



# OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3

B4SPORT  
INTELEGENNE ZAWODY SPORTOWE

**Wydarzenie:** Ocean Lava Triathlon Polska 2019  
**Organizator:** Towarzystwo Sportowe TRI-SPORT  
**Data:** 2019-08-17  
**Miejsce:** Bydgoszcz  
**Dystans:** 113 km

**B4SPORT**  
INTELEGENNE ZAWODY SPORTOWE

Klasyfikacja: M45-49

Punkt pomiarowy: 77,2 km

Msc	Zawodnik	Numer	Klub	Kategoria	Drużyna	Pływanie			T1	Rower					Bieg	Czas
						P_Borowno 0.95km	P_Borowno 1.9km	Poz		R_Kotomierz 4.9km	R_Lidl 19.9km	R_Kotomierz 39.9km	R_Lidl 55.55km	R_Kotomierz 74.9km		
1	ZIĘBA Adam	758	TRISPACE	M45-49	TriSpace	00:16:52	<b>00:34:06</b>	38	00:02:15	00:09:02	00:32:11	01:03:33	01:27:15	01:59:20		
2	POKORSKI Marek	679	CTS	M45-49		00:16:35	<b>00:33:41</b>	30	00:02:43	00:09:01	00:31:58	01:03:06	01:26:50	01:59:45		
3	WYSOCKI Rafał	751	SRITRI	M45-49		00:16:27	<b>00:33:28</b>	24	00:02:41	00:09:17	00:32:24	01:04:34	01:28:24	02:00:55		
4	KNOTHE Adam	602	BUDSTOL INVEST	M45-49	AMS	00:19:18	<b>00:39:44</b>	131	00:02:17	00:09:15	00:31:52	01:02:23	01:25:10	01:57:04		
5	BARTKOWIAK Dawid	513		M45-49		00:15:43	<b>00:32:47</b>	21	00:02:38	00:09:46	00:33:39	01:06:13	01:30:47	02:03:41		
6	KUZNETSOV Mykhailo	626	TRITONODESSA	M45-49		00:15:24	<b>00:31:39</b>	14	00:02:46	00:09:47	00:33:45	01:06:21	01:31:07	02:04:43		
7	WRZOCHALSKI Robert	749	TRIDEA TEAM	M45-49		00:18:16	<b>00:38:23</b>	102	00:03:14	00:09:29	00:33:40	01:06:36	01:31:10	01:57:36		
8	ABANIN Vadzim	501	ALTIUS!	M45-49		00:16:45	<b>00:33:41</b>	31	00:02:25	00:09:42	00:33:53	01:07:31	01:31:56	02:04:51		
9	BONIKOWSKI Jakub	772	TRISPACE	M45-49		00:16:13	<b>00:33:51</b>	36	00:02:45	00:09:17	00:33:27	01:06:52	01:31:28	02:04:24		
10	WELZER Dariusz	738	WELDA BIMARKO GALI TEAM	M45-49		00:17:53	<b>00:36:21</b>	71	00:02:37	00:10:11	00:34:15	01:07:05	01:31:56	02:06:00		
11	LITAWA Jacek	634		M45-49		00:16:27	<b>00:33:29</b>	25	00:02:48	00:09:53	00:35:16	01:10:12	01:36:10	02:11:07		
12	CUPA Ireneusz	538	TRIATHLON KONSULTING	M45-49		00:18:38	<b>00:38:56</b>	117	00:04:00	00:09:52	00:34:12	01:07:35	01:32:48	02:07:51		
13	PIEKARSKI Marek	521	SISU TEAM / SOLANO	M45-49		00:17:40	<b>00:36:34</b>	75	00:02:53	00:10:01	00:35:15	01:09:46	01:36:25	02:12:03		
14	JANISZEWSKI Arkadiusz	580	GT RAT	M45-49		00:20:54	<b>00:42:38</b>	175	00:02:54	00:09:50	00:34:21	01:07:49	01:33:00	02:07:54		
15	GĘBARZEWSKI Robert	559	NORAUTO POLSKA SP.Z O.O.	M45-49		00:18:10	<b>00:37:32</b>	88	00:03:22	00:10:20	00:36:32	01:12:33	01:39:36	02:16:00		
16	GÓRNY Wojciech	774	TRISPACE	M45-49		00:17:32	<b>00:35:46</b>	64	00:03:04	00:11:01	00:38:02	01:15:00	01:42:35	02:21:36		
17	LEWIŃSKI Andrzej	632	BIEGAMYRAZEM.PL / CTS	M45-49		00:20:26	<b>00:41:16</b>	158	00:03:38	00:10:41	00:37:46	01:13:53	01:40:57	02:17:46		
18	CYREK Grzegorz	539	CREATIVE BOCHNIA BIEGA TEAM	M45-49		00:22:20	<b>00:46:13</b>	199	00:04:50	00:10:12	00:35:38	01:10:50	01:36:49	02:12:36		
19	BYZDRA Krzysztof	531	BBL GDAŃSK	M45-49		00:19:22	<b>00:39:53</b>	137	00:03:06	00:11:02	00:38:05	01:16:07	01:43:27	02:22:12		

					Pływanie			T1	Rower					T2	Bieg	Całk.
20	<b>VALERII Makaikin</b>	<b>731</b>	SHYP SHYNA RUN CLUB	M45-49	00:18:16	<b>00:36:47</b>	79	00:05:47	00:10:58	00:38:35	01:16:36	01:45:31	02:25:43			
21	<b>ZATORSKI Robert</b>	<b>754</b>		M45-49	00:22:44	<b>00:47:16</b>	209	00:05:11	00:10:37	00:37:47	01:13:58	01:40:39	02:17:05			
22	<b>BRESKA Witold</b>	<b>522</b>	AKADEMIA BIEGOWA KOŚCIERZYNA	M45-49	00:19:59	<b>00:40:17</b>	143	00:04:02	00:10:52	00:38:33	01:17:07	01:46:16	02:25:56			
23	<b>GOZDOWSKI Paweł</b>	<b>563</b>		M45-49	00:24:38	<b>00:50:50</b>	221	00:05:29	00:10:31	00:37:34	01:13:12	01:40:24	02:16:35			
24	<b>KOWALSKI Piotr</b>	<b>611</b>		M45-49	00:21:44	<b>00:46:17</b>	201	00:07:05	00:11:12	00:39:14	01:17:33	01:45:44	02:24:29			
25	<b>NURKIEWICZ Jarosław</b>	<b>666</b>	KUNG FU PANDY 3	M45-49	00:21:00	<b>00:44:16</b>	187	00:03:38	00:11:47	00:40:52	01:21:19	01:51:31	02:32:13			
26	<b>KARWACKI Grzegorz</b>	<b>592</b>	KATCROS/GLOBUS	M45-49	00:18:50	<b>00:39:09</b>	121	00:04:15	00:11:43	00:41:49	01:22:47	01:54:25	02:37:00			
27	<b>NOWAK Krzysztof</b>	<b>664</b>		M45-49	00:20:11	<b>00:41:31</b>	161	00:04:21	00:11:08	00:39:44	01:20:47	01:52:46	02:37:30			
	<b>PREUSS Daniel</b>	<b>684</b>	ATOS	M45-49	00:18:20	<b>00:38:39</b>	111	00:04:57	00:12:12	00:42:02	01:23:42	01:55:45	02:40:08			
29	<b>STAFIEJ Wojciech</b>	<b>713</b>		M45-49	ARRK	00:24:27	<b>00:50:40</b>	220	00:04:36	00:11:40	00:41:16	01:21:35	01:51:32	02:32:52		
30	<b>WITCZAK Dariusz</b>	<b>743</b>	NIEZRZESZONY	M45-49	00:25:54	<b>00:54:37</b>	226	00:04:36	00:11:20	00:39:34	01:21:38	01:52:18	02:33:05			
31	<b>BINKOWSKI Czarek</b>	<b>769</b>	LKS BOGMAR OSTROMECKO	M45-49	00:26:21	<b>00:55:43</b>	230	00:06:15	00:11:12	00:40:18	01:19:53	01:49:28	02:30:26			
32	<b>LIPIŃSKI Sebastian</b>	<b>633</b>	GRUPA LANDER NIERUCHOMOŚCI/ROVIGO	M45-49	00:28:51	<b>01:01:11</b>	234	00:04:59	00:11:54	00:42:11	01:24:37	01:56:33	02:39:13			
33	<b>WRZOSEK Jarosław</b>	<b>750</b>		M45-49	00:28:16	<b>01:03:05</b>	236	00:05:53	00:12:13	00:43:43	01:26:47	01:57:32	02:42:24			

Znaleziono 33 wynik(ów)