

Event: Ocean Lava Triathlon Polska 2020
Organiser: Towarzystwo Sportowe TRI-SPORT
Date: 2020-08-22
Place: Bydgoszcz
Distance: 113 km

Classification: M45-49

Split point: 42,2 km

Place	Participant	Number	Club	Category	Drużyna	Swimming			T1	Cycling			T2	Race	Class
						P_Borowno 0.95km	P_Borowno 1.9km	Poz		R_Kotomierz 4.9km	R_Lidl 19.9km	R_Kotomierz 39.9km			
1	RUCIŃSKI Marcin	755	TRIBA BOSIR BARCIN	M45-49		00:14:10	00:28:53	10	00:02:31	00:09:24	00:31:52	01:03:45			
2	P..... A.....	740	T.....	M45-49	Trinergy Team	00:15:26	00:31:17	32	00:02:47	00:09:05	00:30:46	01:01:48			
3	ZIĘBA Adam	509	TRISPACE/TREK	M45-49	TRISPACE/TREK	00:15:44	00:31:42	39	00:02:38	00:09:01	00:31:13	01:02:33			
4	SOBCZAK Marcin	771	SOBCZAKTEAM	M45-49		00:15:14	00:31:13	31	00:03:15	00:09:42	00:32:08	01:04:23			
5	JARON Tomasz	601	AKADEMIA TRIATHLONU JAROSŁAW	M45-49		00:14:13	00:29:03	13	00:03:46	00:09:34	00:32:58	01:06:15			
6	GIBIEC Sebastian	576	GIBIEC TEAM	M45-49		00:16:21	00:33:24	70	00:04:08	00:09:30	00:32:45	01:05:35			
7	NAFALSKI Rajmund	703	TEAMKARAŚ	M45-49		00:16:14	00:33:03	65	00:03:08	00:10:19	00:34:10	01:08:57			
8	SZYNALIK Sławomir	792	KIKA TEAM	M45-49		00:15:42	00:31:28	34	00:03:34	00:09:58	00:35:04	01:11:50			
9	JANKOWSKI Tomasz	599	TRISPACE TREK	M45-49		00:16:14	00:33:25	72	00:03:40	00:10:24	00:34:54	01:10:16			
10	SOBCZAK Marcin	772	TRISPACE/TREK	M45-49	TRISPACE/TREK	00:16:42	00:33:51	83	00:03:04	00:10:36	00:35:15	01:10:39			
11	KAŁEK Artur	615	KLINIKA TRIATHLONU BYDGOSZCZ	M45-49		00:17:17	00:34:29	93	00:03:23	00:10:38	00:35:05	01:10:38			
12	CUPA Ireneusz	546	TRIATHLON KONSULTING	M45-49		00:17:59	00:37:29	152	00:03:46	00:09:54	00:33:28	01:07:17			
13	CHŁOSTA Marek	534		M45-49		00:17:07	00:34:47	99	00:03:01	00:10:19	00:34:49	01:11:17			
14	PIEKARSKI Marek	679		M45-49		00:18:25	00:36:59	140	00:04:31	00:09:45	00:32:44	01:08:05			
15	WOREK Pawel	830	GIBIEC TEAM	M45-49		00:17:42	00:36:38	128	00:04:05	00:10:23	00:34:48	01:10:32			
16	ZAKURZEWSKI Tomasz	834	TRISPACE/TREK	M45-49	TRISPACE/TREK	00:17:11	00:34:41	96	00:02:32	00:10:33	00:36:15	01:15:36			
17	KRYGIELSKI Krzysztof	651	CRYOSPACE OLSZTYN	M45-49		00:18:01	00:36:33	125	00:04:01	00:10:32	00:35:46	01:12:23			
DNC	DZIOBA Michał	562	TRI DZIOBA TEAM	M45-49		00:15:42	00:31:39	38	00:04:28	00:10:47	00:37:52	01:17:21			
19	ECHAUST Maciej	563	CFP	M45-49		00:17:57	00:37:52	163	00:02:59	00:11:14	00:36:46	01:13:00			

				Swimming			Cycling			TZ	Race	Class
20	BARCZAK Adam	515	M45-49	00:19:12	00:37:56	164	00:04:25	00:10:41	00:35:52	01:11:51		
21	CHMURA Szczepan	538	M45-49	00:18:19	00:37:16	147	00:04:24	00:10:35	00:36:13	01:14:01		
22	KOPPLINGER Grzegorz	640	ASSECO ACTIVE TEAM	M45-49	00:21:54	00:44:21	240	00:03:55	00:09:57	00:33:51	01:08:36	
23	WIECZOREK Maciek	815	TRI FOR IT	M45-49	00:19:31	00:39:34	197	00:03:55	00:10:30	00:36:05	01:13:35	
24	KALISZEWSKI Daniel	614		M45-49	00:19:29	00:39:22	192	00:05:26	00:10:17	00:35:40	01:13:07	
25	CYBULSKI Konrad	547	AMZ-KUTNO S.A.	M45-49	00:18:43	00:37:50	162	00:04:34	00:11:39	00:38:53	01:18:21	
26	SIUDA Marek	768	KLINIKA TRIATHLONU BYDGOSZCZ	M45-49	00:18:38	00:38:57	183	00:04:45	00:10:45	00:37:08	01:17:10	
27	CYREK Grzegorz	548	CREATIVE BOCHNIA BIEGA TEAM	M45-49	00:22:24	00:45:44	252	00:05:42	00:09:54	00:34:01	01:09:40	
28	BLÁHA Jan	527		M45-49	00:19:57	00:41:02	210	00:04:03	00:10:55	00:37:24	01:16:02	
29	CHALAMOŃSKI Tomasz	533	KURPIOWSKIE CENTRUM WETERYNARYJNE	M45-49	00:19:44	00:39:49	202	00:04:00	00:11:03	00:37:58	01:17:39	
30	PYTKOWSKI Arek	751	GRYFUS SZCZECIN	M45-49	00:18:40	00:38:16	173	00:03:49	00:11:12	00:38:46	01:19:38	
31	TOMASZEWSKI Marcin	800		M45-49	00:19:09	00:38:46	180	00:04:41	00:11:27	00:38:43	01:18:31	
32	DRZEWIECKI Rafał	556	RUN4FUN WWW.BYTPAK.PL	M45-49	00:20:00	00:41:35	221	00:04:06	00:11:42	00:37:35	01:16:52	
33	PELANT Ryszard	723	WICHER ROSNÓWKO	M45-49	00:18:12	00:36:48	135	00:05:06	00:14:29	00:41:49	01:21:55	
34	KORSAKOV Kostiantyn	641	-	M45-49	00:18:26	00:37:35	155	00:06:30	00:11:55	00:39:16	01:20:38	
35	MALISZEWSKI Piotr	682		M45-49	00:23:33	00:49:31	266	00:04:39	00:10:52	00:35:52	01:12:44	
36	SUDAKOWSKI Tomasz	782	RAWA TIM ZAWSZE SLIM / KS TRIATHLON RAWA	M45-49	00:22:09	00:45:32	249	00:03:02	00:11:08	00:38:53	01:19:18	
37	FEDAK Bohdan	568	KLUB POD WISIENKĄ	M45-49	00:19:54	00:39:46	201	00:06:00	00:12:23	00:42:31	01:24:28	
38	NOWICKI Adam	708		M45-49	00:19:23	00:39:25	193	00:02:58	00:11:56	00:43:15	01:28:54	
39	WRZOSEK Jarosław	832		M45-49	00:21:32	00:43:53	238	00:05:38	00:11:44	00:40:40	01:22:08	
40	WITCZAK Dariusz	824	ROSZPUNEK	M45-49	00:21:49	00:45:39	251	00:04:34	00:12:07	00:39:22	01:21:27	
41	NURKIEWICZ Jarosław	709	KING FU PANDY 3	M45-49	00:23:37	00:46:15	254	00:03:04	00:11:55	00:40:37	01:24:35	
42	LIPIŃSKI Sebastian	671	ENEA BYDGOSZCZ TRIATHLON	M45-49	00:24:12	00:49:13	265	00:05:20	00:11:24	00:39:04	01:20:57	
43	KARWACKI Grzegorz	617	KAT CROSS WAŁBRZYCH	M45-49	00:19:40	00:41:15	216	00:04:44	00:12:32	00:43:26	01:30:42	
44	OKOŃ Michał	711	PARKRUN GDYNIA	M45-49	00:23:30	00:47:02	258	00:08:57	00:13:11	00:43:25	01:27:19	
45	BINKOWSKI Cezary	523	LKS BOGMAR OSTROMECKO	M45-49	00:25:16	00:51:30	270	00:05:57	00:13:18	00:43:36	01:27:30	

				Swimming	T1	Cycling	T2	Race	Czas
POROSŁO Paweł	743	CREATIVE BOCHNIA BIEGA TEAM	M45-49	00:24:48					

Total 46 results.