40:01	01:23:40	01:53:14	02:39:42	<b>03:11:22</b>	<b>174</b>	00:03:08
29	<b>ZAMOYSKI Piotr</b>	<b>507</b>	M30-34	00:24:18	<b>00:49:43</b>	175	00:03:39	00:12:51	00:39:00	01:18:35	01:45:22	02:29:55	<b>02:59:26</b>	<b>144</b>	00:05:52
30	<b>LEWANDOWSKI Marcin</b>	<b>502</b>	M30-34	00:22:08	<b>00:45:29</b>	159	00:04:36	00:12:33	00:40:25	01:22:24	01:52:45	02:38:32	<b>03:10:06</b>	<b>170</b>	00:03:08
31	<b>MAZURKIEWICZ Michał</b>	<b>529</b>	M30-34	00:21:06	<b>00:42:58</b>	141	00:06:10	00:12:20	00:41:03	01:23:48	01:53:02	02:37:07	<b>03:07:19</b>	<b>165</b>	00:07:12
32	<b>WOŹNICKI Mikołaj</b>	<b>614</b>	M30-34	00:25:31	<b>00:54:13</b>	186	00:06:39	00:11:56	00:39:13	01:20:46	01:50:17	02:35:14	<b>03:10:22</b>	<b>172</b>	00:03:43

Total 32 results.